

# Pittwater Online News

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## Harmony

har-mo-ny n. pl. har-mo-nies

Agreement in feeling or opinion; accord: live in harmony. A pleasing combination of elements in a whole: color harmony; the order and harmony of the universe. See Synonyms at proportion. Music: a. The study of the structure, progression, and relation of chords. Simultaneous combination of notes in a chord. The structure of a work or passage as considered from the point of view of its chordal characteristics and relationships. A combination of sounds considered pleasing to the ear.

Also: A collation of parallel passages, especially from the Gospels, with a commentary demonstrating their consonance and explaining their discrepancies.

**From:** Middle English armonie, from Old French, from Latin harmonia, from Greek harmoni, articulation, agreement, harmony, from harmos, joint;

Our Galaxy has a 'song' sprung from Harmony, with each planet contributing its 'note'; Pythagorus found the pitch of notes depends on the rapidity of vibrations and applied this to the planet's rates of motion. All sounds made by their movements would vary according to this rate of motion and since all in Nature is made harmoniously these sounds would also harmonize as the 'Music of the Spheres', or 'Lost Chord'.

### Quote for the Week

*Our deepest fear is not that we are inadequate, our deepest fear is that we are powerful beyond measure, it is our light not darkness that most frightens us, we ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are you not to be? You are a child of God. Your playing small doesn't serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear; our presence automatically liberates others.*

**Nelson Mandela and Marriane Williamson**



Left to right; Linda, Brian and Tracey, NBI Volunteers



Pony Rides

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## Christmas Bells



photograph courtesy of Marita Macrae

Wonderful regeneration is happening in a Pittwater reserve - Christmas Bells just in time for Christmas. A special treat with their lovely colours, they have popped up after a hazard reduction burn. Provided they are not picked (very important!) they will set seeds and we can look forward to more next year.

## NBI Fun Day 2011



Santa has begun making his rounds of all the Christmas parties and was at the NBI Fun Day celebration on Saturday to hand out bags of lollies for all the children. A sausage sizzle, run with the help of volunteers in the Peer Support Program for teenagers, Linda and Brian, with help from Tracey, handed out hundreds of sausage sandwiches. A jumping castle, pony rides, face painting by Kookaburra volunteer Jillian, and small Christmas boxes to be decorated, with the help of Bec, also a volunteer, amused the children for hours. The pony rides were popular, as was the 'fishing pond' for smaller tikes.

Andrew and Naomi ran the raffle table with Carolyn, NBI's CEO ensuring Santa Claus made it to and from the grounds of North Narrabeen Public School where the party was held. NBI, which offers respite support and recreation for children and families living with a sibling with a disability, run this event annually and over a hundred children and parents attended on Saturday. Saturday was also, coincidentally, the annual International Day of People with a Disability, an observance which aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. Each year has a theme and in 2011 it is **Together for a better world for all: Including persons with disabilities in development**. Don't DIS my ABILITY is an educational campaign in New South Wales supported by the NSW Government's Ageing, Disability and Home Care, Department of Human Services to celebrate International Day of Persons with Disabilities.

The goal of **Don't DIS my ABILITY** is to change misconceptions surrounding disabilities. Ambassadors are selected as role models for the campaign from the arts, sports and business sectors and events are held throughout metropolitan and regional NSW. The campaign publication, Made You Look is circulated across NSW and well worth reading for its inspirational stories and information.

NBI is looking for volunteers to help with all their great programs over Summer and into next year. The range of activities and age groups means you may be going kayaking, visiting the Chinese Gardens or any of the other outings children from young to teenage years love. Brian and Linda spoke of how much fun it is and how much enjoyment each outing they've been involved in has given them in return. If you have a few hours, capable hands and a warm heart please contact NBI at [admin@nbi.org.au](mailto:admin@nbi.org.au)

More [Pictures](#)

Don't Dis my Ability website: <http://www.dontdismyability.com.au/>

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## This Weeks Articles

Maria Regina Avalon: [Christmas Decorations Children can Make](#)

[NBI Fun Day](#)

[Christmas Bells](#)



**Profile:** December Gents: Summer 2011; Paul Christie, bassist, drummer, author, teacher, good guy.

## Previous Profiles:

[Barton Lynch](#) [Shane Withington](#) [Commodore Sloper](#) [Herminie Swainston](#) [Teresa Cutter](#) [Joanne Brigden-Jones](#) [Tamara Sloper](#) [Harding](#) [Katie Spithill](#) [Chris Salisbury](#) [Doug Crane](#) [Henry MacPhillamy](#) [Ben Baillie](#) [Aim for the Stars Foundation](#) [Broken Bay Marine Rescue](#) [Pittwater Environmental Foundation](#) [Rotary Club of Pittwater](#) [Sophie Haythornthwaite](#) [Joan Fisher](#) [Mark Ferguson](#) [Veteran](#) [Carolyn McKay](#) [Christine Hopton](#) [Ian White](#) [Jack Elsegood](#) [Robert Grace](#) [Colin Casey](#) [Bob Waterer](#) [The Surfers Group](#) [The Palm Beach Yacht Club](#) [Pittwater Natural Heritage Association](#) [Pittwater Friends of Soibada](#) [Pam Bayfield](#) [Denise Casey](#) [Lynda Hill](#) [Belinda Grundy](#)



**History:** Summer Houses: Shacks, cottages, boarding houses and mansions; to begin, Woodley's Cottage, once part of the Customs Station, Palm Beach.

## Previous History Pages:

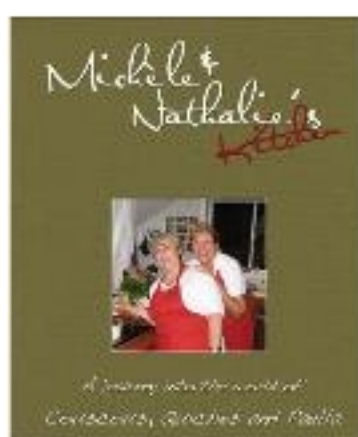
[Marie Byles](#) [Lucy Gullett](#) [Kookoomgiligai](#) [Frank Hurley](#) [Archpriest JJ Therry](#) [Sir Patrick Gordon Taylor](#) [Bowen Bungaree](#) [W. Bradley 1788](#) [Journal](#) [Midholme](#) [Loggan Rock Cabin](#) [La Corniche](#) [La Corniche II](#) [Lion Island](#) [Bungan Beach](#) [Botham Beach](#) [Scarred Trees](#) [Castles in the Sand](#) [Dame Nellie Melba lunches at Bilgola Spring, 1914](#) [First to Fly in Australia at North Narrabeen](#) [Mona Vale Golf Club's Annual Balls](#) [Governor Phillip camps on Resolute Beach](#) [Ruth Bedford](#) [Jean Curlewis](#) [Mollie Horseman](#) [Charlotte Boutin](#) [May Moore](#) [Neville W Cayley](#) [Leon Houreux](#) [Frederick Wymark](#) [Sir Adrian Curlewis](#) [Bilgola](#) [Heron Cove](#) [Mullet Creek](#) [Shark Point](#)



**Park Bench Philosopher:** Concordance = Concord + Dancing, or dancing to create harmony, according to J Smith, everyday angel.



**Food:** Breakfast at The Boat House at Palm Beach.



**Books:** books written by residents for Christmas gift inspirations: Anecdotes, Astrology, Birds, Food, Histories, Journeys, Surfing; if we've missed you, [send it in!](#)

**Old Books:** **December; Summer** by Edith Wharton and also a version by 17th Century Scottish Poet, James Thomson



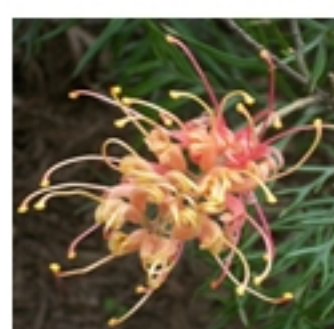
**Events:** GFG Market Day, Hung Donkey Reunite for one Night, Bopulaters At Bowlo, Christmas Carols Time, Circus Oz, Picasso, Daryl Braithwaite, Support Your Sport, Local Music, PBL Breakfast at RMYC, Loosely Woven, New Artists at GFG, Author Talk, Eco Walk, Markets, History Lectures, Council Events.



**News From our Inbox:** all the jokes we can publish, some Australiana, Internet and Marketing News, quirky photos



**Community News:** GFG Raffle, BBMR Summer Boat Safety Tips, Senior's Toy Repairers, PON Newsletter, New Lifejacket Rules, Council's Notices, Media Releases from Federal Government.



**Environment:** Identifying Pittwater Wildflowers: **Illawarra Flame Tree (Kurrajong)**, Far Eastern Curlew now endangered, **WetlandCare Australia Photo and Art Competition**, New CSIRO Mags, **Cocee Newsletter for Dec.**, Seed Bank with full Index of all Australian plants Facts Sheets

and more.



**Lynda Hill: Update 20.11.11: Moves and Manouvers** **Brinkmanship and Battles: November's Sagittarius New Moon**



**Pictures:** Air and Water Harmony, NBI Fun Day, Maria Regina Christmas Crafts for Children.



**Youth:** Adelaide Zoo's baby animals, Bullying No Way! website link, Local Apprentice Club, Safety Smart Website for online fun and learning, Get involved in Environment Invite for all young adults! Links for local sites.



**Seniors:** The Hallelujah Chorus, joke of the week being circulated via email by the Grey Army, link to Seniors Online Newspaper and Information regarding local Health and Education Activities.



**Community Clubs:** Updates on Activities and links to sites.



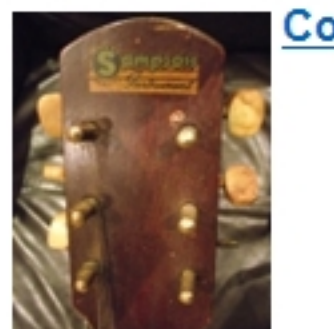
**Artist of the Month:** The band **Suspect Behaviour** and **Taking the Drop**; inspirational new book on taking up surfing in your 40's by four resident ladies



**Reflections** by George Repin. **This week; Hill End**



**DIY Hints:** Great ideas on seasonal themes from Bruce Crutcher of Johnson Bros Hardware. This week: **Caring for your deck and revitalising an old one.**



**Collector's Corner:** Vintage Guitars



**Noticeboard:** Community Listings (free to list) with Community Bushcare link and Northern Beaches **Free Ads** Info.

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## Children's Christmas Decorations

School's out soon and a familiar chorus of 'I'm bored' will follow you and ring, like some strange bird, from every hour unless those bright minds and quick fingers are given an opportunity to express themselves creatively. With Christmas only a few weeks away it seems a great time to look around us and see what we can do to brighten up the windowsills, windows and other nooks and crannies of the house with homemade Christmas decorations. We used to gather fallen pine cones, thread coloured paper chains, make papier-mâché baubles for a tree, cut out chains of Christmas trees and loop them over curtain rods or make cellophane ones to cast green and red light from windows.

**Maria Regina Catholic School at Avalon** has a great arts and crafts room and a focus on developing skills and knowledge through a wide range of activities. Their focus this week has been on Christmas Decorations with all grades being shown many little ideas, catered to their age group, for creating delightful and colourful decorations for both the tree, their hands, or to display on tables at home.



Mums have been providing the materials and ideas for these and taking turns with each class. One lady, who had cut out prior to arrival some great reindeers, explained the 'wobbly eyes' to be attached to each came from the Craft Store at Mona Vale which has been open for business for forty years now.

The samples made were Felt Angels, which the small boys then 'flew' around the room, some with accompanying noises. Penguin Hand Puppets, Reindeers which incorporated a cut-out stencil that was then pasted to Christmas paper before having a 'feather' tail attached and eyes for face. A Jigsaw Reindeer which was made using old jigsaw pieces with the back painted brown, eyes and face added and green or red pipe-cleaner 'antlers', Bonbons made from wrapping toilet rolls with bright paper and applying garlands of mistletoe, Christmas Trees made from sales catalogues by folding a triangle, then once again, tucking the overlap under until all pages are done and affixing a 'star' made from loops of coloured paper twine on top; these are for standing on tables and can be further painted green or any other colour or Christmas Trees made from paddle pop sticks with sequins glued on and a bright ribbon attached so they may dangle from trees. Stars and snowflakes were also made using paddle pop sticks.



Grade Two made flowerpot angels or plaster cast moulds that they then decorated brightly. Kindergarten children enjoyed making the felt angels, as these were also suited to little fingers; drawing the faces, being supervised and helped in gluing the pieces together to make

wings. Engaging young minds and hands with some of these crafts will help peace reign in your home and give you treasures to keep for always.

More [Pictures](#)

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Maria Regina Avalon: [Christmas Decorations Children can Make](#)

[NBI Fun Day](#)

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[Reflections](#) by George Repin: Hill End

[Profile of the Week](#): Paul Christie, musician, teacher, author, activist

[History](#): Summer Houses; Woodley's Customs Cottage, Station Beach, Barrenjoey

[Collector's Corner](#): Guitars

[DIY Hints](#) by Bruce Crutcher: Caring for your Deck or Revitalising an old one

[December Artists of the Month](#): The band Suspect Behaviour and Taking the Drop; inspirational new book on taking up surfing in your 40's by four resident ladies

## Offshore Art Raffle

Win a beautiful unframed artwork by local artists including: Nettie Lodge, David Wardman, Marion van den Driesschen, Michelle Macdonald, Paul Smith, Tracy Smith, Gwyn Perkins, June Lahm, Carole Corrie, Penelope Wise, Annie Williams...

To view the artworks visit: <http://watermarks.net.au/offshore-art-affle/>

Just \$5 per ticket, or 3 for \$10, or 6 for \$15, or 15 lucky tickets for \$30!

Tickets on sale from The Gone Fishing Gallery and PMC Hill at Church Point or buy online

(minimum purchase \$15) via: <http://www.sticktickets.com.au/7146>

The draw will be at the Dog Race on Xmas Eve at Church Point. All proceeds go towards recovering the costs of the WaterMarks Open Studios event which was held during the wettest 48 hours in September since records began (42 years ago!). Thank you and good luck!



## NEW COASTAL AMBASSADORS GRADUATE

Pittwater Council's award-winning Coastal Ambassador program has completed another successful year, with nine new ambassadors graduating this year. This year's Coastal Ambassadors are volunteers from local surf clubs including Curl Curl, Mona Vale, Bungan and Freshwater, the Surf rider Foundation and the Eco-Divers organisation.

Coastal Ambassadors underwent five weeks training in environmental education, including lectures and field trips. Topics covered were beach and rock platform ecology and the effects of global warming on oceans. The Ambassadors have been trained by a top marine scientist, as well as community educators from the Coastal Environment Centre at North Narrabeen.

The Coastal Ambassadors program was set up in 2006 to educate marine-based volunteers on how to look after the coastal environment. Its success has been recognised by the NSW Environmental Trust, which has provided grant funding for the program for the last five years.

Mayor Harvey Rose and the President of Surf Live Saving Northern Beaches Gordon Lang presented the new graduates with their certificates at the Coastal Environment Centre earlier this month.

Mayor Rose said the volunteers had learnt valuable knowledge to pass on to others. "The more educated our community become about protecting our coast, the less likely it is that people will damage or pollute the environment."

For expressions of interest in the 2012 Coastal Ambassadors program, visit [www.pittwater.nsw.gov.au/cec](http://www.pittwater.nsw.gov.au/cec) or call the Coastal Environment Centre on 1300 000 232.

## TEMPORARY CLOSURE OF PLAYGROUND

On the advice of NSW Health, Pittwater Council is temporarily closing part of the children's playground at Winnereremy Bay's Flying Fox Park at Mona Vale. The closure comes after salmonella bacteria was discovered in surface bark in one part of the playground following recent testing. Six sections were tested by staff from the Public Health Unit in the area of the playground covered by the bark.

General Manager Mark Ferguson said the part of the playground where the positive result occurred is closed off to the public while bark is replaced. "We understand that NSW Health will carry out further testing over the next month after the bark is replaced and the playground reopened," he said.

Salmonella is a bacterium that can cause gastroenteritis. Symptoms include fever, vomiting and diarrhoea. This bacterium has previously been identified in playground sand and more recently, in bark at the Winnereremy Bay playground.

According to Dr Michael Staff from the Public Health Unit conducting the testing, "there has not been a human case of gastroenteritis caused by salmonella java linked to the most recently confirmed contaminated bark, and therefore the bark is being replaced as a precaution."

Dr Staff said it is important that parents and carers follow good hygiene principles when children are playing outdoors and ensure their children do not eat the bark and that they wash their hands after playing outside. Mr Ferguson said the bark would be replaced in time for the playground to re-open for the school holiday period.

## EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM

Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its sensational summer holiday program for kids, with new extended hours from 9am to 4pm. Kids on the Coast offers healthy and fun outdoor activities for 5 to 12 year olds from Monday 9 January to Friday 20 January. The Council decided to extend the hours of the program to ensure children with working parents do not miss out.

"There are many new highlights including stand-up paddle boarding, a boardwalk birding adventure and how to become an eco-ranger," said the Council's Natural Environment & Education Manager Mark Beharrell.

For children aged eight years and over there is a chance to grab your camera and join a photographic adventure, plus the ever-popular "Fishing Clinic" run in partnership with the NSW Department of Primary Industries. Mr Beharrell said the program encouraged children to explore beaches, rock platforms, headlands, bushland, wetlands and the Narrabeen Lagoon foreshore.

"Kids on the Coast is the ideal school holiday experience. The program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr Beharrell.

Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per child per session, with full-day sessions available from 10am to 3pm at \$55 per child (for standard activities), which includes supervision between sessions (BYO lunch).

Working parents who require extended care for their children can also take advantage of a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10, each. The Fishing Clinic offers giveaways including a rod, reel, tackle box, hat and bag for the cost of \$40.

The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at [www.pittwater.nsw.gov.au/ceckids](http://www.pittwater.nsw.gov.au/ceckids) or call 1300 000 232(32). For further inquiries please call Bianca Springford on 9970 1313 or email [bianca\\_springford@pittwater.nsw.gov.au](mailto:bianca_springford@pittwater.nsw.gov.au)

## CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY

Children from 5 to 12 years of age are invited to free holiday craft sessions at Mona Vale library this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia Day.

Library Manager Cathy Howie said there would be a wide range of activities to suit both boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added Mrs Howie.

To complement the craft sessions the library has a range of craft books available for loan that will keep little hands busy at home over the holidays too. A detailed list of the children's craft activities on offer will be available from Mona Vale Library early in January. All craft sessions are free and bookings are not required.

For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona Vale.

## SEEKING PITTWATER'S LOCAL HEROES

Nominations are now open for Pittwater's 2012 Australia Day Awards to be announced at next year's Australia Day celebrations at Bert Payne Reserve, Newport. Residents are encouraged to nominate outstanding citizens who have contributed to their community in one of five categories: Pittwater Citizen of the Year, Australia Day Award, Young Citizen of the Year, Community Event of the Year and Sportsperson of the Year.

Pittwater Mayor Harvey Rose applauded the many volunteers who give their time generously for the benefit of others. "These people are often considered experts in their fields which cover bushcare, aged care, life saving, emergency services, coastal patrol and youth and community services to name just a few," he said.

"Australia Day is a fitting time to recognise these residents who work tirelessly behind the scenes making a significant contribution to their community," added Cr Rose.

Nomination forms for the Awards can be completed online at [www.pittwater.nsw.gov.au](http://www.pittwater.nsw.gov.au) Printed copies are available from the Council's customer service centres and libraries at Avalon and Mona Vale.

Entries for the Awards close on **Friday 16 December 2012**. Nominations can be mailed to: Community Relations Team, Pittwater Council, PO Box 882 Mona Vale, NSW 1660 or emailed to [Pittwater\\_council@pittwater.nsw.gov.au](mailto:Pittwater_council@pittwater.nsw.gov.au).

Enquiries related to the Awards or Pittwater's Australia Day event can be directed to the Community Relations Team on 9970 1119.

## CASH SOLUTION TO ENERGY BILLS

Second and third fridges are being singled out as one of the biggest users of electricity - and Pittwater residents are being urged to turn them in under a cashback scheme known as Fridge Buyback. A new study issued by National Seniors Australia suggested that pensioners struggling to pay electricity bills are unaware that fridges are the biggest consumers of electricity among household appliances. A second or third fridge can add on average \$265 to a household's annual power bill.

According to David Roach from Fridge Buyback, getting rid of an extra fridge is the easiest and most significant step to reducing energy bills. "Importantly, around 65% of Fridge Buyback customers are older residents," he said.

The Fridge Buyback scheme was established in 2006 and works by offering residents up to \$35 cash and free collection of their unwanted fridge. The fridge must be more than 10 years old and in working order.

Pittwater currently ranks second in NSW for the number of fridges collected under the scheme. Residents can arrange to have a fridge collected by phoning the toll-free number 1800 708 401.

