May 13 - 19, 2012: Issue 58

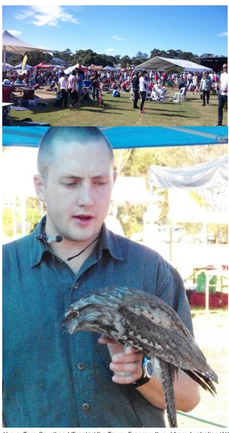
Happy Mothers Day to all Mums !

Above: Pink Mink Protea, flowering in Pittwater this week.

Proteaceae is a family of flowering plants distributed in the Southern Hemisphere. The family comprises about 80 genera with about 1600species. Proteaceae are mainly a southern hemisphere family, with its main centres of diversity in Australia and South Africa. Well known genera include *Protea*, *Banksia*, *Embothrium*, *Grevillea*, *Hakea*, *Dryandra* and *Macadamia*. Species such as the New South Wales Waratah (*Telopea speciosissima*), King Protea (*Protea cynaroides*), and various species of *Banksia*, *Grevillea*, and *Leucadendron* are popular cut flowers, while the nuts of *Macadamia integrifolia* are widely commercially grown and consumed. Proteaceae are mainly a southern hemisphere family, with its main centres of diversity in Australia and South Africa. It is a good example of a Gondwanan family, with taxa occurring on virtually every land mass considered a remnant of the ancient supercontinent Gondwana. The family and sub-families are thought to have diversified well before the fragmentation of Gondwana, implying that all of them are well over **90 million years old**.

Proteaceae. (2012, April 21). *In Wikipedia, The Free Encyclopedia*. Retrieved from http://en.wikipedia.org/w/index.php?title=Proteaceae&oldid=488533254

Pittwater's 2012 Food and Wine Fair and Council's 20th Anniversary Celebrations - Sunday 6th of May, 2012



Above: Tom Covell and 'Frankie' the Tawny Frogmouth owl from Australian Wildlife Displays. A great interactive talk and presentation on local fauna all the children loved. The presentation focuses on how the animals in the environment are also Keepers of environment by eating or cleaning the refuse and featured a Diamond Python, Lace Monitor and Blue-tongued lizard. Below: rest stop to enjoy the day and view. Below: Cr. Bob Grace tree planting.

Above: Cr.s Harvey Rose and Patricia Giles, Pittwater's current Mayor and Pittwater's first Mayor respectively.

Pittwater has a number of great local markets that run each month. Fresh organic food can be purchased at Narrabeen (Rat Park) each Friday, the Artisan's Market at Newport runs the third Saturday of each month (next 19th of May), Mona Vale's Twilight and Palm Beach's markets are crammed with stalls of great produce and products, arts and crafts, just about everything you could wish for. The annual Food and Wine Fair at Winnererremy Bay has become one of the most popular and its focus is in being a family orientated day where you may enjoy a wide range of cultural delicacies, sip vintages all while enjoying the brilliant calm of this lovely park and its foreshores. Rides for children, animal talks on the importance of other local residents, a dearth of jams, macadamia nuts and breads were there for the tasting.

A glorious day brought picnickers, music lovers and connoisseurs of fine foods and wines to this open green space. This year incorporating a number of sustainable living stalls, with a range of speakers addressing topics from how to cut your energy accounts to how to build a Green House, those represented covered the whole spectrum of all we may do to ensure the air gets cleaner, the water purer, the earth richer and the animals safer. One of the speakers we listened to was Graeme Jessup from Climate Action Pittwater whose own home was built to reduce energy costs. Pittwater Council has a 'Pittwater Sustainability Principles and Checklist' available to help those renovating or building in the area with guides on how you may, if you choose to, ensure your new rooms with views can continue to appreciate the beautiful vistas of Pittwater without impacting on said environment.

Also part of this year's Fair was Pittwater Council's 20th Anniversary celebrations with a cake that looked like it'd definitely reduce your weight (?!), muffins being handed out to the crowd and a tree planting ceremony to mark the occasion.

Cr. David James, when we asked "What tree is that?" replied that it is a Swamp Mahogany, *Eucalyptus robusta*, currently flowering in Warriewood and food for koalas and a range a birds like the Swift Parrot.

Down along the foreshore family's picnicked, little boys climbed available trees, little girls frolicked in fairy outfits, dogs ran in and out of the water, a unicyclist peddled while tossing skittles and seagulls dived on a pelican (some bird skirmish over who had water-fishing rights), which attended their squawkings only long enough to snap a beak back and point out a size difference before serenely sailing by.

It was a wonderful day, brilliant Autumnal weather, yummy food and fine wines, great music provided by those who will be playing at Lizzitte's, thousands of attendees. We hope to bring you more regarding some of the local producers and the essence of those who spoke at the Sustainability Avenue during coming issues so we'll save their diamonds and pearls for then. Images from the day on our Pictures page this week. See you next year!

Further:

Markets in the local area Council Page: HERE

Pittwater Sustainability Principles & Checklist:

The "Pittwater Sustainability Principles & Checklist (Part A & B) – Single Dwellings, Alterations & Additions and New Homes" outlines sustainable options & principles for residential design and is intended to be a guide for home owners in regards to building and developing dwellings in a more sustainable manner.

At:

Pittwater Sustainability Principles & Checklist (Part A & B)- for single dwellings, alterations & additions and new dwellings

Past Features Archives

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This Weeks Articles

Yokahama and Yudanaka by Paul Wheeler

Barrenjoey Lighthouse Walk by Geoff Clarke

Mother's Day for You !

Pittwater's 2012 Food and Wine Fair and Council's 20th Anniversary Celebrations - Sunday 6th of May, 2012

Zonta International District 24 Inc
Advancing the Status of Women Worldwide

Profile: May brings Groups and Organisations: The Zonta Club of the Northern Beaches is by, for and about women !

Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Populaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council

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History: Pittwater Gents with a love of flying: Wilfrid Kingsford Smith, the elder brother of *that* Kingsford Smith, also flew, had a holiday home at Taylor's Point, the energy and drive to form an aviation, open regional airports throughout NSW and other states, and three sons who served as pilots. He also loved his mother.

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt

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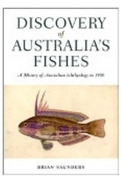
Park Bench Philosopher: **Poems for mum for Mother's Day**



Books:**New works from locals and May Releases from HarperCollins and CSIRO by Australians**

Old Books:**A southern flight (1905)**, Frank Dempster Sherman, 1860-1916; Clinton Scollard, 1860-1932

Ancient Scottish poems (1770)by George Bannatyne, Sir David Dalrymple, William Dunbar, Robert Henryson

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Events: Pittwater Artist's Trail and Pittwater Artists in Manly this week, RMYC Ladies Lunch, Mothers Day lunches, Guringai Fest. 2012, Mumpreneurs May Chai and June Speaker, Bobby Sox Reunite for SurfAid Concert at Avalon RSL, Book Talk, Poetry and Playreading @ MV Library, Chicken Town! Poetry Comp. from PCA, Writers Fest 2012, History Comp., Council Events and more.

News From our Inbox: Shipping the Unshippable, PhotoFun, Videos this week: Universal News: Amelia Earhart 1937, William Wyler: The Fighting Lady 1944...air and water

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Community News: Guide Hall to be demolished, Guringai Walk, Palliative Care Cheque from Terrey Hills, Offshore Youth Sailors Win, Grandchildren of famous Ornithologist visit Pittwater, RMYC Ladies Lunch, Great Film to be shown in Avalon, Artist Trail this May, Avalon Tattoo 2012, Bush Care Notices for May, Our Council's Notices, Fed. Govt. Media Releases + More.

Environment; ***RV Investigator* keel laying ceremony and *RV Southern Surveyor* current duties, More Pictures out at present for your Mum,** Cooee May Issue, Frogs, New Fish Research mag. from CSIRO, Green Thumbs ticket to the lighthouse, New Birdlife Australia website, local Environment groups and orgs.

Lynda Hill: **Update 2.5.12**: Finding One's Position, Place and Personal Power: May's Scorpio Full Moon

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Pictures: This week's Pictorial is the 2012 Food and Wine Festival + Pittwater Council's 20th Anniversary

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Youth: **ABC's Landline; not a phone! Soul Classics I**, Life onboard RV Southern Surveyor, Learner Driver Workshop, Community sports grants, Volunteering Video Competition for Young People - Call for Entries, Speeding? You're in our sights Campaign, Drama Returns to MVL, **Dorothea Mackellar Poetry Comp.** Links for local websites for, about and by Youth + more.

Seniors; Free Legal Info @ MVL, Black and White Days + PYE, Self Funded Retirees need to Update their details, **Boogie Woogie Man** other words from and for you, + link to Seniors Online Newspaper, Information and links to local Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: May 2012: N Evers shares some great photographs of Pittwater

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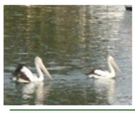

Reflections by George Repin. **This week; PAMBULA AND THE CHARLES DARWIN CONNECTION**

DIY Hints: WD40, some facts and figures and alternate uses, c/- W.A.G.

Collector's Corner: What are **copoclephilists**? Would you pay 20k for a key fob ?

Food: Lemons are an ancient citrus fruit that have health benefits to match the season; some facts, history, nutrition, heath benefits and the classic Lemon Meringue Pie!

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Yokohama and Yudanaka.

by Paul Wheeler

Even if you don't have a word of Japanese travelling in Japan is not difficult. Signs are usually in English as well as Japanese, and in many more people have a smattering and nearly everyone you meet will be as helpful as they can. A word of warning here, for train and bus timetables, and for many restaurant menus and instructions, you will want to help you but they may not know much more than you. If your train timetable says to catch your train at 10:47 don't get on the one at 10:43. Your train will arrive at 10:47 precisely – one of the other urban services, especially on the weekends, book seats in the reserved carriages and you must sit in them. Trains are very clean and tidy and there are an awful lot of them. Book your seats early.

Train travel in Japan is a huge part of the business, particularly the Shinkansens and the Nozomis are brilliant. They are so fast that it would be as quick as a jet travel over two or three hundred K plus. Trains are also very comfortable, and the N700 Series Shinkansen (just before you leave Tokyo) has power points in every seat. If you are going to go to a few cities they become economical. There may be some more local trains and a couple of lines that aren't J.R. but unless you are speaking J.R. goers everywhere you'll want to go. There are displays on the platforms telling you where each carriage will stop. Each of the platforms there is nearly always written in English. So stations by name, the next station's name and the previous station's name, plus the time of arrival and departure. Be aware that if you know your destination, that's where you get off the train.

Underground can be a little trickier, the ticket sales are automatic vending machines. Sometimes there are English only instructions, sometimes there aren't but you'll work it out with a bit of help and there's always an attendant somewhere. With buses it would be the locals. When you get on you take a ticket from a little machine which has the number of the route you are on. Your fare is shown on a background with western numerals where you can see it easily. When you get off with the bus, so you go out past the driver, you put your ticket in the machine and the money in a way where people aren't meant to stop to chat.

Out of Sydney J.A.L and Qantas arrive at Narita early evening. Once you clear immediate there is a large, well organised bus terminal. 30 minutes from your bag pick up and inside the airport there is a ticket office for the limousine buses. We were going to Yokohama the first night because Kerry wanted to go to the Yokohama quilt show the next day. The bus ride is about an hour and a half. The bus driver reads tell where Tokyo stops and Yokohama starts. It's a huge urban landscape. We'd google earthed it and we knew our Hotel Monterey was on the waterfront. Our bus driver knew where it was and the travel agent Ayako Mitsui from Mitsui Travel had told us how to get to the centre. Ayako was very helpful, she advised us on which order to visit places and we found her services to be the finest of any we've had. Autumn colour, which was spectacular, is very beautiful in Japan. Cherry blossom is also spectacular in spring, all of Japan goes red with Japanese Maple in autumn.

There are things you might like to see in Japan that you can't just walk into, you have to book, possibly you have to book in Japanese and in advance. One of the most beautiful places I have ever been to is the Ise Shrine. Ise Shrine is in Ise, which is near Nagoya, Toyoko is south, and those sorts of properties tend to be very formal so it does help to do your research and engage someone with local knowledge to organise things.

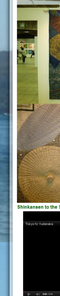
Kerry did chairs, Yokohama is a port city but we didn't have enough time to go to the Red Brick Warehouse. The Monterey Hotel in Yokohama is one of the Japanese hotels that I would go to in the United States, as one would be comfortable because it was a quiet show and there are no prizes for being the biggest convention in the world. So off we trotted to Yokohama station. It's quite large Yokohama is the second largest city in Japan. At the station we found the tourist office who said we knew to the J.R. ticket office. Kerry had a pass but no they're not open till 11. At which point a very enthusiastic young lady who spoke excellent English came to the rescue and in the argued idea to establish first thing. Now Japan does open late often 10 or 11 o'clock at night, but not the ticket offices. So we got to another store the J.R. ticket office. Anyway it turned out that we were at Yokohama station and when we got back to the Hotel Monterey it was just a short walk. We found the Monterey and checked in. We spoke with a terrific breakfast buffet; they had Sushi, Japanese and the Kouwelbou show tickets that Kerry had prepaid and Ayako had had sent to the hotel. It was looking as though it would be a busy day. I no longer found it necessary to remind Kerry that screaming at Japanese people in Japan. They're very, very polite people in Japan, and the man who delivered the tix to our door said we had knock hearts which was very nice.

Yokohama and The Kouwilbou show

The show was excellent, there are lots of photos here that do it more justice than I can, except that you're not allowed to photograph the actual performance. Kerry said that it was "Fantastic, absolutely a devalue". To it permitted to take photos they kept one of the wood thing about trying to string together a sentence in Japanese is that the person you were talking to immediately assumes you're a linguist and starts babbling at you. I found it was best to mumble a word or two in Japanese and then say "I'm sorry, I don't speak much Japan" and it didn't expect too much from me.

