

August 14 - 20, 2011: Issue 19

Stalwart

Palm Beach RSL hosts the Vietnam Veteran's Day (Northern) today with a March from Palm Beach Ferry Wharf at **10.45am**. One of the organisers of this event, Mark Ferguson, President of the Palm Beach RSL Sub-branch, is our [Profile of the Week](#), and shares some insights of joining the Army as an 18 year old and being sent into and returning to conflict.

We will post an Article on Vietnam Veteran's Day at Palm Beach RSL later this afternoon (Sunday) and share photos from the March and Service on our Pictures page.

Pittwater Online News is published every Sunday

Features this week

Front Page: Palliative Care Funding Restored by Liberal Government. Broken Bay Marine Rescue Long Service Awards.

[Vietnam Veterans Day \(Northern\) at Palm Beach RSL](#)

George Repin's [Reflections](#): Remembering Rowe Street.

[Congratulations Sir Keith! Respected medical elder celebrates his first century.](#) by Kath Ryan, MJA InSight.

[The Avalon Craft Cottage](#) by Maureen Darcy-Smith

Quote for the Week

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

Martin Luther King, Jr.



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SYDNEY, NSW

Today: Few showers. Possible shower. 9 17
Tomorrow: Partly Cloudy 9

> Current Temp: 10.8 °C > 3 Hourly Forecast
> Feels Like: 6 °C > 10 Day Forecast
> Wind: 21 km/h W > Warnings
> Rain since 9am: 1 mm > Radar | Cloud |

Latest News out of severe weather heading

Past Features Archives

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Great News

Known locally as "The Cottage" the Cora Adcock Palliative Care Centre is a long-standing and vital service for the Northern Beaches community. The Cottage is situated in the grounds of Mona Vale Hospital. The staff, headed by Dr. Peter Moore, is dedicated to improving the quality of life for people with life-terminating illnesses and supporting their families and carers. This is not a problem which affects one small group in the community. The fact is we all want to be assured that we will be properly cared for when we approach the last chapter of our lives.

Unfortunately, last year the former NSW Labour Government cut funding by 40% to HammondCare, the non-profit organisation which runs the Northern Beaches Palliative Care Service. Despite the cuts, [Pittwater Rotary](#), spearheaded by Hans Carlborg and Gail Carew, is raising funds to extend the palliative care cottage. The design and plans for these extensions and improvements were created pro bono by local Pittwater architect, Mr Emile Jansen.

Recently a petition lead by Dr. Yvonne McMaster and Gail Carew, urging the restoration of funds to expand community palliative care services, gained more than **23,000 signatures** and with the support of our local member for Pittwater, Rob Stokes, was presented to the Premier and debated in the NSW Parliament on August the 10th. The following Media Release was received on Thursday the 11th.

Palliative Care Funding Restored By Liberal Government

Member for Pittwater Rob Stokes today said he is delighted the NSW Liberal Government will restore funding cut from palliative care services on the northern beaches by the former Labour Government.

The announcement was made by the Premier in front of a packed gallery of palliative care supporters at State Parliament – and will mean more than \$1 million will be restored to provide assistance and support to the most vulnerable members of the northern beaches community.

"This is absolutely fantastic news for our community." Rob Stokes said today. "Palliative care provides invaluable assistance to the most vulnerable members of our community and it's disgraceful its funding was sneakily cut by the former Labour government.

"Supporting terminally ill patients in their own homes, surrounded by their families, is a far better option for everyone involved.

"Our increasing population on the northern beaches makes it essential for this funding to be restored.

"It should never have taken a change of government to achieve this result but I'm delighted with the outcome.

"Thank you to everyone that helped advocate for this vital service and the immeasurable benefits it provides.

"A special thank you to Dr Yvonne McMaster – whose tireless efforts helped achieve this fantastic outcome.

"This announcement reverses the trend of funding being cut from essential health services on the northern beaches - and helps provide local residents with the care and support they deserve." Rob Stokes concluded.

Broken Bay Marine Rescue Long Service Awards

On Saturday 13th August 2011, local member for Pittwater the Hon. Rob Stokes MP and Patron of Marine Rescue Broken Bay, presented Long Service medals to nineteen members of the [Broken Bay Unit of Marine Rescue NSW](#) at the Marine Rescue Base, Rowland Reserve, Bayview.

Marine Rescue Broken Bay whose motto is 'safety of life at sea' is staffed totally by volunteers. Many of these long service medal recipients are trainers in courses designed to foster boating safety amongst the public. Other members perform duties that assist in the rescue service for vessels in trouble or in the running of the Unit. The combination of dedicated volunteers trained to a professional standard of seamanship or shore-based activities provides a rescue service on a 24/7 basis.

The members who received awards are; over 10 years: Ron Allsop, Tim Evans, John Fleming, Peter Francis, Terry Joyce, Robert Reid, Martin Thorn, Warwick Settree, Terry Walsh, over 20 years: Rob Baker, Noel Draper, Ken Hibbins, Tom Hughes, Mike Seale, Jan Walton and over 30 years: David Harrison, Brain Kelly, Don Southwell, Peter Woods.

As Pictured Below by [Michael Mannington](#). Article [Continues](#)



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Above (left to right): Deputy Commander BBMR, Michael Seale, Regional Co-ordinator, Greater Sydney, Chris Gillett, Marine Rescue NSW, Deputy Commissioner Heinz Mueller, Hon. Rob Stokes MP, also Patron of BBMR, and Unit Commander Victor Lawrence.



Broken Bay Marine Rescue Long Service Awards

Continued from Front Page

Unit Commander, Victor Lawrence, explained in his introduction, that the BBMR, operational since 1947, will become 65 years old next year, pointing out that those who were receiving 30+ years awards have been a part of the Unit for half its lifetime, those receiving 20+ years, a third. Commander Lawrence stressed that in any Organisation the greatest asset is the members. He explained it was not only the dedication and commitment to assisting people on the water, it was also the other areas, like radio duties, finance, personnel, IT and maintenance where the Broken Bay Marine Rescue Unit are fortunate in having volunteers from all walks of professional life to bring their skills to the tasks at hand. All members of BBMR are volunteers. They are rostered into 'Watches' and give up their weekends to remain on the base at Rowland Reserve, Bayview.

Hon. Robert Stokes, MP, in prefacing presenting the awards, recalled some more of the history of the Unit during the years of World War II to illustrate how long others have been at service to the community, describing BBMR's commitment to the community, and those who visit Pittwater in a boat, as an **'extraordinary legacy of Service'**. He thanked all present for their hard work and dedication over many years. Deputy Commissioner Mueller addressed the significant factor of all Coastal Rescue Organisations members being volunteers, 'people who are drawn out of the local population and all share a willingness to serve the community.'

When award recipients were asked what stood out for them through their many years of service, and why they stayed committed even now, they all replied that it is the camaraderie and working as a team they experience that is uppermost. One recipient, agreeing that the camaraderie is prevalent, also liked that they had received blue uniforms in recent years as the old orange overalls were too bright. They have all 'thoroughly enjoyed every year' and shall continue to ensure we all experience **'safety of life at sea'**.

Find out more at: [Marine Rescue Broken Bay Profile](#)

Left: Peter Woods, who has served for over 35 years at Marine Rescue Broken Bay, with his mother Joan, who also served at the unit for decades up until four years ago.

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Images by [Michael Mannington](#).

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**VIETNAM VETERANS (NORTHERN)
SUNDAY 14TH AUGUST, 2011.
COMMEMORATING THE 45TH ANNIVERSARY OF
THE BATTLE OF LONG TAN**

*The wearing years toil onward and the ways of the world
But, you have lost remember.
Tho' these whom you loved have died, neither death nor the years can part you,
nor the width of the world divide.
And today, as you stand to salute them, they to, will be at your side.*

Sunday morning's air was damp. Drizzle interceded with bursts of warm sun and made the green beside Palm Beach ferry wharf almost steamy as Vietnam Veterans gathered for their annual march. Over the estuary two sea eagles, habitués of these waters, circled wheeling slowly, looking for fish. Children from Avalon Public School, who were providing the March music this year, giggled or squirmed if little boys, telling us they were from grades 4, 5 and 6 and some had been practising for two years for today. They were all excited to be included, to be leading the way forward.

Later than expected, but then it is Palm Beach on a Sunday, those gathered assembled into their marching order and left the wharf area to proceed to Palm Beach RSL's Cenotaph for the Service to commemorate and remember those not among their number today. Led by Russel 100, including Veteran's from Avalon, Palm Beach, the Wangi RSL's Women's Auxiliary (who were marching on behalf of lost husbands in two cases), and Chain Valley Bay, who had spent an hour and a half travelling from the Central Coast to participate, they left the assembly area. Among them were Mayor Harvey Rose, Superintendent Doreen Cruickshank, the Hon. Bronwyn Bishop, who is also a Patron of Vietnam Veteran's Northern and our local MP, Hon. Robert Stokes.

The Catafalque Party, provided by Reservists of [HMAS Waterhen](#), based at Waverton, MGDST support, were posted at each point of the compass around the Cenotaph as those marching reached and then stood in two ranks before the RSL. The Service was opened by Peter Rumble, President of Vietnam Veteran's (Northern) "On this day we recall those who, in the tragedy of war, gave their lives on the battlefields of Vietnam. Names such as Long Tan, Bribie, Renmark, The Tet Offensive, Coral, Balmoral bring raw memories to those of us here today who survived. As you salute them, they will be here by your side. Rest ye o warrior, you'll battle no more. No longer to live the horrors of war. Your duty was done, with honour and pride farewell, o brother until we march by your side. Well done thou good and faithful friend. We can never forget."

Prayers of Thanksgiving, for the Queen and the Nation were read by Major John McGuigan, Padre for National Servicemen's Association: <http://nashos.org.au> and Mark Ferguson, President of the Sub-branch of Palm Beach RSL followed. We include these in Further Reading.

A wreath laying ceremony and the Ode of Remembrance were read before a bugler sounded the Last Post and then the Reveille. The Catafalque Party dismissed closed the Service in solemn respect. All then went inside to have drinks and to talk prior to lunch. A video of the Eagle One Huey Helicopter the Veteran's were flown in for June's Avalon Tattoo was shown prior to Mark Ferguson welcoming all and thanking them for attending Mark then invited Peter Rumble, President of Vietnam Veterans (Northern) to respond. Mr Rumble welcomed everyone and remarked on how impressed he was with the children's band, thanking Avalon Public School and others for the wonderful local support they receive each year. He then asked the Hon. Bronwyn Bishop, a patron, to address the crowd.

This lady addressed not only the growing awareness the Australian public has of the conditions endured and battles the Vietnam Veteran's fought, but also commended the inclusion of the local children's band as this allows the rising generation to be influenced by meeting them, by getting to know them and by being part of the day.

Hon. Bronwyn Bishop concluded with stating how our intrinsic Australian spirit stems from the sacrifices those in service make, and, "Everyone who was is Vietnam Veteran can hold their head high and know that the Australian people value your service, your sacrifice, your spirit and love of country as much as anyone else who has given of them selves. So as we remember now our serving personnel in Afghanistan, as we do in Parliament, I am also, in the back of my head, thanking everyone else who has given to our Nation."

They shall grow not old, as we that are left grow old, Age shall not weary them, nor the years condemn; At the going down of the sun, and in the morning, We will remember them.

Further Reading:

[Mark Ferguson Profile](#)

[More Photos in Pictures](#)

Prayer of Thanksgiving read by Major John McGuigan, Padre for National Servicemen's Association

We thank you, O Heavenly Father, for the efforts being made by the Nations of the World in seeking peace and happier relations with each other. We praise you for the spirit in men and women which made them scorn the way of safety and venture all for the common cause of Freedom and Right; for all great and noble acts known and unknown which, we believe, by the mercy of God will bring about the final conquest of the forces of evil which threaten the peace and security of the world, through Jesus Christ our Lord. Amen.

A Prayer For The Queen read by Mark Ferguson President Palm Beach RSL Sub-Branch

Almighty God, look with favour, we pray, upon Elizabeth our Queen. Grant her every grace and blessing that she may continue to serve you, and the people Of her realms, with the devotion and singleness of heart. Inspire those set under her with the same sense of dedicated service that unity, peace and concord may flourish in our land. We make these petitions in the name of Him who in His earthly life set before us the perfect example of majesty, gentleness And obedience to your will, Jesus Christ our lord. Amen

Prayer for the Nation read by Major John McGuigan, Padre for National Servicemen's Association

We beseech you, Almighty God, to watch over all those serving in the Armed Services, and those who still suffer disabilities through sickness or injuries sustained in War, strengthen and encourage those who have been saddened by the loss of loved ones, especially children deprived of a father's care and protection. Grant, we pray, that the same courage and resolution, the same comradeship and service shown in the last great struggle in which our Country was involved, may now be offered in the greater task of making a true and lasting peace through Jesus Christ our Lord. Amen

Lunch:
On each table placemats for this day had the flag and insignia of VV and also 'UC - Dai - Loi' underneath. This is what the Vietnamese people called the Australian soldiers. Roughly translated it means 'Men from the south'. Lunch was a choice between slow roasted lamb shoulder with jus or macadamia crusted barramundi. Cheese and fruit platters were placed on all tables, to continue the relaxed atmosphere after the Service. Comedian Philip Cornwell, back for his second year of entertaining the Veterans, gave all a few stories to chuckle over.



Above (starting from Top): Gathering, Emille Parker, Veteran's Officer at Avalon Beach RSL Sub-branch with Mayor Harvey Rose, Cliff Dunn and gents, Hon. Rob Stokes MP with members of Palm Beach RSL Sub-branch, Commodore Sloper (Rtd.) with Superintendent Cruickshank and Hon. Bronwyn Bishop, members of the National Servicemen's Association of Australia, (l to r): State Secretary Sgt. Dennis Moran, Major John McGuigan (also Padre) and Sgt. Eric Walkley.

Below: Vietnam Veteran's and the March.

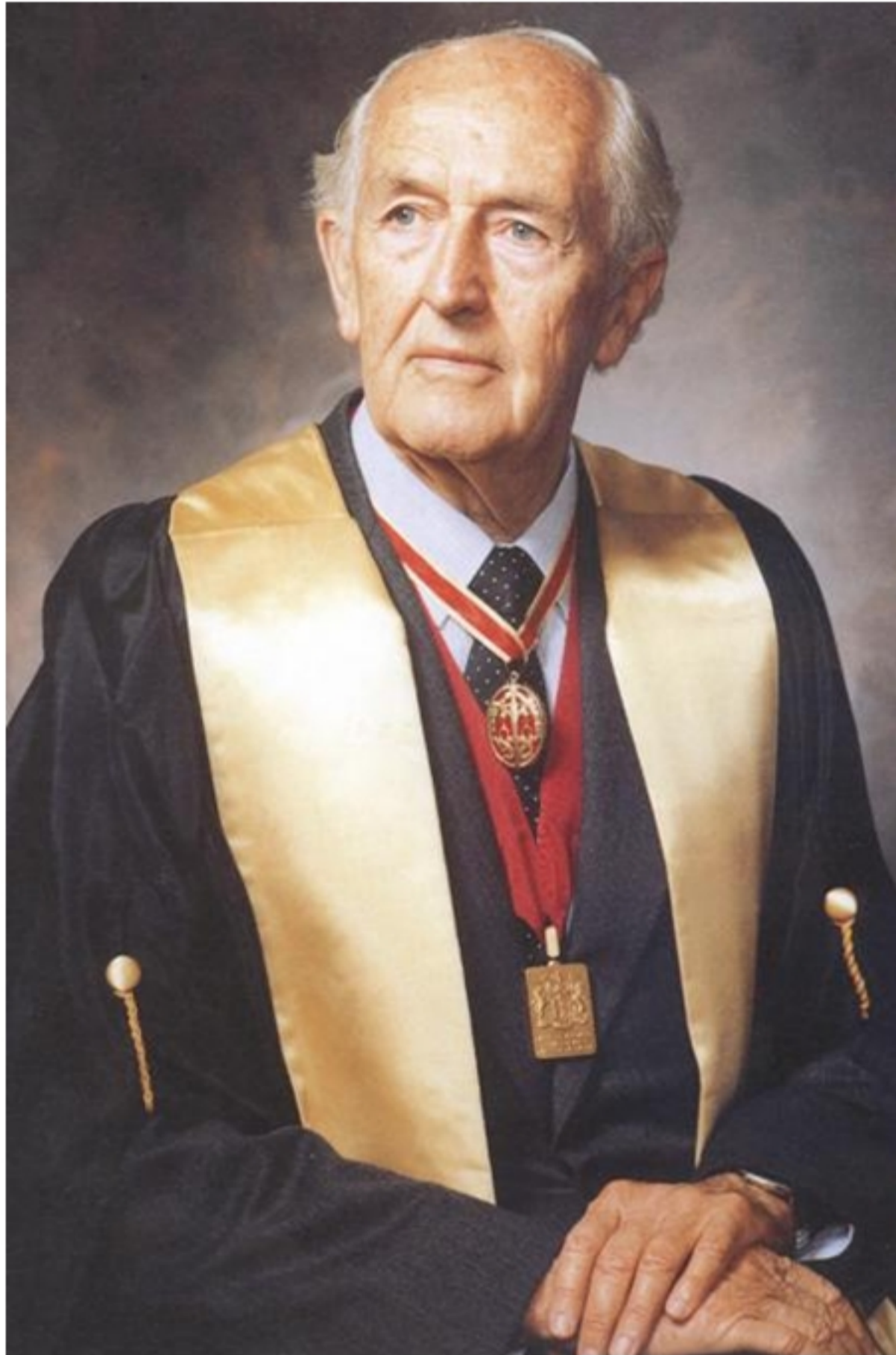
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Congratulations Sir Keith! Respected medical elder celebrates his first century.

by Kath Ryan, MJA InSight

Sir Keith Jones, a former editor of the Medical Journal of Australia, can look back on a long and interesting career, which included being in the thick of one of the biggest changes in Australia's health system.

Sir Keith, a former president of the Australian Medical Association (1973- 1976), celebrated his 100th birthday on 7 July with family and friends at the retirement Village where he lives in Sydney's northern suburbs.

His time as AMA president coincided with the introduction of universal health care in Australia through a scheme called Medibank, now Medicare. The AMA was strongly opposed to the scheme when it was introduced by the Whitlam Labor Government in 1975.

Sir Keith was born in Narrandera, in the south-west of New South Wales, and studied medicine at the University of Sydney, graduating in 1933. Both Sir Keith and his brother Gordon, who also graduated in medicine at Sydney, became country doctors and, when World War II broke out, they both became military doctors.

However, in a terrible twist of fate, Gordon was killed on the hospital ship AHS *Centaur* when it was torpedoed by a Japanese submarine in May 1943 just off Brisbane. Sir Keith had been offered a place on the *Centaur* but decided instead to travel by train.

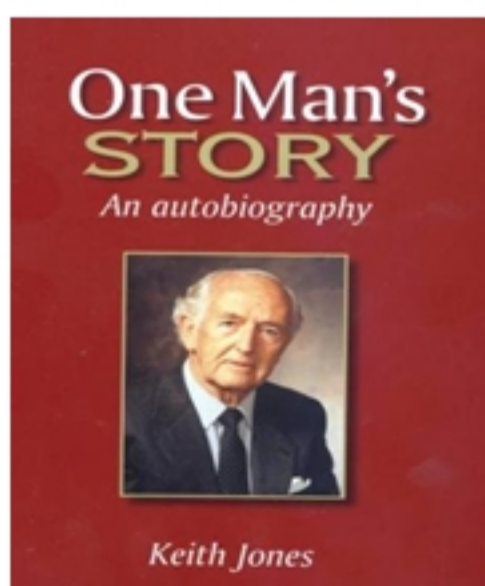
His distinguished medical career spanned more than 60 years including stints as general practitioner, surgeon, member of the NSW Medical Board and of the Australian Drug Evaluation Committee, head of Private health fund MBF and chief medical officer of the NSW State Emergency Service. He was also acting editor of the MJA in 1981-1982. In 1980 he was knighted for his services to medicine.

Article is from: Ryan, Kath. **Congratulations Sir Keith! Respected medical elder celebrates his first century.** MJA 2011; 195 (3): 121 – Copyright 2011. *The Medical Journal of Australia* – reproduced with permission.

We called Sir Keith Jones on Friday, a gentleman who is still sharp as a tack. He kindly explained how he moved into this area, to Manly, in 1946 after being discharged. After spending some years at Bayview Retirement Village he is now ensconced in the RSL Veteran's Village in Narrabeen. We asked what, to him, was the most startling or interesting change he has noticed in the last 100 years.

