

Tuesday's (10.1.2012) sunset was glorious and had everyone outside or standing near a window saying "Wow!". Pittwater Online's own Michael Mannington took the above great panaromic photograph at 8.16pm.

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Quotes For the Week

"When I admire the wonder of a sunset or the beauty of the moon, my soul expands in worship of the Creator" Mahatma Gandhi

1869 - 1948

"Sunsets are so beautiful that they almost seem as if we were looking through the gates of Heaven." John Lubbock

English Biologist and Politician, 1834-1913

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Past Features







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Pittwater Online News Front Page Contents Park Bench Philosophers Seniors Lynda Hill Profile of the Week History Youth Environment Food Community News News From our Inbox Artist of the Month Collector's Corner DIY Hints Pictures Books Events Reflections Past Features

January 15 - 21, 2012: Issue 41 This Weeks Articles

Tuesday's Glorious Sunset (@ 20.16pm) by Michael Mannington Karraba or Kurraba Point: Ferry Story I

Ah Me-The Beauties Of Nature! By JUDY TUDOR January 13, 1945

Flegdlings of Summer - January 2012



Profile: January 2012 is a Pittwater Summer Mix; Geoff Clarke, Master Mariner and photographer of dawns in his retirement

Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton lan White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast



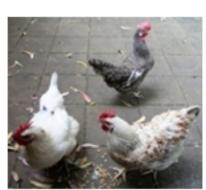
History: January, Summer 2012, Events; Filmed in Pittwater.

Previous History Pages:

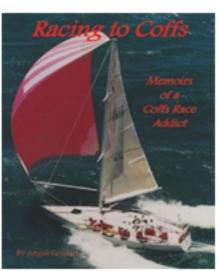
Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche Il Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic



Park Bench Philosopher: Watchtower Headlands; Salt draws other shards of rainbows out of coastal air. During summer...



Food: Mum's Irish Whiskey or Brandy Bread Pudding with Brandy Sauce: keep the southerly chills of Summer at bay. Deluxe versions use leftover Christmas panettone or brioche.



Books: Summer Reading; something old, something new, something borrowed, something about the blues.. sea, sky and music.

Old Books: January; By River and by Sea: An Australian Story (1888) The seashore book: Bob and Betty's summer with Captain Hawes (c1912)



Events: Australia Day 2012, Friends of Narrabeen Lagoon Catchment Activities, Owls at Gone Fishing Gallery, Eco Bird Walk for Wetland Day, Laughter from the Elanora Players, Anti-Bullying Skills for 6-12 year olds, New Beginnings Festival, Talent Workshops, Canning Track Art, Artzpace 2012, Ocean Swims, Summerama, History Competition, Council Events and School Holiday Fun and more.



Community News: John Ogden's Author Talk at Avalon 12.1.2012, Rising Tide Ladies, Council Keeping the Park Healthy, Dr Rip, Avpals, Great Archive footage of Newport-Bilgola from the 1950's, Media Releases from Federal Govt and more



Environment; Summer Creature Features (Swamp and Grasslands), Coastal Ambassadors 2013 applications open, WetlandCare Australia Photo and Art Competition, Cooee Newsletter for Dec., Seed Bank with full Index of all Australian plants Facts Sheets and more.



Lynda Hill: Update 9.1.12: Something Old Something New Something Borrowed Something Blue: January's Cancer Full Moon



Pictures: Avalon Dawns; Profile of the Week, Geoff Clarke shares some of his great photographs



Youth: Hans Christian Anderson and Summer Fun I, II and III, National Year of Reading 2012: For teens; Creative Reading Prize, BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jujutsu Australia, Pittwater Council's School Holiday fun, Links for local websites for, about and by Youth.



Seniors; The **NEW** Alphabet (a Smile from the Grev Army Email Files). To An Old Mate by Henry Lawson - Australian Poet, link to Seniors Online Newspaper and Information regarding local Health and Education Activities.



Community Clubs: Updates on Activities and links to sites.



Artist of the Month: January 2012: Annette 'Nettie' Lodge; Artist of brilliant Summer colours



Reflections by George Repin. This week; How Far From Sydney?



DIY Hints: DIY Oasis



Collector's Corner: New Era Rope Making Machine manufactured by A D Long 1911 and the Australian Metters version of 1928



News From our Inbox: Summertime Exhales: Morning Glory - kind of clouds observed in the Gulf of Carpentaria in northern Australia, And Then... Maureen O'Hara Week. the Bridport Prize; enter your short story or poem to win, Internet Updates.





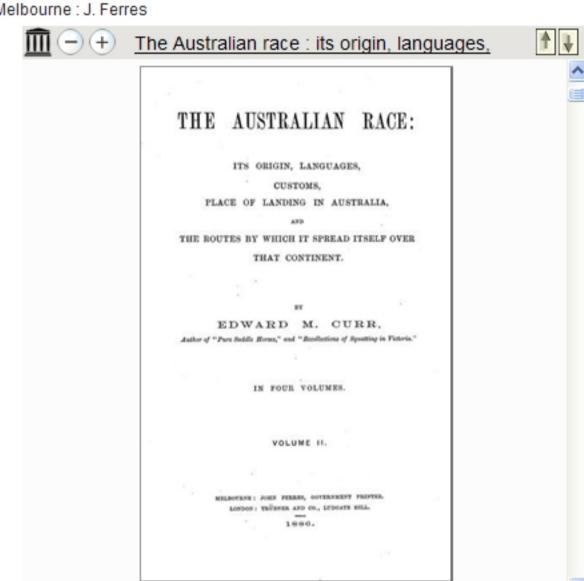
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January 15 - 21, 2012: Issue 41



The Australian race: its origin, languages, customs, place of landing in Australia and the routes by which it spread itself over the continent (1886)

Author: Curr, Edward Micklethwaite, 1820-1889, Subject: Ethnology, Publisher: Melbourne: J. Ferres



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Kurraba Point Ferry Story I



Recently we were lucky to spend some hours at Kurraba Point during what may be the quietest hours on Sydney Harbour, Christmas Day's long slow afternoon lilt to sunset. The lovely old sandstone and weatherboard house we were guests in was perched above Kurraba Point Wharf. Surprisingly a lot of ferries were spotted plying their trade and showing how each bay in our harbour, and even opposite sides of just one bay, maintain a water world linked by these craft. Sydney has a true Venice aspect when viewed from these 'trails'

Pittwater has a similar wide thread and threads to its nature. Our many offshore bays, beaches and Scotland Island are linked by Church Point and Palm Beach Ferry Services and those who are ferry masters. During the next few weeks, as part of our Summer Celebrations of everything Pittwaterian, we will bring you a few of these and even a little about thw wharves they land you on. 'Karraba' or 'Kurraba' is of Aboriginal derivation and may mean

'good fishing spot or place'. In 1788, when the First Fleet arrived in Sydney Cove in 1788, the North Shore of Sydney was inhabited by two Aboriginal Clans, the Cammeraygal and Wallumedegal. These peoples were both part of the larger Kuringgai Tribe. "... About the north-west part of this harbour there is a tribe which is mentioned as being very powerful, either from their numbers or

the abilities of their chief. This district is called Cammerra, the head of the tribe is named Cammerragal, by which name the men of that tribe are distinguished the opposite shore is called Wallumetta, and the tribe,

Wallumedegal ..."

From a 1790 dispatch of Governor Phillip's.

Kurraba Point is on the north side of the harbour between Neutral Bay and Shell Cove. Originally 700 acres of land was given to an Alfred Thrupp by Captain John Piper in 1816 as a wedding gift. The area formed part of what was called Thrupp's Farm and the point was called 'Thrupp's Point' and also known as Ballast Point.

In 1860 an attempt to begin a ferry service failed due to the lack of people requiring it and no established wharf. By 1880 one had been established and after 1900 a wharf was built around where the private wharf of The Monastery 9name of house) was. In 1909 the Hayes street Kurraba Point wharf was built. It is interesting to note that Sydney, during the 1920's, had the largest ferry fleet and service in the world.



Above: Seriously fat kookaburra who lingered over our BBQ

Further

Inner Harbour and Kurraba Point Ferries: http://en.wikipedia.org/wiki/Inner Harbour ferry services, Sydney

Present name: Kurraba Point Aboriginal name: Kurrá bá, Kurrábá

Historical name/description: Point West of Robertsons Point

Present name: Kurraba Point western side Aboriginal name: Wurru-birri

Historical name/description: McLarens Store

Both from;

http://darugweavers.tripod.com/ourblackandwhitefamily/id37.html Kirribili Point – derived from Kiarabilli Kurraba 'good fishing spot'

from: http://www.historyofaboriginalsydney.edu.au/northcoastal/glossary









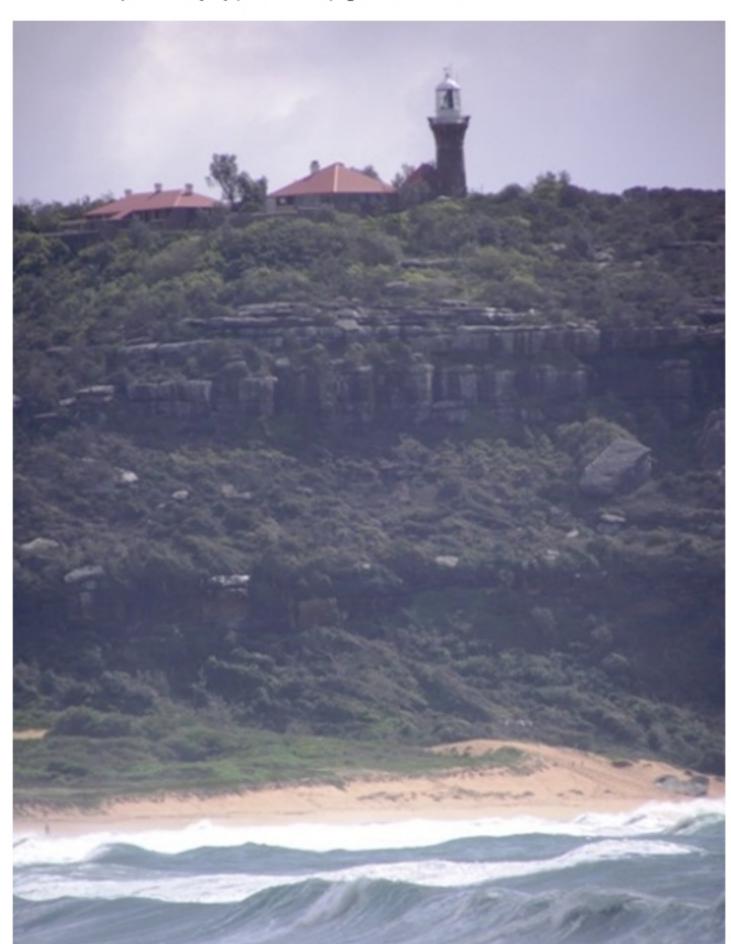
Front Page Park Bench Philosophers Profile of the Week History Youth Seniors Environment News From our Inbox Community News Books Artist of the Month Reflections Collector's Corner DIY Hints Pictures Events

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Above: Palm Beach camping reserve [Sydney] between 1910 and 1962, nla.pic-an23125315 by Frank HUrley, 1885-1962.

Below: Close Up of Barrenjoey (Palm Beach) lighthouse 2011.









RECORD CROWDS, BEACHES THRONGED. runks Generally Favoured by Bathers.

HE SPEED LIMIT.

ore than 100,000 people visited Sydney beaches vesterday. Five out of every six men bathed in trunks, in spite of regulations, and thousands of people travelled from their homes, on uses and trams, in shorts or playsuits over bathers, and dispensed with dressing sheds. gures for all beaches, based on turnstile figures at Coogee. Bondi, and Manly, where attendances reached record figures, were as follows:

ondi . 30.000 Manly . 27,000 Coogee . 15,300 Bronte . 9,000 Clovelly . 8,000 Nielsen Park . 12,000 Balmoral . 9,000 Maroubra . 6,000 Palm Beach. 4,000 Newport 4,000 Deewhy . 4,000 ollaroy, 5,000. From the point of view of styles in beach wear and beach customs, the day set a new standard in modernity.

lear skies and a fresh breeze early in the morning roused people from their beds, eager to get down to the beaches before the weather changed. Most of the beaches close to the city were owded early in the morning. By II 'a.m. a steady stream of traffic was beginning to move out to the farther beaches. ALM BEACH POPULAR, Palm Beach was a popular goal for holiday-makers. Its usual holiday population of house parties was amplified this Christmas by an even larger colony of trailers

ne 30 mile an hour speed limit did not apparently inconvenience the traffic to and from the beaches. Motorists in general seemed i to be travelling at the usual pace.

and caravans were of remarkable design.



he time-sometime between Christmas and New Year: the placealm Beach camping reserve; the spot, the water queue, which in rder of the day's chores came after the bread and milk queues. Just like home." said one woman. EVERAL months ago, I, with the help of a car, a month's ration of andy Isthmus at Palm Beach; it made a good week-ender. Down

Ah Me-The Beauties Of Nature! By JUDY TUDOR

ETWEEN the ropes of the tent peeked the blue Pacific, and a

hore in swirls of turquoise shot-silk and lacy frills. A white yacht ipped her sails to the nor'easter; a smudge of freighter smoke

olden, sandy crescent of perfect beach. Giant combers broke off-

roke the long line of horizon. To the left, old Barrenjoey-a solid bulk

f brown-green-black, a broth of breaking sea at her feet, and the ygmy figures of the rock-fishermen already at work. Across the

thmus, Pittwater shone like a blue jewel in a setting of green hills.

wer all, the morning sun shed a bland munificence.

etrol, and several friends, hauled a war-stranded caravan onto the elow was the regular camping area. grass grown, level, sheltered, ut populous with permanent week-end campers. Like the Garbo, ut for slightly different reasons, I wanted to be alone in my ontemplation of nature, and took all the howling winds that blew, all ie salt-sea spray of the sandy dune-strip rather than that regular amp. From the caravan windows: fore, was the. limitless Pacific, ft. blue Pittwater.. A kindly belt of scrub screened the campers from elow, and although civilisation was just over the brow, there-was ufficient of splendid Isolation to please anyone who had an unholy esire to get Pitt Street out of the lungs and fellow humans out of the air at regular intervals.

hat was In October. In November, they (meaning some authori nunicipal, shire, or governmental), came with a tractor and went to ork. The carefully nurtured marun grass and other sand-growing hrubs were wrenched ruthlessly from the sandhills they helped bind gether; the tips of the dunes were scraped down into approximately velness; and hundreds of brand-new numbered pegs were dri t Intervals of a few feet Into the now loose, shifting sand. The se as set for them to carn ten shillings per campsite per week from hristmas campers. (Or any camper between December and aster; 3/ at other seasons.) Y Christmas Eve, the once deserted dune-strip, with its car-width,

f solid road, was covered thicker than a rash with everything in the ay of canvas, and here and there a caravan was pushed dventurously on to semi-solid pockets in the loose sand. Tent ppes interlaced; and should the baby howl, papa snore or marna ough, then six neighbours close-packed around were Intimated ware of it. Family altercations were heard ten tents distance. op water tap was almost within the portals of one tent; a portable ashstand, festooned with tooth-brushes and pieces of soap, had to e negotiated before you could draw water. In and about this nushroom canvas-town, hundreds of people, in the sacred cause of oliday, had their temporary being. The fastidious might call it qualor, but the hardy spirits apparently called it fun.

ome campers came in huge lorries and brought literally everything om incredibly ancient grandparents to ice chests, carpets to lay on ie sand, electric lighting outfits, wooden bedsteads, wardrobes adios, and the kitchen stove. Some did it the hard way, with no nore equipment than could be packed into a swag, candles for umination, and a square of canvas to crawl beneath. he men fished, swam, tightened tent ropes, and employed

iemselves in male fashion; the children-well it was "nice for the ids"; but the women toiled interminably, cooking food over open res, stifled by smoke, harried by wind. They washed babies and aby clothes; minded children, shrilled at children, stood in long atient lines for essential services, and probably spent a great deal f time wondering why In the name of Christmas they had left their uburban dwellings with gas, electricity, and fences to keep the pungsters nicely corralled, for, that wilderness of discomfort, vermuch fresh air, sand, and wind without end, which, far from mbracing the beauties of nature, provided about as much privacy s camping In Martin Place; and where all the personal bodily inctions of one's, fellows are forced upon one in a manner no llage of primitive natives would suffer for a moment.

UCH a life is guaranteed to stamp from anyone with a millionth rain of individualism, all desire to lead a life communal. Strange gures loom up in doorways-your doorway. Or they stalk majestically ut of the bushes, you might reasonably regard as your private roperty. You wait in Queues at the tap (for water), at the shop (for nilk, bread, groceries), and at the showers. Australians whom I lought would never come at it have been brow-beaten by war into ueue mindedness.' So much so that they even accept a holiday on ie queue plan with equanimity. ut camping en masse sharpens your sense of humour-or else

ithout that God-given gift of being able to see the amusing, life is st too terribly tough. Walking into your neighbour's pile of fish cales with your bare feet is apt to send you Into a fit of fury; the man ho (you feel) has deliberately blocked your means of exit with his vo-ton truck and with whom you have already exchanged some npleasant remarks, turns from being just a suburban carter in estive mood to a devil incarnate whom it would be pleasant to brain ith the tomahawk. The fat woman some tents down, with the hairy gs, who insists upon wedging herself into a fiery-red sun-suit, ecomes a personal affront. Worst of all you realise that the joke is n you, and that your desire to get away from it all for the Christmas reak, has landed you in the same I company you have been eeping In the Bondi bus or Manly ferry for the other 51 weeks of the ear. It is a shattering thought. There is no health in it.

i's the working man's only chance of a holiday." said the outsize hilosopher to whom I remarked that life In a lonely desert might be in. "Thems that don't like it, done 'atta come."

rue, brother, true. But I still have to have more proof than that, that

ie Australian spirit has shrunk as small it is accommodated from hoice in a ten foot square of camping area, magnanimously llowed it by any local authority. Sandwiched between the interests ho boost all habitable seaside land in Australia to ridiculous gures guite beyond the reach of the man who earns a modest living nd supports' a family; and the minority-manoeuvred opinion of the o-called masses who regard any desire to be different as rank eresy, my philosopher was probably right In that the working man as little choice. But that the Australian on his day off or on his oliday can be happy, proves not so much that he is pleased wi hat is available as that he has a soul that can soar above his nvironment. h Me—The Beauties Of Nature!. (1945, January 13). The Sydney

ttp://nla.gov.au/nla.news-article27926248

Iorning Herald (NSW: 1842 - 1954), p. 8. Retrieved from

The scene, with the surrounding green country, the rich coloured sand, the gay parties of sunburnt people in bright swimming costumes under rainbow sunshades, and the background Of white and blue surf, was like something out of a well-produced revue.

and camping motorists. Every site on the camping reserve was occupied. Some of the trailers

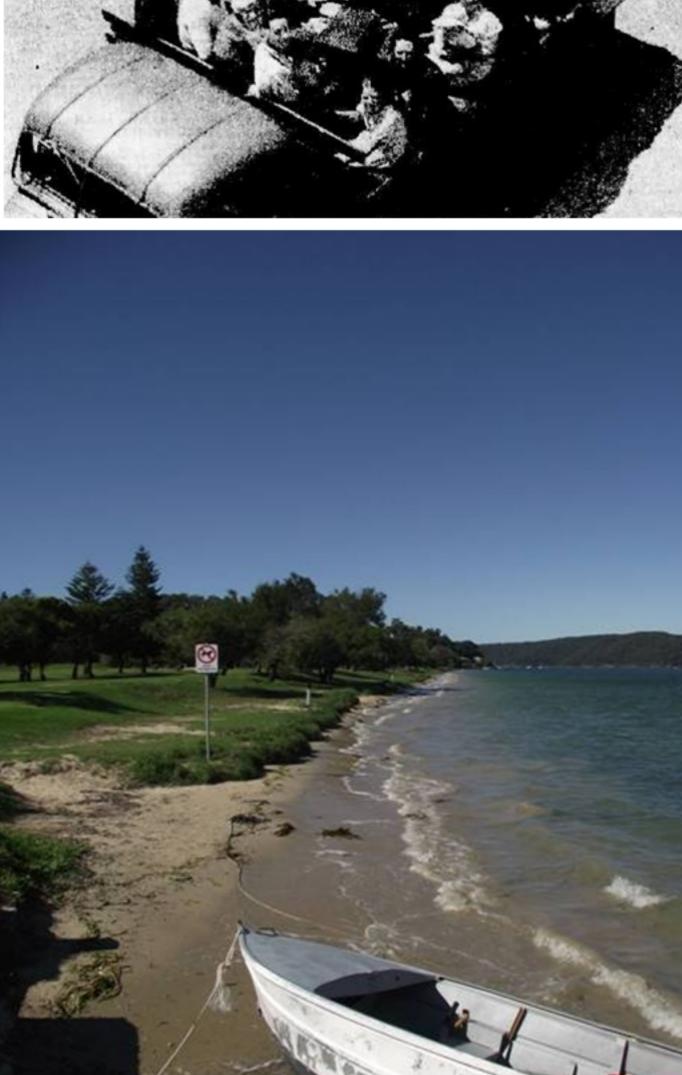
Here, one felt, the holiday was more than a chance to lie in the sun and swim in the surf. It was a fashion parade as well, and it was Sydney's first massed gala parade in the world's most, modern costumes. ROLLICKING SURF.

By midday a brisk breeze had worked up a rollicking surf all along the coast. Rubber floats were

at a premium. All the morning at Palm Beach, Newport, Avalon, and Deewhy, a steady Stream of traffic kept bringing more surfers. They arrived in every form of conveyance; there was even an odd sulky here and there on the road. There were several open lorries, their rattling boards populated by families out to have a good time at any price. There were cyclists by the hundred. Motor cycles flashed through the traffic with girls in shorts bouncing on the pillions. There were cars that could hardly crawl up the hills filled to capacity with family parties and everybody's luggage strung on the back. There were sleek, high-powered cars dashing In subversive spurts of 60 miles an hour through the 30-mile speed limit areas. RECORD CROWDS. (1937, December 27). The Sydney Morning Herald (NSW: 1842 - 1954), p. 7. and p.10 photographs: (Titles: Young Campers at Palm Beach had diversion at cards and Above: one of many picnic parties on the road to Palm Beach) Retrieved from

http://nla.gov.au/nla.news-article17439253 Below: same Palm Beach reserve area in 2012 at dusk.







