Pittwater Online News

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February 17 - 23, 2013: Issue 98

NRL STARS DESCEND UPON HITCHCOCK PARK, AVALON BEACH

Teams standing for National Anthem, sung by Emma and accompanied by Jamie, prior to start. Photo by Glenn Nicholls.

Legends Of League team. Picture by A J Guesdon.

NRL STARS DESCEND UPON HITCHCOCK PARK, AVALON BEACH

On Saturday February 16th, 2013 at the Avalon Bulldog's home ground, Hitchcock Park, the Club organised a game between a Team of ex NRL Stars (Legends of League – The LOLs) and a Team of Former and Current Avalon 'greats' (The FAGS/CAGS). The day was twofold: a spectacular local 'season launch' on the Peninsula for Rugby League in 2013 by the Avalon Junior Rugby League Club and to raise funds for the Sunnyfield Association's 'Client Communication Program' which helps bring the gift of communication to a person with intellectual disability.

The pre-match fundraiser was a dinner on Friday evening at the Terrace Restaurant in Newport Arms Hotel where everyone could meet the members of the two teams, hear some great stories and also enter an auction to play on the teams the next day. Gavin Sheen and Chris Hawkins were the winners of the auction.

On Saturday afternoon Matt from Manly came to run an 'NRL Come and Try Junior Clinic' which began at 1.30 and included exercises for skills building in the game. Matt then showed the children a great new NRL 'Tackle Bullying' video which aims to empower students to stand up for themselves and others who are being bullied. The messages in this, such as 'Stand Up for friends', 'Don't be a bystander', or 'Tell a Teacher' will help remind all that we are here to lift each other up, not tear each other down. NRL stars will be delivering the new anti-bullying message to a record of more than 120,000 students across Australia, New Zealand, Tonga and Samoa as a part of the 2013 Community Carnival. Information regarding a resource kit available to all schools and teachers can be found HERE.

At 3pm a Masters of Rugby League exhibition game between the Narrabeen Sharks and St Mary's Saints began with men from 35 to 69 taking part. Brian, commentator for the match, mentioned that all players had been drug tested and only traces of Viagra had been found, which apparently is permitted once you've achieved Masters status. We spoke to Troy, one of the gentlemen on the St Mary's team, whose as enjoying being back in Avalon for the afternoon. Troy used to live at Hardboard and grew up on the Northern Beaches. He played for Valley United in 1987 and scored the winning try against Narrabeen. Ex-Manly players Richard Windschuttle (1952) and Rick Chisholm have played on this team.

The final score between these gentlemen was 'nil all' according to some although we did see some trys, or is that tries, scored ...?! Clearly all the gentlemen in these teams revel more in the sport and getting to see each other again then who won what where and when. More about the Masters of Rugby League here: http://mori.com.au/about

At 5pm the NRL Legends of League and Former & Current Avalon greats took to the paddock for two bruising, bouncing off each other, I'll slap you back, sprint ... sprint faster, halves. That these gentlemen are so fit and so passionate about the game even years after some have ceased playing professionally is some indication of how much this game is loved here. Although clearly all great mates, with the referee blowing his whistle in a short sharp blast at any player who threw an off-cut remark over his shoulder at an opposing team member, immediately causing the smiles and laughs to break out again, these men played hard for both forty minute halves and a few may be waking to new/old pains this morning. They flew across the field, they flipped over when tackled, they landed hard over the try line. Watching a game of rugby league on the television is only half as exciting as being in the crowd.

The crowd itself was well over 2000, all of whom cheered every try by every team. People from one year of age to those who may be termed 'middling a bit now' and every generation in between representing the whole of our community were present. The final score for this match was 26 all, which only happened in the last seconds of the game, meaning that Avalon wins, and keeps, the trophy.

All levity aside, the emphasis was on raising funds to support the Sunnyside Associations 'Client Communication Program'. Michael Birtwistle, current President of the Avalon Junior Rugby League Club, sent us a little about this program a few weeks back which we'd like to share here:

Imagine not being able to say you're thirsty, hungry or worse still – you're in pain! Imagine your frustration, imagine your anger, and imagine your hopelessness.

The simple gift of communication is something most people take for granted – whether it be asking for assistance, selecting a meal, or telling someone you love them. People who have an intellectual disability and can't communicate are arguably the most vulnerable members of our community and this daily struggle can be unimaginably frustrating for them. They often become passive recipients of life. A recent study of the 1500 people supported by Sunnyfield showed up to 75% of these people have a significant communication impairment. Our goal is to be able to help Sunnyfield make a difference for those in need of their services.

We've asked Michael Birtwistle, President of the Avalon Beach Bulldogs Rugby League Club if he was happy with the turnout of supporters and how the day went:

"Outstanding. It's great to see all the community come out to support us and Sunnyfield. It's a great day for rugby league on the Peninsula."

The jerseys the players wore have been signed by their respective wearers and will be auctioned by the Club soon. We'll keep you posted on how to get your hands on one.

The teams:

Former & Current Avalon Greats:
Craig Goozee, Anthony Johnson, Dave Willan, Erin Argent, Glen Bourne, Jack Webster, James Johnson, Jason Oldfield, Jed Cram, Jeff Loadsman, Jules La Torraca, Kurt Stevenson, Luke Griffiths, Luke Johnson, Mal Golden, Matt Griffiths, Nathan Johnson, Nick Williamson, Paul Malcom, Ryan Evens, Sam Blundell, Sam Harris (captain), Tim Goozee, Tim Parker, Zane Westwood.

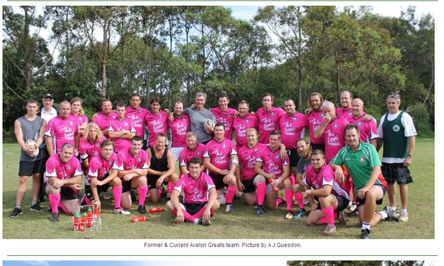
Legends Of League:
Tony Butterfield (Coach), Brendan Magnus, Craig Hancock, Craig Wilson, David Peachey, Gene Ngamu, Greg Florimo, Hassan Saleh, Jack Elsegood, Jamie Feeney, Jamie Goddard, Jason Death, Jason Ferris, Josh Stuart, Matt Cross, Matt Seers, Nathan Long, Nigel Roy, Richard Smith, Richard Villasanti, Willie Leyshon, Cliff Lyons.

Our photographs for the day will be given to Club President Michael Birtwistle by Tuesday for those who want copies of anything and there is a sample of these as this week's Pictorial. We'd like to thank Friendly (Brian Friend) for Friday Night Photos, Glenn Nicholl's for supporting Pittwater Online News by taking some great shots that will be part of those given to Mr Birtwistle for the Avalon Bulldogs, all players and their families, and Michael Mannington who has again spent his Saturday evening loading up a Public Gallery.

Glenn Nicholls Frozen Moments Photography
www.frozenmomentsphotography.com.au

Michael Mannington's NRL/Masters Legends Volunteer Photography Public Gallery:
http://gallery.volunteerphotographs.org/s/2961682804

Left: Legends at Friday Night dinner. (Above in text): Irene Kolich and Ashley 'Donkey' photo by Brian Friend



Former & Current Avalon Greats team. Picture by A J Guesdon.

Jules La Torraca fooling around after the Former & Current Avalon Greats team shot; told you I'd run it! Picture by A J Guesdon.

Narrabeen Sharks Masters and St Mary's Saints Masters. Photo by Michael Mannington.

Front Page Pictures by Glenn Nicholls, Brian Friend, Michael Mannington and A J Guesdon, 2013.

Past Features

Archives

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Pittwater Online News

February 17 - 23, 2013: Issue 98

Articles This Week:

Avalon Bulldogs Club Opens Season with NRL Legends and Masters games to support Sunnyfield Association

Learn2Swim Narrabeen Coastal Platform Tour for children

Artist of the Month for February 2013: **Michelle Holmes -** teacher, artist in oils, acrylics, watercolours, and mixed media, creator of mosaics, writer of poetry and a lovely lady; a feast for the eyes all this month

All Previous Articles

Profile: February 2013 saltair clubs and organisations: Surfing Mums Inc.: fantastic idea, with a Pittwater group beginning in two weeks!

Previous Profiles:

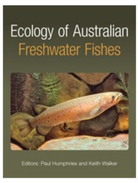
Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Populaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council Zonta Club of Northern Beaches Sydney Northern Beaches Symphonic Wind Ensemble Bei Loon Dragon Boat Club Margaret Molloy OAM Patricia Giles OAM Doreen Cherry Cindy Goode Milman Stephen Marr Bob Hamilton Simon Abbott Peter Rumble Graham Spong Sailability Pittwater Mona Vale Hospital Auxiliary Avalon Active Seniors Group Northern Beaches Orchestra Sonja Elwood June Lahm Valerie Vickers Karen Draddy Betty King David Hanley Les Ball Paul Webb Malo Legardinier E G Constructions Integrity Candles Monatones The Narrabeen Lakes Ladies Probus Club Inc. Nina Curtis Robyn McWilliam Gretel Pinniger Ted Blackall Edwin Barnard Doug Elliott Anthony Patrick Chandler Walter 'Wal' Wardle Avalon Beach RSL Fishing Club Avalon Voices

History: February 2013 - Pittwater Wharves and Jetties: Newport Wharf

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry George Scotty Allan McCarrs Creek Narrabeen Creek Careel Creek Currawong Beach Creek Bushrangers at Pittwater Smuggling at Broken Bay An Illicit Still at McCarr's Creek The Murder of David Foley Mona Vale Outrages Avalon Camping Ground Bayview Koala Sanctuary Ingleside Powder Works Palm Beach Golf Course Avalon Sailing Club Mona Vale Surf Life Saving Club Palm Beach SLSC Part I - The Sheds Warriewood SLSC Whale Beach SLSC Flagstaff Hill Mount Loftus Pill Hill Sheep Station Hill SS Florrie SS Phoenix and General Gordon Paddlewheeler MV Reliance The Elvina Florida House Careel House Ocean House and Billabong Melrose -The Green Frog The Small Yacht Cruising Club of Pittwater Canoe and I Go With The Mosquito Fleet - 1896 Pittwater Regattas Part I - Dates and Flagships to 1950 Shark Incidents In Pittwater The Kalori Church Point Wharf Bayview Wharf

Park Bench Philosopher: ***Australian Humor* 1932 + *The Sentimental Bloke* - 1919 Raymond Longford film for those of you who missed 'Filmed in Pittwater'**



Books: Underwater Eden: saving the last coral wilderness on Earth, The Sky Is Not The Limit The Life of Australia's Top Gun, Chasing the Light: A Novel of Antarctica, The Lost Diggers, What's Your Dog Teaching You?, Field Companion to Mammals of Australia, The Field Guide to the Birds of Australia 9th Edition, Australian Rainforest Fruits - A Field Guide, Ecology of Australian Freshwater Fishes, Otway Plain and Ranges 2

Old Books: **A key to the birds of Australia and Tasmania with their geographical distribution in Australia (pref 1899) by Robert Hall - ornithologist** and **The discovery of Australia (1922) by George Arnold Wood - Professor of History at University of Sydney and one of the founders of the Teachers' Guild of New South Wales and was president of the Teachers' Association of New South Wales.** **READ THESE WORKS ON THE SITE- ONLINE**

News From our Inbox Domino Theory, Aboriginal water values and management in northern Australia, Shark High 5, New commission takes on high-seas issues, 2013 Small Catamaran Sailing - PBSC, First image of insulin docking could lead to better diabetes treatments, DOGGY DOOR, Cracking the Semantic Code: Half a Word's Meaning Is 3-D Summary of Associated Rewards, Largest Known Prime Number Discovered, **Cricket Dress Ups Translates**, **Online or Off, Bullying Proves Harmful & filter software program**, Meanwhile in Bawston..., Computerized 'Rosetta Stone' Reconstructs Ancient Languages, The Bunda Cliffs, What is Love?, Drinking May Improve Ability to Detect Changes, Health papers published this week: ADHD Symptoms Persist for Most Young Children Despite Treatment; Large Study Shows Substance Abuse Rates Higher in Teenagers With ADHD; Blood May Hold Clues to Risk of Memory Problems After Menopause; Unchecked Antibiotic Use in Animals May Affect Global Human Health; Genes for Autism and Schizophrenia Only Active in Developing Brains; Infant Gut Microbiota Influenced by Cesarean Section and Breastfeeding Practices; TB Infection Rates Set to 'Turn Clock Back to 1930s'; Promising Target to Block Staphylococcus Infection Discovered.

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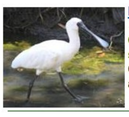
Community News: Toxic Canisters washing ashore, PITTWATER'S POSITION ON COUNCIL REFORM, Pittwater Coastal Management Forum, Picnic Perfect, Newport Breakers 50th - photos please, Computer SCAM warning from AFP, Pittwater Council Lighting Yellow Brick Road, CHURCH POINT COMMUTER WHARF, PBL seminar alert, Beaver-Bundy-Drummer,BETS3 at Bayview, Vaccination Recommended for Pet Rabbits, FONLC Bird Forum, Royal Life Saving's Call for Swim Lessons for all Children, DO YOU HAVE A CLARINET OR TROMBONE IN YOUR CUPBOARD?,Boardies Day 2013 this week, ZONTA's - Pittwater International Women's Day Breakfast, Brilliant local history - images of Manly using Trove, Applications Open For NSW Sport And Recreation Grants, Expressions of Interest (EOI): Code of Conduct – Panel of Conduct Reviewers, Cruise for a Cure, Bushcare Notices Feb, 2013, Online Workshop - Masterclass Ask Ian - March 2013, Our Council's Notices, Fed. Govt. Media and more

Environment: Southern Cross Wildlife Care Possum High Tea, Outlook 2013, Automated agriculture, Rock lobster fishery balances lifestyle and livelihood, Prime Minister's Environmentalist of the Year awards open, Rock lobster fishery balances lifestyle and livelihood, Get your subsidised compost bin or worm farm now!, Protecting Kiribati against climate change, Security Risks of Extreme Weather and Climate Change, Picky Eater Fish Clean Up Seaweeds from Coral Reefs, New Owl Species Discovered in Indonesia Is Unique to One Island, How Many Humpbacks Existed Before Whaling?, Sunlight Stimulates Release of Climate-Warming Gas from Melting Arctic Permafrost, Bubbles of Methane in a Frozen Lake, PNHA - Birdwatching and Monitoring in Irrawong Reserve, Wetland Nightlife Event, Eco-cinema - 'Waste Not', **Cooee February 2013,** Live Penguin Cam, local Environment groups, and organisations.

Lynda Hill: **Update 9.2.13**: **Refuges, Realizations and Resurrections: February's Aquarian New Moon**

GREAT NEWS; Gary Goldschneider, the author of The Secret Language Of Birthdays (the birthday book - a huge bestseller), is coming to Australia; We are doing seminars, talks and readings, particularly on the east coast of Australia, from mid January to the first week of March. Details in Community News.



Pictures: Avalon Bulldogs Open of Season with a Masters Exhibition Game and nRL Legends game to support the Sunnyfield association by Glenn Nicholls, Michael Mannington and AJG

Youth: **Love2Read 2013**, UNSW Tyree Energy Technologies Building, WIN a custom Storm Surfers Board, 2013 Small Catamaran Sailing - PBSC- great training program!, Soundwave 2013, North To The Sun, Online Songwriters Seek Collaborators With Complementary Skills (new paper), University of Sydney front-runner for student support and services, Woody Woodpecker in Pantry Panic, Love of Musical Harmony Is Not Nature but Nurture, Sailing alone around the world (1900) by Joshua Slocum, born 1844 - the Australian Connection, Early Music Lessons Boost Brain Development, Safe Schools are Smart Schools Comp., Start Planning NOW for the 2013 Premier's Sport Challenge!, Homework, National History Competition, The Project Gutenberg Library of Australiana - free downloads for inspirations, Library Story-times for Littlies and more for you.

Seniors: **Government to reduce pension deeming rates,** Hands Off Our Super Seniors Warn, Ball Girl removes bug from court at Australian Open - Bemuses European Sports channels, When you're Two years old ... puddles are great!, **2014 National Seniors Literary Prize**, Flowergirls reaction to the Kiss at a Wedding, Never mess with an old bloke, Health Papers Published this week which may be of interest: Low-Protein Diet Slows Alzheimer's in Mice; Common Chemicals Linked to Osteoarthritis; Study Suggests Link Between Untreated Depression and Response to Shingles Vaccine; Vascular Brain Injury Greater Risk Factor Than Amyloid Plaques in Cognitive Aging; Identification of Abnormal Protein May Help Diagnose, Treat ALS and Frontotemporal Dementia, local Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: February 2013 - Michelle Holmes - teacher, artist in oils, acrylics, watercolours, and mixed media, creator of mosaics, writer of poetry and a lovely lady; a feast for the eyes all this month

Reflections by George Repin. **This week; THE HYDE PARK BARRACKS**

DIY Hints: How to Prepare and Paint exterior surfaces: great tips for cooler mornings and end of Summer jobs from Scott Cam

Collector's Corner: Woomera circa 1975, now termed 'Tribal Art'

Food: **Passionfruit-** February Summer fruit; some nutrition and history and a great salad recipe

Events: Grace Knight at Palm Beach Golf club, Tribal Warrior Mentor Program Possum High Tea, Comedy Capers, Avalon Quilt Show 2013, Donavon Frankenreiter @ The Arms, ANMM Exhibitions, RMYC Events, Rock and Roll at RMYC, ABFE Workshop, Old Fella @ Pittwater RSL, LIFELINE Fundraiser, Eco Bird Walk, Pittwater Camera Club, Mentals at AvRSL, FoNLC Activity, Deepsea Challenger showcased at Powerhouse Museum, Historic Houses Trust Event - House music 2013.

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Pittwater, 17 - 23, 2013, Week 46

Learn To Swim Coastal Platform Tour - 16.2.2013

Yesterday my 3 children and I had the opportunity to join the Learn to Swim Coastal Platform Tour at Newport Beach. Organised by Learn to Swim Australia, the tour is a free event that is open to the public. Its purpose is to educate parents about the importance of learning to swim and water safety. Although my children have been swimming since they were babies, I was not sure how they would cope in the ocean. Although the swimming is in a safe, shallow area of the ocean with only waist deep water, I was not sure how they would cope with waves and the ocean environment. I was pleasantly surprised to see that they coped very well and enjoyed the experience. Although they were not confident enough to swim unassisted, they were able to swim short distances with me and enjoyed the experience. I was also surprised to see how much they enjoyed the rock pools and the creatures that live in them.

Each of the tour stops gives participants the opportunity to try out skills and information shared, in preparing a large scale international art project, to be displayed in Sydney in March 2013.

The tour commenced at Newport Beach, the start and end point of the tour. Each of the stops was accessible by foot. Participants were given the opportunity to swim at each stop, with the exception of the first stop. Each stop was also accompanied by a lifeguard. Each stop had a unique and fun name, with my favourite being "Mackerel Tracks Reserve" (considering that I missed it on the tour!). Each stop also had a unique feature, which I will describe in more detail below.

Many informative and art work can be seen, which is dedicated to Kids Day and more. Just one of the other great children's art work submitted is shown below, of a starfish.

Image 1

Bay Street, named as another mixed stop on the tour because, not only does it host beautiful patches of Boat Harbour sea grass, but also has a sandy bottom. Participants were given the opportunity to swim in the sandy area.

Image 2 - Mackerel

Bay Street, also called Newcastle Reserve by many locals, is a stop that was fun. Children were off! After we were by ourselves, we were joined by a lifeguard who was very friendly.

Image 3

Image 4 - Starfish (Kids Day art work) with mother, Tania and Miss Ava Bay Street, also called Newcastle Reserve by many locals, is a stop that was fun. Children were off! After we were by ourselves, we were joined by a lifeguard who was very friendly.

Image 5 - Starfish

Another stop that was fun was Bay Street, also called Newcastle Reserve by many locals, is a stop that was fun. Children were off! After we were by ourselves, we were joined by a lifeguard who was very friendly.

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AUSTRALIAN HUMOR.

Humor is the salt of fife, it gives a palatable tang to the everyday common place, leavening human intercourse-with its pleasant savor, adding a merry zest to' our journey through the world. Australian humor, for instance, is as different from Scottish humor as kilt is different from a billycan ; a joke that would raise a laugh in Woop-Woop would be received with' stony silence in Wigan; a quip. which would amuse the Cockney would cause the derisive Digger to utter contemptuous remarks. Australian humor has this, characteristic developed to a very high degree; it smacks of the bush, of the red-gum smoke swirling while the billy boils, of the beautiful blue distances, of the Australian love for an Australian Home. The creations of Steele Rudd— 'Dad" ', 'Dave,' 'Sarah,' and the rest of them were born at the very fountain of humor, but it takes a Dinkum Aussie" to enjoy 'On our Selection' at its full flavor.

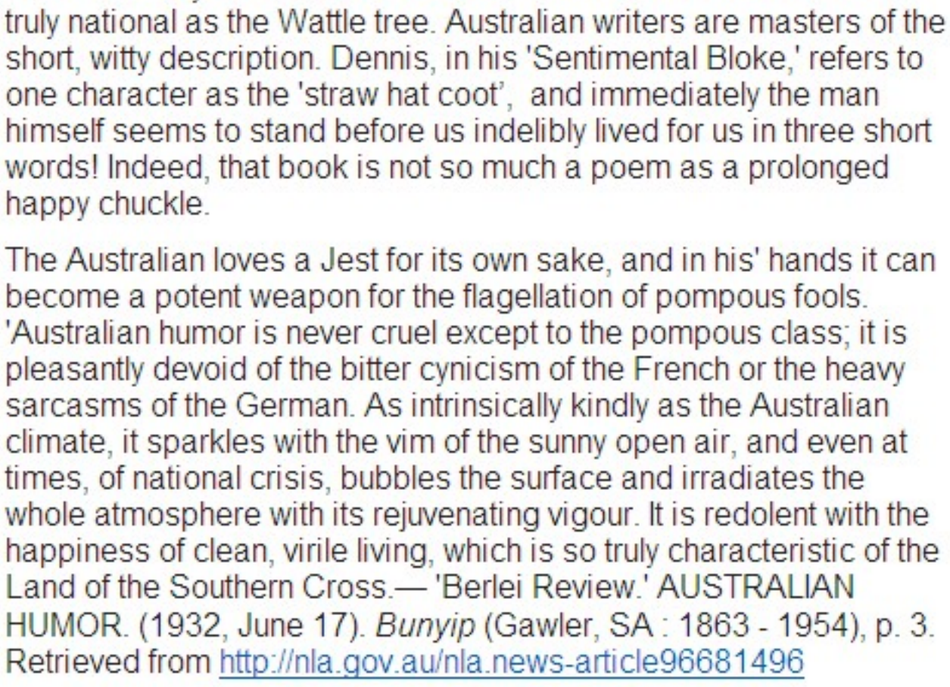
The writer's first introduction to Australian humor was in the trenches in Flanders, where he saw this notice displayed — 'Thirteen, thousand miles to Griffiths' Bros.'

