Happy New Year's Day!



New Years Eve 2012, Rowland Reserve, Bayview. Michael Mannington, 2011-12

Quotes for the Week

Every new year people make resolutions to change aspects of themselves they believe are negative. A majority of people revert back to how they were before and feel like failures. This year I challenge you to a new resolution. I challenge you to just be yourself. Aisha Elderwyn; Australian Artist, Author, Musician and

And ye, who have met with Adversity's blast, And been bow'd to the earth by its fury; To whom the Twelve Months, that have recently pass'd

Were as harsh as a prejudiced jury -Still, fill to the Future! and join in our chime, The regrets of remembrance to cozen, And having obtained a New Trial of Time, Shout in hopes of a kindlier dozen. Thomas Hood

Composer







Past Features

Suscribe to Pittwater Online News

Enter email address

Submit

>> Tweet ☐ Like € +1



The Dawning of a New Regatta by Damian Devine

stopover and some friendly hospitality from the Coffs locals some 30) was all that was needed to launch what is now one of Australia's :ht classics – the Pittwater & Coffs Harbour Regatta. As they say, it ith a drink!

n 2 January 2012, a fleet of just under 50 will line up for the start of the

rater to Coffs Harbour yacht race hosted by The Royal Prince Alfred b. dubbed the "warm water classic" is the first race of the rebadged & Coffs Harbour Regatta consisting of five races with another four

ng staged in Coffs Harbour over two days on 5-6 January. The five ıll count for the overall regatta score with no discards and double arded for race one. be IRC, PHS, ORCi and Shorthanded divisions. The regatta will also te the inaugural Australian PHS Championships. The Championship

HS boats competing for a trophy to become the National champion. ta attracts racing enthusiasts from a broad base of clubs across and for the record the fleet of 47 will come from 3 states representing clubs extending from Hamilton Island in the North to Brighton in the ere will be 14 new boats, nine boats under 11m and two contesting nanded Division. In IRC, there will be 26 racing whilst 21 boats will e Australian PHS championship. Commodore Rob Curtis competing with his Murray 42 'Secret Men's

#1' says, "Both the RPAYC and CHYC have put in a lot of hard setting up the regatta and we know it will be another great event for introduction of the Australian PHS championships we hope that it

the for some excellent competition in the PHS arena. I am looking competing in the event after having a rest for a couple of years, e race that goes South on Boxing Day. My crew and I are very king forward to the regatta this year and especially, the turning left wards Coffs." Wild Oats X', skippered by Mark Richards took line honours in the

in 2011 in a time of 23hrs 6mins 48secs whilst Julian Farren-Price's 12 'About Time' won dual IRC crowns for the race and overall series cond time in three years. ulian Farren-Price and his aptly named Cookson 12 'About Time' e crew and I are looking forward to again being a part of the Pittwater larbour Regatta. Having placed in the last four regattas I suspect it edy and optimistic to think we could get a 5th result but you can bet

wearing our sheets out to give it a good shake. Ideally, we like weather and another nice hole for the boys in front would again be ved divine intervention". regulars will be amongst the competition including two 25 plus race skippers Richard Hudson and Brian Ellis who will be respectively in the IC 45 'Pretty Woman' and the Farr 40 'Witchcraft' owned by iples. In his 25 attempts to date, Richard Hudson, also the Coffs ig Committee Chairman, has climbed the podium ten times with his

gatta. king forward to the regatta as I do every year and getting to Coffs for at racing. There's been plenty of work behind the scenes in on for the regatta at both ends so the crews should have a great : fleet is a very competitive one and we should see some very close

ent with syndicate owners Russell Murphy and Michael Lockley in

en they captured a trifecta of seconds; line honours, IRC handicap and

solon's Volvo 60 'Spirit of the Maid', the largest in the fleet is keen to naugural PHS title. Absolon, a regular to the event over the past five once again make the trek down from the Whitsundays commented, competing in the Pittwater & Coffs regatta each year and sharing raderie with other crews. We're also excited about competing in the ampionships which is a great initiative for the regatta."

to Coffs is fantastic as to is the racing in Coffs and the hospitality uperb. Strong head winds and messy seas would be our forte." solon.

o enter is the recently purchased DK46 which carries the name of s successful NS 369 'Nine Dragons' representing MHYC. The DK46 icant step up for the owner and crew; and the Coffs Harbour race will t major test. They were reasonably comfortable on the NS 369 and were delighted with her podium finishes in the 2010 and 2011 es. The other DK46 entered, also from MHYC, is Rob Reynolds oth DK46s will come into handicap contention.

oats have always been an integral part of the fleet and the 2012 as again attracted a number of small boats to the event providing a n a race towards the back of the fleet.

lest to boat to enter is the Farr 30 'Skeeter' skippered by DSC's ornai and 'Shaya Moya', a MBD Mount Gay 30 skippered by 3 SC Greg Barter. Another small boat and also a first timer to this 3otany Bay Yacht Club's Brendan Lyon's Carter 33, 'Fast Forward'.

npeting in the PHS Division spoke about his aspirations for the Fast Forward's crew are really looking forward to the regatta. This will st long offshore race, so it'll be a big learning curve for us. The to Coffs race has got an excellent reputation as a race that delivers itegic sailing on the water and a great off-water experience too."

gory Two 226nm Pittwater to Coffs race gives competitors the ty to turn left at Barrenjoey and enjoy a tactical challenge between the id the beaches, as they tack their way north around spectacular s to the finish in Coffs Harbour.

ors favourities to take home the coveted Bell Trophy will be 'Future 1 Elliot 57 skippered by Craig Ellis, the Volvo 60 'Spirit of the Maid', Kaiko 52 skippered by Richard Brooks and 'Pretty Woman' who 'nd over the line in 2009 in the absence of any maxis and boasts a ve crew and brand new sails. Without 'Wild Oats X' in the fleet, the de open and provides an opportunity to have their name etched on

hock' finished fourth over the line in the 2010 race and with plenty of

experience this will be the boat to catch. Craig Ellis, skipper of the n machine 'Future Shock' said, "After our disappointing retirement ar's race when we were racing short handed we have decided to race ed again. My thoughts are if you are going to race the boat like its ed you might as well have the crew on board. Last year we pushed o stay with the TP52's but changing sails and packing kites on a 57 t is quite tough with two people." ally hope for a southerly for Future Shock but this year we are e traditional Nor' Easter will prevail as she is set up better than ever

ard work. We have purchased all new sails from Ian Short who will ctician and with a further 10 experienced crew like Troy Grafton on should really make a difference to our performance. We are onward to racing the Volvo 60." nt race record of 18 hours 29 minutes 14 seconds set in the 2003 eld by Bob Oatley when he owned the 60 foot 'Wild Oats IX'. To

record they need to be in Coffs Harbour before 7:29am on 3

if IRC handicap contention, there's a bunch of boats including the dual

2011 winner, the Cookson 12 'About Time', especially if reaching s are prevalent. Others into keep an eye out for will be the host clubs tty Woman' and the two Farr 40s Chris Way's 'Easy Tiger' and ft' who will be skippered by 26 race veteran Brian Ellis and will have perienced crew including Peter Antill. Both Ellis and Antill, with more offs races between them, know the track as well as anyone. ft' was fourth in 2011. First 40s are proven performers on handicap and in 2012 sees ie fleet including 'Close Halled', skippered by Graham Hall from

d third last year, the 2010 launched 'Ariel' from the CYC skippered by ter is in her first full racing season and RQYS Tony Kinsman's uss', a new yacht with an experienced crew. four Sydney 38s who will use the regatta as a warm up to the in late January with RPAYC's Mark Griffiths 'Old School' showing the

with recent wins in the Pittwater Regatta, SORS and the Rolex nd with tactician Steve McConaghy on the team, they are not to be if PHS, keep an eye on 'Garry Holder's ID35 'The Real Thing', the 3 PHS regatta champion and third in the Coffs race in 2011, John thy's 'Second Time Around', a McConaghy 47 second in the race

egatta last year and Jack Goluzd's brand new ID35 'Bling' and sister he Real Thing' with a "turbo" refit and new sail wardrobe, the RPAYC ore Rob Curtis' Murray 42 'Secret Men's Business' and the Coffs oat 'B52', a Sydney 41 who has podiumed twice in the past. Harbour Yacht Club, where much of the celebrations will take place, busy in preparations for the event. They have co-ordinated a huge endar to accommodate the families and partners on race days and

tertainment in the marquee and Wild Oats wine bar. tell whether conditions for the 2012 Pittwater to Coffs Harbour Race o competitors but one thing's for sure everyone will have a good time will be plenty of action down on the docks in Coffs Harbour for locals

will once again feature the Yellow Brick yacht tracking system with 15 dates. The tracking system will provide a real-time, graphical ation of the yachts during the race while up to date commentary is to ed via Twitter and Facebook and on the event website. Follow all the the event website at www.pittwatertocoffs.com.au

and Images Courtesy of and Copyright of Damian Devine and RPAYC.

nizers would like to thank their sponsors Robert Oatley vineyards,

bour Toyota, Australian Yacht Management and Solar.



Pittwater Online News Front Page Contents Park Bench Philosophers Lynda Hill Profile of the Week History Youth Seniors Environment Food Community News News From our Inbox DIY Hints Pictures Books Events Artist of the Month Reflections Collector's Corner Past Features

January 1 - 7, 2012: Issue 39
This Weeks Articles

The Dawning of a New Regatta by Damian Devine

On Bushrangers Hill 1891 and 1935 by The Spectre and Dorothea Dowling



Profile: January 2012 is a Pittwater Summer Mix; to open the year, Lange Theory: great music, attitude and just good fun!

Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis



<u>History</u>: January, Summer 2012, Events; The First Pittwater Regatta; 1888 or 1906?

Previous History Pages:

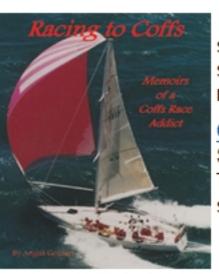
Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ
Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788
Journal Midholme Loggan Rock Cabin La Corniche La Corniche
Il Lion Island Bungan Beach Botham Beach Scarred Trees Castles
in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914
First to Fly in Australia at North Narrabeen Mona Vale Golf Club's
Annual Balls Governor Phillip camps on Resolute Beach Ruth
Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May
Moore Neville W Cayley Leon Houreux Frederick Wymark Sir
Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point
Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View
House-Scott's Hotel Bilgola Cottage and House



Park Bench Philosopher: Soundtrack of The Mind IV: beachboy, or girl, classic



Food: Tapas: great for this time of year; history + Prawn and Mango Salad Recipe



<u>Books</u>: Summer Reading; something old, something new, something borrowed, something about the blues.. sea, sky and music.

Old Books: January; By River and by Sea: An Australian Story (1888)
The seashore book: Bob and Betty's summer with Captain Hawes (c1912)



Events: Laughter from the Elanora Players, Anti-Bullying Skills for 6-12 year olds, New Beginnings Festival, Talent Workshops, Canning Track Art, ArtzSpace, Tumbleweed at Mona Vale, Sandcastles at Windsor, It Just Is Cricket, Circus Oz, Picasso, Ocean Swims, Summerama, History Competition, Council Events and School Holiday Fun.

Copyright Pittwater Online News 2012. All Rights Reserved.



Community News: Pittwater to Coffs Regatta, Hoshin School Holiday Workshop, Council fights to stop Telecomm Poles, Dr Rip Event, Stop Smoking, Adopt a Cat, Media Releases from Federal Govt. and more



Environment; Summer Creature Features (Water), Coastal Ambassadors 2013 applications open, WetlandCare Australia Photo and Art Competition, New CSIRO Mags, Cooee Newsletter for Dec., Seed Bank with full Index of all Australian plants Facts Sheets and more.



Lynda Hill: Update 18.12.11: Seeking Embodiment And Goodwill To All People: December's Capricorn New Moon



<u>Pictures</u>: Images of the Year by Michael Mannington and Volunteer Photography



Youth: Muppets Movie Trailer; opens Jan. 12th 2012, National Year of Reading 2012: For teens; Creative Reading Prize, BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jujutsu Australia, Summer Fun I (movie): The Kid Stakes (1927), Summer Fun II (book): Mr. Punch (ca. 1890) is Children's Poetry, Pittwater Council's School Holiday fun, Links for local websites for, about and by Youth.



Seniors; Resolutions for Summertime; Mildred Greets the New Year, link to Seniors Online Newspaper and Information regarding local Health and Education Activities.



Community Clubs: Updates on Activities and links to sites.



Artist of the Month: January 2012: Annette 'Nettie' Lodge; Artist of brilliant Summer colours



Reflections by George Repin. This week; Seafood in Sydney



DIY Hints: Great ideas on seasonal themes from Bruce Crutcher of Johnson Bros Hardware. This week: **Decking Finishes**



Collector's Corner: Seashells with links to Sydney Club for collectors and Online Identification website



News From our Inbox: Mother Love Photos from WAG & RG, Internet Updates, Rhythm and Blues Revue (1955): Willie Bryant, Freddie Robinson, Lionel Hampton, Count Basie, Faye Adams, Bill Bailey, Herb Jeffries, Amos Milburn, Sarah Vaughan, Nipsey Russell,

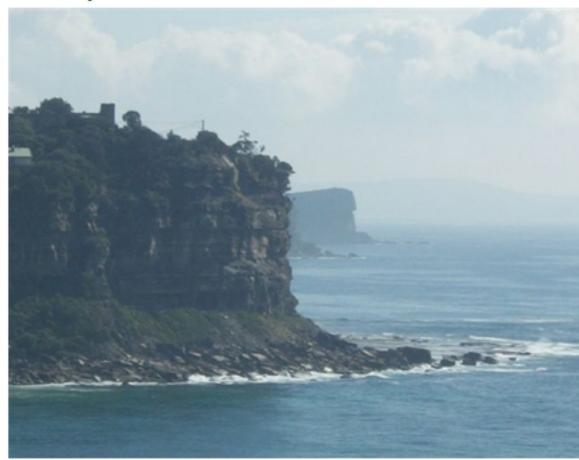
Big Joe Turner, Martha Davis, Little Buck, Nat 'King' Cole, Mantan Moreland, Cab Calloway and Ruth Brown and James Stewart Week (Summer Exhales): Made for Each Other (1939) Pot o' Gold (1941)



Pittwater Online News

Profile of the Week Lynda Hill Front Page Park Bench Philosophers History Youth Seniors Environment Food Community News News From our Inbox Reflections DIY Hints Pictures Books Events Artist of the Month Collector's Corner

January 1 - 7, 2012: Issue 39



Glorious View from the Summit. by DOROTHEA DOWLING It rises in sugar-loaf formation overlooking Newport Beach-a distinct

BUSHRANGERS HILL

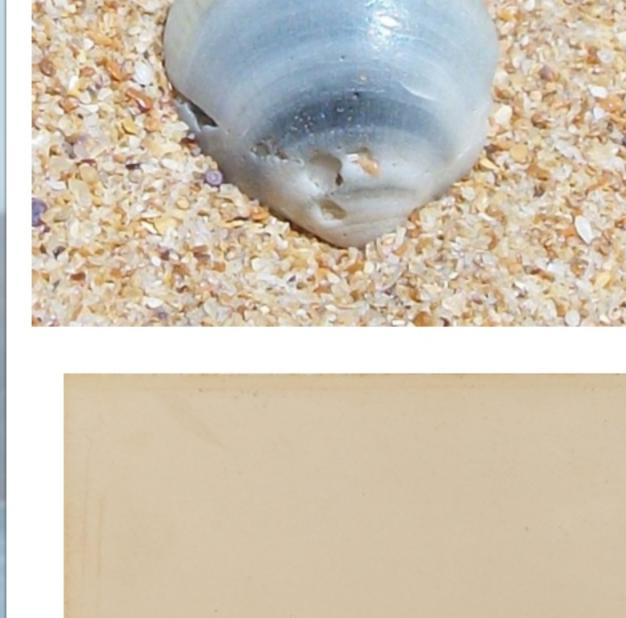
landmark all silhouetted against a backcloth of deepest blue. Its ascent is by no means difficult, and once the slope is conquered

and its rocky summit scaled the sightseer is liberally rewarded with a delightful panoramic view for hiss scant pains. Here he can take his choice between the peaceful beauty of the sleeping river, fringed with mangrove trees and studded here and there with yachts and small crafts, while on his right the vast ocean rises to meet the sky in varying shades of blue and the restless surf pounds on sandy beaches which appeal when viewed from the height, so symmetrically divided from each other by their high green headlands. There is an air of freedom in the fresh salt breezes, and the weary traveller is aware of mingled feelings of peace and exhilaration as the green of the hills and the blue of sea and sky merge and swim before his fascinated vision.

http://nla.gov.au/nla.news-article17227564



Colourful Images Copyright Pittwater Online News, 2012.



by THE SPECTRE Rest, and be thankful. On the verge

ON BUSHRANGER'S HILL

Of the tall cliff, rugged and grey, At whose granite base the breakers surge, And shiver their frothy spray, Outstretched, I gaze on the eddying wreath That gathers and flits away, With the surf beneath, and between my teeth The stem of the "ancient clay."

used to come and hide in the old days." The bushrangers showed good taste, truly, in their selection of a retreat, though it is hardly likely that artistic considerations

"Here you are," said our guide, "here's where the bushrangers

influenced them in their choice. The knowing old hands - the men who had run the old gamut of villainy and were now being hounded down again by the law - only chose the resort because of the commanding view of the country all about. Lying perdu here they could keep their eye on the whole coast from Port Jackson to Broken Bay; the track to Newport ran almost under their nose, and, given a proper watch, a surprise was impossible. So the bushrangers' hill became famous in the convict days, and from all parts of the country the men who had taken to the bush drew toward the lonely eyrie. Then, when the place began to get unwholesomely crowded, the troopers would make a rush; but long ere they could reach the hill its occupants would be gone, and nothing but a smouldering camp fire left to mark the spot. Some old hand, doubtless, standing where the trigonometrical cairn now makes a black mark against the sky, had seen the heliograph-like flash of the troopers' swords hours before; had watched the little band as it forded the Narrabeen Lagoon, and long before it could even reach the track which leads up to the foot of the hill, had given the alarm signal which had once more scattered his mates all over the bush. The process must have been repeated many times, and so, years after, when a scanty fringe of settlement began to creep up and

days a man, armed with a theodolite and a compass, and various other mathematical instruments, struggled up the top of the mass of rock. He also found the commanding position of the hill of value, though he acted from motives far different from those which guided the old bushrangers. Ho simply wanted a prominent point to form the apex of one of his primary triangles, a point which could be looked up to and its angle measured for miles around. So, to make sure of the point, and to prevent any blundering surveyor measuring the angle subtended by the wrong piece of rock, he planted a stout pole, having a pyramidical cairn of stones by way of foundation. Then he put a couple of discs, like railway following signals, on top of the pole, and went away quite contented with his work. No one goes to the place much now; a few city visitors sometimes find their way up the hill, and after saying "how pretty," remark that it must be time for lunch, and so find their way down again. Even

around Pittwater, and to dot its indented shores with little flower-

covered homesteads, the place kept its name. And then in later

the little black-and-tan hotel dog has got tired of the hill. He wagged his tail joyfully when he saw that we were going for a walk, and even condescended, in his patronising way, to accompany us along the dusty road. But when we commenced the ascent of the hill he protested. "Can't see what you stupid people want to climb the hill for on a hot day like this. There's nothing at the top except some ugly rocks, not even a 'possum or a wallaby to chase. Besides I've been there before." So he wagged his little tail and set out on his own account. When we came back to the hotel a few hours later he was quietly resting in the shade of the doorway. "I told you so," he said as he gave us greeting. " Hope you'll take my advice next time." The absence of the dog, however, did not prevent us toiling steadily up through the tangled masses of fern and flannel flower, till we reached the cairn at the top. It is a pleasant place to sit and think

whilst the dull boom of the breakers makes muffled music right under your feet, and the kingfishers flash brightly to and fro in the

branches all round. There is a grandeur about the shore line as seen from this bird's-eye point of view. From Barranjoey to the Heads the coast stretches, not straight, but in a series of noble curves fringed with a shining line of yellow sand, and a glistening white circle of breakers. Here and there the reefs jut (with long finger-like points) provokingly out into the blue waters, and the sea lashes at them impotently, sending up clouds of white mist over and around those immovable rocks. It is an old story, as old as the world. For ages the sea, lazily sending in its breakers one after the other, has been striving against those rocks, and for ages the rocks, secure in their position, have declined to move out of the way. The sea is in a quiet mood today. The long blue Pacific rollers are gentle, almost languid in their movements, and they break on the rocks with a deprecating could'nt-help-it kind of an air. They are no longer angry with the rocks, a truce has been patched up, a truce which may last for a day or two at the most, until Mr. Russell sends along another storm, and all is again commotion. The water inside the narrow sand line which forms the lagoon has undoubtedly the best time of it. Nothing makes much difference in this sheltered quarter. Whether it be storm or calm outside, the lagoon remains smooth and peaceful. At intervals, indeed, the sea forces a passage through the sandy barrier, but beyond agitating the water inside a little, no great harm is done. It is curious, indeed, the habit which this Narrabeen Lagoon has of opening and closing its own entrance, sometimes shutting itself off entirely from the sea, as if it aspired to become an inland lake, and at other times admitting the great waters freely until it becomes little else but an arm of the sea. Further on still, one can just see the great white college at Manly clearly outlined against the black background of the North Head, and beyond this again the houses of Vaucluse shine out on the southern side of Sydney Harbour. All is clear and bright and distinct as it ought to be on such a day, when the southerly gale of the last week has consented to leave off blowing for a while, and all nature is taking a well-earned rest. But to leave the ocean and turn round. There is water on this side as well. Not the rough blue heave of the ocean, but the quiet calm of

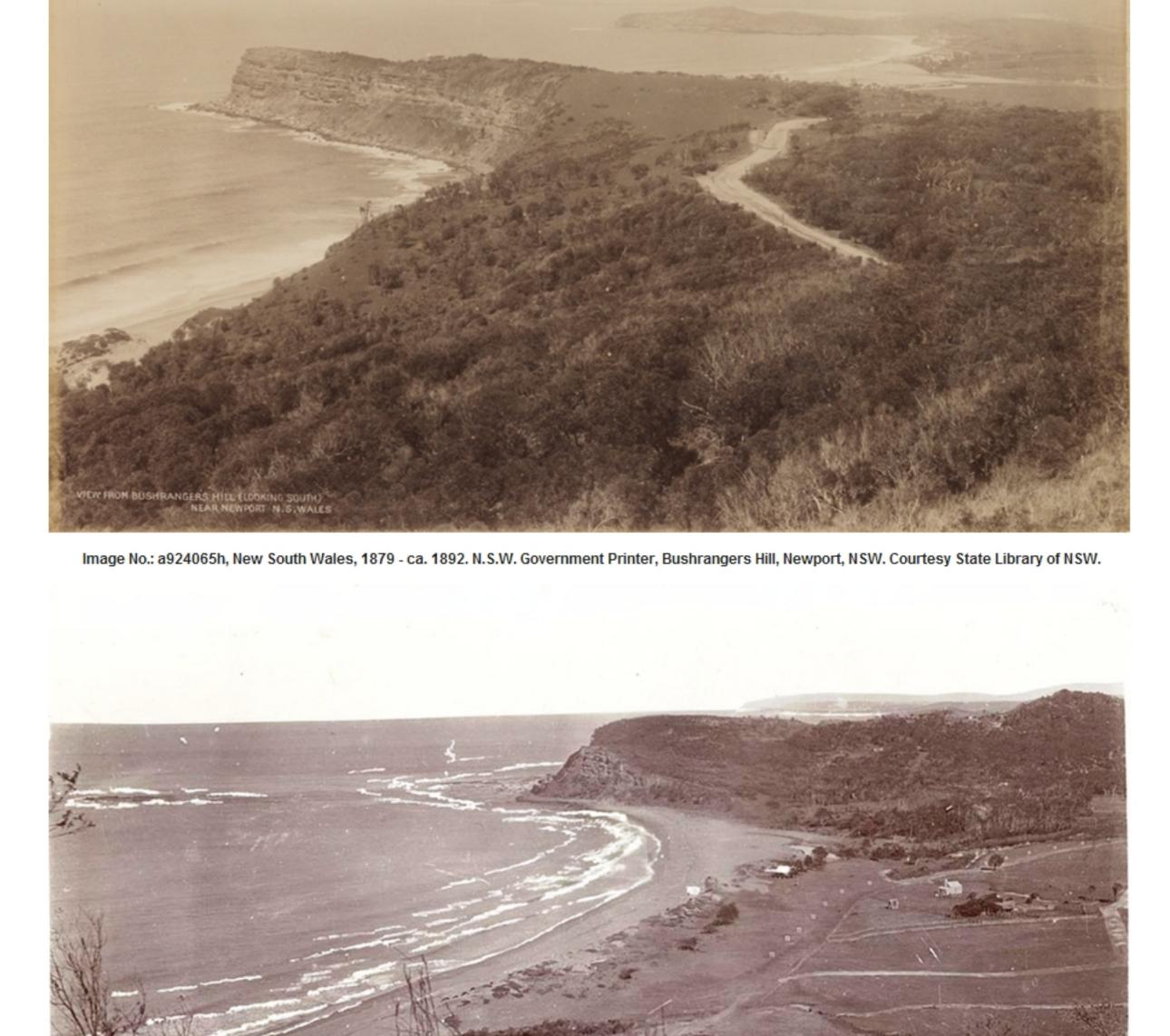
an inland lake. It is Pittwater, that highly-favoured arm of the sea, sheltered in such a way as to be a lake in all but the name. The

