Pittwater Online News

May 27 - June 2, 2012: Issue 60

Avalon Land Army Lady and Bilgola School Student attend Commemoration Service for Aboriginal and Torres Strait Islander Veterans - THE ANZAC MEMORIAL, HYDE PARK SOUTH - Friday, 25 May 2012

Above: Doreen Cherry, Oliver and Adrian Wyatt. Below: Mr David Williams with Digeridoo and Smoking Ceremony custodians.

Bilgola Plateau Primary School student Oliver Wyatt and dad Adrian accompanied Avalon lady, Doreen Cherry, who was representing the Land Army girls, in laying a wreath as part of the Commemoration Service for Aboriginal and Torres Strait Islander Veterans on Friday. Thirty other schools also attended to lay wreaths or to take part in the Service.

Mr David Williams, Master of Ceremonies, an indigenous Vietnam Veteran opened the proceedings by asking Uncle Allen Madden to give the Welcome to Country. Since we were all standing on Gadigal Land, a people of the Eora nation of the Sydney Basin, this gentleman welcomed us to this place by naming these people and spoke of their heritage and their related peoples adjoining these lands. A Traditional Smoking Ceremony (a cleansing ceremony) accompanied by didgeridoo began, joining all those gathered in a spirit that palpably felt as much like a celebration of our Indigenous peoples as it did a marking of acknowledgment towards all these who have served in Navy, Army and Air Forces. While the Smoking Ceremony weaved its way through and to every single person in the crowd Mr David Williams called to Mount Catafalque Party. Service personnel from all Defence Forces joined in this. A catafalque party is a guard of four service personnel who are posted by their commander as sentries at the four corners of the catafalque. They are posted facing outwards with their rifles reversed (reversed arms) to show that the dead are now at peace. A catafalque is a structure on which a coffin is drawn in a procession. It is usually symbolised when located near a memorial (a cenotaph), by a raised platform often made of stone. A cenotaph, or "empty tomb", is a monument erected in honour of a person or group of people whose remains are elsewhere and for service people, commemorates and is dedicated to the memories of groups of lost soldiers.

In his Introduction Mr David Williams reiterated that 'Education is the Key' needed for all Australians to understand that our Indigenous and Torres Strait Islander peoples have been serving in the Defence forces since 1899, commencing with the Boer War. Due to no records being kept, exactly how many have served is unknown. Fighting for Australia, beside their compatriots, in every conflict our nation has committed herself to, and not being recognised or acknowledged for each individual's contribution is beginning to be redressed. As Mr Williams so rightly stated 'bullets don't discriminate, only people do.'

The Prayer was Offered by Chaplain (SQNLDR) Mark Jenkins. A dance, performed by students from the Matraville Soldiers Settlement Public School, was made facing the Memorial Structure.

The address by a Veteran at the 6th Annual Commemoration Service for Aboriginal and Torres Strait Islander Veterans was given by Captain Chloe Dray of the Australian Army. A tall Queensland girl, who quietly ribbed all about the results of Wednesday's match (State of Origin) and commiserated by stating that 'things may improve' Captain Dray then turned her focus to the hundreds of children gathered. Although she was speaking to them, explaining her preference for the Army due to a kinship with the land when coming from a family that had chosen the Air Force in the generations prior to hers, Chloe's words resonated with all there. As Captain Dray so eloquently stated ***"It doesn't matter what race you are and what colour you are. When you're putting on the uniform we're all putting on the same green skin and we're all the same."***

Above: Allen Madden, Captain Chloe Dray, and lovely gent (?)

Captain Dray also had a special message for the children, telling them "*You can be and do anything you want*" she also wanted them all to remember to do five things: **1**. Get a good education,; stay in school, finish. **2**. Be healthy; join in sports, get in the fresh air. **3.** Get involved in Community; give something back and invest yourself and your time in those around you. **4.** Have someone to look to as a positive role model; learn how to become like them and dare to dream and strive to be better, to be positive. And finally **5.** Dream Big; you can be anything you want to be.

