

July 31 - August 6, 2011: Issue 17

August Creations

August: 1. meaning beauty, strength of, inspiring reverence or admiration, venerable, magnificent, majestic. 2. the eighth month of the year, consisting of 31 days from Old English, from Latin, named after Augustus (63 bc-14 ad), Roman emperor.

- Creation:** 1. The act of creating. The fact or state of having been created.
 2. The act of investing with a new office or title.
 3. The world and all things in it. All creatures or a class of creatures.
 4. Creation The divine act by which, according to various religious and philosophical traditions, the world was brought into existence.
 5. An original product of human invention or artistic

imagination [Contents](#)

Pittwater Online News issued every Sunday, 6am.

Quote for the Week

Without culture, and the relative freedom it implies, society, even when perfect, is but a jungle. This is why any authentic creation is a gift to the future.

[Albert Camus](#)

[Nobel Prize in Literature 1957](#)

What is Jeans for Genes?



Jeans for Genes is a major national fundraising event for the [Children's Medical Research Institute](#). It's held every year on the first Friday of August. This year **Jeans for Genes Day is Friday 5 August**. Each year more than two million Australians wear their favourite jeans and donate much needed funds to support vital genetic research to advance the prevention and treatment of disease, leading to healthier generations of children.

It's fun and easy for Australians across the nation to get involved in Jeans for Genes and help create healthier generations! Things you can do include wearing your jeans on Jeans for Genes Day and making a donation, volunteering your time and taking part in or organising fundraising events.

At <http://www.jeansforgenes.org.au/JG-About-Us/default.asp>

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SYDNEY, NSW [+ SAVE](#)

	Today Fine, Sunny.		Tomorrow Fine, Sunny.
	8 22		9 22

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[> 3 Hourly Forecasts](#)
[> Feels Like: 7 °C](#)
[> 10 Day Forecast](#)
[> Wind: 17 km/h WNW](#)
[> Warnings](#)
[> Rain since 9am: 0 mm](#)
[> Radar | Cloud | Lightning](#)

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Features

We are delighted to announce a New Columnist has joined us. George Repin, Member of the Order of Australia, will contribute fortnightly Articles on his Reflections Page. The first is titled 'The Nineteen Thirties'.

The Nineteen Thirties

Reflections by George Repin: [here](#)

Sophie Haythornthwaite Profile: [here](#) and some of her [Paintings:](#) [here](#)

OUR GENERATION' Documentary and Jeff McMullen at Avalon by Kath Moody: [here](#)

First Impressions: short story and Wintervale Winner 2010 by Marvi Del Nero: [here](#)

Collector's Corner; Poster Art by Jenny and Hans Carlborg: [here](#)

London Olympics 2012 - The Pittwater Connection

With one Year to go until the 2012 Olympics begin, the medals for the were unveiled this week by our London hosts at: <http://www.london2012.com/news/2011/07/olympic-medals-unveiled-to-the-world.php>



A Description of these: 'The medals' circular form is a metaphor for the world. The front of the medal always depicts the same imagery at the summer Games – the Greek Goddess of

Victory, Nike, stepping out of the depiction of the Parthenon to arrive in the Host City.'

Layne Only Female Athlete Liaison Officer: Former Newport resident Layne Beachley was on our TV screens this week as a reminder of her August 6th, 2010 appointment as an Athlete Liaison Officer (ALO) for the 2012 Games. You may all remember from our [Profile](#) on Layne's [Aim for the Stars Foundation](#) earlier this month that AFTS is supporting a 'London Squad: Introducing the "Aim for the Stars London 2012 Squad": Caroline Buchanan (BMX) Laura Coles (Clay Target Shooting) Jessica Fox (Canoeing) Jane Moran (Water Polo) Katie Spithill (Sailing) Olivia Price (Sailing) Sharleen Stratton (Diving) Lishan Sung (Fencing) Jayde Taylor (Hockey) Anabelle Smith (Diving)

Layne Australian Olympics Committee (AOC) Announcement from the AOC website: Team Behind the Team 26th of July, 2011:

One of the very important aspects of the Australian Olympic Team is the group of Athlete Liaison Officers (ALOs) appointed to support the athletes and officials. In London 2012 there is again a strong group of talented sportspersons who will guide and support the athletes as they go through the highs and lows of the Olympic experience. Australian cricket legend Steve Waugh and Wallabies great John Eales will again join the Team, providing their wealth of knowledge from being in leadership roles of winning sports team for so many years. Kieren Perkins will attend his first Olympic Games in this role, and will be well prepared to share his personal experiences of winning two gold and two silver Olympic medals. Seven-time world champion surfing legend Layne Beachley will be the fourth ALO and will be a sure motivation to many athletes who have watched her inspirational journey that saw her build women's professional surfing to what it is today. They aim to help the athletes maintain focus and maximise performance with the assistance of the head coaches and team managers.

On being appointed on August 6th, 2010, Layne said, "It's an absolute honour and a privilege to be able to fulfil this role. It was always a dream of mine to go to an Olympic Games and an Olympic gold medal is the only thing missing from my trophy cabinet."

As an ALO, Layne will provide support and guidance for individual athletes and teams by sharing her experiences from an illustrious sporting career. "One of my strengths throughout my career was my mental aptitude, an essential tool for anyone wanting to achieve a life-long goal."

Sign up for email updates at: <http://london2012.olympics.com.au/>

Katie Pellow-Spithill is currently in Weymouth, England, training with RPAYC and AST sailors Nicky Soutter and Jess Eastwell.

An Update from Jo Brigden-Jones 30/7/11:
 I am currently in Varese, Italy and have been here training for the past 4 weeks. The Australian Institute of Sport now have a permanent base set up in Varese called the European Training Centre. It has provided our team with fantastic facilities and support to help us trough our training block. Yesterday marked 1 year to go to the Olympics, the ETC hosted a Aussie dinner to celebrate the occasion. I am really excited about the year ahead and hopefully I will be successful in becoming an Olympian! **It would be an amazing achievement and a reward for all the hard work and sacrifices made over the past 10 years.**

I am heading to Hungary on Sunday to meet up with the rest of the Australian Kayak Team. We will have our last few weeks of training in a small town called Szolnok. The World Championships are in 3 weeks and are been held in Szeged, Hungary. It is a fantastic location to hold such a big event as it is predicted that a crowd of 10,000 will be cheering us along everyday. I am getting excited about racing as it also doubles as Olympic Qualifications for country allocation of places at the Olympic Games. I will be racing K4 500m event and will need to finish top 10 to qualify the boat for the Games. I am also hoping to race in the K2 200m and the K1 4 x 200m relay but that won't be confirmed till later next week.

Jo kindly sent us some photographs of the girls (below) to share with you.



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'OUR GENERATION' Documentary and Jeff McMullen at Avalon

by Kath Moody

On 24th July the film that shows the effects of the intervention on the people of the Northern Territory was shown in Avalon. The [Avalon Group of Amnesty International](#) combined with the members of [Avalon Baptist Church](#) to make this film available to the people in Pittwater area. We were anxious to cut through the political clichés and to show people the reality of the discrimination that has been criticized by the United Nations.



Jeff McMullen spoke with passion and commitment and huge knowledge of the situation in the communities. He also gave valuable comment on the present struggle to get indigenous people recognized in the Australian Constitution. The audience was moved and anxious to help. The discussion continued right through the serving of supper and into the night. About 90% of the listeners signed the petition from Amnesty International to the Prime Minister, asking for full restoration of indigenous rights to aboriginal people.

In 2007 the NT Emergency Response gave the Government power to take over the land, and the incomes of the indigenous people. In the process there was no consultation and many good people have been shamed intolerably. The Racial Discrimination Act was suspended. In 2010 we signed the U.N. Declaration of Indigenous Rights. However these rights are not fully restored to our indigenous people. The Racial Discrimination Act has not been fully restored. At present a new phase of the Intervention is not really consulting people adequately and taking Indigenous royalties to pay intervention expenses.

This link will take you to the submission that has gone to the United Nations about Loss of Rights (July 2010) which was prepared by Prof. The Hon. Alistair Nicholson <http://www.concernedaustralians.com.au/> and an open letter from Malcolm Fraser. Further information is available from this link <http://www.ourgeneration.org.au/>

If you want to help we have a very active Aboriginal Support Group in our area <http://www.asgmwp.net/>

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MARVI DEL NERO is Brazilian born and also holds Swiss citizenship. Her first language is Portuguese and from the early age of 4 she has been in love with the English language. Marvi has lived in Australia since December 2001. FIRST IMPRESSIONS was written for the Mona Vale Library Winterval Competition 2010 and was the winner in the creative writing category.



First Impressions

It had been an unbearably exhausting flight. A four hour delay in Chile, a long stopover in New Zealand. At times I felt like shouting "Back door, please, I'm getting off right here".

But now, although jetlagged, I feel high spirited as we land at Kingsford Smith Airport, Sydney.

Through hazy eyes I look around as I wait for my luggage. One of my favourite pastimes is watching people and making up stories, guessing what they are up to on Planet Earth.

I see a wide variety of faces: blue, slit, almond shaped eyes; dark, fair, olive skin. Where do they all come from? Where are they all heading to? I watch freckled girls in flimsy, strapless dresses beside handsome, long haired blokes. I even spot bare footed guys at the airport lounge. One of them walks out and gets into his BMW. Weird: posh car but no money for shoes!? Back home only the destitute walk barefoot.

I am now greeted by azure skies, warm sunshine and very orderly traffic. No tooting, no tailgating, no motorbikes slaloming amid vehicles; safe pedestrian crossings where pedestrians are actually given right of way.

I must find my way downtown. The campus where I'm staying is right in the heart of Sydney.

After asking a passer-by for directions I am none the wiser as I can't understand a word he says.

A couple of hours later I am settled in a cosy little room with a minimalist bathroom.

After a long and invigorating shower I change into my ragged jeans, a white tee shirt and comfortable espadrilles and venture outside to explore the neighbourhood.

I am thrilled at what I see and decide to travel further afield. I hop on a bus that will take me along the coast as far as Palm Beach – my first adventure in this new found paradise.

I look left and right and marvel at what I see, puzzled by the road signs:

Manly – very chauvinist, why not Womanly?

Dee Why – but why? D as in dumb, dangerous, daunting or delightful?

Narrabeen – is this short for narrow bean or what?

Mona Vale – where Mona Lisa once lived?

Newport – was there once an Oldport? This one looks brand new.

Avalon – the mists of? Not misty now, quite on the contrary.

Palm Beach – not a single palm tree in sight.

I get off the bus, buy myself a sandwich and sit on a bench admiring the aqua blue ocean and the far away line where sky meets water.

I bite into my sandwich and... yucky... this stuff tastes awful. It said veggie something on the menu, but I can't see any vegetables in it. Between the two slices of white bread there's something that looks like plum jam but tastes nothing like it.

I throw the rest of the sandwich into the bin and sit watching the faces around me: happy, gloomy, wrinkled, frowning, curious, scary, scared, scarred faces.

I wonder what this land has in store for me. We'll see...

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Collector's Corner; Poster Art by Jenny and Hans Carlborg: [here](#)

All Past Features: [here](#)



Profile: Sophie Haythornthwaite, creator of beautiful paintings, shares some insight on her training and influences.

Previous Profiles:

[Barton Lynch](#) [Shane Withington](#) [Commodore Sloper](#) [Herminie Swainston](#) [Teresa Cutter](#) [Joanne Brigden-Jones](#) [Tamara Sloper Harding](#) [Katie Spithill](#) [Chris Salisbury](#) [Doug Crane](#) [Henry MacPhillamy](#) [Ben Baillie](#) [Aim for the Stars Foundation](#) [Broken Bay Marine Rescue](#) [Pittwater Environmental Foundation](#) [Rotary Club of Pittwater](#)



History: In August we feature Events in Pittwater. To commence, Castles in the Sand at Palm Beach, gave us Art the wind and ocean claimed back again.

Previous History Pages:

[Marie Byles](#) [Lucy Gullett](#) [Kookoomgilgai](#) [Frank Hurley](#) [Archpriest JJ Therry](#) [Sir Patrick Gordon Taylor](#) [Bowen Bungaree W. Bradley 1788 Journal](#) [Midholme](#) [Loggan Rock Cabin](#) [La Corniche](#) [La Corniche II](#) [Lion Island](#) [Bungan Beach](#) [Botham Beach](#) [Scarred Trees](#)



Park Bench Philosopher: Is Word, that which creates what is spoken as it is spoken, our original Breath?



Food: The beautiful quince has been a subject for artists due to its shape, colours and scent. Cheat's Tarte Tatin for quinces recipe, some health benefits and some history.



Events: New Listings from anyone who sent us anything; History Lectures, Yes You Can Free Computer Seminar from Avpals, Thoroughly Thora Concert in Avalon, Doors Cover Band at Avalon Beach RSL, NBI Invite, Pittwater Council Events, Manly Art Gallery Exhibits, Bands playing and more.

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Community News: News from near and far: BL at SurfMasters In Brazil, Teresa Cutter @ organicexpo, Council's 'Live, Connect, Participate' and Tree Day Invites, NBI extends an open invitation to the community for their DisabiliTea, MWPHS Newsletter on Killarney Picnic Grounds, Pittwater Council updates and Shorac Notices.



Environment: Tree Of Life for Tree Day, SA Victory, Next Walk from PNHA, Sustainability expo in Pittwater, July's Cooee Newsletter, Seed Bank with full Index of all Australian plants Facts Sheets and more.



Lynda Hill: Overthrowing The Old And Bringing In A New Order: July's Leo New Moon



Pictures: One Tree Giant for Tree Day.



Youth: Tin Sparrow, Free Learner Driver's Course at Mona Vale Library, Pittwater Council's EAT Writing Competition.



Seniors: Mildred proposes that Joy is the Highest Vibration.



Community Clubs: Updates on Activities and links to sites.



Artist of the Month: Painter Sophie Haythornthwaite shares some of her beautiful and brilliant paintings.

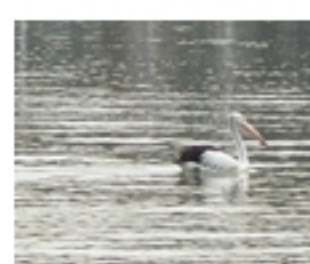


Collector's Corner: A special this week from Jenny and Hans Carlborg on Poster Art.



Books: Books from and about Paul Harris, founder of Rotary.

Old Books: two new works of old about the Theosophical Society and Red Cross.



Noticeboard: Community Listings (free to list) with Community Bushcare link.

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Planes Too

From my beamish companion I have learnt about original Word; In the beginning was the Word and the Word was 'God', spoken as a name, detracts from the other meaning, which is, the Word was and *Is* God and thus can be interpreted as Words Spoken by God, or Word (Spirit Breaths) as God.

JJ explains that this Word and these Words are all the ever annuals, in ever Speaking, and not just in recur as they are also *being*, being an energy manifested here as ancient grape from dawning Garden, or a dodo doing dolloped dawdlings, just by being Spoken. As all the coloured sung water root air leaf strands of tree oceans are also always being the Name of something, be it earth wood air fire water stone loam mede mead breeze candle ocean or amulet made from resin, they thus become the paisley breath, the woven threads, with green tongue, green breath, issuing from all and everything. Word = creating what is spoken by speaking it, by filling a Name with Breath. I try to imagine this *First Song*. Or the heart that *Sang* it.

So, in the beginning was the Word, and the word is god, the slightly invisible shifting making this garden come out of matter and energy, although clearly unfolding in front of you, where gazing in and in will unfold substance, scent, root, colour, velvet skin and impart to your senses all these signals signalling. With acknowledging this voice of Words we can also sense in each other a speaking, still, of spiritual Word. Spirit Word, word as God, *Is*.