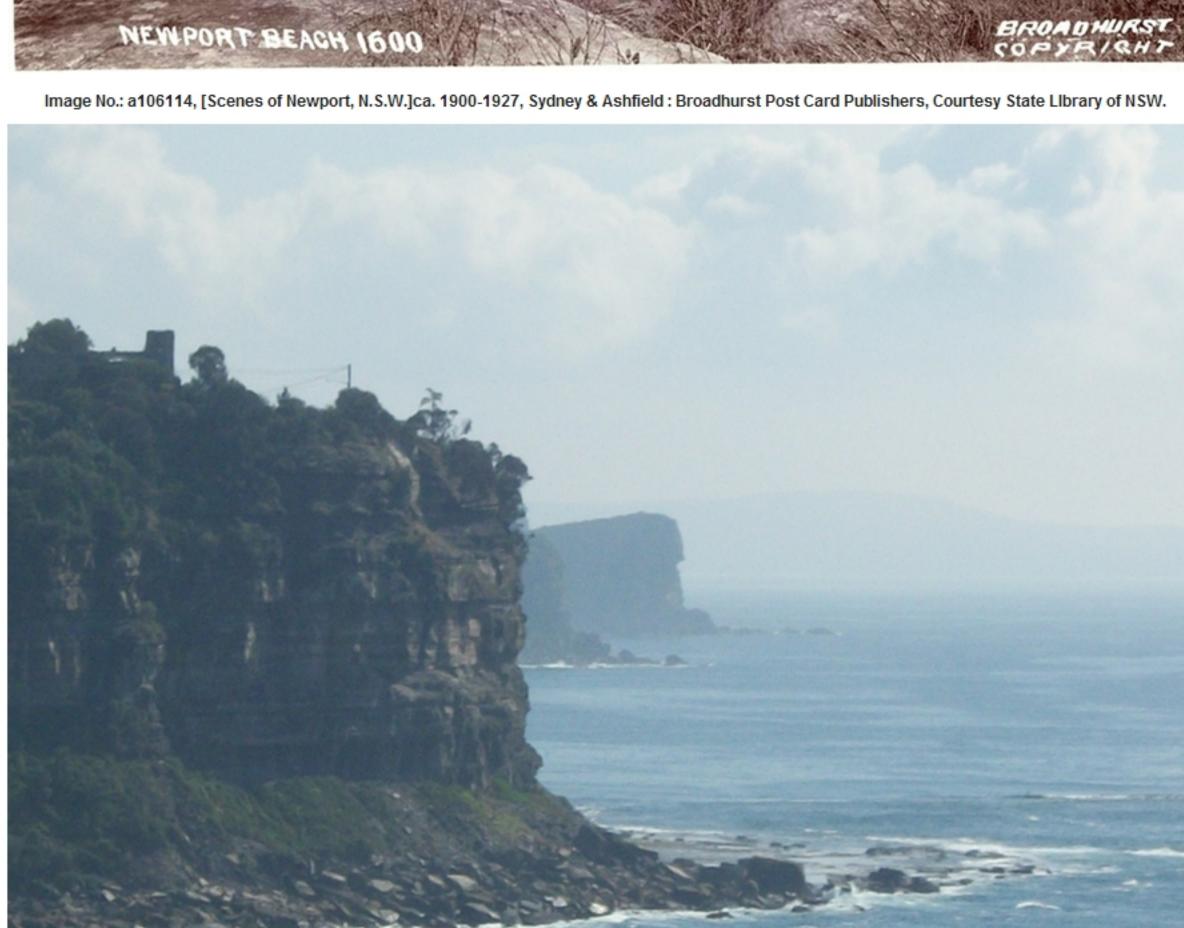
narrow peninsula slopes sharply down to the water's edge, and the little blue lake extends before us for miles, until at last it seems to

turn the corner and disappear, going far away north to meet the ocean again in the stormy Broken Bay. There are tiny ships on this lake -small coasting schooners, which come round here at intervals and load firewood for Sydney. You can see piles of this wood stacked along the bank, waiting until it can be taken off in a primitive fashion to the vessels which are anchored a short way from the shore. The houses are few and far between, and for the most part have a comfortable old settled look, hidden away as they are beneath the masses of almost tropical vegetation. And behind, the orchards slope chequer-board fashion up the green hillsides. At the far end of the bay, where one sees two or three cottages grouped rather closely together, an attempt is being made at settlement on a new plan. The owner, by subdividing his property and selling it in allotments, is trying to gather round him a little artistic colony. Here he hopes the men who wield the brush and the pen will make for themselves homes and create a new art centre. The idea is a happy one, and nature, as if in accord with it, has done her best to make the place of settlement beautiful. She has provided picturesque gullies, full of ferns and palms, and has even laid on a waterfall a couple of hundred feet high. All that is wanted now are a few red-roofed chalets, peeping out from among the foliage, and these, I suppose, will come in time. One artist, indeed, has already built himself an ingeniously designed dwelling something between a Norwegian hut and a Swiss chalet. Others will doubtless follow, when the public learns the value of local art and extends it a full measure of patronage. For this sort of elegant rusticity, though very pretty and pleasant to look upon, requires a good deal of money, the very thing which artists, as a rule, are lacking in. So the settlement - for the present at any rate progresses but slowly, and artists, when they want a spell in the country, have to be content with the old-fashioned log hut, leaving tiled roofs and gable ends to the capitalist who can afford to indulge in such luxuries. There are plenty of other things to be seen from the top of the hill, and though the view at present lacks animation, one can easily pardon this fault for the sake of the peace and quietude all around. Some day, perhaps - one can only look forward with dread to the time - Pittwater, now such a happy smiling inlet, will be the centre of a rushing, bustling, commercial activity. The banks will be covered with wharfs, and the smoke of factories will pollute the pure air of

supplies needed by the few fruit-growers who have settled around the shore. But as time goes on this must alter. There is abundance of rich land available, there are miles of deep- water frontage, and there is a harbour practically unlimited in size, and unrivalled for safety. So that, as far as one can see, there is nothing to prevent Pittwater from going ahead, and the hill which the bushrangers loved to frequent may one day overlook a busy city. ON BUSHRANGERS' HILL. (1891, November 28). The Sydney Morning Herald (NSW: 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13868244

the bush. At present one little steamer weekly suffices to take away all the produce grown in the neighbourhood, and to bring up all the









The Dawning Of A New Regatta by Damian Devine On Bushrangers Hill in 1891 and 1935

Reflections by George Repin; Seafood in Sydney Profile of the Week: Lange Theory; great music and attitude and just

good fun.

History: Summer Pittwater Events: The First Pittwater Regatta; 1888 or 1906?

Collector's Corner: Seashells



The Pittwater to Coffs Harbour Yacht Race begins on Monday with just under 50 competitors in this, its 31st year. This race has developed into one

of the most popular of all ocean-racing events in Australia and offers entrants a strategic challenge as they race past

In 2012, the series has been renamed to become a regatta and follows the same shape introduced a couple of years back with the Pittwater to Coffs race being the first race starting on 2 January 2012 at 1pm followed by four races in Coffs Harbour over two consecutive days on 5-6 January. These Coffs Harbour regatta races consist of a 8nm sprint windward-leeward race followed immediately by a 20nm offshore race around the majestic South Solitary Islands

making it a five race regatta. The Royal Prince Alfred Yacht Club is one of Australia's oldest and most prestigious clubs. RPAYC offers inshore and offshore racing, cruising events, centreboard racing, social activities, a successful sailing academy for youth development, year round sail training programs, a schools program and its premier event the Pittwater to Coffs Harbour Yacht race.

A book written by past Commodore (2005-2008) Angus Gordon,

his time and has dedicated all profits from its sale to **development of young sailors** is available from the Club for \$35 or ONLINE. More on our Books Page. We also have a second great Article by Damian Devine this week: The Dawning of a New Regatta, which is from the RPAYC Pittwater to Coffs Race Magazine, and will give all not on the water insights into those who will be.

EVENT SCHEDULE Sunday 1st January 2012: Mandatory Race Briefing & Wild Oats Cocktail Party - 1800hrs, RPAYC Monday 2nd January 2012: Mandatory Race & Weather Briefing — 0900hrs RPAYC

Tuesday 3rd January 2012:

Competitors begin to arrive at Coffs Harbour Marina Wednesday 4th January 2012: Lay Day - Onshore and On Water activities

Thursday 5th January 2012: Races 2 & 3 - Solitary Islands Races Coffs Harbour - 1100hrs

Races 2 & 3 Prize Giving - 1730hrs Race 4 & 5- Solitary Islands Race Coffs Harbour - 1100hrs Series Prize Giving CHYC - 1900hrs

PITTWATER COUNCIL

December and reopen at 8.30am on Wednesday 28 December. We will also be closed for the public holiday on Monday 2 January.

COUNCIL OBJECTS TO TELECOMMUNICATION POLES Council agreed at its recent meeting to put forward a submission to

electricity supplier Ausgrid objecting to two telecommunications

poles in Elanora Heights and Mona Vale. Council's submission will

be forwarded to the electricity supplier along with objections from

The Council resolved to make a formal objection as recommended in a report by senior planning staff that the poles were too large. If installed, both poles will be a height of over 25 metres. One pole is proposed for the intersection of Kalang Road and St Andrews Gate in Elanora Heights. The other is proposed for Mona Vale Road,

Ausgrid have stated that the two new poles are to be used as part of

their 'smart grid' system, which it says will improve supply reliability, pinpoint faults more accurately and provide real-time data on power

waves including dangerous and freak waves, tides and tsunamis along with how to spot a rip and what to do if you are caught in one,"

studying beaches and surf science since 1986 and started giving 'Science of the Surf' talks in 2001. His first book 'Dr Rip's Essential Beach Book' published in 2010 'offers everything you want to know about surf, sand and rips' and is now a best-seller in Australia. For more information about Dr Rip and his Science of the Surf presentations visit www.scienceofthesurf.com Bookings are essential by calling the Coastal Environment Centre (CEC) on 1300 000 232 (the CEC opens Monday 9 January) or book online anytime at www.pittwater.nsw.gov.au/cec

ARE YOU A READING CHAMPION? Lovers of reading are invited to be part of Pittwater's celebration of the National Year of Reading in 2012. Mona Vale Library is looking for residents who are avid readers and willing to coordinate a project to encourage residents to read more. Library Manager Cathy Howie said that reading champions will be awarded Bronze, Silver, or Gold

status depending on their level of involvement.

event. A reading event could involve arranging something with a local school," added Ms Howie. The National Year of Reading 2012 is a collaborative project

joining public libraries, government, community groups, media and

commercial partners, as well as the public. For more information on the National Year of Reading 2012 visit www.love2read.org.au For more information on becoming a Pittwater Reading Champion call 9970 1600 or to register your interest visit www.pittwater.nsw.gov.au/readingchampions Mona Vale library is located at 1 Park Street, Mona Vale. R U OVER IT?

known as R U Over It? The campaign focuses on thinking about the day after a 'big night out' and the possibility that you may still be over Pittwater Council's Road Safety Officer Michelle Carter said that the

breakfast and a shower! "To help promote the R U Over It? message, pubs and clubs and other venues will be issued with free resources such as poster, coasters and brochures, " said Ms Carter. "And to reinforce the drink drive message, bottle shops will be issued with paper bags with the

random breath test message You Won't Know Where....You Won't Know When". During the lead-up to Christmas and throughout January the Northern Beaches Highway Patrol will also ramp up their presence on local roads with a campaign known as Operation Burgundy. Senior Sergeant Rick Janssen from the Northern Beaches Highway Patrol said they will be targeting drinkers who get behind the wheel

"What is of particular concern to us is that the northern beaches was

ranked number one last year in the Sydney Metro area for drink drive

Warringah Road Safety Officer Peter Wright also wished to remind residents that if they are going out and are drinking alcohol that they plan in advance how they are going to get home. We urge you to leave your car at home," said Mr Wright.

The R U Over It? campaign will begin on 12 December and will run until the end of January. Seniors Week 2012 Council is seeking senior's groups and organisations to host an event as part of NSW Senior's Week between 18 and 25 of March, 2012. Contact Susan Machar on 9970

The Evolution of Advertising: From Stone Carving to

service offices or at www.pittwater.nsw.gov.au/localservices or

Commencing 30th January 2012 The Women In Business Mentoring Northern Beaches 2012 program is a great opportunity for up to 20 small businesses to participate in a mentoring network. About the Program

Women In Business Mentoring Program:

Business mentoring; Participants are matched with an experienced business mentor, providing an opportunity to discuss any issues that you may be facing. Benefits of mentoring Growth in confidence and self-esteem Improved knowledge and business skills Increased motivation and enthusiasm Understanding external business environments Overcoming isolation A toolkit of resources for your business What you will gain With over 15 years of proven success, participants have seen results with: Improved growth strategies for their business

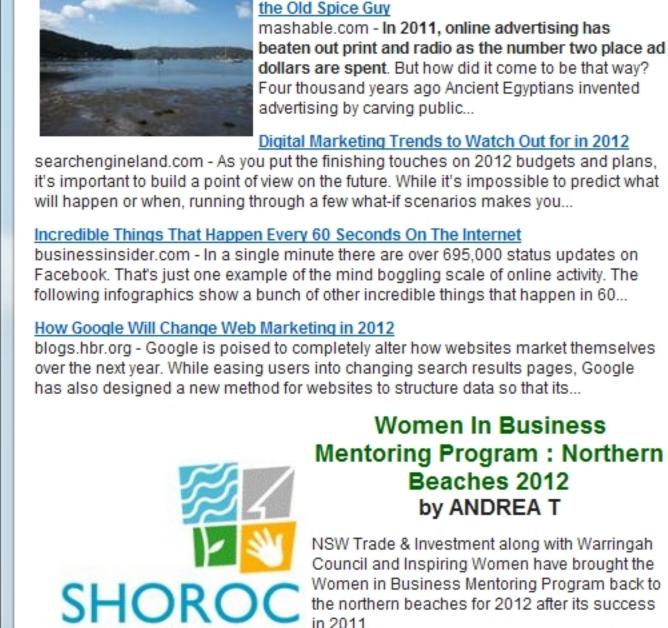
 Increased access to business networks Increased turnover Hiring new staff Expanding the business product or service line Simplified business structures A business plan that is a working document

Forest, NSW 2086. For further information or to express your interest in the program, please contact Paul William-Smith on 9942 2233 or Sue Heins on 0423 379 934 Aboriginal Support Group Manly Warringah Pittwater

The cost for this Program is \$500 + GST and is subsidised by NSW Trade &

Level 2, Building 8, 49 Frenchs Forest Rd, Frenchs

Date of Event Address of Event Description of Event



The Women in Business Mentoring Program brings fundamental knowledge to achieve business success with the aid of co-operative learning and mentor guidance. Its proven methodology offers a combination of five business education workshops over five months, two networking events and 10 hours of mentoring to assist you with your business growth. At the end of the Program, participants will have developed an

appropriate business plan, which covers the goals and objectives of the business. For

The networking and peer support that is created during the workshops is one that often

Women in Business offers long-lasting business skills, online discussion forums and

sessions for relevant and real issues coupled with networking opportunities with other

like-minded female business owners. Program components Workshops; tailored to

Topics include: Business Planning; Marketing; Finance and two optional business

respond to the current and real issues that affect you as business owner, focusing on

many graduates, their business is the realisation of a life-long dream, the chance to

continues after the Program has completed. The Program offers an empowering

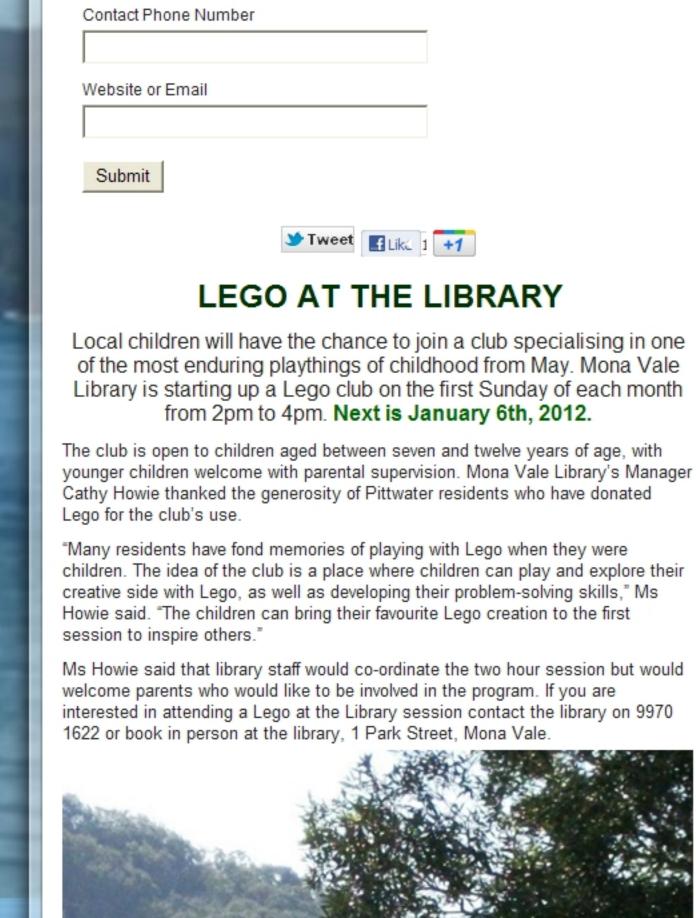
environment where women feel comfortable to discuss their business issues and

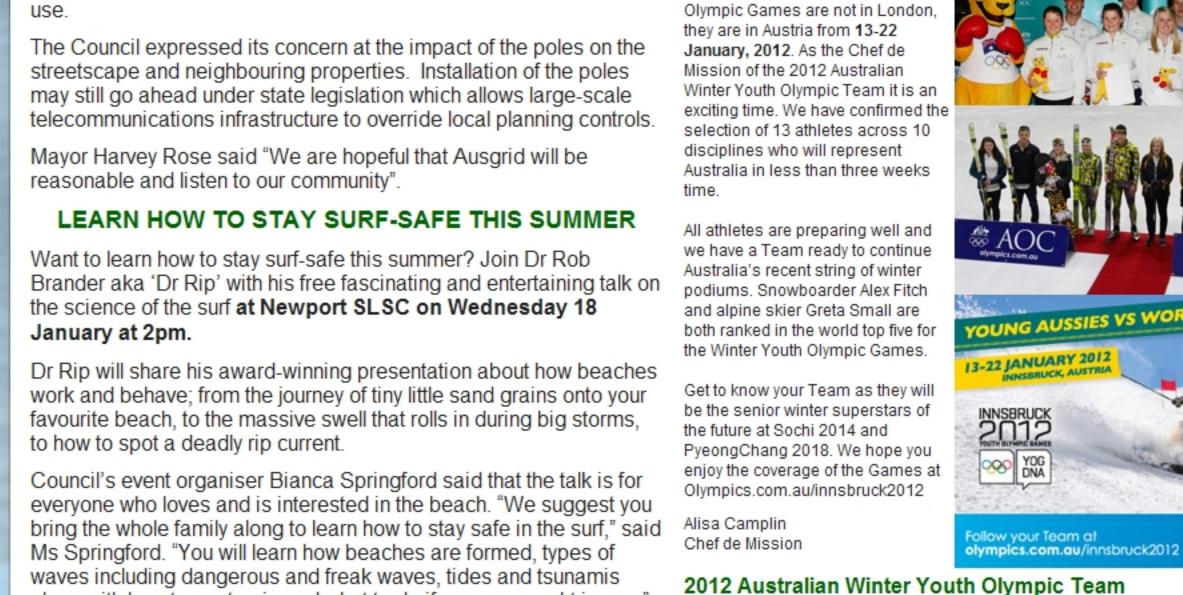
 A marketing plan that brings results Improvements in cash flow Improved business basics knowledge Participants must be committed to making a difference in their business and be: a business owner based in NSW own a full time small business for over 12 months able to identify a business goal or hurdle suitable of being addressed through this be prepared to commit in growing the business and achieving commercial success be prepared to work with a mentor.

Name of Event

Contact Name Contact Phone Number Website or Email Submit ¥ Tweet Lik∠ 1 +1 LEGO AT THE LIBRARY from 2pm to 4pm. Next is January 6th, 2012. The club is open to children aged between seven and twelve years of age, with Cathy Howie thanked the generosity of Pittwater residents who have donated Lego for the club's use. "Many residents have fond memories of playing with Lego when they were

creative side with Lego, as well as developing their problem-solving skills," Ms Howie said. "The children can bring their favourite Lego creation to the first session to inspire others."





23/12/2011: click on Logo. Also has an Extensive Local Directory. Scotland Island - Western Shores - Mackeral Beach

Pittwater Offshore Newsletter To contact Julian: editor@scotlandisland.org.au

Media Centre

Greta Small (16)

contact Mary Johnsen at 9999 2020. Chimney in the Family As of February 2011, smokers were able to receive a four-week course of nicotine patches for approximately \$33.50 with a doctor's prescription. Those holding a

The Warriewood

by Pittwater Council

on 4th Wednesday

needs more volunteers

morning of the month –

bushcare group managed

prescription. More at: http://www.quit.org.au/news/article.aspx? ContentID=nicotine-patch From Elsewhere: First female Admiral for the Royal Australian Navy - Department of Defence PORTFOLIO: Defence SNIPPET: The Chief of Navy, Vice Admiral Ray Griggs, has promoted Commodore Robyn Walker to the rank of Rear Admiral in the Royal Australian Navy. Admiral Walker is the first female in the Navy to attain the rank of Rear Admiral and to take on the job of Surgeon-General for the Australian Defence Force. 'Her promotion reflects'

announced today is the latest installment in the Australian Government's \$2.5 billion for schools to build or upgrade trade training facilities. Our investment in trade training centres in schools means that school students can start learning the skills they need for a great trade career in state-of-the-art facilities, while they are still completing their normal school studies. Fisheries and Forestry PORTFOLIO: Agriculture, Fisheries and Forestry

welcomed as new player offering fixed line NBN services. The Minister for Broadband, Communications and Digital Economy, Senator Stephen Conroy, today congratulated Vodafone for connecting its first trial customers to the National Broadband Network (NBN) and welcomed the telco's entry into the fixed line market in Australia. Energy Savings Initiative Issues Paper & Modelling - Think Change PORTFOLIO: Climate Change and Energy Efficiency SNIPPET: The National Energy Savings Initiative Working Group has released the (PDF 1.28 MB) for public comment. Under the Clean Energy Future plan the Australian Government committed to do further work to investigate the merits of a national Energy Savings Initiative. Economic and energy market modelling will be a valuable input to the Working Group's further analyses of a national Energy Savings

SNIPPET: , Minister for Foreign Affairs. The Australian Government today welcomed a resolution by the United Nations to designate March 21 as World Down Syndrome Day.'. The Foreign Minister, Kevin Rudd and Parliamentary Secretary for Disabilities and Carers, Jan McLucas said the resolution, adopted by the United Nations General Assembly in New York will see World Down Syndrome Day become an annual United Nations Observance day from next year. HMAS Parramatta completes Patrol One in the MEAO - Department of Defence PORTFOLIO: Defence SNIPPET: HMAS Parramatta recently concluded a six-night visit to the Jordanian port of Agaba, the Parramatta 's first patrol since arriving in the Middle East Area of Operations (MEAO). HMAS Parramatta conducted operations throughout the MEAO, before conducting an operational visit to Bahrain 25-29 October. HMAS Parramatta is currently deployed to the MEAO as part of Operation SLIPPER and under the CMF,

which is responsible for maritime security operations in the Gulf region, the maritime environment around the Horn of Africa, and counter piracy/terrorism

SNIPPET: The Minister for Veterans Affairs, Warren Snowdon, today announced 64 new projects that will receive funding to honour Australias wartime heritage. This

funding worth almost \$160,400 will also support plans to commemorate the 70th

Arts support review to secure new audiences and opportunities PORTFOLIO: Prime Minister and Cabinet SNIPPET: Arts Minister Simon Crean today announced an independent review of the Australia Council for the Arts ahead of the development of the nation's first National Cultural Policy in almost 20 years. 'As part of this work, we must have responsive, timely and expert agencies to deliver support to artists and arts organisations as they respond to new audiences and opportunities including those opening up with emerging art forms and technologies. That is why I am pleased to announce that Mr Angus James and Ms Gabrielle Trainor will review the Australia Council for the Arts and its links with other arts support organisations and agencies. New Research Collaboration to Target Dementia | National Health and Medical Research Council PORTFOLIO: Health and Ageing

SNIPPET: Researchers, policy makers and healthcare workers will jointly establish

Tanya Plibersek and Minister for Mental Health and Ageing, Mark Butler announced

Alzheimer's Australia, Brightwater Care Group, HammondCare Group and Helping

provided by the National Health and Medical Research Council (NHMRC),

Hand Aged Care for the new Partnership Centre. This is exactly what the new

SNIPPET: Regional Australia Minister Simon Crean today announced Air New

Zealand has been awarded the contract to operate regular return airline services to

Government will no longer have to carry the huge financial cost of running an airline.