We got up very early the next morning after our first experience of a Japanese multi course breakfast the previous evening. I think they probably invented the idea of a degustation menu. We had an excellent breakfast and then we had to get our luggage and get on to see the snow monkeys. We'd ordered our tickets and in the train the last rank in front of the hotel to get to Yokohama station. We stopped at Tokyo station and changed trains and headed off to the Takayama while we went to Yudanaka. Takayama is a good place to go up to Yokohama station. Now Japanese people don't like tips, particularly from foreigners, they're very polite and they'll go back to the hotel and the tourist office. Yours drivers are so exceptional, give them a tip and they will. Well to them that you might be a human being after all and in Japan that means that they will do really hard to be nice to you. When a Fox tries to be nice to you, C.O.P.S. they know that you're a complete moron and they'll be suspicious of you. Yokohama ek we' ve got platform number 4.

Once in London because of pressure from family we were required to travel on the tube around a month in the summer. We somehow managed to get on the same carriage at the same time, not easy when you're trying to get on a carriage that's packed to the gills and to see the snow monkeys. We're not sure if we were on the last train in front of the hotel to get to Yokohama station. We stopped at Tokyo station and changed trains and headed off to the Takayama while we went to Yudanaka. Takayama is a good place to go up to Yokohama station. Now Japanese people don't like tips, particularly from foreigners, they're very polite and they'll go back to the hotel and the tourist office. Yours drivers are so exceptional, give them a tip and they will. Well to them that you might be a human being after all and in Japan that means that they will do really hard to be nice to you. When a Fox tries to be nice to you, C.O.P.S. they know that you're a complete moron and they'll be suspicious of you. Yokohama ek we' ve got platform number 4.



Shinkansens be the Snow monkeys

Once in London because of pressure from family we were required to travel on the tube around a month in the summer. We somehow managed to get on the same carriage at the same time, not easy when you're trying to get on a carriage that's packed to the gills and to see the snow monkeys. We're not sure if we were on the last train in front of the hotel to get to Yokohama station. We stopped at Tokyo station and changed trains and headed off to the Takayama while we went to Yudanaka. Takayama is a good place to go up to Yokohama station. Now Japanese people don't like tips, particularly from foreigners, they're very polite and they'll go back to the hotel and the tourist office. Yours drivers are so exceptional, give them a tip and they will. Well to them that you might be a human being after all and in Japan that means that they will do really hard to be nice to you. When a Fox tries to be nice to you, C.O.P.S. they know that you're a complete moron and they'll be suspicious of you. Yokohama ek we' ve got platform number 4.

Shinkansens gave me the smoothest, fastest ride ever. There is NO sensation of movement but you look out the window and you think Jesus we're going too fast we should have taken off by now. I haven't been on a plane that's gone as fast as the Shinkansens. The N700 Series They say that Nozomis are better than Shinkansens. C.O.P.S. SHINKANSENS. It's the most thrilling and awe inspiring form of travel that I've ever experienced. Not that I've been in a car crash so I can go too as many rides as I can get on.

Nagano is in the Central Honshu prefecture of the Main island of Japan 'Honshu'. It is, much of it, a mountainous region. They had the '98 winter Olympics there and there are many ski resorts close to them. We didn't carry in the city of Nagano but passed through it. The private Nagano railway line for the trip to Yudanaka. We went by the Nozomi Shinkansen to Nagano and then changed trains. We did this to the second, there was just no charming as it rattled virtually through peoples back yards all the way to Yudanaka where we arrived at the station. It was like the Ryokan, where we knew that lunch was the distance.

Babies at the hot spring

We found out about the little family run noodle restaurant because we were approached by a local at the station. There is a tradition of amateur tour guides at the Japanese railway stations who are willing to show tourists around. We were approached by one so he was our guide for the train at Yudanaka. They get the chance to practice their English and you get the benefit of their local knowledge. It can be a be a bit disconcerting to be approached this way but you can usually tell from their badge if they're genuine. They take pride in their personal honour.

The fan dropped us in the national park car park about 10 minutes walk from the Ryokan Kiraku where we stayed. The park is famous because of its snow monkeys and the only one in the park. No ensatus but Hoffos Onsen bathing, male and female onsite and a mixed one outside the Ryokan. The park is famous for its snow monkeys and the reason these 1m-tall wise whether the world fortunate or unfortunate. The water is Volcanic water, not but tolerable and there is a volcanic grouper erupting 24/7 just metres away from the Ryokan. Once we had arrived and took our shoes off, you take your shoes off a lot in Japan, you take your shoes off to go to the toilet, you take your shoes off , but they're always there when you come back to get them. We put our slippers on and made our way to our room, walked in, and found that we had a private onsen in the room and the two monkeys grooming each other leaning against the outside of our window. Unfortunately they were on the other side of the window so double sure we didn't have to go to food on an and went out the front entrance to the monkey park, past the 5 bucks each and walked in to an amazing experience.

You don't make extended eye contact with the Monkeys, that's a threat. They're very sensitive to that. The males are 1.5m tall and 2m bigger than chimps and extremely well furnished. But sad to say they couldn't care less. You can, people do, shove a camera right in front of their face and photograph them, they don't mind. They're living right in front of you. Talking indoors is impossible, but that's because it's such a target rich environment that it's hard to concentrate on one group or even frame a shot. It's a wonderful overwhelming but wonderful .

After we spent our time with the monkeys it was time for my first outdoor bathing experience in an Onsen. The bath isn't for washing, you wash before you get in. Kerry and I went to the bathhouse, there is a little stool with hand held showers and buckets to sit on to shine yourself with what soaps and whatnots that you may need. Although I'm not sure what you would need after a day with the monkeys. I'm a confirmed bath addict and nobody complained. There were a couple of gentlemen bathing when we arrived and all of the comings and goings can be made discreetly although when I had a quick look at the small towel, a sort of dance of a thousand veils that they're quite adept at using. I'm not sure that I'm quite adept enough yet. I stood in that Ad have ensuites the bathroom with the bath guild and we had both quickly become addicted to the Onsen experience and the first thing we did on arrival was to check out the bathing times.

Our holiday style always seems to involve walking all day and there was a lot of walking to do in the park and it was extremely cold, it was cold bear or less before the mountains the evening temperature was in a Ryokan. One vital piece of information Ayako gave us was that Ryokans are very much engaged in the meals that they serve their guests. We had, previously in Tokyo, on our way home from Yokohama had had a Kaiseki meal which was delicious (recommended), and wandered what they would be like. Ryokan are mind boggling in the way that they're so much more than just a place to stay. Ryokans are usually set in beautiful rural surroundings and got a fair an alternative way of walking to the monkey park and basically had a very nice and memorable excursion.

It was a Saturday so there were quite a few people at the Park but the monkeys didn't seem to mind at all. Kerry and I have come to the conclusion that it's probably a good idea to rule up for the weekends because everything gets incredibly busy and we can't get over how busy the monkey park was on a Saturday. It was a good idea to go to get to some sort of neutralization when interesting things to do and get a sense of what's around. It's not really a crop out , it's more a sense of what's around. It's not really a crop out , it's more a sense of with serious kneeling once all the locals are lunch and back at work.

Well that was our first three days in Japan from Yudanaka we went to Takayama a small city high in the Central Honshu Alps... more on that very interesting and beautiful town later.

Japan Rail Pass: www.jrpipul.com.au/japan-by-rail?gclid=CNeH_Oz8tK0CFYMRpgodZkNYVg

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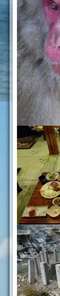

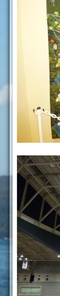

Above: "a traditional season fir travel is to experience different Onsen" Below: Ulla Wedica. Bottom: Boiling eggs!

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Barrenjoey Lighthouse Walk

by Geoff Clarke

Wednesday May 9th was such a glorious Autumn day I decided to walk up to Barrenjoey lighthouse.

The original service track has been 90% refurbished which makes the walk easier although I did notice it seemed steeper than six months ago. Maybe that has something to do with advancing years!

The track starts behind the Ranger's house which is on the site of the Customs Station built in1843 to check on smuggling activities. The length of the track is about 700 m and about half way up are great views looking south over the peninsular with the ocean on one side and Pittwater on the other.

There are glimpses of the lighthouse on the way along the track. About 70 m from the top the track reverts to its original rough surface. National Parks are awaiting funding to finish their track upgrading work. The lighthouse then comes into view dominating the vista. This handsome structure was constructed with Nepean sandstone and completed on July 20 (my birthday!)1881.

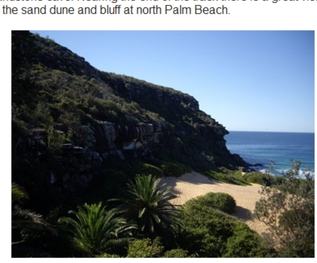
It was interesting for a Master Mariner to be close to a lighthouse instead of viewing from afar!. To the east of the lighthouse is the grave of George Mulhall the first keeper. Further to the east is stone monument on the site of the Stewart Towers which were wood fired structures which served as warning beacons for shipping and were eventually replaced by the present structure.

From the open grassy area by the lighthouse there are expansive views north to Putty Beach, Maitland Bay and Third Point -one of Cape Three Points points. To the north west lies Lion Island.

It is interesting, and a relief to find pristine bush with no introduced weeds.

The walk down was via the Smugglers Track, which was convict built to enable a lookout to ascend to the summit to keep a watch for smugglers ships entering Broken Bay.

This track is a wonderful memorial to what must have been very difficult track clearing and stone cutting. Some of the steps are actually cut from solid rock. A little way down is a wind weathered sandstone cave. Nearing the end of the track there is a great vista of the sand dune and bluff at north Palm Beach.



I enjoyed this interesting walk and can commend the experience to all that enjoy a walk in this beautiful part of Australia.

Geoff Clarke Profile Geoff Clarke's Avalon Sunrises I and II

Pittwater Online News

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May 31 - 31, 2013 Issue 74

Articles This Week:

Rotahaha and Rotaheela for Pearl Harbour

Rotahaha and Rotaheela Off to Pearl Harbour

Mother's Day for Pan

Pittwater Offshore Newsletter and Write Ever and Cowell's 20th Anniversary Celebrations at Cowell's Bookshop

Profile of Ray Street, May 2013 Groups and Organisations: the Dunes Creek Landcare Group and the Dunes Creek Coalition

Notice - Pittwater Events and sessions of Bike, Walk and Ride Festival

Notice - Pittwater Council's Mayor Sean Dunphy and Deputy Mayor Kelly Hockey honor at Taylor's Point, the carvings done by Aboriginal artist Steve Kinchela, Uncle Allan Madden and Uncle Ossie Perkins and the Aboriginal Heritage Office

Pittwater Offshore Newsletter Update 10/5/2013 - click on Logo - Also has an Extensive Local Directory

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Pictures - Images from last Sunday's 2013 Mountain Bike Orienteering Championships Event at Ku-ring-gai Chase National Park

Cartoon's Corner: What are **squanderbikes**? Would you like 20% off Trek Bikes?

Another great publication in Rotary Club of Pittwater's Palliative Care Project

Brendon and Bronwyn Bell - Founders of Pittwater Artists Trail

Pittwater Artists Trail

2013 Octobre 2013 Biennial – Thursday 31 June 2013

FORMER AVALON GUIDE & SCOUT HALL'S

PETITE CAFE & TEA ROOM

Exclusive to Natural Bo Tanning

Pittwater Council Offices Closed

Fire screening in Avalon – "The Hungry Tide" with SPEAKERS' PHIL CLAUSTRING, Carol a western Australian author

Avalon 20th Rug Show & Sale at Scout Hall, Avalon

Bushcare Notices - May 2013

Bushcare Notices - May 2013

HOW DO YOU GET FROM SLIPPING PAST TO FRENCH KISS? - From Denise Morgan

Federal Government Media Releases this week:

Pittwater Offshore Newsletter Update 10/5/2013

Pittwater Offshore Newsletter Update 10/5/2013

Submit your Event

LEGO AT THE LIBRARY

Storytime for preschoolers - Wed 5 June, Wednesday morning at Avalon Library - 10.30am - 11am

Click on logo above to visit their website.

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OFFSHORE YOUTH SAILING HITS HIGH AMIDST HARBOUR'S ROCK Terms and Conditions of the Pittwater Offshore Newsletter

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Pittwater Offshore Newsletter Update 10/5/2013

May 13 - 19, 2012: Issue 58

To My Mother

To-day's your natal day,
Sweet flowers I bring;
Mother, accept, I pray,
My offering.

And may you happy live,
And long us bless;
Receiving as you give
Great happiness.

(Christina Rossetti (1842). This is Rossetti's first poem, written when she was 11 years old.)

God's Helpers

God could not be in every place
With loving hands to help erase
The teardrops from each baby's face,
And so He thought of mother.

He could not send us here alone
And leave us to a fate unknown;
Without providing for His own,
The outstretched arms of mother.

God could not watch us night and day
And kneel beside our crib to pray,
Or kiss our little aches away;
And so He sent us mother.

And when our childhood days began,
He simply could not take command.
That's why He placed our tiny hand
Securely into mother's.

The days of youth slipped quickly by,
Life's sun rose higher in the sky.
Full grown were we, yet ever nigh
To love us still, was mother.

And when life's span of years shall end,
I know that God will gladly send,
To welcome home her child again,
That ever-faithful mother.
George W. Wiseman

Mothers Garden

My Mother kept a garden,
a garden of the heart,
She planted all the good things
that gave my life it's start.

She turned me to the sunshine
and encouraged me to dream,
Fostering and nurturing
the seeds of self-esteem...

And when the winds and rain came,
she protected me enough--
But not too much because she knew
I'd need to stand up strong and tough.

Her constant good example
always taught me right from wrong--
Markers for my pathway
that will last a lifetime long.

I am my Mother's garden.
I am her legacy-
And I hope today she feels the love
reflected back from me

Author unknown

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Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1500.

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Above: October 2011 Mahoba Rawi and Evelyn Whittaker, President ZCNB. Mahoba's Promise Information

ZCNB City to Surf 2009 helper.

Above: Dr. Yvette Blount at 2012 ZCNB International Women's Day Breakfast. Photo by Michale Mannington

Below: Zonta Birthing Kits

Below: Zonta International Womens Day Breakfast: Hon. Rob Stokes, Nici Andronicus guest speaker, Ann Asker, Cr. Patricia Giles Pittwater Woman of the Year 2012 and Hon. Bronwyn Bishop. Photo by Michael Mannington.