For full details of the Fridge Buyback scheme visit [www.fridgebuyback.com.au](http://www.fridgebuyback.com.au)

## Seniors Week 2012

Council is seeking senior's groups and organisations to host an event as part of NSW Senior's Week between 18 and 25 of March, 2012. Contact Susan Machar on 9970 1169 or email details of your event to [seniors@pittwater.nsw.gov.au](mailto:seniors@pittwater.nsw.gov.au)

## Christmas Vacation Care

Pittwater Council's Vacation care service at Narrabeen looks after children from kindergarten through to Year 7. Bookings open 9am on November 23rd. Visit [www.pittwater.nsw.gov.au/children](http://www.pittwater.nsw.gov.au/children) for details or call 9970 1118.

## Submit your Event

Name of Event

  
 Date of Event
  
 Address of Event
  
 Description of Event
  
 Contact Name
  
 Contact Phone Number
  
 Website or Email
  


KILLARNEY POINT and surrounding Bushland provide the vital link connecting Davidson Park with Bantry Bay, both part of Garigal National Park. You know how special this area is. Will you help to safe-guard forever this

1. Historic and Heritage link with Federation years
2. Essential wildlife corridor
3. Beautiful Flat Rock Track
4. Fascinating walking trail?

Killarney Point (known to many as Killarney Picnic Grounds) is for sale, representing a unique opportunity to seek in-corporation in Garigal National Park.

There is a huge 'hidden' swell trying to preserve these Historic Killarney Picnic grounds. Will you help turn it into a tidal wave?

Contrary-wise in private hands the property may be beyond regulation - all of the above can disappear - No Heritage - no wildlife corridor - no walks - no peaceful respite and the locality may be subject to parades and percussion music.

Please write (fax or hard copy better than email) to your State Member of Parliament and/or other representatives to make your voice heard. Relevant contact details appear below.

Brad Hazard MP - Member for Wakehurst and Minister for Planning and Infrastructure Level 33 Governor Macquarie Tower, 1 Farrer Place, Sydney NSW 2000

Mike Baird MP - Member for Manly and NSW Treasurer Electorate Office: 2 Wentworth Street, Manly, NSW 2095 Tel: 9976 2773 Fax: 9976 2993 [manly@parliament.nsw.gov.au](mailto:manly@parliament.nsw.gov.au)

Rob Stokes MP - Member for Pittwater Electorate Office: 1725 Pittwater Road, Mona Vale, NSW 2103 Tel: 9999 3599 Fax: 9999 0922 [pittwater@parliament.nsw.gov.au](mailto:pittwater@parliament.nsw.gov.au)

Warringham Mayor Michael Regan Councillor Julie Sutton Tel: 9942 2422 Fax: 9942 2604 Tel: 9451 5769 Fax: 9452 5769 [mavor@warringham.nsw.gov.au](mailto:mavor@warringham.nsw.gov.au) Mob: 0418 962 519 [sutton@warringham.nsw.gov.au](mailto:sutton@warringham.nsw.gov.au)

Councillor Dr Conny Harris Councillor Virginia Laugesen Tel: 9451 3231 Fax: 9453 1240 Tel: 9400 3299 Fax: 9400 3299 Mob: 0432 643 295 Mob: 0437 499 950 [connyharris@warringham.nsw.gov.au](mailto:connyharris@warringham.nsw.gov.au) [virginia.laugesen@warringham.nsw.gov.au](mailto:virginia.laugesen@warringham.nsw.gov.au)

Tony Abbott MHR - Federal Member for Warringham Electorate Office: 17 Sydney Road, Manly, NSW 2095 Tel: 9977 6411 Fax: 9977 8715 [tony\\_abbot.mp@aph.gov.au](mailto:tony_abbot.mp@aph.gov.au)

## Compiled by Tony Dawson, Editor

## SAVE A VITAL LINK

KILLARNEY POINT and surrounding Bushland provide the vital link connecting Davidson Park with Bantry Bay, both part of Garigal National Park. You know how special this area is. Will you help to safe-guard forever this

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Warringham Mayor Michael Regan Councillor Julie Sutton Tel: 9942 2422 Fax: 9942 2604 Tel: 9451 5769 Fax: 9452 5769 [mavor@warringham.nsw.gov.au](mailto:mavor@warringham.nsw.gov.au) Mob: 0418 962 519 [sutton@warringham.nsw.gov.au](mailto:sutton@warringham.nsw.gov.au)

Councillor Dr Conny Harris Councillor Virginia Laugesen Tel: 9451 3231 Fax: 9453 1240 Tel: 9400 3299 Fax: 9400 3299 Mob: 0432 643 295 Mob: 0437 499 950 [connyharris@warringham.nsw.gov.au](mailto:connyharris@warringham.nsw.gov.au) [virginia.laugesen@warringham.nsw.gov.au](mailto:virginia.laugesen@warringham.nsw.gov.au)

Tony Abbott MHR - Federal Member for Warringham Electorate Office: 17 Sydney Road, Manly, NSW 2095 Tel: 9977 6411 Fax: 9977 8715 [tony\\_abbot.mp@aph.gov.au](mailto:tony_abbot.mp@aph.gov.au)

## Recreational boating: preparing for Summer



Summer from Broken Bay Marine Rescue

Every year Marine Rescue assists recreational boat users who have broken down for various reasons. Marine Rescue volunteers at Bayview will always assist if they can as that is what they are trained and volunteered for.

The typical breakdown causes can vary from running out of fuel, or dirty, or contaminated fuel, dead battery, engine failure or other reason why the boat is unserviceable or the engine will not start.

There may be many causes as to why an engine will not start and one of them is that whilst at anchor there has been a large drain on the boat's batteries.

Before going out on the water it is important that boat owners check what accessories are connected to the battery when the engine is stopped. These could include a fridge, kettle, stereo, etc. or, the engine may not have been run for some time.

Before setting out for the first time at the commencement of the season it is worth checking the condition of your boat. Is the fuel fresh, are the electrics in good condition, are all the moving parts in good condition and not jammed with corrosion?

There is a comprehensive checklist on websites. One is for example "Boating Industry Association".

It is so much more convenient to check your boat before you go out than have a breakdown when you are on the water. It is important not to be in a hurry when preparing your boat for the water because if you breakdown you will have plenty of time to regret it.

Marine Rescue runs various courses to educate boaters in how to enjoy their boating safely. These and other useful information can be found on [www.marinerescuebrokenbay.org.au](http://www.marinerescuebrokenbay.org.au)

## Senior Toy Repairs



photo by Michael Mannington

Wednesday was the last Distribution Day for this year for the Seniors Toy Repairers in the Bert Williams Memorial building at Ingleaside. The great team had again revved and repaired at least a thousand toys and this amount went quickly. Bikes proved ever popular, as did the games, soft toys and trikes for tots. New president for the group, Lloyd Allen, voted in a few weeks ago, expressed his gratitude to the community for their ongoing support, particularly to the three local councils and RSL's whose grants throughout the year enable them to cover some of the costs associated with their good work. The volunteer group meets every Wednesday morning in the green building beside the Bahai temple and share a cuppa at the end of the morning's work. Their toys are given to charitable organisations registered with Mary Kitchen, secretary. We hope they enjoy a well earned break.

## Pittwater Offshore Newsletter Update 1/12/2011: click on Logo. Also has an Extensive Local Directory.



To contact Julian: [editor@scotlandisland.org.au](mailto:editor@scotlandisland.org.au)

## MARKET FAIR & CHRISTMAS SALE Sat. 10th and Sun. 11th December 10am to 4pm

GONE FISHING GALLERY  
1858 Pittwater Road Church Point 2105 (next to the Ferry Wharf)

Be early, beat the crowds and get some fantastic bargains in time for Christmas. The venue couldn't be more perfect, set in the old Pasadena Building on Pittwater, opening onto huge deck and lawn which runs down to the water's edge. You can:

- Picnic on the lawn. - Listen to music. -BYOD (bring your own dog) - dogs on leashes are welcome and can be walked along the water.

- Find arts and crafts at sale prices. - Get refreshments, wine, beer, and coffee at the adjacent café. - Established artists selling small works - great Christmas gifts. And a chance to meet some of the local artists selling their works, photography, sculpture, paintings, jewellery and ceramics - all at real bargain prices. -Browse through our market fair - priced for Christmas...never has Christmas shopping been so enjoyable. You can lay-by and use Christmas Visa and MasterCard. -Catch a ferry round Scottland Island and the Bays and see our beautiful Pittwater.

If you have any queries, either visit our website, [www.gonefishinggallery.com.au](http://www.gonefishinggallery.com.au) or email us on [info@gonefishinggallery.com.au](mailto:info@gonefishinggallery.com.au) or call our director, Paul Smith, on 0404103601.

**From Elsewhere;**

## Protect your pins and passwords this Christmas - Australian Federal Police

PORTFOLIO: Attorney-General's SNIPPET: In the lead up to Christmas, the Australian Federal Police (AFP) has today released a community service announcement (CSA) to remind the public to protect their pins and passwords when shopping in stores and online. If you feel you need keep a written record of your pin for your own reference, keep it in a safe place that is completely separate from your card. Statistics from 2010 reveal the cost of credit and debit card fraud to the Australian community was \$66.3 million (for Australian issued cards used in Australia) and \$105.5 million (for Australian cards used overseas).

## Record investments in child care affordability | Ministers&#039 Media Centre

PORTFOLIO: Education, Employment and Workplace Relations SNIPPET: The Australian Government will invest a record \$18.1billion in direct payments to working families to help them meet the costs of child care. Demand for child care in Australia continues to increase and our Government's record investment in child care availability is matching that growth. Ms Ellis said, I am proud of our increased investments in child care affordability which have seen the percentage of family income being spent on child care almost halve since 2004, dropping from 13per cent to just 7 per cent in 2010 for families with one child in care and earning \$55,000 per year.

## National Awards for Local Government Excellence

PORTFOLIO: Prime Minister and Cabinet SNIPPET: Local councils across Australia have the opportunity to be recognised and rewarded for their innovative and creative work in supporting local communities, with entries for the 2012 National Awards for Local Government now open. Local Government Minister Simon Crean announced today, I urge all local councils across Australia to enter the 2012 National Awards for Local Government, which will showcase the innovative and inspiring work of councils in our communities," Mr Crean said. For more information on the National Awards for Local Government contact the Awards team on 1800 065 113, or visit

## Gillard Government reforms deliver record number of degree qualified students | Ministers Media Centre

PORTFOLIO: Education, Employment and Workplace Relations SNIPPET: Official figures released today confirm the Australian Government is on track to achieve the 40 per cent bachelor degree attainment target. The 2011 milestone of 35 per cent has been achieved, and we are on course to reach the 2025 target of 40 per cent of 25 to 34 year olds attaining a bachelor degree or higher. Minister Evans said, Total Government investment in higher education in 2011 is more than \$12 billion up more than 50 per cent since 2007.

## Broadband network provides in-home healthcare | Senator Stephen Conroy | Minister for Broadband, Communications and the Digital Economy

PORTFOLIO: Broadband, Communications and the Digital Economy SNIPPET: Deputy Leader of the Government in the Senate, Minister for Veterans' Affairs Minister for Defence Science and Personnel Minister for Indigenous Health Minister Assisting the Prime Minister on the Centenary of Anzac, The Minister for Veterans' Affairs, Warren Snowdon, and the Minister for Broadband, Communications and the Digital Economy, Senator Stephen Conroy, today announced an \$8 million trial which will enable chronically ill veterans to have their health monitored by health professionals without leaving their home.

## Australian Youth Forum 2012 Steering Committee announced | Ministers&#039 Media Centre

PORTFOLIO: Education, Employment and Workplace Relations SNIPPET: Minister for Youth Peter Garrett today announced the members of the 2012 Australian Youth Forum (AYF) Steering Committee. It will provide a link between the Australian Government and young people. The Australian government recognises the vital contribution that young people make to our society, and we value the opinions and ideas put forward by the Australian Youth Forum Steering Committee. I would like to thank the outgoing members of the Australian Youth Forum Steering Committee for their contribution they have made this year, and I hope they will continue to be advocates for young people.

## Australia to host 2014 International AIDS Conference, Australian Minister for Foreign Affairs

PORTFOLIO: Foreign Affairs and Trade SNIPPET: Foreign Minister Kevin Rudd and Minister for Health and Ageing Nicola Roxon today congratulated Melbourne on its selection as the host city for the esteemed International AIDS Conference in 2014. In the words of Australia's theme for World AIDS day 2011, HIV is still here and despite advances in treatment and the success of Australia's response, about 1,000 people are still diagnosed with HIV in Australia each year," Ms Roxon said. Australia is providing at least \$500,000 through the Australian Agency for International Development (AusAID) to support conference streams dedicated to addressing HIV in developing countries and to assist countries in our region to participate in the conference.

## Next Steps to Help Consumers Make Healthy Choices

PORTFOLIO: Health and Ageing SNIPPET: THE HON NICOLA ROXON MP. This is a matter for industry to progress as it falls within the industry self-regulation component of the food labelling hierarchy. Food labelling is an appropriate response to the problem and.

## Masters Wins Lifetime Achievement Award | News Centre : Australian Sports Commission

PORTFOLIO: Prime Minister and Cabinet SNIPPET: Minister for Sport Mark Arbib has congratulated respected journalist Roy Masters after he was honoured with the Lifetime Achievement Award at the 2011 Australian Sports Commission (ASC) Media Awards tonight. Roy has been at the forefront of Australia's sporting media and his insights into a wide range of sports throughout his career have made him a well respected figure, Senator Arbib said. Masters joins a host of Australia's best sports journalists in winning the Lifetime Achievement Award, including Caroline Wilson, Les Murray, Bruce McAvaney, Mike Gibson and Harry Gordon.

## Community Arts and Cultural Development Awards

PORTFOLIO: Prime Minister and Cabinet SNIPPET: Enriching Australia by supporting the practice and enjoyment of the arts. You are here. Community Arts and Cultural Development Awards. For enquiries about the Community Arts and Cultural Development Awards please contact.

## Living Ocean Short Film Festival

<http://www.livingocean.com.au/>  
CALL FOR ENTRIES - END OF SUMMER PFP Film Festival  
SHOW YOUR TALENT TO THE WORLD

Plastic Free Pacific: Living Ocean Short Film Festival to celebrate Ocean lifestyles & raise awareness of plastic contamination

\* Short Film "Living Ocean" Theme - how the ocean inspires

# Pittwater Online News

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## Concordance = Concord + Dancing by Josephine Smith; everyday angel

In working or applying a practicing, 'maintaining', due to its ever-renew 'commit' nature, is encouraging anything to become its healthiest self by concurrently creating the environment that will enhance this wholeness happening in by putting back what is missing or Keeping it if it is already there. Keep it reverent reverently and relevant for upright sway, for full bloom, or all parts humming, in plainspeak and salt of earth action, until the waves of colour in these, glimmered, show as veils you can see through. Concord-dances or Concordance we call this, other arching hummings of Light, from 'concord', equalling harmony, a chord called 'One', plus 'dancing', a rhythmic flow of music through and from limbs.

The dance goes like this; you put your right foot in, you pull your left leg out, fall flat on your face and squirm all about. **Just joking!** The real dance; We sway, upright, and feel the magnetic pulls of east to west and north to south in our swaying, from side to side and front and back, to balance, center, put on uprightness until we feel our back uncrack, and all other parts around that beam, where muscles are sore from straining, too much for too long scrunched down into just one part, unfurl, and bring out the music within. Sometimes this is Symphonies, full orchestras, sometimes rock and roll, sometimes breeze and birdsong.

From Spirit Dictionary; Concordances; *an inverted Echo filled with Light Voice, or, hearing the Words Singing.*

Maintain in the act and conscious holding to of maintaining; wipe the dust off the wooden table, and, when it's damp or too dry for too long, rub a little 'maintenance' oil in. Keep to being in the best condition and help create this by maintaining the best conditions. Maintain the practice of keeping, cup in yourself your life waltz. We practice it until we have become it, from the smallest task and thought to the larger until all these accumulations cause transformation.

All alchemists practice alchemy in one way to begin with which leads to practicing other forms of alchemy; the sincere devotional devout commitment to becoming. We all have innate gifts, natural leanings, and pursuing these is causing the innate to brim, and vocation to be fulfilled. Alchemists seek knowing and knowledge of inner and outer transformations. The flower of self and soul to be unfolding sought, long quested for, begins blooming in more and more colours, gathering the gathering we sense growing inside.

Part of this or any becoming is it shows, in signs, which are signals, and there is no hiding this under a bush, or pretending to be being some other being. Visions of you as archetypes, in all archetypes wether this be you as starlit giant, or as a fairy in a purple or yellow flower guise, will come. A glow will beam out from your skin. A 'halo', or ring of your auric energies, will appear to the physical eye around, below and above you. This is perfectly normal, natural and will become deeper and higher and stronger as you become more sincere in the essence you are engendering within you, especially when you Contemplate any-thing with love in you and as your guide. 'What do you think you're seeing?' You will know what you're seeing. We all know, from the bane of our being, what these signs mean. Signals, portents, meanings, augurs, something transfers to the blood.

We like to close our eyes, to return to the sensation of being sealed. And inside, warm and dusky edged, skin no longer a sponge for all the outside world, and reeking at fingers of onions cut three days ago, or ears with last summer's tides and sand still spilling out, we are very very quiet. Sealed we are, with skin that is radiant, lit from within, and breathing out stars, sweet breath making breath. Sealed, with eyes closed, so they can open on the inside and take a look around in there, watching all unfold. We are seeing Blue wind breath pinpointed with gold and white, fluorescent green and orange, skin that reeks of all the flowers of all the seasons, alps on the top edge of your ears, the lotus from between your toes, while over your arms are December's eucalyptus flowerings. Visions of Spring sprung from you are appropriate, and apt. It is Spring and Summer you are wanting to rise back up through you, Creation essence, for at least a season long.

From *Melchisedek's Garden, Chapter 7 of Seeing Things*. Copyright A J Guesdon 2008-2011



## Park Bench Philosophers

We are seeking contributions from all Pittwater residents in the form of anecdotes, memories, stories or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: [pittwateronlinenews@live.com.au](mailto:pittwateronlinenews@live.com.au)

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1000.

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# Pittwater Online News

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Above: Mondo Rock at The Boat house, Palm Beach, last month. Below: The Living Ocean People with Paul Watson of Sea Shepherd, at front (on couch).



Above: North Whale Beach.

Further:

Websites:

ROCKHOUSE [www.rockhouseband.com.au](http://www.rockhouseband.com.au)  
Almost Famous [www.almost-famous.biz](http://www.almost-famous.biz)  
Mondo Rock [www.mondorock.net](http://www.mondorock.net)

Written works:

[The rock music self management manual : a guide to understanding and surviving the contemporary music industry in Australia](#) / by Paul Christie. Chatswood, N.S.W. : Povare,

[How to survive and succeed in the music business : a guide to understanding and surviving in the contemporary music industry](#) / Paul Christie. - 2nd ed. North Sydney, N.S.W. : Warner Chappell Music Australia,

[A rock music self management program : a young person's guide to understanding and getting started in the contemporary music industry in Australia](#) / by Paul Christie. Avalon, N.S.W. : Provare,

Weekend Warriors Program:  
[http://www.alliansbillyhyde.com.au/promos/weekend\\_warriors.aspx](http://www.alliansbillyhyde.com.au/promos/weekend_warriors.aspx)

FROM Wikipedia: some incorrect entries here (Paul is still part of Mondo Rock)  
[http://en.wikipedia.org/wiki/Paul\\_Christie\\_\(Australian\\_musician\)](http://en.wikipedia.org/wiki/Paul_Christie_(Australian_musician))



## Paul Christie

Paul Christie is one of those Pittwater gents who remind us of Summer. Nights spent dancing to the Party Boys at Moby's at Whale Beach with Australian musical greats such as Ian Moss from Cold Chisel or Angry Anderson of Rose Tattoo leading the tunes, or leaving PC's, a nightclub opened and run by Paul where the dance studio is now, upstairs in Avalon's Barefoot Boulevard, in warm two a.m.'s are part of the memories of many residents.

Paul's contribution to music as bassist for Mondo Rock, his initiating and organising The Party Boys, or being a Lecturer at the Australian Institute of Music and author of numerous books, such as, *How to survive and succeed in the music business : a guide to understanding and surviving in the contemporary music industry* and penning 'Chemistry' with Mondo Rock guitarist Eric McCusker classify him as a veteran in the Australian music industry. He's also community minded in being a judge for BL's Blast Off Idol competition and someone who will contribute his considerable talents to protecting our oceans by playing at or organising benefits for Sea Shepherd as part of the group of locals who are Living Ocean.

What and when was your first contact with music and how did this lead to your becoming a musician ?

My first contact was through my parents. My father was a very gifted piano player who could not read music and did not know what an A minor chord was. He played everything by ear with the most fantastic ability to groove on the piano and so too did my mother, who played the Hammond organ and ukulele. So when we had parties at home, long before people were staring at flat screens and had iPods and iPhones they engaged with each other, which was quite an extraordinary thing. A large group of people in a suburban lounge room stomping away with dad or mum or both of them playing real, funky beats.

Paul's love of the beach culture and the ocean itself are demonstrated in getting in the water but also in taking an active role in doing something about protecting our ocean. In recent times his involvement with charity shows to raise funds for projects that support and protect our oceans illustrates a 'hands on' approach; we asked him how this came about.