It was not until years afterwards, when the writer came .to Australia and saw the familiar notice at frequent intervals that he saw the cream of the jest!.

There is always a whimsical twist to Australian humor which is as truly national as the Wattle tree. Australian writers are masters of the short, witty description. Dennis, in his 'Sentimental Bloke,' refers to one character as the 'straw hat coot', and immediately the man himself seems to stand before us indelibly lived for us in three short words! Indeed, that book is not so much a poem as a prolonged happy chuckle.

The Australian loves a Jest for its own sake, and in his' hands it can become a potent weapon for the flagellation of pompous fools. 'Australian humor is never cruel except to the pompous class; it is pleasantly devoid of the bitter cynicism of the French or the heavy sarcasms of the German. As intrinsically kindly as the Australian climate, it sparkles with the vim of the sunny open air, and even at times, of national crisis, bubbles the surface and irradiates the whole atmosphere with its rejuvenating vigour. It is redolent with the happiness of clean, virile living, which is so truly characteristic of the Land of the Southern Cross.— 'Berlei Review.' AUSTRALIAN HUMOR. (1932, June 17). *Bunyip* (Gawler, SA : 1863 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article96681496

Griffith Brothers:
http://webjournals.ac.edu.au/journals/adeb/g_/griffiths-james-1850-1925/
And: http://www.auspostalhistory.com/articles/1611.php



The Sentimental Bloke (1919) - Raymond Longford

The film is based on C.J. Dennis' 1915 Australian poem The Songs of a Sentimental Bloke. The film was produce by a South Australian company, The Southern Cross Feature film Co, and shot in New South Wales. Most of the exteriors were filmed in the Sydney suburb Woolloomooloo, Manly Beach, Bondi and The Royal Botanical Gardens, Sydney. Interiors were shot at Wonderland City in Bondi. The text on the inter-titles (designed by Lyell) was taken directly from Dennis' poem

Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 2000.

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Pittwater Online News
Your Community Newspaper
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Aussies Take Silver

Beach Volleyball duo Chris Tobias and Seb Norman have taken home the silver medal from the Asian Championships in Thailand.

Tobias and Norman defeated Indonesia's Ade Ary Sapta Hermawan and Koko Rudianto in the semi-finals, before losing to Thailand's Worapong Kaewsri and Jakrapong Kaewsri in the final.

Read more: Aussies Take Silver

Toxic Cyanobacteria warning advice

Cyanobacteria (blue-green algae) are naturally occurring microscopic organisms found in most waterways. Cyanobacteria can form blooms in warm, still, nutrient rich waters. Blooms can appear as scums, mats or discolouration of the water.

Cyanobacteria can produce toxins that can cause illness in humans and animals if swallowed or contacted.

Take Note do not swim, fish or drink Warriewood Wetlands

Pittwater Rugby Club Celebrates 50 Years

Pittwater Rugby Club will celebrate its 50th Anniversary on Saturday 2 March 2013 at Mona Vale Memorial Hall.

Pittwater Rugby Club was founded in 1963 and has since produced 3 Australian Rugby Union Captains, 1 Australian Rugby League Captain, 1 Australian Rugby League Coach and 1 Australian Rugby Union Coach.

Read more: Pittwater Rugby Club Celebrates 50 Years

February 17 - 23, 2013: Issue 98

Surfing Mums Inc.

At: http://www.surfingmums.com/index.php

There's nothing better then getting out in the fresh salt air and into saltwater, it's healing, relaxing and one of the best things you can do for yourself. A little while ago we discovered an association that began in Byron Bay in 2007 when two mums who surf, Vanessa and Julia took turns to watch two children on the beach while the other had a 30 minute surf. In 2008 Surfing Mums Inc was formed and since then is spreading right around our coastlines. Being a mum is a 24/7 joy but it's also hard work. Getting to be the you you were prior to becoming mum is rejuvenating, and that has a great flow on in being a mum. Getting to talk to others who share your interests is the exhale we all need.

A Dee Why group, coordinated by Kirsty Renike, who helped us with this week's Profile by sharing a few insights on her group and her own surfing, is part of this fantastic idea that helps mums who love to get in the water do so. The best news is one is beginning in Pittwater.

Who are Surfing Mums?

Surfing Mums Inc aims to unite mothers all over the world in our passion for surfing. We are a network of women who are mums (of course) that also love to surf and still want to get out on the water as often as we did prior to having kids. Its not about how well you surf, or whether you are a longboarder, shortboarder, kneeboarder, bodyboarder, body surfer or just learning to surf - it's about getting wet and having fun! Our network encourages you to build great relationships with like-minded mums and their families who will join you on the beach when the surf is pumping, or simply make friends with other mums and go for surfs without the kids! Now you don't have to be the only mum in your mother's group observing the wind to see which direction it's blowing, or trying to explain to the other mums why going down to the beach would be a better idea than sitting around a cafe!

Who are Surfing Mums Incorporated?

Surfing Mums Incorporated is a not-for-profit association that supports a network of mums that surf and who meet at the beach to alternate childcare duties enabling mums to enjoy some time in the surf. Our groups are situated wherever mothers surf and involve mothers of varying surfing abilities and different surf crafts (longboards, shortboards, bodyboards, kneeboards, stand up paddle boards bodysurfing etc), and mothers of children of different ages (from 1 day old to 18 years and beyond). We also encourage fathers and other carers to join our group.

Why have Surfing Mums Inc?

Not only the dream but the need to surf is like needing the air we breath or the water we drink. As a surfer before children, we were only limited by our work, or by other commitments, but there was always some time during the day when you could make it down to the surf. Then we had children and suddenly we had a 24 hour 7 day a week commitment, children didn't give us time off for an early or late surf, they sure didn't care when the surf was good and we would have been happy with just a 20 minute paddle.

Anyone can become a Surfing Mums member, stay at home dads also. Surfing mums is here to help mums and dads get out in the surf and in turn relay the children between each other with safety as the main concern. Membership is $50 for the year which covers public liability insurance, flags for the groups, first aid kits and membership packs. The Dee Why group started in November last year. We meet every Friday at 9am in front of the surf club at Dee Why. We swap surfing with looking after one other mum's children on the beach. All the children wear little fluoro tops so they stand out. They always have a great time playing on the beach together and are all become good little friends. The mums go out for dinner once a month (with out kids) and are going away up the coast in March

What are the best things about surfing that help you enjoy being a mum more?

It's rare to get time to yourself once you have children so having the opportunity to do something for yourself is quite amazing. Even if it just a quick 20 mins paddle you come out of the water feeling recharged and energized and I think the way you are feeling really rubs off on your children, happy mum happy child. Maintaining a healthy level of fitness is also really important as a mum.

What is your favourite break?

Long Reef

What does getting in the water together as 'surfing mums' mean?

It doesn't matter how well you surf it's about getting out there and having fun. You build great relationships with like minded mums. Everyone is really encouraging and supportive of each other. The minute we get in the water everyone has the biggest grin on their face, its great sharing an awesome time with the other mums. I love seeing how happy surfing makes everyone, it's like they leave the beach a new person and its great knowing you helped make their day better by looking after their child so they could go for a surf. All the children have heaps of fun playing on the sand so it keeps them happy too!

How long have you been surfing?

On and off for about 12 years

Tell us about three of your best surfing experiences:

To be honest anytime I get the chance to get in the water. It's not like I can go whenever I feel like it so I think I really appreciate any opportunity I get.

Surfing mums is beginning a Pittwater Group, please tell us about where/when:

Hopefully on a Wednesday either at Avalon or Whale Beach. We have a monthly meet on the first Sunday of every month. All our partners come along and we have a BBQ in the park after. Our next Sunday meet is on 3rd of March and it will be a Whale Beach.

How it works

The different groups meet once a week, fortnightly or once a month, and this is just a time to catch up on surfing news and share stories of your month. If the surf is good, then they get some waves in too while the kids play with their new little friends on the beach. This is also a time to meet other mums and set up your own regular surf dates if you like.

Mums often ask "How will I know if my child is safe while I am in the water?". The only way to do this is to form the relationships with the other mums before you start 'beach sitting'. Meet up a few times on the beach before you leave your child with your new surfing mum friend, then maybe start with a few short sessions, as your confidence builds you'll soon be surfing for up to an hour before its your turn to swap and let the other mum go out for a surf. It is however ultimately your responsibility to ensure the safety of yourself and your child. We are only coordinators of this activity and all participation is voluntary.

Need some more information? Check out our FAQs or feel free to contact us with your questions.

Dee Why Surfing Mums.

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February 17 - 23, 2013: Issue 98

Newport Wharf

What today we know as the Newport Wharf at the end of Queen's parade (west) below current Newport Arms hotel began as a pier circa 1879 which was built by Charles Edward Jeannerett in anticipation of developing then heavily wooded and pristine Newport. Although seemingly nameless for this period, it would have been described in terms by those who were eye witnesses early and by advertising material for contractors by real estate developer Geore Pile, real estate speculator, agent and auctioneer, who was contracted to aid in this venture:

January 1880: TO CONTRACTORS – TENDERS are wanted for clearing roads and about forty acres of land at the new **Pittwater Marine Township**. Apply Mills and Pile, **112, Pitt Street**. Advertising. (**1880, January 19**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 2. Retrieved from http://nla.gov.au/nla.news-article13450418

But our steamer, the good ship ***Florrie***, owned by Mr. Jeannerett, is in waiting, lying alongside a jetty at the head of the bay, so we immediately embarked for our destination, Barrenjoey, a distance of about eight miles. **On the opposite side of the bay is New Port, the property of Messrs. Mills and Pile and Mr. Jeannerett, who are erecting an hotel**, for the accommodation of visitors to the bay. It will have a fine situation; and when the place becomes more widely known, as it deserves to be, the hotel will doubtless be largely availed of. LAYING the FOUNDATION-STONE of a NEW LIGHTHOUSE at BARRENJOEY. (**1880, April 17**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article13458288

Although Piles and Jeannerett did not officially own land here until February 1880, as some sources state, they clearly had rights enough from late 1879, and their words as gentlemen who were already contributing much to the development of Sydney both as standing to represent Canterbury and local MP's or Councillors (Pile was defeated at elections he stood for in November, 1880, only getting 493 votes; two representatives, William Piggott and William Henson were voted in, getting 2,513 (42.11%) and 1,380 (23.12%) respectively). Jeannerett was an alderman of Hunter's Hill and mayor in 1870-71, 1877-78 and 1890. From 1886 he represented Bourke ward in the Sydney City Council. *As a magistrate he administered 'strict justice and sound common sense' in the Water Police Court. He was defeated for Central Cumberland in 1875, he represented Carcoar in the Legislative Assembly in 1887-89 and 1891-94 as a free trader.* (1.)

Department of Public Works: (Contracts and Tenders;) Sydney May 21st 1880: Road, Manly to Pittwater-Contracts 1 and 1L . Advertising. (**1880, May 22**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article13460485

They purchased land from the then released Basset-Darley Estate:

At Pittwater the Bassett Darley estate was sold in two parts. In 1880 Charles Edward Jeanneret and George Pile paid 732 [pounds sterling] for 118 acres on which to establish the New Marine Township of Newport, (49) while the remaining land, apart from a one acre lot purchased by the Church of England, was bought by John William Cliff for 8000 [pounds sterling] in 1886. (50)
(49) Land Titles Office, Old System Deeds Book 201, No. 916; Book 224, No. 576.
(50) Land Titles Office, Old System Deeds Book 340, No. 647. (2.)

Alan Sharpe, *Manly to Palm Beach – Pictorial Memories*, records: Bassett Darley Estate at Newport/Mona Vale Comprised 700 acres (283 ha) granted to Robert Campbell Junior in 1814 and extending over the southern half of present-day Newport and the northern half of Mona Vale. (3.)

Soon what was called Newport Hotel a few years before it had a licence, featured in advertisements for forthcoming sales for the by then named 'Marine Township of Newport'. A similar notice appeared in all major capital city newspapers:

We have received from **Messrs. Mills, Pile, and Gilchrist, (who have published it for the proprietors) an interesting pamphlet descriptive and illustrative of the beauties and attractions of Newport, Pittwater**, and the celebrated Hawkesbury lakes. The work consists of about eight pages of letter-press and nine carefully lithographed drawings, depicting the more important scenes and places of interest in the locality. The description is capably written, and the illustrations, lithographed by Messrs. S. T. Leigh and Co., from **water colour drawing- by Mr. H. Brees**, are very creditably executed, and give excellent ideas of the places represented. Appended is a plan and local sketch of the **new marine township of Newport**, and altogether the publication is one which will commend itself highly to all interested in one of the most picturesque spots on the New South Welsh coast. NEW'S OF THE DAY. (**1880, August 26**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13466890

You can see the list of H Brees drawings of Newport used in these lithographs at the National Library of Australia HERE

Lane Cove and Pittwater. (BY OUR TRAVELLINGREPORTER.): Another trip I took very recently, via Manly to Pittwater, or rather1Newport, as I suppose it will in future be known by.- I was fortunate enough to be included in a party of four, and, like the previous one, found this journey an extremely1pleasant one. Taking a couple of conveyances from Manly, we drove on a very well made road 'some 14 miles or so, passing enroute through a very large shallow lagoon, connected with the ocean by a narrow outlet. I was informed that it was the duty of some official to so " manipulate" the sandbank at the latter place as to keep the crossing place as safe as possible, by allowing free outlet for the water. It is to be hoped that this gentle-'man does not neglect his work, as I understand it is a matter that requires constant attention. **Arrived at the embryo township of Newport, we had just time to give a passing glance around before our brief sojourn was over. There is already a small quay where the American pine is landed that the one house-an hotel-is being partly constructed of. The place is very beautiful, and the gentlemen interested therein, Messrs. Mills, Pile, and Jeannerett**, deserve well of the Sydney people for their enterprise in making another "extra desirable" resort of the metropolitan citizens. I may mention, concerning the lagoon we had to got through, that a bridge thereon is already on the *tapis*, that will place Newport within three hours of the General Post-office. And thus, so far; ends, my suburban pilgrimage, which I have as heartily enjoyed as anything of the sort it has been my good fortune to experience. Lane Cove and Pittwater. (**1880, August 28**). *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 18. Retrieved from http://nla.gov.au/nla.news-article70947110

Picture of Newport hotel above is dated 10.7.1884 and courtesy Pittwater Local stduies - Historical Images, Mona Vale Library.

N E W P O R T H O T E L, PITTWATER.
JOHN COLLINS, Proprietor.
FIRST-CLASS ACCOMMODATION. BOATS ALWAYS AT THE WHARF.
for Fishing Parties, Buggies for Excursionists at the Hotel. The steamer Florrie starts from the wharf for Gosford and the Hawkesbury. Splendid ocean Beach. Grand Mountain Scenery. Pending the issue of a license the Hotel will be conducted as an Accommodation House. Coaches leave the Manly Wharf and the Colonnade Hotel, Manly, whenever required. Advertising. (**1880, September 22**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article13468589

John Collins is the Pittwater gentleman who brought Samuel Morrison out to Pittwater in 1884 when he was stranded by Boulton's coaches and accommodated him at 'Collin's Retreat', just around the corner from the Newport Hotel, which later became known as 'Bay View House' and Scott's in succession of owners. (4.) John Collins was advertising accommodation at this (Collin's) premises from November 1882. He may have missed out on a licence due to a small problem with him and his wife, Sarah Farrell, being accused of running a sly grog shop from the Collin's Retreat and being found guilty of this in 1883. He was obviously pretty busy when the steamers came in but things may have seemed to be quickly shifting to Mr Collins due to another force in our 1880 community, the hard working and determined William Boulton:

Manly and Newport, via Brady's, Jenkins, and Boulton's, twice a week; and Newport, Barrenjoey, Blackwall, Kincumber, and Gosford, twice a week. General Post Office, Sydney, 27th August, 1881. **CONVEYANCE OF MAILS.** (**1881, September 17**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article13494936

William Boulton was in possession of a licence by January 1882, advertising soon after and had a renewal early in 1883 (5.):

NEWPORT HOTEL.-WILLIAM BOULTON beg's to inform the public that, having taken the above, he is prepared to offer the best accommodation to pleasure-seekers and others. Choicest Assortment of LIQUORS kept. Coaches run from Manly MONDAYS, WEDNESDAYS, THURSDAYS, and FRIDAYS, at 8 a.m., for Newport and Gosford ; FRIDAYS for the Hawkesbury River, at 3.30 p.m._ PRIVATE APARTMENTS for ladies or gentlemen. Advertising. (**1882, May 22**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article13511809

Renewals of licences were granted to the following -W Boulton Newport Hotel. POLICE. (1883, January 31). The Sydney Morning Herald (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13526591

Charles Jeannerett, one of the partners in the Parramatta and River Steamers, who had taken over the Florrie's Government mail contract from Blackwell John Davis, shipbuilder who had originally been contracted to build this vessel and run the mails, began allowing other steamer companies to land tourists as soon as he could;

QUEEN'S BIRTH DAY. SELECT and FAMILY EXCURSION to PITTWATER and HAWKESBURY LAKES, and **the New Marine Town of NEWPORT.** The fast, powerful, and steady Steamship **KEMBLA**, has been engaged, and **will leave the CIRCULAR QUAY, at 9am**, returning at 7 p m. At this season of the year the sea is as smooth as a pond, and a delightful trip may confidently be anticipated. Every arrangement will be made to ensure the comfort of each PRIVATE PICNIC PARTY, and the MAGNIFICENT SCENERY of PITTWATER, and the Lower Hawkesbury, will be seen to the best advantage. TICKETS, 5s EACH May be obtained on board, or at the KING-STREET WHARF; MR MADDOCK, George-street. Advertising. (**1880, May 18).** *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 2. Retrieved from http://nla.gov.au/nla.news-article13460203

Left: The *Kembla* was originally a 325 gross tons, 204 net. Lbd: 185'1" x 22'1" x 11'5". Iron paddle steamship built by J Reid & Co., Glasgow for the Illawarra S N Co., Sydney. Of 2 cylinder LP producing 165 horsepower and capable of 14 knots. Lengthened in 1873 becoming of 449 gross tons, 283 net with Lbd: 209'2" x 22'6" x 11'5". Owned by C J Stevens who formed the Newcastle Steamship Co Ltd. (6.)