Above: Marian de Forest

Click on logo to visit ZCNB website:

Zonta International District 24 Inc
Advancing the Status of Women Worldwide

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Zonta Club of Northern Beaches

Chartered in 1975 the Zonta Club of our Northern Beaches brings together the intelligence, energy and acumen of some of our beaches' great women. With members who are professionals in academia, nursing, accounting, the law, small business, book editing, information technology, music, optometry, economics, administration, medicine, art, fitness and real estate, the range of knowledge and experience represents the infrastructure of community itself. Pittwater ladies Dorothea Mackellar and her best friend and frequent visitor Ruth Bedford were among those to establish a Zonta Club in Sydney during the 1920's and although this had to be re-established a few decades later, women supporting women has long been part of the Australian ethos.

On Australia Day 2012 the ZCNB International Women's Day Breakfast was awarded a 'High Commendation' award for the Pittwater Council Community Event of the Year. This year's breakfast announced Cr. Patricia Giles as the Pittwater Woman of the Year, recognising decades of service to community and Pittwater people in honouring this lady. Cr. Giles expressed feeling overwhelmed in joining the ranks of women who have previously received this award but with service to others forming integral part of all Zonta Club activities, Patricia represents a great example.

Zonta was first formed in 1919 in Buffalo, New York, by journalist and playwright Marian de Forest who envisioned a network of women working to support each other in establishing themselves in their chosen professional careers in what was a male dominated workforce. In the States women were only just getting to vote and graduate from Colleges, their status and rights were still being determined by men.

Then and now '*Zonta Clubs still select, fund and participate in community projects fundamental to promoting women's economic self-sufficiency, political equality, access to education and health care and the elimination of violence against women.*'

Among its initiatives is The Amelia Earhart Fellowships Program, launched in 1938, which commemorates groundbreaking aviator and Zontian Amelia Earhart. From the Zonta Organisation website: *'Ellen Parks, then serving as Zonta International President, remembered, "At that time few women considered a career in aerospace engineering, yet not one voice of doubt was raised as to the success of such a scholarship."..'*

The Grant is an International one and open to all women. *..Past Felllows have become astronauts, aerospace engineers, astronomers, professors, geologists, business owners, heads of companies, even Secretary of the US Air Force.'*

This week Dr. Yvette Blount, Coordinator of Undergraduate Programs of the Department of Accounting and Finance Macquarie University and President Elect for the Zonta Club Northern Beaches, assists us with a few insights into their local works.

How many Zonta clubs are there worldwide ?

Zonta exists to advance the status of women worldwide. "Zonta" is derived from a Lakhota word (Teton Dakota), a language of the Native-American Sioux peoples, meaning honest and trustworthy. It was adopted in 1919 to symbolize the combined qualities of honesty and trust, inspiration and ability to work together for service and world understanding. There are 30,000 members in 1200 Zonta clubs in 63 countries

In **May 2012 the** WHO (World Health Organisation) has estimated that approximate **1000 women die each day from childbirth** (HERE). District 24, Zonta Club of Northern Beaches, contributes to making Zonta Birthing Kits which may prevent deaths and disease. What is in these and how do they work?

Our main international hands on project is the birthing kits that are assembled in Australia and shipped to women in the developing countries under an education program with hospital support. Our club has a very strong record in making Zonta birthing kits. Each year, up to 8000 birthing kits are assembled with a great deal of community involvement and member fellowship.

A Birthing Kit works by providing the 7 cleans for a clean birth: Clean birth site - preventing delivery onto the floor, Clean hands - to prevent the birth attendant transmitting germs to mother and baby, Clean ties - to prevent bleeding from the umbilical cord for mother and baby, Clean razor - to reduce infection caused by other implements, Clean gauze - to wipe away birth canal secretions from the eyes, which decreases future eye infections, Clean umbilical cord - washing and drying the stumps prevents infection, Clean perineum.

They contain a 1m x 1m plastic sheet for the mother to lie on, a piece of soap, 2 gloves, 3 gauze squares, 3 cord ties or 2 clamps and a sterile scalpel blade. All of this is contained in a small press seal plastic bag and costs $2.00 to produce and transport.

How do you support women in the local community?

Advancing the status of women in our local community (Northern Beaches) involves projects that assist women with further study (study grants and student support grants), health (breastcare cushions) and supporting women and children who have suffered domestic violence (supporting the refuge).

This is relative in terms of Zonta's working for the health status of women. We are great supporters of the Zonta breast care cushion project and also the birthing kits, which are both District 24 endorsed Service Projects. The breast care cushions – silk cushions which are a great comfort to women who have undergone breast surgery -- are made by members and also by women in the local community, and are given free of charge to hospitals in the area, such as Mona Vale Hospital, North Shore Private, Manly Hospital and the San (Sydney Adventist Hospital). Since 2005, our club has made and distributed approximately 1100 cushions.

In advancing the educational status of women, our club administers and finances a number of projects that support women in the local community. We award study grants worth several thousands of dollars, and pay for textbooks and computer equipment. Study grants enable local women to access tertiary education and improve not only their own lives but those of their children. We also make student support grants to young women in Years 11 and 12 at local schools who are having difficulties at home.

Our club has formed a strong and close relationship with the Northern Beaches Women's Resource Centre (often called the 'Women's Refuge') and through this, we help women and their children who have been affected by domestic violence. We improve their economic status by donating new household items and paying for the children's swimming lessons, after-school care, support tuition and 'back to school' kits.

How many are involved in voluntary works through Zonta here on the Northern Beaches ?

We currently have 24 members in our club and many others in the community who join us to help out; to support our projects, our club needs to raise money. This money is in the form of grants and fund raising. Dee Why RSL have been very generous in providing money that we have used to support our study grant and student support recipients. Fundraising is through our annual Trivia night at the Mona Vale Memorial Hall July 14th – theme is Bastille Day 2012, the IWD breakfast (8 March), Australia Day Breakfasts (in conjunction with other service clubs) and other fun activities. This year we are having an Evening with Stylist which will be a night of Fun, Fashion & Style. This will be on Friday night 7.30, 7th September at the 'Freshstart Gym' function room.

You have a dinner every 4th Monday. What happens at these; do you have a speaker, discuss projects and Programs updates or...?

We have a monthly meeting at the Dee Why Master Builders Club, on the 4th Monday of each month. We generally have a guest speaker except for some meetings such as the AGM. The meeting has a formal agenda and minutes, each committee reports on their activities, members make decisions such as how funds will be spent and we discuss projects and progress.

What is the Club's 'motto' or a phrase they aim to work by?

The club's motto is ***Advancing the Status of Women*** - this is our mission statement.

Tweet Lik +1

May 13 - 19, 2012: Issue 58

Wilfrid Kingsford-Smith

12th of March, 1882 - 1960

Australia has had many private individuals develop infrastructure and establish whole new industries based upon need that have then gone on to serve other Australians and the rest of the world. Surf Life saving would be a prime example. The world of aviation is another. Wilfrid Kingsford Smith established regional flying and mail runs (here and NZ), and also ensured Australia had her own trained ground engineers and pilots in pre-war and in post war (WWII) as the principal of the College of Civil Aviation, instigated R.A.A.F. personnel learning air navigation and was the first instance of civilians being taught all about radar in the world. He was progressive, inventive, passionate about flying, an entrepreneur and a bit of a hidden story despite his massive contributions to Australian aviation.

Elder brother by 14 years of Charles Kingsford Smith and one of seven children of Catherine Mary Kingsford and William Charles Smith, Bank Manager, Wilfrid (spelt Wilfred in some sources) Smith spent his boyhood growing up in Cairns. Their mother changed their name at this time to Kingsford Smith reputedly after a man living in the same street, also by the surname of Smith, kept receiving their mail and not returning it.

In 1896 the family moved from Cairns to Hamilton in QLD, where brother Charles was born and then, in 1905, to Vancouver in Canada where their father worked with Canadian Pacific Railways. They returned to Sydney. Here Wilfrid, now 23, met and married Ernestine Lovell (nee Slatter, born St Leonards, 1887), in 1910 at Hunters Hill. They had three sons: John Wilfrid, Peter and Rollo, and one daughter, Margaret.

KINGSFORD-SMITH (nee Ernestine Slatter) - May 7th at their residence The Gunyah, Toowoomba Queensland to Mr and Mrs Wilfrid Kingsford-Smith – a son. Family Notices. (**1911, May 13**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article15249689

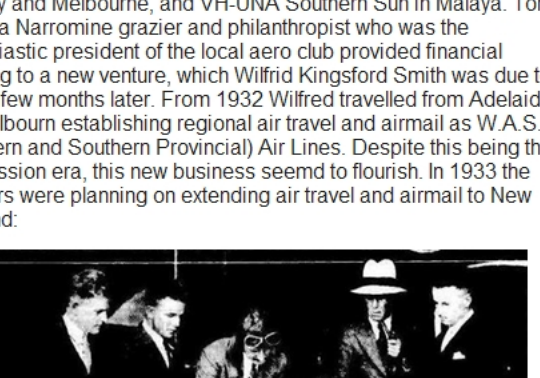
Australian National Airways was founded by Charles Ulm and Charles Kingsford Smith in 1929 and began operations in January 1930. They flew Avro 618 Tens, similar aircraft to Kingsford Smith's famous Southern Cross. However, the airline folded in 1931 after the crash of VH-UMF Southern Cloud in the Australian Alps between Sydney and Melbourne, and VH-UNA Southern Sun in Malaya. Tom Perry, a Narromine grazier and philanthropist who was the enthusiastic president of the local aero club provided financial backing to a new venture, which Wilfrid Kingsford Smith was due to start a few months later. From 1932 Wilfred travelled from Adelaide to Goulbourn establishing regional air travel and airmail as W.A.S.P (Western and Southern Provincial) Air Lines. Despite this being the Depression era, this new business seemd to flourish. In 1933 the brothers were planning on extending air travel and airmail to New Zealand:

Portrait of Wilfred Kingsford-Smith, B. Sheil, Mr S.E. Neilsen in New Zealand, 1930s nla.pic-vn3722921, courtesy National Library of Australia

Portrait of brothers Sir Charles Kingsford Smith and Wilfrid Kingsford Smith, ca. 1930s nla.pic-vn3722853, courtesy National Library of Australia

Group portrait of T. Pethybridge, W. Kingsford Smith, P.G. Taylor, C.E. Kingsford Smith, John Stannage, H. Affleck, Mascot Aerodrome, Sydney, 1934 [picture]. nla.pic-vn3930671, courtesy National Library of Australia.

Below: Running-up on the tarmac outside Kingsford Smith Air Service Hangar, 1920s, Sam Hood Home and Away – 844, Courtesy State Library of NSW



PREPARING FOR TASMAN FLIGHT- The Southern Cross, when it leaves on the flight from New South Wales to New Zealand, will carry the following:-Mr. H. Affleck (aircraftsman), Mr. t. Pethrybridge (chief engineer), Mr. P. G. Taylor (second pilot), Sir Charles Kingsford Smith (leader), Mr. Wilfrid Kingsford Smith (manager), and Mr. J. W. T. Stannage (wireless operator). No title. (**1933, January 10**). The Argus (Melbourne, Vic. : 1848 - 1956), p. 5. Retrieved from http://nla.gov.au/nla.news-article4518589

LEETON, Tuesday. Speaking at the Inauguration of the regular passenger air service between Leeton and Sydney, Wilfred Kingsford Smith said the daily service would soon be in operation. His company had planned that in five years time the residents of Leeton should be 'enabled to leave at 6 p.m., visit a theatre in Sydney, and be home at Leeton at l a.m. next day. THEATRES BROUGHT TO COUNTRY REACH. (**1935, August 21**). *The Canberra Times* (ACT : 1926 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article2396933

WASP Air Lines, like many other Kingsford Smith ventures in aviation, had problems The service to Leeton was ended in 1936 when a Tugan Gannet aircraft used by W.A.S.P. Airlines crashed on 26 February 1936 in the Cordeaux Dam area but continued elsewhere: *FIRST AIR MAIL. SYDNEY TO BROKEN HILL. Link with Adelaide and Perth.; The first air mail from Sydney to Broken Hill will be carried to-day by the Wasp Air-lines' Gannet 'plane, which will leave Mascot at 8 a.m. Mall for Dubbo, Narromine, Nyngan, and Wilcannia will be dropped off on the way. It is expected that the 'plane will reach Broken Hill at 1.30 p.m. in time to connect with the machine for Adelaide, so that Adelaide mail will reach Its destination to-night. As the Adelaide-Perth air mail leaves Adelaide on Saturday morning, mail for Western Australia will also make a suitable connection and will reach Perth on Sunday. Air mall will be carried to Broken Hill on Tuesdays and Fri-days, and the Friday mall will link up with the Perth service. The managing director of Wasp Airlines, Ltd. (Mr. Wilfred Kingsford Smith) stated yesterday that arrangements had been practically completed to equip all the company's machines with wireless and for the Installation of a radio beacon.* FIRST AIR MAIL. (**1936, March 27**). The Sydney Morning Herald(NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article17336456

A long standing friendship with P G Taylor, resident of Bayview, may have introduced the Kingsford Smiths to Pittwater. By 1939 Wilfred Kingsford-Smith had had a home built at Taylors Point, then still pristine bushland. This timber-framed building with a low-pitched skillion roof was designed by the same academic and architect who built Elaine Haxton's home, Arthur Baldwinson (pictures below). It may have been a weekender or Summer House for Wilfred as he was, by then, venturing into filling the large gap of aviation education in Australia, much needed as the nation entered WWII.

