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Natural Heritage

Natural heritage is the legacy of natural objects and intangible attributes encompassing the countryside and natural environment, including flora and fauna, scientifically known as biodiversity, and geology and landforms (geodiversity).

Heritage is that which is inherited from past generations, maintained in the present and bestowed for the benefit of future generations.

The term "natural heritage", derived from "natural inheritance", pre-dates the term "biodiversity", though it is a less scientific term and more easily comprehended in some ways by the wider audience interested in conservation biology.

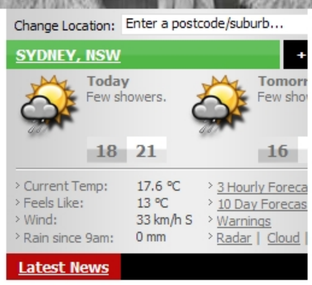
From Wikipedia, the free encyclopedia

Quote for the Week

For you shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands.
Isaiah 55:12

Songs to ease into the end of the year by

Mellow Yellow is the fourth album from Scottish singer-songwriter Donovan. It was released in the United States in March 1967 (Epic Records). The single of the same name was released in 1966 and reached #8 in UK charts and #2 in US charts. Some state the record had a "Beatlesque" feel to it. Donovan was friends with the Beatles. Paul McCartney can be heard as one of the background revelers on this track and also played bass guitar (uncredited) on portions of Donovan's Mellow Yellow album. Donovan also helped with a few lyrics for Yellow Submarine.



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Irene Anderson – Super Spider Woman conquers the AMP Building

On Saturday (22.10.11) morning Avalon resident bubbly Irene Anderson abseiled from the AMP Building for charity as part of Urban Descent 2011 Abseil for Youth held 21-22 October.

Husband John said she "went like a rocket" and was down in three minutes when it usually takes between seven and ten minutes. Both sounded very excited and exhilarated when speaking to them Saturday afternoon.

Irene said "- the abseil was great except that I sailed down the AMP Building way too fast - it was frightening and exciting in one. The worst step was actually stepping over the side of the building. The view was amazing but being Irene - I raced down like I do in all things that I do. The landing was surreal and when I got on the ground my feet and legs went wobbly. It took me a few minutes to realise what I had just achieved.

It was satisfying to know that my donations will help youth in crisis and I thank all those people who believed in me (even though they thought I was crazy)."

Irene participated in order to raise funds for the Sir David Martin Foundation to help youth in crisis and set herself a target of $1500 although $1630 had been raised when we checked yesterday afternoon. If you want to help out please go to her fundraising page **here:**

Or directly to the Sir David Martin Foundation: http://www.sdmf.org.au/

About this Foundation from their website:

Tonight, across Australia, 36,000 teenagers and young adults will bed down in youth refuges, inner city squats, parks and other public places in our big cities. For many of these kids, homelessness begins the descent into alcohol and drug abuse, mental illness, violence, crime, prostitution and other behaviours damaging to their physical and mental health.

The Sir David Martin Foundation was set up in 1990 by the much loved Governor of New South Wales, Sir David Martin, four days prior to his death. The Foundation aims to realise the dream of Sir David Martin of an Australian community "where children can grow up in safety with hope and opportunity". The Foundation raises funds for innovative and effective Mission Australia run youth crisis programs. We provide care, counselling, training and support for young people in crisis and foster community understanding of their needs and potential. . With the goal to get more young people off the streets, away from unhealthy situations and into care and rehabilitation. We aim to encourage them in a new sense of self belief so that they can face the community at large without the need for drugs, crime and homelessness.

Well done Irene, being a grandmother isn't slowing you done at all !

PS: John has just been made Treasurer of the Avalon Beach RSL Club Sub-Branch, so congrats are due there too !

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World Polio Day; October 24th, 2011

'I can jump puddles' the well known 1955 autobiographical book by Alan Marshall was part of the school curriculum during the decades prior to this one. His narrative of contracting crippling poliomyelitis or infantile paralysis (known as 'polio') and his positive attitude and determination to overcome his disability are an inspiration.

Australia had outbreaks of polio during the 1930's, 1940's and 1950's that effected around 40, 000 Australians although some sources state ten times this amount were infected. Polio vaccines were not introduced until 1956 the year of the last epidemic. A compulsory immunisation program continued until 1966 although some of those affected are said to experience 'post polio' symptoms such as muscle aches and fatigue even today.

World polio day is October 24th. Rotary first started immunising children against polio in 1979. Since 1985, Rotary club members have helped immunize over two billion children in 122 countries against polio and contributed $900 million to supporting this project. Now that it is estimated 99% of people worldwide are protected against this crippling disease. Rotary International wants to complete the job of eradication so that no child will ever again be paralysed by or die from the poliovirus. In 2010 1000 new cases were reported, this year, 2011, only 350 new cases have occurred. Encouraging as this is those at the coalface are also aware that if this disease is not eradicated up to ten million children could be crippled by it during the next 40 years.

For as little as 60 cents worth of oral polio vaccine, a child can be protected for life. However, a major funding gap now faces the Global Polio Eradication Initiative, of which Rotary is a spearheading partner (along with the World Health Organization, the U.S. Centers for Disease Control and Prevention and UNICEF). More than twenty years of steady progress is at stake, and polio, now on the ropes, stands to stage a dangerous comeback unless the funding gap is bridged.

In response to the funding crisis, Rotary eagerly accepted a US$355 million challenge grant from the Gates Foundation, which Rotary will match with an additional US$200 million over three years, raising a much needed US$555 million, all of it dedicated to polio eradication. Rotary's worldwide membership of 1.2 million men and women, representing about 33,000 clubs in more than 200 countries, immediately embraced the effort by digging deeper into their own pockets, planning special fundraisers and rallying community support.

Rotary reaches out to governments worldwide to obtain vital financial and technical support. Since 1995, donor governments have contributed in excess of $6 billion to polio eradication, due in part to Rotary's advocacy efforts. In addition to raising money for polio eradication, Rotary members offer their time and expertise in the field to fight polio by providing support at clinics, transporting vaccine, contributing medical supplies, and mobilizing their communities for immunization and other polio eradication activities. More than one million members of Rotary worldwide have contributed toward the success of the polio eradication effort to date, demonstrating the extraordinary impact civil society can have on a global public health initiative.

With spearheading partners in the Global Polio Eradication Initiative-- the World Health Organization, UNICEF, and the US Centers for Disease Control and Prevention—Rotary continues to make progress toward a polio-free world.

Once eradicated, polio will join smallpox as one of only two diseases ever eliminated. And the volunteers of Rotary will continue their humanitarian work, living up to its motto, "service above self."

Rotary invites everyone who wants to learn more about this historic opportunity to end polio to visit; www.rotary.org/endpolio.
A current 'This Close' Campaign seeks to End Polio now by asking us all to get involved, to make a virtual pledge to garner the support of politicians worldwide.
This Close virtual pledge website: http://www.thisclose.net/
Or our readers may find out more on a special Facebook site or on the End of Polio: http://www.facebook.com/theendofpolio?sk=wall

Pittwater Online News

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Sell out for PBL Work/Life balance seminar

by Franziska Iseli-Hall,
PBL member, small business marketing strategist and founder of Basic Bananas

It was a beautiful, fresh spring morning on the Northern Beaches: the sun was shining, the sky was blue, the birds were singing … it was a great day to hold the Pittwater Business Limited breakfast seminar.

More than 140 PBL members and guests met at Bayview Golf Club to network, connect and learn on October 19. Guests included representatives from business consultants, driving schools, graphic and web designers, accountants, electricians, lawyers, HR specialists, florists, photographers and many other diverse Pittwater enterprises, small and large.

The Honourable Bronwyn Bishop MP, Federal Member for Mackellar, Mr Rob Stokes MP, Member for Pittwater, the Mayor of Pittwater, Cr Harvey Rose, the Mayor of Warringah, Michael Regan, Pittwater Councillors Jacqueline Townsend and Julie Hegarty and the General Manager of Pittwater Council, Mr Mark Ferguson, were in attendance.

Andrew Holder, CEO of TDA Interiors, parent to four young children and owner of five successful businesses spoke about the work/life balance and the trick of managing your business and spending quality time with your family. "Did you know that there are 2.4 million cities in the world and Australia has four of the most liveable cities in the top ten?" Andrew asked. "Sydney is close to top of the list so then why should we have a work/life balance issue?"

The thing is, he said, that it's not all about money. It's about combining work, family and fun. "My life is pretty much one entity, I don't have a life balance issue," Andrew said. "If you treat the whole thing as one, there is no issue."

Other important key factors in achieving a balance were to choose the right people and partners for all areas of your life, to plan a beautiful future with your loved ones and to celebrate successes.

"Choosing the right profession and doing what you love most is all important," he said.

A key point Andrew shared with his PBL audience was that his personal success with work/life balance was due to the fact he would break things down into manageable chunks.

For more eye-opening insights from Andrew Holder, check out his recently published book Reflections of a Modern Man. Visit his website: www.andrewholder.com.au for more information.

To see some fantastic photos of the October 19 breakfast please go to http://www.luminere.com.au/PBL/pbl-191011-lowres.zip. All photos were taken by Orlando Luminere from Luminere Imaging – Thank you Orlando!

Reflections of a Modern Man, Andrew Holder

The modern man does a lot of running: running a business, running meetings, running up bills, running up hills, running late, running the bath for the babies, running amok, running on empty, running around like a headless chook, running the gauntlet, running to the shops or
running the kids to school.
In his book Reflections of a Modern Man, Andrew Holder looks at the parallels between raising a business and managing a family. Sharing his own experiences in both arenas, he delivers a book that is full of handy tips and tricks to keep your cool and your sense of humour.
Reflections of a Modern Man is one man's user-friendly guide to navigating the long and winding road of career and family, showing that just one regular guy can perform both roles successfully if he just remembers to breathe, smile and focus on what's already wonderful.

$24.95 Available At: http://andrewholder.com.au/store.html

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This Weeks Articles

October 24th is World Polio Day, get involved to help eradicate this disease: October 24th is World Polio Day 2011

Sell out for PBL Work/Life balance seminar by Franziska Iseli-Hall

Profile: In October we look at Organisations and Clubs, this week; The Pittwater Natural Heritage Association shares some insights and wonderful images

Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club

History: Spring Gents: Frederick Wymark loved Church Point. He also loved old books and secured collections of Australiana that formed the basis of the Mitchell (State) and Dixon Libraries.

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux

Park Bench Philosopher: Fish Flush during a Wolf Summer.

Food: Caddy Shack at Palm Beach Golf Course on a sunny afternoon.

Books: **Newly released Bird Books**.

Old Books: **Australia**!; two new works of old about here from 1908 and 1916.

Events: Protest!, Paddle, Play, Music, Music!, Messiah, Permaculture, Songs for Soibada II, BirdFest, Dig out some weeds, Books, Spring Fetes and Shows, Offshore Art Events, History Lectures, Pittwater Council Events, Manly Art Festival 2011, Artist's Trail Weekend.

Tweet +1

Community News: Bilgola Boy Wins! PCYC approved by Council, Our own Amazing Super Spider-Woman, PON Newsletter, Bopulators on a Sunny Afternoon, Recognition of Service, Where is this Eagle ?, Hearing Tests, Songs for Soibada II, Living Ocean Short Film Competition, Pittwater Council Staff support Cerebral Palsy Challenge, Council's Notices.

Environment; **Identifying Pittwater Wildflowers: Isopogon**, **Save our Tropical waters**, Notices, Books, New Cooee Newsletter for October, **PNHA Asp. Fern Out Day**, Seed Bank with full Index of all Australian plants Facts Sheets and more.

Lynda Hill: **Update**: Breaks, Breakdowns and Breaking Through The Barriers: October's Aries Full Moon

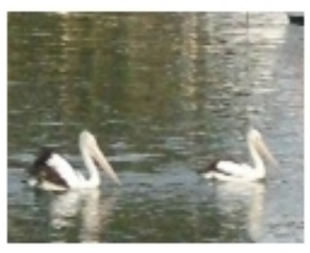
Pictures: Earth, Air and Water images of Mid-Spring Pittwater taken this week.

Youth: Winners of Generation One song comp. plus Maria Regina Entry, Council invites Parents and Children to Anti-Cyber Bullying Info Event, Call for Youth Voices, Music, Links for local sites.

Seniors; Relativity; George gets logical and shares a Beatle's tune, link to Seniors Online Newspaper and Information regarding local Health and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: Historian Nan Bolser shares an extract from ***The Story of Bob Waterer and his Family 1803 - 2010***.



Reflections by George Repin. **This week; City Department Stores- Gone and Mostly Forgotten**

Collector's Corner: **Drinking: Eighteenth Century Style Part I from Hans and Jenny Carlborg.**

Noticeboard: Community Listings (free to list) with Community Bushcare link and Northern Beaches **Free Ads** Info.

