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Broken Bay Marine Rescue Launches New Lifeboat

Broken Bay Marine Rescue formally opened their new wharf yesterday morning, Saturday 13th of October, 2012 and launched their new lifeboat the '*David B Harrison*'. Full report HERE. Photo by A J Guesdon.

Woody Point Yacht Club Summer Season Opens

The wonderfully down to earth and 'salt of the estuary' people from the Woody Point Yacht Club launched their Summer series on Wednesday afternoon. Report from Volker Aebischer, Commodore WPYC and great photos by Leah Norris like that above HERE.

Christine's Happy Tappers Dances Up A Storm for Mona Vale Hospital Auxiliary

Christine's Happy Tappers, a great group for ladies who wish to keep fit and have some fun while learning new skills, danced, tapped and mimed for a big audience at the Collaroy's War Veteran's Montgomery theatre on Wednesday (10.1012) to raise funds for the Mona Vale Hospital Auxiliary. Full report HERE. Photo by A J Guesdon.

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King Parrots in our Front Yards

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Articles This Week:

Broken Bay Marine Rescue open new wharf and launch of new lifeboat the *'David B Harrison'*

Woody Point Yacht Club Summer Season Opens by Cmdr. Volker Aebischer

Christine's Happy Tappers put on show at War Vet.s for Mona Vale Hospital Auxiliary

Pictures: Australian King Parrots in our front yards by Adrian Boddy and A J Guesdon

All Previous Articles

Profile: Spring Gents 2012; men who have and continue to contribute to Pittwater and Australia: Les Ball, oldest veteran at Pittwater RSL and resident of Ingleside for almost sixty years, is 94, almost 95 years young!

Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Populaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council Zonta Club of Northern Beaches Sydney Northern Beaches Symphonic Wind Ensemble Bei Loon Dragon Boat Club Margaret Molloy OAM Patricia Giles OAM Doreen Cherry Cindy Goode Milman Stephen Marr Bob Hamilton Simon Abbott Peter Rumble Graham Spong Sailability Pittwater Mona Vale Hospital Auxiliary Avalon Active Seniors Group Northern Beaches Orchestra Sonja Elwood June Lahm Valerie Vickers Karen Draddy Betty King David Hanley

History: Pittwater Hills: Loftus Mountain, Newport

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry George Scotty Allan McCarrs Creek Narrabeen Creek Careel Creek Currawong Beach Creek Bushrangers at Pittwater Smuggling at Broken Bay An Illicit Still at McCarr's Creek The Murder of David Foley Mona Vale Outrages Avalon Camping Ground Bayview Koala Sanctuary Ingleside Powder Works Palm Beach Golf Course Avalon Sailing Club Mona Vale Surf Life Saving Club Palm Beach SLSC Part I - The Sheds Warriewood SLSC Whale Beach SLSC Flagstaff Hill

Park Bench Philosopher: Renewal: *We are always reverting to pure. We are constantly renewing flesh, seeking understanding, healing bones, growing livers, praying our souls to shine bright. The body renews its cells, in full, every seven years.*

Books: Gardens for All Seasons, Easy, Kong: The Life and Times of a Surfing Legend, Walks, Tracks and Trails of New South Wales, Lost Voices, Essential Bushfire Safety Tips, Silver Brumby Centenary Edition

Old Books: Australia (1916) by Gregory, J. W. (**Professor John Walter F.R.S.. Univ. of Glasgow**), 1864-1932

Australia (1908) by **Lang, W H** of Australia; with 12 **Coloured reproductions of colonial drawings by Lambert, George W**.

News From our Inbox New Fossils Suggest Ancient Origins of Modern-Day Deep-Sea Animals, Surprising Spiral Structure Spotted by Astronomers, Amazing Pencil Drawings, Cambrian Fossil Pushes Back Evolution of Complex Brains, The Graphene-Paved Roadmap: 'Wonder Material' Has Potential to Revolutionize Our Lives, Zinc Fingers: A New Tool in the Fight Against Huntington's Disease, Sydney Opera House Big Moments.

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Community News: Pittwater 2025 - Have your say, PITTWATER ARTISTS TRAIL WEEKEND OCTOBER, Update on Palliative care campaign, Careel Creek Community Planting Day Today, Asparagus Fern Out Day at Woody Point, 'Put Your Foot Down' Sydney Walk, Olympic and Paralympic Sailing Celebration at the RPAYC, AUSTRALIA'S FIRST ECO BOAT SHOW AT BAYVIEW, PITTWATER NSW, Avalon Golf Course, The Pasadena Redevelopment, Australia's largest ever warship nears home, Birding Essentials at CEC, iPublication of Australia's maritime heritage, Speak up now for new transport infrastructure, say council Mayors, Avalon Computer Pals needs Volunteer Trainers, DisabiliTea 2012, AFTSF 2013 Grants Open, Our Council's Notices, Fed. Govt. Media and more

Environment: Asparagus Fern Out Day - yummy gourmet lunch involved!, Birding Essentials, Pittwater Native Flowers of the Week - one used to catch Bogan Moths, Solar eclipse of November 13, 2012, **Call for submissions to Commonwealth fisheries management review**, Cooee October Issue, local Environment groups and orgs.

Lynda Hill: Update 14.10.12: Heralding The Dawn: October's Libran New Moon

Pictures: Australian King Parrots in our front yards by Adrian Boddy and A J Guesdon.

Youth: Prime Minister's Online Program to Name Your Favourite Teacher, Launch of the Cadet Youth Development Framework, Parenting More Important Than Schools to Academic Achievement New Study Finds, Cowboys and Aerials – New TRACKS MOVIE, Small Fry - 1939 Cartoon, Pictures and stories (1847) for Littlies, **Learner Driver Workshop**, **Nominations open for 2012 Australian Vocational Student Prize**, J MIDNIGHT Basketball - new season, Star Texts, Online Computer History Museum Exhibits, **Pittwater Science Club for Juniors**, Library Story-times for Littlies.

Seniors; Seniors Month at the Sands, Brainless slime moulds can remember, Home Power Savings Program, U3A Lectures, Lumosity, local Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: October 2012: Patsy Clayton-Fry; Sculptress in many mediums and forms

Reflections by George Repin. **This week; THE ALMA ATA CONFERENCE 1978**

DIY Hints: Spring Gardens – Shade Sails and Watering tips; timely specials from Johnson Brothers Mitre 10, local hardware stores that support community

Collector's Corner: Hilton Lingerie and Women's Slips

Food: Sage is a 'saving' herb flourishing now; some health benefits. a bit of history and a delicious recipe using Sage butter

Events: Try Sailing Day 2012, Live Music at Palm Beach Golf Club, Soup for Soibada, Avalon Market Day EArly Bird Special, The Trews and Daryl Braithwaite at The Tavern, Open Mic at Club Palm Beach, Bullets Regatta, Wooden Boat Show at RMYC, Cricket at Painters Gallery, Elanora Players, Chill Out at The Arms, Great Film to Screen in Avalon, Bird Talk, Local Poet at MVL, Bilgola PS FETE, October PBL Breakfast, Pam Bayfield NEW BOOK Launch, Pittwater to Coffs Regatta OPEN for Entries, Bird Workshop, Guringai Aboriginal Tours, Sidney Nolan & Patrick White at State Library, Council Events and more.

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Unit Commander George Patterson. Behind him (l to r) Margaret and David B Harrison and Alan Turner-Morris.

Hon. Rob Stokes.

L to r: Geoff Wilson (former Division Commander BBMR) and Don Southwell, Life Members of Marine Rescue who began with the Volunteer Coastal Patrol in 1968.

Harrison Family: David, Margaret, Andrew and James.

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Volunteer Marine Rescue NSW: Broken Bay Unit Naming and Commissioning ceremony for New Wharf and New Lifeboat 'BB20' – 'David B Harrison'

On Saturday 13th October 2012 Marine Rescue Broken Bay Unit commemorated the completion of its new wharf and the naming of their new additional lifeboat the "David B Harrison". The local member for Pittwater the Hon Rob Stokes MP participated in the ceremony at Rowland Reserve Bayview which was attended by Cr. Ian White and led by Unit Commander George Patterson.

Marine Rescue Broken Bay whose motto is '*safety of life at sea*' formally opened the security gate to their new wharf at the boat ramp at Rowland Reserve, Bayview. This wharf has been a triumph of persistence to get completed. It has taken about 12 months to get through the process before permission was granted for its construction. Former Unit Commander Victor Lawrence, a gentleman of energy and acumen whom we met last year, and Michael Seal were warmly thanked for their determination and persistence in ensuring this wharf was completed and also for all the hard work he did in ensuring the David B Harrison became a reality.

Hon Rob Stokes reiterated in his address the vital service this volunteer unit has provided since pre-war days, during the course of WWII and even up until today. The Broken Bay Unit of Marine Rescue celebrates its 75th year in November 2012 and has provided assistance to countless ocean going vessels and people during these decades.

Following the wharf ceremony the new lifeboat the '*David B Harrison*' was dedicated in prayers led by Reverend Jason Ramsey of Newport which included a blessing of the vessel,

"Oh God, we pray that you would bless this vessel and the missions it is called upon to carry out in search and rescue. Bless those who sail in her and guide them in their task of rescuring those in need."

The David B Harrison, named after a long serving member who has been a part of the BBMR since 1974 was 'christened' with champagne by Mr Harrison's wife Margaret in the traditional way for sea-going vessels. This new lifeboat is capable of travelling at over 30 knots to assist in any rescue that may arise.

We asked Mr Harrison, who was wearing the Centennial Medal, a National Medal for Community Service and his 30+ years Long Service Medal for Marine Rescue to share a few memorable moments from his decades of volunteer service in Marine Rescue;

"Years ago Chris Cardiff-Jones of the Canoe Association asked us to provide our safety vessels for the canoe race from Windsor to Brooklyn. This was done at night time. it is now in its 37th year with over 500 paddlers raising money for charity. It started from nothing and now is known worldwide as the Hawkesbury Canoe Classic. So it was great to support that.

The other memorable achievement was forming the Royal Volunteers Coastal Patrol's Education Board; setting up education training for members and purchasing the vessel the 'Harold Nobbs', named after one of our original Division Commanders, on which we trained many for 10-15 years. The Yacht Federation were trained through that, the Coast Guard, TAFE students and our selves. "

How did you first get involved with BBMR sir?

"We used to come down here and fish off the coast. These folk always asked us where we were going and when we'd be back. After so many years and seeing all the great work they do we decided it was time to put something back in, so myself and Margaret's dad, who was already in it, came here thereafter."

David and Margaret's sons James and Andrew attended the ceremony yesterday, stating when asked that they were very happy about the vessel being named after their father, James pointing out his dad had been doing this for longer then he'd been alive.

Another great note from yesterday was the news that local gent Terrance Joyce has this week been appointed and newly promoted to Superintendent and is now Regional Training Officer. He will have around 1200 volunteer Marine Rescue men and women to keep up to date, which represents around a third of New Souths Wales. This is another indication of the calibre of folk looking after those in the Broken Bay area of this Marine Rescue Unit.

The Volunteer Marine Rescue Unit of Broken Bay offers a variety of courses to those new to boating or even those who wish to upgrade their skills to keep themselves ***safe at sea***.

More information can be found at their website: www.marinerescuebrokenbay.org.au

Michael Mannington's Volunteer Photography Public Gallery

At front of frame; Superintendent Terrance Joyce.

Front to Rear: 'David B Harrison', the 'Peter E Weston' and Cottage Point Marine Rescue Vessel'Cottage Point 20 (CP 20)'.

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Commodore Volker Aebischer of the Woody Point Yacht Club.

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Woody Point Yacht Club Open of Summer Sailing Season Wednesday 10.10.2012 – Editorial from Commodore Volker Aebischer

I can think of many good things and I am certain you all agree with this. There is nothing better than starting the summer sailing Season with the first gentle North-Easterly Breeze of 12 to 14 Knots. Finally, the Ruler of the Winds has accepted that the WPYC Skippers and Crew Members had enough of the forever changing westerly breeze! At times and as some of the Skippers found out during the Winter Series you can be Hero one second and a feather duster a minute later! Particularly if you're just moments away from crossing the finishing line and the Fleet is mowing you down from behind with you stopped in no pressure. Moments like this can leave you wondering: Why do I bother with Winter sailing?

It was pleasing to see that the Fleet doubled from the winter series for the 1st Trophy Race and Opening Day for WPYC 2012-2013 Summer Season. A total of 40 Boats made an appearance to this Race, if you include a Mastless and electrical Motor driven Boat. This is still short of the 76 Boat listed and still growing numbers of application for the Summer Season. It may have something to do with moving the clock forward by an hour a couple days beforehand. I notice as well that one Skipper had taken the option to shake the Cobwebs out of the Spinnaker to make sure he is not late for his Start. The Queen Bee - a new addition to the Club a beautiful Carol 24 Timber Boat was first over the Start Line just to be chased by the rest of the Fleet of Gaff Couta Boat, Soling, Northshore, Jubilee, Triton, Farr, Sayer, Etchells, Bethon Cutter, Colleen, Ross, Star, Finn, 11 Meter, Trimaran, Holland, Hobbie and the List goes on. (My apology, if I missed mentioning anybody!)

Not surprising, but we had not even sent half of the Fleet on the way, when the Start Boat received the first incentive to improve the Start time for one of the fast Plastic Fantastic Boats. Thank you, we are flattered and like the aspiration, but we are waiting first for a little persuasion before the Race Committee is doing any adjustment to the Results!

The finish of the Race was illuminated by a soft pink evening sky, which the Mermaids possibly missed as they were busy scribbling down numbers and times as the Race came to a close. It was rather quite easy, as most of the Boats displayed the Boat Number when crossing the finishing Line. Even more so, that the Back Runners displayed their Navigation Light at Dusk. Thank you!

The result for the 1st Trophy Race stands as follows - but is possibly subject to changes, briberies, corruption, as these are a long established part of the Club:

1st: Proteus - Ron Owens' FiG Daydream 28

2nd: Seal - Allan Yuille *Swanson Dart 22

3rd: Sylvia – Larry Eastwood * Gaff Couta Boat 26

In closing, I like to stress again: Please remember that most of the Wooden Boats are not turning on a Penny. Safety is paramount at the WPYC and comes first! Followed, by looking after our prestige Environment – so no tossing of any Rubbish into the Pittwater and last and least, respect your fellow competitors! Furthermore, I would like to express my gratitude to the Start Boat Skippers, Mermaids and Committee Members for volunteering and cleaning out the Chilli Bin. Photographic work was done by Leah Norris and special thanks you to Alison Guesdon from Pittwater Online News for the support and publishing all this. So keep the good work up and I am looking forward to more mind –blowing and awe-inspiring days with 80+ boats in the Fleet this summer.

Fair Weather, always have 3" of Water underneath your Keel and good Luck in the 2012/2013 Sailing Season with the Woody Point Yacht Club.

Yours faithfully Hill-Billy

Commodore
Volker Aebischer

Full Results on Woody Point Yacht Club Website

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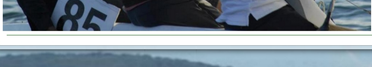

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Christine Wyton out front during the 'Chorus Line' number.

Betty King's great Marlene Dietrich number.

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Christine's Happy Tappers Dance Up A Storm at Collaroy's War Veteran's Montgomery Theatre to Raise fund s for the Mona Vale Hospital Auxiliary.

On Wednesday 10th of October we attended a great show put on by the ladies known as 'Christine's Happy Tappers'. A program of great old songs, Line Dancing, Betty King appearing as Marlene Dietrich and Wendy appearing as Marilyn Monroe as well as a range of Tap Dancing numbers wowed an enthusiastic audience. A highlight was visitor Vikki from the UK, singing 'I Dreamed a Dream' in a pure strong voice. The music was familiar, the dancers clearly enjoying themselves while some numbers had us almost in tears they were so good, so genuine and giving so much to all attending. Norma Moran as MC and Barbara, organising each tune, were outstanding.

Eileen Gordon, of the MVHA, also in the audience, credited the hard work of Lyne Smith in this dance venture who is tireless in organising events to raise funds to purchase items needed by our hospital.

We asked Christine Wyton, the lady who began Christine's Happy Tappers, to share some information on this great group;

I commenced "Christine's Happy Tapping" with adult tap dancing classes some 6 years ago and it has become very popular, particularly with retired ladies wanting to keep up their fitness. There are now approximately 30 students.

It is a great way to keep flexible and fit and has become a very sociable way to exercise. The ladies meet quite regularly for coffees and the odd lunches which are always a lot of fun.

Our aim is to provide entertainment and we support the Mona Vale Hospital Ladies Auxiliary by helping raise funds. We have been supporting this charity and have raised funds at every opportunity we get. In conjunction with the Manly Sea Eagles, we initiated a "Cots for Kids" programme raising enough funds to provide special cots for the Children's Ward.

Our "happy Tappers" are definitely that and they all enjoy one another's company and look forward to their weekly classes which are held every Wednesday morning at the Narrabeen Community Centre, Tramshed Hall. There are 3 classes which incorporate, Advanced, Intermediate and a Beginners class.

At our recent concert at the Anzac War Vets village the tappers put on a great show for the residents and their friends and were also entertained with the In Line Dancers from French's Forest. A great day was had by all and in excess of $500 was raised on the day.

Christine Wyton, CHRISTINE'S HAPPY TAPPING.

Michael Mannington's Volunteer Photography Public Gallery

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Renewal

We are always reverting to pure. We are constantly renewing flesh, seeking understanding, healing bones, growing livers, praying our souls to shine bright. The body renews its cells, in full, every seven years. Simple, pure and hallowed signs answer and flower, us, to Reverting, to constant renewing. The function of sweat, aspects of each organ's eliminating process, the healing of mind and heart or the reconnecting of the energetic leylines in our body's meridians scalpel has scarred bring a return to wholeness and, soon after, a return of the dew we can then exude. We revert to pure physically to emulate the reverting to pure spiritually, to cast off the threads of mortality so there is no sickness, no aging and we become lit for a thousand years.

I have a strong sense sometimes of all filtering through me to get clean, just to sound one after another of the true-tone notes. The image flowering as this and from this is a Breathing (circular breath) through me. Breath is fundamental. If you are breathing, your physical body drawing Air in, you can start from there (to realise you are in the Garden), and aching physically in other parts of your and you being as your will rises and dips, ebbs and flows, to go into the Garden, to be with (the hand-holding Glory). Everything that Breathes (everything breathes) breathes In. The diaphragm fills blood with the mechanics of physical to metaphysical overlap, (ergo; are One whole) that Breathes in Pure just to exhale what is not. The diaphragm is also where the Spirit in you resides.

The creation heaped up with energy breaking concretes, with earths soaked in blood and anguish, has required healing, cleansing, clearing so it too can revert to always being pure light, an embrace of angelic flowers. This has been my work, the springing up again of the wisdom trees, restoring the scars into whole greening. It is the spiritual functioning part of me; Embracing all back to pure just so they can sing clearly, so all clearly leaping to your eyes also leaps up in you with all that is in it. Restored by spiritual renewal and thus reverting to pure is in everything, and functioning.

We are always reverting to pure, ensuring we are not cut off from all that surrounds us, enjoined to us, simply in wanting to draw closer to the birdland, treeland, or dogland we adore. We take the vision cloak of creation around us as other ornaments of the soul and relish, and are grateful for, the many songs in our hearts; our soul's own breath. We run outside, into where the air is not so closed, hot, stinking, and run to hear the birds, the breeze through trees, to embrace and be embraced by god, by all the joy at the core of these. We run in to the arms of God.

This is a spiritual garden, planes knit beam all around. Before I began my journey here I had a look over the far arc of heaven and saw a giant magnolia, the first flower, among the glittering stars and dark blue velvet sky. This planet is a flower blooming in and from and among the turns of the universe; resilient, fire at core, and velvet on its rims and the lights that glow from them. The creation place begets the creation. Based upon, Aspiring to, Coming from, Going to.; down, up, back, front; deep, high, thick, thin; elemental, now, past, future. Inherently growing Up to, and filled with, light.