"The transmission of radio waves through the invention by Marconi of the radio, which happened soon after I was born. That led to the development of what we have today in the form of the Internet and all other communications. We already had steam engines and trains and such but it's the invention of radio that is the most interesting to me."

Available [here](#)



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The Avalon Craft Cottage... 'Back at Avalon'

by Maureen Darcy-Smith.

What a wonderful time was had by members and customers alike at Avalon Craft Cottage's 'Back to Avalon' Exhibition & Sale, held recently at the Avalon Community Centre.

This three day show has now become an annual event for the Craft Cottage members and, as well as giving the members a chance to show off their talents, it is their opportunity to give back to the community by raising funds for the **Mona Vale Hospital Auxiliary**. Almost \$500 was raised during the exhibition and a cheque for this amount is now on its way to the Auxiliary.

Many customers (and members) took advantage of the refreshments table where for a gold coin donation they were able to partake of home-made cakes & cookies with a cup of 'real' coffee. The special 'hospital sales' table was also very successful. Every member was asked to donate one item of their craftwork - these items were put on a separate sales table, and all the money from the sale of these items went into the hospital fund. A special thank you is due to a local lady, **Judith Sutton**, who arrived with a big box full of beautiful plants to be sold for the hospital, and the money added to our donations..... ten plants at \$5 sold very quickly, so an easy \$50 to the fund.

The Mona Vale Hospital Auxiliary is now the 'charity of choice' for the Avalon Craft Cottage members, and we hope to keep this Annual Exhibition as a successful fund-raising venture for years to come.

The Avalon Craft Cottage, which was established in Avalon in 1969, is known right throughout the Northern Beaches for the huge variety of quality hand-crafted gifts created by the members. There is almost every craft you can think of - beautiful pottery, quirky ceramic figurines, huge wooden bowls & boxes, leadlight boxes & mirrors, hand painted silk scarves/wall hangings/purses, gorgeous embroidered baby blankets/ singlets/booties, unique dichroic glass & gemstone jewelry, decorative potted cacti gardens, babies toys, embroidered bookmarks, babies knitted & crocheted blankets, hand knitted scarves/bedsocks/jumpers, screen printed tea towels/place mats, finely embroidered towels/hand towels/washers and literally hundreds of gorgeous handmade cards.

Regular shows are held throughout the year at Centro Warriewood, St Ives Shopping Village and Avalon Community Centre and other selected venues.

Our next sales venue will be at Centro Warriewood from Monday 17th to Sunday 23rd October and our final one of the year will be at St Ives Shopping Village in November.

If you would like to be notified of these dates closer to time, If you would like to be on the emailing list for the Avalon Craft Cottage, to be notified of future events, please contact the Publicity Officer, Maureen Darcy-Smith through the [A.C.C. web page](#), or follow the activities on Facebook or Phone: 99993703.



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[The Avalon Craft Cottage](#) by Maureen Darcy-Smith **Past Features: [here](#)**



Profile: Mark Ferguson, President of Palm Beach RSL Sub-branch, shares some insights on Vietnam Veteran's Day (Northern) 2011.

Previous Profiles:

[Barton Lynch](#) [Shane Withington](#) [Commodore Sloper](#) [Herminie Swainston](#) [Teresa Cutter](#) [Joanne Brigden-Jones](#) [Tamara Sloper](#) [Harding](#) [Katie Spithill](#) [Chris Salisbury](#) [Doug Crane](#) [Henry MacPhillamy](#) [Ben Baillie](#) [Aim for the Stars Foundation](#) [Broken Bay Marine Rescue](#) [Pittwater Environmental Foundation](#) [Rotary Club of Pittwater](#) [Sophie Haythornthwaite](#) [Joan Fisher](#)



History: In August we feature Events in Pittwater. This week; The First to Fly in Australia, Monday, December 5th at North Narrabeen Beach.

Previous History Pages:

[Marie Byles](#) [Lucy Gullett](#) [Kookoomgilgai](#) [Frank Hurley](#) [Archpriest JJ Thery](#) [Sir Patrick Gordon Taylor](#) [Bowen Bungaree W. Bradley 1788](#) [Journal Midholme](#) [Loggan Rock Cabin](#) [La Corniche](#) [La Corniche II](#) [Lion Island](#) [Bungan Beach](#) [Botham Beach](#) [Scarred Trees](#) [Castles in the Sand](#) [Dame Nellie Melba lunches at Bilgola Spring, 1914](#)



Park Bench Philosopher: An alternate Rainbow Serpent definition.



Food: The Quarterdeck Brasserie at the Royal Motor Yacht Club, Newport. Great really fresh food, generous serves.



Events: YHA Open Day, RMYC Libby Gore Ladie's Lunch, Curlew Farewell at Gone Fishing Gallery, Barry Leef at Palmie Golf Club, History Lectures, Yes You Can Free Computer Seminar from Avpals, Thoroughly Thora Concert in Avalon, Pittwater Council Events, Manly Art Festival 2011, Bands playing and more.

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for your perusal.

Community News: It's a Good News week for Pittwater this week; Rob Stokes has announced a Return of Funding for Palliative Care, Council has announced we came second in the Fridge Buy Backs, the Federal Government now supports the NDIS, all this and more compiled



Environment: Hail on Sunday afternoon, brilliant sunshine and glass swells the next day, birds pairing up everywhere; here comes Spring! PYHA Open Day, Book Launch at CEC, Seed Bank with full Index of all Australian plants Facts Sheets and more.



Lynda Hill: Assessing Asserting Assuming and Aligning Again: August's Aquarian Full Moon



Pictures: Vietnam Veteran's Day (Northern); the March and Service at Palm Beach, Sunday 14th of August.

GENERATION ONE Youth: GenerationOne School's Competition, Pittwater Council's EAT Writing Competition, Blast Off Entry Form.



Seniors: A Man's Man. AvPals is running a Free Seminar called 'Computers- Yes You Can!' on this Friday.



Community Clubs: Updates on Activities and links to sites.



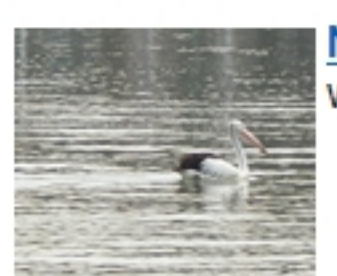
Artist of the Month: Painter Sophie Haythornthwaite shares some of her beautiful and brilliant paintings.



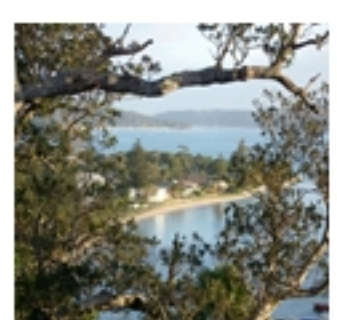
Reflections by George Repin. This week; Remembering Rowe Street.



Collector's Corner: Mousehole Anvil maker found.



Noticeboard: Community Listings (free to list) with Community Bushcare link.



Books: Suggestions for Father's Day, September 4th, 2011: one more week to look.

Old Books: two new works of old about the Theosophical Society and Red Cross.

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[Congratulations Sir Keith! Respected medical elder celebrates his first century](#), by Kath Ryan, MJA InSight.

[The Avalon Craft Cottage](#) by Maureen Darcy-Smith

Great News from Hon. Rob Stokes, MP

Our tireless local Representative presented a petition on Wednesday evening on behalf of the 23,000 residents who signed it. See full details of Palliative Care Funding Restored By Liberal Government on [Front Page](#).



Good News. Tickets now on sale for the Northern Beaches Spring Concert 2011.

First week of Spring! Available to purchase Online; [here](#)

Rotary Club of Pittwater information on this event: [here](#)



More Good News

Last week we were privileged to attend the NBI [DisabiliTea](#) at Warriewood and bring you news of the [Every Australian Counts](#) campaign. Earlier this week we received news that the Federal Government will begin laying the foundations for a National Disability Insurance Scheme.

Northern Beaches

Interchange provides Respite, Recreation and Carer Support for people with disabilities and their families. This step forward is good news for the great team of staff and [volunteers](#) at NBI and our community.

The Federal Government's Press Release on NDIS support:

TITLE: Productivity Commission final report into disability care and support

PORTFOLIO: Prime Minister and Cabinet

URL: <http://www.pm.gov.au/press-office/productivity-commissions-final-report-disability-care-and-support> SNIPPET: The Gillard Labor Government today announced that it will start work immediately with states and territories on measures that will build the foundations for a National Disability Insurance Scheme, following the release of the [Productivity Commission's](#) final report into the matter. The Government asked the Productivity Commission to examine reform of disability support services because we believe that the system we have today is not delivering the kind of care and support Australians expect for people with disability. The Productivity Commission outlines the creation of these schemes would ensure that every Australian can have confidence that they will receive the care and support they need if they acquire or are born with a disability.



AN ARMCHAIR GUIDE TO OUR COAST

Rob Stokes, Member for Pittwater will launch the book 'Exploring tidal waters on Australia's temperate coast' at the Coastal Environment Centre on Tuesday 16 August at 7pm. The book, co-authored by well-known northern beaches environmentalist Phil Colman and academic Dr Peter Mitchell has been described as 'an armchair guide to shore platforms, without getting your feet wet'

Internationally acclaimed scientist and conservationist Professor Tim Flannery says the book is 'just the kind of thing I'd have given my left arm for as a kid'.

Professor Flannery said the book unlocks the mysteries of the seashore using simple language for ordinary people. "Anyone who enjoys the beach should have a copy. It will transform their understanding and enjoyment of one of life's simplest pleasures," he said.

The book, which boasts 128 pages and 190 colour illustrations, takes readers on a tour of coastal locations showing how diverse and valuable they really are.

Pittwater Mayor Harvey Rose said the Coastal Environment Centre (CEC) was the ideal venue to launch the book. "We are delighted that Phil Colman has chosen to launch the book at the CEC, given his long association with the centre. Additionally, the CEC is located close to the stunning rock platform and aquatic reserve of North Narrabeen which continues to fascinate residents and visitors to Pittwater," he said. "The educators from the CEC are well versed in teaching the community and schoolchildren about the myriad of amazing creatures that exist on our shoreline."

The Coastal Environment Centre is located at Pelican Path, Lake Park Road, North Narrabeen.

Bookings for the launch are essential and can be made by contacting Phil Colman on 9982 6142. Participants are invited to arrive at 6.30pm for a 7pm start.

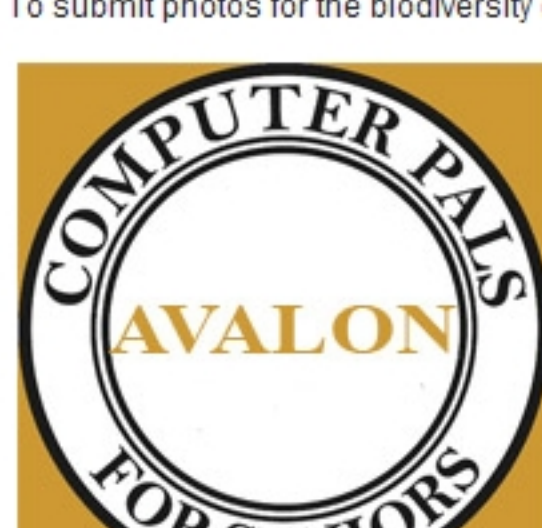
ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen. The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a \$50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringal, Darkinjung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar." "It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.

The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar
 To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au



Computers – Yes You Can!

Avalon Computer Pals for Seniors (AVPALS) is presenting a seminar on the afternoon of Friday August 19th 2011 at the Newport Community Centre 11-13 The Boulevard, Newport Beach. The interesting program includes the following topics:

- Facebook Made Easy – by Greg Ross
- Meet your Ancestors – by Margot Paul
- Picture Power – by Brian Hindes
- Bridge Online – by Patricia Kalf
- Computing Made Easy – by Mike Mannington

After Question Time refreshments will be served and the Lucky Door Prize Draw will take place. Throughout the seminar we will be running informative computer displays.

There is no charge at all for attendance – the seminar is simply to help Seniors use their computers more effectively. The seminar is supported by Supported by: Pittwater Council, Avalon RSL Club and the Department of Ageing, Disability and Home Care

Seniors wishing to attend can ring 02 8064 3574 for more information and to register their interest. For further information contact Paul Purvis from AVPALS on 02 9979 9667 or 0403 442 764



PITTWATER SUSTAINABILITY AWARDS CLOSING SOON

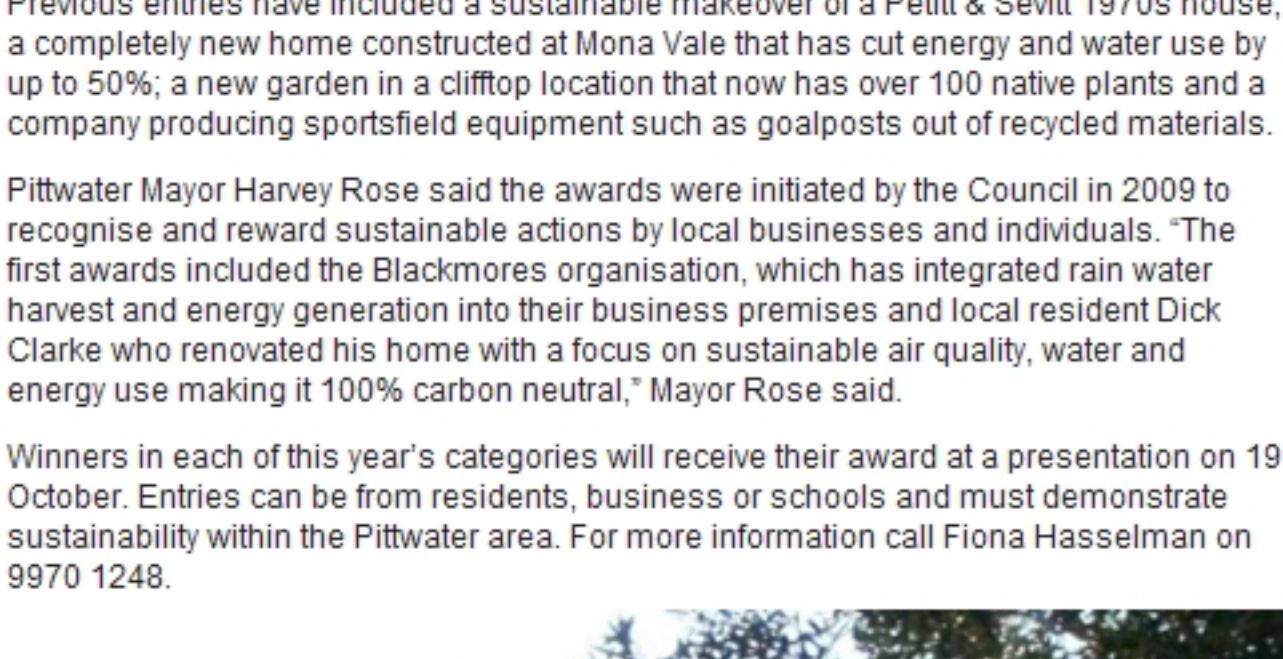
Entries to the 2011 Pittwater Sustainability Awards will be closing soon, with nominations required by Monday 15 August. The Sustainability Awards aim to recognise and reward individuals, businesses and schools that are committed to helping Pittwater community reduce its ecological footprint. The awards will be judged in four categories: Sustainability in Design, Sustainability in Business, Sustainability in Landscaping and a new category Sustainability in Schools, which has been added to boost younger residents' interest in the issue.

Entries can be submitted online at www.pittwater.nsw.gov.au/sustainability_awards or hand delivered addressed to Fiona Hasselman at Council's customer service centres in Avalon and Mona Vale.

Previous entries have included a sustainable makeover of a Pettit & Seville 1970s house, a completely new home constructed at Mona Vale that has cut energy and water use by up to 50%; a new garden in a cliff-top location that now has over 100 native plants and a company producing sportsfield equipment such as goalposts out of recycled materials.

Pittwater Mayor Harvey Rose said the awards were initiated by the Council in 2009 to recognise and reward sustainable actions by local businesses and individuals. "The first awards included the Blackmoors organisation, which has integrated rain water harvest and energy generation into their business premises and local resident Dick Clarke who renovated his home with a focus on sustainable air quality, water and energy use making it 100% carbon neutral," Mayor Rose said.

Winners in each of this year's categories will receive their award at a presentation on 19 October. Entries can be from residents, business or schools and must demonstrate sustainability within the Pittwater area. For more information call Fiona Hasselman on 9970 1248.



Submit your Event

Name of Event

Date of Event

Address of Event

Description of Event

Contact Name

Contact Phone Number

Website or Email

Sumba Foundation Australia Article at: [here](#)

Website at:



PITTWATER SECOND IN FRIDGE BUYBACK SCHEME

Pittwater was ranked second out of 45 council areas in the 2010-2011 financial year for collecting old fridges under the Fridge Buyback scheme. The scheme works by rewarding residents with cash payments and free collection of old working fridges. Last year it won the United Nations Working of Australia World Environment Day award.

The scheme helps reduce greenhouse gas emissions that are produced at high levels by older fridges. Estimates by organisers of the scheme show that 27,630 tonnes of CO2 was stopped from entering the atmosphere in the last financial year and 9339 old fridges were collected across NSW.

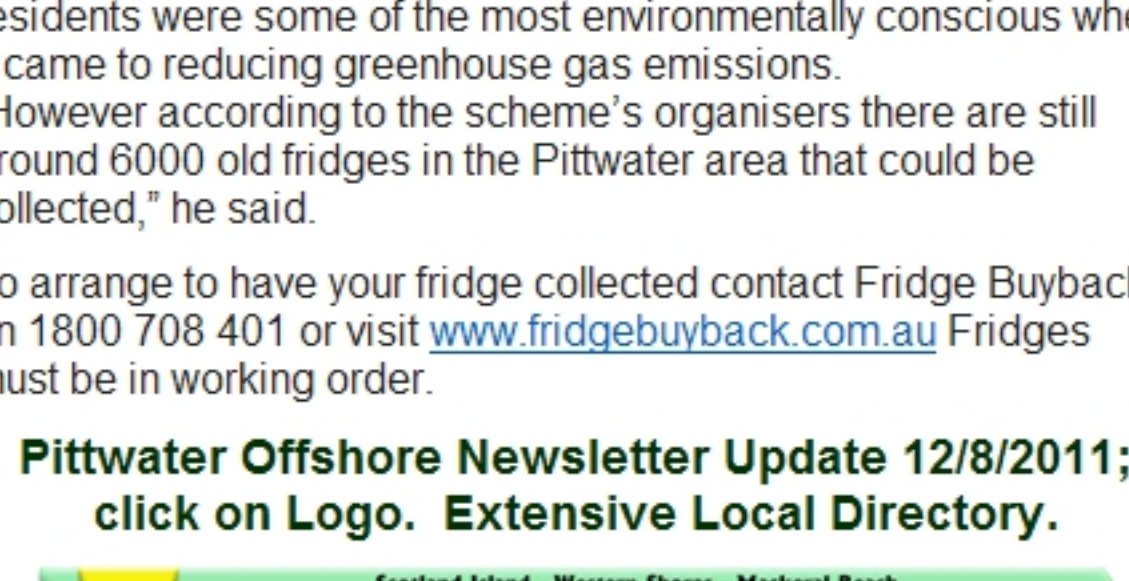
Pittwater residents turned in 874 or 14% of the total fridges collected last year, coming second behind Willoughby Council. Warringah Council came third out of the 45 council areas participating in the scheme.

Overall Pittwater saved an estimated 7246 tonnes of CO2 from entering the atmosphere and residents \$196,650 on electricity bills.

Mayor Harvey Rose said he was pleased to see northern beaches residents were some of the most environmentally conscious when it came to reducing greenhouse gas emissions. "However according to the scheme's organisers there are still around 6000 old fridges in the Pittwater area that could be collected," he said.

To arrange to have your fridge collected contact Fridge Buyback on 1800 708 401 or visit www.fridgebuyback.com.au Fridges must be in working order.

Pittwater Offshore Newsletter Update 12/8/2011; click on Logo. Extensive Local Directory.



To contact Julian: editor@scotlandisland.org.au

From Elsewhere...

Released by NCVET today; Research publications Which paths work for which young people?

In this paper, the authors identify various educational paths involving school and post-school study and assess the effectiveness of these in relation to post-school outcomes at age 25 years. They use the 1995 cohort of the Longitudinal Surveys of Australian Youth and find that, for males, undertaking an apprenticeship after completing senior secondary and university are attractive paths. For females, the best path is that of university study, even for those with low academic orientation.

