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July 17 -23, 2011: Issue 15

Naturally Yours

To celebrate the great works being done by the Pittwater Environmental Foundation, who are Profiled this week, and being alive amongst a living itself place, our 15th Issue brings together and expands aspects of mid-winter peninsula natural Grace.

Contents

Pittwater Online News issued every Sunday, 6am.

Quote for the Week

There is a pleasure in the pathless woods, There is a rapture on the lonely shore, There is society, where none intrudes. By the deep sea, and music in its roars; I love not man the less, but nature more.

From: Childe Harold's Pilgrimage by **George Gordon (Lord Byron)**

Childe Harold's Pilgrimage is a lengthy narrative poem written by the poet George Gordon, Lord Byron when at Kinsham. It was published between 1812 and 1818. The poem describes the travels and reflections of a world-weary young man who, disillusioned with a life of pleasure and revelry, looks for distraction in foreign lands; in a wider sense, it is an expression of the melancholy and disillusionment felt by a generation weary of the wars of the post-Revolutionary and Napoleonic eras. The title comes from the term childe, a medieval title for a young man who was a candidate for knighthood.

From: http://en.wikiquote.org/wiki/Childe_Harold's_Pilgrimage

Change Location:

COFFS HARBOUR, NSW

 Today Partly Cloudy. 9 20	 Tomorrow Fine. Mostly sunny. 7 18
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> Current Temp: 9.3 °C > [3 Hourly Forecasts](#)
 > Feels Like: 8 °C > [10 Day Forecast](#)
 > Wind: 6 km/h WSW > [Warnings](#)
 > Rain since 9am: 1 mm > [Radar](#) | [Cloud](#) | [Lightning](#)

Latest News [n for WA while skies clear in QLD](#)



Above Image copyright by Michael Mannington, 2011, [Volunteer Photography](#).

Features

Trevor's Engines are visual splendours: [here](#)

Collector's Corner (new): [here](#)

Winter Birdsong: [here](#)

Botham Beach History by Barbara Davies: [here](#)

Pittwater Environmental Foundation Profile: [here](#)

Fish Story of the Week

A lovely senior gent on North Avalon Beach on Tuesday had already caught a flathead of 'fair size' and was staying put while the north rip was still coming close to the sand's edge. He explained he was 'using up bait' stored in their second freezer as he and the wife wanted to turn it off to do their bit towards carbon reduction, cut their own expenses, and were mindful of the world their children and more particularly, their grandchildren, are going to inherit.



Above: Tuesday, south Avalon.



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Trevor's Engines



We begin our first Collector's Corner this week with a current Blacksmith's work and a piece from long long ago. To celebrate this, and because this part of Trevor Goodacre's collection warrants it, we present a Feature on his seven engines. These machines were used in the prior to electricity days, some run on town gas, some on petrol, to generate or run any other machine people needed to utilise from the shearing shed and other agricultural to pumping water or running trains.

Trevor showed us his Molasses Tank during the week; a mix of 1part molasses to 10 parts water to get rid of rust. He places rusted metal parts into this for three weeks and then hoses them off to find the submerged article shining like brand new. He explained the cannons at North Head used to be cleaned this way too.

All of these engines have been restored to 'purring' working order and sound alike a lawnmower, no matter their size. Their casings are cast iron, and fixtures are made of brass. Trevor keeps the wheels wrapped in cling film and protected by vaseline as cast iron is porous and will soak up moisture and go brown or rust if left exposed to the air. In the collection there is;

1. a 1918 Ballarat Bulldog, the only Australian model, and Number 6 at that, of which around 400 were made, and is unique not only because of it's early number but also due to the wavy spokes in the wheels.
2. an 1904 A S Barker 2.3hp from London, which runs on petrol.
3. a 1911 Gardener, engine No; 14693, one of the only two of these in Australia.
4. an R Hornsby 3hp, engine No: 43206
5. an 1891 H Robinson Type X which unusual due to its 30 degree shaft and 1 of 4 in Australia; a reproduction model, engine No: 2378.
6. a 1905 1.5 Crossley, engine No; 49811
7. a 1905 13hp Crossley, engine No: 50072 which weighs almost two tonnes.

Further Reading:

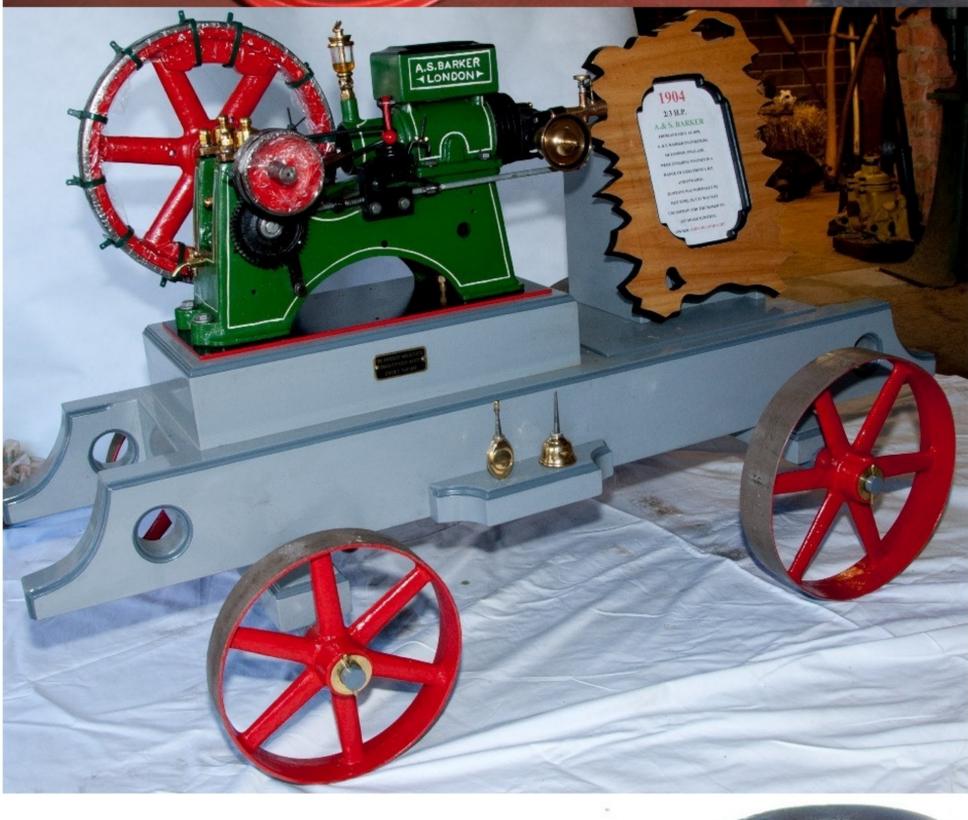
A E & H Robinson of 78 Great Bridgewater Street, Manchester http://www.gracesguide.co.uk/wiki/A_E_and_H_Robinson
Ballarat Bulldog: <http://forums.tomn.com.au/index.php?topic=1860.0>

Crossley Engines: <http://en.wikipedia.org/wiki/Crossley> and <http://www.oldengine.org/members/kmorris/webpages/Engeng.html>

L. Gardner and Sons of Barton Works, Patricroft, Manchester were manufacturers of Diesel engines until the 1990s. History at: <http://www.gracesguide.co.uk/wiki/Gardner>

R Hornsby engines: <http://www.oldengine.org/members/kmorris/webpages/Engeng.html>

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Winter Birdsong

Not all birds fly north in winter. We have our own residents who stay all year around. They have their own little communities and hierarchies, their own colluding with each other when chasing a white bellied sea eagle from their domains or 'air space', an eagle which seems to regard them majestically and with disdain, or their tiffs with each other over certain groves and stands of trees. The gentle, the juvenile cockatoo, the raucous demanding corella, the sweet soft peeps of all our shrubland finches and starlings and whistlers, the considered wading of our shoreland avians, we see it all here.

During our Naturally Yours week we wish to celebrate the currawongs, magpies and kookaburras of the hills and the ibis and regal ducks of our waterways. Some theorise that we first learnt to speak and sing from birds and have compared our range of songs and language with those of birds.

Others suggest dawn song by birds, while being a calling out of boundaries, is also an inbuilt or innate natural chorus which sets off higher vibrations and causes more profuse and abundant environments in the areas they inhabit. Proponents point to the absence of birds in arid and sparse areas although you could also view this belief more rationally by knowing birds cannot be where there is no food, no water, no shade, no tree. It is accepted that sound, and more melodic sound, music, does enhance the growth of any natural area or plant, as would bringing good feelings in yourself constantly to any part of your own garden. Birdsong may well contribute to Pittwater's beauty, as does the carrying of seeds in bird droppings.

These creatures of the air and bush and waters own an intelligence that is marked as both instinctual in attention to diet for balance and observed as also being learnt in the way they will recall places and peoples or, as the lyrebird does, have a talent for mimicry.

A bird count of our own locals seen this week; 1 x white bellied sea eagle (Sth. Avalon), 2 x white bellied sea eagles (Careel Bay), Currawongs, Magpies, Flock of 40+ Sulphur crested galahs (Nth. Avalon), Grey Heron, White Ibis, the Kookaburra family that lives in the yard, 2 x Falcons (Palm Beach), 2 x Golden Whistlers (Bangalley Head), Shags, Skeets, Pelicans, Starlings, Silver-eyes, Swallows, Cockatoos, Corellas, Lorikeets, King parrots, and at least ten others we don't know names of.

Further Reading:

Professor Pont on Birds as our First Voice Coaches From; <http://www.abc.net.au/arts/adlib/stories/s883649.htm>

The Dawn Chorus and Life Forces by Cornelis van Dalen: From; <http://www.newphysis.com/dawnchorus.html>

Classical Music for the Birds by Naomi Lewin
A comparison of birdsong in Classical Music:
From; <http://www.npr.org/templates/story/story.php?storyId=33945288>

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Past Features

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This week's Features:

Trevor's Engines are visual splendours: [here](#)

Collector's Corner (new): [here](#)

Winter Birdsong: [here](#)



Profile: The Pittwater Environmental Foundation works to ensure Pittwater retains her natural heritage. They Keep the Environment in our environment.

Previous Profiles:

[Barton Lynch](#) [Shane Withington](#) [Commodore Sloper](#) [Herminie Swainston](#) [Teresa Cutter](#) [Joanne Brigden-Jones](#) [Tamara Sloper](#) [Harding](#) [Katie Spithill](#) [Chris Salisbury](#) [Doug Crane](#) [Henry MacPhillamy](#) [Ben Baillie](#) [Aim for the Stars Foundation](#) [Broken Bay Marine Rescue](#)



History: In July we feature Landscapes in Pittwater. **Botham's Beach** History kindly shared by **Barbara Davies**, and currently one of PEF's projects, is our gaze westwards.

Previous History Pages:

[Marie Byles](#) [Lucy Gullett](#) [Kookoomgiligai](#) [Frank Hurley](#) [Archpriest JJ Thery](#) [Sir Patrick Gordon Taylor](#) [Bowen Bungaree](#) [W. Bradley 1788](#) [Journal Midholme](#) [Loggan Rock Cabin](#) [La Corniche](#) [La Corniche II](#) [Lion Island](#) [Bungan Beach](#)



Park Bench Philosopher: Extract from Ace which echoes our growing realisation that to have an environment you must acknowledge there is one to begin with.



Food: Loquats are our own locally grown Winter Fruit; some history, some medicinal properties and a recipe.



Events: New Listings from anyone who sent us anything; Enormous Horns at Pittwater RSL, Christmas in July at Palm Beach RSL, NBI Invite, Pittwater Council Events, Tom Burlison at RMYC, Manly Art Gallery Exhibits, Bands playing and more.



Books: Bird books from 20 dollars to 32 Grand; rare editions on and from Bird Organisations.

Old Books: two new works of old about the Theosophical Society and Red Cross.



Community News: Tree Day Invite, NBI extends an open invitation to the community for their DisabiliTea, Barrenjoey Film Festival, Pittwater Council updates and Notices, Media Releases from the Federal Government **Warning on Carbon Scammers !**



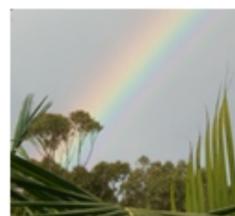
Environment: Bangalley Headland, Next Walk from PNHA, Sustainability expo in Pittwater, July's Cooee Newsletter, Seed Bank with full Index of all Australian plants Facts Sheets and more.



Lynda Hill: Admitting Defeat Or Claiming One's Recognition: July's Capricorn Full Moon



Pictures: Images from Bangalley Headland in mid-Winter bloom.



Youth: Natural Rhythms, Sound Editing link, 24/7 Film Invite from Pittwater Council and more.



Seniors: Resonances is what Mildred finds in each Dawn Chorus of Nature.



Community Clubs: Updates on Activities and links to sites.



Artist of the Month: Wordsmith Tony Dawson shares an extract from his book *The Commodore and the Pastoralist*.



Collector's Corner: Blacksmiths and Tinsmiths, what is the difference?



Noticeboard: Community Listings (free to list) with Community Bushcare link.

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One

Looking back, it seems like a long dark season... a season that had lasted for years, generations, even though, among the low hanging dark clouds, there live memories of bright clear days and full mooned nights. It seems we were the people you could see dancing, lighted ourselves, in the bright places... and we, all of us, disappeared amongst the grasses shadows where that cloud met the ground.

It seems ours is a species that goes to the point of placing laws on itself to distinguish the difference between dark and light in the grey as ours is a species that lives in a surface world... we meet each other, face to face, on the surface. These laws, worn and living on these surfaces, have evolved from basic feelings, those older laws. They evolved from our instincts to perform exorcisms on ourselves and our species rather than hide in the shades of the wildernesses we had been created in...or awoken and found ourselves in. Almost all communications on those surfaces seek an exorcism of all that is dark, all that is not enlightened, even when we spit the opposite. This essence reaches from feeling to every surface mouth and face... from down to up and down to rise, us, up again.

And Urges us To Become. Become True at base, and mostly ever, ever after, and forever, ever and ever, until we have Everness as these First Laws poke their basic and Ever and Resplendent heads out. And is alchemy, not averting the eyes to the only skin we truly carry with us, and knowing this skin must glow, glow with everness, to Become. Become True and Lit.

We never seem to fully grasp the basics of enlightenment and carry them, as a living limb, with us everywhere, all the time, even though these processes have taught us what can exist in this surface place... and what cannot exist here anymore... not just for the sake of all ultimate enlightenments, when the planet and we finally turn ourselves serenely inside out like an awoken dream, but also for the sake of the survival of the species, for the continuation of continued meetings on the surface... face to face.

Some have encouraged other laws, the opposite of my generation's kind, to dictate the tide and tone within the meeting places and what will be acceptable in the surface world... but slowly the wrong laws disappear, slowly the species has watched itself evolve. Feels itself growing up and growing to a point where it can live as an adult who is so fine, so complete, so connected with the surface beneath the surface of the planet that it becomes a child again, unflawed except by its exceptional nature... a child ready to recognise some old new place.

The species has seen the simple surface natures in its face are the same as those in the face of the planet's surface. We follow as long and as far as we can all the spasms and rhythms of tissues beneath our surfaces. We discover that all these natures, all these massive itchy moods a long time beneath the surface quietly appear, after their small eruptions... small ripples through us, as what was invisible and shapeless is granted its name, acquires the shape of its head and its own expressions. By the time it has broken through our skin, pulled it's self free of us, free of falling through our faces, shaped by our contours, what has existed through us suddenly exists separately, as a part of us.

Touched with revelation for the season it sheds light, we gaze with wonder at the wondrous long overdue new law, the wondrous refined honesty of we, the wondrous new invention, the fantastic new flight up and above ourselves until the flight falls back into the rhythms of evolving, where it came from, at our perimeters.