Just yesterday I went up the hill to look at what was flowering around the watchtower and found five plants in bloom. Strongest and most profuse were two white varieties and one dubbed 'black', black and white. One white flower-ring has a meaning of how we are all one here, the other a meaning being of 'flow', the last a meaning of being a conduit for messages from heaven. Imagine yourself what this place among the places was being physically, mindfully, in feel, in essence-full dews and in spiritual terms. It is apt it is a watchtower place but also you may ken the particular sense of sacred it was being on this afternoon. In other seasons or even the very next morning after a light or heavy rain, other flowers of varying colours will bloom together, changing by shifts and degrees what comes out from and establishes in each part of each season meets what is needed in mind, body and spirit. Remember birds, of air, ants, of earth, and all the made from water marsupials who roll in the dew and eat the tender roots, love the flower nectars. They know to sup what each day brings. Remember, this is a spiritual Garden, planes and beams knit all around us, are to be imbibed, to be breathed in, to fill our senses with purest meaning, with the living, ongoing and gethering Converse of discourse.

Extract from Ch.7. *Melchisedek's Garden.* Seeing Things. 2008. Copyright A. J. Guesdon. All Rights Reserved.

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Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 2000.

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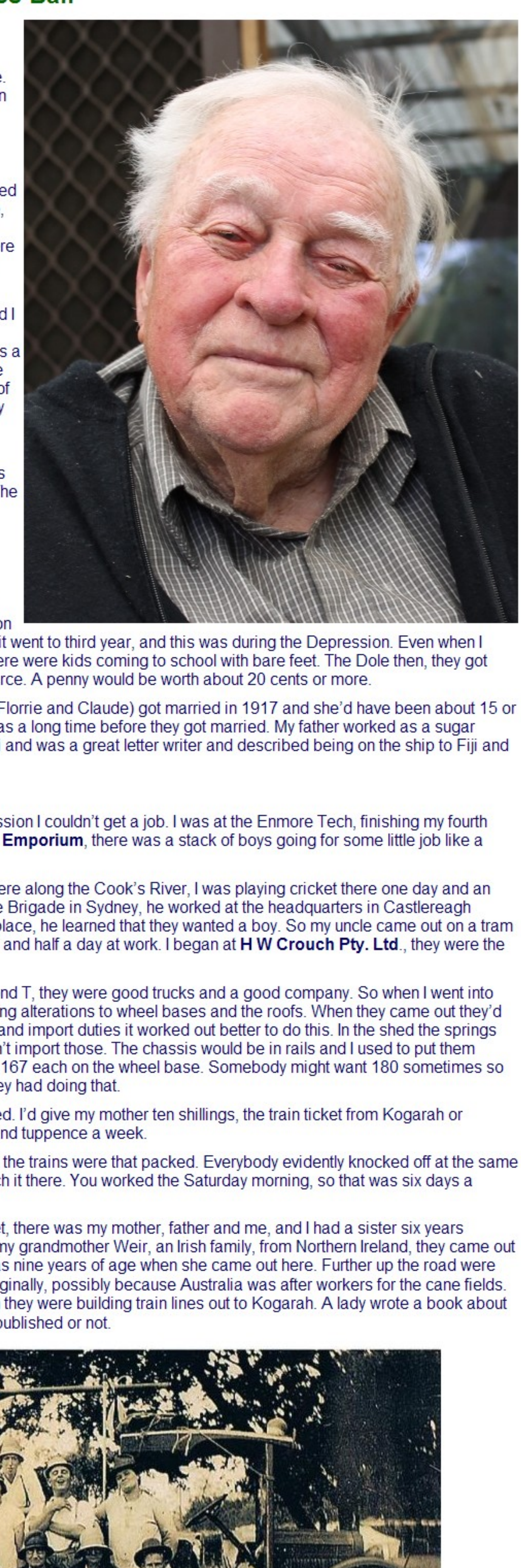
Activists This Week!

Activist Tony Mahoney is pictured here handing out the Community Newspaper Group Award for the Overall Winner!

Activist Tony Mahoney is pictured here handing out the Community Newspaper Group Award for the Overall Winner! Tony is also pictured with Activist Jenny Hall.

Activist Jenny Hall is pictured here handing out the Community Newspaper Group Award for the Overall Winner! Jenny is also pictured with Activist Tony Mahoney.

Les Ball



How long have you been in Ingleside?

In 1954 I came here; to my mum in laws in Gondola Road, Narrabeen. I was there for a while and this place came up for sale. The lady who owned it was a retired school teacher and I made an offer. The son was in New Guinea; that would have been about January and later, in 1955 the sale went through.

You have a bit of land here?

It's about 1.3 acres. It was much the same then as it is now. I looked out here then at night and its black, not a light. Now, I can see one, two, three; traffic lights, road lights. When I came here that place wasn't there. The one over there was here and just one there. There was no Westpac training college; **it was cobblestones on the road too; probably from World War I.**

At Elanora; I came back in 1944, I'd been married in the June, and I came straight from the showground out to Gondola road, North Narrabeen and again at the end of 45 and '46 and Narrabeen was a weekender kind of place. There were little fibro boxes everywhere which may not have been built as weekenders but that's the kind of place it was, just like Harbord was a weekender kind of place way back in the 1940's, before the war.

There was a quarry just past Beananna road, a continuation of Rickard road and going up the hill, McFarlane's quarry. There was Elanora Country club, but Monash wouldn't have been there yet. The only road that would have gone right through would have been Powderworks road. There was always a road going to Elanora Country Club, no Wakehurst Parkway then.

Where were you born?

Wallace Street West Kogarah; it's called 'Bexley' now. That area was paddocks for sport; cricket and look for birds. I went to Carlton Primary School then to Hurstville Tech. it was like a High School, it went to third year, and this was during the Depression. Even when I went to Infant's School, which was also during the Depression, there were kids coming to school with bare feet. The Dole then, they got tickets to buy food, they didn't get money, so money was very scarce. A penny would be worth about 20 cents or more.

This card from 1910 is from my mother to my father. My parents (Florrie and Claude) got married in 1917 and she'd have been about 15 or 16 when he received this. They knew one another since then, it was a long time before they got married. My father worked as a sugar boiler in The Colonial Sugar Company. During WWI he was in Fiji and was a great letter writer and described being on the ship to Fiji and current dress over there.

How old were you when you went into the Army?

23. I left school just after I turned 15 and as we were in the Depression I couldn't get a job. I was at the Enmore Tech, finishing my fourth year, and I can remember going for a job at **Anthony Hordern's Emporium**, there was a stack of boys going for some little job like a messenger.

I was playing sport then too, at Tempe, there was a sports field there along the Cook's River, I was playing cricket there one day and an uncle of mine, an ex-International footballer, he worked at the Fire Brigade in Sydney, he worked at the headquarters in Castlereagh street, and through his boss, who also knew the boss at a motor place, he learned that they wanted a boy. So my uncle came out on a tram all the way to Tempe to get me. So then I was half a day at school and half a day at work. I began at **H W Crouch Pty. Ltd**., they were the Federal Truck Distributors, which were quite popular then.

They were making an American truck that was similar to a Diamond T, they were good trucks and a good company. So when I went into the army I was still working there. I was specialising by then in doing altering alterations to wheel bases and the roofs. When they came out they'd arrive in cases and had to be assembled. For taxation purposes and import duties it worked out better to do this. In the shed the springs would be made; a lot of the extra parts were made here; they didn't import those. The chassis would be in rails and I used to put them together, do the riveting, or wheel base alterations so that they're 167 each on the wheel base. Somebody might want 180 sometimes so I'd build a bigger body. The boss said I was the best one there they had doing that.

That would have been 1933. Fifteen shillings a week when I started. I'd give my mother ten shillings, the train ticket from Kogarah or Rockdale for six days a week going into Liverpool street was 2/ and tuppence a week.

When you were going home at half past five you'd be hanging out the trains that were packed. Everybody evidently knocked off at the same time. I'd get in the train at Museum station; I'd walk down and catch it there. You worked the Saturday morning, so that was six days a week.

My mother was a terrific person, very strong, and in Wallace street, there was my mother, father and me, and I had a sister six years younger then me, and a couple hundred metres up the road was my grandmother Weir, an Irish family, from Northern Ireland, they came out here about **1850 during the potato famine**. My grandmother was nine years of age when she came out here. Further up the road were my mother's cousins. They, the Weirs, went to Mackay in QLD originally, possibly because Australia was after workers for the cane fields. They were there about 12 months and then came to Sydney when they were building train lines out to Kogarah. A lady wrote a book about all this titled '*Don't blame the Weirs*'. I'm not sure whether it was published or not.

Family photo circa 1923, Les is little boy second from left first row.

So you went into the Armoured Division ?

Yes. During the war they called up for training for different Army units and I did training in what was called the Universal Army Training, I'd already done three months of that. The next year I was called up do more and then I joined the AIF. We were Corp Troops. This was about the time they were forming a new division, The Armoured Division; they picked those out that they thought were more qualified to be part of this division. The Armoured Division wasn't formed when I went in, they formed that later. I enlisted the 23rd of July 1941 and that was in an **Armoured Training Regiment in Redfern**, then we were at Cowra.

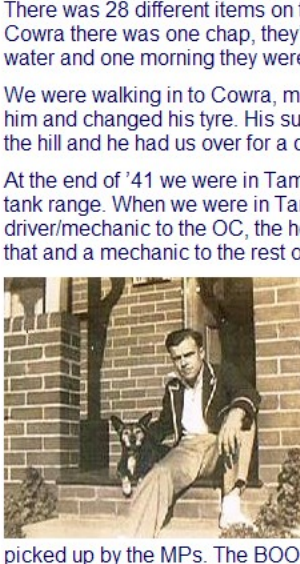
The first division formed was the **2nd/11th Armoured Car Regiment** and I went in that at Cowra. Then we went off to Greta in the Hunter Valley, still training. They formed another regiment about that time and that started off the Armoured Division. If you were interviewing someone who said they were in the Armoured Division then they probably would have started off at Greta and not know about Cowra, which was before then. Most of those I know now from that Division went in at Greta or after, they weren't in at the beginning.

I can remember I was in the UT and we were in camp at Broadmeadow, I'd got a pass and they sent me down here, I went to Victoria Barracks to have my medial, vaccinations and all that, and went home and then in the afternoon we were off to Cowra and we changed trains at Blaney and it was cold, it was 11 o'clock at night and cold as anything.

There was 28 different items on the menu but later on they cut it down to 14. On a Friday we'd get a bit of fish and a bucket of ice cream. At Cowra there was one chap, they'd stick us all in a hut together, 14 of us, and one bloke had false teeth and he'd stick them in a glass of water and one morning they were frozen!

We were walking in to Cowra, me and a mate, and there was a car broken down with an older man, flat tyre, and I went over and helped him and changed his tyre. His surname was Penny and he owned half of Cowra; he lived in a big home right at the back of the shops up on the hill and he had us over for a couple of drinks; there was a waiter and all that; amazing house and life.

At the end of '41 we were in Tamworth and from there we moved to Singleton, we did an exercise there. It was just opening there then, a tank range. When we were in Tamworth, on the establishment of the 2nd/11th Armoured Cars, I was to be the OC of the squadron, or driver/mechanic to the OC, the head of the squadron, but I'd done an exam examination while at Greta and was on a Trade Pay and I couldn't be that and a mechanic to the rest of the squad.



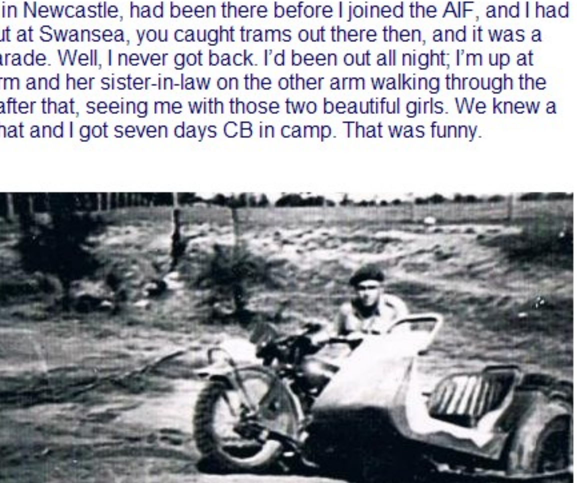
Here's a funny thing, must tell you this, would interest anybody; I was a top tennis player in the district, even before I was in the Army. (Picture to left in Tennis Flannels; to right; pennats and badges from Les's tennis days) I'd been at the Reservists tennis court in Tamworth. My father had sent me sent me a tennis racket (I used to get my tennis rackets for free from Slazenger's due to the tournaments etc. I went in) and at this time it was just around when **Pearl Harbour** occurred or just after and they had restrictions on movements. The Army had made Tamworth train station out of bounds. Well I got a telegram through Brigade Headquarters to go to Tamworth station to pick up my racket. So I went in with a mate and at Tamworth station the parcel office faces outside like a shop. We went in there and we got picked up by the MPs. The BOOB was right near our line there, the Armoured Cars, with other regiments further along, and the OC found out I was in the BOOB and raced up to the Brigade headquarters and put on a bit of a performance telling them they shouldn't have sent the telegram. So I got sprung out, we'd been in there about five hours; and do you know who was in charge of the Tamworth station picket at the time? **Frank Packer**! He was a Captain then, Frank Packer! He put us in the BOOB, Frank Packer!

Do you want any romantic bits?

Sure.

This is getting off the story a bit but anyway. I must have been on leave once in Newcastle, had been there before I joined the AIF, and I had a girl there. So we went down there from Great and they took us to a party out at Swansea, you caught trams out there then, and it was a Saturday, and we were supposed to be back Sunday morning for Church Parade. Well, I never got back. I'd been out all night; I'm up at Newcastle park, haven't been back to camp, and had my girlfriend on one arm and her sister-in-law on the other arm walking through the park and there's my Sergeant Major walking towards me. He didn't like me after that, seeing me with those two beautiful girls. We knew a doctor and I got a Doctor's certificate to say I'm sick but they didn't believe that and I got seven days CB in camp. That was funny.

So when you did the training exercise at Singleton, what did that involve?

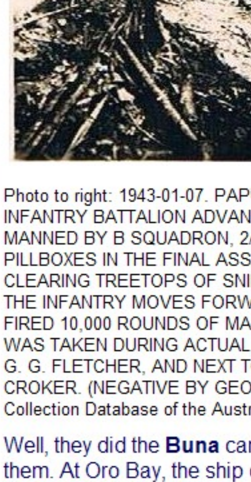


One training exercise we did maps and all the bridges. It would have been part of the squadron duties; there were only two or three dozen of us. I was an expert on the combination motorbikes then, because you never had jeeps, at that stage. These were Norton bikes; **Norton combinations**, like when you see a movie with the Germans riding them and they have sidecars. I taught different ones to ride them; they'd put them in gullies and then get them out, or how to drive on the sidecar wheel too. We went to do that and I'm travelling behind in one of the trucks and they told us we had to 'live off the land'.

We had a stack of potatoes and some tea, which was restricted amongst the civilian population, so we could exchange that for meat and other essentials. This was part of the training, 'live off the land'. I remember one group quite well, a truck with a canopy on it and they'd shot a pig, some farmers pig, and had it strung up to clean it, and that caused a bit of a fuss.

We came back and stopped at Gloucester, they made a bit of a fuss there because they didn't know we were coming, and put the vehicles in the showground where they used to show the picture shows and the town people came out and had a look. I had a picket at 12 o'clock, the night was my share of the picket, well I never got back in time to do the picket so the picket broke down. We met some girls, that's why we didn't get back. Nobody worried about it, I hoped over the fence at six in the morning.

We were camped at Dungog then. So they then had a big whole divisional exercise in Northern NSW in 1942 and I was in the Armoured Cars. From the 2nd/11th. The whole Division was camped between Gunnedah and Narrabri, all those places. Our regiment, for training purposes, was the enemy to the rest of the Division. We were moving all the time; we'd be camped, move at night time then set up again. After so many weeks up there the campaign in New Guinea was getting worse. The Japanese were about fourty miles from Port Moresby. I'd been sent into the 2nd/6th then to make the numbers up. They were short of equipment then too, so any equipment not in use was handed in. we're loading machine gun belts, pistols and the like for days and days before we went. I had been issued a 45 which was probably from another regiment. We went straight from there straight through on a train to Brisbane, didn't get out, the meals were handed to us through the windows at stations along the way. At Brisbane we changed trains and went straight through to Townsville and we were evidently to be on a convoy and we missed it by six hours. So we then spent a fortnight in Townsville, and B Squadron, the one I was in, we were split up, and we went straight to Milne Bay. The others were sent to Moresby.



Milne Bay had just finished; that as the first defeat of the Japanese, at Milne Bay. That was '42. Milne Bay was very important because that was the first defeat, they stopped them from getting to Port Moresby. We arrived about two months after that. We were there about two months. The ship we were on, zigzagging and very fast, straight to Moresby then on to Milne Bay. As we went in there was a ship sunk there, laying on its side in there. Milne Bay is about the wettest place in the world and it was a very wet year in 1942. They couldn't move anything, there was mud up to your knees; you'd sink walking along the track. You'd pick place to walk, but if you had to move a vehicle along the track you couldn't. It was just a bog.

Picture to left is of Les at Milne Bay, 1942

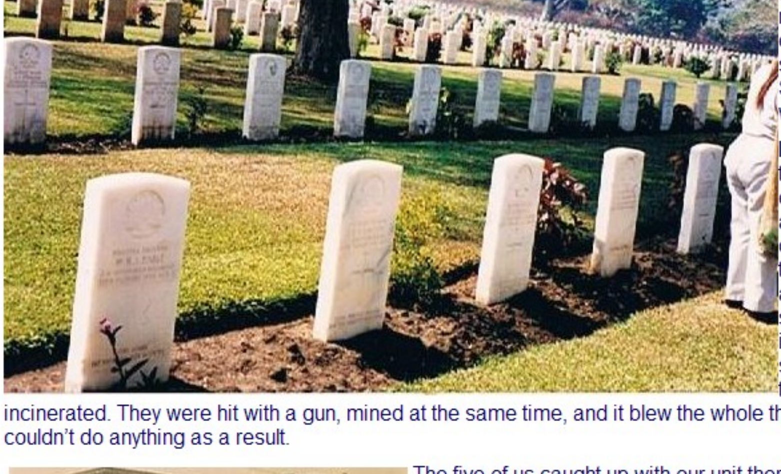
The Japanese had got out by sea and gone into the hills at the back of Milne Bay and they were firing 25 pounders into those hills one after the other. If you were trying to sleep it was just constant 'bang! BANG!'. So they could move something that had everybody there do a shift getting gravel. I was out with the others one night digging up this gravel and I got malignant Malaria. There was no hospital, only a field ambulance; there were people dying around me. Milne Bay was a shocking place then particularly. They treated me very well; I took quinine, and then went convalescing for three weeks.

When I came out my squadron had moved, heading for Buna. I was placed with another of our squadrons that had been moved from Moresby to take their place. There was four others like me; we eventually had to catch up to them.

Photo to right: 1943-01-07. PAPUA, GIROPA POINT. MEMBERS OF 2/12TH INFANTRY BATTALION ADVANCE AS GENERAL STUART M3 LIGHT TANKS MANNED BY B SQUADRON, 2/6TH ARMOURED REGIMENT, BLAST JAPANESE PILLBOXES IN THE FINAL ASSAULT ON BUNA. NOTE MACHINE GUN ON TANK CLEARING TREETOPS OF SNIPERS BY SYSTEMATIC SPRAYING OF TREES AS THE INFANTRY MOVES FORWARD. THIS TANK, IN ONE MORNING'S FIGHTING, FIRED 10,000 ROUNDS OF MACHINE GUN AMMUNITION. THE PHOTOGRAPH WAS TAKEN DURING ACTUAL FIGHTING. NEAREST THE TANK IS CORPORAL G. G. FLETCHER, AND NEXT TO THE TREE (CENTRE) CORPORAL M. D. CROKER. (NEGATIVE BY GEORGE SILK) This image is available from the Collection Database of the Australian War Memorial under the ID Number: 014008

Well, they did the **Buna** campaign and at **Sananando** we caught up to them. At Oro Bay, the ship called the Tungsung took us there; Oro Bay was the only deep water spot. At night the Japanese would fly over, they'd probably been bombed every night by then. We ate pretty well there; they had all the food stored there, cases of peaches. The next day we went on a small boat like those Halverson cruisers they have nowadays up to Buna and we're going along and all we had was .5 gun on the thing.

The 41st American Division were in control then there. So we had to meet our crowd; they didn't come down this track because I think the damned think might have still been mined then so we had to meet them along a bit.