Federal Government Media Releases:

Productivity Commission Final Report on Aged Care

PORTFOLIO: Health and Ageing

URL: <http://www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-yr11-mb-mb095.htm>

SNIPPET: The Australian Government has released the 2011 Productivity Commission Report, Caring for Older Australians. The Gillard Labor Government today released the 2011 Productivity Commission Report, Caring for Older Australians. Further information on the inquiry can be found on the [Productivity Commission's website](#) at or by contacting the Commission on (02) 6240 3223.

A National Conversation on Healthy and Positive Ageing

PORTFOLIO: Health and Ageing

URL: <http://www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-yr11-mb-mb094.htm>

SNIPPET: Prime Minister Julia Gillard and Minister for Mental Health and Ageing Mark Butler have met with seniors at a fitness and leisure centre in Canberra in the lead-up to a national conversation on how to promote opportunities for healthy and positive ageing. Older Australians deserve security, but they also deserve more choice and control over the way they live.

LEND YOUR VOICE TO HELP COMMEMORATE ANZAC DAY AT GALLIPOLI

PORTFOLIO: Defence URL:

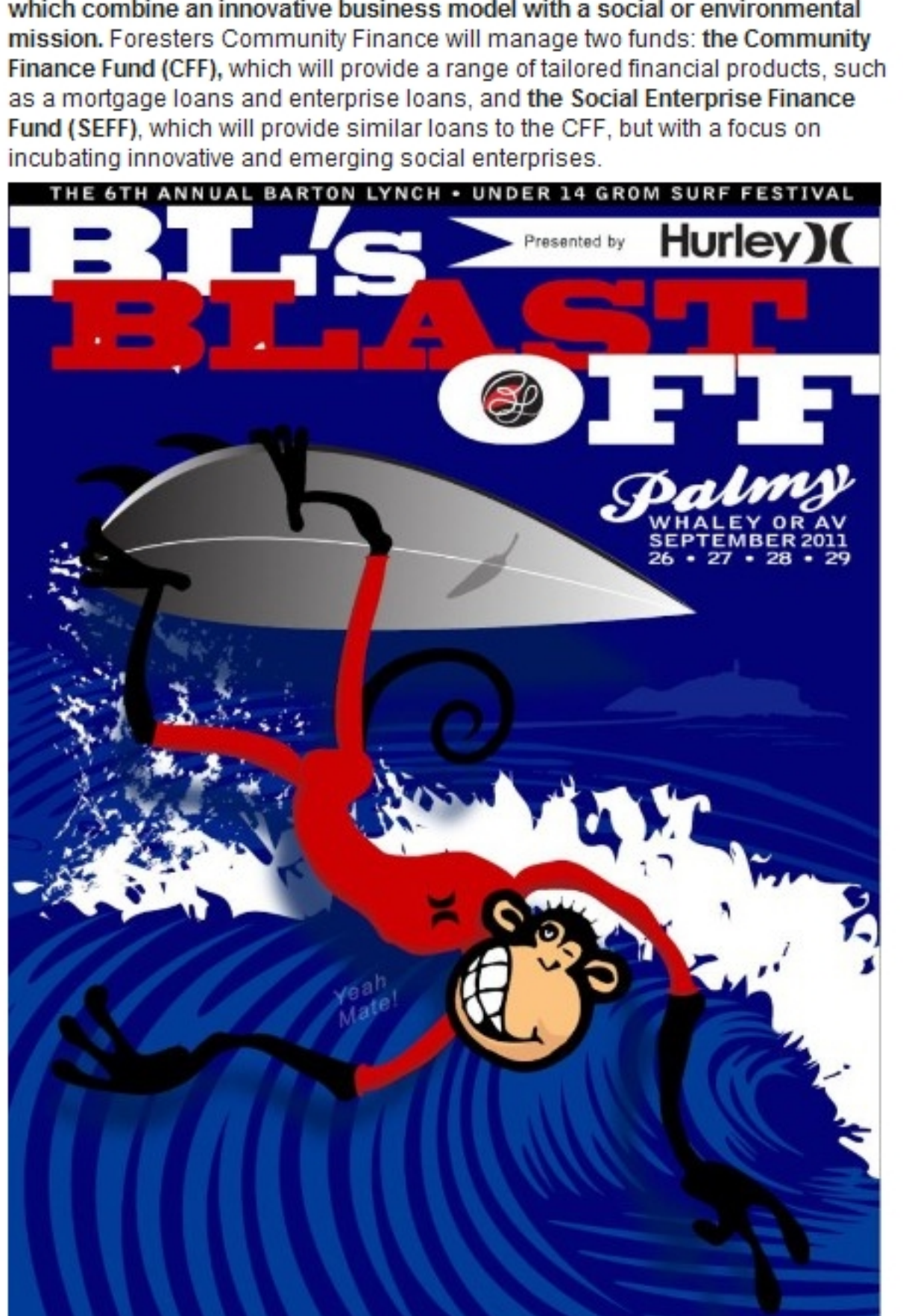
http://minister.dva.gov.au/media_releases/2011/aug/va062.htm SNIPPET:

The Minister for Veterans Affairs, Warren Snowdon, today encouraged choral groups across the country to consider becoming involved in official Anzac Day commemorations at Gallipoli, Turkey. Being a part of Anzac Day commemorations is a great experience for all Australians and for choral groups, and is a chance to play an integral role in the Gallipoli Dawn Service and Australian Service at Lone Pine. For more information on Anzac Day commemorations in Gallipoli visit .

Investment funds to grow Australia's social enterprises

PORTFOLIO: Education, Employment and Workplace Relations URL: [here](#)

Social enterprises are set to grow with today's announcement of an innovative collaboration between the Australian Government and leading social impact investors, which will help the nation's social enterprises to be more investment ready and financially sustainable. Ms Ellis said that SEFA and Foresters Community Finance will work to support those social enterprises nationwide which combine an innovative business model with a social or environmental mission. Foresters Community Finance will manage two funds: the Community Finance Fund (CFF), which will provide a range of tailored financial products, such as a mortgage loans and enterprise loans, and the Social Enterprise Finance Fund (SEFF), which will provide similar loans to the CFF, but with a focus on incubating innovative and emerging social enterprises.



Blast Off Entry Form in File Below; simply Click, Download and 'save as':

[BO11 entry final.pdf](#)

Size : 1215.19 Kb
 Type : pdf

LEGO AT THE LIBRARY

Local children will have the chance to join a club specialising in one of the most enduring playthings of childhood from May. Mona Vale Library is starting up a Lego club on the first Sunday of each month from 2pm to 4pm. Next is September 3rd.

The club is open to children aged between seven and twelve years of age, with younger children welcome with parental supervision. Mona Vale Library's Manager Cathy Howie thanked the generosity of Pittwater residents who have donated Lego for the club's use.

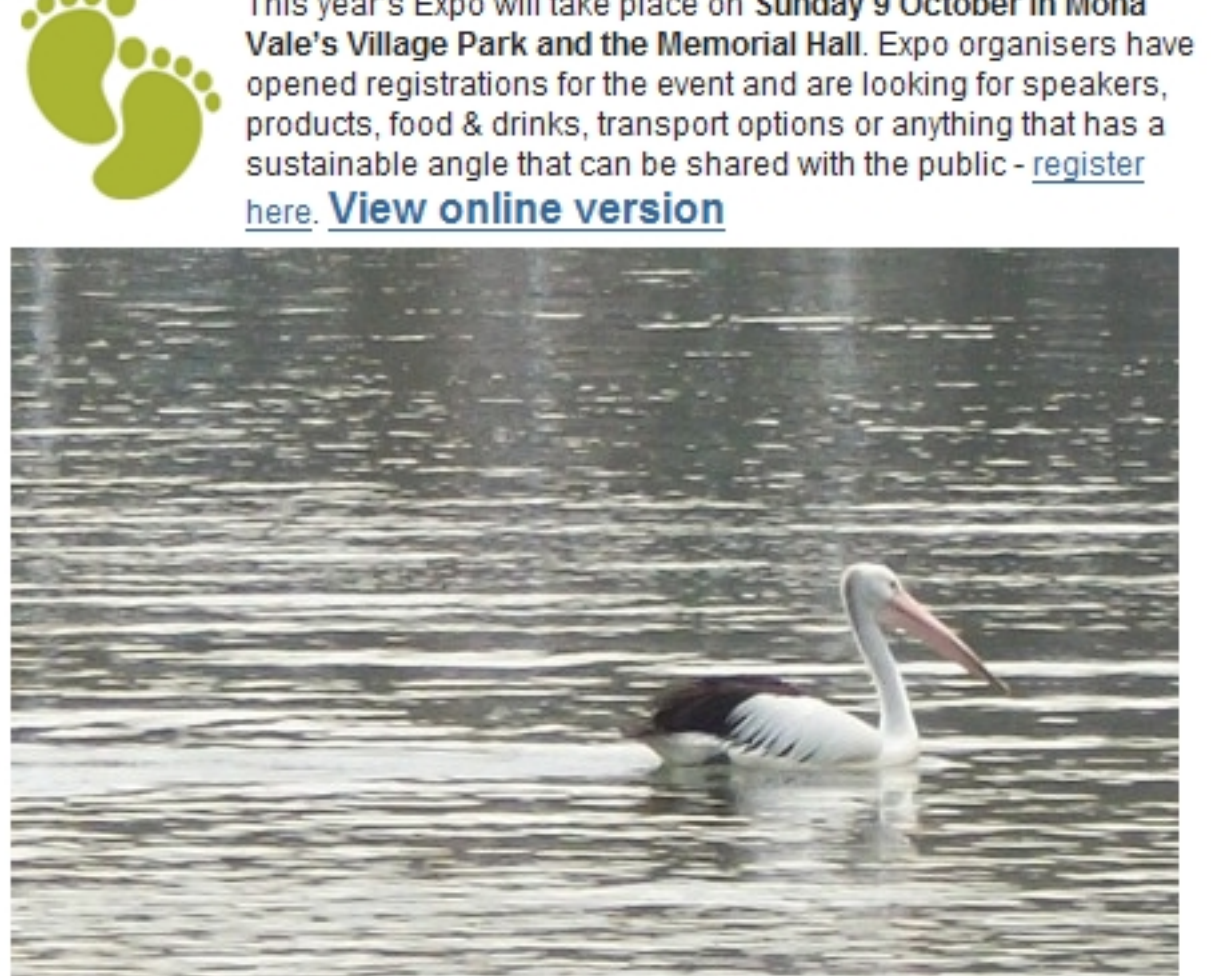
"Many residents have fond memories of playing with Lego when they were children. The idea of the club is a place where children can play and explore their creative side with Lego, as well as developing their problem-solving skills," Ms Howie said. "The children can bring their favourite Lego creation to the first session to inspire others."

Ms Howie said that library staff would co-ordinate the two hour session but would welcome parents who would like to be involved in the program. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library, 1 Park Street, Mona Vale.

From Pittwater Council Online Report

Register for the Sustainable Living Expo

This year's Expo will take place on Sunday 9 October in Mona Vale's Village Park and the Memorial Hall. Expo organisers have opened registrations for the event and are looking for speakers, products, food & drinks, transport options or anything that has a sustainable angle that can be shared with the public - register [here](#). [View online version](#)



MIDNIGHT BASKETBALL REGISTRATIONS CLOSING SOON

Young Pittwater residents are being encouraged to register for the upcoming Midnight Basketball tournaments which will be held on Saturday nights from 20 August to 24 September at the Northern Beaches Indoor Sports Centre, North Narrabeen. Tournaments are being held between 7.30pm and midnight and are open to young players aged between 12 and 18 years. A second tournament will also run from 22 October to 10 December.

To register visit www.midnightbasketball.org.au/locations/pittwater

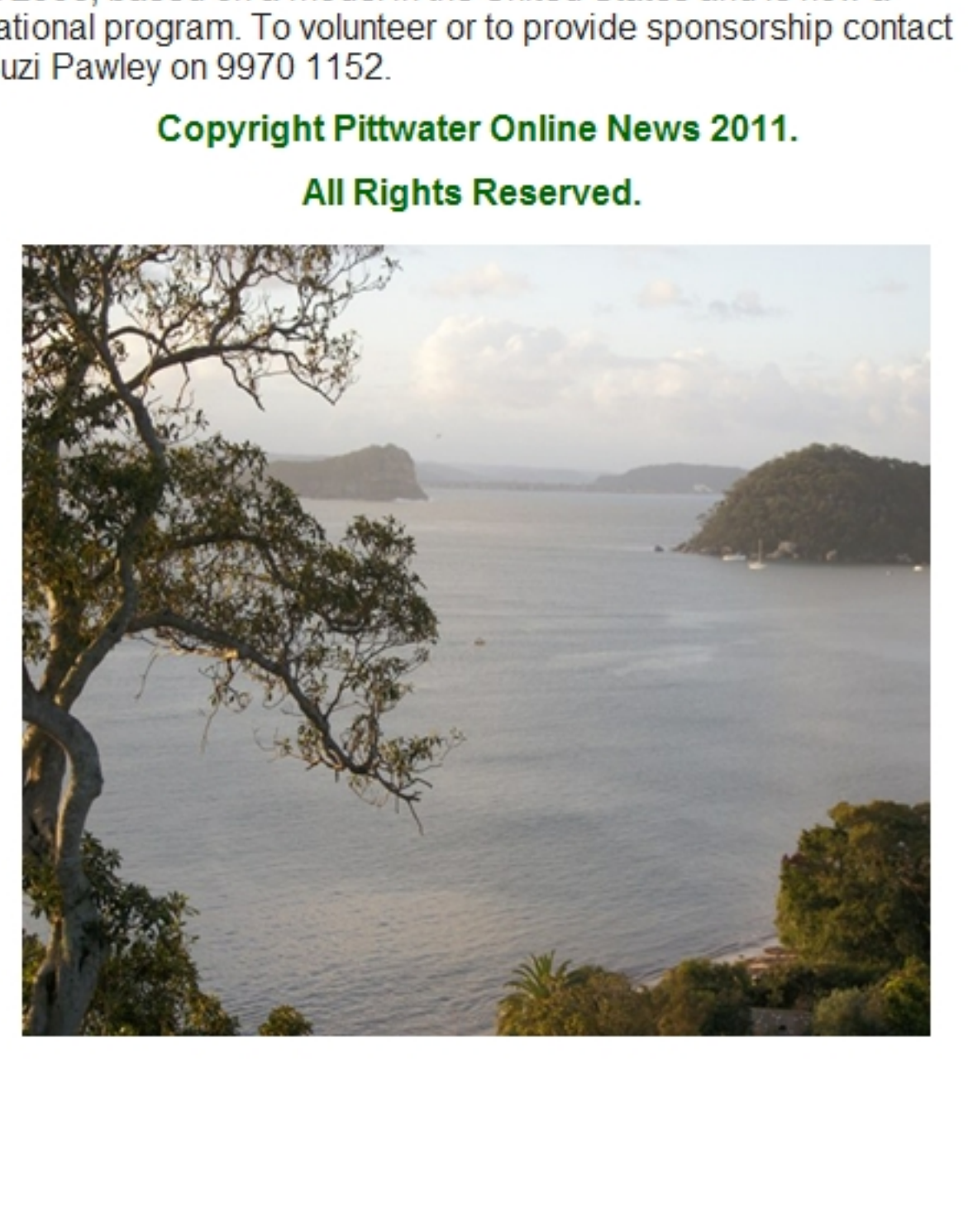
Participants in Midnight Basketball play three matches, receive a free meal and life skills workshops, plus free transport home at the end of the night. Pittwater Council Mayor Harvey Rose said he was pleased that the success of last year's tournaments had ensured that the program could continue. "The reason we can run it again is due to the great support from both volunteers and sponsors. However, we are still keen to hear from more volunteers over 18 years that can help out on the night and sponsors who can provide in-kind offers or cash sponsorship."

The program is run by the Midnight Basketball Pittwater Community Committee with support from Pittwater Council, Youth Reach - a local youth organisation, along with other community organisations and representatives.

Midnight Basketball was first devised by youth workers in Redfern in 2006, based on a model in the United States and is now a national program. To volunteer or to provide sponsorship contact Suzi Pawley on 9970 1152.

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Pittwater Online News

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Community News Pictures News From our Inbox Books Events Artist of the Month Reflections Collector's Corner

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And See even the Rainbow Serpent.

I once was a weather-chaser, following storms across the wide open places to compile statistics of how much rain has fallen along the storm's path. This data of measures can be relayed by electronic devices, or phoned in by those living alongside the weather gauges, but I preferred following the storms myself just in case there is a thicker rain in the storm, that brings a long dry river back to life, and fills an ancient lake, makes spring out some forgotten garden in the land. Some momentary place the thirsty may be led to. For a decade the storms were thin through the inland and drought cracked the already parched earth. The small smatterings that did come seemed to fall only on the trees and thin bushland, renew the annual bush-flowers just enough to carry through to next year. They stayed away from the farmer's lands, as though these had offended the bush spirits, the land spirits.

Then the rains came, out of season, and fuller, thicker than they had for over ten years, filling up all the land, flooding all the pastures, making the earth as it once was, bringing back all the rivers and all the grasslands in between. Withered trees that hadn't flowered for years burst forth in brilliant reds, white and yellow blooms. Blossoms that hadn't covered the surface for ages sparkled from every inch of ground. Fish that had lain under the dried earth awoke and filled the long empty basins, bringing in all the waterbirds.

It was as though the rainbows that filled the sky had been spread across and even woken from the land, making it a rainbow too, another country that flourished wherever the rainbow serpent swam. The sound of water filled the air, the song of birds among this. The sound of animals filled the plains at sunrise, waking me from my dusty sleep. All were covered with tiny drops of rain, drenched with the prisms of rainbows flickering from these drops, bright red, green and gold to my eyes.

Extract from Ch.7, *Seeing Things*. Copyright A J Guesdon 2008 - 2011.



Park Bench Philosophers

We are seeking contributions from all Pittwater residents in the form of anecdotes, memories, stories or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1000.

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Above: Mark, just after his 19th Birthday, while based at Malacca, Malaya.



Above: Vietnam Veterans brought into Avalon Tattoo Day, 2011, on Eric Soar's Iriquois Huey Helicopter.



The Long H'ai 'Hills'. ID number P05278.002 Photographer and copyright holder McCann, Peter Place made Vietnam: Phuoc Tuy Province, Nui Dat, Date made c 1969 - 1970. Courtesy [Australian War Memorial Archives](#).



Above: The sign in front of the entrance to the stores building of the Assault Pioneer Platoon (Dig we Must), 8th Battalion, The Royal Australian Regiment (8RAR) at the 1st Australian Task (1ATF) Force Base, Nui Dat. ID NUMBER: P01371.012



Above: Mark outside Palm Beach RSL a few Sunday's ago.



Above: Mark Ferguson, Peter Rumble and Gary Ederitt return for the Sunset Ceremony and Avalon Tattoo reception.

Below: All welcoming everyone to the 2011 Vietnam Veteran's Day at Palm Beach RSL. Photo by [Michael Mannington](#).



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Mark Ferguson

This Sunday, commencing from 10.45am with their **March from Palm Beach ferry wharf, Vietnam Veteran's (Northern)**, will hold their annual Vietnam Veteran's Day at **Palm Beach RSL**. We pass so many on the streets each day with no idea what their eyes have seen or where their feet have been. A mystery to each other we will remain, our collective experience missing great pieces, if we do not share with each rising generation our true stories to allow small insights into what is not a movie but an actual part of someone's life. Months ago we approached one of the Vietnam Veteran's in our community to find out more. This gentleman was reluctant, as so many Vietnam Vet.'s are, to speak of those times. Fortunately he was persuaded that a younger generation, in nappies when he had already grown tall, did not allow their ignorance to be compounded by arrogance.



For decades some of us have met Mark Ferguson, President of Palm Beach RSL Sub-Branch, here and there around the traps. His smile and friendly demeanour, his quick, alert and bright eyes take in all. For many years Mark was also President of the Manly Warringah Pittwater District Council of Sub-branches. He has spent many years in serving the RSL, as he states 'it's an excellent organisation for the Veterans to come and air their problems and get their pensions and welfare overseen. It's there, available for all ex-service personnel...'

Mark served in Vietnam, joining the Army a few days after his 18th birthday. He trained at Wagga, then in Infantry Training at Holdsworthy for a further three months. He was in the 12th Platoon of the Delta Company of the 8th RAR (Royal Australian Regiment) which served at Malacca, Malaysia and then was sent to Vietnam, arriving November 17th, 1969. A total of 521 Australian service personnel died as a result of the Vietnam War, 496 of these were from the Australian Army. The Australian population in 1968 was around 12 million, which means 1 in 200 served in Vietnam. Every community was affected.

On their return home these soldiers were vilified by many as though they were responsible for sending themselves over there. They did not receive the recognition previous returning soldiers had. Many were conscripts. Most were very young. It took until 1987 and the Welcome Home March, for some healing to begin.