Norfolk Island from Brisbane and Sydney. 'The contract means the Norfolk Island

The Federal Governments commitment to underwriting an air service to Norfolk

Island is part of the broader strategy to achieve a sustainable future for the Norfolk

Australia's first Partnership Centre for better dementia outcomes, Minister for Health,

today. Substantial funding of up to \$5 million per year over the next five years is being

with offices in Melbourne.

performing and have perhaps dreamed of recording in a professional recording studio. The students will work on a song together and record it at the end of the week gaining heaps of professional skills and tips along the way. Other sessions on the workshops will include live performance skills, physical and vocal maintenance and learning about, and mastering, self-esteem and confidence. The workshops invite 9 - 16 year olds in the first week and 13 - 20 year olds in the 2nd week, each workshop lasting 5

who bring you workshops for differing age groups in Vocal & Performance Coaching! Together Erana & Sam bring years of their professional experience in performing & coaching to you from around the world. It doesn't get any better than this!! They will impart their wisdom & skills to help bring out the very best in you on this journey of discovery! vocal & physical warm-ups · breathing, pitch, tone, projection, harmony & listening skills

www.meshachmusik.com

ERANA CLARK vocal maintenance performance skills building self-esteem & confidence! A group song with soloists selected from the workshops will be recorded,

Plastic Free Pacific: Living Ocean Short Film Festival to celebrate Ocean lifestyles & raise awareness of plastic contamination student & open section Details of location, time and prizes as they come to hand...start creating now. Living Ocean's Aim: To celebrate the ocean lifestyle, raise funds for active groups



keep you posted!

More At:

Date Saturday 21 January Time 10am – 1pm Age Strictly 6 to 12yrs Cost Free tuition (\$20 insurance fee) Bookings 0413376356 or avalon@hoshin.com.au Pittwater Council's 20th Anniversary Celebrations

Hoshin in the School Holidays! **BULLYPROOFING #101 - Back to**

school skills!

Hoshin is a street realistic style of jujutsu that has been running in Australia for many years. It

is headed in the Australia-Pacific region by Sensei Rose Smith, 5th Dan and her very

capable team of instructors. Sensei Smith has

been teaching for 20 years and has inspired

thousands of children to build their confidence, personal

Hoshin isn't your "average" kind of martial art. We "treat each other with extra kindness", and respect and friendship are high on our list

of priorities. Much emphasis is placed on the moral side of martial arts. Without a reason behind what we are studying, martial arts is

just mindless violence. We run some of the best children's martial

Hoshin runs some of Australia's best programs around the areas of

arts programs in the country, with attention to manners, good

Anti-Bullying and Child Protective Behaviour, and of course

playing, telling stories and of course, martial arts skills.

sportsmanship, responsibility, self esteem and trustworthiness.

Jujutsu. We also run free kids programs twice a year during the

Our classes are fun, with a high standard of discipline and respect.

We do not gain respect with fear, we laugh, play games and have fun, and learn about the important skills listed above through role

All of our adult instructors are police checked and hold senior first

undergone over 100 volunteer hours of instruction per year under

the direct instruction of Sensei Rose and you can be assured of

their excellent teaching and leadership skills. If you would like to

Start the school year with self reliance and respect for self and

behaviours and more. Learn the most up to date anti bullying

techniques and have confidence to deal with all the usual school

others! We will learn valuable skills through playing games, theatre

sports, drama, general discussions, learning about child protective

and there is an absolute plethora of information available.

BULLYPROOFING #101 - Back to school skills!

know more about what we do, the website is www.hoshin.com.au

aid certificates. Further, all instructors regardless of rank have

responsibility and good citizenship skills.

spring and summer school holidays

term and social pressures.

Do you and your child know about:

In May 2012 our Council will celebrate its 20th year. A survey last year asked residents to nominate a way to mark this occasion. An Open Day at Currawong, with sausage sizzle and entertainments, a Pictorial Celebration in before and after photographs at the Library in Mona Vale and a Photo-Video-Writing Competition called 'My Pittwater' seem to be the frontrunners at this stage. We'll

RAWONG BEACH

If You Have Room In Your Home and Heart The RSPCA is currently running an Adopt A Cat Program for mature aged cats who have been left homeless. Older Pudda Tats are great for families as they don't require the training kittens may and have adjusted to children through their 'coming of age' years. Christmas and New Year's is not a fortunate time for many of our domestic animals as people dump them when going on holidays or give them as gifts to people not ready for the lifetime commitment and

responsibility these darling creatures are.

AWL NSW Ingleside Shelter Phone: 9999 5233 Address: 11 Cicada Glen Road Ingleside NSW 2101 Website: http://www.awlnsw.com.au Australian Winter Youth Olympic Team confirmed for Innsbruck I hope you know that the next

The Pet Shelter at Ingleside is also looking for homes for 26 dogs

and cats. Do yourself a Favour; invest in unconditional love.

YOUNG AUSSIES VS WORLD'S BEST! 13-22 JANUARY 2012

Alpine Skiing

Harry Laidlaw (15) Melbourne/USA Alpine Skiing/Ski Cross Lachlan Porter (16) Cooma Biathlon Lucy Glanville (17) Sydney/Cooma Cross Country Skiing Alex Gibson (17) Melbourne Cross Country Skiing Chantelle Kerry (15) Sydney Figure Skating Sharnita Crompton (17) NSW Central Coast Ice Hockey Sam Hodic (15) Mornington Peninsula Ice Hockey Alex Ferlazzo (16) Townsville Luge Claudia Leggett (15) Brisbane Ski Cross Jack Millar (16) Wollongong Ski Cross Thomas Waddell (16) Jindabyne Ski Halfpipe Alexandra Fitch (16) Snowboard Halfpipe and NSW Central Coast Slopestyle

Follow all Olympic Updates at: http://twitter.com/#!/AUSOlympicTeam

Pittwater Offshore Newsletter Update

Perth/Austria

Can you help? Please New Year's Day Resolutions: for the Human concession card can obtain a four-week course for \$5.40 with a doctor's

her outstanding service and dedication to Defence health services, the Royal Australian Navy and the Australian Defence Force.'. 2012-13 Pre-Budget Submissions PORTFOLIO: Treasury SNIPPET: Today I invite Australian families, individuals, businesses and community groups to submit their ideas and priorities for the 2012-13 Budget. The budget is on track to return to surplus in 2012-13 despite the significant global headwinds that have reduced government revenues by around \$140 billion over five years. Submissions should be forwarded to the address below:.

\$176 million to boost trade training for thousands of students | Ministers '

SNIPPET: Thousands of students in 169 secondary schools across the nation will

benefit from a \$176 million Australian Government investment in building trade

training centres. Minister for School Education Peter Garrett said the \$176 million

PORTFOLIO: Education, Employment and Workplace Relations

Talking carbon with land managers-The Hon. Joe Ludwig - Minister for Agriculture, SNIPPET: Minister for Agriculture, Fisheries and Forestry, Senator Joe Ludwig, today announced \$1.68 million in grants for regional facilitators who will help farmers, land managers and Indigenous Australians benefit from the Carbon Farming Initiative. 'Regional Landcare Facilitators are in a unique position through their community networks to help farmers and land managers understand how the

Carbon Farming Initiative will help them, Minister Ludwig said. Together, the \$1.7 billion Land Sector Package and the Carbon Farming Initiative will deliver long term

opportunities to Australian farmers and land managers to generate credits that can

Stephen Conroy | Minister for Broadband, Communications and the Digital Economy

be sold in domestic and international carbon markets, 'Minister Ludwig said.

SNIPPET: Deputy Leader of the Government in the Senate. » Vodafone

PORTFOLIO: Broadband, Communications and the Digital Economy

Review of School Funding Report | Ministers ' Media Centre

PORTFOLIO: Education, Employment and Workplace Relations

Vodafone welcomed as new player offering fixed line NBN services | Senator

Initiative.

SNIPPET: Today the Government has received the final report from the Chair of the

submissions and the report is the result of 18 months of consultation and research.

UN Declares March 21 World Down Syndrome Day - Senator the Hon Jan McLucas

Review of Funding for Schooling, David Gonski. The panel received over 7000

A panel of eminent Australians has been leading the Review of Funding for

PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs

Secretary to the Treasurer, David Bradbury. 'The Gillard Government is delivering on its election commitment to strengthen our corporate laws and make sure that workers' entitlements are protected,' said Mr Bradbury. Submissions on the Phoenixing Bill close on 24 January 2012.

Offshore Regulator Starts Work PORTFOLIO: Resources, Energy and Tourism SNIPPET: Two new bodies will begin work on 1 January 2012, bringing greater consistency and efficiency to offshore petroleum regulation in Commonwealth waters and potentially billions of dollars of benefits for the economy. The creation of the National Offshore Petroleum Safety and Environmental Management Authority (NOPSEMA) and the National Offshore Petroleum Titles Administrator (NOPTA) follows recommendations by the Productivity Commission and the Montara Inquiry. NOPSEMA is an expansion of the National Offshore Petroleum Safety Authority (NOPSA) and regulates safety, environmental management and day-to-day operations of petroleum and greenhouse gas storage activities. NOPTA will make recommendations on offshore titles and administer them. Both are based in Perth

Meshach Musik Studio is in Dee Why has been open for nearly 4

years. It is run by Erana Clark (Vocal Director - Australian Idol and

born Samantha (Sam) Shaw who has been here in Aus for 3 years

theatre, recording, film and TV as an actor, singer and dancer, has recently joined Erana at Meshach Musik as a Vocal Coach. They come together with a huge wealth of experience between them

from just about all areas of performance. In January this year they are offering workshops for talented residents. These workshops are for children and young adults who have a love of singing and

X Factor) who is a very well established and well known singer

now and has had a career spanning nearly 30 years in musical

turned Vocal Coach to the stars and promising newcomers. UK

LIMITED PLACES AVAILABLE 4 day workshop 2011 Ages 9 - 12 & 13 - 16 5 day workshop 2012 Ages 9 - 12 & 13 - 16 Ages 13 - 16 & 17 - 20 5 day workshop 2012 (All food will be provided)

* Short Film 'Living Ocean' Theme - how the ocean inspires us - student & open * 30 Second Commercial 'Plastic in the Ocean' - Theme - plastic in the ocean -

THE SUMBA FOUNDATION

Sumba Foundation Australia Article at: here

Website at:

Pittwater and Coffs Harbour Regatta 2012 2nd to 6th of January

unsurpassed scenic coastlines, prior to arriving in one of Australia's most popular coastal cities. If you want to see the start the RPAYC is http://twitter.com/#!/pittwater2coffs or on their specially allocated

the place to visit. You can also follow the race via Twitter: website at: http://www.pittwatertocoffs.com.au/

Race 1 - 31st Pittwater to Coffs Harbour Ocean Race - 1300hrs

Mayoral Reception, CHYC - 1630hrs Passage race Prize Giving, CHYC - 1730hrs Friday 6th January 2012:

Council offices will close at 12 noon on Friday 23

close to 50 residents, including a letter of support from local Pittwater MP Rob Stokes. Mona Vale.

she said. Dr Rob Brander is Australia's best known surf scientist from the University of New South Wales who has been nicknamed 'Dr Rip' for his habit of throwing purple dye into rip currents. Rob has been

The Science of the Surf presentation is just one of many fun **Summerama** activities to be held this summer. For more information visit www.pittwater.nsw.gov.au/cec/News and Events/summerama

"A bronze reading champion could get involved in writing book reviews or making reading recommendations". "To become a silver reading champion you could organise a themed display in the library, while a gold champion may set up a reading

Pittwater and Warringah Councils will be joining forces over the Christmas and New Year holiday period with a drink drive campaign the limit. community needs to be reminded that alcohol can stay in your system for a surprisingly long time, even after sleeping, having

of a car with random breath testing.

To help you plan your night out, you can pick up a Pittwater and Warringah Late Night Transport Card which provides details of local venues with shuttle services, taxi information and local evening bus timetables. The transport card is available at Council's customer

charges," said Sgt Janssen.

www.warringah.nsw.gov.au

1169 or email details of your event to seniors@pittwater.nsw.gov.au Predictions for the Internet in 2012 from Linked In

build their own success.

offer solutions to each other.

business growth.

Increased overall business

Click on logo above to vist their website.

Submit your Event

Program criteria

Program

Investment.

Location:

Cost

AUSTRALIA Copyright Pittwater Online News 2012.

All Rights Reserved.

Anniversary of the Fall of Singapore and 70th Anniversary of Battle for Java Sea in 2012.. This year, the Saluting Their Service grant program has assisted with funding for other significant wartime anniversaries including the 70th Anniversaries of Australian service in Greece and Crete during the Second World War, the 70th Anniversary of the commencement of the Siege of Tobruk and the 60th Anniversary of battles of the Korean War. Gillard Government Releases Draft Laws to Crack Down on 'Phoenixing' [20/12/2011] PORTFOLIO: Treasury SNIPPET: The Gillard Government is proposing tough new measures to crack down on 'phoenix' company activity under draft laws released today, said Parliamentary

Partnership Centre will do.'.

Island community.'.

Norfolk Island airline contract awarded

PORTFOLIO: Prime Minister and Cabinet

Schooling including:.

operations in the Gulf of Aden.

PORTFOLIO: Defence

VA113

School Holidays Vocal and Performance Training

others' work and past experiences in the music and performance

produced & mixed for you at the end of the course.

Living Ocean Short Film Festival Festival

warm ups, understanding how the voice really works, vocal days from 9am until 3pm costing \$500 for the week. "We're so excited to be offering this opportunity for the first time, passing on what we have learned as performers. We feel so comfortable working together and have formed a strong bond which comes from a great understanding and respect for each industry." For Information or to book a place: 0403 343 569. More at: www.meshachmusic.com

> Cost: \$400 Cost: \$500 Cost: \$500 Meshach Musik Studio, Dee Why, NSW (Northern Beaches) For more information or to book a place call 0401 343569

http://www.livingocean.com.au/ CALL FOR ENTRIES - END OF SUMMER PFP Film SHOW YOUR TALENT TO THE WORLD

that help conserve and protect life in our oceans by focusing on the 300 million tons

of plastic pollution in the oceans worldwide. Entry Form on website.

Pittwater Online News Park Bench Philosophers Front Page Profile of the Week History Youth Seniors Environment Food Lynda Hill Community News DIY Hints News From our Inbox Books Events Artist of the Month Collector's Corner Pictures Reflections

January 1 - 7, 2012: Issue 39

Soundtrack Of The Mind IV

Fromn JJ Smith – Everyday angel

What you running for, from, or running to? Do you really think I was that frumpy sprinting along the fairway to heaven all the way here, even though some part of you knows, *knows*, there must have been a little leap into the air, a jaunty whistle, a word like 'beauty!!' exhaled or even a song of words booming from my whole heart, whole soul, whole mind.

Of course there was. Want to hear it? DJ this; On The Road Again; Good Good Good Vibrations; For Once in My Life; Moving on Up/Out of the Darkness/My Light shines On; Never-ending Story; and, of course; I Can See Clearly Now, and all as though every song that has been sung is stored in your fibre of being, ready to rise up and fill you in ways songs sung externally can't always do.

Paracletes hear music; I can hear music, sweet sweet music. At 4am, the time I wake if asleep, music comes, informing with resonances you don't get even when listening to the same song outside your skin. I Hear musical messages, and sense a message in the music, because I beg for it to be simple, as often as I revel in the paisley veils, because I am, I assure you, a bit... thick, with only the usual inherent eloquent musical reverence to guide me.

Music is simple, is emotion communicated succinctly and infuses truth directly. Music is also plain-speak, even when music fills you, swells in and from you. There is the other swells in symphonies, as it always is with things divine, the Mozart, Beethoven and Strauss of your limbs and cavernous pink lit innards. But for me it's not just these grand and glorious sounds, mine also come in rock and roll musics, in old folk tunes, in snatches of jazz that mean something to me. For instance, this four am, the first was about 'listening to what the man says', followed by those swelling ethereally upwards Mozart violins, then a jazzier 'it's the one thing' of Afro-American currentness, complete with hiccuping middle and main riff I was envisioning myself doing gymnastic loops of form to, followed, near dawn, by a Hebrew diamond's rendition of 'holly holy' building to crescendo in me, so I know that today is going to be a good day to sing new and whole songs, even a song of songs... that new spirit is in me.

These songs or musics inspire, inform, toll, fill you with spirit that is telling what is coming, what is around and current, what you can do, in/to enflaming, and what's in you, what may bloom.

If there was a song you could summon to sound out of thin air, to play now, that songs how you feel, hum a little of it to yourself until it fills, signals. It is nature unto Nature, especially for those who consider themselves a bit thick, and is, spirit-wise, a wisdom that expresses the resonances of spirit in similar simple complexities, even in a single note.... a horn, a trumpet; what walls are falling down? It is a form of Presence which is one of the blessings on any Paraclete.

Lately I dream of the notes of music between the written down notes, these are what I seek to Hear. A moment later a taste of Jasmine is on my breath. Investigation brings the meaning of Jasmine, through many weavings of languages defining, as 'looking' and I laugh, knowing my Boss is enjoying my seeing of things. Remember this please, Converse in scents, visions, tastes, in inklings, will come. If you follow these, and follow through, you will win reconnection for you and all life after that will be an experience not lived or breathed as you were before that moment.

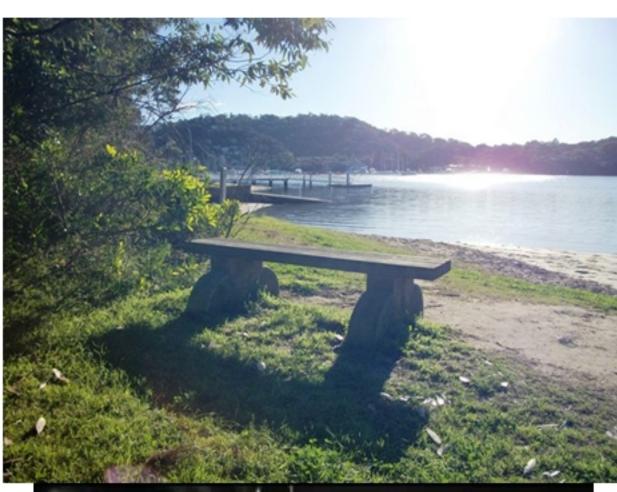
We hear and Hear, smell and Smell, taste and Taste. This can be a whole occurring every moment, is alive, living. And Messages; echoes of signals; musical, mystical, even in tunes you wouldn't credit owning that much soul, or soulful meaning, are confirming cheers from your support crew as well as letting you know how well you are wearing your spiritual skins. Are you getting anything yet? Need to tune some parts of you in? Sensing Truths is another note, a thread of, twinkle twinkle and inkle, refinement.

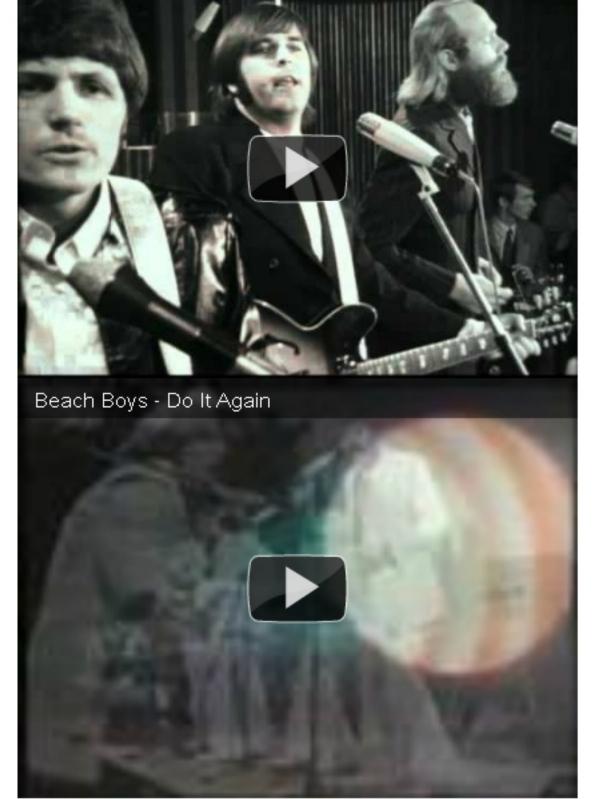
In action it can be; feeding hungry ones, cuddling the forlorn, healing or nursing the sick. If it seems un-natural, against our natural nature, and thus a block on our becoming, it probably is. Keen for the natural until this is obvious. The knell that sounds through you when something is wrong can become a joyous concordance of all angels singing when something is right.

Extract from Ch.6. Paracletes, Alchemists and Bodhisattvas. Seeing Things. Copyright A J Guesdon. 2008-2012.

Copyright Pittwater Online News, 2012. All Rights Reserved.







About the Songs:

I Can Hear Music: was written by Jeff Barry, Ellie Greenwich and Phil Spector. It was originally performed by the Ronettes in 1966, and later covered by the Beach Boys in 1969 on their 20/20 Album.

Do It Again: was written by Brian Wilson and Mike Love for the American rock band The Beach Boys. It was first released as a single by The Beach Boys in 1968 on Capitol Records. The song was recorded in May and June 1968 and was included on the band's 1969 album 20/20. The B-side of the single release was "Wake the World". The song was produced by Brian and Carl Wilson. It features Mike Love on lead vocals.

FAIR USE NOTICE: This post may contain copyrighted material the use of which has not always been specifically authorized by the copyright owner. I believe this constitutes a "fair use" of any such copyrighted material as provided for in section 107 of the US Copyright Law. In accordance with Title 17 U.S.C. Section 107, the material in this post is distributed without profit for research and/or entertainment purposes. For more information go to: http://www.law.cornell.edu/uscode/17/

Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1500.

Artist of the Month

January 1 - 7, 2012: Issue 39

Pictures

Community News



News From our Inbox

Books

Events





tickets through a link on their Lange Theory Facebook page they will get \$5 off ticket price, and also get the boys a better time slot in the line up, which would be awesome!!! Then on the 29th of January they're playing in the Moonshine Bar on

the top floor of The Steyne in Manly. This will be just them playing two 45 minute sets. Throughout March they have a residency at Murray's (above Manly Blades) in Manly. This means they will be playing every Sunday in March. To listen to their music: http://www.reverbnation.com/langetheory

Facebook Page: click on Logo



Lange Theory

Collector's Corner

DIY Hints

The beautiful area we live in seems to inspire creative people, every second house has someone creating; thespians, painters, crafts, wordsmiths, dancers, musicians, foodies, photographers and camera-people, we have dearth of talent involved in every aspect of the creative arts. Summer lends itself to festivals where all of these mix and Summer itself has a soundtrack that infiltrates the lyrics and music of every being inspired to harmonics whether they're a bird, a bandicoot, a whale or a human being.

One such outfit of the human kind is Lange Theory the four piece outfit of James Lange (singer/songwriter/guitar/ukulele), Mitch Levett (Bass), Billy O'key (Drums), and Dean Mc'Leod (Guitar). Sprung from Barrenjoey High School, which has a great reputation for supporting and raising the bar in musical terms, these lads are now sharing their great music with all (upcoming gigs listed below) and form part of what we are listening to this Summer.

Can you tell us a bit about the band?

Reflections

Lange Theory is an up and coming 4 piece band from the Northern Beaches of Sydney. James (lead vocals, guitar, ukulele, songwriter), Mitch (bass), Billy (drums), all aged 19, came through Barrenjoey High, 'the school on the beach', where they grew and developed their unique sound intrinsic to the influences of the beach culture and environment. More recently Dean McLeod (24) has contributed his considerable talent on the electric guitar adding a whole new dimension to the music. On their way to establishing their own genre, Lange Theory encompass a diverse range, from reggae to alternative folk rock, all in the name of bringing back honest beach inspired tunes combined with a mature, modern perspective.

Some of the venues Lange Theory have performed at include The Basement at Circular Quay, Bondi Beach Road Hotel, Lansdowne Hotel, Manning Bar at Sydney Uni, Low 302, Coogee Hotel, Oxford Arts Factory, Mona Vale Hotel, Bondi and Chatswood FM radio, Gaelic Club, our own Avalon Tattoo and Market Day and the Manly Jazz Festival.

Who are the individual band members, their musical starts and how you came to be Lange Theory?