One of the most' successful excursions that has taken place during the season was that which was held yesterday to Pittwater and the Hawkesbury River. The glorious scenery of this matchless river doubtless had the effect of inducing so large a number of persons to assemble on board the good ship Kembla, which was lying at the Circular Quay yesterday morning, ready to convey intending excursionists. At a quarter to 10 precisely **the Kembla** cast off her moorings and steamed away, **having on board at least 800 people.** The weather was magnificent, and the trip a most enjoyable one to most of those on board, though some were to be met with suffering from mal de mer. Barrenjuey was rounded about 12, and the glorious scenery which burst upon the view of the excursionists, and which was seen for the first time by most of them, excited universal admiration. **At a quarter to one the Kembla was brought up alongside the wharf at Newport**, and the majority of her living freight, after getting ashore, dispersed in various directions. **Refreshments were to be had in plenty on board the steamer, and about 150 partook of luncheon in the saloon.** At four o'clock, when every spot worth visit-ing had been thoroughly "done" by most of the excursionists, the party re-embarked. The steamer was then headed down the bay, and after a pleasant run of about three-quarters of an hour Mount Elliott was rounded, Captain Skinner having kindly decided to give his passengers an additional treat by trio un to the entrance to the Hawkesbury. This was looked upon as a great treat, and frequent exclamations of delight were heard as each point of interest and beauty was passed. After going up the estuary about five miles, Captain Skinner turned his vessel's head homewards, and after a pleasant passage the Kembla was brought up alongside her wharf in Darling Harbour. No accident of any kind occurred to mar the day's enjoyment, and the almost universal verdict was that tie excursion was about the most successful, in every respect, that has been, held this season. HARBOUR EXCURSIONS. (**1880, May 25**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article13460708

PRINCE OF WALES'BIRTHDAY -EXCURSION to NEWPORT, BROKEN BAY. The fast and favourite **steamship ILLAWARRA** will leave the I. S. N. Company's Wharf next TUESDAY, 9th November, at 1130 a.m. Tickets, 5s ;children, half-price. At MADDOCK'S, or on the Wharf; **Brass band engaged.** Advertising. (**1880, November 5**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 2. Retrieved from http://nla.gov.au/nla.news-article13478150

EXCURSION to NEWPORT, PITTWATER, and BROKEN BAY. The favourite **steamship HUNTER** will leave the Illawarra Company's Wharf, Erskine-street, at 10a.m. on SATURDAY next, for NEWPORT WHARF, BROKENBAY. **Brass Band engaged.** RETURN FARE, 5s; CHILDREN HALF-PRICE. Luncheon obtainable on board. NEW YEAR'S DAY. NEWPORT. PITTWATER. THE BEST PICNIC LAND KNOWN. THE TERMINUS OF THE HAWKESBURY. THE HEAD OF PITTWATER NAVIGATION. ONLY 10 MILES FROM MANLY. GO BY STEAMER and COME BACK BY ROAD, or to MANLY and BACK BY ROAD. **COACHES by FARRELL, BOLTON, and FRASA**. MAKE YOUR OWN ARRANGEMENTS IN TIME. SAME FARE AS STEAMERS. NEWPORT, NEWPORT, PITTWATER. NEW YEAR'S DAY. **The ILLAWARRA CO.'S STEAMSHIP HUNTER** will leave the COMPANY'S WHARF, on NEW YEAR'S DAY, 9.30 a.m , DIRECT FOR NEWPORT, RETURNING in the Evening. **See Newspaper Reports on the KAMARUKA Boxing Day Trip**. Advertising. (**1880, December 30: Thursday**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 2. Retrieved from http://nla.gov.au/nla.news-article13480589

By 1885 the pier/quay was named '**Victoria Wharf**' in documents prepared and published for the next phase of Mr Jeannerett's ventures, probably due to a visit by Queen Victoria's sons, Princes Albert and George (later King George), who were sent as naval cadets on HMS Bacchante for a three year world tour of the then British Empire. They visited Newport in 1881 and an excursion they were taken on up the Hawkesbury River departed from Newport wharf:

On the 1st August a party from Government House and the Detached Squadron made an excursion up the Hawkesbury and fortunately the weather was so fine that every lovely scene on the river appeared to the best advantage. The Royal Princes were of the party. At an early hour those engaging in the excursion left Man-of war Stairs, and proceeded in the steam launch ***Nea*** to Manly, whence they were **conveyed by Mr Boulton's coaches to Newport**. There they were **received by Mr Jeannerett on board the steam launch *Pelican***. Barrenjuey was passed about 11 o'clock, the boat then proceeded up the river. The day being beautifully clear, the scenery of the Hawkesbury was seen to the best advantage and was very much admired. Wiseman's Ferry was reached about 3 o'clock in the afternoon. The Pelican stopped at the wharf for a few minutes, and on-the Princes appearing the residents assembled, and an address of loyal welcome was read and presented to them by the master of the Public school, on behalf of the inhabitants of the village. The school children sang the National Anthem ' and those assembled then gave three hearty cheers for the Queen and the Princes. Prince Edward acknowledged the compliment in a few appropriate words. The Pelican resumed her journey, and went up the river as far as Sackville Reach, at which spot the party disembarked and drove thence to Windsor, returning from Windsor to Sydney by special train at night. The Princes slept at Government House on August 1, and on Tuesday took part in tho ceremony of laying the foundation stone of the pedestal for the statue of her Majesty the Queen which will be placed in the circular reserve at the top of King street, near St James s Church. THE ROYAL PRINCES IN SYDNEY. (**1881, August 11**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article13492318

Wreck of the S.S. Collaroy, 1881 / photographer unknown. 1881. Image No: a1528938, courtesy State Library of NSW

Other reports of this trip from Manly state the Princes being amazed at the sight of the steamer *Collaroy*, beached at Long Reef, which later gave it's name to this area and stretch of sand. This steamer regularly made her way to Pittwater. On the way to escorting the Princes to the Hawkesbury Mr Jeannerett made sure to stop and gather his host from the lighthouse ground breaking ceremony:

At Barrenjoey Mr. A. T. Black and friends were invitad on board the Pelican and the boat then proceeded up the river. THE DETACHED SQUADRON. (**1881, August 2**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13491533

OUR SAILOR PRINCES: PRINCE ALBERT VICTOR. PRINCE GEORGE OF WALES. PRINCE ALBERT VICTOR. PRINCE GEORGE OF WALES. OUR SAILOR PRINCES. (**1881, May 7**). *The Australasian Sketcher with Pen and Pencil* (Melbourne, Vic. : 1873 - 1889), p. 145. Retrieved from http://nla.gov.au/nla.news-article60622448

THE HAWKESBURY RIVER AND PITT WATER STEAM NAVIGATION COMPANY, LIMITED
To be Registered, and the Liability of the Shareholders Limited under the Companies' Act. The above Company is proposed to be formed for the purpose of **establishing a regular and efficient Steamship Service between Sydney, Pittwater, and various places upon the Hawkesbury River. It is proposed that the Company purchase the steamers and wharfage rights of Mr. C. E. Jeanneret and Messrs. Melvey and Ford**, who are now conducting the passenger and goods traffic between Sydney, Pittwater, and the Hawkesbury River. The purchase will also include the goodwill of the business carried on by Mr. Jeanneret and that of Messrs. Melvey and Ford. The **steamer Amy** will be sold to the Company by Mr. Jeanneret and **the Moramara** by Messrs. Melvey and Ford.
The wharfage rights of the vendors consist of- '
1. The occupation by lease of a wharf at Peat's Ferry at, present held by Mr. Jeanneret.
2. The lease of a wharf in course of construction at Peat's Ferry held by Messrs. Melvey and Ford.
3. A "Wharf at Flat Rock Point upon the Hawkesbury River, held by Mr. Jeanneret, from the Crown.
4. **Freehold land at Newport with Wharf, known as Victoria wharf.**
5. The wharfage right of Mr. C. E, Jeanneret for the unexpired residue of the term of two years over portion of **No. 4 Jetty, Circular Quay, Sydney, for the purpose of embarking passengers and their goods.**
In addition to the above properties a Cottage and Water Tank at the Basin, Pittwater, as now held under licence from the Crown will be transferred to the Company.
The Vendors can also arrange with the Company for storage and wharfage of goods if required, at a fixed rate.
The capital of the Company will be £10,000 divided into 10,000 shares of £1 each. Of these 4000 will be allotted as fully paid up to the vendors, Messrs. C. E. Jeanneret and Messrs. Melvey and Ford, and the balance of 6000 shares will be offered to the public upon the following terms of... Advertising. (**1885, August 29**). *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 8. Retrieved February 2, 2013, from http://nla.gov.au/nla.news-article70983085

Late Advertisements.

THE PARRAMATTA STEAM COMPANY'S LINE of STEAMERS to GOSFORD. (Established 1880).

DEFIANCE, ALBATROSS (or PSYCHE, Chartered), and AMY.

More Frequent Trips! Increased Speed!

Daily (Sundays excepted) : From Gosford, 8 a.m., 2 p.m. From King-st, 8.30 a.m., 1.30 p.m. Circular Quay, 9 a.m., 2 p.m. — Reduced Fares! — 1st Class 3s, Return 4s 6d. 2nd Class 2s, Return 3s 6d.

ALTERATION of TIMES of ARRIVAL and DEPARTURE.

On and after 7th OCTOBER, and until further notice, The DEFIANCE will leave King-street at 8.30, and No. 4 Jetty, Circular Quay, at 9 a.m., for Blackwall and Gosford direct, arriving at Gosford about 12.30; returning from Gosford at 2 p.m., arriving in Sydney at 5.30 p.m.
The PSYCHE or ALBATROSS will leave Gosford at 8 a.m., arriving in Sydney, Circular Quay, at 11.30, and will leave King-street at 1.30, Circular Quay at 2 p.m. for Gosford, arriving in Gosford at 5.30 p.m.
The AMY, with cargo and passengers, will (if inducement offers) leave King-street at 8.30 a.m., Circular Quay 9 a.m., on Tuesdays and Fridays, for Gosford and the Hawkesbury River, carrying passengers and cargo for Gosford, Pittwater, Peat's Ferry, Mullet Creek, Wiseman's Ferry, and all intermediate wharves, and returning from Sackville Reach on Wednesdays and Saturdays at 5 p.m. for Sydney. Hawkesbury River excursionists, from Sydney, via Newport, leave Fridays, 2.15 p.m., for Manly, and proceed to Windsor on Saturday, returning to Sydney (by rail) at 9 p.m.

FARE TO AND FROM GOSFORD AND SYDNEY: First class, 3s; return, available for a week by any of those steamers, 4s 6d. Second class, 2s ; return, ditto ditto ditto, 3s.

Monthly, Quarterly, or Yearly Contracts as may be agreed upon.

N.B.—The ALBATROSS, much the fastest boat ever employed to Gosford, having been temporarily withdrawn for want of sufficient support, will shortly be run permanently in the trade if this running of steamers, both ways, twice a day, meets with the support of the public.

For particulars, apply to the Manager Parramatta Steam Company, King-street, or to Mr. G. WATT, Agent, Storekeeper, Gosford.

National Library of Australia

At Right: Gosford move by Parramatta Steamer Co: Advertising. (**1885, October 3**). *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 42. Retrieved from http://nla.gov.au/nla.news-article70984606

Soon after the lead up 'blurbs' the first official notices for sale of Newport lots appeared:

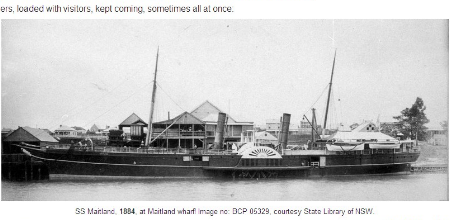
PRINCE OF WALES BIRTHDAY. SALE OF ALLOTMENTS IN THAT CHARMING SANATORIUM, NEWPORT, THE LOVELIEST SPOT IN AUSTRALIA DON'T FORGET TO ATTEND THE SALE. THE TOWNSHIP IS LAID OUT ON A GRAND SCALE. THE MAIN-STREET IS 2 CHAINS WIDE. Call for a Lithograph, MILLS, PILE, and GILCHRIST, Auctioneers. PRINCE OF WALES BIRTHDAY. THE GREAT SALE of the SEASON. THE MOST GLORIOUS PICNIC. THE GREAT SALE of the NEW WATERING PLACE, NEWPORT. AT THE HEAD OF PITTWATER, CLOSE TO MANLY. THE PORT OF THE HAWKESBURY. REGULAR COACH ACCOMMODATION TO MANLY-. REGULAR COMMUNICATION BETWEEN BRISBANE WATER.THE STARTING PORT of the HAWKESBURY STEAMERS. THE MOST BEAUTIFUL RETREAT in NEW SOUTH WALES. ATTEND THE SALE' on the 9th NOVEMBER. PRINCE OF WALES' BIRTHDAY". THE FIRST SALE OF ALLOTMENTS IN THE NEW MARINE TOWNSHIP OF NEWPORT. MILLS, PILES and GILCHRIST will sell by public Auction, on the GROUND, NOVEMBER 9th, at 2 p.m . SEVERAL SECTION'S IN THAT MOST PROMISING TOWNSHIP, which possesses the following advantages :
IT IS NEAR a beautiful OCEAN BEACH, at the head of a lovely- bay, between romantic headlands. It has extensive frontage to the deep waters of PITTWATER LAKE. **THE LINE of STEAMERS for-BRISBANE WATER and the Hawkesbury start from the NEWPORT WHARF.** THE SCENERY is beautiful in the extreme, the views from the adjacent mountains are most extensive, the vegetation superb. IT WILL he the head centre of YACHTING and FISHING PARTIES. AS A PROOF of its prospects, it may be mentioned that although the HOTEL (now an accommodation house only, until a license is got for it) **has only been occupied ONE MONTH, yet the tenant has made APPLICATION for 12 additional rooms, and offered to contribute to the cost of the same**. THE PROPRIETORS have so high an opinion of the FUTURE of NEWPORT, that they have decided to sell only a portion thereof, and hold the remainder for some years to come. ATTEND THE SALE. LIBERAL TERMS. LITHOGRAPHS NOW READY. Advertising. (**1880, November 5**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article13478153

FOR SALE AT THE ROOM'S, **114, PITT-STREET**, some FINE BUSINESS SITES in the TOWNSHIP OF NEWPORT, suitable for Hotels and Shops. A good business will be done there before long, **Newport being the true PORT OF THE HAWKESBURY**. The terms will be £5 deposit on each lot, and the balance 20s per month. Advertising. (**1880, November 24**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 13. Retrieved from http://nla.gov.au/nla.news-article13483571

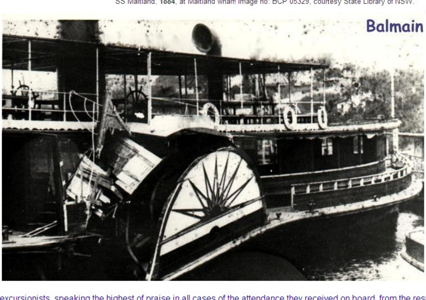
Newport was named the Land of Lemons and Oranges at this time due to a prevalence of farms and farmers (*Heron Cove*: Pittwater Waters History Month, Nov. 2011). With the numerous vessels now pulling into the wharf and offloading seemingly thousands of people each week, improvements and making this an official public wharf, not just named as the 'Newport Hotel Wharf' was asked for:

MESSRS, BURNS AND CULLEN, members for St Leonards, brought under the notice of the Minister for Works yesterday the movement **at Pittwater for the erection of a public wharf at Newport. They presented an influentially-signed petition in favour of the erection of a wharf at Sunnyside, and stated that another petition, praying that the wharf be erected at the foot of Queen's-parade, in the same quarter**, had been sent to the Minister for Lands. Mr. Bruce Smith promised to make the necessary inquiries as to the necessity for the wharf, and to let the deputation know the result. *The Sydney Morning Herald*. (**1889, May 22**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article13725373

The steamers, loaded with visitors, kept coming, sometimes all at once:



SS Maitland, **1884**, at Maitland wharf Image no: BCP 05329, courtesy State Library of NSW.



The **Maitland** left the wharf in Darling Harbour crowded with passengers bound for Newport and-Peat's Ferry. THE HAWKESBURY TRIP. (**1890, January 28 TUESDAY**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 6. Retrieved from http://nla.gov.au/nla.news-article13757590

Captain Knowles, of the **Namoi,** in concert with the **Gwydir,** landed his passengers at the jetty at Newport, and gave them a run on shore for about three hours, which was most thoroughly enjoyed. The Namoi was the first steamer to arrive in port, followed closely by the s.s. Gwydir and immediately in the latter's wake came the S.S. **Balmain**. The excursionists speaking the highest of praise in all cases of the attendance they received on board, from the respective commanders downwards. It is pleasing to relate that no accident ocourred throughout, the weather fine, the sea smooth, and a most enjoyable day was spent. OCEAN EXCURSIONS. (**1890, April 8**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 6. Retrieved from http://nla.gov.au/nla.news-article13766008

Right: SS *Namoi*. Above: SS *Balmain*: Wooden paddlewheel steam ship, 177 tons, 120.00 x 20.00 x 7.30 (feet), **passenger capacity: 580.** Launched 1883. Many of these vessels, with capacity for hundreds of people, sometimes thousands, could not fit all of the people who wanted to come on board. Some reports from 1890 state up to 300 people were left in town on the wharves because they could not fit safely on. See ***Pittwater Steamers Part I***

Upon arriving at Newport the Sydney visitors were ennbled to spend several hours ashore, picnicking, fishing, gathering flowers, or enjoying a stroll along the cool avenues which branch off in many directions from **Hodge's Newport Hotel.**THE HAWKESBURY RIVER. (**1890, November 11**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13798013

There is a lapse of almost nine years between the first appeal by the communities representatives to the Department of Public Works and the tenders for and construction of a public wharf at Newport that's more then a pier. One of the reasons is contained in this:

At a meeting at Newport on Saturday a resolution was passed stating that the time had arrived when Manly and Pittwater should be connected with North Shore by railway. **Mr. Burns, M L A , said that between January and May of this year one Sydney company had booked as many as 5000 passengers to Pittwater on excursion days by one line of steamers**. The present population of Manly was about 4500, Whilst the population of North Shore that would contribute traffic totaled 18,000. At present the passenger traffic to Manly amounted to upwards of 800,000 per annum and this would be largely increased by an efficient railway service.

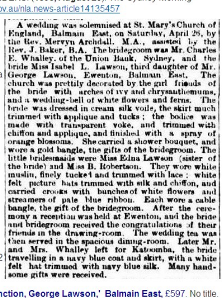
A well attended meeting in advocacy of a line of railway from North shore to Manly and Pittwater was held at Newport on Saturday afternoon. Resolutions woro passed allirming that the time had arrived when such a line should be built, and an executive committee was appointed to co-operate with tho North Sydney, Manly, and Pittwater Railway League in agitating the claims of the districts to railway communication. The meeting was attended by Mr. Burns and Mr. Cullen, M.L.A The Sydney Morning Herald. (**1890, June 23**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 4. Retrieved from http://nla.gov.au/nla.news-article13799842

As the tram service, rather then a train connection, took a few years longer and only ever ran to Narrabeen, what seemed like a good solution never came to pass. Mr Jeannerett passed away on 23rd of August 1898, ill for some months prior to then. Almost nine years after the first appeal to 'modify' what was still called the Newport Hotel Wharf:

The following tenders were opened by the Tender Board of the Public Works Department yesterday :- **construction of a wharf and approach at Newport, Pittwater, 4 tenders, G. Lawson lowest, £496**, 13s 3d PUBLIC TENDERS. (**1898, July 19**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article14148762

PUBLIC TENDERS. Tenders have been **accepted for the following Public works - Miscellaneous -Wharf and approach at Newport, Pittwater, G Lawson (Camden Haven), £496, 13s 3d**. PUBLIC TENDERS. (**1898, August 23**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 3. Retrieved February 14, 2013, from http://nla.gov.au/nla.news-article14135457

George Lawson was the Macleay River resident and third son of Christopher Lawson. Both are listed as shipwrights at Frederickton, Murwillumbah. George Lawson, who married Emily Ann Cheers in 1871, went on to have 11 children. He was renowned as a wharf and bridge builder from at least 1895 and many of the major and minor wharves on our eastern coast were built by him, as a contractor, during the twenty years from 1895-1904. Soon after winning the contract to build a public wharf at Newport where the pier had once been, he moved his family to Eweton, the rambling historical residence in Balmain and is recorded as living there until 1905. One of his daughter's had her wedding reception here (at right from): SOCIAL. (**1902, May 17**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article14461102



A wedding was solemnised at St. Mary's Church of England, Balmain East, on Saturday, April 26, by the Rev. Mervyn Archdall, M.A., assisted by the Rev. J. Baker, B.A. The bridegroom was Mr. Charles E. Whalley, of the Union Bank, Sydney, and the bride Miss Isabel L. Lawson, third daughter of Mr. George Lawson, Eweton, Balmain East. The church was prettily decorated by the girl friends of the bride with arches of ivy and chrysanthemums, and a wedding-bell of white flowers and ferns. The bride was dressed in cream silk voile, the skirt much trimmed with applique and tucks ; the bodice was made with transparent yoke, and trimmed with chiffon and applique, and finished with a spray of orange blossoms. She carried a shower bouquet, and wore a gold bangle, the gift of the bridegroom. The little bridesmaids were Miss Edna Lawson (sister of the bride) and Miss B. Robertson. They wore white muslin, finely tucked and trimmed with lace ; white felt picture hats trimmed with silk and chiffon, and carried crooks with bunches of white flowers and streamers of pale blue ribbon. Each wore a cable bangle, the gift of the bridegroom. After the ceremony a reception was held at Eweton, and the bride and bridegroom received the congratulations of their friends in the drawing-room. The wedding tea was then served in the spacious dining-room. Later Mr. and Mrs. Whalley left for Katoomba, the bride travelling in a navy blue coat and skirt, with a white felt hat trimmed with navy blue silk. Many handsome gifts were received.

Harbour and River Works -**Repairs to wharf and approach at Careel, Pittwater, George Lawson, Balmain**, schedule works. PUBLIC WORKS TENDERS. (1899, April 18). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article14209738

Erection of wharf at Gladstone, Macleay River, G. and T. Lawson, £449. Public Works Tenders. (**1891, January 10**). *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 42. Retrieved from http://nla.gov.au/nla.news-article71247840

Harbours and River Works: -**Construction of a wharf and approach at Blackwall, Brisbane Waters George Lawson, Balmain**. Est £391. PUBLIC WORKS TENDERS. (1901, March 20). The Sydney Morning Herald (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article14352625

The Following tenders have been accepted: **Construction of timber beam bridge over Teven Crook, on road, Alstonville Booyong road to Teven Junction, George Lawson,' Balmain East,** £597. No title. (**1904, February 27**). *Clarence and Richmond Examiner* (Grafton, NSW : 1889 - 1915), p. 4. Retrieved from http://nla.gov.au/nla.news-article61402254

TWEED RIVER – MURWILLUMBAH Mr George Lawson aged 66 years, **well known in the Northern Rivers District as a bridge and jetty contractor**, died today. *TWEED RIVER NEWS.* (1914, February 23). Northern Star(Lismore, NSW : 1876 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article72290851

George Lawson, 68, farmer, of Dungay, died last week. Deceased, who had been ill about four months, leaves a widow and an adult family of 11 children. Lawson was a native of the Macleay River, and resided there for about 35 years. PERSONAL. (**1914, February 26**). *Clarence and Richmond Examiner* (Grafton, NSW : 1889 - 1915), p. 4. Retrieved from http://nla.gov.au/nla.news-article61625285

Hawkesbury River at Newport, N.S.W. by John Henry Harvey 1855-1938. [ca. 1880-ca. 1935]Image H91.300/505, courtesy State Libraryf of Victoria

Fortunately, by 1906, Pittwater wharves were overseen by the brand new Warringah Shire Council and road improvements in Newport, new water troughs beside new water pumps, and the widening and grading with blue metal, some contracted out to George Boulton in 1907, begin appearing in their initial Minutes records. The lands around the Newport wharf, as with other reserves, were still owned by the State Government for which the new council paid rates. The water rights were also owned by State Government up to high tide mark and this initially restricted development or improvements for structures from these lands and into these waters for which they were responsible. Warringah Councillors, contacted regularly by Newport Progress and Scotland Island Community Groups for improvements to dirt roads, or by proprietors, underline community involvement from the first instance.