I'm a part of an organisation on the beaches called 'Living Ocean'. A group collective of actors, photographers, musicians and filmmakers and water based people. Living Ocean involves itself in fund raising events for Sea Shepherd. In September 2010 I put a band together with Rob Hirst from Midnight Oil, Iva Davies from Icehouse, Randall Waller, Daryl Beaton, Angry and Dai Pritchard to play at the inaugural event. We raised quite a lot of money from that event at Ripples, Whale Beach

On November the 6th 2011 we undertook another fundraising night for Sea Shepherd with Paul Watson in attendance. Mondo Rock performed (I've been the bass player since 1980) at the Boathouse at Palm Beach and we raised \$50,000. So that was a great result and again another group of fairly important people on the northern Beaches worked on this and were involved. Living Ocean:  
<http://www.livingocean.com.au/>

What one or two pieces of advice would you give anyone aspiring to making a living via music?

Buy Shane Simpson's book on Music and Entertainment Law  
[http://www.musicroom.com.au/en-AU/se/ID\\_No/0410802/details.html](http://www.musicroom.com.au/en-AU/se/ID_No/0410802/details.html)

Number one; read it from cover to cover. He's an entertainment lawyer who's been around for a very long time. The music industry attracts a lot of people who want to go out and have a good time and live that lifestyle as against having a career.

Sometimes people who wanted that lifestyle they get the mechanics of it and it becomes a career for them. The Rolling Stones are a great example of that, they keep doing it and get better at it and have spent forty years being Rolling Stones. That's a very good thing; I think that's the most remarkable thing, it's tremendous that a band can stay together that long and do so many records and entertain so many people.

But you've got to have an understanding of it all; you've got to have an understanding of what a business partnership is, you've got to understand how publishing works and licensing and all that kind of thing, all aspects associated with successfully running a band. If you understand that from the start, I honestly believe that a band's rise to fame can be far quicker if they don't go blindly out into the industry.

The Weekend Warriors Program, what is that about ?

The next season commences at Mona Vale in March 2011!

It's an initiative by Allen's Music and Billy Hyde. I've just finished another season at Alexandria. It's for people that love music, that are into guitars and pianos and bass that don't play professionally. It provides the opportunity to get together in groups to be trained by myself over a month of rehearsals and then perform at a public venue.

The previous season ran out of the Billy Hyde store in Mona Vale. We had a large number of people attend the show, family, friends and outsiders. They're remarkably entertaining; there's so much energy and excitement and adrenalin running around in that space. They dance and have a great time. For the vast majority of those people it's the first time they've been on a stage.

So I have to train them in the fundamentals, the technical things. In some instances how to play in a certain way. I teach them all the very basics, like things you learn from playing in a band for so many years that you take for granted that everyone knows. You have to realise that everyone doesn't have all that knowledge stored in their head.

It's a great joy to create a euphoria amongst defined groups of people; they're like schoolkids on their first excursion; they're so excited and so gleeful that it's a good environment to be around. It's a far better environment than watching the Channel 9 news or having anxiety fed into your life by talkback radio.

What was the first album you bought with your own pocket money?

The first record I ever bought was a 45rpm of Satisfaction by the Rolling Stones

What is your favourite song or album now; if you had to choose just one ?

It would probably be a Joni Mitchell album from her 80's period of all things; Chalk Mark In A Rain Storm:

What is your favourite place in Pittwater and why?

My favourite place in Pittwater is shared between two places; one is Sandy Point at dusk in Summer, off Iluka Road Palm Beach. The other is the very northern end of Whale Beach to the left of the three big pine trees. There's this little patch of scrub and in afternoon light, that's feels like my spiritual home.

What is your 'motto for life' or a favourite phrase you try to live by ?

**You're dead a long time**

Paul has also nominated our [Artists of the Month](#) for December, musicians Suspect Behaviour from the Weekend Warriors Program and Taking the Drop; Life is for Living!, a great new book written by local ladies Danille Dubois, Sheree Da Costa, Debbie James and Jillian Flitton.



Sandy Point foreshore, Palm Beach, 2011



North Whale Beach, 2011

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Above: Govett, William Romaine. 1807-1848. South headland of Broken Bay, New South Wales [picture][1836?] 1 drawing: pen, ink and wash; 10.7 x 14.3 cm. Part of Original drawings 1836-7 [picture] 1836-1837, nla.pic-an3365031, courtesy the National Library of Australia

Below: Barrenjoey [i.e. Barrenjoey], Broken Bay [picture] 1869 Jan. 16. Creator, Slade, George Penkivil. 1832-1896. No. 32 in his Sketches; Part of Sketches and watercolours.; Title from inscription l.r.; (ANL)R7314. Subject Barrenjoey (N.S.W.) - Pictorial works.Picture -- New South Wales -- 1851-1900. nla.pic-an6454687 courtesy National Library of Australia

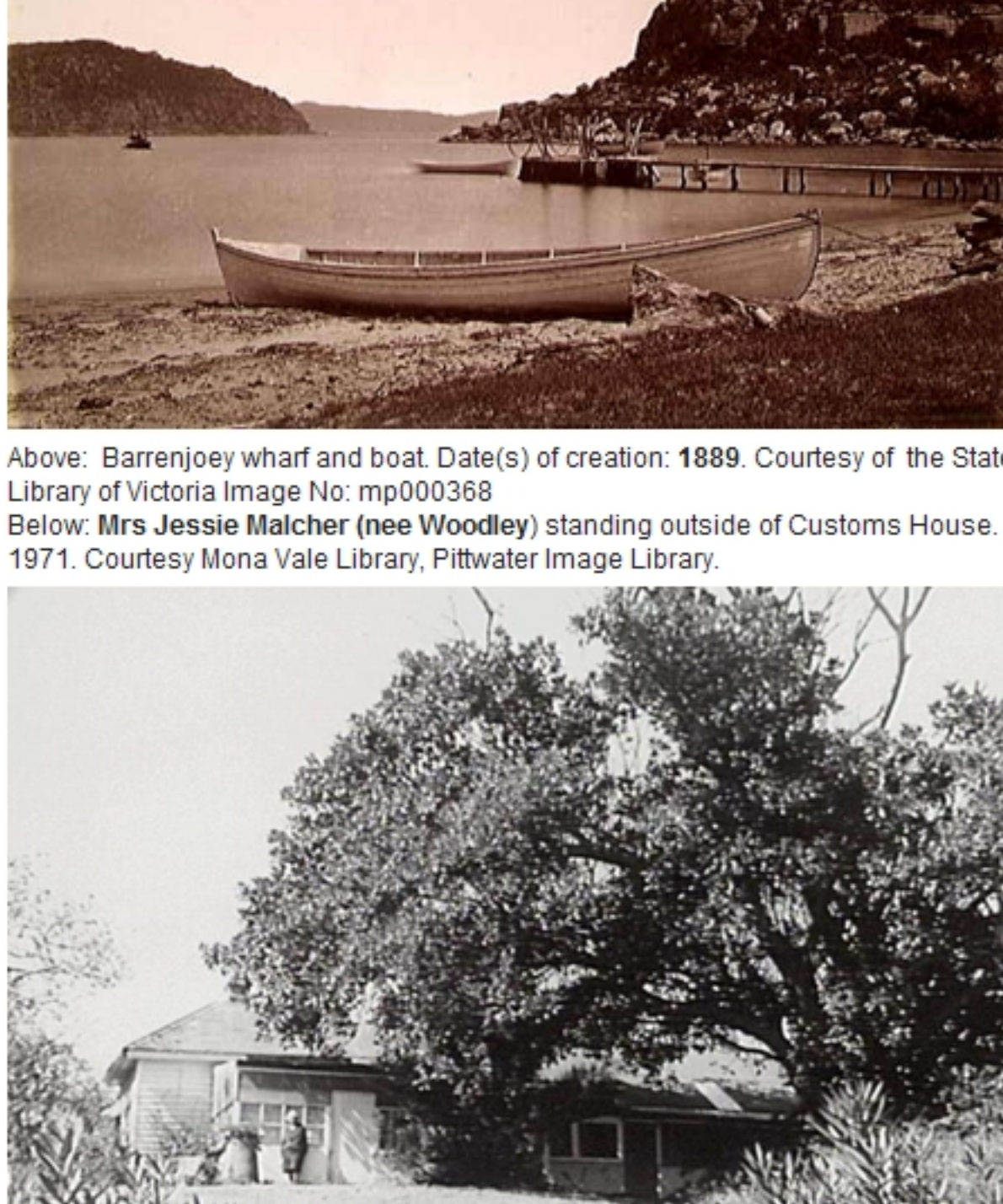


Below: Barrenjoey Head, Broken Bay [picture]Creator Graham, H. J. (Harold John), 1858-1929. Description, pen and ink drawing [1884?] Image number nla.pic-an6438965, courtesy National Library of Australia.



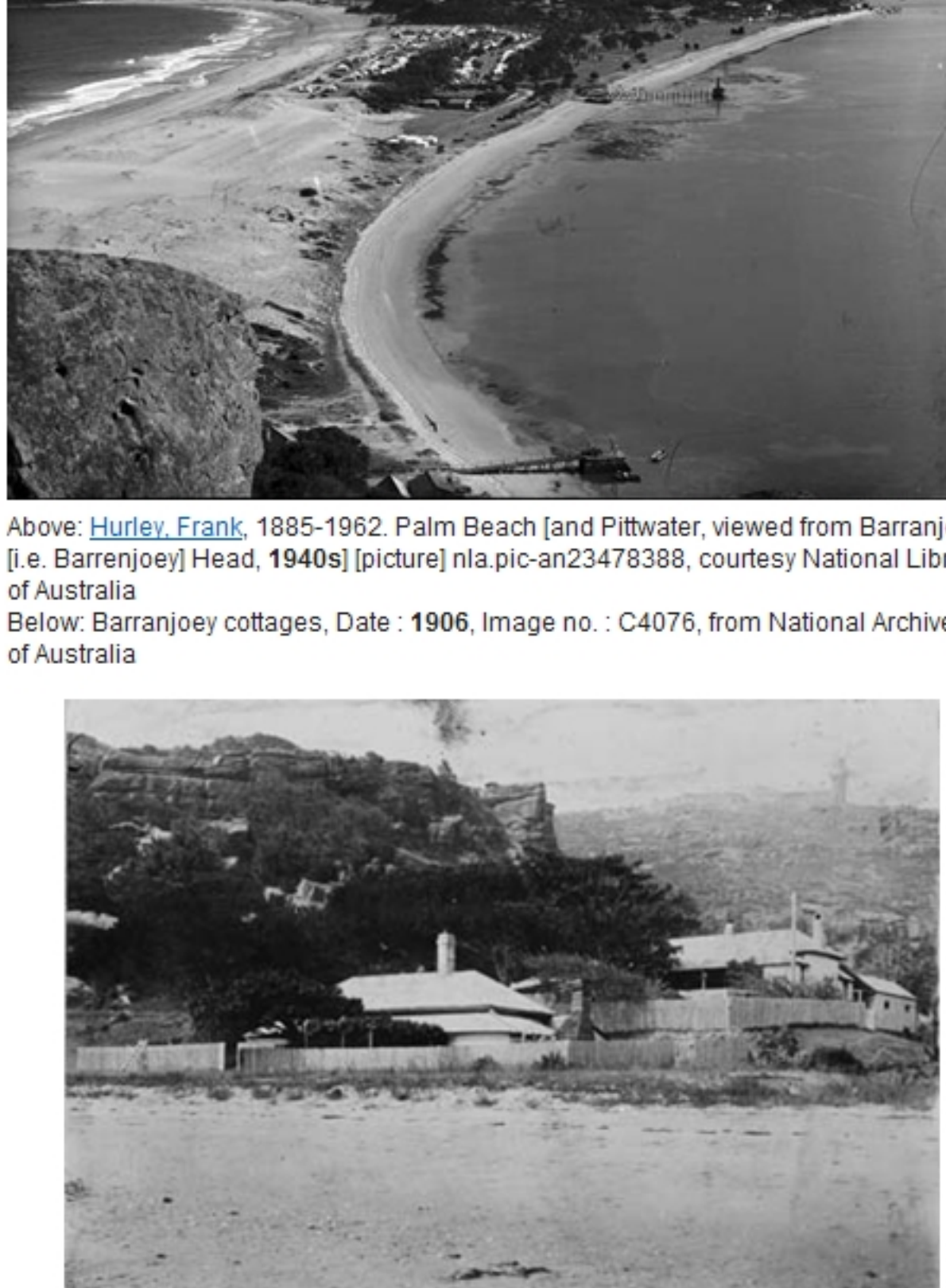
Above: Barrenjoey wharf and boat. Date(s) of creation: 1889. Courtesy of the State Library of Victoria Image No: mp000368

Below: Mrs Jessie Malcher (nee Woodley) standing outside of Customs House. 1971. Courtesy Mona Vale Library, Pittwater Image Library.



Above: Hurley, Frank, 1885-1962. Palm Beach [and Pittwater, viewed from Barrenjoey] [i.e. Barrenjoey] Head, 1940s [picture] nla.pic-an23478388, courtesy National Library of Australia

Below: Barrenjoey cottages, Date : 1906, Image no. : C4076, from National Archives of Australia

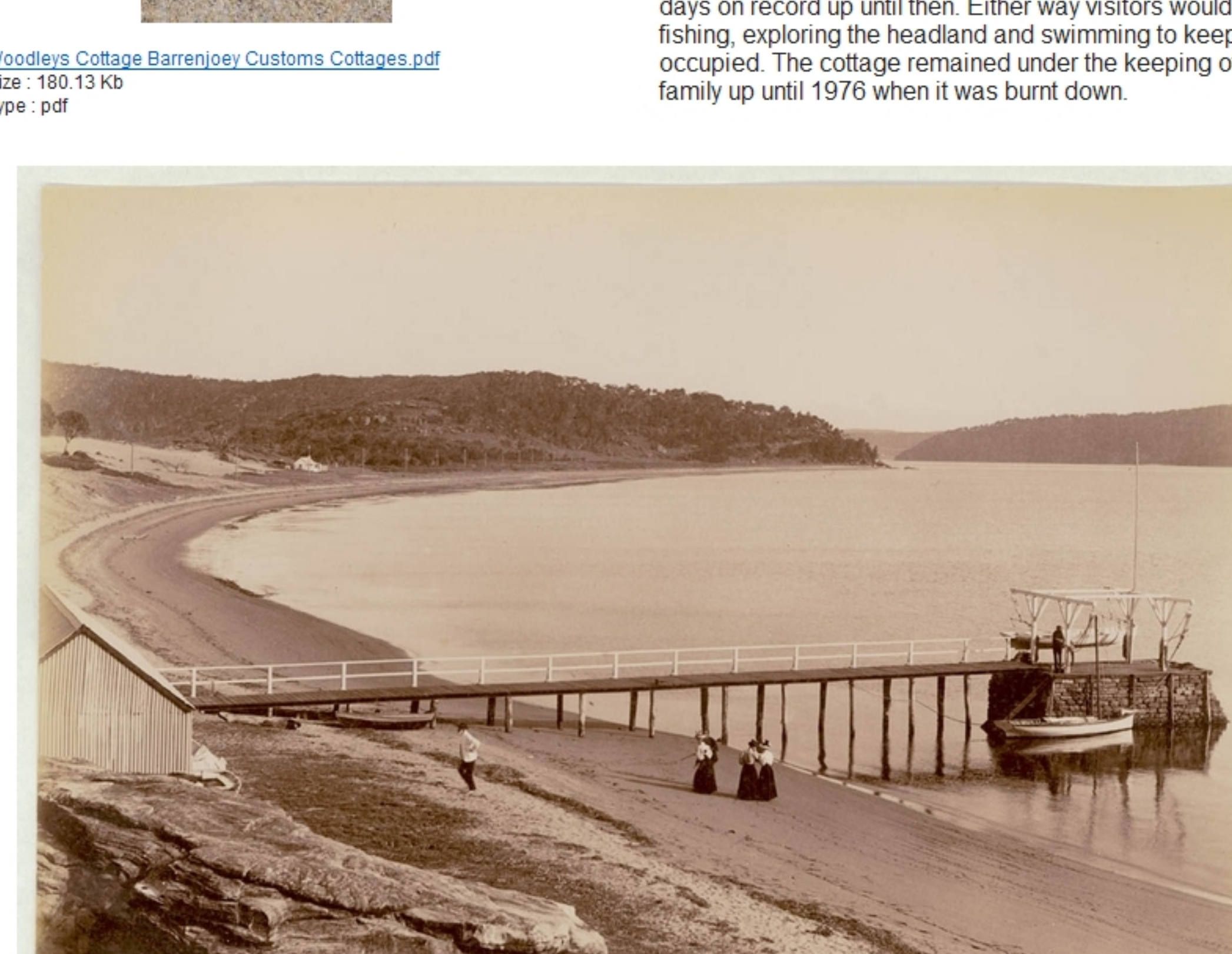


Woodley's Cottage Research in File Below

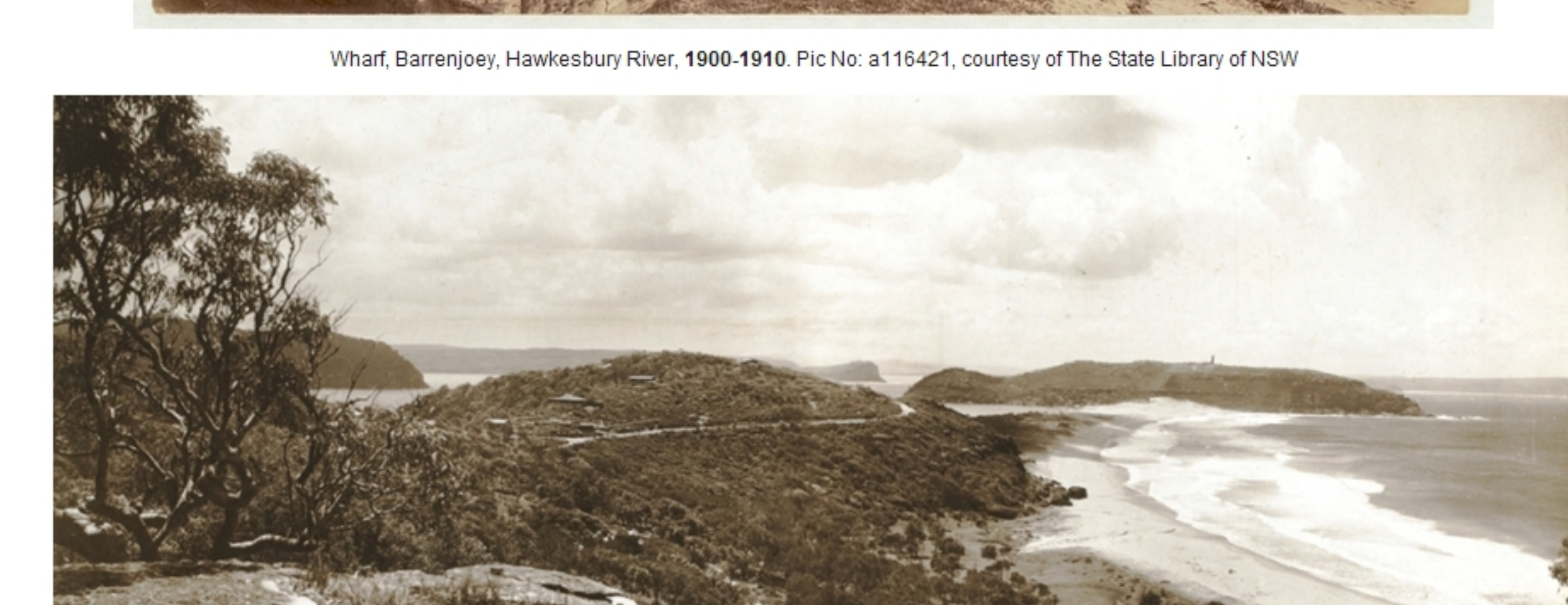
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[Woodleys Cottage Barrenjoey Customs Cottages.pdf](#)  
 Size : 180.13 Kb  
 Type : pdf



Wharf, Barrenjoey, Hawkesbury River, 1900-1910. Pic No: a116421, courtesy of The State Library of NSW



View of Palm Beach and the Hawkesbury River from the Allen Family Album; Pic: a3296054h1918, Album 68: Photographs of the Allen family, February 1918 - September 1918, courtesy of The State Library of NSW. Description on page: This view was taken by Harold Cookshott on a half plate camera. It is an excellent view of Palm Beach and Barrenjoey Lighthouse... The actual picture was taken from Miss McCarthy's house. The road winding around the hill is called Sunrise road. The first two buildings, are, I think, boarding houses. The other three houses belong as follows: - the one at the top on the left belongs to Alice Bowman, the one just below that to Miss Garran, and the one on the right to Dr Brown Craig.

## Woodley's Cottage

Broken Bay Customs Station  
Station Beach, Barrenjoey

"When worn out with city cares  
and weary with its strife,  
then hie thee unto Broken Bay  
to renew thy lease of life"

F. S Stacy, Barrenjoey Visitors Book  
17 March 1900

Palm Beach is one of those places that has the rest of Sydney visiting it on weekends and summer holidays bring a throng of visitors from a few suburbs away or even from overseas. The estuary side of the tombola and the ocean beach attract those who sip champagne and those who prefer cider. Mansions are dwelt in, campers tents and caravans filled the greens where the Governor Phillip Park now is up from the 1920's until 1970. There were boarding houses and cottages for summer rentals. One of these was Woodley's 'bungalow' in the old stone cottage Custom's House on Station Beach, just under the lighthouse.