Extract from *Planes Too, Seeing Things*, A J Guesdon. Copyright 2008. All Rights Reserved.

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Park Bench Philosophers

We are seeking contributions from all Pittwater residents in the form of anecdotes, memories, stories or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

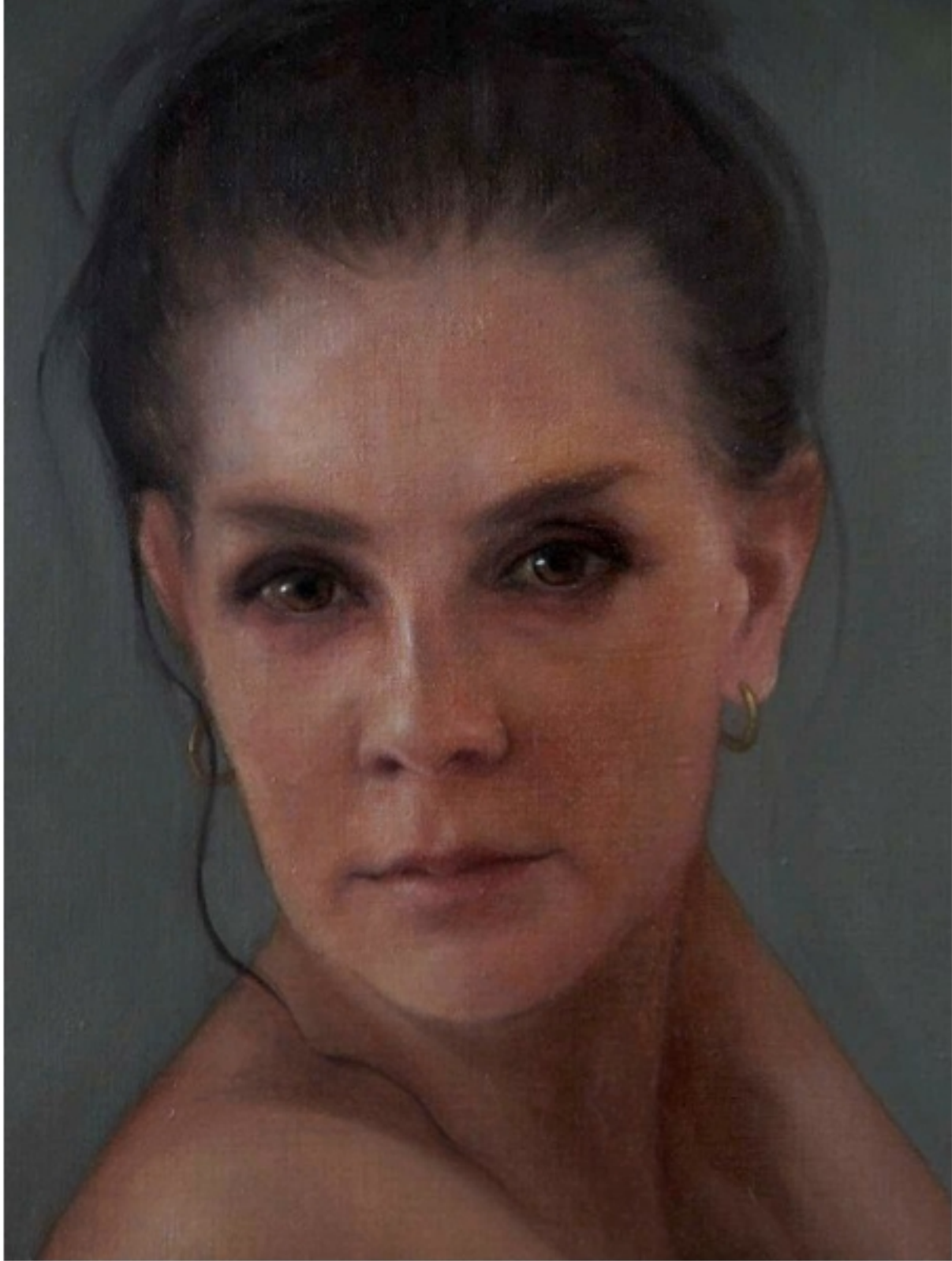
Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1000.

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Above: Sophie with daughter Ruby.



Above: a Close Up View of Sophie's Portrait 'Intimations of Mortality' of Avalon author Katerina Cosgrove.

Below: Sophie around six years of age with her brother at Towlers Bay.



All Images Copyright Sophie Haythornthwaite. All Rights Reserved.

Profile Copyright Pittwater Online News, 2011.

Sophie Haythornthwaite

Last month we brought you the news that one of our local painters, Sophie Haythornthwaite, had won first prize at the 2011 PIRTEK Southern Highlands STILL LIFE PRIZE for her 'Bowl of Oranges'. In 2010 her portrait of local author Katerina Cosgrove *'Intimations of Mortality'* was selected as a finalist in the **Doug Moran National Portrait Prize**, the world's richest portrait prize with the winner receiving \$150,000.00. The subject of these portraits must be an Australian and by an Australian painter.

In 2010 Sophie's *'The Bird'* was selected for the Director's Cut in the prestigious **The Blake Prize for Religious Art**, established in 1949 to raise the standard of religious art in Australia. A prolific artist, this delightful lady is also a mum to boot. Sophie has allowed us to share some of her wonderful creations with you as our August **Artist of the Month** and shares some insights into her work and self to commence our second month of **Pittwater Women** profiled.

When did you first start painting ?

I started painting full time in about 2001 and have made a living out of it since then. I had always loved art and craft as a child, and had decided I wanted to be a painter by the time I was about 12. After my HSC I went to art school in Sydney but it wasn't what I was looking for so I went overseas. **Italy** was where I found all the art I loved... and the food, and the wine... so I went off to study in Italy.

Which do you prefer; Still Lifes or Portraits ?

My training in Italy was in the traditional oil painting techniques of the old masters and focused on portraiture.

My professional career has been mainly as a portrait painter, but I enjoy painting still life and landscape as well, and most of my exhibited work in galleries has been still life and landscape. Still life and landscape offer a lot of scope for experimenting with variations of colour, form and composition, and my recent work has been still life placed in a landscape or seascape setting, which allowed me to create compositions that used the horizon and the shapes of headlands as a contrast to the rich colours and sculptural shapes of flowers and fruit.

Overall my main interest is still the human form, not necessarily in the classical portraiture sense, but in the sense that the human figure and the human face are so expressive. A figure or face can tell a story on its own, and within a setting, such as a landscape or interior, it can carry many meanings. Vermeer does this the most beautifully I think.

My current interest is in Mythology and I am about to start on a series of mythological/narrative paintings which is something I have wanted to do for a long time.

We see from your Biography that you have studied overseas, could you share one or two moments from there and then that stick out in your mind ?

I lived in Florence for four years when I was studying, and also lived in a little hill town in Umbria for a while. I travelled a lot around Europe and loved especially Central Europe, Slovenia, Croatia, Slovakia, The Czech Republic, Poland and Hungary. There is such a rich history and folklore in those places and visually they were amazingly beautiful.

Travel experiences ranged from the sublime to the ridiculous... once I was in **Verona** in a church sketching from an illuminated manuscript that was on a stand. I was sketching some of the borders quite intricately and the priest decided I was sufficiently dedicated to my task, so he took me through several locked doors and gave me some gloves, and I was allowed to look at and handle some of the most precious medieval manuscripts in Italy that usually only museums get to see.

There were many memorable picnics of prosciutto, bread, fresh cheese and delicious tomatoes in the hills above **Florence**, picking wildflowers and painting landscapes with wine in one hand, brushes in the other, and weekend trips to small coastal villages and hill towns to sample the local produce and visit galleries and churches.

Others were classic movie moments like the time I was in Venice in **St Marks Square** on New Years Eve, and it was dark and silent, and then all of a sudden, swelling music.... 'Ave Maria', the street lamps came on, an elderly couple started waltzing in the piazza, and, on cue, it began to snow.

On the other hand there was the time in **Czech Republic** when I was wandering in a forest and was adopted by a very cheerful Czech with a feather in his cap who decided that as an Australian, I needed to sample the local beer and took me to a little pub at the edge of the forest that was like a gingerbread cottage, which was full of stuffed bears wearing clothes and sitting in human poses. All the people there greeted me as if they had known me forever and had been expecting me. I sat next to a bear in lederhosen and drank beer with a bunch of long lost friends I had never met before.

Who are your favourite artists and why?

My favourite artists are a strange mixture. I love the Italian Renaissance painters such as **Botticelli** for the beautiful clarity and serenity of their paintings, the Dutch masters such as **Van Eyck** and **Memling** for their intricate detail and jewel like colours, and the surrealists such as **Magritte** and **Dali** for their haunting images and layers of meaning.

I have a bit of a thing for **Caravaggio**, but the true love of my life is **Vermeer**. His unique combinations of texture and colour, and the beauty of the painted surface. I love the way he uses yellows and blues, and I love the quietness of his pictures.

I went on a pilgrimage to the **Netherlands** to see some of his work and was amazed at the way the surface is built up of so many layers and underpaintings, very subtle and very structured.... it doesn't translate in reproductions, you have to see them in the flesh.

What is your favourite place in Pittwater and why?

I was born and bred in Pittwater and it is my favourite place in the world, if I think of 'home', I think of the western foreshores and **Scotland Island**. My favourite place of all is a tree up high in the bush off the **Towlers Bay** track which I used to climb up and sit in when I was a kid. The view went right up to the central coast. Also the Towlers Bay lookout, and the creek at the end of the bay. **Currawong** is a special place for me too.

What is your motto for life?

I haven't really got a motto.... more like a long list of 'notes to self' and 'handy hints', like: 'When in a hole, stop digging', and things like that.

I recently had a bad car accident, and was very lucky to come out of it alive, so I think that my main thought of the day now is... **'Don't save the good stuff til later'**, and don't plan too far ahead. **Do it now**, or, if you couldn't be bothered, pay or bribe someone else to do it, and sit in the bath and drink champagne instead.

[Sophie Haythornthwaite Website](#)

Further Reading:

Pirtek Sothern Highlands Still Life Prize:
<http://www.bdasgallery.com/>

National Association of Portrait Artists of Australia:
<http://portraitartistsaustralia.com.au/browse-portrait-artists/haythornthwaite-sophie/>

2011 Doug Moran website: <http://www.moranprizes.com.au/>

Charles Hewitt CV of Exhibitions, Lecture given and Article written by Sophie: <http://www.charleshewitt.com.au/artists/sophie-haythornthwaite/cv>

The Blake Prize for Religious Art:
http://en.wikipedia.org/wiki/Blake_Prize

The Doug Moran National Portrait Prize:
http://en.wikipedia.org/wiki/Doug_Moran_National_Portrait_Prize

August Painter: Sophie Haythornthwaite.



[Sophie Haythornthwaite](http://www.sophiehaythornthwaite.com.au/about.html) received her technical training in Florence, Italy, where she studied the techniques of the old masters at Charles H Cecil Studios. She continues to paint using the traditional methods and materials of the Italian, French and Dutch painters of the Renaissance and Baroque.

Sophie uses high quality painting materials that she prepares herself in her studio, grinding her own pigments and preparing her own canvases, mediums and varnishes using traditional methods and recipes.

Not only does this practice allow for a more complete control over the performance and quality of one's materials, it also enables the artist to achieve specific painterly effects used by the masters, the subtleties of which are often difficult to achieve using synthetic modern materials.

Sophie specialises in portraiture and has a portrait studio in Avalon Beach, NSW Australia. She also paints still life, landscape and figurative works and exhibits in several commercial galleries within Australia. Her works are represented in private collections throughout Australia, the USA and Europe.

From: <http://www.sophiehaythornthwaite.com.au/about.html>

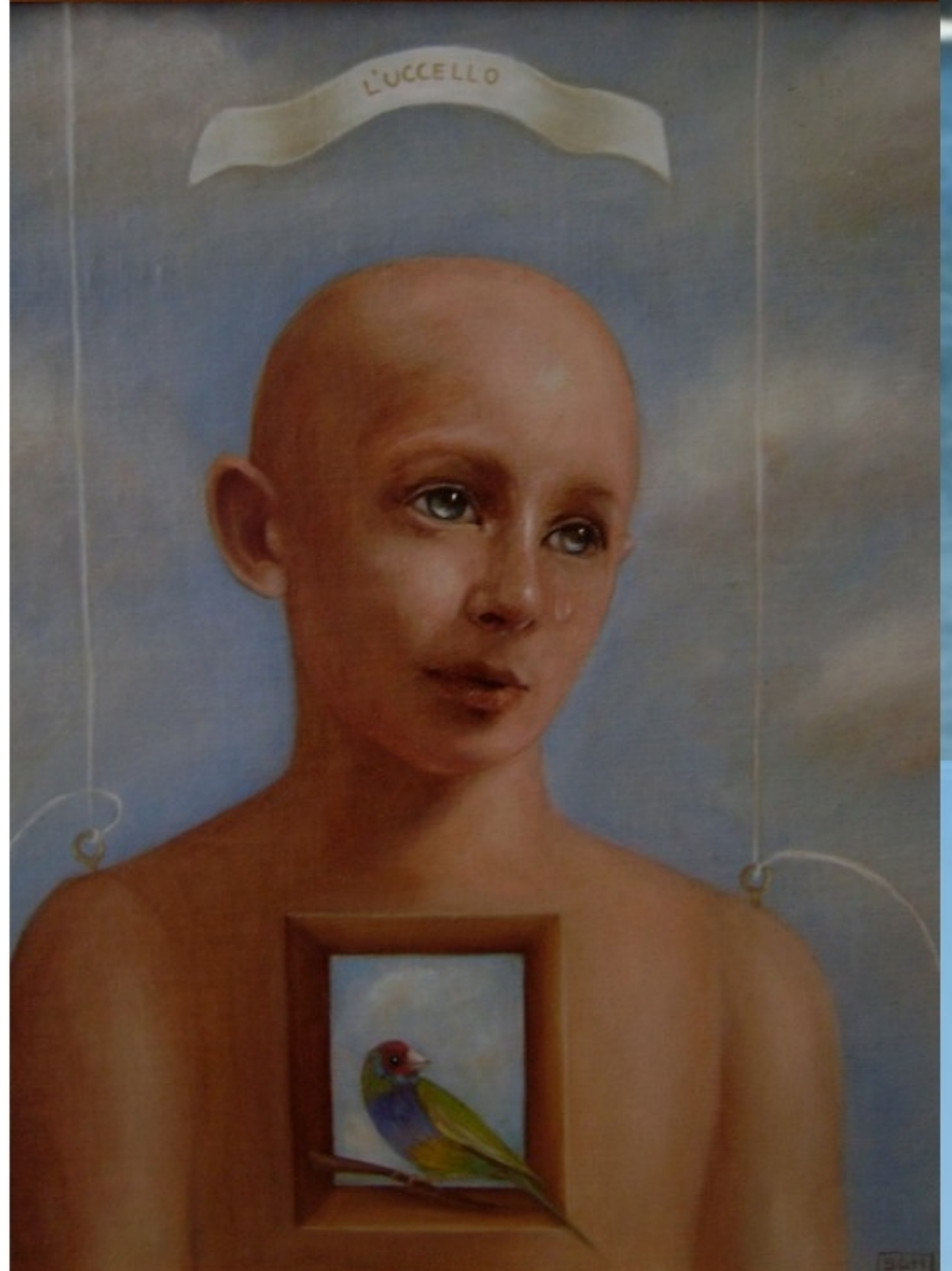


Paintings are:

Top Right: Magnolias I, Right: The Bird.

Top Left: Iris I, Above: Lady in a Landscape.

Beneath: Bowl of Quinces.