A resounding applause was her response from all those gathered. Mr David Williams reiterated her words, stating that *"all of the services are a 'Family for Life',"* and enrich those who dedicated themselves to this, whether it's serving in the Army, Navy or Air Force.

"The Defence Forces give you the education, manner and bearing to walk anywhere in the world, and in life, in a straight course, equipped with the integrity and intelligence you need to be what is known as the cream of the crop."

As our indigenous and torres Strait islanders include all four elements in their beliefs the first Wreath, floated by Community Elders Uncle Allen Madden and Aunty Sandra Lee, was placed in the Pool of remembrance. They were assisted by Students from Ultimo Public School and Our Lady of Mt Cannel Primary School, Waterloo.

The laying of wreaths at the Cenotpath followed, with Wreath Laying by: Sir Nicholas Shehadie, AC OBE, Mr Harry Allie (ATSIVSA) & Captain Chloe Dray, RSL State Vice-President Mr John Haines AM, The Hon Victor Dominello MP, The Hon Warren Snowdon MP and representatives from Malay, Papua New Guinea and all our Australian Services, including our Police Force, and Associations representatives.

Oliver accompanied Doreen, who has attended this Commemorative Service for all of its six years, in offering the tribute from the Land Army girls. Each school represented also offered a Wreath. After the Catafalque Party dismount, the children from the Matraville Soldiers Settlement Public School performed one last Traditional Dance.

When we spoke to Oliver after showing him around the Anzac Memorial at Hyde Park he stated that the best part of the day was laying the Wreath at the Cenotaph. He also enjoyed meeting and talking with the other children whether his size as the young ones we spoke to from Botany were, or the older lads from King's School who attended each Flag post. Oliver wants to be a policeman when he grows up so he will be "big and strong", and at 11, or as he states it "*11 and three quarters, almost 12*" is a fine young man with a gentle heart and clear insight.

The Service itself really did feel like a celebration as much as it did a commemoration and meeting such wonderful, warm and friendly people afterwards an honour and a privilege.

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Above: Oliver and Doreen after offering their wreath. Below: Catching up with others afterwards; every Service represented here.

Above: The Catafalque Party: AB Burnett (RAN), AB Cozen (RAN), Private Fitzpatrick (Army), AC Davison (RAF), LAC Standing (RAF), AC Ball (RAF).

Below: Oliver with students from St Ignatius school - Kingswood @ Penrith and Warrant Officer Class One Colin Watego who takes these boys on camps.

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May 27 - June 2, 2012: Issue 60

This Weeks Articles

Bilgola Student and Avalon lady attend Aboriginal and Torres Strait Islander Veterans 6th Annual Commemorative Service at Hyde Park

World Environment Day and World Oceans Day – 5th and 8th of June, 2012 – Glass or Plastic – *A Kiss to the Cheek of Mother Nature*

Bonus Pictorial with background History and extra Information to illustrate details: Bei Loon Dragon Boat Club's Bayview to Coal and Candle Creek practice of 20th of May, 2012; it's not just paddling !

Bei Loon 北龍 Dragon Boat Club

Profile: May 2012 Groups and Organisations: The Bei Loon Dragon Boat Club and the Pittwater Pinks; social, healthy, great exercise on the beautiful estuary, sporting in creed and physicality

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Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Populaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council Zonta Club of Northern Beaches Sydney Northern Beaches Symphonic Wind Ensemble

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History: Pittwater Gents with a love of flying: George Urquhart (Scotty) Allan, Palm Beachian, pioneer flyer and flying boats closes our Pittwater aviators month.