During Autumn, Spring, and Winter the steamers, with Pitwtater ***SS Phoenix*** among them, kept coming:

HOLIDAY: Excursions to Hawkesbury River and Pittwater rill be run by the Newcastle and H.R.S.S. Co.,limited. The Namoi will go to Cowan Bay, and Also about five miles up Cowan Creek, and the **Archer to Newport**, each leaving the Market-street wharf at,10a.m. EXCURSIONS FOR THE DAY. (**1902, October 6**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 8. Retrieved February 12, 2013, from http://nla.gov.au/nla.news-article14505760

Woy Woy for Hawkesbury River, **Newport,** and Pittwater, from Russell's Wharf, + **Kallawatta**, for Hawkesbury River, **Newport,** Pittwater, and Mangrove PROJECTED DEPARTURES.—May 19. (**1911, May 19**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article15210325

SS Charlotte Fenwick

HAWKESBURY RIVER. BAYVIEW, PALM BEACH, PITTWATER, NEWPORT, ETC. **S.S. CHARLOTTE FENWICK** leaves Monday, 6 p.m. Thursday', 5 p.m. From Macleay Shipping Co.'s Wharf, Barker-street, off Bathurst-street Tel.. City 1018. HAWKESBURY S.N. CO.- **S.S. ERRINGHI**. Every Tuesday and Friday, from Albion Wharf. **All Ports, including Bay View, Palm Beach, Pittwater, Newport**, etc Cargo received daily. Tel.. City 1838. HAWKESBURY RIVER and PITTWATER, **all Wharves and Branches**.-**Kallawatta**, 4 p.m. Today. Cargo received early, Bathurst-st 'Ph., City 7Q5 Advertising. (**1919, September 12**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article15853818

Warringah Shire Council began excercising control over the much used wharf, doing what it could as it could: Hays & Miles, launch Proprietors, Newport, again complaining of unfair treatment by Agar Bros. Resolved, - (councillors Quirk, Campbell) That, with a view to the Council exercising more direct control over the Newport Wharf the proprietors of each ferry service be requested to submit timetable.**15/3/20**

Newport Wharf 4. Resolved, - (Crs. Simpson, Hope) That £7 extra be voted vote for the lavatories to be built on Newport Wharf **27th Sept. 1926**

Government Tourist Bureau. 2/5/27. Advising that it has no funds for the subsidising of public conveniences at Newport Wharf. Received.

20. Chas. Johnson,. 20/11/28. (1) Reporting that a dangerous hole exists in the planking on Newport Wharf, also reporting that one of the wooden girders on the outside of the wharf has gone, and (3) requesting that the promised improvement of the road to the wharf be carried out before Christmas. To be furnished with a copy of the Overseer's report on the matter. . .

2. Land Board Office. **12.3.30.** Inquiring whether there are any objections to the granting of J. H. Wheat's Special application for a Special Lease below highwater-mark close to Newport Wharf. Referred. to Works Committee.

Newport - "Government Public Wharf, photo taken June 1925. Iamge d-15925-H, 'Govt. Public Wharf - Newport. Courtesy State library of NSW

During the 1930's, with people camping in every possible reserve and Warringah Council reducing or waiving completely some fees for these people on their request, with the drop in 'excursionists' coming to spend their shillings in Pittwater, wharfage fees and all associated funds dwindled. Those with a bit of get up and go to start and expand new businesses were supported. One of these used Newport Wharf (*7. all from Warringah Shire Council Minutes*):

56. Pittwater Shell & Lime Co. Ltd., 11/9/35, stating the Company is prepared to contribute one half of the cost of repairing the Newport wharf up to a maximum of £75, provided the Company may have the free use of it during usual working Wharf hours, and provided the Council has no objection to the Company establishing a lime burning works in the Brookvale district; suggesting the Council's Engineer confer with the Company's Engineer on the matter. Resolved, - That the Shire Engineer confer with the Company's Engineer on the matter, and if he is satisfied with the terms, this Council join with the Company on a 50/50 basis, up to a inc.l sum of £75, in repairing the wharf, (Crs. Hughes, Campbell)

57. **Pittwater Shell & Lime Co.Ltd.**, re proposed operations of Company at. Newport wharf, and requesting permission to instal submerged hoppers between the end of the wharf Newport the main approach thereto; (b) to erect a bin 20' xl0' x 15' on the shore and between the causeway and the public lavatories; and (c) to run two beams from the approach to the end of the wharf. Already dealt with. **10/12/1935**

Pittwater Shell &Lime Co. Ltd., **6/3/36,** applying for permission to connect the water service from the main on the Newport road at Newport, extending along Queens Parade, and connecting with the bin adjacent to Newport wharf. Resolved - That permission be granted.

Parks & Playgrounds Movement, **28/4/36**, requiring certain information regarding hopper near Newport wharf - whether erected with permission of Council, whether under lease, and whether upon a public roadway. "Received"

Land Board 0ffice 23/10/36, inquiring by whose authority certain structures, comprising storage bins, conveyor and mooring piles, have been erected below highwater mark adjoining the
Newport wharf fronting Queens Parade, and if unauthorised, whether the Council has any objection to stops being taken to legalise the occupation. Resolved, - That the Department be informed of the facts, and that the Council has no objection to a Permissive Occupancy being granted. (Crs, Campbell, Hewitt).

T H Wheat requesting permission to improve and extend the boat shed on his lease at Newport wharf in accordance with sketch submitted. (Dealt with in Building Committees report) **27/7/1937**

Denver Trading Pty. Ltd., 12/2/40, further re Company's dredging operations in the vicinity of Bayview Park, (a) requesting permission to erect storage bins with conveyor and elevator immediately, it being the Company's proposal to transfer from Newport wharf the bins owned-by Pittwater Shell and Lime Company, requesting Council's decisions regarding Dredging proposals previously submitted by Company, viz (b) to operate for five years; (c) to enclose a small portion of Bayview Park for the protection of the Company's plant; (d) to reclaim portion of the Park free of cost to the Council, and to enclose a neighbouring portion at a remuneration on a yardage basis to be agreed upon. Same, 16/2/40, on same matter, and stating Company will fill in the area approved by the Shires Engineer without cost to the Council. Resolved, - That the Works Committee again inspect the area and meet representatives of the Company there for the purpose of discussing the whole of the proposals.

Reporting on works in hand or completed during the past fortnight: Resolved, - That the report be "received"; that **Wharf repairs be effected to Newport Wharf as a maintenance-job,** and that in regard to Bayview wharf, a sign be erected, pending the repairing of the wharf, that persons using the wharf in its present condition do so at their own risk. (Crs. Hitchcock, Nixon) **22/12/1942**

Newport Wharf road, June 1925. Courtesy State Librray of NSW. Image No: d1-12322h

During the 1950's another reconstruction of the Newport Wharf, which ended in costing 2600 pounds, more then a fair amount then had to be found by Warringah Council:

Public Works Department, 3/4/52, **stating that careful consideration has been given to the Council's application for assistance towards the cost of reconstructing the Newport public wharf at Queen's Pde. Newport, but it is not considered that the circumstances are such as to warrant subsidy of the work by the Government**. 22. Resolved: That the letter be received, and the Engineer prepare an estimate of the cost of reconstructing the Newport Wharf, for consideration with the next estimates. (Crs. McKay, Beach).

5/9/55. 26127(B) **Scotland Island Progress Association:** (1) Thanking Council for the prompt **completion of the cargo staging at Church Point**; (2)trusting that the matter of clearing the foreshores reserves will be given further consideration when opportunity permits; (3)stating that a suggestion has been made that Council has not assumed full legal ownership of these reserves and strongly recommending that this be done; (4) **as the poles adjacent to Newport wharf were removed by order of the Public Works Department recommending that consideration be given to providing mooring facilities similar to those formerly in the area**. Resolved - (1) "Received and noted. (2) Referred to the Works Committee. (Crs. McKay/Corkery). (3) Referred to the Legal Officer. (Crs. NcKay/Gwynne). (4) Referred to Maritime Services Board as the appropriate Authority. (Crs. McKay Simonds).

Maritime Board 15/9/55, replying, in regard to the representations of the **Scotland Island Progress Association for moorings near Newport public wharf, that whilst matters relating to the registration and control of mooring sites on navigble waters are administered by-the Board under the provisions of the Mooring Regulations, N.S,W. it is not the Wharf policy of the Board to provide facilities of this type for the mooring of vessels.** Resolved, - That a copy of the letter be sent to Scotland Is. Progress Association for comment, and a report be furnished regarding the question of improvements to Newport Wharf. (Crs. Jones, Gwynne)

Scotland Island Progress Association, 29/9/55, replying in connection with representations for reconstruction of the "**dolphin**" **adjacent to Newport Wharf**, stating **this was used by small craft for temporary mooring only**, and contributed to keeping the wharf clear of moored craft that the **Association cannot understand why the Public Works department requested the removal of the dolphin nor which authority was responsible for its original construction, and contending that as it is complementary to the public wharf its construction and maintenance might reasonably be assumed to be the responsibility of the authority controlling the wharf and therefore recommending that the Council erect and maintain a dolphin the vicinity of Newport public wharf** and restrict it for temporary mooring of small pleasure craft. Resolved, - That this matter be referred to the Works Committee for consideration, following an inspection.- (Crs. McKay, Fisher)

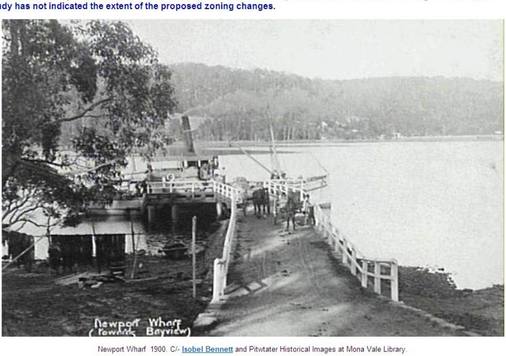
Newport wharf Repairs: on the motion of Cr. McKay end seconded Cr. Hewitt, that the estimate submitted by the Engineer for repairs to the Newport Wharf be approved and that the work be proceeded with immediately.**9/4/1956**

8/101956: **Newport Wharf Reconstruction 2,600.00**

Report to Ordinary Meeting, 15th December 1980 2.2 **PUBLIC WAITING SHED - NEWPORT PUBLIC WHARF** (File: 446/16) Council resolved, on 11/11/1980 (Minute No.1357) that a more detailed report concerning the above proposal be furnished. Mr B. Gray, proprietor of **Boatshed Cruises**, a floating boat restaurant, wishes to upgrade facilities at the main departure point of the Newport public wharf. The facility proposed includes an all weather public waiting shed and an adjoining booking office. It would be located at the end of Newport Wharf for the benefit of the firm. Mr Gray is prepared to cover construction and maintenance costs of this facility. The applicant has written to the Minister of Tourism, Mr K. Booth, requesting that Boatshed Cruises be granted a Permissive Occupancy lease on the booking office. **Mr Gray has proposed construction of a waiting shed and booking office of dimensions 8m long x 4.5m wide on an extension to the north side of the Newport Wharf. Existing timber piles are proposed to support the structure but an investigation by the Engineering Department has revealed that the existing piles should be replaced**. An estimated cost of installing four timber piles, together with timber supports decking, roof and cladding is $9,000. **The Land Board Office has written to Council advising that an application for Permissive Occupancy has been. received from Boatshed Cruisers and, in consequence, has requested Council's advice as to its concurrence or otherwise to the granting of the Permissive Occupancy.** The proposal was considered by Council's Property Management Panel, which recommended (11/11/1980): "1. **That the applicant be advised that Council is unable to accede to the request for the proposed facilities because the facilities which are proposed are of a commercial nature on public land**. This is considered unacceptable. 2. Council give consideration to the provision of a waiting shed on Newport Public Wharf in the 1981 Estimates." Statutory Environmental Planning Requirements: The proposed development will require the lodgement of a development application and planning consent of Council under Clause 59 of the Planning Ordinance. Furthermore, the consent of the owner of the land, namely the Lands Department (being Crown land below high water mark), would need to accompany such application. Justification and Merits of Proposal: On the merits of the matter, there is no objection to the erection of a public waiting shed on the public wharf.

This review, which has also been publicly exhibited, identifies the **Newport Wharf/Hotel precinct as one that has potential to provide additional tourist accommodation close to the existing hotel, wharf and water way, it also recommends that existing waterfront businesses operating with existing use rights, be rezoned 3(b3).** Andersons Newport Boat Services is one such business which has been **identified for a possible 3(b3) zoning even though It occupies unzoned land below mean high water mark.** Therefore, this application is not In conflict with the recommendations of this LEP review. **6/9/1989**

13/2/1990: Minor rezonings are also proposed in respect of the Palm Beach Wharf Area, where it is proposed that part of the Existing Foreshore 6(a) Recreation zone should be rezoned to facilitate a bus/ferry interchange and ancillary facilities as recommended in the Pittwater Plan of Management Study. It is also recommended that the existing **Neighbourhood Business zone in the Newport Wharf /Hotel locality be extended to facilitate tourist facilities and an expansion of residential flat buildings. However, the Study has not indicated the extent of the proposed zoning changes.**



Newport Wharf 1900. C/- Isobel Bennett and Pitwtater Historical Images at Mona Vale Library.

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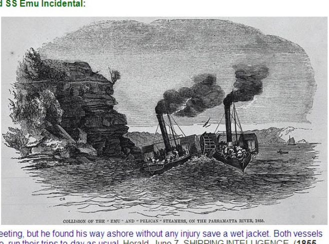
6.*Kembla* Information retrieved from Flotilla Australia at: http://www.flotilla-australia.com/nhrsn.htm
7. Warringah Shire Council Minutes of Council Meetings 1906 - 1987 Retrieved Online from WLS Library.

Images:

SS Kembla Image courtesy Wollongong City Library
HRH Prince Albert Victor Christian Edward, Duke of Clarence, and HRH Prince George Frederick Ernest Albert of Wales as midshipmen in the Royal Navy, 1881 / photographer J. Hubert Newman, Sydney. Image a4447046, courtesy State Library of NSW.

SS Pelican (steamer Royal Princes went on) and SS Emu Incidental:



COLLISION OF THE "EMU" AND "PELICAN" STEAMERS, ON THE PARRAMATTA RIVER, 1855.

Collision between the **Steamers Pelican and Emu**.-Yesterday morning as these boats were running their usual trips to and from Parramatta, a slight collision took place. Mr. Brett, the master of the Pelican, has furnished us with the following particulars:-At about9 30 a.m., when rounding Pulpit Point, both kept close in shore; **the Pelican** was coming down the river, being close in under the point, consequently the other boat could not see her until within a ship's length of her. The Pelican attempted to pass on the port side, but finding she could not do so without doing serious damage, stopped the engine and kept close in along the shore. **The Emu** also attempted to pass nearest the point, and not having room to go between the other boat and the rocks, and there not being time to shift the helm sufficiently, both vessels struck with their paddleboxes. The wheels of both vessels were crippled, and a small deck house of the Emu carried away, beyond which we believe the damage to be trifling. One person, who was standing by the rail, was thrown overboard by the shock of the vessels meeting, but he found his way ashore without any injury save a wet jacket. Both vessels were being repaired last evening, and will, we believe, run their trips to-day as usual. Herald, June 7. SHIPPING INTELLIGENCE. (**1855, June 9**). *The Maitland Mercury & Hunter River General Advertiser* (NSW : 1843 - 1893), p. 2. Retrieved from http://nla.gov.au/nla.news-article702087

Collision of the Emu and Pelican steamers on the Parramatta River [picture] by Walter G Mason. [Sydney : J.R. Clarke, 1857] 1 print : wood engraving ; 13.5 x 21.5 cm. Part of The Australian picture pleasure book : illustrating the scenery, architecture, historical events, natural history, public characters &c., of Australia Sydney : J.R. Clarke, 1857. nla.pic-an7975496 courtesy National Library of Australia

Newport Wharf History Threads Collected and Collated by A J Guesdon, 2013.

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Pittwater Online News

February 17 - 23, 2013: Issue 96

Coastal Platform Soar by LaserZone's Storm Surfskiers (Video)

WIN a custom Storm Surfski Board

To help spread the word of the incredible adventure of Storm Surfers the Movie on 3D Bluray and DVD. We're giving away one of our Custom Surfskis to a lucky reader! Valued at $4,000 inc GST

About the board:

Designed by Storm Surfskis 3D director Chris Nelius and Justin McMillan spent months locked in the edit suite with a massive archive of Storm Surfers photography. Justin came across this iconic shot of Russ Clarke-Jones backing a monster wave off Point Plomarion, Tahiti. Russ was one of the first surfers to ride Tahiti and is among his half measures to be went west and created a handful of these boards to present as gifts to some key personnel who helped him realise his dream. Russ has since given the board as a gift to the office of wanted to take this baby home. Running a one piece game of rock paper scissors the pro fair thing to do was to give it to the boss. We hope it's a good one.

To title this amazing piece of art just email here

2013 Small Catamaran Sailing - PBSC kick from Peter Salter Cup

Sailing at the Pittwater Sailing Club in February NSW Australia from Palm Beach Sailing Club. Crazy speeds on small catamarans

What do you do last Saturday? This is what I did... we had a blast (Peter Salter)

North To The Sun - Published on Feb 6, 2013

A tourist visiting Far North Queensland investigates what underpins the region's tourism industry and discovers a community that's more than just a holiday destination. Tourism Services and Amenities Film

From the beginning of Queensland's tourism industry, the region's accessible few to tropical rainforests and the quality of student experience on campus. The NUS survey contains an audit of student views on a wide range of issues including the accommodation, standards regarding the cleanliness of residences. Among a comprehensive range of services, a high level of support for student unions and associations. Over the last 12 months, the union has implemented a number of initiatives and has developed a good consultation and negotiation process around the SSAF.

The report found that the union has made the most of its comprehensive and well-funded portfolio of student controlled activities in the country.

University of Sydney Union president Ashka Rajendra told The Australian Financial Review that the union welcomed the positive report.

Overall the NUS report expressed concern that the implementation of the first year of the SSAF had been problematic. Poor consultation arrangements and processes and called for greater consultation between the university administration, student unions and associations, and greater accountability for student organisations, representation and advocacy.

Sailing alone around the world (1900) by Joshua Slocum, Narrated by Mark Nelson

Joshua Slocum (February 20, 1844 – on or shortly after November 14, 1909) was a Canadian-born American sailor, noted for being the first person to sail alone around the world. He was a Nova Scotian-born, naturalized American seaman and adventurer, and a noted writer. In 1900 he wrote a book about his voyage, Sailing Alone Around the World, which became an international best-seller.

Shortly before Christmas 1870, Slocum and the ship left port in Sydney, Australia. There, on about a month's time, he met crushed, and married a young woman named Virginia Albertina Walker. They had seven children: Victor Gaston, Jessie May, Mary Walker, and Garfield Wilson (twins), Benjamin and Almeda Rose. The family had migrated east to California at the time of the 1849 gold rush. Slocum returned to sea with his ship, to settle in Australia. Virginia died in 1884, and over the next thirteen years, only two seven children, all at sea, survived.

More on this gentleman HERE

AUSTRALIAN BUREAU OF STATISTICS RELEASES CENSUS FINDINGS

Parliamentary Secretaries for the Treasurer, the Hon Bernie Ripoll MP and Assistant Minister for Social Inclusion, the Hon Jenny Macklin MP, released findings from the Census of Population and Housing conducted by the Australian Bureau of Statistics' CensusAtSchool for 2013. Aimed at primary and secondary students, CensusAtSchool is an online survey that collects information on a range of issues and asks simple questions about students' everyday lives, experiences, opinions and interests.

It was launched to support the CensusAtSchool project." Mr Ripoll said, "It is a great way of getting our students interested and engaged in statistics."

Over the questionnaire for CensusAtSchool for 2013 is available free through an online random sample, which gives a fair representation of students from all over Australia for comparisons between themselves and peers in

Mr Ripoll said, "CensusAtSchool is a great way to help students understand the importance and value of statistics in their lives." Mr Ripoll said.

CensusAtSchool is a number of the new resources, provided to assist teachers across year levels to use authentic data in the classroom to develop their statistical literacy skills.

The CensusAtSchool questionnaire will remain **open until 19 July 2013** and be completed online at www.abs.gov.au/censusatschool with data available for free from 20 August 2013.

Start Planning NOW for the 2013 Premier's Sport Challenge

The 2013 Premier's Sport Challenge will commence at the beginning of Term 3 and will feature three key areas: **SCHOOL REGISTRATIONS WILL BE OPEN FOR THE MONTH OF NOVEMBER** to be in to receive a free sporting pack and supporting guide.

For registered schools to ensure you incorporate carnivals, fun runs, sporting events and activities that will help you achieve the points and start challenging the Challenge.

For enquiries contact the PSC team contact psc@det.nsw.edu.au or telephone 9266 8773 or 9244 5431

From: https://products.schools-now.edu.au/psc/home.html

The Challenge includes a range of activities with one common purpose - to have more students, more active, more of the time. Schools can choose from a range of activities that suit their interests and physical activity and encourage participation in lifelong active lifestyles.

Schools are important role in developing regular physical activity habits in young people and teachers and can be a great place to connect with your local community. We invite students to take up the Challenge - and take the path to a healthier life.

Click on image to visit website

Keep children safe online

The Easyguide to Socialising Online is available here

The Cybersmart Detectives kit is available to download free of charge here

More information about the ACMA's Cybersmart program is here

The Project Gutenberg Library of Australasia

Australian writers, works about Australia and works which may be of interest to Australians. This Australia page boasts many ebooks by Australian writers, or books about Australia. There is a diverse range of fiction and non-fiction, and a wide variety of topics. Many of Australia's prime ministers, such as Sir Robert Gordon Menzies, Paterson, Henry Lawson and many other Australian writers.

The list of titles found on the page are divided into **books freely downloadable** from Project Gutenberg Australia. Follow the links to find out more about the authors and titles and how to download the eBooks of choice.