Front Page Park Bench Philosophers Food Lynda Hill Profile of the Week History Youth Seniors Environment Community News News From our Inbox Collector's Corner DIY Hints Pictures Books Artist of the Month Reflections

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Fledglings of Summer January 2012

Fledgling; Fledge is the stage in a young bird's life when the feathers and wing muscles are sufficiently developed for flight. It also describes the act of a chick's parents raising it to a fully grown state. A young bird that has recently fledged but is still dependent upon parental care and feeding is called a fledgling. In ornithology, the meaning of fledging varies, depending on species. Birds are sometimes considered fledged once they leave the nest, even if they still cannot fly. Some definitions of fledge take it to mean the independence of the chick from the adults. From; Fledge. (2011, December 11). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php? title=Fledge&oldid=465262436 During this week the full cycle of one year in the bird world has been

witnessed. The Australian Blue Crane, (also called the White Faced Heron; Egretta novaehollandiae) who was seen in Careel Bay creek for the past two years, and lived there during much of our Winter, and then was seen with a mate, showing this favourite fishing ground in Spring, then spotted in Careel Bay with six other birds in late Spring, some of them quite obviously very young, has now brought two children to the tidal rush in Careel Creek. Again for the fishing.

The one shown here was on the opposite bank from the path's wend and more interested in spotting the fish then having its photograph taken. On Wednesday it and one of its siblings were making their way down the creek as the waters emptied after high tide. They flew up into a eucalypt on approach. On Thursday it gave a 'you again' look and went on with its fishing. Also seen this week are fledglings of the Galah (also known as the

rose breasted cockatoo; Eolophus roseicapilla), Magpie (Gymnorhina tibicen), Pied Currawong (Strepera graculina) and Laughing Kookaburra (Dacelo novaeguineae) worlds, all shedding their 'baby feathers'. Some are still with mum and dad, squawking quite loudly for food if part of the parrot world, others follow them across the green fields of Pittwater or through our banks of trees, learning how to feed themselves, if juvenile magpies, currawongs or kookaburras.

The Cranes in Careel Creek and a lone young or first year Australian Pelican on Careel Bay itself, also fishing at high tide, seem to be the sole juvenile avian out on their own. Juvenile birds can be spotted by the colours of their feathers, usually a little more speckled, with brown tinges or appear more dirty then the pure white they may become if an lbis, or more mottled over the back as seen in young Magpies. They may also have the smaller downy feathers that protected them in the nest poking out from their plumage. Their facial markings will also not be as distinct as those of adult birds.



up and rising to air in quick flits while feeding on insects in the recently mowed parts of the ovals at Careel Bay.



seen idling in the morning sun on Friday.

A single Spotted Turtle-Dove

(Streptopelia chinensis) was also

taken by Michael Mannington earlier in the week too. All have a sleek well-fed look due to the abundance

This Pied Butcherbird, (Cracticus nigrogularis), photo to left was







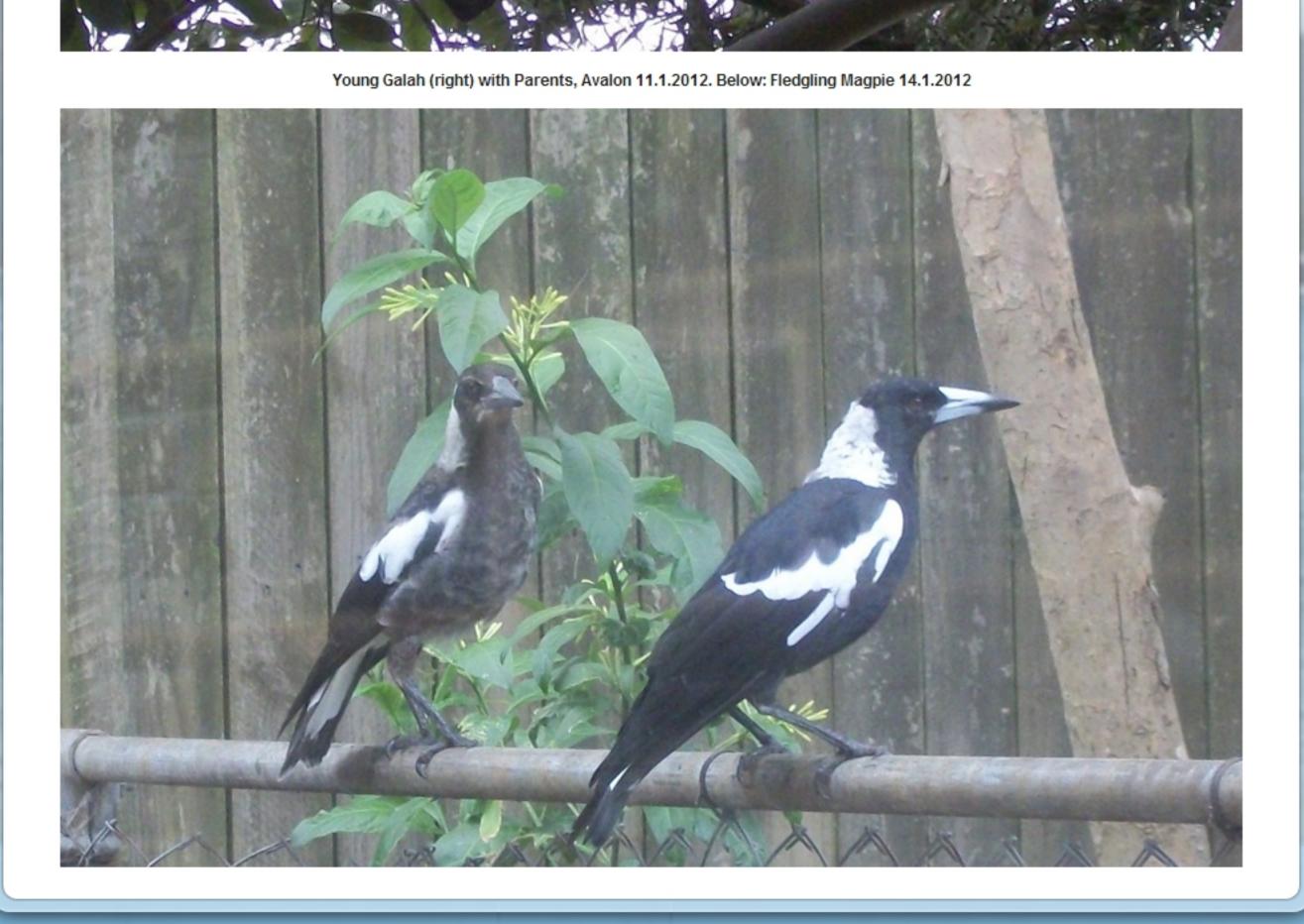
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Articles This Week: Tuesday's Glorious Sunset (@ 20.16pm) by Michael Mannington

Reflections by George Repin: How Far From Sydney?

Karraba or Kurraba Point: Ferry Story I Ah Me-The Beauties Of Nature! by Judy Tudor January 13, 1945

Flegdlings of Summer - January 2012

Profile of the Week: Geoff Clarke, Inspirational Senior Dawn

Photographer and Computers for Seniors fan

History: Summer Pittwater Events: Filmed in Pittwater from 1920 on Collector's Corner: New Era Rope Making Machine manufactured by

A D Long 1911 and the Australian Metters version of 1928

PITTWATER COUNCIL

SPORTSFIELDS SHAPE UP FOR NEW SEASON Pittwater's sportsfields will be in tip-top condition for the upcoming winter season, according to the Council's reserves and recreation

staff. All local sportsfields have been undergoing major maintenance programs during the last three months, with Hitchcock Park at Avalon

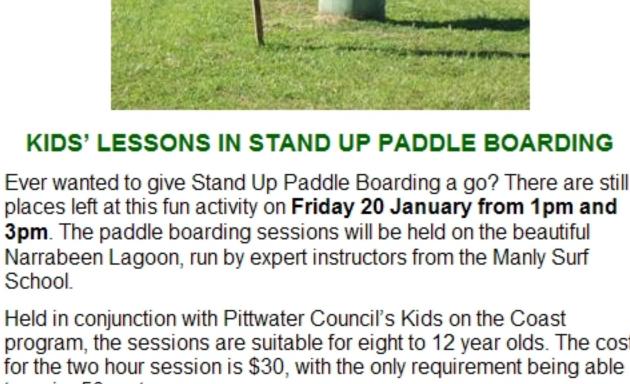
completely returfed. Work is progressing at Hitchcock Park, despite

in the process of having 16000 square metres of playing fields

recent rain delays and the new turf will be completed and ready for play by 1 April.



grass where needed. "We will also be installing a new irrigation system at Boondah Reserve, similar to those installed at Porters Reserve and North Narrabeen," Mr Munn said. The new irrigation system will be in place by the beginning of March.



Council's Natural Environment & Education Manager Mark Beharrell

on the Coast sessions from Monday 16 January to Friday 20 January, including the chance to become an eco ranger. "Kids on the Coast is the ideal school holiday experience. The program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr Beharrell.

Two hour sessions are held from 10am to 12pm and 1pm to 3pm.

day sessions available from 10am to 3pm at \$55 per child, which

includes supervision between sessions (BYO lunch).

The cost for standard activities is \$22 per child per session, with full-

Working parents who require extended care for their children can also take advantage of a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The CEC is located at Pelican Path, Lake Park Road, North

LEARN HOW TO STAY SURF-SAFE THIS SUMMER Want to learn how to stay surf-safe this summer? Join Dr Rob Brander aka 'Dr Rip' with his free fascinating and entertaining talk on the science of the surf at Newport SLSC on Wednesday 18 January at 2pm.

Dr Rip will share his award-winning presentation about how beaches work and behave; from the journey of tiny little sand grains onto your favourite beach, to the massive swell that rolls in during big storms, to how to spot a deadly rip current. Council's event organiser Bianca Springford said that the talk is for

everyone who loves and is interested in the beach. "We suggest you bring the whole family along to learn how to stay safe in the surf," said

Ms Springford. "You will learn how beaches are formed, types of

waves including dangerous and freak waves, tides and tsunamis

Dr Rob Brander is Australia's best known surf scientist from the

along with how to spot a rip and what to do if you are caught in one,"

University of New South Wales who has been nicknamed 'Dr Rip' for his habit of throwing purple dye into rip currents. Rob has been studying beaches and surf science since 1986 and started giving 'Science of the Surf' talks in 2001. His first book 'Dr Rip's Essential Beach Book' published in 2010 'offers everything you want to know about surf, sand and rips' and is now a best-seller in Australia. For more information about Dr Rip and his Science of the Surf

The Science of the Surf presentation is just one of many fun Summerama activities to be held this summer. For more information visit www.pittwater.nsw.gov.au/cec/News and Events/summerama ARE YOU A READING CHAMPION? Lovers of reading are invited to be part of Pittwater's celebration of the National Year of Reading in 2012. Mona Vale Library is looking for residents who are avid readers and willing to coordinate a project

"To become a silver reading champion you could organise a themed display in the library, while a gold champion may set up a reading event. A reading event could involve arranging something with a local school," added Ms Howie.

The National Year of Reading 2012 is a collaborative project

joining public libraries, government, community groups, media and

commercial partners, as well as the public. For more information on the National Year of Reading 2012 visit www.love2read.org.au For more information on becoming a Pittwater Reading Champion call 9970 1600 or to register your interest visit www.pittwater.nsw.gov.au/readingchampions Mona Vale library is located at 1 Park Street, Mona Vale.

Commencing 30th January 2012 The Women In Business Mentoring Northern

SHORG

offer solutions to each other.

respond to the current and real issues that affect you as business owner, focusing on business growth. Topics include: Business Planning; Marketing; Finance and two optional business topics. Business mentoring; Participants are matched with an experienced business mentor, providing an opportunity to discuss any issues that you may be facing. Benefits of mentoring · Growth in confidence and self-esteem Improved knowledge and business skills Increased motivation and enthusiasm Understanding external business environments Overcoming isolation A toolkit of resources for your business What you will gain With over 15 years of proven success, participants have seen results with: Improved growth strategies for their business Increased overall business Increased access to business networks

 a business owner based in NSW own a full time small business for over 12 months able to identify a business goal or hurdle suitable of being addressed through this be prepared to commit in growing the business and achieving commercial success be prepared to work with a mentor. The cost for this Program is \$500 + GST and is subsidised by NSW Trade & Investment. Location:

"Many residents have fond memories of playing with Lego when they were children. The idea of the club is a place where children can play and explore their creative side with Lego, as well as developing their problem-solving skills," Ms Howie said. "The children can bring their favourite Lego creation to the first session to inspire others."

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John Ogden Author Talk at Rising Tide Art Exhibition

12.1.2012



This was illustrated later in his presentation when John related a

story from the journals of Surveyor Govett. Mr Govett witnessed our local custodians fishing from Newport Reef during his time here and remarked not only on the beautiful mother of pearl hooks they used, and the thin strong lines they had made but also how, when he was given a turn and immediately snagged the line, the man who had loaned it gave him a doleful look then dived into the

John explained how many of our settlers were taught how to survive in Australia by our original Australians. Their fishing methods and knowledge of fish seasons saved many an emigrant from starvation. Pittwater indigenous peoples were not only bodysurfers with a canoe culture, they had a diet which came mostly from the ocean. Pittwater itself was a Garden of Eden, the culture of the people was spiritually entwined with Nature and the land. Their practise was to nurture the land, part of which included burn offs to renew the grass and attract kangaroos and wallabies. Initiation ceremonies for men

Macken, who helped with this work. Their insights made the two year long road of making this book richer. In stating that although the work is essentially about Beach Culture and how our area is where so much of this began, from bodysurfing, board-surfing and even swimming costumes, he reiterated it is also about a culture at least 20 000 years older then that of which we have few records and physical remnants. John Ogden has worked for almost 40 years with Aboriginal culture, including a role as a mentor for the Aboriginal Healing Group. He also the gentleman who began Artzpace with Louise Whelan. This year his short film, 'The House of Sticks' has been

John acknowledged all the local historians, including the Hon. Jim.

your eye as it is sprung from, and filled with, pure soul. work himself. If you buy it directly from Cyclops Press, his own little business, he may meet the costs of production and be able to produce another enriching work. See At:

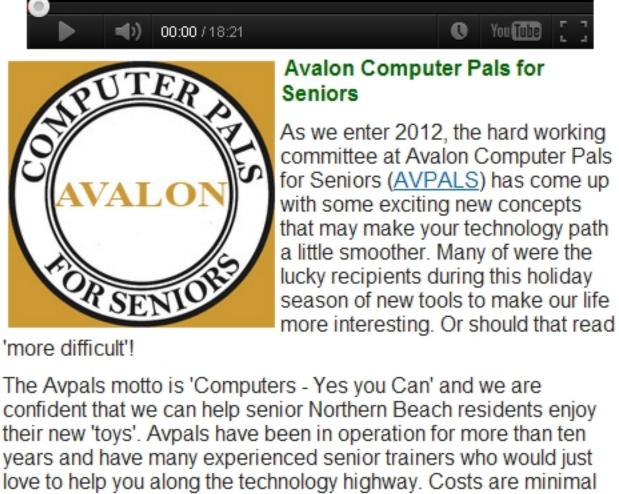
http://www.cyclopspress.com.au/shop-iphone/

The Rising Tide Exhibition has its last day today, so after you have

Recreation Centre and let yourself view the wonderful works on

won the Avalon Swim, in record time, dance on over to the





nearer the day.

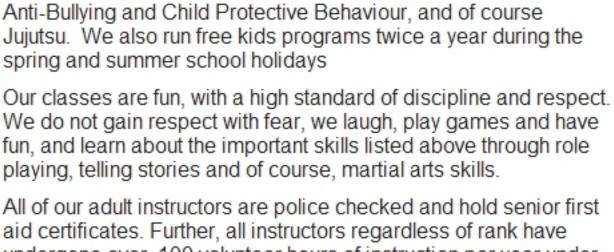
Contact Details: Email: info@avpals.com Phone: 02 8064 3574 or 02 9973 4161 (during school term dates) The Pittwater Mens Probus meets at the Mona Vale Golf Club on the second Tuesday of each month. Visitors are welcome at 10.30am. For more information call Bill Marshall 9918 0064 or Michael Mannington 9973 1624

Hoshin in the School Holidays!

BULLYPROOFING #101 - Back to

school skills!

has been running in Australia for many years. It is headed in the Australia-Pacific region by Sensei Rose Smith, 5th Dan and her very capable team of instructors. Sensei Smith has been teaching for 20 years and has inspired thousands of children to build their confidence, personal



holidays. We will play games, learn some basic self defence and Date Saturday 21 January Time 10am - 1pm Age Strictly 6 to 12yrs Cost Free tuition (\$20 insurance fee) Bookings 0413376356 or avalon@hoshin.com.au

turned Vocal Coach to the stars and promising newcomers. UK

now and has had a career spanning nearly 30 years in musical

born Samantha (Sam) Shaw who has been here in Aus for 3 years

theatre, recording, film and TV as an actor, singer and dancer, has

recently joined Erana at Meshach Musik as a Vocal Coach. They

come together with a huge wealth of experience between them

from just about all areas of performance. In January this year they are offering workshops for talented residents. These workshops are for children and young adults who have a love of singing and performing and have perhaps dreamed of recording in a professional recording studio. The students will work on a song together and record it at the end of the week gaining heaps of professional skills and tips along the way. Other sessions on the workshops will include live performance skills, physical and vocal warm ups, understanding how the voice really works, vocal maintenance and learning about, and mastering, self-esteem and

confidence. The workshops invite 9 - 16 year olds in the first week

and 13 - 20 year olds in the 2nd week, each workshop lasting 5

"We're so excited to be offering this opportunity for the first time,

passing on what we have learned as performers. We feel so

comfortable working together and have formed a strong bond

which comes from a great understanding and respect for each

others' work and past experiences in the music and performance

2 misik 2

days from 9am until 3pm costing \$500 for the week.

For Information or to book a place: 0403 343 569.

More at: www.meshachmusic.com

industry."

section

student & open section

Look out for nesting turtles - GBRMPA

in you on this journey of discovery! The workshops will cover: vocal & physical warm-ups breathing, pitch, tone, projection, harmony & listening skills vocal maintenance performance skills building self-esteem & confidence! A group song with soloists selected from the workshops will be recorded, produced & mixed for you at the end of the course. LIMITED PLACES AVAILABLE Ages 9-12&13-16 4 day workshop 2011 Cost: \$400 Ages 9 - 12 & 13 - 16 5 day workshop 2012 Cost: \$500 Ages 13 - 16 & 17 - 20 5 day workshop 2012 Cost: \$500 (All food will be provided) Meshach Musik Studio, Dee Why, NSW (Northern Beaches) For more information or to book a place call 0401 343569 www.meshachmusik.com Aboriginal Support Group Manly Warringah Pittwater Click on logo above to vist their website. Living Ocean Short Film Festival http://www.livingocean.com.au/ CALL FOR ENTRIES - END OF SUMMER PFP Film

> Festival SHOW YOUR TALENT TO THE WORLD

Plastic Free Pacific: Living Ocean Short Film Festival

to celebrate Ocean lifestyles & raise awareness of

trap turtles with vessels. Swift response to detection of Asian honey bees at Townsville Port - DAFF PORTFOLIO: Agriculture, Fisheries and Forestry SNIPPET: Biosecurity officers from the Department of Agriculture, Fisheries and Forestry (DAFF) have taken immediate action to contain and exterminate Asian honey bees detected on a cargo vessel that arrived at Townsville from Port Moresby on Friday. Nearly 300 dead bees were collected and these have been examined by DAFF Biosecurity entomologists. The initial detection and notification by the stevedores, the swift response by DAFF officials, and the ongoing surveillance and analysis being undertaken by DAFF and Queensland officials is an example of

<u>Diplomatic Appointment - High Commissioner to Sri Lanka, media release, 7</u> January 2012, Australian Minister for Foreign Affairs PORTFOLIO: Foreign Affairs and Trade SNIPPET: Media release: Minister for Foreign Affairs, The Hon Kevin Rudd MP. Foreign Minister Kevin Rudd today announced that Ms Robyn Mudie will be Australia's next High Commissioner to Sri Lanka with non-resident accreditation to

Affairs and Trade. SNIPPET: Wednesday, 11 January 2012. Australia Post Managing Director and CEO

Crime lab techniques counter explosives threat - Department of Defence PORTFOLIO: Defence SNIPPET: A small team of Australian Defence Force and United States personnel at Tarin Kot, Afghanistan, is working to reduce the threat posed by improvised explosive devices (IEDs) for the Afghan population and Australian and Coalition troops. The Weapons Intelligence Team (aka `CSI Tarin Kot') analyses the IED components, helping Australian and Coalition forces to update their tactics,

illuminating talk on this work on Thursday evening. John began by acknowledging the Eora peoples and Garigal peoples and specifically their elders, past and present, for their knowledge,

'sprigging' grass in areas showing wear and tear and sowing new

program, the sessions are suitable for eight to 12 year olds. The cost for the two hour session is \$30, with the only requirement being able to swim 50 metres. said that there were still a number of spaces available for the Kids

School

she said.

Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at www.pittwater.nsw.gov.au/ceckids or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on

9970 1313 or email bianca springford@pittwater.nsw.gov.au

presentations visit <u>www.scienceofthesurf.com</u> Bookings are essential by calling the Coastal Environment

January) or book online anytime at www.pittwater.nsw.gov.au/cec

Centre (CEC) on 1300 000 232 (the CEC opens Monday 9

to encourage residents to read more. Library Manager Cathy Howie said that reading champions will be awarded Bronze, Silver, or Gold status depending on their level of involvement. "A bronze reading champion could get involved in writing book reviews or making reading recommendations".

R U OVER IT?

Pittwater and Warringah Councils will be joining forces over the

Christmas and New Year holiday period with a drink drive campaign

NSW Trade & Investment along with Warringah Council and Inspiring Women have brought the Women in Business Mentoring Program back to the northern beaches for 2012 after its success in 2011. Women In Business Mentoring Program:

Women In Business

Mentoring Program: Northern

Beaches 2012

by ANDREA T



Level 2, Building 8, 49 Frenchs Forest Rd, Frenchs Forest, NSW 2086. For further information or to express your interest in the program, please contact

LEGO AT THE LIBRARY

Local children will have the chance to join a club specialising in one

of the most enduring playthings of childhood from May. Mona Vale Library is starting up a Lego club on the first Sunday of each month

from 2pm to 4pm. Next is February 4th, 2012.

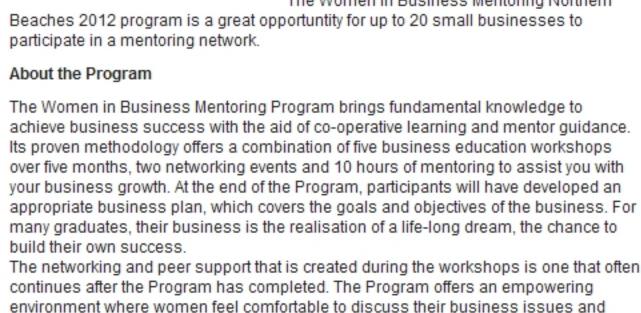
The club is open to children aged between seven and twelve years of age, with younger children welcome with parental supervision. Mona Vale Library's Manager

Cathy Howie thanked the generosity of Pittwater residents who have donated

Paul William-Smith on 9942 2233 or Sue Heins on 0423 379 934

Lego for the club's use.