From 'A Life Enjoyed' by James Russel Shorter, *There was a holiday at Barrenjoey; spent in an old stone cottage called Woodleys Cottage at the foot of a steep track (Smuggler's Track) leading up to Barrenjoey Lighthouse. - To get there we had to row from Gow's Wharf at Palm Beach, Pittwater. In those days Palm Beach and Cronulla were regarded as far enough to go for a holiday; but on one occasion we let our hair down and rented a cottage at Wallarah Point, Tuggerah Lakes, reached by launch down the creek from Wyong. I can still taste the succulent prawns we used to catch there.*

Incidentally, the stone cottage under Barrenjoey was one of three customs cottages built in 1862 together with a substantial stone jetty. The customs station had been established there prior to this, in fact in 1843, as a result of the increased smuggling in Broken Bay. As early as May 1846 the Commissioner of Customs in London reported that the Custom Station at Broken Bay had been "successful in checking smuggling."

Prior to the first World War transport to the Peninsular and Palm Beach in particular was, to say the least, difficult. Proceeding from Circular Quay one took a ferry to Manly, then a horse-drawn streetcar to Narrarah where a ferry crossing was made of the lake. A sulky continued the journey to Church Point and finally one took another row-boat ferry to Palm Beach.

At the time we were there, the Summer of 1919/20, transport had improved to the extent that we were able to travel by launch from Newport to Palm Beach where a small wharf had been built at Gow's boat-shed, immediately south of Observation Point. From there we proceeded by row-boat to the old Customs Jetty.

At that time Palm Beach Telephone Exchange had only 14 subscribers, and the Barrenjoey Lighthouse was still lit by a kerosene lamp consuming 4 gallons of kerosene each night. I'm not sure how my parents came to choose a Barrenjoey custom house for a holiday but I have a vague recollection that it was through their friends Ma and Pa Shimmels who was superintendent of Prison Farm Homes for Juveniles at Mittagong.

Retrieved from: [http://rus.shorter.net/a\\_life\\_enjoyed.txt](http://rus.shorter.net/a_life_enjoyed.txt)

The track above this cottage, known as 'Smuggler's Track', was built by five convicts as an access way to Barrenjoey Headland for keepers and customs workers. Directions from Colonel Gibbs of the Customs Service, Sydney was to "Form a winding path up the south face of the mountain by clearing the bushes and making steps where required, to a flat place on the top near the western end where a sentry box or watch hut is to be built and a flag staff erected."

When the Customs Station was established, ships were required to report before entry into Broken Bay, so a watchman was posted to observe vessels arriving and departing. (Information from "Tales of Barrenjoey" Jervis Sparks, 1992. National Parks and Wildlife Service NSW.)

Mr Shorter's parents may not have been the only visitors to take this cottage for long balmy summers. The following advertisement, after they would have left, sought new visitors; PALM BEACH, Barrenjoey-Bungalow, "furnished, sur., fish, tennis. W. Woodley. Ph.. N. S35. PALM BEACH-Furnished Cottages to Let or Sale, 2 bedrooms, large verandah, near surf. \_ Albert Verrills, Palm Beach, Pittwater. From: Advertising. (1919, April 26). The Sydney Morning Herald (NSW : 1842 - 1954), p. 22. Retrieved September 7, 2011, from <http://nla.gov.au/nla.news-article28098303>

The Cottage would have been built of Hawkesbury sandstone and cut from the shelves of cliffs under the lighthouse, which was also used in the construction of the Custom's wharf and the lighthouse itself.

From A Ride to Barrenjoey, Sydney Morning Herald 1867: Just under Barrenjoey is the pretty cottage of the Customs officer, Mr Ross and the residences of those connected with the Customs station. There is evidence of taste in the gardens and the other cultivated ground around the station, and an air of peaceful comfort quite refreshing to those engaged in the turmoil of city life. From the station to the flagstaff on the top of the mount, the ascent is by a pretty walk, which must have taken to make and on either side are various shrubs so planted as to throw an acceptable shade over the road. The view from here is a fitting climax to those on the journey down - to the south-west is a harbour that would hold the fleets of Great Britain, to the west the mouth of the Hawkesbury, to the north Pyramid Island and the entrance to Brisbane Water, and the innumerable inlets that dent the land stretching far into the sea and forming the South Head of Broken Bay, and on the east the unbroken curve of the Pacific.

From Guy Jennings's (1991), My Holiday and other early travels from Manly to Palm Beach 1861: The Ross's house had a pretty rustic appearance with its neatly painted front, and leaf covered verandah, but, as he informed me, the beauty was all in appearance, since the house, a timber erection, had been built so many years ago, that slabs and posts and weatherboards were now so far decayed as to make it doubtful on the occasion of every gale of wind, whether it would stand it out, or succumb before the blast. However, by dint of constant painting and repairing, it is kept in an apparently comfortable state, despite the rottenness that lurks below the surface, and what is worse, the leakage from the roof above. In front of the house is a small, but well kept garden, on a terrace, built up on the side of the hill evidently after a considerable amount of labour, and overlooking from the farther side the men's hut and the beach beyond. From the side of the house, a wicket gate opens upon a broad pathway leading down to the beach, formed into broad low steps, by means of protecting logs, behind which gravel and stones have been laid just sufficiently off the level to secure drainage. The men's hut is a large slab house with a shingle roof admitting wind and rain everywhere, since the lower ends of the slabs have completely rotted away, and they rock away crazily in the wind in all the helplessness of extreme old age; whilst the boat's crew have their splumbers protected from the pelting rain that would otherwise penetrate the leaky rotten roof, only by the large tarpaulin, or sail, or whatever it is, that is thrown over it. A large boathouse, under which was stored the new and crack boat of the station, stands to the right of the men's hut, with a workshop, in which was a very good and complete supply of tools, attached to it; and at the back, under a shed or lean-to, a little punt, sufficient to accommodate three or four persons, was in course of construction, for use on fishing expeditions.

Running out from the beach immediately in front of these is a long and well constructed jetty, built on piles, and carried into good deep water at the lowest tides. At the back of the cottage we were shown, with evident pride, the arrangements that had been made for supplying the station with water. These were effected by bringing the water of a beautifully clear and crystal spring, by means of long troughs from a dank, rocky gully in the mountain's side, whence it took its source, down to the back of the premises, and within easy reach of the domestics. This stream, which has never been known to fail, even in the driest season, is said to be deliciously cold and refreshing...

The Commonwealth of Australia Act, 1901, transferred of the Customs Department to the Federal jurisdiction. The collections of customs and excise by the New South Wales Government ceased on 31 December 1900 and the Broken Bay Customs Station was closed.

Weather records for December and January 1919, just after the Great War (WWI) show heavy rains in December and a steady 73 degrees Fahrenheit or a cooler January then expected and with SSE breezes and fine, clear and dry skies and seas. This may have been a relief as September 1919 brought one of the hottest Spring days on record up until then. Either way visitors would have had fishing, exploring the headland and swimming to keep them occupied. The cottage remained under the keeping of the Woodley family up until 1976 when it was burnt down.

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## December 4 - 10, 2011: Issue 35

Adelaide's Monarto Zoo is a 1,000 hectare open-range sanctuary undertaking a major role nationally and internationally in breeding programs for rare and endangered species. The Zoo is located 45 minutes (70 kms) from South Australia's capital city, Adelaide and is the gateway to the picturesque Murraylands region. From: <http://www.adelaidezoo.com.au/monarto-zoo>

We regularly receive videos on their projects showing the animals involved, their antics, and, especially at this time of year, all the new babies. Some of these are below for you to look at this week. Their great website, link above, has educational resources, behind the scenes tours and information about exhibits. You can also, like at Tarango Zoo, adopt an animal. You may not get to Adelaide this summer but you certainly visit via these great online resources. Others are on their [YouTube channel](#)

Little Lion Cub Grows Up



Ferret Fun



Baby Zebra at Monarto Zoo



## Apprenticeships

There are over 500 industries in Australia in which apprenticeships and traineeships are available. The Australian Apprenticeship Centre can help you and a prospective employer determine what qualification you are doing, how long your apprenticeship or traineeship will go for, the industrial instrument or award you're employed under, employment conditions, pay, leave or more about who your registered training organisation (RTO) is. They also have a search facility where you enter your postcode to find those available. Local businesses should also be approached to determine if they have trainee positions available and what would be required to secure one. There are even some apprenticeships that may be started while you're still at school.

You can also search for apprenticeship and traineeship vacancies through [Australian Jobsearch](#) (Job Services Australia vacancy site), [Group Training Organisations](#) (only employ apprentices and trainees) and [State Government organisations](#) (current vacancies in the NSW Government).

Apprenticeships NSW Website: <https://www.training.nsw.gov.au/>

The Australian Apprenticeships Centre (enter postcode to find): <http://www.australianapprenticeships.gov.au/search/aacsearch.asp>

**The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.**

**For works now archived and available to all, please visit:** <http://www.archive.org/>



## CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY

Children from 5 to 12 years of age are invited to free holiday craft sessions at [Mona Vale library](#) this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia Day.

Library Manager Cathy Howie said there would be a wide range of activities to suit both boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added Mrs Howie.

To complement the craft sessions the library has a range of craft books available for loan that will keep little hands busy at home over the holidays too. A detailed list of the children's craft activities on offer will be available from Mona Vale Library early in January. All craft sessions are free and bookings are not required.

For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona Vale.

## MANLY WARRINGAH BASKETBALL CAMP

Mon 23rd, Tues 24th & Wed 25th  
January 2012

Session One 5-11 years  
10.30am to 12.30pm

Session Two 12-18 years  
1:00pm to 3:00pm

Venue: NBISC, Jackson Rd  
Warriewood

Special Guest Coaches, Professional coaching, Competitions with great prizes  
Cost: \$60

This is a 3 day camp ONLY. Payments must be made prior to camp starting date: Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW 2101. Fax: 99133644

Email: [mwba@manlybasketball.com.au](mailto:mwba@manlybasketball.com.au). Enquiries-99133622  
REFRESH YOUR SKILLS IMPROVE YOUR GAME HAVE SOME FUN



[Holiday Camp 2012.pdf](#)

Size : 108.122 Kb  
Type : pdf

## Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. **Make sure you are heard.** We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.



## PCYC CONCEPT PLANS ON PUBLIC EXHIBITION

Pittwater Council has agreed to place on public exhibition concept plans for a proposed Police and Community Youth Club (PCYC) to be located at North Narrabeen. The plans have been developed as part of a submission to the state government and PCYC NSW for funding for the project.

Council submitted a comprehensive expression of interest late last month seeking a grant of \$2.5 million towards the establishment of a new club. This follows the NSW Government recently calling for expressions of interest for the establishment of eight new Police and Community Youth Clubs, with funding to be announced in early 2012. The overall funds required to build the new centre are estimated to be \$8.5 million and would come from a variety of sources.

The proposal would see a multi-purpose community centre built at the southern end of Pittwater Rugby Park North Narrabeen, encompassing the current function centre at the ground which would be replaced in the overall development. Management of the centre would be through PCYC NSW, a not-for-profit organisation closely linked to the NSW Police.

PCYC NSW currently operates 57 community centres throughout New South Wales and offers a management model whereby a local PCYC is supported by an allocation of two additional police officers.

Community Services Manager Lindsay Godfrey said if Pittwater is successful in gaining funding the centre would have a focus on youth activities, with space for computers, a music rehearsal room and a commercial kitchen capable of hosting hospitality training.

"The centre would also have a café, meeting rooms and office space for youth services and be able to host performances and sport-related activities," said Mr Godfrey.

The design concepts will be on exhibition until Friday 2 March 2012 and can be viewed at [www.pittwater.nsw.gov.au/exhibition](http://www.pittwater.nsw.gov.au/exhibition). The documents will also be available at Council's customer service centres at 1 Park Street, Mona Vale and 59A Old Barrenjoey Road, Avalon.



ABN: 12 000 868 065

## APPRENTICE CLUB

Johnson Bros are extending an invitation to all Building Trade Apprentices to join our exclusive "Apprentice Club". We have teamed up with our loyal suppliers to offer different tools each month at vastly reduced prices to help apprentices build up their tool boxes. File Below for further details and registration form.

At: <http://hardwoodsaustralia.com/a/117.html>



[Apprentice club form11.pdf](#)

Size : 494.83 Kb  
Type : pdf

## Teaching Our Children to be Safety Conscious

Being Safety Smart is a free to use online educational game providing safety strategies for children aged from 6 to 8. The program is designed to increase the awareness of children to situations within the community which might impact upon their personal safety and to empower them with the ability to act appropriately and with confidence.

Being Safety Smart is a Queensland Police Service initiative, developed by the University of the Sunshine Coast in partnership with the Queensland Police Service, Education Queensland, and the Crime and Misconduct Commission, and supported by the Daniel Morcombe Foundation.

The Website is at: <http://www.beingsafetysmart.com.au/BSS/>

## New Website for Northern Beaches Youth

Manly Council has launched a website for young people that is run by young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and MySpace Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below:

[www.northernbeachesyouthinfo.net.au](http://www.northernbeachesyouthinfo.net.au)

[www.facebook.com/manlyyouthcentre](http://www.facebook.com/manlyyouthcentre)

[www.myspace.com/manlyyouthcentre](http://www.myspace.com/manlyyouthcentre)

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to Lifeline made from anywhere in Australia will be free of charge from 1 July under an agreement made between the three major phone carriers.



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## THIS SUMS IT UP WELL!

### C/ JA; member of the Email Grey Army circulating this week; thank you !

Senior citizens are constantly being criticized for every conceivable deficiency of the modern world, real or imaginary. We know we take responsibility for all we have done and do not blame others.

HOWEVER, upon reflection, we would like to point out that it was NOT the senior citizens who took:

The melody out of music,  
The pride out of appearance,  
The courtesy out of driving,  
The romance out of love,  
The commitment out of marriage,  
The responsibility out of parenthood,  
The togetherness out of the family,  
The learning out of education,  
The service out of patriotism,  
The Golden Rule from rulers,  
The nativity scene out of cities,  
The civility out of behavior,  
The refinement out of language,  
The dedication out of employment,  
The prudence out of spending,  
The ambition out of achievement or  
God out of government and school.

And we certainly are NOT the ones who eliminated patience and tolerance from personal relationships and interactions with others!!

And, we do understand the meaning of patriotism, and remember those who have fought and died for our country.

Just look at the Seniors with tears in their eyes and pride in their hearts as they stand at attention with their hand over their hearts!

YES, I'M A SENIOR CITIZEN!

I'm the life of the party..... even if it lasts until 8 p.m.  
I'm very good at opening childproof caps.... with a hammer.  
I'm awake many hours before my body allows me to get up.  
I'm smiling all the time because I can't hear a thing you're saying.  
I'm sure everything I can't find is in a safe secure place, somewhere.  
I'm wrinkled, saggy, lumpy, and that's just my left leg.  
I'm beginning to realize that aging is not for wimps.  
Yes, I'm a SENIOR CITIZEN and I think I am having the time of my life!

**Spread the laughter  
Share the cheer  
Let's be happy  
While we're here.**

**Independent Website for Elders:**  
<http://www.agedcarecrisis.com/about>  
**About us**

**We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities.**

**We do not receive any funding  
We are not affiliated with any government body  
We are not affiliated with any religious body  
We are completely independent**

[www.agedcarecrisis.com](http://www.agedcarecrisis.com) provides a voice for elderly and frail citizens in Australia

## For our Darling Parents

Last year, while 'surfing' the Internet, this lovely and surprising rendition of the Hallelujah Chorus was discovered. This version, although informal, still has the power to send a shiver up the spine which lifts the top of your head heavenwards.

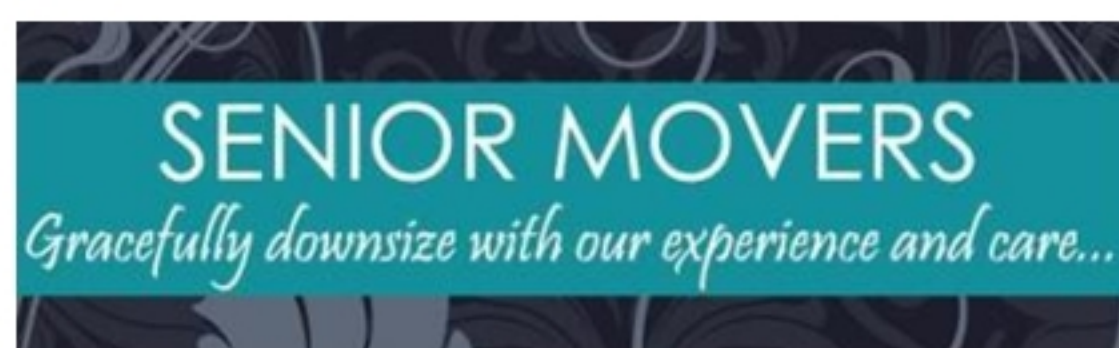
From Handel's Messiah: the English-language oratorio composed by George Frideric Handel in 1741, which is structured in three parts. Part I begins with the prophecy of the Messiah and his birth, shows the annunciation to the shepherds and reflects the Messiah's deeds on earth. Part II covers the Passion, death, resurrection, ascension, and the later spreading of the Gospel, concluded by the Hallelujah Chorus. Part III concentrates on Paul's teaching of the resurrection of the dead and Christ's glorification in heaven. Hope you enjoy it too, or again...



## Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers what you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

If you are overwhelmed about the thought of a downsize, or worried about trusting anyone in your home and helping you sort your treasured mementoes. Perhaps your family are time poor, not around to help or they and you just need someone on site for you to help coordinate and take the burden? We have a team of specialists working with us ranging from auctioneers, removalists, packers, eBay traders, all different trades and services to give you the whole project solution. We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.



[www.seniormovers.com.au](http://www.seniormovers.com.au)

Also see Belinda Grundy's other great Business;  
[www.bgpropertystyling.com.au](http://www.bgpropertystyling.com.au)

Belinda, Property Stylist & Professional Organiser, will be our Profile of the Week in Issue 34 so you can garner a few more insights of this wonderful lady then.

## The Senior Newspaper Online

Click on logo:



## Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site [www.avpals.com](http://www.avpals.com) or ring the co-ordinator Jenny McLaughlin on 02 9999 1348

[Article on their Seminar](#)



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**Enable Me**

**Be PART OF AN EXCITING NEW GOVERNMENT INITIATIVE FOR PEOPLE OVER 65**

- Is remaining independent important to you?
- Are you finding it difficult to do the things you would like to do? e.g. shopping, catching the bus, leisure activities or just getting around.



Community Care (Northern Beaches) is seeking participants for a short term program, which aims to assist you to be able to do things that are important to you.

The program may include advice and support with:-

- An appropriate exercise or strengthening program
- Nutrition
- Home modifications
- Assistive technology
- Social and leisure activities

For more information or to register please phone.

**Call Kerrie on 9979 7677**



Contact Community Care Northern Beaches by clicking their logo:



Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you.

Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual

Phone Ingrid to secure your spot on 0405 457 063.

[www.heartfoundation.org.au](http://www.heartfoundation.org.au)

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## Identifying Flowers of Pittwater



Coming into flower at the end of Spring and beginning of Summer, *Brachychiton acerifolius*, commonly known as the **Illawarra Flame Tree**, is a large tree of the family Malvaceae native to subtropical regions on the east coast of Australia. Cold Chisel's 1984 song *Flame Trees*, written by drummer Steve Prestwich and organist Don Walker and from the album *Twentieth Century*, is one of our iconic Aussie songs.

The tree is famous for its bright red bell-shaped flowers that cover the whole tree when it is leafless. Along with 30 other members of the genus *Brachychiton*, it is commonly referred to as a **Kurrajong**. Flowers are scarlet bells with 5 partially fused petals. The pod-like fruits (technically known as follicles) are dark brown, wide, boat-shaped and about 10 cm long. They contain masses of thin bristles that stick in the skin, as well as yellow seeds. These are nutritious and considered a Bush Food. They were eaten by Aborigines after roasting. The bark fibres were used to make fishing nets, ropes and baskets. **Kurrajong is an Aboriginal name for 'fibre-yielding-plant'**. Kurrajong is located to the west of the Hawkesbury River on the lower slopes of the Blue Mountains and named for the large amount of these trees that once grew here.

*Brachychiton acerifolius* was first described in 1855 by W. Macarthur and C. Moore. The meaning of these words are; *Brachychiton*, from Greek, *brachys*, short and *chiton*, a tunic, a reference to the coating on the seed, *acerifolius*; having foliage like the genus *Acer* (maple).

This tree is tolerant of temperate climates and is now cultivated world-over for its beauty. Its maximum height of 40 m is reached only in the original, warmer, habitat. It usually grows to be about 20 m. Similarly to its Kurrajong relatives the leaves are variable, with up to 7 deep lobes. It is deciduous - shedding its leaves after the dry season. The spectacular flowering occurs in late spring and new foliage is ready for the summer rains. In areas where the winter is not particularly dry, this natural rhythm may become somewhat erratic and the tree may flower only partially.