The dead around there, so many; the Australians had been buried and had their rifles with the tin hat on top to mark their graves. The Japanese were laying around dead. We'd crossed a bridge there and I saw a Japanese laying there dead and thought then they must have a bad bit of a hospital there. Evidently they didn't I've since found out. There were so many dead still there because there was intense fighting at Sanananda. They thought once Buna fell Sanananda would go too but it didn't.

If you read the papers in Australia then they gave you the case that Sanananda was going to fall but it didn't. There were 96% casualties there; they weren't all killed but there were injuries, sickness. 96%! in that campaign. We lost some of ours, they were killed in the tanks. They put four tanks in that Sanananda fight and there wasn't any traction there. All of the side was swamped so it was easy for the Japanese to defend it there, just mine the thing or put guns in. They shouldn't have put the tanks in there but they did and the four of them got knocked out; they all got incinerated. They were hit with a gun, mined at the same time, and it blew the whole thing up. The tanks couldn't turn around, couldn't move, couldn't do anything as a result.

The five of us caught up with our unit there, Sananando. We went into Suputa, a complete jungle. There was a stream running through, with a big freshwater pool, anyone could peel off and swim in it. I camped with one of my mates in a tree about four or five foot off the ground, among bamboo. It was hot as anything; we had a sheet, no blanket, or a groundsheet over us to keep the rain off. That jungle was so thick they could fly over and they wouldn't have a clue you were in there. That's where I was until we went to Popondetta. At Popondetta there were a couple of big huts to accommodate twenty or more in each with cots and mosquito nets. I can remember being on picket one night at Popondetta, I don't know what I would have done if any Japanese came up, I had a tommy gun, and we'd shoot towards the water; it was so dark you might have killed your own. If you could see them it'd be alright.

The 41st American Division was camped about a mile from us and we'd exchange food with them. We had lots of fresh fruit; bananas, paw paws; Mount Lamington was farmland, and they'd grow pineapples, vegetables like pumpkins. We got sick of bully beef so we'd exchange it for some of their stuff. Their rations were better then the Australian ones although they were getting their rations mainly from Australia then; they were giving them better food for some reason then what we had.

The boys we had carrying water, the stream was about 25 metres away, were the **Fuzzy Wuzzies**. When we were going home they said "**Australian boys going home. Me very sorry…me very sorry**."

The **Bismarck Sea battle** happened early March. They'd spotted this convoy coming across from Rabaul, which was under Japanese control then; it was warships, about ten thousand troops and more. These Catalina's had spotted it. I was on picket that night; they brought a lot of planes over from Moresby to get at it. We were at Dobbinburin airstrip in the early hours of the morning and you could hear all the engines starting up. They sank everything; they even sank the Japanese in lifeboats; they were doing the same to us or would do the same to you. As the crow flies we weren't that far away because you could hear them. If you turned the radios on on your tanks you could hear them; the American fighters, the Beaufighters underneath and them calling "They're in the Way!" and hearing the bombs go off. There were 59 ships or 18 thousand troops all told on their way here.

Later on that same month we flew back to Port Moresby, had to camp there for about four days before we could catch the ship back to Townsville and then we'd train back to Sydney. This was mid-1943. You remember that hospital ship that got sunk around that time? (At approximately 4.15K hours on Friday 14 May 1943, the hospital ship A.H.S. *Centaur*, ablaze with lights, with a compliment of 332 persons on board, was torpedoed by Japanese submarine I-177 south east of Cape Moreton, Queensland) that happened at the same time.

People aren't aware how many Japanese submarines lie off our coasts from then or that they sunk about eighty ships; coal ships, the sixty milers, they sunk all them. All that early part we're talking about people didn't know; Macarthur, he wasn't as popular then as he in now, Blamey too. They hardly ever got into the conflicts; I think they only went to New Guinea once. That's why Curtin (then Prime Minister) wanted our troops back here; we were getting invaded and needed our soldiers back here to defend us. Then we had the Battle of the Coral Sea soon after; a few weeks later. All about the same time.

What did you do when you got back to Sydney?

I got married! I came home and Betty had about three boyfriends; one bloke was away, part of the 9th Division, a bloke she'd known since school. They'd been on leave just before us. The 9th Division, in the next year, they were doing fighting around Lai four months after Buna. Betty was engaged to him. I was stationed at the Showgrounds, just about to go on leave, accrued leave. Those that were getting married could have 24 days off, those that weren't were getting 14 days. I rang my father first of all. I rang Betty, she was living with her auntie and uncle at Auburn. I said I was only in shorts and shirt and she said doesn't matter, come over. We get married in a week's time at Bexley at the church there. We had to see some minister and talk to him and so forth; at any rate we got organised and married within a few days!

Then I was due to go back and had probably exerted myself too much and got malaria again. So I had to go into Uralla hospital at Concord. The doctor came, the medical officer and he said "you've got pneumonia."; I knew it was the malaria but you can't tell them. So he sent me into the chest complaint ward and said to the female doctor "I think you've got pneumonia". I said "I think I've got malaria.". So she took a blood slide and it came back the next morning and she said "Your diagnosis was right; you've got malaria."

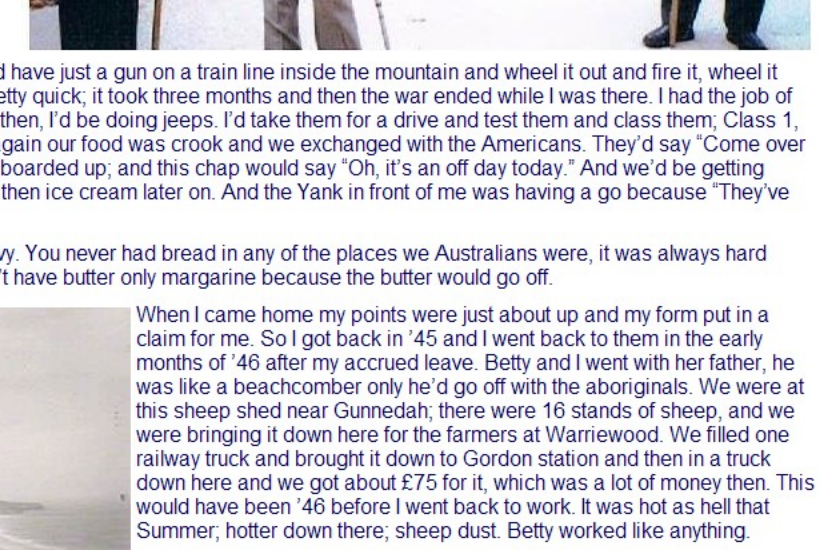
So they put me on the quinine and Atebrin for 13 days then three weeks up at Ingleburn to convalesce. I used to go off every night there too; just put something in my bed in case they checked, and went home. Then they marked me awol though and had an inquiry over that too. Later on I went to Borneo. When I went back to catch up with my unit I got malaria again and then it was Queen's Lake hospital. Same thing again. Then we were at Caboolture and I got malaria again! I got it about five or six times once we were back in Australia. That sort of saved me lots of times because if there was something nasty going on I'd get malaria and couldn't go. I'd be sent to hospital.

With our regiment; the tanks got knocked out, people killed, we were under strength. They gave us a spell over in Western Australia and brought another regiment over to take our place in Queensland. Over in the west I was able to play sports again so my tennis came into play once more. That was good. I played for the Army in Western Australia and we won a competition there in 1944 at Queen's Park where they play the big games now. It was grass then. That was good. It occupied the troops; the other sports too; Australian rules, some of them, the 'odd sods' you'd call them then, played basketball.

We came back after 8 or 9 months in the west and they didn't need the mechanics and fitters so we went into a pool. I had leave when we came back and Betty had our eldest girl then; which was very good. I was sent to Queensland again, a DVD (Defence Vehicle Division) in Brisbane. Some of my mates there put a claim in for me and I went into a vehicle parts workshop which was ok. This was about thirty stops by tram from Brisbane.

I camped at Chermside there. I could play sports again there, do my tennis. I played in the Brisbane competition there, the Pennant competition. The Milton courts, the Army had those courts, and I was playing for East Brisbane. My partner, he was an ex-Olympic player and my female player would have been the best female player in Queensland. I played about a round in the competition before we were moved overseas.

We went on a Liberty ship, they were turning out one everyday in the United States (cargo ships built in the United States during World War II); they were done in sections then pushed together and welded. We left Brisbane and we were headed north and at Finschhafen we got wrecked. We were about twenty miles off the shipping lanes and we hit a reef. We were evacuated by Americans, by coast guards. Then we went to Morotai and then went on American LST's to Balikpapan in Borneo. I was in the vehicle parts workshop there. We'd have been in the second wave landing there; this was 1945 by now.

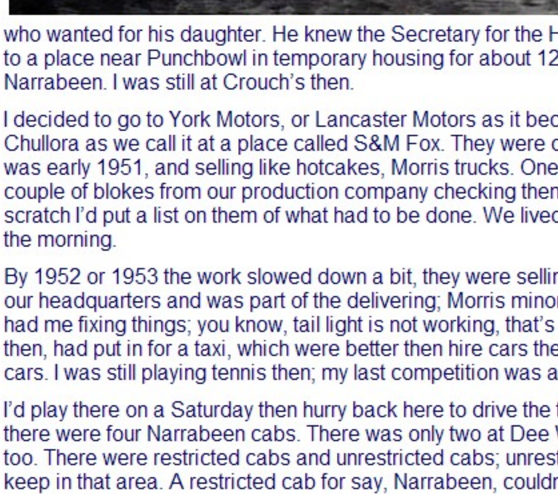


What I'd like you to note here is that all the time we were going over there on those ships I only saw one Japanese plane. It was way up in the air, probably doing a message service or something, not even interested in us. So before, in the early part of the war when I mentioned Milne Bay, there were Japanese planes everywhere all the time. I remember when we were going into Oro Bay in New Guinea, four planes were skimming over the water towards us but they turned out to be B25's, American planes. And us with that one little gun on the boat!

That just shows the difference between the years; between that and then; one Japanese plane! So the Japanese were out of it then; there were still some at Wewak, up towards the northern end but they were just waiting for them then, starving them out. The Japanese were still resisting then, even when they were starving. They couldn't get supplies in, the Australians were still wiping them out.

Anyway, we went to Borneo and it was similar there; the Japanese weren't strong enough; they'd have just a gun on a train line inside the mountain and wheel it out and fire it, wheel it back in. When we finished there; I came home pretty quick; it took three months and then the war ended while I was there. I had the job of testing, because a lot of vehicles were handed in then, I'd be doing jeeps. I'd take them for a drive and test them and class them; Class 1, Class 2 or 3; I'd put a ticket on them. Here once again our food was crook and we exchanged with the Americans. They'd say "Come over with us." They were off the ground, had their tents boarded up; and this chap would say "Oh, it's an off day today." And we'd be getting dished up Lamb's fry and creamed potatoes and then ice cream later on. And the Yank in front of me was having a go because "They've only ordered three flavours of ice cream!"

In the middle of the Borneo… they were in the Navy. You never had bread in any of the places we Australians were, it was always hard biscuits. We had quince jam…bully beef…couldn't have butter only margarine because the butter would go off.



When I came home my points were just about up and my form put in a claim for me. So I got back in '45 and I went back to them in the early months of '46 after my accrued leave. Betty and I went with her father, he was like a beachcomber only he'd go off with the aboriginals. We were at this sheep shed near Gunnedah; there were 16 stands of sheep, and we were bringing it down here for the farmers at Warriewood. We filled one railway truck and brought it down to Gordon station and then in a truck down here and we got about £75 for it, which was a lot of money then. This would have been '46 before I went back to work. It was hot as hell that Summer; hotter down there; sheep dust. Betty worked like anything.

Narrabeen in 1946 looking north to Lake. Image d1_36505r GPO locations. Courtesy State Library of NSW.

When I got out the Army I came straight over to Narrabeen. We were living in the temporary dwelling at the back of Gondola Street. About '48, we had two little girls by then, my uncle, the one who was the international footballer, was at Crows Nest hotel, he was the licensee and we went to his place near my mother's for a while, at Bexley. He sold it (the hotel) to a bloke, George Satchel, who was a sports writer way back in those days, who wanted for his daughter. He knew the Secretary for the Housing Commission and said "We'll get him a place." And we went from there to a place near Punchbowl in temporary housing for about 12 months. Then we went to East Hills for a while before we came back to Narrabeen. I was still at Crouch's then.

I decided to go to York Motors, or Lincoln Motors as it became known. I was offered a job and I took it. This was at Greenacre or Chullora as we call it at a place called S&M Fox. They were doing a lot of work for York Motors. They were bringing out at this time, this was early 1951, and selling like hotcakes, Morris trucks. One particular model was selling like anything. I was the inspector. We had a couple of blokes from our production company checking them while they were making them too. I was passing them; if they weren't up to scratch I'd put a list on them of what had to be done. We lived at East Hills then; I could take a vehicle home each night and bring it back in the morning.

By 1952 or 1953 the work slowed down a bit, they were selling less trucks. I moved back to Steammill street, Darling Harbour, which was our headquarters and was part of the delivering; Morris minors etc. when they're being delivered you had to put number plates on and they had me fixing things; you know, tail light is not working, that's sort of stuff. I got sick of that so Bill Duncan, who was Betty's stepfather by then, had put in for a taxi, which were better then hire cars then. We used to come over and they kidded me to put in for one of these hire cars. I was still playing tennis then; my last competition was around then; in the Illawarra.

I'd play there on a Saturday then hurry back here to drive the taxi on a Saturday night and Friday night. In those day cabs were pegged; there were four Narrabeen cabs. There was only two at Dee Why then because Dee Why wasn't as big as Narrabeen then, and Manly too. There were restricted cabs and unrestricted cabs; unrestricted cans could go anywhere whereas the restricted cans the idea was to keep in that area. A restricted cab for say, Narrabeen, couldn't go to Manly.

What was your first car in the cabs?

A Vanguard; a standard Vanguard, black it was. You'd go up to the War Veterans home, that winding bit, and the damned thing would jam in gear and you had to get out with a lever to knock the thing back into gear. That was 1954, when I started driving the cab. We were the 14th cab in Manly Warringah.

So you bought this place at Ingleside in 1955?

I first put a fifty pound deposit on a place at Aileen Avenue, a place owned by a Mrs Newman. I was getting the loan through DVD and they came out to check it and advised me not to get it. They said the roof was jerry-built, probably built during the war and no good. So we didn't get it. Then I head this place was up for sale, the lady had died. I offered two thousand pounds and the son who was in New Guinea took it.

We'd go down to East Hills, there were four or five shops there, big grocery shops, and buy with our five pound note big bags of everything we needed; bulk bags of everything. It was right where the train line ended there. I put a big six foot wire fence up over there. Our young fella, when he was young, he'd wander across the road to get on the train, only four or five he was then. He liked the trains.

I got my cab on seniority because I'd been driving for so long in September 1973. I met my second wife Elizabeth Leniham, who had already been driving a cab, a few years prior to then. When I got my cab she said "I want to come and drive with you."

She lived with her brother at Narrabeen and a couple of times I'd give her a lift home after her shift. We got married in July 1974. We had a lot in common, she liked reading like me, that sort of thing.

There was a car at Dee Why that was already painted in the Manly Warringah colours so I got that. My cab was then 142. A fellow that worked on the radio, John Beady, used to call me 'One for Two' so I got that nickname '1 for 2' and that stuck.

Was the most interesting cab ride you ever had?

At night time it would be alright; I remember one fellow I used to pick up and would take him to Lithgow. He lived in Manly or had a woman friend, I think he lived at Newport. At any rate, he'd get me to run him to Lithgow to visit his brother there. This one time he bangs on the door to his brother's home and the brother says "Go home you silly bugger." And I had to bring him back!

Another time I got a job up to Newcastle when the Queen was out here and coming back there were police cars everywhere, lots of traffic, and the money I got for that job wasn't equal to what I would have made here. Some of them would play up with you and the best thing was to hit them first, not wait for them to hit you; that would straighten them out. You wouldn't do it if there were numbers, two or three of them.

One night, in town; I stopped for this bloke who was leaning against a post in Redfern about midnight. He started going to sleep and I couldn't wake him up. Another chap went to help me, a Legion cabbie; we couldn't wake him up. He said "Take him to the Police station." **I was driving a HQ Holden then**; he rang Legion and they sent the police out to pick him up.

What is your favourite place in Pittwater and why?

Ingleside. Because the weather's good, the locality is good. It's quiet and better then being in the country. I'm 94 now; I wouldn't want to go from here to anywhere else.

What is your 'motto for life' or a favourite phrase you try to live by?

Well, first of all, I'm friendly with everyone, if you were a female you could say '**Love everyone**' so I'd say it's something like that. I've never cheated anyone so I'd say '**exercise integrity in all you do**' too.

2/6th Armoured Regiment (Australia)

The 2/6th Armoured Regiment was formed in August 1941 as part of the 1st Armoured Brigade of the 1st Armoured Division. Under the command of Lieutenant Colonel C.R Hodgson, the regiment recruited mainly from the state of New South Wales. It was initially located atGreta, New South Wales and was equipped with Universal Carriers for training purposes, due to the shortage of other armoured vehicles. Following the outbreak of the Pacific War in December 1941, the regiment was deployed to defend Coffs Harbour against a feared Japanese attack.

In May 1942 the 2/6th Armoured Regiment was moved to Singleton, New South Wales and was equipped with M3 Stuart light tanks. Later they moved to Narrabri, New South Wales where they took part in large-scale divisional exercises with the rest of the 1st Armoured Division.

In September 1942, the regiment's 'A' Squadron was deployed to Port Moresby and Milne Bay in New Guinea, making the 2/6th the first Australian armoured regiment to be deployed to a combat zone in the Pacific theatre. In December 1942, 'B' and 'C' Squadrons were shipped to Buna on the north coast of Papua to help break the deadlock in the Battle of Buna–Gona. Although the lightly armoured Stuart tanks proved to be unsuited to jungle warfare and suffered heavy casualties, the regiment played an important role in the eventual Australian victory at Buna. In December, seven tanks were dispatched to take part in the fighting around Cape Endaiadere. Three Stuarts were lost on 18 December, while the other four were knocked out on 24 December when they were engaged by Japanese anti-aircraft artillery from point blank range. Reinforcements were brought up, though, and an attack was put in at Giropa Point on 29 December, although difficult terrain prevented a link up with the infantry. Further attacks occurred in January 1943 around the Sananada Track. In April 1943 the regiment was relieved and returned to Australia. Upon its return to Australia the 2/6th Armoured Regiment was incorporated into the 4th Armoured Brigade, which was the Australian Army's specialist jungle armoured formation. The regiment was transferred to the 1st Armoured Brigade Group was located in Western Australia in early 1943, however, and did not see further combat. After the 1st Armoured Brigade Group was disbanded in September 1944 due to manpower shortages and the decreasing strategic need for armour, the regiment operated as an independent formation until it rejoined the 4th Armoured Brigade in July 1945.Following the end of hostilities, the 2/6th Armoured Regiment was disbanded in February 1946.[During the course of its service it lost 15 men killed in action or died on active service, while members of the regiment received the following awards: one Military Cross, one Military Medal and seven Mention in Despatches.

2/6th Armoured Regiment (Australia). (2011, February 23). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=2/6th_Armoured_Regiment_(Australia)&oldid=415430041

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Pittwater Online News

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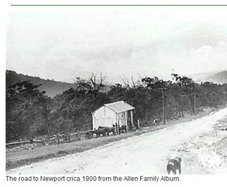
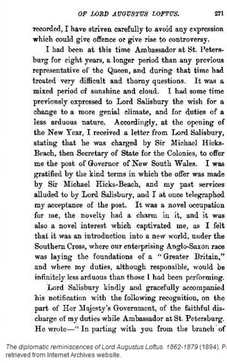
October 14 -20, 2012: Issue 80

Farrell's Lagoon, **1912**. N.S.W. Government Printing Office image d1-12148r, courtesy State Library of NSW.



The road to Newport circa 1900 from the Allen Family Album.



OF LORD AUGUSTUS LOFTUS. 271

recorded, I have striven carefully to avoid any expression which could give offence or give rise to controversy.