Tell us a little bit about your family and Summers on Whale Beach...

I was born at Young, NSW, in 1950. A couple of years later my twin sisters, Lee and Lyn, were born. The family was very well known in the District on wool and fat lamb properties, their name being Sutherland. Sadly my father, Jack Cutler, died when I was very young. My mother remarried, to Dr. Bill Ferguson, who had a weekend at Whale Beach. This is where my life really started.

I joined Whale Beach Surf Club as a junior and participation in the club's activities taught me a lot of life skills; IE: how to act as a man, respect your peers and have a good time without being an idiot. 50 years has passed since then and I can say those people are still as close now as they were then.

What year did you go to Vietnam?

Was I patriotic or stupid in 1968? – Vietnam- More than 60, 000 served, 521 died, 3000 were wounded. Many more have died from their own hand and from disease and illness (since). Veterans were rejected by their country – even by the RSL Hierarchy - that has changed since the Welcome Home march – which I did not attend because of the bitterness I still feel. As a Vet I still endure monthly visits to my shrink as many others do.

My Battalion, 8 RAR 1968- 1970, can stand tall. The Unit received its colours overseas in Malaysia; the only Unit to do so in the RAR. 8th RAR was awarded a unit citation emblem, Cross of Gallantry, with Palm, on 29th of October, 1970, due mainly to its involvement in the Long Hai Hills. Here the Viet Cong were down in their tunnels listening to the B52's dropping their ordnance. Then they all popped up, (after bombers had passed) to re-engage us.

So – was I patriotic or stupid? Well- I had my 19th birthday over there. I joined the Army (just after 18th birthday) – made a few friends, lost a few too. Worth it? No. Stupid. Definitely.

Where were you stationed?

Nui dat, the Australian Task Force base, the biggest base over there. We did our year there (each Battalion did a year 'tour'). We lost 18 over there.

What was the worst memory from those times?

Our biggest problem over there was called the Long H'ai's. The enemy was the D445 Battalion, the Vietnamese Regular Army. They had tunnels, bunkers, and hospitals underground. There were landmines everywhere. Now, we found it very hard to get in there. We were successful but we kept losing too many men through mines and other factors. So they said, no, we can't go back up there any more, so they laid on about two weeks of B52 bombing and it didn't make any difference. The mines; too many, lots of the men injured from these.

The Long Hai Hills are hills that are located near Long Hai, in Long Dien District, Ba Ria-Vung Tau Province, Vietnam. During this conflict the Long Hai's were a Viet Cong base area, known as Minh Dam secret zone. The VC D445 Battalion and VC C25 Company used these hills as a supply and staging areas.

In early 1970 8th RAR took part in **Operation Hammersley**, a reconnaissance operation in the Long Hai area. Beginning on 10 February battles of six hours or more duration are recorded. On 18 February the 8th RAR captured a large bunker complex after the Vietnamese Communist defenders withdrew due to constant bombardment. The operation continued until the 9th of March, with the battalion carrying out patrols and engaging the enemy where they encountered them. **8th RAR's tour of Vietnam ended in October 1970, by which time it had lost 18 men and suffered 108 wounded.** On 8 August 1966, when first raised, the 8th RAR had a strength of 370 men, including 150 experienced soldiers.

There were also scorpions on the ground, particularly in hill terrains, black spiders that dropped out of trees, and malaria to contend with. Many were bitten by the scorpions and spiders and describe hours of acute pain afterwards. Mark recalls being bitten by a scorpion and having to take daily doses of paludrine tablets. (Paludrine tablets contain the active ingredient proguanil hydrochloride, which is an antimalarial medicine used to prevent malaria.). The wet jungles and long patrols also caused problems with their feet.

How long were you in the Army?

Six years. I spent about six to seven months in Malacca and then went to Vietnam for a year. I came back to Australia and then went over to Singapore for about two and a half years.

What was the best memory of those times?

Receiving the Colours at Malacca. The unit also received a Gallantry Cross too, for the action up in the Long H'ai in 1970.



The Colonel Commandant of the Regiment, LTGEN Sir Reginald Pollard, KBE, CB, DSO, presented 8 RAR with its Queen's and Regimental Colours at Terendak on 25 Sep 1968. In honour of their alliance with 8 RAR, 2 PARA held the ground. The Australian Prime Minister of the then, John Gorton visited the Battalion at this time. The Battalion is called the Grey Eight due to these colours. **The 8th RAR was awarded the South Vietnamese Government's Meritorious Unit Commendation, including Cross of Gallantry with Palm Unit Citation** for its successful role in operations in the Long H'ai hills.

You started Vietnam Veteran's Day at Palm Beach RSL; could you tell us a little about the impetus behind this?

I started Vietnam Veteran's (Northern) at Palm Beach RSL in 2002 with Ian Traveller and John Roxborough due to the distance Vets had to travel to Vietnam Veteran's Services (held in the Blue Mountains or Holdsworthy). The main idea was to get Vet's together to meet on the day. When we meet up we can talk about our ongoing problems (and ways to address them) and to generally catch up and to interact with the Public and to raise money. The reason we raise money is for next year's day. The biggest day we had was attended by 160 people, which was great. This year we're having a band from Avalon Public School. We have a meet and greet and a Service; we have raffles. The main thing is for the Vet's to get together and have a good time as we don't see each other all that often. Only on that day.

What is your favourite place in Pittwater and why?

Apart from Palm Beach RSL it's anywhere from Avalon to Whale Beach, Palm Beach. I was brought up at Whale Beach. Everywhere from Avalon to Palm Beach, but Whaley is my favourite due to having spent so much time there.

What is your motto for life?

'Live Life!'

Further Research

The motto of the Vietnam Veterans Association of Australia is: **Honour the dead but fight like hell for the living**
From: <http://www.vvaa.org.au/motto.htm>

OFFICIAL 8 RAR Website: <http://8rarassociation.org/index.php>

8th RAR in Long Hai Hills: <http://perandis.tripod.com/8rartribute.htm>
8th RAR Presentation of Colours: <http://www.taylor.id.au/colours.htm>
Vietnam Veterans Association of Australia: <http://www.vvaa.org.au/images.htm>

8th Battalion Royal Australian Regiment
8th Battalion, The Royal Australian Regiment (8RAR) was raised on 14 July 1966 at Enoggera in Queensland. It arrived in South Vietnam on 17 November 1969, relieving 9RAR on 25 November. The battalion formed part of the 1st Australian Task Force (1ATF) with 5RAR and 6RAR. It was based at Nui Dat, Phuoc Tuy province. One of the major operations the battalion engaged in was Operation Hammersley (10 February-9 March), a reconnaissance operation in the Long Hai area.

Description
Australian troops in Vietnam returned to Sweptay to the scene of Wednesday's battle - the biggest for six months - to sweep the area. For two days the area had been plastered with artillery and air strikes, culminating in a strike by the giant US B-52 bombers at dawn on Saturday. The battle took place in the foothills of the Long Hai mountains, 10 miles south of the Task Force base at Nui Dat. For six-and-a-half hours elements of 8th Battalion clashed with about 50 enemy, one company of the hardcore D445 VC Battalion. The Australians took light casualties and also had one APC destroyed and two APCs and two tanks damaged by the enemies' rocket propelled grenades. Battalion Commander, 1122 Lieutenant Colonel (Lt Col) Keith John O'Neill of Alderley, Qld, controlled the battle from a miniature fire base on the western side of the mountains. Mortars based there fired across the range in support of the troops. After the battle the troops were withdrawn to enable air and artillery to be brought in on known and suspected enemy bunker systems. At dawn on Saturday - two days after softening up - the troops returned to the scene with armoured vehicles. They moved at first light. This time they were prepared for the enemy's rocket propelled grenades. They were wearing flak jackets and steel helmets. Once in position the area of the original battle, two platoons and a troop of tanks swept through. The tanks fired their 20-pounder guns into bunker systems and gunships flew overhead to give additional fire support if required. Once part of the battle area was cleared of any enemy Lt Col O'Neill flew in to talk to the Company Commander, 13527 Major David Rankine MC, MID of Keperra, Qld, and to look at the bunker and tunnel systems found. From: <http://cas.awm.gov.au/item/F04428>

National Film and Sound Archives Terrain footage of South Vietnam from: <http://aso.gov.au/titles/sponsored-films/terrain-study-phuoc-tuy/clip1/>

Welcome Home March Info: <http://vietnam-war.commemoration.gov.au/commemoration/>

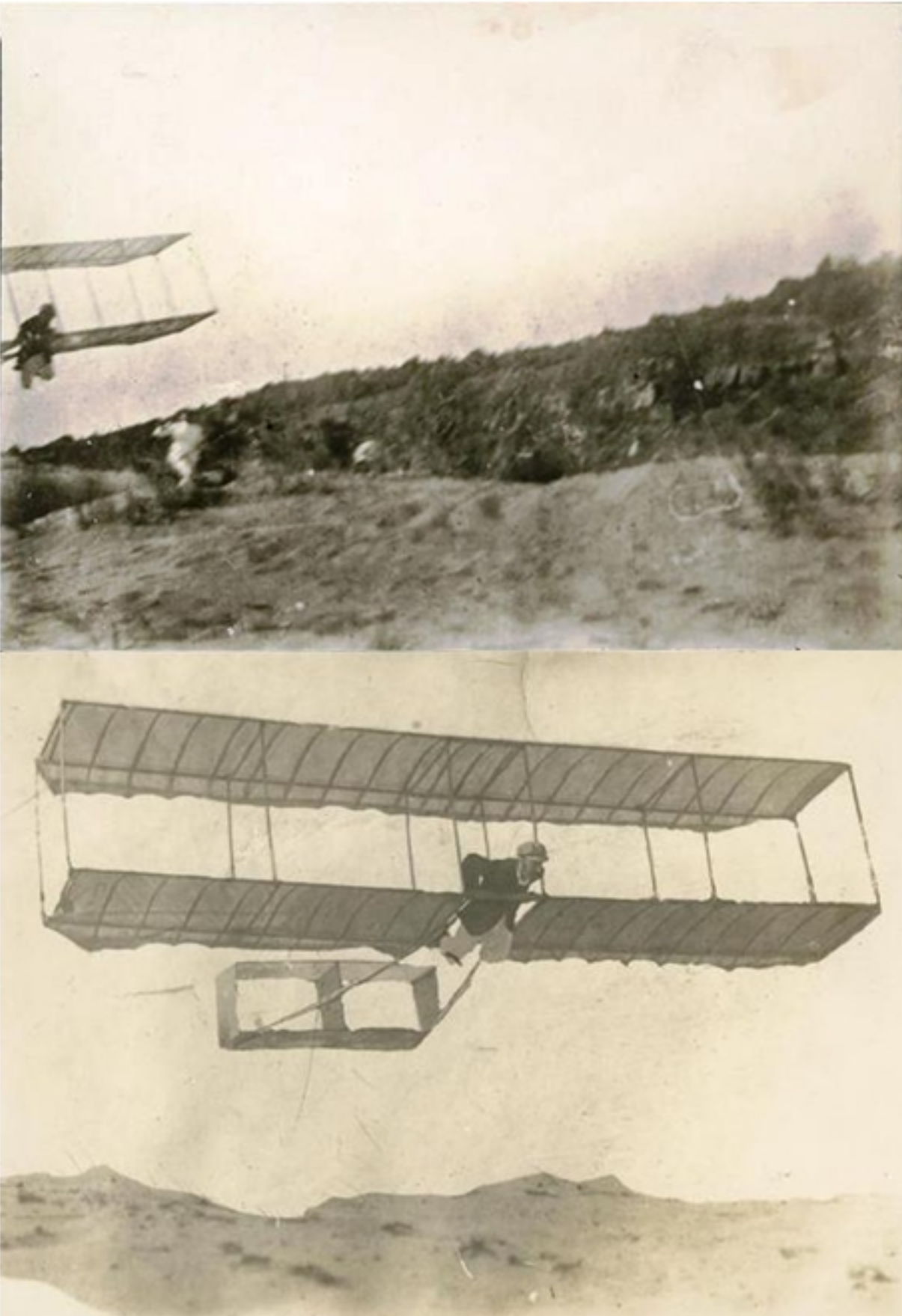
Australian Army website: <http://www.army.gov.au/>

Vietnam Veterans Day
15 August 2008 by Libby Stewart
News, Battle of Long Tan, Vietnam
Vietnam Veterans Day is commemorated on 18 August every year. The day was originally known as Long Tan Day, chosen to commemorate the men of D Company, 6RAR who fought in the battle of Long Tan in 1966. On that day, 108 Australian and New Zealand soldiers fought a pitched battle against over 2,000 North Vietnamese and Viet Cong troops in a rubber plantation not far from the small village of Long Tan. The Australians prevailed, but only after fighting in torrential rain for four hours. They were nearly overrun, but were saved by a timely ammunition resupply, accurate artillery fire from the nearby Australian base, and the arrival of reinforcements by armoured personnel carrier. Eighteen Australians lost their lives and 24 were wounded, the largest number of casualties in one operation since the Australian task force had arrived a few months earlier. After the battle the bodies of 245 enemy soldiers were found, but there was evidence that many more bodies had been carried away.
On the third anniversary of Long Tan, 18 August 1969, a cross was raised on the site of the battle by the men of 6RAR. Veterans from the battle gathered at the cross to commemorate the fallen, and the day was commemorated by them as Long Tan Day from then on. Over time, all Vietnam veterans adopted the day as one to commemorate those who served and died in Vietnam. In 1987, following the very successful Welcome Home parade for Vietnam veterans in Sydney, Prime Minister Bob Hawke announced that Long Tan Day would be known as Vietnam Veterans Day. Since then, it has been commemorated every year as the day on which the service of all those men and women who served in Vietnam is remembered.
From: <http://www.awm.gov.au/blog/2008/08/15/vietnam-veterans-day/>

Vietnam Vets marching in Anzac Day parades for first time: <http://www.brisbanetimes.com.au/queensland/vietnam-vets-take-rightful-place-in-anzac-day-marches-20100424-tkc9.html> AND: http://goliath.ecnext.com/coms2/gi_0199-6644441/Rebellion-and-remembrance-the-Vietnam.html

5th RAR (warning, contains graphic transcriptions): <http://www.5rar.asn.au/narrative/longhai.htm>

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Below: Pic. No a1382001, Caption: George A. Taylor/The Broothorn Studios, Melbourne. Courtesy State Library of NSW. Above: nla.pic-an24152661 and nla.pic-an24152644 George Taylor flying at Narrabeen, N.S.W., 1909. Courtesy National Library of Australia. Right: Pic. No a1382002 Florence Taylor. Courtesy State Library of NSW.



First to fly in Australia, Monday December 5th, 1909

George Augustine Taylor and Florence Mary Taylor

The First successful heavier-than-air flight in Australia occurred at Narrabeen Beach on Monday the 5th of December of 1909 and was taken by George Augustine Taylor, one of our pioneer aviators. This also constituted the first woman to fly in Australia when his wife, Florence, also took a turn. Over one hundred spectators and media gathered to witness the flight.

The craft Taylor had built was a biplane glider. Constructed from coachwood and covered in oiled calico, with a box-kite tail for balance, the glider had a width of over twenty feet. They chose a launch area atop the dunes at the north end of the beach and pulled the tethered kite until it 'nosed' up into the winds and Mr Taylor called for these lines to be released. He manoeuvred the glider by shifting his weight.



Sources vary but most state that there were between 20-29 flights that day, made in 10-15 knot winds, that reached anywhere from 100 to 250 metres. Flights were made not only by George and Florence Taylor, but also by Edward Hallstrom (later Sir Edward Hallstrom), and Charles and Emma Schultz.

Reporting on Taylor's triumphant flight, Aviation journalist, Jack Percival, wrote in The Sydney Morning "At 'let go' the wind immediately lifted the machine to the full length of the guide ropes and dragged the operators so fast that two let go; the machine now soared towards the ocean, and at the water's edge the remaining guide ropes were loosened, the machine making a leap upwards. Mr Taylor by careful manoeuvring, kept the machine well under control".

The Aerial League of Australia was formed in Sydney in April of 1909 and founded by George Augustine Taylor (1872-1928). He opened an aeroplane factory in Surry Hills in September of 1909, constructing kites for military purposes, experimenting with a powered monoplane and human-carrying gliders. A Memorial for George Taylor, opposite Narrabeen Post Office, to commemorate his feat.

Further reading:

National Museum of Australia: George Talors Biplane Glider; [here](#)
Florence Mary Taylor: <http://adb.anu.edu.au/biography/taylor-florence-mary-8754>
George Augustus Taylor: <http://adb.anu.edu.au/biography/taylor-george-augustine-8756>
Sir Edward Hallstrom: <http://adb.anu.edu.au/biography/hallstrom-sir-edward-john-lees-10398>

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August 14 - 20, 2011: Issue 19

A little bird told us about this one... thank you little bird.

GENERATIONone

**What is Hands Across Australia School Competition
Want to win \$15,000 prize money for your school?**

GenerationOne has partnered again with the Australian School of Performing Arts to raise awareness and get young Australians actively involved in the initiative to end Indigenous disparity in one generation – this generation. GenerationOne is all about the future and all about education; what better place to grow this movement than in our schools?

Hands Across Australia

Hands Across Australia is GenerationOne's catchy theme song, and this song is the catalyst for the GenerationOne Hands Across Australia School Competition. This year, we have two categories you can enter.

If you would like to perform Hands Across Australia in its original format, you can enter the Outstanding Performance category. You simply need to learn Hands Across Australia, come up with a short rap section about Indigenous disparity, and submit a film clip of your school group performing it. It's an easy song to learn, and all the resources you need are available on this website, including sheet music, and a practice track where you can sing along with the Australian Girls Choir.

If you would really like to let your creative juices flow, you can enter the Creative Interpretation category. Use Hands Across Australia as your inspiration, and write your own song (in any style) that keeps the theme of Indigenous disparity (and your solutions to ending it!). Film your school performing it, and submit your film clip.

Each category winner will receive \$15,000 for their school.

Each entry will also automatically be entered into the People's Choice Award.

Schools entering the competition are encouraged to utilise existing partnerships or establish new ones to create their entry. You could partner with other departments in your school, members of your local community, Indigenous elders, or with another school on the other side of the road, or the other side of the country! Take the opening lines of Hands Across Australia as your inspiration:

"If you help me and I help you, think of all the things that we could do"

Every school in Australia has received a DVD with some additional resources for teachers. We hope the activities, including the 'Blackfella/Whitefella' dance, will assist you to prepare your entry and incorporate the theme of Indigenous disparity in to your classroom. All of these resources are also available on this page here

Entries close Friday 23 September 2011, so get moving!

FROM: <http://songs.generationone.org.au/what-is>



No charge for mobile phone calls to Lifeline from anywhere in Australia Senator Stephen Conroy | Minister for Broadband, Communications and the Digital Economy PORTFOLIO: Broadband, Communications and the Digital Economy URL: http://www.minister.dbcde.gov.au/media/media_releases/2011/208SNIPPET: Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

— STARRING IN ALPHABETICAL ORDER —

ADRIAN LUX / CRYSTAL FIGHTERS / DEATH FROM ABOVE 1979
 DIGITALISM (LIVE) / DIPOLO / DUCK SAUCE / EXAMPLE / FEED ME
 FLUX PAVILION / GOLD FIELDS / GOSSIP / HARVARD BASS
 JOKER & MC NOMAD / KATY B / KIMBRA / LITTLE DRAGON / LYKKE LI
 MAGNETIC MAN / MSTRKRFT / MYLO (DJ SET) / NERO / SANTIGOLD
 SEBASTIAN / SEBASTIEN TELLIER / SIMIAN MOBILE DISCO (LIVE) / TENSNAKE
 THE ASTON SHUFFLE (LIVE) / THE NAKED & FAMOUS / THE STREETS
 WOLFGANG GARTNER / YACHT CLUB DJs / AND MANY MORE

PARK LIFE

LIFE

2011

TICKETS & INFO PARKLIFE.COM.AU ON SALE MIDDAY 30 JUNE

MELBOURNE SAT 24TH SEPT SINCE 1997 TRADING BOUL & KING'S DOMAIN	PERTH SUN 25TH SEPT WELINGTON SQUARE	BRISBANE SAT 30TH OCT WHEELERSIDE & CITY ROTARY GARDENS	SYDNEY SUN 30TH OCT APPLES LEAF MOORE PARK	ADELAIDE MON 30TH OCT SOUTHWEST PARK
--	--	--	---	--

Suze • HUGO • H&M • THEVINE • M • GRIZZIA

Parklife 2011 Sydney Website: [here](#)

New Website for Northern Beaches Youth

Manly Council has recently launched a website for young people that is run by young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and MySpace Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below:

www.northernbeachesyouthinfo.net.au

www.facebook.com/manlyyouthcentre

www.myspace.com/manlyyouthcentre

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Released by NCVER today; Research publications

[Which paths work for which young people?](#)

In this paper, the authors identify various educational paths involving school and post-school study and assess the effectiveness of these in relation to post-school outcomes at age 25 years. They use the 1995 cohort of the Longitudinal Surveys of Australian Youth and find that, for males, undertaking an apprenticeship after completing senior secondary and university are attractive paths. For females, the best path is that of university study, even for those with low academic orientation.