It is also an **Australian Bush Flower Essence**, one that promotes confidence and self reliance or helps those about to take on new responsibilities. More [here](#).

Australian Native Plants: <http://anpsa.org.au/b-ace.html>

*Brachychiton acerifolius*. In Wikipedia, The Free Encyclopedia. Retrieved from [http://en.wikipedia.org/w/index.php?title=Brachychiton\\_acerifolius&oldid=459063553](http://en.wikipedia.org/w/index.php?title=Brachychiton_acerifolius&oldid=459063553)

### WetlandCare Australia National Art and Photography Competition

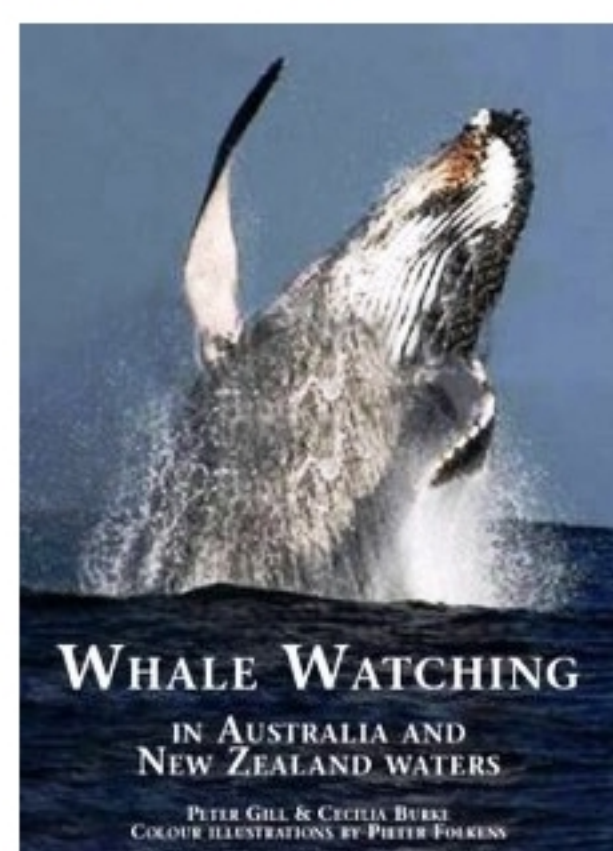
To celebrate World Wetlands Day 2012 on February 2, WetlandCare Australia is hosting their 5th annual Australia wide art and photography competition. There are categories for young people and adults, and for the first time the competition includes categories specifically for Indigenous artists.

The categories in the competition have been designed to give as many people as possible the opportunity to submit entries. The categories are:

- NSW Catchment Management Authorities Open Art 1st Prize: \$1500 Open to all Australian residents
- Central West Catchment Management Authority Youth Art 1st Prize: \$1200 Open to all Australian residents aged 12-17
- WetlandCare Australia Children's Art 1st Prize: \$1000 Open to all Australian residents aged 4-11
- Murray-Darling Basin Authority Indigenous Art Youth 1st Prize: \$1200 + Art supply kit Open to Aboriginal and Torres Strait Islander artists aged 17 years and under
- Queensland Wetlands Program Indigenous Art Open 1st Prize: \$1200 + Art supply kit Open to all Aboriginal and Torres Strait Islander artists
- NSW Office of Environment and Heritage Open Photography 1st Prize: \$1200 Open to all Australian residents
- Golden Chain Youth Photography 1st Prize \$1000 Open to all Australian residents aged 17 years and under

WetlandCare Australia Senior Management will select 3 of the winning works selected by the judges in Art, Indigenous Art or Photography that best promote the organisations objectives for the next 12 months. These works will be awarded a WetlandCare Australia Award, and will be used in promotional materials and events. See the Rules of the Competition for full details.

[Entry Forms Here](#)



### Whale watching in Australia and New Zealand waters.

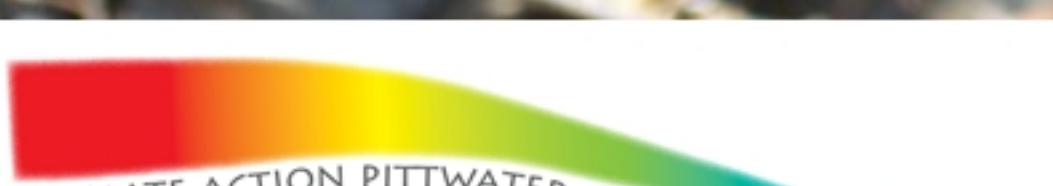
Gill, Peter and Cecilia Burke.

Australia New Holland Publishers (2011 third edition). Octavo, paperback, 148 pp. colour photographs, colour illustrations, maps. \$30.00

Includes the ecology and behaviour of whales and dolphins; identification notes, accompanied by detailed colour illustrations and location maps for each species; and a comprehensive guide to sites, highlighting the best places to see whales. This new edition includes new species information, conservation status (eg endangered vs safe); species updates, whale-watching site updated (including the Gold Coast).

About the author

Peter Gill has been involved in whale research since 1983 and is currently studying Blue whale ecology off the coast of Victoria and South Australia. Peter has taken part in whale surveys and sailing expeditions in Australian, South Pacific and Antarctic waters and has worked as a guide on Antarctic tourist expeditions. He is the author of several books about whales and many scientific and magazine articles.



For tips on how to be more energy efficient, visit **Climate Action Pittwater** at:

<http://www.climateactionpittwater.org.au/>



<http://www.petitionspot.com/petitions/savethetamar>



2006-05-14 10:36 [Kyle sb](#) 874\*536\*8 (51987 bytes) Tamar river from Brady's lookout (near [\[\[Exeter, Tasmania|Exeter\]\]](#)).

## BirdLife team helps Convention on Migratory Species take significant steps forward for the conservation of migratory birds

The 10th Meeting of the Conference of the Parties (COP10) to the Convention on the Conservation of Migratory Species (CMS) made a number of decisions that should lead to significant improvements in the conservation status of the world's migratory birds.

The globally Vulnerable **Far Eastern Curlew** *Numenius madagascariensis*, **Bristle-thighed Curlew** *Numenius tahitiensis* and **Saker Falcon** *Falco cherrug* were added to **Appendix 1 (migratory species in danger of extinction)**, together with the **Red-footed Falcon** *Falco vespertinus*, and the **Boblink** *Dolichonyx oryzivorus* to **Appendix II (migratory species that would benefit significantly from international co-operation)**.

BirdLife and its Partners hosted and co-hosted a number of side events on topics including **Global Waterbird Flyway Conservation best practice**, with a focus on **East Asian intertidal habitats** and the **Critically Endangered Spoon-billed Sandpiper** *Euryrhyynchus pygmaeus*; the **Vulnerable Aquatic Warbler** *Acrocephalus paludicola* (APB, BirdLife in Belarus); **Vulnerable Lesser White-fronted Goose** *Anser erythropus* (NOF, BirdLife in Norway); the **MOU on South American Grasslands** (Guyra Paraguay); and the **Saiga Antelope** *Saiga tatarica* (ACBK, BirdLife in Kazakhstan).

[More here:](#)

### Coastal Environment Centre



The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December

More at: <http://www.pittwater.nsw.gov.au/environment/cec>

Monthly Cocee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact [jodi\\_harvey@pittwater.nsw.gov.au](mailto:jodi_harvey@pittwater.nsw.gov.au)

### December Newsletter includes information on:

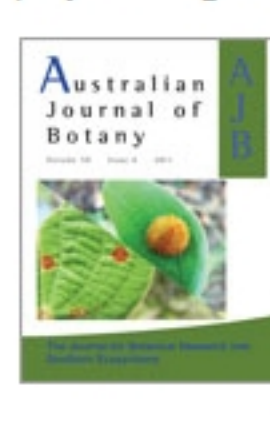
- Kids on the Coast Holiday Program
- Explore Pittwater by Kayak - Events, competitions and activities;
- Environmental projects and Bushcare Notices.

[HERE](#)



### Emu Volume 111 Number 4 2011

Includes: Temporal and spatial variability of breeding in Australian birds and the potential implications of climate change, Breeding ecology of an Australian estrildid, the Long-tailed Finch (*Poephila acuticauda*), Selection of breeding habitat by the endangered Gouldian Finch (*Erythrura gouldiae*) at two spatial scales and More.



### Australian Journal of Botany Volume 59 Number 6 2011

Includes: Habitat differentiation between estuarine and inland *Hibiscus tiliaceus* L. (Malvaceae) as revealed by retrotransposon-based SSAP marker, The tortoise and the hare? Post-fire regeneration in mixed Eucalyptus-Callitris forest, Floral phenology and morphology of colchicine-induced tetraploid *Acacia mangium* compared with diploid *A. mangium* and *A. auriculiformis*: implications for interploidy pollination and more

### How Green is a Spotted Gum when Wet?



## PITTPATER COUNCIL

### ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a \$50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringal, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar." "It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.

The calendar can be viewed at [www.pittwater.nsw.gov.au/environment/biocalendar](http://www.pittwater.nsw.gov.au/environment/biocalendar) To submit photos for the biodiversity calendar email [cec@pittwater.nsw.gov.au](mailto:cec@pittwater.nsw.gov.au)



### What Does PNHA do?

- On-ground bush regeneration, eg: Asparagus Fern Out Days
- Activities: guided walks, bird-watching
- Quarterly informative newsletter, online or paper
- Members email group for latest environmental news and events
- AGM with Guest Speaker
- Free advice for members on managing gardens for Native Vegetation and fauna habitat
- Lobby Pittwater Council and State Government on inappropriate management practices and development
- Provides support to Council for PNHA-approved grant applications for environmental projects
- Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna \$2.00

Email: [pnhainfo@gmail.com](mailto:pnhainfo@gmail.com) Or click on Logo to visit website. [PROFILE](#)



### Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council. Our [PROFILE](#)

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To visit their site please click on logo above.

Think before you print : A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

### Sydney Harbour Foreshore Authority Carbon Footprints Document



"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."

from the Prayer of Saint Patrick



Florabank recognises and shares the best available knowledge from research and practice in native species seed management. More at: [http://www.florabank.org.au/default.asp?V\\_DOC\\_ID=1](http://www.florabank.org.au/default.asp?V_DOC_ID=1) Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.



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## The Boat house at Palm Beach

Last Sunday morning brimmed brilliant blue with soft warm breezes. On rising ten loads of washing was magically done and on the line, the floors vacuumed and washed, the chooks walked, the cat fed. The rubbish had been sorted and the bins placed on the kerb. The windows washed free of the grime weeklong rain brings. The gutters cleared, the paths swept free of all leaves. No... dreaming... wake up again.

There was a bright eyed smiler happily humming near the kitchen this time who almost sang 'Let me take you out for breakfast, let's go to the Boat house at Palm Beach.'

You'll get no argument from me on such suggestions.



Palm Beach was its best self this morning. A pod of dolphins played in the northern bay under the lighthouse, a flock of pelicans wheeled high above us before heading up the river and over to the central coast.

Everyone was relaxed and enjoying glassy swells and brilliant sunshine.

On the estuary side the gardens out front of the Boat house continued this air of relaxation. People dwelled at shaded tables over great coffee and the Sunday papers, dogs resting happily at their feet. The entrance way was its usual feast for the eyes with great displays of flowers, fruits and vegetables. Inside a brisk trade for those in the kitchen was a contrast to those meeting at the tables.

We had barely finished a great coffee when breakfast arrived; Green eggs and Ham for the crooner which was poached eggs with grilled thick cuts of leg ham, roasted tomato and fresh made pesto and Smoked Salmon Eggs consisting of poached eggs, smoked salmon, spinach, goats cheese, fish roe and a wedge of lime on soy linseed sour dough as our other choice. Absolutely a delight to the palate and eye and a bargain at twenty dollars each. We feasted and strolled over to the beach for more visual delights and basking under the sun. Highly recommended !



Governor Phillip Park, Barrenjoey Rd, NSW 2108  
02 9974 3868

Open Daily 7.30am - 4pm

Breakfast 7:30am - 12 noon

Lunch 12 noon - 3pm

No Reservations taken, Seating available indoor & out,  
Licensed + BYO (wine only)

Website: <http://www.theboathousepb.com.au/>

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## NBI Fun Day, North Narrabeen, 2011



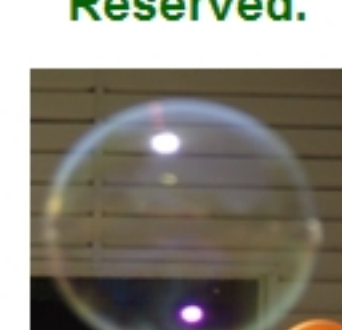
## Maria Regina Avalon Christmas Crafts



## Air and Water Harmonics, Palm Beach



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Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:



### Animated Nature of Australia (2007) dotAtelier

Animated video of the animals and habitats of Eastern Australia. The sounds are composed using elements of the sounds of paper wasps and butcher bird songs. The sounds are selected, repeated and modified to make a rhythmical whole. This movie is part of the collection: Community Video



### Marine and Freshwater Research

Volume 62(12) 2011  
December 2011

Includes; A new type of water pollution: concrete drainage infrastructure and geochemical contamination of urban waters, The effect of field-collected biofilms on the toxicity of copper to a marine microalga (*Tetraselmis* sp.) in laboratory bioassays, A multi-faceted approach for quantifying the estuarine-nearshore transition in the life cycle of the bull shark, *Carcharhinus leucas* and MORE

### Staying Tuned to What's Developing Online

#### Niche Social Networks Deliver Big Results for Brands

Check out how companies are embracing smaller social networks to reach out to fans and potential customers in new ways.

[mashable.com](http://mashable.com)

#### Richard Branson: When Inexperience Is an Advantage

Richard Branson answers reader questions on breaking convention and his restless pursuit of the new.

[entrepreneur.com](http://entrepreneur.com)

#### Google Presents The Evolution Of Search In Six Minutes

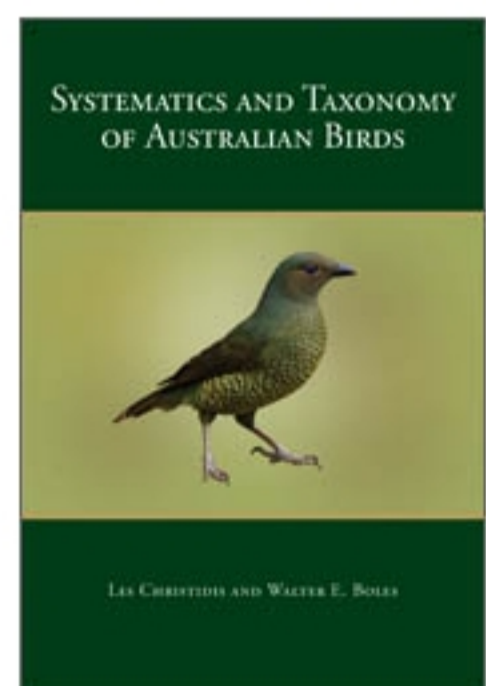
Google released a short video today highlighting some of its key milestones in search over the past decade. It's both a fun blast from the past and a worthwhile reminder of how much things have changed over the years.

[searchengineland.com](http://searchengineland.com)

### eBooks

CSIRO PUBLISHING now offer most of our new releases as eBooks, as well as a large number of important backlist titles. If you are new to eBooks, or would like more information about CSIRO PUBLISHING's eBook products

### Chalk That up to Drawing Talent



### Systematics and Taxonomy of Australian Birds

Les Christidis Australian Museum,  
Walter E Boles Australian Museum

288 pages, CSIRO PUBLISHING,  
Paperback - 2008, ISBN:  
9780643096028 - AU \$ 39.95 , On sale  
until 30 Nov - usually AU \$49.95

Systematics and Taxonomy of Australian Birds presents an up-to-date classification of Australian birds. Building on the authors' 1994 book, The Taxonomy and Species of Birds of Australia and its Territories, it

incorporates the extensive volume of relevant systematic work since then. The findings of these studies are summarised and evaluated in the explanations for the taxonomic treatments adopted, and with the extensive citations, the book serves as a comprehensive introduction to the recent systematic literature of Australian birds.

All species of birds that have been recorded from the Australian mainland, Tasmania, island territories and surrounding waters are treated and listed. Along with extant native species, all accepted vagrants, recently extinct (since 1800) native species and established introduced species are included

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### ONE GREAT AUSSIE THING TO DO BEFORE YOU DIE ? STOP FOR A BITE TO EAT AT THE NINDIGULLY PUB IN WESTERN QLD?.

The tiny township of Nindigully is located on the edge of the Queensland outback – 160km west of Goondiwindi, about 530km west of Brisbane, and approximately 70 km north of the Queensland/New South Wales border.

Nindigully Pub is Queensland's oldest hotel, located in its original condition and position on the banks of the Moonie River. The licence was issued in 1864 after operating as shearers accommodation for the Nindigully Station.



The "boom" town has now been reduced to just two houses, the pub, the old general store and the town hall, with a population of six! Nevertheless, it was voted the Best Country Pub in Australia in 2006 by 44 Australia magazine, and you can see why – it has become famous for its truckie's feed of the Nindigully Road Train Burger this giant hamburger is served with French fries, onion



rings and a selection of sauces, says it will feed 1- 4 people, and costs \$36 - the meat patty alone is 1.2kg! How do you reckon you'd go?????!!

Sent to us via email and originally published 2010 on [Supersized Meals website](#) by Corinne.



### Great New Competition from Harper Collins Australia

We've got two copies of Diane Keaton's memoir, Then Again, signed by the lady herself! For your chance to win one, email us at [promotions@harpercollins.com.au](mailto:promotions@harpercollins.com.au) by 24/12/11 and tell us the name of your favourite Diane Keaton movie & why you love it!



### LAWYER'S ADVICE (NSW) - Protect Yourself from Fraud

A corporate LAWYER sent the following out to the employees in his company:

1. Next time you order cheques, have only your initials (instead of your first name) and surname put on them. If someone takes your cheque book, they will not know if you sign your cheques with just your initials or your first name, but your bank will know how you sign your cheques.
2. Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED".
3. When you are writing cheques to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your cheque as it passes through all the cheque processing channels won't have access to it.
4. Place your work phone number on your cheques instead of your home phone. If you have a PO Box, use that instead of your home address. If you do not have a PO Box, use your work address. Never have your Centrelink Number printed on your cheques. You can add it if it is necessary, but if you have it printed, anyone can get it.
5. Run the contents of your wallet through a photocopy machine. Do both sides of each licence, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place (not your wallet). I also carry a photocopy of my passport when travelling either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards.

Critical information to limit the damage in case this happens to you or someone you know:

1. We have been told we should cancel our credit cards immediately, but the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them.
2. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is one).
3. But here's what is perhaps most important of all: (I never even thought to do this.) Call the three national credit reporting organizations immediately to place a fraud alert on your Tax File Number your passport number and drivers licence number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorise new credit. Now, here are some numbers which you might need to contact if your wallet etc has been stolen:

1. Visa Card Australia - 1800 621 199
2. Visa Card International - 1800 450 346
3. Lost Travellers' Cheques - 1800 127 477
4. MasterCard Australia - (02) 9466 3700
5. MasterCard International - 1800 120 113
6. Bankcard Australia - (02) 9281 6633
7. Medicare - 132 011
8. Centrelink Fraud - 137 230
9. Seniors Card - 1300 364 758
10. Passport - 131 232
11. ANZ FREECALL - 1800 033 844
12. Bank West - 131 718
13. Citibank - 132 484
14. Timworth Coles/Myer Source -2340 1300 306 397
15. Commonwealth - 132 221
16. CUSCAL- MyCard 1300 125 538
17. GE Capital - 1300 369 904
18. Members Equity - 1300 654 998
19. National - 132 265
20. St George - 1800 028 208
21. Sydney/Virgin - 2000 1800 080 000
22. Westpac - 1800 230 144
23. Woolworths Ezy Banking - 137 288

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Old Books

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## Old Books: December 2011; Summer

**Summer** (1917) Wharton, Edith, 1862-1937, Publisher: New York, Scribner. Pulitzer Prize-winning American novelist, short story writer, and designer.

**Summer** (1892) Thomson, James, 1700-1748. Publisher: Boston, Estes and Lauriat; Scottish Poet



### Taking the Drop: Life is for living, whatever your age

Taking the Drop is the life-affirming story of four women who took up surfing in their forties, broke away from their existing daily routines and steered their lives into new directions.

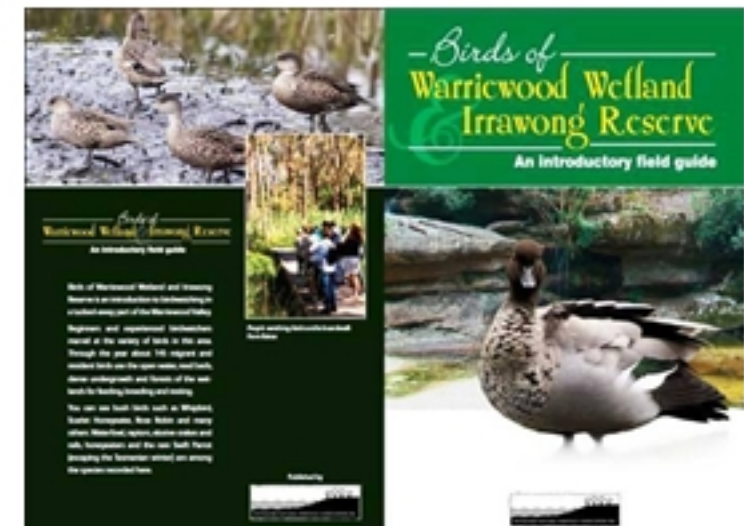
Their love of the ocean broadens their horizons, teaches them lessons of skill and survival, allows them time for reflection and shows them that change and loss make way for growth, renewal and peace.