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry

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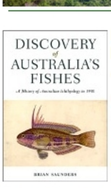
Park Bench Philosopher: **"IRONING" by Asahel Bush**



Books:**New works from locals and May Releases from HarperCollins and CSIRO by Australians**

Old Books:**A southern flight (1905)**, Frank Dempster Sherman, 1860-1916; Clinton Scollard, 1860-1932

Ancient Scottish poems (1770)by George Bannatyne, Sir David Dalrymple, William Dunbar, Robert Henryson

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Events: 150 years of Coopers; for lovers of beer, Marine Art & Wine Tasting, FoNLC Paddles and Walks, Bob Dylan Celebration at Opera House, Arctic 3d at Imax, Humph Hall is back, Guringai Fest. 2012, Mumpreneurs, June Speaker, Mayoral Walk, Bobby Sox Reunite for SurfAid Concert at Avalon RSL, Book Talk, Poetry and Playreading @ MV Library, Chicken Town! Poetry Comp. from PCA, Council Events and more.

News From our Inbox: **Angel 109** C/- Irene & John Anderson, Computer Upgrades Jocularity from W.A.G., CSIRO's part in the $2.5 billion Square Kilometre Array project and CAASTRO: the Centre of Excellence for All-sky Astrophysics, funded through the Australian Research Council + Videos this week for our May Australian Aviation focus: **Les Holden, Splendid Fellows (1934)Unusual aerial footage of Sydney, and a brief sighting of renowned aviator Kingsford Smith and Gliding from 1930's**

Community News: Belrose Country Music Club Celebrates 10 years today, Populaters in Avalon Bowlo this afternoon, Jane Rutter with NBO tickets now on sale, Film Report from Kath Moody, RMYC Marine Art and Car Show, Avalon Tattoo 2012, Bush Care Notices for May, Our Council's Notices, Fed. Govt. Media

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Environment; Free Screening of Bag It, World Environment and Ocean Days Sydney over the next 20 years; Have Your Say, June Breakfast with the Birds, Guringai Walk Celebration, Cooee May Issue, local Environment groups and orgs.

Lynda Hill: **Update 19.5.12**: Perceptions, Perspectives and Pointers: May's Gemini New Moon Eclipse

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Pictures: Birdland in bay, tree and creek this week, State of Origami or Oregano(?); a herbal paper-folding exercise where folk gather to yell, Early winter buds and flowerings, Pittwaterians doing their thing...The Dusk before Publish day photo this week is...

Youth: Heroes of the air – Interactive Learning Fun from The National Museum of Australia, Spellchecker not as good as a Dictionary, **Soul Classics II - The Tears of a Clown and Opera**, Federal Government Media Releases this week concerning YOU, Bilgola Student attends Commemorative Service at Hyde Park, **World Oceans Day 2012- theme is *Youth: the Next Wave for Change*, RMYC Marine Art Comp for YOU!**., **January 2013 Australian Youth Olympics Festival** + more

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Seniors; ***Dementia: A Public Health Priority*** Report by WHO(World Health Organisation); Dementia and Alzheimer's Disease; some facts, some figures and current preventative measures.**Internet Relay Calls** are free and for those who are deaf, have difficulty in hearing or speaking; **how to**, Summertime in Lapland, Only You, + link to Seniors Online Newspaper, Information and links to local Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: May 2012: N Evers shares some great photographs of Pittwater

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Reflections by George Repin. **This week; GLOUCESTER AND THE BARRINGTON TOPS**

DIY Hints: Plasterboard by Bruce Crutcher - editorial on the different kinds and their uses

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Collector's Corner: Porcelain Slippers; whimsies that began centuries ago and display craft, colour, delight the eyes of little girls and had a few uses for older girls too.

Food: It's been a bit Tasmanian this week; time to get out your stockpot and make a rib-sticking stew, with meat or without; this recipe shall keep the Antarctic breezes from your bones!