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Pittwater Online News

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Community News | Pictures | News From our Inbox | Books | Events | Artist of the Month | Reflections | Collector's Corner

Community Noticeboard | Contributors | Forum

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Articles This Week

October 24th is World Polio Day 2011

Sell out for PBL Work/Life balance seminar by Franziska Iseli-Hall

Profile of the Week: The Pittwater Natural Heritage Association

History: Frederick Wymark, bookseller and procurer of Australiana

Reflections by George Repin: City Department Stores - Gone and Mostly Forgotten

Collector's Corner: Eighteenth- Century Dining by Hans and Jennifer Carlborg

Irene Anderson – Super Spider Woman conquers the AMP Building

The Rotary Club of Pittwater had a special guest speaker last Wednesday (19.10.11) in Dalkeith Country Retreat, Avalon, accompanied by wife Irene, who is quite keen on the project to which she has contributed to assist the people of the Emerea District of East Timor south of Dili a drive both ways from Maubisse to Natar Bolonteo. Emerea was created in July of this year and now seeks to establish branches in outlying districts. President Graham Hall welcomed Tim to the meeting also on behalf of the Rotary Club of Hillview to complete towards this great initiative.

Governor David Rands addressed those assembled on Rotary International's decision to modernise much of Rotary during the theme for the year, Rotary Builds Goodwill and Peace. Humanity' as being focussed not only on family and Rotary's continuing effectiveness in the community. It was also embracing the role of participating to remain relevant to the peoples and cultures. He stated 'Nobody joins (Rotary) because they want to attend meetings, they join because they want to do something'.

The keynote speaker was Tim Cronin, Executive Director of Australian Volunteers International. John Bonnington was presented with a signed photograph of world famous cellist Yo Yo Ma, musicals member and wife of Doug Elliott, Dianne, was given a hand basket of goodies for all her hard work in the Silent Auctions. Noela Elsworth was thanked for her efforts in the Book Stall. Graham Hall presented Tim with a cheque for funds and various seeking medical equipment for his needy and gave it an enviable support. The most unusual Rotary is about seeking to engage those who may be interested in joining this local fellowship club. Rotary has existed all others who identify as those like endeavours, stating 'it's not just me, it's a team of people.'

A highlight of the evening was seeing Geoff Chaffer, a local member since 1978, and President in 1983/84 being inducted into Honorary Membership. His 33 years, doing many things for the club, including being Secretary for 10 years, was recognised by all. He is well known, in attending his theatre for the disciplined, Geoff stated "This means a lot to me. I am a teacher and you know the phrase 'those who can do, those who can't teach'. Well, Rotary has brought me into a world of doing for which I will always be grateful."

Images (at L to R): Top: Geoff and Margaret Chaffer with Frank and Noela Elsworth. Above: Gov. David Rands, wife Irene and Pittwater's Lesley Carberry

PITTWATER COUNCIL

COUNCIL TO CONSULT ON SHARED WASTE SCHEME

Waverley, Manly, Pittwater and Warringah Councils have agreed to enter into a joint tender process for a new waste collection system to support the development of an Alternative Waste Treatment facility. The facility will process waste using the latest in the detailed report presented at the meeting this week and gave it in-principle support. The proposed system will be the subject of extensive communication and engagement before its introduction in 2014.

The new system would see food and vegetable waste collected together in one bin and bottles and cans collected in another bin. Paper and cardboard would be collected in plastic bags. Other features of the scheme include residents being given the choice of their preferred bin size and collection frequency, and the introduction of a user pays system. A comparable measure was previously introduced by a few kitchen tips for households to encourage the collection of food scraps.

The new system would also see a biannual household clean-up collection, which would remain as the service is currently provided.

General Manager Mark Ferguson said Pittwater Council would begin consulting its residents immediately on the details of the proposal. "We want to deliver great benefits in terms of recycling and cost recovery for our communities, with the amount of recoverable waste increasing significantly. Overall, the new system will be the most cost effective long-term solution for its waste management. Recoverable waste will be turned into valuable resources, and residual waste will be taken to a modern facility rather than landfill."

Mr Ferguson said that the proposed scheme would come into effect from 2014, provided agreement was reached with the other councils and Pittwater residents on the preferred details.

"Public feedback on recycling is good and our community is aware of the importance of cutting down the amount of waste going to landfill. However there is room for improvement and a scheme we hold the feasibility of what's proposed.

To view the Council report and the shared waste scheme visit: www.pittwater.nsw.gov.au/council

Parent Forum on Cyber Bullying and Social Media Understand some of the issues teenage face in the ever changing environment of online social media

Date: 10th Nov 2011, Time: 7pm - 9pm

Start a conversation with your teenager about cyber bullying and social media. Best Evermore is an anti-bullying program which includes a 12 minute film based on the true experiences of Australian teenager Casey Sare. The film is followed by a panel discussion by a group of professionals throughout the world and is the author of 21 books on all aspects of Buddhist thought and practice.

The author has been described as presenting a new essence of compassion and wisdom in a way that is easy to understand and put into practice. As Geshe Kelsang Gyatso says, 'Modern Buddhism is a practical method to develop a peaceful mind and to overcome psychological realizations through which we can solve our own problems and accomplish the real meaning of our human life'.

The Author Tuit presenter Geshe Kelsang Gyatso is the resident teacher of Manjushri Buddhist Centre in Bondi Junction and Geshe Kelsang's representative in NSW. Our Spiritual Director Geshe Kelsang Gyatso is the founder of the International Kadampa Buddhist Union with more than 50 years in Australia, UK and America. In 2011 she was asked to start the Maharlika Buddhist Centre in Sydney and has since taught many classes and courses throughout the Sydney region.

Monk Lobsang Tsultrim Rinpoche is a Tibetan Buddhist monk who has been ordained for 30 years. Following this time he left the light refreshments. Admission is $5 adult, $2 concession.

Soibada Knitters Group needs Wool ! Please Help

The leaders of Soibada Knitters Group, based in Awalor, are on dire need of wool to turn into blankets for the children of Soibada. Tamara Harding has been visiting Soibada since 2006. Each

East Timor benefit as at least 300 children more then they have blankets for were disappointed. The village is at an altitude where it could even as it begins to get warmer nearer the coast. Wool can be purchased at the Mosman Wool Shop at 2/598 Military Rd, Mosman.

Information on Soibada Knitters Group: here

Australian Hearing

How good is your hearing?

1. Do you have difficulty understanding people unless they are facing you?
2. Do you find it hard to hear conversations in noisy rooms with groups of people?
3. Do you miss the doorbell or telephone?
4. Do you have noises in your ears that you can't hear?
5. Do other people complain that you have the TV turned up too loud?

If you said 'yes' to any of these, you may have a hearing impairment.

Australian Hearing is offering Pensioners and Veterans a FREE hearing check at

Avalon Recreation Centre
59 Old Barrenjoey Road, Avalon
Friday 4 November 2011 at 10:00am

Call in to make your free appointment!

Ph: 1300 826 164

Submit your Event

Name of Event

Date of Event

Address of Event

Description of Event

Contact Name

Contact Phone Number

Website or Email

Submit

Living Ocean Short Film Festival

http://www.livingocean.com.au/

CALL FOR ENTRIES - END OF SUMMER PFF Film Festival SHOW YOUR TALENT TO THE WORLD

Plastic Free Pacific

Living Ocean Short Film Festival to celebrate Ocean Wonders & raise awareness of plastic contamination in the Ocean "Living Ocean" Theme - how the ocean inspires us - student & open section

* 30 Second Commercial - Plastic in the Theme - plastic in the ocean - student & open section

Details of location, time and prizes as they come to hand...start creating now.

Plastic Free Pacific

Plastic Free Pacific is a non-profit, charity fund for active groups that help conserve and protect life in our oceans by focussing on the **300 million tons of plastic pollution in the oceans worldwide. Entry Form on website.**

Aboriginal Student Group
Sydney Grammar School

Click on logo above to visit their website.

Sumba Foundation Australia Article at: here

Website at:

THE SUMBA FOUNDATION AUSTRALIA

PITTWATER COUNCIL

PITTWATER SUPPORTS CEREBRAL PALSY CHALLENGE

It is quest to conquer 'virtual mountains' built from Pittwater Council Community Services teams have signed up for the eight-week Cerebral Palsy Challenge from 5 September to 31 October. Four teams will participate in the challenge and have to ride 52000 for Cerebral Palsy Alliance. Each team will track their daily ride count using a virtual mountain challenge website and aim to reach the top of the mountain.

Pittwater Council Active Challenge Coordinator and participant Darren Cowell said teams participate by walking, running, cycling or other activities to notch up their daily steps. "Each team has a 'virtual mountain' that needs to be climbed by the end of the eight-week challenge," said Mr Cowell.

The teams will also hold a number of fundraising events such as BBQs and a style/age guessing competition during the next school holiday vacation care program. "We urge the community to support our teams by donating to their nominated charity or by way of our fundraising events," said Mr Cowell.

Cerebral Palsy Alliance CEO Rob White said an Australian child is born with cerebral palsy every 12 hours, making it the most common cause of physical disability in children. "Funds raised through the Cerebral Palsy Challenge will contribute to vital services and research needed to enhance the lives of Australians living with cerebral palsy."

He said the Challenge is a great way for participants to make a difference, while also building fitness and health and creating memorable experiences.

To donate or find out more about the Cerebral Palsy Challenge visit www.cerebralpalsy.org.au

LEGO AT THE LIBRARY

Local children will have the chance to join a club specialising in one of the most enduring playthings on the planet tonight, Monday 24th. Mona Vale Library is starting up a Lego club on the first Monday of each month, **Next is November 6th.**

Many residents have fond memories of playing with Lego when they were children. The idea of the club is a place where children can play and explore their creative side with Lego, and be developing their problem-solving skills as well. Ms Howse said "The children can bring their favourite Lego creation to the first session to inspire others."

Ms Howe said that library staff would co-ordinate the two hour session but would welcome parents who would like to be involved during the program. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library. - Park Street, Mona Vale.

The 2011 Overland Judith Wright Poetry Prize for New and Emerging Poets, sponsored by the Malcolm Robertson Foundation, is now open.

Prize is three times publication in Australia's leading literary journal plus a cash prize of $5000, and two runner-up prizes of $1000 each. Entry is open to Australian residents who have not published a book of poetry. Entries close 30 November 2011.

The closing date is Tuesday 15 November 2011. The winners will be announced in March 2012. Entry forms and criteria information here

Tweet | Like | Share

FIRST IN NSW AND A FIRST FOR THE PENINSULA
Congratulations to Raphael Slater of Bilgola Primary School

The annual 'Australia Remembers' competition is conducted in the NSW, ACT and Branches in conjunction with school Principals and Teachers with entries in three categories: Primary School (Kindergarten to Year 2), Primary School (Years 3 and 4), Years 5 and 6) 'In recognition of the contribution made by Australian servicemen and women from all conflicts, past, present and future, to the development, protection and freedom of our nation, and to promote tolerance, appreciation, exploration, the arts, quiet reflection, education, resilience, the environment and conservation etc.'

All of the Entries is awarded a First Place, presented by Her Excellency, The Governor of NSW at Government House, a Second Place and Five Merit Certificates.

In the Northern Beaches area, the Bilgola Plateau Public School competition is coordinated by Mrs Jenny Bell, Year 6 Teacher and **the presentation will be made by the Governor on 4th November, 2011.**

The photo shows Raphael being congratulated by Bilgola Plateau School Assistant Principal

11th August.

Bogsletters at Avalon Bowls Sunday 16th of October

Pictures are Top: Paul Wheeler and Ivor Simpson-Kennedy. Above: Simon Abbott and Trisha Mallett

Songs for Soibada II Also on Sale at Pandex & Pepperpots Art Cafe and Jonathan Hicks Restaurant, Avalon

PITTWATER COUNCIL

From The Pittwater Online Report

PCYC bid approved by Council

The Council has set up its $2.5 million of state government funding to build a PCYC next to Pittwater Rugby Club at Church Point. Council and the PCYCs currently operate in NSW and are usually run as a youth, community centre for the area. It is not clear if the Council is successful in getting funding, work on the new centre could start in mid-2012.

- Read the Council report

Cemetery plans on exhibition

Warringah Council, which the Council operates, is set to get an upgrade, with improved landscaping, extra space devoted to memorials and a columbarium. The Council has allocated $1.5 million over the next 10 and the plans will be on exhibition from 24 October. Some forty memorials of deceased people to check ownership of graves. Mayor Rob Stokes explained that the aim of the exercise is to "do all we can to address that," said Andrew Piggin from the Council. The Council is also looking at the possibility of a new cemetery in the area, but acknowledged that this would be a long way into the future. - Manly Daily

Bush cowboy mower project

Two Council consultants have set up a new not-for-profit service, repairing computer equipment and then donating it to needy families. The service, called Rescue Computers, has been set up in Mona Vale and is already busy because many operating of it are unable to afford new computers, reburbish them and then have a new home. More info on the service

Town set to explode

The Council has had a number of fireworks displays in the past, but the Manly Festival of the Sea holds the distinction of being the first to have a pyrotechnic display choreographed to music. The display will be synchronised with notes of Beethoven's Ninth and Handel's Water Music. - Manly Daily

Where has this Eagle gone ???

Our History page recently featured small glimpses into the life of Percy Austin, formerly of Avalon. When speaking to his grandson, Neville David Cayley, who kindly filled in some of the gaps and research could not find, we discovered the eagle shown below, which had been made by the husband of Alice, (Neville W.'s sister) and after the death of Percy Austin, was in Taronga Zoo prior to disappearing. If anyone knows its whereabouts, we have happened to it, please contact us, so we can let Mr Cayley know.