[How Students Use Technology \[INFOGRAPHIC\]](#) - mashable.com

It's clear that today's students rely heavily on electronic devices, but how students are using their devices, how technology is affecting their educational experience, and what effect it has on their well-being are less easy...



MANLY WARRINGAH BASKETBALL ASSOCIATION LIMITED

The Manly Warringah basketball association will start the new primary school competitions in August (for all primary school ages) **see entry form below for details**. Or go to website for more information: [here](#)

'THE POTTER LEAGUE' Starts in August runs 'til Dec (No games in school holidays) and is designed for new players. Individual players can join at any time or you can enter a team of between 7 & 10 players. Cost: \$140 per player includes registration, insurance, game fees, playing singlet, match coaching court hire & referees (\$110 if team has a coach).

Venue: Northern Beaches Indoor Sports Centre NBISC, Jacksons Rd, Warriewood.

Brad Dalton
 Dual Olympian,
 MWBA Development
 MWBA IS A NON PROFIT ORGANISATION



[POTTER FORM \(3\).doc](#)
 Size : 48 Kb
 Type : doc



This link provides free, open-source software with the capability for sound editing and frequency-spectrum analysis:

Audacity Developer Team. (2000, May). The Free, Cross-Platform Sound Editor. At: <http://audacity.sourceforge.net/>



PITTWATER COUNCIL

FOOD GLORIOUS FOOD – TELL US YOUR STORY!

Put your culinary experiences on paper as part of this year's annual writing competition at Mona Vale Library. With the simple theme of EAT, storytellers young and old are invited to tell their food-related tale. Entries should be about eating, food or any closely related topic and will be judged in three categories: primary school, secondary school and adult.

Pittwater Mayor Harvey Rose said the EAT writing competition was one of three food themed events being hosted at the library over the next couple of months. "We'll be celebrating History Week from 3-11 September with the theme Eat History. There will be displays in the library that explore the influences migration has had on the food we eat today. In keeping with the theme the library will also host an All About Food event on 17 September with a series of short talks about food," Mayor Rose said.

Entries to the EAT writing competition close on Friday 26 August, with the winners announced and prizes awarded at Mona Vale Library on Saturday 17 September.

Entries are now open and can be submitted online at www.pittwater.nsw.gov.au/library
 Alternatively email your entry to library@pittwater.nsw.gov.au
 Or save it to a USB, together with an entry form, and leave it at the customer service desk at the library.

For enquiries about the writing competition, please contact Heather Thomson on 9970 1614 or visit www.pittwater.nsw.gov.au/library

THE 6TH ANNUAL BARTON LYNCH • UNDER 14 GROM SURF FESTIVAL

Presented by Hurley

BL's BLAST OFF

Palmy
 WHALEY OR AV
 SEPTEMBER 2011
 26 • 27 • 28 • 29

Yeah Mate!

biblastoff.com.au

Sponsors: Surfing World, FUELY, THEVINE, GRIZZIA, BOARD BOG, native, Skullcandy, chili, streetboardz, fonto360, CONSTATWATCH, garyy.com

Blast Off Entry Form in File Below; simply Click, Download and 'save as':



[BO11 entry final.pdf](#)
 Size : 1215.19 Kb
 Type : pdf

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Computers – Yes You Can!

Avalon Computer Pals for Seniors (AVPALS) is presenting a seminar on the afternoon of Friday August 19th 2011 at the Newport Community Centre 11-13 The Boulevard, Newport Beach.

The interesting program includes the following topics:

- Facebook Made Easy – by Greg Ross
- Meet your Ancestors – by Margot Paul
- Picture Power – by Brian Hindes

Bridge Online
– by Patricia Kalf
Computing Made Easy – by Mike Mannington

After Question Time refreshments will be served and the Lucky Door Prize Draw will take place. Throughout the seminar we will be running informative computer displays.

There is no charge at all for attendance – the seminar is simply to help Seniors use their computers more effectively. The seminar is supported by Pittwater Council, Avalon RSL Club and the Department of Ageing, Disability and Home Care

Seniors wishing to attend can ring 02 8064 3574 for more information and to register their interest. For further information contact Paul Purvis from AVPALS on 02 9979 9667 or 0403 442 764

Independent Website for Elders:
<http://www.agedcarecrisis.com/about>

About us

We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities.

We do not receive any funding
We are not affiliated with any government body
We are not affiliated with any religious body
We are completely independent

www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

The Senior Newspaper Online

Click on logo:



A Man's Man

George Phillip Smythe

"When I was a child I spoke as a child, I understood as a child, I thought as a child; but when I became a man I put away childish things." I Cor. xiii. 11.

True gentlemen are scarce on the ground nowadays I'm told. They don't open doors for ladies or girls, they don't give the shirt off their back for their mates, they don't understand what is meant by the words 'stoic' or 'stalwart'. Have we failed to hand on a moral compass or imbue our sons with a sense of self-respect that may guide their thoughts and actions? Or is being a man's man a state we must strive for, evolve into and gradually become?

My dear father may have left this place now but he is still in the room. His qualities, his knowledge, all that he shaped me with are not only a part of my own nature, they are also a reference guide that is stored in remembered smiles or expressions in his eyes.

He had a touch of John Wayne about him. He never failed to help any woman lift a load that may be heavy to her but is not so to we who are born physically strong. He did not think he was a fool for helping others when they needed it or for always doing the right thing. I never heard him raise his voice to make his point or saw him lift his nose in superiority. He may not have quoted poetry to my dear mother but he told me he believed all people, men or women, are at their best when they are filled with goodwill, with joy, with love.

Through the long years of adventure and arduous tasks of self correction, I have come to understand clear, clearer and clearest what he means. When a person is filled with love, can embrace the smallest and largest in all they meet, they are being as they are meant to be. It's as though they have returned to being a fully lit human being who has rejoined, and suddenly finds blazing out beneath their own feet, the road they have long been dreaming of.

I too feel a man's man acts in all he does from a position of love, of goodwill, of working towards returning himself or maintaining his best self in thought, deed and feeling. We do not diminish ourselves by being gentlemen to ladies, by having respect for all life and our environment, for being of service to others. If we grow into our faces, as we grow into the shoes we have chosen, then I would have mine clearly displaying not only all I have experienced but also an understanding of being a man's man too.

We men may not be good at expressing this but it's what we dreamed of while growing tall, to be tall in spirit too, not just stature.

Two Little Boys - Rolf Harris



Two Little Boys is a song written by American composer Theodore Morse and lyricist Edward Madden. It was written in 1902 and became a popular music hall song of the time, made popular by Harry Lauder. It describes the story of two boys who grow up to fight in the American Civil War.

In 1969, it was revived by Australian entertainer Rolf Harris, who briefly visited folk musician Ted Egan during a tour of Arnhem Land in Australia. Egan sang him the song, which Harris recorded on tape. Back in the UK, Harris persuaded his television producer to incorporate the song into his BBC variety show. Harris discovered he had lost the tape and rang Egan, 10,000 miles away in Canberra, and asked him to sing the song over the phone. Alan Braden arranged the song for the TV show, and a favourable audience reaction prompted Harris to record and release it as a single. The song reached #1 on the singles chart in December 1969, where it stayed for six weeks, thus becoming the first number-one single of the 1970s.

From: http://en.wikipedia.org/wiki/Two_Little_Boys

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or ring the co-ordinator Jenny McLaughlin on 02 9999 1348

BENEFITS OF EXERCISE FOR SENIORS

By Ingrid Davey

Older Adult Trainer/Instructor Heartmoves

- * You get to meet new people and make new friends
- * You get to go out and have a coffee after exercise classes
- * You regain your independence
- * Your quality of life improves
- * Your bone density improves
- * Your balance improves
- * You feel better and stronger and move better
- * You not only benefit physically but more importantly mentally

So what are you all doing sitting at home, get out there and join a walking group, have dance lessons, play golf, attend Heartmoves or any other structured exercise class and live life to the full.



Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you.

Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual

Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au



Jan's Story...Enable Me in action

Jan is 76 and full of vitality despite having a number of medical issues. Jan took part in the Enable Me program because she is determined to remain living in her home and would like to get back to travelling on public buses. Jan has a history of cardiac concerns and osteoarthritis in her spine and has lost her confidence.

Jan finds shopping, gardening and cleaning the house difficult. At the beginning of the Enable Me program Jan said "My husband David does all the cleaning, but I would love to get back to helping him out. I'm worried that I won't be able to cope if David is not around. I would like to be stronger and able to manage on my own just in case."

An occupational therapy assessment was carried out to make sure Jan's home was set up in a way that was safe for her given her particular needs. The OT organised for a rail to be installed in the shower and some equipment to help open jars and cans was purchased for the kitchen. The OT also provided Jan with some education around how to avoid falls as she is a high falls risk.

To work on increasing Jan's strength and confidence we arranged for her to see the physiotherapist who, along with the exercise trainer, developed an exercise program. We purchased Jan a set of light weights which she used during her weekly exercise session with the trainer. At the end of the program Jan showed vast improvement in her strength and mobility.

The exercise trainer left Jan with a hard copy of the exercise program, which was made up of photos of Jan doing the exercises the trainer had done with her during the program. Jan said that she finds this very helpful. "I would like the program to continue. I have particularly liked the exercise program. I am planning on continuing the exercises Lisa has given me."

Jan found the Enable Me program to be extremely helpful. She said "My quality of life has improved. I am feeling much stronger. Yesterday I even went to Manly on the public bus!"

Contact Community Care Northern Beaches by clicking their logo:



Ladies Golf at Bayview Golf Club

Bayview Golf Club has a very active female membership base of over 330 members, which represents approximately 28% of total membership. Their Ladies Competition is run on every Thursday and they vary the competition played to include stroke rounds, stableford, foursomes and team events for example. Bayview regularly has over 100 ladies playing in their Thursday competition. They also encourage their older and long standing members to continue playing, by holding a 9 hole competition.

Bayview also offers a popular beginners program called "Swingers" where you can learn how to play golf and the rules and etiquette.

The club holds a number of open days during the year in which they invite visitors to play and enjoy both the course and our hospitality at Bayview.

Gala Charity Day (Teams Stableford 2 scores to count)

– 13 October. Click on Logo to visit their website:



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Seasonal Changes

When we get tastes of just about every season within a week it's usually a sure sign that those seasons are overlapping and the new is coming. On Sunday afternoon we had hail. The days prior to this were bringing bare arms back out to sunlight. A return to slightly cooler temperatures on Monday, and smooth glassy swells under brilliant blue skies gave those with a few hours to spare inspiration to dwell in Mother Ocean.

It is Told that you may augur what the coming seasons will bring in these changeover days and if so, based on the last week, we are going to have a classic Australian Spring filled with teeming showers and a Summer of hot days cooled by southerly storms. Below is Avalon, Monday.

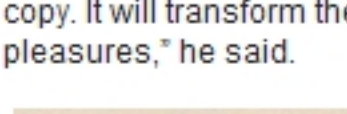


AN ARMCHAIR GUIDE TO OUR COAST

Rob Stokes, Member of Pittwater will launch the book 'Exploring tidal waters on Australia's temperate coast' at the Coastal Environment Centre on Tuesday 16 August at 7pm. The book, co-authored by well-known northern beaches environmentalist Phil Colman and academic Dr Peter Mitchell has been described as 'an armchair guide to shore platforms, without getting your feet wet!'

Internationally acclaimed scientist and conservationist Professor Tim Flannery says the book 'is just the kind of thing I'd have given my left arm for as a kid'.

Professor Flannery said the book unlocks the mysteries of the seashore using simple language for ordinary people. "Anyone who enjoys the beach should have a copy. It will transform their understanding and enjoyment of one of life's simplest pleasures," he said.



The book, which boasts 128 pages and 190 colour illustrations, takes readers on a tour of coastal locations showing how diverse and valuable they really are.



Pittwater Mayor Harvey Rose said the Coastal Environment Centre (CEC) was the ideal venue to launch the book. "We are delighted that Phil Colman and academic Dr Peter Mitchell has chosen to launch the book at the CEC, given his long association with the centre. Additionally, the CEC is located close to the stunning rock platform and aquatic reserve of North Narrabeen which continues to fascinate residents and visitors to Pittwater,"

he said. "The educators from the CEC are well versed in teaching the community and schoolchildren about the myriad of amazing creatures that exist on our shoreline."

The Coastal Environment Centre is located at Pelican Path, Lake Park Road, North Narrabeen.

Bookings for the launch are essential and can be made by contacting Phil Colman on 9982 6142. Participants are invited to arrive at 6.30pm for a 7pm start.

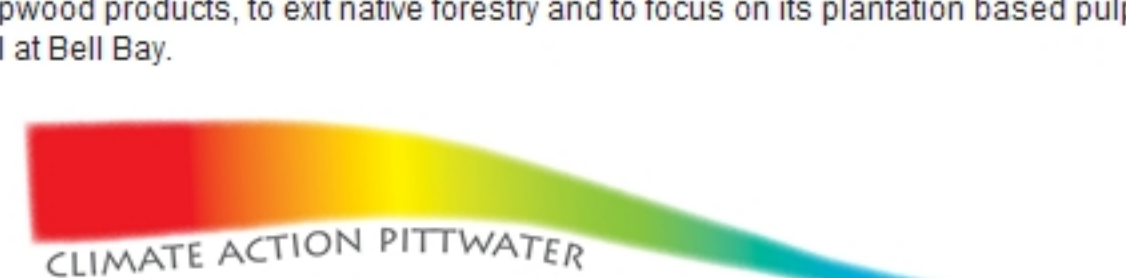


How Green is a Spotted Gum when Wet?



Federal Government Press Release: TITLE: Tasmanian Forests Intergovernmental Agreement

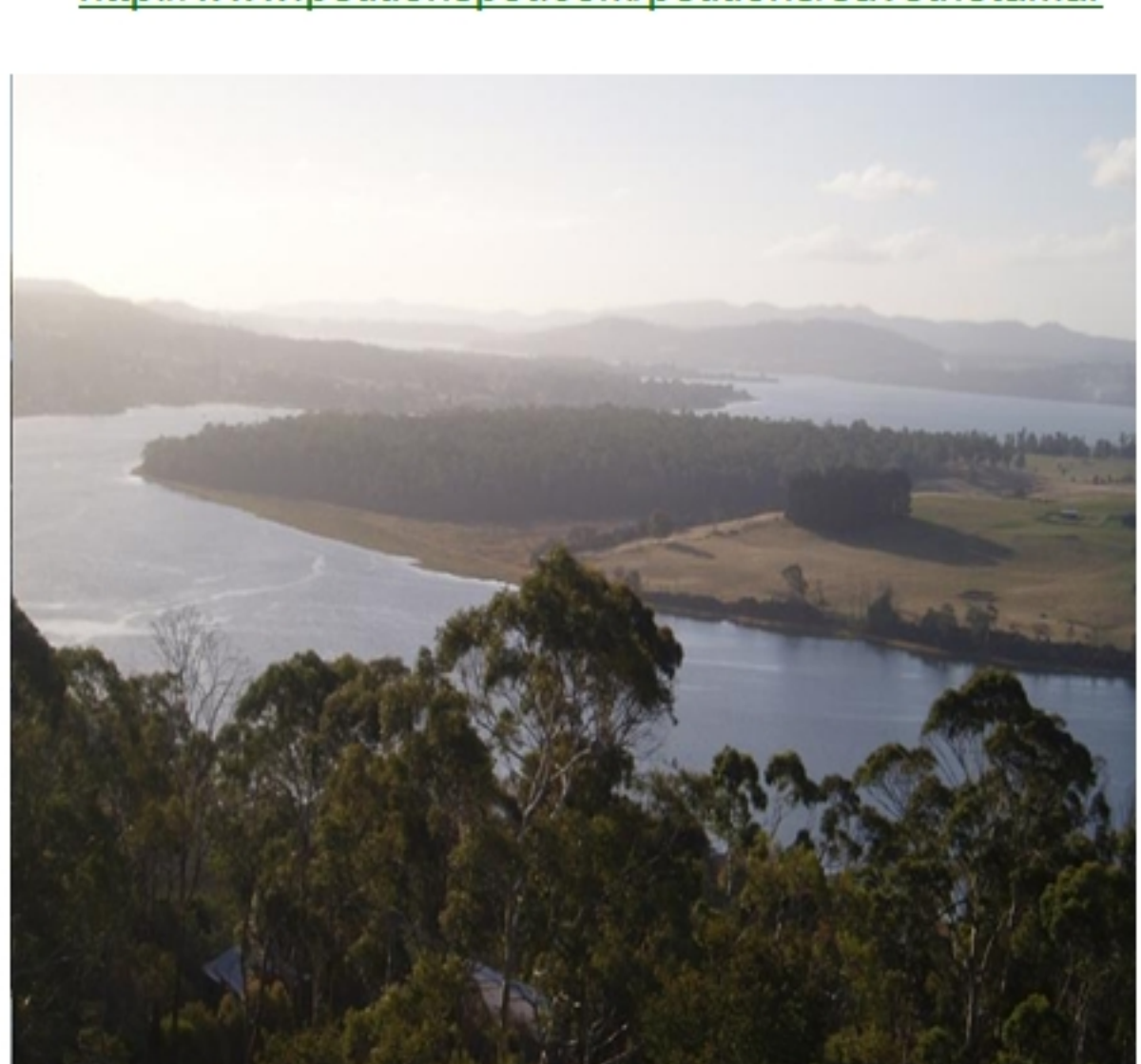
PORTFOLIO: Sustainability, Environment, Water, Population and Communities URL: <http://www.environment.gov.au/minister/burke/2011/pubs/tasmanian-forests-intergovernmental-agreement.pdf> SNIPPET: Tasmanian Forests Intergovernmental Agreement between the Commonwealth of Australia and the State of Tasmania 7 August 2011 This agreement is made on the 7th day of August 2011 between the State of Tasmania (the State) and the Commonwealth of Australia (the Commonwealth) (together the Governments) 1. The Tasmanian forestry industry is going through a process of structural transformation brought about by changing markets and community values. The catalyst for a sudden structural shift is the decision of Gunns Ltd, the States major processor of both native forest sawlog and pulpwood products, to exit native forestry and to focus on its plantation based pulp mill at Bell Bay.



For tips on how to be more energy efficient, visit Climate Action Pittwater at: <http://www.climateactionpittwater.org.au/>



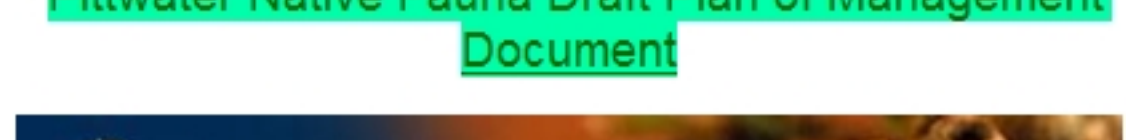
<http://www.petitionspot.com/petitions/savethetamar>



2006-05-14 10:36 [Kyle Sh](#) 874x536x8 (51987 bytes) Tamar river from Brady's lookout (near [[Exeter, Tasmania|Exeter]])



Pittwater Native Fauna Draft Plan of Management Document



Florabank recognises and shares the best available knowledge from research and practice in native species seed management.