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org

Headspace 'We've got your back' campaign

headspace is launching a national awareness campaign developed by National Youth Mental Health Foundation headspace aims to encourage young people to support their friends with mental ill-health issues while directing them to the free support services set out for the next 3 years.

eHeadspace **is a confidential, free, anonymous, secure space where you can chat, email or speak with qualified youth mental health professionals if you are 12 to 25 years**

Send In Your Stuff

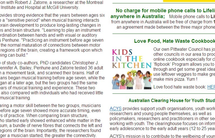
Pittwater Online News is not only For and About you, it is also BY you. We welcome your contributions, be they articles, letters to the editor, or even your own personal photos. Send them to us at pittwateronline@live.com.au

All are Welcome, All Belong !

National Geographic
online fun For little kids

Online Fun, games and a
safe environment
specifically to all kids
industry experts on this
fun learning website

HERE



No charge for mobile phone calls to Lifeline from anywhere in Australia: Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from 1 July 2013.

This is a measure to assist Lifeline in its efforts to encourage people to providing comprehensive and up-to-date information about help services. Lifeline's 13 11 14 crisis support service and the Australian Suicide Prevention Advocacy Network (ASPAN) welcomed the announcement.

ASPAN welcomes its decision by providing information on the complex and wide-ranging issues that affect young people today, and by providing a forum for discussion and information exchange through the youth-help community discussions and collaboration.

Great Website with daily Questions HERE

Bus Pass Replacement
HERE

Bullying; NO WAY !!!

This website has many different items and guidelines on how to prevent bullying. Please have a look at the website and see what it has to offer for your children. **Make sure you are here!** We are here to lift each other up, not take each other down. Anyone who tries to tell you otherwise is wrong.

Powerhouse Museum Online Fun

The Powerhouse Museum, Sydney, Australia's website also has a range of online activities and games with a bit of educational value.

An example. The online rhythm game Tapper. Tapper is a game of timing and reflexes. Match the moving beat of customers with the correct number ATS's. Games which develop hand-eye co-ordination are very popular in family entertainment during the past part of the 19th and early 20th century. More HERE

National History Competition

The Hon Peter Garrett AM, MP, Minister for School Education, Early Childhood and Youth has announced **the theme for 2013 National History Competition** is **Australia, Past and History**.

How to enter

Check out the Hot Topics section. Register your school, old/age/or free, and receive a Welcome Kit by clicking here. Select up to 6 entries for each year level category, using the following guide as a starting point.

Complete and sign the entry form and the declaration. On the entry form, please indicate whether you are entering for consideration for an award. Print four (4) copies of your selected entries and entry form (for judging purposes).

Before you submit your entries to your State Coordinator, as detailed below if you wish to enter Certificates Of Participation please do so by visiting the Australian Curriculum, Assessment and Reporting Authority. Remember there are ALL participants not just those whose entries were submitted for judging.

Where to send your entries for NSW: Send to HTANSW, PO Box 219, ANNANDALE, NSW, 2038

Closing Date

Before submitting your nominated entries to your state coordinator please make sure you:

select a maximum of six (6) entries for each Year Level category. Non-selected entries will be returned entries for a Special Category Award

submit the required number of copies of the selected entries (for judging purposes)

sign the required copy of the entry form and the declaration with original signatures

send the entries to your state coordinator before the due date

What to do if there are questions or problems with the online entry form/details?

For any entry form contact information please click here. You can also email or phone your State Coordinator NSW: Carolyn Collins 02 9482 2751 or 0409 275 599

When can I start?

You can register for the 2013 NHC **from February, 2013.** The Competition Closes on **Friday, August 30.**

http://historychallenge.org.au/content/view/4/6/index.html#how-to-enter

Safe Schools are Smart Schools

Schools across the country are being urged to get involved in the Gillard Government's push to recognise their hard work to tackle bullying and violence in the country. School Education Minister Peter Garrett has launched a new competition for schools to show how they are working to make their school a safe and supportive place in which bullying, violence and homophobia are unacceptable.

The **Safe Schools are Smart Schools Competition** is a chance for schools to show how they are creating safe learning environments that are creating a safe environment that aligns with the National Safe Schools Framework.

Schools can register their interest in the Safe Schools are Smart Schools Competition, download the entry form and find out more at www.safeschoolsaresmartschools.com.au

To enter, schools will be encouraged to form a working group of students, parents, teachers and the wider school community to show how their school is delivering on the National Safe Schools Framework. They can choose to focus their entry on activities that address one or more of the following issues: bullying, violence, homophobia, discrimination, harassment or mental health. **One primary school and one secondary school in each state and territory will win $5000 for their school community.** Entries close on **31 March 1st 2013**

The winning schools will also be offered a Classicbus System student tour to Canberra where they will present a case for their Safe Schools are Smart Schools initiative. The jury will be looking for a school that demonstrates regardless of experience, a well-planned and capture projects and initiatives within the classroom and the wider community to share with others or in presentations.

Winning entries will be announced on the National Day of Action Against Bullying and Violence on 15 March 2013.

Pittwater Online News

February 17 - 23, 2013: Issue 99

The three stages of cancer (from Dr W.A.G. - Marriage after 1 year, after 3 years & after 10 years)

When you're 7in's years old ... puddles are great !!

Flu vaccine reaction to the Kiss of a Wedding

National Seniors Literary Prize a catalyst for change, Media release

The 2013 winner of the National Seniors Literary Prize is an exciting new author whose work will be published by one of the mainstream publishers and made available in bookstores and libraries. To be published in June, both the story of one months' event and the author will be kept under wraps until the winner's name is announced at a function in Melbourne on the 20th March.

The prize also includes $2,000, and a one year National Seniors membership, a book publication and cover design, 12 printed copies and the opportunity for further print on demand services.

National Seniors' chief executive Michael O'Neill said the number of entries for the inaugural prize was a testament to the quality of the inaugural seniors literary prize.

"Unpublished authors aged over 50 are becoming aware that age is no barrier to getting published," he said. "The prize is becoming part of the literary scene."

2013 Literary Prize winner

Persephone Nicholas from Kilsmore, Sydney has been awarded the inaugural National Seniors Literary Prize for her novel, Burned. Literary Prize attracted entries from around Australia and **authors aged over 80** from across the country.

Burned, will be available to buy online from iTunes, **Amazon, Kobo and Dymocks.**

The National Seniors Literary Prize will have the **theme 'reflections'. It will be open until 28 November 2013.**

National Seniors Australia and publishing powerhouse Random House Australia are seeking unpublished authors who are 50 years and over, the opportunity to make their mark in the world of literature.

The winner will be announced at the Australian Seniors Festival of fiction based on the theme of 'reflections'. Random House and National Seniors Australia will work with the author to ensure that this theme can be interpreted in the author's own unique literary structure.

The winner of the National Seniors Literary Prize will receive: $2,000 prize money

A one year membership to National Seniors Australia

A complete cover design from Random House Australia

Professional editing by Random House Australia

Publication by Random House Australia

12 printed copies of their book

The opportunity for print-on-demand versions of their book

Submit your manuscript via the online submission form at www.nationalseniors.com.au/literaryprize

Got questions?

Read the National Seniors Literary Prize frequently asked questions here

Read the full terms and conditions of the prize here.

Never mess with an old bloke

The man and the nurse

A man was in his bed in a ward in the hospital. There was one nurse he had just done the rounds. The nurse was very pretty and he felt he like he was a little child. She would say in a patronising tone of voice

"And how are we doing this morning?" or "Are we ready for a bath?" or "Are we hungry?"

He was fed up with this particular nurse.

One day, at breakfast, the nurse brought off the tray and put it in by bedside table. Later, I was given a urine bottle to fill for testing. I was unable to do so at the time.

The nurse came in a little later and took away the urine bottle and looked at it.

"Oh dear, we are a little cloudy today."

At this, I snatched the bottle out of her hand, popped off the top, and drank it down, saying, "Well, it's true! It's enough! Again. Maybe I can do it for you next time."

I just smiled.

The hearing aid

An elderly gentleman had serious hearing problems for a number of years. He went to the doctor and was able to have him fitted for a set of hearing aids which allowed the gentleman to hear perfectly well. Three months later, the gentleman returned to see the doctor. The doctor was pleased to see that the gentleman had a big smile on his face, indicating that he wasn't told his family and 'Leaf' all around and listen to the conversations. I've been using my hearing aids.

AVALON COMPUTER PALS FOR SENIORS
Avalon Computer Pals
Avalon Computer Pals

Avalon Computer Pals for Seniors

AVALON

AVALON is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2009 by Ken Hall, AVALON now has hundreds of students. At a walk-in centre around $50 a school term the students can be provide one to one training on computers, laptops, iPads and tablets.

Click to hold the mouse!!! to much more serious matters, there's a Senior who can help.

The training rooms are under the Catholic Church in Avalon and there are also classes in Mona Vale. For more information, call into the administration and AVPALS web site at www.avpals.org.au or phone 02 9974 3574

Article on their Seminar

Sydney Harbour Regatta

Middle Harbour Yacht Club, established in 1939/40 has a long and proud history of hosting Sydney Harbour Regattas over the years and current times. In the 1960's as a response to growing pressure by members Middle Harbour Yacht Club initiated the Middle Harbour Regatta, which was held on the Saturday prior to the Australia Day on Middle Harbour. The Regatta was very successful with huge fleets, foreshores and the highlight was the "cock of the harbour" race off Clontarf between the Middle Harbour and Clontarf clubs.

Below is a newsworthy item from the Regatta.

Sydney Harbour Regatta is proudly under the support of the Royal Yacht Club of Tasmania, Cruising Yacht Club of Australia, Royal Sydney Yacht Squadron, Cabarita Sailing Club, Royal Australian Navy Sailing Association, Australian Navy Sailing Association, Middle Harbour Yacht Club, Lavinia Sailing Club, Royal Prince Alfred Yacht Club and the Balmain Flying Squadron. Their support by providing on water course management, safety and rescue boats, and shore based facilities, ongoing success as a weekend sailing competitive sailing regatta. This support in terms of scheduling their independent racing programs to allow competitors to participate in the Sydney Harbour Regatta has provided a unique opportunity for sailors to participate in a weekly exciting sailing spectacular.

In 2013 we saw the Sydney Harbour Regatta as the largest keelboat regatta in Australia with an estimated 500 boats racing for the Sydney Harbour Regatta Trophy. **Click on Sydney Harbour Regatta 2013 to see the full story.**

Article on their Seminar

Avalon Active Seniors

Avalon Active Seniors Providing Healthy Activities for Seniors

Ducks Release concerning Seniors this week from National Seniors Australia

With around a quarter of a million members, National Seniors Australia's largest consumer organisation for the over 50s and fourth largest group of its kind in the world.

Twilight at Taronga - 2013 Summer Concert Series

Special concert bucket ticket offer - $10 off the price of a ticket! Twilight at Taronga - 2013 Summer Concert Series

The hugely popular Twilight at Taronga concert series is set to return next summer with a stellar line-up of

February with an exciting season of concerts that will be held in the Showcasing Northern Lights Orchestra's performances of the twentieth century, you'll be spoiled for choice...long, along to Taronga Zoo, Sydney's world famous zoo, for a night of music, food and drinks. Twilight at Taronga is the perfect way to spend the summer with the sweet sounds of Fleetwood Mac and Crowded House. Tickets are now on sale and you can save $10 off the price of a ticket with a deal that's available at the Daily Experiences. Twilight at Taronga is a concert in the wild surrounds of Taronga Zoo, set against the backdrop of Sydney Harbour. Concertgoers can enjoy a picnic or an animal walk... or both! Or they can simply enjoy the music.

Hint, get your tickets soon as they will sell fast! Call Ticketek 8% 132 849 or go to www.ticketek.com.au

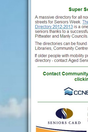
NSW Seniors Card members are entitled to a special $10 discount per ticket. Just remember you are a NSW Seniors when booking through Ticketek.

Offer valid until 23 March 2013

Pittwater Community Hub

Our office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street, Mona Vale. Our phone number is 9979 4411. Our office is fully fit-out, manned by our professional team of volunteers who can answer enquiries and provide personal assistance to meet your needs. Please visit us soon. Pittwater Community Hub Profile

Click on logo to visit their website for more



Heartsciences is a low-moderate intensity exercise program. Regular participation in Heartsciences will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Deane is a qualified Clinical Exercise Physiologist and accredited Heartsciences Leader who will guide you through an exercise program that is safe and suitable for your needs. Classes are 10.30am and Thursday 10.30am at Mona Vale Memorial Heather Castles. A Action Board Warriewood. New people welcome every week. $5.00 per session. Phone Ingrid to have a chat on 0400 407 070 www.heartfoundation.org.au

Warringah Council
PITTWATER Council
Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets in March 2013. Super Seniors Directory 2013-2014 is the first directory dedicated to helping the over 50's living on the northern beaches find a successful partnership between Warringah, Pittwater and Manly Councils.

The directories can be found at Council's Customer Service Centres, libraries, community centres and leisure centres/pools.

If older people with multiple needs are not listed in the directory - contact Aged Services and you will be sent a copy.

Contact Community Care Northern Beaches by clicking their logo:

Senior Card Website, great information Competitions, Newsletters and Events listings **HERE**

Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property, moving to a smaller home, or moving into a retirement village. Many of our clients have lived in the same home for many years and have the piece of mind during downsizing times of downsizing and moving to a smaller home or retirement village. Senior Movers can help you. We are glad to help whether you require a boxed one o home, assisted living or to a seniors apartment.

We want you to see help you gracefully downsize with our experience and care. Click on logo to read article.

www.seniormovers.com.au

Also see Belinda Grieve's Profile and other great Business: www.hypnosetherapytoday.com.au

Government to reduce pension deeming rates - 13 February 2013, Joint Media Release with: Bill Shorten MP, Minister for Employment and Workplace Relations, Minister for Financial Services and Superannuation

The Australian Government will reduce the pension deeming rates by 0.5 percentage points from 1 July 2013, the Government has further reflecting returns available from the financial investments.

Deeming rates reflect the standard rates of return that pensioners can earn from their financial assets. They are used to determine how much income support pensioners receive.

The Minister for Finance, Community Services and Indigenous Affairs, Jenny Macklin, said the Government was announcing the cut now to give pensioners time to adjust their budgets and contacts about their future payments.

This decision will provide part-rate pensioners with an average pension increase of $5.80 per fortnight." Ms Macklin said. "This will help take some of the financial pressure off pensioners and help them plan ahead."

The 3 per cent deeming rate will now apply to financial assets up to per cent for financial investments up to $49,400 for single pensioners or $79,000 for a couple.

The upper deeming rate will decrease from 4.5 per cent to 4 per cent for balances over these amounts.

Ms Macklin said changes to deeming rates are generally made at the pensioner bonus payment in March, but the Government decided

"This change comes on top of another increase to the pension, which is the biggest increase in more than 40 years. **From 20 March 2013 20 this year, pensioners and some income support recipients will receive both this indexation increase and the Clean Energy Supplement.**

The Minister for Finance and Superannuation, Minister for Financial Services and Superannuation, Bill Shorten MP, said the decision will benefit lower income Australians. Pensioners, who rely on the deeming rate include income support recipients such as the Age Pension, Service Pension, Disability Support Pension and Carer Payment, as well as allowees such as Newstart Allowance, such as the Parenting Payment and Newstart.

Hands Off Our Super Seniors Warn - Media Release | 11 February 2013 from National Seniors

Over half of Australians aged 45 plus with knowledge of superannuation believe changes to rules mean 60 per cent of these people who are still working say changes to the superannuation rules will make them more likely to work longer, retired, 27 per cent say the superannuation changes will make no difference affecting their retirement.

The figures, framed in a wider National Seniors labour force survey published in December, come amidst speculation that superannuation changes may be announced in the May budget.

National Seniors Chief Executive Officer Michael O'Neill said the findings are a warning to policy makers considering raising superannuation to fund election promises.

"Superannuation is still young and its reputation alternates rods on a regular basis between saviour and villain," Mr O'Neill said. "**Australians aren't ready to be spooked by superannuation scares. We flip flop about and suddenly shift the goal posts as we near retirement.** Australians have a right to be confused about the system. It's simply not fair. For example, the decision to change the concessional contributions cap may have given the government an extra $1.2 billion in revenue, but it has cost many older Australians unexpectedly large amounts of money."

"It sends a message to younger generations that when they too into today could, can and does, work rules which they have no say in the track," said O'Neill.

The survey found Australians aged 45 to 74 were interviewed for the National Seniors Productive Ageing Centre's Australian Survey of Employment and Unemployment Expectations Report. It was prepared for the Australian government's Consultative Forum on Mature Age Participation.

Some of the survey findings:

94% of people who have worked in the past 20 years have superannuation, but only 60% of those aged 65 to 74 expect to work for their main income source in retirement. 27% of these say it is for a great deal of knowledge of the super rules, 52% of those who have superannuation have a balance of less than $50,000, 40% of those who have superannuation expect to rely on it for their main retirement plans, 25% of people who are retired say this lack of certainty is affecting their retirement.

Bali Girl removes boy from court at Australian Open by John Lehmann, Feb 3rd, 2013 - www.bleacherreport.com

Bali Girl removes boy from court at Australian Open

Health Papers Published this week - 16th February 2013

Low-Protein Diet Slows Alzheimer's in Mice

Feb. 14, 2013 — Mice with early-stage symptoms of Alzheimer's Disease showed fewer signs of the disease when given a protein-low diet, new research suggests. The study appears in the journal Cell Metabolism.

Mice at advanced stages of the disease were put on the new diet. Their memory improved and brain damage was reduced, researchers say. The findings could lead to new ways to treat Alzheimer's, a disease that affects more than 5 million Americans.

Longer-worked with Princeton Cohen, dean of the USC Davis School of Gerontology, and Pinchas Cohen, Leigh Gabel, Valerie D. Longo and Edward Spangler, all of USC Davis. Longo is also a professor of biological sciences at USC Dornsife College of Letters, Arts and Sciences.

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Dietary protein is the major dietary regulator of a growth hormone known as IGF-1, which is associated with increased risk of diseases in mice and several diseases in older adults.

Examining diseases in the brains of mice, Longo's team found that a protein-low diet, which contained 7 percent protein, helped suppress stimulate - while simultaneously examining the effects of different levels of protein and different sources of protein.

"We had previously shown that humans deficient in Growth Hormone Receptor (GHR) are protected from diabetes and cancer and diabetes. Although it is not the only mechanism, there is the possibility that low protein intake and low IGF-1 may also protect from Alzheimer's disease," said Longo, who is also director of the USC Longevity Institute. "Our findings in mice are encouraging and has a joint appointment the USC Dornsife College of Letters, Arts and Sciences.

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Bell Gourmet Foods from court of Australian Open by John Lehmann, Feb 3rd, 2013 - www.bleacherreport.com

Bell Gourmet Foods from court of Australian Open

Identification of Abnormal Protein May Help Diagnose, Treat ALS and Frontotemporal Dementia

Feb. 12, 2013 — Amyotrophic lateral sclerosis (ALS), or Lou Gehrig's disease, and frontotemporal dementia (FTD) are devastating neurodegenerative diseases that affect the entire treatment. Researchers are beginning to recognize ALS and FTD as part of a spectrum of disorders with overlapping symptoms.

Now investigators reporting online February 12 in the Cell Press publication Neuron have identified a protein that may play a role as a result of genetic abnormalities associated with the two diseases. **From a person has amyloid plaques, those plaques may not be the cause of their cognitive symptoms.**

Natalie L. Marchant et al. **The Aging Brain and Cognition. Cognitive Impairment in the Absence of Dementia Is Associated with Amyloid.** Neurology. 2013; 80(5): 432-438. doi: 10.1212/WNL.0b013e31827f0fd1

Exercise Counteracts Some Positive Effects of Resveratrol in Obese Men PLoS ONE. 2013; 8(2): e55078. doi: 10.1371/journal.pone.0055078

Cognitive Impairment Without Dementia Is Associated With Abnormal Cerebrospinal Fluid Tau, Beta-Amyloid

Disclaimer: These articles are not intended to provide medical advice, diagnosis or treatment. Views expressed here do not necessarily reflect those of Pittwater Online News or its staff.

Keep your little Kiwi's safe

A regular contributor suggests we all look at Lumosity to see if it can help with our mental abilities. Their website states: Lumosity is the leading Health and performance company dedicated to cognitive improvement.

Lumosity exercises

improve core cognitive functions. Researchers have shown significant improvements in working memory and attention after Lumosity training. Dozens of research collaborations help improve Lumosity's effectiveness and help us understand its effects. You can visit their website to decide for yourself.

at: www.lumosity.com/page/homepage.html

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February 17 - 23, 2013: Issue 98

Passionfruit – Summer Fruit

February in Australia brings in our locally grown passionfruit crops. An evergreen vine, which can become a pest in your garden if not trained onto a trellis and regularly pruned, the fruit is full of phyto-nutrients such as carotenes, vitamin A, and vitamin C. In a smoothie as a traditional topping for pavlovas they're hard to beat. We'd like to share a more unsual recipe to enjoy this wonderful Summer fruit as a main or side dish.

Passionfruit, Avocado and Spinach salad
Courtesy Sanitarium
2 avocado, sliced
1 cup papaw, sliced thinly
100g baby spinach leaves
4 stalks celery, sliced
1 small Spanish onion, sliced

Dressing
1 lemon, juiced
1 orange, juiced
3 teaspoons olive oil
4 passionfruit
2 tablespoon chopped fresh mint

Place avocado, pawpaw, baby spinach, celery and onion into a salad bowl. In a separate bowl, mix dressing ingredients. Pour over salad. Serve chilled.

The passionfruit was introduced to Australia in the early 1900s. Australian farmers are now among the largest producers of purple passionfruit.

Passiflora edulis is a vine species of passion flower that is native to Brazil, Paraguay and northern Argentina (Corrientes and Misiones provinces, among others). Its common names include passion fruit (UK and US), passionfruit (Australia and New Zealand), and purple granadilla (South Africa). Passion fruit juice is a good source of ascorbic acid (vitamin C), and good for people who have high blood pressure. Some research is showing that purple passion fruit peel may help with controlling asthma symptoms. The fruit contains Lycopene in the mature and immature pericarp.