Progress Of Aviation: It is expected the coming year will see important developments in all phases of aviation, particularly the manufacturing side. In a statement at the week-end, Mr. Wilfrid Kingsford Smith, a brother of the late Sir Charles Kingsford-smith, said the College of Civil Aviation intends to erect a hangar at Mascot, so that practical training can be given to ground engineers, "Aviation training facilities in the past have been mainly directed towards flying," said Mr. Kingsford Smith. "The College of Civil Aviation will be conducted on the same lines as leading British and American aviation engineering schools, and it will give complete practical workshop instruction in aircraft maintenance." The Minister for Civil Aviation (Mr.Thorby) recently granted permission to aero clubs to undertake repair and overhaul work on aircraft other than those already owned and operated by them, because of a marked shortage of ground, engineers. BRIGHT NOTE STRUCK. (1939, January 2). The Mercury (Hobart, Tas. : 1860 - 1954), p. 6. Retrieved from http://nla.gov.au/nla.news-article25577663

And;

AVIATION SCHOOL- Opening In Melbourne; With the approval of the Civil Aviation Department, a college for the training of ground engineers for civil and military aviation will be opened at South Melbourne on July 22 by Mr. Wilfrid Kingsford-Smith, brother of the late Sir Chai les Kingsford-Smith. When opened in Sydney some months ago the College of Civil Aviation, first school of its kind In Australia, was immediately successful, more than 50 pupils being enrolled. "Many applications came from Victoria.", said Mr. Kingsford-smith, managing director of the school, yesterday. "As we considered that Melbourne was a more important centre of aviation than Sydney, we decided to establish a school in Melbourne also. We shall work in close harmony with the Civil Aviation Department, whose syllabus we have adopted."
The full course will occupy from 12 to 18 months. As the course does not deal with actual flying there Is no necessity for the school to be established at Essendon. A lease has been taken of a two storey building in Moray street, South Melbourne. The principal will be Mr. V. J. Scott and the manager Mr. N. E. Trimble. Mr. Kingsford-smith said that pupils would be trained also for entry into the R.A.A.F. .
AVIATION SCHOOL. (1939, July 8). The Argus (Melbourne, Vic. : 1848 - 1956), p. 9. Retrieved from http://nla.gov.au/nla.news-article11239441

During WWII all three of Wilfred's sons served as pilots: see *Smithy's three nephews carry on great tradition* (left) Wing-Commander Rollo (left) served in the first Australian Lancaster squadron, Squadron-Leader John in New Guinea, and Flight-Lieutenant Peter in Europe before being a prisoner of war; photographed on Rollo's wedding day, November 23, 1940, the last occasion on which the boys were home together. All three had been trained in the 'cow paddock' that their uncle and father's flying school at Mascot was situated in.

Rollo, who apparently wanted to be a doctor, continued a career in the R.A.A.F. until 1949: Wing-Cmdr. Kingsford Smith Resigns MELBOURNE, March 8 1949 Wing-Cmdr. Rollo Kingsford Smith, nephew of Sir Charles Kingsford Smith, who is in charge of the air and ground radio school at Ballarat, has announced that he will resign from the RAAF at the end of the month.

After the war Wilfred continued as principal of the College of Civil Aviation, helping ex-war pilots train for civilian flying: Need For Development (left). Clearly a driven man, who mixed driving his sons to achieve their best with his love of them, this flyer, instigator of connecting regional Australia with its larger cities, knew his forte was in building for others and for the future. We may all laud his younger brother but we should also applaud him for all the work he did in furthering aviation in Australia. That he was often mistaken for his brother, simply through a likeness, does not detract from all he was and achieved:

INTIMATE GLIMPSES OF "SMITHY'S" LIFE Pathos, Humor, And Love Of Mother. EXCLUSIVE INTERVIEW WITH BROTHER. Intimate glimpses of the life of the world's greatest airman, Sir Charles Kingsford Smith, in which the litre of adventure, pathos, humor and the love of a hardy little mother for her sons and her battle to prevent sentiment from interfering with their careers, were given to-day by Sir Charles's brother, Mr. Wilfrid Kingsford Smith, who is in Broken Hill in connection with the arranging of the Broken Hill-Sydney air service.
Many of the sidelights given in the exclusive interview with "The Barrier Miner" were related for the first time, as it was feared that if some were published elsewhere too soon after their occurrence feelings would be unnecessarily hurt.
IMPERSONATED BY BROTHER
The most startling' revelation and one that will set many people wondering was that Mr. Wilfrid Kingsford Smith has impersonated his brother at several public functions. Mr. Wilfrid's likeness to his famous brother made it unnecessary, to change anything but his name. "The clamoring of people to see Sir Charles and to shake him by the hand made it necessary for him to 'let up' occasionally," said his brother. "There was nothing else to be done' but forme to take his place. I well remember one occasion on which it had been announced that 'Smithy' and his mother would occupy a certain box at a theatre. At the last minute 'Smithy' took ill, and I agreed to take his place. Mother and I entered the box amid a storm of applause from an audience that had fought at the booking office to book seats.
"A light was focussed on us and I bowed and waved to those below. They could not see that I was slightly taller than the real 'Smithy.' It was certainly a 'Smithy' that greeted them, but ignorance was bliss."
On numerous occasions, Mr. Wilfrid Kingsford Smith has been cheered to the echo when alighting from planes by people mistaking him for his brother. "It suits 'Smithy,' said Mr. Wilfrid 'laughingly. "He feels under a great obligation to his elder brother for taking, the limelight away from him occasionally."
TRIBUTE TO MOTHER
Tribute to the part played in the moulding of "Smithy's" career by his mother was paid by Sir Charles's brother, "It was only natural that when he first started these flights mother should worry for his safety and spend sleepless nights waiting for news of him. Yet she never displayed any sentiment.
"Her first words to him after each of his gambles with death were never of the type to hinder him in his career. She fought down the pleas which any mother would long to make in such circumstances and helped him on to further success."
An amusing but tragic little story was related by Mr. Wilfrid Kingsford Smith concerning "Smithy's" first conquest of the Pacific in 1928. "On his arrival at Mascot, there were more than a quarter of a million people waiting to greet him, and before the huge assemblage mother embraced and kissed Charles as soon as he alighted from the plane.
"Dozens of press photographers snapped the fond embrace and the photograph was published in all parts of the world with the catch line, 'God bless you, my son.'
"I told mother later that I could not imagine her letting sentiment get the better of her like that and she replied that she had said nothing of the sort. What she did say was, 'Charlie, you dirty little monkey, go and have a bath.'
That spirit was typical with. The hardy little mother. When her other son, Eric, joined the-navy during the war and featured in the sinking of the German cruiser Emden as a lieutenant on the Sydney, her sentiment was subdued and she sent her son off to further encounters with words of encouragement ringing in his ears.
SACRIFICES REWARDED
Her sacrifices have been rewarded. Eric retired from the navy through illness with the rank of commander, Sir Charles has won the distinction of being the world's greatest airman, and Wilfrid in one of the best known organisers of air routes in Australia. "We all owe our success to our mother and the encouragement she gave us despite the hazardous nature of our occupations," said Mr. Kingsford Smith. "She can. boast that she has 'two sons who hold world records in the air-Charles and myself. Charles is the world's best flier and I am the worst. - If that isn't a record then Charles cannot claim, any records," added Mr, Kingsford Smith, who, despite his assertions to the contrary, is no mean hand with the joy-stick.
Discussing Sir Charles's - future, Mr. Kingsford Smith said that although his brother had promised his wife that he would give up dangerous record flying he would never do it. "He settles down for a few months and then his bones start to itch for fresh adventure and he is off again. It is in his blood, and he can never give it up.
GIVEN UP WORRYING
"I, for one, am content to let it go at that. I have given up worrying and just accept the inevitable. My brother, although daring, never takes a risk that can be avoided, and to use a legal phrase, only an act of God can. bring his end, in the air."
"Before he left he advised me to always select married pilots for my services because the- more married they were the more frightened they were, and frightened pilots were undoubtedly the safest. That outlook is typical of my brother in everything he does." concluded Mr. Kingsford Smith.
Mr. Kingsford Smith will be in Broken Hill until Monday completing arrangements for the new service to Sydney. He will then go to Wilcannia by car to finalise arrangements there.' INTIMATE GLIMPSES OF "SMITHY'S" LIFE. (**1935, November 7**). *Barrier Miner* (Broken Hill, NSW : 1888 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article46710495

Mr Wilfrid Kingsford SmithResearch.pdf
Size : 180.199 Kb
Type : pdf

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Further:

Smithy's three nephews carry on great tradition - FAMILY ALBUM SNAPSHOT of the late Sir Charles Kingsford Smith in 1916. Smithy, then 19 had been invalided home, having collected the M.C. and foot injuries in a dogfight over France. With him are his sister-in-law, Mrs. Wilfrid Kingsford Smith (left), three of her children, Peter, John (back), Margaret and a family friend.

By VICKI ANDERSON

Among the cheering quarter of a million spectators at Mascot aerodrome when Charles Kingsford Smith stepped from the Southern Cross after his epic trans-Pacific flight in June, 1928, were three small boys.

They were Smithy's most ardent hero-worshippers, his nephews Rollo (9), Peter (11), and John (14). THIS month, at the ripe old age of 25, Rollo, a wing commander, winner of the D.F.C. and commanding officer of the most recently formed R.A.A.F. bomber training unit in Britain, was awarded an immediate D.S.O.

Peter, after distinguished service as a flight-lieutenant with the R.A.A.F. in England, was shot down over Europe last year, and is now a prisoner of war in Germany.

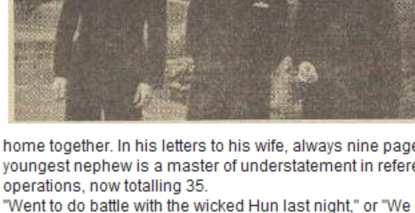
John, an outstanding pilot in civil aviation before the war, is now squadron-leader of an operational unit in the North. It is to be hoped that the scene of the three boys at the aerodrome will be included in the film now being made in Australia of the life of the late Air-Commodore Sir Charles Kingsford Smith. They are the sons of Mr. and Mrs. Wilfrid Kingsford Smith, of Neutral Bay.

A brother of "Smithy," Mr. Wilfrid Kingsford Smith figured prominently in pre-war civil aviation, originating many inter-city airmail services, including that from Sydney to Broken Hill. Youngest of these flying nephews, Wing-Commander Rollo Kingsford Smith, was until recently the youngest wing-commander in Allied operational command in England. That the influence of his uncle is ever present is revealed in his only comment on his decorations: "I guess the old boy would approve."

In an interview with Rollo's pretty23-year-old wife at Mosman, I learned that this brilliant young wing-commander finds his greatest excitement not in flying, but in listening to a stranger in some obscure part of England recall the exploits of his uncle.

"Nothing can compare with the kick I get out of it," he wrote his wife. "It's good to know the old boy is so well remembered by everyone I meet-that is everyone except the editors of that darned newspaper."

"That darned newspaper" was an English daily, which, after writing at length on Rollo's exploits, evidently got its Kingsford Smiths slightly mixed, and concluded by crediting Rollo with flying the Pacific in1928. "Darling," wrote Rollo to his wife just after the story was published, 'I've kept something from you. I flew the Pacific when I was nine."



Left: THE THREE FLYING NEPHEWS of the late Air-Commodore Sir Charles Kingsford Smith-Wing-Commander Rollo (left), Squadron-Leader John, and Flight-Lieutenant Peter photographed on Rollo's wedding day, November 23, 1940. It was the last occasion on which the boys were home together. In his letters to his wife, always nine pages at the least, Smithy's youngest nephew is a master of understatement in references to any of his operations, now totalling 35.

"Went to do battle with the wicked Hun last night," or "We had quite a party, and, oh, yes, the plane caught on fire, but I kept my fingers crossed."

This from a young airman who is flying sometimes four operations a week, and whose citation accompanying his D.F.C. read:

"This officer is a gallant squadron leader whose contempt for danger and outstanding ability have been well reflected in the operational efficiency of *is squadron."

Shades of 1916 when 19-year-oldCharles Kingsford Smith, flying a suicide crate, won the M.C. for "exceptional bravery when engaged with enemy aircraft over France."

For two weeks before the European invasion Wing-Commander Kings-ford Smith's squadron was working twelve hours on with only four hours off.

The highlight of each raid was the party on the return trip home. " Just before sighting the English coast we'd put on the automatic pilot and settle down to a spread of chocolate, orange juice, and dried fruit," Rollo wrote his wife.

As a boy, remembering his uncle's advice that to be a great flier you had to be a great mathematician. Rollo concentrated on maths, at Sydney High School, graduating with Maths honors in the Leaving. As a cadet at Point Cook he won his wings early in 1939. Studying navigation at Richmond, he was one of the first nine fliers to obtain a first-class navigator's certificate (certificate No. 1 is held by the famous Captain P. G. (Bill) Taylor).

Rollo arrived in England in May, 1943, and later led the first Australian Lancaster squadron on a Berlin raid. News of his immediate award of the D.F.C. was given him in the officers' mess by the Prime Minister Mr. Curtin during his visit to England in April.

Rollo's wife, who was formerly Miss Grace Prior, of Mosman, still regards her tenth birthday as one of the most important days of her life, for it was the day Charles Kingsford Smith was married. "I was thrilled as could be, little realising that one day I would be-come a member of the family," she said. They have a two-year-old daughter, Sue.

Rollo's brother Peter, who was in the Militia, joined the Air Force in 1940, and later left for overseas. During a hazardous convoy crossing from Canada to England, when the ship in which he was travelling in was -attacked by planes, he took charge of the ship's anti-aircraft guns. Reported missing on a raid over Europe in February last year, he was not captured until four months later. The story of how he was kept in hiding by Allied sympathisers during those months is probably as dramatic as any to be told after the war.

First news Mrs. Wilfrid Kingsford Smith received of her son after he had been reported missing was a cable from an Englishwoman: Mrs. H. Nicholls, of Moss Lane, Pinner, who has proved a splendid friend to hundreds of young Australian airmen in England. "The cable stating that Peter was safe was a tremendous relief to us after all those anxious months of not knowing whether he was dead or alive," Mrs. Wilfrid Kingsford Smith said. "Mrs. Nicholls deserves a medal for the wonderful job she is doing. Since Rollo first spent a leave at her home a year ago, she has thrown open her home to more than 500 lonely young Australian airmen. "The boys and their families back home, with whom she keeps in touch, are very grateful to her."

The third of these flying brothers, John, now a squadron-leader of an operational unit in the North, early in 1937 established a high-altitude record for light aircraft. Permission is being sought for John to be released from the Air Force to fly aircraft for the film of Kingsford Smith's life. This film, which will be the most expensive ever made in Australia, is being backed by Columbia Pictures and produced by the managing, director of Columbia Pictures Pty. Ltd. in Australia (Mr. N. P. Perry).