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An exhilarating morning was spent with the delightful people of the Bei Loon (Dragon Boat) Club and the Pittwater Pinks at Bayview on Sunday 25th of May 2012. Ensconced in the back of one of these long slim crafts was the best place to catch some of the technique involved and get some great pictures. The practice session went from Bayview to McCarr's creek for a lovely morning tea provided by the Pittwater Pinks (an annual thank-you) and back; a distance of 12km. Bei Loon Club Profile

A standard Dragon Boat team consists of 20 **paddlers**, a **sweep** and a **drummer**. The Drummer: *The pulsation of the drum beats produced by the drummer may be considered the "heartbeat" of the dragon boat. The drummer leads the paddlers throughout a race using the rhythmic drum beat to indicate the frequency and synchronicity of all the paddlers' strokes (that is, the cadence, picking up or accelerating the pace, slowing the rate, etc.) The drummer may issue commands to the crew through a combination of hand signals and voice calls, and also generally exhorts the crew to perform at their peak. A drummer is mandatory during racing events, but if he or she is not present during training, it is typical for the sweep to direct the crew.*

History

Similar to outrigger canoe (va'a) racing but unlike competitive rowing and canoe racing, dragon boating has a rich fabric of ancient ceremonial, ritualistic and religious traditions. In other words, the modern competitive aspect is but one small part of this complex of water craftsmanship. The use of dragon boats for racing and dragons are believed by scholars, sinologists and anthropologists - for example George Worcester, authoritative author of 'Junks and Sampans of the Yangtze River' - to have originated in southern central China more than 2,500 years ago, in Dongting Lake and along the banks of such iconic rivers as the Chang Jiang, also known as Yangtze (that is, during the same era when the games of ancient Greece were being established at Olympia). Dragon boat racing as the basis for annual water rituals and festival celebrations, and for the traditional veneration of the Asian dragon water deity, has been practiced continuously since this period. The celebration is an important part of ancient agricultural Chinese society, celebrating the summer rice planting. Dragon boat racing activity historically was situated in the Chinese sub-continent's southern-central "rice bowl": where there were rice paddies, so were there dragon boats.

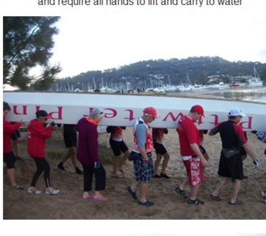
The other main legend concerns the poignant saga of a Chinese court official named Qu Yuan, also phoneticised Ch'u Yuen. It is said that he lived in the pre-imperial Warring States period (475-221 BC). During this time the area today known as central China was divided into seven main states or kingdoms battling among themselves for supremacy with unprecedented heights of military intrigue. This was at the conclusion of the Zhou (Chou) Dynasty, which is regarded as China's classical age during which Confucius (Kongfuzi) lived. Qu Yuan is popularly regarded as a minister in one of the Warring State governments, the southern state of Chu (present day Hunan and Hubei provinces), a champion of political loyalty and integrity, and eager to maintain the Chu state's autonomy and hegemony. In the year 278 B.C., upon learning of the upcoming devastation of his state from invasion by a neighbouring Warring State (Qin in particular), Qu is said to have waded into the Miluo river which drains into Dongting Hu (lake) in today's Hunan Province—near the provincial capital city of Changsha and south of the city of Yueyang on Donting Hu, site of the first IDBF World Dragon Boat Championship in 1996—holding a great rock in order to commit ritual suicide as a form of protest against the corruption of the era.

The common people, upon learning of his suicide, rushed out on the water in their fishing boats to the middle of the river and tried desperately to save Qu Yuan. They beat drums and splashed the water with their paddles in order to keep the fish and evil spirits from his body. Later on, they scattered rice into the water to prevent him from suffering hunger. Another belief is that the people scattered rice to feed the fish, in order to prevent the fishes from devouring the poet's body.

However, late one night, the spirit of Qu Yuan appeared before his friends (that is, he resurrected from the dead) and told them that the rice meant for him was being intercepted by a huge river dragon. He asked his friends to wrap their rice into three-cornered silk packages to ward off the dragon. This has been a traditional food ever since known as zongzi or sticky rice wrapped in leaves, although they are wrapped in leaves instead of silk. In commemoration of Qu Yuan it is said, people hold dragon boat races annually on the day of his death.