The Passion fruit is so called because it is one of the many species of Passion Flower. ("Passion Flower" being the literal English translation of the Latin genus name, *Passiflora*).

The name was given by Spanish missionaries to South America as an expository aid while trying to convert the indigenous inhabitants to Christianity. One ingenious expository device was using parallels between the parts of this common South American flower and elements of the account of the torture (the Passion) of Christ prior to his crucifixion.

The missionaries said that:
The three stigmas reflect the three nails in Jesus's hands and feet. The threads of the passion flower resemble the Crown of Thorns. The vine's tendrils are likened to the whips. The five anthers represented the five wounds. The ten petals and sepals regarded to resemble the Apostles (excluding Judas andPeter). The purple petals representing the purple robe used to mock Jesus' claim to kingship (Mt. 27:28)

The flower of the passion fruit is the national flower of Paraguay. Purple passionfruit when harvested photo Copyright © 2005 David Monniaux. Passiflora edulis. (2013, February 14). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Passiflora_edulis&oldid=538140584

Tweet Like +1

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Native Passion Fruit, Passiflora herbertiana, Family Passifloraceae is a climber with hairy leaves and axillary tendrils. It is not considered edible for human consumption but is eaten by larval stages of the Glasswing Butterfly. Its flowers, yellow, orange and sometimes red, appear in late Summer through to mid-Autumn. It's fruit is a Green spotted berry to 5 cm long.

Ecology: Moist forest in partial shade. Probably resprouts after fire. Reported to be frost tolerant. Ants reported to feed on petiolar glands near base of leaf. This species is suspected of poisoning stock. Everist (1974). Food plant for the larval stages of the Glasswing Butterfly. Common & Waterhouse (1981).

Passiflora herbertiana [picture] by Adam Forster October 4th, 1918. nla.pic-an6174498 courtesy National Library of Australia.

AN INTERESTING NATIVE FRUIT. (1933, December 27). *Townsville Daily Bulletin* (Qld. : 1885 - 1954), p. 10. Retrieved February 17, 2013, from http://nla.gov.au/nla.news-article61704813

Avalon Junior Rugby League Club's Masters and NRL Legends Season Launch to Support the Sunnyside Association - 19th of February, 2013

Pictures this page by Glenn Nicholls, Michael Manningham and K J Cruickshank. 2013. All Rights Reserved.

PittwaterOnline News

Pittwater Online News

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February 27 - 29, 2020 - Issue 99

Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Amusement

Shark High Five

New commission takes on high seas issues - 12 Feb 2013 *Published on Feb 12, 2013*

A Global Ocean Commission of leading world leaders has formed to up-end threat and action to address the problems of the oceans - the world's last great wilderness.

The areas of the seas and oceans that are beyond national jurisdiction are increasingly exploited by fishing vessels, with deep-sea miners and oil companies also looking to move in. The Global Ocean Commission will look at how governance of the high seas can be improved to ensure that the marine environment and its resources are managed sustainably for the benefit of all.

The Commission was set up by the governments of Oxford in the UK, Norway, Switzerland and Costa Rica, and is chaired by Mr Wendel Trio, Director of Greenpeace International's European Unit.

Mr Trio said: "Until now we have been able to see how these incidents are happening, but we have not been able to see who is behind them. We have not been able to see who is financing them, who is profiting from them and who is benefiting from them."

The scientists and the Australian Sunshine microcosm subsequently found that the Great Barrier Reef was in a healthy state, but that the Australian Government's environmental watchdog was not doing enough to protect it. Its advice to the government was that it should be given the power to stop developments that would damage the reef.

Australia's Environment Minister Tony Burke said: "The Australian Government is committed to protecting the Great Barrier Reef and we have made considerable investments to this end, including a landmark $200 million Reef Rescue package."

Australia's Minister of the Water and Rivers Commission, Mr Burke, added that he would "look closely" at the Commission's findings.

Australian scientists study outdoors' crush discovery - 11 Feb 2013

Australian scientists at the Water and Rivers Commission have discovered that outdoors' crush can be found in the water, which has made doctor-kills calls. The discovery, which has been hailed as a major breakthrough in the treatment of water, will help with the development of improvements in the treatment of "outdoors' crush type 1" and type 2 diabetes.

The discovery was made by a team of scientists led by Professor Jonathan Gilmour, who is also the Director of the Australian Institute of Marine Science. The Australian Foundation, and Flowers, a well-known Australian charity, have also been involved in the research.

Associate Professor Gilmour commented that the findings of the research "could have a significant impact on the treatment of outdoors' crush". He added that the research "could also lead to the development of new insulin for the treatment of outdoors' crush".

"Until now we have not been able to see how these incidents are happening, but we have not been able to see who is behind them. We have not been able to see who is financing them, who is profiting from them and who is benefiting from them."

The scientists used the Australian Sunshine microcosm to photograph the water, which is home to a wide variety of marine life. The water is then analysed for the presence of outdoors' crush. If outdoors' crush is detected in the water, it is then treated with a chemical that is harmless to humans, but which kills outdoors' crush.

Associate Professor Gilmour said: "The water is then tested again to see if the outdoors' crush has been killed. If it has been killed, then the water is safe to drink."

Australian scientists also found that outdoors' crush could be killed by exposing it to ultraviolet light. The discovery, which has been hailed as a major breakthrough in the treatment of water, will help with the development of improvements in the treatment of "outdoors' crush type 1" and type 2 diabetes.

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Summer Cricket - Aussie Style

Aussies who dream up the hilarious (see the Cricket Kit) sometimes also come up with the practical. Take the Australian Sunshine microcosm, which was developed by Australian scientists at the Water and Rivers Commission. The microcosm is a small, self-contained ecosystem that is used to study the effects of sunlight on water. It is also home to the biggest thing ever seen - Sunday Sun Aqua Lobster. Yes, it's a lobster that's bigger than a human being. Enjoy the video.

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Health papers published this week:

ADHD Symptoms Persist for Short Young Children Despite Medication

Most ADHD medications are approved for children as young as 4 years old, but a new study suggests that the medications may not be effective for preschoolers. Researchers found that ADHD symptoms improved only slightly in preschoolers taking stimulant medications, such as methylphenidate (Ritalin) and amphetamine (Adderall), for nine months. The study appeared online in the Archives of General Psychiatry. The findings may lend weight to calls for more research on the safety and effectiveness of ADHD medications in young children.

Early puberty in girls linked to obesity

Girls who start puberty early are more likely to be overweight or obese than girls who start puberty later, according to a study published in the December issue of Archives of Pediatrics & Adolescent Medicine. The study found that girls who started puberty before age 8 were more likely to be overweight or obese than girls who started puberty after age 8. The study also found that girls who started puberty before age 8 were more likely to have a family history of obesity

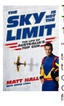
February 17 - 23, 2013: Issue 98

Old Books: February 2013 - read in full here: online!

A key to the birds of Australia and Tasmania with their geographical distribution in Australia (pref 1899) by Robert Hall

The discovery of Australia (1922) by George Arnold Wood

New Books from HarperCollins:



The Sky Is Not The Limit The Life of Australia's Top Gun By Matt Hall, David Lyall. On Sale: 1/02/2013, $32.99

"I would sit there at the controls and think: I'm going to go left, and I can. I want to go right, and I will. I don' t have to follow the road. I don't have to follow rules. I don't have to ask anyone - I can go left when I want, I can go right when I want. I had discovered the freedom that has kept me flying to this day."

Since he was old enough to notice planes, Matt Hall wanted to be a pilot. Flying with his Dad in a glider, making models at home and meeting officers from the Air Force fuelled his ambition. So when he was accepted into the RAAF's grueling training school it seemed a dream come true. But dreams take hard work and focus - and the willingness to make your own luck.

From the rigours of his first professional job as a Top Gun fighter in the Battle of Baghdad where he experienced extreme fear and loss for the first time, to his post Air Force career as a professional racer where he has survived near fatal situations to become one of the most renowned pilots in the world, Matt Hall has led an extraordinary life. His story is a rare glimpse into a normally closed world where skill, quick thinking and a cool head can mean the difference between life and death.

Chasing the Light: A Novel of Antarctica By Jesse Blackadder. On Sale: 1/02/2013 $29.99

It's the early 1930s. Antarctic open-sea whaling is booming and a territorial race for the mysterious continent between Norwegian and British-Australian interests is in full swing.

Aboard a ship setting sail from Cape Town carrying the Norwegian whaling magnate Lars Christensen are **three women: Lillemor Rachlev, who tricked her way on to the ship and will stop at nothing to be the first woman to land on Antarctica; Mathilde Wegger, a grieving widow who's been forced to join the trip by her calculating parents-in-law; and Lars's wife, Ingrid Christensen, who has longed to travel to Antarctica since she was a girl and has made a daunting bargain with Lars to convince him to take her.**

Loyalties shift and melt and conflicts increase as they pass through the Southern Ocean and reach the whaling grounds. None of the women is prepared for the reality of meeting the whaling fleet and experiencing firsthand the brutality of the icy world.

As they head for the continent itself, the race is on for the first woman to land on Antarctica. None of them expect the outcome and none of them know how they will be changed by their arrival.

Based on the little-known true story of the first woman to ever set foot on Antarctica, Jesse Blackadder has captured the drama, danger and magnetic pull of exploring uncharted places in our world and our minds.

The Lost Diggers By Ross Coulthart On Sale: 1/11/2012 400 pages, $70.00

During the First World War, thousands of Aussie diggers and other Allied troops passed through the French town of Vignacourt, two hours north of Paris. Many had their photographs taken by Louis and Antoinette Thullier as souvenirs while they enjoyed a brief respite from the carnage of the Western Front. For all too many, this was their last moment away from the lines before being sent to their deaths in battles that are now part of the mythology of Australian nationhood - Pozieres, Bullecourt, the Somme. The weariness and horror of battle is reflected in their eyes, but the photos also capture a sense of camaraderie, high spirits and even a soupcon of romance.

The Lost Diggers is the riveting detective story of the hunt across northern France for a rumoured treasure trove of antique glass photographic plates that led investigative journalist Ross Coulthart to an ancient metal chest in a dusty attic in a small farmhouse.

The nearly 4000 glass plates he and his team from Channel 7's Sunday Night discovered are being hailed by experts as one of the most important First World War discoveries ever made.

But that was just the beginning. With meticulous research and the help of descendants, Ross Coulthart has been able to discover the stories behind many of the photos, of which more than 330 appear in the book.

Part thriller, part family history and part national archive, The Lost Diggers brings together these wonderful images and the amazing stories behind them.

The book will coincide with an exhibition of the photos at the Australian War Memorial, to run from 2 Nov 2012 to 31 July 2013. The AWM attracted more than 800,000 visitors during 2010-11.

From CSIRO Publishg: - Summer Sale !

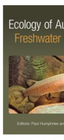
Australian Rainforest Fruits - A Field Guide by Wendy Cooper and William T Cooper - Colour plates, Line Art, Maps 272 pages - **February 2013**, $ 59.95

This beautifully illustrated field guide covers 504 of the most common fruiting plants found in Australia's eastern rainforests, as well as a few species that are rare in the wild but generally well-known. These spectacular plants can be seen from Cape York to Victoria, with some species also found in the Northern Territory, Western Australia and overseas.

Rainforest fruits are often beautifully coloured, and in this guide the species are arranged by colour of ripe fruit, then by size and form. Five broad categories – pink to purple, blue to black, yellow and orange to red, green to brown, and white – allow people with even limited botanical knowledge to identify rainforest fruits.

Each species description is accompanied by a leaf drawing, a distribution map, and diagnostic characters to help the reader distinguish similar species.

Australian Rainforest Fruits includes stunning artwork by Australia's leading natural history artist, William T Cooper. It will be sought not just by bushwalkers and natural history enthusiasts, but also by those who admire botanical art at its best.



Ecology of Australian Freshwater Fishes Edited by: Paul Humphries, Charles Sturt University Keith Walker, The University of Adelaide 440 pages, Hardback - **April 2013**, $130.00

This edited volume reviews our past and present understanding of the ecology of Australian freshwater fishes. It compares patterns and processes in Australia with those on other continents, discusses the local relevance of ecological models from the northern hemisphere and considers how best to manage our species and their habitats in the face of current and future threats. In view of these challenges, the need for redress is urgent.
The chapters are written by some of our foremost researchers and managers, developing themes that underpin our knowledge of the ecology, conservation and management of fish and fish habitats. For each theme, the authors formulate a synthesis of what is known, consider the need for new perspectives and identify gaps and opportunities for research, monitoring and management. The themes have an Australian context but draw upon ideas and principles developed by fish biologists in other parts of the world.

The science of freshwater fish ecology in Australia has grown rapidly from its roots in natural history and taxonomy. This book offers an introduction for students, researchers and managers, one that the authors hope will carry Australian fish biology and resource management to new levels of understanding.Flora of the

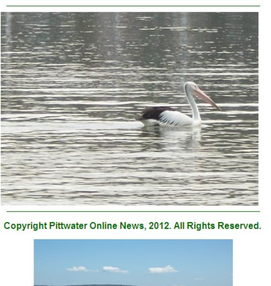
Otway Plain and Ranges 2

Daisies, Heaths, Peas, Saltbushes, Sundews, Wattles and Other Shrubby and Herbaceous Dicotyledons Enid Mayfield Geelong Botanic GardensColour illustrations 436 pages, **April 2013** $ 59.95

This visually superb and informative field guide is the second volume of Flora of the Otway Plain and Ranges, and covers more than 480 species of Daisies, Heaths, Peas, Saltbushes, Sundews, Wattles and other shrubby and herbaceous Dicotyledons. The illustrated family key is unique and covers 75 families and over 200 genera. Each species is illustrated and labels provide a clear key to identification for botanists and amateurs alike.
The Otway region of Victoria, with its temperate rainforests, mountain ash forests, heathlands, plains and coastal dunes, has an extraordinarily rich and diverse flora.

Flora of the Otway Plain and Ranges 1 was published in 2010.

Pittwater Online News does not charge to list New Works by residents. You will need to send your material ready to publish. To Contact us regarding your forthcoming Book or Literary Event click: here



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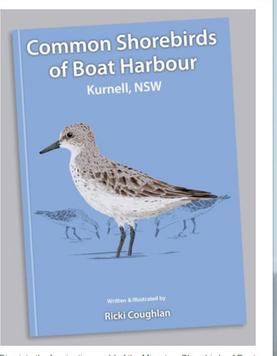


Dive into the fascinating world of the Migratory Shorebirds of Boat Harbour, with my new e-book "Common Shorebirds of Boat Harbour". This is available as a **FREE DOWNLOAD** on the Redtail site at http://redtail.net.au/australian-shorebird-books/or get it right here . . . http://redtail.net.au/Common-Shorebirds-of-Boat-Harbour.pdf (36.5MB pdf)

Underwater Eden: saving the last coral wilderness on Earth. By Gregory S Stone and David Obura .Chicago: University of Chicago Press; 2013. Octavo, dustwrapper, 170 pp. colour photographs $56.00 from Andrew Isles

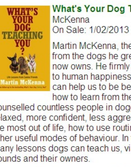
Corals are dying off at an alarming rate, and their loss threatens more than 25 percent of all fish species, who depend on the food and shelter found in coral habitats. Yet in the waters off the Phoenix Islands, the corals are healthy, the fish populations pristine and abundant. This book tells the story of how authors Stone and Obura succeeded, against great odds, in establishing the Phoenix Islands Protected Area (PIPA). It's a story of cutting-edge science, fierce commitment, and innovative partnerships rooted in a determination to find common ground among conservationists, business interests, and governments-all backed up by hard-headed economic analysis. Creating the world's largest (and deepest) UNESCO World Heritage Site was by no means easy or straight-forward. This book takes us from the initial dive, through four major scientific expeditions and planning meetings over the course of a decade, to high-level negotiations with the government of Kiribati - a small island nation dependent on the revenue from the surrounding fisheries. Written by scientists, politicians, and journalists who have been involved in the conservation efforts since the beginning, the chapters brim with excitement, wonder, and confidence-tempered with realism and full of lessons that the success of PIPA offers for other ambitious conservation projects worldwide. Simultaneously an ode to the diversity, resilience, and importance of the oceans and a riveting account of how conservation really can succeed against the toughest obstacles.

For Children:

Big Nate: Big Nate Flips Out By Lincoln Peirce On Sale: 1/02/2013 $14.99

Big Nate is flipping out! Everyone knows N-A-T-E does NOT equal N-E-A-T! And when Nate's sloppiness gets out of hand, his best friend Francis gets in serious trouble.Can Nate clean up his act? Or will he flip out first? **Ages 8-12**

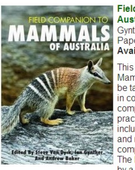
From ABC Books:



What's Your Dog Teaching You? By Martin McKenna On Sale: 1/02/2013 $24.99

Martin McKenna, the Dog Man, has learned plenty from the dogs he grew up with and from the dogs he now owns. He firmly believes that dogs hold the key to human happiness and well being and that they can help us to be better people - if we only learned how to learn from them. Over the years he has counselled countless people in doggy lore, in how to be more relaxed, more confident, less aggressive, more loyal, how to make the most out of life, how to use routine to clear your head - and many other useful modes of behaviour. In this book he runs through the many lessons dogs can teach us, via colourful anecdotes about hounds and their owners.

Be warned! Not everyone is up to the task of learning from their dog.



Field Companion to Mammals of Australia by Steve Van Dyck, Ian Gynther and Andrew Baker Paperback $45.00 Pre-order now! **Available 08/04/2013.**

This invaluable companion to The Mammals of Australia is intended to be taken out into the field and used in conjunction with the more comprehensive volume. Genuinely practical in the outdoors, the book includes accounts of 389 species and newly developed comprehensive identification keys. The Field Companion is introduced by a Mammal Distribution Matrix, which provides a classified checklist of all mammals in Australia (including those extinguished since European settlement) and the distribution of extant species in each state and territory. Species accounts provide initial differentiation, and include notes on identification, size, abundance, habitat and federal list status, photograph and distribution map, as well as key references, which provide quick access to all relevant state identification keys in the Field Companion and to the longer entry in The Mammals of Australia. The authors have developed separate keys, illustrated with detailed drawings and maps, for the six states and the Northern Territory, to simplify the identification process and allow the reader to confidently separate all mammal species, no matter how subtle the differences. With the addition of these identification keys, this book becomes more than a field guide - although it is intended primarily to be used outdoors - and allows the user to finish identification based on more obscure characteristics, which is an advantage for some hard-to-identify species groups.

The Field Guide to the Birds of Australia 9th Edition - Sept. 2012. F Knight, G Pizzey, S Pizzey $45.00 Usually dispatched within 2-5 weeks (subject to availability)

The definitive and most respected guide to Australian bird identification and a must for both experts and amateurs. First published in 1980, Graham Pizzey's field guide combines a depth and breadth of knowledge with beautiful, full-colour illustrations by Frank Knight.

This 9th edition is even more user-friendly than the 8th edition. The species entries are ordered as per the new taxonomic order of C&B 2008 and the guide is more suitable to be used as a quick reference due to the inclusion of associated colour-tabs. It has also been brought up-to-date with the inclusion of a number of new species, encompassing significantly more Vagrants (very occasional visitors to Australia, mostly storm assisted) which will have their own discrete Vagrants section at the back of the book.

It also contains a longer Quick Reference Guide than the 8th edition, spanning over a few pages, with presenting images alongside the species group names.

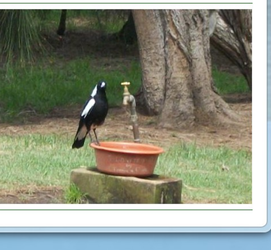
Avalon Library Hours
Monday to Friday 10am to 5pm
Saturday 10am to 1pm
Sunday 2pm to 5pm
59a Old Barrenjoey Road
Phone: 9918 3013 Fax: 9918 7046
Email avalonlibrary@ozemail.com.au
Web Address www.avalonlibrary.org.au

Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am
Wednesdays 10.00am - 11.00am
Thursdays 10.00am - 11.00am

Tweet Like +1



February 17 - 23, 2013: Issue 98

BULLETS REGATTA — IT'S BACK!!

When: Saturday March 16th & Sunday March 17th 2013
Where: Sand Point Beach, Palm Beach NSW
NOR: Download from www.pbsc.org.au

Classes: Open to all off the beach catamarans – Divisions will be created after close of registration Saturday 10am.

Fees:

2 Per boat	$80
Single handed	$60
Youth team	$60
Sat pm meal per head	$20

Registration: Saturday 16th March, Sand Point Beach – PBSC Marquee, Between: 8:00am and 10:00am, Briefing at 11:00am.

If you need assistance with accom contact secretary@pbsc.org.au

Proudly Sponsored By Hobie — Paddle Pedal Sail — Water Sports | Kayaking | Sailing | Beach Gear

WWW.PBSC.ORG.AU / P.O. BOX 120 MONA VALE NSW 1660

PBSC- The Bullets Regatta is back! - March Sat 16 - Sun 17, 2013.

All classes of off the beach catamarans invited. Notice of race and Entry Form will be on the pbsc.org.au website.

Aboriginal Support Group – Manly Warringah Pittwater

TRIBAL WARRIOR

Your invitation to join us
Monday March 11th at 7.30pm
Mona Vale Memorial Hall,
1606 Pittwater Rd, Mona Vale

Shane Phillips
CEO Tribal Warrior & Australia's 2013 Local Hero
Explains the Tribal Warrior Mentor Program

The Overview
An initiative that focuses on simple life skills, teaching & mentoring.
We target young offenders who have been referred to us by Police & Juvenile justice with the aim of getting them ready for work and gearing them to stay focused on their own personal situation.

How it works
This basic life skills program is engaging, simple and has been accepted as a positive influence within the local community.