Director Mr. Ken G. Hall says that he has discovered eight prospects for the part of Smithy, and more than 20 applicants who bear remark-able resemblances to the great air man. Smithy's former wireless operator, John Stannage, will appear in the film. Liaison officer SQUADRON-LEADER Bill Chaseling, another old friend of the airman's, will act as liaison officer between the R.A.A.F. and Cinesound.

Smithy's wife, Mary (now Mrs. Alan Tully), who will also be represented in the film, is now living at Atlanta, Georgia, U.S.A., with her son Charles, and a daughter by her second marriage, Belinda. A recent letter to the family said that "Charles II" had just gone into his first pair of long pants.

Although scenario writers are juggling now with enough material for three pictures of Smithy's colorful life, hundreds of friends and acquaintances of Smithy continue to flood the studio with little-known anecdotes and sidelights on his career.

His family, all of whom will be represented in the film, are hoping that this particular favorite one will be included in the scenario: The central figures are Charles and his mother, who died three weeks after all hope had been abandoned for her son, lost off Burma while attempting a record flight from England to Australia in 1935.

The scene was Mascot aerodrome, June, 1928, with the cheering thousands and Charles (or "Chilla," as his adored and adoring "Nan" always called him) rushing to greet her after his harrowing nine-day flight from San Francisco. Taking one look at the nation's idol, with his grease-stained face and flying-suit, she gasped: "Chilla, you dirty little monkey. Go straight home and have a bath." Smithy's three nephews carry on great tradition. (1944, September 2). The Australian Women's Weekly (1933 - 1982), p. 16. Retrieved from http://nla.gov.au/nla.news-article47217119

NEED FOR DEVELOPMENT Mr. KINGSFORD-SMITH'S IMPRESSIONS. ; Cairns, with its surrounding districts, should be the greatest 'tourist resort in Australia and the head-quarters of one of the world's finest scenic centres. This was the opinion of the city's potentialities, expressed yesterday by Mr. Wilfrid Kingsford-Smith, an elder brother of the .late Sir Charles; who has almost completed a fortnight's visit to the district. Mr. Kingsford-Smith spent mach, of his boyhood In Cairns. He suggested the opening of further exploitation of the coral, islands, the establishment of tourist resorts in the inlets of Trinity Bay, further advertisement of "our marvellous lakes" as he termed them-Barrine and Eacham. Only the Barron Falls were publicised in the south, he added. Mr. Kingsford-smith added that increased industrialisation should be facilitated by the comparatively 'cheap electrical power. He considered that air travel had played a noteworthy part in the-district's development to date.

CITY BANKS' HISTORY

A little of the city's earliest : banking history was revealed by Mr. Kingsford smith, whose, family background is closely associated with Cairns of the-early days.

His father, Mr. W. Smith, opened the Bank of New South Wales in a tent in Cairns in the late 1870's. Soon after that he married , the daughter of the late Mr. R. Kingsford, and the family assumed the name of Kingsford-smith.

Next, Kingsford-smith, senior, joined the Queensland National Bank-it was customary for men in those days to transfer from one bank to another as opportunities offered. The bank, even then, was a two-storied wooden building, on its present site. At that period the two eldest of the seven Kingsford Smith's were born.

Mr. Kingsford-Smith's third and final venture in Cairns was in 1892, when he joined the Bank of North Queensland as its manager. That bank became the National Bank in Cairns. The family home, "Invicta," was for many years a landmark in Cairns, it occupied the vacant allotment on the Esplanade, where the Canberra Hotel is to be built "Fairview," the Kings' ford's old home, was later purchased by the Munro estate and by reason of its isolated position, was used for secret works during the war by the "Z" Experimental Section.

The "Kingsford-smith family left Cairns in 1896, a year before the birth of Sir Charles. "If he had lived he would be 50 next year," ' said his brother.

Mr. D. Headrick and the Town Clerk (Mr. A. E. Wilkinson) were schoolmates of the Kingsford-Smiths, as were also Mr. C. Cannon, Mrs. Les. Walker, of Hambledon and Miss Prewitt. His visit to Cairns after many years in metropolitan centres bas made a very happy impression on Mr Kingsford-smith. He commented on the absence of drunkenness in the city a factor for which he 'declared later closing- hours was responsible. It afforded a pleasing .contrast to the position in Sydney and Melbourne. Again, in contrast to conditions in the metropolis, he was impressed by the orderly conduct of young people at the city's seaside -resorts. Service afforded by every section-of the community also, evoked warm praise. He stated that he, his wife and Mrs Tate, of Sydney, who have been in Cairns almost a fortnight "had received excellent and cheerful service from everyone-hotel and shop assistants, car drivers, etc.

FIRST CRASH

Mr. Kingsford-Smith humorously referred to Sir Charles' first "crash" as a boy of eight; " He extended, the ribs of an umbrella by adding oiled silk made a propeller which was fastened behind his back with a ratchet and a handle at his side. On the trial day he jumped off an out-house, sailed about12 feet, then the umbrella collapsed and he landed, dislocating a collar-bone."

All three sons of Mr and Mrs. Wilfrid Kingsford-Smith served with the RAAF, during the war,-"bringing home a gong or two," as their father put it. **He is Head of the Kingsford Smith engineering company at Brisbane, Sydney and Melbourne, but his greatest interest is in his position as head of the College of Civil Aviation, where air navigation is taught to former R.A.A-F. personnel who wish to enter civil airlines. There radar will, be taught for the first time in the world under civilian conditions, and instruction is to be given in the near future in jet propulsion.** Mr. and Mrs. Kingsford-smith and Mrs. Tate, who are staying at the Strand Hotel, will leave by plane to-day to return to the south.' NORTH'S BEAUTIES. (1946, July 20). Cairns Post (Qld. : 1909 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article42503285

Extensive Aviators website: http://www.ctie.monash.edu.au/hargrave/pioneers.html

Kingsford-Smith prepares to take-off in Anzac (name papered over on the side and changed to Lady Southern Cross), Anderson Park, Neutral Bay. Date of Work; 17 Jul 1934, Call Number Home and Away – 4304, "Taken for the "Argus", "Star" and "Australasian", published in Melbourne." (Ted Hood, 13/1/90) Smithy's Lockheed Altair, "Lady Southern Cross", Courtesy State Library of NSW

Charles Kingsford-Smith with his Mother and Father, 1928 / photographer unknown, Digital Order No. a4362093, courtesy State Library of NSW

Above: House at Taylors Point for Mr W. Kingsford-Smith, 1939, No. a1422024 and No. a1422026

May 13 - 19, 2012: Issue 58

Landline; an Australian Icon

Lately we've been asking your grandparents what they'd like you to be aware of and watch if you're going to spend time watching television rather then being outside, surfing, skipping or swimming around. In 8 out of 10 of these the answer was "Landline! Get them to look at Landline so they know what life is like outside of the city, so they realise milk doesn't come from a plastic bottle!"

Landline is an ABC news program about the land and rural Australia, not a phone service your parents provide when your mobile has run of credits. Your grandparents have made a very good suggestion. This fantastic program is well worth an hour of your time each Sunday. Along with current articles that will give you insights into the highs and lows of rural life, rainfall reports and commodities updates that may cause you to aspire to achieving just one pay cheque every year instead of weekly wages or monthly salaries, just spending a bit of time gazing in will broaden your horizons. To be on the land is to be surrounded by the very best life can offer and also its biggest challenges. Everything you may eat, wear, drink, what comes and goes with each season, environmental sustainability, the cows in the top paddock and even Top End paddocks, the vastness and complexity of Australia itself is presented in this Program and will raise your thirst for more and instil a pride in Australian produced goods and Australian peoples.

Since 1991 the ABC's Landline has brought you the faces and voices of those who live and work in ochre earths, verdant greens, in aquaculture or viticulture. Never been to a real Bachelor and Spinsters Ball? Landline will take you there. Ever wondered what it's like to be a drover? Landline will show you. The annual events of the bush, the dairy lands, the fluxes and flows of weather phenomena and how they affect what you'll pay for juice or bananas are all brought to you. Enrich yourself! Sample of one article (at right) this week; sheep-lifting !

Landline screens on the ABC1 channel every Sunday from 12pm and is repeated on Mondays from 11am. Check out more at; www.abc.net.au/landline/

HELPING LEARNER DRIVERS BECOME SAFER DRIVERS

A free workshop for parents and supervisors of learner drivers will be held by the Roads and Maritime Services with Pittwater Council **at Mona Vale Library on Wednesday 16 May from 6.30pm**. The course, 'Helping Learner Drivers Become Safer Drivers', will offer parents and supervisors hands-on advice on how to provide the most effective driving practice for learner drivers.

The Council's Road Safety Officer Michelle Carter said licence conditions for learner drivers meant there was a minimum of one year on 'L' plates and 120 hours of supervised driving, including a mandatory 20 hours of night-time driving. "A more rigorous driving test has also been introduced, focusing on hazard perception and driver reactions," Ms Carter said. "Parents and supervisors of novice drivers have a crucial role to play in making our roads safer, and that is why the RMS has developed a course to better support them."

The free course will cover topics such as:

•laws for learner and P-plate drivers

•how to use the Learner Driver Log Book

•how to plan on-road driving sessions

"Parents and supervisors who have attended this course found it boosted their confidence, helped them better plan driving sessions and allowed them to share experiences with other parents and supervisors," added Ms Carter.

The workshop will run from 6.30 to 8.30pm. Bookings for the Helping Learner Drivers Become Safe Drivers course are essential and can be made by calling Michelle Carter from Pittwater Council on 9970 1196 or by email at michelle_carter@pittwater.nsw.gov.au

Tagged wins Silver World Medal at the New York Festivals Television and Film Awards-Thursday, April 19, 2012

Tagged is a compelling film that tells the story of how a friendship circle breaks down following the posting of a rumour on a blog. The dramatic storyline encourages young people to reflect on how their online interactions may have real life consequences. The film tackles important issues of cyberbullying, sexting and the importance of digital reputation. **Cybersmart website**

Volunteering Video Competition for Young People - Call for Entries| Office for the Not-for-Profit Sector - PORTFOLIO: Prime Minister and Cabinet

SNIPPET: On 19 April 2012, the Minister for Social Inclusion, the Hon Mark Butler MP, launched a new competition for young Australians. Over 6 million Australians volunteer each year with not-for-profit organisations, contributing more than $14.6 billion in unpaid work. For more information about the International Year of the Volunteer + 10, visit their...

RE-RUN OF CHILDREN'S THEATRE - NO DRAMA AT LIBRARY!

A 'reader's theatre' will return to Mona Vale Library next term for budding dramatists aged between 10 and 12. The sessions are hosted by drama teacher Helen Rosenkranz free of charge once a fortnight at the library, **starting next term on Wednesday 2 May 2012.**

As librarian Rebeccah Vick explains, the reader's theatre gives children the chance to read aloud plays and enjoy other dramatic activities under the direction of an experienced drama teacher.

"They'll learn how to project their voice, the importance of using expression to add emotion and tips on speaking clearly and more slowly to get their audience's attention," she said. "Overall the reader's theatre classes are designed to improve children's confidence in public speaking."

"We had a lot if interest in the reader's theatre last term, so are delighted that we can offer the sessions again. They start again on Wednesday 2 May and run every fortnight on a Wednesday between 4pm and 5pm, " said Ms Vick.

Classes are free-of-charge but bookings are essential; to book phone the library on 9970 1600. For more information call Rebeccah on 9970 1622. The reader's theatre is just one of several events planned to celebrate 2012 as the National Year of Reading. Mona Vale Library is located at 1 Park Street Mona Vale. For more information visit www.pittwater.nsw.gov.au/library

Love Food, Hate Waste Cookbook

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

Dorothea Mackellar Poetry Awards Optional Theme for 2012: Wheel and Wings and Marvellous Things

The oldest and largest poetry competition for school aged children in Australia. The Awards optional theme for the 2012 is 'Wheels and Wings and Marvellous Things' - celebrating the vivid images poetry creates as we read and ponder the written verse.

The competition dates for this year are from 1st March to 30th June 2012. More Information and Entry at;

http://www.dorothea.com.au/

Above: Dorothea Mackellar dressed as one of the Graces for Mrs T.H. Kelly's Italian Red Cross Day tableaux at the Palace Theatre, 20 June 1918 / photographer, Glen Broughton. WWI Fundraiser. Courtesy State Library of NSW. Image a928963

Bus Pass Replacement

HERE

National Year of Reading 2012:

For teens, we (Federal Government) will be running the National Year of Reading Creative Reading Prize. It's an expansion of something that already happens through the Centre for Youth Literature (http://www.insideadog.com.au/blog/inkys-creative-reading-prize-2011).
Young people will be asked to nominate the one book they think their peers must read in 2012 and then to provide a convincing argument in the form of a creative response to the story. This will be a book review, but it could be in the form of words, pictures, film, song, or something even more avant garde. We'll be partnering with insideadog.com.au, spineout.com.au and Madman Entertainment to create a fantastic competition with some really great prizes. More at: http://www.love2read.org.au/

As part of this: **Bedtime Stories: Downloadable Tales for Children** Available right now AT: http://www.australianwomenonline.com/bedtime-stories-downloadable-tales-for-children/

Australian Stories Online

Project Gutenberg Australia, has a great list of old legends and books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

Send In Your Stuff

Pittwater Online News is not only For and About you, it is also **BY** you. We cannot publish swearing or the maligning of others (this is the opposite of what we stand for). If you have a poem, story or something you want to see addressed, let us know or send to: pittwateronlinenews@live.com.au

All are Welcome, All Belong !

Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. **Make sure you are heard**. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.

Tweet | Like | +1

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

Word of the Week

Soul; noun and adjective ; 1. The animating and vital principle in humans, credited with the faculties of thought, action, and emotion and often conceived as an immaterial entity. 2. The spiritual nature of humans, regarded as immortal, separable from the body at death, and susceptible to happiness or misery in a future state. 3. The disembodied spirit of a dead human. 4. A human: *"the homes of some nine hundred souls"* (Garrison Keillor). 5. The central or integral part; the vital core: 6. A person considered as the perfect embodiment of an intangible quality; a personification: I am the very soul of discretion. 7. A person's emotional or moral nature: "An actor is ... often a soul which wishes to reveal itself to the world but dare not" (Alec Guinness).8. A sense of ethnic pride among Black people and especially African Americans, expressed in areas such as language, social customs, religion, and music. 9. A strong, deeply felt emotion conveyed by a speaker, a performer, or an artist. 10. Soul music.