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Castles in the Sand



In 2001 the first ever Castles in the Sand Event was held on our glorious Palm Beach. Initiated by the **Cure for Cancer Foundation Australia** as a great way to raise funds for their vital work, the day was filled with invited corporate sponsors who paid a generous entrance fee and each had to build a sand sculpture that fitted in with that year's theme. Some hired professionals. Others put together their own teams of employees who worked hard to come up with sand creations that delighted visitors.



Always held in the second or third week of January the competition culminated in what became known as the Opening Party for the Sydney Social Calendar in the **Barefoot and Blacktie** Cocktail Party held in a large marquee erected beside North Palm Beach SLSC. At this 'Ball' the chic would bid for items in order to raise more money for this worthwhile charity. In 2003 the Castles in the Sand and Party raised \$250,000 for the charity. Subsequent years saw this sum rise and rise and rise.

Visitors to Palm Beach, drawn by the spectacle and bringing their children to see the sandcastle sculptures, also rose. One report states that by 2005 20, 000 people were coming to have a look. As Pittwater, today, has only around 35,000 residents, you can imagine how crowded it was getting on the beach and roads leading to and from Palmie.

One staff member, with a few friends, snuck into the first ever Castles in the Sand Barefoot and Blacktie Party, admittedly towards the end of the evening due to most of these 'attendees' also being slaves in local restaurant kitchens. No one seemed to mind apart from one chap with a bright pink bow tie who insisted they kick off their shoes and join in the dancing on the sand filled floor. All those still left at the party seemed a little worse for wear, too much bubbly perhaps?

What we all remember most though was the wonderful sand sculptures and the all out effort, and slightly on occasion miffed with each other competitors who worked so hard on their creations. Our children loved them, even adults walked around going 'wow!'. They are a fitting accompaniment to this week's 'August Creations' theme and open our first month of examining Pittwater Events as part of our history.

Our images have been kindly shared by **Danny Scotting**. Danny is English and has resided in Narrabeen for 6 yrs. He works in TV Post Production as a Colourist (www.postoppgroup.com.au) and has a passion for photography. The images used here are scans from 35mm prints, although these days he shoots on a Nikon D7000. His real passion is in wildlife and landscape photography and he finds the Pittwater area a fabulous location to shoot for its varied and stunning backdrops. Danny's portfolio can be viewed here - monkibuns.500px.com

Further Reading:

Cure Cancer Australia Foundation
Cure Cancer Australia's origins came from two families who were impacted by the death of two courageous people, Leo & Jenny who both sadly died of leukaemia. Leo & Jenny's families established trusts to fight leukaemia and cancer by raising funds to support research and treatment programs. Out of these simple but inspired beginnings grew the Leo & Jenny Leukaemia and Cancer Foundation, now Cure Cancer Australia Foundation, which has many loyal donors who have supported us since 1967.
: <http://www.cure.org.au/>

Sand sculpting Festivals worldwide:
http://en.wikipedia.org/wiki/Sand_festival

Skoda car: <http://www.travelburner.com/2008/01/22/10-of-the-most-amazing-sand-sculptures-from-around-the-world/>
Participant Jino Van Bruissenen won the title of Australian Sand Sculptor in 2004-05 and was part of the Sandstorm team that carved a Skoda car from sand for a national TV and media campaign.

SMH Report Sample at:
<http://www.smh.com.au/news/national/these-sandcastles-have-good-foundations/2006/01/21/1137734189832.html>

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July 31 - August 6, 2011: Issue 17

Creators Creating



Album: From the Sun
by Tin Sparrow
Released end of June and available at: [HERE](#)

They have Facebook page. They Twitter. We like them; very good! Song;



HELPING LEARNER DRIVERS BECOME SAFER DRIVERS

A free workshop for parents and supervisors of learner drivers will be held by the NSW Roads and Traffic Authority (RTA) with Pittwater Council at Mona Vale Library on Wednesday 10 August 2011. The course, 'Helping Learner Drivers Become Safer Drivers', will offer parents and supervisors hands-on advice on how to provide the most effective driving practice for learner drivers.

The Council's Road Safety Officer Michelle Carter said licence conditions for learner drivers meant there was a minimum of one year on 'L' plates and 120 hours of supervised driving, including a mandatory 20 hours of night-time driving.

"A more rigorous driving test has also been introduced, focusing on hazard perception and driver reactions," Ms Carter said. "Parents and supervisors of novice drivers have a crucial role to play in making our roads safer, and that is why the RTA has developed a course to better support them."

The free course will cover topics such as:

- laws for learner and P-plate drivers
- how to use the Learner Driver Log Book
- how to plan on-road driving sessions

"Parents and supervisors who have attended this course found it boosted their confidence, helped them better plan driving sessions and allowed them to share experiences with other parents and supervisors," added Ms Carter.

Bookings for the Helping Learner Drivers Become Safe Drivers course are essential and can be made by calling Michelle Carter from Pittwater Council on 9970 1196 or by email at michelle_carter@pittwater.nsw.gov.au.



BE A PART OF THE 2011 24/7 YOUTH FILM FESTIVAL

Are you between the ages of 12 and 24 and fancy yourself as the next Peter Jackson, Baz Luhrmann or Tim Burton? Then come along to the 24/7 Youth Film Festival Introduction Night on Tuesday 2 August and discover how you can be involved in this fun project.

Those interested in participating in the competition are advised to come along to the introduction night and learn more about the event, speak to organisers, ask questions and listen to tips from industry professionals.

A series of workshops will be held between 8 and 22 August covering topics of scriptwriting, acting for screen, and editing which will help get you and your team ready to make your short film.

Teams then attend the Film Festival launch on Saturday 27 August where they are given a series of items, phrases and locations which must appear in their film. The completed seven-minute (or shorter) film must be submitted 24 hours later. Screenings will be held at local cinemas throughout September, with awards distributed at a finals night.

24/7 Youth Film Festival Intro Night
Tuesday 2 August, 6.30 - 8.30pm
Star of the Sea Theatre, Cnr of Collingwood and Iluka Ave
Stella Maris College, Manly.

The 24/7 Youth Film Festival is now in its tenth year and is supported by Pittwater, Warringah, Manly, and Mosman Councils. For more information please contact Pittwater Council's Suzi Pawley on 9970 1152.

Too Many Too Soon Project; addressing Youth Suicide; [here](#)

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FOOD GLORIOUS FOOD – TELL US YOUR STORY!

Put your culinary experiences on paper as part of this year's annual writing competition at Mona Vale Library. With the simple theme of EAT, storytellers young and old are invited to tell their food-related tale. Entries should be about eating, food or any closely related topic and will be judged in three categories: **primary school, secondary school and adult.**

Pittwater Mayor Harvey Rose said the EAT writing competition was one of three food themed events being hosted at the library over the next couple of months. "We'll be celebrating History Week from 3-11 September with the theme Eat History. There will be displays in the library that explore the influences migration has had on the food we eat today. In keeping with the theme the library will also host an All About Food event on 17 September with a series of short talks about food," Mayor Rose said.

Entries to the EAT writing competition close on Friday 26 August, with the winners announced and prizes awarded at Mona Vale Library on Saturday 17 September.

Entries are now open and can be submitted online at www.pittwater.nsw.gov.au/library
Alternatively email your entry to library@pittwater.nsw.gov.au
Or save it to a USB, together with an entry form, and leave it at the customer service desk at the library.

For enquiries about the writing competition, please contact Heather Thomson on 9970 1614 or visit www.pittwater.nsw.gov.au/library



Blast Off Entry Form in File Below; simply Click, Download and 'save as':

[BO11 entrv final.pdf](#)
Size : 1215.19 Kb
Type : pdf

This link provides free, open-source software with the capability for sound editing and frequency-spectrum analysis:

Audacity Developer Team. (2000, May). The Free, Cross-Platform Sound Editor. At <http://audacity.sourceforge.net/>



Sun 2 October
Godskitchen
Marco V / Richard Durand / John Askew / Ben Gold

Buy Tickets at: <http://www.playbillvenues.com/events/index>



No charge for mobile phone calls to Lifeline from anywhere in Australia Senator Stephen Conroy | Minister for Broadband, Communications and the Digital Economy PORTFOLIO: Broadband, Communications and the Digital Economy URL: http://www.minister.dbcde.gov.au/media/media_releases/2011/208SNIPPET: Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

Parklife 2011 Sydney Website: [here](#)



New Website for Northern Beaches Youth

Manly Council has recently launched a website for young people that is run by young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and MySpace Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below:

www.northernbeachesyouthinfo.net.au

www.facebook.com/manlyyouthcentre

www.myspace.com/manlyyouthcentre

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August Joy

Mildred Gertrude Smythe

What is brought to mind for me during these days is how it begins to stay lighter for longer. August is when we notice Winter is moving towards Spring. August also reminds me of a morning years ago when I stood on the foreshores of Church Point looking towards Scotland Island on a clear peerless mid-winter day, with the blue hills of the park rising before me. A sense of their majesty, of the beauty of that small pocket of our home overwhelmed me, lifted me out of myself until there was just me and those beautiful hills, that teal blue water and that great blue sky.

There was nothing else occurring, just myself and that moment which I still recall now, which was recalled even stronger when we were asked to speak of augustness and August this week.

I'm sure many of us lucky enough to live here have had such a moment, unforgettable, and leaping back up to fill us once more when asked what a few terms may mean to us. We do indeed live where such moments occur, as gifts, as wonders, as clear visions of what is august in the creation living all around us. Pittwater has a cogent natural presence and each time we are able to stand before such works, ancient and speaking still with this seconds breath, we remember this unforgettable moments and how, tiny, insignificant, are welcomed into a lofty world with each day we behold. These experiences may awe us, take our breath away with the magnificence in the simplest of moments of beholding our place, our home, but they also produce in us joy, and joy is the highest vibration.



"Fly Me to the Moon" is a popular standard song written by Bart Howard in 1954. It was titled originally "In Other Words", and was introduced by Felicia Sanders in cabarets. The song became known popularly as "Fly Me to the Moon" from its first line, and after a few years the publishers changed the title to that officially. Copyright by Reprise Records.

Frank Sinatra recorded it on the album It Might As Well Be Swing (1964), accompanied by Count Basie. The arrangement by Quincy Jones has become the rendition most people know. Jones changed the time signature, which was originally 3/4 waltz-time, to 4/4 and gave it a looser, swing feel. Sinatra's recording was a hit and was played by the astronauts of Apollo 10 on their lunar-orbital mission and again on the moon itself by the astronaut Buzz Aldrin during the Apollo 11 landing.

From: http://en.wikipedia.org/wiki/Fly_Me_to_the_Moon

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or ring the co-ordinator Jenny McLaughlin on 02 9999 1348

BENEFITS OF EXERCISE FOR SENIORS

By Ingrid Davey

Older Adult Trainer/Instructor Heartmoves

- * You get to meet new people and make new friends
- * You get to go out and have a coffee after exercise classes
- * You regain your independence
- * Your quality of life improves
- * Your bone density improves
- * Your balance improves
- * You feel better and stronger and move better
- * You not only benefit physically but more importantly mentally

So what are you all doing sitting at home, get out there and join a walking group, have dance lessons, play golf, attend Heartmoves or any other structured exercise class and live life to the full.



Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you.

Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual

Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au



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Computers – Yes You Can!

Avalon Computer Pals for Seniors (AVPALS) is presenting a seminar on the afternoon of Friday August 19th 2011 at the Newport Community Centre 11-13 The Boulevard, Newport Beach.

The interesting program includes the following topics:

- Facebook Made Easy – by Greg Ross
- Meet your Ancestors – by Margot Paul
- Picture Power – by Brian Hindes

Bridge Online
– by Patricia Kalf
Computing Made Easy – by Mike Mannington

After Question Time refreshments will be served and the Lucky Door Prize Draw will take place. Throughout the seminar we will be running informative computer displays.

There is no charge at all for attendance – the seminar is simply to help Seniors use their computers more effectively. The seminar is supported by Supported by: Pittwater Council, Avalon RSL Club and the Department of Ageing, Disability and Home Care

Seniors wishing to attend can ring 02 8064 3574 for more information and to register their interest. For further information contact Paul Purvis from AVPALS on 02 9979 9667 or 0403 442 764

Independent Website for Elders:

<http://www.agedcarecrisis.com/about>

About us

We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities.

- We do not receive any funding
- We are not affiliated with any government body
- We are not affiliated with any religious body
- We are completely independent

www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

The Senior Newspaper Online

Click on logo:



Enable Me

Be PART OF AN EXCITING NEW GOVERNMENT INITIATIVE FOR PEOPLE OVER 65

- Is remaining independent important to you?
- Are you finding it difficult to do the things you would like to do? e.g. shopping, catching the bus, leisure activities or just getting around.



Community Care (Northern Beaches) is seeking participants for a short term program, which aims to assist you to be able to do things that are important to you.

- The program may include advice and support with:-
- An appropriate exercise or strengthening program
 - Nutrition
 - Home modifications
 - Assistive technology
 - Social and leisure activities

For more information or to register please phone.

Call Kerrie on 9979 7677



Jan's Story...Enable Me in action

Jan is 76 and full of vitality despite having a number of medical issues. Jan took part in the Enable Me program because she is determined to remain living in her home and would like to get back to travelling on public buses. Jan has a history of cardiac concerns and osteoarthritis in her spine and has lost her confidence.

Jan finds shopping, gardening and cleaning the house difficult. At the beginning of the Enable Me program Jan said "My husband David does all the cleaning, but I would love to get back to helping him out. I'm worried that I won't be able to cope if David is not around. I would like to be stronger and able to manage on my own, just in case."

An occupational therapy assessment was carried out to make sure Jan's home was set up in a way that was safe for her given her particular needs. The OT organised for a rail to be installed in the shower and some equipment to help open jars and cans was purchased for the kitchen. The OT also provided Jan with some education around how to avoid falls as she is a high falls risk.

To work on increasing Jan's strength and confidence we arranged for her to see the physiotherapist who, along with the exercise trainer, developed an exercise program. We purchased Jan a set of light weights which she used during her weekly exercise session with the trainer. At the end of the program Jan showed vast improvement in her strength and mobility.

The exercise trainer left Jan with a hard copy of the exercise program, which was made up of photos of Jan doing the exercises the trainer had done with her during the program. Jan said that she finds this very helpful. "I would like the program to continue. I have particularly liked the exercise program. I am planning on continuing the exercises Lisa has given me."

Jan found the Enable Me program to be extremely helpful. She said "My quality of life has improved. I am feeling much stronger. Yesterday I even went to Manly on the public bus!"

Contact Community Care Northern Beaches by clicking their logo:



Ladies Golf at Bayview Golf Club

Bayview Golf Club has a very active female membership base of over 330 members, which represents approximately 28% of total membership. Their Ladies Competition is run on every Thursday and they vary the competition played to include stroke rounds, stableford, foursomes and team events for example. Bayview regularly has over 100 ladies playing in their Thursday competition. They also encourage their older and long standing members to continue playing, by holding a 9 hole competition.

Bayview also offers a popular beginners program called "Swingers" where you can learn how to play golf and the rules and etiquette.

The club holds a number of open days during the year in which they invite visitors to play and enjoy both the course and our hospitality at Bayview.

Gala Charity Day (Teams Stableford 2 scores to count)

– 13 October. Click on Logo to visit their website:



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Tree of Life

'also, on either side of the river, the tree of life with its twelve kinds of fruit, yielding its fruit each month, and the leaves were for the healing of the nations.'
Revelation 22

It is estimated that the Earth is denuded of around 80, 000 acres or 32,000 hectares of forest every single day. In 2005 NASA compiled data that pointed to there being 400 billion trees left for six billion people, approximately 61 each, probably much less now, in 2011. Coinciding with flu season, with so many locals afflicted this year, we would do well to remember these sentient beings actually help us breathe, especially the locals with their powerful eucalypt curative powers for lungs. According to Chinese medicine the lungs manifesting any illness is a sign of held in grief, which, although it matches the endings we sense in Winter, does not allow for the white sparks also at the core of this season. Nor does it concede our own winter-flowering eucalypts and the balm they provide in a simple walk among their leaves.