These are our dawn blooms, our midnight flowers, springing up through us and appear as fantastic, and, being fantastic, suddenly seem separated from that which is their soul by a thin layer of skin. They attempt to survive, to live with full grown limbs, in the surface world until we reach their perimeters, our perimeters.

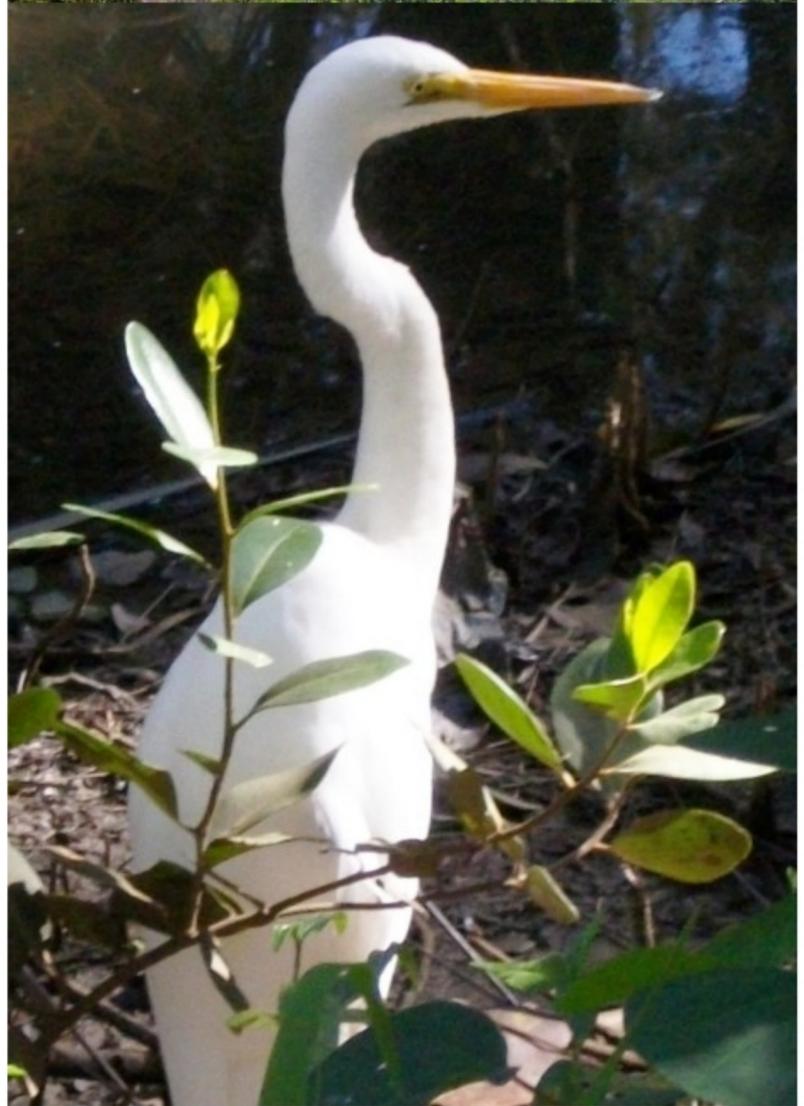
If they do survive within the generation they are born of they become something familiar, not only for those older than these blooms but for those the same age as they. They grow roots', they steady... the roots grow thicker and spread through us just like their seeds had grown through us, beneath the skin, and finally erupted through us, upwards...to become a familiar part of the meeting place.

For those younger than them they are a part of the world and always have been... even when they turn to look behind them, to the surface world before the blooms time, they see evidence that the new law has always been here... becoming.

Extract and opening to **Ace**, 1985 draft, Copyright A J Guesdon. 1985. Registered Copyright in USA and Worldwide.

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Park Bench Philosophers

We are seeking contributions from all Pittwater residents in the form of anecdotes, memories, stories or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1000.

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Pittwater Environmental Foundation

In Pittwater around 1600 hectares of pre-European relatively untouched original bushland remains, 400 hectares of this in public ownership. We have 38 species of native plants or animals on the Threatened Species list and two, our Koala population and the small Squirrel Glider, which are considered endangered due to feral animals, habitat clearing of their special food-trees and bushfire hazard reduction. Pittwater Council lists a further eleven areas as considered as ecologically endangered. We may all dwell in a beautiful place and appreciate it as 'God's Country' but due to our small population size there a shortfall in funds between what is needed and what is available.

In 2006 the **Pittwater Environmental Foundation** was created to address these problems. PEF's Directors, appointed by Pittwater Council, are hands on as much as minds directed proponents of keeping the Environment in our environment. This week we gain an insight into their work and future plans.

Pittwater Environmental Foundation has a wealth of knowledge and experience in its Directors. Could you tell us a little about any area each focuses on?

Bill Rooney – trained as a Marine Scientist, he has worked in Australia as a professional environmental consultant for over 40 years; now the Principal of his own consulting practice, specialising in water quality, aquatic ecology and ecotoxicology.

Lesley Stevens – has a degree in Geography and History, worked in television, runs a film and video business producing internet-based environmental education and feature films, served as a councillor for Willoughby Council, and is a passionate Bush Regenerator.

David Poppleton – has a degree in Environmental Planning and undertaken post-graduate studies in Urban and Regional Planning and Urban Estate Management. David is also Vice Chair of the Pittwater Sustainability Committee and the Chairman of the Careel Bay Pittwater Protection Association, and has been a passionate supporter of environmental causes, particularly in Pittwater.

Marita Macrae – after some years as a journalist and primary school teacher, she has trained to become a professional and volunteer bush regenerator. Co-founder and current President of Pittwater Natural Heritage Association; Chairperson of Avalon Preservation Trust. She has received many awards for her bush regeneration and local environmental protection efforts, including Pittwater Australia Day Citizen of the Year and an OAM (2004).

Jim Longley – our local Member of Parliament from 1986-1996; Chairman of the Government Environment Committee from 1989-1991; and shadow Minister for the Environment from 1995-1996; and held a number of other senior ministerial appointments from 1992-95. He currently is a senior Vice President for Government Banking at the Commonwealth Bank.

Mia Dalby-Ball – previously Natural Resources Manager with Pittwater Council for several years until 2009. Mia has worked in the area of wetland ecology for a number of years and is now a Principal of her own environmental consulting practice specialising in wetland ecology.

Alan Yuille – trained initially as an architect, followed by a Masters in Environmental Studies from Macquarie Univ., he has been active in the area of sustainable living and buildings for a number of years.

What projects of the Foundation currently working on?

Our current projects include bush regeneration at Avalon Golf Course, Botham's Beach (weed control and restoration of the Pittwater Spotted Gum Forest and installing nesting boxes for the threatened squirrel gliders), and Bungan Beach Reserve. We have received government grants for two successive years for the first two projects and have been supported for a number of years by a generous benefactor for the third.

We have recently received a very large donation from a single donor for the restoration and upkeep of Currawong on Pittwater to support the restoration and environmental works program of the proposed new Board of Directors of the Currawong Reserve/State Park Trust.

We also have received numerous donations from members of the community, which are used to enhance environmental improvement works in Pittwater, such as the bush regeneration around the YHA Hostel in Pittwater, which we have financially supported for two years as a result of a generous donor.

We have recently been involved in sponsoring funding applications by the Coast and Environment Centre for environmental improvements to their centre and grounds.

At the recent Currawong Day the Foundation was presented with a substantial cheque of Donations from Shane Withington, how do you plan to invest that money in the Environment?

As indicated above, we have received a donation in the amount of \$1.4M, from one very generous member of the Friends of Currawong, to be spent on the upgrading of the heritage building Midholme and for other improvements to the grounds and natural environment of the Currawong property, which has recently been purchased by the State Government for the people of NSW. A Plan of Management will soon be prepared for the site, and we will use that donation to fund restoration and improvement works stipulated within that plan that meet our charter of providing money or benefits for the conservation, protection, restoration, creation, expansion and enhancement of the natural environment, or a significant aspect of these, within the Pittwater local government area. This includes the provision of access and infrastructure to ensure the enjoyment and use of the natural environment by the community. This would also include the restoration of heritage-listed buildings, and their use for environmental education and/or research, as well as for the enjoyment of the natural environment. The financial support of the upgrading of Currawong, thanks to the extraordinary philanthropy of a very generous benefactor, will enable us to form a long-term association with the Friends of Currawong, Pittwater Council, the NSW Government, and the local community.

What are any future plans the Foundation has that you'd like to share with the Community?

We would like to invite other members of the Pittwater Community to consider contributing to the future enhancement of our beautiful environment here in Pittwater. We will always be looking for new projects to support, and we need donated funds to make this possible. We would encourage philanthropy in the form of money or property, and one simple and effective way is to include the PEF in your Will by specifying a dollar amount or a portion of your estate when you no longer require it. All donations over \$2 are tax deductible, and we provide a tax deductible receipt to all donors. Additional information can be obtained from our web site.

What is the Foundations motto you operate by?

Our motto is **'towards tomorrow'**, because we are always trying to plan for the future of our natural environment here in Pittwater. This is best done by supporting projects that begin now to protect and enhance our fragile natural environment, with its wonderful variety of plants and animals.

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects. Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. The large area of bushland and relatively low population in Pittwater means that there will never be sufficient funds from Council rates and occasional grants to properly care for our very special natural environment. So we, as the caretakers of our land for future generations, must make a special effort, including financial support, to ensure it can survive in a healthy condition and be enjoyed by all future generations.

Further Reading:

Gliding Possums: <http://www.environment.nsw.gov.au/animals/GlidingPossums.htm>

PEF Constitution: [HERE](http://www.environment.nsw.gov.au/animals/GlidingPossums.htm)

PEF Trust Deed: [HERE](http://www.environment.nsw.gov.au/animals/GlidingPossums.htm)

Squirrel Glider: http://en.wikipedia.org/wiki/Squirrel_Glider



Top: Feather-tail Glider. Above: Spotted Gums at Botham's Beach. Below: Sugar Glider. Below this: Glider boxes at Botham's Beach. All Images Courtesy [Marita Macrae](#) of PEF and the [PNHA](#).



Botham Beach History by Barbara Davies

Previous Profiles:

[Barton Lynch](#) [Shane Withington](#) [Commodore Sloper](#) [Herminie Swainston](#) [Teresa Cutter](#) [Joanne Brigden-Jones](#) [Tamara Sloper](#) [Harding](#) [Katie Spithill](#) [Chris Salisbury](#) [Doug Crane](#) [Henry MacPhillamy](#) [Ben Baillie](#) [Aim for the Stars Foundation](#) [Broken Bay Marine Rescue](#)

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Above: Volunteer Bush Regenerators at Avalon Golf Course. Below: Swamp Wallaby at YHA. Below this: Botham Beach after Burn, June 2011. All Images Courtesy [Marita Macrae](#) of [Pittwater Natural Heritage Association](#).



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Above: The photograph of the submarine cable being laid from the mainland to the western shores features the "Veroona" which was originally owned by the Nottings. It was built before the War and is still in use at Gosford as a mooring lighter.

The photographs below show Laurel and her father with McCarrs Creek in the background and Laurel sitting on a rock that is still on the beach and across the creek the houses of Teddy Steck's parents, Mrs Jarvis' and Vic Wills' "Coonardoo".



Above (right): Mrs. Botham was a fabulous cook and a committee member of Mona Vale Hospital, with Mrs. Overly. She was also a very keen gardener and is shown with the reserve in the background in the 1970's. Note the beautiful spotted gums many of which were lost as a result of landslip in the area.

Botham Beach

by Barbara Davies

Botham Beach is a small reserve on the waterfront at Church Point commencing at Holmeport Marina and finishing at No 12 McCarrs Creek Road. It has approximately 300 m of beach front with a magnificent variety of native plants and superb examples of Endangered Pittwater Spotted Gums. It has been named after one of the local identities who made a significant contribution to the residents and locality of Church Point.

James Bernard Archer Botham was born in 1896 in Mosman to Matilda and James Botham who migrated to Australia from England and Wales. In 1931, James married Nora Johnson at St Matthews Church, Manly. They had three children, Jimmy, Laurel and Graham. James worked as a fisherman and in the 1950's joined the PMG at Mona Vale. He died in 1974 aged 78.

The Bothams purchased their home at No 1 Brown's Road, Church Point for under one hundred pounds about 1930. The number was later changed to No 12 McCarrs Creek Road. It is the first house on the eastern side of the creek to have deep water access and adjoins the reserve behind the houses at 2-10 McCarrs Creek Road.

Mr. Botham cleared and maintained the pathways and the reserve and saved "Sunnyside" from bush fires on one occasion. The owners presented him with an afternoon tea set for his efforts.

Mr. Botham fished commercially and hired boats from the two jetties adjoining his home. He used a converted 18' skiff as his fishing boat and learnt how to make the nets from Greek fishermen at Mosman. The photograph (above left) shows him mending one of his haul nets on the beach – note the huge mangrove branch. There are still the remains of a small jetty on the beach.

He regularly hauled around the shores of McCarrs Creek and used to fish Narrabeen Lake before the bottom bridge was built. He also rowed to Scotland Island, Lovett and Towlers Bay for flathead, bream, whiting, flounder, garfish, catfish, snapper, jewies, king fish and buckets of mackerel for bait. His daughter, Laurel, one of the first licensed fisherwomen in NSW, helped her father from the age of five.

During WWII Mr. Botham and Laurel were issued with a permit to be on board any type of boat in Pittwater and the Hawkesbury River Waters.

The family was told that he provided free fish for lots of local families during the Depression. His catches were sold in the markets and locally to regular customers. During his fishing trips, he kept a check on the health of a few old men around the bays, including some who lived in caves.

The Botham children spent an idyllic childhood living in this unique location, spending their time after school fishing off Scotland Island and tramping barefoot through Ku-ring-gai Chase National Park.

Graham used to dive for huge mud oysters in McCarrs Creek and said that the oysters and scallops along the waterfront are coming back. A natural phenomenon known as "white death" seems to kill the scallops about every twenty years.

The family remembers the huge sharks that came into McCarrs Creek each July, one white pointer being as long as the 18' fishing boat. Graham was not allowed to go into the water above his knees until he was twelve but later became a professional diver. In recent years he caught a bronze whaler about four to five feet long off Scotland Island.

1,000 lb sharks were often seen off West Head and the fishermen used to blow them up using gelignite. There is a memorial outside the Bayview Hotel at Woy Woy to seven local fishermen who were never found after going shark fishing.



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Natural rhythms

The first rhythm you ever hear is your heartbeat or that of your mother; this is the pulse of life which sets a rhythm in your blood. Your blood fills your skin to its tips and circulates to your core. This is the original 'rhythm of life'.

The rhythms we feel after that usually come from Nature, from rains, from thunders, from birdsong, from swells reaching the coast. All is a song filling your senses, meeting the rhythm you too are filled with. All these songs can create a cacophony or be, in the way their many threads come together and make one, a symphony.

The third rhythm we discern is in the way we speak, the nuances and tones and patterns in terms we may use. Babbling brook or great white silence you may, within which can be heard all that is said in silence, our voices, even when still babies and cooing a thousand varying coos, are an articulate instrument. Even there we are learning to express the songs and rhythms heard from first instance and these form our words. The word poesis, from Greek, along with meaning 'to make' and make a poem, is a word which first described the sound of water. We heard poetry, first, in the rhythm and runs of waters.

Songs about Nature, and its rhythms in seasons as much as single drops and tweets, fill our every yesteryear. Nature has provided all our melodies, rhythms, cavalcades and choruses. Inspiration dwells in our blood and the core which animates it. From the lyre of at least 2000 BC through Pastorals to Symphonies, Folk music (for 'folk') to jazz, blues and roots, seven simple notes have provided a converse as large as our universe, perhaps larger.

Next time you hear a bird listen closer and see if you recognise who last loaned its rhythms and song. All you would-be musicians keep turning up to your guitar lessons but try studying a few classics too for enhancing in you a state of limitless horizons; poetry, wooden stick against living earth, Mozart, Beethoven, Cat Stevens, that old shed in New Orleans where jazz was first heard. Skulking around scoffing "I wouldn't know about that," as though that is 'cool' when another shares the history of when and how and why a band like, say ABBA, or INXS walked the world as though it is merely a marble you can keep in your back pocket is another vital aspect of musicianship you will be poorer without.