Submit your Event Name of Event



Women in Business offers long-lasting business skills, online discussion forums and

sessions for relevant and real issues coupled with networking opportunities with other

like-minded female business owners. Program components Workshops; tailored to

 Increased turnover Hiring new staff Expanding the business product or service line Simplified business structures A business plan that is a working document A marketing plan that brings results Improvements in cash flow · Improved business basics knowledge Program criteria Participants must be committed to making a difference in their business and be:

Ms Howie said that library staff would co-ordinate the two hour session but would welcome parents who would like to be involved in the program. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library, 1 Park Street, Mona Vale.

Submit

Date of Event Address of Event Description of Event Contact Name Contact Phone Number Website or Email

known as R U Over It? The campaign focuses on thinking about the day after a 'big night out' and the possibility that you may still be over the limit. Pittwater Council's Road Safety Officer Michelle Carter said that the responsibility and good citizenship skills. community needs to be reminded that alcohol can stay in your system for a surprisingly long time, even after sleeping, having Hoshin isn't your "average" kind of martial art. We "treat each other breakfast and a shower! with extra kindness", and respect and friendship are high on our list of priorities. Much emphasis is placed on the moral side of martial "To help promote the R U Over It? message, pubs and clubs and arts. Without a reason behind what we are studying, martial arts is other venues will be issued with free resources such as poster, just mindless violence. We run some of the best children's martial coasters and brochures, "said Ms Carter. "And to reinforce the drink arts programs in the country, with attention to manners, good drive message, bottle shops will be issued with paper bags with the sportsmanship, responsibility, self esteem and trustworthiness. random breath test message You Won't Know Where....You Won't Know When". Hoshin runs some of Australia's best programs around the areas of During the lead-up to Christmas and throughout January the Northern Beaches Highway Patrol will also ramp up their presence on local spring and summer school holidays roads with a campaign known as Operation Burgundy. Senior Sergeant Rick Janssen from the Northern Beaches Highway Patrol said they will be targeting drinkers who get behind the wheel of a car with random breath testing. "What is of particular concern to us is that the northern beaches was ranked number one last year in the Sydney Metro area for drink drive charges," said Sgt Janssen. Warringah Road Safety Officer Peter Wright also wished to remind residents that if they are going out and are drinking alcohol that they plan in advance how they are going to get home. We urge you to leave your car at home," said Mr Wright. BULLYPROOFING #101 - Back to school skills! To help you plan your night out, you can pick up a Pittwater and Warringah Late Night Transport Card which provides details of local venues with shuttle services, taxi information and local evening bus others! We will learn valuable skills through playing games, theatre timetables. The transport card is available at Council's customer sports, drama, general discussions, learning about child protective service offices or at www.pittwater.nsw.gov.au/localservices or behaviours and more. Learn the most up to date anti bullying www.warringah.nsw.gov.au techniques and have confidence to deal with all the usual school The R U Over It? campaign will begin on 12 December and will term and social pressures. run until the end of January. Do you and your child know about: Seniors Week 2012 * cyber bullying * exclusion & peer pressure Council is seeking senior's groups and organisations to host an event as part of NSW * physical bullying Senior's Week between 18 and 25 of March, 2012. Contact Susan Machar on 9970 1169 or email details of your event to seniors@pittwater.nsw.gov.au * teasing & name calling * social survival skills Pittwater Offshore Newsletter Update 11/1/2012: click * resilience & coping skills on Logo. Also has an Extensive Local Directory. THEY CAN LEARN!! Its free and its fun! Enroll now! BACK TO Scotland Island - Western Shores - Mackeral Beach SCHOOL AND BULLYPROOF! with Hoshin Jutsu Australia Calling Pittwater Offshore Newsletter all little warriors!! Learn some great new moves these school To contact Julian: editor@scotlandisland.org.au learn how to use our words to deal with bullies. The Warriewood bushcare group managed by Pittwater Council needs more volunteers on 4th Wednesday morning of the month - Can you help? Please contact Mary Johnsen at 9999 2020.

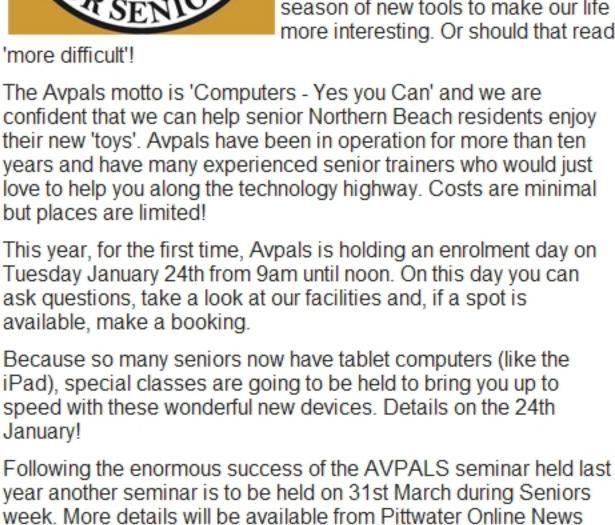
empathising how we we may all benefit from this.

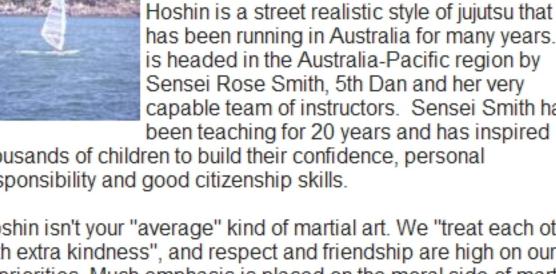
waves. Govett was astounded at this as the British, although they 'walked on water' across all seas, could not, in general, swim. Apparently, after three long minutes during which the surveyor grew anxious, fearing the man had drowned, the fisher rose from the depths and caught a wave, 'surfing' back onto the rock shelf with his fishing line in one hand and a lobster he'd caught while unsnagging it in the other.

were mostly about learning to care for the land, to acknowledge the powerful spirit therein. Part of these ceremonies included deepening the grooves of local rock carvings and now that these no longer take place these artefacts of living ceremonial and sacred grounds are beginning to deteriorate and fade.

shown at this week's Flickerfest. Filled with amazing photographs, insights and history that has been painstakingly collected, this beautiful book belongs on your coffee table not on a shelf. It is filled with accessible rich Pittwater heritage that may send a shiver up your spine, or bring a tear to Like many of our resident wordsmiths John has funded the whole

offer. Cindy Goode Milman's Saltwater Studio is also open the 1st Sunday of each month. See: http://cindygoodemillman.com





undergone over 100 volunteer hours of instruction per year under the direct instruction of Sensei Rose and you can be assured of their excellent teaching and leadership skills. If you would like to know more about what we do, the website is www.hoshin.com.au and there is an absolute plethora of information available. Start the school year with self reliance and respect for self and

School Holidays Vocal and Performance Training Meshach Musik Studio is in Dee Why has been open for nearly 4 years. It is run by Erana Clark (Vocal Director - Australian Idol and X Factor) who is a very well established and well known singer

presents ... ERANA CLARK SAM SHAW (Vocal Director Aust Idol, X Factor record producer & vocal coach to the 'stars'). who bring you workshops for differing age groups in Vocal & Performance Coaching! Together Erana & Sam bring years of their professional experience in performing & coaching to you from around the world. It doesn't get any better than this!! They will impart their wisdom & skills to help bring out the very best

Website at: THE SUMBA FOUNDATION AUSTRALIA Federal Government Media Releases This Week: VA003 PORTFOLIO: Defence SNIPPET: Australia is preparing to commemorate the Centenary of Anzac from 2014 to 2018, marking 100 years since our nation's involvement in the First World War. The media reporting suggesting there would be branding of Anzac Day is wrong. The sanctity of Anzac Day will always be protected. Agreement extended to protect Reef - GBRMPA PORTFOLIO: Sustainability, Environment, Water, Population and Communities SNIPPET: Local collectors have extended their temporary agreement to limit coral collecting in a large part of the Keppel Bay area until 29 February 2012. The Great Barrier Reef is a hive of activity. Everyone has a role to play in protecting our Great Barrier Reef.

PORTFOLIO: Sustainability, Environment, Water, Population and Communities SNIPPET: Visitors to the Great Barrier Reef Marine Park are urged to watch out for marine turtles and their hatchlings during the summer months. Do not encircle or

plastic contamination

that help conserve and protect life in our oceans by focusing on the 300 million tons

Sumba Foundation Australia Article at: here

* Short Film 'Living Ocean' Theme - how the ocean inspires us - student & open

* 30 Second Commercial 'Plastic in the Ocean' - Theme - plastic in the ocean -

Details of location, time and prizes as they come to hand...start creating now. Living Ocean's Aim: To celebrate the ocean lifestyle, raise funds for active groups

of plastic pollution in the oceans worldwide. Entry Form on website.

Australia's biosecurity system at work - where the Australian and state governments, and the community, each play a role.

the Maldives. Ms Mudie is a senior career officer with the Department of Foreign

Australia Post - AFL and Australia Post join forces to promote community cohesion PORTFOLIO: Broadband, Communications and the Digital Economy Ahmed Fahour said Australia Post was excited to be working with the AFL to bring young Australians together, irrespective of backgrounds and beliefs. The AFL and Australia Post will work with schools across Australia to develop students' literacy through letter writing.

the ground. Using techniques akin to the crime lab on the TV program CSI, the specialised team provides the Afghan justice system with the evidence needed to prosecute individuals involved in supplying, creating and laying IEDs against civilians and Coalition troops. Airservices supports women entry into aviation industry - News - Airservices Newsroom

techniques and procedures to counter the threat for the local people and troops on

PORTFOLIO: Infrastructure and Transport SNIPPET: 'The continued sponsorship is part of our wider contribution to promote the aviation industry and we look forward to continuing our association with AWPA.'. The Airservices and AWPA scholarships offer flight training opportunities for young women and assist them to complete their flight training.

Pittwater Online News Park Bench Philosophers Profile of the Week Environment Front Page History Youth Seniors Food Lynda Hill Community News News From our Inbox DIY Hints Pictures Books Artist of the Month Collector's Corner Events Reflections

January 15 - 21, 2012: Issue 41 Watchtower Headlands

Dravida tells me the eyes are the orifice created by the supernatural, traditionally, in first sought and found lore. They are the flesh crystals bestowed from divinity, as is shown in their iris's sparkle. The beamings or lines you see in them are another mirror of how all the rest of you is come together in Iridology terms. Those undulating waves wreathed between sign what you emit or release from these physical parts of you. Each iris, even in identical twins, is unique from ten months of age on. We all have individual stars in our eyes.

What state we are in colours what and how we see while what is truly there remains in its pure state, its everness, waiting to be 'found'. Mist threaded through winter trees brings a sense of beauty to one set of eyes, unveiling a lusciousness of wet trunks and earth scented air. To another these same mystic trees conjure up the shivers of ghost stories, the lone call of a bird another self languishing among fog. The beauty there is the pure state, and beauty coming to your eye from everything a truer seeing into by seeing what is in, even lnner, in Dravidic terms.

In my eyes and through my eyes I see an lvory tower in the distance. It's been stuck in my eyes for three days now, beaming out its light, catching in my turning until I spend a moment turning to see. Even when its dark and fog has closed in I see it shining on the ridge of the hill opposite. It hovers on the horizon, a pale and royal blue-white column, hazy among the stars and landmark gleaming during the salty day. I watch it, take note of its changing hues. I think about walking there sometimes, but stand opposite looking, watching, seeing. It places white light here, where it can be touched.

Another and another appears between the treetops and line of ocean suddenly sky until there are watchtowers on all hills. Some are spires into the sky, some domed, others earth proportioned pipes of Nature humming rock into earth into tree bird breath and air into ever-song. Many have gold lit windows making them stout candle sights but all are from Nature, weaved together, unable to rise above the surface without being places of Higher substance. clearer air, purer energy. Perhaps they're metaphysical watchtowers alike temple, church, shrine places, with holy water as dew pouring from the 'connected to heaven' essence in the flowers growing from their hallowing grounds. I was only going to get to see them once I grew into this way of being, had the veil that hides them lift from my eyes. Perhaps they are other people, strong as steel when needed, tender as flowers all the rest of the time, throwing up columns of their heavenly beamings. People have been Watchtowers through the Ages, someone looked to for the Light they bring, their times their 'Keep'.

Cooler daylights show this watchtower to be two separate houses just below the hilltop, an arched doorway last night's yellow-lit old world window, the tower of light that rose above, making them one, melded from a mix of sunset, salt laden sea-haze, low white clouds and moonbeams.

Salt draws other shards of rainbows out of coastal air. During summer the humid sea haze and the small summer breezes running in small trillings or soft buffets up all the green coastal hills, overlapping sea with earth, make small clouds that grow larger appear above where cool wet ocean air meets sun warmed headland. They hover in turning twirling white arcs and elongated threads. Over higher thicker headland more stolid cumulus appear and hover without being lifted to the hotter sky where they may evaporate back into the blue. As Signs of they're signalling what draws through the larger sky, and even the larger season, on either side of each moment of each day. Then the places where watchtowers appear during other conditions, to reveal all else there, appear to be an angelic extension of the concord and exultation between sea, air and land.

Extract from Ch.7., *Melchisedek's Garden*. **Seeing Things**. Copyright A J Guesdon. 2008 -2012. All Rights Reserved.

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Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1500.

Pittwater Online News

Front Page Park Bench Philosophers Profile of the Week History Youth Seniors Environment Food Lynda Hill Community News Artist of the Month Collector's Corner DIY Hints Pictures News From our Inbox Books Reflections





Above: One of Geoff's more recent Clareville Beach photos. Below: Clareville Beach



All Images Copyright Geoff Clarke 2012. All Rights Reserved.



Geoff Clarke

Photography is a keen pursuit of recent retiree and Master Mariner Geoff Clarke. He "likes a tree, birds and clouds" as he's a "Constable man". One of Avalon's true gentlemen, he shares some of his great images of dawns at Avalon on our Pictures page this week and a few insights on how living his life to the full is keeping him healthy in body, spirit and mind. Geoff is also a great example of how no one is ever too old to learn something new.

What were you doing before you retired?

I went to sea at the age of 17 and took the various tickets for becoming a Master Mariner. I passed my Master Mariners Exams in 1956, so I was then qualified to be a Master Mariner.

How old were you when you became qualified?

In 1958 I was 25. My father was also a Master Mariner so that's probably what spurred me on to get my qualifications and go to sea.

Then, on one of my voyages, the voyages were between the UK and New Zealand and Australia and return, I happened to meet the lady I am now married to. So romance was long range at that stage. I didn't see her again for nine months. I happened to be visiting Sydney and wrote to her and said I was coming, and we took it from there; we were married. I was born in the UK, so I had to come out here (move to Australia), which was easy for me as I'd been here before. I flew out and we were married in 1958.

So then you were based in Sydney?

Yes, then we were living in Sydney. We lived with my wife's parents for a while and I did a short spell on the Australian Coastal Trade and then decided that being at sea, and being married and having a family, really wasn't a good idea. I came ashore and looked for a job and found a job with a Shipping Agents; the shipping agents job is to look after the interests of the owner. I had quite a long career working as a Shipping executive in two agencies.

Some rather hard times hit the shipping industry in the early 1980's, with a Global Economic Downturn, and I was made redundant and wondered what I was going to do at the age of about 53.

A friend phoned me and said "How about coming over to Vanuatu and running a business over here?" And I thought "I don't know about that..." at any rate I did. It was a Stevedoring Agency there employing about 200 local people; so it was quite a challenge and it was not doing too well so we set to and I was quite happy, we were making progress and making some profits. We had a contract with the Vanuatu Government to do the

stevedoring, which is loading and unloading ships, which had to be renewed while I was there; so we put in our Tender, and we had all the machinery and expertise, but the government awarded it to a local company. So we didn't get that contract and I came back to Sydney still

looking for something to do. Someone phoned me and said they needed an Operations Manager for a Shipping Company. This was a Korean company, starting up a new service here; so we set that up, and it was for four years. In some of my lunch hours I met people who were running a

recycling business and they said 'why don't you come and help us? Get us some new clients...' they were looking for fine paper to recycle. So I said, alright, I'll give it a go. So we helped them build their

business. Eventually I said to them, look I'm not really making a lot of money out of this, I think I'll go out on my own. Which I did and I had my eldest son living with us then and he helped me. We had a van and we went round and did a lot of collecting paper from offices for recycling. And I've been doing that on and off until about two weeks ago. So I retired about two weeks ago!

My interest in photography really started in earnest when a friend of mine whom I walk with on the beach said to me, 'Geoff, I've got a computer that I don't need anymore and I want to give it to you.'

I said "Paul, I don't want a computer, I've never had one!" I've never had one, even in business. So about three months later Paul said, come on, I'll come and set it up for you, so that's what started it. Then I bought a digital camera and downloaded a marvellous Program and then went for some lessons at the Tramshed (Seniors Computers at Narrabeen) on how to use this Program. And I found it very very satisfying and I've published a couple of books of early morning sunrises here and around Australia.

The computer is good because I've got friends still in the UK and I converse with those by email; I haven't got into Skype yet; people keep saying 'why don't you get the Skype?

It's opened up a new aspect of life for me. The Internet is a marvellous tool if used properly and of course without a computer digital photography doesn't work.

Well, I've got four lovely children thirteen grandchildren so we're

blessed in that (ages 5 to 24). And our children are 51 to 40; make me feel old.

Clareville Beach because when the children were very young my in-

What is your favourite place in Pittwater and why?

laws had a weekender at Taylor's Point and we used to spend each Summer of each year on Clareville Beach, so that place has very lasting memories for me. This would have been in the sixties; it hasn't changed, it's still a

beautiful little beach and lovely for kids to play in the sand and swim. That sticks in my mind.

What is your motto for life or a phrase you like to live by ? **Keep active physically**; don't sit around and vegetate. Even just

walking, that's what I do, walk every day, along the beach, and of course you meet people doing that.

But I think 'keep active'; we have a big garden, and we've been here 20 years now; we moved from Mosman because it's was getting too much, and here was peaceful, we like the peace; although now it's getting the way Mosman was.

Afternoons At Clareville, all by Geoff Clarke











009, Courtesy of Mona Vale Library Images The mystery of a hansom cab

Above: Film crew and actors in front of Newport Hotel, Circa. 1925. Image No: NEW

1 ALPHA LIBRARY. The Mystery of a Hansom Cab Fergus W. Hume, Chicago and New York: Rand, McNally & Company, The mystery of a hansom cab (1889) Author: Hume, Fergus, 1859-1932

Publisher: Chicago, Rand, McNally An Australian Whodunit based in Melbourne For The Term of His Natural Life (1927)

This is the greatest of all Australian Silent films. Made just before the advent of

dissapeared from sight. Based on the serialised novel by Marcus Clarke, this was the most expensive film produced in Australia at the time. It costed 50,000 pounds when the average Australian film was made for around 1000 pounds. The film stars George Fisher as Richard Devine/Rufus Dawes/John Rex and Eva Novak as Sylvia Vickers and was adapted, produced and directed by Norman Dawn, who later went to Hollwood and made classic B-grade movies like "Bowanga"

synchronised sound, this film had a limited period of commercial viabilty before it

Bowanga" and "Two Lost Worlds". Director: Norman Dawn, Producer: Norman Dawn Production Company: Australasian Films

In The Wake of the Bounty (1933) Director: Charles Chauvel

🍑 Tweet

00:00 00:00

f Like 2 +1

Producer: Charles Chauvel Production Company: Expeditionary Films Audio/Visual: sound, B/W "In The Wake of The Bounty" is Errol Flynn's first film. It is also the first of two of Charles Chauvel's proposed series of docudrama's which would be part narrative

and part travelogue. The other is "Heritage"

For the trivia buffs:

-Errol Flynn was a decendant of Fletcher Christian, the character he plays in this film. -This incident in history has also been explored in "Mutiny on the Bounty", in 1935 with Charles Laughton and Clarke Gable and in 1962 Trevor Howard and Marlon Brando -MGM used parts of "In The Wake Of the Bounty" to create advertising featurettes for

and again in "The Bounty" 1984 with Anthony Hopkins and Mel Gibson. the 1935 version: "Primitive Pitcarn" and "Pitcarn Island Today"



Production Company: Southern Cross Feature Film Company The film is based on C.J. Dennis' 1915 Australian poem The Songs of a Sentimental Bloke, a favourite of many WWI Australian soldiers. The film was produce by a

South Australian company, The Southern Cross Feature film Co, and shot in New South Wales. Most of the exteriors were filmed in the Sydney suburbs of Woolloomooloo, Manly Beach, Bondi and The Royal Botanical Gardens, Sydney. Interiors were shot at Wonderland City in Bondi. The text on the inter-titles (designed

Producer: Raymond Longford

by Lyell) was taken directly from Dennis' poem. Raymond Longford and Lottie Lyell, the writers/directors/stars were the most successful film partnership in Australia at the time. This film broke all existing box office records after debuting on October 4 1919 at Melbourne Town Hall in Victoria. This version comes from a second generation VHS copy from a U-Matic video tape distributed by the New South Wales Department of Education in the early 1980s. This is an incomplete version of the film which is Public Domain as all motion picture and

literary copyrights in this version have expired under Australian Law. The negative of this film was recently discovered in the archives of George Eastman House (mislabled "The Sentimental Blonde"). The copyright restored edition premiered in 2004. There is no musical accompaniment on this video. It is completely silent.



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From: http://aso.gov.au/chronology/1950s/



Filmed in Pittwater The beauty of Pittwater and its pristine offshore areas have been

utilised as backdrops for the creating of other worlds. Being able to see how yesterday's landscapes and bays were, even their skies and seasons, is what gives every film, regardless of its artistic merits or lack of them, historical value to we not born or living then. Pittwater has many local actors who have worked hard and become

well known and respected thespians in their fields. Most of them began in low-budget do it for free and sometimes, locally shot productions. These film-making events provided employment for locals, whether on the sets or serving those who came to stay in local cottages and Hotels. In 1925 Henry Raymond Shirley and his troupe of actors stayed at

Newport Hotel whilst in Pittwater filming. In that same year he released what was to be his most successful film The Mystery of a Hansom Cab, based on the (1889) book by Fergus Hume (1859-1932) which was an Australian Whodunit based in Melbourne. This funded The Sealed Room, released in 1926; unfortunately we could find no trace of this film to identify if Pittwater provides its scenic rooms. On November 28th 1926, Norman Dawn, producer and director of

For The Term of His Natural Life, brought his actors and film crew to

Pittwater to film a famous sequence from this well known book. What is also interesting in the Sunday Times Report of 'Shooting Scenes in Newport' is that magical Scotland Island has managed to whisk herself northwards and even up the Hawkesbury; -while a crowd of onlookers comprehend the full significance of movie-making in and around Sydney- The scene to be shot was the incident where Rufus Dawes, Sylvia Vickers, and Captain Frere put out to sea in the coracle, which necessitated the company setting out from Newport by launch, cruising up the waters of the Hawkesbury, and anchoring in one of the small bays opposite Scotland **Island on the north side.** Here a clever little replica of the goatskin boat described in the novel, was lying in the sand on the beach. Wet weather made the company lose no time in shooting this scene where Rufus Dawes carries Sylvia Vickers in his arms out to the coracle, and orders his one timé superior (Capt. Frere) to push off the boat Six shots taken in the falling rain, and Eva Novak suggested the orchestra to strike up "It Ain't Gonna Rain No More." "It is all for the picture," says Norman Dawn, "For the sake of art," laughed Fisher, and the violinist wondered how much rain it takes to ruin a perfectly good violin. The scene finished, the camera man gets a few close-ups for publicity purposes, and the company board the launch again. Inside fifteen of them are- seated quite in picnic fashion. A large hamper is opened, and the hungry take temporary nourishment until the hotel is reached for lunch. Accordingly one can understand how motion pictures involve a big outlay. Transit alone must absorb quite a figure on the expense sheet, as well as the cost in loss of time and salaries debited against inclement weather. The company intended remaining in Newport for four days, but Dawn, believing he could get better locations for other scenes, decided to return the same afternoon. Cars were rung- for, and the company returned to the Bondi studio, and work will be proceeded there again to-morrow

says Mr. Dawn. 'It all depends on the weather, and whether I am satisfied scenically with the surroundings, I thought I would be In Newport much longer, but I am satisfied there are other locations that will provide a change of scenery, and suit the purpose of the scenes equally well..." AUSTRALIAN FILM. (1926, November 28). Sunday Times (Perth, WA: 1902 - 1954), p. 3. Retrieved November 8, 2011, from http://nla.gov.au/nla.news-article58312432

while the Scout goes out to photograph new locations for Dawn's

"I cannot always tell exactly how long I will be on any location,"

approval.