A few generations ago, and stretching back into the dawn of time, we held these giant plants in reverence. Every single region on the planet had a 'Tree of Life', sometimes this was a food tree, in other places the tree beheld to be sacred was that in which the residents heard the Voice of God.

In South Australia the Onkaparinga, or 'the mother tree', gave its name to a whole area. In Victoria, the cousin of our own Angophoras, the River Red Gum, keeps the flatlands and plains between lakes alive. Here in Pittwater we also have the Spotted Gum, tall, changing with the seasons, sometimes changing each day, clearly as majestic as the wondrous Angophoras.

Today is Tree Day so we share some information on Trees of Life and Trees of Knowledge. We hope this inspires you to look upwards at our own green wings, who hold the earth at our feet together, and become hungry for more than 61 trees as your measure of breaths.

Further:

Onkaparinga, South Australia:
http://www.communitywebs.org/OnkaparingaParks/pdf_files/marnews10.pdf
Trees For Life Australia turns 30 this year:
<http://www.treesforlife.org.au/home/>

TREE OF KNOWLEDGE Any of various trees throughout places that have been dubbed a peoples' Tree of Knowledge, or Trees of Divination, listened to for the Divine Voice of God. Divining the Voice of God was divining Knowledge and knowing long before most people knew trees were making the Breath they breathed.
Fig is the Greek Tree of Knowledge. The Druids consulted the oak tree, as well as having the Celtic hazel Tree of Knowledge. Hazel is a cognate with Teutonic Ash, and this is the Yggdrasil, or Norse Tree of Life and Knowing harbouring the Voice of God. The pine tree is also a Tree of Knowledge for all old Norse people, as it too contains the Voice of God. Poplar is the Armenian Tree of Knowledge. Birch is both Tree of Life(May tree) and Tree of Knowledge for Old Lithuania, while Latins laid their cheeks against firs and Hebrews discerned the voice of God in the Terebinth tree. Is also Tree of Knowledge of Good and Evil a tree in the Garden of Eden bearing a fruit (quince) which Eve and Adam ate, or tasted, and lost the primal innocence by doing so. In Alchemy this act symbolised the descent of humankind from the immaterial or spiritual realm (communion with) to the material world and its supposed riches, or, fools' gold.

TREE OF LIFE In Old Testament a tree in the center of the Garden of Eden whose fruit bestowed immortality. In New Testament a tree in the heavenly (or divine) Jeru-salem whose leaves are for the healing of the nations. Seven of these twelve fruits appear to be 'apples': peach (Persian apple), orange (Golden Apple of Hebrides) **quince**, (Latin nuptial fruit and also Greek apple)Balsam Apple (or Apple of Jerusalem) apple (Celtic May Tree, also a nuptial fruit throughout European mythology) rimmel/pomegranate (Hebrew/ Latin pomum 'apple') and plums, especially Damascus (Damson) plum. The other five, taken as viewed as purgatives and restoratives (purging the body temple of all contrary energies to restore it to healthfulness, or restoring to communion with, as in all nuptials or unions) and from regions around that central garden as much as antiquity, could be fig, date, grape, berries, olive or straw-berry. Also represents cycle of life in regions. E.G Mango Tree of life in Burma, Birch is the Siberian Tree of Life. Or is the twelve fruits of the Spirit: Chastity, Faith, Gentleness, Goodness, Joy, Hope, Love, Meekness, Modesty, Patience, Peace, Temperance; Revelation 22: Then he showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb, through the middle of the street of the city also, on either side of the river, the tree of life with its twelve kinds of fruit, yielding its fruit each month, and the leaves were for the healing of the nations.

How Green is a Spotted Gum when Wet?



Some Great News

Thank you to all of our amazing volunteers and supporters who generously donated their time and effort by fighting to see this area protected. All of our stalls, brochure & sticker distribution, event appearances, letter-writing, media response, contact with politicians and various eye-catching media stunts have made a huge difference in getting us to this point - seeing **Arkaroola** permanently protected from mining.

The Wilderness Society congratulates the Rann Government for agreeing to protect the mountains of the Arkaroola Wilderness Sanctuary!

The Premier has announced that the Government will give the region unprecedented protection, initially under the Mining Act, but going even further with new legislation to specifically exclude mining from the area. The new legislation will recognise the unique character of this iconic mountain wilderness and will not be able to be overturned by a future government.

In a media release, Premier Rann stated that the third phase of the protection would see Arkaroola nominated for National Heritage listing and then World Heritage listing.

"The Wilderness Society has been campaigning for years to see this fantastic outcome" said Campaign Manager Peter Owen.

"Arkaroola is worthy of the highest level of protection available and it would be great to see National and World Heritage listing for Arkaroola in the future. Some places are just too precious to mine... Arkaroola is one of them," he said.

Arkaroola Wilderness Sanctuary is in the northern Flinders Ranges and has international significance both biologically and geologically, as well as archaeologically. The area is home to many endemic and endangered species like the Yellow-footed Rock Wallaby.

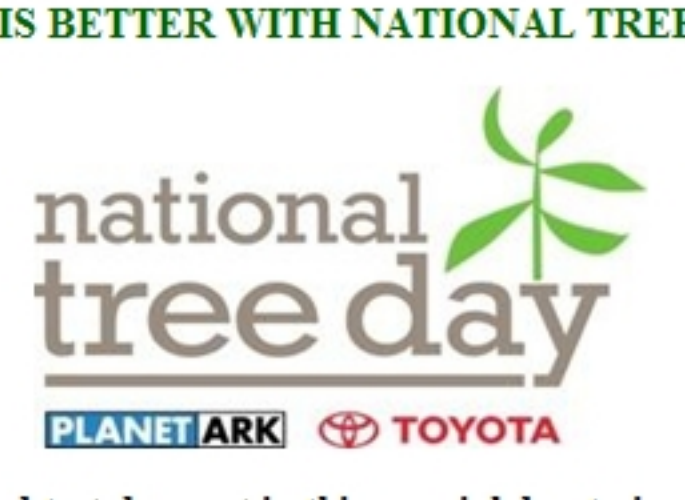
Arkaroola's stunning mountainous landscape is not only breathtakingly beautiful, but is a significant part of our heritage with classified geological monuments and fossils that aren't found anywhere else in the world.

Give yourself a pat on the back... and do yourself a favour by visiting the beautiful Arkaroola. For those who know the Sprigg family and want to pass on your congratulations just contact admin@arkaroola.com.au

Cheers,
Peter Owen
Campaign Manager
The Wilderness Society (South Australia) Inc.



LIFE IS BETTER WITH NATIONAL TREE DAY



Australians urged to take part in this special day to improve their local environment. Planet Ark is calling on individuals, school teachers and members of community, faith, sporting and green groups to register and run activity sites for Schools Tree Day or National Tree Day happening on Friday 29 July and Sunday 31 July 2011.

Celebrating its 16th year in 2011, National Tree Day has seen the planting of more than 15 million native trees and shrubs over the years. Site coordinators can also run a number of other activities such as bush regeneration, seed collecting or maintenance at a previous site. To register a National Tree Day site or for more information visit <http://treeday.planetark.org> or call the National Tree Day Hotline on 1300 88 5000.

National Tree Day is organised by Planet Ark in partnership with Toyota and its dealer network which provide on-the-ground support at local and community tree-planting sites Australia wide.

Plants of Western New South Wales.
G M Cunningham, W E Mulham, P L Millthorpe, J H Leigh
A comprehensive record illustrating and describing the great array of plants in Western New South Wales.
DUE Jul 2011 - CSIRO PUBLISHING - 766pp - Colour photographs
Hardback - 9780643103634 - \$180.00



For tips on how to be more energy efficient, visit Climate Action Pittwater at:
<http://www.climateactionpittwater.org.au/>



<http://www.petitionspot.com/petitions/savehetamar>



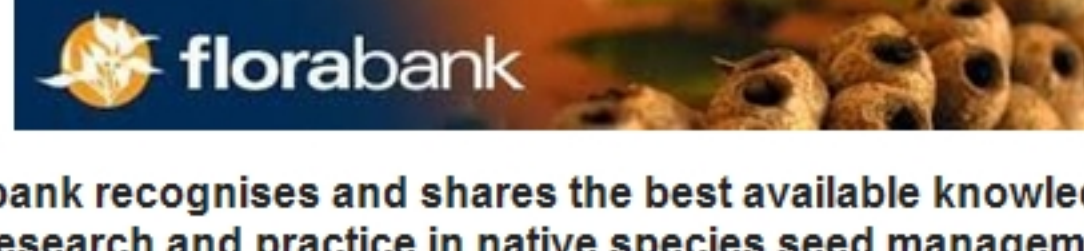
2006-05-14 10:36 [kyle.sib](http://www.kyle.sib) 874x536x8 (51987 bytes) Tamar river from Brady's lookout (near Exeter, Tasmania)Exeter]]



Pittwater Native Fauna Draft Plan of Management Document

Think before you print : A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

[Sydney Harbour Foreshore Authority Carbon Footprints Document](#)



Florabank recognises and shares the best available knowledge from research and practice in native species seed management.
More at: http://www.florabank.org.au/default.asp?V_DOC_ID=1
Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.

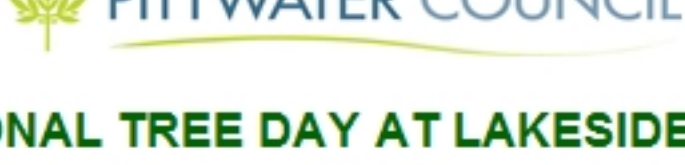
Bilgola Bends Clean Up Day



The Clean Up Day at Bilgola Bends is planned for Saturday 6th August 2011 from 9 am -12 pm

Meet at the carpark area on the left hand side of the Serpentine

will be provided. Please wear closed shoes. Plan is to remove any dumped rubbish and control weeds within the Bilgola Bends catchment as part of the [Caring for our Country](#) grant project which aims to restore the coastal community vegetation within this area. It's hands on but very satisfying to see an area become restored and cared for by the community.



NATIONAL TREE DAY AT LAKESIDE PARK

To mark Planet Ark's National Tree Day, Pittwater Council will be holding a tree-planting day on Sunday 31 July at Sydney Lakeside Holiday Park, North Narrabeen from 9.30am to 1.30pm. National Tree Day is Australia's largest community tree-planting event, with last year over 300,000 people at 3500 sites digging deep to improve their natural surroundings.

Pittwater Council's Bushcare Officer Peter Ziegler said that National Tree Day was a great opportunity for the community to come together to help our natural environment.

"The Lakeside Holiday Park is one of Sydney's iconic holiday parks, located next to Council's Coastal Environment Centre," he said. "This site has been chosen as the work will help towards establishing a wildlife corridor by improving the habitat for native animals.

"We are aiming to remove the African Olive weed and help regenerate the site with new plantings," said Mr Ziegler.

The Council will provide tools, training and morning tea. Volunteers on the day should wear sturdy covered shoes, a hat and sunscreen and bring a drink with them. Families are welcome to attend. Participants should meet at the front office of the Lakeside Holiday Park at 38 Lake Park Road, North Narrabeen.

If you are driving, press the intercom to speak to the front office and you will be let into the caravan park grounds. You will then be directed to the planting site.

For more information or to book for the event visit www.treeday.planetark.org/find-a-site or email peter.ziegler@pittwater.nsw.gov.au or call 9970 1367.

Australian's delegation to attend international whaling meeting

Federal Government media release 11 July 2011

PORTFOLIO: Sustainability, Environment, Water, Population and Communities

URL: [HERE](#): Minister for Sustainability, Environment, Water, Population and Communities. Environment Minister Tony Burke is leading Australia's delegation to the 63rd annual International Whaling Commission (IWC) in Jersey, United Kingdom. The International Whaling Commission provides an opportunity for the international community to continue advance important whale conservation initiatives.

Clean Energy Legislative Package - Think Change

PORTFOLIO: Climate Change and Energy Efficiency URL: <http://www.climatechange.gov.au/media/whats-new/clean-energy-legislative-package.aspx#NPPE>

The Government is seeking comment from the public, stakeholders and legal experts on the details of its Clean Energy Legislative Package. The Clean Energy Legislative Package includes four main bills. **Submissions on the Clean Energy Legislative Package can be sent to the Department of Climate Change and Energy Efficiency until 5pm on Monday, 22 August 2011.**



Guided Spring Wildflower Walk Sunday 21st of August Ku-ring-gai NP, Chiltern Track, Ingleside The best place for spring flowers in Pittwater?

When/Where: 9-11.30 am. Meet at start of track on Chiltern Road, Ingleside, north of Cicada Glen Road intersection. Walk is on a fire trail so please wear walking shoes; not suitable for strollers.
Bring: a drink and snack, binoculars, camera
Bookings: pnhainfo@gmail.com or Ph: 9918 3368, 9918 9170 or 0439 409 202.
Cost: Free

Register for the Sustainable Living Expo
This year's Expo will take place on Sunday 9 October in Mona Vale's Village Park and the Memorial Hall. Expo organisers have opened registrations for the event and are looking for speakers, products, food & drinks, transport options or anything that has a sustainable angle that can be shared with the public - [register here](#).

Marine and Freshwater Research

Volume 62 Number 7 2011
Includes papers on: Phylogeography of the copper shark (Carcharhinus brachyurus) in the southern hemisphere: implications for the conservation of a coastal apex predator. Spatial, temporal and ontogenetic variation in the association of fishes (family Labridae) with rocky-reef habitats



WARRIEWOOD WETLANDS GET A HELPING HAND

Pittwater Council has received a \$20,000 grant from the Sydney Metropolitan Catchment Management Authority (SMCMA) to help support environmental work in the Warriewood Wetlands. Pittwater Mayor Harvey Rose said Council was grateful for the support from SMCMA. The funds will be used in the fight to remove noxious weeds from the Wetlands.

"This funding boost will be a great help to the volunteers from the Warriewood Wetlands Bushcare group who have been caring for the area for nearly 15 years," said Mayor Rose.

Acting Natural Environment & Education Manager Matthew Hansen said the Warriewood Wetlands, which covers an area of 26 hectares, is the largest remaining sand plain wetland in the northern Sydney area. It contains several endangered ecological communities including the Sydney Freshwater Wetland and Swamp Sclerophyll Forest." he said. "The main focus for the group will be to improve the water quality of Mullet Creek, the main creek running through the Warriewood Wetlands.

Mr Hansen said that bushcarers would remove Lantana and Blackberry, Coral Tree and Water Primrose, as well as monitoring the control of Salvinia. He said that Salvinia weevils were recently released in the Wetlands and Council staff and volunteers were currently monitoring their effectiveness.

Salvinia weevils are a small beetle that have proven effective in combating the spread of Salvinia and do not affect local wildlife.

Other work planned for the Wetlands includes environmental monitoring by volunteers and community educators from the Coastal Environment Centre.

"Monitoring includes water quality testing, undertaking macro-invertebrate surveys as well as assessing wildlife activity in the Wetland area," said Mr Hansen.

The grant project will also allow for a number of community events to be planned later in the year to help educate the community about the Wetland area.

"These events will provide an opportunity for the local community to get involved in learning more about their local environment and protecting these important Wetlands," added Mr Hansen.

The Warriewood Wetlands Bushcare Support project is part of the much larger Statewide Caring for our Coast - Stage 2 project, involving thousands of volunteers along the NSW coast. It is supported by the five coastal Catchment Management Authorities and the Australian Government through Caring for our Country.

For more information about the project or to get involved, ring Pittwater Council on 9970 1111 or go to their website at www.pittwater.nsw.gov.au.