With an exciting and sometimes hilarious take on surfing, this book reveals insights into their life journeys and their passion for finding the 'perfect wave'.

"Life is for living — let's go surfing!" From;

<http://www.vividpublishing.com.au/takingthedrop/> BUY HERE:  
[www.vividpublishing.com.au/takingthedrop](http://www.vividpublishing.com.au/takingthedrop) e-mail [takingthedrop@hotmail.com](mailto:takingthedrop@hotmail.com)

### Introductory Field Guide to the Birds of Warriewood Wetland and Irrawong Reserve



will give you a good start on birdwatching here, \$20, available from PNHA. All proceeds go to conservation work in the wetlands. Available at:

<http://pnha.org.au/publications/>

### The Story of Bob Waterer and his Family 1803 - 2010 by Nan Bosler



This book is the story of one family who can trace its heritage back to Sarah (Biddy) Wallace, c.1803-1880. Sarah is believed to have been a member of the Broken Bay clan led by Bungaree. She settled on Murrumbidgee Creek in the Hawkesbury with her husband John (Ferdinand) Lewis, a convict who was a German soldier sentenced to transportation to NSW for life. It is both a family and local history covering the early days of the Lower Hawkesbury River, Scotland Island, Pittwater and Brookvale. Bob Waterer's great grandmother Catherine Bens, 1838-1920, was known as The Queen of Scotland Island. Brookvale was home to Bob for more than 80 years and the book follows his school and working years, his passion for Rugby League and his love for his family. Copies of the book will be for sale \$25 To order a book Contact [donandpatfrater@bigpond.com](mailto:donandpatfrater@bigpond.com)

### Growing up with Fragile X Syndrome: The Road to Marty Campbell is the new biography from long time Scotland Island resident, Robyn Iredale.

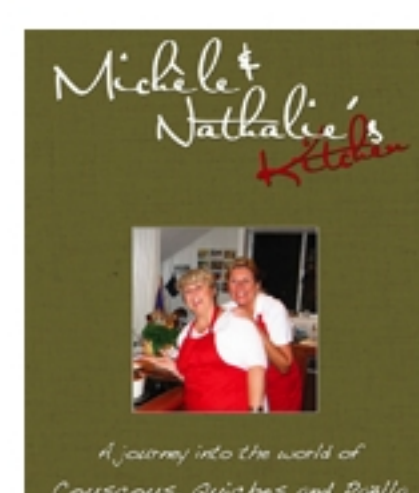


FX syndrome is the leading cause of inherited intellectual disability and the most common known genetic cause of autism. It is found in all races and at all socio-economic levels. Latest statistics indicate 1 in 3600 males and 1 in 4000- 6000 females are affected and that as many as 1 in 280 males and 1 in 125 females are carriers. Every week in Australia one child is born who is fully affected and twelve children are born who are carriers.

Dr Iredale's book describes her extended family's journey along the FX road from Marty's pre-diagnosis at age seven back in 1977, when awareness and support services were essentially non-existent, through the trials and the triumphs of school, sport and employment, to the present.

It also includes vital FX research and information on testing, health issues, education, behavioural challenges, likely outcomes for carriers versus those affected and describes with humour the many common personality traits shared by those affected, which will resonate with families touched by FX.

There have been plenty of academic books and research papers written on FX but it is believed The Road to Marty Campbell is the first personal account available worldwide. For information on fragile x and to order a copy of Growing up with Fragile X Syndrome go to <http://www.fragilex.org.au/>



### "Michele and Nathalie's Kitchen" A Journey into the world of Couscous, Quiches and Paëlla

Both French, born in Morocco, Nathalie and Michèle forged a solid friendship based on their love of cooking French, Moroccan and Mediterranean dishes and a desire to see a book of favourite recipes. In 2008 they started Michèle and Nathalie's Kitchen — cooking classes for the offshore community held in Michèle's kitchen. Word of their no-fuss, simple and delicious demonstrations spread to the mainland and became so popular they even had to run "men only classes".

The book is a result of these successful classes. All the photos were taken by them both during the demonstrations. There is no photo-shopping — what you see is what you get! You can make the dishes look even better yourselves." says Nathalie.

"Michele and Nathalie's Kitchen" A Journey into the world of Couscous, Quiches and Paëlla, is a cookbook for everyone with a desire to cook something economically simple and different. This book certainly lives up to their mantra:

"There are no chefs in this kitchen".

For further information please contact: Michèle and Nathalie at [info@mn-kitchen.com](mailto:info@mn-kitchen.com)

### To Contact us regarding your forthcoming Book or Literary Event click: [here](#)

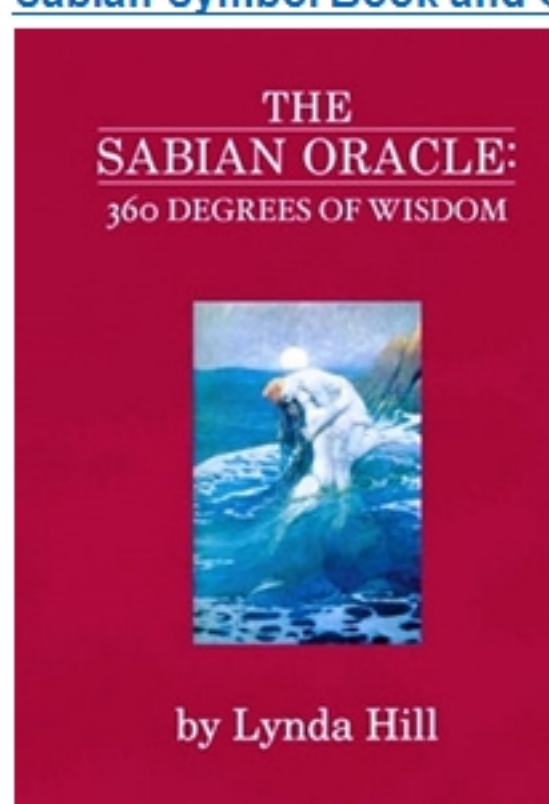


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### Sabian Symbol Book and Card Set



### 360 Degrees of Wisdom Charting Your Destiny With The Sabian Oracle by Lynda Hill

400 Page book comes with a set of Oracle cards

If you enjoy using the online Sabian Oracle, you're in for a treat with Lynda's book The Sabian Oracle: 360 Degrees Of Wisdom as the book contains far more information and advice than the on-line Oracle. You can share the book with friends, use it anywhere you go and watch what happens. The Sabian Symbols are extraordinary for insight, revelation and guidance. Miracles, big and small, happen in your life when you tap into their field. With the Sabian Symbols, you're not only tapping into the circle of the zodiac, but also into what Marc Edmund Jones - the founder of the Sabian Symbols with Elsie Wheeler, the spiritualist medium - called an 'ancient mind matrix'.

Seekers can find answers to their questions and commune with spirit in a surprisingly wonderful way. The book is big at 400 pages. Each page has five sections; Commentary, Oracle, Keywords, The Caution and quotes to illustrate the Symbol. There are some 3,500 quotes in the book.

In The Sabian Oracle: 360 Degrees of Wisdom, Australian astrologer Lynda Hill introduces the first easy-to-use guide based on the 360 Sabian Symbols and their meaning. Just like the Tarot and the I Ching, The Sabian Oracle is designed to answer any questions you may have, and often provides answers to the questions you didn't think to ask!

Though the Oracle is based on the signs of the zodiac, no knowledge of astrology is necessary: you can simply ask a question, then pick a red and a blue card from the specially designed pack of cards included with the book, and look up the answer in the book. The Symbols can lead you to the answers you seek. More accessible than the Tarot and more relevant to modern life than the I Ching, The Sabian Oracle will stun you with its accuracy and intuitive guidance, providing you with a tool to guide you on your journey through life. **Great Christmas Gift from: [HERE](#)**

### Reflections of a Modern Man, by Andrew Holder



The modern man does a lot of running: running a business, running meetings, running up bills, running up hills, running late, running the bath for the babies, running amok, running on empty, running around like a headless chook, running the gauntlet, running to the shops or running the kids to school. In his book Reflections of a Modern Man, Andrew Holder looks at the parallels between raising a business and managing a family. Sharing his own experiences in both arenas, he delivers a book that is full of handy tips and tricks to keep your cool and your sense of humour. Reflections of a Modern Man is one man's user-friendly guide to navigating the long and winding road of career and family, showing that just one regular guy can perform both roles successfully if he just remembers to breathe, smile and focus on what's already wonderful.

\$24.95 Available At: <http://andrewholder.com.au/store.html>

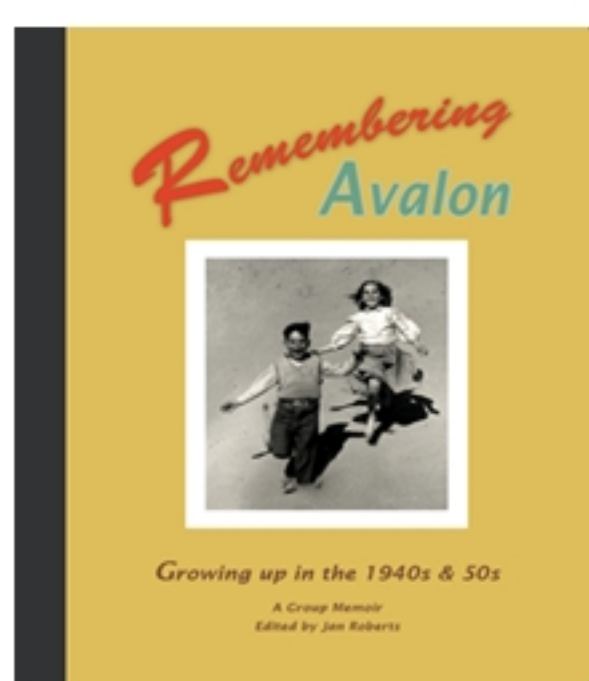
Recent OAM Recipient [Joan Fisher](#) shared her story of Nursing in the Defence Forces with local writer Pam Bayfield who then wrote **Come With Me**. To Celebrate her award this book has been re-released and is available at <http://www.pambayfield.com.au/> and at Berkelouw Books in Mona Vale. Vocational, Historical and just a great read.



Pam Bayfield's **Challenging Lives** is the memoirs of Paula and Julien Vanslambrouck, as told to her, and gives insights into



two people whose lives encapsulate a whole era of Australia's history. Paula, born in Wauchope and growing up during the Depression, and Julien, whom we meet when he is hiding from Nazis and flees to Australia as a post-war migrant, both seek a better life. Their marriage and determination to make their lives all they can be, their contributions to community, make theirs an inspiring journey and this a worthwhile read.



**Remembering Avalon: Growing up in the 1940s & 50s** is a group memoir where fifteen people write about aspects of their Avalon childhood in the days of few phones and cars, many koalas in the trees and canes at school — and no TV, mobiles or internet.

None of us had written personally before, and, not being the 'Facebook' generation, some of us found it hard to use the first person 'I'. Mostly 'war babies', writing our stories brought back memories long repressed and forgotten.

School days are a large part of this book, and there are plenty of lively out-of-school adventures and confessions.

The stories are enlivened by many classic photos from the post-war era as well as high-quality paintings and art work reproduced in colour. This is Avalon Beach described through the fresh, honest, loving eyes of those who were there sixty and more years ago.

It could be any tiny beach settlement, but few had as many artists, writers and characters. They 'discovered' one of the most beautiful, affordable areas of Australia, within reach of Sydney, yet remote, in its own world.

We had to make our own entertainment. Luckily most years the circus came to town with animals now never seen, bonfires and crackers weren't banned, the sandhills were for fun and adventure — and our parents exerted little supervision. Read all about it!

It is 90 years since Arthur Jabez Small named and planned Avalon Beach. This beautifully produced little book is a fitting memorial to his vision, and we are delighted that three of his grandchildren contributed to Remembering Avalon.

[ORDER HERE](#)



### Avalon Library Hours

Monday to Friday 10am to 5pm

Saturday 10am to 1pm

Sunday 2pm to 5pm

59a Old Barrenjoey Road

Phone: 9918 3013 Fax: 9918 7046

Email [avalonlibrary@ozemail.com.au](mailto:avalonlibrary@ozemail.com.au)

Web Address [www.avalonlibrary.org.au](http://www.avalonlibrary.org.au)

### Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers can participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am

Wednesdays 10.00am - 11.00am

Thursdays 10.00am - 11.00am



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**THE BOPULATERS**  
(EX BILGOLA BOP BAND + AZTECS)

SUNDAY AFTERNOON  
DECEMBER 4TH  
3 - 6PM

AVALON BOWLING CLUB

INFORMATION FOR MEMBERS AND THEIR GUESTS

**MARKET FAIR & CHRISTMAS SALE**  
Sat. 10th and Sun. 11th December  
10am to 4pm  
**GONE FISHING GALLERY**  
1858 Pittwater Road Church Point 2105  
(next to the Ferry Wharf)

Be early, beat the crowds and get some fantastic bargains in time for Christmas.

- \*Get refreshments, wine, beer, and coffee at the adjacent café.
- \*Established artists selling small works - great Christmas gifts. And a chance to meet some of the local artists selling their works, photography, sculpture, paintings, jewellery and ceramics - all at real bargain prices.
- \*Browse through our market fair - priced for Christmas...never has Christmas shopping been so enjoyable. You can lay-by and we accept Visa and MasterCard.
- \*Catch a ferry round Scotts Island and the Bays and see our beautiful Pittwater.

If you have any queries, either visit our website, [www.gonefishinggallery.com.au](http://www.gonefishinggallery.com.au) or email us on [info@gonefishinggallery.com.au](mailto:info@gonefishinggallery.com.au) or call our director, Paul Smith, on 0404103601.

**2011** **2011**

ROLLING STONES  
Rolling Stones Tribute Show

SAT 26TH NOVEMBER **2011** SAT 10TH DECEMBER

Pittwater RSL Saturday 10th December 8.30pm - Legends of Rock N Soul (members - \$15 non-members - \$20)

PITTPATER COUNCIL

**A COURSE FOR WORK-WISE WOMEN**

Women living in Pittwater are being invited to skill up on technology, thanks to a new IT course hosted by TAFE Northern Beaches. Course Coordinator Robyn Woolley said the course, which begins in February next year and runs for two semesters, was ideal for those wishing to re-enter the workforce.

The 'Work-Wise Women' course is otherwise known as a Certificate III in Information & Technology (Support). The course begins on 13 February 2012 with three classes a week, and will only cost participants \$552 each to complete over two semesters.

Ms Woolley said that once completed, the course would give women the skills to work in roles such as technology sales, website support, IT help desk support or computer technical support. "It's also ideal if you're running your own small business and need to upgrade your computers or get a presence on the internet," she said.

Topics covered on the course include creating & maintaining websites; installing and updating software and hardware; project management; maintaining & upgrading software such as firewalls, anti-virus and databases and responding to calls for technical support.

An information session for women interested in applying is being held at TAFE Northern Beaches on 1 December from 10am. The session is at 154 Old Pittwater Road Brookvale, to find out more about enrolling on the course call Peter Bush on 9941 5387 or email [northernbeaches.it@tafnsw.edu.au](mailto:northernbeaches.it@tafnsw.edu.au)

**Eco Coastal Walk**  
11th Dec 2011, 9am - 12pm

Join us on a coastal exploration along headlands and beaches, in celebration of Coast Care Week 2011.

Enjoy the breathtaking views as you walk with your expert guide, to observe and learn about water catchments and the effects of water pollution, search for and identify local native flora, fauna and marine life along with simple things we can do to minimise our impact on our local environment.

Do your bit for our coast, and participate in the voluntary clean up along the way! Where: Coastal Environment Centre, Pelican Path, Lake Park Road, North Narrabeen Coast Free

Bookings are essential (numbers will be limited). Please contact the Coastal Environment Centre (9am-5pm, Monday to Friday) By phone: 1300 000 CEC (232) - Reception (option 1) Enquiries: Bianca Springford (02) 9970 1313

What to bring:  
suitable footwear (no thongs or crocs)  
water bottle  
hat  
appropriate clothing (for weather conditions)  
camera (optional)  
sunglasses (optional)

Please extend this invitation to all your family and friends to join us on this wonderful guided walk along our local coastline.  
Children to be supervised by a parent or accompanying adult.  
We look forward to seeing you there!

**CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY**

Children from 5 to 12 years of age are invited to free holiday craft sessions at Mona Vale library this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia Day.

Library Manager Cathy Howie said there would be a wide range of activities to suit both boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added Mrs Howie.

To complement the craft sessions the library has a range of craft books available for loan that will keep little hands busy at home over the holidays too. A detailed list of the children's craft activities on offer will be available from Mona Vale Library early in January. All craft sessions are free and bookings are not required.

For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona Vale.

**EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM**

Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its sensational summer holiday program for kids, with new extended hours from 9am to 4pm. Kids on the Coast offers healthy and fun outdoor activities for 5 to 12 year olds from Monday 9 January to Friday 20 January. The Council decided to extend the hours of the program to ensure children with working parents do not miss out.

"There are many new highlights including stand-up paddle boarding, a boardwalk birding education and how to become an eco-ranger," said the Council's Natural Environment & Education Manager Mark Beharrell.

For children aged eight years and over there is a chance to grab your camera and join a photographic adventure, plus the ever-popular Fishing Clinic run in partnership with the NSW Department of Primary Industries. Mr Beharrell said the program encouraged children to explore beaches, rock platforms, headlands, bushland, wetlands and the Narrabeen Lagoon foreshore.

"Kids on the Coast is the ideal school holiday experience. The program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr Beharrell.

Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per hour per session, with full-day sessions available from 10am to 3pm at \$55 per child (for working activities), which includes supervision between sessions (BYO lunch).

Working parents who require extended care for their children can also take advantage of a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The Fishing Clinic offers giveaways including a rod, reel, tackle box, hat and bag for the cost of \$40.

The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at [www.pittwater.nsw.gov.au/cecskids](http://www.pittwater.nsw.gov.au/cecskids) or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on 9970 1313 or email [bianca.springford@pittwater.nsw.gov.au](mailto:bianca.springford@pittwater.nsw.gov.au)

**LOCAL MARATHON RUNNERS SOUGHT FOR JAPAN**

Pittwater Council is seeking local marathon runners who would like to participate in the 2012 Shenshu International City Marathon to be held in Tadaoka, Japan on 19 February 2012. Tadaoka, the host city of this annual marathon, has a friendship agreement with Pittwater and is inviting runners from the area to participate in their race.

The City of Tadaoka will cover the cost of return travel from Sydney to Osaka for two successful applicants. Participants will also receive accommodation costs in Japan from 16 to 21 February 2012. Participants are expected to have run at least one marathon before and to be Australian citizens. Preference will be given to Pittwater residents.

Mona Vale Library Manager Cathy Howie said the exchange visit was a great opportunity for local runners to experience Japanese culture. "Previous participants have enjoyed their experience in Japan immensely, with guest runners being well looked after by their Japanese hosts," she said.

Previous local runners have included Avalon husband and wife team Craig and Lisa Goetzke, who have completed many amazing feats over the years in their fundraising for children's cancer. For enquiries call Catherine Buddin on 9970 1605 or email [catherine\\_buddin@pittwater.nsw.gov.au](mailto:catherine_buddin@pittwater.nsw.gov.au)

**Christmas Shopping Night For Charity**  
Pittwater Friends of Soibada

Find the true meaning of Christmas at Panders and Pepperpots Art Cafe (Supporters of PFOS). Enjoy wine, nibbles and live musical! Find that perfect Christmas gift and make life brighter for the children of Soibada East Timor.

**Date: 7 December, Time: 7pm \$10 donation**  
[www.pittwaterfriendsofsoibada.org](http://www.pittwaterfriendsofsoibada.org)

**panders & pepperpots**  
Art Cafe Avalon  
48 Old Barrerojoey Road, Avalon 2107.  
Janae & Andy Sutherland: (L) 0420 824 886 - (A) 0420 544 888

**MANLY WARRINGAH BASKETBALL ASSOCIATION LIMITED ABN 18 003 482 835**  
P.O Box 396, Narrabeen, NSW 2101 (non Profit)

**SATURDAY AFTERNOON**  
The Manly Warringah Basketball Association is holding basketball squad training & fun on Saturday afternoons, conducted at the Northern Beaches Indoor Sport Centre. The programme is on each Saturday during school term. There are three age groups Biddy native 4, 5 and 6 and Lightning League for ages 8 & over. Biddy Ball is 2.30 - 3.30pm; Lightning League is 3.30-4.30pm. There is also an All Girls group for ages 8 and over 2.30-3.30pm. Suits beginners and players wanting to improve.