Scenes in Pittwater from: For the Term of His Natural Life 1927 (cave looking like Avalon's St Michael's Cave?); http://aso.gov.au/titles/features/the-term-of-his-natural-life/clip1/ In 1930 Australia's first 'talkie' Showgirl's Luck was created although not released until 1931. On 15th of March 1933, iconic Australian

film-maker Charles Chauvel, debuted Tasmanian born actor Errol

Flynn in the only Australian film he ever appeared in, apparently due to being impressed with Flynn's survival of being shipwrecked in New Guinea. In the Wake of the Bounty was Chauvel's prelude to filming Heritage. 1933 was the year Mr Chauvel began dreaming up what would become the film *Heritage* in response to the Australian Government's announcement, in pursuit of encouraging the Australian Film Industry, by offering a prize of £2,500 to the best Australian-made film. In October of 1934 he and wife Elsa (Elsie) were visitors to Pittwater. Mr. and Mrs. Charles Chauvel have gone to Great Mackerel Beach, near Palm Beach, where they will occupy a cottage during the photographing of scenes for their new film, "Heritage." SOCIAL

AND PERSONAL. (1934, October 20). The Sydney Morning Herald (NSW: 1842 - 1954), p. 11. Retrieved January from http://nla.gov.au/nla.news-article17119227 Heritage 1934 had long term Bayview resident John MacCallum and husband of Googie Withers as one of its players. 1934 was also a year when Australia was experiencing The Depression and locals were happy to be employed, if only for a few days:

"HERITAGE." Plans for Crowd Scenes. GOVERNOR PHILLIP'S LANDING. More than a hundred men. most, of them unemployed, have been given work for to-day as "extras" in the Australian picture.

"Heritage." which Mr. Charles Chauvel is producing for Expeditionary Films. Ltd. Seventy of the men were selected in Sydney, and a large number in the district about Pittwater. Today, all these will be transported to Great Mackerel Beach, where

they are to take part in scenes depicting the landing of Governor Phillip. The settings for Governor Phillip's camp have been faithfully reproduced from sketches prepared by Mr. Ray Lindsay from original sources in the Mitchell Library and elsewhere. **Much** difficulty has been experienced, however, in damming the small stream which flows from the hills to the beach, and which is Intended to represent the historic Tank Stream of

Circular Quay. Several hundred bags, to be filled with sand for

that purpose, were sent from Sydney yesterday. Hitherto, the tides

have moved all the sandbags available at Pittwater. It is hoped to make a start with the crowd scenes at Pittwater this morning. The film should be sufficiently advanced by the end of the week to be taken to Melbourne by Mr. Chauvel for "cutting." RE-ENACTING SCENES FROM THE FIRST SETTLEMENT. (1934, October 25). The Sydney Morning Herald (NSW: 1842 - 1954), p. 16. Retrieved from http://nla.gov.au/nla.news-article28021154 In 1937, Tall Timbers, which has as its opening scenes boardriders at Palm Beach and was from a story by Whale Beachian Frank

silent film, despite the advances in cinema technology. Despite a lack of accessible Australian Films, many were made during the 1940's, 50's and 60's, sometimes on a wing and a prayer, but all capturing a developing sense of what is the essential Australian Spirit that lead, by the 1970's, to what is termed 'okerism'. The 1979 film Palm Beach filmed in, well, Palm Beach,

had a cast that included Steve Bisley as your ocker and Bryan

Hurley, was released. Mr Hurley took a job as a cameraman with

Cinesound during the work scarce Depression years. This was a

Brown as a surfboard seeking character, it's worth taking a look at the short extracts available on ASO for the views of Palm Beach Dunes as they were in then. See: Palm Beach 1979; http://aso.gov.au/titles/features/palm-beach/clip3/ 1979 was also the year Tim was released, filmed mostly at Barrenjoey in one of the old Customs Cottages. In 1978 Narrabeen Lake played host to the film Newsfront and was cunningly disguised at the Maitland Floods of Television also brought Pittwater to our smaller screens. Pittwater

locations featuring as the fictional world of **Summer Bay** has brought many a visitor into our area solely to find these locations. Every second week, whilst strolling along, someone either from here or overseas stops a staffer and asks them to point the way to Summer Bay, usually with a few youngsters in the back, clearly excited.

IN 1968 Sir Robert Helpmann featured in the ABC's 'Contrabandits, a Pittwater production'; HELPMANN A "BADDY" "CONTRABANDITS," ABC-TV's smuggling drama series, off to a good start with its 1968 season, could become Australia's first seriesto attract famous overseas guest stars for prestige appe arances. Starting the trend is world-famous ballet dancer and actor Sir

Robert Helpmann, who plays a sinister role in "In For A Penny," to be telecast soon. It was filmed largely at a fantastic mansion built by an Australian millionaire at Palm Beach, N.S.W. A helicopter, private plane, a seaplane, a speedboat, and luxury

cars - one once used by Princess Soraya - are all used. Even the Royal Australian Navy weighed in with its newest vessel, HMAS

directed by walkie-talkie. - NAN MUSGROVE HELPMANN A "BADDY". (1968, September 11). The Australian Women's Weekly (1933 - 1982), p. 16. Retrieved from http://nla.gov.au/nla.news-article46186189 Australian masterpiece, The Year of Living Dangerously (1982) has

Pittwater disguised too; Bilgola and Church Point specifically (a

Mel Gibson, where they were filming, too dangerous to cast and

conditions in the Philippines, and death threats made to himself and

local film man tells us this occurred as Peter Weir found the

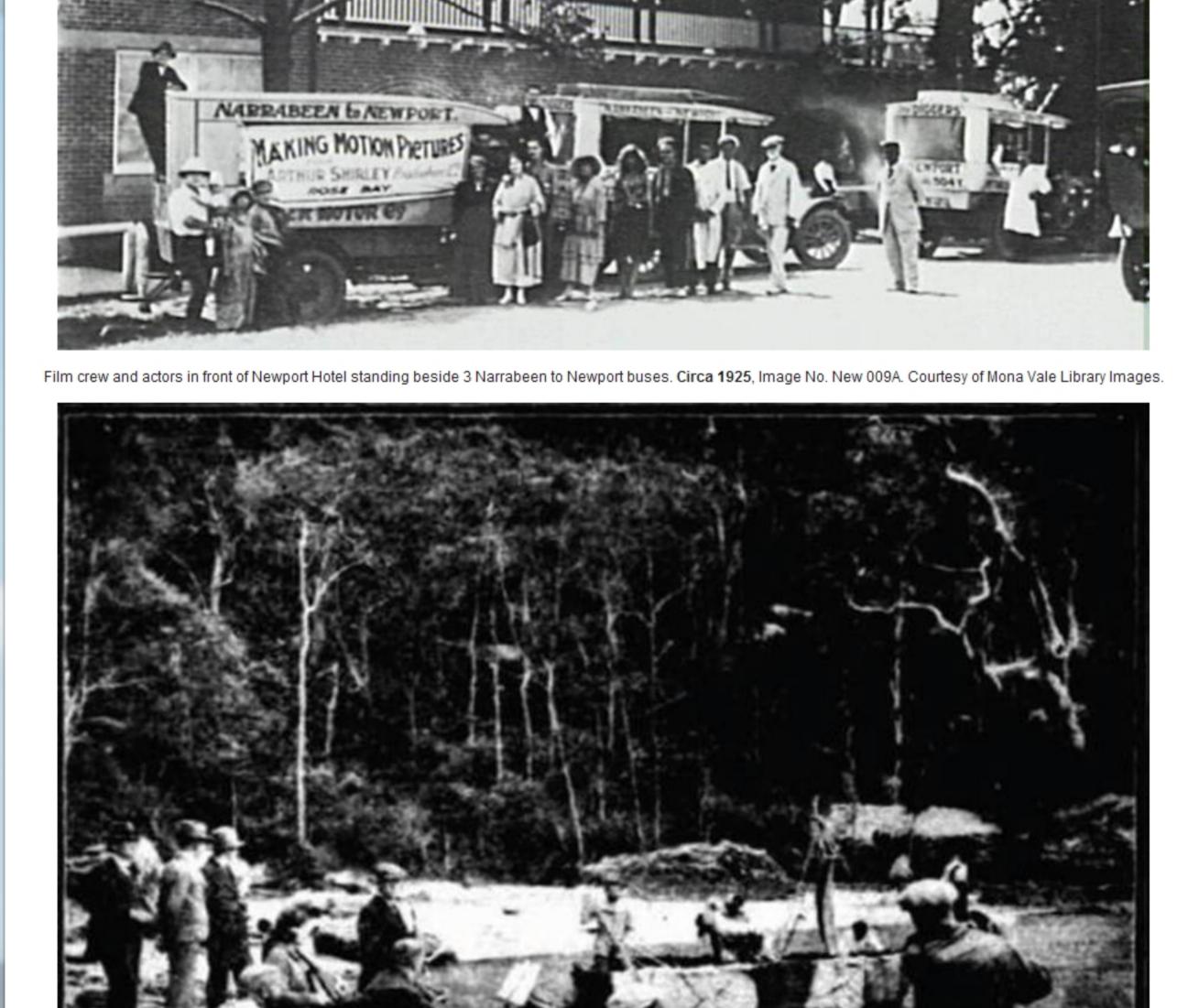
Archer, a fast patrol boat, which manoeuvred round Pittwater as

crew.) A staff member, living on Bilgola beach at the time remembers having trouble walking home as residents were directed to not be there; the roads had been covered with sand. The offshore film gent also recalls his part of our world being similarly 'disguised'.

Successive decades have also kept for all time parts of a more 'modern' Pittwater that has faded. Warriewood's Drive In Theatre,

gone for a little while now, was the 'studio lot' for 1991's Fatal Bond which includes brother of Mel. Donal Gibson. See: Fatal Bond 1991: http://aso.gov.au/titles/features/fatal-bond/clip2/ Lantana (2001) has also Pittwater and Broken Bay sites as part of its truer blood. Although considered quite modern, eleven years have passed since this film's release and a lot has changed around here in that time. More buildings, more people. What hasn't changed is what draws people here, our green spaces and the way they lend themselves to creating real 'environment' in any scenes that require this. Who knows how many "Wow!"s we and our home grounds will

look to those who watch these a hundred years from now...





Hans Christian Anderson



Danish poet and short story writer of tales for children Hans Christian Anderson was born in Odense, Denmark on April 2nd, 1805. He worked as a weaver's apprentice and later for a tailor before moving, at age 14, to Copenhagen to pursue an actor's life. He had a sweet soprano voice and worked in for the Royal Danish Theatre before his voice changed.

His first published work, in 1922, was The Ghost at Palnatoke's Grave. In 1835 he began publishing his fairytales for children, collating these into volumes. In June 1847 he

travelled to Britain and there met Charles Dickens. The two formed a friendship and Anderson returned in 1857, staying at Dicken's home for five weeks.

Although he was successful publishing other works during his lifetime it is for his fairy tales that people nowadays remember him. "Thumbelina", "The Snow Queen", "The Little Match Girl", "The Ugly Duckling", "The Little Mermaid", "The Emperor's New Clothes", "The Steadfast (Brave) Tin Soldier", and "The Princess and the Pea" are still widely read. Some of these titles, such as "The Emperor's New Clothes" and "The Ugly Duckling" have become well known expressions in the English language.

For more and a full list of his works(some of which may be read online); http://hca.gilead.org.il/

Summer Fun III: Hans Christian Anderson (restoration = pillars5)THE BRAVE TIN SOLDIER



BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jujutsu Australia

Calling all little warriors!! Learn some great new moves these school holidays. We will play games, learn some basic self defence and learn how to use our words to deal with bullies.

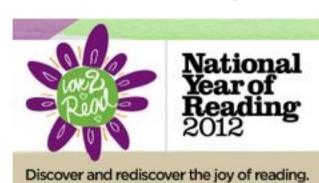
Date Saturday 21 January Time 10am - 1pm Age Strictly 6 to 12yrs Cost: Free tuition (\$20 insurance fee) Bookings 0413 376 356 or avalon@hoshin.com.au

Hoshin runs some of Australia's best programs around the areas of Anti-Bullying and Child Protective Behaviour, and of course Jujutsu. We also run free kids programs twice a year during the spring and summer school holidays

Our classes are fun, with a high standard of discipline and respect. We do not gain respect with fear, we laugh, play games and have fun, and learn about the important skills listed above through role

playing, telling stories and of course, martial arts skills.

All of our adult instructors are police checked and hold senior first aid certificates. Further, all instructors regardless of rank have undergone over 100 volunteer hours of instruction per year under the direct instruction of Sensei Rose and you can be assured of their excellent teaching and leadership skills. If you would like to know more about what we do, the website is www.hoshin.com.au and there is an absolute plethora of information available.



National Year of Reading 2012: For teens, we (Federal

Government) will be running the National Year of Reading Creative Reading Prize. It's an expansion of something that already happens through the Centre for Youth Literature

(http://www.insideadog.com.au/blog/inkys-creative-reading-prize-2011). Young people will be asked to nominate the one book they think

their peers must read in 2012 and then to provide a convincing argument in the form of a creative response to the story. This will be a book review, but it could be in the form of words, pictures, film, song, or something even more avant garde. We'll be partnering with insideadog.com.au, spineout.com.au and Madman Entertainment to create a fantastic competition with some really great prizes. More at: http://www.love2read.org.au/

Children Available right now AT: http://www.australianwomenonline.com/bedtime-stories-downloadable-tales-forchildren/

As part of this: Bedtime Stories: Downloadable Tales for

Australian Stories Online

Project Gutenberg Australia, has a great list of old legends and

books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/ PITTWATER COUNCIL



CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY Children from 5 to 12 years of age are invited to free holiday

craft sessions at Mona Vale library this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia Day. Library Manager Cathy Howie said there would be a wide range of activities to suit both boys and girls between the ages of 5 and 12.

"Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added Mrs Howie. To complement the craft sessions the library has a range of craft books available for loan that will keep little hands busy at home over

the holidays too. A detailed list of the children's craft activities on offer will be available from Mona Vale Library early in January. All craft sessions are free and bookings are not required. For more information call 9970 1600. Mona Vale library is located

at 1 Park Street, Mona Vale. EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM

Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its sensational summer holiday program

for kids, with new extended hours from 9am to 4pm. Kids on the Coast offers healthy and fun outdoor activities for 5 to 12 year olds from Monday 9 January to Friday 20 January. The Council decided to extend the hours of the program to ensure children with working parents do not miss out. "There are many new highlights including stand-up paddle boarding,

a boardwalk birding adventure and how to become an eco-ranger," said the Council's Natural Environment & Education Manager Mark Beharrell. For children aged eight years and over there is a chance to grab

your camera and join a photographic adventure, plus the everpopular 'Fishing Clinic' run in partnership with the NSW Department of Primary Industries. Mr Beharrell said the program encouraged children to explore beaches, rock platforms, headlands, bushland,

wetlands and the Narrabeen Lagoon foreshore. "Kids on the Coast is the ideal school holiday experience. The program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr Beharrell.

Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per child per session, with full-day sessions available from 10am to 3pm at \$55 per child (for standard activities), which includes supervision between sessions (BYO

lunch). Working parents who require extended care for their children can also take advantage of a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The

Fishing Clinic offers giveaways including a rod, reel, tackle box, hat and bag for the cost of \$40.

The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at www.pittwater.nsw.gov.au/ceckids or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on 9970 1313 or email bianca springford@pittwater.nsw.gov.au

No charge for mobile phone calls to Lifeline from

anywhere in Australia; Mobile phone calls to Lifeline made from anywhere in Australia will be free of charge from 1 July under an agreement made between the three major phone carriers.

Summer Fun I: Jasper and The Haunted House



Summer Fun II: The Curious Adventures of Mr. Wonderbird (1952)Paul and Pierre Grimault

Based on a story by Hans Christian Anderson (The Sheperdess & the chimney-Sweep), Mr. Wonderbird (Sir Peter Ustinov) tells the story of two lovers who flee their two dimensional painting and are then hunted by a mean-spirited King.



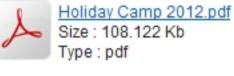
MANLY WARRINGAH BASKETBALL CAMP

Mon 23rd, Tues 24th & Wed 25th January 2012 Session One 5-11 years 10.30am to 12.30pm Session Two 12-18 years 1:00pm to 3:00pm Venue: NBISC, Jackson Rd Warriewood

Special Guest Coaches, Professional coaching, Competitions with great prizes Cost: \$60

This is a 3 day camp ONLY. Payments must be made prior to camp starting date: Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW 2101. Fax: 99133644

Email: mwba@manlybasketball.com.au. Enquiries-99133622 ◆REFRESH YOUR SKILLS ◆IMPROVE YOUR GAME◆HAVE SOME FUN◆



The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. Make sure you are heard. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.

JOHNSON BROS MITRE 10 ABN: 12 000 568 865

APPRENTICE CLUB

Johnson Bros are extending an invitation to all Building Trade Apprentices to join our exclusive "Apprentice Club". We have teamed up with our loyal suppliers to offer different tools each month at vastly reduced prices to help apprentices build up their tool boxes. File Below for further details and registration form. At: http://hardwoodsaustralia.com/a/117.html



with confidence.

Apprentice club form[1].pdf

Teaching Our Children to be Safety Conscious Being Safety Smart is a free to use online educational game providing safety strategies for children aged from 6 to 8. The program is designed to increase the awareness of children to situations within the community which might impact upon their personal safety and to empower them with the ability to act appropriately and

Being Safety Smart is a Queensland Police Service initiative, developed by the University of the Sunshine Coast in partnership with the Queensland Police Service, Education Queensland, and the Crime and Misconduct Commission, and supported by the Daniel Morcombe Foundation.

The Website is at: http://www.beingsafetysmart.com.au/BSS/





Pittwater Council has agreed to place on public exhibition concept plans for a proposed Police and Community Youth Club (PCYC) to be located at North

Narrabeen. The plans have been developed as part of a submission to the state government and PCYC NSW for funding for the project. Council submitted a comprehensive expression of interest late last month seeking a grant of \$2.5 million towards the establishment of a new club. This follows the NSW Government recently calling for expressions of interest for the establishment of eight new Police and Community Youth Clubs, with funding to be announced in early 2012. The overall funds required to build the new centre are estimated to be \$8.5 million and would come from a variety of sources. The proposal would see a multi-purpose community centre built at the southern end of Pittwater Rugby Park North Narrabeen, encompassing the current function centre at

centre would be through PCYC NSW, a not-for-profit organisation closely linked to the NSW Police. PCYC NSW currently operates 57 community centres throughout New South Wales and offers a management model whereby a local PCYC is supported by an allocation of two additional police officers. Community Services Manager Lindsay Godfrey said if Pittwater is successful in gaining funding the centre would have a focus on youth activities, with space for computers, a music rehearsal room and a commercial kitchen capable of hosting

the ground which would be replaced in the overall development. Management of the

space for youth services and be able to host performances and sport-related activities, " said Mr Godfrey. The design concepts will be on exhibition until Friday 2 March 2012 and can be viewed at www.pittwater.nsw.gov.au/exhibition The documents will also be available at Council's customer service centres at 1 Park Street, Mona Vale and 59A Old Barrenjoey Road, Avalon.

hospitality training. "The centre would also have a café, meeting rooms and office

Manly Council has launched a website for young people that is run by young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome.

New Website for Northern Beaches Youth

Manly Council also posts activities and events on their Facebook and MySpace Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below: www.northernbeachesyouthinfo.net.au www.facebook.com/manlyyouthcentre

www.myspace.com/manlyyouthcentre





Pittwater Online News Front Page Park Bench Philosophers Lynda Hill Contents Profile of the Week History Youth Seniors Environment Food Community News Artist of the Month Reflections Collector's Corner DIY Hints Pictures News From our Inbox Books Events

January 15 - 21, 2012: Issue 41

A Smile for the Week From W.A.G

For all of you who feel you are having to attend too many doctors appointments; from this week's Seniors Emails

The **NEW** Alphabet:

A's for arthritis; B's the bad back, C's the chest pains, perhaps cardi-ac?

D is for dental decay and decline, **E** is for eyesight, can't read that top line!

top line!

F is for fissures and fluid retention, G is for gas which I'd rather not

mention.

H high blood pressure--I'd rather it low; I for incisions with scars you can show.

J is for joints, out of socket, won't mend, K is for knees that crack when they bend.

L 's for libido, what happened to sex? M is for memory, I forget what comes next.

N is neuralgia, in nerves way down low; O is for osteo, bones that don't grow!

P for prescriptions, I have quite a few, just give me a pill and I'll be good as new!

Q is for queasy, is it fatal or flu? R is for reflux, one meal turns to two.

S is for sleepless nights, counting my fears, **T** is for Tinnitus; bells in my ears!

U is for urinary; troubles with flow; V for vertigo, that's 'dizzy,' you know..

W for worry, now what's going 'round? X is for X ray, and what might be found.

Y for another year I'm left here behind, Z is for zest I still have - in my mind!

I've survived all the symptoms, my body's deployed, and I'm keeping twenty-six doctors fully employed!

Independent Website for Elders:

http://www.agedcarecrisis.com/about

About us: We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities. We do not receive any funding. We are not affiliated with any government body. We are not affiliated with any religious body. We are completely independent

www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia



Enable Me

Be PART OF AN EXCITING NEW GOVERNMENT INITIATIVE FOR PEOPLE OVER 65

- Is remaining independent important to you?
- Are you finding it difficult to do the things you would like to do? e.g. shopping, eatching the bus, leisure activities or just getting around.