Sustainability Awards - nominations open

Pittwater's Sustainability Awards aim to recognise and reward individuals and businesses committed to making Pittwater sustainable. Applications will be judged by a panel of Councillors, Council staff and an independent representative. Entries close 15 August - [Submit your entry online](#).



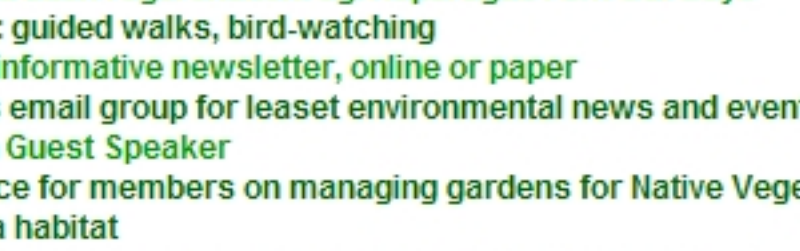
International Conference of Environment Centres MEC Events (Manly Environment Centre)

Thursday 8th - Sunday 11th September 2011
North Head Sanctuary, Manly
More From: <http://www.mec.org.au/>

International Conference of Environment Centres - Driving Environmental Change from the Street. Making global issues local is the theme for Sydney's International Conference for Environment Centres & Community Activists', organised by the Manly Environment Centre.

The four-day-conference aims to be a hub for green groups, providing opportunities to network and share expertise in everything from biodiversity to how to make an impact with events. Speakers include Polly Higgins, 'the planet's lawyer', and 'Transition Towns Tolnes' advocate and Professor Janet Richardson.

Venue: North Head Sanctuary, Manly, Sydney.
Contact: Robynne Millward, 02 9976 2842



What Does PNHA do?

On-ground bush regeneration, eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quarterly informative newsletter, online or paper
Members email group for latest environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rpd, attractive cards with photos of Pittwater scenes, flora and fauna \$2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website.



Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council.

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To visit their site please click on logo above.

Proposed Marine Sanctuaries Inadequate; have your say at: click logo



Coastal Environment Centre



The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship.

More at: <http://www.pittwater.nsw.gov.au/environment/cec>

Monthly Cocee Newsletter below. If you would like to receive Council's environmental newsletter, please email, jodi.harvey@pittwater.nsw.gov.au

July's Newsletter includes information on local:

- Flora and fauna;
- Weds and pests;
- Events, workshops and activities;
- Environmental projects and grants.

[Cocee July 2011.pdf](#)
Size : 642.033 Kb
Type : pdf



[pitt_est_processes_study.pdf](#)
Size : 492.173 Kb
Type : pdf

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."
from the Prayer of Saint Patrick
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Quince; most ancient 'apple'?

They dined on mince, and slices of quince
Which they ate with a runcible spoon;
And hand in hand, on the edge of the sand,
They danced by the light of the moon,
The moon,
The moon,
They danced by the light of the moon.

From *The Owl and the Pussycat*, [Edward Lear](#), 1867

Estimated to have been eaten at least 4000 years ago, the quince (*Cydonia oblonga*) is one of our oldest Winter Fruits and a member of the Rosacea (rose) family. Some ancient texts purport that the fruit Adam and Eve ate from the Tree of Knowledge of Good and Evil in the Garden of Eden was a quince. The Akkadians had it as part of their diet as 'supurgillu', the apple referred to in the Song of Solomon may well have been a quince. In ancient Greece it was the 'nuptial fruit' and given as a gift due to its being sacred to Aphrodite. A quince tree is planted, even today, in Croatia and Slavonia each time a child is born as a symbol of love, fertility and life.

Most of the early marmalade recipes were based on quinces, a term that stems from the Portuguese word for the quince 'marmelo'. A cousin of the pear and apple, this ancient fruit has carbohydrates, dietary fibre and copper as well as being a great source of Vitamin C. In the Middle East, particularly Iran where it originated, its seeds are boiled and made into a tonic to combat pneumonia and lung disease so its ripeness occurring in Winter may also be considered 'kismet'. In Malta a teaspoon of quince jam is dissolved in water to relieve discomfort in the intestines.

From the cooler parts of Australia the quince crop begins arriving from late April through to the end of July and brings a lovely perfume to any room it is placed in. Teamed with either chicken or lamb, these fruits go well in Tangine style dishes or, in a jam form, as a marinade or baste for other poultry. Their rich taste and rosy colour when cooked match the deeper parts of winter's season. As a sweet they make great tarts or just simply stewed and served with fresh cream. Quince paste or Membrillo, originated from Spain and is served with Manchego a white sheep's milk cheese there.

Since they take a fair while to cook we offer a simple Cheats Tarte Tatin recipe for their use this week but as with all winter fruits that may be adapted to either savoury or sweet dishes, you are limited only by your imagination.

Cheats Quince Tarte Tatin

3 to 4 medium sizes Quinces; peeled, cored and cut into eighths, cooked until tender; reserve syrup made

Quince cooking: 1 cup of sugar to every cup of water until fruit is covered

Cinnamon stick

2 tbs lemon juice

100g vanilla sugar

30g unsalted butter, cubed

250g puff pastry (Frozen store-bought)

Thick cream or ice-cream, to serve

Preheat oven to 190 degrees. Place some of the syrup in a 25cm frypan that is ovenproof or use a cake tin; tip pan until syrup coats base. Arrange slices of quince in circular pattern in syrup and place dabs of butter over. Sprinkle with sugar to form caramel when baked. Roll out pastry until overlaps pan rim then tuck in around fruit. Bake in oven for 35 minutes until pastry is golden. Let settle for five minutes then turn out onto round serving plate and dish with fresh whipped cream.

Further:

Historic Quince Website with recipes from 1600 on:
<http://www.historicfood.com/Quinces%20Recipe.htm>

Maggie Beer, venerable South Australian cook, has created a range of pastes with everything from pear to fig and fennel after beginning with her own quince paste;
<http://www.maggibeer.com.au/products/details/?Item=PrdctsQuincePa92>

Quince recipes:

<http://www.lifestylefood.com.au/recipes/collections/quince-recipes.aspx>



Photo by Donovan Govan, 24 April 2005

 **PITTWATER COUNCIL**

FOOD GLORIOUS FOOD!

Mona Vale library is seeking expressions of interest from residents who would like to participate as a speaker at their All About Food event at the library on 17 September between 3pm and 5.30pm. All About Food will feature talks for about 20 minutes and explore different aspects of eating and food.

Event organiser Heather Thomson said speakers should choose an aspect of food in which they have specialist knowledge or experience.

"We are asking those interested to complete a form available on our website and forward it together with a short summary of their talk," said Ms Thompson.

All About Food is just one several events with a gastronomic flavour running throughout September.

History Week is from 3 – 11 September, with the theme Eat History. The library will host a display exploring the influences migration has had on the foods Australians currently eat and how these foods have evolved to become uniquely Australian.

Ms Thomson said the library will also celebrate its 39th birthday in September and will soon launch their annual writing competition with a food-based theme.

Expressions of interest can be downloaded at www.pittwater.nsw.gov.au/libraryfoodfair and sent via email to heather_thomson@pittwater.nsw.gov.au by Friday 19 August.

For more details about All About Food contact Heather Thomson on 9970 1600 or email heather_thomson@pittwater.nsw.gov.au



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[Avalon Tattoo 2011 Images](#) [Bangalley Mid-Winter](#) [Currawong Day Images](#) [Mona Vale Eye Balm](#) [Palm Beach Bible Garden Flowering](#)

[Palm Beach from Sunrise Hill](#) [White Light Beams](#)

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Palm Beach Tree Giant for Tree Day 2011



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Pittwater Online News receives a lot of information from various sources each week. For Your Interest:

Below: 'Move On' from 1903 Lower Manhattan Street Vendors; horse drawn



Voiceless's annual Animal Law Lecture Series returns 1st - 15th August 2011 with leading European Union policy advisor Peter Stevenson, as our international guest lecturer.


Peter will be sharing his experience in lobbying for legislative change to improve conditions for farm animals, including the leading role he played in winning the EU bans on veal crates, battery cages and sow stalls as well as a new status for animals in EU law as sentient beings.

Join the Voiceless team to hear Peter as he shares 'reflections from the European Union'.

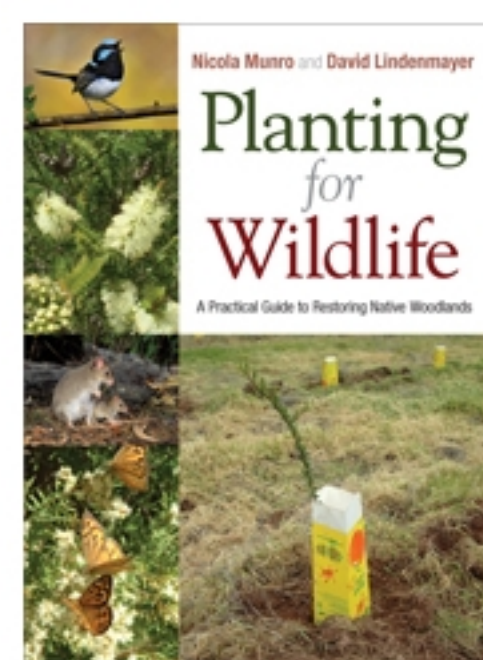
Hurry - seats are limited! If you have not yet done so, please visit the Law Lecture Series pages on our [website to register](#) for our keynote event and others on the national tour.

 [Google Responds to Google+ Account Suspension Controversy](#) - mashable.com

Google has made a public statement about the recent wave of Google+ account suspensions designed to enforce its "common name" policy.

 Our General Manager Mark Ferguson is blogging on the future of Warriewood. Click on the link below to have your say

http://www.pittwater.nsw.gov.au/blogspot/blog_topics/2011/where_to_for_warriewood



Planting for Wildlife

A Practical Guide to Restoring Native Woodlands
 Nicola Munro, David Lindenmayer
 Provides the latest information on restoring woodlands, with particular emphasis on plantings as habitat for wildlife.

DUE Aug 2011 - CSIRO PUBLISHING - 96pp - Colour photographs
 Paperback - 9780643103122 - \$39.95

We know that the majority of Australians want an end to the cruelty of live export. If our politicians were to truly represent the concerns of the public then they would have no choice but to support the Bill that will end live export, support pastoralists, and keep jobs in Australia.

With RSPCA supporters in every electorate in Australia, we can encourage more caring politicians to find their voice and speak out. This is where we need your help. If you've never contacted your MP before, now is the time. Our step-by-step tools make it easy.

To add maximum public pressure in the lead up to the vote, RSPCA Australia and Animals Australia are excited to announce an official national public rally on Sunday August 14. Please save this date and join us at this family-friendly event to rally for a kinder future free from live export.

RSVP at BanLiveExport.com/rally

Weeks of intensive meetings in Canberra have shown that many politicians feel uncomfortable with their party's policy on live export. They know that cutting the throat of a fully conscious animal is abhorrently cruel, and that sending animals to be killed in countries where there are no laws to protect them from cruelty is inexcusable. Encouraged by people like you, some brave politicians are now speaking out against the torture and abuse inflicted on animals who leave our shores in the live trade.

Importantly, with an historic Bill to end live export due for a vote on August 18, now is the time to make your voice count.

RSPCA
 for all creatures great & small

Animals Australia
 the voice for animals

Save this date!

AUG 14 **BAN LIVE EXPORT**

NATIONAL RALLY for all Australians opposed to animal cruelty.

Join us at a family-friendly event to rally for a kinder future free from live export.

RSVP online now



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SPECIAL LANDLINKS SALE!

We have just discounted a fantastic selection of books covering everything from natural beekeeping to viticulture. Most of these special prices are only available until **15 August 2011** or while stock lasts. You're sure to find something of interest at a great low price.

Postage is \$9 per order, no matter how many titles you order, so grab yourself a bargain (or several) today!

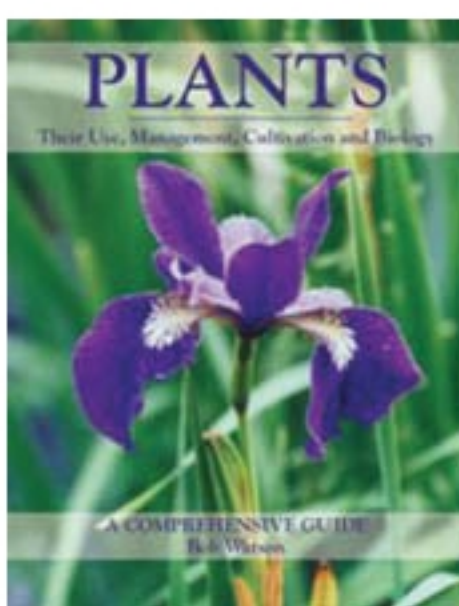
Click [here](#) for a full range of on sale titles.

Some Samples:



[Australian Gardens for a Changing Climate](#)

Jenna Reed Burns
 Colour illustrations
 224 pages Publisher: Penguin
 Hardback - 2008
 ISBN: 9781920989859 - AU \$ 34.95
 On sale until 31 Aug - usually AU \$49.95



[Plants: Their Use, Management, Cultivation and Biology](#)

Bob Watson
 350 Colour illustrations
 352 pages Publisher: Crowood Press, UK
 Hardback - 2009
 ISBN: 9781847970282 - AU \$ 59.95
 On sale until 31 Aug - usually AU \$90.00



The next chapter of Ecos reporting from CSIRO. This is the final print edition of Ecos as the magazine evolves to more regular online publication. We retrace some of the highlights of the magazine's long service as a national environment title, and cast forward to its online future. Learn more from [here](#)



WSPA Update: A safer future for Bali's dogs

Thanks to you... A safer future for Bali's dogs

Exciting News! The first stage of our Bali Dogs Vaccination Programme has been successfully completed, and thousands of dogs have been saved from a cruel death.



Thanks to your generous donations, we were able to support veterinary teams from local organisations Bali Animal Welfare Association (BAWA), Yudisthira Animal Welfare and Indonesian Animal Welfare, to vaccinate at least 210,000 dogs, in 4,126 villages across Bali. Without your help these dogs would have been subject to the cruel culling methods that the Balinese government had previously used to try to stop the spread of rabies.

Our initial aim with this vaccination programme had been to stop the poisoning of an estimated 400,000 dogs, by proving to the Balinese authorities that there is a humane alternative to culling in order to control rabies, and we have succeeded! Since launching the programme in 2010 with BAWA, the number of human and dog cases of rabies on the island has halved.

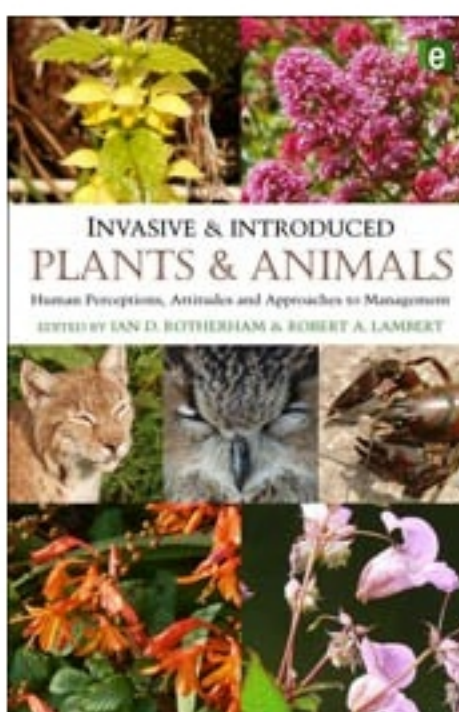
This massive initiative received generous funding from WSPA, with support from the Australian government and the International Fund for Animal Welfare. It was also backed by the World Health Organisation and the United Nations' Food and Agriculture Organization (FAO). The achievements seen so far are incredibly significant, not just for the dogs of Bali, but for the millions of dogs around the world, that are cruelly culled each year due to the threat and fear of rabies. By showing that vaccination is a real alternative to inhumane culling, means great hope for animals and communities alike.