Pittwater Offshore Newsletter Update 25/10/2011: click on Logo. Also has an Extensive Local Diary

Contact Lists | Marinas | Boat Ramps | Tourist Spots

Pittwater Offshore Newsletter

To contact Julian: editor@scotandisland.org.au

From Elsewhere:

Community to play a vital role in sustainable resource funding the Hon. Joe Luckey, Minister for Agriculture, Fisheries and Forestry

PORTFOLIO: Agriculture, Fisheries and Forestry

Shadow Minister for Agriculture, Fisheries and Forestry Senator the Hon. Minister for Agriculture, Fisheries and Forestry, Senator the Hon. Joe Ludwig, Minister for Sustainability, Environment, Water, Population and Communities, Tony Burke, and Minister for Regional Development and Local Government, Simon Crean, announced the establishment of the Regional Natural Resource Management Investment Committee.

PORTFOLIO: Health and Ageing

Minister for Health and Ageing Minister for Health and Ageing, Mark Butler, has announced the single biggest investment in dental health and medical research in Australian history. The Minister for Mental Health and Ageing, Mark Butler, today announced the Australian Government will provide $1.5 million to establish a Centre of Excellence in Australian Ageing. The Centre will be based in Australia's Northern Territory at Flinders University.

PORTFOLIO: Health and Ageing/MP/ABC

Oder Australians getting their teeth fixed - The Hon Mark Butler MP

PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs

SHIPPET: Huge boost for child care centres - Federal Member for Lindsay Jodie Owens and friends through how the access to the internet under the Australian Government's Broadband for Seniors initiative, has never been easier for them. The Government is also supporting seniors to get out and about with the funding of $27 million for the Australian Government Volunteer Grants program for Australia's Great Southern Land services. These concessions are part of the Australian Government's Concessional Card Seniors Health Card Holders up to $651 for Medicare Benefits Schedule (MBS), $52 on the Pharmaceutical Benefits Scheme (PBS).

YANNI - VETERANS URGED TO STRENGTHEN THEIR MENTAL HEALTH

PORTFOLIO: Defence

SHIPPET: The Minister for Veterans' Affairs, Warren Snowdon, today joined Member for Solomon Natasha Griggs in urging all veterans to connect with their mates and consider their mental wellness during Veterans' Health Week. While Veterans' Health Week is a time to focus on the mental health of veterans, Mr Snowdon said veterans could also take the opportunity to learn more about the services available to veterans, and to become educated about the importance of their own mental health. "Veterans' Health Week is a time to encourage veterans to support their local veterans, and consider hosting events this Veterans' Health Week and into the future," Mr Snowdon said.

Indigenous music festival inspires Stringed students to attend school

PORTFOLIO: Education, Employment and Workplace Relations

SHIPPET: Over 250 Indigenous students from five schools in the Kingfisher region have come together to celebrate the Western NSW MORFEST, funded by the Australian Government's Quality Teacher Programme (AQTP).

Report shows lot of clubs will be profitable under pokies reforms - The Hon Jenny Macklin MP

PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs

SHIPPET: Minister for Families, Housing, Community Services and Indigenous Affairs, Jenny Macklin, today released the Australian Gaming Machine National Industry Report which found that a lot of clubs will be profitable under the Government's changes to poker machines venues are introduced. Ms Macklin said the report will guarantee community investment rules which have been introduced to help reduce the pokies and community groups. This report clearly confirms that local clubs and pubs will be profitable under the Government's reforms. Clubs can protect your Electronic Gaming Machine (EGM) revenue.

Minister helps the Big Issue raise awareness and funds - Senator the Hon Mark Arbib

PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs

SHIPPET: Minister for Social Housing and Homelessness Mark Arbib today marked the launch of The Big Issue's annual Sleep Out. The Big Issue is a fortnightly magazine sold by homeless people to provide them with an opportunity to earn an income and improve their homelessness. The Australian Government is a big supporter of The Big Issue in its efforts to help homeless people. Mr Arbib said "The Big Issue is a great homelessness in our community. Senator Arbib said the Australian Government has made homelessness a national priority and is working towards halving the rate of homelessness and providing supportive accommodation for an additional 20,000 seek this2020

A clean energy future for Commodity Resource Hub | Prime Minister of Australia

PORTFOLIO: Prime Minister and Cabinet

Prime Minister Julia Gillard and Minister for Chifley Ed Husic MP today visited the Hill Industrial Estate Commodity Resource Hub in Greystanes in Western Sydney. Ms Gillard said the Australian Government will provide $5 million under the $34 million Clean Cities Initiative. Ms Gillard said "This is the way we see the Federal Government is investing in a clean energy future for Australia.

ATT urges public to protect Bankstown against electricity line construction Federal Police

PORTFOLIO: Attorney-General's

SHIPPET: The Australian Federal Police (AFP) has today released an identify fraud awareness survey aimed at empowering members of the Australian public to protect themselves against identity crime. The survey was released by Assistant Special Reference, Scott Lee, and coincides with the launch of the Australian community hundreds of millions of dollars each year and according to the Australian Bureau of Statistics at least five percent of the Australian population has been victim of personal fraud, of which one fifth was identity fraud. For more information on identity crime and how you can help, you can protect yourself from identity fraud, visit the website at: CrimeStoppers.com.au

News Station

PORTFOLIO: Agriculture, Fisheries and Forestry

SHIPPET: New research from the Rural Industries Research and Development Corporation (RIRDC) has found that the majority of Australian consumers are willing to pay more for products that are produced in a way that is environmentally friendly that you can find. The National Health and Medical Research Council dietary guidelines recommend a regular intake of foods rich in omega-3 fatty polyunsaturates and the consumption of foods is especially important for pregnant women. The - Fiona Simson, Minister for Agriculture, Fisheries and Forestry, announced the student welfare component, he said.

Community groups encouraged to take part in extended school chaplaincy and welfare program

PORTFOLIO: Education, Employment and Workplace Relations

SHIPPET: Minister for School Education, Early Childhood and Youth to take part in the Extended School Chaplaincy and Student Welfare Program. The program is being expanded to an extra 1000 schools from next year. Minister for School Education, Early Childhood and Youth, Peter Garrett announced today that to take part in the expanded program are now open. We're looking for groups who are already working in schools, and who have the capacity to support students and their families, and to work with school communities to help them to develop the student welfare component, he said.

Australian Heritage Week 2012 announced - media release, 20 October 2011

PORTFOLIO: Sustainability, Environment, Water, Population and Communities

SHIPPET: Minister for Sustainability, Environment, Water, Population and Communities, Tony Burke, announced today that the 2012 Australian Heritage Festival (2012) will run from 14 - 22 April. When every successful Inaugural Australian Heritage Week in April 2011, I am looking forward to an even greater number of celebrations and events right across the country for Australian Heritage Week 2012.

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Pittwater Online News

October 23 - 29, 2011: Issue 29

The Converse of Tuluc Amon: Voice IV : The Second Wolf Summer and the Seventeenth U Cup.

I am sweet in my gloaming tide, when my temple eyes make my skin all gold and pink and keep both sun and moon in pink gold sky. This sweetness is thick like the honey that rises then, and thin as the crystal in my waters in this flows' measures. I am sweet. I am glory. I am warm breaths rising to meet rain kisses. Green, green, green. Glory halo. Cupped full honey.

That other spark is in me this middle of summunah summer, the spark of larger tides, and this other spark rising in me tolls this will be a wolf, a dolffen summer, in earth and in sea and in sky. Wolf Summers come when we are all pining to see the ancient path beneath our feet once more and have the sureness of the true way.

The gathering and the spark ... the gethering and the spark ... the full basins, full cups, and the flows.

I see my Sutude. I see my Braha. Their breaths' are among my own. I see Sutude turn from the paths' tread to glance where Braha pauses, looking east through the trees.

MaunThea MaunShea in meaning, and being, is the will of seas, the Dream inside Mollin Umrill. The will of seas is pale greenblue breath from my sun lips. Where these waters gather around banks of swamps to make rivers and deep currents you can taste this sea and earth breath. I was dreaming of a great ringed water song, and waves that prowled twenty feet high along the horizons, sometimes turning in towards the earth, when the measures of currents and banks and basins became the tides that make time in my belly songnamed 'MaunThea.' This is a place for the yolan. This is a place Amar, lion, can stand and tune all my elements from. This is a place for duphhinius of the sea and dullfen of the land.

The verses of this belly are in measures of waters. Swells with rhythms of seven waves and swells with rhythms of five waves, and in wolf summers, swells that reach my shores in rhythms of eleven waves, sing their meanings into being.
I am replete. My songs are manifold.

In the full moon rising, in this full honeyed cup of my second wolf summer, MaunTHea, the belly of my bellies of oceans, is marking the ways of the wolf summers' flow, that great golden path, in tides around my Sutude and my Braha. Reflecting them. Conversing to them in their own golden rhythms. Rejoicing with them. Rejoicing in their existence, in their sparks of gold breaths mingling with the greenblue breath from the belly of my seas.

They stand shin deep in the pool of Minya. I send waves of fish into Minya to feed yolan and their kin, to fill their bellies with the innate nature of me, the nature of love. These fish are Unth, making the wave they come in Unthar, which is 'utterance' of breath, my bluegreen breath, even though Unth are silver in spark, skin and movement.

Braha songs to Sutude that these are alike the salmonal that rush, in their seasons' wave, through all the rivers of Mollhullin. I song to both that these sparks come, like rain, to swell all bellies in the middle of my great turnings. This is all during my kismet tides, greenblue breaths, green breaths, blue breaths, and the gold breath.

Braha knew while standing beside Sutude in this place, that all Sutudes' runs to these many places, stirring up the aromas from the grasses with his pads, is a meaning being. He recalled for moments the songer Chants Tides and how she told of her people moving from one place to another to sing from these places when their bellies are full and the sunrises over those full places are pink, and gold.

'*Nommemenon nomad.*' I whispered into him, so he could glimmer the paces of feet of those such as Chantide. They are always on warm paths. They are always eating fruits of seasons, sweet salmonal. This is the tone inside every warming, the tone that was made in the first wolf summer. Every warming a little wolf summer, of the flowing gold stream, comes out of me. And this, my second wolf summer, made by the paces of Sutude and a longing Braha, makes all of me as one gold spark, brighter then sun, and swelling with honey as if one of my dreams to come is of a kismet time, a meaningbeing that is beyond, even flowing from, these large meeting tides.

You can taste my nature in the very air of a wolf summer, as if there are no veils of senses in you and no veils of earth form, water form and air form in me. The moon rises orange, drips gold down purple sky. The measures of the heavens around me are thick velvet blue. The waves crossing in them, making wulffen sparked paths, come closer, mingle with the dews in my grasses.

Extract from Village Green, *The Meeting Age*, Copyright A J Guesdon 1985-2011.

Park Bench Philosophers

We are seeking contributions from all Pittwater residents in the form of anecdotes, memories, stories or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1000.

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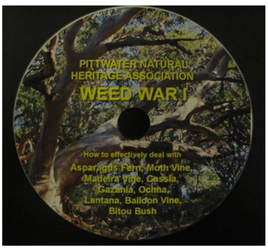
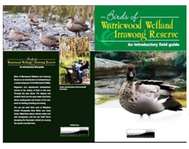
Above: PNHA has been active in attacking Asparagus Fern for several years. We think it's Pittwater's worst weed. It can survive the worst drought, can grow in many different types of bushland and in gardens, smothering other plants. It usually has to be dug out plant by plant. This can be a big job. However, **you only need to cut out the crown or central growing point.** The white bulbs on the roost are only for water storage and can't grow when the rest of the plant is gone.

Just released Weed War I





Introductory Field Guide to the Birds of Warriewood Wetland and Irrawong Reserve will give you a good start on birdwatching here, $20, available from **PNHA**. All proceeds go to conservation work in the wetlands. Available at:

http://pnha.org.au/publications/

Above: Pittwater Spotted Gum (*Corymbia Maculata*) forest near Rocky Point. Photo by Marita Macrae.

All Images Copyright PNHA and Friends. All Rights Reserved. Click on Logo to visit their website.