I had been at this time Ambassador at St. Petersburg for eight years, a longer period than any previous representative of the Queen, and during that time had treated very difficult and thorny questions. It was a mixed period of sunshine and cloud. I had some time previously expressed to Lord Salisbury the wish for a change to a more genial climate, and for duties of a less arduous nature. Accordingly, at the opening of the New Year, I received a letter from Lord Salisbury, stating that he was charged by Sir Michael Hicks-Beach, then Secretary of State for the Colonies, to offer me the post of Governor of New South Wales. I was gratified by the kind terms in which the offer was made by Sir Michael Hicks-Beach, and my past services alluded to by Lord Salisbury, and I at once telegraphed my acceptance of the post. It was a novel occupation for me, the novelty had a charm in it, and it was also a novel interest which captivated me, as I felt that it was an introduction into a new world, under the Southern Cross, where our enterprising Anglo-Saxon race was laying the foundations of a "Greater Britain," and where my duties, although responsible, would be infinitely less arduous than those I had been performing.

Lord Salisbury kindly and gracefully accompanied his notification with the following recognition, on the part of Her Majesty's Government, of the faithful discharge of my duties while Ambassador at St. Petersburg. He wrote—" In parting with you from the branch of

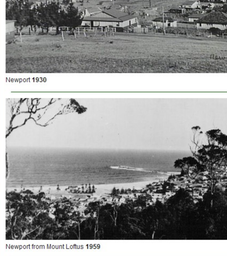
The diplomatic reminiscences of Lord Augustus Loftus. 1862-1879 (1894). Page 271 retrieved from Internet Archives website.

North across Newport Beach, Newport and Mount Loftus. **12th February, 1912**.From Yewen Collection, Courtesy Mona Vale Library Historical images.

Above and below: Newport **1920**

Mt Loftus, **1925**, with more holiday homes.

Newport **1930**



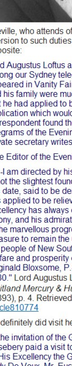
Newport from Mount Loftus **1959**

Mount Loftus – Newport

Aboriginal Food trees marking hunting and gathering places become boundary trees on this great hill overlooking Newport. A landscape of thick bush and open fields became orchards and fields for cows for the Farrell's dairy. John Ogden's book '*Saltwater People of the Broken Bays*' reports that although the village was named for the 'new port' on the estuary side, where steamers deposited goods and collected produce grown by local ruralists, a number of Aboriginal words still are present in street names for this suburb. Bardo is the word for 'saltwater', Karloo means 'water', Kalinya has a definition of 'good' while Mitala means 'green point'.

The Farrell family were taught how to catch blackfish at night on the southern end of Newport by the original inhabitants while the indigenous folk were known to fish in the lagoon that once existed where Newport oval is presently and camp on Green Point, previously named Loftus Point and where the present day Royal Prince Alfred Yacht club stands.

Opposite the hotel is Lord Loftus Point, which in the olden days was evidently a favorite spot for aboriginal encampments. From here you have a splendid view of Pittwater, which is the widest arm of the Hawkesbury, being over a mile wide. There is also Scotland Island, which is celebrated for its fine fish. A Christmas Holiday Trip. (**1893, November 25**). *Illustrated Sydney News* (NSW : 1853 - 1872), p. 14. Retrieved October 2, 2012, from http://nla.gov.au/nla.news-article63104125



Quail, wallabies and koalas filled the bush atop Loftus Mountain. Guy Jennings' comprehensive book, *The Newport Story*, states Mount Loftus, like Loftus Point, was named after the Governor of N.S.W. from 4 August 1879 – 9 November 1885, Lord Augustus Loftus.

Apart from this gentleman's association with supporting the Powder Works at Ingleside there is scant evidence of his visits to Pittwater. In many reports it is his wife, Emma Maria, eldest daughter of Admiral Henry Francis Greville, who attends official events and functions, indicating an aversion to such duties or a retiring nature despite assertions to the opposite:

Lord Augustus Loftus and the Colony. We printed in our last issue among our Sydney telegrams, the statement, said to have appeared in Vanity Fair, a London journal that Lord Augustus Loftus and his family were much disappointed with New South Wales and that he had applied to be relieved of his Governorship, an application which would shortly be acceded to. Our Sydney correspondent found the statement among the Melbourne telegrams of the Evening News, and sent it on. His Excellency's private secretary writes thus to that paper :

(The Editor of the Evening News,)

Sir,-I am directed by his Excellency the Governor, to state that there is not the slightest foundation for the announcement in your paper of this date, said to be derived from Vanity Fair, that his Excellency has applied to be relieved of his Governorship. On the contrary, his Excellency has always expressed his entire satisfaction with the colony, and his admiration of its scenery and beautiful climate, and of the marvellous progress which it has made; he looks forward with pleasure to remain the usual term of years, and hopes to prove to the people of New South Wales the deep interest he takes in the welfare and prosperity of the colony. I am, Sir, your obedient, Reginald Bloxsome, P.S. Government House, 19th July, 1880." Lord Augustus Loftus and the Colony (**1880, July 22**) *The Maitland Mercury & Hunter River General Advertiser* (NSW : 1843 - 1893), p. 4. Retrieved from http://nla.gov.au/nla.news-article810774

He definitely did visit here though:

At the invitation of the Government the Earl and Countess of Rosebery paid a visit to the Hawkesbury. They were accompanied by His Excellency the Governor and Lady Loftus, Sir William and Lady De Voux, Mr. Eustace Smith (member of the House of Commons for Tynemouth), Mrs. and Miss Smith, the Hon. A. Stuart and Mrs. Stuart, the Hon. W. B. Dalley, the Hon. J. P. Abbott and Mrs. Abbott, the Hon. G. B. Dibbs, the Hon. E. Barton, Professor and Mrs. Badham, Mr. McQuade, M.L.A., and several others. The party left Sydney at an early hour by steam launch for Manly. They drove from Manly to Pittwater, where they embarked on board Mr.Thomas Dibb's steam yacht Ena, and proceeded up the river to Wisemann's Ferry. To the Editor. " (**1883, December 1**) *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 21. Retrieved from http://nla.gov.au/nla.news-article71006207

Sir Thomas Allwright Dibbs, born in Sydney October 31st, 1832, was Commodore of the Royal Sydney Yacht Squadron, a banking man and financial adviser to the Government during a long career. In 1902 a second Ena, to replace the first smaller version, was launched for this gentleman. **The Naval Historical Society of Australia** reports this second steam yacht

In 1901 a steam yacht named Ena was launched in Berry's Bay, Sydney, for Mr. Thomas Dibbs, commodore of the Royal Sydney Yacht Squadron. A very handsome ship, Ena was typical of the steam yacht of her day, a clipper bow, a counter stern and a jaunty raked funnel gave her an air of dignity. She was a familiar sight on Sydney Harbour for many years. As an added bonus, Ena carried a lot of the teak fittings from the old 'wooden wall' HMVS Nelson, which ship was being broken up in Sydney at the time Ena was being constructed. Happy to say, much of this historic timber is still in the ship. Her construction was in good hands, as she was designed by the renowned Walter Reeks who gave us some of Sydney's best known ferries, whilst the actual building was handled by Mr. W.M. Ford, regarded as being one of Sydney Harbour's best small craft builders. Ena is described as being of 60 tons, length 88 feet, beam of 16 feet 6 inches, and a depth of 8 feet. Her engines were built by Chapman & Fox of Sydney and were of the steam reciprocating compound type, with a nominal 25 horse power. Retrieved from www.navyhistory.org.au/sleuth-a-pretty-little-ship/

Governor Loftus also sent others to Pittwater, particularly visiting Princes Albert Victor and George who were in the colony in 1881:

The Royal Princes remained on board the flagship on Saturday morning. In the afternoon, accompanied by the Rev. John Dalton, Captain Hixson and Commander Lindeman, they made an excursion in the Nea to several of the show-places of Port Jackson. They left the Inconstant at 1 15 p.m., visited Darling Harbour and Cockatoo Island, inspected the steamer City of Sydney in dock, steamed up the Parramatta River as far as the bridge, returned, and went up Middle Harbour as far as Clontarf, and soon after 5 p.m. the Princes regained their vessel. The outing was heartily enjoyed by all who shared in it. On Sunday afternoon the Princes visited Government House. Today they shall take a trip up the Hawkesbury, and will return by train at night. The party-a very limited one-will be conveyed to Manly early this morning by the Government launch, and, driving over to Pittwater will thence be taken by steamer to Windsor. Prince Louis of Battenberg attended the Theatre Royal on Saturday night. THE DETACHED SQUADRON. (**1881, August 1**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13491419

THE CRUISE OF THE BACCHANTE. Five years after the visit of the Princes Albert Victor and George to the Australian colonies, we have the opportunity of reading their own descriptions of what they saw, and of learning from their own writings what sort of impression was made upon them by a view of " Greater Britain." The book about which the Rev. J. N. Dalton has compiled from the journals of the Princes would have possessed more interest if it had appeared earlier, and if it could have been brought into a smaller compass, the general reader would have been just as well pleased… the Princes made a trip to the Blue Mountains, at the invitation of Sir Henry Parkes, and they afterwards went to Pittwater, Broken Bay, and the Hawkesbury River. The mountain scenery impressed them, and they were charmed with the beauty of the Hawkesbury. " We sit or stand about on the bridge amidships," they say, "and look out and around on the over-changing and yet constant loveliness of the river, which . every now and then narrows between. islands that seem to close in all passage ahead." THE CRUISE OF THE BACCHANTE. (**1886, August 14**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article28358651

The rugged beauty of this landmass above Newport is still green with trees despite the number of houses up its slope as holiday shacks and farmhouses became the modern structures of new homes during the 1950's. It fills many a portrait or landscape of Newport viewed looking west from the beach. Its height, mentioned in earlier descriptions, is overshadowed by western Pittwater hills;

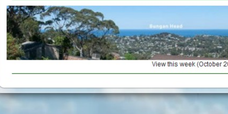
"Pittwater, a splendid view of which can be obtained from Newport, is the widest arm of the Hawkesbury, and the one whence the Sydney traffic must come. It is about half a mile there, but below it spreads out to a width of two miles. On the eastern shore the country is hilly, but scarcely mountainous – although Mount Loftus rises to an altitude of over four hundred feet; but on the western side the hills attain twice that elevation. There are numerous inlets; some of them extending a long way among the hills, and which are almost strangers to the foot of man, and doubtless abound with wallaby and other marsupials " Mills, Pile and Gilchrist, *Description of Newport, Pittwater and Hawkesbury, c.* 1881

A hill is deemed to be a mountain when its height is 1000 metres above sea level or when it is a landform that extends above the surrounding terrain in an area. As a landscape form a mountain is generally higher and steeper than a hill. There is considerable overlap in the terms and usage often depends on local custom. In Pittwater this hill is called a mountain, Loftus Mountain, steep, high, with a view from its peaks all the way top Manly.

References:

Dibbs, Sir Thomas Allwright (1832–1923)', Obituaries Australia, National Centre of Biography, Australian National University, http://oa.anu.edu.au/obituary/dibbs-sir-thomas-allwright-308/text309

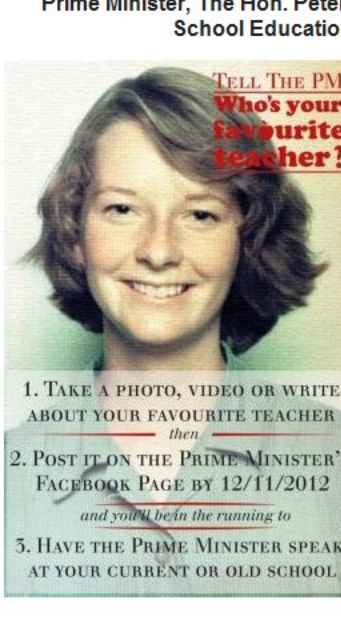
Broadhurst postcard a106122h of Mount Loftus, circa 1900-1927. courtesy State library of NSW



View this week (October 2012) from Mount Loftus by Michael Mannington.

October 14 -20, 2012: Issue 80

Prime Minister Launches New Online Program to Name Your Favourite Teacher - OCTOBER 5th 2012 - Prime Minister, The Hon. Peter Garrett MP, Minister for School Education - Sydney



Students of all ages will be encouraged to nominate their favourite teacher of all time and post an online message of support as part of a new program to highlight the important role that teachers play.

The Prime Minister will today launch a six-week competition for people to tell the story of their favourite teacher during a roundtable with student teachers and Minister for School Education Peter Garrett at the University of New South Wales. The Prime Minister will kick off the campaign with a video in which she talks about her favourite teacher and the importance of education.

The aim of the new campaign is to generate a conversation on social media about the inspirational role that high quality teachers play in students' lives.

Pupils, past and present, will be invited to post a message, photo or a video about their favourite teacher on the Prime Minister's Facebook page. The competition will be run online across a range of social media channels with the Prime Minister and other ministers.

A range of social media platforms will be used, including:

• People posting their entry on the Prime Minister's Facebook page; • A video of the impact of education on the Prime Minister's life and how it has shaped the Prime Minister's views on education (Below); • A Facebook Q&A session on education; and • A live blog about education.

Under our National Plan for School Improvement we want Australian schools back in the top 5 schooling systems in the world by 2025, and we know that great teachers are the key to getting there.

Parenting More Important Than Schools to Academic Achievement, Study Finds

ScienceDaily (**Oct. 10, 2012**) — New research from North Carolina State University, Brigham Young University and the University of California, Irvine finds that parental involvement is a more significant factor in a child's academic performance than the qualities of the school itself.

"*Our study shows that parents need to be aware of how important they are, and invest time in their children - checking homework, attending school events and letting kids know school is important,*" says Dr. Toby Parcel, a professor of sociology at NC State and co-author of a paper on the work. "*That's where the payoff is.*"

The researchers evaluated data from a national representative study that collected information from more than 10,000 students, as well as their parents, teachers and school administrators.

Specifically, the researchers looked at how "family social capital" and "school social capital" pertained to academic achievement. Family social capital can essentially be described as the bonds between parents and children, such as trust, open lines of communication and active engagement in a child's academic life. School social capital captures a school's ability to serve as a positive environment for learning, including measures such as student involvement in extracurricular activities, teacher morale and the ability of teachers to address the needs of individual students.

The researchers found that students with high levels of family social capital and low levels of school social capital performed better academically than students with high levels of school social capital but low family social capital. "In other words, while both school and family involvement are important, the role of family involvement is stronger when it comes to academic success," Parcel says.

The paper, "*Does Capital at Home Matter More than Capital at School?: Social Capital Effects on Academic Achievement*," **is published online** in the journal *Research in Social Stratification and Mobility*. The paper was co-authored by Dr. Mikaela Dufur of BYU and Kelly Troutman, a Ph.D. student at UC Irvine.

Mikaela J. Dufur, Toby L. Parcel, Kelly P. Troutman. **Does Capital at Home Matter More than Capital at School?: Social Capital Effects on Academic Achievement**. Research in Social Stratification and Mobility, 2012; DOI:10.1016/j.rssm.2012.08.002

Nominations open for 2012 Australian Vocational Student Prize - Tuesday 2 October 2012 Media Release - The Hon Peter Garrett MP, Minister for School Education and Minister for Early Childhood and Youth

The nation's most skilled students can now be recognised for their efforts in vocational education and training, with nominations now open for the 2012 Australian Vocational Student Prize (AVSP). Minister for School Education Peter Garrett today encouraged schools across Australia to nominate students for the Prize.

"Each year, up to 500 prizes are awarded to outstanding Year 12 students who have undertaken a Vocational Education and Training program or an Australian School-based Apprenticeship as part of their senior secondary certificate," Mr Garrett said. **"The AVSP is not an academic award, instead, it focuses on vocational achievements and a student's personal attributes, such as determination, commitment and the leadership role they play in their school and community."**

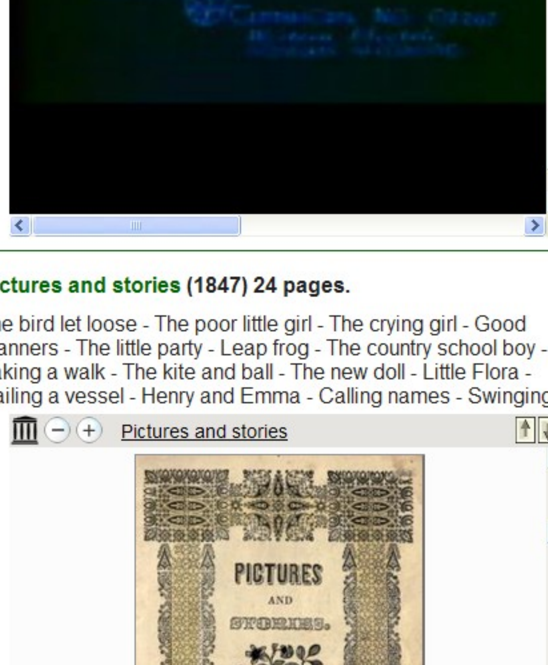
Students can be nominated by their school principal, teacher or a Vocational Education and Training Coordinator and, if successful, receive a certificate and are awarded a $2000 prize.

"This award is the vocational equivalent of the academic Australian Student Prize, another initiative aimed at recognising the achievements of students and their schools," Mr Garrett said. "It is a great opportunity to celebrate the achievements of students who have chosen a practical pathway through their senior studies and gained invaluable skills that make them more employable. Developing industry-specific skills through avenues such as these helps students with planning and pursuing their chosen career path, and the AVSP is a great way to recognise these endeavours."

Nominations close Friday 7 December 2012. For more information, including on how to nominate, visit: www.deewr.gov.au/avsp.

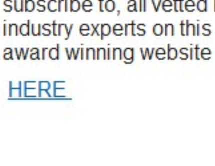
Small Fry - 1939 - Fleischer Studios

The 28th in Fleischer Studios' Color Classics cartoon series. Young Tommy Cod decides to quit going to school, preferring to play pool and smoke cigarettes. He attempts to gain admission to the Big Fry Club, and learns the error of his ways.



Pictures and stories (1847) 24 pages.

The bird let loose - The poor little girl - The crying girl - Good manners - The little party - Leap frog - The country school boy - Taking a walk - The kite and ball - The new doll - Little Flora - Sailing a vessel - Henry and Emma - Calling names - Swinging

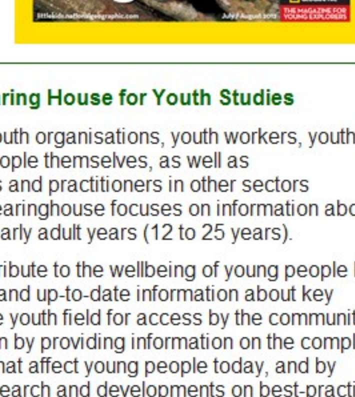


The Computer History Museum offers many online exhibits on a variety of topics related to the history of computing. The first 2000 years of Computers is HERE

National Geographic online fun For little kids:

Online Fun, games and a magazine they can subscribe to, all vetted by industry experts on this award winning website

HERE



Australian Clearing House for Youth Studies

ACYS provides support youth organisations, youth workers, youth researchers and young people themselves, as well as policymakers, researchers and practitioners in other sectors working with youth. The clearinghouse focuses on information about early adolescence to the early adult years (12 to 25 years).

ACYS's mission is to contribute to the wellbeing of young people by providing comprehensive and up-to-date information about key issues and practices in the youth field for access by the community. ACYS achieves its mission by providing information on the complex and wide-ranging issues that affect young people today, and by disseminating news of research and developments on best-practice in the youth field, encouraging networking, discussions and collaboration.

Great Website with daily Updates HERE

Bus Pass Replacement

HERE

Bullying; NO WAY !!!

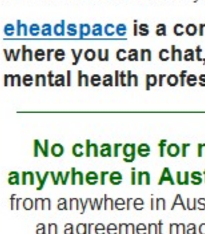
This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. **Make sure you are heard**. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.

Send In Your Stuff

Pittwater Online News is not only For and About you, it is also **BY** you. We cannot publish swearing or the maligning of others (this is the opposite of what we stand for). If you have a poem, story or something you want to see addressed, let us know or send to: pittwateronlinenews@live.com.au

All are Welcome, All Belong !

Love Food, Hate Waste Cookbook



Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

Headspace 'We've got your back' campaign

A groundbreaking national awareness campaign developed by National Youth Mental Health Foundation headspace aims to dramatically increase young Australians' awareness of everyday mental health issues affecting them and their friends. The campaign will run for the next 3 years.

eheadspace is a confidential, free, anonymous, secure space where you can chat, email or speak with qualified youth mental health professionals if you are 12 to 25 years

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

Australian Stories Online

Project Gutenberg Australia, has a great list of old legends and books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/

LaunchPad Gymnastics Australia

A new initiative of Gymnastics that includes all age groups from KinderGym to Professional development is seeking to instill more exercise and access to this through promoting gymnastics. Their Launch Pad website can be found at: www.launch-pad.org.au/

Get Involved!: To get involved or learn more about any of the information above, register your interest here.