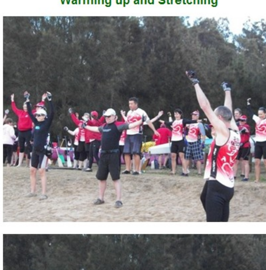
Dragon boat Drummer and History. (2012, May 24). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Dragon_boat&oldid=494088089

Carrying to Water: dragon boats for 20 can weigh 500 pounds and require all hands to lift and carry to water



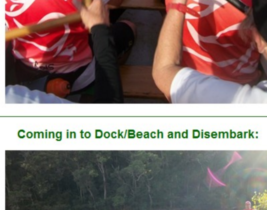
Next:

Warming up and Stretching

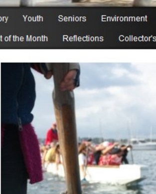


The Sweep keeps the boat straight; required when racing in competitions where each boat has a lane. This shows the straight line of the Pittwater Pinks boat when entering Coal and Candle Creek last Sunday, 20th of May

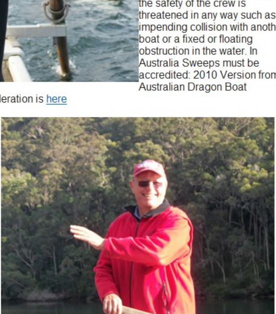
Coming in to Dock/Beach and Disembark:



Mascot: Bundy who will add an extra 'Woof' but only when Glenn yells 'go!' not when anyone states this start remark. In his lifejacket, with handle, owned by Robyn (sweep) & Greame Sheather (Champion), Great Grand Masters

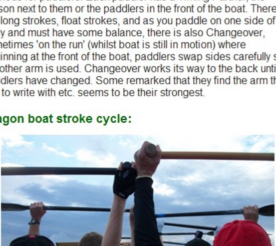


Sweeps: The direction of the dragon boat is set by the sweep (steerer/helm). The sweep is the only person in the boat who is able to control the boat looking forward (the drummer is seated facing backward) he or she has the obligation to override the caller at any time during a race (or the coach during practice) if the safety of the crew is threatened in any way such as an impending collision with another boat or a fixed or floating obstruction in the water. In Australia Sweeps must be accredited: 2010 Version from Australian Dragon Boat Federation is here



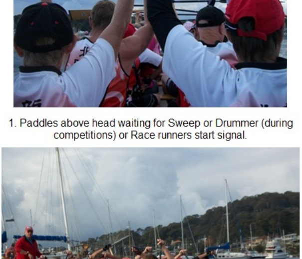
Paddles and Oars: The paddle now accepted by the world racing federation has a standardised, fixed blade surface area and distinctive shape derived from the paddle shapes characteristic of the Zhu Jiang (Pearl River) delta region of Guangdong Province, China, close to where Hong Kong is situated. The PS202 pattern blade has straight flared edges and circular arced shoulders based geometrically on an equilateral triangle shape positioned between the blade face and the neck of the shaft.

The sweep, known also as the steersman controls the dragon boat with a sweep oar rigged at the rear of the boat, generally on the side and off centre, which is used both for ruddering as well as for sweeping the stern sidewards. The word "starboard" is Scandinavian in origin and refers to the wooden board for steer (ing), that is, the sweep oar.



Paddling: Glenn Smyth, originator of the Bei Loon Club, kept emphasising on Sunday that ***Base Training is the Basis of everything you do*** while reiterating the different strokes and methods for paddlers. Each paddler has a Timing Partner, the person next to them or the paddlers in the front of the boat. There are long strokes, float strokes, and as you paddle on one side of the body and must have some balance, there is also Changeover, sometimes 'on the run' (whilst boat is still in motion) where beginning at the front of the boat, paddlers swap sides carefully so the other arm is used. Changeover works its way to the back until all paddlers have changed. Some remarked that they find the arm they use to write with etc. seems to be their strongest.