Community Care (Northern Beaches) is seeking participants for a short term program, which aims to assist you to be able to do things that are important to you.

you.

The program may include advice and support with:-

- An appropriate exercise or strengthening program
 Nutrition
- Home modifications
 Assistive technology
- Social and leisure activities

For more information or to register please phone.

Call Kerrie on 9979 7677



Contact Community Care Northern Beaches by clicking their logo:







Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual Phone Ingrid to secure your spot on 0405 457 063.

www.heartfoundation.org.au



To an Old Mate Henry Lawson, 1895

Old mate! In the gusty old weather,
When our hopes and our troubles were new,
In the years spent in wearing out leather,
I found you unselfish and true —
I have gathered these verses together
For the sake of our friendship and you.

You may think for awhile, and with reason, Though still with a kindly regret, That I've left it full late in the season To prove I remember you yet; But you'll never judge me by their treason Who profit by friends — and forget.

I remember, Old Man, I remember —
The tracks that we followed are clear —
The jovial last nights of December,
The solemn first days of the year,
Long tramps through the clearings and timber,
Short partings on platform and pier.

I can still feel the spirit that bore us, And often the old stars will shine — I remember the last spree in chorus For the sake of that other Lang Syne, When the tracks lay divided before us, Your path through the future and mine.

Through the frost-wind that cut like whip-lashes, Through the ever-blind haze of the drought — And in fancy at times by the flashes
Of light in the darkness of doubt — I have followed the tent poles and ashes
Of camps that we moved further out.

You will find in these pages a trace of That side of our past which was bright, And recognise sometimes the face of A friend who has dropped out of sight — I send them along in the place of The letters I promised to write.

Henry Lawson 17th June, 1867 – 2nd of September 1922.



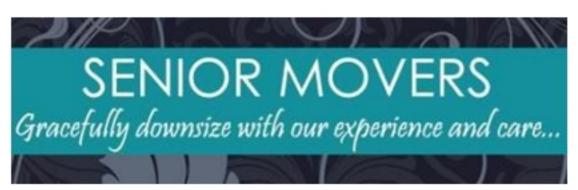
The above poem was apparently written to J. F. Archibald, co-owner and editor of The Bulletin during the days of its greatest influence in Australian politics and literary life. John Feltham Archibald, who changed his name, due to a love of French culture, to Jules Francois, was also the founder of the Archibald Prize art portraiture award and who funded the Archibald Fountain in Hyde Park. Photo to left is of J F Archibald and Henry Lawson, contributor to The

Bulletin.

Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

If you are overwhelmed about the thought of a downsize, or worried about trusting anyone in your home and helping you sort your treasured mementoes. Perhaps your family are time poor, not around to help or they and you just need someone on site for you to help coordinate and take the burden? We have a team of specialists working with us ranging from auctioneers, removalists, packers, eBay traders, all different trades and services to give you the whole project solution. We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.



www.seniormovers.com.au

Also see Belinda Grundy's <u>Profile</u> other great Business; www.bgpropertystyling.com.au

> The Senior Newspaper Online Click on logo:

Senior Senior

PUBLICATIONS

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or ring the coordinator Jenny McLaughlin on 02 9999 1348

Article on their Seminar

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January 15 - 21, 2012: Issue 41 Summer Creature Features: Swamps and

Grasslands



The Swamp Wallaby (Wallabia bicolor) is a small macropod marsupial of eastern Australia and the only living member of the genus Wallabia (although some sources state it should be classified Macropus). Also called the Black wallaby it inhabits thick undergrowth in forests and woodlands, and the lawns of Currawong and Great Mackerel Beach or visits at the Youth Hostel overlooking Morning Bay. They are also found at McCarr's creek park and hinterlands.

The species name bicolor comes from the distinct colouring variation, with the typical grey coat of the macropods varied with a dark brown to black region on the back, and light yellow to rufous orange on the chest. The tail is equal to the body length which is between 70 and 76 cm

Pittwater was also once home to mobs of Parma Wallabies and Brush Tailed Wallabies. The landmark Barrenjoey headland is named after an indigenous word meaning 'little kangaroo' and may refer to the abundance of wallabies that once inhabited that terrain.

The first non-indigenous recording of these mammals was in 1628 by survivors of the Batavia shipwreck (on her maiden voyage) on West 'Wallabi' island in Western Australia. This was of the smallest wallaby species, the Tammar Wallaby

Further;

Swamp Wallaby. (2011, December 29). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php? title=Swamp Wallaby&oldid=468246868

Brush-tailed Rock-wallaby. (2011, December 29). In Wikipedia, The Free Encyclopedia. Retrieved from

http://en.wikipedia.org/w/index.php?title=Brush-tailed Rockwallaby&oldid=468246450

Parma Wallaby. (2011, December 29). In Wikipedia, The Free

Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php? title=Parma Wallaby&oldid=468246114 Illustration of Tammar Wallaby(Above Right); John Gould, F.R.S.,

Mammals of Australia, Vol. II Plate 19, London, 1863. From: http://www.museum.vic.gov.au/bioinformatics/mammals/images/Hal_der2.htm WetlandCare Australia National Art and

Photography Competition To celebrate World Wetlands Day 2012 on February 2,

WetlandCare Australia is hosting their 5th annual Australia wide art and photography competition. There are categories for young people and adults, and for the first time the competition includes categories specifically for Indigenous artists. The categories in the competition have been designed to give as many people as possible the opportunity to submit entries. The

categories are: NSW Catchment Management Authorities Open Art 1st Prize:

\$1500 Open to all Australian residents Central West Catchment Management Authority Youth Art 1st Prize: \$1200 Open to all

Australian residents aged 12-17 •WetlandCare Australia Children's Art 1st Prize: \$1000 Open to all Australian residents aged 4-11

Murray-Darling Basin Authority Indigenous Art Youth 1st Prize: \$1200 + Art supply kit

Open to Aboriginal and Torres Strait Islander artists aged 17 years and under •Queensland Wetlands Program Indigenous Art Open 1st Prize: \$1200 + Art supply kit Open to all Aboriginal and Torres Strait Islander artists

to all Australian residents Golden Chain Youth Photography 1st Prize \$1000 Open to all Australian residents aged 17 years and under

NSW Office of Environment and Heritage Open Photography 1st Prize: \$1200 Open

WetlandCare Australia Awards WetlandCare Australia Senior Management will select 3 of the winning works

selected by the judges in Art, Indigenous Art or Photography that best promote the organisations objectives for the next 12 months. These works will be awarded a WetlandCare Australia Award, and will be used in promotional materials and events. See the Rules of the Competition for full details. Entry Forms Here





Index to the most extensive list of fact sheets on every Australian plant.

Warriewood The Warriewood bushcare group

Bushcare at

managed by Pittwater Council needs more volunteers on 4th Wednesday morning of the month - Can you



CLIMATE ACTION PITTWATER



Pittwater's Environmental Foundation Pittwater Environmental Foundation was established in



2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and

Council. Our PROFILE About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage,

bushfire hazard reduction requirements and other edge effects. Within Pittwater 38 species of plants or animals are listed as endangered or

threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.







Above: Tammar Wallaby Illustration; by John Gould, F.R.S., Mammals of Australia, Vol. II Plate 19, London, 1863, From: http://www.museum.vic.gov.au/bioinformatics/mammals/images/Hal_der2.htm

Marine and Freshwater Research



Volume 63 Number 1 2012

Includes: Riparian vegetation removal alters consumer-resource stoichiometry in an Australian Iowland stream, Contrasting behavioural responses of grazing mayflies and detritivorous caddisflies to predatory fish, A systematic evaluation of the incremental protection of broad-scale habitats at Ningaloo Reef, Western Australia, Climate variability of the Great Barrier Reef in relation to the tropical Pacific and El Niño-Southern Oscillation

and more.

How Green is a Spotted Gum when Wet?







What Does PNHA do?

On-ground bush regeneration. eg: Asparagus Fern Out Days

Activities: guided walks, bird-watching Quaterly informative newsletter, online or paper

fauna \$2.00

Members email group for leaset environmental news and events AGM with Guest Speaker

Free advice for members on managing gardens for Native Vegetation and fauna habitat Lobbies Pittwater Council and State Government on inappropriate management

practices and development

Provides support to Council for PNHA-approved grant applications for environmental projects Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rrp, attractive cards with photos of Pittwater scenes, flora and

Email: pnhainfo@gmail.com Or click on Logo to visit website. PROFILE

Think before you print; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document





Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks." from the Prayer of Saint Patrick

Coastal Environment Centre



winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December More at: http://www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

December Newsletter includes information on: - Kids on the Coast Holiday Program - Explore Pittwater by Kayak - Events, competitions and

activities; - Environmental projects and Bushcare Notices. HERE

PITTWATER COUNCIL



community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of

coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen. The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a \$50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar." "It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.

The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au



Pittwater Online News Front Page Profile of the Week Seniors Lvnda Hill Park Bench Philosophers History Youth Environment Food Community News Pictures News From our Inbox Books Events Artist of the Month Reflections Collector's Corner DIY Hints

January 15 - 21, 2012: Issue 41

Mum's Irish Whiskey or Brandy Bread Pudding with Brandy Sauce

When you have chooks that produce eggs faster then you can eat them, and an accumulating store of ends of bread, it's time to utilise these ingredients and turn them into a sweet treat. Brioche and the Italian panettone also make this into a more deluxe version. You can soak these more deluxe 'breads' with a bit of Cointreau for an alternative version. The Brandy Sauce, poured over the custard, with fresh whipped cream, will send up a glow not entirely attributed to the dessert being served warm. A great counteracting measure for the cool southerlies that have been blowing through this Summer. And of course...never say 'Diet'!

Ingredients

1/4 cup whiskey, rum or brandy 1/2 cup raisins

Mum's Brandy or Whiskey Sauce:

1 cup cream 1 cup sugar

4 egg yolks 125 grams of butter 2 tablespoons of Brandy

Bread Pudding:

4 cups day-old bread, brioche or panettone

1 1/2 cups whole milk

1/2 cups heavy cream

2 large eggs

3/4 cups sugar

1 tablespoon pure vanilla extract

1/8 teaspoon nutmeg

2 tablespoon unsalted butter

Directions

Heat brandy in a medium saucepan over medium-low heat until warm. Pour over raisins in a small bowl; let stand at least 1 hour.



To make Brandy sauce; cream together well the butter abd sugar. Add well beaten egg yolks and slightly warmed cream and beat well. Place mixture in top of boiler (double saucepan or dish over hot water) and cook, stirring, until constancy of thick cream; do not overcook or will curdle. Add Brandy and serve poured over cooked custard; may be served warm or cold.

Preheat oven to 180 degrees. Stir together bread, milk, and 1/2 cup cream in a large bowl. Whisk eggs, sugar and vanilla in a medium bowl; add to bread mixture. Stir in raisins and rum/brandy mix.

Melt butter in an 8-inch square baking dish in oven. Remove from oven, and swirl to coat bottom of dish. Pour in bread mixture, distributing raisins evenly. Sprinkle nutmeg over top. Bake until bread cubes are browned around edges and custard is cooked, about 35 minutes. Let cool completely on a wire rack or serve immediately with Brandy Sauce and whipped cream. Pure Yum!





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Something Old Something New Something Borrowed Something Blue: January's Cancer Full Moon

deal, Ivern Ball

Tis not the many oaths that make the truth; But the plain single vow, that is vow'd true. William Shakespeare

I dreamed of a wedding of elaborate elegance; a church filled with flowers and friends. I asked him what kind of wedding he wished for; he said one that would make me his wife. Anon

The curse which lies upon marriage is that too often the

Marriage is our last, best chance to grow up. Joseph Barth

individuals are joined in their weakness rather than in their strength - each asking from the other instead of finding pleasure in giving. Simone de Beauvoir MARRIAGE, n. The state or condition of a community consisting

of a master, a mistress, and two slaves, making in all, two. Ambrose Bierce

Marriage is a great institution, but I'm not ready for an institution. Mae West A good marriage is like a good trade. Each thinks he got the better

Occurring on January 9, the Cancer full Moon is an interesting one and one that brings up issues of relating and relationships. The Sabian Symbol is Cancer 19: A Fragile Miss, Representative Of Proud Old Blood, Is Wed In A Marriage Ceremony By A Priest To An Eager Youth Of The

New Order, or more simply, A Priest Performing a Marriage Ceremony. This Symbol speaks of commitments and unions between people that require the making of vows and promises. Although it obviously speaks very much about marriage, the theme does not have to be marriage in itself, it can speak of agreements between people,

contractual agreements all the way to verbal promises and commitments of the heart. From my book The Sabian Oracle: 360 Degrees Of Wisdom: A 'Marriage' of any kind can bring people together and produce

wonderful things as a result. There comes a time when the 'Old'

ways, ideas or behaviors need to be renewed with fresh 'Blood'. But the old ways should not be merely replaced by updated methods, but rather blended to attain the best of both worlds. The important thing is what this union can produce. This is the birth of something with potential for change, new ideas and new growth. There may be some problems in the early stages, as others may object to this 'Marriage'. The 'Eager Youth' may not immediately fit the stereotype of the 'Fragile Miss' family. Sometimes there's the fear of upsetting family by introducing new people or even new ideas. Every type of 'Marriage' needs to go through its ups and downs. Bridging generation gaps, altering prejudices, updating 'Old' ideas and breaking social rules can come as a result of any successful union. A simple expression of our heart and mind may be acknowledged in ritual performances or a 'Ceremony' of some kind. This may require a sanctification, or blessing, from a higher power or authority. **Keywords:** Wedding ceremonies. Sanctified unity. Expressions of loyalty and allegiance. Making sacred vows. Commitment to a

person or project. New ventures involving a lowering of accepted standards. Breaking social norms. Integration of heart and mind. Bridging generation gaps. Marriage guidance. Contracts signed and honored. Hand claspings. Hatch, match and dispatch ceremonies. Celebrants. **The Caution:** Rigidly following established rules at the expense of new ways that may have greater personal relevance. Forcing people to come together. Bondage to social expectations.

Arranged marriages. Taking risks with partners. Conforming to the expectations of others. So, while this Symbol speaks of 'Marriage', it also can bring up issues to do with commitments, yows and decisions about the future.

The Karmic Condition (the degree before) the full Moon is Cancer 18: A Hen Is Scratching For Her Chicks. This speaks of looking after youngsters or those who can't, or won't, look

after themselves. There may be a need to put one's needs aside in order to cater to others and to protect and nurture them. It's interesting to note that the marriage degree has the 'looking after the children' degree as the Karmic Condition. Keywords: Searching for sustenance. Being devoted to

nurturing small beginnings. Concern for the essential, small details. Repetitive cycles of things that have to be done. Being the "breadwinner". Doing one's duty. Being loaded with responsibility. Children. Progeny. Feeding others. Catering. Seeding ideas. Latch key children. Working long hours. The Caution: Pointless searching where there is no nourishment.

those who need it. Acting like a mother hen. No life of one's own. Becoming a martyr for others. Self-sacrifice. 'Scratching' for tiny rewards. Co dependence. Tiring responsibilities. The degree of the Sun at this full Moon is Capricorn 19: A

Fussing too much. Not letting people grow up. Neglecting to nourish

Child Of About Five Carrying A Huge Shopping Bag Filled With Groceries. Being exactly opposite the marriage degree, this can show the responsibilities inherent in having a family or having people who are dependent on you. It can also show single people who are by themselves, having to do everything and not having much help. The load can be onerous at times and there may be the

longing to have someone to share one's life with. This Symbol also speaks of youngsters that have too much responsibility to shoulder; having to carry the load for their parents perhaps, having to grow up too quickly or perhaps finding it difficult to pay the rent or the mortgage and keep up with their debts and the burdens they may be carrying. So, this full Moon is speaking about commitments, responsibilities, doing the chores, providing nourishment and shelter and issues to do with the heart. It's interesting to note that Saturn is in Libra, the sign that rules marriage. Saturn is on Libra 29: Mankind's Vast Enduring Effort For Knowledge Transferable From

Generation To Generation. This speaks about handing things down, passing on knowledge, possessions or whatever from generation to generation.

Keywords: Interpreting and conveying beliefs and ideas. The desire to pass on something to others. Handing down possessions or knowledge. Knowledge being changed, modified or updated. Teaching by example. The wisdom of the ancestors. Research into history. Striving for answers. Books and the spoken word. Encyclopedias and reference books. The gift of knowledge. **The Caution**: A belief that one knows it all. Information, knowledge

or riches inherited by only the select few. Reliance on tradition. Fundamentalism. Doing what's always been done, regardless of why. What is it that you're handing down? What are you passing on to others? Mercury is on a somewhat difficult degree - Capricorn 2:

to regroup after a difficult experience or life situation. There needs to be a redemption around the issue of love and trust in order to make the 'Three Stained-Glass Windows' whole and beautiful again. With Uranus exactly squaring Mercury, there can be some

be not very well thought through.

Damaged By War. This speaks of the need to regain wholeness -

things said, or thought, in haste, and decisions made can turn out to

Three Stained-Glass Windows In A Gothic Church, One

Keywords: Seeking sanctuary. Careless aggression where love should be. Religious or philosophical differences that spark off problems. Fears of being "under attack" whilst in the spotlight. Sorrow and despair over losses. Loss of faith. 'Windows' that are cracked, broken or shattered. Cracks and shattering. Rescue of endangered holy places. Loss of love through harsh circumstance. The need for repair. The Caution: Feeling disconnected from the reality of what's going on. Fearfulness OR fearlessness, when one should be careful.

Signs of rubble all around. Aggression between people. Burning

down churches. A lack of safe places. Being shell-shocked and

ravaged. Cold breezes entering sacred spaces. Psychological and emotional scars. Nowhere to run, nowhere to hide. This was the degree of Mars on 9/11 and I hope that Mercury being on this degree at this full Moon is not going to spark another problem. The war drums beating against Iran are particularly disturbing. I hope it's all bluster. Part of the issue with the

> windows being blown out is that many are wanting to do more with their lives, to

- Capricorn 3: The Human

write, paint, sing, have fun, express themselves. I say this because the degree following Mercury's degree is the degree of the solar eclipse new Moon that occurred smack on Christmas

Soul, In Its Eagerness For New Experiences, Seeks **Embodiment**. How are you embodying your talents, your abilities, your possibilities? I feel that directly after the full Moon that many are going to find a great push towards doing what they want and they could also easily find the vehicle to do it.

Uranus' message is to employ fun and humor and to not take

Entertaining A Group Of Friends. The trick here is to smile and

Venus is on Aquarius 24: A Man Turning His Back On His

Passions Teaches Deep Wisdom From His Experience. This

things too seriously. The Symbol is Aries 2: A Comedian

it is by doing this that the energy dissolves.

Symbol speaks about turning away from things that may have brought satisfaction, and perhaps fulfillment, in the past but are no longer useful or part of your journey forward. What do you need to turn away from in order to be more fulfilled or to find a greater sense of peace? Been there, done that, got the t-shirt. Anon

Keywords: Conquering one's base nature. Changing through maturing realizations. Learning lessons the hard way. Realizing it's time to let go of things that once mattered. Being an example so others may learn. Reforming one's ways. Dignity. Guidance. Turning around. Dropping the lower ego or society. Leading a monastic life. The Caution: Giving up on emotional growth. Being dissatisfied

things that are no longer worthwhile. Stubborn refusal to move forward. Misguiding others. Severe reactions. Just moments after the full Moon, Venus flips onto the next degree - Aquarius 25: A Butterfly With The Right Wing More

in one's life. Finding equilibrium is key to this.

Jupiter on this degree.

Perfectly Formed. This warns against losing one's balance, to not be flapping around and not getting anywhere because of imbalance

with life. Being forced to perform for another's benefit. Sticking to

Mars is soon to go retrograde and is slowly moving. It's on Virgo 22: A Royal Coat Of Arms Enriched With Precious Stones. This symbolizes the need, possibility or desire, of being enriched by one's sense of self, by one's heritage or standing in the community. With Mars here, there could be a feeling of having to do it all by one's self; to nurture and nourish a sense of royalty and pride

in one's self and your place in life, regardless of where you come from. The trick is to stay connected with your center and to give

yourself a sense of pride and place in the scheme of things.

Jupiter is on Taurus 1: A Clear Mountain Stream Flows Steadily Downstream which shows a sense of being in the stream, of flowing with the energies available to you, not fighting to row upstream or fighting the current, but being in the flow of things. A sense of having the current at your back can propel you forward towards your dreams with

Neptune is on the last degree of Aquarius as it is making its way into Pisces. The Symbol is Aquarius 30: Moonlit Fields, Once Babylon, Are Blooming White. It's interesting that this Symbol is highlighted as we go into 2012, with all the talk of the end of civilization as we know it. Of course, this was not about the end of the world, however, there is a big shift going on in the hearts and minds of many who want to create a better world. There is a sense of decay in this degree and remnants from the past may come up to be picked over. **Keywords:** Rewards coming through from past generations. The

feeling of ancestors surrounding one's present deeds. Alchemy.

Loss of ancient civilizations. Reverence for things from the past. The Middle East and all things middle-eastern. Belly-dancing. Rebirths of old civilizations. Grandeur. Seeds of the past becoming fruits of the present. Records. Fields that were once Avalon. **The Caution:** Disbelieving because there are no rational structures or support. Destroying ancient lands or monuments because of religious beliefs or greed. The devastation and ruin of Iraq in order for the modern world to succeed. Projecting the sins of the world

onto people or places that are foreign. Curiously, the idea of past civilizations and the continuing decay of our present civilization is shown through the Moon's north node on Sagittarius 14: A Vast Panorama Of Sand And Time Is Unfolding; The Pyramid And Sphinx In Their Glory Rise Before The Eye. This Symbol speaks of working hard at building something in your life, whether it's making money or

building a house, a home or an empire, it can feel like there's a lot of work and time involved. It can also show a situation where you're working hard at building someone else's empire while you're wondering where your rewards are. This is particularly true when one is working for a big company and getting little back from the effort. There's also a focus on history and the wonder of ancient lands and times.

keep a light-hearted mind. The Symbol is Capricorn 8: Birds In The House Singing Happily. **Keywords:** Being at one with everything. Tunes sung or whistled. The promise of contentment. Communal sharing and fun.

As with Uranus' message, Pluto seems to be suggesting to

Faith in the good things of life. Music. Instruments. Playing the piano. Singing. The radio. Chattering in the background. Entertaining others. Seeing the beauty in life. Reminding others of how life can be rewarding. The sound of voices. Birds. Positive thinking. The Caution: Idle chatter. Smug superiority and the feeling that

one has it all. Not seeing the happiness inherent in one's everyday life. Whining and complaining. Making a noise for the sake of it. Looking only at the difficulties one faces. Feeling caged in.Unable to fly when and where one wants to. Loneliness. Feeling abandoned by the good things.