If you would only listen... you might realise what you're missing... (JJ)
And in the birds, are always heard, the first songs, the first rhythms.
To the other 99% of you who love the small insights...we'll keep them coming on occasion but would exhort you to go on your own Private Investigations...to Keep dancing in front of your bedroom mirrors, keep your eyes on the skies...pause in quietness and listen...listen to your heart... and Keep writing your own raw poetries so that they, Naturally, bring out the song of thee.

"When I was 16 I thought my father knew nothing - when I was 21 I marvelled at how much he had learned in 5 short years"
Mark Twain (pen name of Samuel Langhorne Clemens November 30, 1835 – April 21, 1910)
Writer.

Further Reading:

Birdsong; our first language Article: From: <http://www.abc.net.au/arts/adlib/stories/s883649.htm>

FLOW from Old English flowan, related to Old Norse floa, Middle Low German vloien, Greek plain 'to float', Sanskrit plavate 'he swims'. To proceed or be produced continuously. To move or be conveyed as in a stream. To move or progress freely.

Folk music in Australia: <http://www.abc.net.au/overnights/stories/s1461694.htm>

Folk music; songs for and by and about 'folk'
More at: http://en.wikipedia.org/wiki/Folk_music
Historical overview Notes of Music: From: http://en.wikipedia.org/wiki/Musical_notation

POET from Latin poeta, from Greek poiesis 'poetic art', from poiein 'to make, author', from poesis; a word derived from the sound of water. A bard. A person who has great ability to feel and express beauty. A person with great imagination and creativity. Symbolically shown as a swan (see). POEM: from Latin poema, from Greek poiein 'to make'. A composition of great beauty or nobility of language or thought, characterised by concentrated and heightened language in which words are chosen for their sound and suggestive power as well as for their sense. BARD: from Scottish Gaelic, related to Welsh bardd. Formerly an ancient order of Celtic poets who recited exploits, often legendary, of their tribes. See TROUBADORE

RHYTHM from Greek rhythmos, related to rhein 'to flow'. The arrangement of the relative durations and accents on the notes of a melody usually laid into regular bars of beats, the first beat of each bar carrying the stress. Any sequence of regular functions heartbeat, breathing. A movement with a regular repetition of a beat, accent, rise and fall.

Rhythm and blues;
http://en.wikipedia.org/wiki/Rhythm_and_blues

Rock and roll;
More at: http://en.wikipedia.org/wiki/Origins_of_rock_and_roll

Jack Johnson - Bubble Toes ft. Lebo



Bubble Toes Copyright by Jack Johnson 2002- 2011.



ncpic
national cannabis
prevention and
information centre

2011 Poster Competition

The National Cannabis Prevention and Information Centre (NCPIC) Poster Competition gives secondary school students between the ages of 12 and 18 years the opportunity to showcase their creative talent and express their thoughts and ideas about cannabis. This year the competition will focus on how the use of cannabis may impact negatively upon young people and their sporting performance.

Closing date

All entries must be received by 29 July 2011. A submission will not be accepted unless the entrant has agreed to the terms and conditions.

Announcement of winner

The national winner will be notified by 5pm on Friday 30 September 2011. The name and state of the winner will be published in The Australian on Saturday 8 October 2011.

[Click here to download an entry form](#)

2011 Short Film Competition

The National Cannabis Prevention and Information Centre (NCPIC) Short Film Competition gives young people aged between the ages of 15 and 25 years the opportunity to showcase their creative talent and express their thoughts and ideas about cannabis. This year the competition will focus on cannabis and its negative impact upon young people and their sporting performance.

The film can be in any style or genre (i.e. drama, comedy, documentary, science-fiction, etc.), but must creatively explore the issues associated with the use of cannabis and its impact upon sporting performance. Research shows that young people's cannabis use may lead to an increased risk of problems such as lung and respiratory damage, affecting fitness and sporting performance, as well as a reduction in the user's co-ordination, reaction time and motivation. These problems could lead to missing out on team selection or training sessions which in turn, may result in letting yourself and your practice mates down.

[Click here to download an entry form](#)

• Announcement of winner:

The national winner and runner ups will be notified on Friday 2 December 2011 by 5pm and their names will appear in the Public Notices section of the Weekend Australian on Saturday 10th December 2011.

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This link provides free, open-source software with the capability for sound editing and frequency-spectrum analysis:

Audacity Developer Team. (2000, May). The Free, Cross-Platform Sound Editor. At: <http://audacity.sourceforge.net/>



BE A PART OF THE 2011 24/7 YOUTH FILM FESTIVAL

Are you between the ages of 12 and 24 and fancy yourself as the next Peter Jackson, Baz Luhrmann or Tim Burton? Then come along to the 24/7 Youth Film Festival Introduction Night on Tuesday 2 August and discover how you can be involved in this fun project.

Those interested in participating in the competition are advised to come along to the introduction night and learn more about the event, speak to organisers, ask questions and listen to tips from industry professionals.

A series of workshops will be held between 8 and 22 August covering topics of scriptwriting, acting for screen, and editing which will help get you and your team ready to make your short film.

Teams then attend the Film Festival launch on Saturday 27 August where they are given a series of items, phrases and locations which must appear in their film. The completed seven-minute (or shorter) film must be submitted 24 hours later. Screenings will be held at local cinemas throughout September, with awards distributed at a finals night.

24/7 Youth Film Festival Intro Night

Tuesday 2 August, 6.30 - 8.30pm

Star of the Sea Theatre, Cnr of Collingwood and Iluka Ave
Stella Maris College, Manly.

The 24/7 Youth Film Festival is now in its tenth year and is supported by Pittwater, Warringah, Manly, and Mosman Councils. For more information please contact Pittwater Council's Suzi Pawley on 9970 1152.



Wednesday 27 July
Pulp



Sun 2 October

Godskitchen

Marco V / Richard Durand / John Askew / Ben Gold

Buy Tickets at: <http://www.playbillvenues.com/events/index>



Parklife 2011 Sydney Website: [here](#)

— STARRING IN ALPHABETICAL ORDER —
ADRIAN LUX / CRYSTAL FIGHTERS / DEATH FROM ABOVE 1979
DIGITALISM (LIVE) / DIPLO / DUCK SAUCE / EXAMPLE / FEED ME
FLUX PAVILION / GOLD FIELDS / GOSSIP / HARVARD BASS
JOKER & IIC NOMAD / KATY B / KIMBRA / LITTLE DRAGON / LYKKE LI
MAGNETIC MAN / MSTRKRFT / MYLO (DJ SET) / NERO / SANTIGOLD
SEBASTIAN / SEBASTIEN TELLIER / SIMIAN MOBILE DISCO (LIVE) / TENSNAKE
THE ASTON SHUFFLE (LIVE) / THE NAKED & FAMOUS / THE STREETS
WOLFGANG GARTNER / YACHT CLUB DJs / AND MANY MORE

PARK LIFE
2011

TICKETS & INFO: PARKLIFE.COM.AU ON SALE MONDAY 30 JUNE

MELBOURNE SAT 24TH SEPT SUNNY CREEK MOUNTAIN MUSIC & ARTS FOREMAN	PERTH SUN 26TH SEPT WELLSFORD SQUARE	BRISBANE SAT 17TH OCT HENDERSON & COTT BOTANIC GARDENS	SYDNEY SUN 2ND OCT MARRIAGE LANE WOODS PARK	ADELAIDE MON 3RD OCT BONNING PARK
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Logos for sponsors: GAZZ, NEWS, ABC, THE WINE, M, GRIZZLI

A skilled country: more people opt for higher-level training 7 July 2011

The number of students enrolled in certificate IV and diploma level qualifications increased last year, up 16.3% and 20.2% respectively from 2009. Released by the National Centre for Vocational Education Research (NCVER), Students and courses 2010 provides an annual snapshot of publicly funded training activity by enrolments, completions and training activity.

From certificate II to diploma, the number of enrolments rose in 2010, with 1.4 million students undertaking formal qualifications, an increase of 8.5% from 2009.

Ms Sandra Pattison, General Manager, Statistics, NCVER said the increased enrolments is good news for students and employers.

"We know that students who complete higher-level qualifications get higher salaries and better job opportunities, and employers benefit because their staff is more highly-skilled", says Ms Pattison.

Overall, the total number of students enrolled in the public vocational education and training reached 1.8 million last year, an increase of 5.4% from 2009.

The number of students enrolled in government funded training increased by 6.7% to 1.4 million students in 2010, with 928 000 students studying at a TAFE or other government provider, up 1.8% from 911 300 in 2009.

The number of students undertaking publicly funded training at a private training provider grew 34% in 2010, up from 230 200 enrolments in 2009 to 308 500.

Copies of Australian vocational education and training statistics: Students and courses 2010 are available from www.ncver.edu.au/publications/2383.html

Media Release from:
http://www.ncver.edu.au/newsevents/mediareleases/mr_95.html

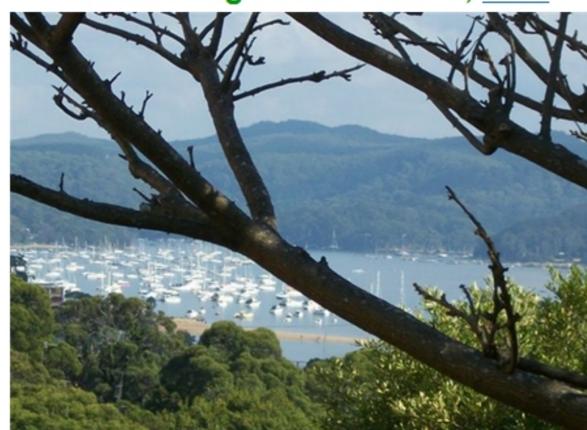
No charge for mobile phone calls to Lifeline from anywhere in Australia Senator Stephen Conroy | Minister for Broadband, Communications and the Digital Economy PORTFOLIO: Broadband, Communications and the Digital Economy URL: http://www.minister.dbcde.gov.au/media/media_releases/2011/208SNIPPET: Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

Entries close 31 July 2011

Recreational fishing photo competition Are you a recreational fisher with a flair for photography?

This is your chance to showcase your photographic talents. There are great prize packs to be won. For more information on entering visit www.industry.nsw.gov.au/fisheries and follow the links to recreational fishing. You can also register to receive your free calendar once published.

Too Many Too Soon Project; addressing Youth Suicide; [here](#)



New Website for Northern Beaches Youth

Manly Council has recently launched a website for young people that is run by young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and MySpace youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below:

www.northernbeachesyouthinfo.net.au

www.facebook.com/manlyyouthcentre

www.myspace.com/manlyyouthcentre

July 17 -23, 2011: Issue 15

Resonances

Federal Government Media Releases for July 11-16, 2011.

Supporting Pensioners

PORTFOLIO: Treasury URL: [HERE](#) More than 102,300 pensioners in Tasmania will be supported as Australia moves to a low-carbon economy, Assistant Treasurer Bill Shorten announced at the Golden Years Club in Hobart today (11/7/2011). Through their Seniors Supplement, self-funded retirees who hold a Commonwealth Seniors Health Card will also receive \$338 for singles and \$255 for each member of a couple. Mr Shorten also reminded people that the carbon price will not directly apply to the price of fuel that households will pay at the petrol bowers.

Fair and Generous Support for Aged Care Residents and Aged Care Providers in the Transition to a Clean Energy Future

PORTFOLIO: Health and Ageing URL: [HERE](#): Aged care residents and aged care providers will receive fair and generous financial assistance to ease the transition to a clean energy future under the Australian Government's plan to cut carbon pollution. Under the Government's Household Assistance Package, the vast majority of Australians living in aged care facilities will receive financial support to assist with the costs resulting from the introduction of a carbon price either through a new Clean Energy Supplement or tax cuts. Over 2,700 Aged Care providers across Australia will also receive financial support to assist with the impact of a carbon price through changes to the basic daily fee arrangements.

Nominations Sought for the 2012 Senior Australian of the Year

URL: <http://www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-vr11-mb-mb066.htm> SNIPPET: The Minister for Mental Health and Ageing, Mark Butler, encourages all Australians to nominate an older person who has given generously to others and made a significant contribution to society for the 2012 Senior Australian of the Year Award. The Senior Australian of the Year for 2012 will be announced in a national ceremony in Canberra on the day before Australia Day.

Independent Website for Elders:
<http://www.agedcarecrisis.com/about>

About us
We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities.

We do not receive any funding
We are not affiliated with any government body
We are not affiliated with any religious body
We are completely independent

www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

The Senior Newspaper Online
Click on logo:



Mildred Gertrude Smythe

A life is amassed from moments when there is just you and just the moon, the sun, the clouds clearing from around you. Moments meant to be witnessed by just you, not caught on camera, or related in anecdotal forms, but engraved on your eye, heart and other senses. Visions that pour in and fill you with taste, sound and touch even when being touched by mere breeze, by bee buzz.

When life was a little busier and the house more crowded I would wake at dawn or even before then solely to have these moments, to be with all outdoors. To watch the full moon set and blink into the rising sun. To hear the birds overlap nocturnal songs with full day bright ones. To attune myself to each day.

These are moments when you feel more awake than awake, more aware than simply heeding. The costumes of fashion once worn are nothing compared to the resplendence you seem to don in those moments, even if this remains somehow invisible. The slang terms you grew out of or held onto some kind of translation into your own language of archaic earth songs that echo inside of you and inside of the corner of garden or bush you have paused in. It's as though the natural world has opened a portal to allow you to enter into its inner sanctums, to dwell there, to be embraced, to hear the environment we say hallo to with all our senses, each and every day, say hallo back.

Then a bird flits across your eyes, draws them up to the towering tomes of tree canopy as it perches warbling down to thee... and the giggle and the chortle in its throat freshly sprung seems to echo the giggling and bubbling in your own blood that instantly, and synchronously comes. Dawn is still my favourite time of day, watching the return of light, and dwelling with, being with all outdoors in those moments, and the moments that open as invisible flowers from them. It is tangible and discernable, and to me, an ever offered moment of pure Grace.



Above: Uploaded by maizacco on Oct 15, 2008
Morning Has Broken lyrics © Sony/ATV Music Publishing LLC, EMI Music Publishing.
Live Version (AUSTRALIAN) Cat Stevens sings "Morning Has Broken" on "ABC In Concert" - 11/09/73
Uploaded by socialisto75 on Nov 21, 2006: <http://youtu.be/1TWd3skb-Rw>

"Morning Has Broken" is a popular and well-known Christian hymn first published in 1931. It has words by English author Eleanor Farjeon and is set to a traditional Gaelic tune known as "Bunessan" (it shares this tune with the 19th century Christmas Carol "Child in the Manger"). It is often sung in children's services. English pop musician and folk singer Cat Stevens included a version on his 1971 album Teaser and the Firecat. The song became identified with Stevens when it reached number six on the US pop chart and number one on the US easy listening chart in 1972.
From: http://en.wikipedia.org/wiki/Morning_Has_Broken

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or ring the co-ordinator Jenny McLaughlin on 02 9999 1348

BENEFITS OF EXERCISE FOR SENIORS

By Ingrid Davey

Older Adult Trainer/Instructor Heartmoves

- * You get to meet new people and make new friends
- * You get to go out and have a coffee after exercise classes
- * You regain your independence
- * Your quality of life improves
- * Your bone density improves
- * Your balance improves
- * You feel better and stronger and move better
- * You not only benefit physically but more importantly mentally

So what are you all doing sitting at home, get out there and join a walking group, have dance lessons, play golf, attend Heartmoves or any other structured exercise class and live life to the full.



Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you.

Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual

Phone Ingrid to secure your spot on 0405 457 063.
www.heartfoundation.org.au



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Enable Me

Be PART OF AN EXCITING NEW GOVERNMENT INITIATIVE FOR PEOPLE OVER 65

- Is remaining independent important to you?
- Are you finding it difficult to do the things you would like to do? e.g. shopping, catching the bus, leisure activities or just getting around.



Community Care (Northern Beaches) is seeking participants for a short term program, which aims to assist you to be able to do things that are important to you.

- The program may include advice and support with:-
- An appropriate exercise or strengthening program
 - Nutrition
 - Home modifications
 - Assistive technology
 - Social and leisure activities

For more information or to register please phone.

Call Kerrie on 9979 7677



Jan's Story...Enable Me in action

Jan is 76 and full of vitality despite having a number of medical issues. Jan took part in the Enable Me program because she is determined to remain living in her home and would like to get back to travelling on public buses. Jan has a history of cardiac concerns and osteoarthritis in her spine and has lost her confidence.

Jan finds shopping, gardening and cleaning the house difficult. At the beginning of the Enable Me program Jan said "My husband David does all the cleaning, but I would love to get back to helping him out. I'm worried that I won't be able to cope if David is not around. I would like to be stronger and able to manage on my own just in case."

An occupational therapy assessment was carried out to make sure Jan's home was set up in a way that was safe for her given her particular needs. The OT organised for a rail to be installed in the shower and some equipment to help open jars and cans was purchased for the kitchen. The OT also provided Jan with some education around how to avoid falls as she is a high falls risk.

To work on increasing Jan's strength and confidence we arranged for her to see the physiotherapist who, along with the exercise trainer, developed an exercise program. We purchased Jan a set of light weights which she used during her weekly exercise session with the trainer. At the end of the program Jan showed vast improvement in her strength and mobility.

The exercise trainer left Jan with a hard copy of the exercise program, which was made up of photos of Jan doing the exercises the trainer had done with her during the program. Jan said that she finds this very helpful. "I would like the program to continue. I have particularly liked the exercise program. I am planning on continuing the exercises Lisa has given me."

Jan found the Enable Me program to be extremely helpful. She said "My quality of life has improved. I am feeling much stronger. Yesterday I even went to Manly on the public bus!"

Contact Community Care Northern Beaches by clicking their logo:



Ladies Golf at Bayview Golf Club

Bayview Golf Club has a very active female membership base of over 330 members, which represents approximately 28% of total membership. Their Ladies Competition is run on every Thursday and they vary the competition played to include stroke rounds, stableford, foursomes and team events for example. Bayview regularly has over 100 ladies playing in their Thursday competition. They also encourage their older and long standing members to continue playing, by holding a 9 hole competition.

Bayview also offers a popular beginners program called "Swingers" where you can learn how to play golf and the rules and etiquette.

The club holds a number of open days during the year in which they invite visitors to play and enjoy both the course and our hospitality at Bayview. These days are:-

Silver Salver (0-20 handicap) – 28 July

Bronze Bowl (21-36 handicap) – 28 July

Gala Charity Day (Teams Stableford 2 scores to count) – 13 October. Click on Logo to visit their website:



Pittwater Online News

Front Page Contents Park Bench Philosophers Profile of the Week History Youth Seniors Environment Food Lynda Hill
Community News Pictures News From our Inbox Books Events Artist of the Month Collector's Corner

July 17 -23, 2011: Issue 15

Bangalley Seeds



Tuesday is always a great day to run up your closest covered in bush still hill and Bangalley Headland (Bangalley, 'little hill') is no exception. This Tuesday, with a great swell rolling into shore, the views into the distance, and the sound of all those masses of water breaking against cliff and sand, was contrasted by the quietness beneath the trees, the solid with peace embrace that enfolds you and the songs of the birds who reside there.

A pair of Golden Whistlers peered down from the tall eucalypts on the west facing bank and came closer, warbling their delightful tunes. Pink spider flowers are beginning to emerge from their shrubs again, three varieties of wattle shone blazes of yellow, slender rice flower and banksias are among the green and all the way up and down each side of the hill the cones of banksias, she oaks, grevilleas and dagger heakea present living art to the eye.

We may be in the middle of Winter proper, and about to begin the long turns back into Forenshore (Spring), or the return of light, but our bush presents flowers of and for each season to fill each breeze and bring spraks to our eyes.

More Images from there celebrate our [Pittwater Environmental Foundation](#) week on the [Pictures](#) page.



PITTWATER COUNCIL

NATIONAL TREE DAY AT LAKESIDE PARK

To mark Planet Ark's National Tree Day, Pittwater Council will be holding a tree-planting day on Sunday 31 July at Sydney Lakeside Holiday Park, North Narrabeen from 9.30am to 1.30pm. National Tree Day is Australia's largest community tree-planting event, with last year over 300,000 people at 3500 sites digging deep to improve their natural surroundings.

Pittwater Council's Bushcare Officer Peter Ziegler said that National Tree Day was a great opportunity for the community to come together to help our natural environment.

"The Lakeside Holiday Park is one of Sydney's iconic holiday parks, located next to Council's Coastal Environment Centre," he said. "This site has been chosen as the work will help towards establishing a wildlife corridor by improving the habitat for native animals."

"We are aiming to remove the African Olive weed and help regenerate the site with new plantings," said Mr Ziegler.

The Council will provide tools, training and morning tea. Volunteers on the day should wear sturdy covered shoes, a hat and sunscreen and bring a drink with them. Families are welcome to attend. Participants should meet at the front office of the Lakeside Holiday Park at 38 Lake Park Road, North Narrabeen.

If you are driving, press the intercom to speak to the front office and you will be let into the caravan park grounds. You will then be directed to the planting site.

For more information or to book for the event visit www.treeday.planetark.org/find-a-site or email peter_ziegler@pittwater.nsw.gov.au or call 9970 1367.

How Green is a Spotted Gum when Wet?



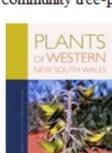
LIFE IS BETTER WITH NATIONAL TREE DAY



Australians urged to take part in this special day to improve their local environment. Planet Ark is calling on individuals, school teachers and members of community, faith, sporting and green groups to register and run activity sites for Schools Tree Day or National Tree Day happening on Friday 29 July and Sunday 31 July 2011.

Celebrating its 16th year in 2011, National Tree Day has seen the planting of more than 15 million native trees and shrubs over the years. Site Coordinators can also run a number of other activities such as bush regeneration, seed collecting or maintenance at a previous site. To register a National Tree Day site or for more information, visit <http://treeday.planetark.org> or call the National Tree Day Hotline on 1300 88 5000.

National Tree Day is organised by Planet Ark in partnership with Toyota and its dealer network which provide on-the-ground support at local and community tree-planting sites Australia wide.



Plants of Western New South Wales
G M Cunningham, W E Mulham, P L Milthorpe, J H Leigh
A comprehensive record illustrating and describing the great array of plants in Western New South Wales.

DUE Jul 2011 - CSIRO PUBLISHING - 766pp - Colour photographs
Hardback - 9780643103634 - \$180.00



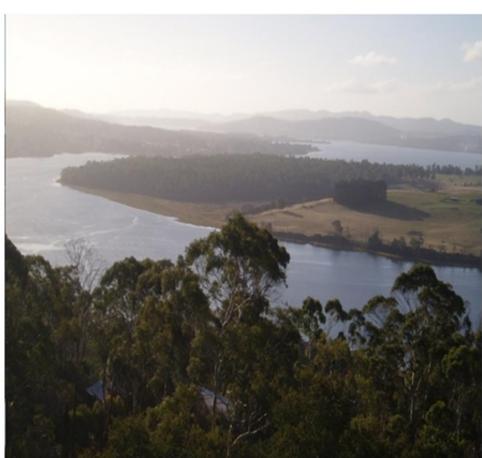
For tips on how to be more energy efficient, visit Climate Action Pittwater at: <http://www.climateactionpittwater.org.au/>



NRM Conference, Sydney 29th June to July 1st, 2011; file for below

[NRM Conference June 2011.pdf](#)
Size: 1147.432 Kb
Type: pdf

<http://www.petitionspot.com/petitions/savethetamar>



2006-05-14 10:36 [Kyle sb](#) 874x536x8 (51987 bytes) Tamar river from Brady's lookout (near [Exeter, Tasmania|Exeter]]).



[Pittwater Native Fauna Draft Plan of Management Document](#)

Think before you print : A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

[Sydney Harbour Foreshore Authority Carbon Footprints Document](#)



Florabank recognises and shares the best available knowledge from research and practice in native species seed management.

More at: http://www.florabank.org.au/default.asp?V_DOC_ID=1

Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.

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Australia's delegation to attend international whaling meeting

Federal Government media release 11 July 2011

PORTFOLIO: Sustainability, Environment, Water, Population and Communities

URL: [HERE](#): Minister for Sustainability, Environment, Water, Population and Communities. Environment Minister Tony Burke is leading Australia's delegation to the 63rd annual International Whaling Commission (IWC) in Jersey, United Kingdom. The International Whaling Commission provides an opportunity for the international community to continue advance important whale conservation initiatives. '



Coastal Plant Communities Walk - North Newport to Bilgola Beach

Date: 17th Jul 2011
Time: 9:30am - 11:30am

Details: Coastal Plant Communities Walk - North Newport to Bilgola Beach .

A free guided walk to highlight the coastal headlands, beaches & Bilgola Creek to see the various plant communities and landscapes that inhabit the Bilgola Bends area.

Explore between Newport and Bilgola to see bush regeneration and restoration works funded through a grant from Hawkesbury Nepean Catchment Management Authority under a Caring for our Country project.

Views, birds, coastal plants and pockets of Littoral Rainforest. Learn about local native fauna that utilise the area and view the catchment with a new eye. See what success the Bilgola Beach Bushcare group have been achieving.

When/Where: Meet: 9.30am, north end of Newport beach carpark. Morning Tea provided. Cost: Free.

Booking: email: pnhainfo@gmail.com, ph 9918 3368 or 9918 9170

Scenarios for Australia's future climate (Media Release)

PORTFOLIO: Innovation, Industry, Science and Research URL: [HERE](#): CSIRO aims to establish and build relationships with members of the community. The next set of national climate projections are planned for release in 2014, representing a significant climate science milestone timed to follow the next global assessment by the Intergovernmental Panel on Climate Change (IPCC).



Website: [here](#)

Register for the Sustainable Living Expo

This year's Expo will take place on Sunday 9 October in Mona Vale's Village Park and the Memorial Hall. Expo organisers have opened registrations for the event and are looking for speakers, products, food & drinks, transport options or anything that has a sustainable angle that can be shared with the public - [register here](#).



PITTWATER COUNCIL

WARRIEWOOD WETLANDS GET A HELPING HAND

Pittwater Council has received a \$20,000 grant from the Sydney Metropolitan Catchment Management Authority (SMCMA) to help support environmental work in the Warriewood Wetlands. Pittwater Mayor Harvey Rose said Council was grateful for the support from SMCMA. The funds will be used in the fight to remove noxious weeds from the Wetlands.

"This funding boost will be a great help to the volunteers from the Warriewood Wetlands Bushcare group who have been caring for the area for nearly 15 years," said Mayor Rose.

Acting Natural Environment & Education Manager Matthew Hansen said the Warriewood Wetlands, which covers an area of 26 hectares, is the largest remaining sand plain wetland in the northern Sydney area. "It contains several endangered ecological communities including the Sydney Freshwater Wetland and Swamp Sclerophyll Forest," he said. "The main focus for the group will be to improve the water quality of Mullet Creek, the main creek running through the Warriewood Wetlands."

Mr Hansen said that bushcarers would remove Lantana and Salvinia, Coral Tree and Water Primrose, as well as monitoring the control of Salvinia. He said that Salvinia weevils were recently released in the Wetlands and Council staff and volunteers were currently monitoring their effectiveness.

Salvinia weevils are a small beetle that have proven effective in combating the spread of Salvinia and do not affect local wildlife.

Other work planned for the Wetlands includes environmental monitoring by volunteers and community educators from the Coastal Environment Centre.

"Monitoring includes water quality testing, undertaking macro-invertebrate surveys as well as assessing wildlife activity in the Wetland area," said Mr Hansen.

The grant project will also allow for a number of community events to be planned later in the year to help educate the community about the Wetland area.

"These events will provide an opportunity for the local community to get involved in learning more about their local environment and protecting these important Wetlands," added Mr Hansen.

The Warriewood Wetlands Bushcare Support project is part of the much larger Statewide Caring for our Coast - Stage 2 project, involving thousands of volunteers along the NSW coast. It is supported by the five coastal Catchment Management Authorities and the Australian Government through Caring for our Country.

For more information about the project or to get involved, ring Pittwater Council on 9970 1111 or go to their website at www.pittwater.nsw.gov.au.

Sustainability Awards - nominations open

Pittwater's Sustainability Awards aim to recognise and reward individuals and businesses committed to making Pittwater sustainable. Applications will be judged by a panel of Councillors, Council staff and an independent representative. Entries close 15 August - [Submit your entry online](#).



International Conference of Environment Centres MEC Events (Manly Environment Centre)

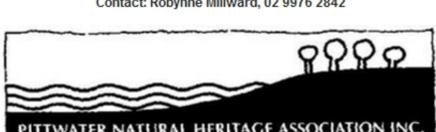
Thursday 8th - Sunday 11th September 2011
North Head Sanctuary, Manly
More From: <http://www.mec.org.au/>

International Conference of Environment Centres - Driving Environmental Change from the Street. Making global issues local is the theme for Sydney's 'International Conference for Environment Centres & Community Activists', organised by the Manly Environment Centre.

The four-day-conference aims to be a hub for green groups, providing opportunities to network and share expertise in everything from biodiversity to how to make an impact with events. Speakers include Polly Higgins, 'the planet's lawyer', and 'Transition Towns Tonnes' advocate and Professor Janet Richardson.

Venue: North Head Sanctuary, Manly, Sydney.

Contact: Robynne Millward, 02 9976 2842



What Does PNHA do?

On-ground bush regeneration, eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quarterly informative newsletter, online or paper
Members email group for latest environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna \$2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website.

Proposed Marine Sanctuaries Inadequate; have your say at: [click logo](#)



Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council.

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To visit their site please click on logo above.

Coastal Environment Centre



The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship.

More at: <http://www.pittwater.nsw.gov.au/environment/cec>

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

July's Newsletter includes information on local:

- Flora and fauna;
- Weeds and pests;
- Events, workshops and activities;
- Environmental projects and grants.

[Cooee July 2011.pdf](#)
Size: 642.033 Kb
Type: pdf

Pittwater Estuary Study File Below or At (click logo):



[pitt_est_processes_study.pdf](#)
Size: 492.173 Kb
Type: pdf

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks." — from the Prayer of Saint Patrick

July 17 -23, 2011: Issue 15

Loquats

Early settlers to Pittwater planted the ancient Loquat tree, **a fruit that becomes ripe in late winter** and which originally came from China. The word derives from loughwat, a Cantonese pronunciation of its old classical Chinese name pinyin: lújú, literally 'reed orange' (from Wikipedia).

The fruit has medicinal properties which soothe sore throats, clear congested lungs and even promote good digestion. Some have used it as a calmative as it also has sedative qualities. The loquat is a source of potassium and manganese and is very high in Vitamin A. It can be made into syrups to fight winter colds, used in pies, made into jams and jellies. Japanese peoples, who call this fruit the **Japanese Plum**, have also made a **sake** version from its seeds although eating these is not recommended as they have cyanide properties.

Our own Loquat Valley, at Bayview, is named after the trees planted there by our earliest European residents, who would have used these fruits as a source of Winter Foods. There is a lovely park, with Spotted Gums, Turpentines and Grey gums in the [LoquatValley/ Pindari Reserve](#). **Pindari** is Indigenous word meaning 'high ground'.