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Pittwater Natural Heritage Association

rst began Pittwater Online News one of the organisations we have r advice or clarification on plants and animals in Pittwater is the atural Heritage Association. With a Charter that seeks to raise and provide information to members on a wide range of tal aspects, including keeping our waterways healthy, living with als, bush friendly gardens and even building and landscaping to visual qualities of local landforms, PNHA works hard to preserve t our natural heritage. Their regular 'weeds out' days have ensured r local bush reserves and dunes aren't choked by the likes of lantana us fern. Bushwalks when native flowers are in bloom seek to share local flora as well as enjoy our beautiful natural parks. This week we portunity to share a little more on one of most valued local assets.

asis is on raising awareness of the conservation value and natural beautiful Pittwater. How is this best put into action?

sis is on raising public awareness of the conservation value and tage of beautiful Pittwater. We do this by our Activities program, our ewsletter, website, (www.pnha.org.au) and stalls at Market Days – the Sustainable Living in Pittwater Expo on October 9th ntly popular activity is Breakfast with the Birds, usually held at d Wetlands. Many people like seeing native birds, but this activity birds to their habitat. We explain the birds' habitat needs, and come aware of why so few of the small bush birds, such as Fairy stern Spinebill and other insectivorous birds can be seen in suburban areas now dominated by bigger "bully" birds.

range of projects you are currently engaged in or will be in the

cts:

nity Action Grant project, Pittwater Estuary Care, from Hawkesbury atchment Management Authority, is helping to fund our campaign paragus Fern and control weeds along Careel Creek and around . Tubestock of local native plants is being planted to replace weeds te habitat for fauna.

sisting with the establishment of a Landcare Group engaging s who are neighbours of Bangalley and Careel Head reserves in n.

out to Pittwater Council on environmental issues in the local t area, for example the plan of management of Ingleside Chase n the escarpment behind Mona Vale and Warriewood.

ground bush regeneration, targeting Asparagus Fern, Pittwater's d at various sites, eg Rocky Point, Governor Phillip Park (Barrenjoey rimmetta Headland. **Our fourth Rocky Point Asparagus Fern Out on November 12th.** Last year about 60 people participated and abulous lunch afterwards. You need to **book by November 7** to gmail.com or Phone 0439 409 202.

duced a DVD, **Weed War I** , to help people identify and control dious weeds in our area. Lantana, Cassia, Madeira Vine, Asparagus thers are not hard to deal with after you've seen a demonstration. om PNHA for $10.

ublished an **Introductory Field Guide to the birds of od Wetland and Irrawong Reserve**, with about 70 birds ed and described. The book introduces people to the area and ning bird watchers. RRP $20

ds highlight the flora, fauna and scenery of our area. You write your ge. These are very popular at market days and so on.$2.00 egistered Landcare group, with insurance suitable for our activities

e places on your crew for new members or participants to join in on

ly do – in our bush regeneration and other activities and we new members into our organisation. Quite a few people participate le the Pittwater area too.

e a Youth Training Program or activities to engage the next of conservationists?

t present but are mindful of the need to bring younger people into the tal movement and are always looking for ideas of how to engage unger generation.

Association's favourite place in Pittwater?

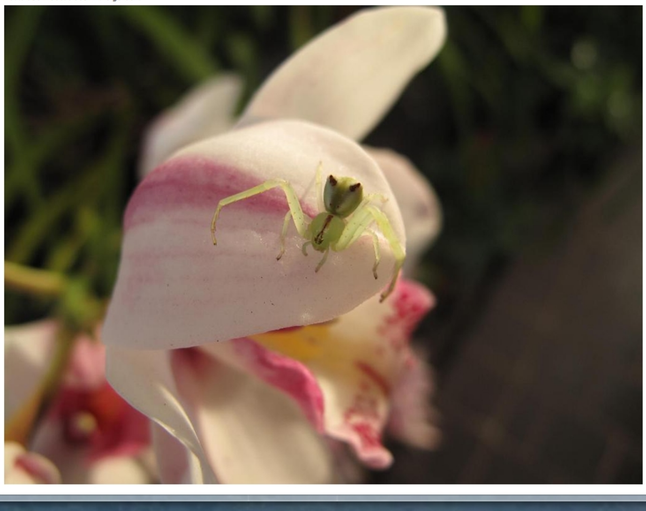
of PNHA is tied in with the campaign to save the Warriewood t bushland from subdivision in the early 2000s and the restoration of wood Wetlands and Irrawong Reserve. These are oases of natural s in our increasingly urban environment. There is always a new facet observe, and the good feeling that habitat is saved for fauna such rbirds, Sugar Gliders, endangered frogs and so on. In Warriewood ly 100m away from a busy shopping centre, you have the chance to of the 170 birds species recorded for this area, or a walk along the t reveals Eucalypt woodland with original heathland understorey of revilleas, boronia, wattles, peas, native fuchsias and flannel flowers.

IHA's motto ?

A heritage too good to lose.

Below: Eastern Yellow Robin on nest at Ingleside. One of our most popular cards. Photo: David Palmer.

Below, **Crab Spider**. Sit and Wait is this spider's hunting strategy. It's a female Crab Spider, *Sidymella rubrosignata*. Its front legs are much longer than the rest, used for grabbing its prey, an insect visiting the flower. It doesn't spin a web, but uses a silk thread to secure its position on the petal. This spider is one of the gardener's many tiny allies . A good reason not to use insecticides in the garden.



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Frederick Victor Grey Wymark

6th October 1872 – 19th October 1942

Above: F. V. G. Wymark (signed) by Montgomery Dunn, Digital Order No. a1322006 from Portraits of the Royal Family and Sir Frederick Darley, E. W. O'Sullivan, Sir William Dixson, A. H. Spencer, F. V. G. Wymark] Collection, Date of Work: 1897-1922
Below: 53. Frederick Victor Wymark of Angus & Robertson, Digital Order No. a421053 from Miscellaneous Photographic Portraits Collection, Date of Work: ca. 1877-1918. Both Courtesy State (Mitchell) Library of NSW.

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FVG Wymark was born in Stawell, Victoria, to Frederick George, a schoolmaster from England and his Victorian wife Ann (nee Sykes) . The family moved to Sydney and by age 13 Frederick began working for David Mackenzie Angus who opened a bookselling business in Market Street in 1884. George Robertson joined the business in 1886, establishing what was to become the famous Angus & Robertson partnership.

On October 17th, 1894 he married Emily Sophia McCure . The ceremony was conducted by the Rev. E. Tremayne Dunstan and they had two children, Ada (born 1895) and Charles Frederick (born 1897) who were brought up and schooled at Balmain.

In 1899 when Angus retired, Wymark, who had already been placed in charge of the second-hand section and the Australiana works, brought many of his shares and became a Director in 1907 when Angus & Robertson became a public company.

Described as being 'Tall, fair, blue of eye, big boned, quick-minded and quick-moving', Wymark combined 'the heart of a child' with a businessman's 'faculty of seeing instantly and clearly'. He persuaded his fellow directors to purchase the freehold of the Castlereagh Street shop and the adjoining building. In 1909 he instituted the firm's art gallery where his son Charles later worked.' (1.)

Charles also became a businessman at Church Point where he was granted a lease to run the store, a boatshed and wharf in 1927. Charles remained in this business, hiring and selling boats, originally running a ferry or launch service of some sort, until at least 1954. He and second wife Marjorie, who also had a love of books and recording histories for all who come after, are buried in Wilberforce Cemetery on the Hawkesbury.

Frederick Wymark had a weekender at Church Point too although resided at Rose Bay until his retirement to the Church Point home.

Frederick Wymark's great contribution to Australia was his love of books, tracking down whole libraries of Australian works for David Scott Mitchell (whose bequest of his collection began our own State Library) and Sir William Dixson. Both men readily acknowledged their debt to him for the rarities and unique items he managed to track down and secure for them, and in their bequeathing them to all New South Wales people, for us.

Frederick had a reputation for investigating any offer to peruse works, a habit of nature that secured James Cook's letter on naming the east coast 'New South Wales' and original coloured drawings for John Gould's 'The Birds of Australia'.
His love of old books grew and became a love of medals, coins, portraits, maps, charts, signed letters, in fact almost anything and everything Australian, the wealth of which we would obviously be poorer without. This gentleman passed away at Church Point in 1942.

References;

1. **Wymark, Marjorie**, 'Wymark, Frederick Victor Grey (1872–1942)', Australian Dictionary of Biography, National Centre of Biography, Australian National University, http://adb.anu.edu.au/biography/wymark-frederick-victor-grey-9206/text16263

Research; in file below.

Frederick Victor Grey Wymark Research.pdf
Size : 70.243 Kb
Type : pdf

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Generation One's 2011 Hands Across Australia School Song Competition

The Winners of the 'Hands Across Australia were announced during the week and were Yirara and Living Waters Colleges in Alice Springs and Collarenenbri Central School.

GenerationOne's groundbreaking Hands Across Australia School Competition for 2011, a unique national competition gave schools the opportunity to showcase their performing arts skills.

Partnering with the Australian School of Performing Arts, the competition encourages teachers and students to actively engage with the issues of Indigenous education, employment and training and ending the disparity between Indigenous and non-Indigenous Australians in one generation – this generation.
Both entries into the competition were awarded a GenerationOne – Hands Across Australia Education Award valued at $15,000.

A record 130 schools entered the competition this year, one of which was Pittwater's own Maria Regina Catholic School at Avalon.

Their entry may not have been the winner but it's certainly very good and great effort on the children, parents and teachers involved. Well done and congratulations to all for a great effort.

Their video is at the side> for this week so you can see how great they are.

From The Pittwater Report Online:

PCYC bid approved by Council

The Council will put in a bid for up to $2.5 million of state government funding to build a PCYC next to Pittwater Rugby Park at North Narrabeen. Around 50 PCYCs currently operate in NSW and are usually run as a youth & community centre backed by local police. If the Council is successful in getting funding, work on building the new centre could start in 2014.

- Read the Council report

PITTWATER COUNCIL

Parent Forum on Cyber Bullying and Social Media
Understand some of the issues teenages face in the ever changing environment of online social media

Date: 10th Nov 2011, Time: 7pm - 9pm

Start a conversation with your teenager about cyber bullying and social media. Best Enemies is an anti-bullying program which includes a 12 minute film based on the true experiences of a teenage girl. Launched in 2009, Best Enemies has visited over 75 schools across a number of communities and organisations. The program addresses the key issues parents face in supporting their children navigate social media. Presented by Best Enemies Chief Executive Ross Bar, youth specialist Kim Huckerby and the young actor who plays the lead character in the film.

Discussions will include:

Online privacy
Digital reputation
Cyber safety
Online and offline bullying
Behaviour management
Social skills and communication techniques
Parents are welcome to bring their teenagers.

RSVP: by Thursday 3 November to suzi_pawley@pittwater.nsw.gov.au or call 9970 1152

More information: www.bestenemies.org

No charge for mobile phone calls to Lifeline from anywhere in Australia

Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

New Website for Northern Beaches Youth

Manly Council has recently launched a website for young people that is run by young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and MySpace Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below:

www.northernbeachesyouthinfo.net.au

www.facebook.com/manlyyouthcentre

www.myspace.com/manlyyouthcentre

Soundwave 2012
SUN 26 February 2012 at SYDNEY SHOWGROUNDS

General Public on sale: Thu 20 October, 9am
From
http://www.soundwavefestival.com/

Call for youth to represent young Australians

PORTFOLIO: Education, Employment and Workplace Relations
SNIPPET: Young people across Australia have the opportunity to represent their peers on an influential committee which drives public debate and community engagement on youth issues. The Australian Youth Forum is about engaging young people and the youth sector in an ongoing public debate on issues that affect the lives of young Australians. The Australian Youth Forum was established in 2008 as a formal communication channel between the Australian Government, young people (aged 15-24) and the youth sector.

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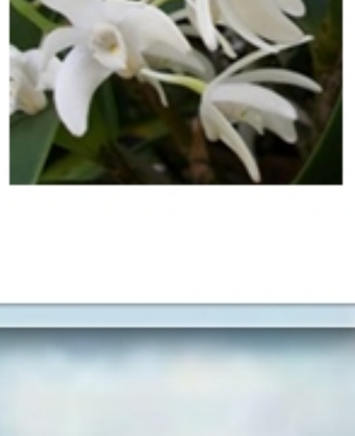

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PITTWATER COUNCIL

SEEKING SENIORS INPUT ON SOCIAL INTERACTION

The state government's Home and Community Care program, local councils and community service organisations are encouraging seniors over 55 to take part in a short survey to aid future planning for seniors. The survey has already been sent to associations such as the Australian Unity, the Home Library service, activity centres and domestic care services on the northern beaches.

Pittwater Mayor Harvey Rose said the aim of the survey was to find out about the social interactions seniors have with their family and friends, community organisations and social groups. "The results of the survey will be used to improve planning and services for older people on the northern beaches," Cr Rose said.

Research officer Julie Gee said the organizations carrying out the survey also wanted to find out if seniors were aware of different guides and reference material available to them.

"To encourage participation we're offering five double passes to Warringah Council's Annual Christmas Concert Shalom Andrew & Friends. The concert will be held on Tuesday 13 December at the Glen Street Theatre with transport available if required," added Ms Gee.

Copies of the survey can be obtained by calling the Social Inclusion Working Party research officer Julie Gee on 0414 94 54 71 or email juliegee@optusnet.com.au
Completed surveys are to be returned to in the reply paid envelope provided by Friday 28 October 2011.

Alternatively the survey can be completed online at
www.surveymonkey.com/s/Aged_Client_Survey

Independent Website for Elders:
http://www.agedcarecrisis.com/about
About us
We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities.
We do not receive any funding
We are not affiliated with any government body
We are not affiliated with any religious body
We are completely independent
www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

Contact Community Care Northern Beaches by clicking their logo:

CCNB COMMUNITY CARE (NORTHERN BEACHES) LIMITED

Relativity
George Philip Smythe

Do you see that young lass on the Front page this week, abseiling down the AMP building in 3 minutes flat? And a grandmother! While I was growing tall one of my grandmothers used to state to me repeatedly "I'm going to die soon". Thirty years later she, in fact, did die, which wasn't soon at all as it turns out. I think she talked herself into it, eventually, but obviously was recalcitrant at core and not easily persuaded.

Mildred and I have a similar friend who has been telling us since his early fifties "I'm going to die soon." But hasn't, bless his heart, yet. We'll be into late in our eighth decade next March and April, (me first), so he too has proved obdurate and unconvinced even by his own assertations. It has caused a deep set dour cast to be the main expression on his face though, outside of the times I tell him my jokes.