More at: http://www.florabank.org.au/default.asp?V_DOC_ID=1

Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions. Without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

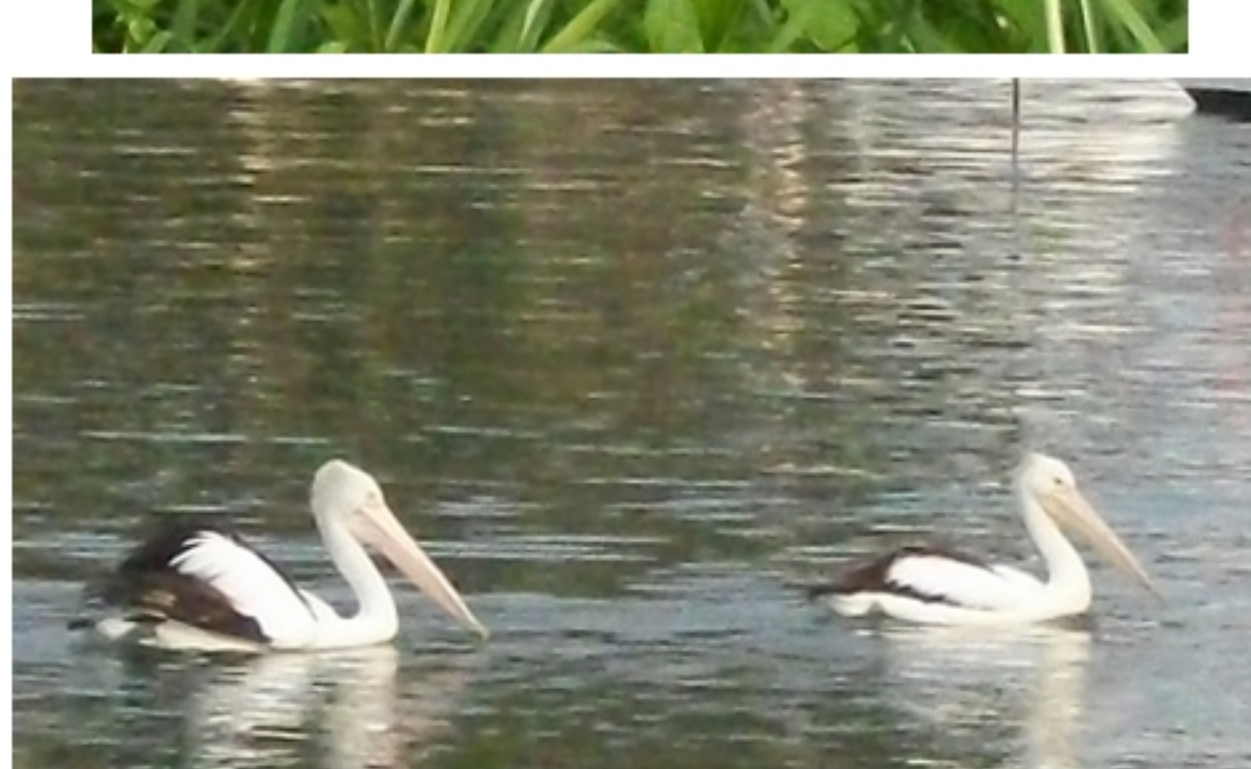
[Sydney Harbour Foreshore Authority Carbon Footprints Document](#)

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."

from the Prayer of Saint Patrick

Birdwatch this Week

The blue-grey Australian Crane that has been living in Careel creek and bay most of this winter now has a companion crane. Both were seen on Monday in the creek and circling Careel Bay prior to landing to fish the seagrass banks and shallows exposed by the outgoing tide, on Wednesday. On Saturday afternoon, at Bayview, a pair of Pelicans; one clearly a boy, the other a girl. Spring must be coming!



Guided Spring Wildflower Walk Sunday 21st of August Ku-ring-gai NP, Chiltern Track, Ingleside The best place for spring flowers in Pittwater?

When/Where: 9-11.30 am. Meet at start of track on Chiltern Road, Ingleside, north of Cicada Glen Road intersection. Walk is on a fire trail so please wear walking shoes; not suitable for strollers. Bring: a drink and snack, binoculars, camera

Bookings: pnhainfo@gmail.com or Ph: 9918 3368, 9918 9170 or 0439 409 202. Cost: Free



ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a \$50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringal, Darkinjung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar." "It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.

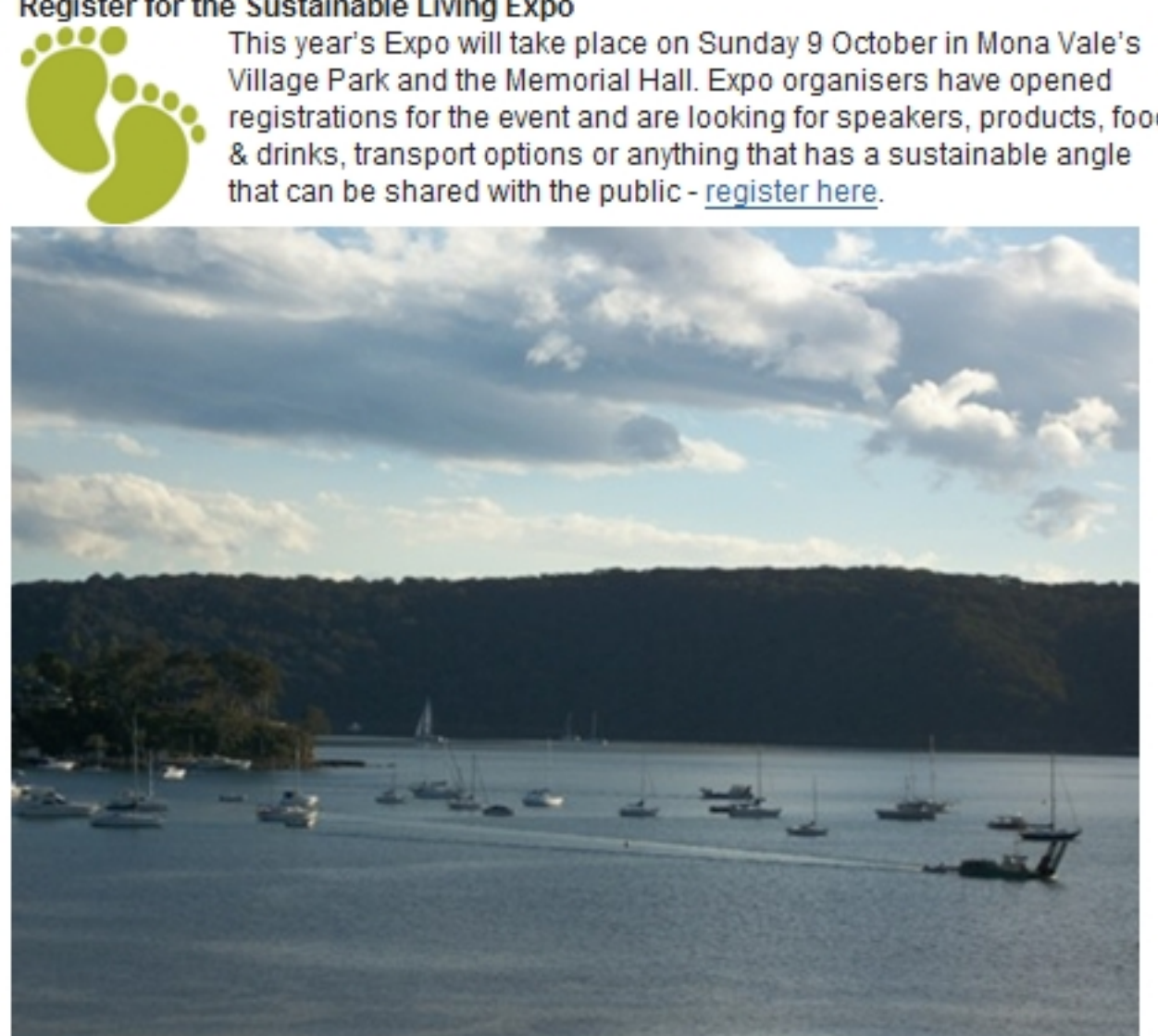
The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biodiversitycalendar To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au

Clean Energy Legislative Package - Think Change

PORTFOLIO: Climate Change and Energy Efficiency URL: <http://www.climatechange.gov.au/media/whats-new/clean-energy-legislative-package.aspx> SNIPPET:

The Government is seeking comment from the public, stakeholders and legal experts on the details of its Clean Energy Legislative Package. The Clean Energy Legislative Package includes four main bills. Submissions on the Clean Energy Legislative Package can be sent to the Department of Climate Change and Energy Efficiency until 5pm on Monday, 22 August 2011.

Register for the Sustainable Living Expo This year's Expo will take place on Sunday 9 October in Mona Vale's Village Park and the Memorial Hall. Expo organisers have open registrations for the event and are looking for speakers, products, food & drinks, transport options or anything that has a sustainable angle that can be shared with the public - [register here](#).



Sustainability Awards - nominations open

Pittwater's Sustainability Awards aim to recognise and reward individuals and businesses committed to making Pittwater sustainable. Applications will be judged by a panel of Councillors, Council staff and an independent representative. Entries close 15 August - [Submit your entry online](#).

International Conference of Environment Centres MEC Events (Manly Environment Centre)

Thursday 8th - Sunday 11th September 2011 North Head Sanctuary, Manly More From: <http://www.mec.org.au/>

International Conference of Environment Centres - Driving Environmental Change from the Street. Making global issues local is the theme for Sydney's 'International Conference for Environment Centres & Community Activists', organised by the Manly Environment Centre.

The four-day-conference aims to be a hub for green groups, providing opportunities to network and share experience in everything from biodiversity to how to make an impact with events. Speakers include Polly Higgins, 'the planet's lawyer', and 'Transition Towns Tothnes' advocate and Professor Janet Richardson.

Venue: North Head Sanctuary, Manly, Sydney. Contact: Robynne Millward, 02 9976 2842



What Does PNHA do?

- On-ground bush regeneration, eg: Asparagus Fern Out Days
- Activities: guided walks, bird-watching
- Quarterly informative newsletter, online or paper
- Members email group for latest environmental news and events
- AGM with Guest Speaker
- Free advice for speaker on managing gardens for Native Vegetation and fauna habitat
- Lobbies Pittwater Council and State Government on inappropriate management practices and development
- Provides support to Council for PNHA-approved grant applications for environmental projects
- Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rpp, attractive cards with photos of Pittwater scenes, flora and fauna \$2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website.



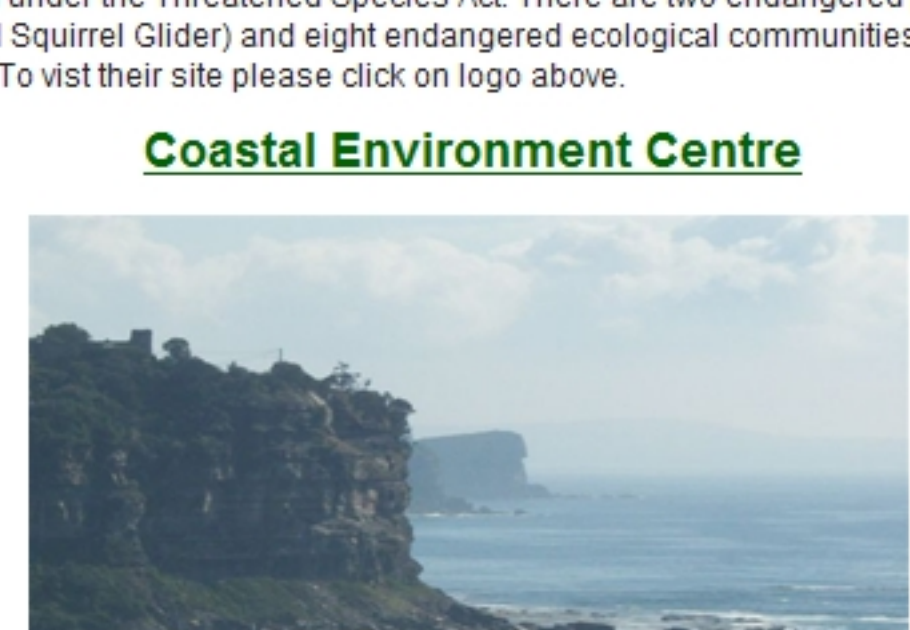
Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council.

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To visit their site please click on logo above.

Coastal Environment Centre



The Coastal Environment Centre (CEC) is a multi-award winning Pittwater Council's environmental flagship, and regional community's environmental learning ship.

More at: <http://www.pittwater.nsw.gov.au/environment/cec>

Monthly Cocee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

August Newsletter includes information on local: - Flora and fauna; - Weeds and pests; - Events, workshops and activities; - Environmental projects and grants.

[HERE](#)

Pittwater Estuary Study File Below or At (click logo):



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Pittwater Online News

Front Page Contents Park Bench Philosophers Profile of the Week History Youth Seniors Environment Food Lynda Hill
Community News Pictures News From our Inbox Books Events Artist of the Month Reflections Collector's Corner

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Quarterdeck Brasserie @ the [RMYC](#)

The Royal Motor Yacht Club Broken Bay at Newport was awarded the 2011-2012 MIAA Marina of the Year Award - Club Marina Category on June 24th of this year. During the week we ate in their Quarterdeck Brasserie, one of several times we have dined here. The food, as on previous occasions, was very fresh, prepared in front of us, with generous portions sizes. One guest ordered a half size of her salad as the regular is too large. Others ordered a variety of dishes, all beautifully presented. To the right is the Thai Beef Salad. Below is a regular Special, Beer Battered Fish and Chips with fillets so fresh they melt in your mouth.



The Quarterdeck Brasserie always has Specials on, starting from \$15.00, as well as their great everyday menu. There is a forecourt for those who love to dine in salt breezes, with a pool for members and their children, so it's a great venue for families too. One guest remarked how her own family had been coming here to eat since she was a child. Others recalled sunny afternoons with great music. As these brilliant Winter days head into Spring it's one to remember and revisit if you haven't been for a while or try out if you've never been.



Quarterdeck Brasserie - Royal Motor Yacht Club Broken Bay

Monday to Thursday: 10.00am to 8.30pm
Friday: 10.00am to 9.00pm (approx)
Saturday: 8:00am to 9:00pm (approx)
Sunday: 8:00am to 8.30pm (approx)
Bookings - Tel: (02) 9997 5511

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 PITTWATER COUNCIL

FOOD GLORIOUS FOOD!

Mona Vale library is seeking expressions of interest from residents who would like to participate as a speaker at their All About Food event at the library on 17 September between 3pm and 5.30pm. All About Food will feature talks for about 20 minutes and explore different aspects of eating and food.

Event organiser Heather Thomson said speakers should choose an aspect of food in which they have specialist knowledge or experience.

"We are asking those interested to complete a form available on our website and forward it together with a short summary of their talk," said Ms Thomson.

All About Food is just one several events with a gastronomic flavour running throughout September.

History Week is from 3 – 11 September, with the theme Eat History. The library will host a display exploring the influences migration has had on the foods Australians currently eat and how these foods have evolved to become uniquely Australian.

Ms Thomson said the library will also celebrate its 39th birthday in September and will soon launch their annual writing competition with a food-based theme.

Expressions of interest can be downloaded at www.pittwater.nsw.gov.au/libraryfoodfair and sent via email to heather_thomson@pittwater.nsw.gov.au by Friday 19 August.

For more details about All About Food contact Heather Thomson on 9970 1600 or email heather_thomson@pittwater.nsw.gov.au

FOOD GLORIOUS FOOD – TELL US YOUR STORY!

Put your culinary experiences on paper as part of this year's annual writing competition at Mona Vale Library. With the simple theme of EAT, storytellers young and old are invited to tell their food-related tale. Entries should be about eating, food or any closely related topic and will be judged in three categories: primary school, secondary school and adult.

Pittwater Mayor Harvey Rose said the EAT writing competition was one of three food themed events being hosted at the library over the next couple of months. "We'll be celebrating History Week from 3-11 September with the theme Eat History. There will be displays in the library that explore the influences migration has had on the food we eat today. In keeping with the theme the library will also host an All About Food event on 17 September with a series of short talks about food," Mayor Rose said.

Entries to the EAT writing competition close on Friday 26 August, with the winners announced and prizes awarded at Mona Vale Library on Saturday 17 September.

Entries are now open and can be submitted online at www.pittwater.nsw.gov.au/library Alternatively email your entry to library@pittwater.nsw.gov.au Or save it to a USB, together with an entry form, and leave it at the customer service desk at the library.

For enquiries about the writing competition, please contact Heather Thomson on 9970 1614 or visit www.pittwater.nsw.gov.au/library

Pittwater Online News

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August 14 - 20, 2011: Issue 19

Assessing Asserting Assuming and Aligning Again: August's Aquarian Full Moon



Life is what we make it, and the world is what we make it. The eyes of the cheerful and of the melancholy man are fixed upon the same creation; but very different are the aspects which it bears to them. Albert Pike

Just think how happy you would be if you lost everything you have right now, and then got it back again. Frances Rodman

Remember that too many people who faithfully follow the prescription to work hard, sacrifice, achieve, accomplish, create and get ahead either "crack up" in the process or find an emotional vacuum at the end of it all. Arnold Lazarus

Some people are sympathetic; others are just pathetic. Peter Washholm

Doubt is the vestibule through which all must pass before they can enter into the temple of wisdom. Charles Caleb Colton

We consume our tomorrows fretting about our yesterdays. Persius

Even when I'm sick and depressed, I love life. Arthur Rubenstein



Avalon resident Lynda Hill, FAA Pract. Cert. has been a professional astrologer for more than 18 years. 2010 marked her 25th lecture tour of the States, in addition to the many lectures she has conducted for astrologers and the public throughout Australia, England, Scotland, Wales, Ireland, Russia, South Africa, New Zealand and Canada. Lynda is the astrologer for Take Five Magazine, and writes astrological commentary for publications all over the world. She divides her time between Sydney's beautiful Northern Beaches and the World Heritage-listed Blue Mountains (when she's not travelling the world delivering lectures).

To schedule a psychic astrology reading with Lynda or to give feedback or ask questions, please email her at sabiansymbols@gmail.com

What are the Sabian Symbols?

The ancients divided up the sky, just like any other circle, into 360 degrees. They assigned each of the 12 constellations (star signs or zodiac signs) 30 degrees each: 12 times 30 = 360. The Sabian Symbols are a set of 360 phrases of words that correspond with each of the 360 degrees of the wheel of the zodiac, from Aries 1 to Pisces 30. Consisting from as little as 2 words (Virgo 2: 'A Harem') to as many as 21 words (Taurus 5: 'A Youthful Widow, Fresh and Soul-Cleansed From Grief, Kneels at an Open Grave to Receive the Secret of Eternal Life'), each one of these Symbols holds both a story and a unique energy field of their own. These images hold meaning for those degrees of the signs. Although the Symbols have their foundations in astrology, absolutely no knowledge of astrology is needed to use them.

The Sabian Symbols were given birth in San Diego, California, in 1925 by Marc Edmund Jones, a noted American astrologer and spiritualist and the gifted clairvoyant Elsie Wheeler. Jones was interested to find a set of words to go with every degree of the zodiac. Elsie Wheeler was an extraordinary clairvoyant confined to a wheelchair for most of her life. Jones chose Elsie Wheeler as his partner in this 'experiment' (as M.E. Jones called it) as she had a remarkable ability to "see" messages, images and symbols. She used this talent to help her clients, but was rather weary of the standard questions she received, such as "when will I be rich?" and "when will I meet the love of my life?" She was eager to take part as she believed that this was an opportunity to really contribute something to astrology.

For more information: [click here](#)



For a limited time, Lynda is offering mini-readings at a special price!

This is your opportunity to have Lynda read your chart. Details below:

Times are crazy right now, eh? In fact, it seems to be times are always a bit crazy...do you need some help understanding yourself, your life, what's going on or what's coming up or how to get the most out of your life?

For many, there's a sense of a need for direction, also, many want a deeper look at their lives through the many lenses that the Sabian Symbols provide. With the economy being what it is, I realize a lot of people can't afford to get a full reading or don't have the time or the energy to schedule a phone reading. These mini-readings are so easy. I have recently offered these readings and have had a huge response and fabulous feedback.

A mini-reading works this way:

I cast your chart and calculate what transits and progressions you're having. I analyse your chart, taking in what the Sabian Symbols reveal, along with the transits and progressions, and, using the Sabian Symbols, I can see many dimensions of what's going on for you. This reading gives you a far better understanding of your chart and outlines your strengths and the areas you may need to work on, along with what's been happening, what is presently going on and what's coming up.

I then speak for 30 minutes into my voice recorder, recording my observations of your chart. I then upload the recording to the internet in Mp3 format and email you the link to it.

You download the recording to your computer (this is very easily done) where you can listen to it easily, and in your own time. Listening to it more than once is recommended.

Whether you are generally curious about your chart, looking for greater self-awareness, wondering how long a bad patch will last or seeking clarity on what your future holds, these readings can empower you on many levels and can mark a major turning point in your life.

The reading explores what's going on in your life, how your life is unfolding, your gifts along with your challenges, why you are going through certain situations or attract particular types of relationships. The Sabian Symbols reveal, brilliantly and amazingly, your spiritual path and where you are headed. My readings are like no other as I use the Symbols in my own unique and in-depth style in order to draw together the pictures that colour your life and your destiny. If you know nothing at all about astrology, you'll see that astrology AND the Sabian Symbols are one of the best tools for self awareness, insight and discovery.