James Lange started playing guitar at the age of 9 and was singing long before he can remember. He first began performing with Mitch in Year 6, though at the time Mitch was on the drums and only later found his calling when he started playing sweet and sexy melodic lines on the bass. Taking out the Year 6 talent guest was an extreme confidence boost for them both, and the music dream was born. In James' first performance at High School he began to feel extremely nervous in front of all the older kids.

Angus Stone saw his face, as pale as could be and stepped in to help with the vocals, which was much needed and appreciated. Then in year 11/12 James was accepted into the Talent Development Program, where his skills and personality flourished in the midst of so many amazing musicians. The same year he was asked to write a song with John Foremen and three other students from around NSW, for the national 'Music Count Us In' Program. "Meeting and performing our song with Peter Garrett and John Foreman in front of hundreds of thousands of school children around Australia" James says, "was a dream come true". Throughout that year he began jamming with Billy, and soon discovered how amazing this drummer was. Billy became part of the band.

Since year 12 James, Mitch and Billy have been playing gigs all around Sydney under the name of Lange Theory. Until 2-3 months ago they remained a trio, then the magical tones of Dean's irresistible guitar playing was thrown into the mix. Now a four piece outfit, they indulge themselves in a range of genre's ranging from Folk to Indie Pop to Reggae. James says these are the genre's which reflect his personality best.

James is now at Sydney University studying a Bachelor of Science, though music remains his true passion. "It's tough juggling them both, but I like to keep busy and my mind stimulated on different fronts"

Mitch Levett: I have been playing music since I can remember.

Being brought up on the Northern Beaches, Beach Culture is a huge influence in my life and my music. We always had music in the house dad playing guitar. I didn't officially start until 3rd grade playing drums in the school band. The first time James and I got together in year 6 and we won the Talent Quest at Avalon Public School. In High School I played Drums in the school band and this is where we meet Billy. James and I joined a band who already had a drummer so I started to play bass. James did his own thing for a while I continued to play with this band, a different style more rapfunk. James and I always got together to do market days at Avalon each year. We all did music at school and this is where we formed the band.

Dean McLeod grew up on the northern beaches of Sydney surfing and playing guitar from when he was super young. After playing in bands through high school, he completed a music degree at Macquarie Uni. When his friend James asked for a lead guitar player for Lange Theory he accepted and high 5ed James immediately. Dean enjoys toasted sandwiches and the resurgence of vinyl. Billy O'Key started playing drums at the age of 12 when he was in

year 7. He played with as many bands as he could thoughout high school. After topping his music class and being one of the very few short listed for N.S.W Encore performances at the Opera house he has since played in groups around the Northern Beaches and the city, both as a full time drummer and a session drummer. Since 2010 He has been drumming in the Manly and Mosman Musical society productions. Next year, Billy hopes to attend the Sydney Conservatorium of Music to study for a Bachelor of Music in Jazz Performance. He is hoping to take his music career further and become a top session musician. What is your favourite place in Pittwater?

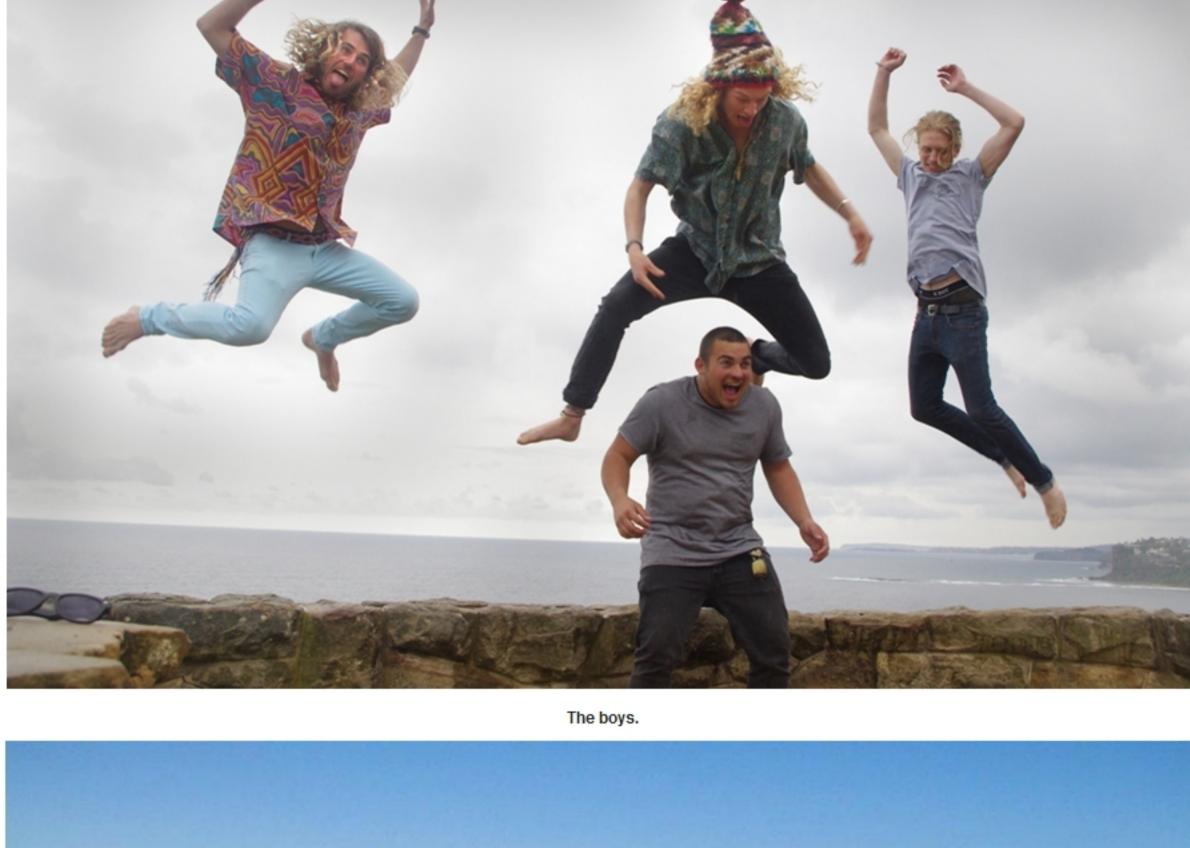
Our favourite place on the Beaches is basically anywhere with friendly people and waves. We are all based around Avalon so I

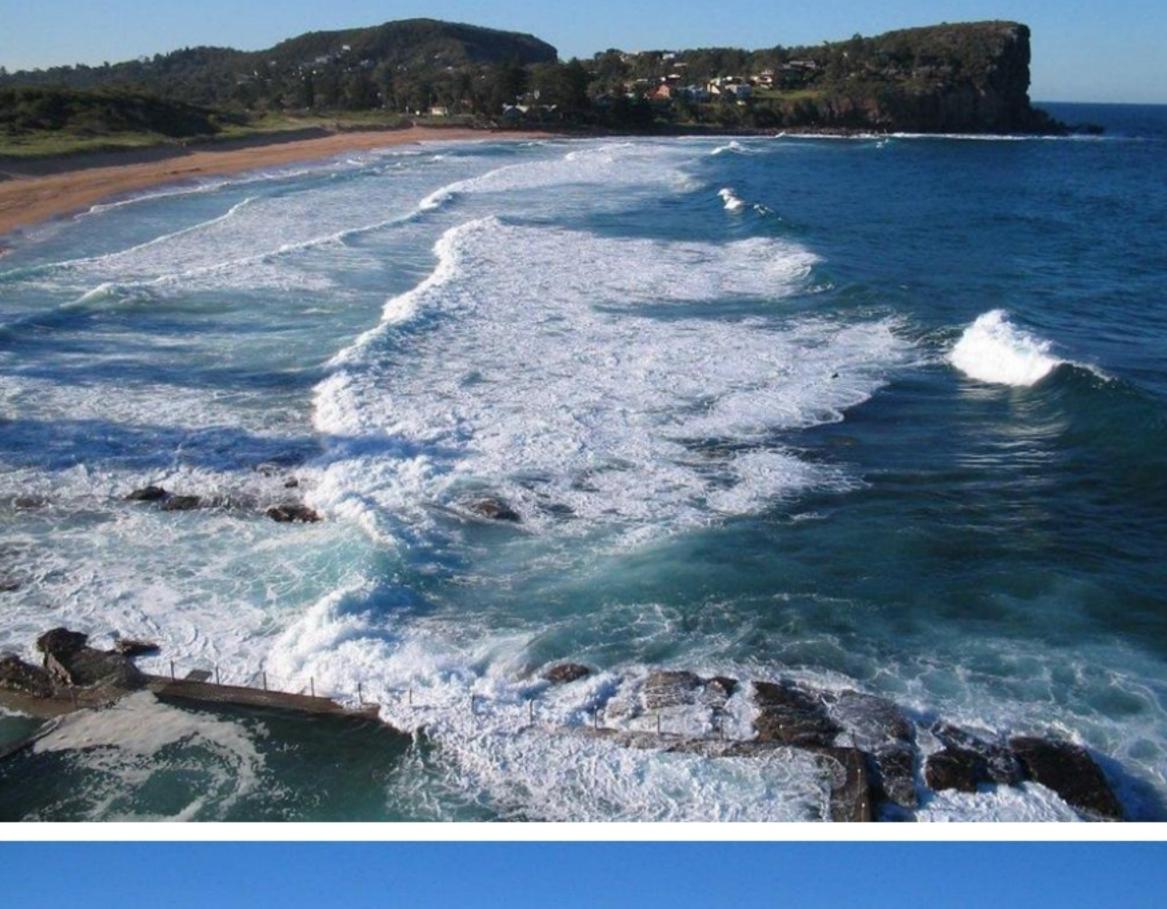
guess you could say it's our favourite spot around here. What is the band's Motto for Life?

We do have a song called "Don't Worry", and we are a pretty chilled out, easy going bunch of people, so that would be our motto.

¥ Tweet Lik∠ ! +1









Avalon Photographs by Neil Evers. Copyright Neil Evers and All Rights Reserved, 2012.

Park Bench Philosophers Environment Front Page Profile of the Week Youth Food Lynda Hill History Seniors Community News News From our Inbox Artist of the Month Reflections Collector's Corner DIY Hints Pictures Books Events

January 1 - 7, 2012: Issue 39

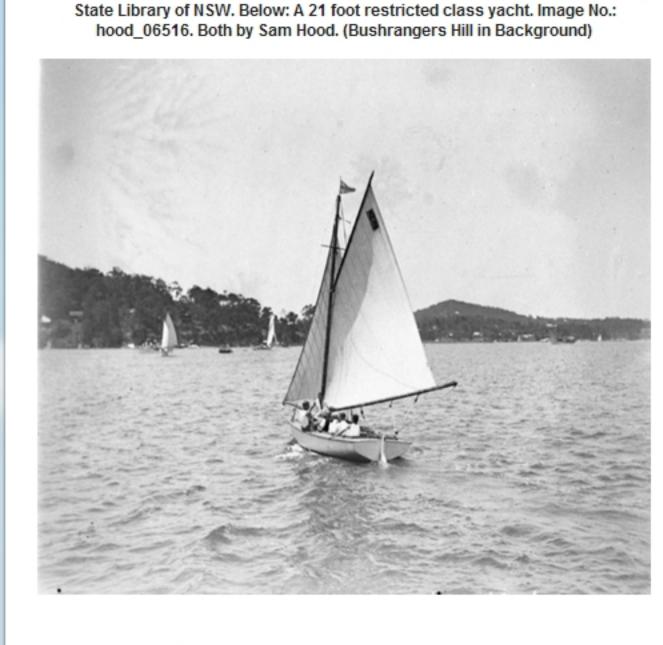


'Miramar'; craft he's in sn't the Miramar. Image No hood_06545, Courtesy State Library of NSW. Below: Scene During The Race. Image No hood_06527. Both by Sam

Above: Stuart F. Doyle. Commodore of RMYC in 1928. His Motor Launch was named







EASTER CRUISE. The Sydney Morning Herald (NSW: 1842 - 1954) Friday 12 April 1895 p 6 Article ... yachts, all bound for that charming spot, The Basin, situated in a snug corner on the western shores gi Pittwater It bu beeil the custom. lot «OBI« time post for the Sydney yachting fleet to rendezvous ... 254 words

References and Further:

More in File

EASTER CAMP. The Sydney Morning Herald (NSW: 1842 - 1954) Saturday 12 March 1904 p 12 Article ... EASTER CAMP. The committee of the P.A.Y.C. have decided that the club steamer shall leave Sydney on Thursday evening in lieu of Friday morning, to convey members» dunnage, skiffs etc, to the camping ground, the Basin, Broken Bay

The commodore's SAILING, PRINCE ALFRED YACHT CLUB, ANNUAL CAMP. The Sydney Morning Herald (NSW: 1842 - 1954) Wednesday 3 April 1907 p 10 Article ... SAILING. PRINCE ALFRED YACHT CLUB. ANNUAL CAMP. With favourable weather the Prince Alfred Yacht Club's Easter camp, at the "Basin,"

Broken Bay, proved an unqualified success. Those who attended ... look Hie campera for a run round Pittwater in his motor yacht Meteor. The cricket match between the ... 393 words PITTWATER REGATTA. The Sydney Morning Herald (NSW: 1842 - 1954) Saturday 16 March 1907 p 16 Article

... PITTWATER REGATTA. The Pittwater (Broken Bay) regatta, which was to have been held to-day, has been postponed until Saturday day next. PITTWATER REGATTA. The Sydney Morning Herald (NSW: 1842 - 1954) Saturday 23 March 1907 p 14 Article ... PITTWATER REGATTA The Pittwater regatta, which was

postponed last Saturday, will be held to-day. The programme comprises five sailing, nine rowing, and one motor launch event, and as the entries are as numerous as the races are varied, a good day's sport is practically assured. ... 46 words PITTWATER REGATTA. Mr. T. Williams, president of the Pittwater Regatta Committee, occupied the chair at the annual meeting which was held at Mona Vale. The chairman congratulated the members of the committee, and declared that their regatta could justly take third place

on the list of events held In New South Wales. Office bearers were elected as follows:-Patrons, Messrs, N.H. Murray and W. M. Marks; president, Mr. J. Williams (jun.); treasurer, Mr. W. Lawhort; secretary, Mr. J. Roche; assistant secretary, Mr. S, Greig. PITTWATER REGATTA. (1910, August 30). The Sydney Morning Herald (NSW: 1842 -1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article15175802 SAILING, PITTWATER REGATTA, AUSTRALIAN'S GREAT RECORD. The second half of

the yacht racing season will open on Saturday with the sixth annual Pittwater regatta,

auxiliaries. Given fine weather, this should prove a most successful fixture, as a large

which provides a race for all comers' yachts, yachts one design, dinghies and

percentage of the yachts are camped in the vicinity

Mona Vale, on Saturday, October 9, at 7.30 p.m.

Thelma and Rawbiti have remained in Port Jackson during the Christmas holidays, but intend joining the fleet at Broken Bay thisweek It is to be hoped that the Baltic stick with which the latter is being fitted will prove a good one If so considerable advantage will be gained on account of its lightness There is, however, a great uncertainty with regard to Baltic lower masts, which must be tested under stress of canvas before their true quality can be ascertained As negotiations were proceeding in connection with the holding of a race for the

drew up tire season's racing programme all dates in January were kept free, but, unfortunately, to no purpose. The Royal Prince Alfred Yacht Club will resume on the 13th Instant with, perhaps the most important race of the season-the Basin Cup-which will be sailed to Broken Bay and back, a course which in the days gone by was not infrequent On the 27th the

Sayonara Cup at the time when the committee of the Royal Sydney Yacht Squadron

Rawhiti Cup will be competed for, over the Manly-Pile Light course. The eighth annual regatta at Manly, on the 20th instant, and the Anniversary regatta(which has been held annually since 1837) on the 26th, will complete the racing, so far as the yachts are concerned, for this month. SAILING. (1912, January 3). The Sydney Morning Herald (NSW: 1842 - 1954), p. 9.

Retrieved from http://nla.gov.au/nla.news-article15299675 PITTWATER REGATTA. The Pittwater Regatta, which annual fixture lapsed during the

war, is to be revived, and for this purpose a meeting is to be held in the public hall,

1954), p. 11. Retrieved, from http://nla.gov.au/nla.news-article16868386

PITTWATER REGATTA. (1920, September 30). The Sydney Morning Herald (NSW: 1842)

PITTWATER REGATTA. The Pittwater Regatta, to be held on Saturday, December 31, will be under Vice Regal patronage, as their Excellencies the Governor General and the Governor have consented to become patrons of this fixture. Owing to the inadequate accommodation on the steamer Gosford, which was the

flagship at the last regatta, the committee has for the coming event secured the steamer Namoi to act in that capacity, and has also arranged that this boat will take

passengers to the regatta, leaving Sydney on Friday and returning on Saturday night. PITTWATER REGATTA. (1921, October 7). The Sydney Morning Herald (NSW: 1842 -1954), p. 11. Retrieved from http://nla.gov.au/nla.news-article15991238 PITTWATER REGATTA. The Sydney Morning Herald (NSW: 1842 - 1954) Saturday 23

December 1922 p 14 Article ... - PITTWATER REGATTA. The entries received from members of the Motor Yacht Club of New South Wales for the open races at the Pittwater regatta are for the following boats: Race for boats over 12 m.p.h.: Greyhound, Query, Idler, .vieta. Race for boats under 12 m.p.h.: Don, Rex, and Liberty. The ... 89 PITTWATER REGATTA. The Sydney Morning Herald (NSW: 1842 - 1954) Wednesday 19 November 1924 p 16 Article ... PITTWATER REGATTA. Progress is being made by

the committee of the Pittwater Regatta, and most of the details have been arranged.

Trophies to be won outright have been presented. Mr. F. Albert is the donor of a cup for the 21ft restricted class, JAt. II. J. Fitzpatrick ie presenting a trophy known ... 115 words

PITTWATER REGATTA Arrangements for the twenty-fifth Pittwater regatta which will be

held on Boxing Day, December 26 arc well In hand Mr Charles Jacobs, who is

commodore of the RM Y C of N S W, has accepted the office of president while Mr John Roche, who for 23 years was honorary secretary, has been appointed vice-president The present honorary secretary Is Mr C M Smith, 228 Pitt street Sydney (MA33B1) It has been decided to include in the programme this year a special race for cruising yachts. PITTWATER REGATTA. (1931, November 11). The Sydney Morning Herald (NSW: 1842) 1954), p. 14. Retrieved from http://nla.gov.au/nla.news-article16816752 William Bulfin (1890-1892 mishaps and misadventures):

William Bulfin, licensee of the Newport Hotel, Newport, was summoned by Leon Houreux, licensee of the Rocklily Hotel, Pittwater, for stealing eight fencing rails, the property of the complainant. A number of witnesses were heard for tho prosecution. The evidence for the defence was in effect that the rails were floating about in the water, and

were gathered by a man named Brooks; Bulfin swore he was not guilty of the offence.

Mr. Le said he was not satisfied as to the innocence of Bulfin. It was evident that a

number of untruths had been told by some of the witnesses. The defendant was ordered to pay the value of the rails, 4s., and fined 40s., or in default two months to gaol. POLICE. (1889, June 5). The Sydney Morning Herald (NSW: 1842 - 1954), p. 11. Retrieved from http://nla.gov.au/nla.news-article13733869 5th of July 1889, William Bulfin transfers licence of Newport hotel to Thomas H. Hodges: LICENSING MEETING. The Sydney Morning Herald (NSW: 1842 - 1954) Friday 5 July 1889 p 4 Article; transfer of publicans' licenses were granted as follows:-: From William Bulfin to Thomas H. Hodges, for the Newport Hotel, Newport; BULFIN V. HARPER. Mr. Gordon, instructed by Mr. W. T. A. Shorter, appeared for the

plaintiff, and Mr. J. L. Campbell, instructed by Messrs. Want, Johnson, and Co., for the defendant. This was an action brought by William Bulfin, of Newport, against William A. Harper, the elder, of Manly Beach, to recover compensation for personal injuries sustained by him and also damage to his buggy and harness, owing to the negligence of the defendant's servant. The case, as stated by plaintiff, was that on the afternoon of the 1stOctober last he was driving a horse attached to a buggy along the road to Newport. His wife accompanied him, and when about four miles away from Manly, and opposite the Redman Estate, he suddenly came upon a van standing at right angles to the road, with the shafts about 2ft, over the metal of the road-way. There was no one in charge of the van, nor was a horse attached to it, and the vehicle was partly hidden by

"propped," and jumping to the other side of the road, brought the buggy into collision with a culvert post. The force was such that plaintiff and Mrs. Bulfin were thrown violently

out and severely bruised; the harness was also broken and the buggy damaged. The

injuries to the male plaintiff were of such a nature that he had since been unable to get

the scrub on the side of the road. Plaintiffs horse, upon coming up to tho van,

about without using a walking-stick, but those sustained by Mrs. Bulfin were less serious. Evidence was also given that the van was the property of the defendant, and that the aligned road was 66ft, and the metalling in the locality 15ft, wide, it was further stated that the scrub grew up to the edge of the metalling, and therefore over a portion of the aligned road, on each side. The defence set up was that the van was hired to a man named Martin in connection with certain surveying operations, and if negligence was proved he was liable, and not defendant. Evidence was also given that the shafts of the van did not project over the metalling of the roadway. The case was not concluded when the Court adjourned.

METROPOLITAN DISTRICT COURT. (1890, February 14). The Sydney Morning Herald (NSW: 1842 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article13759374 Pittwater Regatta Research.pdf Size: 141.344 Kb Type: pdf



The First Pittwater Regatta 1887 or 1906 ?

Contention exists as to which regatta on our lovely estuary is actually the first. That which is listed first in newspaper records as a 'Pittwater Regatta' took place on January 2nd, 1888 and may have been a means to bring people and money into the area at this time. In September 1887 residents met at Bullier's Hotel to organise an annual Regatta: AQUATICS. The residents of Pittwater and Broken Bay met on

Saturday last, the 13th, at Bullier's Newport Hotel, Newport, for the purpose of establishing an annual regatta-tho first to be held on Boxing Day, the 26th December. There was a large attendance, and the object of the meeting was warmly approved of. A considerable sum was subscribed in the room. Messrs. W. C. William and W. T. A. Shorter, solicitor, took an active part in the proceedings, the latter acting as hon, treasurer, and it is understood that the Hon. W. B. Dalley will, if his health permit, act as patron. There is every probability of some good sailing and pulling races, as the prizes should afford inducement for even Sydney competitors, and the harbour presents every natural advantage for the purpose, hardly lo be rivalled by that of Sydney. AQUATICS. (1887, September 15). The Sydney Morning Herald(NSW: 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13655348

Broken Bay to-day. The Australian and Wellington, leave tho Market Wharf, Market-street, at 9.30. There will be the Newport and Pittwater Regatta to witness. NEWS OF THE DAY. (1887, December 26). The Sydney Morning Herald (NSW: 1842 -1954), p. 5. Retrieved from http://nla.gov.au/nla.newsarticle28347662 The event was postponed by a week until the 2nd of January,

MESSRS, JOHN SEE and Co. announce an excursion to

1888, perhaps due to a lack of entrants. The program of 8 events races included: NEWPORT (PITTWATER) ANNUAL REGATTA. POSTPONED FROM BOXING DAY TO NEW YEAR'S DAY. PROGRAMME. 10 a.m.-Youths under I8 in Light Skiffs. Entrance, 5s. First prize,

£2; second, 10s. Two miles. Three entries or no race. 10.15 a.m.-Girls in Dingies. Prize, by Mr. Owen, £1 Is. One mile Entrance, 2s 6d. 11 a.m.-Sailing Race. Boats 18ft. and under. Entrance, 10s. First

prize, £1; second, £1. three entries or no race. Time allowance. Course: From flagship round boat off Barrenjoey back to flagship. II.30 a.m.-All-comers in Light Skiffs. Two miles, handicap. First

prize, £5; second, £2. Entrance, £1 Is. 12.30 a.m.-Sailing Race. All-comers. Boats from 20ft. to 21ft. Prize, £5; second boat saves entrance. Three entries or no race.

Course: From flagship round boat off Barrenjoey and back to flagship. Entrance, 15s. 2 p.m-Dingy Race, boys under 15. First prize, pair of sculls, presented by Mr. Torrance; second, two pairs fowls. Three entries or no race. One mile. Entrance, 2s 5d.

2.30 p.m.-Local Boats under Canvas, from 18ft. to 22ft. First prize, £10; second, £2. Time allowance. Three entries or no race Course From flagship, round boat off Barrenjoey, and back to flagship. Entrance, £1.

3 p.m. Canvas Dinghies. First prize, £3; second, 10s. Three entries or no race. Course: From flagship, round powder hulk, and back to flagship. Entrance. 5s. Entries will finally close at Newport Hotel, and at the Treasurer's Office, 118, Pitt-street. Sydney, for Sailing Races on

SATURDAY, December 31, 1887. All other races 10 a.m., January 2. W. T. A. SHORTER, 118, Pitt-street, Sydney, Hon. Treasurer. WILLIAM BULFIN, Newport. Hon. Secretary.