Tweet | Like | +1

Word of the Week

Teacher: noun: one who teaches. (Business / Professions) a person whose occupation is teaching others, esp children. A personified concept that teaches nature is a good teacher. Socratic method - A teaching technique in which a teacher does not give information directly but instead asks a series of questions, with the result that the student comes either to the desired knowledge by answering the questions or to a deeper awareness of the limits of knowledge.

From Teach (To impart knowledge or skill to): Middle English *techen*, from Old English *taecan*.

Parliamentary Secretary for Defence Senator David Feeney – Launch of the Cadet Youth Development Framework - October 2012

L-R Colonel Tam McQuinlan, Group Captain (Australian Air Force Cadets) Ken Given, Cadet Under Officer Bryson Clews, Dr Ani Wierenga – University of Melbourne, Major General Paul Brereton, Cadet Under Officer Allison Murphy, Parliamentary Secretary for Defence, Senator David Feeney, Professor Johanna Wyn - University of Melbourne, Cadet Under Officer Evie Dowling, Warrant Officer Class One Daniel Moles, Able Seaman Laura Walter, Able Seaman Joshua Lutz and Lieutenant Steven Silestean Australian Navy Cadets. Head of Cadet Reserve and Employer Support Division, Major General Paul Brereton and Parliamentary Secretary for Defence, Senator David Feeney at the Launch of Defence Cadet Youth Development Framework in Melbourne.

Parliamentary Secretary for Defence, Senator David Feeney, today launched the Cadet Youth Development Framework at the Youth Research Centre, University of Melbourne. Senator Feeney said the Framework would play an important part in guiding the Australian Government's strategic approach to youth development through the Australian Defence Force Cadets.

"This is a Framework that has been born from the combined efforts of the University of Melbourne, cadets, cadet volunteers and community members. In its development, more than 40 focus groups and 4,000 surveys with cadets and volunteers were held, along with interviews with school principals. There is no doubt that this is a Framework developed by the cadet community for the cadet community.

"It will support cadet units in making the most of their opportunities and strengths, as it will help them review what they could be doing better. The Australian Government is committed to the Australian Defence Force cadets and their positive impact on youth development. **Cadets isn't just a youth development program that provides young Australians with a unique military experience – it embodies strong values, such as honour, honesty, integrity, courage, loyalty, teamwork and citizenship**," Senator Feeney said.

The Framework follows the release of the Generic Youth Development Framework, which was produced last year in partnership with the University of Melbourne. Director of the Youth Research Centre, Graduate School of Education, University of Melbourne, Professor Johanna Wyn, said the research behind the Framework showed the Australian Defence Force was an international leader in youth development.

"It enables the Cadet organisations to take a highly strategic approach, identifying the areas of existing strength and areas of potential growth in their approaches to youth development," Professor Wyn said.

From; HERE

Northern Beaches Cadets:

Australian Army Cadets: 201 Army Cadet Unit Northern Beaches (Dee Why): www.cadetnet.gov.au/aac/unitsites/201acu/Pages/default.aspx

This Cadet Unit is located at Anderson Building, 40 South Creek Road, Dee Why. (Army Depot). The unit parades on Wednesday nights during the school term from 630pm (1830) to 930pm (2130). Telephone (02) 9972 3008 (Wed Nights). Email 201acu@cadetnet.gov.au Mobile Number: 0410 893 402

Australian Air Force Cadets: No 305 Squadron – Collaroy. The Pittwater House Schools, 70 South Creek Road, Collaroy NSW. Parading Wednesday 1830 – 2130 Email: admino.305sqn@aafc.org.au Ph: 02 9972 5709 (1830-2130 WED ONLY)

Australian Navy Cadets: Unit finder: HERE

Australian Air League in Manly since 1934: www.airleague.com.au/ Australian Air League Manly Squadron. Contact details. Address: Hinkler Park, Manly, NSW 2095. Manly NSW, Northern Beaches Tel: (02) 9976 5747.

The Australian Air League is a national youth organization for boys and girls from 8 years of age and over. There are currently more than 80 Squadrons active in Queensland, New South Wales, Victoria, the ACT and South Australian, with more Squadrons continuing to open. It continues to build on the ideals formed by its founders over 70 years ago, to promote an interest in aviation both as a career or as a hobby in the youth of Australia, to provide opportunities to develop good citizenship, teamwork and to develop ingenuity and resourcefulness of members.

Cowboys and Aerials – THE MOVIE By Luke Kennedy - 10 October 2012

Saddle up the comfy chair, dig your heels in and get a grip on your set-box shooter. This one's going to buck like a Brahmin bull with a mouthful of dynamite. Waves are launch pads into other surfing universes for this bunch of board-slingers who flip, fly and spin high above the lip – not even gravity can stand in their way. Set in and around the world's best wave ranch and accompanied by a kickin' soundtrack, Cowboys and Aerials is jammed so tight with double-barrel action, it explodes off the screen.

Featuring Matt Meola, Ry Craike, Clay Marzo,Chippa Wilson, Mitch Parkinson and Martin Potter

Note: "Get the DVD with December Tracks on sale 5th November"

PITTWATER COUNCIL
Celebrating 20 Years 1992-2012

Learner Driver Workshop - 17th Oct 2012: 6:30pm - 8:30pm

Has your child expressed interest in learning to drive or just got their Learner Licence? Not sure how to go about teaching someone to drive?

Come along to this free Roads and Maritime workshop for parents and supervisors of learner drivers to find out more about licence conditions for L, P1 and P2 drivers. We will also be discussing matters such as low risk driving, understanding the Log Book and the benefits of on road driving experience.

Places are limited and bookings are essential so please contact the Road Safety Officer on 9970 1196 or by email at michelle_carter@pittwater.nsw.gov.au.

SECOND SEASON OF MIDNIGHT BASKETBALL OPENS

Registrations are open for another Midnight Basketball tournament that will tip off on Saturday 20 October.

Council's Acting Manager of Community Services Melinda Hewitt said the first tournament had seen six teams compete and 100 players registered. "We've also had nearly 50 volunteers helping us to coordinate the games, prepare meals and transporting players home," she said.

Midnight Basketball has been hosted in Pittwater for two years and is aimed at young people aged between 12 and 18. Participants play in a basketball team and are invited to free workshops on team building, self-esteem and healthy living. Following games they are given a meal and organised transport home.

The Pittwater tournaments are being run by Youth Reach and Midnight Basketball Australia with assistance from the Council. Games are held on Saturday nights from 7.30pm at the Northern Beaches Indoor Sports Centre, Jacksons Road Warriewood.

Ms Hewitt said a new feature of the October tournament would be classes in Tae Bo, a martial art.

"Registrations for the October tournament can be done online at www.midnightbasketball.org.au," she said. "We're also looking for more volunteers to join our terrific group of helpers."

PITTWATER COUNCIL
Celebrating 20 Years 1992-2012

SCIENCE CLUB FOR JUNIOR RESIDENTS

Mona Vale Library is offering a special four week science club for Pittwater pre-schoolers in October. Known as the 'Little Bang Discovery Club,' the science club begins on **Tuesday 9 October.** The course has been designed by the Children's Discovery Museum and is suitable for children aged 3 to 5 years and their accompanying parent or caregiver.

Library Manager Cathy Howie said the course would encourage ideas and skills among young children, inspiring them to get interested in the scientific principles of exploration and discovery. Ms Howie said the course was designed for experiential learning, including at home.

"The intention is for children to experience each concept, rather than simply talk about it," she said.

The course will run each **Tuesday from 9 October to 30 October from 1.30pm to 2.30pm**, culminating in a science fair and graduation at the last session when each child will receive a certificate. Each child will also receive a 'Discovery Club' passbook which is stamped after each session.

The four sessions include:

Collecting and classifying – discover how to match objects from around the home including those from a loaned 'discovery box'.

Measuring and recording – learn all about weighing and measuring, one of the most important skills for early discoverers

Experimenting –design your own experiment to find the answers

Science fair and graduation – explore the exciting table-top science toys and participate in a graduation ceremony.

The cost of the four week course is $20. Bookings are essential on 9970 1600, with payment required at the time of booking. For more information call Rebeccah on 9970 1622. Mona Vale Library is located at 1 Park Street, Mona Vale.

HSC 'LOCK-IN' AND FREE PIZZA OFFER RETURNS!

Mona Vale Library is once again offering to 'lock up' HSC students for special after-hours study sessions at the library from 25 September. To make studying for the HSC exams even more palatable, the Library will be offering students free pizza along with Tuesday evening study sessions. **The lock-in and free pizza sessions will be every Tuesday evening from 6pm to 9pm between 25 September and 23 October.**

Early opening hours at Mona Vale Library will also be on offer to HSC students each weekday from 9am to 10am, from Monday 8 October to Friday 26 October. The library normally opens at 10am on weekdays, but HSC students will have access to the library from 9am during this period.

Library Manager Cathy Howie said that the after-hours study sessions aimed to help HSC students to make use of a quieter environment for studying. "We hope the offer of free pizza on Tuesday evenings will also make studying a little less stressful for them," she said. "The only requirement for students to take advantage of the study 'lock-in' is for them to arrive by 6.15pm on the Tuesday evening at the library, or by 9.15am for the early morning sessions."

Mona Vale Library is located at 1 Park Street, Mona Vale.

Star Texts - CSIRO

Move over Comic Sans, we've found a stellar typeface. Galaxy Zoo lets you "galaxify" text, finding galaxies to match letters. Enjoy playing with the universe: www.mygalaxies.co.uk/

Powerhouse Museum Online Fun

The Powerhouse Museum, besides offering great exhibits, also has a range of online activities and games with a bit of educational insight.

An example: This online skittles game is based on a Victorian table game of skittles, c. 1880, made of wood and coloured paper, from the Powerhouse Museum's collection (object number A7575). Games which combined an element of chance while developing hand-eye coordination were very popular as family entertainment during the later part of the 19th and early 20th century. More HERE

Murder under the Microscope by Lesley Stevens

Murder under the Microscope is an environmental murder mystery, played by students in years 5 to 10 in every Australian state. Lesley is its creator. This online game is all about environmental science, with a strong focus on the scientific method and team work.

MURDER UNDER THE MICROSCOPE

Student teams are asked to sign on as 'investigators' to assist Catchment Headquarters take on a mysterious murder case over a period of 5 or 6 weeks. In that time the investigating teams must research vital information, understand clues, grasp the concept of cause and effect, not get distracted by any soap opera elements, discover the Villain and place an accusation online.

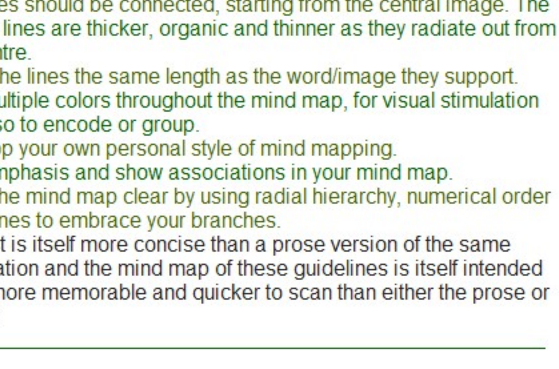
The first to nominate the correct Victim, Crime-site and Villain is named Eco Sleuth for that year. This year's case is called '*Lament in the Lucky Country*'. The game website opens on 23 July. Visit www.microscope.edu.au for the full story.

Study Tools 101 - Mind Maps

If you decide to go to a University once you've finished your High School studies one of the first study tools you will be introduced to is what is called a 'Mind Map'. These are great tools for every other subject you wish to apply them to in your life, especially as a way of putting all into perspective. A mind map is a diagram used to represent words, ideas, tasks, or other items related to a central key word or idea. Mind maps are used to generate, visualize, structure, and classify ideas, and as an aid to studying and organizing information, solving problems, making decisions, and writing.

The constituent elements of a mind map are arranged according to the importance of the concepts. Elements are classified into groupings, branches, or areas, with the goal of representing semantic or other connections between portions of information. Mind maps may also aid recall of existing memories. By presenting ideas in a radial, graphical, non-linear manner, mind maps encourage a brainstorming approach to planning and organizing tasks.

Author Tony Buzan suggests the following guidelines for creating mind maps:



Start in the center with an image of the topic, using at least 3 colours.
Use images, symbols, codes, and dimensions throughout your mind map.
Select key words and print using upper or lower case letters.
Each word/image is best alone and sitting on its own line.
The lines should be connected, starting from the central image. The central lines are thicker, organic and thinner as they radiate out from the centre.
Make the lines the same length as the word/image they support.
Use multiple colors throughout the mind map, for visual stimulation and also to encode or group.
Develop your own personal style of mind mapping.
Use emphasis and show associations in your mind map.
Keep the mind map clear by using radial hierarchy, numerical order or outlines to embrace your branches.
This list is itself more concise than a prose version of the same information and the mind map of these guidelines is itself intended to be more memorable and quicker to scan than either the prose or the list.

Pittwater Online News

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Seniors Month at Narrabeen Sands Hotel

Home Power Savings Program

Through the Home Power Savings Program, 220,000 eligible households will save up to 20% a year on their power use. By joining the program you will save up to 20% a year on your household's power use. The installed Power Savings Kit will save you around 10% a year. Putting your personal Power Savings Action Plan to work can save another 10% a year. By saving power you are reducing carbon pollution and helping the environment. The average home makes about 160,000 black balloons of carbon pollution a year. Carbon pollution impacts on our environment and leads to climate change.

Every eligible household that joins the program will get a FREE:
Home power assessment by an energy expert to identify ways to save power in the home
Power Savings Kit to help kick start savings which includes:
stand-by saver power board
4 energy efficient light bulbs
low flow showerhead
shower timer
tap aerator
draught-proof strips for around the door
door snakes.

To be eligible for the program you must live in NSW and contribute to the power bills for the property. At least one person in your household must have one of the following cards:
Centrelink Pensioner Concession Card
Centrelink Low Income Health Care Card
Department of Veterans' Affairs Pensioner Concession Card
Department of Veterans' Affairs (Gold) Repatriation Health Card
Department of Veterans' Affairs (White) Repatriation Health Card
OR
be a recognised energy utility hardship customer.
You'll need to confirm your eligibility when joining the program. Book your free home power assessment. Call 1300 662 416 or Request a call back.

Keep your Wits About You

A regular contributor suggests we all look at Lumosity to see if will suit keeping active mentally. Their website states: "Improve Brain Health and performance. Designed by neuroscientists, Lumosity exercises improve core cognitive functions. Researchers have measured significant improvements in working memory and attention after Lumosity training. Dozens of research collaborations help improve the Lumosity training program and its effectiveness." You can visit their website to decide for yourself at: www.lumosity.com/app/v4/personalization

The Senior Newspaper Online

Click on logo:

Australian Senior Publications

Internet Relay Calls

Internet relay calls are ideal if you are deaf, can't hear well or have difficulty using your voice. You just need an internet connection. All standard calls are free within Australia. See more at; Relay Service and in video below.

Pittwater Community Hub

Our recently opened office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street. We are open Monday to Friday, 9.00am to 4.00pm. The new Hub is fully 'manned' by our professional staff and local volunteers who can answer enquiries and provide personal assistance to meet the needs of residents of the northern beaches. Pittwater Community Hub Profile

Click on logo to visit their website for more

Northside Community CONNECT

HEARTMOVES | Heart Foundation

Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. $8.00 casual. Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au

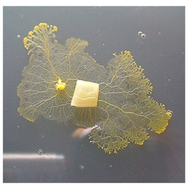
U3A Lectures on Wednesday Afternoons at Newport -

U3A The University of the Third Age Sydney U3A

All welcome - no need to book. Just come along hear interesting speakers and make new friends. Cost: $2 includes tea coffee and biscuits.Venue: Newport Community Centre, for more information contact Jan Malone 9918 9126 or Mavis Bickerton 9970 7161 Website: www.sydneyu3a.org

Brainless slime moulds can remember - 9 October 2012 – from University of Sydney

Can you have a memory if you don't have a brain? The question has been answered with the discovery that brainless slime moulds use excreted chemicals as a memory system.



The research found that that a single-celled organism with no brain uses an external spatial memory to navigate through a complex environment. [Image: Tanya Latty]

The finding by University of Sydney researchers is strong support for the theory that the first step toward the evolution of memory was the use of feedback from chemicals.

"We have shown for the first time that a single-celled organism with no brain uses an external spatial memory to navigate through a complex environment," said Christopher Reidfrom the University's School of Biological Sciences.

The research, led by Reid, with colleagues from the school and a colleague from Toulouse University, is published in the Proceedings of the *National Academy of Sciences* journal today.

"Our discovery is evidence of how the memory of multi-cellular organisms may have evolved - by using external chemical trails in the environment before the development of internal memory systems," said Reid. "Results from insect studies, for example ants leaving pheromone trails, have already challenged the assumption that navigation requires learning or a sophisticated spatial awareness. We've now gone one better and shown that even an organism without a nervous system can navigate a complex environment, with the help of externalised memory."

The research method was inspired by robots designed to respond only to feedback from their immediate environment to navigate obstacles and avoid becoming trapped. This 'reactive navigation' method allows robots to navigate without a programmed map or the ability to build one and slime moulds use the same process.

The researchers used a classic test of independent navigational ability, commonly used in robotics, requiring the slime mould to navigate its way out of a U-shaped barrier. As the slime mould (*Physarum polycephalum*) moves it leaves behind a thick mat of non-living, translucent, extracellular slime.

When it is foraging the slime mould avoids areas that it has already 'slimed' suggesting it can sense extracellular slime upon contact and will recognise and avoid areas it has already explored.

"This shows it is using a form of external spatial memory to more efficiently explore its environment," said Reid. "We then upped the ante for the slime moulds by challenging them with the U-shaped trap problem to test their navigational ability in a more complex situation than foraging. We found that, as we had predicted, its success was greatly dependent on being able to apply its external spatial memory to navigate its way out of the trap."

In simple environments the use of externalised spatial memory is not necessary for effective navigation but in more complex situations it significantly enhances the organism's chances of success, just as it does for robots using reactive navigation.

Christopher Reid's work also appears in the Macleay Museum's current exhibition *The Meaning of Life* which features prominent research from the School of Biological Sciences in its 50-year history. Admission to the Museum is FREE. Details on our Events page.

From; http://sydney.edu.au/news/84.html?newsstoryid=10241

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8084 3574

Article on their Seminar

Media Releases concerning Seniors this week from National Seniors Australia

With around a quarter of a million members, National Seniors is Australia's largest consumer organisation for the over 50s and fourth largest group of its kind in the world.

Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.

SENIOR MOVERS
Gracefully downsize with our experience and care...

www.seniormovers.com.au

Also see Belinda Gurney's Profile and other great Business; www.bgpropertystyling.com.au

Warringah Council | Pittwater Council

Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets for Seniors Week. The Services, Activities & Housing Directory 2012-2013 is a one-stop-shop for all northern beaches seniors thanks to a successful partnership between Warringah, Pittwater and Manly Councils.

The directories can be found at Council's Customer Service; Libraries, Community Centres or online at the council websites.

If older people with mobility problems have difficulty assessing the directory - contact Aged Services and you will be sent a copy.

Contact Community Care Northern Beaches by clicking their logo:

CCNB COMMUNITY CARE (NORTHERN BEACHES) LIMITED

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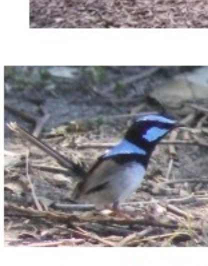
October 14 -20, 2012: Issue 80

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

Come for a day out removing Asparagus Fern, Pittwater's worst weed. Asparagus Fern Out Day, **Sunday November 18** is at Woody Point on Pittwater's western shores. In return for a morning's work in lovely Spotted Gum forest you get a free ferry ride, gourmet lunch, great company and the good feeling of doing something worthwhile..... and the bush will love you for it. RSVP to pnhainfo@gmail.com or ph: 9918 3368 0439 409 202



Birding Essentials is on at the Coastal Environment Centre on Sunday October 21 2012. The course is run by the CEC, with PNHA assistance.

This is an introduction to local birds, their biology and how to identify them. Everything you wanted to know about birds including improving habitat, colour, camouflage, urban birds and climate change.