If you are an astrologer or into astrology, this reading will open up new doors of perception and understanding about your life, and, will also show you how to see an astrology chart through the lens of the Symbols. You can also learn how to use the Symbols in your chart readings. The Symbols provide wonderful and valuable information that a normal astrology reading does not. The Symbols have their own lens into the world of astrology and their stories provide enormous depth.

I get a lot of requests for these types of readings, so get in quick! All you need do is:

Pay \$125 (please note the Australian dollar is now about 6% more than the US dollar) through the [Donate page](#). Please note that this price will not last long - I will soon be increasing it. **Email me** at sabiansymbols@gmail.com your date, time and place of birth (if you don't know your time of birth, don't be concerned I can still do a reading), along with an outline of your life and anything you wish to share with me. Don't be afraid to tell me some of your story; it helps to have a dialogue. Also, please let me know your level of understanding of astrology as this will help me to frame the reading.



Occurring on August 13 in the United States and August 14 in Australia, the Aquarian full moon is set to bring all kinds of realizations, challenges and gifts. As so many new and full moons have been, this one is yet another doozy.

The Sabian Symbol for the full moon is Aquarius 21: A Woman Disappointed And Disillusioned, Courageously Facing A Seemingly Empty Life. This Symbol is a challenging one and it's energy will have many people wanting to realign their lives. I have long felt that this Symbol would better be read: A Woman Assessing Her Life, as the 'disappointed and disillusioned' part of the degree could then manifest as many good things that the person has to be grateful for. There are challenges, for sure, and they can be big ones with this degree, but this 'Woman' (and this, of course, can relate to men), can find meaning and purpose in their life by focusing on what is possible, what is worthwhile and worth striving for. Other things in life may have to be left behind, walked away from, forgiven and released. 'Disillusionment' can be a positive thing as one wakes up and removes the veils that have been in place, perhaps for a very long time.

The following are the Keywords and Cautions from my book [The Sabian Oracle: 360 Degrees Of Wisdom](#).

Keywords: Breaking through illusions. Facing stark reality with hope. Loneliness and depression overcome. Positive outlooks. Counting one's blessings. Looking towards the future. Having to battle through relationship losses while maintaining a sense of self and purpose. Turning points reached. Having a belief in miracles. Choosing joy.

The Caution: Wallowing in failure. Not seeing the joy and beauty of one's life. Accepting defeat. Feeling like all is lost. Bitterness. Walling one's self off from others. Not trusting people. Finding nothing to be happy about. Feeling deserted and alone. Not letting go of the past. Injuries. Infertility. Incurable "dis-eases". Unrequited love. The loss of the partner. Staring into space. Being a sad, old person.

The Karmic Condition (the degree before) of the full Moon is a beautiful degree- Aquarius 20: A Large White Dove Bearing A Message. As this degree describes the moments leading up to the full Moon, this image describes one of the gifts of this lunation. Doves have a very strong spiritual message. The following is my commentary on this degree from my book:



'A Large White Dove Bearing a Message' shows messages of peace and love. The 'Dove' is a symbol of innocence, gentleness and affection; also, in art and in the Scriptures, it is the typical symbol of the Holy Ghost. When Jesus was baptized, the Holy Ghost descended in the shape of a 'Dove'. It also symbolizes the soul and as such is sometimes represented coming out of the mouths of saints at death. 'Doves' are a symbol of inspiration and divine guidance. A caged 'Dove' signifies the human soul imprisoned in the flesh and held captive during the period of mortal life. They can represent peace and in this Symbol the 'Large White Dove is Bearing a Message'. The 'Dove' brought to Noah a bough of an olive-tree as a sign that the deluge of wrath that was unleashed by the flood was over. Further 'Doves' are said to be able to perform miracles with their 'Messages'.

Keywords: Being seen as a savior or one who needs saving. Blessings delivered—all will be well. Celebration. Somebody who brings blessed relief. Issues of hope and salvation. The Covenant. News. Announcements. Peace movements. The Rainbow Warrior. Utopian idealism. Olive branches.

The Caution: Staying with the assumption that things will never improve. Refusing solace. Shooting the messenger. Not trusting the good things in life. Not being content with any message that's relayed. Insincere messages caused by the pain of not facing the real truth.

What are the 'messages' that are around you and being delivered to you personally? Are you sensing that life is trying to tell you something? Are you a messenger of peace and love for others?

The degree of the Sun at the full Moon could see some acting irrationally, or perhaps feeling shaken loose by what's going on in the world. The Symbol is Leo 21: Intoxicated Chickens Dizzily Flap Their Wings Trying To Fly. This Symbol sends a signal to remember who you are - don't limit yourself - but don't get going in a tizzy fit that sees no progress but only an 'intoxication' that limits true progress. On the other hand, we need more 'ecstasy' more boundless enjoyment of our lives and our selves and perhaps a bit of flapping around is what's needed? It could be that you're noticing how some are 'getting out of it' and not being truly grounded or treating their life with respect and honor.

Keywords: False courage. Inexperience. Trying to do something beyond the bounds of experience or possibility. Getting "out of it" in order to escape something. Getting all hot-up over tiny or illusive prospects. Alcohol and drugs and the allure of escapism. Drinking binges. Ecstasy. Hangovers. Attempting to do the impossible.

The Caution: Giddiness, lightheadedness, unwanted side effects. Getting nowhere. Inability to ground things in reality. Making a fool of one's self. Intoxication that inhibits seeing what's really possible. Alcoholism and drug habits. Losing reality. Mindlessness that confuses or misleads. Going too far too fast. Forgetting who or where you are.

There IS light at the end of the tunnel, but first I need to share with you the planetary configurations behind the extreme tension shown in this full Moon. This is shown by Mars, Uranus, Pluto and the asteroid Juno being in a rather tight grand cross, which can be challenging, upsetting and life changing, to say the least.

Mars is on Cancer 7: Two Fairies (Nature Spirits) Dancing On A Moonlit Night. This can show people in relationships that are not really grounded in reality, are fanciful, or, it can speak of people not really taking notice of what's happening in the 'real world'. It's interesting for Mars to be on this degree as it speaks of 'A Moonlit Night' (and Mars happens to be on this degree for the full Moon).

Keywords: Usually invisible astral realms. Reconnecting with the feminine. Dancing. Avoiding harsh reality. Slipping away somewhere unnoticed. Seeing what's usually hidden. Romances that have difficulty in the real world. Dreams and fantasies. Sharing common ground. Full moon celebrations. Moonlight. Sunlight. Couples inspired. Women celebrating. Other realms. Invoking fairies. Moon dances.

The Caution: Losing one's self in emotional dreaming. Not seeing the reality of the other you're "dancing" with. Lacking responsibility. Escapist attitudes vs. serious decisions. Relationships with no earthly reality or substance. Something too good to be true. Finding it hard to connect with others.

They dined on mince, and slices of quince, Which they ate with a runcible spoon; And hand in hand, on the edge of the sand, They danced by the light of the moon. Edward Lear

It seems that we have to see through some of the bleariness of the Sun on the Intoxicated Chickens and Mars on the Two Fairies degree in order to get to the bottom of what's going on around us.

Opposing Mars is Pluto. This opposition can bring about anger, eruptions, irritability and it can show people being pushed a little too much. It can also show people wanting to push, either because they are used to being in charge or bullying or derailing others, or, there can be a sense of extreme frustration with the inequities of fairness that we're seeing in society. Tensions can become explosive, especially if things have been suppressed and kept hidden and buried.

Pluto is on Capricorn 6: Ten Logs Lie Under An Archway Leading To Darker Woods. This speaks of journeys into the unknown, getting past the past, tenacity, stamina and energy preservation, thresholds, archways, entrances and dark forests. It's dark, impenetrable places, the unknown and the "unknowable", delving into the subconscious, memories and thoughts that lead into deep or strange places, gateways, fallen trees... it can feel like your path is blocked or obstructed. Where are things leading to? What are you objectives? What (and where) is this path that you're on?

Uranus, which is being squared by Mars and squared by Pluto, is on Aries 5: A White Triangle Is Seen; It Has Golden Wings. This can show the desire to rise above situations, to ignore what's really going on, or, to transcend worries. Uranus on this degree can show some losing the plot, forgetting about the solid things in life that are important and it can lead all the way up to the 'space cadet' that's just out of reach and cutting off. Of course, this can be a bit of a saving grace with so much gnarly stuff going on. We just don't want to cut the cords from reality as we could be cast adrift if we try to 'ascend' past the place of safety and sanity!

Juno, the patroness of marriage, relationships and legal unions, could be bringing some light relief to situations as it's on a fabulous degree that speaks about creative manifestations, engineering and coming face-to-face with our own thoughts. The Symbol is **Libra 5: A Man Watches His Ideals Taking A Concrete Form Before His Inner Vision.** What is the 'vision' that is being made manifest for you?

Keywords: Vivid confrontations with one's objectives. Creative visualizations. Imagining things. Meditations and affirmations. Ideas crystallized. Putting things into the universe. Making things happen. Seeing things take shape and form. Clairvoyance. Film making. Writing and getting published. The power of manifestation. Solidification. Builders. Sculptures. Dreams.

The Caution: Being dissatisfied with what was thought to be the true ideal. Feeling that things are "written in stone" and can't be changed. Calcified situations or emotions. Neurosis. Focusing on the negative thereby bringing the negative.

So, with Mars on Cancer 7, Pluto on Capricorn 6, Uranus on Aries 5 - we have a very tight 'male energy dominated' t-square that is made into a grand cross with Juno at Libra 5. This places great stress on both the masculine and feminine energies around us and I believe that watching our thoughts, affirmations and beliefs is a very big clue as to how we can heal what's going on.

Venus is asking that we restore spirit, return to our natures, perform rituals and see the larger picture. It seems to be asking us to drop the 'disappointed and disillusioned' view and take on a larger, more holistic view of what's going on. The Symbol is Leo 20: American Indians Perform A Ritual To The Sun.

Keywords: Restoring spirit. Rituals and worship. The desire to return to nature. Shining through one's life, not through social credentials. Sweat lodges. Drum-beating. Celebrating a unique heritage. Participation with nature's cycles. Eclipses. Smudging. Reveling in the larger picture leading to belonging and oneness. Fire, passion, spontaneity, sacrifice. Restoring sacredness. American Indian traditions. Vision quests. Fasting. Courage. Conquering bad habits and attitudes. The truth of conviction. Prayer. Eagle feathers. Baptisms of fire.

The Caution: Egoistic responses to life situations leading to narrow responses. Relying on rituals to manifest magic. Losing sight of the meaning of ceremony. Holding onto tradition without intuiting new and modern truths. Living in the past. Cult worship. Losing identity in one's own culture. Sunstroke.

It's instructive to note that the last new Moon was on Leo 8: An Activist Is Stirring Up Discontent By Spreading His Revolutionary Ideals. We are seeing that 'activist energy' stirring things up alright - and it's happening all over, especially in England at the moment.

Now, the good news is that the Moon's north node is trining Venus, the Sun and Mercury from Sagittarius 22. This can give the individual a feeling of strength in amongst the chaos that is currently emanating. This is because the trine can bring in a realignment with what is possible on a personal level. The trick here is that people have to feel that they have a purpose, a contribution, a place and a belief that what they do is worthwhile. This can indeed be tricky as the Moon's north node is on **Sagittarius 22: A Chained Laundry.**

Keywords: Restrictive expectations. Relations with others because of social duty. Performing tasks. Mediocrity, or the fear of it. Washing machines and dryers. Money and other laundering. Laws and legislation based on social and racial inequality. Issues of belonging. Cleaning up for others. The search for purity. Institutions that inhibit individuality. Converts. Stereotyping people. Work and the rewards it should bring.

The Caution: Giving in to prejudice. Self-inflicted sense of inferiority that can lead to missed opportunities for relating. Feeling trapped with no way out. Not being taken seriously. Doing menial jobs with little reward or real return. Slave labor. Lack of individual identity. Shutters to keep the world out.

Social inequalities and injustice can be around as the Moon's north node has just passed over Sagittarius 23: A Group Of Immigrants Fulfilling The Requirements For Entering A New Country. This, very obviously, relates to issues around immigration, immigrants, refugees and finding a place to be, to be accepted and settled. Finding that sense of peace and acceptance (in a real sense) can be a trial when so many people on the planet are in such desperate straits.

Mercury, which is currently retrograde, is on Leo 27: Daybreak - The Luminescence Of Dawn In The Eastern Sky. This speaks of the gradual realization of possibilities and new opportunities, a new day dawning, transitions between darkness and light, scenes of awe and amazement, dawning awareness, awakening, looking to the future and luminescent light. Dawn meditations can help and can dispel the darkness that is currently pervading many people's minds, hearts and realities.

Further, we would do well to watch our thoughts as Mercury is currently being opposed by Neptune. Neptune can bring confusion and a lack of communication, but it can also bring to light our visions, hopes and ideals. Neptune is on a degree that speaks about the end civilization (at least as we currently know it). It gives the feeling that things are cracking up to crack open. **The Symbol is Aquarius 30: Moonlit Fields, Once Babylon, Are Bright White.** Neptune is currently painting a somewhat different picture to our current 'civilization' that discriminates and marginalizes so many people on this planet. Neptune, on a higher plane, can bring about our ideals of a good and worthwhile life, but we may need to make some major adjustments to what we perceive to be our 'entitlements'.

This is a long blog post and it needed to be. I'm reminded of the quote: *Please excuse the length of this letter, I have no time to be brief* (anonymous writer, but I feel I could have written it myself :)) We really have so much to think about and be mindful of at this time.

Jupiter may be delivering the most sublime message of all at the moment. It's on Taurus 10: A Red Cross Nurse With Warm Sympathy. This speaks of spreading unconditional and compassionate understanding of our own and other people's situations, emotions and realities. Taking care, being sympathetic and reaching out to others with a helping hand are major messages here.



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Vietnam Veteran's Day (Northern) at Palm Beach RSL.
Images by Michael Mannington.



Pittwater Online News

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August 14 - 20, 2011: Issue 19

Pittwater Online News receives a lot of information from various sources each week. For Your Interest:

Below: Soldier at Presidio of San Francisco wears size 16 AAA shoes; the army has none in stock in his size. Newsreel story. This movie is part of the collection: Prelinger Archives Producer: Universal-International Newsreel. Creative Commons license: Public Domain



[Twitter Rolls Out Photo Sharing Service to All Users](#) - mashable.com

Twitter's photo-sharing and uploading service is now available to all users, Twitter has confirmed.



[Hacker Group Anonymous Vows To Destroy Facebook On November 5](#) - businessinsider.com

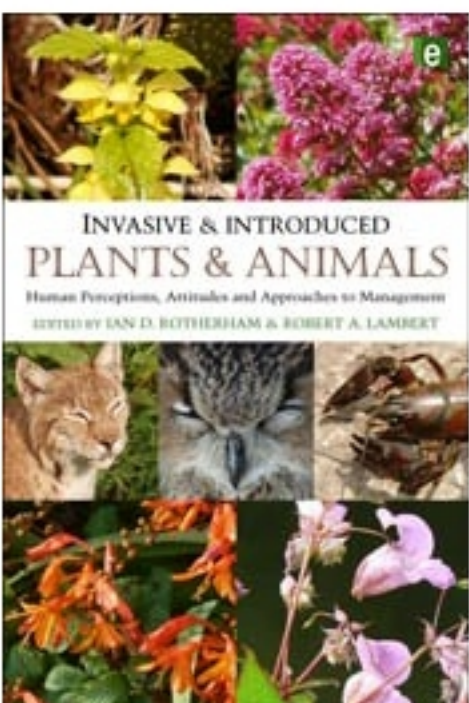


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WIN a Rugby jersey signed by Wallaby **Rocky Elsom!** To be in running, email us at promotions@harpercollins.com.au by 31/8/11 and tell us why your dad deserves to win. There are 2 signed jerseys up for grabs!



Invasive and Introduced Plants and Animals
Human Perceptions, Attitudes and Approaches to Management

Edited by: Ian D Rotherham, Robert A Lambert

352 pages, Publisher: Earthscan
There have been many well-publicised cases of invasive species of plants and animals, often introduced unintentionally but sometimes on purpose, causing widespread ecological havoc. Examples of such alien invasions include pernicious weeds such as Japanese knotweed, an introduced garden ornamental which can grow through concrete, the water hyacinth which has choked tropical waterways, and many introduced animals which have out-competed and displaced local fauna.

<http://www.publish.csiro.au/nid/18/pid/6796.htm>



Congratulations, and thank you.

You have just helped break the record for the number of people calling for marine protection in a government process in Australia. In fact, it's the most submissions ever sent to a government process on a conservation issue. On Monday evening when the public consultation period on marine sanctuaries in Australia's South West closed, **41,923** people had written letters, signed postcards and sent emails calling for a network of large marine sanctuaries in Australia's South West. Half - a total of 20,872 - had sent an online submission through www.SaveOurMarineLife.org.au which was an absolutely outstanding result. Thanks for being part of the Big Blue Army that made this incredible result possible.

And this is just the submissions we're aware of. There's bound to be thousands more. This number of people joining together for our marine life is a spectacular and historic result which belongs to us all. Congratulations.

Where to from here?

In the near future Environment Minister Tony Burke will be briefed on the submissions received. He is then expected to re-draft his proposal for marine sanctuaries informed by both the number and content of submissions. With 8 out of 10 hotspots for marine life left unprotected by his original proposal, and with the biggest conservation response in Australia's history calling for this to be fixed, we would expect some dramatic changes. The new sanctuaries should deliver what science says is needed - not what fishing and oil industries may want. Following Cabinet discussions with other Ministers, final decisions on sanctuaries are expected to happen within a few months.

We'll need your help ...

The voices for marine conservation have never been stronger. But we're concerned that this won't stop the trawling and oil drilling industries sending lobbyists to Canberra to undermine the overwhelming community call for Minister Burke to protect our marine life. We will have to remain vigilant to ensure that our marine life wins the day and proper protection is delivered. And to do this we will need your continued support.

But for now, thanks again for helping to make sure our voice was heard loud and clear for sanctuaries. The momentum of our growing Big Blue Army is now unstoppable. Together we will change marine conservation forever.

For our marine life,

David

David Mackenzie
Save Our Marine Life
www.saveourmarinelife.org.au



Wildlife Research
Volume 38 Number 3 2011

Includes Papers on: Do young eucalypt plantations benefit bats in an intensive agricultural landscape? Palatability and efficacy of rodent baits for eradicating house mice (*Mus musculus*) from Gough Island, Do young eucalypt plantations benefit bats in an intensive agricultural landscape? From CSIRO At: [HERE](#)

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Planting for Wildlife
A Practical Guide to Restoring Native Woodlands
Nicola Munro, David Lindenmayer

Provides the latest information on restoring woodlands, with particular emphasis on plantings as habitat for wildlife.

DUE Aug 2011 - CSIRO PUBLISHING - 96pp - Colour photographs
Paperback - \$39.95

August 14 - 20, 2011: Issue 19

Farewell Curlew Exhibition - All Welcome

The exhibition at the **GONE FISHING GALLERY** will continue to run for the month of August and the gallery is open 10am-4pm Saturdays and Sundays



**1858 Pittwater Rd
Church Point 2105
(in the old Pasadena Restaurant)
www.gonefishinggallery.com.au**

Pittwater Artists Trail Winter Exhibition

August 19-21, Biggola Surf Club

BLAST OFF

Presented by **Hurley**

Walleye or Av September 2011

Blast Off Entry Form in File Below; simply Click, Download and 'save as':

Pittwater Council Competitions and Awards

Mona Vale Library Writing Competition

Dog of the Year photo competition

Primary Schools Garden Competition

Peninsula Historian

Newsletter of the Manly, Warringah & Pittwater Historical Society Inc.

Compiled by **Tony Dawson, Editor**

Join us on the water and see what you Discover

TOUR SCHEDULE

Saturday 6 August 2011 Upper Berowra Creek

Berowra Valley Regional Park Saturday 15 October 2011

Hawkesbury River Adventure Muogamarra Nature Reserve Sunday 13 November 2011

Lane Cove River Lane Cove National Park Saturday 3 December 2011

Akuna to Refuge Bay Ku ring gai Chase National Park

Amnesty International (Avalon Group) presents ...

Thoroughly Thora

a free, light-hearted, folksy, sort of acoustic concert/cabaret

with 23 instrumentalists & singers

Loosely Woven

4pm, Sunday 14th August 2011

Avalon Baptist Peace Church

2 George Street, Avalon

HELPING LEARNER DRIVERS BECOME SAFER DRIVERS

A free workshop for parents and supervisors of learner drivers will be held by the NSW Roads and Traffic Authority (RTA) with Pittwater Council at Mona Vale Library on **Wednesday 10 August 2011**.