Outcomes
Basic family values enactment and two important things a human being needs, *A Sense of Belonging* and *A Sense of Worth!*

All welcome, this is a **Free** night including light supper.
Hosted by **ASG-MWP** (Your Donations are welcome)

po box 129 narrabeen nsw 2101 telephone/fax 9913 7940 www.asgmwp.net abn 17 603 318 271

Donavon Frankenreiter - Lovely Day

Corona Extra — LaCasa presents DONAVON FRANKENREITER — FREE ACOUSTIC SET FROM 4PM — THE NEWPORT ARMS HOTEL — SATURDAY 23 FEBRUARY — LACASA.NET.AU

Zonta Club of Northern Beaches Inc — Member of Zonta International — invites you to attend the **Pittwater International Women's Day Breakfast**
Friday 8 March 2013, 7am – 9am, Mona Vale Golf Club, Golf Ave, Mona Vale
Speaker – Anne McCullagh Rennie
Announcement of Pittwater Woman of the Year by Rob Stokes, Member for Pittwater
Cost $38 — RSVP 28 February 2013
All proceeds to Zonta projects assisting local women in need, and Zonta International projects in developing countries

Anne McCullagh Rennie is one of Australia's internationally bestselling, award winning authors. She is a gliding champion, sailor, skier, and musician. She has conquered crippling arthritis and written a cookbook for arthritis sufferers. She has written six novels as well as her family biography, runs the family business and has sailed on the east coast of Australia with husband Jim in their catamaran BestSeller. From the ski slopes of Austria, through the life-threatening world of intensive care, to the challenges of raising two daughters, one of whom has Down Syndrome, Anne has a strong 'can do' philosophy. Anne's latest novel, 'Under Southern Skies', was published in March 2012. Anne will speak on her personal 'life journey'.

Release your genius artist. Learn the unique skill of 'Painting in the Third Eye'

Beginner or accomplished artist - join Ted Blackall and the 3rdi School of Painters in studio sessions. Discover the consummate artist within, plus mind expanding technical skills and knowledge that will realize one's infinite creative potential. 3rdi studio sessions are conducted on Mondays and Saturdays 1-4pm on a on a formal basis of 4x8 week [public school] terms [fee $320 per term] and informally between terms throughout the year [fee $40] per session.

See:wwwpaintinginthethirdeye.com email:ted@hamish.org Phone 0411121241

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

Cycling in Pittwater - Summer cycling by the Lake

AustCycle are offering free cycling skills and bike maintenance workshops for Pittwater and Warringah families, school aged children and seniors around Narrabeen Lake during February and March 2013. Sydney Bikes Skills will run the training sessions and will cover a range of topics such as helmet fit, bike safety inspection, correct riding positions, bike maintenance, road rules and the do's and don't of using shared paths.

You must supply your own bike and helmet and be able to ride a bike. **Bookings are essential** and can be made by contacting the road safety officer at Pittwater Council or Warringah Council.

Pittwater Council, Michelle Carter, 9970 1196 or email at michelle_carter@pittwater.nsw.gov.au

Warringah Council, Peter Wright, 9942 2447 or email at roadsafety@warringah.nsw.gov.au

Seniors Workshop One, a one day course as part of Seniors Week 2013 for riders aged over 60 years of age.

Session one: Wednesday 6 March between 9.30am - 3.30pm - Coastal Environment Centre

Seniors Workshop Two, a one day course as part of Seniors Week 2013 for riders aged over 60 years of age.

Session one: Thursday 14 March between 10am - 4pm - Lake View Hall, Tramshed, Narrabeen

RMYC Presents ROCK N ROLL @ THE ROYAL!!! FRI 22nd FEB 8.30pm - LATE. Limited tickets available, call RMYC on 9997 5511 to book your tickets. Lucky Starr, Leigh Archer, Roland Storm, Milton Ward. $25 Members, $30 Non Members, inc. drink on arrival. Web: www.royalmotor.com.au Email: info@royalmotor.com.au Phone: 02 9997 5511

Kinesiology and Australian Bush Flower Essences — Two Day Workshop — Emotional Care and WellBeing — know yourself and others

Kinesiology and ABFE Workshop - 23rd and 24th of February, 2013
Kamaroi Rudolf Steiner School
220 Forest Way, Belrose.
Booking Form in File Below (right click on and 'save as').

Ian White Profile

Australian Bush Flowers Website

Kinesiology_Syd_Feb2013_EMAIL.pdf
Size : 104.906 Kb
Type : pdf

RPAYC announce 2nd annual Club Marine Pittwater Sail Expo for 2013

The second annual Club Marine Pittwater Sail Expo will be held over the weekend of **16 & 17 March, 2013** at the Royal Prince Alfred Yacht Club. A community event, the expo will feature over 35 exhibitors supplying goods and services to the professional and leisure sailor as well as providing information on sail training, club membership, cruising, dinghy and yacht racing.

Situated on beautiful Pittwater on Sydney's Northern Beaches, The Royal Prince Alfred Yacht Club is the state's largest sailing club and combined with its extensive racing, cruising and dinghy programs, lures many sailors to the club. The club is home to over 1800 members, over 300 yachts, 70 hardstand boats and 100 dinghies. It is anticipated that the show will attract up to 3000 people over the weekend.

The RPAYC is home to the Club Marine Pittwater Sail Expo – photo by Damian Devine

The Expo will feature an extensive array of exhibitors with many leading marine industry brands represented. There will be a large range of boats on display as well as other marine goods and services exhibiting including charter services, inflatable boats, marine paints, rigging, sail makers, shipwrights, marine groups, deck hardware, soft furnishings, electrical, batteries, ropes, marine insurance and much, much more. The event is open to the public and there will be no charge to enter.

Held in and around the club house and on the magnificent floating marina, the location will offer exhibitors options of water berths on the marina, hardstand exhibiting space and, individual marquee trade booth exhibition spaces in the main car park.

For visitors, it will be an outstanding opportunity to witness the Club first hand, have a look at sailing boats, gather information about training, racing, cruising, kids programs and membership and gain professional advice directly from industry experts.

The Club offers car parking for up to 400 cars, however, a shuttle service will be arranged that will service local public car parks to assist with the logistics of show visitors.

The Volunteer Marine Rescue (VMR) who provide an invaluable service for boat owners via their radio communications will be present and will be running the sausage sizzle & raffles and manning the car parks. NSW Maritime and the Water Police as well as other industry authorities will also have a presence at the expo.
The event is being supported by the naming rights sponsor Club Marine, promotional supporter Mariner Boating Holidays and media partner The Manly Daily.

Corey Yeung, Club Marine State Manager said, "The Hawkesbury River is one the most picturesque waterways in NSW and being on a yacht is one the best ways you can enjoy and experience the beauty of Pittwater. The Club Marine Pittwater Sail expo provides a great opportunity for everyone to learn about sailing, meet some industry experts and find out how easy it is to get out on the water."

Mariner Boating will run a promotion during Sail Expo 2013 for the chance to win a trip for two on a two week yacht rally in a Mediterranean destination during the winter of 2014. The prize will include international airfares and accommodation on a participating yacht for two weeks and has a value of approximately $15,000.

Mariner rallies are now famous for their alternate lay day/sailing day format. They are open to sailors, non-sailors, singles, couples, complete crews and the RPAYC cruising group have been regulars on Mariner events since 2001.

All you have to do is come to Sail Expo and register your interest in participating in this draw with Mariner Boating who will be on the RPAYC stand in the clubhouse. Mariner will announce the 2014 program at the show and will also have details of some specials on the few remaining places still available on the 2013 rally program.

In 2013 Mariner will operate yacht rallies in Greece, Turkey, Croatia and Italy. Club Marine Pittwater Sail Expo spokesperson Rear Commodore Activities Maurice Gilet said, "The expo will be a community event and a great opportunity for people to see the club first hand, witness our magnificent waterway of Pittwater and learn more about all aspects of sailing.

There's already been a very strong level of interest towards this event from all aspects of the boating industry and people will have the opportunity to gain professional advice directly from industry experts. Anyone with an interest in sailing boats or wants to get into sailing is invited to come along."

The Club Marine Pittwater Sail Expo will be held on **16 & 17 March 2013 between 10am-4pm** on the grounds of **The Royal Prince Alfred Yacht Club located at 16 Mitala St Newport**.

For Club Marine Pittwater Sail Expo enquiries or to register as an exhibitor please contact the event administrator Ros Lindsay at the RPAYC on (02) 9998 3700 or visit www.rpayc.com.au/pittwater-sail-expo and download the application to exhibit or email: sailexpo@rpayc.com.au

For potential exhibitors please be aware that space is strictly limited and confirmation will be via registration and payment of deposit. Prime positions will be allocated on a first in, first served basis.

Tropfest 2013 will be held at The Domain, Sydney on Sunday, February 17, 2013. Gates open at 11am, so pack a picnic and join us for a day of film like no other!

A 2008 Winning Entry: Mankind Is No Island

MANKIND IS NO ISLAND - Tropfest Winner (TSI: "S...

ONLINE EXHIBITION Sydney's home furnishing stores, 1890-1960

Until the 1960s, Sydney-siders usually 'went to town' to shop for furniture and furnishings for the home. There were dozens of specialist furnishing stores and department stores with furnishing sections in the city centre. Many were concentrated in 'furniture precincts', first along George Street and then from the 1920s around the city circle railway stations and the southern part of Pitt Street.

The decline of home furnishing shopping in central Sydney from the late 1950s was influenced by rising rents, lack of parking and a general population move to the suburbs. Shopping patterns also changed with the development of drive-in suburban shopping centres, the first opening at Top Ryde in November 1957.

A legacy of the city stores is their trade literature such as catalogues and associated ephemera: those used to illustrate this exhibition are part of the Caroline Simpson Library and Research Collection (CSL&RC) at the Historic Houses Trust of NSW.

Written and researched by Michael Lech, Assistant Curator. August 2007.

LATIN SUMMER SUNDAY SESSIONS — LIVE MUSIC - BEER GARDEN - 5PM TO 8PM — Avalon Beach RSL — avalonrsl.com.au

Open: mic @clubpalmbeach — Commencing 6th Sept 2012 — Every Thursday Night 6:30pm — Live Music — $15.00 — Meal deals — Includes: Schooner Bulmer's Cider — $5 bar tab for every guest you bring along — Best performance prizes — Hosted By Sammy Keithy Hutchin

Hollywood Director's Deepsea Challenger showcased at Powerhouse Museum

The bright green, 12-ton sub was designed and manufactured by four Australian companies in partnership with James Cameron, taking out the 2012 Design Award of the Year. It was built and assembled at a workshop in Leichhardt, Sydney, by Australian engineer Ron Allum from Acheron Project and is able to safely take a human 11 kilometres below the sea surface, overcoming challenges similar to those faced in space exploration. James Cameron first launched Deepsea Challenger successfully in March 2012 in the Pacific Ocean, where he filmed his three hour stay at the ocean bottom for a 3D documentary that will be released for cinema in 2013.

The Powerhouse Museum shows how Deepsea Challenger's design met the complicated physics of deep-water pressure and the research needs for exploring the ocean bottom with pilot safety of utmost importance.

Dr Dawn Casey, Director, Powerhouse Museum, said: "Deepsea Challenger is an extraordinary story of innovation, design and engineering, driven by human ingenuity and exploration of deep sea environments.

Since 1992, the Powerhouse Museum has recognised excellence in Australian product design by showcasing a small selection of the finalists from the annual design awards. The Australian International Design Awards 2012 is showing at the Powerhouse Museum **until July 2013.**

On View: Australian International Design Awards 2012
Date: 25 August 2012 – July 2013
Address: Powerhouse Museum, 500 Harris Street, Ultimo.
Telephone: (02) 9217 0111 or infoline (02) 9217 0444
Website: www.powerhousemuseum.com
Hours: 10.00am to 5.00pm (closed Christmas day)
Admission: General admission $12 adult, $6 child, $8 student/concession and $30 family. Powerhouse Museum members and children under 4 years admitted free.

Sydney Northern Beaches Symphonic Wind Ensemble

SNBSWE is a symphonic wind ensemble that rehearses every Thursday evening during school terms. The band consists of adult amateur and professional musicians who play a wide repertoire of music. If you play an instrument and are looking for a great musical experience with good company, come and see if you like what we do. The Ensemble serves the local Northern Beaches community through regular concerts. It provides opportunities for experienced brass, percussion and woodwind musicians to play high grade symphonic repertoire. The Ensemble allows people to continue playing their instruments after leaving school, therefore giving the experience of music for life. Contact: Denise Morgan 9999 0655. **More at:** http://www.snbswe.org.au/

LADIES Luncheon — Wednesday 13 March 2013 — Guest Speaker: Roz Baker — Author, Bush Poet, Independent Publisher & Toastmaster — $65.00 per person — Includes 2 course lunch - wine, tea & coffee — TOP DECK DINING ROOM — 12.00 for 12.30pm
Web: www.royalmotor.com.au Facebook: www.facebook.com/rmycbb Email: info@royalmotor.com.au Phone: 9997 5511

Lifeline Northern Beaches — **Fundraising Night, 16th March 2013**

Come and join the party with cocktail food, a great band & DJ, show performances, dancing, raffles, fun competitions and a silent auction. Many thanks to our wonderful supporters who have donated fantastic prizes and auction items for your enjoyment and celebration.

The event will be held at Barrenjoey High School Hall starting at 7pm and tickets cost $45 per person. Numbers are limited so call 9949 5522 ASAP to book your tickets and support Lifeline.

Lifeline Northern Beaches provides crisis support via the National 13 11 14 number as well as counselling services, assistance, book fairs and retail outlets, and is proud to celebrate this 50th milestone.

www.lifelinenb.org.au — Lifeline 50 YEARS 1963-2013

PALM BEACH GOLF CLUB PRESENTS - Grace Knight

Up Close and Personal - Saturday, 23rd March 2013

Performing classic standards and tracks from her ARIA nominated album, "Keep Cool Fool" **Tickets** $35 Showtime 8:30pm

Margaret Olley: *Home*

This exhibition is the first to focus on the artist's home in Duxford Street, Paddington. Considering Margaret Olley's paintings alongside photographs of the interior, objects from the house and reflections from her friends, the exhibition explores her home as inspiration.

To walk into Olley's home was like walking into a painting. With its fresh paint, rich colours and warm sentiment, the house was a true commemoration of the still-life and interiors tradition in Australian art.

Painted between 1972 and 2011, the artworks in this exhibition reveal the house as a living work of art, while the photographs document the passing years and affirm the aura of the interior spaces.

Museum of Sydney
Saturday 10 November 2012 - Monday 1 April 2013
Corner Phillip and Bridge Streets, Sydney

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

Eco-cinema - 'Waste Not'

A beautiful and emotional film about garbage! Come and be inspired by this award-winning documentary film that advocates local, practical solutions for transforming the mountains of stuff we throw away, into something valuable again. Waste Not shows that recycling isn't just something you should agree with in principle. If our whole society was recycling efficiently we'd be able to create a fairer and healthier world, starting in our own backyard.

We will show the film, share some refreshments and invite discussion about the practical implications and ideas for our local area. Learn about an innovative new program available to Pittwater residents who can now be part of the 'Compost Revolution' and learn how to compost and worm farm online. Take away some tips and resources from the Love Food, Hate Waste Program to help you reduce food waste and save money.

Please join us for this special evening of ideas and inspiration, and connecting with others in the community who are interested in reducing our ecological footprint.
When: **Friday 1 March, 6:30-8:30pm**
Where: Coastal Environment Centre, Lake Park Road, North Narrabeen. Cost: Free! Bookings Essential!
Online - www.pittwater.nsw.gov.au/cecbookings
In person: Coastal Environment Centre, Lake Park Road, North Narrabeen. Phone: 1300 000 232 (Reception - Option 1)

Wetland Nightlife

Warriewood Wetlands is a unique environment supporting a wide diversity of native animals. Some of them are active by day and others come alive at night. Come and join us after dark for an exciting evening looking for some of these nocturnal critters. This spotlighting event is suitable for children aged 4 and over.

When: **Friday 22 February, 7:30pm – 9:30pm**
Where: Warriewood Wetlands (meeting point provided upon booking)
Bring: sturdy shoes, suitable clothing for weather conditions, water bottle, small torch (optional), camera (optional).
Bookings Essential! Online - www.pittwater.nsw.gov.au/cecbookings
In person: Coastal Environment Centre, Lake Park Road, North Narrabeen. Phone: 1300 000 232 (Reception - Option 1)

MONAVALE — SUMMER Sundays at Mona Vale — 12pm till 6pm — $5 Coronas / $10 Cocktails — $15 Bucket of prawns / $5 Bulmer's Cider — $5 Baby Doll Sav Blanc — MONAVALE HOTEL — www.monavalehotel.com.au — Cnr Barrenjoey Rd & Park St Mona Vale PH - 9999 4214

CURRENT EXHIBITIONS IN THE MACLEAY MUSEUM

The Meaning of Life: Celebrating 50 years of Biological Sciences at the University of Sydney

Employing stunning photography, a world of memorabilia, spectacular Lepidoptera and interactive elements, this exhibition invites the public to don a lab coat and look down the microscope and expand their views on the meaning of life through the stories of research in the School of Biological Sciences.

This exhibition will be open from the 28th September until 8th March, 2013 OPENING HOURS: 10am - 4.30pm weekdays, 12pm - 4pm first Saturday of every month CLOSED Sundays, Public Holidays, and other Saturdays.

The Macleay Museum, Nicholson Museum and University Art Gallery are open to the public and entry is free. The University's museums are located close together in and around The Quadrangle and clock tower on the Camperdown (main) campus of the University of Sydney, a few kilometres from the centre of Sydney.

Permanent Exhibition: Macleay Reworked

This exhibition encapsulates the early purpose of museums - to exhibit the wonders of the world and its peoples. Housed in historic cedar cabinets within the Victorian surrounds of the Macleay Building, this exhibition is a unique opportunity to peak at the extraordinary diversity of the Macleay collections, from insects collected in the 1770s to medical instruments from Papua New Guinea and the University's first moves into computerisation.

CURRENT EXHIBITIONS AT THE NICHOLSON MUSEUM

The Colosseum - The Lego Colosseum
The largest ever LEGO model of Rome's famous Colosseum is now on exhibition at the Nicholson Museum. A quarter of a million bricks were used in construction put together by 10,000 slaves working for architect and LEGO Certified Professional Ryan 'Vitruvius' McNaught.

The model is the centrepiece of an exhibition about Rome's largest surviving building from the great days of its Empire. The exhibition will also include sculpture and coins of the Emperors, as well as artefacts used in daily life by the ordinary Roman who enjoyed 100 days of holiday and games when the original Colosseum opened in 80 AD. **Extended until March 2013**

50 objects 50 stories
Winner of the 2012 IMAGinE Award for best exhibition and public engagement

50 Objects 50 Stories is not about the most important, or the most beautiful things in the Nicholson Museum. It is about objects with a story to tell. Beginning in 1860 with antiquities from the original donation of Sir Charles Nicholson, the exhibition journeys through to the present day. Along the way, the stories introduce us to a cast of characters, curators and collectors who have helped shape the museum and its collection.

Sir Charles Nicholson, founder of the museum, a man of dramatically humble origins, newspaper reporter Edward Reeve, the museum's first curator (1860-1889 in three terms), Enoch Powell, eminent Greek scholar, later radical English right-wing politician (curator 1938-39) and James Stewart, Cypriot archaeologist, prisoner of war and cat lover (curator 1954-1962). There are adventurous women such as Agatha Christie and the intrepid Mary Woodhouse. There are famous archaeologists Sir Austen Henry Layard, Sir Henry Wellcome, Sir Flinders Petrie, Vere Gordon Childe, Dame Kathleen Kenyon, Sir Max Mallowan, Sir Mortimer Wheeler and some pretty dreadful ones like Luigi Palma di Cesnola. And there are famous men and women Sir William Hamilton and his scandalous wife Emma, Thomas Hope, Orson Welles and D.H. Lawrence. All have a part to play as these wonderful stories unfold. **Until June 2013**

The Etruscans: A Classical Fantasy
Detail of Tomb of the Leopards, Tarquinia 5th century BC.
In popular imagination the Etruscans are the very stuff of fantasy, myth and legend. Who are they, where did they come from, what does their language mean? In reality, although wiped out or assimilated by Rome, they have left us an extraordinarily rich heritage of art, jewellery, metal working, terracotta sculpture, urban planning, walls, and roads. Indeed, in the 6th century BC, the Etruscans were the most powerful people in the Mediterranean. So what went wrong?
Ongoing exhibition

Nicholson Museum - Sydney University Museums
The University of Sydney/Manning Road
Camperdown NSW 2050
(02)9351 2812
OPENING HOURS
10am - 4.30pm weekdays
12pm - 4pm first Saturday of every month
CLOSED Sundays, Public Holidays and other Saturdays
Admission is free

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

PNHA - Birdwatching and Monitoring in Irrawong Reserve - FEBRUARY SUNDAY 24

Meet 7.30am at corner Irrawong Rd and Epworth Place. Ends 10.30am. Eastern Yellow Robin, Lyrebird, Powerful Owl and Rufous Fantail are sometimes seen here. Bring: Binoculars, water, morning tea. To Book: P: Kerry Smith 9944 6271 0402 605 721. E: pnhabirdwatching@gmail.com

"POSSUM HIGH TEA"
FUNDRAISER

SOUTHERN CROSS WILDLIFE CARE

Sunday 7th April 3pm
8 Lentara Rd Bayview.

Please come and share these beautiful surroundings known as "Coomalong" (possum meeting place) overlooking Pittwater. All funds raised go directly to Southern Cross Wildlife Care for the treatment & rehabilitation of wildlife in need. Our consultant veterinarian Dr Howard Ralph will give a brief talk about the many precious animals he treats each week. Howard's images are touching and inspirational. All Welcome!