Loquat, Almond and Cinnamon Crumble

Author: Lynne Mullins
Source: The Sydney Morning Herald
Tuesday October 5, 2004

Ingredients

10-15 loquats (depending on size), peeled, seeded and sliced
80ml brandy
Caster sugar, to taste
Topping
60g soft butter
1/2 cup (100g) firmly packed brown sugar
1 egg yolk
1/2 cup (60g) ground almonds
1/2 cup (60g) chopped walnuts
1/4 tsp ground cinnamon
thickened cream, to serve

Method

Combine loquats, brandy and sugar to taste and divide among four 1-cup ovenproof dishes.
For topping, beat butter and brown sugar until light and fluffy, add egg yolk and beat until well combined. Add almonds, walnuts and cinnamon and mix well. Spoon mixture over loquats to cover, place dishes on an oven tray and bake at 160 C for 30 minutes or until topping is golden and loquats are tender.



Loquat Image copyright Jean-Pol GRANDMONT, 2008.

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All Rights Reserved.



Loquats and a Mountain Bird, by an anonymous Chinese artist of the Southern Song Dynasty (1127–1279). From: Fu Sinian, ed., Zhongguo meishu quanji, huihua bian 4: Liang Song huihua, xia (Beijing: Wenwu chubanshe, 1988), pl. 96, p. 131. Collection of the National Palace Museum, Beijing.



FOOD GLORIOUS FOOD!

Mona Vale library is seeking expressions of interest from residents who would like to participate as a speaker at their All About Food event at the library on 17 September between 3pm and 5.30pm. All About Food will feature talks for about 20 minutes and explore different aspects of eating and food.

Event organiser Heather Thomson said speakers should choose an aspect of food in which they have specialist knowledge or experience.

"We are asking those interested to complete a form available on our website and forward it together with a short summary of their talk," said Ms Thompson.

All About Food is just one several events with a gastronomic flavour running throughout September.

History Week is from 3 – 11 September, with the theme Eat History. The library will host a display exploring the influences migration has had on the foods Australians currently eat and how these foods have evolved to become uniquely Australian.

Ms Thomson said the library will also celebrate its 39th birthday in September and will soon launch their annual writing competition with a food-based theme.

Expressions of interest can be downloaded at www.pittwater.nsw.gov.au/library/foodfair and sent via email to heather_thomson@pittwater.nsw.gov.au by Friday 19 August.

For more details about All About Food contact Heather Thomson on 9970 1600 or email heather_thomson@pittwater.nsw.gov.au



July 17 -23, 2011: Issue 15



Features This Week

- Trevor's Engines are visual splendours: [here](#)
- Collector's Corner (new): [here](#)
- Winter Birdsong: [here](#)
- Botham Beach History by Barbara Davies: [here](#)
- Pittwater Environmental Foundation Profile: [here](#)

PITTWATER COUNCIL

NATIONAL TREE DAY AT LAKESIDE PARK

To mark Planet Ark's National Tree Day, Pittwater Council will be holding a tree-planting day on Sunday 31 July at Sydney Lakeside Holiday Park, North Narrabeen from 9.30am to 1.30pm. National Tree Day is Australia's largest community tree-planting event, with last year over 300,000 people at 3500 sites digging deep to improve their natural surroundings.

Pittwater Council's Bushcare Officer Peter Ziegler said that National Tree Day was a great opportunity for the community to come together to help our natural environment.

"The Lakeside Holiday Park is one of Sydney's iconic holiday parks, located next to Council's Coastal Environment Centre," he said. "This site has been chosen as the work will help towards establishing a wildlife corridor by improving the habitat for native animals.

"We are aiming to remove the African Olive weed and help regenerate the site with new plantings," said Mr Ziegler.

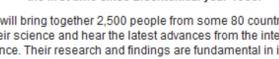
The Council will provide tools, training and morning tea. Volunteers on the day should wear sturdy covered shoes, a hat and sunscreen and bring a drink with them. Families are welcome to attend. Participants should meet at the front office of the Lakeside Holiday Park at 38 Lake Park Road, North Narrabeen.

If you are driving, press the intercom to speak to the front office and you will be let into the caravan park grounds. You will then be directed to the planting site.

For more information or to book for the event visit www.treeday.planetark.org/ind-a-site or email peter.ziegler@pittwater.nsw.gov.au or call 9970 1367.



12th International Coral Reef Symposium
9-13 July 2012 • Cairns • Queensland • Australia



Every four years the International Society for Reef Studies (ISRS) sanctions a major international scientific conference which provides the latest knowledge and leading edge technologies about coral reefs worldwide. In July 2012, the world's leading natural scientists, resource managers, conservationists, economists, educators and graduate students will meet together in Cairns to progress coral reef science, management and conservation. We welcome the return of this event to Australia for the first time since Bicentennial year 1988.

This 5 day event will bring together 2,500 people from some 80 countries, to communicate their science and hear the latest advances from the international experts in coral reef science. Their research and findings are fundamental in informing international and national policies and protocols in the conservation and sustainable use of coral reefs.

James Cook University and the Australian Research Council Centre of Excellence for Coral Reef Studies are proud to host the 12th International Coral Reef Symposium (ICRS 2012) in Cairns, Australia from 9 - 13 July 2012.

ICRS 2012 is important because it provides the international science community with a platform to: increase global knowledge and interest in coral reefs, including sustainable use and conservation strategies; Showcase successful science, conservation and management efforts; Develop collaborations and partnerships to increase international capacity to address coral reef issues; and increase global awareness of reef degradation and possible solutions by extensive promotion in the media.

ICRS 2012 Symposia Themes

1. Reefs through time
2. Palaeontology
3. Evolution, biogeography and taxonomy
4. Biophysical processes
5. Technologies for coral reef science
6. Physiology and functional biology
7. Genomic approaches to coral reef biology
8. Ocean acidification
9. Climate change and bleaching
10. Modelling reef futures
11. Ecological dynamics, resilience and phase shifts
12. Life histories and reproduction
13. Fish and fisheries
14. Lateral ecology, recruitment and connectivity
15. Biodiversity and systematics
16. Microbes and viruses
17. The Coral Triangle Initiative
18. Management and monitoring
19. Human impacts on coral reefs
20. Restoration of coral reefs
21. Water quality: impacts and management
22. Social, economic and cultural perspectives

More at: <http://www.icrs2012.com/>



Northern Beaches Interchange are holding a "DisabilityTea" as part of a coordinated event to raise awareness of the National Disability Insurance Scheme recommended by the recent Productivity Commission into Disability services and the campaign to "Make Every Australian Count".

More information on the NDIS and make every Australian Count can be found at www.everyaustraliancounts.com.au

The event is on **Tuesday 2nd August from 2-4 pm** at the **Angophora Room, Nelson Heather Centre 4 Jacksons Rd Warriewood**. The invitation is open to everyone in the community to attend

Northern Beaches Interchange
2 Jacksons Road Warriewood NSW 2102
Tel :02 99 700 500
Fax :02 9970 7763
www.nbi.org.au



NEW SOCIAL PLAN FOR PITTWATER

With the community's help, Pittwater Council will prepare a new social plan for the next four years between 2012 and 2016, with the theme of 'Live, Connect, Participate'.

According to a report presented to the Council at its meeting this week, the social plan describes 'the local community at a particular point in time, while summarising key social needs and priority areas.'

Mayor Harvey Rose said the plan would allow the Council to better allocate resources for older residents and younger people. "We'll be consulting closely with Pittwater residents over what they think the priorities are, based on the principles of equity, participation, access and rights," he said.

Community services manager Lindsay Godfrey said the plan would also be prepared with the assistance of demographic statistics, an analysis of the current social environment and extensive community consultation. Mr Godfrey said consultation with the community will begin next month with the aim to capture a broad range of opinions. "We'll be looking at a range of ways to connect with residents over the plan, including surveys, face-to-face sessions and online. We'll also be enlisting the help of local schools to reach younger residents, with a youth forum scheduled later in the year."

For more information about Pittwater's social plan and how you can be involved, contact Melinda_hewitt@pittwater.nsw.gov.au



1 week to go!

The countdown has begun to Australia's largest Boat Show. Buy your tickets online today to save you time at the entrance and to save money in your pocket. Plus your ticket will get you access to:

- The [Nautilus Fishing Clinic](#)
- The [Better Boating Lounge](#)
- A free 50 minute [harbour tour](#)
- Live cooking demonstrations from [Club Marine's Bart Beek](#)
- Watch the grand final weigh-in of the [BETS Fishing Competition](#)
- See the latest in boating apparel at the [Musto Fashion Extravaganza](#) – Have you danced with Musto?
- Get all the latest information to ensure your time out on the water remains safe and fun at the [Marine Precinct Boating Education Centre](#)
- Check out some of our history at the [Historic Boats Walk of Fame](#)

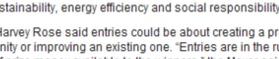
Time is running out to enter the Photography Competition.

The Sydney International Boat Show photography competition is on again. The rules are simple; anyone can enter an image or images following the theme of:

"My favourite recreational boating moment or scene".

Two prizes are up for grabs and a \$500 voucher from Digital Camera Warehouse is on offer for each. [Click here](#) for the full details on the competition. Entries close on **Friday 8 July**. Don't delay, start snapping today and be in the running to have your favourite images on display at the Boat Show!

Don't fancy yourself as a photographer? Then come along to the boat show and view the photographs of the competition finalists. You will have the opportunity to cast your vote for the 'People's Choice' Award and go into the draw to win a \$200 Sturrocks voucher!



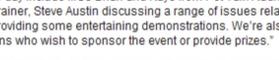
WRITING COMPETITION OPEN FOR ENTRIES

Pittwater residents with a flair for writing are invited to enter a competition to celebrate Local Government Week during August. The competition is being organised by the Local Government Association and Essential Energy. Entrants need to state in 100 words or less how they would use \$2000 to empower the Pittwater community. There are three categories: community group, residential and business. Topics for entries could include sustainability, energy efficiency and social responsibility

Pittwater Mayor Harvey Rose said entries could be about creating a project or service for the local community or improving an existing one. "Entries are in the running for a slice of \$9000 worth of prize money," added Cr Wines. "Ideas can be innovative but must be achievable," added Cr Wines.

The competition is now open for entries and closes on **Monday 25 July at 5pm**, with the winners announced in early August at the Local Government Week Awards in Sydney.

For more information about the competition and to download an entry form visit lisa.wufo.com/forms/empowering-communities-competition



SPONSORS & STALLHOLDERS FOR DOG DAY BY THE BAY

Pittwater Council will host their popular Dog Day by the Bay at Rowland Reserve Bayview on **Sunday 25 September** and are looking for stall-holders and sponsors for the event.

Organiser Rennae Projesces from the Council said that stallholders should be providers of products and services for dogs. "The day will have a mix of fun events and talks on interesting topics relevant to dog owners," she said.

"Highlights of the day include MCs Brian and Kaye from Pet Talk Radio and Australia's leading animal trainer, Steve Austin discussing a range of issues relating to dog behaviour and providing some entertaining demonstrations. We're also keen to hear from organisations who wish to sponsor the event or provide prizes."

Ms Projesces said Dog Day by the Bay was aimed at dog-owners and their pets and regularly drew a crowd of around 2000. The event is now in its 11th year.

Sponsorship packages range from \$1500 to \$4000, full details are available at www.pittwater.nsw.gov.au/dogday Organisations donating prizes over \$100 will receive free advertising in the event guide.

Dog Day by the Bay runs from 10am and 3pm and activities include demonstrations of canine skill and training, education talks, children's activities in the kids corner and competitions to enter including the Canine Fancy Dress Parade.

A variety of food & drink stalls will also be at the event and proceeds raised will be donated to local branches of the Animal Welfare League. Entry and parking are free. This year organisers will hold the "Pittwater Dog of the Year" photo competition and are looking for fine photos of Pittwater dogs. All photos submitted will go on display on Council's website.

Entries to the photo competition are open until Friday 2 September, with the winner and two runners up having their photo displayed on the day and receiving a prize. For more information visit www.pittwater.nsw.gov.au/dogday

For more information about becoming a stall holder or sponsor of Dog Day by the Bay contact Pittwater Council's environmental education team on 9970 1194.



MONA VALE LIBRARY HOSTS 702 ABC SYDNEY KNIT IN

Mona Vale Library is supporting the 702 ABC Sydney Knit In on Friday 5 August from 9am until 6pm at the library located at 1 Park Street, Mona Vale. Each year volunteers knit blanket squares that are then assembled at the annual 702 Knit In on 5 August 2011 and distributed by international not for profit organisation Wrap with Love to people in need world wide.

Last year 702 ABC Sydney were pleased to report 27,617 squares and 7,039 wraps were created by ABC listeners and volunteers across the state. Now they are calling on Pittwater residents to assist in breaking all previous records and start knitting now! Event co-ordinator and librarian, Jane Smith said the library is seeking stitchers to take part in the annual Knit In 'stitch-up' event for an hour or a few. Why not make a day of it and enjoy morning and afternoon tea on us! added Ms Smith.

"The library has hosted this event since 2008 and is thankful for the assistance provided by our Friday knitting group the Pittwater Stitchers, who help throughout the year and on the day," Ms Smith said.

Blanket knitters from Pittwater are invited to participate by knitting 10" x 10" (25cm x 25cm) blanket squares according to instructions located at www.knitnet.au/sydney/knitin/. Hard copies of the instructions are also available from the service desk at the library and the customer service counter at 1 Park Street, Mona Vale.

Pittwater Mayor Harvey Rose said the 702 ABC Sydney Knit In was an ideal opportunity for Pittwater residents to display their willingness to help others and contribute to distant communities. Completed blanket squares should be delivered to Mona Vale Library or Mona Vale customer service centre by 5 August 2011. For more information about the 702 ABC Sydney Knit In contact the ABC on 8333 1263/2733 or visit their website www.knitnet.au/sydney/knitin/

Submit your Event

Name of Event

Date of Event

Address of Event

Description of Event

Contact Name

Contact Phone Number

Website or Email

Beware of scammers taking advantage of carbon price announcement 15.7.11

From: The Hon Jenny Macklin MP PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs and Hon David Bradbury, Parliamentary Secretary to the Treasurer.

Media Release URL: [HERE](#)

Pensioners and other consumers should be alert to a new scam that is trying to use the announcement of the carbon price household assistance package to obtain bank account numbers and other personal information, the Minister for Families, Community Services, Housing and Indigenous Affairs, Jenny Macklin and Parliamentary Secretary to the Treasurer, David Bradbury, said today. This scam is an opportunistic attempt to use the announcement of the carbon price household assistance package to try and rip off unsuspecting pensioners.



Improvements Underway In Avalon

As part of an ongoing plan to fit Pittwater's commercial centres, the Council will start work shortly on improvements to Avalon's main shopping area. Damaged street trees planted along Old Barrenjoey Road will be replaced with mature melleauca trees, which will be protected by a new system of bollards. Pavements which have sunk in recent flooding will also be replaced.

Reserves & Recreation Manager Les Munn said the replacement trees were better suited to Avalon because they tolerated wet soil better than other native trees. Work on the upgrade will start from **Monday 25 July** and is expected to finish around 23 August, depending on weather conditions.

Sections of the 90 degree parking along Old Barrenjoey Road will be cordoned off as work progresses. As a result, parking along both sides of the street may be limited.

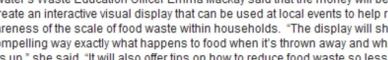
Pittwater Offshore Newsletter Update 13/7/2011; click on Logo. Impounded craft reminder, For Sale Notices, Extensive Local Directory.



To contact Julian: editor@scotlandisland.org.au

ICAC Inquiry into Currawong

Latest Transcriptions of; [here](#)



LOVE FOOD HATE WASTE

Pittwater and five other northern Sydney councils have received a \$20,000 grant from the Office of Heritage and Environment to combat the growing issue of food waste. Pittwater will work on a joint education program known as 'Love Food Hate Waste' with Mosman, Manly, North Sydney, Warringah and Willoughby Councils highlighting the environmental and economic impact of throwing away food.