My apologies that this newsletter is late getting to you. I had quite a number of challenging events during the last few weeks, but am

revelling in the fact that we're in a brand new year with brand new

Sending heartfelt wishes for a great 2012 to you all!

possibilities (as always!)

marked her 25th lecture tour of the States, in addition to the many lectures she has conducted for astrologers and the public througout Australia, England, Scotland, Wales, Ireland, Russia, South Africa, New Zealand and Canada. Lynda is the astrologer for Take Five Magazine, and writes astrological commentary for publications all over the world. She divides her time between Sydney's beautiful Northern Beaches and the World Heritage-listed Blue Mountains (when she's not travelling the world delivering lectures). To schedule a psychic astrology reading with Lynda

Avalon resident Lynda Hill, FAA Pract. Cert . has been a

professional astrologer for more than 18 years. 2010

What are the Sabian Symbols?

The ancients divided up the sky, just like any other circle, into 360 degrees. They assigned each of the 12 constellations

(star signs or zodiac signs) 30 degrees each: 12 times 30 =

360. The Sabian Symbols are a set of 360 phrases of words

that correspond with each of the 360 degrees of the wheel of

the zodiac, from Aries 1 to Pisces 30. Consisting from as

little as 2 words (Virgo 2: 'A Harem') to as many as 21

or to give feedback or ask questions,

please email her at sabiansymbols@gmail.com

words (Taurus 5: 'A Youthful Widow, Fresh and Soul-Cleansed From Grief, Kneels at an Open Grave to Receive the Secret of Eternal Life), each one of these Symbols holds both a story and a unique energy field of their own. These images hold meaning for those degrees of the signs. Although the Symbols have their foundations in astrology, absolutely no knowledge of astrology is needed to use them. The Sabian Symbols were given birth in San Diego, California, in 1925 by Marc Edmund Jones, a noted American astrologer and spiritualist and the gifted clairvoyant Elsie Wheeler. Jones was interested to find a set of word images to go with every degree of the zodiac. Elsie Wheeler was an extraordinary clairvoyant confined to a wheelchair for most of her life. Jones chose Elsie Wheeler as

his partner in this 'experiment' (as M.E. Jones called it) as she had a remarkable ability to "see" messages, images and symbols. She used this talent to help her clients, but was rather weary of the standard questions she received, such as "when will I be rich?" and "when will I meet the love of my life?" She was eager to take part as she believed that this was an opportunity to really contribute something to astrology. For more Information: click here



Details below: Times are crazy right now, eh? In fact, it seems to be times are always a bit crazy...do you need some help

price!

This is your opportunity to have Lynda read your chart.

coming up or how to get the most out of your life?

understanding yourself, your life, what's going on or what's

For many, there's a sense of a need for direction, also, many want a deeper look at their lives through the many lenses that the Sabian Symbols provide. With the economy being what it is, I realize a lot of people can't afford to get a full reading or don't have the time or the energy to schedule a phone

reading. These mini-readings are so easy. I have recently offered these readings and have had a huge response and fabulous feedback. A mini-reading works this way: I cast your chart and calculate what transits and progressions you're having. I analyse your chart, taking in what the Sabian Symbols reveal, along with the transits and progressions, and, using the Sabian Symbols, I can see many dimensions of what's going on for you. This reading gives you a far better understanding of your chart

along with what's been happening, what is presently going on and what's coming up. I then speak for 30 minutes into my voice recorder, recording my observations of your chart. I then upload the recording to the internet in Mp3 format and email you the link to it. You download the recording to your computer (this is very easily done) where you can listen to it easily, and in your own time. Listening to it more than once is recommended. Whether you are generally curious about your chart, looking for

greater self-awareness, wondering how long a bad patch will last or

and outlines your strengths and the areas you may need to work on,

empower you on many levels and can mark a major turning point in your life. The reading explores what's going on in your life, how your life is unfolding, your gifts along with your challenges, why you are going through certain situations or attract particular types of relationships. The Sabian Symbols reveal, brilliantly and amazingly, your spiritual

path and where you are headed. My readings are like no other as I

use the Symbols in my own unique and in-depth style in order to

seeking clarity on what your future holds, these readings can

draw together the pictures that colour your life and your destiny. If you know nothing at all about astrology, you'll see that astrology AND the Sabian Symbols are one of the best tools for self awareness, insight and discovery. If you are an astrologer or into astrology, this reading will open up new doors of perception and understanding about your life, and, will also show you how to see an astrology chart through the lens of the Symbols. You can also learn how to use the Symbols in your chart readings. The Symbols provide wonderful and valuable information that a normal astrology reading does not. The Symbols have their own lens into the world of astrology and their stories provide enormous depth.

price will not last long - I will soon be increasing it. Email me at sabiansymbols@gmail.com your date, time and place of birth (if you don't know your time of birth, don't be concerned I can still do a reading), along with an outline of your life and anything you wish to share with me. Don't be afraid to tell me some of your story;

it helps to have a dialogue. Also, please let me know your level of

I get a lot of requests for these types of readings, so get in quick! All

Pay \$125 (please note the Australian dollar is now about 6% more than the US dollar) through the Donate page. Please note that this

you need do is:

understanding of astrology as this will help me to frame the reading.

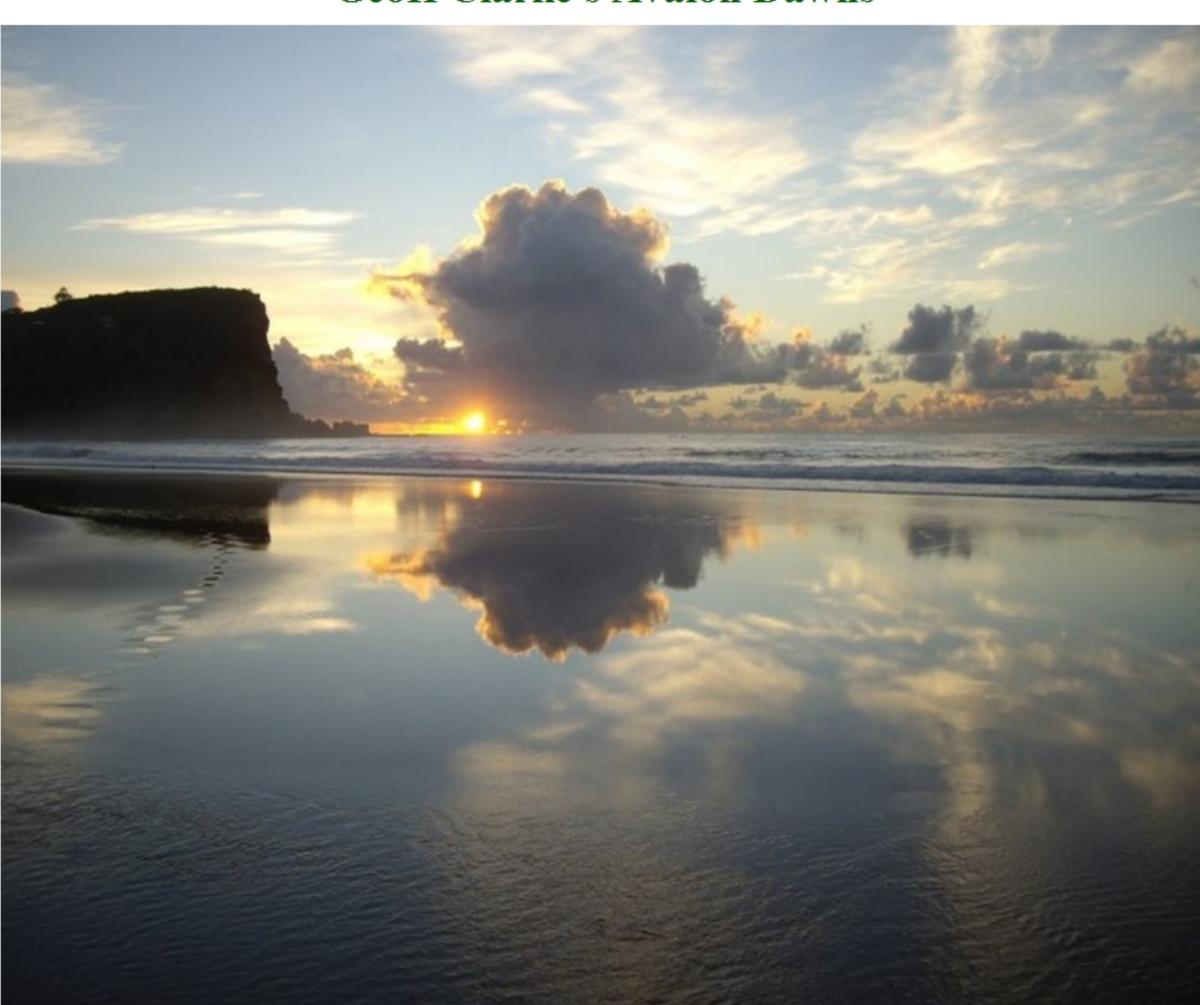


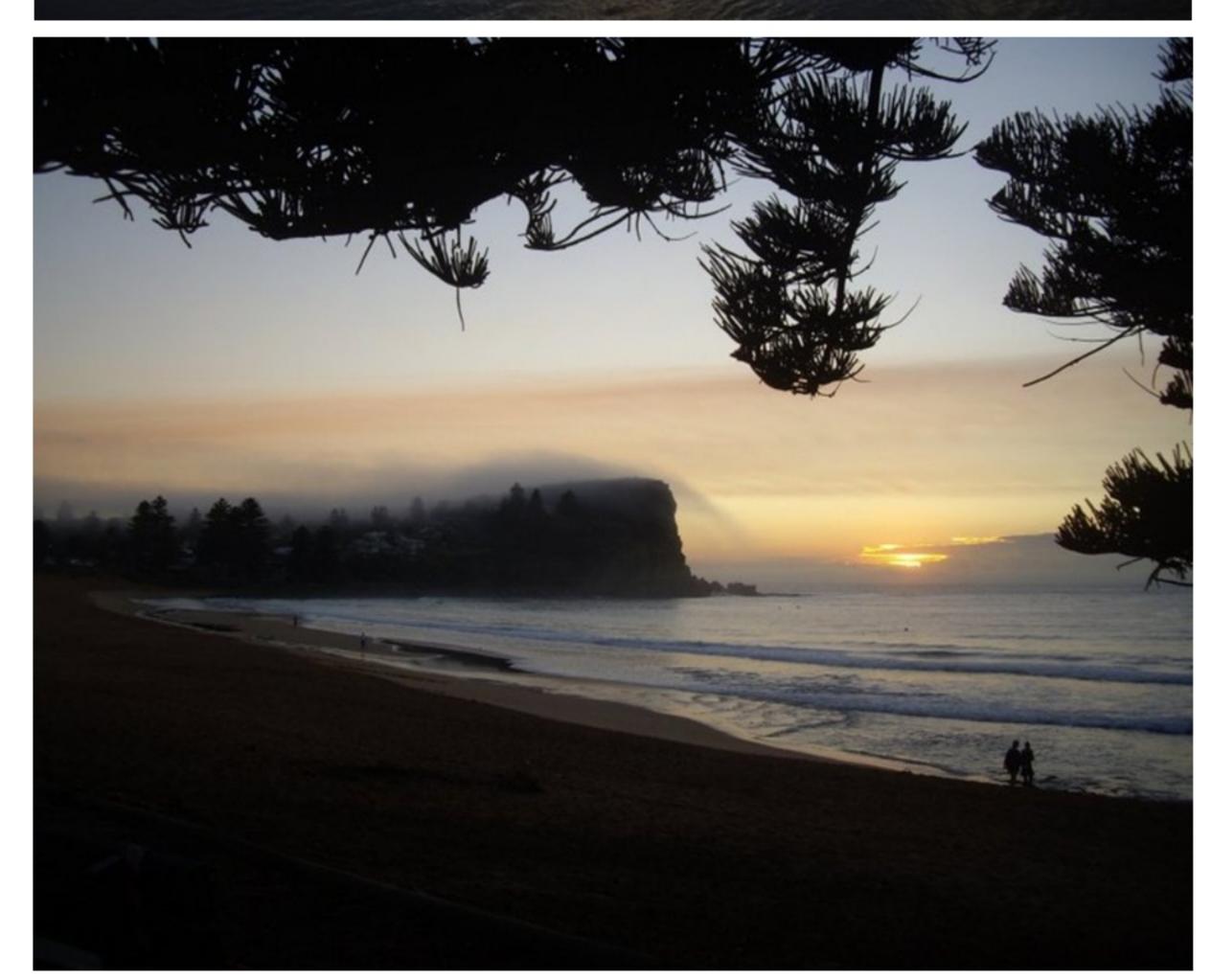
>> Tweet ☐ Like

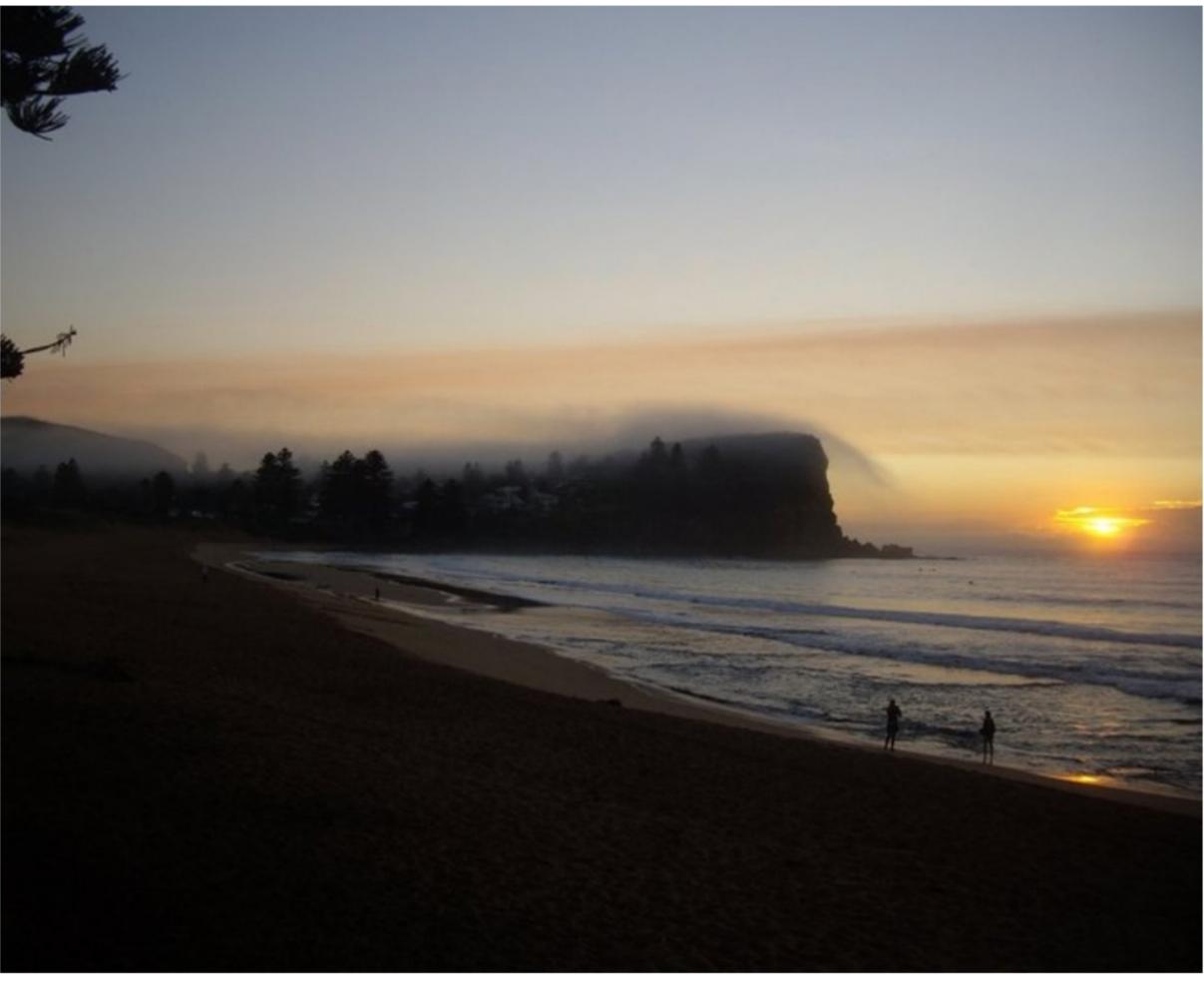
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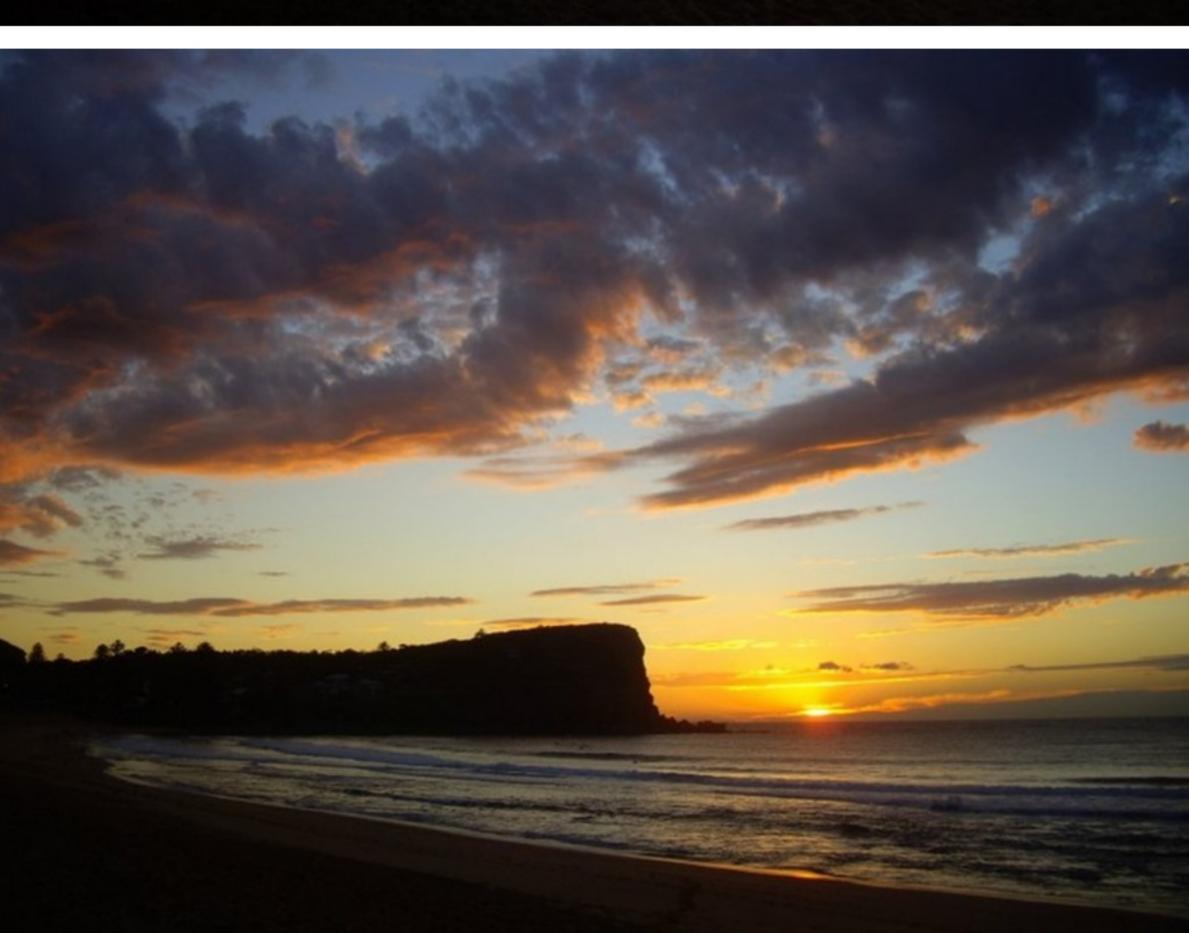
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Geoff Clarke's Avalon Dawns









Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Remusement:

Morning Glory - kind of clouds observed in the Gulf of Carpentaria in northern Australia



And then...



Betty Boop: The Old Man Of The Mountain (1933) Max Fleischer

Cab Calloway's orchestra performed all of the music in the film. Cab sang three songs (possibly written for the film?), and voiced all the characters except Betty, who was voiced by Mae Questel. He also provided the live action reference for the Old Man's dance routine in the cave scene. Max Fleischer invented the first device to enable the use of live action references in animation, which he named the Rotoscope, in 1915.

Before enforcement of the Hays Code began in 1934, Betty was styled as a "Jazz." Baby" flapper who looked and sang like Helen Kane and expressed the sexuality of Clara Bow. She had as a close friend and companion an anthropomorphic dog named Bimbo. Following enforcement of the Code, Betty became a domesticated single career girl, wore modest clothing, abandoned jazz and swing, and traded in Bimbo for a non-anthropomorphic dog named Pudgy. She also acquired a wholesome and fun-loving grandfather.



Internet Updates from Linked In

Google Merges Search and Google+ Into Social Media Juggernaut mashable.com - Starting tomorrow, Google+ members will be able to search against both the broader web and their own Google+ social graph.

This Sentence is the Best Definition of Entrepreneur Ever

inc.com - This classic 25-word definition pares entrepreneurship to its essence and explains why it's so hard. And so addictive.

This Is Generation Flux: Meet The Pioneers Of The New (And Chaotic) Frontier Of Business

fastcompany.com - The future of business is pure chaos. Here's how you can survive-and perhaps even thrive.

the Bridport Prize

poems-short stories-flash fiction

NEW CLOSING DATE: 31st May 2012

The Bridport Prize 2012 website is now open for entries The Bridport Prize is the richest open writing competition in the English language with £5000 first prize for a short story (of up to 5000 words); and £5000 first prize for a poem (of up to 42 lines). The category of Flash Fiction attracts £1,000 to be won for

the best short, short story of under 250 words. The Bridport is also known as a tremendous literary stepping-stone - the first step in the careers of writers such as: Kate Atkinson, Tobias Hill, Carol Ann Duffy and Helen

Anyone can enter - so long as the work is previously unpublished. It costs £8 per story, £7 per poem or £6 per flash fiction and the NEW closing date is 31st May 2012 Each year the prize is judged by well known writers - this year we are delighted to announce that Gwyneth Lewis will be judging the poetry, and Patrick Gale, the short stories and flash fiction

The 2011 anthology of winning entries is available for just £12 or £15 overseas (including postage and packing). The 2010 and 2009 anthologies are available in limited numbers for £7 and £5 (£10 and £8 overseas)

Enter online at: www.bridportprize.org.uk Or download an entry form: www.bridportprize.org.uk/entryform.pdf

Or email for a pdf entry form: frances@bridportprize.org.uk Or send an SAE for an entry form to be posted to you

The Bridport Prize PO Box 6910 Dorset DT6 9BQ UK

Links for cloud enthusiasts Cloud Appreciation Society:

http://cloudappreciationsociety.org/ Contact: Gavin Pretor-Pinney, e-mail gavin@cloudappreciationsociety.org



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Mclintock (1963)

Directed and Produced by Andrew McLaglen

This great comedy western stars John Wayne, Maureen O'Hara, Patrick Wayne, Stefanie Powers, Chill Wills, and Strother Marten. There is a hilarious mudhole fight scene at the end.