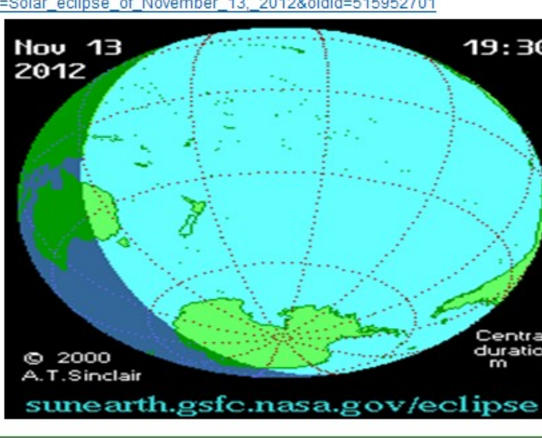
Birds are an indicator of the biodiversity of our natural environment and lovely fellow beings! Here's a chance to get in touch with them, and learn more if you're already a birdwatcher.

Start **7:30 am** with choice of field trip to Deep Creek or Warriewood Wetlands, one of Sydney's best places to see birds. Cost $65 for the whole day and morning and afternoon tea provided. To book contact CEC 9970 1695 or book online by clicking HERE

Solar eclipse of November 13, 2012

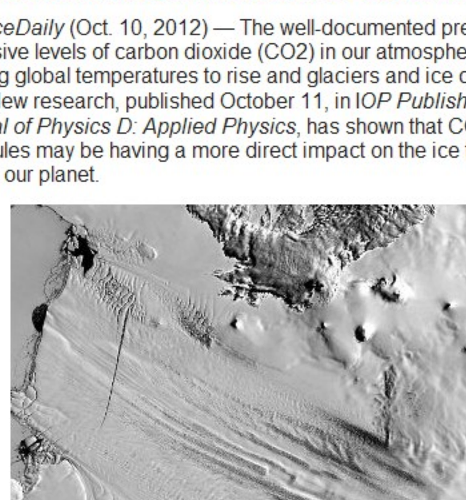
A total solar eclipse will take place on 13–14 November 2012 worldwide and in Australia and New Zealand on 14th November, with a magnitude of 1.0500, occurring only 12 hours before perigee, with greatest eclipse totality lasting just over 4 minutes. A solar eclipse occurs when the Moon passes between Earth and the Sun, thereby totally or partially obscuring the image of the Sun for a viewer on Earth. A total solar eclipse occurs when the Moon's apparent diameter is larger than the Sun, blocking all direct sunlight, turning day into darkness. Totality occurs in a narrow path across the surface of the Earth, while a partial solar eclipse will be visible over a region thousands of kilometres wide. For this eclipse totality will be visible from northern Australia and the southern Pacific Ocean. The most populous city to experience totality will be Cairns, which will experience 2 minutes of totality just an hour after daybreak (06:38 AEST, 20:38 UTC) with the sun at an altitude of just 14°. Norfolk Island, a small pacific island east of Australia, will experience a partial eclipse with a maximum of 98% of the sun obscured at 09:37.

Solar eclipse of November 13, 2012. (2012, October 4). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Solar_eclipse_of_November_13,_2012&oldid=515952701



Glaciers Cracking in the Presence of Carbon Dioxide

ScienceDaily (Oct. 10, 2012) — The well-documented presence of excessive levels of carbon dioxide (CO_2) in our atmosphere is causing global temperatures to rise and glaciers and ice caps to melt. New research, published October 11, in *IOP Publishing's Journal of Physics D: Applied Physics*, has shown that CO_2 molecules may be having a more direct impact on the ice that covers our planet.



Floating ice shelf at the downstream end of Pine Island Glacier. The crack shows the start of a large iceberg calving Landsat image of the Pine Island Glacier ice shelf, courtesy of NASA

Researchers from the Massachusetts Institute for Technology have shown that the material strength and fracture toughness of ice are decreased significantly under increasing concentrations of CO_2 molecules, making ice caps and glaciers more vulnerable to cracking and splitting into pieces, as was seen recently when a huge crack in the **Pine Island Glacier in Antarctica** spawned a glacier the size of Berlin.

Ice caps and glaciers cover seven per cent of Earth -- more than Europe and North America combined -- and are responsible for reflecting 80-90 per cent of the Sun's light rays that enter our atmosphere and maintain Earth's temperature. They are also a natural carbon sink, capturing a large amount of CO_2.

"If ice caps and glaciers were to continue to crack and break into pieces, their surface area that is exposed to air would be significantly increased, which could lead to accelerated melting and much reduced coverage area on the Earth. The consequences of these changes remain to be explored by the experts, but they might contribute to changes of the global climate," said lead author of the study Professor Markus Buehler.

Buehler, along with his student and co-author of the paper, Zhao Qin, used a series of atomistic-level computer simulations to analyse the dynamics of molecules to investigate the role of CO_2 molecules in ice fracturing, and found that CO_2 exposure causes ice to break more easily.

Notably, the decreased ice strength is not merely caused by material defects induced by CO_2 bubbles, but rather by the fact that the strength of hydrogen bonds -- the chemical bonds between water molecules in an ice crystal -- is decreased under increasing concentrations of CO_2. This is because the added CO_2 competes with the water molecules connected in the ice crystal.

It was shown that CO_2 molecules first adhere to the crack boundary of ice by forming a bond with the hydrogen atoms and then migrate through the ice in a flipping motion along the crack boundary towards the crack tip.

The CO_2 molecules accumulate at the crack tip and constantly attack the water molecules by trying to bond to them. This leaves broken bonds behind and increases the brittleness of the ice on a macroscopic scale.

Zhao Qin and Markus J Buehler. **Carbon dioxide enhances fragility of ice crystals.** J. Phys. D: Appl. Phys., 2012 DOI: 10.1088/0022-3727/45/44/445302

The Pine Island and Thwaites Glaciers are two of Antarctica's five largest ice streams. Scientists have found that the flow of these ice streams has accelerated in recent years, and suggested that if they were to melt, global sea levels would rise by 0.9 to 1.9 m (2 ft 10 in to 6 ft 3 in), destabilising the entire West Antarctic Ice Sheet and perhaps sections of the East Antarctic Ice Sheet.[10]

In 1981 Terry Hughes proposed that the region around Pine Island Bay may be a "weak underbelly" of the West Antarctic Ice Sheet.[11] This is based on the fact that, unlike the majority of the large West Antarctic ice streams, those flowing into theAmundsen Sea are not protected from the ocean by large floating ice shelves. Also, although the surface of the glacier is above sea level, the base lies below sea level and slopes downward inland, this suggests that there is no geological barrier to stop a retreat of the ice once it has started

Pine Island Glacier. (2012, September 16). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Pine_Island_Glacier&oldid=512803810

Willy Wagtail, Careel Playing Fields, October 2012.

Wetlands Care 2012 Art and Photo Comp

Wetlands, often seen as homes for mozzies, snakes and other undesirables, are getting a public image makeover thanks to WetlandCare Australia, the leading Australian not-for-profit wetland conservation organization. WetlandCare Australia's 6th annual National Art and Photography Competition is offering prizes for works exploring Australia's diverse wetlands and waterways.

"Wetlands are important for all of us. They are a beautiful part of the landscape, provide recreational spaces, habitat for wildlife and are crucial for clean waterways," says competition coordinator Liz Hajenko. "I hope the competition will encourage people of all ages to get to know their local wetlands, and share their experiences and impressions of these valuable habitats."

Entries are invited in the Youth and Open categories and must be received by 9 November 2012. There are great prizes including cash, art packs and books. The first 25 Open Art and Open Photography entries will receive a gift voucher from The Native Shop to purchase native plants and seedlings. Winning works will be displayed in an exhibition and awards night at the Hunter Wetlands Centre, Newcastle on World Wetlands Day, 2nd February, 2013. Entry forms and information can be found on the WetlandCare Australia website www.wetlandcare.com.au or by phoning 1800 816 147. The major competition sponsors are the NSW Office of Environment and Heritage and the Central West Catchment Management Authority.

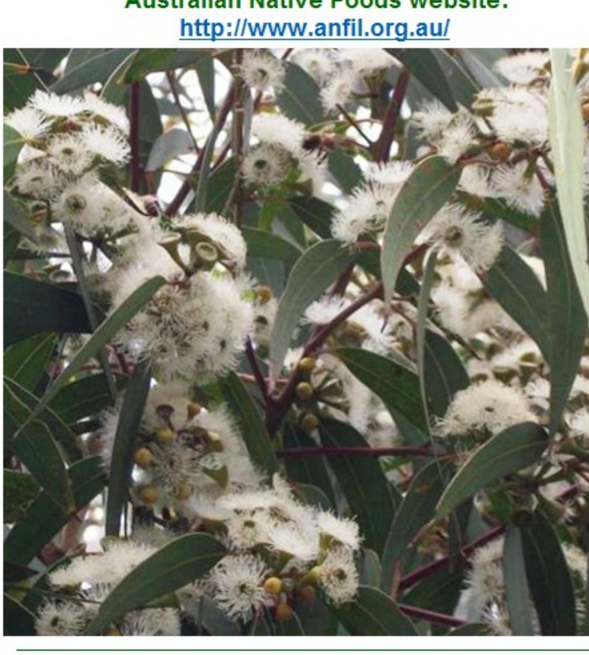
Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council.

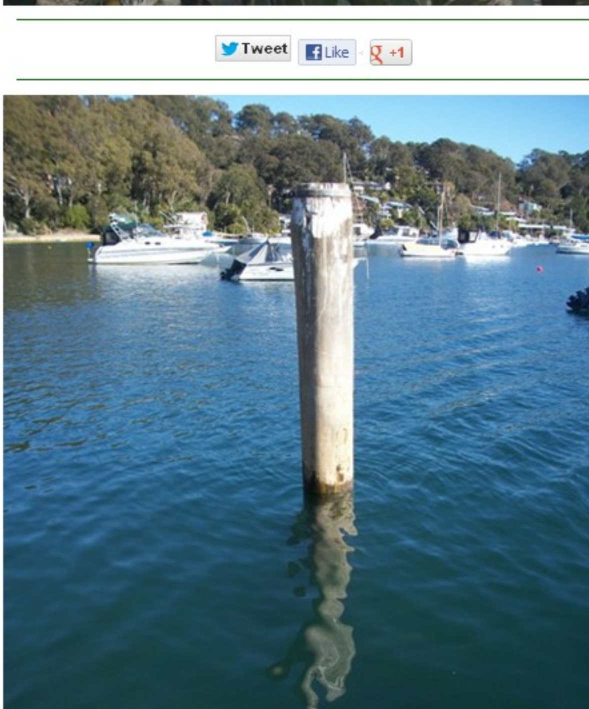
Our **PROFILE**

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects. Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

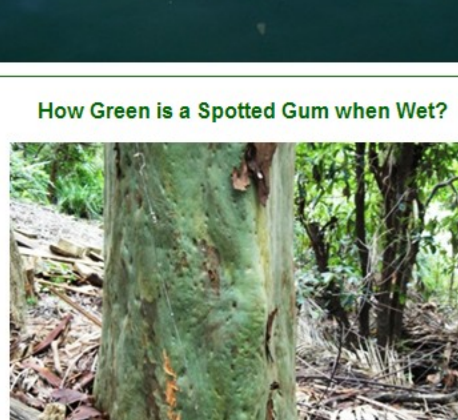
Australian Native Foods website: http://www.anfil.org.au/

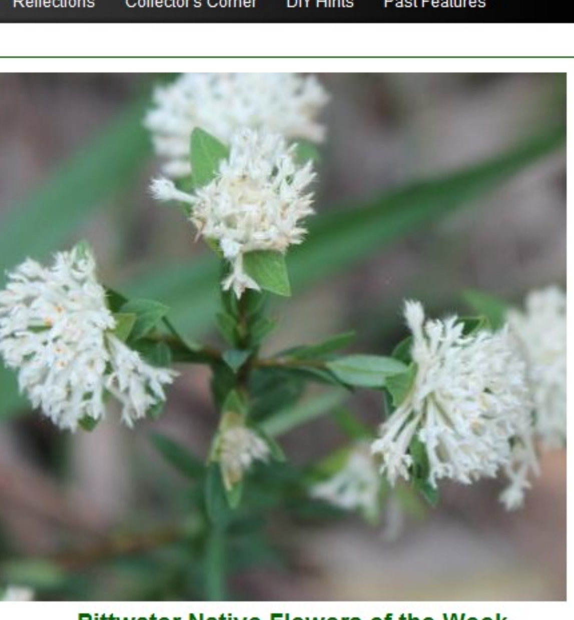


Tweet | Like | +1



How Green is a Spotted Gum when Wet?





Pittwater Native Flowers of the Week

Above is Slender Rice Flower *Pimelea linifolia*. This lovely white flower made from many smaller flowers is an Australian shrub called Queen-of-the-bush or Slender or Flax-leafed Riceflower. It is widespread throughout the south and east of Australia and is known to be toxic to livestock. The bark can be processed into fine strong thread for catching Agrotis infusa, the Bogong moth. This string, called a 'Bushman's bootlace', is produced by a traditional method that involves wetting, drying, beating and rolling the material. Up to 60 white flowers form brachteate heads on glabrous peduncles, bracts are 4 or 8. It was first published in 1793 by James Edward Smith, in his A Specimen of the Botany of New Holland.

Traditional Use; During summer, people came to the high country to feast on thousands of Bogong moths. They caught them in strong, delicate string nets made from Pimelea bark. We know the bark of the Riceflower as 'Bushman's Bootlace', but here's how to make string: Strip the bark, dry it, place in a stream for about one week, dry in sun, soften by chewing/beating with sticks and stones, roll on the thigh and spin into fine, strong thread.

'They had very fine meshes and were manufactured with great care, and being attached to a couple of poles they could be readily folded up when they had to be withdrawn from the crevices.' Helms 1895:594.

Aboriginal Plant Use in South-Eastern Australia. Australian National Botanic Gardens - Education Service. Retrieved from www.anbg.gov.au/aborig.s.e.aust/pimelea-linifolia.html

Below is Fringed Violet *Thysanotus tuberosus*, also known as the Common Fringe-lily, another perennial herb endemic to Australia. The species name tuberosus refers to the crisp tasting edible root. The leaves are linear in shape, and round at cross section towards the top. They are quite tiny, like warm weather to flower and are more profuse in mid-Summer although they will appear from late September if enough rainfall and warm spells encourage them to bloom. They are a velvet flower that lasts for one day only or even for just a few hours if the sun is too hot and they are not sprouting in a shaded area. These flowers grow in a wide variety of situations, from semi-arid parts of south eastern Australia to coastal areas receiving more than 1300 mm of rain per year. They are often found in open country, heathlands or in dry sclerophyll woodland, especially among the shed needles of coastal she oak trees.

Call for submissions to Commonwealth fisheries management review

Mr David Borthwick AO PSM, who has been appointed by the Minister for Agriculture, Fisheries and Forestry to review the Commonwealth fisheries management system, has made a public call for written submissions. Australia's fisheries are among the most sustainable and best managed in the world. In the years since the fisheries management system was first put in place, however, the needs and the expectations of the fishing industry and the broader Australian community have evolved. With this in mind, and conscious of the limitations of time and geography, Mr Borthwick is encouraging interested stakeholders to share their views on matters within the review's terms of reference by written submission.

Input from the broad range of people with an interest in Australian fisheries is an essential part of the review and will be used to identify any improvements to the current system to ensure Australia remains a world leader in fisheries management into the future. The submissions phase will run for four weeks, **closing on 26 October 2012**. Full details on how to make a submission to the Commonwealth Fisheries Management Review can be found on the department's website. : HERE

The review is expected to report and make recommendations to the minster before the end of the year.

Coastal Environment Centre

The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December

More at: www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

October 2012 Newsletter includes information on:
BushCare Planting Activities (volunteers needed), Workshops and Events, and great articles HERE

Community Gardens bring people together and enrich communities. They build a sense of place and shared connection.

Pittwater Community Gardens is a community led initiative to create accessible food gardens in public places throughout the Pittwater area. Our aim is to share skills and knowledge in creating fabulous local, organic food. But it's not just about great food. We also aim to foster community connection, stimulate creative ideas for community resilience and celebrate our abundance.

Open to all ages and skills, our first garden is on the grounds of Barrenjoey High School (off Tasman Road). Become part of this exciting initiative to change the world locally.

www.pcga.org.au Contact us info@pcg.org.au

Visit us at facebook.com/pcga.org

image artwork: www.gravey.com

Birdlife Australia - New Website and Quarterly Magazine

Birdlife Australia has begun a quarterly magazine which is available online at: www.birdlife.org.au/australian-birdlife

This organisation, which has been going for over a century now, have been a leading authority and advocate for the protection of Australia's birds, achieved by combining scientific research, nationwide surveys, targeted actions and other activities to create real and positive outcomes. They state that over 200 species of birds in Australia are considered threatened at present. Visit their new website, have a look at all the information collated, and see if you could help them out as a volunteer or donor.

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

What Does PNHA do?

On-ground bush regeneration. eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quaterly informative newsletter, online or paper
Members email group for leaset environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, $20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna $2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website. PROFILE

CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/

PITTWATER COUNCIL

ONLINE BIODIVERSITY CALENDAR A FIRST

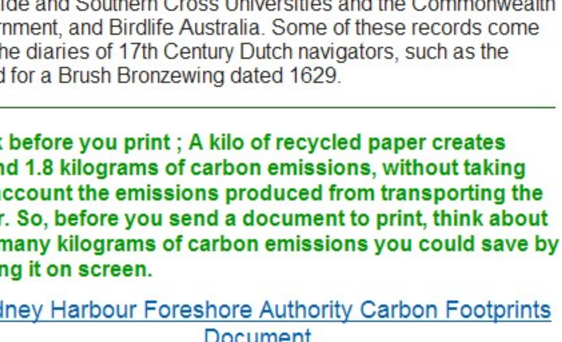
Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a $50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program. Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species. The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar

To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au

17th Century Dutch explorers help the Atlas reach a major milestone - 30 million records!

From CSIRO Media Releases



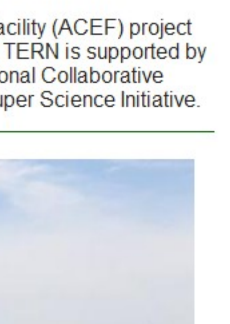
The **Atlas of Living Australia** a collaboration between all Australian museums, herbaria and biological collections, CSIRO, Adelaide and Southern Cross Universities and the Commonwealth Government, and Birdlife Australia. Some of these records come from the diaries of 17th Century Dutch navigators, such as the record for a Brush Bronzewing dated 1629.

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document

New coastal website linking local research with local councils

From CSIRO Media Releases

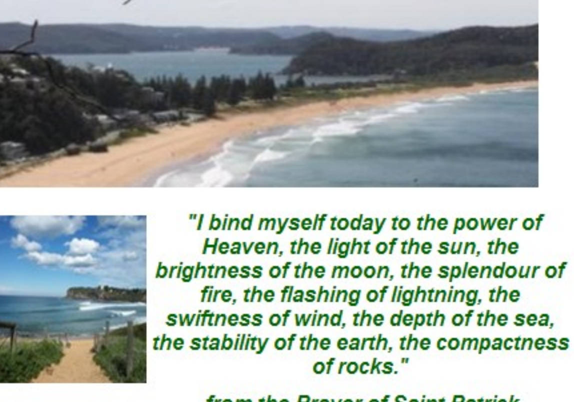


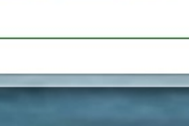
The latest coastal research will now be at the fingertips of councils and developers, with today's launch of a new webportal at the Australian Coastal Councils Conference in Hobart. The CSIRO-developed website will enable coastal councils, and other coastal stakeholders, to find research easily at a national level, and then focus on regional and local research projects.

CSIRO committed to creating the Coastal Research Webportal at last year's Australian Coastal Councils Conference, when it was realised local councils had a low awareness of the range of coastal research available.

The webportal has short, plain English, acronym-free research summaries and it provides further links to freely available data and research, under the Creative Commons license. The webportal, which uses a Google Maps interface, was developed in cooperation with TERN – the Terrestrial Ecosystem Research Network, which will now manage the website. The webportal can be found at: http://coastalresearch.csiro.au/

This is an Australian Coastal Ecosystem Facility (ACEF) project under TERN, funded by ACEF and CSIRO. TERN is supported by the Australian Government through the National Collaborative Research Infrastructure Strategy and the Super Science Initiative.