Admission $15 Tea/Coffee & Cake $5
RSVP Lindy m # 0409 404570 h # 9982 1751

The Rotary Club of Neutral Bay invites you to attend the Comedy Capers Champagne Party 2013
Saturday, 9th March 2013, Headland Gallery, Suite 2 Gunshot Alley, Suakin Drive, Mosman (access from Middle Head Road)
TIME: 6.30 – 9.30pm
DRESS: Smart Casual
ENTERTAINMENT: Morgan Lewis – Morganics, Svet Atanasov – Pianist
RSVP: Friday, 1st March 2013
TICKETS: $50.00 per person
FOR BOOKINGS: Club Secretary, Toni Maher call 0414 646 742 or email tonip46@tpg.com.au
Alternatively click on either mask below to reply.
(Net proceeds to be used for 2013 Rotary charities, in particular, Community Youth Projects)
It's all about having fun!

Jane Austen Festival- Canberra, April 2013
See: http://janeaustenfestival.blogspot.com.au/

Jane Austen Festival Australia — 18-21 APRIL 2013 — St Johns Church buildings & grounds, Constitution Ave, Reid, Canberra — www.janeaustenfestival.com — celebrating 200 years since Pride & Prejudice with sewing, dancing, archery, talks, walks, concerts, theatre, food, fashion and fun for everyone — Early bird tickets now available

Avalon Quilters

Our next exhibition is to be held on the **1st and 2nd of March at the Avalon Uniting Church.** We usually display a collection of our members Work. This year we are putting together something different, with the help of antique and vintage quilt collectors Annette Gero and Trish Bloomfield; we are thrilled to show about 70 American Antique Quilts. Some of these quilts date back to the Civil War through to the Depression time, each with their own history.

Our raffle quilt is 1940's vintage with full provenance, it is beautifully bright and would suit any home today. All proceeds are being donated to Australian Mitochondrial Disease Foundation.

There will be a craft stall of quality handmade members goods and quilts, our visiting trader from the NSW south coast is Dowry. They specialise in stunning goods and clothing made from vintage fabric, really worth a look. A picture of the Raffle quilt is above.

Our Guides - Australian National Maritime Museu...

Australian National Maritime Museum Exhibitions

Along with many permanent Exhibitions the current is also on offer:

Wrecks and Reefs - until 3 March 2013

Through the underwater lens of maritime archaeology, explore four Australian shipwreck sites on remote coral reefs off tropical Queensland - the early colonial ships Mermaid, Porpoise, Royal Charlotte and Cato. Vivid images by expedition photographer Xanthe Rivett follow the team led by the Australian National Maritime Museum and reveal the unique marine environments they encountered.

Join the expedition team on this underwater story of archaeological discovery and admire the natural beauty of the coral reefs and cays, the backdrop of these ship wrecks.

Pirates! - until 24 February 2013

Cut loose your cutlass and enter the world of pirates in a rollicking kids adventure land! Walk the gangway to board your very own pirate ship, encounter the ghost of pirate Blackbeard in the captain's cabin, search for loot in the dark pirate cave and beware of ghostly warnings. Test your skills with a pirate tongue twister, pick a pirate name and make your own pirate hat, seek out the clues to follow the treasure trail and encounter the Rogues Gallery. Swashbuckling fun as children transform themselves from landlubbers to fearless buccaneers.

P&O - celebrating 175 years - until 3 March 2013

The Peninsular Steam Navigation Company was founded in 1837 with a government contract to carry the Royal Mail from the United Kingdom to Spain and Portugal. When this contract was extended to Egypt in 1840, the company was renamed the Peninsular & Oriental Steam Navigation Company, or P&O.

P&O has played a significant role in Australia's maritime and immigration history since it established the first regular mail service from the UK in 1852. This ended Australia's isolation and supported the flow of mail, cargo and passengers between the UK and Australia. To mark P&O's anniversary in 2012, a selection of posters, photographs and ephemera are displayed from the museum's P&O collection. They showcase a company that has sailed through war and peace, the rise and decline of the British Empire, the era of mass migration and the advent of air travel, to remain one of the world's iconic shipping brands.

Pittwater Camera Club
More at: Profile and http://pittwatercameraclub.org/
All Meetings are 7.45 for 8pm - 10pm - BYRA Hall, 1842 Pittwater Road, Bayview

Monday February 18
This will be a presentation evening and our guest speaker will be Lee Duguid. Lee is a well known local photographer who loves capturing our local beaches. We will also be running a tutorial before the presentation on 'Camera Basics' – explaining just what all the knobs and dials on your camera are. The tutorial starts at 7.00pm. Free for visitors to the club.

Monday March 4
This will be a competition evening and our judge will be Mike Smythe. Mike will determine the best Australian Landscape image on the night – the winner to receive the Jim Mullens Trophy. Free for visitors to the club.

Monday March 18
The topic for the evening will be HDR Photography and our guest speaker will be Steve Mullarkey. Free for visitors to the club.

Monday April 8
The winner of the Reg Angus Trophy for Nature photography will be determined tonight by our judge Dennis Jones. Free for visitors to the club.

Monday April 22
David Pix will be our guest presenter tonight. As always he will bring new insights to the art of photography. Free for visitors to the club.

The Arms — SUNDAY CHILL — Live in the Beer Garden from 4PM — A Collective Of... Sydney's finest musicians come together for a series of chilled Summer Sundays... Happy Hours 4-6PM — $6 BULMERS & $25 CORONA BUCKETS — SUNDAY 3 FEB Dollar Bear & Reigan Derry — SUNDAY 17 FEB Hannah Gibbs & Michelle Martinez — SUNDAY 24 FEB Scotty Sax & Adaja — Don't Miss! SUNDAY 10 FEB martini club — WWW.NEWPORTARMS.COM.AU

Pittwater RSL
THE OLD FELLA
FRIDAY 1ST MARCH 2013
All Tickets $19

Pittwater RSL Website

YOUR LOCAL LIBRARY
321 NEARBY AVENUE
CONVENIENT, MN

3 DVDS	$0.00
5 BOOKS	$0.00
1 EBOOK	$0.00
6 CDS	$0.00
TOTAL:	$0.00

HAVING A LIBRARY CARD?
PRICELESS

RMYC Presents afternoon @ THE ROYAL!!! FRIDAY 1st MARCH 2.00pm-5.00pm $75.00 TAPAS PLATES - WINE TASTING - RAFFLES — MARK RICHARDS — MALCOLM PAGE — GORDON BRAY — ROB BROWN — ALL MONIES RAISED ON THE DAY DONATED TO MENS HEALTH — Web: www.royalmotor.com.au Email: info@royalmotor.com.au Phone: 02 9997 5511

AVALON COMPUTER PALS FOR SENIORS — NEWPORT SHORT COURSES – TERM 1 2013 — Newport Community Centre 11-13, The Boulevarde, Newport — FREE LECTURE – BEGINNERS INTRODUCTION TO COMPUTERS Tuesday 29 January, 1:30pm – 3:30pm

Avalon Computer Pals

NO.1 ALBUMS — PARTY TO CLASSIC SONGS FROM CHART TOPPING ALBUMS AND OTHER GREATEST HITS YOU KNOW & LOVE! — TWILIGHT AT TARONGA 2013 SUMMER CONCERT SERIES

THE 18TH ANNUAL SUN-HERALD TWILIGHT AT TARONGA - SUMMER CONCERT SERIES Presents... NUMBER ONE ALBUMS

'Party to Classic Songs from Chart Topping Albums!' **Every weekend from 1 February until 23 March 2013.**

Remember listening to your favourite album over and over because you loved the songs so much... well, get ready, Sydney, because this summer we'll be partying through decades of chart-topping 'Number One Albums'!

Showcasing fourteen classic albums by the greatest entertainers of the twentieth century, you'll be spoiled for choice.... sing along to ABBA, swing to Sinatra, boogie to the Bee Gees, join Elton John on the Yellow Brick Road, soar with the Eagles or simply savour the sweet sounds of Fleetwood Mac and Crowded House. Here's your chance to hear all the favourite songs from the album plus other greatest hits by the featured Artist, performed live under the stars with a stunning harbour backdrop and the exotic calls of the wild.

Tickets are all unreserved, picnic style - BYO rug, chair and picnic or purchase with your tickets a freshly made hamper to collect at the concert. This is a fully licensed event - food, wine and beer available at the concert. No BYO alcohol. This exciting new 'Number One Album' series is sure to be as popular as the albums themselves, so grab your friends, pack your picnics and get ready to rock, roll and reminisce all night long in the wild surrounds of Taronga Zoo.

C'mon Sydney, go wild at the Zoo this summer and have a real Thriller of a night!

www.twilightattaronga.com.au TICKETS

BOLSHOI BALLET - QUEENSLAND PERFORMING ARTS CENTRE - 30 MAY – 9 JUNE 2013

TICKETS

Bolshoi Ballet Brisbane 2013

Narrabeen Lagoon free activities – register now for bushwalks and kayak tour

Friends of Narrabeen Lagoon Catchment has organised a series of spectacular events to celebrate the wonders of this beautiful part of Sydney. These activities are FREE but you must register in advance. All participants will receive a free DVD – "Caring for our Catchment" and an informative brochure and map.

Narrabeen Lagoon Catchment traverse – Saturday February 23
Former Councillor Conny Harris will lead this 4-hour bushwalk, starting at 9am from outside 27 Morgan Rd, Belrose and proceeding into Garigal National Park. It will conclude at Oxford Falls. You'll explore some of the area's best bush tracks, visit the Deep Creek waterfall and identify flora and fauna. Grade Medium with some inclines. Carpool back. Phone 0432 643 295.

REGISTER TO ATTEND - DON'T JUST TURN UP ON THE DAY. NUMBERS ARE LIMITED.
Kayaks provided by an organisation independent of Friends.

Humph Hall

Humph Hall
Josefina Paulson (Sweden) - 7pm Fri 1st March '13
Don't Mention the Wall! (Berlin) - 7pm Fri 8th March '13

Blue Goose Band (fundraiser for NBMF): 7pm, Fri 15th Mar
Piaf: A Passionate Life - 7pm
Lucy Wise & The B'Gollies (WA) - 2pm Sun 14th April '13
Ami Williamson - 7pm Sat 20th April '13

HOUSE MUSIC 2013 — GOVERNMENT HOUSE CONCERT SERIES

Historic Houses Trust Event - House music 2013

The Historic Houses Trust is delighted to welcome you to Government House for House music 2013. The program has been curated by David Rowden, artistic director and founder of the energetic Sydney Omega Ensemble. The series features some of Australia's most exciting emerging talent.

Highlights include performances by Pacific Opera, Sydney Chamber Choir, Ensemble Liaison, Mahler Chamber Orchestra Soloists and concert pianist Clemens Leske. Australian musicians Li-Wei Qin and Kristian Chong showcase the cello and piano, and Simon Tedeschi returns in an intimate recital with Yvonne Kenny. Australian pianist Daniel de Borah is joined by renowned tenor Andrew Goodwin to captivate and delight our audiences.

We look forward to seeing you at House music 2013 and hope you will join us for complimentary sandwiches and drinks, courtesy of Angove Family Winemakers. Gates open at 6pm and parking is free. Full Program HERE

blue mountains music festival — 15 + 16 + 17 march 2013 — tickets on sale now at bmff.org.au — Arlo Guthrie (USA) Gurrumul — Luka Bloom (Ire) Zoe Keating (Can) — Chris Smither (USA) — Earlybird tickets on sale now!

The University of the Third Age offers all seniors a variety of opportunities to use their knowledge, skills and experience and to acquire new ones in an informal, friendly atmosphere.

U3A — The University of the Third Age — Sydney U3A

Full Events for Northern Beaches listed on page 33 of July to December, 2012 Booklet Here

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924 - Next Meeting 9th of February at Brookvale Community Centre - 2pm.

One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research. **Membership: here**

Toulouse-Lautrec is the National Gallery of Australia's next summer exhibition and will run from 14 December 2012 to 2 April 2013. The Australian public have never before had the opportunity to see a major retrospective exhibition devoted to the art of French 19th century artist Henri de Toulouse-Lautrec in painting, drawing, posters and prints.

Toulouse-Lautrec will examine the artist's abilities as an acute observer of Parisian life, his skill as a draughtsman, his experimentation in composition and the brilliance of his technical execution in all media. The exhibition will shed new light on Toulouse-Lautrec through an examination of his involvement in Parisian culture—the high life and the low life.

The exhibition will trace Toulouse-Lautrec's career from his earliest works to his extraordinary depictions of the Paris social scene, the dance halls, the café-concerts, the brothels and theatres. This he did in an insightful way, capturing the essence of his Parisian characters and haunts. Toulouse-Lautrec's subject matter was to become thoroughly modern and he became an influential figure in the evolution of the art of the twentieth century.

At National Gallery of Australia. Tickets:

Peninsula Historian — Newsletter of the Manly, Warringah & Pittwater Historical Society Inc.

Compiled by Tony Dawson, Editor.
Manly, Warringah and PittwaterHistorical Society Inc. Established 1924
President : Jim Boyce 0402 096 080 jimboyce37@gmail.com
Secretary (Membership): Tony Dawson dragdawson@hotmail.com

MAHJONG - AVALON ACTIVE SENIORS GROUP
Avalon Active Seniors Group Invites experienced Mahjong players to join a new group. Thursdays 1-3pm: $2.00 per session at Avalon Recreation Centre. Phone Julie: 0403 820 261.

Bluesfest 2nd announcement: Its all about the Blues & Roots!

SINGLE day **Tickets will go on sale Thursday 18th of October from 10am!** Only 1000 x Early Bird Single Day Tickets available for each day of the Festival @ $139 only. BOOK HERE

THE BLUES & ROOTS RELEASE includes:

PAUL SIMON, JIMMY CLIFF, JOAN ARMATRADING RODRIGUEZ, ROBERT CRAY TROMBONE SHORTY & ORLEANS AVENUE THE BLIND BOYS OF ALABAMA - MAVIS STAPLES ALLEN TOUSSAINT - WANDA JACKSON FRED WESLEY AND THE NEW JB'S MICHAEL KIWANUKA - BETTYE LAVETTE LUKA BLOOM - RUTHIE FOSTER TONY JOE WHITE - SWEET HONEY IN THE ROCK THE DUKE ROBILLARD BAND SHAWN COLVIN - SETH LAKEMAN

ARTISTS ALREADY ANNOUNCED:

BEN HARPER - SANTANA IGGY & THE STOOGES STEVE MILLER BAND CHRIS ISAAK - WILCO - BONNIE RAITT DROPKICK MURPHYS GLEN HANSARD WITH THE FRAMES TEDESCHI TRUCKS BAND FRANK TURNER AND THE SLEEPING SOULS NEWTON FAULKNER - WILLIAM ELLIOTT WHITMORE GRACE POTTER - PLAYING FOR CHANGE - BEN CAPLAN

FMK ENTERTAINMENT PRESENTS KARAOKE NIGHT SATURDAYS 8:30PM — 10,000+ SONGS TO CHOOSE FROM — FREE ENTRY, EVERYONE WELCOME — LOCATED IN LOUNGE BAR — AVALON Beach R·S·L — avalonrsl.com.au — 1 Bowling Green Lane Avalon Beach Ph: 02 9918 2201

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

Storytime for preschoolers
Held every Wednesday morning at Avalon Library 10:30am - 11am

Avalon Library Storytime is held every Wednesday morning from 10.30am at the Library. Hear stories, listen to music and enjoy craft activities. Sessions run for between 30 and 40 minutes. Suitable for preschoolers, 3 to 5 years of age.
Venue: 59A Old Barrenjoey Road, Avalon (above the Recreation Centre). Cost: Free however bookings are essential. Bookings: Phone: 9918 3013 or email avalonlibrary@ozemail.com.au

Storytime at Mona Vale Library
Tuesday, Wednesday and Thursday Mornings, 10- 10.45am

Mona Vale Library Storytime is held three mornings per week during school terms. Hear stories, sing songs and enjoy craft activities. Sessions run for approximately 45 minutes. Suitable for preschoolers, 3 to 5 years of age. Venue: Mona Vale Library, 1 Park St, Mona Vale. Cost: Free. No bookings required

Barrenjoey Lighthouse Tours

Every Sunday, throughout the day, from 11am to 3pm. Tours take approx 30 mins. Phone 9472 9300 on the day to check tours are going ahead. Meeting place: Meet at the top (steep and hard 20-minute walk on uneven ground) at the keeper's cottage. Cost: $5 adults, $2 children.

Guringai Aboriginal Tours

GUIDED TOURS

The Guringai Aboriginal Tours start at 10.00 am and go until about 2pm at the Basin Track on the West Head Rd Ku-Ring-Gai Chase National Park, NSW 2083. Guiding you through the site will be Aboriginal Ranger Les McLeod and Guringai descendent Laurie Bimson.

At the site you will have explanations as to how the rock carvings were made and be told stories of times long gone by. Lunch will be provided at about 12.00pm with barbecued marinated Kangaroo and Emu, fresh made Damper with tea and coffee. Then after lunch, it is off again this time for a short exciting Guringai Aboriginal Tours experience.

Price including lunch is $88, Children under 12 are half price.

If we have enough children on the day there will be games for them. Remember to bring appropriate clothing, comfortable walking shoes, water, hat, sun screen and be prepared for a great experience. The tour is a little bumpy but wheel chair friendly. Public toilets are available where we break for lunch. You could also visit the lookout at West Head over looking Palm Beach after the Guringai Aboriginal Tours. As there is a limited number of bookings for each tour, please be quick and book you place today. Contact us for more details regarding payment and booking conditions. Book Here: http://guringaitours.com.au/tour/

Next Tours: 3/3/13. 16/3/13. 24/3/13.

Doctor Werewolf — Filth Collins — Kyro + Bomber — tigerlily — DJ Micks King — DEL! · STEVE P · REES HELLMERS — DOLLAR BEAR · VIIK D — Static in the attic — MONA VALE HOTEL (THE ATTIC) 02/03/2013 - 6 PM

AVALON COMPUTER PALS FOR SENIORS

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help. The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

Historic Houses Trust Events

Wicked Women — an exhibition by Rosemary Valadon

Each sitter chose a classic film poster or book cover featuring a female criminal and re-created the pose. Valadon then painted her own version of the original artwork, which she infused with the modern sitter's personality. As well as portraits of notable actors, writers, lawyers and other professional women, such as author Tara Moss, Wicked Women will display associated drawings and photographs

Justice & Police Museum - Saturday 20 October 2012 - Sunday 28 April 2013 - Free with museum entry

Address: Cnr Albert and Phillip Streets, Circular Quay, Sydney, NSW 2000. Contact: 02 9252 1144. Admission: Adult $10 | Child/Concession $5 | Family $20 | Members free. Hours: Open daily 9.30am — 5pm | Closed Good Friday and Christmas Day

PITTWATER POKER — MAIN EVENT $30,000 GUARANTEED MINIMUM — SATURDAY 18TH & 19TH MAY 2013 — 20K Stack, 40 Minute Blinds, 1 x $100 Life Line — Saturday/Sunday 11am Rego 12pm Start — Qualify by Pittwater Poker, Prestige Poker, Master Poker, Poker Downunder OR $150 Buy In! — 2 Day Event — No limit Texas Hold'em Poker!

To List your Event email pittwateronlinenews@live.com.au . Please send all material ready to publish.

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Woomera – circa 1975

The artefact shown here was purchased in the mid '70's, along with a spear, thrown into the bush and not retrieved, for its beauty. Collecting aboriginal artefacts, whether hunting weapons, paddles or the beautiful woven bags used to carry food in, has become increasingly popular for the history imbued in them, the skill shown in making them, for the various kinds which indicate which part of Australia they derive from, and for the art some have which indicates totems as much as the skill of the creators.

A woomera is a wooden Australian Aboriginal spear-throwing device. Similar to an atlatl, it is an extension of the human arm that enables a spear to travel at a greater speed and force than possible with the unaided arm. Records show that the implement began to be used about 5000 years ago but it may have been in use long before that when considering indigenous occupation of Gwondwana stems back at least 40, 000 years. They are still used today in some remote areas of Australia. Like spears and boomerangs, woomeras were traditionally used only by men.

Some woomeras, especially those used in the central and western Australian deserts, were multi-purpose tools. Often shaped like long narrow bowls, they could be used for carrying water-soaked vegetable matter (which would not spill and could later be sucked for its moisture) as well as small food items such as little lizards or seeds. Many woomeras had a sharp stone cutting edge attached to the end of the handle with black gum from the triodia plant. This sharp tool had many uses, such as cutting up game or other food and wood. The woomera could be used as a shield for protection against spears and boomerangs. The extra energy gained from the woomera's use has been calculated as four times that from a compound bow. (1.)

1. Woomera (spear-thrower). (2012, December 28). In Wikipedia, The Free Encyclopedia. Retrieved 12:30, February 15, 2013, from http://en.wikipedia.org/w/index.php?title=Woomera_(spear-thrower)&oldid=530197408

Some sources state the origin of WOOMERA stems from the Dharuk (Australian aboriginal language of the Port Jackson area) word 'wamara'. Each region has a variation of this spelling when translated into English. The words first known use as part of the English language was in 1817

The tools and implements of Australian aboriginals pertain to the needs and locations of each group and are made from what is on hand and part of everyday life. As an example, coastal tribes used fishbone to tip their weapons, whereas desert tribes used stone tips. Although tools vary in this way all had implements such as knives, scrapers, axe-heads, spears, various vessels for eating and drinking, and digging sticks.

Aboriginal people achieved two world firsts with stone technology. They were the first to introduce ground edges on cutting tools and to grind seed. They used stone tools for many things including: to make other tools, to get and prepare food, to chop wood, and to prepare animal skins. Stone fish traps are used in rivers where water levels rise and fall. Stone fish traps on the Darling River at Brewarrina are used to catch fish after rain. Retrieved from: http://australia.gov.au/about-australia/australian-story/austn-indigenous-tools-and-technology

Collectors term the various kinds of woomeras 'tribal Art' and a lot of these exchange hands, the older, with established provenance or place of origin are more expensive. Some our now made specifically for this market and beautifully decorated by celebrated indigenous artists; these too cost more. Prices begin from an average of $350.00 upwards.

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Products and further friendly advice available at Mona Vale and Avalon Johnson Brothers Mitre 10.

Click on logo to visit their website

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