Jamaica Inn (1939)

Directed by Alfred Hitchcock

Set in Cornwall where the young orphan, Mary, is sent to live with Aunt Patience and Uncle Joss who are the landlords of the Jamaica Inn. Mary soon realizes that her uncle's inn is the base of a gang of pirates who lure ships to their doom on the rocky coast. The girl starts fearing for her life.

Stars: Charles Laughton, Maureen O'Hara and Leslie Banks Production Company: Mayflower Pictures Corporation Ltd.

Photo competition

The photographic competition for the 2013 Australian Weather Calendar began on 1 July 2011 and will close on 31 March 2012. Please visit the contest page before entering.

The Bureau of Meteorology and the Australian Meteorological and Oceanographic Society invites entries for the Australian Weather Calendar photographic competition. The contest for the 2013 calendar opened on 1 July 2011 and will close on 31 March 2012.

Entries must be of a meteorological theme, such as clouds, lightning, rainbows, thunderstorms or tornadoes. If the picture is from a digital camera, it must be a minimum size of 1700 x 1150 pixels. A 2-megapixel camera is the minimum requirement.

Entries must then be:

provided as photographic prints (minimum size 15 x 10 centimetres), accompanied by a completed entry form, including details of all digital alterations, accompanied by no more than 10 other entries per person, and posted to the Bureau of Meteorology at the address below. If a picture is shortlisted, the entrant must provide the image in its original format, whether that be negative, (35mm) transparency, or digital. Negatives and

transparencies will be returned by registered post. Winning photographers are awarded three complimentary calendars. No prizemoney is offered. All rights associated with the images are retained by the photographer.

Contact:

Mia Schoen, National Meteorological Library (Fridays only) tel: (03) 9669 4668, e-mail: librarypic@bom.gov.au from; http://www.bom.gov.au/calendar/contest/index.shtml

LAWYER'S ADVICE (NSW) - Protect Yourself from Fraud

A corporate LAWYER sent the following out to the employees in his company: 1. Next time you order cheques, have only your initials (instead of your first name) and surname put on them. If someone takes your cheque book, they will not know if you sign your cheques with just your initials or your first name, but your bank will know how you sign your cheques.

Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED". 3. When you are writing cheques to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your cheque as it passes through all the cheque processing channels won't have access to it.

4. Place your work phone number on your cheques instead of your home phone. If you have a PO Box, use that instead of your home address. If you do not have a PO Box, use your work address. Never have your Centrelink Number printed on your cheques. You can add it if it is necessary, but if you have it printed, anyone can get it. Run the contents of your wallet through a photocopy machine. Do both sides of each licence, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place (not your wallet). I also carry a photocopy of my passport when travelling either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards.

Critical information to limit the damage in case this happens to you or someone you know:

1. We have been told we should cancel our credit cards immediately, but the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them.

File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is one).

But here's what is perhaps most important of all: (I never even thought to do this.) Call the three national credit reporting organizations immediately to place a fraud alert on your Tax File Number your passport number and drivers licence number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorise new credit. Now, here are some numbers which you might need to contact if your wallet etc has been stolen:

- Visa Card Australia 1800 621 199
- Visa Card International 1800 450 346 Lost Travellers' Cheques - 1800 127 477
- MasterCard Australia (02) 9466 3700 MasterCard International - 1800 120 113
- Bankcard Australia (02) 9281 6633
- 7. Medicare 132 011 Centrelink Fraud - 137 230
- Seniors Card 1300 364 758 10. Passport - 131 232
- 11. ANZ FREECALL 1800 033 844 12. Bank West - 131 718
- 13. Citibank 132 484 14. Tamworth Coles/Myer Source -2340 1300 306 397
- 16. CUSCAL- MyCard 1300 135 538 17. GE Capital - 1300 369 904

15. Commonwealth - 132 221

- 18. Members Equity 1300 654 998
- 19. National 132 265 20. St George - 1800 028 208
- 21. SydneyVirgin 2000 1800 080 000 22. Westpac - 1800 230 144 23. Woolworths Ezy Banking - 137 288

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PITTWATER COUNCIL

Australia Day 26 January 2012 At Bert Payne Reserve, Newport Beach

7am until 10.45am

Activities will begin at 8.00am with the presentation of the Pittwater Australia Day Awards followed by inducting new citizens at our Citizenship Ceremony. There will be fun for all the family including face painting, thong throwing, a treasure hunt. Enjoy a hot breakfast with sausage & egg rolls, bacon & egg rolls and pancakes. All funds raised on the day will benefit local service organisations such as the Pittwater Rotary, Lions, Rural Fire Service and the SES.

Open Studio Saltwater Studio Cindy Goode Milman Ist Sunday of the month 21 Delecta Ave, Clareville cindy mmilman.com.au www.cindygoodemilman.com Narrabeen Lagoon free activities - bushwalks, Friends of kayak trips & tours Narrabeen Lagoon

Catchment

this beautiful part of Sydney. These activities are FREE but you must register in advance. Combined Bushwalk & Paddle – Sun Jan 29

A bushwalk in the morning led by Warringah Councillor Conny Harris, over the best tracks with views that will amaze and delight you, identifying flora and fauna along the way. Then BYO picnic lunch at Bilarong Reserve followed by a relaxed paddle around the

Friends of Narrabeen

Lagoon Catchment has

organised a series of spectacular

events to celebrate the wonders of

lagoon in the afternoon led by Friends president Tony Carr. You'll visit Deep Creek (over one third of Sydney's bird species make their home here), Jamieson Park and a lovely island in the lagoon. Kayak hire \$55 per person. Grade Medium. No previous kayaking experience required. Email tonycarr@ozemail.com.au or phone 0417 502 056. Cromer to Oxford Falls Bushwalk – Sun Feb 26 On this 4-hour walk, Councillor Conny Harris will take you to the most endangered

vegetation community in Warringah. See heart leaved stringybark and other flowers. Starts 8.30am. One way so carpool will be organised. Grade Medium, with some ups and downs. Phone 0432 643 295. Email conny.harris@warringah.nsw.gov.au Next Forum: What's In The Water?

Narrabeen Tramshed Pittwater Road, Narrabeen 7pm 27th February, 2012 What's in the water of Narrabeen Lagoon? How does it get there and what impact does it have? What creatures live in the water? Is the Lagoon being overfished? How important are the seagrass beds? What are the problems and how can they be managed?

These questions and more will be raised at this forum—come with your questions as Tag-along Tour – Sat Mar 5 Here's a great way to see the catchment if you are less mobile. You can drive or be driven around the catchment to see all the significant areas and learn about the issues, the threatened species and the campaign for Narrabeen State Park from Friends

committee member Jacqui Marlow. Meet 8.45am at the Tramshed carpark. Finishes at noon. Coffee afterwards. Phone 9913 8031. Email jacqui.marlow@gmail.com Narrabeen Lagoon Catchment traverse – Sat Mar 24 Councillor Conny Harris will lead this 4-hour bushwalk, starting at 10am from Deep Creek, proceeding into Garigal National Park and concluding at Oxford Falls. You'll

community. Share Conny's enthusiasm, enjoy great views and practice plant identification as you go. 4-hours, grade Medium. Meet 10am at Cromer Rd. Phone 0432. 643 295. Email conny.harris@warringah.nsw.gov.au REGISTER TO ATTEND - DON'T JUST TURN UP ON THE DAY. NUMBERS ARE LIMITED. Kayaks provided by an organisation independent of Friends Gone Fishing Gallery An Artist run initiative

1858 Pittwater Rd., Church Point January 2012 Feature Artist: Jan Melville Printmaker and book artist In September 2011, Jan Melville was artist-inresidence with The Sidney Nolan Trust in Herefordshire U.K. Her featured wall at the Gone Fishing Gallery, is "the owls" from the Manly Gallery Exhibition, and the owl "tylluan," printed at The Trust on Arthur Boyd's lithography press.

Email conny.harris@warringah.nsw.gov.au

Cromer Circle Bushwalk - Sun Apr 29

Jan will also exhibit a sculptural book installation "EPHEMERA." If you have ever wondered how book artists alter and fold books, here is the chance to see a work in progress for yourself. Jan will hold a 1-day book arts workshop in Bowral this month. Book arts workshop: Date: Tuesday, 24th January 10am - 4pm For bookings email: annieday@optusnet.com.au

Stop by in January to see works of our guest artist, photographer Jon Duhig. Jon's

Check out the smaller items still available at the gallery. There are books, including

Curlew and Water Access Only. We also have a range of cards produced by GFG artists.

Hoshin in the School Holidays! BULLYPROOFING #101

Hoshin runs some of Australia's best programs around the areas of Anti-Bullying and Child Protective Behaviour, and of course Jujutsu. We also run free kids programs twice

a year during the spring and summer school holidays. Our classes are fun, with a high

standard of discipline and respect. We do not gain respect with fear, we laugh, play

games and have fun, and learn about the important skills listed above through role

All of our adult instructors are police checked and hold senior first aid certificates.

of their excellent teaching and leadership skills. If you would like to know more about

what we do, the website is www.hoshin.com.au and there is an absolute plethora of

Start the school year with self reliance and respect for self and others! We will learn

valuable skills through playing games, theatre sports, drama, general discussions,

learning about child protective behaviours and more. Learn the most up to date anti

playing, telling stories and of course, martial arts skills.

and learn how to use our words to deal with bullies.

BULLYPROOFING #101 - Back to school skills!

information available.

photos capture the essence of offshore life in Pittwater, our surroundings and

We are a group of off-shore Pittwater artists

running our own gallery in the old Pasadena

restaurant thanks to Mary and Joe Romeo

Pittwater Mens Probus The Pittwater Mens Probus meets at the Mona Vale Golf Club on the second Tuesday of each month. Visitors are welcome at 10.30am. For more information call Bill Marshall 9918 0064 or Michael Mannington 9973 1624

Where: Bowral

Guest Artist

Small Gallery Items

Cost: \$85

community.

your "average" kind of martial art. We "treat each other with extra kindness", and respect and friendship are high on our list of priorities. Much emphasis is placed on the moral side of martial arts. Without a reason behind what we are studying, martial arts is just mindless violence. We run some of the best children's martial arts programs in the country, with attention to manners, good sportsmanship, responsibility, self esteem and trustworthiness.

- Back to school skills!

Hoshin is a street realistic style of jujutsu that has been running in Australia for many years. It is headed in the Australia-Pacific region by Sensei Rose Smith, 5th Dan and her very capable team

of instructors. Sensei Smith has been teaching for 20 years and

personal responsibility and good citizenship skills. Hoshin isn't

has inspired thousands of children to build their confidence,

bullying techniques and have confidence to deal with all the usual school term and social pressures. Do you and your child know about: * cyber bullying * exclusion & peer pressure * physical bullying * teasing & name calling * social survival skills * resilience & coping skills THEY CAN LEARN!! Its free and its fun! Enroll now! BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jutsu Australia Calling all little warriors!! Learn some great

new moves these school holidays. We will play games, learn some basic self defence

Date Saturday 21 January

Time 10am - 1pm

Age Strictly 6 to 12yrs Cost Free tuition (\$20 insurance fee)

Bookings 0413376356 or avalon@hoshin.com.au BIG APACHEE SOUTHERN CROSS TEN & REVERB MAGAZINE PRESENT:



PITTWATER COUNCIL

CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY

Children from 5 to 12 years of age are invited to free holiday craft sessions at Mona Vale

weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia

Library Manager Cathy Howie said there would be a wide range of activities to suit both boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with

paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added

To complement the craft sessions the library has a range of craft books available for loan

that will keep little hands busy at home over the holidays too. A detailed list of the

sensational summer holiday program for kids, with new extended hours from 9am to 4pm. Kids on the Coast offers healthy and fun outdoor activities for 5 to 12 year olds from Monday 9 January to Friday 20 January. The Council decided to extend the hours of the

"There are many new highlights including stand-up paddle boarding, a boardwalk birding adventure and how to become an eco-ranger," said the Council's Natural

For children aged eight years and over there is a chance to grab your camera and join a

photographic adventure, plus the ever-popular 'Fishing Clinic' run in partnership with the

NSW Department of Primary Industries. Mr Beharrell said the program encouraged children to explore beaches, rock platforms, headlands, bushland, wetlands and the

"Kids on the Coast is the ideal school holiday experience. The program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr

Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per

standard activities), which includes supervision between sessions (BYO lunch).

child per session, with full-day sessions available from 10am to 3pm at \$55 per child (for

Working parents who require extended care for their children can also take advantage of

program to ensure children with working parents do not miss out.

Environment & Education Manager Mark Beharrell.

Narrabeen Lagoon foreshore.

4th Feb 2012, 7:30am - 9:30am

What to bring:

bird identification book (optional)

The performance is pure charm for

adults and children alike"THE AGE

The Royal Botanic

Garden, Sydney

6 - 28 January 2012

A Glenn Elston Production

PACK A PICNIC, PACK THE KIDS AND ENJOY A BEAUTIFUL DAY OUT IN THE ROYAL BOTANIC GARDEN, SYDNEY!

www.shakespeareaustralia.com.au

entirely of endangered ecological communities.

Beharrell.

library this January. The free drop-in craft sessions will run from 11am until 1pm on

children's craft activities on offer will be available from Mona Vale Library early in January. All craft sessions are free and bookings are not required. For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona Vale. EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its

Day.

Mrs Howie.

a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The Fishing Clinic offers giveaways including a rod, reel, tackle box, hat and bag for the cost of \$40. The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at www.pittwater.nsw.gov.au/ceckids or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on 9970 1313 or email bianca springford@pittwater.nsw.gov.au

Eco Bird Walk

An early morning walk to view our beautiful Pittwater birdlife for World Wetlands Day.

Celebrate World Wetlands Day by joining us on a guided walk through Warriewood Wetlands, the largest remaining sand plain wetland in northern Sydney made up almost

Warriewood wetland is of regional conservation significance and is highly valued by the local community. It also provides very important habitat for a number of threatened species and migratory birds. Join our expert Eco Guide and Local Bird Expert & Enthusiast on a guided nature walk through this amazing natural environment, discovering and identifying the native bird species and local flora and fauna of the Warriewood wetland. Bookings are essential! (numbers will be strictly limited) Online: www.pittwater.nsw.gov.au/cec/bookings/community_events

By phone: 1300 000 CEC (232), For more information please call Bianca on 9970 1313

Suitable footwear (no thongs or crocs), water bottle, hat, appropriate clothing (for weather conditions) camera (optional), sunscreen, sunglasses (optional), binoculars (optional),

> "You'll love this production no matter what age you are!"

> > THE HERALD

Glenn Elston presents Kenneth Grahame's

where:

The Royal Botanic Garden, Sydney

Enter through any gate and make your

way to the Harbour side of the Main Pond

when:

6 - 28 January 2012 Tuesday - Saturday, 11am & 6pm

> No shows on 26 January bookings:

SINGLE TICKETS \$25

FAMILY OF FOUR \$90 Handling fee may apply

Please extend this invitation to all your family and friends to join us on this wonderful

guided walk along our local coastline. Children to be supervised by a parent or

accompanying adult. We look forward to seeing you there!

In person: Coastal Environment Centre, Lake Park Road, North Narrabeen

Directed by Marian Bragge

THURSDAY, 26 JANUARY, 2012 - SYDNEY SHOWGROUND Showground Road, Sydney Olympic Park. Gates open 11am. Tickets \$165 (incl GST) + bf*. Strict limit of 4 tickets per customer. Available from our website www.bigdayout.com and Ticketmaster (website only) www.ticketmaster.com.au

BDO 2012 is MA15. People under 15 should NOT purchase a ticket as they are not allowed into the event. For full show information and internet ticket bookings check out the website www.bigdayout.com *booking fees may vary pending on outlet & mode of purchase

MANLY WARRINGAH BASKETBALL

ASSOCIATION LIMITED ABN 18 003 482 835 P.O Box 396, Narrabeen, NSW 2101 (non Profit) SATURDAY AFTERNOON The Manly Warringah Basketball Association is holding basketball squad training & fun on Saturday afternoons, conducted at the Northern Beaches Indoor Sport Centre. The programme is on each Saturday during school term. There are three age groups Biddy Ball for ages 7 and under & Lightning League for ages 8 & over. Biddy Ball is 2.30 -3.30pm; Lightning League is 3.30-4.30pm. There is also an All Girls group for ages 8 and over 2.30-3.30pm. Suits beginners and players wanting to improve. COMPETITION DETAILS We run competitions for your age groups all year long. The competitions are in school year divisions. Competitions are played after school between 4.30-7pm most afternoons, Mondays year 3 & 4, Tuesdays year 5 & Wednesdays year 6. Beginner (Potter League) competitions on Tuesdays (year 1- 6) & Saturday afternoons (girls primary) & boys year 4,5 & 6. REPRESENTATIVE TRYOUTS This is a great way to get trained up by one of our qualified coaches to play against other associations from all over Sydney & NSW. Tryouts start in November on Sunday20th & 27th at NBISC. BRAD DALTON (DUAL OLYMPIAN) MWBA DEVELOPMENT Application Form Below: Saturday term 4.pdf Size: 112.863 Kb Type: pdf

Holiday Camp 2012.pdf

MCA

Size: 108.091 Kb

Type: pdf

RAFAEL LOZANO-HEMMER

prize of \$4,500.

northern areas.

sub-mission date is 31 May 2013.

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924 One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research. Membership at: here MANLY WARRINGAH BASKETBALL CAMP Mon 23rd, Tues 24th & Wed 25th January 2012 Session One 5-11 years 10.30am to 12.30pm Session Two 12-18 years 1:00pm to 3:00pm Venue: NBISC, Jackson Rd

Museum of Contemporary Art

December 16th 2011 - February 12th 2012

Rafael Lozano-Hemmer

RECORDERS

Be part of the art in this interactive exhibition of

light, image, sound and shadow-play by the

world's best known electronic artist. FREE;

Warriewood Special Guest Coaches, Professional coaching, Competitions with great prizes

This is a 3 day camp ONLY. Payments must be made prior to camp starting date:

Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW

2101. Fax: 99133644

Email: mwba@manlybasketball.com.au. Enquiries-99133622

◆REFRESH YOUR SKILLS ◆IMPROVE YOUR GAME◆HAVE SOME FUN◆

More Information

Hat

Peninsula Historian Newsletter of the Manly, Warringah & Pittwater Historical Society Inc. Compiled by Tony Dawson, Editor. THE NORTH SHORE HISTORICAL SOCIETY 2013 HISTORY PRIZE The NSHS History Prize is a biennial competition estab-lished by the Society to encourage historical research at the community level and, in particular, to seek out non-professional history enthusiasts who have a story to tell. First Prize is \$3,000,

Second Prize \$1,500 and Encouragement Prizes of \$1,500. The judges may recognise

The emphasis of entries is expected to be on the history of North Sydney or the Lower

areas is not precluded if there exist strong historical connections with the specified

Entries, which may be up to 50,000 words long and contain photographs, etc., may

cover subjects such as people, communities, events, organisations or build-ings.

Entries that combine text document and multi-media are permitted, such as MS Word

combined with MS PowerPoint. Entrants are required to submit in advance a written précis of their subject matter, the deadline for which is 31 May 2012. The full entry

To obtain details of the requirements of the Competition, as well as the NSHS Précis

an outstanding entry by combining the First and Second Prizes to give a total first

North Shore (including the areas bounded by Hunters Hill, Gladesville, Lane Cove, Willoughby, Northbridge and Mosman), although expansion of these geographical

100km teams of 4+ Blue Mountains. Walk the Jamison Valley, the Three Sisters, Mt Solitary... Your Team... wildendurance.org.au

toricalsociety@yahoo.com.au or NSHS History Prize, PO Box 399, North Sydney, NSW 2059. Established 1924 Patron: The Honourable Dr James Macken LLD President: Jim Boyce 0402 096 080 jimboyce37@gmail.com Secretary (Membership): Tony Dawson 9953 8374 dragdawson@hotmail.com

Manly, Warringah and PittwaterHistorical Society Inc. 100kms | 36hrs Team Challenge

and Entry forms, please contact the NSHS Secretary at: northshorehis-

IT'S FUN, IT'S WILD, IT'S UNFORGETTABLE! 50km teams of 3+ 50km relay teams of 6+ Come on an awesome adventure through the spectacular World Heritage sites of the

Blue Mountains 5-6 May 2012 Manly Art Gallery & Museum On the Beach: Gems from the Manly Art Gallery & Museum swimwear collection Exhibition dates: 2 September 2011 - 14 August 2012 An exhibition exploring Manly Art Gallery's unique collection of swimwear and beach paraphemalia. From the woollen 'neck to knee's' swimwear of Victorian and Edwardian era, to the skimpy 'itsy-bitsy' bikinis of the 60s.

Manly's collection documents the evolving fashions and styles of swimwear and our

Saltwater Freshwater

Saltwater Freshwater - Call for Stall Holders

It's not often you get a chance to combine a powerful discussion about skills, training and careers for Indigenous Australians with music, art

Why not host a stall? The organisers are calling on all crafters, foodies

and anyone who has ever wanted to run a stall to take advantage of the 5,000+ expected visitors who will flock to Queens Park on January

For more info call Jane Donovan on 02 6658 5995 or email

Festival

and culture - and all on Australia Day in Taree!

stallholders@saltwaterfreshwater.com.au.

changing relationship with the beach. Curated by Sarah Johnson.

You can do it! You'll love it and you'll never forget it!



price for older residents 24th Jan 2012, 9am - 12pm Central Road Avalon (under the Catholic Church) Avalon Computer Pals hold an information and registration day for their popular computer training courses. If you're an older resident, learn how to use

Skype, Facebook, Twitter and navigate your way around the internet. Training also in standard software such as Word and Excel. The joining fee is only \$25 plus \$30 per

See our Profile of the Week, a gent who attended a Seniors Computers Course and has gained new horizons by doing Rising Tides Art Exhibition Avalon Recreation Centre Four local artistis exhibit their latest work 6th to

Four local artists - Liz Perfect, Caroline Munro,

Kathryn Lynch and Cindy Goode Milman are exhibiting their latest work at the Avalon Recreation Centre. The exhibition will be open 10am-5pm each day until Jan 15 2012. Admission is free. Rowland Reserve, Bayview 31st Jan 2012, 6pm - 8pm

15th Jan

Pittwater Model Yacht Club sails radio control 1 metre vachts at Rowland Reserve, Bayview on

Pittwater Model Yacht Club Pittwater. All ages, sexes and wheelchair sailors welcome and compete on equal terms. At 6pm on Tuesday evenings during daylight saving

Thorne - Secretary via email cp.thorne@bigpond.com

course Info session on the 2012 Certificate III in IT Support at TAFE Northern Beaches Gawura Centre, Northern Beaches College of 154 Old Pittwater Road, Brookvale 2nd Feb 2012, 10am - 11am An info session on the 2012 course for women at TAFE Northern Beaches leading to a Certificate III in IT Support. This course run for two semesters and costs \$352. It will qualify you to work on an IT help desk, as a website coordinator, an IT project

time (starting back on 31 Jan 2012) Contact: Colin

Info session for women's computer

coordinator or in other IT support roles. Classes starts on 13 February three times Free entry to the info session. Enquiries: Peter Bush 9941 5387 or email Star Power? Elanora Players presents Curtain Up! a hilarious play by Peter Quilter, directed by Kerrie King.