The Council's Road Safety Officer Michelle Carter said licence conditions for learner drivers meant there was a minimum of one year on 'L' plates and 120 hours of supervised driving, including a mandatory 20 hours of night-time driving.

"A more rigorous driving test has also been introduced, focusing on hazard perception and driver reactions," Ms Carter said. "Parents and supervisors of novice drivers have a crucial role to play in making our roads safer, and that is why the RTA has developed a course to better support them."

THE ROTARY CLUB OF PITTPATER PRESENTS

NORTHERN BEACHES SPRING CONCERT

WEDNESDAY 7 SEPTEMBER 2011 - 7.30PM

THE GRAND THEATRE - UNITED CINEMAS WARRIEWOOD

TICKETS: \$35 (ADULTS), \$25 (CONCESSIONS), \$15 (CHILDREN UNDER 16)

SEATING IS LIMITED - ADVANCE BOOKING RECOMMENDED

DETAILS & ADVANCE TICKETS: WWW.ROTARYPITTPATER.COM

Guided Spring Wildflower Walk

Sunday 21st August

Ku-ring-gai NP, Chiltern Track, Ingleside

When: 9-11.30 am. Meet at start of track on Chiltern Road, Ingleside, north of Cicada Glen Road intersection. Walk is on a fire trail so please wear walking shoes; not suitable for strollers. Bring: a drink and snack, binoculars, camera

Bookings: phnainfo@gmail.com or Ph. 9918 3368, 9918 9170 or 0439 409 202. Cost: Free

Pittwater YHA Open Day

4th September 2011

Includes free ferry trip @ 12.30 pm leaving Church Point Wharf

BBQ lunch music wildlife etc...

For Royal Motor Yacht Club Members

The President, Commodore and Officers of the Mess

Royal Motor Yacht Club Broken Bay

Request the pleasure of your company

2011 Formal Mess Dinner

Venue: Main Dining Room, Royal Motor Yacht Club, 46 Prince Alfred Parade, Newport NSW 2106

Date: Saturday 10th September 2011 at 1830 hours

Dress: Men: Mess Jackets, Epaulettes, Miniatures, Black Tie
Ladies: Cocktail Dress, Evening Wear

Cost: \$75 per person & includes cocktail on arrival, delicious 3-course Dinner & Dancing to the fabulous sounds of the **EXQUISITE HORNS**

R.S.V.P before Monday 8 September 2011 to 9997 5511 to reserve your tickets

3rd Annual Kids Clothes Swap

Friday 16th of September

9am - 12pm

1 Elaine Avenue

Sizes: 000-10 boys and girls

Upsize, downsize or just donate all your outgoing kids clothes. Much appreciated by the local mums. Keeping it local and recycled.

Email: emmakatewilson@yahoo.com.au for details

Manly Arts Festival 2011

2 - 18 September

Living Ocean Film Festival Saturday, 24th September

In September 2011 Palm Beach RSL is hosting the launch of the inaugural Living Ocean Short Film Festival - an event showcasing short films celebrating the theme "Living Ocean" in any of its inspirational aspects, and/or a 30 second commercial drawing attention to the crisis of plastic pollution in our oceans.

Living Ocean is a charity inspired by the concern to reduce environmental damage caused by plastic pollution. It supports people and organisations who help sustain and regenerate health and integrity. Celebrating the ocean that feeds, inspires, nourishes our hearts, souls and lives, along with life forms dependent on it, Living Ocean also celebrates our coastal community of ocean lovers, surfers, divers, swimmers, sailors, photographers and all who have been inspired by the Ocean to do something to help.

In 2010 Living Ocean held three successful community events to raise funds for the protection of whales in the Pacific Ocean. This year we have direct support for Sea Shepherd's Ocean Guardians.

Contributed to one of the most successful environmental campaigns in recent times. Living Ocean also held fund-raising events including a 400km triathlon, a 30 second commercial drawing attention to the crisis of plastic pollution in our oceans. The aim is to involve and inspire the young film-makers of tomorrow and mentor them with the wealth of experience and talent of established film-makers and artists in our industry who will select and judge the final submissions.

In 2011 Living Ocean is continuing this positive community momentum with two major events. The launch of a 30 second commercial drawing attention to the crisis of plastic pollution in our oceans. For more information visit: www.livingocean.org.au

Pittwater Artists Trail Home Studios

artistsTrailBrochure.pdf

Size: 2198.373 Kb

Type: pdf

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PITTPATER COUNCIL

AN ARMCHAIR GUIDE TO OUR COAST

Exploring tidal waters on Australia's temperate coast

Rob Stokes, Member for Pittwater will launch the book 'Exploring tidal waters on Australia's temperate coast' at the Coastal Environment Centre on Tuesday 16 August at 7pm. The book, co-authored by well-known northern beaches environmentalist Phil Colman and academic Dr Peter Mitchell has been described as 'an armchair guide to shore platforms, without getting your feet wet!'

Internationally acclaimed scientist and conservationist Professor Tim Flannery says the book 'is just the kind of thing I'd have given my left arm for as a kid.'

Professor Flannery said the book unlocks the mysteries of the seashore using simple language for ordinary people. "Anyone who enjoys the beach should have a copy. It will transform their understanding and enjoyment of one of life's simplest pleasures," he said.

The book, which boasts 128 pages and 190 colour illustrations, takes readers on a tour of coastal locations showing how diverse and valuable they really are.

Pittwater Mayor Harvey Rose said the Coastal Environment Centre (CEC) was the ideal venue to launch the book. "We are delighted that Phil Colman has chosen to launch the book at the CEC, given his long association with the centre. Additionally, the CEC is located close to the stunning rock platform and aquatic reserve of North Narrabeen which continues to fascinate residents and visitors to Pittwater," he said. "The educators from the CEC are all well versed in teaching the community and schoolchildren about the myriad of amazing creatures that exist on our shoreline."

The Coastal Environment Centre is located at Pelican Path, Lake Park Road, North Narrabeen.

Bookings for the launch are essential and can be made by contacting Phil Colman on 9982 6142. Participants are invited to arrive at 6.30pm for a 7pm start.

BAN LIVE EXPORT

national rally

Sunday Aug 14, 2:30PM

City Recital Hall Angel Place

Speakers: Lyn White - Animals Australia Investigator, Sylvia Raye and other inspiring speakers. Live entertainment. The Black Spurs

If you care about animals and want to see an end to cruelty, then this event is for you. Live animal export is undoubtedly the cruelest trade in Australia. Sending millions of animals to be killed in countries where they suffer brutal treatment and where there are no laws to protect them is indefensible. This is your chance to join with others at a family-friendly event to rally for a kinder future for live export.

Historic bills to end the cruel live export trade will be voted on in parliament on **Thursday August 18 2011**. This is your opportunity to join with other caring Australians to show public support for this important legislation.

Support the bills to end live export

RSPCA

For all causes great & small

ROYAL MOTOR YACHT CLUB BROKEN BAY NSW

46 Prince Alfred Parade NEWPORT NSW 2106 Phone 9997 5511

LADIES LUNCHEON

Wednesday 17 August 2011

Guest Speaker: **LIBBI GORR**

The theme of Libbi's talk is "The A to Z of Mummy Manners"

\$60.00 per person

Includes 2 course lunch - wine, tea & coffee

TOP DECK DINING ROOM

12.00 for 12.30

Phone: 9997 5511 Email: info@royalmotoryachtclub.com.au

Pittwater YHA, Flora Fauna

Photo Weekend 2 to 4 September 2011

For more information visit: www.pittwater.yha.org.au

PALM BEACH GOLF CLUB presents.....

"DOOBIES EAGLES WEST COAST ROCK SHOW"

Saturday 10th September 2011

Featuring: **The Legendary BARRY LEEF**

Vocalist/Drummer extraordinaire **KIM TUPAEA**

Guitar Heroes **REX GOH** and **PETER NORTHCOTE**

Bass/Vocals **Mr VICTOR ROUNDS**

Keyboard Giants **GARRY STEELARA** **NERCESSIAN**

Drums **RICHARD HARVEY** Percussion/Vocals **TERI LEE**

PITTPATER COUNCIL

SPONSORS & STALLHOLDERS SOUGHT FOR DOG DAY BY THE BAY

Pittwater Council will host their popular Dog Day by the Bay at Rowland Reserve Bayview on Sunday 25 September and is looking for stall-holders and sponsors for the event.

Organiser Renae Proccesi from the Council said that stallholders should be providers of products and services for dogs. "The day will have a mix of fun events and talks on interesting topics relevant to dog owners," she said.

"Highlights of the day include MCs Brian and Kaye from Pet Talk Radio and Australia's leading animal trainer, Steve Austin discussing a range of issues relating to dog behaviour and providing some entertaining demonstrations. We're also keen to hear from organisations who wish to sponsor the event or provide prizes."

Ms Proccesi said Dog Day by the Bay was aimed at dog-owners and their pets and regularly drew a crowd of around 2000. The event is now in its 11th year.

Sponsorship packages range from \$1500 to \$4000; full details are available at www.pittwater.nsw.gov.au/dogday

Dog Day by the Bay runs from 10am and 3pm and activities include demonstrations of canine skill and training, education talks, children's activities in the kids corner and competitions to enter including the Canine Fun Dress Parade.

A variety of food & drink stalls will also be at the event and proceeds raised will be donated to local branches of the Animal Welfare League. Entry and parking are free. This year organisers will hold the "Pittwater Dog of the Year" photo competition and are looking for up to 100 photos of Pittwater dogs. All photos submitted will go on display on Council's website.

Entries to the photo competition are open until Friday 2 September, with the winner and two runners up having their photo displayed on the day and receiving a prize. For more information visit www.pittwater.nsw.gov.au/dogday

For more information about becoming a stall holder or sponsor of Dog Day by the Bay contact Pittwater Council's environmental education team on 9970 1194.

Author **Chats @Mona Vale Library - Andrew Ford**

Andrew Ford talks the course of music over the last hundred years.

19th Aug 2011
6:30pm - 8pm

This charts the course of music over the last hundred years. Cost: \$8.50 concession - Pensioners & Students only, cards must be shown. Bookings essential: tel. 9970 1600 PLEASE NOTE THIS IS ON FRIDAY EVENING

Venue: Mona Vale Library
Website: www.pittwater.nsw.gov.au
Contact Name: Catherine Buddin
Email: catherine_buddin@pittwater.nsw.gov.au

LEGAL HARMONIES

ANDREW BUDDIN

Bookings essential: tel. 9970 1600 PLEASE NOTE THIS IS ON FRIDAY EVENING

Venue: Mona Vale Library
Website: www.pittwater.nsw.gov.au
Contact Name: Catherine Buddin
Email: catherine_buddin@pittwater.nsw.gov.au

Terrey Hills Tavern

2 Alumina Rd - Terrey Hills
(02) 9486 3343

The Radiators

FRI 06TH AUG TICKETS \$100
DOORS OPEN 9PM

HISTORIC HOUSES TRUST

Fifties Fair

The Fifties Fair is the ultimate celebration of all things 1950s, set in the grounds of Rose Seidler House - Harry Seidler's first Australian commission (1949-50). This year's entertainment includes live music that will inspire you to jive and rock'n'roll along side our rockabilly dancers, a 50s DJ, live vintage styled mannequins, vehicle displays and kids' activities. Come dressed in your best 50s threads for a chance to win a prize in the fabulous Fifties Fair Fashion awards. Special collectors and dealers will be selling 50s furniture, clothes, kitchenware, records and much more. Take the opportunity to tour Rose Seidler House which boasts one of Australia's most important post-war design collections. A free shuttle bus will operate between Turramurra train station and Rose Seidler House for the duration of the event.

Rose Seidler House

Sunday 21 August 10.00am - 5.00pm

General Admission \$20 | Family \$70 | Tickets available at the gate

Join us at Vaucouse House to commemorate the centenary of public ownership of the estate and discover the stories and scandals of the people who lived there. To celebrate, we're inviting you to enjoy free museum entry and hourly guided tours on the day.

Vaucouse House | Sunday 21 August | 9.30am-4pm | Free entry

U3A

COMPUTERS?

..... yes you can!

A FREE seminar for Seniors on computing skills

When: Friday 19 August 2011 from 1pm to 3pm

Where: Newport Community Centre, 11-13 The Boulevard, Newport Beach

AGENDA:

- Facebook Made Easy - by Craig Ross
- Meet your Ancestors - by Brian Hinds
- Picture Power - by Margal Poulos
- Bridge Online - by Patricia Kalf
- Computing Made Easy - by Mike Mannington
- Question Time
- Amazing Lucky Door Prize Draw

After Question Time refreshments will be served and the Lucky Door Prize will be drawn and the lucky door prize taken.

*Lucky door prize consists of one year of free membership and home of Action Computer Plus

Phone 02 8064 3574 to register

Downstairs in Avalon RSL Lounge during JULY/AUGUST

Avalon RSL

FRIDAY NIGHT JULY/AUGUST

MAX AARON

MAX MULLIGAN

YOUTH ARCADE

57th SOUL AGENTS

YOUTH UNITS

WILLIAMS

WYTHROY GANG

Selling & Buying Online Course for Women

A 5 week course for women held at Mona Vale Library

Date: 15th Aug 2011

Time: 10am - 1pm

Details improve and update your computer skills locally. Use the internet effectively to buy and sell. Making photos, use sites, a eBay with confidence

5 Mondays August 15 to September 12 2011 10am to 1pm

Cost: \$180 Registrations are essential: Robyn.Woolley@atfensw.edu.au

Venue: Mona Vale Library

SEAFOOD BUFFET

with fresh carvery & homemade dessert

IN THE TOP DECK DINING ROOM

ADULTS \$55pp

KIDS (12/u) \$35pp

Sunday 28 August 2011

12.30 to 2.30

Pittwater Artists Trail 2011 - 2012

Twilight Market - Village Park, Mona Vale - NEW !!

- Friday: 1st April, 2 September, 7 October, 2 December 2011 - 5pm to 9pm.
- Venue: Village Park Mona Vale
- Contact: Nikki Griffin 9970 1255 or email: nikkigriffin@pittwater.nsw.gov.au
- Hot Food Vendor Application Form
- General Stall Vendor Application Form

Narrabeen Village Market at Berry Reserve

- When: 3rd Sunday of every month
- Venue: Berry Reserve, Narrabeen, adjacent to Narrabeen Shopping Centre on Fiveways Road
- Time: 9am to 4pm
- Contact: Blue Sky Markets on 9315 7011 or www.blueskymarkets.com.au

Narrabeen Sports High School Boot Sale

- When: Last Sunday of February, May, August and November.
- Venue: Narrabeen High School
- Time: 7.30am to 3.30pm (stallholders from 6am)
- Contact: Natasha Lunsden on 0421 810 019

Newport Artisans Market

- Every 3rd Saturday
- Next: July 15, August 20, September 17, October 15
- This market aims to create a platform for skilled and unskilled artists and crafts people who enjoy learning from others, enhancing their creativity and offering their work to the public.
- Contact: enquiries@events.com

Avalon Beach Market Day

- When: Saturday 19 November 2011
- Venue: Avalon Shopping Village, Dunbar Park, Avalon Parade, Old Barrenjoey Road
- Time: All day
- Contact: Blue Sky Markets
- Email: Blue Sky Markets - office@blueskymarkets.com.au

Pittwater Online News

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Community News Pictures News From our Inbox Books Events Artist of the Month Reflections Collector's Corner

August 14 - 20, 2011: Issue 19



Above National Library of Australia nla.pic-vn3102463 Carter, Jeff, 1928-2010. The Hotel Australia, Sydney, 1961. Part of Jeff Carter collection of photographs, 1952-2002. Photo in text from Rowe Street Society Collection.

[Powerhouse Museum Online Rowe Street Exhibit](#)

[Thomas Rowe Biography from ABD Online](#)

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REMEMBERING ROWE STREET

By George Repin AM.

The Sydney Customs House, as part of a programme of exhibitions to showcase Sydney social history, in 2006 focused on Rowe Street, the narrow laneway of tiny shops and picturesque swinging signs which ran between Pitt and Castlereagh Streets and had the style and atmosphere of an old European Street.

Rowe Street is remembered with great fondness – and regret - by many of those who enjoyed its atmosphere and, particularly, its human scale because there was no other street like it. It was small, personable, and cosmopolitan, and offered a fascinating mix of fashion, homewares, art, music, and literature. It also accommodated small coffee shops including, for a time, the Lincoln Inn, frequented by the group of free-thinking "intellectuals" known as the Sydney Push and their "hangers-on".

There were garret studios of artists and writers, while the Notanda Gallery was popular with art students who could pore over books and postcards of well-known masterpieces and little known contemporary art. Artists who were yet to establish themselves in the market enjoyed their contact with Carl Plate, who ran the gallery, and was a prominent member of the contemporary art scene.

The Castlereagh Street end of the street was dominated by the Hotel Australia on the north side - with Richards menswear shop on the south corner. The Hotel had been built in 1891 and was the meeting place of fashionable Sydney. For many, afternoon tea listening to the Palm Court orchestra was a special occasion. Further down the gentle slope towards Pitt Street a multiplicity of attractive window displays, many beautifully decorated, captured the attention. Window shopping was one of the great pleasures of Rowe Street. The shops of well-known highly talented interior designers such as Marion Hall Best and Margaret Jaye always could beguile with lovely imported decorative pieces always effectively displayed.

Because it was very narrow those coming into Rowe Street tended to treat it as a pedestrian mall, not keeping to the footpaths on each side but walking, and often standing and chatting, in the middle of the carriageway.



Rowe Street began its life as a gloomy lane called Brougham Place. In cold windy winters it was referred to as "Pleurisy Alley". When the Hotel Australia was built it was renamed in honour of Thomas Rowe an English-born architect, said to have been "a man for all seasons", with a multitude of civic interests. He was the first Mayor of Manly and was responsible for planting the Norfolk Island Pines for which Manly became famous.

The character of Rowe Street was lost when the Hotel Australia was sold and the MLC Building built. By 1973 the old Rowe Street was gone.

The Rowe Street Society, formed in 2003, collected memorabilia to keep alive the memory of the street's contribution to Sydney's cultural life and provided items for display in the exhibition which was officially opened on 16 February, 2006.

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Above: Mousehole Forge, Malin Bridge, Sheffield, April 2008, Author Mick Knapton



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Mousehole Anvil and Mousehole Forge



"And yonder stands old Mousehole Forge
In dingy honours drest,
Famed in the days of good King George
For anvils, England's best."

from *Rivelin* By Joseph Senior (1819-92),

A few weeks ago we placed a picture and query regarding an anvil with a mouse brand on it on behalf of Trevor Goodacre ([Trevor's Museum](#)) who shares so many of the objects he has collected and their histories. We have since been able to track down the origin of this as from Mousehole Forge.

Mousehole Forge, Malin Bridge, Sheffield, England, dates from 1628, pre Industrial Revolution, and is situated on the River Rivelin. Part of the premises has now been converted to a private residence. The forge itself closed in 1933.

The origins of the name of Mousehole is not certain. The square handling holes in an old anvil are called mouseholes. In England a bend in a river with a deep spot is known as a mousehole and Mousehole Forge was located at such a spot. There is a coastal English town named Mousehole and it was well known as the site of a brief French invasion about the time the forge was started. Mousehole Forge continued to use water power (heave or tilt hammers) long after other manufactures switched to mechanical hammers. All Mousehole anvils are pretty well 'handmade'! Source: *The Mousehole Forge* by Richard A. Postman (with John and Julia Hatfield)

Mousehole Forge anvils can be dated from their logos: Trevor's is circa **1854 - 1875**: M&H ARMITAGE MOUSEHOLE FORGE M&H = Morgan and Henry
FROM: [here](#)

Further Reading:

Mouse Hole Forge (book on): <http://www.mouseholeforge.com/>

Until the late 1800s the high-quality anvil market in the U.S. was pretty well dominated by English produced anvils, with Mouse Hole Forge, Peter Wright and, to a lesser degree, Wilkinson and William Foster the dominant exporters. Fisher & Norris (see below) would have been their major U.S. competitor.

English produced anvils can frequently be identified by the stone weight system used on them at the waist, usually on the side with the horn to the right, such as 1 0 14. The first number represents multiples of 112 (1/20th long ton), the middle one multiples of 28 and their last remaining pounds. In this case the anvil originally weighed 126 pounds (112 plus 0 plus 14). The marked weight is usually off from scale weight a couple of pounds. Mouse Hole Forge was known for putting punch marks between the numbers and sometimes only they remain of the logo stampings.

FROM: http://reviews.ebay.com/Purchasing-an-Anvil_W0QQugidZ10000000001445709