NEWPORT (PITTWATER) REGATTA; NEW YEAR'S DAY. EIGHT EVENTS. LARGE PRIZES. Several Large Ocean Steamers will be In Attendance, Dancing on flagship. Luncheon and Refreshments on Board, and at

Bulfin's Newport Hotel. NEWPORT(PITTWATER) REGATTA. SPECIALLY POSTPONED RACE, SATURDAY, 7th JANUARY, 1888. All

comers, in wager boats. Prize, £12. Three miles. Handicap. Entrance £1 Is. Additional entries will be received up to 3 p.m. on Friday, 6th January, either at Newport or Sydney. W. T. A. SHORTER, Hon. Treasurer, 118, Pitt-street. WILLIAM BULFIN, Hon. Secretary, Newport Hotel. Newport. Advertising. (1887, December 31). The Sydney Morning Herald(NSW: 1842 -1954), p. 3. Retrieved from http://nla.gov.au/nla.news- article13665600 Newport (Pittwater) Annual Regatta takes place today. A fairly good programme of events has been drawn up. The scenery in

the neighbourhood of Newport is charming, and a large number of visitors will doubtless attend the regatta. BALMAIN SAILING CLUB. (1888, January 2). The Sydney Morning Herald (NSW: 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news- article28347253 OUTRIGGER RACE AT NEWPORT, BARRENJOEY, Saturday. An outrigger handicap race for £20, under the auspices of the Pittwater and Newport Regatta Committee, was decided

yesterday at Newport. There were tour competitors, viz., the

brothers Messenger, ~W. Anderson, and Green. It was a hardcontested race. Anderson, after a hard struggle, won, with H. Messenger second. Owing to the fastening which secured C. Messenger's foot giving way he was out of the race. C. Messenger allowed 10 seconds to H. Messenger and Anderson, and 20 seconds to Green. OUTRIGGER RACE AT NEWPORT. (1888, January 9). The Sydney Morning Herald (NSW: 1842 -1954), p. 5. Retrieved, from http://nla.gov.au/nla.news- article13667714 Mr Bulfin seems to have had the pioneering spirit and even a strong streak of rapscallion in his nature. He went through a rough trot in the intervening months and years (see below). While he was

surmounting these personal ordeals the Royal Sydney Yacht Squadron commenced a series of races at The Basin in 1892 as part of its Easter Cruises. The Royal Sydney Yacht Squadron (formed 8th of July, 1862, Royal Warrant from Patron, Prince of Wales conferred 27th of June 1863) races at The Basin during Easter (See PDF File) set a standard for a new kind of regatta to be held regularly on the

waters of the estuary.

was opened in 1938.

The beauty of the area, tranquillity of the waters and good breezes brought the squadron back in intervening years and also attracted the members of the Prince Alfred Yacht Club, originally in Moore Street (now Martin Place) and formed in 1868. The name 'Prince Alfred Yacht Club' was chosen as Prince Alfred, in command of HMAS Galatea, was due to visit the colony in 1868. The prefix Royal was granted in 1911 by King George V. The Pittwater Division was formed as a result of a decision in 1919 to find an

Harbour. The original Green Point clubhouse, on the present site,

Others cite a race begun between Queenslanders and New South

alternatives to racing on the increasingly congested Sydney

Welshmen in 1905 as the impetus for the annual regatta:

Pittwater Regatta came into being as the result of a private match, in December, 1905 between the Crouch brothers, of Queensland, and W. D. M. Taylor, who sailed the Carella, owned by Lord Forster, and Mr. John Roche, for 21 years honorary secretary for the regatta. An unusual course was chosen, being from Pittwater, where the flagship was moored on Saturday, around Lion Isle and back, a distance of I8 miles. The Crouch brothers won. Local residents became enthusiastic as the result of this match, and the first regatta was held in February, 1906. It catered for local sailing and rowing boats, but there were only six starters for the first motor launch race. Both the entries and prize money have increased annually. This year there were 107 sailing boats. 57 heavy boats, and eight events under Now South Wales Rowing Association conditions, with crews totalling 80 rowers There were also three races for Navy League Sea Cadets. PITTWATER. (1928, January 2). The Sydney Morning Herald (NSW: 1842 - 1954), p. 4. from http://nla.gov.au/nla.news- article16431002 (Full PDF of 21st Annual Pittwater Regatta

Article on page on Page contains all the results too).

the races are varied, a good day's sport is practically assured. PITTWATER REGATTA. (1907, March 23). The Sydney Morning Herald (NSW: 1842 - 1954), p. 14. Retrieved from http://nla.gov.au/nla.news-article14853312 By 1908 the Programme for the Regattas races was scheduled for February 1st; SAILING. PITTWATER REGATTA. The Sydney Morning Herald (NSW: 1842 - 1954) Thursday 16 January 1908 p 10 Article ... SAILING. PITTWATER REGATTA. The programme for the Pittwater annual regatta on February 1 contains no fewer than 14 important sailing and rowing events. There is a champion 16-footer 1 footer race, for the winner of

which there is a cup valued £10 10s, and £12 added money;

handicaps for boats....

The second official Pittwater Regatta took place on the 23rd of March 1907, as part of Easter Events; Pittwater REGATTA The

Pittwater regatta, which was postponed last Saturday, will be held

today. The programme comprises five sailing, nine rowing, and

one motor launch event, and as the entries are as numerous as

By 1910 it formed part of the first week of January's Pittwater festivities and there it stayed as part of the Sailing Calendar; PITTWATER REGATTA. The Sydney Morning Herald (NSW: 1842 - 1954) Saturday 17 December 1910 p 19 Article ... PITTWATER REGATTA. The the committee of the Pittwater regatta, which is to be held on January. 7, has arranged for the course of or the yacht race- to be from Fort- Denison (Sydney), down to and round flagship in Pittwater,, thence round | IL threemile triangular course inside the bay. The Regatta was suspended during WWI and WWII and again returned as one of the premier events on and the best way to open

REGATTA. The Pittwater Regatta, which annual fixture lapsed during the war, is to be revived, and for this purpose a meeting is to be held in the public hall, Mona Vale, on Saturday, October 9, at 7.30 p.m. PITTWATER REGATTA. (1920, September 30). The Sydney Morning Herald (NSW: 1842 - 1954), p. 11. Retrieved, from http://nla.gov.au/nla.news-article16868386 As the years went by the Regatta was dedicated to raising funds for various necessary community requirements; PITTWATER REGATTA The Sydney Morning Herald (NSW: 1842 - 1954) Monday 27 December 1954 p 8 Article ... PITTWATER

the New Year weeks and enjoy summer in Pittwater; PITTWATER

record number of sailing and motor cruiser entries. Proceeds of the regatta will go to building a children's wing at the Manly District Hospital. Annual Balls held on the various Flagships or at RMYC (from late 1920's) also sought to raise funds to put towards worthwhile projects that build community, people and infrastructure. The Pittwater Regatta annual event ceased to be in 1979. If you do want to see a Pittwater Regatta's beginnings you may

attend the start of the Pittwater to Coffs Annual Race and Regatta

which starts from our own Royal Prince Alfred Yacht Club on...

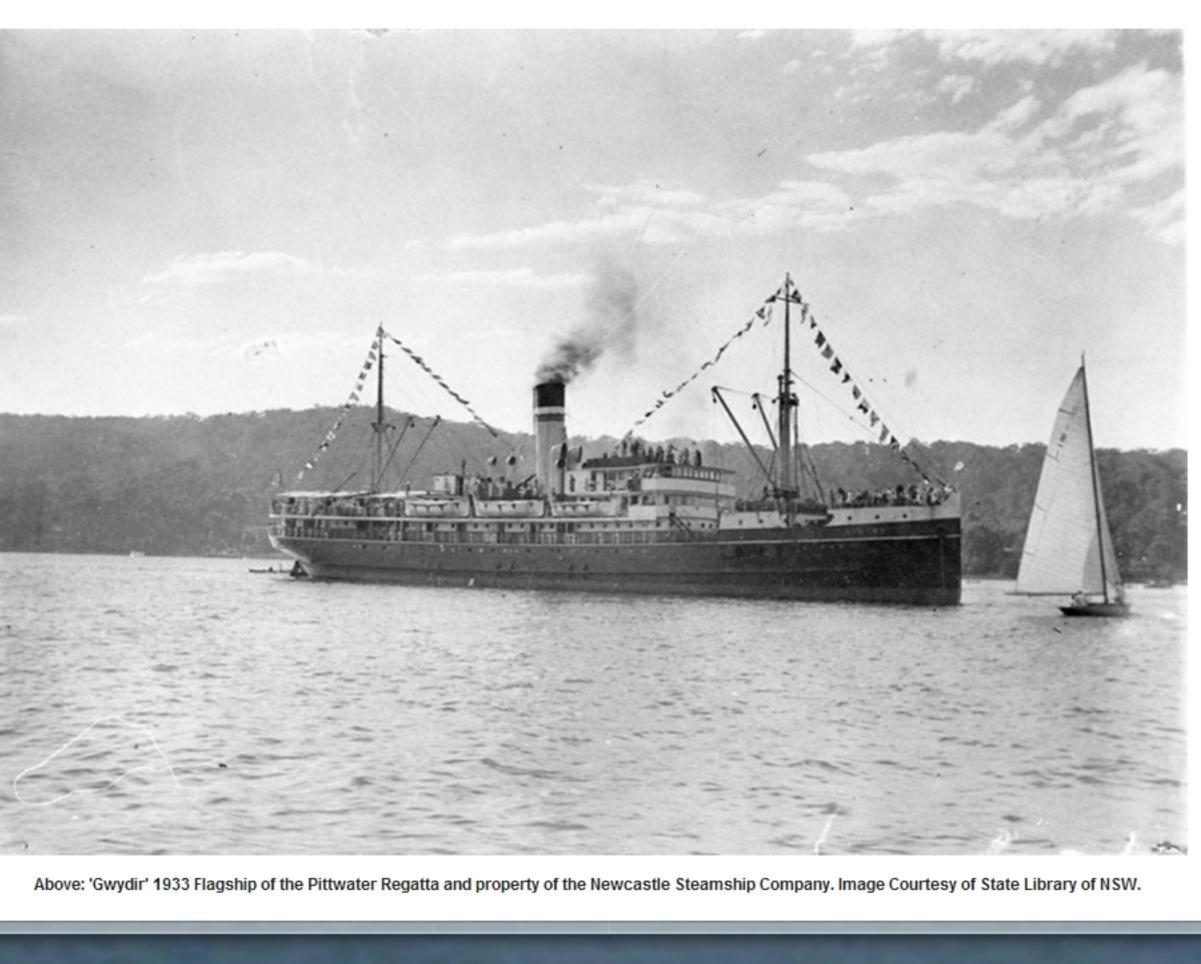
yes...January 2nd, 2012!

BasinCupBegins18.4.1892.pdf

REGATTA -. The annual Pittwater regatta to-day has received a

Size: 698.294 Kb Type: pdf January2nd1928.21stPittwaterRegattaResultsandArticleSMH.pdf Size: 1388.717 Kb Type: pdf

Copyright Pittwater Online News, 2012. All Rights Reserved.



THE MUPPETS movie trailer - Only at the Movies JANUARY 12, 2012





National Year of Reading 2012:

For teens, we (Federal Government) will be running the National Year of Reading Creative Reading Prize. It's an expansion of something that already happens through the Centre for Youth Literature

(http://www.insideadog.com.au/blog/inkys-creative-reading-prize-2011). Young people will be asked to nominate the one book they think their peers must read in 2012 and then to provide a convincing a book review, but it could be in the form of words, pictures, film,

argument in the form of a creative response to the story. This will be song, or something even more avant garde. We'll be partnering with insideadog.com.au, spineout.com.au and Madman Entertainment to create a fantastic competition with some really great prizes. More at: http://www.love2read.org.au/

As part of this: Bedtime Stories: Downloadable Tales for Children Available right now AT: http://www.australianwomenonline.com/bedtime-stories-downloadable-tales-for-

Australian Stories Online

Project Gutenberg Australia, has a great list of old legends and books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/



CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY

Children from 5 to 12 years of age are invited to free holiday craft sessions at Mona Vale library this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia Day.

Library Manager Cathy Howie said there would be a wide range of activities to suit both boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added Mrs Howie.

To complement the craft sessions the library has a range of craft books available for loan that will keep little hands busy at home over the holidays too. A detailed list of the children's craft activities on offer will be available from Mona Vale Library early in January. All craft sessions are free and bookings are not required.

For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona Vale.

EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM

Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its sensational summer holiday program for kids, with new extended hours from 9am to 4pm. Kids on the Coast offers healthy and fun outdoor activities for 5 to 12 year olds from Monday 9 January to Friday 20 January. The Council decided to extend the hours of the program to ensure children with working parents do not miss out.

"There are many new highlights including stand-up paddle boarding, a boardwalk birding adventure and how to become an eco-ranger," said the Council's Natural Environment & Education Manager Mark Beharrell

For children aged eight years and over there is a chance to grab your camera and join a photographic adventure, plus the everpopular 'Fishing Clinic' run in partnership with the NSW Department of Primary Industries. Mr Beharrell said the program encouraged children to explore beaches, rock platforms, headlands, bushland, wetlands and the Narrabeen Lagoon foreshore.

program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr Beharrell.

"Kids on the Coast is the ideal school holiday experience. The

Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per child per session, with full-day sessions available from 10am to 3pm at \$55 per child (for standard activities), which includes supervision between sessions (BYO lunch).

Working parents who require extended care for their children can also take advantage of a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The Fishing Clinic offers giveaways including a rod, reel, tackle box, hat and bag for the cost of \$40.

The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at www.pittwater.nsw.gov.au/ceckids or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on 9970 1313 or email bianca springford@pittwater.nsw.gov.au

TEMPORARY CLOSURE OF PLAYGROUND On the advice of NSW Health, Pittwater Council is temporarily closing part of the

children's playground at Winnererremy Bay's Flying Fox Park at Mona Vale. The closure comes after salmonella bacteria was discovered in surface bark in one part of the playground following recent testing. Six sections were tested by staff from the Public Health Unit in the area of the playground covered by the bark. General Manager Mark Ferguson said the part of the playground where the positive

result occurred is closed off to the public while bark is replaced. "We understand that NSW Health will carry out further testing over the next month after the bark is replaced and the playground reopened," he said. Salmonella is a bacterium that can cause gastroenteritis. Symptoms include fever,

vomiting and diarrhoea. This bacterium has previously been identified in playground sand and more recently, in bark at the Winnererremy Bay playground. According to Dr Michael Staff from the Public Health Unit conducting the testing, "there has not been a human case of gastroenteritis caused by salmonella java linked to the most recently confirmed contaminated bark, and therefore the bark is being replaced as a precaution." Dr Staff said it is important that parents and carers follow good hygiene principles when children are playing outdoors and ensure their children do not eat the bark and

that they wash their hands after playing outside. Mr Ferguson said the bark would be replaced in time for the playground to re-open for the school holiday period. Apprenticeships

There are over 500 industries in Australia in which apprenticeships and traineeships are available. The Australian Apprenticeship

Centre can you help you and a prospective employer determine what qualification you are doing, how long your apprenticeship or traineeship will go for, the industrial instrument or award you're employed under, employment conditions, pay, leave or more about who your registered training organisation (RTO) is. They also have a search facility where you enter your postcode to find those available. Local businesses should also be approached to determine if they have trainee positions available and what would You can also search for apprenticeship and traineeship vacancies

be required to secure one. There are even some apprenticeships that may be started while you're still at school. through Australian Jobsearch - (Job Services Australia vacancy site), Group Training Organisations (only employ apprentices and trainees) and State Government organisations (current vacancies in the NSW Government).

The Australian Apprenticeships Centre (enter postcode to find): http://www.australianapprenticeships.gov.au/search/aacsearch.asp

Apprenticeships NSW Website: https://www.training.nsw.gov.au/

New Website for Northern Beaches Youth Manly Council has launched a website for young people that is run by

young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and My Space Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below:

www.northernbeachesyouthinfo.net.au

www.facebook.com/manlyyouthcentre

www.myspace.com/manlyyouthcentre



Lange Theory Profile This Week



BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jujutsu Australia

Calling all little warriors!! Learn some great new moves these school holidays. We will play games, learn some basic self defence and learn how to use our words to deal with bullies.

Date Saturday 21 January Time 10am - 1pm Age Strictly 6 to 12yrs Cost: Free tuition (\$20 insurance fee) Bookings 0413 376 356 or avalon@hoshin.com.au

Hoshin runs some of Australia's best programs around the areas of Anti-Bullying and Child Protective Behaviour, and of course Jujutsu. We also run free kids programs twice a year during the spring and summer school holidays

Our classes are fun, with a high standard of discipline and respect.

We do not gain respect with fear, we laugh, play games and have

fun, and learn about the important skills listed above through role playing, telling stories and of course, martial arts skills. All of our adult instructors are police checked and hold senior first aid certificates. Further, all instructors regardless of rank have undergone over 100 volunteer hours of instruction per year under

the direct instruction of Sensei Rose and you can be assured of their excellent teaching and leadership skills. If you would like to know more about what we do, the website is www.hoshin.com.au and there is an absolute plethora of information available.

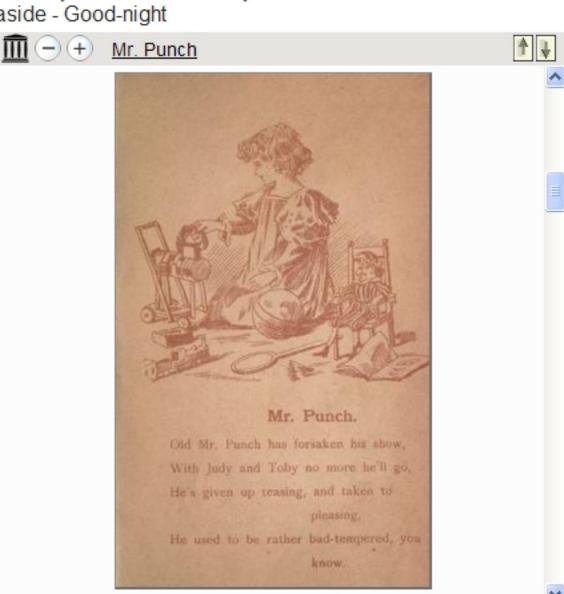
Summer Fun I: The Kid Stakes (1927) Directed by Tal Ordell

Australian Silent film based on the Fatty Finn comic strips. This was the last silent film made in Australia. It was shot in the Sydney streets in 1927. The suburb where it is set is Wooloomoloo, which is an inner city suburb between the CBD and Potts Point. At the time this was film was made, it was a poor area. It is now an expensive, trendy suburb. The billy goat race had to be filmed in Queensland as the New South Wales government had banned such races a year before this film was made. The projection speed has been corrected so the film runs a little longer than other versions. The soundtrack included here is a collection of popular style recordings from the time approximating the original musical accompaniment. This film has been in the Australian public domain since 1978.



Summer Fun II: Mr. Punch (ca. 1890)

Children's Poetry; English: includes Mr. Punch -- A naughty somebody - Little mothers - By summer seas - Dollies at the seaside - Good-night



MANLY WARRINGAH BASKETBALL CAMP Mon 23rd, Tues 24th & Wed 25th

January 2012 Session One 5-11 years 10.30am to 12.30pm Session Two 12-18 years 1:00pm to 3:00pm Venue: NBISC, Jackson Rd Warriewood

Special Guest Coaches, Professional coaching, Competitions with great prizes Cost: \$60

This is a 3 day camp ONLY. Payments must be made prior to camp starting date: Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW 2101. Fax: 99133644

Email: mwba@manlybasketball.com.au. Enquiries-99133622 ◆REFRESH YOUR SKILLS ◆IMPROVE YOUR GAME◆HAVE SOME FUN◆ Holiday Camp 2012.pdf

Size: 108.122 Kb Type: pdf

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

Bullying; NO WAY!!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. Make sure you are heard. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.



APPRENTICE CLUB

Johnson Bros are extending an invitation to all Building Trade Apprentices to join our exclusive "Apprentice Club". We have teamed up with our loyal suppliers to offer different tools each month at vastly reduced prices to help apprentices build up their tool boxes. File Below for further details and registration form. At: http://hardwoodsaustralia.com/a/117.html Apprentice club form[1].pdf



Teaching Our Children to be Safety Conscious

Size: 494.83 Kb

Being Safety Smart is a free to use online educational game providing safety strategies for children aged from 6 to 8. The program is designed to increase the

awareness of children to situations within the community which might impact upon their personal safety and to empower them with the ability to act appropriately and with confidence. Being Safety Smart is a Queensland Police Service initiative, developed by the

University of the Sunshine Coast in partnership with the Queensland Police Service, Education Queensland, and the Crime and Misconduct Commission, and supported by the Daniel Morcombe Foundation. The Website is at: http://www.beingsafetysmart.com.au/BSS/

PITTWATER COUNCIL



proposed Police and Community Youth Club (PCYC) to be located at North Narrabeen. The plans have been developed as part of a submission to the state

government and PCYC NSW for funding for the project. Council submitted a comprehensive expression of interest late last month seeking a grant of \$2.5 million towards the establishment of a new club. This follows the NSW Government recently calling for expressions of interest for the establishment of eight new Police and Community Youth Clubs, with funding to be announced in early 2012. The overall funds required to build the new centre are estimated to be \$8.5 million and would come from a variety of sources. The proposal would see a multi-purpose community centre built at the southern end of Pittwater Rugby Park North Narrabeen, encompassing the current function centre

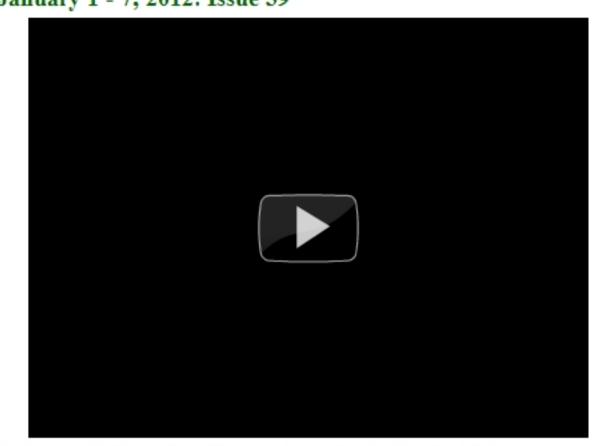
at the ground which would be replaced in the overall development. Management of the centre would be through PCYC NSW, a not-for-profit organisation closely linked to the NSW Police. PCYC NSW currently operates 57 community centres throughout New South Wales and offers a management model whereby a local PCYC is

supported by an allocation of two additional police officers. Community Services Manager Lindsay Godfrey said if Pittwater is successful in gaining funding the centre would have a focus on youth activities, with space for computers, a music rehearsal room and a commercial kitchen capable of hosting hospitality training. "The centre would also have a café, meeting rooms and office space for youth services and be able to host performances and sport-related

activities, "said Mr Godfrey. The design concepts will be on exhibition until Friday 2 March 2012 and can be viewed at www.pittwater.nsw.gov.au/exhibition The documents will also be available at Council's customer service centres at 1 Park Street, Mona Vale and 59A Old Barrenjoey Road, Avalon.

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to Lifeline made from anywhere in Australia will be free of charge from 1 July under an agreement made between the three major phone carriers.





Above: Dean Martin and The Mills Brothers on Dean Martin Show. Below: Ella Fitzgerald and Louis Armstrong - Summertime. Right: Nina Simone - Feeling Good.



Independent Website for Elders:

http://www.agedcarecrisis.com/about

About us: We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia. specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities. We do not receive any funding. We are not affiliated with any government body. We are not affiliated with any religious body. We are completely independent

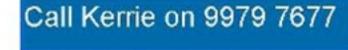
www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia



Community Care (Northern Beaches) is seeking participants for a short term program, which aims to assist you to be able to do things that are important to you.

- The program may include advice and support with:-An appropriate exercise or strengthening program
- Nutrition
- Home modifications
- Assistive technology Social and leisure activities

For more information or to register please phone.





Contact Community Care Northern Beaches by clicking their logo:







Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves

Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au



Resolutions for Summer

by Mildred Gertrude Smythe

RESOLUTE from Latin resolutus, from resolvere 'to resolve', from re 'to know again or anew' + solve 'to find the explanation for or solution to a mystery, problem', etc. Firm in purpose or belief. Steadfast Determined.

RESOLVE from Latin resolvere 'to unfasten, reveal', from re 'to know anew' + solvere 'to loosen, release, free, reveal'. Obselete; to dissolve. To determine or decide firmly. To find the answer or solution. To examine the parts of anything and how they become one whole.

George and I don't smoke, rarely drink and aren't given to swearing unless something has really become quite frustrating and a short sharp 'goodness!' is called for, if only for a little relief. Therefore we have decided to embark on a greater definition of resolution, that 'of examining the parts of anything and how they become one whole' and apply this to the season of Summer itself.