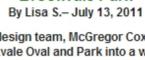
Pittwater's Waste Education Officer Emma Mackay said that the money will be used to create an interactive visual display that can be used at local events to help raise awareness of the scale of food waste within households. "The display will show in a compelling way exactly what happens to food when it's thrown away and where it ends up," she said. "It will also offer tips on how to reduce food waste so less ends up in landfill and ways families can save money on their weekly grocery bill," said Ms Mackay.

NSW Minister for the Environment Robyn Parker said that NSW households waste about 800,000 tonnes of food waste, worth \$2.5 billion each year. "That's about \$1,000 a year for each home!" said Ms Parker. "Not only is this a huge waste of money but also a loss of the resources used to make and grow the food."

Love Food Hate Waste's top five tips are:

- Plan your weekly meals to save time and money
- Write a shopping list and check the fridge and cupboard before you go
- Measure serving sizes
- Store your food correctly - airtight containers help keep food fresher for longer
- Use your leftovers for an easy weeknight meal or work lunch.

For more information about the Love Food Hate Waste program, call 9970 1226 or visit www.lovefoodhatewaste.nsw.gov.au



Warringah Council: First Look at the New Vision for Brookvale Park

By Lisa S. - July 13, 2011

Internationally renowned design team, McGregor Coxall, has drawn up two initial options for turning Brookvale Oval and Park into a world-class sporting venue and urban village. The designs are based on nearly a year's worth of community consultation and outline how the park could be developed to provide the funds needed to upgrade and maintain the aging facility.

"These designs have it all," said Warringah Mayor, Michael Regan. "They keep the trees and parkland that locals love and, best of all, extend our much-loved hill around the oval. If this vision is accepted by the community it will give us the opportunity to provide a beautiful new park and facilities for the community as well as secure Brookvale as the home of rugby league and professional sport on the northern beaches," said Mayor Regan.

Adrian McGregor, project director and principal of McGregor Coxall added: "It is exciting to think how we could lead the world in demonstrating how a professional sporting venue can also become a place for the community to work and play."

Main Proposals

- Grass Hill to be extended around three sides of the oval
- Oval moved slightly to north and surface improved
- New stand with undercover seating and modern amenities on eastern side of oval
- Most trees retained/Extensive improvements to the parkland and play ground including a bicycle loop
- Three new public plazas
- North facing village courtyard

Spaces are being considered for a range of uses including;

- New community and child care facilities
- New multi sport facilities including cricket nets and netball/basketball courts
- Retail
- Commercial use
- Possible residential units
- Underground car parking

Following feedback from stakeholder and community groups on these options, a preferred Master Plan option will be drawn up and placed on exhibition for public comment.

For more information and to view the full plans please visit [Warringah Council's dedicated community page here](#).

Be sure to nominate early and avoid the last minute rush

Friday July 15th 2011 Media Release: PORTFOLIO: Attorney-General's

More at: [HERE](#)

The Australian Human Rights Commission is again expecting a stand-out field of nominations for the 2011 Human Rights Awards. Tickets are also now on sale for the Human Rights Award ceremony.

Socio-economic report on the Guide released | Murray-Darling Basin Authority

PORTFOLIO: Agriculture, Fisheries and Forestry URL: http://www.mdba.gov.au/media_centre/media_releases/Socio-economic-report-on-the-Guide-released/SNIPPET. The report is now available. This report is an in-depth retrospective about how the proposals in last year's Guide would have affected communities in the Basin. It also identifies a set of policy options that can be developed and implemented so that environmental results can be gained at a lower socio-economic cost to Basin communities.

NEW MIDNIGHT BASKETBALL SEASON OPENS

Registrations are now open for Midnight Basketball tournaments to be held on Saturday nights from **20 August to 24 September** at the **Northern Beaches Indoor Sports Centre, North Narrabeen**. Tournaments are being held between 7.30pm and midnight and are open to young players aged between 12 and 18 years. A second tournament will also run from **22 October to 12 December**.

Participants in Midnight Basketball play three matches, receive a free meal and life skills workshop, plus free transport home at the end of the night. Pittwater Council Mayor Harvey Rose said he was pleased that the success of last year's tournaments had ensured that the program could continue. "The reason we can run it again is due to the great support from both volunteers and sponsors. However, we are still keen to hear from more volunteers over 18 years that can help out on the night and sponsors who can provide in-kind offers or cash sponsorship."

Pittwater Council is supporting [Youth Reach](#), a local youth organisation, to run the program alongside [Midnight Basketball Australia](#).

Midnight Basketball is a national social inclusion program to help youth identify and embrace positive opportunities in a safe and motivating environment. The first Midnight Basketball program was launched in Redfern in 2007 and was such a success the program spread nationally.

For more information and details on how to register visit www.midnightbasketball.org.au/localisations/pittwater

To volunteer or to provide sponsorship contact [Suzi Pawley](mailto:Suzi.Pawley@pittwater.nsw.gov.au) on 9970 1152.

BOUNCING BABIES AT THE LIBRARY

Mona Vale Library and the ABC Learning Centre at Mona Vale are teaming up to introduce a new activity for young babies and their carers from next month. The Baby Bounce program will start on **Friday 22 July** and will run for 10 weeks every Friday at the Library between 9.30am and 10am during school terms.

The interactive program is designed for babies aged between 0-12 months and revolves around rhythmic sessions to encourage language development and social interaction. Event co-ordinator and librarian Rebecca Vick said the program, established by the ABC Learning Centre, had been started in response to feedback from library users.

"We have a well established and popular reading-time program for pre-schoolers, but as they're often accompanied by their younger brothers and sisters we wanted to have something for them," she said. "The Baby Bounce program introduces babies to rhythm and rhyme from a very early age and introduces how that music and language introduced this early in a child's life leads to improved outcomes for reading and learning later on."

Ms Vick said the Baby Bounce program was free but parents and carers are asked to commit to the whole 10 week program. Babies must be accompanied by parents or carers for each session.

To register or find out more about the Baby Bounce program contact Rebecca Vick on 9970 1600.

From Pittwater Council Online Report

Register for the Sustainable Living Expo

This year's Expo will take place on Sunday 9 October in Mona Vale's Village Park and the Memorial Hall. Expo organisers have opened registrations for the event and are looking for speakers, products, food & drinks, transport options or anything that has a sustainable angle that can be shared with the public - [register here](#).

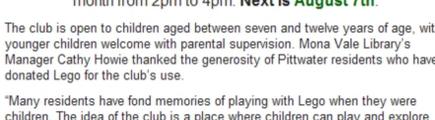
Works for Scotland Island

Following community meetings, a draft program of capital works for Scotland Island will be presented to the Council meeting on 18 July. The program revolves around drainage and road needs for the island, but due to the high cost involved, funding will have to be sought outside the Council's current budget to carry out the work. The report will be available on Wednesday 13 July - [view the report](#). [View online version](#)

Department of Defence

More at URL: <http://www.defence.gov.au/media/departmantalpi.cfm?CurrentId=121085NIPPET>: Royal Australian Air Force fighter jets and personnel today began the most advanced international air combat training activity, Exercise Red Flag. Red Flag is a large-forces exercise conducted in interior Alaska to simulate air combat. Australia last participated in Red Flag Alaska in 2008 and has participated in the exercise series since 1980.

Barrenjoey Film Festival



This all-ages short film festival is open to anyone who lives in the Pittwater area.

Date **30th July 2011, 7:30pm - 9:30pm**

Entry Cost: Submitting your short film is free

Screening Cost: Tickets to the Awards and Screening Night on July 30 are only \$200. See our website for terms and conditions of entry and for details on how to book your seat.

Venue: Avalon Surf Club, Avalon Beach.

Contact: Matt on 9974 2634

Website: www.barrenjoeyfilmfestival.com

Email: barrenjoeyfilmfest@gmail.com



LEGO AT THE LIBRARY

Local children will have the chance to join a club specialising in one of the most enduring playthings of childhood from May. Mona Vale Library is starting up a Lego club on the first Sunday of each month from 2pm to 4pm. **Next is August 7th.**

The club is open to children aged between seven and twelve years of age, with younger children welcome with parental supervision. Mona Vale Library's Manager Cathy Howie thanked the generosity of Pittwater residents who have donated Lego for the club's use.

"Many residents have fond memories of playing with Lego when they were children. The idea of the club is a place where children can play and explore their creative side with Lego, as well as developing their problem-solving skills," Ms Howie said. "The Lego can bring their favourite Lego creation to the first session to inspire others."

Ms Howie said that library staff would co-ordinate the two hour session but would welcome parents who would like to be involved in the program. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library, 1 Park Street, Mona Vale.



Sumba Foundation Australia Article at: [here](#)

Website at: www.sumba.org.au

July 17 -23, 2011: Issue 15



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July 17 -23, 2011: Issue 15

Pittwater Online News receives a lot of information from various sources each week. For Your Interest:



New dinosaur discoveries at James Price Point

It's been an action packed week for the Kimberley 'no gas hub' campaign. One month after the Broome community set up a peaceful blockade to stop Woodside bulldozers from clearing land at James Price Point, a police intervention was requested by Woodside. WA Premier Colin Barnett responded with around 80 riot police, who used excessive force to allow heavy machinery to clear land for a project that Woodside has no approvals for yet.

How are they doing it? By saying it's not "significant clearing" under the Land Administration Act of WA. The Department of Indigenous Affairs halted clearing for a few days as Woodside had no heritage approvals from law boss of the country, Joseph Roe. But work has now recommenced.

Meanwhile, Dr Steve Salisbury (a Palaeontologist from University of Queensland), discovered new dinosaur footprints along the Dampier Peninsula. He said, "I had read previously that there wasn't really much if anything at James Price Point so I was quite surprised."

"I probably saw about 10 different types of dinosaur footprints and track ways and vast areas that had been trampled by herds of giant sauropods (stegosaurus). A lot of the tracks that are there, there's no other record for those dinosaurs in Australia ... it's the only record of them in the world."

Dr Salisbury will be speaking in Perth at a community [Forum](#) on August 9th.

By **Janita Enevoldsen**
 Kimberley/marine community campaigner
 The Wilderness Society WA

The effect of VET completion on the wages of young people

Amongst recent initiatives aimed at lifting Australia's productivity has been a push for a greater number of course completions in both the vocational education and training and higher education sectors. With this, it could be assumed, come benefits for the individual such as better job opportunities and higher wages. Using the 1995 and 1998 cohorts of the Longitudinal Surveys of Australian Youth, this study looked at whether participating in or completing a post-secondary education qualification led to wage benefits for young people. The study finds that not only completing a post-secondary course but participating in one results in higher wages.



Crop and Pasture Science
 Volume 62 Number 6 2011
 CSIRO: Featuring papers on Climate Change and Agricultural Ecosystem Management in Dry Areas from: [here](#)



The next chapter of Ecos reporting from CSIRO **This is the final print edition of Ecos** as the magazine evolves to more regular online publication. We retrace some of the highlights of the magazine's long service as a national environment title, and cast forward to its online future. Learn more from [here](#)



Foursquare to Offer Daily Deals From Groupon, Gilt & Others - mashable.com

Location-based service Foursquare is adding a new marketing component to its popular mobile apps. Soon, the startup will be incorporating daily deals from partners such as Groupon,...

RSPCA
for all creatures great & small

Animals Australia
the voice for animals

Save this date!

AUG 14 BAN LIVE EXPORT

NATIONAL RALLY for all Australians opposed to animal cruelty.

Join us at a family-friendly event to rally for a kinder future free from live export.

RSVP online now

We know that the majority of Australians want an end to the cruelty of live export. If our politicians were to truly represent the concerns of the public then they would have no choice but to support the Bill that will end live export, support pastoralists, and keep jobs in Australia.

With RSPCA supporters in every electorate in Australia, we can encourage more caring politicians to find their voice and speak out. This is where we need your help. If you've never contacted your MP before, now is the time. Our step-by-step tools make it easy.

To add maximum public pressure in the lead up to the vote, RSPCA Australia and Animals Australia are excited to announce an official national public rally on Sunday August 14. Please save this date and join us at this family-friendly event to rally for a kinder future free from live export.

RSVP at BanLiveExport.com/rally

Weeks of intensive meetings in Canberra have shown that many politicians feel uncomfortable with their party's policy on live export. They know that cutting the throat of a fully conscious animal is abhorrently cruel, and that sending animals to be killed in countries where there are no laws to protect them from cruelty is inexcusable. Encouraged by people like you, some brave politicians are now speaking out against the torture and abuse inflicted on animals who leave our shores in the live trade.

Importantly, with an historic Bill to end live export due for a vote on August 18, now is the time to make your voice count.

Google+ About To Hit 10 Million Users [REPORT] - mashable.com

Google+ might be one of the fastest-growing networks ever, having already reached 10 million users.

Wildlife Research Volume 38 Number 3 2011



Includes Papers on: Do young eucalypt plantations benefit bats in an intensive agricultural landscape? Palatability and efficacy of rodent baits for eradicating house mice (*Mus musculus*) from Gough Island, Do young eucalypt plantations benefit bats in an intensive agricultural landscape? From CSIRO At: [HERE](#)



The Grey Nurse Shark is one of Australia's most endangered marine animals. The total number of Grey Nurse Sharks on the east coast is estimated to be less than 1500 individuals - and possibly less than 500. Accidental capture by line fishers is the largest source of deaths.

Take Action: [here](#)

Today, fishing activity - particularly recreational line fishing - is severely affecting the remaining population of these gentle creatures. Accidental capture of Grey Nurse Sharks by line fishers is the major factor limiting the recovery of this species, and is the largest source of Grey Nurse Shark deaths.

The best way to help Grey Nurse Sharks is to remove the threat of fishing around the places where Grey Nurse Sharks are known to aggregate. In 2003 an independent scientific review by the NSW Government recommended 1500 m sanctuary zones around aggregation sites - these were not implemented. Now is the time to correct these past failings in NSW.

Tell the NSW Department of Primary Industries we want to protect, not neglect, our Grey Nurse Sharks. Thank you for your support - every voice counts!

Yours sincerely,
 Felicity Wishart
 National Marine Coordinator
 The Wilderness Society Inc.

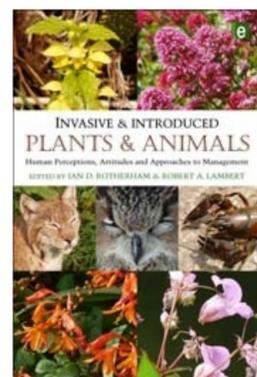


Click on photo to go to site

WSPA World Society for the Protection of Animals

BEAR BILE FARMING

HELP US STOP IT.



Invasive and Introduced Plants and Animals Human Perceptions, Attitudes and Approaches to Management

Edited by: Ian D Rotherham, Robert A Lambert

352 pages, Publisher: Earthscan
 There have been many well-publicised cases of invasive species of plants and animals, often introduced unintentionally but sometimes on purpose, causing widespread ecological havoc. Examples of such alien invasions include pernicious weeds such as Japanese knotweed, an introduced garden ornamental which can grow through concrete, the water hyacinth which has choked tropical waterways, and many introduced animals which have out-competed and displaced local fauna.

<http://www.publish.csiro.au/nid/18/pid/6796.htm>

IBC2011
 XVIII international botanical congress
 MELBOURNE AUSTRALIA | 23-30 JULY 2011

The Australian botanical community invites you to Melbourne, Australia in July 2011 to participate in the XVIII International Botanical Congress. Australia has a vibrant scientific community active across all botanical disciplines and its researchers play a prominent and highly collaborative role in international biological sciences.

The Australian flora, with its many endemics and strong Gondwanan element, provides a unique opportunity full of inspiring experiences for the botanical visitor. Its ancient landscape includes vast deserts, tropical and temperate rainforests, floristically rich heathlands and unique eucalypt forests. Marine environments include a rich flora and the most extensive coral ecosystem, the Great Barrier Reef.

Australia's botanical community is eager to welcome our colleagues from around the world to the 2011 IBC for an intellectually stimulating and socially memorable occasion.