When we were both in our 50's he held out a ruler we were measuring planks for a new shed by and stated, "See this mark here, that's 50, see this one here, that's 75, which is as long as the average man lives. Now, if you look at us here, at 50, you can see that we're way past the halfway point. We're more then half way through our lives."

I scratched my chin and raised a few facts about how no one is average, really, and people have known to live well into their 90's and early centuries nowadays, body failing perhaps, but mind still sharp as a tack.

"No." my friend insisted, "We're going to die soon."
"I'm not." I told him. I always answer 'I'm not' when people try to tell me I'm in 'that time now'. I don't see why I can't remain active or any reason to stop doing my swims, my garden or meeting up with the young ones down at the water to show them how to sail a boat. As far as I'm concerned 70 is the new 40 and 80 may as well be too.

It's all relative and a positive determined outlook does wonders. Even those among us who have their chin set firmly in the opposite direction seem to be still attending meetings of Not-Anonymous Grumblers way past the time such mutterings should have faded, according to their own prophecies. It's all about engaging with others, doing your walks, doing your stretches, joining in, reaching within and without. If relativity is all about how energy doesn't disappear but simply shifts into another medium then we who are meant to have less energy are really just shifting what we still do have into more select pursuits.

Will I still need me…will I still feed me? While the mind is willing and the body able…You bet I will !

Above: Beatle's song 'When I'm 64' from the Yellow Submarine movie and Sgt. Peppers Lonely Heart's Club Band album of 1964.

The Senior Newspaper Online

Click on logo:

Australian Senior PUBLICATIONS

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or ring the co-ordinator Jenny McLaughlin on 02 9999 1348

Article on their Seminar

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HEARTMOVES | Heart Foundation

Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you.

Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. $8.00 casual

Phone Ingrid to secure your spot on 0405 457 063.
www.heartfoundation.org.au

Pittwater Online News

October 23 - 29, 2011: Issue 29

Identifying Bush flowers of Pittwater

Above is ***Isopogon anethifolius*** a bushy shrub that is endemic to coastal areas near Sydney, Australia and in the ranges to the immediate west. It occurs naturally on sandstone in heathland and dry sclerophyll woodland. Its height usually ranges between 1 and 3 metres. The yellow flowers appear in spring in globular clusters at the end of branches. Rounded, grey cones containing the seeds appear later, formed from the old flower parts. The narrow, divided leaves are up to 16cm long.

Isopogon-from two Greek words meaning 'equal' and 'beard', alluding to the hairy fruits of some species + *anethifolius* - from Anethum, a plant of the flannel flower family, and folium, a leaf (i.e. with leaves like Anethum).They are from the Proteaceae family, Genus: Isopogon. Isopogon Essence: here.

The one pictured here was photographed in the bush leading from Ingleside down the hill to Mona Vale during the second week of September.

Coastal Environment Centre

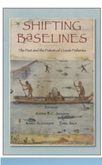
The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship.

More at: http://www.pittwater.nsw.gov.au/environment/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

October Newsletter includes information on local:
- Flora and fauna;
- Weeds and pests;
- Events, workshops and activities;
- Environmental projects and Bushcare Notices.

HERE



Shifting Baselines
The Past and the Future of Ocean Fisheries
Jeremy BC Jackson, Karen Alexander, Enric Sala
Explores the implications of a groundbreaking idea:

we must understand the oceans of the past to protect the oceans of the future.

DUE Sep 2011 - 284pp
Paperback - 9781610910019 - $55.95

How Green is a Spotted Gum when Wet?

CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/

http://www.petitionspot.com/petitions/savethetamar

2006-05-14 10:36 Kyla.sb 874×536×8 (51987 bytes) *Tamar river from Brady's lookout (near [[Exeter, Tasmania|Exeter]])*

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

Breakfast with the Birds & Bird Survey at Warriewood Wetlands, Sunday 30th of October

Summer breeding birds will be here. Sydney Freshwater Wetlands are a rare habitat in Sydney. Bring: Binoculars if possible. We can lend some. Cost: Tea/coffee and cake $2.00. To Book: 9918 3368 or pnhainfo@gmail

Rocky Point Asparagus Fern Out Field Day, November Saturday 12th.

Rocky Point is on Pittwater's western shore, near Elvina Bay. Magnificent Spotted Gum forest needs to be saved from Asparagus Fern. We start the day with a free ferry ride from Newport. Last year over 60 people came to attack Asparagus Fern with great results. Join the local bushcare groups for another Big Day Out, with a Gourmet Lunch as the finale. This really may be the end of Asparagus Fern here!
Bring: gloves, water to drink.
Wear: long trousers and sleeves, enclosed footwear
Sponsors: DATS Environmental Services, Pittwater Council, Hawkesbury Nepean Catchment Management Authority and NPWS
Cost: Free
RSVP: pnhainfo@gmail or phone 9918 3368, 9918 7190 or 0439 409 202

WWF Australia
New reports highlight the urgent need for marine sanctuaries
Australia's north and northwest teeming with rare and threatened marine life – WWF www.wwf.org.au
New reports released today (18.10.11)reveal critical sites for rare and threatened sealife - including ancient coral reefs, enormous whale sharks, dugong, snubfin dolphins and humpback whales - off Australia's north and northwest coast.

Sea Turtle © Jürgen Freund / WWF-Canon

Functional Plant Biology
Volume 38 Number 11 2011
Includes: PrometheusWiki: online protocols gaining momentum by Adrienne Nicotra and Emma McIntosh; Goldacre Review: Carotenoids in nature: insights from plants and beyond by Christopher I. Cazzonelli; Evidence that banana (Musa spp.), a tropical monocotyledon, is a facultative long-day response to photoperiod by Jeanie A. Fortescue, David W. Turner and Ronald Romero

Federal Government Media Release:

Renewable Energy Target Cost Recovery Impact Statement published - Think Change
PORTFOLIO: Climate Change and Energy Efficiency
SNIPPET: As foreshadowed in May 2011 as part of the 2011/12 Budget and within the. This Cost Recovery Impact Statement (CRIS) has been prepared for the increase in the fee from, $0.06 to $0.47, for the registration of STCs created from SGUs under the Small scale Renewable Energy Scheme component of the Renewable Energy Target scheme. Follow-on amendments to the Renewable Energy (Electricity) Regulations 2000 were made in December 2010.

Imagine being chained to a fence all day, hungry and in pain, for tourists to photograph.
And when the tourists are gone, you're shut into a tiny, filthy cage to wait out the long, cold night.

There are over 20 beautiful bears suffering this ordeal right now in Romania. They were captured as cubs and have been kept in captivity ever since, mostly for the entertainment of tourists. With years of neglect and trauma, they are in poor condition and suffering mental anguish.

We're ready to help our partners Asociatia Milioane de Prieteni (Millions of Friends) rescue these bears and bring them to the sanctuary. However, with 58 bears already saved the sanctuary is full, and we must build the final enclosure to make room for the remaining bears.

Your gift today can help us extend the sanctuary and provide the safe and natural environment these bears need so desperately. More **Here**

Australian Journal of Botany
Volume 59 Number 6 2011
Includes: Habitat differentiation between estuarine and inland Hibiscus tiliaceus L. (Malvaceae) as revealed by retrotransposon-based SSAP marker, The tortoise and the hare? Post-fire regeneration in mixed Eucalyptus–Callitris forest, Floral phenology and morphology of colchicine-induced tetraploid Acacia mangium compared with diploid A. mangium and A. auriculiformis: implications for interploidy pollination and more

PITTWATER COUNCIL

ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a $50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar."
"It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.
The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar
To submit photos for the biodiversity calendar email ceo@pittwater.nsw.gov.au

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

What Does PNHA do?

On-ground bush regeneration, eg: Asparagus Fern Out Days
Activities: guided walks, bird watching
Quarterly informative newsletter, online or paper
Members email group for leaset environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, $20.00trp, attractive cards with photos of Pittwater scenes, flora and fauna $2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website.

Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council.

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document

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florabank

Florabank recognises and shares the best available knowledge from research and practice in native species seed management.
More at: http://www.florabank.org.au/default.asp?V_DOC_ID=1
Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."

from the Prayer of Saint Patrick

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The Caddy Shack at Palm Beach Golf Club

Sunday is 'rest day' around here. The new Issue is out, hopefully without too many mistakes in it, and after placing as much washing as the line will hold, it's time to eat slowly, walk slowly, and just enjoy the breezes and salt water. A Family Lunch, with ten of us trooping off to Palm Beach's Caddy Shack in the Golf Club is just what a beautiful day needs to be enjoyed even more.

We arrived late, how unusual, and were given a great table on the balcony. The Front Nine lunch menu has hot and cold dishes that can be enjoyed as mains or 'for the table' nibblies to accompany an afternoon cider or ale. The fresh Sydney Rock oysters and a 'Bucket of Prawns' we ordered for the table were complimented by a nice cold crisp SA Semillon from the bar. For mains we had a variety of flathead fillets in a crisp beer batter with chips, burgers, t-bones and even a BLT for our youngest. The salad for all was filled with more then green leaves and quickly disappeared.

The Caddy Shack also has daily Specials. Those on offer on Sunday were a Guinea Fowl Salad or Mud Crab.

The staff were friendly and helpful despite a full house. The view over the golf course and Pittwater its usual resplendence. Altogether a calm and slow end to a busy week and a relaxed atmosphere that sets you up well for Monday.

The Caddy Shack at Palm Beach Golf Club
2 Beach Road
PALM BEACH NSW 2108
Tel : 02 9974 4079

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October 23 - 29, 2011: Issue 29

Water, Earth and Air images from around Pittwater during the last week.

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Pittwater Online News

October 23 - 29, 2011: Issue 29

Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

Above: **The Sentimental Bloke (1919)**
The film is based on C.J. Dennis' 1915 Australian poem The Songs of a Sentimental Bloke. The film was produce by a South Australian company, The Southern Cross Feature film Co, and shot in New South Wales. Most of the exteriors were filmed in the Sydney suburb Woolloomooloo, Manly Beach, Bondi and The Royal Botanical Gardens, Sydney. Interiors were shot at Wonderland City in Bondi. The text on the inter-titles (designed by Lyell) was taken directly from Dennis' poem.
Raymond Longford and Lottie Lyell, the writers/directors/stars were the most successful film partnership in Australia at the time. This film broke all existing box office records after debuting on October 4 1919 at Melbourne Town Hall in Victoria.
This version comes from a second generation VHS copy from a U-Matic video tape distributed by the New South Wales Department of Education in the early 1980s. This is an incomplete version of the film which is Public Domain as all motion picture and literary copyrights in this version have expired under Australian Law.
The negative of this film was recently discovered in the archives of George Eastman House (mislabled "The Sentimental Blonde"). The copyright restored edition premiered in 2004.

WIN a copy of The Bippolo Seed signed by Hugh Jackman!

Hugh read The Bippolo Seed to some very sick kids while visiting The Children's Hospital at Westmead last weekend and we have one copy signed by him to give away! To be in the running to win it, email us at promotions@harpercollins.com.au by 31/10/11 and tell us what your favourite Seuss book is and why. Extra points if it rhymes!

$2 from the sale of each copy between 27th Sept & 31st Oct will go to helping The Children's Hospital at Westmead!

The amazing stories are full of typical Seuss humour, rhyme and rhythm and are all beautifully illustrated. They include 'The Bippolo Seed' , in which a scheming cat leads an innocent duck to make a bad decision ... From Harper Collins Australia

CSIRO Publishing had 3 books recieve certificates of commendation at the 2011 Whitley Awards. Hosted by the Royal Zoological Society of New South Wales, the annual Whitley Awards are presented to exceptional new publications dealing with the fauna of Australasia. The Books by CSIRO that we should all take not of are:

Commendation for Regional Natural History:
A Bush Capital Year
A Natural History of the Canberra Region
Ian Fraser, Peter Marsack
Follows a year in the nature reserves, rural and suburban areas of the ACT.
2011 - CSIRO PUBLISHING - 9780643101555 - $49.95 - Also available as an eBook

Commendation for Ecological Zoology:
Forest Phoenix
How a Great Forest Recovers After Wildfire
David Lindenmayer, David Blair, Lachlan McBurney, Sam Banks
The moving story of ecological forest recovery in the wet forests of Victoria following February 2009 wildfires.
2010 - CSIRO PUBLISHING - 9780643100343 - $39.95 - Also available as an eBook

Commendation for Field Guide:
A Guide to the Katydids of Australia
David Rentz
Explores this diverse group of commonly seen insects, comprising about 2000 species in Australia.
2010 - CSIRO PUBLISHING - 9780643095540 - $49.95 - Also available as an eBook
More Information on all three Available HERE

Tweet +1

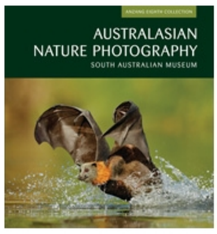
Photoshop Fun

Forbes **Dropbox: The Inside Story Of Tech's Hottest Startup** - forbes.com
Dropbox's ascent has been stunning. The 50-million-user figure is up threefold from a year ago, and it has solved the "freemium" riddle, with revenue on track to hit $240 million in 2011 despite the fact that 96% of those users pay nothing.