We examine the airs of summer, the currents from northeast and southern coolings that bring thunderstorms at end of more humid Summer days. We examine the East Australian Current, the largest ocean current close to Australia which sweeps warm waters down from the Coral Sea and may move up to 30 million cubic meters of water per second in a broad ribbon that covers as much as 100 kilometres in width and 500 meters in depth. It is strongest in the early months of the year our Summer, and if not affected by upwelling, the movement of waters from deeper layers of the sea to the surface which are generally cooler, we shall be swimming in summer waters until March.

We examine what blooms in the garden and what fruits fill the market stalls; all the stone fruits, raspberries, avocados, and eat green and butter beans, tomatoes and eggplants from George's own garden. The lime tree has been abundant this year, wonderful firm and filled with juice citrus that will form a New Year's Day Key Lime Pie for guests this afternoon.

Fish we will catch off the beach, George having paid for his licence, and there shall be flathead, salmon and kingfish to feast on.

Mostly we will revel in a season whose pace is similar to our own; slowed and easy and filled with peaceful resonances and time for reflections. Our home and garden will ring with the delightful laughter of grandchildren and the quieter voices of our sons and daughters now grown. George will stroll around the neighbourhood with the dog and perhaps slightly quicker around the golf course. I shall find a nice shady tree and read one of the books I've been longing to read.

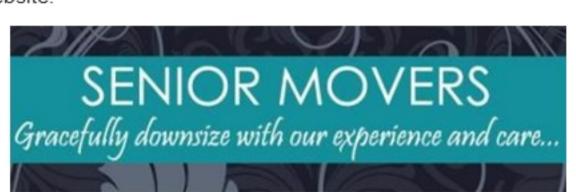
At dusk we will prepare a Summer feast and play some of those lovely tunes that remind us of what a blessing it is to dwell among the seasons. May we wish you days and days of the same and moments to examine the small parts, and how they make one whole, not just on New Year's Day but throughout 2012.



Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

If you are overwhelmed about the thought of a downsize, or worried about trusting anyone in your home and helping you sort your treasured mementoes. Perhaps your family are time poor, not around to help or they and you just need someone on site for you to help coordinate and take the burden? We have a team of specialists working with us ranging from auctioneers, removalists, packers, eBay traders, all different trades and services to give you the whole project solution. We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.



www.seniormovers.com.au

Also see Belinda Grundy's Profile other great Business; www.bgpropertystyling.com.au

The Senior Newspaper Online Click on logo:



Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most

matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help. The training rooms are under the Catholic Church in Avalon and

training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site <u>www.avpals.com</u> or ring the co-

ordinator Jenny McLaughlin on 02 9999 1348 Article on their Seminar

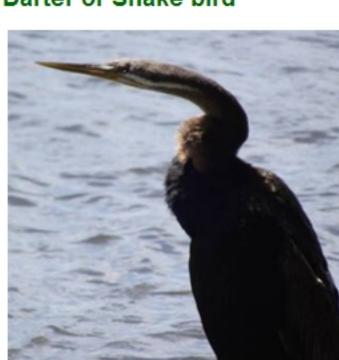


Front Page Community News Collector's Corner DIY Hints Pictures News From our Inbox Books Artist of the Month Reflections

January 1 - 7, 2012: Issue 39

Summer Creature Features (Associated with Water)

Darter or Snake bird



This waterbird is a Darter or Snake-bird Anhinga melanogaster, probably a male, (has chestnut neck markings). It gets the name Snake-bird because when swimming, only the neck and head are above water. It catches fish by spearing them with its sharp stiletto beak, then tosses them into the air and catches them to swallow head-first. It perches on a dead branch

or navigation pile to dry its wings by spreading them out from its body.

ayingá), which in local mythology refers to a malevolent demonic

forest spirit; it is often translated as "devil bird". The name changed to anhingá or anhangá as it was transferred to the Tupi-Portuguese Língua Geral. However, in its first documented use as an English term in 1818, it referred to an Old World darter. Ever since, it has also been used for the modern genus Anhinga as a whole. Anhingidae are large birds with sexually dimorphic plumage. They measure about 80 to 100 cm (2.6 to 3.3 ft) in length, with a wingspan around 120 cm (3.9 ft), and weigh some 1,050 to 1,350

plumage, a short erectile crest on the nape and a larger bill than the

grams (37 to 48 oz). The males have black and dark brown

female. The females have a much paler plumage, especially on the neck and underparts, and are a bit larger overall. Both have grey stippling on long scapulars and upper wing coverts. The sharply pointed bill has serrated edges, a desmognathous palate and no external nostrils. The darters have completely webbed feet, and their legs are short and set far back on the body. Darters are mostly tropical in distribution, ranging into subtropical and barely into warm temperate regions. They typically inhabit fresh

water lakes, rivers, marshes, swamps, and are less often found along the seashore in brackish estuaries, bays, lagoons and mangrove. Most are sedentary and do not migrate; the populations in the coolest parts of the range may migrate however. Their preferred mode of flight is soaring and gliding; in flapping flight they are rather cumbersome. On dry land, darters walk with a highstepped gait, wings often spread for balance, just like pelicans do. They tend to gather in flocks – sometimes up to about 100 birds – and frequently associate with storks, herons or ibises, but are highly territorial on the nest: despite being a colonial nester, breeding pairs – especially males – will stab at any other bird that ventures within reach of their long neck and bill.

Darter. (2011, November 28). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Darter&oldid=462895838

Australian Water Dragon



includes the Eastern Water Dragon (P. I. Iesueurii) and the Gippsland Water Dragon (P. I. howittii), is an arboreal agamid species native to Eastern Australia from Victoria north to Queensland, there is also a small population in the south-east coast of the State of South Australia. Australian water

The Australian Water Dragon (*Physignathus Iesueurii*), which

dragons have long powerful limbs and claws for climbing, a long muscular laterallycompressed tail for swimming, and prominent nuchal

and vertebral crests (A nuchal crest is a central row of spikes at the base of the head. These spikes continue down the spine, getting smaller as they reach the base of the tail.) Including their tails, which comprise about twothirds of their total length, adult females grow to about 60 cm (2

feet) long, and adult males can grow slightly longer than one metre (3 feet) and weigh about 1 kg. Males show bolder colouration and have larger heads than females. Australian water dragons are extremely shy in the wild, but readily adapt to continual human presence in suburban parks and gardens. The one pictured here, in great photos taken by Adrian Boddy, visits each morning and is unafraid of the other residents. They are fast runners and strong climbers. When presented with a

potential predator, they seek cover in thick vegetation, or drop from an overhanging branch into water. They are able to swim totally submerged, and rest on the bottom of shallow creeks or lakes for up to 90 minutes, to avoid detection. Both males and females display typical agamid behaviour such as basking, arm-waving and head-bobbing. Fast arm-waving signals dominance, while slow arm-waving signals submission. Males are territorial, and in areas of higher population density, males exhibit displays of aggression toward other males including posturing and chasing. Australian water dragons hibernate over winter. During spring, usually in early October, the female excavates a burrow about 10-15 cm (4-6 inches) deep and lays between 6 and 18 eggs. The nest is usually in sandy or soft soil, in an area open to sun. When the mother has laid the eggs, she backfills the chamber with soil

and scatters loose debris over it. Australian water dragons exhibit temperature-dependant sex determination; the sex of the hatchlings is determined by the temperature of the nest site. When the young are born they stay near the entrance of the burrow for some time before leaving home. When they finally leave the nest, they tend to group together away from the adult population. As its name suggests, the Australian water dragon is associated with water and is semi-aquatic. It can be found near creeks, rivers, lakes and other water bodies that also have basking sites such as overhanging branches or rocks in open or filtered sun.

Nestlings and smaller juvenile water dragons are vulnerable to predation by kookaburras, currawongs, butcherbirds and other carnivorous birds. They are also prone to becoming road kill due to the attraction of warm bitumen and concrete for basking. The Australian water dragon's diet depends on its size. Juveniles and yearlings tend to feed on small insects such as ants, spiders, crickets, and caterpillars. When they get bigger, so does their prey. An adult diet includes small rodents such as baby mice, although insects are still the most commonly consumed. Australian water dragon, (2011, November 25), In Wikipedia, The Free Encyclopedia, Retrieved from http://en.wikipedia.org/w/index.php? title=Australian_water_dragon&oldid=462401786

Australian water dragons are prey to snakes, cats, dogs and foxes.

WetlandCare Australia National Art and Photography Competition To celebrate World Wetlands Day 2012 on February 2, WetlandCare Australia is hosting their 5th annual Australia wide art and photography competition. There are categories for young people and adults, and for the first time the competition includes

categories specifically for Indigenous artists.

categories are:

wetland**care** all Australian residents aged 12-17 •WetlandCare Australia Children's Art 1st Prize: \$1000 Open to all Australian residents aged 4-11 •Murray-Darling Basin Authority Indigenous Art Youth 1st Prize: \$1200 + Art supply kit Open to Aboriginal and Torres Strait Islander artists aged 17 years and under

aged 17 years and under

WetlandCare Australia Awards

See the Rules of the Competition for full details.

 NSW Catchment Management Authorities Open Art 1st Prize: \$1500 Open to all Australian residents Central West Catchment Management Authority Youth Art 1st Prize: \$1200 Open to

The categories in the competition have been designed to give as many people as possible the opportunity to submit entries. The

 Queensland Wetlands Program Indigenous Art Open 1st Prize: \$1200 + Art supply kit Open to all Aboriginal and Torres Strait Islander artists •NSW Office of Environment and Heritage Open Photography 1st Prize: \$1200 Open to all Australian residents Golden Chain Youth Photography 1st Prize \$1000 Open to all Australian residents

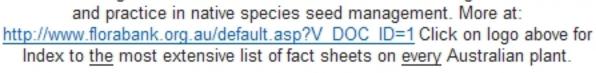
WetlandCare Australia Senior Management will select 3 of the winning works selected by the judges in Art, Indigenous Art or Photography that best promote the organisations objectives for the next 12 months. These works will be awarded a WetlandCare Australia Award, and will be used in promotional materials and events.

Entry Forms Here





florabank Florabank recognises and shares the best available knowledge from research



>> Tweet Likε< : +1



Warriewood The Warriewood bushcare group managed by Pittwater Council needs more volunteers on 4th Wednesday morning of the

month – Can you help? Please contact Mary Johnsen at 9999 2020.

Coastal Environment Centre



winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December More at: http://www.pittwater.nsw.gov.au/cec

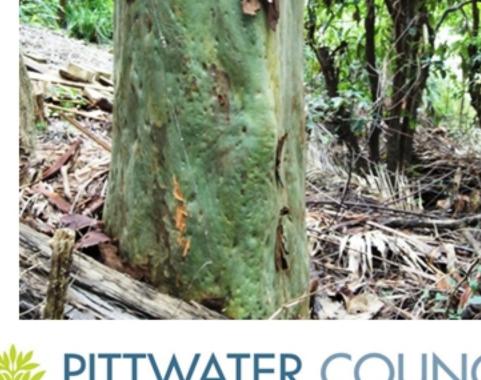
Monthly Cooee Newsletter below. If you would like to receive

Council's environmental newsletter via email, please contact jodi harvey@pittwater.nsw.gov.au

December Newsletter includes information on: - Kids on the Coast Holiday Program

- Explore Pittwater by Kayak - Events, competitions and activities; - Environmental projects and Bushcare Notices. HERE

How Green is a Spotted Gum when Wet?





Pittwater Council has launched a unique online calendar designed to educate the

community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen. The calendar has been coordinated by Pittwater Council on behalf of the Pittwater,

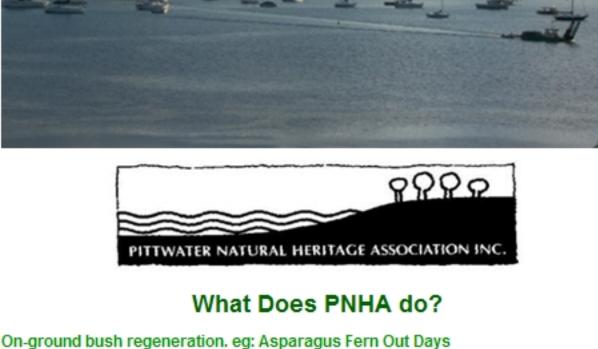
Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program. Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people

Hornsby and Gosford communities and was funded by a \$50,000 grant from the

are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species. Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope

that the public will contribute images and other information to the calendar." "It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au





Members email group for leaset environmental news and events AGM with Guest Speaker Free advice for members on managing gardens for Native Vegetation and fauna

habitat Lobbies Pittwater Council and State Government on inappropriate management practices and development

Activities: guided walks, bird-watching

Quaterly informative newsletter, online or paper

Provides support to Council for PNHA-approved grant applications for environmental projects

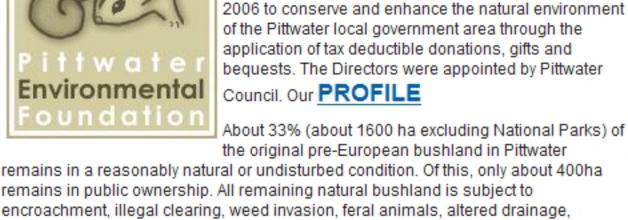
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna \$2.00 Email: pnhainfo@gmail.com Or click on Logo to visit website. PROFILE

CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit

Climate Action Pittwater at:





About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater

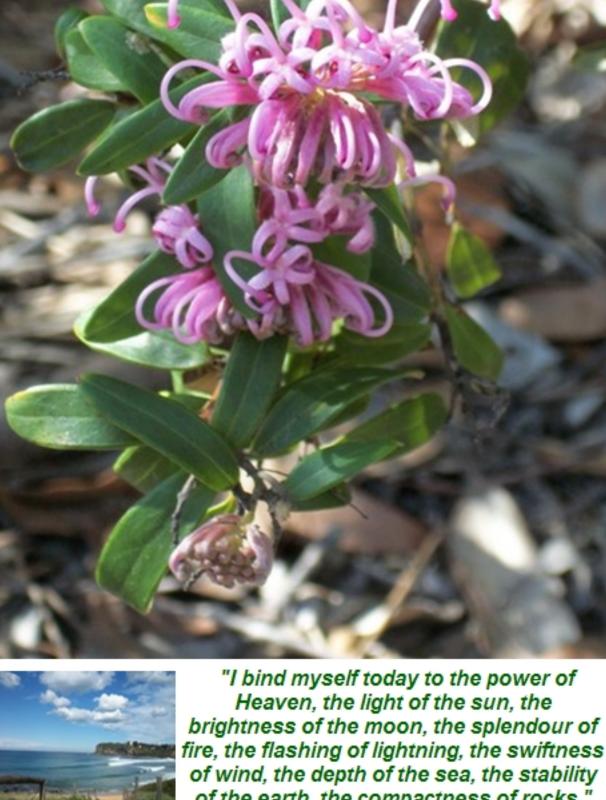
bushfire hazard reduction requirements and other edge effects. Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

Pittwater Environmental Foundation was established in

Document

Sydney Harbour Foreshore Authority Carbon Footprints

Think before you print; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.



of the earth, the compactness of rocks." from the Prayer of Saint Patrick



Pittwater Online News Environment Front Page Park Bench Philosophers Profile of the Week History Youth Seniors Food Lynda Hill News From our Inbox Community News Books Artist of the Month Collector's Corner DIY Hints Pictures Events Reflections

January 1 - 7, 2012: Issue 39

Tapas

Tapas are a variety of Spanish appetizers that have evolved into a cuisine sympathetic to Australian Summers and our casual dining preferences during this season. Large platters of a variety of cold and warm 'finger foods' suffice and go well with relaxed afternoons and evenings and allow you to spend time talking and being with your guests instead of sweating in the kitchen.

Those shown here were created by the brother of a staffer and his partner for Christmas Day lunch and afforded a few hours of relaxing before the mains. Pictured are cauliflower florets dipped in seasoned flour and deep friend, whole mushrooms, chorizos, eggplant and zucchini slices, a prawn and mango salad, fresh salmon topped with haloumi and seared plums, chickpea and beetroot dips and marinated quail.

All cooked varieties were prepared on the BBQ and prove you are limited only by your imagination and the ingredients on hand.

Mango and Prawn Salad

1kg Green prawns, shelled 3-4 mangos, diced and mixed with mint, fresh slivers of chilli, and 3 shallots

Bed of mixed salad greens to serve on (optional)

Dressing: 2 tablespoons sweet chilli sauce, 2 tablespoons olive oil, 2 tablespoons finely chopped mint, pinch salt and pepper Edges of lime to serve

Grill prawns and arrange on bed

of greens topped with mango mix, top with dressing and chill until ready to serve.



Copyright Pittwater Online News 2012. All Rights Reserved.





History

The word "tapas" is derived from the Spanish verb tapar, "to cover". According to legend, the tapas tradition began when king Alfonso X of Castile recovered from an illness by drinking wine with small dishes between meals. After regaining his health, the king ordered that taverns would not be allowed to serve wine to customers unless it was accompanied by a small snack or "tapa".

According to The Joy of Cooking, the original tapas were the slices of bread or meat which sherry drinkers in Andalusian taverns used to cover their glasses between sips. This was a practical measure meant to prevent fruit flies from hovering over the sweet sherry. The meat used to cover the sherry was normally ham or chorizo, which are both very salty and activate thirst. Because of this, bartenders and restaurant owners began creating a variety of snacks to serve with sherry, thus increasing their alcohol sales.[1] The tapas eventually became as important as the sherry.

Tapas have evolved through Spanish history by incorporating ingredients and influences from many different cultures and countries. Most of the Iberian Peninsula was invaded by the Romans, who introduced the olive] and irrigation methods. The invasion of the North African Moors in the 8th century brought almonds, citrus fruits and fragrant spices. The influence of their 700-year presence remains today, especially in Andalusia. The discovery of the New World brought the introduction of tomatoes, sweet and chili peppers, maize (corn), beans and potatoes. These were readily accepted and easily grown in Spain's microclimates. Tapas. (2011, December 28). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Tapas&oldid=468099162





Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Remusement:

Mother Love (thanks WAG & RG)





Rhythm and Blues Revue (1955) Joseph Kohn, Leonard Reed

Musical variety show filmed at the Apollo Theatre in Harlem, New York City featuring a cast of popular African-American performers: Willie Bryant, Freddie Robinson, Lionel Hampton, Count Basie, Faye Adams, Bill Bailey, Herb Jeffries, Amos Milburn, Sarah Vaughan, Nipsey Russell, Big Joe Turner, Martha Davis, Little Buck, Nat 'King' Cole, Mantan Moreland, Cab Calloway and Ruth Brown.



Internet News:

What Industries Will be Starving for Talent in 2012?

inc.com - These will be the five hardest slots for you (and any start-up) to fill in the new year. The year flew by mostly because it was a very, very busy one. Although the economy continues to face many challenges, the startup and tech ...

How It Works in the Social Media Age?

mashable.com - Branding and social media - they seem to go together so well, yet they're both widely misunderstood. This infographic sheds some light on this oftenmisunderstood topic.

How Companies Lose Their Best Employees

forbes.com - Big companies are notoriously bad at keeping their best people. Here's why Dilbert lives in most big companies.

3 Ways to Use YouTube to Drive Traffic to Your Website

Links for cloud enthusiasts

Cloud Appreciation Society: http://cloudappreciationsociety.org/ Contact: Gavin Pretor-Pinney, e-mail gavin@cloudappreciationsociety.org



CSIRO PUBLISHING now offer most of our new releases as eBooks, as well as a large number of important backlist titles. If you are new to eBooks, or would like more information about CSIRO PUBLISHING's eBook products

MARIN FRESHWATER

Marine and Freshwater Research

Volume 62(12) 2011 December 2011

Includes; A new type of water pollution: concrete drainage infrastructure and geochemical contamination of urban waters, The effect of fieldcollected biofilms on the toxicity of copper to a marine microalga (Tetraselmis sp.) in laboratory

bioassays, A multi-faceted approach for quantifying the estuarinenearshore transition in the life cycle of the bull shark, Carcharhinus leucas and MORE

Copyright Pittwater Online News 2012. All Rights Reserved.





Live, Life, Love, Jimmy Stewart Week:

Made for Each Other (1939) Directed by John Cromwell

Jimmy Stewart plays John Horace 'Johnny' Mason, a young lawyer who marries Jane Mason (Carole Lombard) after only know her one day. David O'Selznick Productions.

f Like(: +1



Pot o' Gold (1941) Directed by George Marshall

Jimmy, the owner of a failed music shop, goes to work with his uncle, the owner of a food factory. Before he gets there, he befriends an Irish family who happens to be his uncle's worst enemy because of their love for music and in-house band who constantly practices. Soon, Jimmy finds himself trying to help the band by getting them gigs and trying to reconcile the family with his uncle, an avid music-hater, all while winning the heart of the beautiful Molly! Stars James Stewart, Paulette Godard, Charles Winninger.



Photo competition

The photographic competition for the 2013 Australian Weather Calendar began on 1 July 2011 and will close on 31 March 2012. Please visit the contest page before entering.

The Bureau of Meteorology and the Australian Meteorological and Oceanographic Society invites entries for the Australian Weather Calendar photographic competition. The contest for the 2013 calendar opened on 1 July 2011 and will close on 31 March 2012.

Entries must be of a meteorological theme, such as clouds, lightning, rainbows, thunderstorms or tornadoes. If the picture is from a digital camera, it must be a minimum size of 1700 x 1150 pixels. A 2-megapixel camera is the minimum requirement.

Entries must then be:

provided as photographic prints (minimum size 15 x 10 centimetres), accompanied by a completed entry form, including details of all digital alterations, accompanied by no more than 10 other entries per person, and posted to the Bureau of Meteorology at the address below.

If a picture is shortlisted, the entrant must provide the image in its original format, whether that be negative, (35mm) transparency, or digital. Negatives and transparencies will be returned by registered post.

Winning photographers are awarded three complimentary calendars. No prizemoney is offered. All rights associated with the images are retained by the photographer.

Contact:

Mia Schoen, National Meteorological Library (Fridays only) tel: (03) 9669 4668, e-mail: librarypic@bom.gov.au

from; http://www.bom.gov.au/calendar/contest/index.shtml

LAWYER'S ADVICE (NSW) - Protect Yourself from Fraud

A corporate LAWYER sent the following out to the employees in his company: 1. Next time you order cheques, have only your initials (instead of your first name) and surname put on them. If someone takes your cheque book, they will not know if you sign your cheques with just your initials or your first name, but your bank will know how you sign your cheques.

Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED". 3. When you are writing cheques to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your cheque as it passes through all the cheque processing channels won't have access to it.

4. Place your work phone number on your cheques instead of your home phone. If you have a PO Box, use that instead of your home address. If you do not have a PO Box, use your work address. Never have your Centrelink Number printed on your cheques. You can add it if it is necessary, but if you have it printed, anyone can get it. 5. Run the contents of your wallet through a photocopy machine. Do both sides of each licence, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place (not your wallet). I also carry a photocopy of my passport when travelling either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards.

Critical information to limit the damage in case this happens to you or someone you know:

1. We have been told we should cancel our credit cards immediately, but the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them.

File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is one).

3. But here's what is perhaps most important of all: (I never even thought to do this.) Call the three national credit reporting organizations immediately to place a fraud alert on your Tax File Number your passport number and drivers licence number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorise new credit. Now, here are some numbers which you might need to contact if your wallet etc has been stolen:

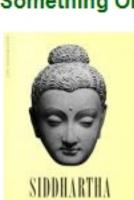
- Visa Card Australia 1800 621 199
- Visa Card International 1800 450 346 Lost Travellers' Cheques - 1800 127 477
- MasterCard Australia (02) 9466 3700
- MasterCard International 1800 120 113
- Bankcard Australia (02) 9281 6633 Medicare - 132 011
- 8. Centrelink Fraud 137 230
- Seniors Card 1300 364 758 10. Passport - 131 232
- 11. ANZ FREECALL 1800 033 844
- 12. Bank West 131 718 13. Citibank - 132 484
- Tamworth Coles/Myer Source -2340 1300 306 397
- 15. Commonwealth 132 221
- 16. CUSCAL- MyCard 1300 135 538 17. GE Capital - 1300 369 904
- 18. Members Equity 1300 654 998 19. National - 132 265 20. St George - 1800 028 208
- 21. SydneyVirgin 2000 1800 080 000 22. Westpac - 1800 230 144 23. Woolworths Ezy Banking - 137 288

Old Books: January 2012; Summer

By River and by Sea: An Australian Story (1888) Author: Tansor Southcote, Publisher: W.K. Thomas & Co., Printers

The seashore book: Bob and Betty's summer with Captain Hawes (c1912) Author: Smith, E. Boyd (Elmer Boyd), 1860-1943 Publisher: Boston: Houghton Mifflin

Something Old:



Siddhartha An Indian Tale written by Herman Hesse. 1922.