As well as demonstrating a humane alternative, we wanted to ensure that the programme was sustainable - to be carried on by the Balinese authorities without our financial support - and we have also achieved this objective. We are very pleased to report that, thanks to you, the Balinese government have agreed to launch the second phase of the vaccination programme - and, crucially, has assumed responsibility for the project ahead of schedule.

"This is a great success only made possible because of the generosity of our supporters," says WSPA's Campaign Director Ray Mitchell. "The Balinese government is showing the rest of Asia that there is a humane way to control rabies, while also working towards a future where Bali is rabies free, and where healthy animals are no longer at risk from cruel and ineffective culls."

On behalf of dogs around the world, many thanks again to all WSPA supporters!

More At: <http://www.wspa.org.au/>



[Invasive and Introduced Plants and Animals: Human Perceptions, Attitudes and Approaches to Management](#)

Edited by: Ian D Rotherham, Robert A Lambert
 352 pages, Publisher: Earthscan
 There have been many well-publicised cases of invasive species of plants and animals, often introduced unintentionally but sometimes on purpose, causing widespread ecological havoc. Examples of such alien invasions include pernicious weeds such as Japanese knotweed, an introduced garden ornamental which can grow through concrete, the water hyacinth which has choked tropical waterways, and many introduced animals which have out-competed and displaced local fauna.

<http://www.publish.csiro.au/nid/18/pid/6796.htm>



Wildlife Research
 Volume 38 Number 3 2011

Includes Papers on: Do young eucalypt plantations benefit bats in an intensive agricultural landscape? Palatability and efficacy of rodent baits for eradicating house mice (*Mus musculus*) from Gough Island, Do young eucalypt plantations benefit bats in an intensive agricultural landscape? From CSIRO At: [HERE](#)

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Old Books: August 2011

Godey's Lady's Book and Magazine, August, 1864, Volume LXIX, (Volume 69), Philadelphia, Louis A. Godey, Sarah Josepha Hale, 88 pages.

Includes: Civil War Era Godey's; Godey's 1864; Godey's Volume 69; Women's Studies; Civil War Fashion; Civil War Costume; Victorian Fashion; Victorian Hairstyles; Civil War Hairstyles; American Civil War; Civil War Needlework; Fancy Work; Embroidery; Netting; Tatting; Knitting; Crochet; Sheet Music; Piano Music; Steel Engravings; Wood Engravings; Household Tips and Hints; Cooking; Recipes; Receipts; Games; Children's Amusements; House Plans; Literary Notices; Book reviews; Humor; Poetry; Fiction; Serials; Articles; Editorials
Some of these diagrams and drawings are just wonderful!

English furniture and decoration, 1680-1800

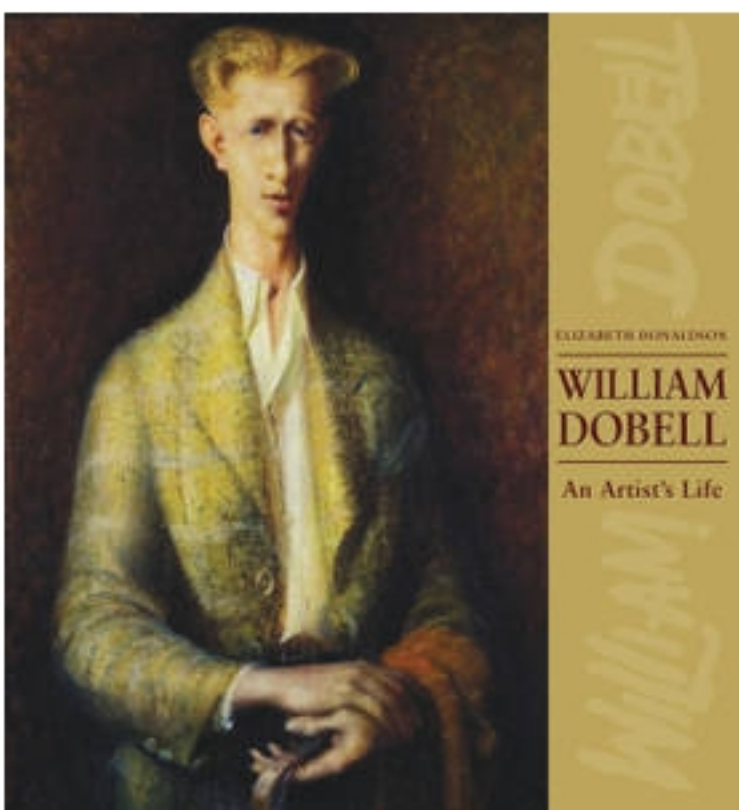
Author: Ellwood, G. Montague, 1875-
Subject: Furniture -- England; Interior decoration
Publisher: London B.T. Batsford

Australian Artists

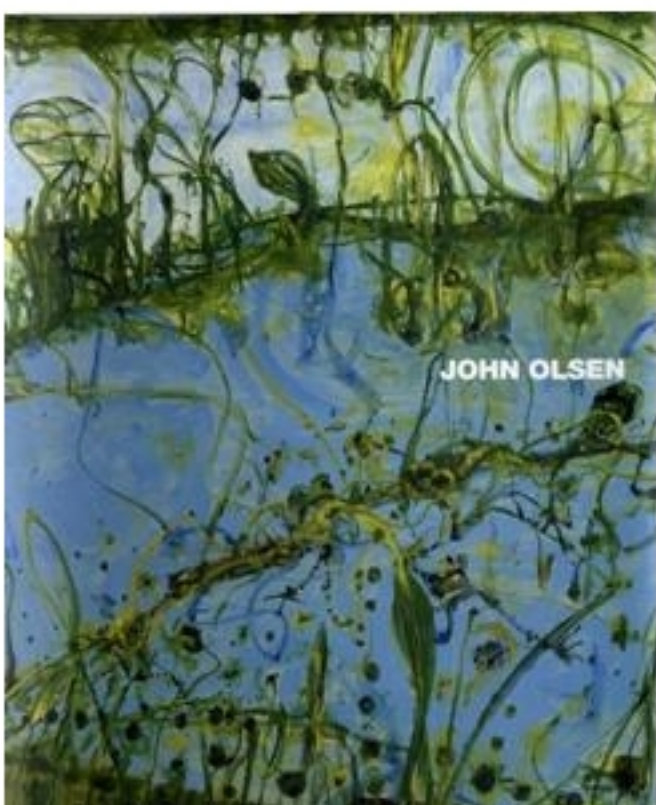
The Art Gallery of NSW has a great shop, which you can purchase items from Online. The prices of the books they offer and they are the same as what you'd pay elsewhere.

Their range of those on Australian artists is at; [here](#)

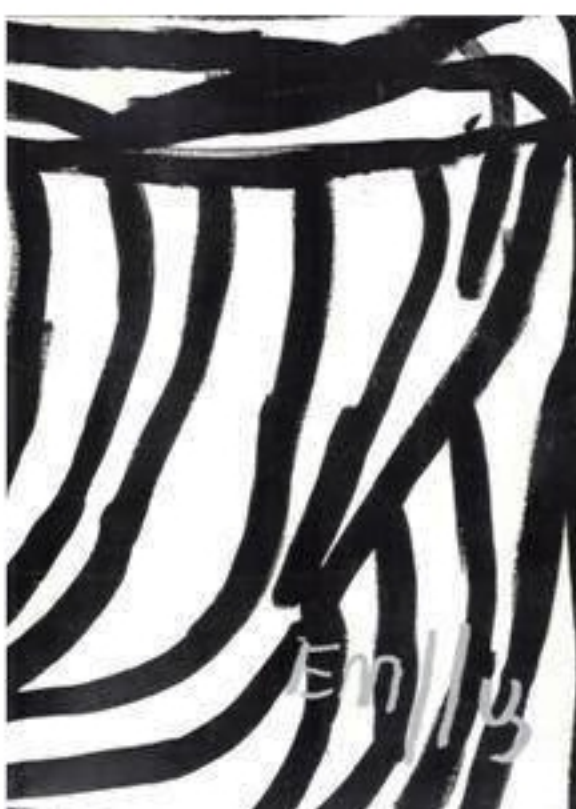
A sample of:



William Dobell: An Artist's Life
Elizabeth Donaldson
Price: \$50.00



John Olsen
Author: Ken McGregor and Jenny Zimmer
Artist: John Olsen
Size 143 pages
Price: \$35.00

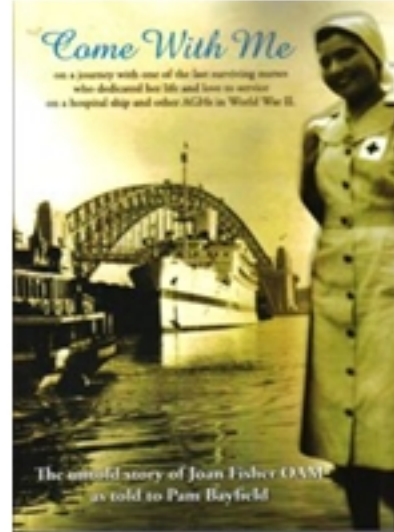


Utopia Genius of Emily Kame Kngwarreye
Business Unit: 810
Price: \$59.95

To Contact us regarding your forthcoming Book or Literary Event click: [here](#)

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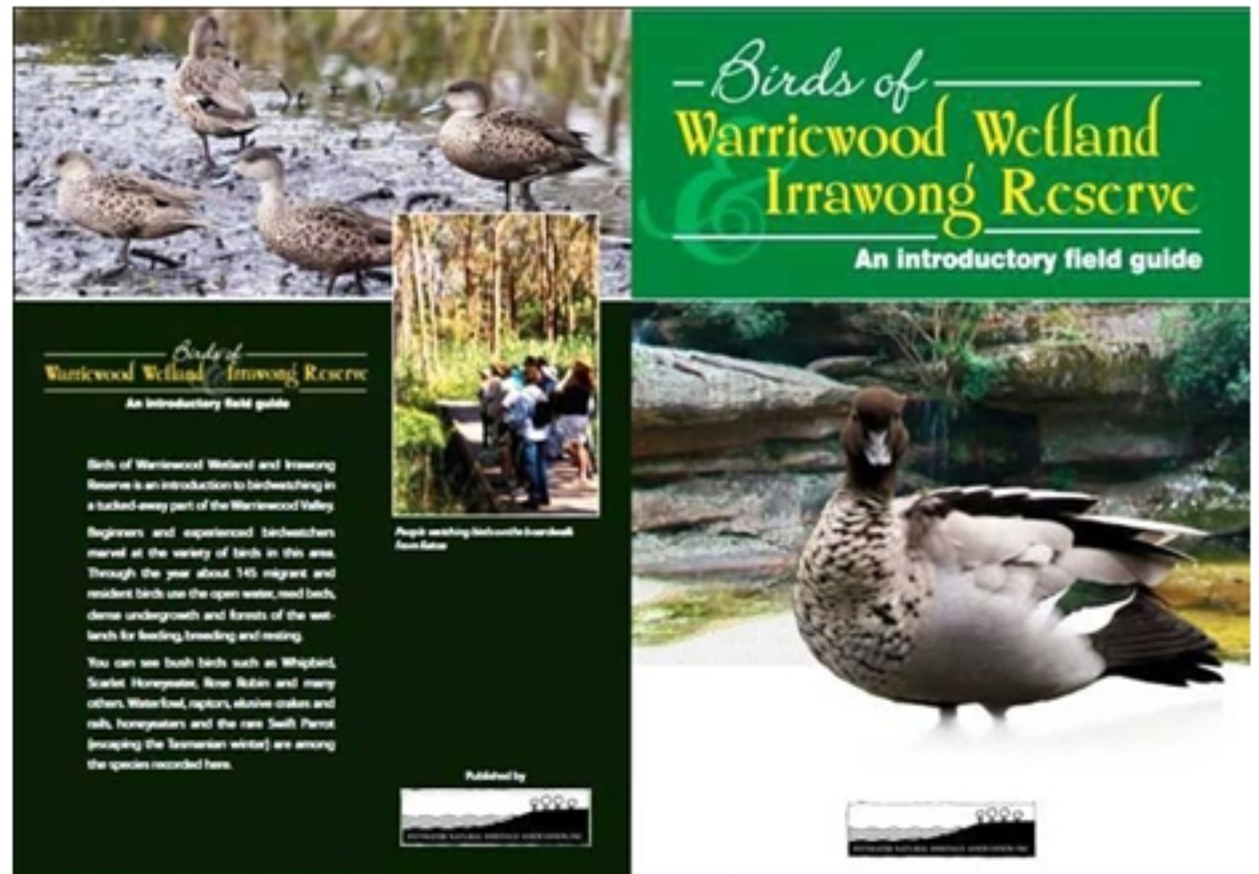


Recent OAM Recipient **Joan Fisher** shared her story of Nursing in the Defence Forces with local writer Pam Bayfield who then wrote *Come With Me*. To Celebrate her award this book has been re-released and is available at <http://www.pambayfield.com.au/> and at Berkelouw Books in Mona Vale.

Vocational, Historical and just a great read !



Introductory Field Guide to the Birds of Warriewood Wetland and Irawong Reserve will give you a good start on birdwatching here, \$20, available from **PNHA**. All proceeds go to conservation work in the wetlands. Available at: <http://pnha.org.au/publications/>



Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am

Wednesdays 10.00am - 11.00am

Thursdays 10.00am - 11.00am

Avalon Library Hours

Monday to Friday 10am to 5pm

Saturday 10am to 1pm

Sunday 2pm to 5pm

59a Old Barrenjoey Road

Phone: 9918 3013 Fax: 9918 7046

Email avalonlibrary@ozemail.com.au

Web Address www.avalonlibrary.org.au



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PITTWATER COUNCIL

NATIONAL TREE DAY AT LAKE SIDE PARK

To mark Planet Ark's National Tree Day, Pittwater Council will be holding a tree-planting day on Sunday 31 July at Sydney Lakeside Holiday Park, North Narrabeen from 9.30am to 1.30pm. National Tree Day is Australia's largest community tree-planting event, with last year over 300,000 people at 3500 sites dipping deep to improve their natural surroundings.

Pittwater Council's Bushcare Officer Peter Ziegler said that National Tree Day was a great opportunity for the community to come together to help our natural environment.

"The Lakeside Holiday Park is one of Sydney's iconic holiday parks, located next to Council's Coastal Environment Centre," he said. "This site has been chosen as the work will help towards establishing a wildlife corridor by improving the habitat for native animals."

"We are aiming to remove the African Olive weed and help regenerate the site with new plantings," said Mr Ziegler.

The Council will provide tools, training and morning tea. Volunteers on the day should wear sturdy covered shoes, a hat and sunscreen and bring a drink with them. Families are welcome to attend. Participants should meet at the front office of the Lakeside Holiday Park at 38 Lake Park Road, North Narrabeen.

If you are driving, press the intercom to speak to the front office and you will be let into the caravan park grounds. You will then be directed to the planting site.

For more information or to book for the event visit www.treeday.planetark.org/find-a-site or email peter.ziegler@pittwater.nsw.gov.au or call 9970 1367.

Bilgola Bends Clean Up Day

The Clean Up Day at Bilgola Bends is planned for Saturday 6th August 2011 from 9 am -12 pm

Meet at the carpark area on the left hand side of the Serpentine when travelling north. Gloves and equipment, morning tea will be provided. Please wear closed shoes.

Plan is to remove any dumped rubbish and control weeds within the Bilgola Bends catchment as part of the **Caring for our Country** grant project which aims to restore the coastal community vegetation within this area. It's hands on but very satisfying to see an area become restored and cared for by the community.