Judy West, Congress President
 Information and Registration at: <http://www.ibc2011.com/Default.htm>



Right now in Bali, every dog is in terrible danger. In fact, their lives are in our hands. Rabies has spread across Bali. And with no experience in controlling this deadly disease, the Balinese Government felt that they had no other option than to order a mass cull of all dogs. They sent teams, armed with strychnine-poisoned darts, to villages and towns.

Thousands are already dead. Many were just innocent puppies. And all died in great pain and fear. Rabies is a terrible way for a dog to die, but being killed slowly by strychnine poison is even worse.

Thankfully, after months of negotiation, WSPA and our partners the Bali Animal Welfare Association have secured the Balinese Government's agreement to stop the mass culling if we complete an island-wide emergency vaccination program. We need to vaccinate over 70% of 460,000 of Bali's dogs against rabies, or the culling could begin again.

With your ongoing support, we can deliver this vital program to save the dogs of Bali from a cruel death.

Giving each month is important because it takes time, money and persistence to tackle animal welfare issues at the root of the problem and achieve lasting solutions. It costs just \$30 to vaccinate and save the lives of 18 dogs. By joining WSPA's Animal Rescue Team with a monthly donation of \$30 you can help save the lives of Bali's dogs, and also help protect stray dogs and other animals around the world from cruelty.

Together we can achieve practical, long-term solutions to protect the dogs of Bali and other animals by:

- Providing rescue teams to save abandoned and neglected animals and those stricken by disasters.
- Exposing animal abuse and working to enforce stronger laws.
- Breaking the cycle of cruelty through education programs that are changing hearts and minds, so animals receive the respect and compassion they deserve.

If you love animals like we do and can't sit by while they suffer, please join WSPA Animal Rescue Team, or make an urgent donation today.

Contact us: https://donate.wspa.org.au/campaigns/balidogs2/index.asp?utm_source=ninemsnopa&utm_medium=banner&utm_campaign=phd_april_2011

There are a number of other ways you can make a donation and help animals around the world.

Phone: Contact us on 1300 13 9772 if you wish to donate over the phone or organise a direct debit facility.
 Post: WSPA Australia, GPO Box 3294
 Sydney NSW 2001
 Fax: 9906 1166

Pittwater Online News

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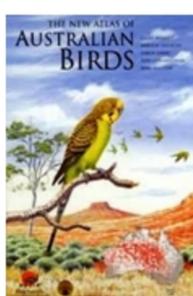
Old Books: July 2011, Organisations

Theosophy and the theosophical society - Besant, Annie Wood, 1847-1933. 1913 Publication by Theosophical Publishing House, Chicago.

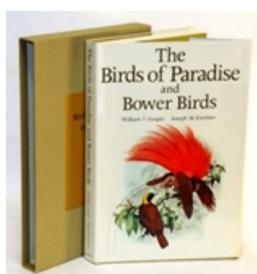
The Red Cross World: Bulletin of the League of Red Cross Societies from 1921 The Red Cross world (Volume 2) - League of Red Cross Societies. Bulletin



The Slater Field Guide to Australian Birds
Second Edition
\$24.95 at: <http://www.booktopia.com.au/the-slater-field-guide-to-australian-birds/prod9781877069635.html>
ISBN: 9781877069635
Format: Paperback
Published: 25th September 2009



The new atlas of Australian birds
Barrett, Geoff et al.
Hawthorn East: Birds Australia, 2003.
Quarto, laminated boards, 824 pp. maps, illustrations.
Now \$30.00 at: <http://www.andrewisles.com/all-stock/publication/the-new-atlas-of-australian-birds>
WAS \$90. Revised and updated with the latest distribution data collected by over 7000 active volunteers showing five million records from 270,000 surveys, with every 1 degree grid in Australia visited. The new atlas marks the culmination of these efforts, presenting 4000 distribution maps for over 650 bird species, including seasonal changes and breeding ranges. Range maps are also presented for 250 species, identifying those that are more common or less common since the first Atlas of Australian birds was completed 20 years ago.

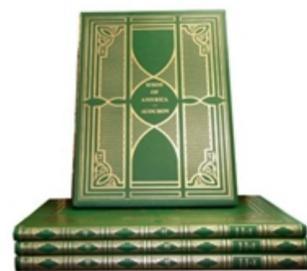


The birds of paradise and bower birds
Forshaw, Joseph M. and William T. Cooper.
Sydney: Collins, (1979 reprint). \$650.00
Folio, 304 pp. colour plates by Cooper, fine copy in publisher's slipcase and dustwrapper,
Winner of Australian Book of the Year in 1977 and one of the modern bird book classics. The reprint has the typographical error corrected in the Forward.
Available at: <http://www.andrewisles.com/all-stock/publication/18746>



A synopsis of the birds of Australia, and the adjacent islands
Gould, John.
London: Author, 1837-1838. \$22,500.00
Octavo, 73 hand-coloured lithographic plates by and after Elizabeth Gould, with accompanying letterpress. A single leaf printed prospectus for this work and a single leaf printed prospectus for the 'Birds of Europe' at the front of part one. 8pp. appendix 'Description of New Species of Australian Birds' at end of part four. Original green cloth-backed printed paper covered boards, contained within a single green cloth chemise, all within a single green cloth slipcase. A fine set

with superb bright colouring. The first issue in the original parts and much rarer than the second issue in Gould's publisher's binding. A title page was never published to go with the first issue, this appeared much later with the second issue. A feature of the first issue is the very high standard and completeness of the colouring. The Synopsis is a very attractive and interesting book, quite unlike all Gould's other illustrated work. The birds figured are head studies only but the standard of illustration and colouring is exquisite.
Available at: <http://www.andrewisles.com/all-stock/publication/32693>

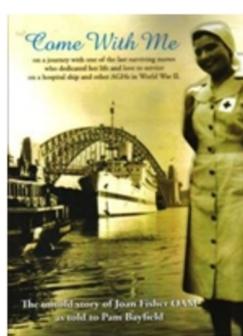


The birds of America
Audubon, John James.
New York: Abbeville Press, (1985 facsimile). \$32,500.00
Double elephant Folio, four volumes, 435 coloured plates. Publisher's spectacular full green morocco, four volumes, a fine set. To commemorate the 200th anniversary of the birth of John James Audubon The National Audubon Society and Abbeville Press collaborated to produce a 13-color offset printed facsimile of the society's set of Audubon. The

facsimile was limited to 350 sets and produced in two versions; a bound set in four volumes and a portfolio set of individual plates.

Available at: <http://www.andrewisles.com/all-stock/publication/28479>

To Contact us regarding your forthcoming Book or Literary Event click: [here](#)

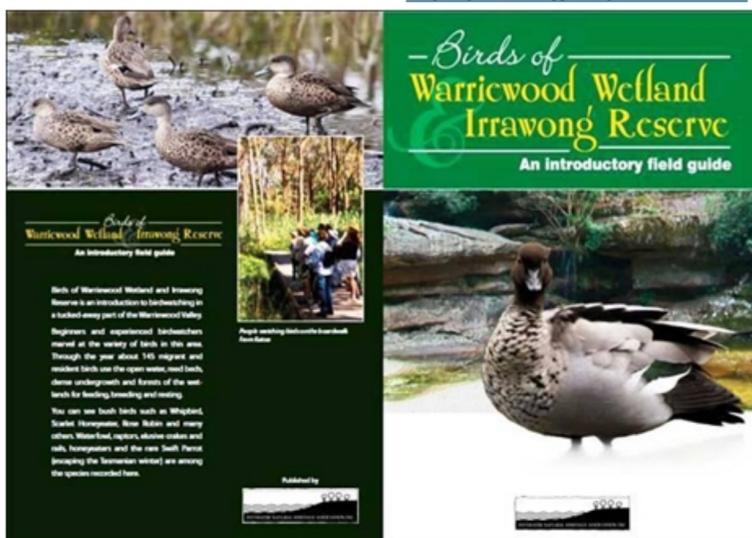


Recent OAM Recipient **Joan Fisher** shared her story of Nursing in the Defence Forces with local writer Pam Bayfield who then wrote *Come With Me*. To Celebrate her award this book has been re-released and is available at <http://www.pambayfield.com.au/> and at Berkelouw Books in Mona Vale.

Vocational, Historical and just a great read !



Introductory Field Guide to the Birds of Warriewood Wetland and Irrawong Reserve will give you a good start on birdwatching here, \$20, available from PNHA. All proceeds go to conservation work in the wetlands. Available at: <http://pnha.org.au/publications/>



Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am

Wednesdays 10.00am - 11.00am

Thursdays 10.00am - 11.00am

Avalon Library Hours

Monday to Friday 10am to 5pm

Saturday 10am to 1pm

Sunday 2pm to 5pm

59a Old Barrenjoey Road

Phone: 9918 3013 Fax: 9918 7046

Email avalonlibrary@ozemail.com.au

Web Address www.avalonlibrary.org.au

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July 17 -23, 2011: Issue 15

Mona Vale Hotel Friday, 29 July

Uncle Jed + The Strides

Soul, pop and reggae intertwine to create the unique flavour of Uncle Jed. Teaming up with The Stride this is guaranteed to be a great night out.

ENORMOUS HORNS



Pittwater RSL Saturday 30th July
More information at: [here](#)



NATIONAL TREE DAY AT LAKESIDE PARK

To mark Planet Ark's National Tree Day, Pittwater Council will be holding a tree-planting day on Sunday 31 July at Sydney Lakeside Holiday Park, North Narrabeen from 9.30am to 1.30pm. National Tree Day is Australia's largest community tree-planting event, with last year over 300,000 people at 3500 sites digging deep to improve their natural surroundings.

Pittwater Council's Bushcare Officer Peter Ziegler said that National Tree Day was a great opportunity for the community to come together to help our natural environment.

"The Lakeside Holiday Park is one of Sydney's iconic holiday parks, located next to Council's Coastal Environment Centre," he said. "This site has been chosen as the work will help towards establishing a wildlife corridor by improving the habitat for native animals.

"We are aiming to remove the African Olive weed and help regenerate the site with new plantings," said Mr Ziegler.

The Council will provide tools, training and morning tea. Volunteers on the day should wear sturdy covered shoes, a hat and sunscreen and bring a drink with them. Families are welcome to attend. Participants should meet at the front office of the Lakeside Holiday Park at 38 Lake Park Road, North Narrabeen.

If you are driving, press the intercom to speak to the front office and you will be let into the caravan park grounds. You will then be directed to the planting site.

For more information or to book for the event visit www.treeday.planetark.org/find-a-site or email peter_ziegler@pittwater.nsw.gov.au or call 9970 1367.

Christmas in July!

Tuesday, 26th July
Cost: \$21.50

Includes: Entertainment by **Joey Fimmano**, Traditional Christmas lunch of ham, turkey served with gravy and seasonal roast vegetables, followed by Christmas pudding.

BOOK EARLY!

Joey Fimmano

Your entertainment for this year's 'Christmas in July' celebration is the brilliant **Joey Fimmano**. From the age of five Joey displayed an extraordinary musical talent which has now developed into an electrifying stage show.

As a brilliant pianist, vocalist and accompanist, Joey is a true showman with a versatility and energy that captures audiences everywhere.

Today, celebrating over 20 years in show business, you will find this dynamic, award winning entertainer performing all over Australia and overseas in all major clubs, hotels and casinos, as well as being in constant demand on many American TV shows.

There is no end to this young man's talent, he has 4 albums to his credit and has appeared on numerous Australian TV shows including his winning appearance on Johnny Young's "Young Talent Time" in the late 70s, and just recently performed on Channel 7's popular morning show "Sunrise" with David Koch.

Booking essential, places are limited so get in quick so you don't miss out!
Email: sarah@palmbeachrsl.com.au or call the club on 9974-5566



Pittwater Council events

Dog of the Year photo competition

Could your dog be this year's Pittwater Dog of the Year? All you need to do is submit a photo of your furry friend to be in the running for great prizes. The winner will be announced at Dog Day by the Bay on Sunday 25 September. Enquiries: 9970 1194. www.pittwater.nsw.gov.audogday



Historical Society Established in 1924
One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research.

Membership at: [here](#)



Sydney Boat Show Tickets Now Selling at: [here](#)

Sydney International BOAT SHOW

28 July - 1 August 2011

Sydney Convention and Exhibition Centre & Cooke Bay Marina, Darling Harbour

www.sydneyboatshow.com.au

CONFESSIONS OF A ZOOKEEPER

Mona Vale library's next Author Talk will feature zookeeper and author Terry Boylan who will present his book *The Keepers and the Kept - Confessions of a Zookeeper* on **Wednesday 20 July at 6.30pm**.

As a zookeeper with over 40 years experience, Terry will share unique insights into the running of a zoo, in particular Sydney's Taronga Zoo. Terry's real-life job dramas include nearly being killed by a rampaging elephant, being bitten by a venomous cobra and chased by a troupe of escaped monkeys.

Confessions of a Zookeeper shares a mix of humorous and heart-warming animal stories including tales of eccentric collectors, feuds and practical jokes among keepers and the hazards befalling some keepers, including death.

Terry's book also covers some of the bizarre behaviour exhibited by visitors to the zoo and his travels to foreign countries searching for animals on the zoo's behalf. Terry reveals how modern zoos have developed into the professional organisations they are today.

Terry Boylan worked as a zookeeper at Taronga, Melbourne and London Zoos. He is still employed as a keeper by the Taronga Conservation Society.

The Keepers and the Kept - Confessions of a Zookeeper is Terry Boylan's first book. However he has published more than 20 natural history and zoological articles in magazines and journals.

Mona Vale library is located at 1 Park Street, Mona Vale. Bookings are essential; to book phone 9970 1600. Following the talk there will be book signings and light refreshments. Admission is \$8 adult, \$6 concession.

Native Bee Keeping
Bees are all the buzz at Permaculture Warringah Pittwater Manly this July

Date: 28th Jul 2011
Time: 7pm - 9pm

Details: Learn about the ins and outs of backyard bee keeping.

What is involved? How do you get started? What are the costs? How much honey can I get from one hive? How do I get my hands on one of those cool white space suits? Norm Webb from the NSW Amateur Bee Keeping Association has been keeping bees for over 27 years and will answer these questions and more. He will also have some of his own honey available for purchase on the night.

Venue: Narrabeen Transhed Community Centre - 1395a Pittwater Rd Narrabeen
Contact: Lauren or Chris Potoff 0401674461

NOW WE'RE Swingin'

Presented by the **Rotary Club of Pittwater**

Sammy Davis jr, Frank Sinatra, Tony Bennett, Nat King Cole and Bobby Darin & the swing favorites of Frank Sinatra, Tony Corio, Michael Buble and Robby Williams

TOM BURLINSON

Dinner & Dance on Saturday 23 July 2011
\$125 Members \$130 Non Members
Celebrate Christmas in July in style

THE ROTARY CLUB OF PITTPATER PRESENTS

NORTHERN BEACHES SPRING CONCERT

NORTHERN BEACHES ORCHESTRA
AN EXCITING PROGRAM OF LIGHT CLASSICS
LIVE AND SILENT AUCTIONS FOR LOCAL CHARITIES
WEDNESDAY 7 SEPTEMBER 2011 — 7:30PM
THE GRAND THEATRE — UNITED CINEMAS WARRIEWOOD
TICKETS: \$35 (ADULTS), \$25 (CONCESSION), \$15 (CHILDREN UNDER 16)
SEATING IS LIMITED — ADVANCE BOOKING RECOMMENDED
DETAILS & ADVANCE TICKETS: WWW.ROTARYPITTPATER.COM

LIVING OCEAN FILM FESTIVAL
Saturday, 24th September

In September 2011 Palm Beach RSL is hosting the inaugural Living Ocean Short Film Festival - an event showcasing short films celebrating the theme 'Living Ocean' in any of its inspirational aspects, and/or a 30 second commercial drawing attention to the crisis of plastic pollution in our oceans.