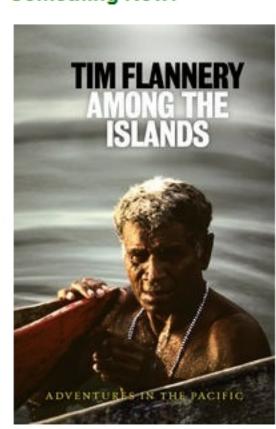
FREE DOWNLOAD E-Book

Genres: Philosophy, Fiction and Literature, Religion, Audiobook An allegorical novel that follows the spiritual journey of an Indian

HERMAN HESSE man called Siddhartha during the time of Buddha (6th century B.C.). Beginning with the main character's departure from his Brahmin home the search for enlightenment takes Siddhartha through a series of changes and realizations. The word Siddhartha derives from two words in the Sanskrit language, siddha (achieved) + artha (meaning or wealth). The two words

together mean "he who has found meaning (of existence)" or "he who has attained

his goals". Something New:



Among the Islands: Adventures in the Pacific by Tim Flannery

Twenty-five years ago, a young curator of mammals from the Australian Museum in Sydney set out to research the fauna of the Pacific Islands.

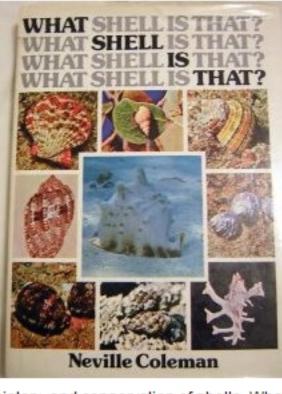
Starting with a survey of one of the most inaccessible islands in Melanesia—Woodlark, in the Trobriands Group—that young scientist found himself ghost-whispering, snake wrestling, Quadoi hunting and plunged waistdeep into a sludge of maggot-infested faeces in search of a small bat that turned out not to be earth-shatteringly interesting.

With accounts of discovering, naming and sometimes eating new mammal species; being thwarted or aided by local customs; and

historic scientific expeditions, Tim Flannery takes us on an enthralling journey through some of the most diverse and spectacular environments on earth.

Something Borrowed:

What Shell Is That?



by Neville Colman

The following text is from dust jacket of the book:, June 11, 2005 By Michael P. Gage

This magnificently illustrated and authoritatively written book brings a new dimension to the vast world of shells. From the first glimpse the reader becomes fully aware of shells as living animals, molluscs with fascinating histories and habits. With 750 species presented, this book will have wide appeal for the general public and for the dedicated shell collector. Close-up studies of the shells and animals take the reader into an exquisite, living world comprehensively brought to life for the first time. What Shell is That? contains vital and unique information on the ecology, natural

history, and conservation of shells. What Shell is That? reflects the dedication and enthusiasm of the author for his subject, and will no doubt swell the ranks of shell devotees. It will have a wide range of usage, whether for pleasure or for study.

Neville Coleman was born in Hunters Hill, Sydney in 1938, a fifth generation Australian. His interests in marine animals took a serious turn in 1963 when he began diving to further his knowledge. Since then he has become Australia's foremost underwater naturalist and has completed a 40,000 mile expedition around the Australian coast recording the marine life. Although interested in all marine organisms, molluscs have taken up the greater part of his studies. He belongs to a number of organisations concerned with the study of molluscs, their natural history and their ecology including the Malacological Society of Australia and the Australian Littoral Society. Many of his observations, articles and photographs have been published in overseas books and marine orientated magazines.

The majority of species shown in this book have been personally found by the author and the larger part of his collection has been donated to various State museums. He has located a number of new shell records for Australia and discovered many species new to science, two of which bear his name.

He has acted as honorary photographer on several subtidal scientific expeditions and is a marine associate of the Australian Museum.

> Avalon Library Hours Monday to Friday 10am to 5pm Saturday 10am to 1pm Sunday 2pm to 5pm 59a Old Barrenjoey Road

Phone: 9918 3013 Fax: 9918 7046 Email avalonlibrary@ozemail.com.au Web Address www.avalonlibrary.org.au

Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am Wednesdays 10.00am - 11.00am Thursdays 10.00am - 11.00am

Pittwater Online News does not charge to list New Works by residents. You will need to send your material ready to publish. To Contact us regarding your forthcoming Book or Literary Event click: here



All Rights Reserved.



The Blues:



Racing to Coffs - Memoirs of a Coffs Race Addict written by Past Commodore of RPAYC, Angus Gordon.

In his foreword to the book RPAYC Commodore Russell Murphy says: "Angus Gordon's "Memoirs of a Coffs Race Addict" follows lengthy research into the Pittwater to Coffs Harbour Yacht Race from an author whose personal passion is sailing and whose professional life has been devoted to studying the climate and the sea. The 148 page soft cover book "Racing"

to Coffs – Memoirs of a Coffs Race Addict" is a celebration of the 30th year of the Pittwater to Coffs Race. It contains a detailed history of the race starting from its birth out of the South Solitary Island Race. Highlights of each year are presented along with the placegetters in all major divisions and a rundown on the weather experienced in each race. A few little "out of school" stories creep into the text to expose the otherwise

yachts that tracked too close to the surfizone of Newcastle Bight and the cutting off of the mast of one yacht, at a height determined by the clearance under Swansea Bridge, just so they could get a drink at the Lake Macquarie Yacht Club......having pulled out of the race after a challenging first afternoon. A comprehensive section on preparing both vessels and crew has been included. This covers a wide range of topics from compliance with the regulations to sail selection, provisioning, and clothing and crew experience and training. There is a seven page detailed checklist of maters to be attended to in preparing your yacht.

The checklist contains suggestions as to who should carry out each of the actions

forgotten exploits of some competitors such as the surprise of one crew as they involuntarily surfed across the Edith Breaker bombora, the beaching of a couple of

and is setout for easy use. There is a chapter on the weather that can be experienced in the race. This covers: system winds; sea breezes; land breezes; catabatic winds; thunderstorms; microbursts and local modification of winds due to the shape of landforms. The weather systems are described and their likelihood of being experienced on various legs of the course is discussed along with ways to predict wind changes ahead of their arrival, with particular reference to unusual phenomenon specific to some legs. The chapter also covers both wind waves (sea) and swells, how they are generated

One of the trickiest tactical issues in racing to Coffs is how you understand and play the currents. To better equip you for this challenge the book provides information on the East Australian Current, wind induced currents, wave induced currents, the tidal currents near the river mouths, inshore currents along the beaches outside the surf zones and how the various currents interact in different locations along the coast.

and the way to interpret potential weather changes by "reading" the wave forms.

Route planning is discussed and tables of waypoints and the bearings and distances between waypoints are included along with suggestions and cautions as to the choice of route depending on weather conditions.

There is an extensive and detailed section on tactics. This breaks the course down into six legs: the start and Broken Bay; Third Point to Sugarloaf/Seal Rocks; Sugarloaf to Crowdy Head; Crowdy Head to Tacking Point; Tacking Point to Smoky Cape and Smoky Cape to Coffs Harbour. Each leg is discussed in terms of the suggested tactics for differing weather conditions and different size/speed yachts. Dangers to watch out for along the way are highlighted along with ways to get the best out of the weather, currents and characteristics of the various coastal embayments. Ports of refuge and marine rescue facilities are also mentioned in case a yacht needs to seek shelter or help.

A chapter has been included on returning to Sydney with suggestions as to the fastest course to take and potential waypoints. The appendices present a summary of the race results for each year of the race and some background on the history of the construction and shoaling of Coffs Harbour. A list of thirteen accredited Volunteer Marine Rescue stations is included along with the channels each monitors, their phone numbers and email addresses and whether they are 24 hour stations or not.

The book is available from RPAYC please order your copy online here. The author (Commodore RPAYC 2005-2008), who volunteered his time, has dedicated all profits from its sale to development of young sailors. The 148 page book comes with a 330gsm gloss soft cover for easy storage and access on your boat.

Exploring tidal waters on Australia's temperate coast



Phil Colman and Peter Mitchell

Looking for a great reference present? For a 14 year old - 20 year old - 60 year old?

Exploring between tidal waters on Australia's temperate coast. The senior author, Phil Colman, has been taking groups of people over the rock platforms of the northern beaches for about 40 years. As a marine biologist, formerly of the Australian Museum, he is well equipped to explain the very rich and biodiverse life of the intertidal zone

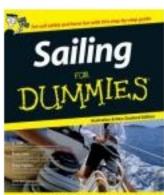
This book is designed to answer, in simple language, the many questions he has been asked over the years - What is it? He describes the book as scientifically accurate but not scientifically boring. Co-author Peter Mitchell, a retired professor,

photos, nearly all of which were taken locally. The title indicates that the facts in the book apply equally to the whole of the non-

added not only substantially to the written word but supplied all the many excellent

tropical coast, so readers in say Tasmania would feel equally at home.

Available at Berkelouw Books Mona Vale, or Dee Why; or The Coastal Environment Centre in Narrabeen, (all \$22), or qroundtruthmitchell@qmail.com (25 incl. postage).



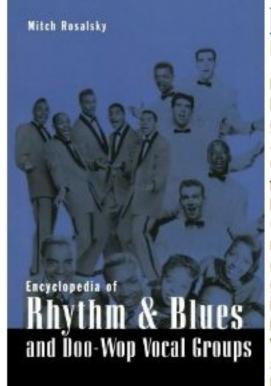
Sailing For Dummies

Australian and New Zealand Edition Authors: J. J. Isler, Peter Isler, Tony Hollins Published: 25th July 2007 by John Wiley & Sons Pty. Ltd., Australia

Want to sail into the sunset but don't know port from starboard? Don't worry! Sailing For Dummies, Australian and New Zealand Edition, covers the latest on boats, gear and racing. This hands-on guide helps you chart a course to

sailing success, from getting familiar with nautical terms and seamanship basics to setting sail, navigating, docking and anchoring--even riding out a storm.

Author Biography: JJ Isler won Olymic sailing medals in Sydney and Barcelona. Peter Isler won the America's Cup twice as navigator aboard Dennis Conner's Stars & Stripes. Tony Hollins has been sailing all his life and is a developer of navigation training software.



Encyclopedia of Rhythm and Blues and Doo-Wop Vocal Groups by Mitch Rosalsky

Publication Date: December 10, 2002 In this unique guide to rhythm and blues vocal groups, Mitch Rosalsky has collected an abundance of information on individual groups. One of the first books to approach this subject from the groups' personnel standpoint, the Encyclopedia of R&B and Doo Wop Vocal Groups presents trivia about individual members as well as discographies for the groups, and many rare photographs. Over 1,000 groups are listed alphabetically with crossreferencing that allows readers to see when individuals have performed with multiple groups. With its easy-to-use alphabetical format, accurate and hard-to-find information, the Encyclopedia is an essential reference for deejays, collectors, and music historians. Assisted in his research by some of the very same authors of those famous

biographies in those now famous but never forgotten magazines, this book is testimony of the need to give immortality to the individuals whose beautiful voices have thrilled us for years. Every effort has been made to present the most up-to-date and accurate information available.



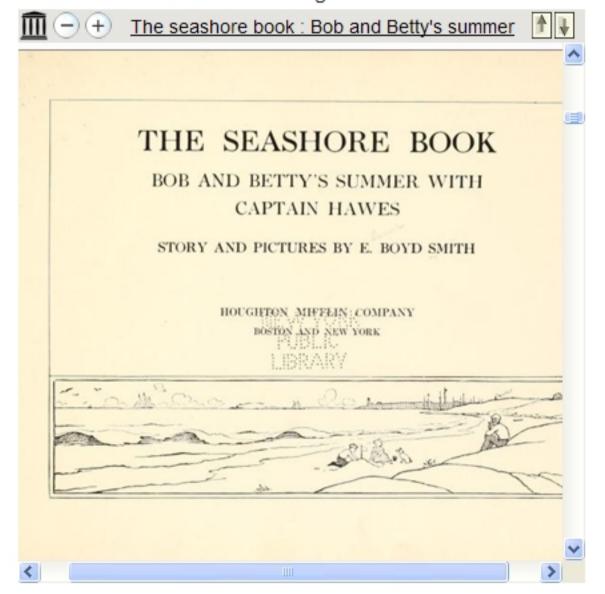


Old Books: we will change these monthly.

For more works now archived and available to all, please visit: http://www.archive.org/

Below: The seashore book: Bob and Betty's summer with Captain Hawes (c1912) Author: Smith, E. Boyd (Elmer Boyd),

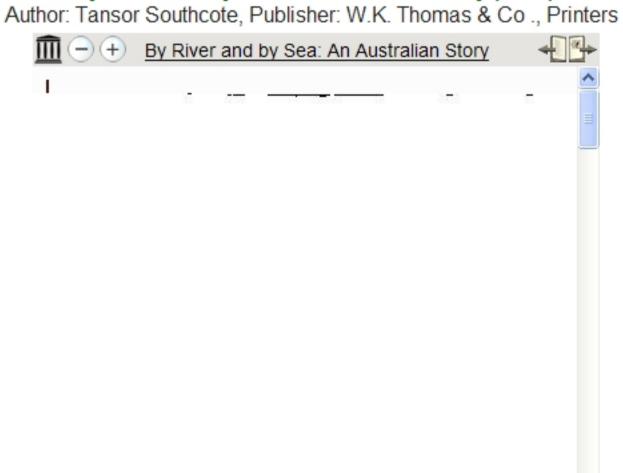
1860-1943 Publisher: Boston: Houghton Mifflin





Sacred Texts Website: http://www.sacred-texts.com/index.htm

Below: By River and by Sea: An Australian Story (1888)



Star Power?

to be replaced by one of the group. Will they be able to pull it off and save the

The wonderful cast features Wendy Starkie as the bitter Pam, the first wife who

hold on to the theatre. Audrey Harpur brings humour and fun to the role of the

Dates: 13, 14, 19, 20, 21 January at 8pm and 14, 15, 21 January at 3pm

Venue: Elanora Community Centre, 49A Kalang Road, Elanora Heights

deceased's mother and Maureen Carr plays the sex mad punk Sharon. Sandra

Muscat rounds out the cast as Theresa who despite tensions with her mother is

who bring you workshops for differing age groups in

Vocal & Performance Coaching!

Together Erana & Sam bring years of their professional experience

in performing & coaching to you from around the world.

It doesn't get any better than this!!

breathing, pitch, tone, projection, harmony & listening skills

A group song with soloists selected from the workshops will be recorded,

produced & mixed for you at the end of the course.

LIMITED PLACES AVAILABLE

Meshach Musik Studio, Dee Why, NSW (Northern Beaches)

Beach

For more information or to book a place call 0401 343569

1.5km swim around from the north to the south of Avalon

Cost: Entry costs \$35 and starts from North Avalon Beach

4 day workshop 2011

5 day workshop 2012

5 day workshop 2012

Newport Ocean Swim

2nd Jan 2012, 10am - 12pm

2km swim from 10am at Newport

Cost: Entry costs \$25 and starts from 10am.For full details: visit www.newportsurfclub.com.au

They will impart their wisdom & skills to help bring out the very best

in you on this journey of discovery!

would rather walk away from it all and Wendy Knight the second wife who wants to

theatre or will the audience lynch them instead?

the driving force behind the plan to save the theatre.

Tickets: \$22, \$20 concession, \$17 groups (10+)

ERANA CLARK

record producer & vocal coach to the 'stars')

The workshops will cover: -

performance skills

Ages 9 - 12 & 13 - 16

Ages 9-12&13-16

Ages 13 - 16 & 17 - 20

www.meshachmusik.com

Avalon Beach Big Swim

15th Jan 2012, 10:30am - 12pm

www.avalonbeachsisc.com.au

Don Jenkin Memorial Swim

at 10.30am.For more details: visit

Beach

Mona Vale

Jan 22 2012

(All food will be provided)

vocal & physical warm-ups

building self-esteem & confidence!

www.elanoraplayers.com

Bookings: 9982 7364, elanora.bookings@biqpond.com or

Elanora Players presents

Curtain Up! a hilarious play

by Peter Quilter, directed by

Kerrie King.

Curtain Up is the very funny story of a man who

posthumously leaves his dilapidated theatre to

the five women in his life. Despite the tensions

between the women they hatch a plan to bring

schemes but their most ambitious is to hold a

plans go awry when the 'star' pulls out and has

concert featuring a world-famous star. Their

SAM SHAW

recording artist & vocal coach UK)

Cost: \$400

Cost: \$500

it back to life. They try various fund-raising

January 1 - 7, 2012: Issue 39

Hoshin in the School Holidays! BULLYPROOFING #101 Back to school skills!

Hoshin is a street realistic style of jujutsu that has been running in Australia for many years. It is headed in the Australia-Pacific region by Sensei Rose Smith, 5th Dan and her very capable team. of instructors. Sensei Smith has been teaching for 20 years and has inspired thousands of children to build their confidence, personal responsibility and good citizenship skills. Hoshin isn't your "average" kind of martial art. We "treat each other with extra kindness", and respect and friendship are high on our list of priorities. Much emphasis is placed on the moral side of martial arts. Without a reason behind what we are studying, martial arts is just mindless violence. We run some of the best children's martial arts programs in the country, with attention to manners, good sportsmanship, responsibility, self esteem and trustworthiness.

Hoshin runs some of Australia's best programs around the areas of Anti-Bullying and Child Protective Behaviour, and of course Jujutsu. We also run free kids programs twice a year during the spring and summer school holidays. Our classes are fun, with a high standard of discipline and respect. We do not gain respect with fear, we laugh, play games and have fun, and learn about the important skills listed above through role playing, telling stories and of course, martial arts skills.

All of our adult instructors are police checked and hold senior first aid certificates. Further, all instructors regardless of rank have undergone over 100 volunteer hours of instruction per year under the direct instruction of Sensei Rose and you can be assured of their excellent teaching and leadership skills. If you would like to know more about what we do, the website is www.hoshin.com.au and there is an absolute plethora of

information available. BULLYPROOFING #101 - Back to school skills! Start the school year with self reliance and respect for self and others! We will learn valuable skills through playing games, theatre sports, drama, general discussions,

learning about child protective behaviours and more. Learn the most up to date anti-

bullying techniques and have confidence to deal with all the usual school term and

Do you and your child know about: * cyber bullying

social pressures.

* exclusion & peer pressure * physical bullying

* teasing & name calling

* social survival skills

* resilience & coping skills THEY CAN LEARN!! Its free and its fun! Enroll now! BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jutsu Australia Calling all little warriors!! Learn some great new moves these school holidays. We will play games, learn some basic self defence

and learn how to use our words to deal with bullies.

Date Saturday 21 January Time 10am – 1pm Age Strictly 6 to 12yrs Cost Free tuition (\$20 insurance fee) Bookings 0413376356 or avalon@hoshin.com.au

2 DAY CAMPING

BIG APACHEE SOUTHERN CROSS TEN & REVERB MAGAZINE PRESENT:

BLUEJUICE | HOOK N SLING | THE HOLIDAYS TIMMY TRUMPET | CANYONS | THE SEABELLIES | THE SNOWDROPPERS MOJO JUJU & THE SNAKE OIL MERCHANTS | KATO | MOJADA | THE PROTECTORS FOREIGN OBJECTS | STICKY FINGERS | SYDNEY GIRLS CHOIR | KIRA PURU & THE BRUISE | BLADES MIXTAPE MEMOIRS | HAWK BROOKLYN | MALVINA PARADE | OF THE SEA | BROADWAY MILE | BIRDSANDBELLES BERKLEY HILL | SARAH OTTO | EMERSON | THE MAD ONES | POST PAINT | 1929INDIAN | CHIN CHEN R.A.D. PROJECT | STRANGERS WITH CANDY | HOLOGRAPHIC COCOON | PHAT CONTROLLER | DUNDER FUNK AND MANY MANY MORE TO BE ANNOUNCED! 2 DAYS & 2 NIGHTS FOR \$75 ... AVAIL! FROM BIGTIX.COM.AU & OZTIX TAKE THE MORISSET EXIT OFF SYDNEY - NEWCASTLE FREEWAY OR CATCH A TRAIN TO MORISSET STATION FOR MORE INFORMATION GO TO THE FACEBOOK PAGE OR WWW.BIGAPACHEE.COM.AU



PITTWATER COUNCIL

Children from 5 to 12 years of age are invited to free holiday craft sessions at Mona Vale library this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia

CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY Day. Library Manager Cathy Howie said there would be a wide range of activities to suit both

paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added Mrs Howie. To complement the craft sessions the library has a range of craft books available for loan

that will keep little hands busy at home over the holidays too. A detailed list of the

children's craft activities on offer will be available from Mona Vale Library early in

January. All craft sessions are free and bookings are not required.

program to ensure children with working parents do not miss out.

boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make

For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its

sensational summer holiday program for kids, with new extended hours from 9am to 4pm. Kids on the Coast offers healthy and fun outdoor activities for 5 to 12 year olds from

Monday 9 January to Friday 20 January. The Council decided to extend the hours of the

Environment & Education Manager Mark Beharrell. For children aged eight years and over there is a chance to grab your camera and join a photographic adventure, plus the ever-popular 'Fishing Clinic' run in partnership with the NSW Department of Primary Industries. Mr Beharrell said the program encouraged children to explore beaches, rock platforms, headlands, bushland, wetlands and the Narrabeen Lagoon foreshore.

"There are many new highlights including stand-up paddle boarding, a boardwalk

birding adventure and how to become an eco-ranger," said the Council's Natural

Beharrell. Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per child per session, with full-day sessions available from 10am to 3pm at \$55 per child (for standard activities), which includes supervision between sessions (BYO lunch).

"Kids on the Coast is the ideal school holiday experience. The program gives children

the chance to learn about our natural environment in a fun and interactive way," said Mr

a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The Fishing Clinic offers giveaways including a rod, reel, tackle box, hat and bag for the cost of \$40. The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at www.pittwater.nsw.gov.au/ceckids or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on 9970

1313 or email bianca springford@pittwater.nsw.gov.au

The performance is pure charm for

Working parents who require extended care for their children can also take advantage of

no matter what age you are!" adults and children alike"THE AGE THE HERALD Glenn Elston presents Kenneth Grahame's

Directed by Marian Bragge where: The Royal Botanic Garden, Sydney Enter through any gate and make your way to the Harbour side of the Main Pond wben: Tuesday - Saturday, 11am & 6pm





competitions are in school year divisions. Competitions are played after school between 4.30-7pm most afternoons, Mondays year 3 & 4, Tuesdays year 5 & Wednesdays year 6. Beginner (Potter League) competitions on Tuesdays (year 1-6) & Saturday afternoons (girls primary) & boys year 4,5 & 6. REPRESENTATIVE TRYOUTS This is a great way to get trained up by one of our qualified coaches to play against other associations from all over Sydney & NSW. Tryouts start in November on Sunday20th & 27th at NBISC.

Biddy Ball for ages 7 and under & Lightning League for ages 8 & over. Biddy Ball is 2.30 -3.30pm; Lightning League is 3.30-4.30pm. There is also an All Girls group for ages 8

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924 One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research. Membership at: here

Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW 2101. Fax: 99133644 Email: mwba@manlybasketball.com.au. Enquiries-99133622 ◆REFRESH YOUR SKILLS ◆IMPROVE YOUR GAME◆HAVE SOME FUN◆ Holiday Camp 2012.pdf

Size: 108.091 Kb

Type: pdf

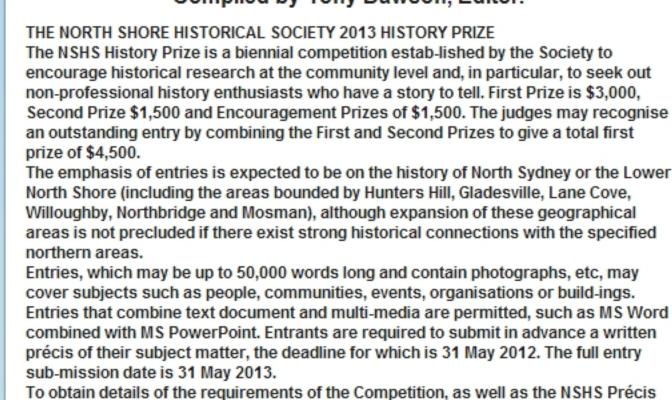
Application Form Below:

Saturday term 4.pdf

Size: 112.863 Kb

Type:pdf

RECORDERS Be part of the art in this interactive exhibition of light, image, sound and shadow-play by the More Information RAFAEL LOZANO-HEMMER



BRASSO

2059.

Compiled by Tony Dawson, Editor. The NSHS History Prize is a biennial competition estab-lished by the Society to encourage historical research at the community level and, in particular, to seek out non-professional history enthusiasts who have a story to tell. First Prize is \$3,000, Second Prize \$1,500 and Encouragement Prizes of \$1,500. The judges may recognise

and Entry forms, please contact the NSHS Secretary at: northshorehistoricalsociety@yahoo.com.au or NSHS History Prize, PO Box 399, North Sydney, NSW Manly, Warringah and PittwaterHistorical Society Inc. Established 1924

> Secretary (Membership): Tony Dawson 9953 8374 dragdawson@hotmail.com Circus Oz

> > Tickets from \$27

Tumbalong Park, Darling Harbour

www.circusoz.com/2012

Patron: The Honourable Dr James Macken LLD

President: Jim Boyce

0402 096 080



Venues. IT'S FUN, IT'S WILD, IT'S UNFORGETTABLE! 100kms | 36hrs Team Challenge 50km teams of 3+ 50km relay teams of 6+ 100km teams of 4+ Come on an awesome adventure through the spectacular World Heritage sites of the Blue Mountains. Walk the Jamison Valley, the Three Sisters, Mt Solitary... Your Team... wildendurance.org.au You can do it! You'll love it and you'll never forget it!