THE GREAT LAINAC BARON LYNCH - UNDER 14 GROM SURF FESTIVAL

Presented by **Hurley**

BLAST OFF PALMY

WHALEY OR AV
AUGUST 26 + 27 + 28 + 29

Blast Off Entry Form in File Below; simply Click, Download and 'save as':

BO111 entrn final.pdf
Size : 1215.19 kb
Type : pdf

Pittwater Council Events

Dog of the Year photo competition

Could your dog be this year's Pittwater Dog of the Year? All you need to do is submit a photo of your furry friend to be in the running for great prizes. The winner will be announced at Dog Day by the Bay on Sunday 25 September. Enquiries: 9970 1367 - www.pittwater.nsw.gov.au/dogday

Historical Society Established in 1924

One of the oldest suburban historical societies in Australia. Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research.

Next Meeting
Date: 13 August 2011
Venue: Mona Vale Library, Park Street, Mona Vale
Time: 2.00pm - 4.00pm
Speaker: Margaret Millar

Title: History of the first successful equal pay case in Australia

In 1958 the NSW Labor government, under Premier Cahill, introduced legislation giving 10,000 women the right to work together with a small number of female workers in other industries, equal pay for performing the same work as their male counterparts. It was the first successful equal pay case in Australia, coming after a campaign lasting more than half a century, and was phased in over a period of four years.

Our speaker, Margaret Millar, a former schoolteacher and university lecturer with a BA in modern history and literature, undertook extensive research into the case for her Honours degree. She will provide us with what promises to be a fascinating insight into the women and events that led to the historic equal pay decision.

From Tony Dawson, Editor, Peninsula Historian Newsletter of MWPHS

Membership at: [here](http://www.pittwater.nsw.gov.au/dogday)

Peninsula Historian

Newsletter of the Manly, Warringah & Pittwater Historical Society Inc.

Compiled by Tony Dawson, Editor.

ROYAL AUSTRALIAN HISTORICAL SOCIETY

History House, 133 Macquarie Street, Sydney

(Bookings on 9247 8001 or email history@rahs.org.au)

3 August 2011 1:00 pm

The Vietnam War and the Royal Australian Navy

Australia's combat role in the Vietnam War ended forty years ago. It was a war that ultimately divided this nation politically and along social lines, and was instrumental in part in the election in 1972 of the Labor Party to government under then Prime Minister Gough Whitlam after 23 years of Liberal/Conservative Party domination. Guest speaker, Captain Ralph Derbridge MBE RAN (Retired), a current member and former Manager of the RAHS (1957-2002), is a veteran of that conflict while serving as the Gunnery Officer in HMA Ships QUIBRON, VAMPIRE and BRISBANE over the period 1963 to 1971 (Cost: \$7 members, \$9 non-members)

Ferguson Hall, St Stephen's Uniting Church, Macquarie Street, Sydney 16 August 2011 5.30 pm for 6.00pm

Ferguson Lecture: Reading in Colonial Australia

The colonial period in Australia, 1788-1901, also happened to be a time of immense change in the publishing world as continued improvements in printing and associated technologies enabled an increased production of cheaper and cheaper books, newspapers and magazines. A novel that at the beginning of this period might have cost one guinea could, by the 1840s for example, be purchased for a shilling or two. These changes were accompanied and assisted by an equally marked increase in adult literacy, helped by the Industrial Revolution, the move of population to the cities and the associated emphasis on the need for mass education. By 1901 almost all members of the white adult population of Australia could read.

Among the topics Elizabeth Webby, the 2011 Ferguson Lecturer, will discuss are reading in the first decades after settlement, worries over the reading of fiction, the role of newspapers and periodicals, reading aloud, reading in the bush and reading by children (Free event)

AUSTRALIAN FEDERATION OF FAMILY HISTORY ORGANISATIONS INC

29 JULY - 8 August 2011 National Family History Week

Family history and genealogy are some of the most popular hobbies around the world. Family history is the second biggest subject on the web with sites receiving billions of hits per year. Over 250,000 Australians are members of family history related organisations so National Family History Week has broad appeal across Australia. Events throughout the country will focus on genealogy, family history, heraldry and related subjects including family reunions, seminars, talks, open days, history walks, book launches, film evening and expos. For further details go to www.familyhistoryweek.org.au

20 October 2011 9.00 am - 4.30pm Symposium - Archiving the iconic: exploring community memory, meaning and pluralisation

A series of intriguing, inspiring and entertaining archivist and non-archivist speakers will offer perspectives on working with cultural icons, community memory, meaning and pluralisation.

The day will comprise three plenary sessions: Iconic spaces, Iconic people and iconic sites. Topics to be explored include autobiographical spaces, sites of witness, public secrets, whistleblowers, social media and much more.

(Cost: ASA Professional Members \$275, ASA Associate & Institutional Members \$325, Non-members \$375 - price includes morning and afternoon tea, lunch, an afternoon heritage presentation of Coney Island, Luna Park and full Symposium program) For further information about the event and program, please visit the ASA website or email events@archivists.org.au Worsing date for registrations is 23 September 2011.

Manly, Warringah and Pittwater Historical Society Inc.
Established 1924
Patron: The Honourable Dr James Macken LLD

President: Jim Boyce
0402 995 000
limboyce37@gmail.com

Secretary (Membership): Tony Dawson
9953 8374
draudawson@bt.com.au

Join us on the water and see what you Discover

Discover our parks kayak discovery tours

Join us on a guided kayak adventure and see the parks from a unique angle. Our guides will show you the hidden gems found within the parks. From our original Aboriginal art to early European history, from the Blue Mountains and the mountains to the coast and work on our waterways, there is loads to Discover.

FOR MORE INFORMATION AND TO BOOK ONLINE VISIT WWW.WILDWORLDWORLD.COM.AU

TOUR SCHEDULE

Saturday 6 August 2011
Upper Berowra Creek
Berowra Valley Regional Park
Sunday 4 September 2011
Kuring Gai Chase National Park
Saturday 15 October 2011
Hawkesbury River Adventure
Muggera Nature Reserve
Sunday 13 November 2011
Lane Cove River
Saturday 3 December 2011
Akuna to Refuge Bays
Kuring Gai Chase National Park
The National Parks and Reserves of Sydney's northern suburbs are a kayaking paradise: from large open waterways to quiet creek systems, hidden subterranean bushland to untouched natural areas, there is a waterway suitable for all abilities. Tours are all day and are priced at just \$99.00 per participant and include kayak hire and instruction, safety equipment, Discovery Guide and park entry fee (where applicable).
Book online at WWW.WILDWORLDWORLD.COM.AU

Amnesty International (Avalon Group) presents ...

Thoroughly Thora

a free, light-hearted, folk, sort of acoustic concert with 23 instrumentalists & singers

Loosely Women

4pm, Sunday 14th August 2011

Avalon Baptist Peace Church
2 George Street, Avalon

Info: Kath Moody - 9918 2502 or kath_moody@hotmail.com - looselywomen.org

HELPING LEARNER DRIVERS BECOME SAFER DRIVERS

A free workshop for parents and supervisors of learner drivers will be held by the NSW Roads and Traffic Authority (RTA) with Pittwater Council at Mona Vale Library on Wednesday 10 August 2011. The course, "Helping Learner Drivers Become Safer Drivers", will offer parents and supervisors hands on advice on how to provide the most effective driving practice for learner drivers.

The Council's Road Safety Officer Michelle Carter said licence conditions for learner drivers meant there was a minimum of one year on "L" plates and 120 hours of supervised driving, including a mandatory 20 hours of night-time driving.

"A more rigorous driving test has also been introduced, focusing on hazard perception and driver reactions," Ms Carter said. "Parents and supervisors of novice drivers have a crucial role to play in making our roads safer, and that is why the RTA has developed a course to better support them."

The free course will cover topics such as:

- how to use the Learner Driver Log Book
- how to plan on-road driving sessions

Parents and supervisors who have attended this course found it boosted their confidence, helped them better plan driving sessions and allowed them to share experiences with other parents and supervisors," added Ms Carter.

Bookings for the Helping Learner Drivers Become Safer Drivers course are essential and can be made by calling Michelle Carter from Pittwater Council on 9970 1196 or by email at michelle_carter@pittwater.nsw.gov.au

THE ROTARY CLUB OF PITTWATER PRESENTS

NORTHERN BEACHES SPRING CONCERT

NORTHERN BEACHES ORCHESTRA
AN EXCITING PROGRAM OF LIGHT CLASSICS
LIVE AND SILENT AUCTIONS FOR LOCAL CHARITIES
WEDNESDAY 7 SEPTEMBER 2011 - 7.30PM
THE GRAND THEATRE - UNITED CINEMAS WARRIEWOOD
TICKETS: \$35 (ADULTS), \$25 (CONCESSION), \$15 (CHILDREN UNDER 16)
SEATING IS LIMITED - ADVANCE BOOKING RECOMMENDED
DETAILS & ADVANCE TICKETS: WWW.ROTARYPITTWATER.COM

Living Ocean Film Festival

Saturday, 24th September

In September 2011 Palm Beach RSL is hosting the launch of the inaugural Living Ocean Short Film Festival - an event showcasing short films celebrating the theme 'Living Ocean' in any of its inspirational aspects, and/or a 30 second commercial drawing attention to the crisis of plastic pollution in our oceans.

Living Ocean is a charity inspired by successful environmental campaigns conducted in November 2010. Living Ocean also held functions in the United Kingdom and others in support of the 2010 Living Ocean Awards. The aim is to involve and inspire the young fishermen of tomorrow and mentor them with the wealth of experience and talent of established film makers and artists in our community. The festival will select and judge the final submissions.

For more information, and ticket sales go to www.livingocean.com.au

Local Markets

Palm Beach Market

- Time: 9am to 3pm
- Contact: Nikki Griffin 9970 1355 or email: niki.griffin@pittwater.nsw.gov.au
- Organic fruit and vegetable stallholders are encouraged to apply.
- 2011 markets will be held on 27 Feb, 27 March, 24 April, 22 May, 25 September, 23 October and 11 December
- Application form: 2011 markets

Twilight Market - Village Park, Mona Vale - NEW !!

- Friday: 1st April, 2 September, 7 October, 2 December 2011 - 5pm to 9pm.
- Venue: Village Park Mona Vale
- Contact: Nikki Griffin 9970 1355 or email: niki.griffin@pittwater.nsw.gov.au
- Hot Food Vendor Application Form
- General Stall Vendor Application Form

Narrabeen Village Market at Berry Reserve

- When: 3rd Sunday of every month
- Venue: Berry Reserve, Narrabeen, adjacent to Narrabeen Shopping Centre on Pittwater Road
- Time: 9am to 4pm
- Contact: Blue Sky Markets on 9315 7011 or www.blueskymarkets.com.au

Narrabeen Sports High School Boot Sale

- When: Last Sunday of February, May, August and November.
- Venue: Narrabeen High School
- Time: 7.30am to 3.30pm (stallholders from 6am)
- Contact: Hiatsusha Lumsden - 0421 810 019

Newport Artisans Market

- Every 3rd Saturday
- Next: July 16, August 20, September 17, October 15
- This market aims to create a platform for skilled and unskilled artists and crafts people who enjoy learning from others, enhancing their creativity and offering their work to the public.
- Contact: enquiries@3events.com

Avalon Beach Market Day

- When: Saturday 19 November 2011
- Venue: Avalon Shopping Village, Dunbar Park, Avalon Parade, Old Barrerley Road
- Time: All day
- Contact: Blue Sky Markets
- Email: office@blueskymarkets.com.au

the DOORS EXPERIENCE & U2 SHOW

12th AUGUST

\$10 DOORS OPEN 8PM

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

Guided Spring Wildflower Walk
Sunday 21st August
Ku-ring-gai NP, Chifera Track, Ingleside
The best place for spring flowers in Pittwater?

When/Where: 9-11.30 am. Meet at start of track on Chiffer Road, Ingleside, north of Cicada Glen Road intersection. Walk is on a fire trail so please wear walking shoes, not suitable for strollers. Bring a drink and snack, binoculars, camera
Bookings: pnhainf@gmail.com or Ph: 9918 3368, 9918 9170 or 0439 409 202. Cost: Free

Pittwater Artist's Trail 2011 - 2012

Pittwater Artists Trail Home Studios 2011-2012

3rd Annual Kids Clothes Swap
Friday 16th of September
9am - 12 noon
1 Eleanore Avenue
Sizes 00-10 boys and girls
Upsize, downsize or just donate all your outgrown kids clothes. Much appreciated by the local mums. Keeping it local and recycled
Email: emmakatwilson@yahoo.com for details

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SPONSORS & STALLHOLDERS SOUGHT FOR DOG DAY BY THE BAY

Pittwater Council will host their popular Dog Day by the Bay at Rowland Reserve Bayview on Sunday 25 September and are looking for stall-holders and sponsors for the event.

Organiser Renae Projeski from the Council said that stallholders should be providers of products and services for dogs. "The day will have a mix of fun events and talks on interesting topics relevant to dog owners," she said.

"Highlights of the day include MCs Brian and Kaye from Pet Talk Radio and Australia's leading animal trainer, Steve Austin discussing a range of issues relating to dog behaviour and providing some entertaining demonstrations. We're also keen to hear from organisations who wish to sponsor the event or provide prizes."

Ms Projeski said Dog Day by the Bay was aimed at dog-owners and their pets and regularly drew a crowd of around 2000. The event is now in its 11th year.

Sponsorship packages range from \$1500 to \$4000; full details are available at www.pittwater.nsw.gov.au/dogday. Organisations donating prizes over \$100 will receive free advertising in the event guide.

Dog Day by the Bay runs from the 10am and 3pm and activities include demonstrations of canine skill and training, education talks, children's activities in the kids corner and competitors to enter including the Canine Fancy Dress Parade.

A variety of food & drink stalls will also be at the event and proceeds raised will be donated to local branches of the Animal Welfare League. Entry and parking are free. This year organisers will hold the "Pittwater Dog of the Year" photo competition and are looking for fun photos of Pittwater dogs. All photos submitted will go on display on Council's website.

Entries to the photo competition are open until Friday 2 September, with the winner and two runners up having their photo displayed on the day and receiving a prize. For more information visit www.pittwater.nsw.gov.au/dogday

For more information about becoming a stall holder or sponsor of Dog Day by the Bay contact Pittwater Council's environmental education team on 9970 1194.

August Fireshed Dinner

La Dolce Vita At il capanno di fuoco (aka the fireshed)

Saturday 6 August 7pm
Dinner 10.15am - 11.30am
\$20 Signature 5 Star Dinner
\$5 Wine and Soft

ORGANIC EXPO & GREEN SHOW INTERNATIONAL

5-7 AUGUST 2011 / HALL 3 / SYDNEY CONVENTION & EXHIBITION CENTRE

WHAT: Returning to Sydney for its 7th year, the annual Organic Expo & Green Show is back for 2011 with a bigger international flair and of course better than ever! Over 200 exhibitors are predicted to take part, representing the very best from fashion, beauty, health, food, wine, lifestyle, gardening plus much more!

Kylie Kwong, our own Teresa Cutter and other key chefs will be cooking up a storm, showing visitors how to make a delicious feast using fresh organic produce.

WHEN: Saturday August 6 open 10.00am-6.00pm Sunday August 7 open 10.00am-5.00pm

WHERE: Hall 3, Sydney Convention & Exhibition Centre, Darling Harbour

WHO: there's a huge variety of products from fashion, beauty, food, wine, gardening, home wares and baby products - there's something for everyone to enjoy! Celebrity guests this year include popular chef Kylie Kwong, who will take you on a journey from paddock to plate with her cooking demonstrations; gardening gurus Costa Georgiadis and Jerry Cole-Williams; plus Beauty Chef Carla Carter who will reveal how to make your own skincare products at home using the ingredients from your fridge!