Living Ocean is a charity inspired by and for the ocean to raise funds to support people and organisations who help sustain and maintain ocean health and integrity.

Celebrating the ocean that feeds, inspires, nourishes our hearts, souls and lives, along with all life forms dependent on it, Living Ocean also celebrates our coastal community of ocean lovers, surfers, divers, swimmers, sailors, photographers, film makers, musicians, artists, writers, and all who have been inspired by the Ocean to live extraordinary lives.

In 2010 Living Ocean held three successful community events to raise funds for the protection of whales in the Southern Ocean sanctuary. Their direct support for Sea Shepherd's Conservation Centre was:

- contributed to one of the most successful environmental campaigns in recent times.
- Living Ocean also held functions involving marine youth music group Line Cordale and others in support of whale conservation and held a public forum at White Beach with Captain Paul Watson from Sea Shepherd Conservation Society.
- The fundraising dinner and charity auction at White Beach bonded the community involving them in a direct action event with an ongoing impact.
- In 2011 Living Ocean is continuing this positive community momentum with two major events. The launch of a Short Film Festival in September and a fundraising
- celebration in November.
- The inaugural Short Film Festival will showcase short films celebrating the theme 'Living Ocean' in any of its inspirational aspects and/or a 30 second commercial drawing attention to the crisis of plastic pollution in our oceans.
- The aim is to involve and inspire the young filmmakers of tomorrow and mentor them with the wealth of experience and talent of established film makers and artists in our community who will select and judge the final submissions.
- For more information, and ticket sales go to www.livingocean.com.au

COMPUTERS? *yes you can!*

A FREE seminar for Seniors on computing skills

WHEN: Friday 19 August 2011 from 1pm to 3pm
WHERE: Newport Community Centre, 11-13 The Boulevard, Newport Beach

AGENDA:

- Facebook Made Easy - by Greg Ross
- Meet your Ancestors - by Margot Platt
- Picture Power - by Brian Hirdes
- Bridge Online - by Patricia Kalf
- Computing Made Easy - by Mike Mannington
- Question Time
- Amazing Lucky Door Prize Draw *

After Question Time refreshments will be served and the Lucky Door Prize Draw will take place. Throughout the seminar we will be running informative computer displays.

* Lucky door prize consists of one year free membership and tuition at Avalon Computer Pals

Phone 02 8064 3574 to register



Supported by: Pittwater Council, Avalon RSL Club and the Department of Ageing, Disability and Home Care
Member: Australian Seniors Computer Club Association

YOUR INVITATION

Join us for a **DisabiliTea**
To raise awareness of the NDIS

Join us for a DisabiliTea to raise awareness of the National Disability Insurance Scheme and the campaign to make Every Australian Count.

Where: **Angophora Room, Nelson Heather Ctr, 4 Jacksons Rd, Warriewood**

Date: **Tuesday 2 August**

Time: **2pm - 4pm**

Tel: **9970 0500**

RSVP by: **Friday, 29 July 2011**

From: **Carolyn McKay**

Contact Details: **Email: carolyn@nbi.org.au or telephone 9970 0500**

Every Australian Counts
www.everyaustraliancounts.com.au

Downstairs in Avalon RSL Lounge during JULY

FRIDAY NIGHTS JULY

1ST CHRIS RAGGETT
8TH PAT O'GRADY
15TH JESS CHALKER
22ND AARON MULLIGA
29TH ANTOINE

AVALON SCREENING SUNDAY 24 JULY 2011

OUR GENERATION

The ground breaking new documentary on Aboriginal rights

Q&A with special guest JEFF MCMULLEN, author, journalist and filmmaker

5pm, Avalon Baptist Church 2 George Street, Avalon

Free supper. Donations to Ian Thorpe's Fountain for Youth.

Hosted by Avalon Amnesty Group and Avalon Baptist Church
Contact: kath.moody@hotmail.com
View the trailer at www.ourgeneration.org.au

IAN THORPE'S Fountain for youth
Supporting Indigenous Learning

Ian Thorpe's Fountain for youth focuses on advocacy for the needs of indigenous children living in impoverishment and great disadvantage. We build alliances with the corporate sector, organisations and the public to raise awareness and funds to bring positive changes to the lives of the children and whole communities by improving health and education. We know that education is a crucial pathway to better health. Through Fountain for youth Ian has taken a long term commitment to achieve this, giving indigenous children the same opportunities afforded to all children in Australia.

- The facts behind too many remote communities' living conditions and state of health are appalling - a human crisis in our own backyard that we desperately need to address:
- A cluster of chronic illnesses and diseases are decimating our remote Aboriginal communities
 - Aboriginal babies die at three times the rate of the rest of our children
 - Aboriginal adults have a life expectancy 17 years less than the rest of Australians, this is the lowest life expectancy of any indigenous population of a new world country
 - Illiteracy rates as high as 83% can be found in many remote Aboriginal communities
 - Up to 80% of Aboriginal children in remote communities suffer from chronic hearing loss
 - For every extra year of education our nation can provide the young Aboriginal mother she may add up to four years to the life expectancy of her child.

Together We Can Help Our Children. Aboriginal people have asked for a partnership with Fountain for youth so that we can walk together side by side and build a brighter future for all our children to stand 'strong and smart'.

Through the delivery of our Literacy Empowerment Project we are supporting 20 remote indigenous communities, over 2,200 children and their families.

A major focus is our Literacy Backpack Program, providing books and education resources to the communities for the students & their families. This program is closing the space between home and school, engaging parents, supporting principals & teachers, stimulating reading & improving learning in the whole community.



Children at Bulla School with their Literacy Backpacks
Find out about our Literacy Empowerment Project: www.ianthorpefoundation.org.au

Contact Details: Michelle Paskin, Manager Phone: 02 9943 1356 Fax: 02 9214 3426
PO Box 402, Manly NSW 1585 Email: michelle@ianthorpefoundation.org.au

CARBON AND ALL THAT - Community forum
For those who accept human induced climate change and want to know: What next?

Date: 24th Jul 2011
Time: 1:45pm - 5:10pm

Details:

6 talks on the zero carbon future:

- Climate science - the process and conclusions
- Energy from carbon - biofuels, gas and coal
- Energy without carbon - wind, solar, ocean, geo, nuclear.
- CSIRO energy projects - solar thermal, energy savings
- Beyond zero emissions - a plan for Australia
- Carbon tax, ETS, employment, investment

Venue: Ted Blackwood Hall
Contact: Felicity and John Davis
Organisation: Northern Beaches Greens
Phone: 02 9979 8633
Website: www.energy-without-carbon.org

AUTHOR UNRAVELS SRI LANKA CONFLICT

Mona Vale Library's next Author Talk will feature writer, journalist and visiting scholar Gordon Weiss, presenting his book *The Cage: The Fight for Sri Lanka and the Last Days of the Tamil Tigers* on **Thursday 4 August at 6.30pm**. Gordon Weiss is a veteran journalist and UN official for over two decades. He was the spokesperson in Sri Lanka between 2007 -2010 before returning to Australia and is currently a Visiting Scholar at the University of Sydney.

This is Weiss' first published book and unravels the compelling history of the ethnic conflict in Sri Lanka. This led up to the bloody events of 2009, when tens of thousands of civilians were massacred along with the last of the Tamil Tigers, the national liberation group which had terrorised Sri Lanka since 1983. The 2009 massacres were recently profiled on ABC-TV's *Four Corners* program.

Events librarian Catherine Buddin said it was timely to have Gordon Weiss present his book, which provides readers with the background behind the headlines of one of modern history's longest civil conflicts. "Publication of the book coincides with the official UN report on the event, which now suggests that war crimes be investigated," added Ms Buddin.

Mona Vale library is located at 1 Park Street, Mona Vale. Bookings are essential; to book phone 9970 1600. Following the talk there will be book signings and light refreshments. Admission is \$8 adult, \$6 concession (pensioners and students only) and cards must be shown.

Black and Bling Ball

WHEN: Friday, 5th August 2011 at 7:00pm for 7:30pm
WHERE: **Doltone House, Jones Bay Wharf, Sydney, COST: \$250 per ticket or \$2500 for table of 10, DRESS: 'Black and Bling'**

All of the proceeds will go directly to inspire and motivate more aspiring women across Australia. Tickets are on sale now for the Gala dinner with MC confirmed as Chanel Ten's Natarsha Belling. Extreme Sportswoman, base jumper Heather Swan is guest speaker and Layne will introduce guests to the inspiring 2011 Grant Recipients. Entertainment on the night will be from 80's cover band 'Shove Robbers' certain to get everyone up dancing! In addition there are some exclusive and unique auction items such as; a Sailing Experience on Super Maxi Investec 'Loyal', an INXS signed fender guitar, a feature in a TV commercial, your very own Masterchef experience with a deluxe dinner party cooked for you and your guests in your own home and have the chance to win a seven nights luxury holiday experience on the beachfront in Phuket, Thailand.

To purchase tickets or to receive your official invitation call Megan on 0422 600 733 or email info@aimforthestars.com.au

Manly Art Gallery June 2011

ROYAL FAR WEST - CARING FOR COUNTRY KIDS IN MANLY
Friday, 3 September 2010 to Sunday, 14 August 2011
More information: [here](#)

Technology Skills Morning Tea for Women
What you can do with home photos: Digital graphics explained.

Date: 9th Aug 2011
Time: 10:30am - 12pm

Details: Mona Vale Library and TAFE Northern Sydney Institute invite local women to a discussion on what you can do with home photos: Digital graphics explained.

Cost: Gold coin donation to the Pink Ribbon Campaign
Robyn.woolley@afpm.nsw.edu.au

Venue: Pelican Room, Mona Vale Library, Contact: Robyn Woolley Ph: 02 9448 4429

Selling & Buying Online Course for Women
A 5 week course for women held at Mona Vale Library

Date: 15th Aug 2011
Time: 10am - 1pm

Details: Improve and update your computer skills locally. Use the internet effectively to buy and/or sell. Manage photos, use sites e.g ebay with confidence
5 Mondays August 15 to September 12 2011 10am to 1pm

Cost: \$180 Registrations are essential: Robyn.woolley@afpm.nsw.edu.au
Venue: Mona Vale Library

Pittwater Artist's Trail 2011 - 2012

artistsTrailBrochure.pdf
Size : 2198.373 Kb
Type : pdf

Local Markets

Palm Beach Market

- Venue: Governor Phillip Park, Palm Beach
- Time: 9am to 3pm
- Contact: Nikki Griffith 9970 1355 or email: nikki_griffith@pittwater.nsw.gov.au
- Organic fruit and vegetable stallholders are encouraged to apply.
- 2011 markets will be held on 27 Feb, 27 March, 24 April, 22 May, 25 September, 23 October and 11 December.
- Application form 2011 markets

Twilight Market - Village Park, Mona Vale- NEW !!

- Friday: 1st April, 2 September, 7 October, 2 December 2011 - 5pm to 9pm.
- Venue: Village Park Mona Vale
- Contact: Nikki Griffith 9970 1355 or email: nikkigriffith@pittwater.nsw.gov.au
- Hot Food Vendor [Application Form](#)
- General Stall Vendor [Application Form](#)

Narrabeen Village Market at Berry Rotary

- When: 3rd Sunday of every month
- Venue: Berry Reserve, Narrabeen, adjacent to Narrabeen Shopping Centre on Pittwater Road
- Time: 9am to 4pm
- Contact: Blue Sky Markets on 9315 7011 or www.blueskymarkets.com.au

Narrabeen High School Boot Sale

- When: Last Sunday of February, May, August and November.
- Venue: Narrabeen High School
- Time: 7.30am to 3.30pm (stallholders from 6am)
- Contact: Natasha Lumdsden - 0421 810 019

Newport Artisans Market

- Every 3rd Saturday
- Next: July 16, August 20, September 17, October 15
- This market aims to create a platform for skilled and unskilled artists and crafts people who enjoy learning from others, enhancing their creativity and offering their work to the public.
- Contact: enquiries@3events.com

Avalon Beach Market Day

- When: Saturday 19 November 2011
- Venue: Avalon Shopping Village, Dunbar Park, Avalon Parade, Old Barrenjoey Road
- Time: All day
- Contact: Blue Sky Markets
- Email: Blue Sky Markets - office@blueskymarkets.com.au

July 17 -23, 2011: Issue 15

Blacksmiths and Tinsmiths

In our first collector's corner we look at two pieces from Trevor Goodacre, a modern **rasp** shaped into a **cobra** by a working blacksmith at Gunnedah, who proves the vocation, at least in rural areas, is still alive and developing, and a **colonial copper tipped soldering iron**. These were used mainly by what were defined as 'tinsmiths' in the early days of Australia. The tip was heated and used to melt what was called flux along the joints of tin or similar metals. Tinsmiths did not require the large forges used by blacksmiths as their mostly hand held tools could be heated to a point to be useful in a stove or smaller fire.



Rasps are an older version and similar tools to files only they may be used to shape woodwork and softer metallic materials. They have larger 'teeth'. Archaeologists have found some dating back to 1200 BC, and made from bronze, in Egypt. Blacksmiths used to and still make horseshoes and were called farriers in this occupation, or horse-shoers. The rising need for these protectors of horse's hooves also gave rise to the vocation's placement and proliferation

from 400 AD up until we stopped riding horses everywhere with the coming of automobiles (cars).

Further Reading:

Blacksmiths (From Old English)

The term "blacksmith" comes from the activity of "smiting" iron or the "Black" metal - So named due to the color of the metal after being heated (a key part of the blacksmithing process). Other types of craftsmanship are based on this word, for example the term "gunsmith". In the modern process of making guns the preferred method is by milling the metal rather than forging it, this indicates that the term comes from the word "blacksmith".

Smith: The name originally derives from smið or smiþ, the Old English term meaning one who works in metal related to the word smitan, the Old English form of smite, which also meant strike (as in early 17th century Biblical English: the verb "to smite" = to hit). The Old English word smiþ comes from the Proto-Germanic word smipaz. Smithy comes from the Old English word smiððe from the Proto-Germanic smiðjon. Another possible source is that "smite" referred to the occupation of being a warrior. The fact that he wore armour, which would have required repair, may have contributed to the other meaning.

Smithing process

Blacksmiths work with iron, the 'black' metal, and steel its derivative. The black color comes from fire scale, a layer of oxides that forms on the surface of the metal during heating. The term 'smith' originates from the word 'smite', which means 'to hit'. Thus, a blacksmith is a person who smites black metal. Smith is an English-language family name (surname) originating in the British Isles. It is the most common surname in the United Kingdom, Australia and the United States, the second most common surname in Canada, and the fifth most common surname in Ireland.

Blacksmiths work by heating pieces of wrought iron or steel until the metal becomes soft enough to be shaped with hand tools, such as a hammer, anvil and chisel. Heating is accomplished by the use of a forge fueled by propane, natural gas, coal, charcoal, or coke.

Modern blacksmiths may also employ an oxyacetylene or similar blowtorch for more localized heating. Color is important for indicating the temperature and workability of the metal: As iron is heated to increasing temperatures, it first glows red, then orange, yellow, and finally white; then it melts. The ideal heat for most forging is the bright yellow-orange color appropriately known as a "forging heat." Because they must be able to see the glowing color of the metal, some blacksmiths work in dim, low-light conditions. The techniques of smithing may be roughly divided into forging (sometimes called "sculpting"), welding, heat treating, and finishing.

From; [http://en.wikipedia.org/wiki/Smith_\(surname\)](http://en.wikipedia.org/wiki/Smith_(surname))

And <http://en.wikipedia.org/wiki/Blacksmith>

Colonial Tinsmith's Soldering irons:

http://www.ehow.com/info_7814387_colonial-tinsmith-tools.html

Horseshoes; <http://en.wikipedia.org/wiki/Horseshoe>



Above: copper tipped soldering iron image by Michael Mannington of [Volunteer Photography.org](#). Copyright M Mannington 2011. All rights Reserved.

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