From Middle English soule, from Old English sāwol; akin to Old High German sēula soul. In use prior to 12th century

Soul Classics I: Marvin Gaye's 'What's Going On"

Last year we brought you an article on music that was popular before you were born as a relative of a staffer thought music began when he did and scoffed at the notion that he could learn anything from the music and songs his parents had danced to. We had such a positive response from some of you, and requests for more, that we have slated a series of little pieces we'll call 'Soul Classics' for your enjoyment and musical education. '*Something for your mind, your body and your soul…*' as a few others songs state it…

To begin: One seriously smooth crooner and a song with a bit of history attached is Marvin Gaye's 'What's Going On' from the album of the same name. This was Gaye's 11th album and is noted for addressing current American problems and also for including elements of jazz and classical music instrumentation and arrangements. The record was among the first soul albums to place heavy emphasis on political and social concerns such as environmentalism, political corruption, drug abuse, and the Vietnam War, in which Gaye's brother, Frankie Gaye, had served for three years for the U.S. Army. It also reinforced Gaye's inclusion of his spirituality into music and became a representational protest of the plight of African Americans being restricted by the socio–economic conditions being 'applied' to them.

The album itself is nine songs told from the point of view of a Vietnam Veteran returning home to America and finding as much conflict there as the place he has left. Some of you may not be aware that here, in Australia, and in America, many soldiers returning from this conflict were ignored and vilified rather then being thanked for doing the work they were ordered to do and many suffered for decades as a result of the shame and embarrassment heaped upon them.

Marvin Gaye, himself in personal conflict at this time after losing his best friend to a brain tumor and suffering from depression as a result, remarked to Rolling Stone magazine about the content of this album:

In 1969 or 1970, I began to re-evaluate my whole concept of what I wanted my music to say... I was very much affected by letters my brother was sending me from Vietnam, as well as the social situation here at home. I realized that I had to put my own fantasies behind me if I wanted to write songs that would reach the souls of people. I wanted them to take a look at what was happening in the world.

Marvin Gaye

The song "What's Going On", written by Renaldo "Obie" Benson, Al Cleveland, and Marvin Gaye. reached #2 on the pop charts and #1 on the R&B charts. Originally it stemmed from Benson's experience while on the road in San Francisco in 1970 when he saw several young anti-war protesters being arrested and pushed over by police. He was deeply upset by what he'd witnessed and when he returned home, began writing a song initially about police brutality and "picket lines, picket signs". The song, still unfinished, was turned down by one after another of his cohorts as being too controversial and liable to cause them problems. Gaye, while golfing with Cleveland and Benson, came up with the title 'what's going on' and modified the "picket lines, picket signs" lyrics to the chorus with the repeats of "what's going on" as well as adding in some of his own lyrics which reflected the horrific stories his brother, serving in Vietnam, had told him via letters. He also added melodies via his piano. He then recorded it with Benson and Cleveland. The song is considered not only one of the soul classics but also represents the Civil Rights movement of African-American peoples and is pretty popular still with our now recognised, and thank, Vietnam war survivors.

There are a few versions of this song and we encourage you to explore the internet and choose for yourself which you prefer. Many have footage of the gent himself. The one we chose is guided by sound quality, so you can *feel*, as much as hear, how great this music, and this song, is.

More on Marvin Gaye: Marvin Gaye. (2012, May 9). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Marvin_Gaye&oldid=491553326

Walk Safely to School Day - Friday 18th May

Walk Safely to School Day is an annual, national event when all Primary School children are encouraged to walk and commute safely to school. The event encourages parents, carers and their children to build regular walking to and from school into their daily routine. It also encourages parents to drive less and walk more, aiming to decrease vehicle congestion around schools and reduce carbon emissions from idling cars. For more information please visit www.walk.com.au

Life onboard RV Southern Surveyor with oceanographer Dr Bronte Tilbrook

So you're wondering if you could ever go to sea for a week, a month or even a year? If you're ever going to be a marine scientist, it would be good to know this before you head out to sea! Get a taste for life on board Australia's Marine National Facility ship, RV Southern Surveyor, with CSIRO oceanographer Dr Bronte Tilbrook.

CSIRO is Australia's national science agency and one of the largest and most diverse research agencies in the world. Australia's Marine National Facility (MNF) is a blue-water research capability, funded by the Australian Government and operated by CSIRO. The current MNF vessel is RV Southern Surveyor.

SPEEDING? YOU'RE IN OUR SIGHTS!

Pittwater, Warringah and Manly Councils and the Roads and Maritime Services have joined forces to reduce speed on northern beaches' roads through the Local Government Road Safety Program. The campaign - called *Speeding? You're In Our Sights* - will target drivers on the beaches using flashing VMS signs urging drivers to slow down, free 'slow down in my street' bin stickers and additional police enforcement. **The campaign starts on Monday 30 April and will run for three weeks until 20 May**. Drivers will be warned in advance about the campaign, with banners in key locations across the peninsula as well as bus shelter and press advertising.

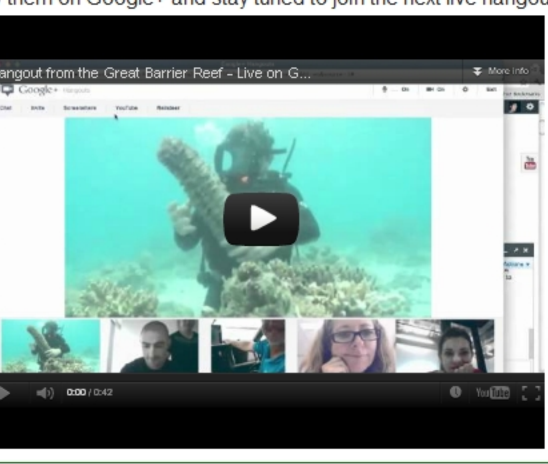
Senior Sergeant Rick Janssen from the Northern Beaches Highway Patrol said the key message of the campaign was that police are out to stop drivers not sticking to the speed limit. "If you're caught you'll face a heavy fine and could even lose your licence," he said.

Sgt Janssen said that young drivers are of particular concern. "Data across the Pittwater, Warringah and Manly local government areas shows that speed-related-crashes are significant among drivers 25 years and under."

Of the speed-related-crashes across the Peninsula, 42% of these are among the under 25 year olds. "These statistics are extremely worrying and show that speed plays a major part in injuries and loss of life on our roads, particularly among our young people, " added Sgt Janssen. Residents can also remind drivers to slow down by obtaining Slow Down in my Street stickers available from Pittwater, Warringah and Manly customer service centres.

Hangout from the Great Barrier Reef - Live on Google +

Award winning documentarian Richard Fitzpatrick, together with the team from the Catlin Seaview Survey, will be hanging out from beneath the sea - LIVE from the Great Barrier Reef. Be sure to follow them on Google+ and stay tuned to join the next live hangout!



Pittwater Online News

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Piano Man C/- W.A.G.

For those of you who remember the 40s - and even if you don't - enjoy boogie woogie as it was played (sometimes!). An amazing pianist. The Real Boogie Man! More on Tommy Johnson at: www.tommyjohnsonmusic.com

Days of Black and White – C/ -W.A.G.

(Under age 40? You won't understand.)

You could hardly see for all the snow, Spread the rabbit ears as far as they go.

My Mum used to cut chicken, chop eggs and spread mayo on the same cutting board with the same knife and no bleach, but we didn't seem to get food poisoning.

Our school sandwiches were wrapped in wax paper in a brown paper bag, not in ice pack coolers, but I can't remember getting e.Coli.

Almost all of us would have rather gone swimming in the lake instead of a pristine pool (talk about boring), no beach closures then.

We all took PE ... and risked permanent injury with a pair of Dunlop sandshoes instead of having cross-training athletic shoes with air cushion soles and built in light reflectors. I can't recall any injuries but they must have happened because they tell us how much safer we are now.

We all said prayers in school and sang the national anthem, and staying in detention after school caught all sorts of negative attention.

I thought that I was supposed to accomplish something before I was allowed to be proud of myself.

I just can't recall how bored we were without computers, Play Station, Nintendo, X-box or 270 digital TV cable stations.

Oh yeah ... and where was the Benadryl and sterilisation kit when I got that bee sting? I could have been killed!

We played "King of the Hill" on piles of gravel left on vacant construction sites and when we got hurt, Mum pulled out the 48 cent bottle of mercurochrome (kids liked it better because it didn't sting like iodine did) and then we got our butt spanked.

Now it's a trip to the emergency room, followed by a 10 day dose of a $49 bottle of antibiotics and then Mum calls the Attorney to sue the contractor for leaving a horribly vicious pile of gravel where it was such a threat.

To top it off, not a single person I knew had ever been told that they were from a dysfunctional family. How could we possibly have known that?

We never needed to get into group therapy and anger management classes.

We were obviously so duped by so many societal ills, that we didn't even notice that the entire country wasn't taking Prozac! How did we ever survive?

LOVE TO ALL OF US WHO SHARED THIS ERA. AND TO ALL WHO DIDN'T, SORRY FOR WHAT YOU MISSED. I WOULDN'T TRADE IT FOR ANYTHING!

Federal Government Media Release 1/5/2012

Self-funded retirees need to update their details - The Hon Jenny Macklin MP - PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs

SNIPPET: From today Centrelink is posting letters to 9,000 self-funded retirees who need to update their details in order to receive new cash payments to help them make ends meet. However, there are about 9,000 self-funded retirees who have not provided their bank account details to Centrelink. Of course, people can update their details after this date but it will mean they won't receive their advance payment on 25 June.

Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.

SENIOR MOVERS
Gracefully downsize with our experience and care...

www.seniormovers.com.au

Also see Belinda Grundy's Profile other great Business; www.bgpropertystyling.com.au

Pittwater Community Hub

Our recently opened office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street. We are open Monday to Friday, 9.00am to 4.00pm. The new Hub is fully 'manned' by our professional staff and local volunteers who can answer enquiries and provide personal assistance to meet the needs of residents of the northern beaches.

Click on logo to visit their website for more

Northside Community CONNECT

Warringah Council | Pittwater Council

Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets for Seniors Week. The Services, Activities & Housing Directory 2012-2013 is a one-stop-shop for all northern beaches seniors thanks to a successful partnership between Warringah, Pittwater and Manly Councils.

The directories can be found at Council's Customer Service; Libraries, Community Centres or online at the council websites.

If older people with mobility problems have difficulty assessing the directory - contact Aged Services and you will be sent a copy.

Independent Website for Elders:

http://www.agedcarecrisis.com/about

About us: We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities. We do not receive any funding. We are not affiliated with any government body. We are not affiliated with any religious body . We are completely independent

www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

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PITTWATER COUNCIL — CELEBRATING 20 YEARS 1992-2012

FREE LEGAL INFORMATION FOR SENIORS

Mona Vale Library and Legal Aid NSW are holding a free information session for the over 55s called 'families and finances' on Monday 14 May at 2pm. Library Manager Cathy Howie said the session, held during Law Week would help older residents understand the implications of financial arrangements within their family.

"It is important that people understand how entering into financial arrangements with your family may affect your pension or your home," said Ms Howie.

The free session will focus on the impact of:

•Giving away money and assets to your family, •Lending money to your family, •Mortgaging your home to help your family, •Giving money to a family member in return for being able to live with them

The session will be held at Mona Vale Library from 2pm to 3.30pm and refreshments will be provided. This is a free event, however places are limited and bookings are essential on 9970 1600. Mona Vale Library is located at 1 Park Street, Mona Vale.

Law Week 2012 runs from 14 to 20 May and is a nationwide initiative to promote community awareness of the law, the legal system and the legal profession. NSW Law Week is supported by a number of organisations including the Law Society of NSW and the Department of Justice and Attorney. For details of other Law Week events in NSW visit www.lawweek.org.au

Above: PYE B&W Australian television from the 1970's.

PYE - Black and White Days

Pye Ltd. was an electronics company founded in Cambridge, England and is currently wholly owned by Philips. W.G. Pye & Co. Ltd. was founded in 1896 in Cambridge by William George Pye, an employee of the Cavendish Laboratory, as a part time business making scientific instruments. By the outbreak of World War I in 1914 the company employed 40 people manufacturing instruments that were used for teaching and research. The war increased demand for such instruments and the War Office needed experimental thermionic valves. The manufacture of these components afforded the company the technical knowledge that it needed to develop the first wireless receiver when the first UK broadcasts were made by the BBC in 1922. Instruments continued to be designed and manufactured under W G Pye Ltd, later situated in York Street Cambridge, while a separate company was started to build wireless components in a factory at Church Path, Chesterton.

In 1928 William Pye sold the company, now renamed Pye Radio Ltd., to C. O. Stanley, who established a chain of small component-manufacturing factories across East Anglia. When the BBC started to explore television broadcasting, Pye found that the closest of their East Anglian offices was 25 miles outside the estimated effective 25 mile radius of the Alexandra Palace transmitter. Stanley was fascinated by the new technology and on his instructions the company built a high gain receiver that could pick up these transmissions. In 1937, a five-inch Pye television receiver was priced at 21 guineas (£22.05) and within two years the company had sold 2000 sets at an average price of £34.

In February 1944, Pye formed a specialist division called Pye Telecommunications Ltd which it intended would design and produce radio communications equipment when the war ended. This company developed, prospered and grew to become the leading UK producer of mobile radio equipment for commercial, business, industrial, police and government purposes. See www.pyetelecomhistory.org .

After the war Pye's B16T nine-inch table television was designed around the 12-year-old EF50 valve. It was soon superseded by the B18T, which used an extra high tension transformer (EHT) developed by German companies before the war to produce high cathode ray tube voltages.

Television in Australia began experimentally as early as 1929 in Melbourne with stations 3DB and 3UZ using the Radiovision system by Gilbert Miles and Donald McDonald, and later from other locations, such as Brisbane in 1934. Televisions in private homes began in 1956 and mainstream professional television was launched on 16 September 1956 in Sydney. The new medium was introduced by Bruce Gyngell with the words '*Good evening, and welcome to television*'.