WHY VISIT: At the Organic Expo & Green show you can indulge your senses in so many ways with an extensive range of exhibitors showcasing the very latest in green and organic products from all over the world. In 2010 over 7000 keen greenies flocked through the doors. Here are just a few reasons why you should put the Organic Expo & Green Show 2011 in your diary now!

- Feast on a huge selection of organic food, both fresh and packaged
- Sip on delicious organic wine, beer and spirits
- Watch and learn from celebrity chefs as they prepare delicious meals using only the best fresh organic ingredients
- Spoil yourself and try out the latest in beauty products and treatments
- Play with the kids as they pet the baby farmyard animals and put up their own veggie seeds to take home and watch grow
- Explore the sustainable fashion, homeware and building exhibitors to find out how you can live a greener lifestyle
- Listen and ask questions to our experts in the Speakers Corner with advice and tips on gardening, nutrition, food, health, wellbeing and the latest in natural living

Cost: Buy ONLINE and avoid the queues at the door! General Pass \$18 / 2 Day Pass \$30 / Family \$25 (2 x general + 2 x kids)
Concession \$15 (kids 12-16, seniors & students) / under 12 free

Carmina Burana

2.00pm on Sunday 7th August
Cardinal Cerretti Chapel, Manly
Followed by Afternoon Tea on the Terrace
Adults: \$40 Concession \$35 Students \$15 Children under 12, Free

Bookings:
Ph: 9953 2443 or 9977 4776

COMPUTERS? ... yes you can!

A FREE seminar for Seniors on computing skills

WHERE: Friday 19 August 2011 from 1pm to 3pm
11-13 The Boulevard, Newport Beach

AGENDA:

- Facebook Made Easy - by Greg Ross
- Meet your Ancestors - by Margie Prid
- Picture Power - by Brian Hendon
- Bridge Online - by Patricia Kalf
- Computing Made Easy - by Mike Manrington
- Question Time
- Amazing Lucky Door Prize Draw

After Question Time refreshments will be served and the Lucky Door Prize Draw will take place.

Throughout the seminar we will be running informative computer displays.

* Lucky door prize consists of one year free membership and offers to Avon Computer Club

Phone 02 8064 3574 to register

Avon Computer Pals

Supported by Pittwater Council, Avon RSL Club and the Queensland of Aging, Disability and Home Care
Member, Australian Seniors Computer Club Association

YOUR INVITATION

Join us for a **DisabiliTea**
To raise awareness of the NDIS

Join us for a DisabiliTea to raise awareness of the National Disability Insurance Scheme and the campaign to make Every Australian Count.

Where: Angophora Room, Nelson Heather Ctr, Jacksons Rd, Warriewood

Date: **Tuesday 2 August**

Time: 2pm - 4pm

Tel: 9970 0500

RSVP by: Friday, 29 July 2011

From: Carolyn Mackay

Contact Details: Email: carolyn@nbi.org.au or telephone 9970 0500

Every Australian Counts
www.everyaustraliancounts.com.au

Downstairs in Avalon RSL Lounge during JULY/AUGUST

MULLIGAN
19TH AUGUST
12TH LINE
WILLIAMS
19TH ROZ CHIA

AUTHOR UNRAVELS SRI LANKA CONFLICT

Mona Vale Library's next Author Talk will feature writer, journalist and visiting scholar Gordon Weiss, presenting his book *The Cage: The Fight for Sri Lanka and the Last Days of the Tamil Tigers* on **Thursday 4 August at 6.30pm**. Gordon Weiss is a veteran journalist and UN official for over two decades. He was the spokesperson in Sri Lanka between 2007 - 2010 before returning to Australia and is currently a Visiting Scholar at the University of Sydney.

This is Weiss' first published book and unravels the compelling history of the ethnic conflict in Sri Lanka. This led up to the bloody events of 2009, when tens of thousands of Tamils were massacred along with the last of the Tamil Tigers, the national liberation group which had terrorised Sri Lanka since 1983. The 2009 massacres were recently profiled on *ABC-TV's Four Corners* program.

Events librarian Catherine Buddin said it was timely to have Gordon Weiss present his book, which provides readers with the background behind the headlines of the modern history's longest civil conflicts. "Publication of the book coincides with the official UN report on the event, which now suggests that war crimes be investigated," added Ms Buddin.

Mona Vale Library is located at 1 Park Street, Mona Vale. Bookings are essential to book phone 9970 1600. Following the talk there will be book signings and light refreshments. Admission is \$8 adult, \$6 concession (pensioners and students only) and cards must be shown.

Black and Bling Ball

WHEN: Friday, 26 August 2011 at 7:00pm for 7:30pm
WHERE: **Dolton House, Jones Bay Wharf, Sydney**, COST: \$250 per ticket or \$250 for table of 10, DRESS: 'Black and Bling'

All of the proceeds will go directly to inspire and motivate more aspiring women across Australia. Tickets are on sale now for the Gala dinner with MC confirmed as Channel Ten's Natarasha Belling. Extreme Sportswoman, base jumper Heather Swan is guest speaker and Layne will introduce guests to the inspiring 2011 Grant Recipients. Entertainment on the night will be from 80's cover band 'Groove Robbers' certain to get everyone up dancing! In addition there are some exclusive and unique auction items such as, a Sailing Experience on Super Maxi Yacht 'Loyal', an INXS signed fender guitar, a feature in a TV commercial, your very own Masterchef experience with a deluxe dinner party cooked for you and your guests in your own home and have the chance to win a seven nights luxury holiday experience on the beachfront in Phuket, Thailand.

To purchase tickets or to receive your official invitation call Megan on 0422 600 733 or email info@aimforthestars.com.au

Sydney Boat Show Tickets Now Selling at: here

Manly Art Gallery August 2011

ROYAL FAR WEST - CARING FOR COUNTRY KIDS IN MANLY
Friday, 3 September 2010 to Sunday, 14 August 2011
More information...

Technology Skills Morning Tea for Women
What you can do with home photos: Digital graphics explained.

Date: 9th August 2011
Time: 10:30am - 12pm

Details: Mona Vale Library and TAFE Northern Sydney Institute invite local women to a discussion on what you can do with home photos: Digital graphics explained.
Cost: Gold coin donation to the Pink Ribbon Campaign
Robyn.woolley@tatefarn.com.au

Venue: Pelican Room, Mona Vale Library, Contact: Robyn Woolley Ph: 02 9448 4429

Selling & Buying Online Course for Women

A 5 week course for women held at Mona Vale Library

Date: 15th Aug 2011
Times: 10am - 1pm

Details: Improve or update your computer skills locally. Use the Internet effectively to buy and/or sell. Manage photos, use sites & eBay with confidence
5 Mondays August 15 to September 12 2011 10am to 1pm
Cost: \$180 Registrations are essential! Robyn.woolley@tatefarn.com.au
Venue: Mona Vale Library

Mandy Sayer

Mandy Sayer won The Australian/Vogel Award in 1989 for her first novel Mood Indigo on the has since been named one of Australia's best young novelists and has published five more works of fiction, edited two anthologies published two memoirs, and has won the 2000 National Biography Award, the Age Non-Fiction Prize and the South Australian Premier's Award (Non-Fiction).

Her new novel, Love in the Years of Lunacy is set in Sydney in 1942. Pearl is eighteen, beautiful and impetuous. When Gil and jazz legend James Washington blows into her life nothing is ever the same again, especially not Pearl. A love story begins to unfold in a city in the grip of war. But public events are closing in on Pearl's private world and when James is shipped out to fight in New Guinea, she hatches a breathtaking plan to reunite with him. And then all hell breaks loose.

You are invited to meet Mandy Sayer and hear her talk about her audacious new novel.

Cost: \$ 7.50 which will be credited against your purchases on the night.

Where: **Berkeleyw Mona Vale**, 12-14 Park Street, Mona Vale, NSW, 2103
Time: Thursday, 11th August
Time: 06:30pm - 08:30pm

Avalon RSL

the DOORS EXPERIENCE & U2 SHOW

12th AUGUST

\$10 DOORS OPEN 8PM

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

Guided Spring Wildflower Walk
Sunday 21st August
Ku-ring-gai NP, Chifera Track, Ingleside
The best place for spring flowers in Pittwater?

When/Where: 9-11.30 am. Meet at start of track on Chiffer Road, Ingleside, north of Cicada Glen Road intersection. Walk is on a fire trail so please wear walking shoes, not suitable for strollers. Bring a drink and snack, binoculars, camera
Bookings: pnhainf@gmail.com or Ph: 9918 3368, 9918 9170 or 0439 409 202. Cost: Free

Pittwater Online News

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Community News Pictures News From our Inbox Books Events Artist of the Month Reflections Collector's Corner

July 31 - August 6, 2011: Issue 17

GEORGE REPIN



In 1994, coming from the Eastern Suburbs where he had lived all his life, George Repin moved to a house in Clareville, designed and built by his architect daughter. An old weekend house that the family had owned since the early 1970s' previously was on the site.

After long term membership of the Rotary Club of South Sydney, in 1998 he completed, at the Pittwater Club, fifty years of Rotary membership and then joined the Pittwater Mens Probus Club.

His career has been busy and varied. He is a medical graduate with postgraduate qualifications in Public Health and in Industrial Medicine, a Fellow of the Royal Australasian College of Medical Administrators, a Fellow of the Australian Institute of Management and an Honorary Fellow of the Royal College of Pathologists

of Australasia. He was Secretary General of the Australian Medical Association for 14 years and for 9 years Honorary Director of the Centre for Continuing Medical Education at the University of New South Wales. For sixteen years he was Managing Director of the Repin group of companies, for eight years a Director of the Australasian Medical Publishing Company Ltd. (publishers of the Medical Journal of Australia) and for six years a Director of Medical and Educational Trustees Ltd.

Over the years he has been involved with many professional and industrial organisations, both in Australia and overseas, at Council or Committee level, including eleven years on the Council of the Employers' Federation of NSW, and a term as president of the Medico-Legal Society of NSW.

He has undertaken consultancies for both the Federal and the NSW State Governments and was made a **Member of the Order of Australia in 2006.**



THE NINETEEN THIRTIES

Life in the nineteen thirties was hard. Conditions then, with limited social support, are probably unimaginable to many living today in what is to a large extent an affluent society



The call "**Clooothes Props**" coming down the street is a lasting memory from the days of the great economic depression. Before Hills Hoists sprouted in backyards every where, and electric clothes dryers in the home were unimaginable, every house had a clothes line – a multi-stranded

galvanised wire stretched across the yard - on which clothes were hung to dry. When loaded with wet clothes the lines, unless propped up, sagged and clothes dragged on the ground. The clothes prop was used to push the line up in the middle. Men in ragged clothes, anxious to earn a few pence on which to live, trudged the streets with bundles of dry straight tree saplings on their shoulders. The saplings were cut to leave forked branches at the thinner end which could be used to push up and support the middle of the clothesline.

Other men wandered the streets selling braces (pairs) of skinned rabbits. Chicken was an expensive luxury item which few could afford – reserved for Christmas or for a really special occasion. A family could be fed a tasty but cheap meal of white meat from a pair of rabbits.

There were no supermarkets in those days. Food was bought in a variety of ways.

The milkman brought milk in a horse and cart. The decorated body of the cart was a tank holding the milk, with taps at the back. The householder left a billy-can or a covered jug, in most cases with the necessary money, near the front gate. The milkman used a measuring jug to draw milk from his tank and to fill the householder's container. Delivery of milk in bottles came very much later.

The baker, also with a horse and cart, came to the door with a wicker basket over his arm. Turning back a covering piece of canvas he showed the housewife the breads in the basket to make a choice. This too almost invariably was a cash transaction. During the depression every tradesman had to worry about being paid – yet communities, though poor, generally were honest and any cash left out for a tradesman was safe.

Items such as sugar, flour, salt, grains, rice were bought from a small local grocery shop where the grocer weighed the requested quantity of an item from a bulk container into a brown paper bag. Virtually nothing was prepacked. Butter was cut and weighed from a large "butter box".

In the absence of refrigerators people relied on ice boxes to keep food cold. These were small tin-lined wooden cabinets with shelves. At the top there was a large container into which the iceman delivered a pre-cut block of ice from his cart. As the ice melted it kept the contents of the icebox cold. Water from the melting ice was piped to a receptacle which had to be emptied periodically.

Some people grew a few vegetables in small plots in their gardens. They watched for the tradesmen's horses and carts to go past and gathered up their manure as fertilizer.

The postman delivered mail twice each day. Men arriving at work in the city in the morning to be told that they would have to work back could post notes to their wives (or mothers) to let them know – the note arriving in the afternoon mail. Few people had telephones. Great reliance had to be placed on the nearest public telephone box in cases of emergency. Rarely, if ever, were the public telephones vandalised.

There was a sense of community – you knew your neighbours –and in the shared adversity people pulled together. They could rely on a helping hand.

In a material sense so many of us are better off now – but what have we lost on the way?

George Repin

Pictures Left: nlapic4765156, Milk boy on horseback, Walhalla, Victoria, ca. 1905, nla.pic-vn4765328, Boy on pony with horse loaded with two milk vessels, Walhalla, Victoria, ca. 1905, both are postcards.

Above: nla.pic-vn4728505, Booth, Abraham Valentine, 1867-1933, Washing hanging on line, Wagga Wagga Region, New South Wales, ca. 1920s. All Courtesy of the [National Library of Australia](http://www.nla.gov.au).

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July 31 - August 6, 2011: Issue 17



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POSTER ART

by Jenny and Hans Carlborg



Colourful advertising posters, so much a part of everyday life now, date from the end of the nineteenth century when lithographic printing enabled colour images to be mass-produced cheaply. Posters first flourished in France where the public was quick to recognise their artistic significance even going so far as to cut them down under cover of darkness as soon as they were posted. Elsewhere, many posters were disposed of in huge quantities as soon new images were printed to replace the former ones. It is only relatively recently that posters have become collectable.

They are collectable for the same reason they were printed in the first place – they have immediate visual impact. Most collectors choose to collect posters of a certain type eg theatre, travel, wine and food, transport or posters by a particular artist or from a certain period such as art nouveau. To find out more about collecting, there are specialist poster dealers, many of whom exhibit at antiques fairs. There are also auction houses dealing exclusively in poster art and by subscribing to their mailing list you will receive catalogues of forthcoming auctions with price estimates. These catalogues are a source of useful information and as such a valuable learning tool.

The value of a poster, as with all art works, will be determined by the reputation of the artist. The most expensive posters are those by Toulouse Lautrec but it is possible to buy wonderful works by other artists for less. Carlborg Antiques specialises in posters relating to wine, liqueurs, beer, champagne and equine subjects and has some great works by Leonardo Cappiello, Paul Colin, Paul Iribe, Georges Leonnec to name just a few.

All posters are multiples and most were originally printed in considerable numbers so examples by important artists in limited supply are more desirable than those abundantly available. But even if the artist's signature does not feature in the design there are many unsigned posters by lesser artists that hold their value if they are of good design. Condition also determines value. Most posters were printed on inexpensive paper as they were not intended to last, and will therefore show signs of wear. Some damage is acceptable, therefore, but those with serious damage should be avoided. Not all posters are in colour, some are black and white and they come in a range of formats from the very large to those more easily placed in a domestic environment.

Today there are many reproductions produced with the help of different photo and computer techniques. These reproductions are sometimes very difficult to distinguish from the originals and hence can also be decorative and enjoyable. However, it is worth understanding that their cost and value are often far less. Always buy what appeals to you. It is never a good idea to buy for investment purposes as you could eventually be disappointed. That way your collection will give you many years of pleasure and if the value increases see it as an added bonus.



CARLBORG ANTIQUES P/L

antiques@carlborg.com

0439 263 808

Facebook @ twitter
wineobjects