> it back to life. They try various fund-raising schemes but their most ambitious is to hold a concert featuring a world-famous star. Their

theatre or will the audience lynch them instead? the driving force behind the plan to save the theatre. Dates: 13, 14, 19, 20, 21 January at 8pm and 14, 15, 21 January at 3pm Venue: Elanora Community Centre, 49A Kalang Road, Elanora Heights Tickets: \$22, \$20 concession, \$17 groups (10+)

plans go awry when the 'star' pulls out and has to be replaced by one of the group. Will they be able to pull it off and save the The wonderful cast features Wendy Starkie as the bitter Pam, the first wife who would rather walk away from it all and Wendy Knight the second wife who wants to hold on to the theatre. Audrey Harpur brings humour and fun to the role of the deceased's mother and Maureen Carr plays the sex mad punk Sharon. Sandra Muscat rounds out the cast as Theresa who despite tensions with her mother is

Curtain Up is the very funny story of a man who

posthumously leaves his dilapidated theatre to

the five women in his life. Despite the tensions

between the women they hatch a plan to bring

It would be no surprise to regular readers that we are huge fans of our own Mitchell Library, also called the State Library of NSW. Their online resources, huge wealth of literary works and catalogue of photographs are referred to and highlight small details of some of our history pages. As one of all NSW peoples resources or recourses to finding information their staff and shelves merit more praise then we could ascribe.

The Mitchell Library is also a place that seeks to engage and include the public in activities and events and learning how to use their resources. During January they

State Library of NSW

celebrating Henry Lawson's works, some unseen (or 'from the vault') and insights into Cricket, Dickens by people who are respected local and overseas aficionados for decades on their subject matter. Upcoming speakers include Sue Pieters Hawke, who will speak on her new book 'Hazel: My Mother's Story', Miriam Margoyles: 'Playing with Dickens', and Emeritus Professor Robert Clancy on the historical Antarctic maps. It's certainly worth considering as part of your next trip into the big smoke. A full listing of all events is available at: http://www.sl.nsw.gov.au/events/all_events.html

have regular storytelling as well as activities for children such as a

who bring you workshops for differing age groups in Vocal & Performance Coaching! Together Erana & Sam bring years of their professional experience in performing & coaching to you from around the world. It doesn't get any better than this!! They will impart their wisdom & skills to help bring out the very best in you on this journey of discovery! vocal & physical warm-ups breathing, pitch, tone, projection, harmony & listening skills vocal maintenance performance skills

A group song with soloists selected from the workshops will be recorded,

produced & mixed for you at the end of the course.

LIMITED PLACES AVAILABLE

Ages 9-12 & 13-16 4 day workshop 2011 Cost: \$400 Ages 9 - 12 & 13 - 16 5 day workshop 2012 Cost: \$500 5 day workshop 2012 Ages 13 - 16 & 17 - 20 Cost: \$500 (All food will be provided) Meshach Musik Studio, Dee Why, NSW (Northern Beaches) For more information or to book a place call 0401 343569 www.meshachmusik.com Avalon Beach Big Swim

1.5km swim around from the north to

the south of Avalon Beach

from North Avalon Beach at

15th Jan 2012, 10:30am - 12pm

10.30am.For more details: visit

Cost: Entry costs \$35 and starts

Registration at Warriewood Beach (8.30am-9.45am) NB: For online entries, we accept Mastercard and Visa. Attempts to enter using any other card will not succeed. Online entries close at 2pm, Saturday, January 21, 2012. http://www.oceanswims.com/images/downloads/monavaleef11.pdf Palm Beach to Whale Beach BIG SWIM Sunday January 29th, 2012

2012 will be the 38th year since the first group of intrepid

swim for Palm Beach to Whale Beach. THE BIG SWIM is

committed ocean swim tragics. It attracts swimmers from

now considered to be the essential swim to go in for

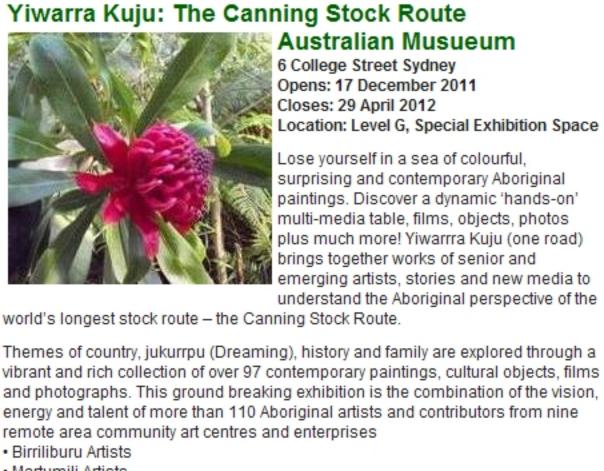
across Australia and across the World. Online Entry:

swimmers took on the challenge of an open ocean, journey

January 6th to 12th, 2012 11am - 6pm Opening night - Friday January 6th 5pm - 8pm Avalon Recreation Centre markrhodesartist@hotmail.com

In his new body of work Mark explores the implications of suggested narrative

PULSE



One of the many highlights of this exhibition is a large multimedia touch table that allows visitors to explore the connections between works of art, the people and the country. It is the first of its kind on this scale, with over 40 people able to access it simultaneously. What is the stock route road? The stock route first surveyed by Alfred Canning as a means to drive cattle from the station of the Kimberley to the markets in the south, runs nearly half the length of Western Australia and intersects the Countries of many Aboriginal language

groups. The construction and use of this route transformed the lives of the Aboriginal people in the region. This exhibition reveals the untold stories of the

Go on an interactive tour with an Aboriginal guide.

This groundbreaking exhibition is suitable for all ages and is an event not to be

Aboriginal people living near the Canning Stock Route.

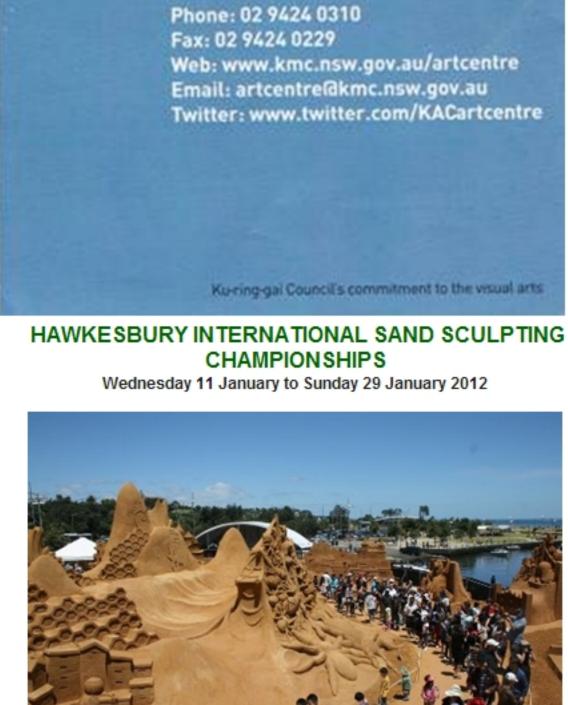
missed! Hurry, in Sydney for a limited time only.

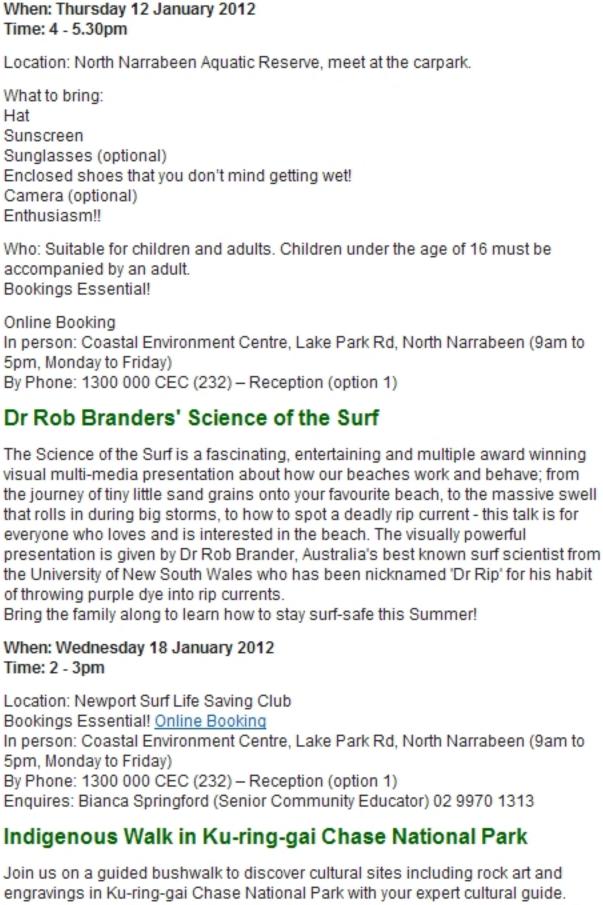
Admission prices (includes general admission)

Adult \$15

cardholders - \$1 · Free -under 5 years More at; http://australianmuseum.net.au/

teentr





4-29 January 2012 Tickets from \$27 Tumbalong Park, Darling Harbour www.circusoz.com/2012

Time: 2 - 3pm 5pm, Monday to Friday) When: Sunday 22 January 2012 Time: 9 -11am What to bring: Sunscreen Sunglasses (optional) Walking shoes Camera (optional) Enthusiasm! Reception (option 1)

Hat

Circus Oz

STEAM POR

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a week during school terms. NorthernBeaches.IT@tafensw.edu.au

explore some of the area's best bush tracks, visit the Deep Creek waterfall and identify flora and fauna. Grade Medium with some inclines. Carpool back. Phone 0432 243 295. Bookings: 9982 7364, elanora.bookings@bigpond.com or Councillor Conny Harris will take the group across Warringah's most special vegetation www.elanoraplayers.com

Jan 22 2012 Further, all instructors regardless of rank have undergone over 100 volunteer hours of Warriewood-Mona Vale Ocean Swim, 1.6km (10am) instruction per year under the direct instruction of Sensei Rose and you can be assured Don Jenkin Memorial Swim Enter online or on the beach on race day, but race day entries will attract a \$10 premium. Online entries will open later in 2011. Entry - \$30 online, \$40 on race day. 2.5 km

10 am at Palm Beach.

Mona Vale

www.avalonbeachslsc.com.au

Pulse - 101x70cm mixed media on canvas

within a landscape.

http://www.thebigswim.org.au/

world's longest stock route - the Canning Stock Route. remote area community art centres and enterprises Birriliburu Artists Martumili Artists Kayili Artists Papunya Tula Artists Mangkaja Arts Paruku Indigenous Protected Area Warlayirti Artists Yulparija Artists Ngurra Artists

 Concession \$10 Child (5 to 15 yrs) \$7 Family (2a +2 c) \$37 Family (1 a + 2 c) \$22 Extra child \$4 Australian Gov DVA Gold Cardholders and Blue Pensioner Concession

Semester 1, 2012 TERM 1 30 January - 31 March

TERM 2

23 April - 23 June

Bancroft Park

KU-RING-GAI ART CENTRE

3 Recreation Avenue

Roseville NSW 2069

Nestled on the banks of the magnificent Hawkesbury River and at the foot of the Blue Mountains, the historic town of Windsor is home to the Hawkesbury International Sand Sculpting Championships. For four days in January 2012, a dozen sand sculptors from Australia and around the world will compete to be crowned champion in the inaugural event to be held on the banks of the Hawkesbury River at Windsor's Howe Park. The winner will be announced on January 11th and the exhibition will continue through January 29, 2012. Ticket Prices: Adult A\$11.00 (Single adult attendee: \$11 inc GST, bus travel for 1 person and free Family A\$15.40 (Single adult with 1 child: \$15.40 inc GST, bus travel for 2 persons and free program, additional child \$4.40 inc gst) Family A\$19.80 (Single adult with 2 children: \$19.80 inc GST, bus travel for 3 persons and free program)

Family A\$22.00 (Family pass (2 adults, 2 children): \$22 inc GST, bus travel around

Child A\$4.40 (Children without corresponding adult (15 years and under): \$4.40

inc GST and bus travel for 1 child, no program) For further information, contact us

PICASSO

Art Gallery of New South Wales

November 12th 2011 - March 25th 2012

Book at: ticketek.com.au/picasso

the site for 4 persons and free program, additional child \$4.40 inc gst.)

on admin@sandstormevents.com.au

PICASS(Masterpieces from the Musée National Picasso, Paris Summerama Get amongst it on Sydney's coastline this summer, with over a hundred family-friendly Summerama activities on offer. From the beaches to the green headlands, the harbour's edge to the delicious blue shallows, Sydney's coastline welcomes you for Summerama 2012. Summerama is the Sydney Coastal Councils Group's (SCCG) Summer Activities Program, offering coastal activities for all ages throughout the month of * www.summerama.com.au * January in locations ranging from Pittwater to Sutherland. **Rock Platform Exploration** Bring the family and join us on a guided rock platform walk with local Marine

Expert, Phil Colman to discover the amazing biodiversity and intricate relationships

of life on intertidal rock platforms of the North Narrabeen Aquatic Reserve.

Learn about traditional native bush medicines and bush tucker, as you search for native animal tracks and the local wildlife on the bushwalk. Location: Basin Track, West Head Road, Ku-ring-gai Chase National Park - meet Who: Suitable for children and adults. Children under the age of 16 must be Online Booking In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen (9am to 5pm, Monday to Friday) By Phone: 1300 000 CEC (232) -Enquires: Bianca Springford (Senior Community Educator) 02 9970 1313 lizotte's 4/5 Pittwater Road, Dee Why www.lizottes.com.au Ph: 9984 9933 December: 10th: Mental As Anything, 14th: Sons Of Summer, 16th: The Beatnix, 17th: Bondi Cigars, 23rd; The Black Sorrows, January: 5th; Mark Seymour, 8th: Glenn Shorrock, 13th: 1927, MUSEUM OF SYDNEY until 18 March, 2012 Corner Phillip and Bridge Streets, Sydney Australian life.

at the start of the track (West Head Rd). accompanied by an adult. Bookings Essential! 28th: Brian Cadd & Russell Morris 20th & 21st: Ian Moss, 27th: Barry Leef

BRASSO

freedom and hedonism. Surfboards evolved from toothpicks to malibus and, eventually, to the revolutionary shortboards. Along the way, surfing merged seamlessly into mainstream Adult \$10 | Child/Concession \$5 | Family \$20 | Members free Open daily 9.30am - 5pm | Closed Good Friday and Christmas Day Talks After Noon A series of lectures from Museum curators, experts and special guests. Free with Museum entry. Click on logo for more details

The Surf City exhibition returns us to the beaches of the 1950s, 60s and 70s and shows how a scruffy bunch of kids on surfboards, hungry for social change, left an indelible mark on Sydney. Boardriders, shapers, writers, cultural stirrers and everyday waxheads with attitude and sun-tanned bodies shook up the conservative city and created a new culture of

Photography Workshop and Talks and Films for adults that range from ERANA CLARK The workshops will cover: building self-esteem & confidence!

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HOW FAR FROM SYDNEY? By George Repin

When Captain Arthur Phillip, the first Governor of New South Wales, set up the European settlement in Sydney Cove he pitched a portable "canvas house," brought with him on the First Fleet, near the original foreshore of what is now Circular Quay. It was on the eastern bank of an open stream, the Tank Stream, flowing to the Cove. For many months it served as his office and first Government House. The site was a triangular area responding to the natural topography of the shoreline and the Tank Stream.

Later Governor Phillip built the first permanent Government House further up the slope of what is now Bridge Street, on the corner of Phillip Street – the present location of the Museum of Sydney.

The triangular area, gazetted in 1810 as Macquarie Place, became the first and main town square of colonial Sydney and is the oldest town square in Australia. Governor Macquarie was responsible for its formal layout.

In 1818 Macquarie caused a sandstone obelisk to be erected in the centre of the park. The obelisk was designed by Francis Greenway who had been convicted for forgery and sentenced to death in England but whose sentence was commuted to transportation to New South Wales. Macquarie recognised his talents and appointed him as the first Colonial Architect. Greenway went on to provide Sydney with buildings which now are part of the city's heritage, such as the Hyde Park Barracks, St. James Church and the Conservatorium of Music (originally the stables of Government House). The stonemason was Edward Cureton using ashlar blocks of a fine grained white sandstone, not the mellow gold of yellowblock sandstone which is a feature of later significant colonial buildings. No other buildings exist where this sandstone was used.

The purpose of the obelisk was to mark the place from which all public roads were to be measured as the colony expanded into New South Wales. The places and distances inscribed on the obelisk show how small the colony was at the time – Bathurst, Windsor, Parramatta, Liverpool, South Head and the North Head of Botany Bay. It became the "zero point" in surveying, mapping and planning the expansion of the colony. Distances were recorded on milestones or other distance markers set on the sides of the roads as they were laid out. The traveller knew "how far he was from Sydney."

During the 1830's with the construction of Loftus Street Macquarie Place was reduced in size from a public square to a small park. The obelisk is now on the corner of Loftus Street.

Macquarie Place includes other interesting features. A cannon from

Sirius the flagship of the first fleet, originally brought to land as part of shore defences, and the ship's anchor salvaged after it was wrecked in 1770 on the coast of Norfolk Island were mounted in the park in 1907. A flamboyant Edwardian "public convenience" with



Art Nouveau detailing, closed in 1996 and filled below ground level, has been retained above ground and restored as a heritage relic.

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Top: The Macquarie Obelisk from Wikipedia, Above: The Anchor from HMS Sirius and Cannon from HMS Sirius By Julioren. Left: Plan of underground public toilet at Macquarie Place, Contributed by City of Sydney Archives [CRS 569/P425]

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September 21, 1915.

New Era Mfg. Co., Minneapolis, Minn.

Found, a long felt want in your new Rope machine. Worth its price many times a year around the farm. Yours very truly,

C. A. BERG,
Prop. of Lake-View Farm,
Willman Minn

Willmar, Minn. Breeder of Prize Winning Short Horn Cattle.

August 11, 1914.

This is to certify that the 170 feet of rope that E. J. Brown made for me to work on hay fork with the New Era Rope Machine, works better and handles lighter than any factory rope I ever used and I have been using rope for 45 years.

JAMES A. BROWN,

Eden Prairie, Minn,

Just fill out the order blank in this book, tear it out and send it to us with your personal check, postoffice order, express order, or bank draft, and we will ship the machine to you promptly, all charges prepaid.

> NEW ERA ROPE MACHINE CO., MINNEAPOLIS, MINN.

use, and not one complaint.

Rope Making on the OF Farm The New Era Does It

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New Era Rope Making Machine manufactured by A D Long 1911

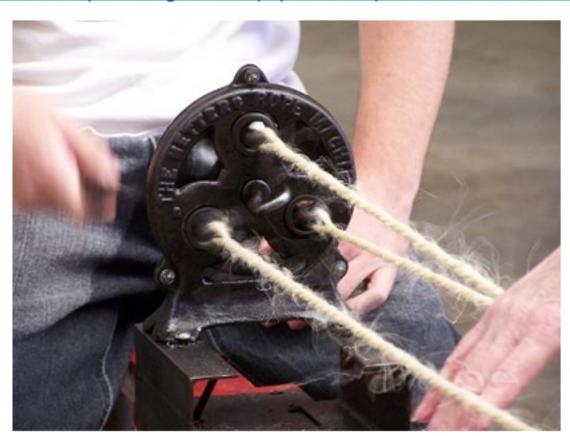
Evidence points to rope making in Europe at least 28 000 years ago with fossils in a cave at at Lascaux, dating to approximately 15,000 BC. Leonardo da Vinci, much later, drew sketches of a rope making machine but it was not until the early 18th century that these machines began to be built.

The New Era Rope Making machine, also called the 'Hawkeye', the one shown here, from Trevor's Museum was made by and Patented by A. D. Long of Fairfield, Iowa in 1911. In Australia identical contraptions were made by Metters Ltd an Adelaide company formed by Frederick Metters (1858–1937) in 1891, who also became famous for their range of cooking stoves, notably the 'Early Kooka'. The Metters one shown here is a 1928 version, made in Western Australia.

How to use a Rope Making Machine;

Twisted ropes are built up in three steps. First, fibres are gathered and spun into yarns. A number of these yarns are then formed into strands by twisting. The strands are then twisted together to lay the rope. The twist of the yarn is opposite to that of the strand, and that in turn is opposite to that of the rope. It is this counter-twist, introduced with each successive operation, which holds the final rope together as a stable, unified object.

Traditionally, a three strand laid rope is called a plain- or hawserlaid, a four strand rope is called shroud-laid, and a larger rope formed by counter-twisting three or more multi-strand ropes together is called cable-laid. From Rope. (2011, December 28). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Rope&oldid=468015650



Metters Photo: Rope making on a Metters Ltd Rope making machine made in Subiaco Western Australia 1928 purchase price in 1928 was twelve shillings six pence Date 17 April 2006, image by Gnangarra

Further

Original New Era Booklet on:

http://www.wctatel.net/web/equityrealty/NewEraRopeMaking.html

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January 2012 Specials in File



JBHandMitre10January2012Specials.pdf

Size: 841.461 Kb Type: pdf

Johnson Brothers Hardware and Mitre 10 have some great January specials that may inspire you to create a miniature Oasis in your own yard. Summertime is when our children love to 'camp out' and if they're within range of mum and dad the mischief may be kept to a minimum.

DIY Oasis

For a picnic on the lawn there is a great Blue and Orange Sunshelter which can also then be used for when you visit the beach. At dusk citronella candles may be lit in a perimeter around the oasis area to keep mozzies and other bugs at bay. If you're having an older peoples BBQ Bamboo Torches will light the way and give an authentic oasis feel to your garden surrounds.

There is a ceramic Pizza stone set for food everyone loves, Willow Eskys to keep cordial cold and a Blowmould table to serve it on. There are even children's plastic mould chairs for those who won't sit on a picnic rug.

The garden is the perfect recourse for end of summer days and Johnson Brothers Hardware and Mitre 10 at Avalon and Mona Vale stock a wide range of garden essentials to ensure your green area is welcoming and at its best. The Neta soaker hose and reel currently on sale will ensure no plant has to wilt.

Once you have everyone out of the house you may want to think about remodelling or updating the Kitchen. JBH and Mitre 10 have a great showroom at 7/51 Basset Street, Mona Vale store and expert staff to advise you on the best storage solutions for the kitchen. Their Straightline kitchens start from \$999.00.

Click on logo to visit their website