**COMPETITION DETAILS** We run competitions for your age groups all year long. The competitions are in school year divisions. Competitions are played after school between 4.30-7pm most afternoons, Mondays year 3 & 4, Tuesdays year 5 & Wednesdays year 6. Beginner (Potter League) competitions on Tuesdays (year 1-6) & Saturday afternoons (girls primary) & boys year 4.5 & 6.

**REPRESENTATIVE TRYOUTS** This is a great way to get trained up by one of our qualified coaches to play against other associations from all over Sydney & NSW. Tryouts start in November on Sunday 20th & 27th at NBISC.

BRAD DALTON (DUAL OLYMPIAN)  
MWBA DEVELOPMENT  
Application Form Below:

[Saturday Term 4.pdf](#)  
Size: 112.863 Kb  
Type: pdf

**A Hard Dog's Night**  
Beatles' singles from 1962 to 1970  
3rd and 4th of December  
\$20.00 from PNC: HILL 9999 4902

**THE FLAMINGO BROUHOUSE**  
[www.flamingobrouhouse.com.au](http://www.flamingobrouhouse.com.au)

Scottish Island Hall 25/26 November, 23 December 2011 5pm 8.00p  
Tickets \$20 from the main prices

**PITTPATER COUNCIL**

**Spring Markets Update**  
It is warming up again as we spring into market season! Mark your calendars with the following market dates for 2011.

**Palm Beach Markets**  
Looking for a nice way to spend a Sunday? Why not visit the Palm Beach Markets? You can browse a variety of stalls and listen to live music from 9am until 3pm. The markets are held in Governor Phillip Park (next to Dunes Restaurant), 41 December.

**Mona Vale's Twilight Markets**  
The markets are held from 5pm until 9pm in Village Park Mona Vale. Bring your picnic rug, enjoy tasty food and a glass of wine. You can even browse a variety of stalls selling jewellery and fashion while relaxing with live entertainment.

**Mona Vale Christmas Market Sunday 4th December 2011** For more information on Markets in Pittwater and surrounding areas visit [www.pittwater.nsw.gov.au/markets](http://www.pittwater.nsw.gov.au/markets)

**MWPHS - Manly Warringah Pittwater Historical Society**  
Established 1924

One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical monuments, documents and research.

Membership at: [here](#)

**MANLY WARRINGAH BASKETBALL CAMP**  
Mon 23rd, Tues 24th & Wed 25th

- Session One 5-11 years 10.30am to 12.30pm
- Session Two 12-18 years 1.00pm to 3.00pm

Venue: NBISC, Jackson Road Warrlewood

Special Guest Coaches, Professional coaching, Competitions with great prizes.  
Cost: \$60

This is a 3 day camp ONLY. Payments must be made prior to camp starting date. Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW 2101. Fax: 991133644  
Email: [mwba@manlybasketball.com.au](mailto:mwba@manlybasketball.com.au) Enquiries: 991133622  
\*REFRESH YOUR SKILLS \*IMPROVE YOUR GAME \*HAVE SOME FUN\*

[Holiday Camp 2012.pdf](#)  
Size: 108.091 Kb  
Type: pdf

**St Mark's, Avalon & St David's, Palm Beach**

**CHRISTMAS CAROLS**  
by the Palm Beach Wharf

Monday Evening 19th December  
Singing, BBQ, Fun for the kids

with a special appearance by the  
**Jelly Wobblers**

Bring a picnic and your best singing voice

Starts at 6:00pm

**Museum of Contemporary Art**  
December 16th 2011 - February 12th 2012  
Rafael Lozano-Hemmer

**RECORDERS**

Be part of the art in this interactive exhibition of light, image, sound and shadow-play by the world's best known electronic artist. FREE; More [Information](#)

**RMYC NEWPORT**

**NEW YEARS EVE**  
SAT 31 DECEMBER  
TOP DECK DINING ROOM

1515 ADULTS  
3 COURSE MENU  
BOOKINGS ESSENTIAL - FROM 8.00PM

"ON THE PROWL"

**VIEW THE FIREWORKS SPECTACULAR AT MIDNIGHT**

**Carols by the Lake**  
Carols by the Lake is a community event which will consist of Carols, BBQ, Carols Bags, Fresh Coffee and a visit from Santa, Berry Reserve, Narrabeen Lake

17th Dec 2011, 7pm - 9pm

Carols by the Lake is a community event which will consist of Carols, BBQ, Carols Bags, Fresh Coffee and a visit from Santa. The community is encouraged to BYO Picnic blanket and to arrive early. The event will conclude with a spectacular fireworks display. Carols by the Lake is free to the public.  
Contact: Glenn Wysman or Phil Jackson on 9999 0475. Website: [www.link.org.au](http://www.link.org.au)

**Pittwater Camera Club - Competition Evening**  
Annual 'Images of the Year' competition and announcement of the overall winner  
5th Dec 2011, 8pm - 10pm

The culmination of the best work by our members are on show tonight in our annual 'Images of the Year' competition. Come along and see who will be the overall winner. Visitors are always welcome.

**BYRA Hall, 1842 Pittwater Road, Bayview 2104**  
Contact: [cecnc@bigpond.com](mailto:cecnc@bigpond.com) Website: [www.pittwatercameraclub.org](http://www.pittwatercameraclub.org)

**The Rotary Club of Pittwater presents**  
**CAROLS in the PARK**  
Featuring great local musicians and singers  
Saturday 10 December  
6.45 - 9.30 pm  
Village Park - Mona Vale

- \* Fun for the whole family
- \* Top line entertainment
- \* Food and refreshments
- \* Glow sticks
- \* Free lollies for the kids
- \* Santa arrives by fire engine

Admission is free \* Enquiries 0406 480 120 or [rotarypittwater.com](http://rotarypittwater.com)

Generously supported by:  
Pittwater Uniting Church, Pittwater Council, Pittwater RSL Club  
Stylo Communications, Uj Bookers Mona Vale, Pittwater Pharmacy

**IT'S REUNITE NITE !!**  
A nite of good vibrations, reunifications and rooting

December 10th at Avalon RSL  
\$25 pp  
HUNG DONKEY  
4 PLU/ONE MORE TIME  
(Ex Salacious Crumb/Salmon Hater)  
DJ BI-Curious + Fist E.Kuffs

All These bands (and you) reunite for ONE NIGHT ONLY in the raddest fundraiser against cancer ever  
You could win \* A 5 day trip to Thailand \* A Holden Commodore \* A Surfboard \*

Tickets available from Avalon RSL Doors open 7pm

**Carols at Tennis**  
at Carols  
Sunday, 18 December 2011

An evening for the whole family. Bring along a picnic, blanket, drinks, food, torches & your best singing voices.

5.00 - 6.00 pm Start - Catherine Park, Tennis Wharf  
6.00 - 7.30 pm Mystery Guest arrives  
Carol singing accompanied by local musicians

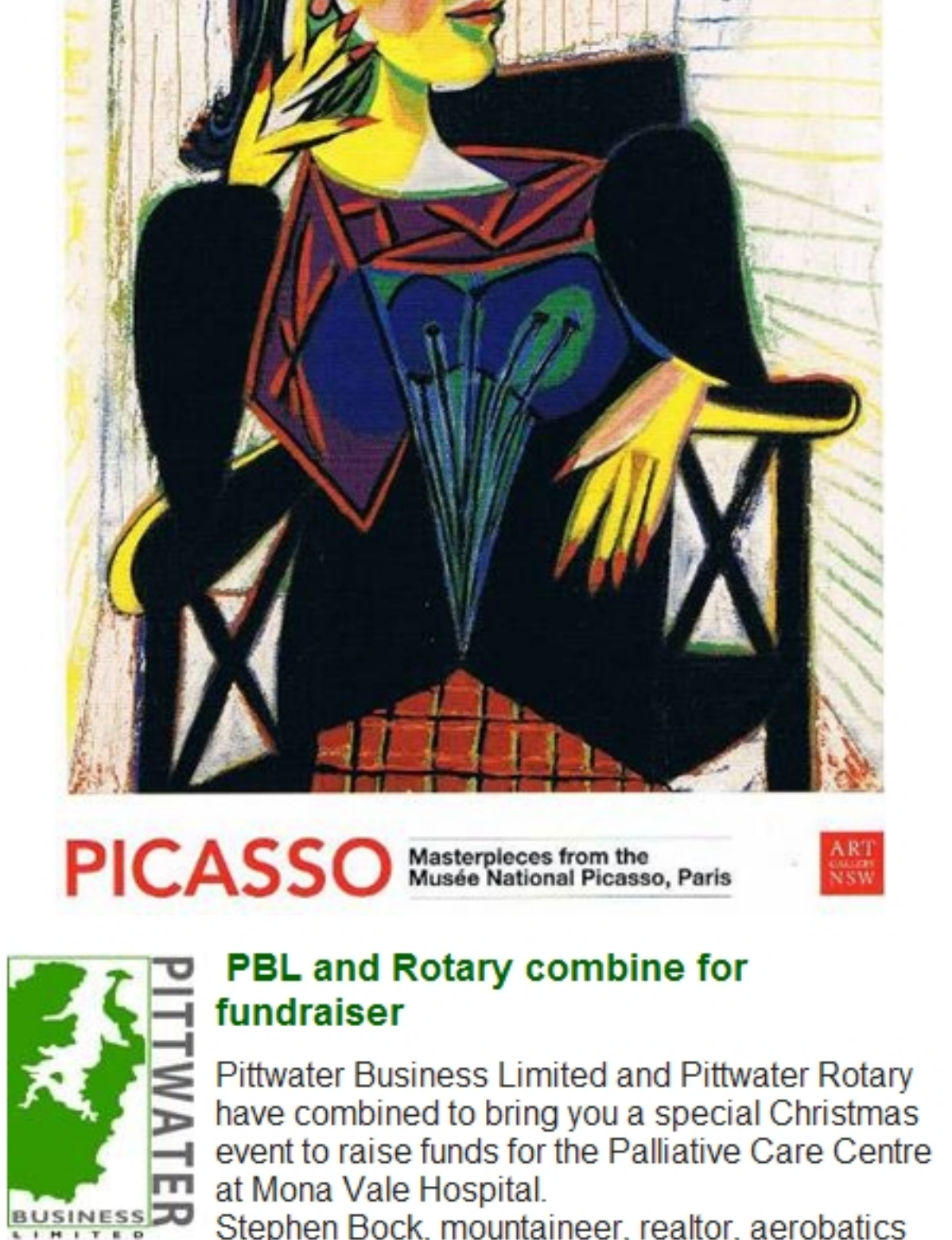
To help our Mystery Guest, please bring a small gift with your child's name on it. Please keep gifts under \$5. Thankyou

**Bilgola Ocean Swim**  
1.5km swim around Bilgola Beach  
11th Dec 2011, 11am - 1pm  
Entry costs \$30 and starts at 11am on the day. For full details: visit [www.bilgolaslsc.org.au](http://www.bilgolaslsc.org.au)

**Newport Ocean Swim**  
2km swim from 10am at Newport Beach  
2nd Jan 2012, 10am - 12pm  
Cost: Entry costs \$25 and starts from 10am. For full details: visit [www.newportsurfclub.com.au](http://www.newportsurfclub.com.au)

**Avalon Beach Big Swim**  
1.5km swim around from the north to the south of Avalon Beach  
15th Jan 2012, 10:30am - 12pm  
Cost: Entry costs \$35 and starts from North Avalon Beach at 10.30am. For more details: visit [www.avalonbeachslsc.com.au](http://www.avalonbeachslsc.com.au)

**PICASSO**  
Art Gallery of New South Wales  
November 12th 2011 - March 26th 2012  
Book at: [ticketek.com.au/picasso](http://ticketek.com.au/picasso)



**PBL and Rotary combine for fundraiser**

Pittwater Business Limited and Pittwater Rotary have combined to bring you a special Christmas event to raise funds for the Palliative Care Centre at Mona Vale Hospital.

Stephen Book, mountaineer, reator, aerobatics pilot, adventure racer and father will be guest speaker at the December breakfast seminar to be held **Wednesday, December 7, from 7.00am at the Royal Motor Yacht Club, 46 Prince Alfred Parade, Newport.** Stephen says: "To grow you have to be prepared to place yourself out of your comfort zone. You've got to be able to give yourself new challenges, push through them and remember to laugh a lot each day."

The cost for members of Pittwater Business Limited and Pittwater Rotary is \$35 per person. Early bird prices apply up until Friday, 25th November. To book, donate raffle prizes or for further information please contact Kylie O'Callaghan at PBL, tel: (02) 9907 0780 or fax the form below to (02) 9907 0782.

[December Breakfast Fax-Email Form.pdf](#)  
Size: 328.582 Kb  
Type: pdf

**Dinghy & Water Craft Sale**  
Pittwater Council has unclaimed dinghies and other water craft for sale by tender.

**Date: 10th Dec 2011, Time: 8:30am - 10:30am**

Unclaimed dinghies and other water craft will be on sale by tender from 8:30am to 10am. Items are sold as is and are to be taken away by the day before 12 noon. The sale will be by sealed tender, in even dollar amounts. Payment is required on the day by cash, cheque or credit card (Visa or Mastercard, 1% surcharge applies). Tenders will be opened at 10.30am and the highest tender will be accepted. Tenderers must be present onsite at the time of the announcement to collect. In the event of there being equal highest tenders the matter will be settled by a draw out of a hat.

Enquiries: Pittwater Council, 9970 1253 or [iana\\_carmont@pittwater.nsw.gov.au](mailto:iana_carmont@pittwater.nsw.gov.au)  
Enquiries: Tanya Carmont on 0404 2050 or [tanya\\_carmont@pittwater.nsw.gov.au](mailto:tanya_carmont@pittwater.nsw.gov.au)

Amnesty International (Avalon Group) presents ...

**Summertime**

a free, light-hearted, folk, Christmas song of acoustic concert/cabaret with 24 instrumentalists & singers

**Loosely Woven**  
4pm, Sun 11th December 2011  
Avalon Baptist Peace Church  
2 George Street, Avalon

Info: Kath Moody, 9918 2502 or [kath\\_moody@hotmail.com](mailto:kath_moody@hotmail.com) - [looselywoven.org](http://looselywoven.org)

**Izzotte's**  
4/5 Pittwater Road, Dee Why  
[www.izzottes.com.au](http://www.izzottes.com.au)  
Ph; 9984 9933

**December:** 10th: Mental As Anything, 15th: Sons Of Norway, 16th: The Beatnix, 17th: Bondi Cigars, 23rd: The Black Sorrows, 28th: Brian Cadd & Russell Morris

**January:** 5th: Mark Seymour, 8th: Glenn Shorrock, 13th: 1927, 20th & 21st: Ian Moss, 27th: Barry Leaf

**MUSEUM OF SYDNEY**  
until 18 March, 2012  
Corner Phillip and Bridge Streets, Sydney

The *Surf City* exhibition returns us to the beaches of the 1950s, 60s and 70s and shows how a scruffy bunch of kids on surfboards, hungry for social change, left an indelible mark on Sydney. Boardriders, shapers, writers, cultural stirrers and everyday waxheads with attitude and sun-tanned bodies shook up the conservative city and created a new culture of freedom and hedonism. Surfboards evolved from tootmpicks to mailbus and, eventually, to the revolutionary shortboards. Along the way, surfing merged seamlessly into mainstream Australian life.

Adult \$10 | Child/Concession \$5 | Family \$20 | Members free  
Open daily 9.30am - 5pm | Closed Good Friday and Christmas Day

**Manly Art Gallery & Museum**  
On the Beach: Gems from the Manly Art Gallery & Museum swimwear collection  
Exhibition dates: 2 September 2011 - 14 August 2012

An exhibition exploring Manly Art Gallery's unique collection of swimwear and beach paraphernalia. From the wooten neck-to-knees' swimwear of Victorian and Edwardian era to the skimpy 'itty-bitty' bikinis of the 60s. Manly's collection documents the evolving fashions and styles of swimwear and our changing relationship with the beach. Curated by Sarah Johnson.

**Probus Club of Pittwater**

**Pittwater Mens Probus Club** is open to new members. Add extra enjoyment to your retirement. Come and join us at our monthly meetings and hear excellent guest speakers.

Pittwater Probus Club is a men's club. Join and enjoy the experience of new friends, interesting guest speakers and mixed lunches and social functions in the wonderful atmosphere of Mona Vale Golf Club. More information [Here](#)

**Meetings every second Tuesday each month**  
Start 10am at Mona Vale Golf Club

**Talks After Noon**

**talks after noon**  
at the Powerhouse Museum  
Wednesdays & Sundays

A series of lectures from Museum curators, experts and special guests. Free with Museum entry. Click on logo for more details.

**Pittwater Artist's Trail 2011 - 2012**

[artistsTrailBrochure.pdf](#)  
Size: 2198.373 Kb  
Type: pdf

**Peninsula Historian**  
Newsletter of the Manly, Warringah & Pittwater Historical Society Inc.

Compiled by Tony Dawson, Editor.

**THE NORTH SHORE HISTORICAL SOCIETY 2013 HISTORY PRIZE**  
The NSW History Prize is a biennial competition established by the Society to encourage historical research at the community level and, in particular, to seek out non-professional history enthusiasts who have a story to tell. First Prize is \$3,000, Second Prize \$1,500 and Encouragement Prizes of \$1,500. The judges may recognise an outstanding entry by combining the First and Second Prizes to give a total first prize of \$4,500.

The emphasis of entries is expected to be on the his-tory of North Sydney or the Lower North Shore (including the areas bounded by Hunters Hill, Gladstone, Lane Cove, Willoughby, Northbridge and Mosman), although expansion of these geographical areas is not precluded if there exist strong historical connections with the specified northern areas.

Entries, which may be up to 50,000 words long and contain photographs, etc, may cover subjects such as people, communities, events, organisations or built-upns. Entries that combine text document and multi-media are permitted, such as MS Word combined with MS PowerPoint. Entrants are required to submit in advance a written précis of their subject matter, the deadline for which is 31 May 2012. The final entry sub-mission date is 31 May 2013.

To obtain details of the requirements of the competition, as well as the NSW's Précis and Entry forms, please contact the NSW Secretary at [northshoresociety@yahoo.com.au](mailto:northshoresociety@yahoo.com.au) or NSHS History Prize, PO Box 399, North Sydney, NSW 2059.

**SOCIETY OF AUSTRALIAN GENEALOGISTS**  
Richmond Villa - 120 Kent St, Sydney  
3 December 2011 10.30am - 12.30pm  
How to research your Australian Available Ancestors  
Discover the variety of resources available including the Australian War Memorial, National Archives, Commonwealth War Graves Commission, SAG re-sources etc, and the information contained within that exists for you to explore. Learn ways to find your rela-tive's service history and the history of the units that they served with. Presenter: Dr Jennifer Broyes (Cost: \$25 non-members, \$20 members - bookings essential on 9247 3953 or via [www.sag.org.au](http://www.sag.org.au))

Manly, Warringah and Pittwater Historical Society Inc.  
Established 1924

Patron: The Honourable Dr James Macken LLD

President: Jim Boyce  
0402 096 080  
[jimboyce37@gmail.com](mailto:jimboyce37@gmail.com)

Secretary (Membership): Tony Dawson  
9953 8374  
[draggdawson@hotmail.com](mailto:draggdawson@hotmail.com)

**Circus Oz**  
4-29 January 2012  
Tickets from \$27  
Tumalong Park, Darling Harbour  
[www.circusoz.com/2012](http://www.circusoz.com/2012)

**BRASSO**

**CIRCUS OZ**  
2012 STEAMPowered

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# Pittwater Online News

Front Page   Contents   Park Bench Philosophers   Profile of the Week   History   Youth   Seniors   Environment   Food   Lynda Hill  
Community News   Pictures   News From our Inbox   Books   Events   Artist of the Month   Reflections   Collector's Corner   DIY Hints

## December 2011 - Weekend Warriors, Suspect Behaviour and Taking the Drop a great life affirming new book written by Danielle DuBois, Sheree da Costa, Jillian Flitton, and Debbie James

### TAKING THE DROP: Life is for living, whatever your age



Taking the Drop is very different. It is written by four everyday women of forty-five plus who wanted to share another kind of surfers' world. From varying backgrounds, they met through a common passion for surfing, and have developed close and affirming friendships since sharing their first wave together. They wrote this book not only to provide an entertaining and inspiring insight into surfing, but also to share their very different stories of how a group of Australian working mums came together to forge stronger identities, increase self-esteem and find happiness and solace within the ocean – mother nature's realm. This surf for fun, self-esteem and personal fulfilment from their unique perspective is not an angle ever covered before in print.

By finding the courage to get out there and 'take the drop' they have gained insights not only into surfing but into

life, and the things that can be achieved if you dare to dream. They hope their stories will inspire other women to *"put their weight on the front foot and go,"* as **Layne Beachley** so beautifully puts it.

This story is not just about surfing. That's just the glue (or should we say wax!) that binds them together. It's also about friendship, trying to keep balance in and out of the water, and having a good laugh (and sometimes a good cry) along the way.

Why would you want to read a book written by four ordinary women who are neither professional surfers nor professional writers? Maybe you're a surfer, maybe you'd like to surf, maybe you've always loved the ocean, or maybe you just need the inspiration to try something you've always wanted to do! Why not take a chance, try something new, push the boundaries, follow your dreams and see where it leads you?