Pye Ltd. (2012, February 28). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Pye_Ltd.&oldid=479237128

Contact Community Care Northern Beaches by clicking their logo:

CCNB COMMUNITY CARE (NORTHERN BEACHES) LIMITED

Avalon Computer Pals for Seniors

COMPUTER PALS AVALON FOR SENIORS

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

Article on their Seminar

The Senior Newspaper Online

Click on logo:

Senior PUBLICATIONS

HEARTMOVES | Heart Foundation

Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. $8.00 casual Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au

May 13 - 19, 2012: Issue 58

Investigator looking ship shape - From CSIRO Media Releases - 9 May 2012

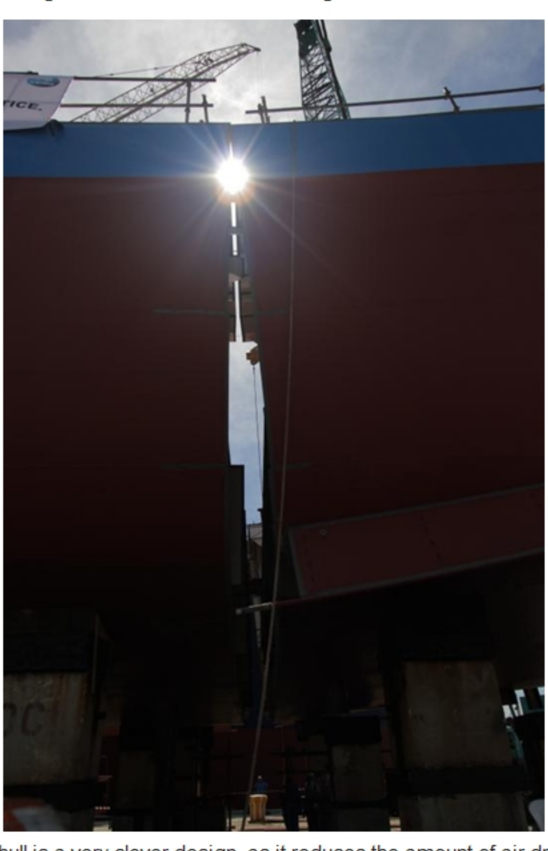
CSIRO's CEO Dr Megan Clark arrives for the keel laying ceremony

Australia's new Marine National Facility vessel will start looking ship shape today as hundreds of tonnes of steel are lifted into place to form part of the keel of RV Investigator.

CSIRO Chief Executive Dr Megan Clark said significant progress has been made since construction of the 93.9 metre blue water research vessel, started in January at the Sembawang Shipyard, a subsidiary of Sembcorp Marine in Singapore.

"Two sections of the keel, each weighing around 140 tonnes, will be lifted into place, ready for welding together, to form the foundation of the vessel," said Dr Clark.

The contract to design, build and commission the vessel was awarded to Teekay Holdings Australia, which partnered with the Sembawang Shipyard in Singapore because of its track record and strong commitment to new technologies and innovation.



"The hull is a very clever design, as it reduces the amount of air drawn under the vessel while it's moving," said Megan Clark. "This helps to minimise interference when mapping the seafloor, using multibeam echo sounders, profilers, fish finding sonars and other acoustic sensors.

"The hull on the ship will also house a gondola fitted with the latest marine scientific equipment and a retractable section of the keel includes a camera to improve observations."

Investigator will be operated by CSIRO and will be available to all Australian marine scientists. It replaces the existing Marine National Facility ship, *Southern Surveyor*, which is 40 years old.

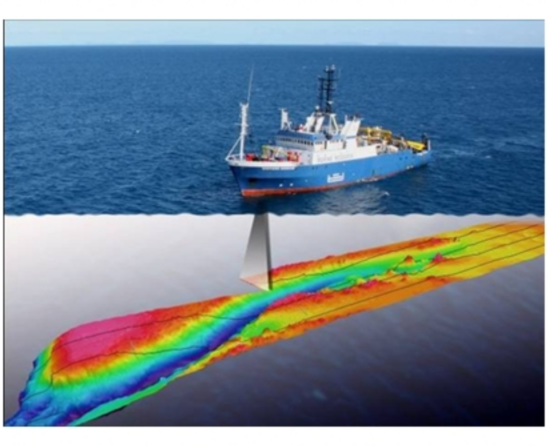
In 2009 the Australian Government committed AU$120 million to the purchase of a new research vessel for the Marine National Facility. The project is an initiative of the Australian Government being conducted as part of the Super Science Initiative and financed from the Education Investment Fund.

All of these photos were taken by Ben Rae the Project Support Officer for the Future Research Vessel Project.

Searching for a new end to the Reef - May 1, 2012 - Author: Sarah – CSIRO Media Releases and Articles

This year as the Marine National Facility Vessel *RV Southern Surveyor* heads out on research voyages, we're going to fill you in on some of the exciting science happening on board the ship. James Cook University's Robin Beaman will lead a joint JCU/University of Sydney research voyage to test whether long-term climate change could see the Great Barrier Reef head south.

Dr Beaman's team will use multibeam mapping and rock dredging equipment onboard the Marine National Facility vessel RV Southern Surveyor, to investigate the Gardner Bank near Fraser Island, to determine if it could become an extension of the Great Barrier Reef.



A marine geologist at JCU's School of Earth and Environmental Sciences, Dr Beaman said Gardner Bank is in a tropical/-temperate transition zone ideal for a possible shift from a cooler-water, algal-dominated environment, to a warmer-water, coral-dominated environment.

"A detailed study of the sediments and marine life will provide the baseline data to compare against changes in the future," Dr Beaman said.

The researchers will also map previously un-surveyed volcanic seamounts off the Queensland coast – some as high as 3,000 metres – and giant coral atolls near New Caledonia.

Owned and operated by CSIRO, the Marine National Facility is available to all Australian scientists. Additional opportunities are given to early career researchers and students to carry out underway or opportunistic science during transit voyages. Dr Beaman is the Chief Scientist on the 'Next Wave' transit voyage between Brisbane and Fiji, which departs on 2 May.

"The 'Next Wave' transit provides a wonderful opportunity for our students to participate in ocean-going research and to collaborate with other marine scientists," Dr Beaman said.

Other projects occurring onboard the 'Next Wave' transit voyage are: deep crustal volcanic studies by the University of Queensland, measurements of greenhouse gases by the University of Wollongong, and the distribution and fate of marine debris by CSIRO/University of Western Australia.

In 2013 *RV Southern Surveyor* will be replaced by *RV Investigator*, heralding a new era in Australian marine and atmospheric research

Southern Surveyor Virtual Tour:
www.marine.csiro.au/nationalfacility/virtualtour/index.htm

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

World Migratory Bird Day – 12 and 13 May

A global awareness-raising campaign begun in 2006 to highlight the need for the protection of migratory birds and their habitats. Pittwater provides a summer home to a few special migratory birds, one of them being the Eastern Curlew. Head down to Careel Bay to see if you can spot one and let us know if you do!

International Day for Biological Diversity – 22 May

Its aim is to increase understanding and awareness of biodiversity issues and was started by the United Nations in 1993. The theme for this year is Marine Biodiversity. For more information visit www.cbd.int/ idb/2012

Marine and Freshwater Research - Volume 63 Number 5 2012

Includes: Demography, fishery yield and potential management strategies of painted spiny lobster (Panulirus versicolor) at Northwest Island, Great Barrier Reef, Australia, Climate-change induced tropicalisation of marine communities in Western Australia, Statistical phylogeographic tests of competing 'Lake Carpentaria hypotheses' in the mouth-brooding freshwater fish, Glossamia aprion (Apogonidae)

Australian Native Foods website: http://www.anfil.org.au/

Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council. Our **PROFILE**

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document

CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

What Does PNHA do?

On-ground bush regeneration. eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quaterly informative newsletter, online or paper
Members email group for leaset environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, $20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna $2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website. **PROFILE**

Tweet | Like | +1

How Green is a Spotted Gum when Wet?

Flowers Out at present For Mum's Day

Coastal Environment Centre

The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December

More at: http://www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

May 2012 Newsletter includes information on: BushCare Planting Activities (volunteers needed), Workshops and Events, and more

HERE

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

FALL IN LOVE WITH A FROG!

Pittwater Council is looking for residents willing to adopt frogs. The Council's native animal expert Sonja Elwood said the reason was that amphibians from other parts of Australia were catching a ride into Pittwater on trucks carrying fresh produce.

"Unfortunately these frogs can't be released into the wild as they are usually from interstate. They can carry the chytrid fungus which is a threat to other native frog species."

Ms Elwood said the only alternative to euthanasia was to adopt out the frogs to caring homes willing to keep them in a secure enclosure such as a rainwater tank. For those interested in adopting frogs the first step is to apply for an Amphibian Keepers

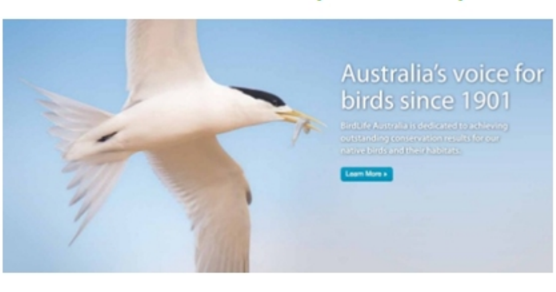
License from the NSW Office of Environment and Heritage. The form can be completed online at www.environment.nsw.gov.au/wildlifelicences and normally takes 3 weeks to process.

Next prospective 'frog parents' must join the Frog & Tadpole Study Group, which is the only recognised organisation in NSW for frog adoptions. The group gives advice to would-be carers on constructing enclosures, feeding and preventing disease. Membership fees for the group are $25 a year and they can be contacted at www.fats.org.au or on Facebook at www.facebook.com/groups/FATSNSW

The group meets every two months at Homebush where frogs are put up for adoption. Frog adoptions through the group cost $50 which goes towards rescue and veterinary costs. Proof of the Amphibian Keepers License must be produced before frogs can be adopted.

For more information about adopting a frog visit www.fats.org.au or contact Sonja Elwood at Pittwater Council on 9970 1308

Birdlife International Updates for April



The new BirdLife Australia website is live!

www.birdlife.org.au is the place to go for everything about Australia's birds and their conservation. Whether you want help to learn more about our native birds, wish to find out about some of the important conservation work we do, or perhaps want to get involved with those who share your passion for birds in your local area – it's all ready and waiting for you.

This is phase 1 of the new website development and phase 2 will come later in the year with even more on offer. The new website brings together the work of Birds Australia and Bird Observation & Conservation Australia (BOCA), the two organisations that merged to create BirdLife Australia (BirdLife Partner).

Thank you for being part of our truly motivated community of bird lovers, and helping us to create a bright future for Australia's birds. Explore, Learn, Discover, Enjoy!

PITTWATER COUNCIL

PITTWATER-WIDE SURVEY OF WATERBIRDS

Pittwater Council has received a $12,000 grant from the NSW Office of Environment & Heritage to conduct the first comprehensive survey of Pittwater's waterbirds. The survey, which will measure bird numbers and their species, is also intended to map the potential effects of climate change on waterbirds' habitat.

The survey will build on data obtained from earlier ones carried out between the late 1990s and 2007 in Pittwater, as well as a waterbird survey recently completed by Hornsby Council within the Hawkesbury catchment.

"However this is the most comprehensive Pittwater-wide survey of waterbirds," said the Council's Natural Environment & Education Manager Mark Beharrell. "We are using boats and land-based observations to track the birds," he said.

Mr Beharrell said the entire Pittwater estuary would be mapped by the survey, from Barrenjoey Head in the north through to McCarrs Creek in the west and Winnereremy Bay in the south. Pittwater's offshore areas will also be surveyed.

A total of ten surveys of waterbirds will be carried out between January and June this year, five by land and five by boat.

Common species such as ducks, cormorants, herons, ibis, pelicans and gulls will be assessed but the survey team are also hoping for sightings of rare species such as the Whistling Kite and the Mangrove Gerygone.

Sightings from the public of rare waterbirds will also be counted as part of the survey, providing photographic evidence can be supplied. To report a sighting of an unusual waterbird or their location, contact Jodi Harvey on 9970 1366.

Above: Mangrove Gerygone (*Gerygone levigaster*). Top: Whistling Kite (*Haliastur sphenurus*)

17th Century Dutch explorers help the Atlas reach a major milestone - 30 million records!
From CSIRO Media Releases

The **Atlas of Living Australia** added its 30 millionth species occurrence record last week, making it the largest collection of rich information on Australia's plants, animals and fungi. The Atlas, a collaboration between all Australian museums, herbaria and biological collections, CSIRO, Adelaide and Southern Cross Universities and the Commonwealth Government, reached this milestone when over half a million records from Birdlife Australia were incorporated. Some of these records come from the diaries of 17th Century Dutch navigators, such as the record for a Brush Bronzewing dated 1629.

The Atlas provides access to over 350 large and small datasets, from the NSW Government's Atlas of Wildlife to the records of a community group who look after a local creek. One of the applications in the Atlas, 'Explore Your Area', allows you to enter an address or location to find the recorded species nearby. At the click of a button you can create a list and map of species that have been found in your local area and photos of most of them.

PITTWATER COUNCIL

ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a $50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar."
"It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.
The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar
To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au

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florabank

Florabank recognises and shares the best available knowledge from research and practice in native species seed management. More at: http://www.florabank.org.au/default.asp?V_DOC_ID=1 Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.

New coastal website linking local research with local councils

From CSIRO Media Releases

The latest coastal research will now be at the fingertips of councils and developers, with today's launch of a new webportal at the Australian Coastal Councils Conference in Hobart. The CSIRO-developed website will enable coastal councils, and other coastal stakeholders, to find research easily at a national level, and then focus on regional and local research projects.

CSIRO committed to creating the Coastal Research Webportal at last year's Australian Coastal Councils Conference, when it was realised local councils had a low awareness of the range of coastal research available.

Dr Andy Steven, from CSIRO's Wealth from Oceans Flagship said, "By creating a central webportal to access the latest research data, decision makers will be able to better evaluate proposals for their communities".

The webportal has short, plain English, acronym-free research summaries and it provides further links to freely available data and research, under the Creative Commons license. The webportal, which uses a Google Maps interface, was developed in cooperation with TERN – the Terrestrial Ecosystem Research Network, which will now manage the website.