The Great Tech War Of 2012 - fastcompany.com
The four American companies that have come to define 21st-century IT and entertainment are on the verge of war. Over the next two years, Amazon, Apple, Facebook, and Google will increasingly collide in phones and tablets, apps, social networking, and more.

The Perks of Working at Google, Facebook, Twitter and More - mashable.com
See what perks you get as an employee of Facebook, Google, Twitter, LinkedIn, Eventbrite, Tagged and Gaia.

eBooks
CSIRO PUBLISHING now offer most of our new releases as eBooks, as well as a large number of important backlist titles. If you are new to eBooks, or would like more information about CSIRO PUBLISHING´s eBook products



Australasian Nature Photography
ANZANG Eighth Collection
Australasian Nature Photography Series
South Australian Museum
Australasian Nature Photography: ANZANG Eighth Collection presents the finest photographs submitted to the ANZANG Nature Photographer of the Year competition. Each photograph is accompanied by technical information as well as anecdotes about how the picture was taken, which will stimulate yet further interest in the flora and fauna and their conservation in the region.
Congratulations to Ofer Levy who has won the 2011 ANZANG Nature Photographer of the Year, and to all the category winners featured in the book.

Marine and Freshwater Research
Volume 62 Number 9 2011, September 21; Special Issue: Climate Change and Australian Aquatic Environments, Fish and Fisheries

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Old Books: October 2011

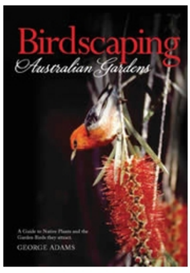
Australia !

Australia 1908.

Author: Lang, W H of Australia; Lambert, George W., ill
Subject: Australia -- Discovery and exploration
Publisher: London and Edinburgh : T. C. & E. C. Jack

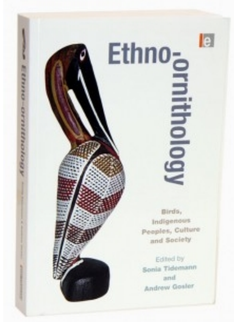
Australia 1916.

Author: Gregory, J. W. (John Walter), 1864-1932
Subject: Australia
Publisher: Cambridge, Univ. Press



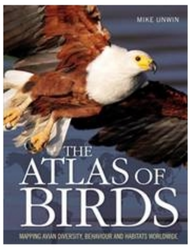
Birdscaping Australian gardens: a guide to native plants and the garden birds they attract.
Adams, George.
[Vaucluse]: D&G Publishing, 2011. Quarto, dustwrapper, 363 pp., colour photographs, line drawings. $60.00

Wake up to the sound of birdsong! This potentially life-changing book will show you how to turn your garden into a refuge for birds and butterflies by growing the native plants that attract them.
Take a bird's eye view of your backyard with native plant expert, George Adams as he shows you how to create a sanctuary with year-round avian appeal. This book will help you identify the most common garden birds and show you how to grow and maintain the native trees, shrubs, grasses, groundcovers and wildflowers that they love.
Unique Planting Tables will show you how to select plants for a continuous supply of fruits, flowers and seeds to keep your bird guests happy all year round. In the Bird Directory, learn about the fascinating private lives of our most common garden birds and their amazing interdependence with our native plants.
At home on any coffee table, Birdscaping Australian Gardens is a beautifully illustrated book packed full of stunning photography and the author's superbly detailed drawings.



Ethno-ornithology: birds, indigenous peoples, culture and society.
Tidemann, Sonia, and Andrew Gosler.
London: Earthscan Publications, 2011.
Quarto, paperback, 346 pp. colour photographs, black and white illustrations, maps, tables. $75.00

This book presents new knowledge that until now has not been readily available as it has not previously been captured or reported by indigenous people.
Indigenous knowledge that embraces ornithology takes in whole social dimensions that are inter-linked with environmental ethos, conservation and management for sustainability. In contrast, western approaches have tended to reduce knowledge to elemental and material references. This book also looks at the significance of indigenous knowledge of birds and their cultural significance, and how these can assist in framing research methods of western scientists working in related areas. As well as its knowledge base, this book provides practical advice for professionals in conservation and anthropology by demonstrating the relationship between mutual respect, local participation and the building of partnerships for the resolution of joint problems. It identifies techniques that can be transferred to different regions, environments and collections, as well as practices suitable for investigation, adaptation and improvement of knowledge exchange and collection in ornithology.
The authors take anthropologists and biologists who have been trained in, and largely continue to practise from, a western reductionist approach, along another path - one that presents ornithological knowledge from alternative perspectives, which can enrich the more common approaches to ecological and other studies as well as plans of management for conservation. Includes a colour plate section. Also available in hardcover [stock id 31144].

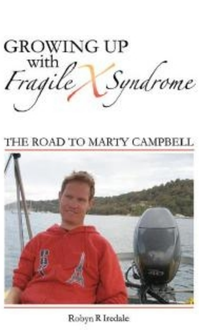


The Atlas of Birds
Mapping Avian Diversity, Behaviour and Habitats Worldwide
Mike Unwin
144 pages, Publisher: Bloomsbury, Paperback - September 2011, ISBN: 9781408134702 - AU $ 39.99
Authoritative and concise, this beautifully illustrated atlas captures the dazzling diversity of bird life around the world. Its stunning full-colour maps reveal where birds are found and explain the many factors behind their distribution, while numerous photographs and illustrations showcase the most fascinating and colourful aspects of bird behaviour.

To Contact us regarding your forthcoming Book or Literary Event click: here

Tweet | Like | +1

Book launch for *Growing Up with Fragile X Syndrome* at the Gone Fishing Gallery, Pasadena, Church Point Saturday 29 October, 4pm – 6pm



Growing up with Fragile X Syndrome: The Road to Marty Campbell is the new biography from long time Scotland Island resident, Robyn Iredale.

Robyn is launching her story of raising a son affected by fragile X (FX) and invites those living in the Pittwater area and who work in health and disability services, or who have a personal connection to or interest in fragile X, to attend.

FX syndrome is the leading cause of inherited intellectual disability and the most common known genetic cause of autism. It is found in all races and at all socio-economic levels. Latest statistics indicate 1 in 3600 males and 1 in 4000- 6000 females are affected and that as many as 1 in 280 males and 1 in 125 females are carriers. Every week in Australia one child is born who is fully affected and twelve children are born who are carriers.

Dr Iredale's book describes her extended family's journey along the FX road from Marty's pre-diagnosis at age seven back in 1977, when awareness and support services were essentially non-existent, through the trials and the triumphs of school, sport and employment, to the present.

It also includes vital FX research and information on testing, health issues, education, behavioural challenges, likely outcomes for carriers versus those affected and describes with humour the many common personality traits shared by those affected, which will resonate with families touched by FX.

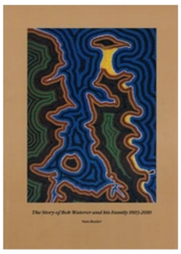
There have been plenty of academic books and research papers written on FX but it is believed The Road to Marty Campbell is the first personal account available worldwide.

Launch speakers:
Dr Paolo Totaro AM
John Kelleher, Fragile X Association of Australia President
Dr Robyn Iredale, author

The book's main subject, Marty Campbell, will attend the launch.

RSVP by 24 October to Robyn via email robyn.iredale@anu.edu.au or ph. 9979 1096
Complimentary refreshments will be supplied.

For information on fragile x and to order a copy of Growing up with Fragile X Syndrome go to http://www.fragilex.org.au/



The Story of Bob Waterer and his Family 1803 - 2010, Nan Bosler

This book is the story of one family who can trace its heritage back to Sarah (Biddy) Wallace, c.1803-1880. Sarah is believed to have been a member of the Broken Bay clan led by Bungaree. She settled on Marramarra Creek in the Hawkesbury with her husband John (Ferdinand) Lewis, a convict who was a German soldier sentenced to transportation to NSW for life.
It is both a family and local history covering the early days of the Lower Hawkesbury River, Scotland Island, Pittwater and Brookvale. Bob Waterer's great grandmother Catherine Bens, 1838-1920, was known as The Queen of Scotland Island. Brookvale was home to Bob for more than 80 years and the book follows his school and working years, his passion for Rugby League and his love for his family.
$25 To order a book Contact donandpatfrater@bigpond.com

To read more about Writing the book

Children's Storytime at Mona Vale Library
Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am
Wednesdays 10.00am - 11.00am
Thursdays 10.00am - 11.00am

Avalon Library Hours
Monday to Friday 10am to 5pm
Saturday 10am to 1pm
Sunday 2pm to 5pm
59a Old Barrenjoey Road
Phone: 9918 3013 Fax: 9918 7046
Email avalonlibrary@ozemail.com.au
Web Address www.avalonlibrary.org.au

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Pittwater Online News

October 23 - 28, 2011: Issue 25

SONGS FOR SOIBADA II

A CHARITY CONCERT TO SUPPORT CHILDREN IN SOIBADA (EAST TIMOR)

Starring:
TIM BULLMORE
Special Guest Appearance:
GERALDINE FLEMING
Musical Director:
DANIEL KELLY
Guest Artists:
DAVID HALLIDAY
GRANT TAYLOR
ANDREW CHAMBERS
DAVE HARRIS
ANDY MACKAY
SAMANTHA DAVIS
BEN REID
MATTHEW HOLLAND

Friday 28th October 2011 • 7:30pm
Mona School, Mona Vale Memorial Hall

Songs for Soibada II also on sale at Pendragon Peggeepots Art Cafe and Johnson Bros. Hardware, Avalon.

Tickets $30

PITTWATER VOCAL METHOD ENSEMBLE

Breakfast with a Bite & Some Bubbles at Mollymook Holiday Resort Sunday 30th of October

Summer bookings are on the way, so why not have a relaxing breakfast at Lanyon Bistro, Mona Mollymook Holiday Resort on the Princes Highway. Cost: Tuesday and Late Breakfast $15.00 per person, Sunday Breakfast $20.00 per person.

Rocky Point Asparagus Fair Fund Raiser

Rocks Point is a Pittwater western waterway area that flows into Mullet Creek and then on to Brisbane Water. Rocky Point Asparagus Fair is a fund raiser for the Rocky Point Progress Association. Last year over 10 people came to which Asparagus Farm with great results. On Sunday 30th October 2011 from 10am to 4pm. Asparagus Farm is at 1 Rocky Point Road, Kincumber. Phone 4365 5555.

Food: Asparagus and Asparagus Products
Entertainment: Live Music, Jumping Castle, Animal Farm, Horse Rides, Handcrafted Stalls, Face Painting, Raffles, Auctions, Sausage Sizzle
RSVP: johnmac@bigpond.net.au phone 0418 437 000

LADIES....

You are invited to attend an evening of fun, entertainment, information and prizes at Johnson Eco Ladies

WHEN: Thursday, 27th October 7.30pm – 9.30pm

WHERE: Johnson Eco Salon @ 1/1 Lantana St, Mona Vale

ISSUE: **Its 2.05 Celebrate It!** Call 9979 5555 or email **Reserve@JohnsonEco.com**

WHEN: Thursday, 20th October
WHERE: Pittwater Online News Office
TIME: 7.30pm for 7.45pm
COST: $10 per person
BOOKINGS: Phone 9979 5994 or email info@pittwateronline.com
Enquiries: Lucas Lobbia **0478 2994**

LEARNING FOR PLEASURE AKC TRIPS LISTED

7 Days Flying Escape
Escape Cruise Ex Sydney
Escape Cruise Ex Melbourne
$2,000 Travel Voucher
$2,000 Cash Prize
Entries Close 30th November 2011
Full Details from PMC 1300 655 622

A BIRD LOVER'S BONANZA

It is that full time of year when Pittwater's bird lovers get excited as the Aviary & Excretion Workshop on **Sunday 23 October 2011**. This comprehensive workshop will be held at Mona Vale Memorial Hall between 9.30am and 4.30pm. Cost is $30 per person, bookings essential.

The workshop is suitable for all levels of training enthusiasts and will cover topics such as: Aviary Design, Nutrition, Breeding, Hygiene, Disease Prevention and Control. Guest speakers will be Dr Peter Hawkins, Dr Jenny Barnes and Dr Jenny Stalker. Lunch will be provided.

Participants are asked to bring their own picnic lunch, a tour of bird sanctuaries, which is a unique feature of this workshop, will be conducted after lunch. Bookings are essential and can be made by phoning Pittwater Council on 9970 1111.

Registration is at 7.30am at the Coastal Environment Centre, located at Lake Park Road, North Narrabeen. Cost is $10 per person. Bookings are essential and can be made by phoning Pittwater Council on 9970 1111 or email bushcare@pittwater.nsw.gov.au

Pet Food Plus Raises a walk for Pancreatic Cancer To raise funds for pancreatic cancer research

Date: 30th Oct 2011
Time: 9am - 11am

1 km walk along Palm Beach with puppies on silver/red/maroon(s) solid fluffed/ruffed and a 5 km walk around Pittwater.
Sign up: Pittwaterpetfoodplus@hotmail.com
Sponsorship: Pittwaterpetfoodplus@hotmail.com
Pet Food Plus is a pet food supplier and owner of Palm Beach. Net proceeds will be given to the Pancreatic Cancer Research Foundation. Palm Beach, Sydney

Greenfence Australia would like to announce the opening of our new office in Mona Vale.