"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."

from the Prayer of Saint Patrick

Pittwater Online News

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Community News | News From our Inbox | Books | Events | Artist of the Month | Reflections | Collector's Corner | DIY Hints | Past Features

October 14 -20, 2012: Issue 80

Sage

There are a lot of herbs coming into season and those that taste best come from your own garden. Many of these, besides adding great taste to fish, vegetable and meat recipes, also have great health benefits. Sage has been known for a long time as a purgative herb and as we are in Spring it's also a good idea to give your body a Spring clean too. This week we offer some facts, history and a yummy recipe with which to utilise Sage Butter.

Pumpkin and pine nut ravioli with sage-butter sauce

Ingredients
500g Kent pumpkin, peeled, deseeded, coarsely chopped
1 tbs olive oil
55g (1/3 cup) pine nuts
1 garlic clove, crushed
2 tsp ground cumin
20g (1/4 cup) shredded parmesan
1 x quantity pasta sheets (see related article)
Sage-butter sauce
200g butter, chopped
1/4 cup small fresh sage leaves
2 tbs fresh lemon juice

Cook the pumpkin in a steamer basket over a saucepan of simmering water for 10 minutes or until tender. Transfer to a medium bowl. Use a fork to mash until smooth. Heat the oil in a small saucepan over medium heat. Add the pine nuts and cook, stirring, for 4-5 minutes or until lightly toasted. Add the garlic and cumin and cook, stirring, for 30 seconds or until aromatic. Add the pine nut mixture and parmesan to the pumpkin and stir until combined. Season with salt and pepper.
Construct Ravioli: Place 1 pasta sheet on a lightly floured surface. Place heaped teaspoonfuls of pumpkin mixture, in 2 rows, at 5cm intervals on the pastry sheet, leaving a 2cm border around the edges. Use a pastry brush to brush the pasta around the pumpkin mixture with water. Top with another pasta sheet and press the edges together to seal. Use a ravioli wheel or knife to cut between the pumpkin mixture to make squares. Repeat with the remaining pasta sheets and filling.
Sage Butter: To make the sage-butter sauce, melt the butter in a small frying pan over medium heat. Add the sage and cook, stirring occasionally, for 4-5 minutes or until the sage is crisp and the butter is light golden. Remove from heat and stir in the lemon juice.
Cook half the ravioli in a large saucepan of salted boiling water for 5-8 minutes or until al dente. Use a slotted spoon to transfer to a plate. Repeat with remaining pasta. Divide the ravioli among serving bowls and spoon over the sage-butter sauce. Serve immediately.

Illustration; Painting from *Koehler's Medicinal Plants* (1887) by Franz Eugen Köhler, *Köhler's Medizinal-Pflanzen*

Salvia officinalis (garden sage, common sage) is a perennial, evergreen subshrub, with woody stems, grayish leaves, and blue to purplish flowers. It is a member of the family Lamiaceae and is native to the Mediterranean region, though it has naturalized in many places throughout the world. It has a long history of medicinal and culinary use, and in modern times as an ornamental garden plant. Salvia officinalis was described by Carl Linnaeus in 1753. It has been grown for centuries in the Old World for its food and healing properties, and was often described in old herbals for the many miraculous properties attributed to it. The specific epithet, officinalis, refers to the plant's medicinal use—the officina was the traditional storeroom of a monastery where herbs and medicines were stored.

History: *Salvia officinalis* has been used since ancient times for warding off evil, snakebites, increasing women's fertility, and more. The Romans likely introduced it to Europe from Egypt as a medicinal herb. Theophrastus wrote about two different sages, a wild undershrub he called sphakos, and a similar cultivated plant he called elelisphakos. Pliny the Elder said the latter plant was called salvia by the Romans, and used as a diuretic, a local anestheticfor the skin, a styptic, and for other uses. Charlemagne recommended the plant for cultivation in the early Middle Ages, and during the Carolingian Empire, it was cultivated in monastery gardens. Walafrid Strabo described it in his poemHortulus as having a sweet scent and being useful for many human ailments—he went back to the Greek root for the name and called it lelifagus.

The plant had a high reputation throughout the Middle Ages, with many sayings referring to its healing properties and value. It was sometimes called S. salvatrix(sage the savior), and was one of the ingredients of Four Thieves Vinegar, a blend of herbs which was supposed to ward off the plague. Dioscorides, Pliny, and Galen all recommended sage as a diuretic, hemostatic, emmenagogue, and tonic.

Uses: Common sage is grown in parts of Europe for distillation of an essential oil, though other species, such as *Salvia fruticosa* may also be harvested and distilled with it. In Britain sage has for generations been listed as one of the essential herbs, along with parsley, rosemary and thyme (as in the folk song "Scarborough Fair"). It has a savoury, slightly peppery flavour. It appears in many European cuisines, notably Italian, Balkan and Middle Eastern cookery. In British and American cooking, it is traditionally served as sage and onion stuffing, an accompaniment to roast turkey or chicken at Christmas or Thanksgiving Day. Other dishes include pork casserole,Sage Derby cheese and Lincolnshire sausages. Despite the common use of traditional and available herbs in French cuisine, sage never found favour there. Salvia and "sage" are derived from the Latin salvere (to save), referring to the healing properties long attributed to the various Salvia species. It has been recommended at one time or another for virtually every ailment by various herbals. Modern evidence shows possible uses as an antisweating agent, antibiotic, antifungal, astringent,antispasmodic, estrogenic, hypoglycemic, and tonic. In a double blind, randomized and placebo-controlled trial, sage was found to be effective in the management of mild to moderate Alzheimer's disease.

The strongest active constituents of sage are within its essential oil, which containscineole, borneol, and thujone. Sage leaf contains tannic acid, oleic acid, ursonic acid, ursolic acid, cornsole, cornsolic acid, fumaric acid, chlorogenic acid, caffeic acid, niacin, nicotinamide, flavones, flavonoid glycosides, and estrogenicsubstances. Investigations have taken place into using sage as a treatment for Alzheimer's disease patients. Sage leaf extract may be effective and safe in the treatment of hyperlipidemia

Salvia officinalis. (2012, October 10). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Salvia_officinalis&oldid=516926124

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October 14 -20, 2012: Issue 80

Heralding The Dawn: October's Libran New Moon

Faith is the bird that feels the light when the dawn is still dark. Rabindranath Tagore

Said a Rooster, "I'd have you all know I am nearly the whole of the show; Why, the Sun every morn Gets up with the dawn, For the purpose of hearing me crow!" Ethel Watts Mumford

Dawn does not come twice to awaken a man. Saudi Arabian Proverb

Great braggers, little doers. Romanian Proverb

One filled with joy preaches without preaching. Mother Teresa

It takes a person who is wide awake to make his dream come true. Roger Babson

The sun sets without thy assistance. The Talmud

She understood how much louder a cock can crow in its own farmyard than elsewhere. Anthony Trollope

Noise proves nothing. Often a hen who has merely laid an egg cackles as if she had laid an asteroid. Mark Twain

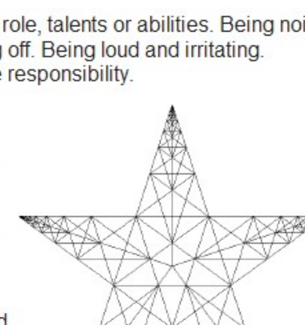
October's Libran new Moon falls on October 15 and it signals new starts and announcing new beginnings, but it can also signify a lot of noise and 'hot air' being blown around. I imagine we'll be hearing a bit of both, especially with the elections happening in the United States.

The New Moon: Libra 23 CHANTICLEER'S VOICE HERALDS THE RISING SUN WITH ENTHUSIASTIC TONES

This Symbol shows enthusiasm, joy, confidence and the desire to greet each day with the anticipation of new opportunities. It is true that each day begins the same – the Sun comes up, the world is still spinning – but what the day will bring always holds a bit of a mystery. This is a joyous Symbol of greeting and heralding the day, but there can be a blurring of the concept of whether the "Chanticleer" (the rooster), causes or simply heralds the new day. You may be blessed with the voice to speak of new developments, to make announcements and wake everyone up to the realities of life. Don't make too much of a noise while doing it and you'll rouse people around you to action. Waking early. Having a clear, beautiful or loud voice. Feeling like a brand new start is on its way. Speaking up when needed. Being a morning person. Seeing things ahead of time.

The Caution: Overstating your role, talents or abilities. Being noisy and disturbing others. Sounding off. Being loud and irritating. Taking the glory and none of the responsibility.

Mercury: Scorpio 15 CHILDREN PLAYING AROUND FIVE MOUNDS OF SAND



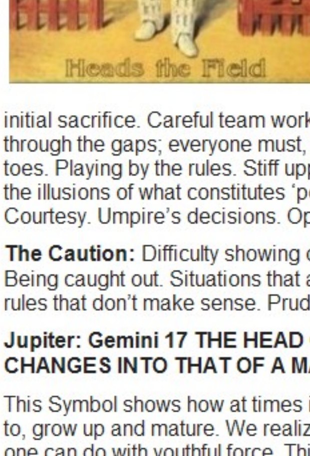
This shows "Children" at "Play"; enjoying in a natural setting. Nowadays, the true art of play has largely been forgotten or lost. We have the apparent need for more and more toys or gadgets in order to bring joy. Much is learned through letting go and allowing your self to experience the joy found naturally in the company of others. You may have the potential for greater things, but don't sometimes understand what they are. Development takes time and latent talent eventually leads to greater things. You will fulfill your potential, but you must start at the beginning. Joining with others helps as everyone brings their own creative talents – don't hide yourself away. Creative integration of new ideas. Interacting with others. Playing hide and go seek. Playgrounds. Crop circles. The desert. Shifting sand. Rituals. Native American Indian rites.

The Caution: Being too serious. Not seeing life's light-hearted side. Not knowing how to play. Not committing to anything seriously. Brooding and hiding. Mourning over childhood lost. Hiding away from others.

Venus: Virgo 15 A FINE LACE ORNAMENTAL HANDKERCHIEF

This Symbol speaks of emotions and the delicacy of feelings and a preparedness to show one's emotions. Often, the "Ornamental Handkerchief" shows someone who has issues or problems with being emotional, letting go or crying. It can, however, show a person who is always there, at the ready, for people who need a shoulder to cry on or a kind ear to listen. Sometimes the smallest tokens of our past, like a "Fine Lace Handkerchief" can bring us a sense of security and joy. The scent of the "fabric", the care and loving in the crafting of things of beauty give a sense of security and being loved. Delicacy of feeling. Attention to detail. Valor and bravery. Hypersensitivity. Makeup and accessories. Perfume and beautiful things. Bric-a-brac. Grandmother's things.

The Caution: The artificial sob-story. False sympathy for others. The past that should be forgotten. Everything having to be perfect. Crocodile tears. Mass manufacturing.



Mars: Sagittarius 6 A GAME OF CRICKET

This Symbol shows playing the game of life by the rules. Like the "Game of Cricket", there are rules and guidelines to go by that need to be respected and observed. It is not so much the game that is important, but how it is played. Cricket is very much a 'gentleman's game' and it is usually played by people who come together from all around in order to side with those they choose to play the game with. You will find that integrity is vital and your honesty will give you rewards, even if there is some initial sacrifice. Careful team work is needed to stop things getting through the gaps; everyone must, to some extent, keep on their toes. Playing by the rules. Stiff upper-lip responses. Seeing through the illusions of what constitutes 'polite society'. Sportsmanship. Courtesy. Umpire's decisions. Opposing teams.

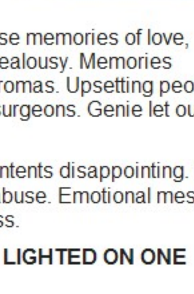
The Caution: Difficulty showing one's true feelings and emotions. Being caught out. Situations that are boring and long winded. Silly rules that don't make sense. Prudish.

Jupiter: Gemini 17 THE HEAD OF A ROBUST YOUTH CHANGES INTO THAT OF A MATURE THINKER

This Symbol shows how at times in our lives we seem to, or need to, grow up and mature. We realize that there is only so much that one can do with youthful force. This Symbol shows that it is time to use mature thinking, using your intellect and intuition and being able to take in the consequences and responsibilities of one's actions. Allowing mature wisdom to come through, there can be a feeling of one's mindset changing and growing. Responsibilities are taken on board and it's time to stop 'tearing around' and to be more serious about life and its ramifications. Going from reacting with the lower emotional nature to thinking with the higher mind. Pondering. Thinking things through. Finding answers. A state of stillness. Forever young.

The Caution: Suddenly becoming old and losing innocence and energy OR clinging to the illusions of childhood. Hormones taking over and dictating behavior. Staid thinking.

Saturn: Scorpio 2 A BROKEN BOTTLE AND SPILLED PERFUME



This Symbol implies something fragile and beautiful that may somehow be shattered or lost. It can also show the need to let things go and not hang onto them to the point of shattering and loss. There will be times of building up or concentrating your emotions until they are suddenly let out. There may be little that you can do about an outburst, but you may need to be careful of what you do as you sort things out. Sometimes things need to be "Broken" so that their contents can be released and fully appreciated or revealed. The smell of "Perfume" can release memories of love, longing and desire, but also anger, hurt or jealousy. Memories lingering on. Spilled emotions. Scents or aromas. Upsetting people. Shattered emotions. Chiropractors. Back surgeons. Genie let out of the bottle. Breaking glass.

The Caution: Things looking good, but contents disappointing. The desire for drama. Bad smells. Substance abuse. Emotional mess. Smelling salts. Passing out. Accidents. Loss.

Uranus: Aries 6 A SQUARE BRIGHTLY LIGHTED ON ONE SIDE

This Symbol often shows a positive nature that knows how to find ways out of situations by creating creative solutions. Don't become too concerned with one side of issues in the material world, even if you feel boxed in with no way out. Don't have all your eggs in one basket. You have the ability to simply look around with a more objective eye and apply simple, active solutions - there are always ways out of dilemmas. Look for the light and head towards it. Refusal to surrender to frustrations. Thinking outside the square. Illuminated solutions. Understanding the borders of one's activities. Looking for stability. A strong discharge of energies.

The Caution: Surrendering, feeling trapped, seeing only one side of situations. Bouncing around. Wanting to escape tight situations. Feeling locked in or boxed in.

Neptune: Pisces 1 A CROWDED PUBLIC MARKET PLACE

This shows advertising, marketing, and selling things, bartering and completing a deal. People come together, bringing their talents, skills and wares to the marketplace. Being involved is the thing, and how you are involved will show what you need to do and the tempo of the buying and selling. It can indicate getting one's self or goods on display and ready for sale. The "Market Place" is said to be "Crowded" and "Public"; aspects of the community are on display and available. Getting yourself or your products 'out there', where they can be appreciated can bring rewards on many levels. Whether you're buying or selling, you are able to contribute, benefit and gain. Human interchange. Bartering. Products. Commerce. Business. Crowded places. Signs. Competition. The Internet. Websites. Classifieds. Consumables. Money. Publishing.

The Caution: Too greedy to share. Airing one's 'laundry', emotions or possessions in public. Not having a "shopping list". Playing off against each other. Cheap displays.

Pluto: Capricorn 8 BIRDS IN THE HOUSE SINGING HAPPILY

This degree shows the spreading of joy, happiness and laughter to those around you. It also shows that music can lighten people's spirits. Further, thinking positive thoughts, being loving and accepting of others are the hallmarks of this degree. Listening to the songs of birds can be rather magical and can bring spiritual messages. By expressing your pleasure you can lift the feelings of others and they will most likely join in the chorus, in some way. Even though there are a number of social rules to follow, that shouldn't bother you. This is a sign of sharing good feelings and happiness with all who enter your sphere of operations. Being at one with everything. Music. Bird song. Birds. Happiness. Positive thinking. Singing. Entertaining others. Seeing the beauty in life. Chattering in the background.

The Caution: Idle chatter. Smug superiority. Not seeing the happiness inherent in everyday life. Loneliness. Feeling abandoned. Whining and complaining. Demanding.

Chiron: Pisces 6 A PARADE OF ARMY OFFICERS IN FULL DRESS

This shows springing to attention and rallying to show duty, honor and protection of the community and higher ideals. Recognition may need to be given for service and dedication to the community. Dedication, discipline and duty bring their own rewards and often people with this Symbol turn up first with whatever is needed to make people feel better, protected or recognized. Putting on your best face, and your uniform – and there are many 'uniforms' that can be worn - and joining with others will ensure success. There may be issues of showing one's 'authority' in public, staking a claim as part of the broader community that works to protect and bring everyone together. National pride displayed. Patriotism. Memories of war. Being committed to service. Being dressed up. Putting on a uniform. Medals. Stripes. Drills. Routines. Parades.

The Caution: 'Stiff' and unfeeling. Having special privileges that other's don't. Having to do what one must do. Bullying and bossing others. 'Drill sergeants'. Sloppy dressing.

Moon's North Node: Scorpio 27 A MILITARY BAND MARCHES NOISILY ON THROUGH THE CITY STREETS

This Symbol shows the need for occasionally making a show for society to remind ourselves of our successes and achievements, whether they are collective or personal achievements. The "Military Band" can make an enormous amount of noise as it "Marches Noisily", but sometimes we need to be woken or reminded of the cohesion that a military band can show. Likewise, this can show someone that likes to bang their own drum or to make a big noise about themselves or for the establishment. As long as the audience is OK with this display, one can contain the reaction from others. Sometimes, though, people get annoyed by people banging their drums a little too loudly. Noisy announcements. Making music to rouse people from complacency. Demanding attention. Trumpeting one's agenda. Marching in time. The blast of the media. Drums.

The Caution: A lot of volume that's too pompous. The message getting lost in the noise and fanfare. Demanding to be heard. Propaganda. Threats to peace. Banging on.

Moon's South Node: Taurus 27 AN OLD INDIAN WOMAN SELLING BEADS AND TRINKETS

This Symbol indicates having talents and skills and crafts that reflect one's culture or abilities. Don't underestimate yourself and do only what you think others believe you are capable of. These very limitations are telling you of hidden talents and skills that you probably just take for granted. There is something very worthwhile on offer here, don't wait for passersby to stop and pay attention. Others may think you're more talented and special than you realize. Get out and show your talents and abilities.

Older, wiser elements of society making offerings to younger, less integrated. Worthy skills. Handicrafts. Artifacts of the tribe or clan. Quiet determination to succeed.

The Caution: Looking down on those that seem less fortunate. Underestimating the true worth of one's job, hobby or craft. Bickering over money. Sweat shops and slave labor.

Avalon resident Lynda Hill, FAA Pract. Cert . has been a professional astrologer for more than 18 years. 2010 marked her 25th lecture tour of the States, in addition to the many lectures she has conducted for astrologers and the public througout Australia, England, Scotland, Wales, Ireland, Russia, South Africa, New Zealand and Canada. Lynda is the astrologer for Take Five Magazine, and writes astrological commentary for publications all over the world. She divides her time between Sydney's beautiful Northern Beaches and the World Heritage-listed Blue Mountains (when she's not travelling the world delivering lectures).

To schedule a psychic astrology reading with Lynda or to give feedback or ask questions, please email her at sabiansymbols@gmail.com

What are the Sabian Symbols?

The ancients divided up the sky, just like any other circle, into 360 degrees. They assigned each of the 12 constellations (star signs or zodiac signs) 30 degrees each: 12 times 30 = 360. The Sabian Symbols are a set of 360 phrases of words that correspond with each of the 360 degrees of the wheel of the zodiac, from Aries 1 to Pisces 30. Consisting from as little as 2 words (Virgo 2: 'A Harem') to as many as 21 words (Taurus 5: 'A Youthful Widow, Fresh and Soul-Cleansed From Grief, Kneels at an Open Grave to Receive the Secret of Eternal Life), each one of these Symbols holds both a story and a unique energy field of their own. These images hold meaning for those degrees of the signs. Although the Symbols have their foundations in astrology, absolutely no knowledge of astrology is needed to use them.

The Sabian Symbols were given birth in San Diego, California, in 1925 by Marc Edmund Jones, a noted American astrologer and spiritualist and the gifted clairvoyant Elsie Wheeler. Jones was interested to find a set of word images to go with every degree of the zodiac. Elsie Wheeler was an extraordinary clairvoyant confined to a wheelchair for most of her life. Jones chose Elsie Wheeler as his partner in this 'experiment' (as M.E. Jones called it) as she had a remarkable ability to "see" messages, images and symbols. She used this talent to help her clients, but was rather weary of the standard questions she received, such as "when will I be rich?" and "when will I meet the love of my life?" She was eager to take part as she believed that this was an opportunity to really contribute something to astrology.