> WildEndurance Saltwater Freshwater

Saltwater Freshwater - Call for Stall Holders It's not often you get a chance to combine a powerful discussion about skills, training and careers for Indigenous Australians with music, art and culture - and all on Australia Day in Taree!

stallholders@saltwaterfreshwater.com.au.

"You'll love this production



The Manly Warringah Basketball Association is holding basketball squad training & fun on Saturday afternoons, conducted at the Northern Beaches Indoor Sport Centre. The programme is on each Saturday during school term. There are three age groups

and over 2.30-3.30pm. Suits beginners and players wanting to improve. COMPETITION DETAILS We run competitions for your age groups all year long. The BRAD DALTON (DUAL OLYMPIAN) MWBA DEVELOPMENT

SATURDAY AFTERNOON

MANLY WARRINGAH BASKETBALL CAMP Mon 23rd, Tues 24th & Wed 25th January 2012

Session One 5-11 years 10.30am to 12.30pm Session Two 12-18 years 1:00pm to 3:00pm Venue: NBISC, Jackson Rd Warriewood Special Guest Coaches, Professional coaching, Competitions with great prizes Cost: \$60 This is a 3 day camp ONLY. Payments must be made prior to camp starting date:

> world's best known electronic artist. FREE; ¥ Tweet Like : +1

Peninsula Historian

Newsletter of the Manly, Warringah &

Pittwater Historical Society Inc.

Museum of Contemporary Art December 16th 2011 - February 12th 2012 Rafael Lozano-Hemmer

<u>jimboyce3/@gmail.com</u> 4-29 January 2012

2 STEAM POWERED



Blue Mountains 5-6 May 2012

Entry - \$30 online, \$40 on race day. Registration at Warriewood Beach (8.30am-9.45am) NB: For online entries, we accept Mastercard and Visa.

later in 2011.

Attempts to enter using any other card will not succeed. Online entries close at 2pm, Saturday, January 21, 2012. http://www.oceanswims.com/images/downloads/monavaleef11.pdf Palm Beach to Whale Beach BIG SWIM Sunday January 29th, 2012 2.5 km

Warriewood-Mona Vale Ocean Swim, 1.6km (10am)

Enter online or on the beach on race day, but race day

entries will attract a \$10 premium. Online entries will open

10 am at Palm Beach. 2012 will be the 38th year since the first group of intrepid swimmers took on the challenge of an open ocean, journey swim for Palm Beach to Whale Beach. THE BIG SWIM is now considered to be the essential swim to go in for committed ocean swim tragics. It attracts swimmers from across Australia and across the World. Online Entry: http://www.thebigswim.org.au/

Pulse - 101x70cm mixed media on canyar



PULSE

surprising and contemporary Aboriginal paintings. Discover a dynamic 'hands-on' multi-media table, films, objects, photos plus much more! Yiwarrra Kuju (one road) brings together works of senior and

world's longest stock route - the Canning Stock Route.

simultaneously.

What is the stock route road?

Child (5 to 15 yrs) \$7

 Family (2a +2 c) \$37 Family (1 a + 2 c) \$22

Free –under 5 years

Extra child \$4

cardholders - \$1

Closes: 29 April 2012

Location: Level G, Special Exhibition Space

emerging artists, stories and new media to understand the Aboriginal perspective of the

Lose yourself in a sea of colourful.

and photographs. This ground breaking exhibition is the combination of the vision, energy and talent of more than 110 Aboriginal artists and contributors from nine remote area community art centres and enterprises Birriliburu Artists Martumili Artists Kayili Artists Papunya Tula Artists Mangkaja Arts Paruku Indigenous Protected Area Warlayirti Artists Yulparija Artists Ngurra Artists One of the many highlights of this exhibition is a large multimedia touch table that allows visitors to explore the connections between works of art, the people and the country. It is the first of its kind on this scale, with over 40 people able to access it

Themes of country, jukurrpu (Dreaming), history and family are explored through a

vibrant and rich collection of over 97 contemporary paintings, cultural objects, films

Aboriginal people in the region. This exhibition reveals the untold stories of the Aboriginal people living near the Canning Stock Route. This groundbreaking exhibition is suitable for all ages and is an event not to be missed! Hurry, in Sydney for a limited time only. Go on an interactive tour with an Aboriginal guide. Admission prices (includes general admission) Adult \$15 Concession \$10

The stock route first surveyed by Alfred Canning as a means to drive cattle from the

station of the Kimberley to the markets in the south, runs nearly half the length of

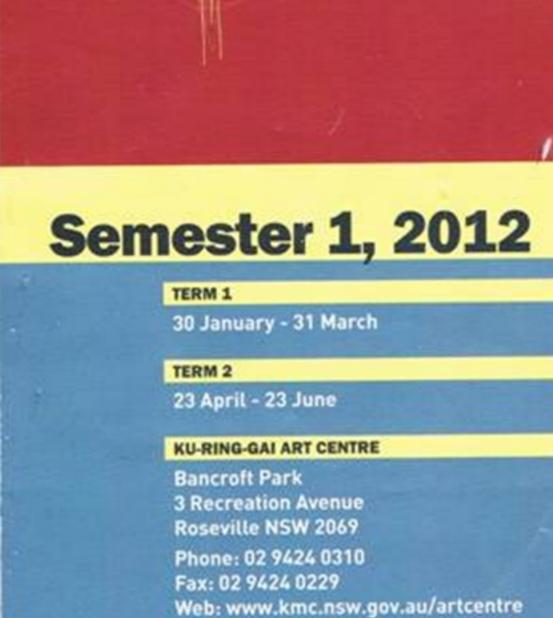
Western Australia and intersects the Countries of many Aboriginal language

groups. The construction and use of this route transformed the lives of the

More at; http://australianmuseum.net.au/

Australian Gov DVA Gold Cardholders and Blue Pensioner Concession

arteeni



HAWKESBURY INTERNATIONAL SAND SCULPTING

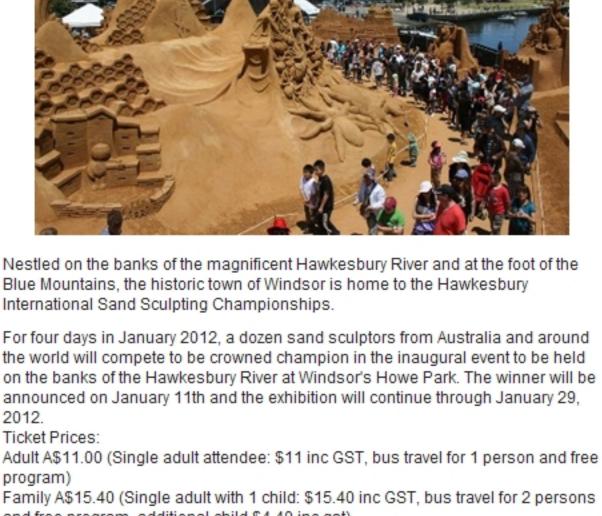
CHAMPIONSHIPS

Wednesday 11 January to Sunday 29 January 2012

Email: artcentre@kmc.nsw.gov.au

Twitter: www.twitter.com/KACartcentre

Ku-ring-gai Council's commitment to the visual arts



Family A\$22.00 (Family pass (2 adults, 2 children): \$22 inc GST, bus travel around

PICASSO

Art Gallery of New South Wales

November 12th 2011 - March 25th 2012

Child A\$4.40 (Children without corresponding adult (15 years and under): \$4.40 inc GST and bus travel for 1 child, no program)For further information, contact us

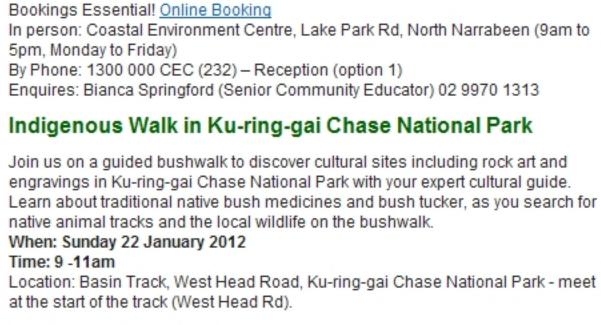
the site for 4 persons and free program, additional child \$4.40 inc gst.)

Masterpieces from the Musée National Picasso, Paris Probus Club of Pittwater members. Add extra enjoyment to your Summerama beaches to the green headlands, the harbour's edge to the delicious blue

By Phone: 1300 000 CEC (232) - Reception (option 1) Dr Rob Branders' Science of the Surf

Online Booking In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen (9am to 5pm, Monday to Friday) By Phone: 1300 000 CEC (232) -Reception (option 1) Enquires: Bianca Springford (Senior Community Educator) 02 9970 1313 lizotte's 4/5 Pittwater Road, Dee Why

Australian life. Adult \$10 | Child/Concession \$5 | Family \$20 | Members free Christmas Day



December: 10th: Mental As Anything, 14th: Sons Of Summer, 16th: The Beatnix, 17th: Bondi Cigars, 23rd; The Black Sorrows. 28th: Brian Cadd & Russell Morris January: 5th; Mark Seymour, 8th: Glenn Shorrock, 13th: 1927, 20th & 21st: Ian Moss, 27th: Barry Leef

everyday waxheads with attitude and sun-tanned bodies shook up the conservative city and created a new culture of freedom and hedonism. Surfboards evolved from toothpicks to malibus and, eventually, to the revolutionary shortboards. Along the way, surfing merged seamlessly into mainstream

On the Beach: Gems from the Manly Art Gallery & Museum swimwear collection Exhibition dates: 2 September 2011 -

Edwardian era, to the skimpy 'itsy-bitsy' bikinis of the 60s. Manly's collection documents the evolving fashions and styles of swimwear and our changing relationship with the beach. Curated by Sarah Johnson. artistsTrailBrochure.pdf Size: 2198.373 Kb

Reserved.

and free program, additional child \$4.40 inc gst) Family A\$19.80 (Single adult with 2 children: \$19.80 inc GST, bus travel for 3

Book at: ticketek.com.au/picasso

persons and free program)

on admin@sandstormevents.com.au

PICASSO Pittwater Mens Probus Club is open to new retirement. Come and join us at our monthly meetings and hear excellent guest speakers. Pittwater Probus Club is a men's club. Join and enjoy the experience of new friends, interesting guest speakers and mixed lunches and social functions in the wonderful atmosphere of Mona Vale Golf Club. More Information Here Meetings every second Tuesday in each month Start 10am at Mona Vale Golf Club Get amongst it on Sydney's coastline this summer, with over a hundred family-friendly Summerama activities on offer. From the shallows, Sydney's coastline welcomes you for Summerama 2012. Summerama is the Sydney Coastal Councils Group's (SCCG) Summer Activities Program, offering coastal activities for all ages throughout the month of * www.summerama.com.au * January in locations ranging from Pittwater to Sutherland. Rock Platform Exploration Bring the family and join us on a guided rock platform walk with local Marine Expert, Phil Colman to discover the amazing biodiversity and intricate relationships

The Science of the Surf is a fascinating, entertaining and multiple award winning visual multi-media presentation about how our beaches work and behave; from the journey of tiny little sand grains onto your favourite beach, to the massive swell that rolls in during big storms, to how to spot a deadly rip current - this talk is for everyone who loves and is interested in the beach. The visually powerful presentation is given by Dr Rob Brander, Australia's best known surf scientist from the University of New South Wales who has been nicknamed 'Dr Rip' for his habit of throwing purple dye into rip currents. Bring the family along to learn how to stay surf-safe this Summer!

Who: Suitable for children and adults. Children under the age of 16 must be

In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen (9am to

of life on intertidal rock platforms of the North Narrabeen Aquatic Reserve.

Location: North Narrabeen Aquatic Reserve, meet at the carpark.

When: Thursday 12 January 2012

Enclosed shoes that you don't mind getting wet!

Time: 4 - 5.30pm

Sunglasses (optional)

accompanied by an adult.

Camera (optional)

Bookings Essential!

5pm, Monday to Friday)

When: Wednesday 18 January 2012

Location: Newport Surf Life Saving Club

Online Booking

Time: 2 - 3pm

Enthusiasm!!

What to bring:

Sunscreen

Hat

What to bring: Hat Sunscreen Sunglasses (optional) Walking shoes Camera (optional) Enthusiasm! Who: Suitable for children and adults. Children under the age of 16 must be accompanied by an adult. Bookings Essential!

> www.lizottes.com.au Ph: 9984 9933

on surfboards, hungry for social change, left an indelible mark

on Sydney. Boardriders, shapers, writers, cultural stirrers and

MUSEUM OF SYDNEY until 18 March, 2012 Corner Phillip and Bridge Streets, Sydney The Surf City exhibition returns us to the beaches of the 1950s, 60s and 70s and shows how a scruffy bunch of kids

Open daily 9.30am — 5pm | Closed Good Friday and Manly Art Gallery & Museum

14 August 2012 An exhibition exploring Manly Art Gallery's unique collection of swimwear and beach paraphemalia. From the woollen 'neck to knee's' swimwear of Victorian and

Computers? Yes You Can! Register for computer training at a bargain price for older residents 24th Jan 2012, 9am - 12pm Central Road Avalon (under the Catholic Church) Avalon Computer Pals hold an information and registration day for their popular

way around the internet. Training also in standard software such as The joining fee is only \$25 plus \$30 per term. Bring your own laptop or use our

Copyright Pittwater Online News, 2012. All Rights

Type: pdf Why not host a stall? The organisers are calling on all crafters, foodies and anyone who has ever wanted to run a stall to take advantage of the 5,000+ expected visitors who will flock to Queens Park on January 26. For more info call Jane Donovan on 02 6658 5995 or email

Word and Excel.

computer training courses. If you're an older resident, learn how to use Skype, Facebook, Twitter and navigate your

Pittwater Online News Front Page Park Bench Philosophers Profile of the Week History Seniors Food Lynda Hill Youth Environment Community News News From our Inbox Collector's Corner DIY Hints Pictures Books Events Artist of the Month Reflections

January 2012 - Annette 'Nettie' Lodge



Nettie Lodge was born in Nowra, NSW, Australia. Her family moved to Perth WA in 1969 where she finished high school and obtained a Bachelor of Fine Art at John Curtain University.

In 1980, she was accepted into a Post Graduate programme

at the Banff Centre of Fine Arts in Alberta, Canada for which she was awarded an Overseas Study Grant from the West Australian Arts Council.

Travelling has always been a potent source of inspiration to her work and she has held numerous solo exhibitions based on various and mysterious parts of the world she has visited. Her work is represented in public and private collections around the world. She currently works in Sydney as a freelance illustrator and a part time lecturer at the Billy Blue College of Design. She exhibits regularly at the Soho Galleries in Sydney where she has held numerous solo shows since 1995.

Annette is also an author and illustrator of children's books. In 2005, her children's picture book BIRD, published by ABC Books won a NOTABLE BOOK MERIT at the Children's Book Council of Australia Awards. Her most recent book NATEMBA, published by ABC Books is based on the plight of orphaned animals in Africa, for which she researched as a volunteer at a Vervet Monkey sanctuary in South Africa.

See more at: http://annettelodge.com/



Above: The Wind Trees



Above: Butterflies



Above: The Memory of Fish



Above: 3D Goanna Mixed Media

All Images Copyright Annette Lodge 2011-2012



Bushfire 2:

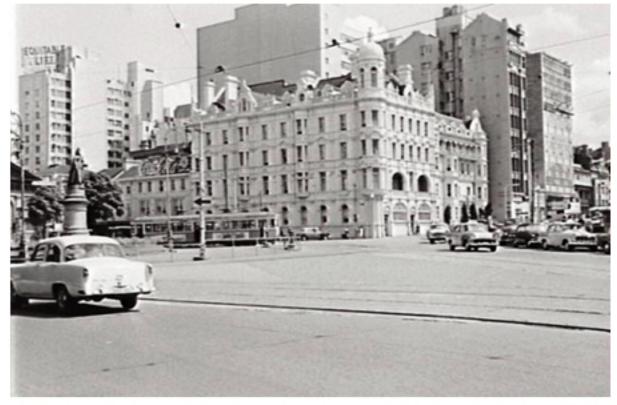
copyright Annette Lodge 2011



An Angel Song:

Pittwater Online News Environment Lynda Hill Front Page Contents Park Bench Philosophers Profile of the Week History Youth Seniors Food Artist of the Month DIY Hints Community News Pictures News From our Inbox Books Reflections Collector's Corner Events

January 1 - 7, 2012: Issue 39



Above: The Queen's Club building, Queen's Square. File: 008\008795 ADDRESS: 180-182 King Street and 239-241 Macquarie Street. DATE: 1 Mar 1960 CITATION: NSCA CRS 47/1750 PROVENANCE: City of Sydney Archives

Below: Creator Hood, Sam, 1872-1953 Title Date of Work 5/1942 Call Number Home and Away - 10466 General Note [Moana Cafe, left]





Above: King Street, Sydney, 1861-ca.1900 / chiefly by Kerry & Co. Pic No. a568023h. Courtesy State Library of NSW. Below: Trams, King Street, Sydney, 1900 Repository: Tyrrell Photographic Collection, Powerhouse Museum www.powerhousemuseum.com/collection/database/collection=The_Tyrrell_Ph



SEAFOOD IN SYDNEY

By George Repin

Long before good fish restaurants appeared in the suburbs around Sydney and the improved image of the Fish Markets attracted members of the public to go there, King Street was the place for the best seafood.

From the late 1890s to the late 1950s King Street was the virtual centre of Sydney because of the tram routes. From Erskine Street one line ran up King Street to Queens Square then through Kings Cross, past the Stadium in Rushcutter's Bay, through the Bay suburbs to Watson's Bay and the Gap. The other lines crossed King Street – along Pitt and George Streets to the inner Western Suburbs and significantly the routes along Elizabeth Street which serviced the racecourses at Randwick (now Royal Randwick), Kensington (now the campus of the University of NSW) and Rosebery (where housing estates are replacing the industrial complexes originally built on the racecourse site).

Punters ate in King Street before going to the races by tram and, if successful, returned for dinner. In the evenings those on their way to the Stadium, either for boxing or wrestling, or to hear the international artists who performed there, such as Frank Sinatra, Johnny Ray or the Beatles, ate in King Street. They had great choices of seafood - almost all provided by Greeks.

In the basement of the Queen's Club building in Queen's Square Jim Poulos ran Raynaud's until demolition to make way for the Law Courts building forced his closure and the Queen's Club to move to Elizabeth Street.

Gravas Café between Elizabeth and Castlereagh Streets was established by Spiro and George Gravas and their brother-in-law Spiro Andipas in 1932. They had come from Levkas. Spiro Andipas bought out his partners in 1945, entrusting its management to his son-in-law Leo Raftos in 1950. The closure of Gravas, when the building was demolished, was marked by a full-page tribute in The Daily Mirror with many distinguished customers recording their regret.

Stamell's, established in 1904 by two brothers from Ithaca, the Stamells, originally at 130 King Street and later further down the street in premises previously occupied by Woodward's Fish Café, was the oldest. It was unique in that it had a wine licence and also because ladies, who were precluded from eating on the ground floor, were taken by lift to a private ladies dining room. The building was demolished to make way for the MLC Building. For a time before the demolition Peter Raftopoulos and his wife ran a restaurant there.

Victor's Oyster Bar across the road was the only establishment not operated by a Greek although all his employees were. Victor, who was Jewish, spoke perfect Greek. He had escaped from Turkey when Greeks were expelled from Smyrna. Customers stood in front of a marble bar to eat oysters shucked before their eyes by men on the other side of the counter, wearing long rubber aprons. The wonderfully fresh oysters were served with wedges of lemon. Victor's lease, in the two storey building which is still there, did not allow him to fry or grill food, but he made a specialty of boiled schnapper with oyster sauce. After Victor died in 1950 his son-inlaw continued in the business.

Turning the corner north into Pitt Street there were two later comers Fernandez on the east side and the Moana on the west side.

The displays of fresh fish attractively set out on crushed ice were features of the cafes on ground floor street frontages. Live prawns caught overnight in the Parramatta River and the then famous King Prawns from Rose Bay were delivered daily by Italian fishermen. Plump oysters came from wherever they were best along the NSW coast depending on the season. The short lines of supply quaranteed absolute freshness.

Who were the regular customers? They were barristers, judges and solicitors because of the proximity of Phillip Street and the law courts, actors from the Theatre Royal and the Phillip Street Theatre, journalists from the Sun Newspaper just around the corner in Elizabeth Street, staff from David Jones and many others working in the city.

Leo Raftos, for whose recollections and assistance in the preparation of this article I am very grateful, reminisced about some of his customers who included well-known names such as Mr Justice Dovey, Lionel Murphy, Bob Dyer, Jill Perriman, Bill Orr the producer and Sir John Kerr who had his last fish meal in Sydney at Gravas' before moving to Yarralumla. He particularly remembers the pleasure of sitting down to chat with John Gielgud (later Sir John) who regularly came in for his favourite, John Dory, when appearing at the Theatre Royal.

It all changed when the trams were removed, parking in the city became increasingly difficult, real estate development replaced old buildings with modern high rise office blocks in which fish cafes could not afford ground floor street frontage rentals, and quality restaurants and fish cafes were opened in the suburbs.

The King Street Greek fish cafes disappeared but many descendants of their proprietors have gone on to contribute in the Australian community as lawyers, doctors and in other professions.

Copyright George Repin 2012. All Rights Reserved.

Pittwater Online News Front Page Profile of the Week Park Bench Philosophers History Youth Seniors Environment Food Lynda Hill Community News Collector's Corner DIY Hints Pictures News From our Inbox Books Artist of the Month Reflections Events

January 1 - 7, 2012: Issue 39





Copyright Pittwater Online News, 2012. All Rights Reserved.



Seahells

She finds seashells by the seashore...



Shells are mainly decorative in Australian homes. They have been and still are put to use elsewhere as currency, tools, in horticulture due to their high calcium content and its ability to enrich soils, in religion and spirituality, as musical instruments for thousands of years (The sacred chank, Turbinella pyrum, known in India as the shankha. In Tibet it is known

as "dung-dkar" and The Triton shell also known as "Triton's trumpet" Charonia tritonis which is used as a trumpet in Melanesian and Polynesian culture and also in Korea and Japan. In Japan this kind of trumpet is known as the horagai. In Korea it is known as the nagak. In some Polynesian islands it is known as "pu".) and for decorative purposes with some seashell necklaces being found in Stone Age graves and others being fashioned into buttons. They have also been used as architectural decorations, the shell sheen or pearl or in art, the goddess Venus most often being depicted as rising from the sea on a seashell. They have also long played an important part in the lives of our indigenous and Torres Strait Islander peoples.

Size pertains to age, with larger varieties clearly being older. A clam's age is determined by the size of its ridges, whereas scallops are said to produce around one ridge per day. Interestingly Giant Clams, in Micronesia's Koror Island, can weigh more then 227 kilograms (500pounds).

Collectors clubs and field guides are available to identify regional shells although some prefer purchasing imported products that have been prepared ready for display. Those who pick up these mementos here should be aware there are restrictions and rules and regulations regarding shell collecting in Australia. In QLD no more then five specimens of any species of shell may be collected in 28 days. Elsewhere specific organisations are responsible for each area and you should check if visiting. Just remember there are over 20 million others here who may want to take home a memento too.

Cleaning afterwards, if you don't want a continuous pungent sea smell growing ever acrid indoors, is necessary. Soaking the submerged shells in a mix of detergent and water overnight and then scrubbing them with an old toothbrush should remove all debris and odour.

In Australia the Cowrie shell is most popular and can be collected on every shore from south to north with a variety of colours and sheen that pertain to variety and where they are found. The varieties here show the smooth cowries (cypraea), one collected on Newport, along with a blue Abalone shell from New Zealand, called pāua (from the Māori language) and also used as a toggle that is worn by both males and females and regarded as a family heirloom, conch shells, clam, and others, some bought, some collected.

Lastly, why do we hear the seashore when we lift a shell to our ears; because the wave-like sound we hear is actually a concentration, within the shell, of certain frequencies from the 'white noise' of our surrounding environment. The seashell captures this noise, which then resonates inside the shell. Larger seashells will produce lower pitched sounds, smaller shells tend to produce higher pitches.

Further:

Sydney Shell Club meets once a month and have regular field trips: http://www.sydneyshellclub.net/
Online Identification for Australian Seashells: http://www.capricornica.com/Aust_shells/
Australian Seashells: http://www.seashells.net.au/
Glossary of Māori Words and Terms: http://ojs.review.mai.ac.nz/info/mai review glossary of words.pdf

Seashell. (2011, December 27). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Seashell&oldid=467862559