Changing Climates: A Greenspace photo exhibition
Exhibition dates: 1 November to 30 November 2011
Time: 9am - 5pm, Saturdays and Sundays 10am - 4pm
Mona Vale Memorial Hall, Park Street, Mona Vale, Sydney NSW 2000
RSVP: By Thursday 27 October 2011 to Jane Mackay
Thenaturalmind@optusnet.com.au

Greenfence Australia is a local business that specialises in the design, supply and installation of a wide range of fencing and screening products. Greenfence Australia is a proud supporter of the Pittwater community and has been operating since 2006.

Greenfence Australia would like to invite you to the opening night of our new office and showroom. We look forward to welcoming you to our new premises and showcasing the range of products and services we have to offer.

Opening night: Thursday 27th October 2011 from 6pm - 8pm (or you are welcome to attend the opening night you can visit the public exhibition from 10am - 3pm Saturday 2 and Sunday 30 October).

Online Entry now available for Pittwater & Coffs Regatta

Pittwater Online News Sponsors Sailing Division

The online entry for the 2012 Pittwater & Coffs Harbour Regatta is now available at www.pittwaterregatta.com.au. Pittwater Online News has signed on as sponsor of the Regatta's Sailing Division and will have a small sign, exclusively on a building for a minor fee of $1,000. Pittwater Online News is also sponsoring the Regatta Kick-off Party on 4th November 2011 at the Mona Vale Memorial Hall.

Applications for entry close Friday 2nd December 2011.

For a full schedule please contact the PROVC Regatta Committee on 9970 2777 or info@pittwater.nsw.gov.au

Budrus
A video collage to settle the most divided people on earth

Amnesty International (Avalon)
and AVALON BAPTIST CHURCH
INVITE YOU to come and bring your friends
to see the movie
BUDRUS
on
SUNDAY 30th OCTOBER 2011
at 7.00 pm
at
AVALON BAPTIST CHURCH
Cnr Barrenjoey Road & Avalon Parade
Avalon Beach
Entertainment, Music, Audio commentary
Refreshments, Discussion, Information
Free entry. Free Supper. Donations to Amnesty International Aust. ( )
Info: avalonbaptistchurch.org.au 9918 0111

Taiko After Dusk

A series of lectures from Masahiro Kawasaki, Japan's most famous taiko master. Free with Museum entry. Click on logo for more details.

Spring Blankets Update

It is warming up again so spring into market season! Mark your calendars with the following market dates for the summer.

Palm Beach Markets
Palm Beach Markets are held every Sunday at 9am at the Palm Beach Surf Club. Parking is available at the Surf Club and Palm Beach Public School. Contact Jenny Hall on 0414 966 000 or email jennyhall@bigpond.com for more information.

Mona Vale's Twilight Markets
Mona Vale's Twilight Markets are held on Village Park Reserve, Mona Vale every Thursday from 4pm to 8pm. Parking is available at the Mona Vale Memorial Hall, Park Street, Mona Vale. Contact Jenny Hall on 0414 966 000 or email jennyhall@bigpond.com for more information.

Avalon Markets
Avalon Markets are held on Saturday 29th October, 2011 at Avalon Beach Public School, Barrenjoey Road, Avalon Beach from 9am to 2pm. Parking is available at the school. Contact Jenny Hall on 0414 966 000 or email jennyhall@bigpond.com for more information.

Bayview Golf Club Invitational Stableford Event Friday 28th October, 2011

In a moment of our local summers Stableford Golf Competitions, we have the pleasure of inviting you to participate in the Bayview Golf Club Invitational Stableford Event. The format of the day begins with registrations and breakfast at 7:30am, followed by a shotgun start at 8:30am. Entry fee is $60 per player and $240 per team of four. Entry fee includes breakfast, lunch, golf, cart and green fees. Prizes will be awarded to the top three teams and the top three individuals. Please complete the entry form below and return it to the Bayview Golf Club Pro Shop. Entries close Wednesday 26th October, 2011.

Name: ..... Handicap: .....
Address: .....
Phone: ..... Email: .....

To enquire and register please email Pat to pgray.bayview@bigpond.com or phone the Bayview Golf Club Pro Shop on 9997 4522.

Media, Marriage and Relationship Workshop

Date: Sunday 30th October 2011
Time: 10.00am to 4.00pm
Venue: Pittwater Council Chambers, 1 Park Street, Mona Vale
Cost: $50 per person

Pastors: Tim Roberts and Jenny Blacker-Lott

BOOKINGS ESSENTIAL
0403 228 800
0403 228 800
0403 228 800
Secretary@Hillsongchurch.com.au
www.hillsongchurch.com.au

TOUR SCHEDULE
Saturday 5 August 2011
Mona Vale Memorial Hall
Avalon Public Playground Park
Bilgola Beach Public School
Central Creek Headquarters
Newport Public School
Saturday 12 October 2011
Mona Vale Memorial Hall
Bilgola Beach Public School
Central Creek Headquarters
Saturday 3 December 2011
Mona Vale Memorial Hall
Bilgola Beach Public School
The National Parks and Reserves of Pittwater are home to a wide range of native animals, including many species of birds. Pittwater Council's Bushcare Team is dedicated to protecting and restoring these natural areas for the benefit of the community and wildlife.
Bushcare volunteers work in partnership with Council to improve the health of bushland reserves. Volunteers meet on the first Saturday of each month and are supported by Council's Bushcare Officers and Bushcare Team. Bushcare is a great way to meet like-minded people, learn about the local environment and get some exercise.
Bushcare is currently active in 20 reserves across Pittwater. For more information about Bushcare in Pittwater, please contact Council's Bushcare Officers on 9970 1111.

Author Talks at Mona Vale Library – Ben Kehoeng Dee, Ceri Shaw and Jennifer Down Discuss "The Art of Compassion and Wisdom" by Geshe Kelsang Gyatso

Date: Tuesday 25th October 2011
Time: 6.30pm - 7.30pm
Cost: $5/$4 concessions, includes tea/coffee and delicious afternoon tea
Contact: Catherine Burdett tel. 9970 1888
Bookings: Essential

Ben Kehoeng Dee is a Buddhist practitioner and author of the book Modern Buddhism: Introducing Buddhism in the Modern World. Ceri Shaw is a Buddhist practitioner and author of Modern Buddhism for Teens.

Protest at Eastern Star Gas shareholder meeting Wednesday 26th October 2011

Where: The Grand at the Shangri-La Hotel, 176 Cumberland St Sydney

Eastern Star Gas has been given the go ahead to drill 110 coal seam gas wells in the Bentley area, which is in the catchment of the Rous River, a tributary of the Richmond River. Up to 1000 wells in all, if the testing and drilling is successful. Eastern Star Gas has been fined for breaches of environmental regulations in the past. Its record is poor.

Bentley is a small village on the old cow flats floodplain of the Rous River, a tributary of the Richmond River. Bentley is 20 kilometres west of Lismore and 10 kilometres south of Casino. The Rous River is prone to flooding. Eastern Star Gas has been given the go ahead to drill 110 coal seam gas wells in the Bentley area, which is in the catchment of the Rous River, a tributary of the Richmond River. Up to 1000 wells in all, if the testing and drilling is successful. Eastern Star Gas has been fined for breaches of environmental regulations in the past. Its record is poor.

Bentley is a small village on the old cow flats floodplain of the Rous River, a tributary of the Richmond River. Bentley is 20 kilometres west of Lismore and 10 kilometres south of Casino. The Rous River is prone to flooding.

Paddlecourt for more info: HERE

FBL and Rotary combine for fundraiser

Pittwater Business Limited and Pittwater Rotary have joined forces to present a luncheon to raise a special Christmas gift to raise funds for the Palliative Care Centre at Mona Vale Hospital.

The luncheon will be held on Wednesday 16th November at the Mona Vale Memorial Hall. Tickets are $60 per person. Guest speaker at the December meeting will be Jane Caro.

Pittwater Rotary Club Christmas Lunch
Date: Wednesday 16th November 2011
Time: 11.45am for 1.00pm
Cost: $60 per person
Venue: Mona Vale Memorial Hall
Enquiries: Lucas Lobbia 0478 2994

The cost for members of Pittwater Business Limited and Pittwater Rotary is $30 per person. Let's hope it's not a wet day like last year's luncheon. Only 0.02 mm of rain fell on the day, 0.01 mm more than the 1914 record. Phew!

Misinformation and the Media

Guest Speaker: Chris Graham, Aboriginal affairs journalist

When: Monday
14th November 2011
Time: 7.15pm for 7.30pm
Cost: $10 per person
Bookings: Phone 9979 5994 or email info@pittwateronline.com
Enquiries: Lucas Lobbia **0478 2994**

Open Studio Weekend of 25 Artisans

Saturday 29th and Sunday 30th October 10 am – 5 pm
www.lifedrawnstudio.com.au

Life Drawn Studio is a group of 25 artists who have come together to share their passion for art and to provide opportunities for the community to participate in the process.

Each artist has their own unique style and will be showcasing their work in their own studio. Visitors will be able to meet the artists and discover some hidden talents.

Life Drawn Studio
Address: 1/1 Lantana St, Mona Vale
Phone: 9979 5555
Website: www.lifedrawnstudio.com.au

Royal Motor Yacht Club

LADIES LUNCHEON
Wednesday 16th November 2011
Guest Speaker: MARION GRAVY

27 Girls Fly Solo

Marion Gravy

Sponsored by Bridge Clothing Company

$60.00 per person
Includes 3 course lunch - wine, tea & coffee
Raffle & Fashion Parade
CLUB TABLES

Please RSVP 9997 4547 Email: ladies@royalmotoryacht.com.au

The Scotland Island Residents Association Fire Trail Working Bee and Bob Hosken's talk about the book *The Story of Rat Weevil and Mr Wolf*

Sunday October 30, 10.45am, at the community hall on Scotland Island. Bring a plate to share for morning tea.

FRENCHS FOREST AGRICULTURAL HORTICULTURAL SOCIETY

Frenchs Forest Showground, Blackbutts Road, Frenchs Forest
Saturday 29th October 2011
8am to 4pm

Our Spring Show is a great opportunity to see the beautiful flowers, fruit and vegetables grown by our members. Entries are welcome from the public. For further information contact Helen Kibble on 9451 7191 or 0447 052 455, or e-mail helenkibble@bigpond.com

Cooking Demonstration
Flower Arranging
Plant Stall
Raffle
Sausage Sizzle
Devonshire Tea
Children's Competitions
Entertainment

Corner Photo Gallery & Photo Safaris, Sydney

The Art of Life exhibition by Peter Eastway

OPENING NIGHT
Thursday 3 November 2011
6.30 for 7.00pm
RSVP

Corner Photo Gallery
Level 1, 2 Bligh Street
Sydney
Ph: 9232 3122
www.cornerphoto.com.au
Tuesday to Saturday 10am - 5pm
Sunday 12 noon - 5pm
Monday by appointment
Exhibition runs from
3 November to 3 December 2011

Corner Photo Safaris

Corner Photo Safaris are small group photographic safaris to exotic destinations. Our safaris are led by professional photographers who will help you get the most out of your camera. Whether you are a beginner or an experienced photographer, our safaris will help you improve your photography skills.

Our safaris are limited to a maximum of 8 participants to ensure personal attention. We provide all transport, accommodation and meals. Our safaris are all-inclusive.

Our next safari is to Bhutan, the Himalayan Kingdom. Bhutan is a country of stunning beauty and fascinating culture. Our safari will visit the capital Thimphu, the ancient fortress of Punakha and the famous Tiger's Nest Monastery. We will also visit the Paro Valley and the Dochula Pass.

Our safari to Bhutan will be led by Peter Eastway. Peter has made numerous visits to Bhutan and has published a book of his photographs of Bhutan. Peter will help you capture the beauty of Bhutan and its people.

Our safari to Bhutan will be from 3 to 17 April 2012. Cost is $6,000 per person twin share. Single supplement is $1,000. Deposit of $1,000 per person is required to secure your place on the safari.

Our safari to Bhutan will be from 3 to 17 April 2012. Cost is $6,000 per person twin share. Single supplement is $1,000. Deposit of $1,000 per person is required to secure your place on the safari.

For more information please contact Peter Eastway on 9232 3122 or email peter@cornerphoto.com.au

Narrabeen Boomerang Festival Narrabeen Road 14th - 20th October $14.00 - $30.00 http://www.trybooking.com/ZPL Ph: 9454 547 257

Book launch for Growing Up with Fragile X Syndrome! Be Our Guest Restaurant, Mona Vale Golf Club Saturday 29 October 2011 from 2 - 4pm

Growing up with Fragile X Syndrome: Parents' Stories of Hope and Courage
Edited by Kerry Hull

Fragile X Syndrome is the leading cause of inherited intellectual disability. It affects 1 in 4000 males and 1 in 8000 females and is the most common known cause of autism. Females are carriers. Each child of a carrier has a 50% chance of being affected and females are also affected.

It's a condition no one has heard of, but it's one that affects a lot of families. Some children are severely affected, others are mildly affected and females are carriers. Each child of a carrier has a 50% chance of being affected and females are also affected.

Dr Lesley Hall is the leading clinician researcher in Australia. She has been researching Fragile X Syndrome for over 20 years and has published over 100 articles in various scientific books, journals and magazines. She has also written a book for parents of children with Fragile X Syndrome. Females are carriers. Each child of a carrier has a 50% chance of being affected and females are also affected.