The webportal can be found at: http://coastalresearch.csiro.au/

This is an Australian Coastal Ecosystem Facility (ACEF) project under TERN, funded by ACEF and CSIRO. TERN is supported by the Australian Government through the National Collaborative Research Infrastructure Strategy and the Super Science Initiative.

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."

from the Prayer of Saint Patrick

May 13 - 19, 2012: Issue 58

Lemons

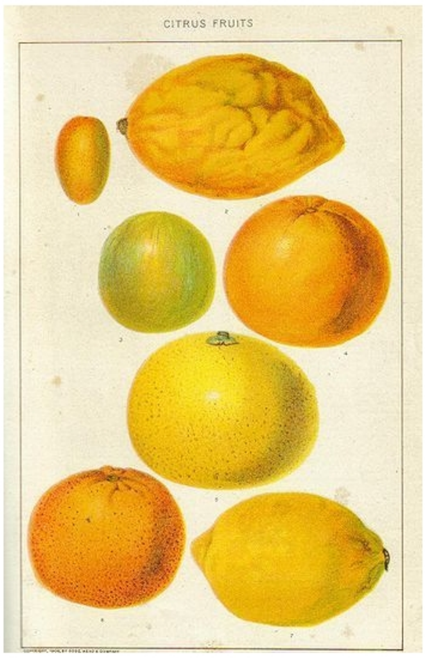
Lemons are abundant at present and, as with so many other fruits, flowers and vegetables, come in due season to keep a healthy balance in the creatures that may consume them. With health benefits including a high vitamin C content, with cleansing properties that compliment the end of Autumn's own qualities, a spoonful of honey in a hot lemon drink will do wonders to fend off seasonal lurgies. An old favourite, which mum may enjoy, is the super-sweet Lemon Meringue Pie.

Lemon meringue pie

Ingredients (8 serves)
225g (1 1/2 cups) plain flour
2 tbs icing sugar mixture
125g butter, chilled, coarsely chopped
2 1/2 tbs iced water
Lemon filling
50g (1/3 cup) cornflour
125ml (1/2 cup) water
250ml (1 cup) fresh lemon juice
430g (2 cups) caster sugar
60g butter, coarsely chopped
4 eggs, separated

Method
Sift the flour and icing sugar into a large bowl. Use your fingertips to rub the butter into the flour mixture until it resembles fine breadcrumbs.
Add the water and use a round-bladed knife to stir until a dough forms. Use your hands to bring the dough together in the bowl. Turn onto a sheet of non-stick baking paper and roll out to a 5mm-thick disc. Use the pastry to line a 23cm (base measurement) pie dish. Trim excess pastry. Cover the pastry with baking paper. Place in the fridge for 30 minutes to rest. Meanwhile, preheat oven to 180°C. Fill the lined dish with pastry weights, baking beans or rice. Bake in oven for 15 minutes. Remove the paper and pastry weights (beans or rice). Bake for a further 15-20 minutes or until crisp and golden. Set aside to cool completely.
Meanwhile, to make the lemon filling, combine the cornflour, water, lemon juice and half the sugar in a saucepan. Use a balloon whisk to stir over medium heat for 4 minutes or until the mixture boils and thickens. Continue to cook, stirring constantly, for a further 1 minute. Remove from heat. Whisk in butter and egg yolks. Transfer to a bowl. Cover with plastic wrap and place in the fridge for 3 hours or until cooled completely.
Preheat oven to 190°C. Use an electric beater to beat the egg whites in a clean, dry bowl until soft peaks form. Gradually add the remaining sugar, 1 tablespoonful at a time until the mixture is thick and glossy.
Spread the filling over the base of the pastry case. Spoon over the meringue mixture and spread to the edge of the pastry. Use the back of a spoon to create peaks. Bake in oven for 5 minutes or until the meringue peaks are light golden. Cool completely before serving.

Above: Photo by André Karwath, Below: Painting Date 1902, New International Encyclopedia, Dodd, Mead and Company



The lemon is both a small evergreen tree (Citrus × limon, often given as *C. limon*) native to Asia, and the tree's ellipsoidal yellow fruit. The fruit is used for culinary and non-culinary purposes throughout the world – primarily for its juice, though the pulp and rind (zest) are also used, mainly in cooking and baking. Lemon juice is about 5% to 6% (approximately 0.3 M) citric acid, which gives lemons a sour taste, and a pH of 2–3.

History: The exact origin of the lemon has remained a mystery, though it is widely presumed that lemons first grew in Southern India, northern Burma, and China. In South and South East Asia, it was known for its antiseptic properties and it was used as an antidote for various poisons. Lemons entered Europe (near southern Italy) no later than the 1st century AD, during the time of Ancient Rome. However, they were not widely cultivated. It was later introduced to Persia and then to Iraq and Egypt around 700 AD. The lemon was first recorded in literature in a 10th century Arabic treatise on farming, and was also used as an ornamental plant in early Islamic gardens. It was distributed widely throughout the Arab world and the Mediterranean region between 1000 and 1150.
In India, Lemon is used in day to day life for various purposes. It is used in all Indian traditional medicines mainly in Siddha Medicine and Ayurveda. It is one of the main ingredients in many of the Indian cuisines. Either lemon pickle or mango pickle is part of everyday lunch meal in Southern India. In Hindu Pooja, lemon takes a very important place.
The first substantial cultivation of lemons in Europe began in Genoa in the middle of the 15th century. It was later introduced to the Americas in 1493 when Christopher Columbus brought lemon seeds to Hispaniola along his voyages. Spanish conquest throughout the New World helped spread lemon seeds. It was mainly used as ornament and medicine. In the 18th and 19th centuries, when lemons were first used widely in cooking and flavoring, they were increasingly planted in Florida and California.
In 1747, James Lind's experiments on seamen suffering from scurvy involved adding vitamin C to their diets with lemon juice.
The etymological path of the word lemon suggests a Middle Eastern origin. One of the earliest occurrences of "lemon" appears in a Middle English customs document of 1420–1421, which draws from the Old French limon, thence the Italianlimone, from the Arabic laymūn or līmūn , and from the Persian līmūn (a generic term for the fruit of this kind) which is congnative with Sanskrit (nimbū, "lime"). It has been suggested that lemons, limes and sour orange are mutations of the citron. A recent study of the genetic origin of the lemon, however, reports that it is a hybrid between sour orange and citron.[
Health: The Ayurveda regards lemon as a promoter of gastric fire, light, good for vision, pungent and astringent. It checks the excessive flow of bile and cleanses the mouth. It dislodges phlegm (cough) and expels wind from the digestive tract. It helps in digestion and removes constipation. It prevents vomiting, throat trouble, acidity and rheumatism. It destroys intestinal worms. Lemon-juice is regarded as a powerful antibacterial. It has been proved by experiments that the bacteria of malaria, cholera, diphtheria, typhoid and other deadly diseases are destroyed in lemon-juice. It also contains some vitamin A. Natural vitamin C is much more effective than the synthetic one. Vitamin C of lemon-juice is very effective because it is combined with bioflavonoids (vitamin P). In addition to Vitamin C, lemon also contains niacin and thiamin in small amounts. The body is also well cleansed if lemon-juice mixed with cold water and honey is taken on an empty stomach early in the morning. Warm water may be used Lemon acts as a sedative for the nerves and the heart and allays troublesome palpitation. They also contain more potassium than apple or grapes, which is beneficial to the heart. Vitamin P in lemon strengthens the blood vessels and prevents internal hemorrhage. It is, therefore, extremely useful in high blood pressure, in which cerebro-vascular accidents commonly occur.
Lemon has been proved to be a blessing for mountaineers. In the cases of insufficient oxygen and difficulty in breathing lemon comes to their rescue. Edmund Hillary, the first man to put his foot on the top of Mt. Everest, has admitted that his victory over Mt. Everest was greatly due to lemon.
Nutritional value: The average lemon contains approximately 3 tablespoons (50 mL) of juice. Allowing lemons to come to room temperature before squeezing (or heating briefly in a microwave) makes the juice easier to extract. Lemons left unrefrigerated for long periods of time are susceptible to mould. Lemon, raw, without peel; Nutritional value per 100 g (3.5 oz) Energy 121 kJ (29 kcal), Carbohydrates 9.32 g, Sugars 2.50 g, Dietary fiber 2.8 g, Fat 0.30 g, Protein 1.10 g, Thiamine (vit. B1) 0.040 mg (3%), Riboflavin (vit. B2) 0.020 mg (2%), Niacin (vit. B3) 0.100 mg (1%), Pantothenic acid (B5) 0.190 mg (4%), Vitamin B6 0.080 mg (6%), Folate (vit. B9) 11 µg (3%), Vitamin C 53.0 mg (64%), Calcium 26 mg (3%), Iron 0.60 mg (5%), Magnesium 8 mg (2%), Phosphorus 16 mg (2%), Potassium 138 mg (3%), Zinc 0.06 mg (1%).

Non culinary uses: Aromatherapy, first aid and medicine; In one of the most comprehensive scientific investigations done yet, researchers at The Ohio State University revealed lemon oil aroma used in aromatherapy does not influence the human immune system, but may enhance mood. The low pH of juice makes it antibacterial.
Household use: The peel oil is used as a wood cleaner and polish, where the solvent property of d-limonene is employed to dissolve old wax, fingerprints, and grime. A halved lemon dipped in salt or baking powder can be used to brighten copper cookware. The acid dissolves the tarnish and the abrasives assist the cleaning. As a sanitary kitchen deodorizer the juice can deodorize, remove grease, bleach stains, and disinfect; when mixed with baking soda, it can remove stains from plastic food storage containers. Insecticide: The d-limonene in lemon oil is used as a nontoxic insecticide treatment.

Lemon. (2012, May 9). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Lemon&oldid=491613517

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2012 Pittwater Food and Wine Fair and Council's 20th Anniversary Celebrations

Cr. Mayor Rosie with 20th Anniversary Cake

Archer and Amber Marsh of Bilgola

Karen and Cr. Patricia Giles

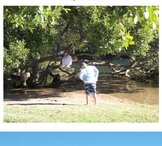
Cr. David James

Cr. Bob Dunbar

Cr. Jacqueline Townsend

Pittwater Council Sustainability lady Joanne Tulua and Graeme Jessup of Climate Action Pittwater

Shelagh and Leonie



Food and Wine

Emma, Cheeky Chops Industries, 0416 05 11 78 or cheekychops@7mail.com

Duck Creek Wanderings' oils, nuts and more seriously Yum!

Two Furlongs' special Ports and great singers !

Animals

Suzie

Digby & Dash

Phoebe and Ted and loving owners

'Sydney' the Lace Monitor

'Precious' the Diamond Python

Having Fun

All Images by A. J. Guesdon, 2012.

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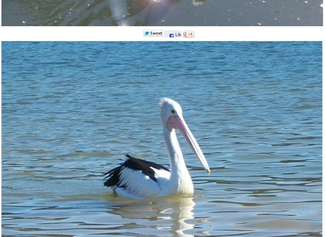

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Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

What Computers Have done to us... C/- Irene Anderson

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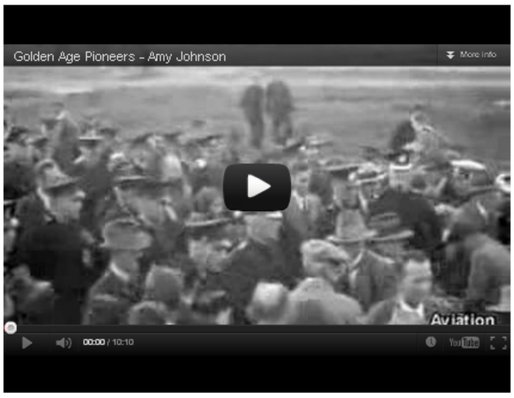
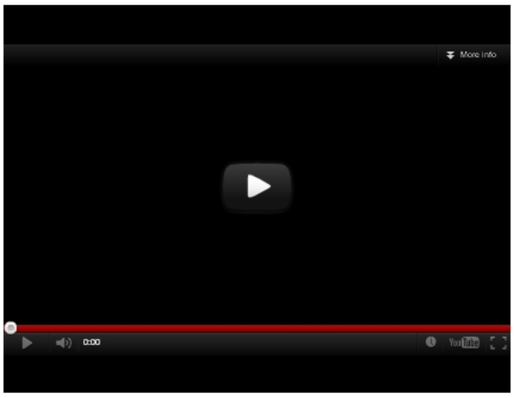
Amy Johnson flies solo to Australia in 1930: feted in Darwin, Brisbane and NSW and Australian Air Progress





HOME

This exceptional film is available to watch in full online at HERE.

From this Page:

We are living in exceptional times. Scientists tell us that we have 10 years to change the way we live, avert the depletion of natural resources and the catastrophic evolution of the Earth's climate. The stakes are high for us and our children. Everyone should take part in the effort, and HOME has been conceived to take a message of mobilization out to every human being. For this purpose, HOME needs to be free. A patron, the PPR Group, made this possible. EuropaCorp, the distributor, also pledged not to make any profit because Home is a non-profit film. HOME has been made for you : share it! And act for the planet.

Yann Arthus-Bertrand:

HOME official website: http://www.home-2009.com

Tweet Lik +1

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Pittwater Artists Trail

Pittwater Artists Trail is an exciting new event for 2012 and will showcase Pittwater Artists' Trail are proposing for the 10 days of the Festival of Pittwater 2012. All studios will be open during the period of **May 19-28 from 10 am to 4 pm** (some studios may vary).

Although many studios offer artwork a monthly open house when you can drop in and meet the artist, the Artists' Trail experience provide an opportunity to visit a number of studios in a short period of time.

Pittwater's beautiful countryside is available from many studios, so the Artists' Trail is a great opportunity to see www.pittwaterartiststrail.com.au There are some new artists who have joined the Trail for the first time in 2012 and it is a great opportunity for the public to view their artwork.

To plan a day on the trail, choose your favourites from the brochure and the website and then map out a route. Some artists are close together and you may be able to visit a number in a short time. Others are a little further afield and will require a longer time to visit. Brochures are available at Tourist Information Centres and at many participating studios. Look for the Artists Trail logo at the front of each artist's premises. Happy Trails! Ann Cook

The Pittwater Men's Probus meets at the Mona Vale Golf Club on the second Tuesday of each month. Our guest speaker for the meeting on 8th May will be Rod Hall from the Bible Lesson for Beginners Program.