### Excerpt from "Taking the Drop" – Jill's story... Below

Available from: [www.vividpublishing.com.au/takingthedrop](http://www.vividpublishing.com.au/takingthedrop) and also at **Berkelov books Mona Vale**.

#### Chicks don't surf...

The weather was starting to get colder and we needed serious wetsuits. In those days, because 'chicks didn't surf', no one stocked wetsuits for females. The first winter we made do with a boy's long sleeved vest and a pair of boy's long john's over the top. The only long johns in my size had a bright fluoro green trim, which didn't match the navy red and white stripes on my mat or the royal blue flippers. As Barton Lynch once told me, *'surfing is all about looking stylish.'* We didn't look stylish at all, we looked daggy and we knew it.

By the second winter, my sister and I were over our mismatched outfits and headed to an old three-bedroom weatherboard house in the centre of Torquay, which had been converted into a wetsuit factory. We walked through a couple of small rooms, which would have been the living room and bedroom of the original house. There were industrial sewing machines on tables in every room, and piles of black neoprene so high they almost reached the ceiling. Eventually we came across someone to help us.

The guy working at Rip Curl that Saturday was pretty surprised to see two females asking for steamers. He explained that they did make steamers for females in standard sizes for \$60.00 but they didn't stock them, we'd have to wait for them to make some up. Or, we could pay \$65.00 and get the steamers custom made. We decided to spend the extra \$5 and get the steamers custom made. As I've already mentioned, my sister was and still is, pretty good looking and unlike me she had very large breasts. To make a custom steamer it's necessary to get lots of very accurate measurements, for example, the exact length of legs, length of arms, circumference of ankles and wrists etc. Then there were the more intimate details such as the measurement from the inner crutch to the ankle, the exact circumference of the upper thigh, the measurement from the shoulder to the peak of the breast, the measurement from the peak of one breast to the peak of the other, from the peak of the breast to the waist, from the peak of the breast to the side seam, from the back of neck to the centre of the crutch, from the front of neck to the centre of the crutch. Well, can you imagine the two of us standing in a room with piles of cut neoprene and a hot looking surfer with a tanned face and long, bleached, blond hair holding a measurement card in one hand and a tape measure in the other? He reassured us, by telling us there was no need to take our clothes off for this!

There were two of us, and only one of him, so very quickly he decided he needed an assistant to hold the other end of the tape and read off the measurements.

"Hey guys, need some help in here, can someone help me do a measure up of these two chicks?" he yelled across to another room. I don't know if it was my imagination, but I'm sure he yelled the words 'two chicks' twice as loud as the rest of the sentence.

Before you could blink, there must have been ten guys cramped into the small room, all assisting with the measuring and recording. They argued and joked around over who should hold the tape measure at the crutch and who should measure the ankle and whether the measurement from one breast to the other was accurate or whether it should be taken again. My sister was absolutely mortified, she just didn't know where to look, mostly she focused on the ceiling while blushing completely beetroot. It was pretty funny. For reasons already mentioned, most of the attention was focused on her, and none of the guys were paying much attention to me. After all that, they must have done a pretty good job, because the fit of those steamers was perfect, we thought we looked pretty hot in our sleek all black wetties. I took great care of that wetsuit; it's the only wetsuit I've ever owned that I've religiously rinsed-off after every surf.

## Suspect Behaviour

Suspect Behaviour was formed in 2010 to participate in the Billy Hyde Weekend Warriors program with mentor Paul Christie (Mondo Rock). Their first gig was a huge success and the joint was jumping! Spurred on by such a great response, the band have continued jamming together and aim to do as many gigs as possible to keep the groove going. Since then they have followed their debut with recent nights at the Mona Vale Hotel, and the Terrey Hills Tavern. They packed both venues and everyone had a ball. If you love cover bands who really know how to get the crowd going, this is the band for you!

### Suspect Behavior Band Members are...

**Henry Jennings** ~ Vocals... Years ago Henry sang in a band in the UK. They were going to be huge. It was the era of punk after all. Couldn't be that hard! Artistic differences (!) put paid to that dream then and corporate life beckoned! However the dream of performing never dies, and so 30 years later, he's back singing in a rock and roll band. The birth of the 'Suspects' was down to Weekend Warriors, but the inspiration is the music. Always was, always is. As a professional actor and director as well, performing is in the blood and in front of an audience the years fall away. As John Miles once sang, "Music is my first love and it will be my last". And thanks Paul for the encouragement!

**Sheree da Costa** ~ Vocals and Percussion... Sheree da Costa is a former ballerina who 'in secret' loved heavy rock bands such as Uriah Heep, Slade and Black Sabbath. With the advent of punk rock her day was made, donning black grunge during the day, and tutus and pink tights at night. Once recovered from these passing fads she embraced the wider world of music, loving everything from the purest classical to jazz to nostalgia to alternative, and back again. She is proud to be part of Suspect Behaviour and is having a ball unleashing her inner rock chick!

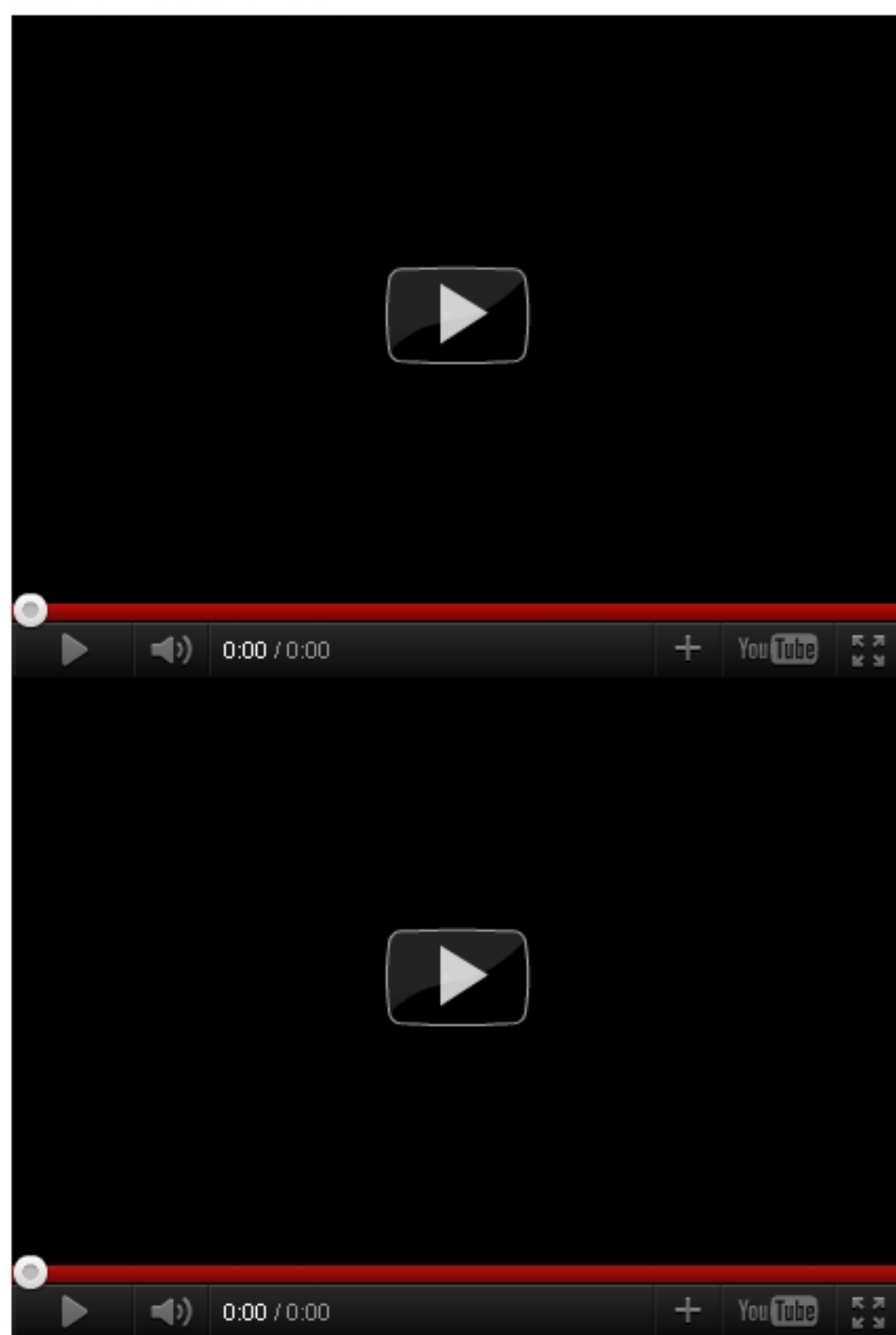
**Warren Kearney** ~ Lead Guitar... Warren Kearney is a carpenter who has played in numerous garage bands since he was a young lad. Once the disco craze came along it was time to put his dreams of rock and roll to one side and pursue marriage and kids, but he always kept an interest in playing guitar. With the advent of the Weekend Warriors program came the opportunity to pursue lost band memories, once again pick up his guitar in earnest and pick up where he'd left off. In the process he's found a great bunch of muso friends with the same interest in being part of a working band.

**Jon Leslie** ~ Rhythm Guitar... Jon Leslie has always worked in the film and television industry, as a sound recordist, dubbing editor and audio engineer. Back in the Dark Ages (pre-seventies) he bought a shiny, new, red '62 Hofner electric guitar, which became his most prized possession. After several months of "suspect" chords, (and disgruntled siblings), it became apparent he would never become a "star," and the prized guitar languished for many years under several different beds. In April this year, out came the old guitar again when he joined the Warriors programme under the tutelage of the "whip cracking maestro" Paul Christie, (the welt marks have almost faded!). Jon's now learnt "proper" chords, and is enjoying himself immensely, playing with fabulous people, in a "real band."

**Trevor Lane** ~ Drums... Trevor Lane is a Licensed Strata Manager. In his more youthful days he played drums in a local Melbourne band named "Sonix" and loved every minute of it. As with most youthful things, playing music was put aside and more serious matters took over with wife, family and home becoming the top priorities. However, there came a time when some of the freedoms returned, together with the time to enjoy them, and thoughts turned to the long-held dream of again being a drummer in a rock and roll band. The Weekend Warriors program was just the nudge needed to get that ball rolling. Twelve months on and the dream is now truly alive and kicking. New like-minded friends, music back in his life, and the opportunity to make other people smile and enjoy themselves... and maybe the chance to inspire another dreamer to make it happen.

**Richard Grosser** ~ Bass Guitar... Richard Grosser is the 'deep' member of Suspect Behaviour. Pitching in with support on bass guitar, he moonlights in his day job of Architectural Design and Project Management. Having returned belatedly to the scene of the crime' in Sydney after life in the 'deep-south' and 'way-up-north', previously Richard spent a decade outside of Australia, from the Eurozone to 'across-the-ditch' - working, lecturing and teaching in his current profession. This diverse cultural and musical immersion has left deep scars requiring him to replay out his teen 'garage band' fantasy... enter 'Suspect Behaviour!' Richard plans to work on his dream of a custom recording studio and have some "...good friends over for the weekend".

**Carolyn Woodorth** ~ Keyboards... Carolyn Harwood Woodorth is a singer songwriter known as 'Rock Star Mama'. She has followed the pub rock scene since seeing the Angels at the Fairfield Hotel at age 14 and beams out the message that you're never too old to rock through her Old Age Party Animal social group and blog [www.oapa.wordpress.com](http://www.oapa.wordpress.com). Through the Weekend Warriors program, Paul Christie encouraged Carolyn to use her classical piano background to explore the possibility of playing keyboards in a rock band and now she plays in Suspect Behaviour and 1st Blues Platoon. Carolyn is still deciding whether to be reincarnated as Tina Turner, Suzi Quatro or Freda from ABBA.



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**Videos Copyright of Jon Leslie, Photos, Words Copyright of Henry Jennings, Warren Kearney, Trevor Lane, Richard Grosser, Carolyn Woodorth and Sheree da Costa of Suspect Behaviour, and Danielle DuBois, Sheree da Costa, Jillian Flitton, and Debbie James, Taking The Drop authors, 2011. All Rights Reserved.**



Taking the Drop Ladies: (l to r) Back: Debbie James, Danielle DuBois, Front: Jillian Flitton and Sheree da Costa.



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December 4 - 10, 2011: Issue 35



## HILL END

by George Repin

Gold has been keenly sought and greatly valued over the centuries because of its unique properties. It is attractive in colour and brightness, does not tarnish nor corrode, is durable, is dense but very malleable and occurs in nature in a comparatively pure form. Through history many societies have been pillaged for their gold. The Conquistadors stripped the civilisations of Central and South America (most notably the Incas) of their gold for the "glorification" of churches in Spain.

However, outstanding examples of elaborate, beautifully worked gold artefacts surviving from Assyrian, Etruscan, Minoan and Egyptian civilisations can be seen in museums in the Eastern Mediterranean, particularly in Greece and Crete.

An upsurge in gold production started in the Americas in the 1490s following the arrival of the Spaniards but by 1823 Russia had become the world's leading producer. "Gold Rushes" followed the discovery of gold in California (1848) and Australia (1851) where rich deposits were found at Ballarat and Bendigo. In the period 1850-1875 more gold was mined than had been produced over the whole of the time since 1492.

Where gold rushes occurred large towns quickly sprang up – and, when the gold ran out, quickly left little to show where hundreds and even thousands of people had lived and worked.

An outstanding exception is Hill End, about 80 Kms by road from Bathurst or (by a better road) 72 Kms from Mudgee. It provides a snapshot of what life was like in an 1870s mining and commercial centre.

The rich deposit of gold, locked up in quartz veins 50 metres under the surface of Hawkin's Hill, drew a flood of prospectors, rapidly turning Hill End from a small rural community into one of the largest towns in NSW. With the gold largely exhausted Hill End reverted to its former state. The Royal Hotel today is the sole survivor of the 52 pubs in the town during its heyday.

The Hill End Historic Site protects a selection of buildings and artefacts allowing a visitor to wander around and feel the atmosphere of what was a thriving town. In the former district hospital, which was derelict and restored to house the Visitor Centre and Museum, a panoramic photograph shows the extent of the former town.

In the 1950s a collection of photographs of the whole town, scene by scene and building by building, taken during the boom by Beaufoy Merlin, was discovered by chance. Copies of about eighty of these photographs have been placed in the positions from where they were taken to help visitors imagine what the town was like.

A replica of the Holterman Nugget weighing 75 Kgs, discovered by Holterman and Beyer, is in the museum. Louis Beyer later left an enduring legacy by planting an avenue of trees along the main road into the town, now called Beyer Avenue, one of the town's most striking features.

A visitor to Hill End in 1871 wrote *"But what most strikes a stranger upon his arrival here is the great number of pretty and comfortable cottages, the residences of miners, surrounded as they are by some pretty gardens, showing strong evidence of the wealth and stability of the place"*.

That writer could not have foreseen what would happen when the gold ran out.

The photographs are (top to last): The Royal Hotel, Panorama of the town displayed in the Museum. Hospital bed and medical equipment displayed in the museum. Beyer Avenue (i.e. the avenue of trees). All images by George Repin.

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## Vintage Guitars

Many musicians have more than one of whichever instrument they play. If these are made from wood there's a knowledge that the timbre or tone of the instrument improves with age. Some, such as harps, have to be kept in rooms that removed the humidity from the air so the wood won't swell and ruin them or make them out of tune.

Even those who are not aficionados on any particular instrument can collect more than one piece. The range here contains a Sampson jazz guitar from 1930's Chicago, an Eston, made in Italy, a Maton, made in Australia and even an old Ashton and Harmony, the two in this collection, apart from the Maton, which their owner states produces the sweetest sounds. The range is both acoustic and electric with one being borrowed by a local musician on a few occasions due to his love of its sound.



**Eston** guitars were made in Italy by Eko and imported into Australia in the 1970's by Lamberti Brothers of Melbourne under their own brand Eston not as Eko. The "TON" part of ESTON is named after Tony Lamberti. [Source: Fetish Guitars] The Eko acoustic guitars Rangers, 100 series and Classical series were those available here to purchase.

**Harmony:** In Chicago, 1892 Wilhelm J. F. Schultz and four employees began production on a modest scale. By 1915 Harmony had 125 employees. In 1916 Sears, Roebuck acquired Harmony in order to gain its substantial ukulele production. Harmony also made mandolins, banjo ukes, tenor banjos, and other instruments. In February 1928 Harmony introduced its Roy Smeck Vita series-Standard, tenor, and plectrum guitars. In January 1930 the Roy Smeck Grand Concert and Hawaiian models were unveiled. In March 1931 the Vagabond guitar line was first produced, and in the following September the Cremona professional guitar appeared. In May 1939 Harmony bought several brand names from the bankrupt Oscar Schmidt Company including La Scala, Stella and Sovereign. During this period Harmony substantially increased its trade names to include Valencia, Monterey, Harmony Deluxe, Johnny Marvin, Vogue, and many more.

From 1961 through 1969 Harmony continued to grow and as imported instruments began taking a larger share of the American market, the company was purchased by a conglomerate along with some other companies. There was heavy indebtedness, and the factory equipment and other assets were sold at auction to satisfy the creditors and they finally liquidated. The current day Harmony is owned by Charlie Subecz. [Source: Harmony]



**Maton** (1946 to present): During the early 1940's, Bill May established a custom guitar manufacturing and repair business known as "Maton Stringed Instruments and Repairs". This enterprise was successful and Bill was joined by his older brother, Reg, a wood machinist, to join him as a full time guitar maker. In March 1946 the "Maton Musical Instruments Company" was born. [Source: Maton]

Dating Maton Guitar "re electrics. ..the 'Serial

Number' for the electric guitars can be found on the back of the headstock, can be difficult to see as the guitar gets older. The first four numbers of a not too old electric represent the date of manufacture, the following numbers are where that guitar sits in the series." [source: De'arne, Maton, email 30/1/2007]

Vintage Guitars: [http://www.jedistar.com/jedistar\\_vintage\\_guitar\\_dating\\_a.htm](http://www.jedistar.com/jedistar_vintage_guitar_dating_a.htm)

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## Caring for Your Deck

by Bruce Crutcher



Welcome to our second article from Johnson Bros Mitre 10. In this piece we will be offering tips and advice on how to protect your new deck and revitalise your old one. Preparation is very important to ensure your deck finish protects your timber and looks good for the maximum possible time.

Let's start with your new deck. All new decking timbers should be left to weather to allow tannins and the natural oils to leach out. This allows for maximum absorption and adhesion of your deck finish. The time for this weathering process varies between species of timber and their exposure to the elements. A general guide is 4-6 weeks, however you can speed up the process by hosing the decking down and letting it dry and repeating the process a number of times. Once the deck has weathered sufficiently, it should be washed down with a deck cleaning product. Examples of these include Cabots Deck Clean, Intergrain Reviva or Feast Watson Wood Clean. These products help remove the remaining tannins and oils from the decking, allowing the finish to do its job. Please read the instructions on the product container thoroughly prior to using any of these products.

If your deck has been previously painted or coated, you will need to remove the coatings. Painted finishes or finishes that sit on the surface of the timber will require paint stripper or a thorough sanding to remove them. Stained or oiled finishes may require a lighter sand or allowing the timber to weather longer to ensure previous finishes have been washed out. Once cleaned, use a deck cleaner such as the ones mentioned previously to remove dust and chemicals and to prepare the timber for the finish. For old and weathered decking, use the deck cleaner to bring back the colour of the timber and to remove dirt from between the fibres.

So how do you know if your deck is ready to be coated? Sprinkle some water over your dry deck and if it beads on the surface, use your deck cleaner again, allow to dry, then sprinkle water on the decking. Your deck is ready to accept the finish when the water is absorbed into the timber.

In our next article, we will go through the different types of decking finishes. Remember, for the best advice and service, come in and speak to our helpful staff at Johnson Bros Mitre 10, Mona Vale and Avalon. Our prices on deck finishes are amongst the lowest prices on the Northern Beaches. Come into the store and save!

Click on logo to visit their website

# JOHNSON BROS MITRE 10

ABN: 12 000 868 868

### ABOUT US

Johnson Bros Hardware first opened in Avalon in 1957, by John and Bob Johnson. In 1989, a second Store was opened at 3 Mona Vale Rd, Mona Vale. This Store went from strength to strength and moved to larger premises in 2003, at 51 Bassett St, Mona Vale, the current location.

In October 2008, Johnson Bros acquired Hardwoods Australia, a timber merchant specialising in Australian Hardwoods. The name was subsequently changed to JBH Timber and in October 2009 moved to the units next door to the hardware store.

Whilst John and Bob still have an interest in Johnson Bros Mitre 10, the day to day running is left to Johns sons and daughters. John has 5 sons, 3 daughters, 1 son-in-law and 2 daughters-in-law involved in the stores, making it a true Family business.

From the outset, Johnson Bros has prided themselves on offering excellent customer service, and this has carried through to the present. The Avalon store is in a handy position, offering customers basic hardware and household items to the people in the upper peninsula of Sydney's Northern Beaches. The Mona Vale store can, and does, service the Sydney Metropolitan area for all facets of the building industry, from foundation materials through to roofing. They also specialise in offering a great range and service for the DIY and home handyman.

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