Dr Lesley Hall is the leading clinician researcher in Australia. She has been researching Fragile X Syndrome for over 20 years and has published over 100 articles in various scientific books, journals and magazines. She has also written a book for parents of children with Fragile X Syndrome.

Dr Lesley Hall will be launching her book, Growing Up with Fragile X Syndrome: Parents' Stories of Hope and Courage, at Be Our Guest Restaurant, Mona Vale Golf Club on Saturday 29 October 2011 from 2 - 4pm.

Dr Lesley Hall will be launching her book, Growing Up with Fragile X Syndrome: Parents' Stories of Hope and Courage, at Be Our Guest Restaurant, Mona Vale Golf Club on Saturday 29 October 2011 from 2 - 4pm.

Refund is launching her story of raising a child with Fragile X Syndrome, which is a genetic condition associated with a wide spectrum of learning disabilities, with a focus on health and dietetic elements, as well as behavioural and educational issues.

It's welcome to the bustling corner of Pittwater Road and Iluka Road in Palm Beach, where you'll find a delightful array of gifts, homewares, fashion and more to entice even the most discerning shopper. Whether you're looking for a unique gift for a loved one, or a special treat for yourself, you're sure to find something to suit your style and budget at Iluka Road Boutique.

Iluka Road Boutique
Address: 1/1 Iluka Road, Palm Beach
Phone: 9974 5555
Website: www.ilukaroadboutique.com.au

Iluka Road Boutique

Address: 1/1 Iluka Road, Palm Beach
Phone: 9974 5555
Website: www.ilukaroadboutique.com.au

Manly Art Gallery & Museum
OFF SHORE: Artists of Scotland
Exhibition dates: 2 September - 6 November 2011

The Manly Art Gallery & Museum is proud to present OFF SHORE: Artists of Scotland, an exhibition of contemporary Scottish art from the Pittwater Council Collection.

Afternoon Tea & A Lecture
Join us for afternoon tea with the designers and members of Pittwater's Scottish community as they discuss the exhibition and the inspiration behind their work.

On the Beach: Dame Ethel Walker's Scottish Summer
Exhibition dates: 14 August - 16 August 2012

An exhibition exploring Ethel Walker's relationship with Scotland and the Scottish painters she met during her visits to Scotland in the early 1900s.

Produce Club of Pittwater

The Produce Club of Pittwater Club is open to new members. We welcome anyone with an interest in food, cooking, gardening, preserving, wine making, beer brewing, bee keeping, chicken keeping, etc.

Meetings are held on the first Tuesday of each month at 7.30pm at the Mona Vale Memorial Hall.

Visitors are welcome. $5 fee if visitor joins.

Contact secretary Tanisha to reach month.

Tanisha 0403 228 800

Tanisha 0403 228 800

Tanisha 0403 228 800

Pittwater Online News

October 23 - 29, 2011: Issue 29

TOP: Mark Foys images from :
http://www.sydneyarchitecture.com/cbd/cbd2-008.htm
This was one of the largest and grandest department stores in the City. The original 1909 three storey building designed by McCredie and Anderson grew to six stories over the years. Notice the distinctive white glazed bricks and yellow/orange terracotta trim announcing 'Hosiery', 'Shoes', 'Corsets' and so on. When trains were the most popular method of going to town the store thrived because of its proximity to the underground railway station. However, the extension of the trains further north left Mark Foys down the unfashionable end of town and the store was closed in 1983. It now houses legal courts and is officially called the Downing Centre.

ABOVE: Sydney Boys' and Sydney Girls' High School Elizabeth Street 1892
1892 Sydney Boys' High School (Ground Floor) and Sydney Girls' High School (Upper Floor) on Elizabeth Street, Sydney - now David Jones Elizabeth Street store. Market Street is at left. Designed by Francis Greenway and built by convicts as the Sydney Public School, it was the St James Church of England Grammar School from 1829 to 1882. Both the Boys' and Girls' Sydney High Schools opened on this site in October 1883. Extremely overcrowded, the Boys' School moved to Mary Anne Street Ultimo in 1892 into buildings next to the Sydney Technical College, and remained there until the Boys moved to their current site at Moore Park in 1928 alongside the relocated Girls' School which moved to the adjacent site in 1921. The building at Elizabeth Street was demolished in 1924.
QVB dome in the background and Town Hall clocktower to the left.
Picture: Courtesy State Library of NSW.

/ DEPARTMENT STORES – GONE AND MOSTLY FORGOTTEN

by George Repin

term viability of "bricks and mortar" department stores under changes in consumer behaviour and the growing popularity of buying t, it is opportune to remember how the retail environment has the years. .

nent stores in Sydney reached the height of their development and e 1920s and provided for the shopping needs of the Sydney ough the thirties and the immediate post-World War II years. Grace two large buildings on Broadway – on either side of Bay Street – st, Marcus Clarke was at Railway Square and the rest were ugh the CBD, with David Jones in George Street on the corner of t closest to the quay. "Going to town" to shop for most household other than what could be bought from the local butcher, grocer or was not only necessary but also was "an outing" – or as one writer t time, "shopping was a cultural event". The department stores oviding restaurants and in some cases, even art galleries.

g established businesses, household names in their heyday, have e. Reasons for their disappearance were many and varied. People out to the suburbs, industry decentralised, public transport was those who could afford cars, parking was becoming impossible in

ctor, however, was the appearance in the late 1950s of pre-planned tres, usually with an "anchor" department store selling a limited range permarket and small specialty shops. Later, the coming of chains of rs" took more business away from the surviving department stores.

f their popularity some department stores such as Grace Brothers Horderns sold virtually everything a family might need. Anthony s **Palace Emporium**, which occupied most of the block on Goulburn tt Street to George Street (now the site of the World Square), sold ehold goods of all types, clothing, manchester and many other items e required by country people. The Anthony Horderns catalogue was ed in the bush and orders flowed in. For city dwellers a successful action directed at families was a large area where birthday parties nged for children. Specially devised entertainment was provided and hony Horderns were very popular.

rs saw what was coming, abandoned their intention to develop the g in York Street into a store and started to move out to the suburbs – n and Parramatta for a start. Anthony Horderns did not.

department stores offered a more limited range of goods and were sed, such as Beard Watson and Bebarfalds for furniture, McCathies goods and Peapes for men's wear and "regulation" uniforms for

er businesses such as Mark Foys, Farmers, McDowells, Murdochs, Waltons may be worth telling – perhaps some time in the future.

warrants special mention. It is Australia's oldest department store shop in George Street. Later, the main store fronting Elizabeth, astlereagh Streets was built on the site of the original Girls High e Men's store on the Castlereagh and Market Street corner reholders lost virtually all of their investment in the early 1990s but rtment store business continued and was relisted on the Stock he end of 1995. Under new management, and going up-market, survived and was for a time very successful but recent trading results ven this outstanding business is being challenged..

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Below: Anthony Hordern's Palace Emporium (1939) Creator Hall & Co., Picture Number Home and Away - 34989, Courtesy State Library of NSW

October 23 - 29, 2011: Issue 29

Drinking: Eighteenth-Century Style

by Hans and Jennifer Carlborg

'Everybody drank, and nobody drank moderately. The vice was common to all, rich and poor alike. At social parties no gentleman ever thought of leaving the table sober; the host would have considered it a slight on his hospitality. Even ladies and clergymen sometimes got drunk and intoxication was so common a thing it passed without remark. The upper classes drank wine, and every man among them liked to boast himself a "two-bottle man"; and even if he could not consume that quantity, he could at least drink till he fell beneath the table.'

Figure 1

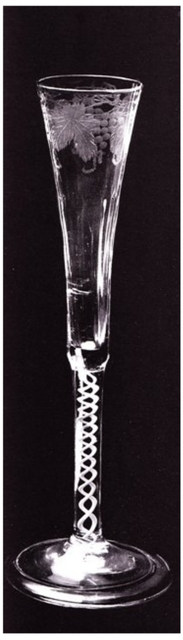

Figure 2

Figure 3

DRINK, drunkenness and drink-related illness coloured the Georgian age. Getting drunk on a regular basis was considered dashing and a sign of masculinity. 'Two bottle men' may have even been moderate drinkers by some standards: there were three bottle, four bottle and five bottle men. Politicians Pitt and Sheridan drank six bottles a day but were surpassed by a certain Dr John Campbell who could get through thirteen bottles of port in a day. In fairness to Dr Campbell though, port was a much lighter drink than it is today as it was not until after 1878 that port was fortified. As well, the bottles were smaller, holding half a litre, about two thirds the quantity of a bottle of port today.

The majority of men drank around the clock. They began with ale or claret for breakfast, possibly even a nip of brandy to get things going, or a glass of hock and soda to cure the hangover. By mid morning the fashion was to drink madeira or sherry with biscuits and ratafia for the ladies. A silver flask of brandy was deemed necessary to sustain those engaged in hunting or shooting. At dinner champagne and wines were followed by port, brandy with more champagne served at supper. This quantity was consumed daily until gout, alcoholic poisoning or death intervened. Then, as now, there was a great deal of snobbery about wine and the affluent could search the world for exotic drinks to impress social peers. One sybaritic gentleman drank absinthe and curacao in vast quantities, which was said not to affect the brain, but not surprisingly his health finally gave way.

By the late 18th century there were 50,000 pubs to serve a population of nine million people. They were open all day. Gin parlours were everywhere. Bread may not have been affordable to the working classes but gin was. Less bawdy drinking took place in coffee houses where punch was served, initially made with a rum base but later with brandy. Naval officers engaged in the East Indian trade brought the taste for punch to England towards the end of the 17th century. Negus enjoyed popularity - a beverage originally concocted of wine, water, sugar and nutmeg. Later it became a similar hot drink made specifically with port wine as a base. Beaten eggs were sometimes added to the mixture. And of course London had its clubs for gentlemen where excessive drinking was de rigueur. One such club was the Kit Kat Club. In a portrait by Godfrey Kneller (1646-1723) members of the Club can be seen drinking from a glass now referred to as a Kit Kat glass - a balustroid wine glass with a drawn trumpet bowl and folded foot. [Figure 1]

However, by contrast the very exclusive Almacks, considered the pinnacle of the fashionable world, organised a ball and supper once a week for twelve weeks during 'the Season' (March to June). The mood at the ball was sedate to the point of boredom as far as those members not interested in social climbing were concerned. Only negligible food and the mildest of drinks were served: light wines such as orgeat and ratafia. Orgeat was a non-alcoholic drink made of barley or almonds and orange flower water while ratafia was a very light liqueur flavoured with fruit or almonds. Both were considered ladies' drinks. Ratafia glasses are particularly elegant. They are stemmed glasses with a long narrow bowl and although not easy to find, they can be acquired today - at a price. [Figure 2]

The most popular every-day liquors were ale, beer and cider. Mead and wines such as claret and sack2 were also frequently drunk. The English preferred sweet wine and most wine, including white wine, was sweetened. Ale was considered a necessity of life, especially for the working man, and brewing of sufficient supplies for the populace was a legal requirement. It was heavily spiced before the introduction of hops. Beer was a malt liquor brewed with hops. Small beer was the 'after brew' of the malt and being relatively weak, it was drunk from tankards throughout the day. The average working man drank three to four quarts a day starting in the early morning.

At Carton, the home of the Earl of Kildare (later Duke of Leinster), a pint of strong, dark ale was provided to each servant daily. Small beer could be drunk in limited quantities throughout the day, as being weak it was brewed for refreshment rather than intoxication. Extra rations were given to servants whose duties were hot and demanding. The cook had a quart of ale at 11 am and 2 pm, laundry maids had a quart twice a week, and the wet nurse a pint at night. Ale glasses are very pretty: tall stemmed with long bowls or shorter plain stemmed glasses and sometimes both types were engraved appropriately with ears
of barley and hop blooms. (Figure 3). Mr Tom Connolly's home , Castletown in Ireland had its own brewhouse where
both ale and small beer and 85 hogsheads of ale were brewed, but notr all was consumed. The Connollys and their guests also drank imported English beer, porter and wine. The vinter's bill for that year was Pounds 445 or Pounds 26,700 in today's money (about A$80,100).

Other popular brews were Brunswick Mum, brewed from wheat malt flavoured with herbs, and porter, introduced about 1750. and so named because it was said to be hearty nourishing liquor suitable for porters and other hardworking people. It was brewed from a mixture of the beers and ales and drawn from one cask to save the publican the inconvenience of mixing from several casks. Mead and cider were also popular. Mead glasses are tall stemmed with globular bowls often gadrooned and can still be found. The popularity of cider increased after 1763 when the Prime Minister, die unpopular Earl of Bute, introduced a tax on cider. It became a symbol of opposition to the Prime Minister. Cider glasses are very rare and are recognisable by appropriate engraving on the bowls of apples and apple boughs. They often bore the inscription 'No Excise' in reference to the tax.

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Carlborg Antiques

Carlborg Antiques was established in 1984 and has operated in both Sydney and France with the aim to offer customer satisfaction in every interaction.

HANS & JENNIFER CARLBORG,
Carlborg Antiques 0439 263 808
Email: antiques@carlborg.com
Website At:
http://carlborg.com/index.html