For more Information: click here

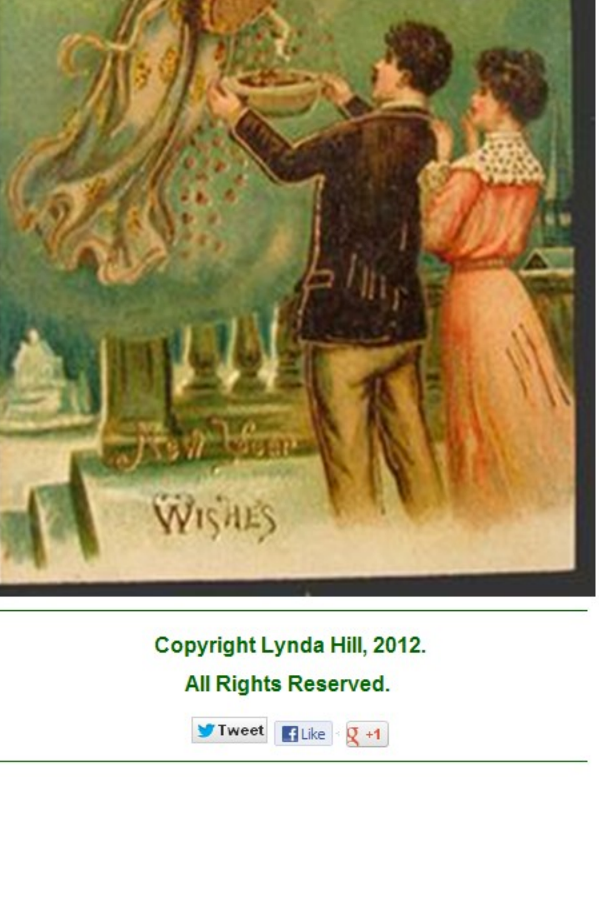
For a limited time, Lynda is offering mini-readings at a special price!

This is your opportunity to have Lynda read your chart. Details below:
Times are crazy right now, eh? In fact, it seems to be times are always a bit crazy...do you need some help understanding yourself, your life, what's going on or what's coming up or how to get the most out of your life?

For many, there's a sense of a need for direction, also, many want a deeper look at their lives through the many lenses that the Sabian Symbols provide. With the economy being what it is, I realize a lot of people can't afford to get a full reading or don't have the time or the energy to schedule a phone reading. These mini-readings are so easy. I have recently offered these readings and have had a huge response and fabulous feedback.
A mini-reading works this way:

I cast your chart and calculate what transits and progressions you're having. I analyse your chart, taking in what the Sabian Symbols reveal, along with the transits and progressions, and, using the Sabian Symbols, I can see many dimensions of what's going on for you. This reading gives you a far better understanding of your chart and outlines your strengths and the areas you may need to work on, along with what's been happening, what is presently going on and what's coming up.
I then speak for 30 minutes into my voice recorder, recording my observations of your chart. I then upload the recording to the internet in Mp3 format and email you the link to it.
You download the recording to your computer (this is very easily done) where you can listen to it easily, and in your own time. Listening to it more than once is recommended.
Whether you are generally curious about your chart, looking for greater self-awareness, wondering how long a bad patch will last or seeking clarity on what your future holds, these readings can empower you on many levels and can mark a major turning point in your life.
The reading explores what's going on in your life, how your life is unfolding, your gifts along with your challenges, why you are going through certain situations or attract particular types of relationships. The Sabian Symbols reveal, brilliantly and amazingly, your spiritual path and where you are headed. My readings are like no other as I use the Symbols in my own unique and in-depth style in order to draw together the pictures that colour your life and your destiny.
If you know nothing at all about astrology, you'll see that astrology AND the Sabian Symbols are one of the best tools for self awareness, insight and discovery.
If you are an astrologer or into astrology, this reading will open up new doors of perception and understanding about your life, and, will also show you how to see an astrology chart through the lens of the Symbols. You can also learn how to use the Symbols in your chart readings. The Symbols provide wonderful and valuable information that a normal astrology reading does not. The Symbols have their own lens into the world of astrology and their stories provide enormous depth.
I get a lot of requests for these types of readings, so get in quick! All you need do is:

Pay $125 (please note the Australian dollar is now about 6% more than the US dollar) through the Donate page. Please note that this price will not last long - I will soon be increasing it.
Email me at sabiansymbols@gmail.com your date, time and place of birth (if you don't know your time of birth, don't be concerned I can still do a reading), along with an outline of your life and anything you wish to share with me. Don't be afraid to tell me some of your story; it helps to have a dialogue. Also, please let me know your level of understanding of astrology as this will help me to frame the reading.



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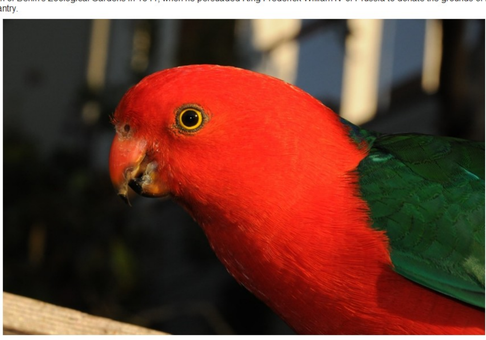
Australian King Parrot

The Australian King Parrot (*Alisterus scapularis*) is endemic to eastern Australia and found in humid and heavily forested upland regions of the eastern portion of the continent, including eucalyptus wooded areas (wet sclerophyll forests like those in Pittwater) as well as in subtropical and temperate rainforest. They feed on fruits, seeds or small insects. The Australian King Parrot was first described by the German physician, explorer, zoologist, herpetologist and naturalist Martin Lichtenstein in 1818. Lichtenstein was responsible for the creation of Berlin's Zoological Gardens in 1841, when he persuaded King Frederick William IV of Prussia to donate the grounds of his pheasantry.



Adults King Parrots of both sexes are approximately 43 cm (17 in) in length from head to long tail. The adult male has a red head, breast, and lower undersides, with a blue band on the back of the neck between the red above and green on the back. The wings are green and each has a pale green shoulder band, the tail is green, and the rump is blue. The male has a reddish-orange upper mandible with a black tip, a black lower mandible with an orange base, and yellow irises. The plumage of the female is much different to the male having a green head and breast, a grey beak, and the pale shoulder band is small or absent. Juveniles of both sexes have brown irises and a yellowish beak, and otherwise resemble the female. Australian King Parrots range from North and Central Queensland to Southern Victoria. They are frequently seen in small groups with various species of rosella.

The adult Crimson Rosella, (*Platycercus elegans)*, is similar to the male Australian King-Parrot, but differs by having blue cheeks, shoulders, and tail, a whitish, rather than red, bill and a dark eye. Immature Crimson Rosellas also differ from female and immature King-Parrots by having blue cheeks, a whitish bill and a more yellow-green rather than dark green colouring. King-Parrots lay their eggs on a bed of decayed wood-dust at the bottom of a deep hollow in the trunk of a tree. Often the entrance is high in the tree (10 m) but the eggs are near the ground (0.5 m). The one pictured here was looking into one of our hollowed out Spotted gum trunks in the front yard, possibly as a new nesting site.

Interestingly, although King-Parrots appear distinctly red and green to humans, when viewed under ultraviolet light, some feathers on the wings appear with a prominent yellow glow. Many birds have four types of cone in their retina, (compared to only three in humans) and see into the ultraviolet wavelengths. Their calls are a loud, high-pitched whistle, with a rolling "carr-ack" call in flight.

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Australian King Parrot. Birds in Backyards. Birdlife Australia. Retrieved from; www.birdsinbackyards.net/species/Alisterus-scapularis

Australian King Parrot. (2012, August 24). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Australian_King_Parrot&oldid=509001239

Male King Parrot in our front yard 11.10.2012 getting ready to fly (top) and calling to his mate (above).

Female King Parrot by Adrian Boddy showing patches without melanin; in these cases feathers are orange to yellow. This is quite unusual for these birds.

Male Juvenile King Parrot by Adrian Boddy.

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Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

New Fossils Suggest Ancient Origins of Modern-Day Deep-Sea Animals

ScienceDaily (**Oct. 10, 2012**) — A collection of fossil animals discovered off the coast of Florida suggests that present day deep-sea fauna like sea urchins, starfish and sea cucumbers may have evolved earlier than previously believed and survived periods of mass extinctions similar to those that wiped out the dinosaurs.

These are fossils of deep-sea fauna discovered off the coast of Florida. (Credit: Thuy B. Gale-AS, Kroh A, Kucera M. Numberger-Thuy LD, et al., Ancient Origins of the Modern Deep-Sea Fauna. PLoS ONE 7(10): 10.1371/journal.pone.0046913)

The full results are published Oct. 10 in the **open access journal** *PLoS ONE* by Ben Thuy and colleagues from the **University of Gottingen, Germany**. Previously, researchers believed that these present-day animals evolved in the relatively recent past, following at least two periods of mass extinction caused by changes in their oceanic environment. The new fossil collection described in this study predates the extinction records of the present-day fauna. "We were amazed to see that a 114 million year old deep-sea assemblage was so strikingly similar to the modern equivalents," says lead author Ben Thuy.

According to the authors, this evidence shows that the ancestors of modern deep-sea animals have lived in these deep waters for much longer than previously thought. That this collection of fossils appears to have survived several major changes in oceanic climates also suggests that deep-sea biodiversity may be more resilient than shallow-water life forms, and more resistant to extinction events than previously thought.

Thuy B, Gale AS, Kroh A, Kucera M, Numberger-Thuy LD, et al. *Ancient Origin of the Modern Deep-Sea Fauna*.PLoS ONE, 2012; DOI: 10.1371/journal.pone.0046913

Amazing Pencil Drawings C- Irene and John Anderson

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Have your say over wonderful retail hit in the Pittwater Life

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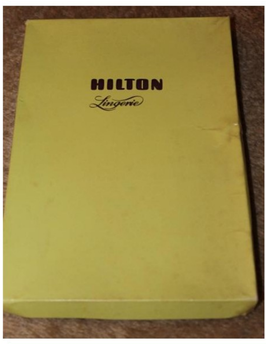
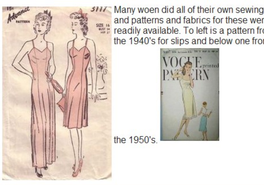




Many woen did all of their own sewing and patterns and fabrics for these were readily available .To left is a pattern from the 1940's for slips and below one from the 1950's.

Hilton Hosiery, 291 Albion St., Brunswick, Victoria. Date of creation: [ca. 1940-ca. 1949] Image No: a19349. Courtesy State Library of Victoria

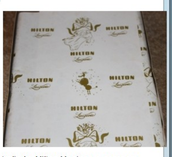
Advertising. (**1947, October 30**). *Standard* (Frankston, Vic. : 1939 - 1949), p. 15. Retrieved from http://nla.gov.au/nla.news-article73598854

Jean Simmons Hilton Advertising: Advertising. (**1956, April 18**). *The Australian Women's Weekly* (1933 - 1982), p. 31. Retrieved from http://nla.gov.au/nla.news-article51776122

Jean Merilyn Simmons, OBE (January 31, 1929 – January 22, 2010) was an English actress who appeared predominantly in films, beginning with those films made in Great Britain during and after World War II. Known as one of J. Arthur Rank's 'well-spoken young starlets', she began making films in Hollywood from 1950. Jean Simmons was married and divorced twice; marrying English actor Stewart Granger in Tucson, Arizona, on 20 December, 1950 and making several films with him. In 1956 she and Granger became U.S. citizens; they divorced in 1960. On 1 November, 1960, she married director Richard Brooks; they divorced in 1977. She had two daughters, Tracy Granger and Kate Brooks; their names bearing witness to Simmons' friendship with Spencer Tracy and Katharine Hepburn. The 1955 movie Guys and Dolls in which she played Sergeant Sarah Brown of the Salvation Army won her a Golden Globe for Best Musical/Comedy Actress and saw her nominated for a BAFTA (British Academy of Film and Television Arts) for Best Actress was very popular in Australia. This wasn't her only 'appearance' in Australia; Jean Simmons portrayed Fiona Cleary, Cleary family matriarch, in the 1983 mini-series, The Thorn Birds and won an Emmy Award for her role.

Hilton Lingerie - Slips

Once upon a time everyone wore a slip under their dress to ensure a smooth finish or to protect a wearer against rough materials that may scratch sensitive skin or to prevent underwear being seen through dress fabrics. Nowadays these slips, so pretty and intricate in design with beautiful lace inserts are worn by themselves as the dress, not what goes under it by our younger women. Slips are still used nowadays for a sleek, seamless flow beneath a lovely dress and add confidence for their wearer.



This week we look at one of these from the early 1970's when such items were sold in nice boxes and came in 'long line', 'half slips' (waist to hem version for skirts) and 'mini slips' which would have been popular when the 'mini' came into fashion. This 'bra slip' in long line is a slip that combines a bra top with slip and were popular from the 1950s and 1960s on. Made in Australia by Hilton Hosiery, a company formed in 1936 by Len G Smith that previously were very successful in nylons or hosiery and held 18% of the Australian market, this undergarment represents the latest advances in technology at that time.

Hilton Hosiery began as Hilton Knitting Mills and went on a campaign of acquiring many other hosiery and lingerie makers:

Hilton Hosiery a public company Hilton Hosiery Ltd Is being registered as a public company, with £500,000 nominal capital, divided into 100.000 ordinary 20/ shares and 1,600,000 ordinary 5/ shares. The company was formed to acquire all the 75,583 20/ fully paid ordinary shares in Hilton Knitting Mills Pty Ltd (formed in 1936), and all the 66,825 20/ fully- paid ordinary shares in Mignon Hosiery Pty Ltd (formed in 1934). Shareholders in the subsidiaries will be allotted 5/fully paid ordinary shares in Hilton Hosiery Ltd in proportion of 533 for each 100 20/ fully paids in Hilton Knitting, and 422 for each 100 20/ fully paids in Mignon. This will make issued capital of holding company £171,320,divided into 685,280' 5/ shares. Directors will be R . P. Carver, T. A Kelly, J. Kellett, A. H. Angliss, J. S. Campbell, L. G. Smith, and A. Taylor. Mr L. G. Smith, previously managing director of Hilton Knitting, will act in similar capacity for holding company. No new capital is to be issued, but directors intend to apply for listing on Change. Hilton Hosiery a public company. (**1947, June 6**). *The Argus* (Melbourne, Vic. : 1848 - 1956), p. 12. Retrieved from http://nla.gov.au/nla.news-article22430996

LADDERS (NYLON) SHEER BAD LUCK: HAD luck causes the greatest number of nylon stocking 'casualties,' but greater care by women could save them. A man claimed this yesterday. He is one of Australia's most knowledgeable hosiery men— Mr. Len Smith, managing director of an Australian stocking manufacturing firm, who is visiting Brisbane from Melbourne. 'There is no knowledge yet, or any immediate prospect, of a ladder-proof stocking,' he said. 'But a newly developed process called nylroseal has been proved to make stockings more resistant to snags.' Mr. Smith, how 48, founded Hilton Hosiery Ltd. in 1936. Today the firm claims to make 18 per cent of all hosiery made by Australia's 23 manufacturers. LADDERS (NYLON) SHEER BAD LUCK. (**1952, June 19**) *The Courier-Mail* (Brisbane, Qld. : 1933 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article50299130

This Australian company entered the Lingerie market in Australia in 1955 and by August 1955 were post ¼ million pounds profit:

Hilton enters lingerie. Hilton Hosiery Ltd. has entered the lingerie field through a newly acquired subsidiary, Little Lady Lingerie Pty. Ltd. Hilton planned to expand the women's lingerie section of the new company this year, Mr. L. G. Smith, Hilton's chairman, said yesterday. The company was bought for 70,000 Hilton ordinary 5/ shares. This is the second hosiery company to look to the lingerie field for further expansion. One purpose of the recent Holeproof - A.K.M. merger is to develop lingerie production. Hilton enters lingerie. (**1955, March 4**). The Argus (Melbourne, Vic. : 1848 - 1956), p. 10. Retrieved from http://nla.gov.au/nla.news-article71636581

Hilton Hosiery record £'¼mill : *The Argus* (Melbourne, Vic. : 1848 - 1956) **Saturday 20 August 1955** p 10 Article; Hilton Hosiery record £¿mil. HILTON HOSIERY LTD. and subsidiaries earned record consolidated profit of £250,575 in the year to June 30, compared pared with £243,762 in 1953-54. Directors yesterday declared a Anal ordinary dividend of 6d. a share, making a steady 1/, or 20%, for the year.

Hilton buys Charmaine: *The Argus* (Melbourne, Vic. : 1848 - 1956) **Wednesday 9 May 1956** p 12 Article. Hilton buys Charmaine Hilton Hosiery Ltd. has bought a controlling interest in Charmaine Holdings Pty. Ltd. Purchase consideration has been satisfied by cash and the issue of 62,000 Hilton 5/ ordinary shares. Hilton will apply for listing of these shares on the stock exchange. **Hilton buys Yoffa:** *The Argus* (Melbourne, Vic. : 1848 - 1956) **Saturday 1 December 1956** p 18 Article. Hilton buys Yoffa Hilton Hosiery Ltd. has succeeded in its bid for Yoffa Hosiery Ltd. Hilton will pay 154,996 ordinary 5/ shares for Yoffa, and these rank equally with existing ordinaries

Some sources state lingerie evolved in ancient Egypt around 3000 B.C. The term 'lingerie' is from French, circa 1850, and derives from the French word linge, "washables"—as in faire le linge, "do the laundry"—and ultimately from lin for washable linen, the fabric from which European undergarments were made before the general introduction of cotton from Egypt.

From *Wikipedia*: Lady Duff-Gordon of Lucile was a pioneer in developing lingerie that freed women from more restrictive corsets. Through the first half of the 20th century, women wore underwear for three primary reasons: to alter their outward shape (first with corsets and later with girdles or bras), for hygienic reasons, or for modesty. Before the invention ofcrinoline, women's underwear was often very large and bulky. During the late 19th century, corsets became smaller, less bulky and constricting, and were gradually supplanted by the brassiere, first patented in the 20th century by Mary Phelps Jacob. When the First World War broke out, women found themselves filling in men's work roles, creating a demand for more practical undergarments. Manufacturers began to use lighter and more breathable fabrics.

As the 20th century progressed, underwear became smaller and more form fitting. In the 1960s, lingerie manufacturers such asFrederick's of Hollywood begin to glamorize lingerie. The lingerie industry expanded in the 21st century with designs that doubled as outerwear. The French refer to this as 'dessous-dessus' which basically means innerwear as outerwear.

According to the Vintage Fashion Guild Slips were the successors to the Edwardian princess line petticoat and the chemise or camisole. From the late 1910s to early 1920s, the slip was a lightweight undergarment worn over the foundation garment or bra and pants and made from silk, cotton, taffeta or satin. They were usually made with narrow straps and covering the body from the bust to the fashionable hem length and in matching colours for sheer dresses to provide modesty. Basic tones of white, beige and black with lace trim were most common although more brilliant colours and patterns have evolved with our fabrics and suits our tastes. In the 1920s the fit is tubular and loose, and the slip is rarely trimmed. In the 1930s, slips were often bias cut and usually plain in appearance.

By the 1940s and 1950s the bust is defined and more likely to be trimmed with a variety of lace and fabric techniques. In the 1940s the length is shorter as needed and the fit smoother, although often in bright prints. During this era rayon, nylon, and tricot were added to the fabrics used.

The slip dress is simply a dress that follows the lines of the slip but is made in fabrics and weights to be worn as an outer garment. The half-slip is a waist to hem version of the slip, often with lace trim, slits for walking and an elastic waist. Hem width varies according to fashion. The half-slip is worn with a camisole or bra.

Vintage slips can be picked up from Opportunity shops for a few dollars. Vintage versions still in their box are harder to come by and for fashion museums or displays are sought after as they point to the evolution of manufacturing and fashions in Australia.

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Williamson, Liz. University of Sydney. Capturing the Landscape : Textiles for the Australian Fashion Industry" (2010). Textile Society of America Symposium Proceedings. Paper 61. Retrieved from HERE

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Hilton hosiery display. Date of Work 2/4/1948. Home and Away – hood_ 32249. General Note: Taken for Mr Guille, General Display Co. Courtesy State Library of N.S.W.