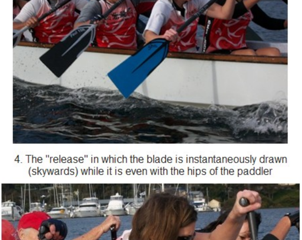
Dragon boat stroke cycle:



1. Paddles above head waiting for Sweep or Drummer (during competitions) or Race runners start signal.

2. The "reach and catch" begins the cycle

3. The powerful "pull" stage sustains the forward momentum of the boat; the paddle is pulled backwards.

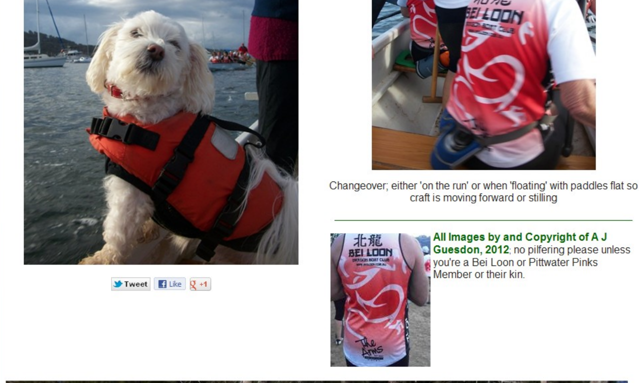


4. The "release" in which the blade is instantaneously drawn (skywards) while it is even with the hips of the paddler

5. The "recovery" is the final stage of the stroke and consists of the rotation of the torso with the forward repositioning of the blade thrust forward into the optimal catch.

Floating: paddles lifted out or laid flat on water surface for rest from paddling, slowing craft to a smooth glide to do a changeover or when coming into dock/beach

Changeover; either 'on the run' or when 'floating' with paddles flat so craft is moving forward or stilling



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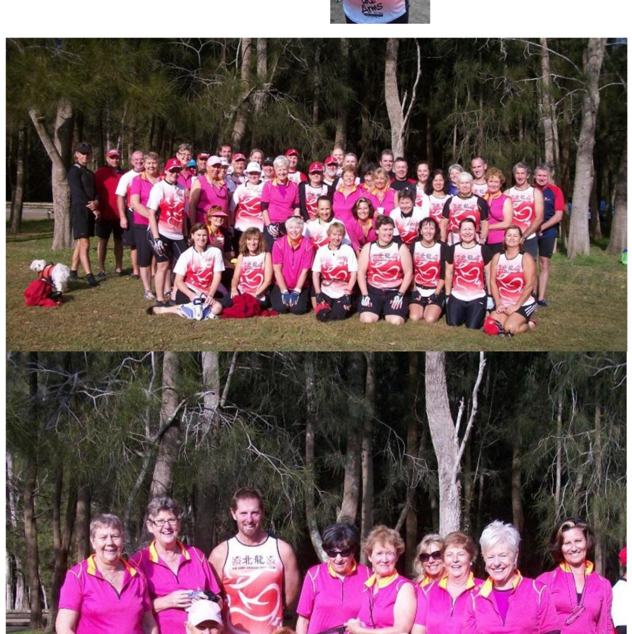

Top: everybody that was there from Bei Loon Dragon Boat Club, Sunday May 25th, 2012. Above: The Pittwater Pinks girls with Glenn Smyth.

Above: spot the legends. Below: Landing again at Rowland Reserve, Bayview and putting the boats away; team effort.

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World Ocean day - Glass is for life.

Glass if Life: Glass is a big deal for Céline Cousteau. Céline knows that Glass loves the sea, and that as a relative of Jacques Cousteau, the sea is important to her. Because Glass doesn't contain the same damaging chemicals as plastic, and can be easily recycled glass is much better for the sea, and the environment at large.

UNEP

WORLD ENVIRONMENT DAY | 05 JUNE

Green Economy: Does it include you?

World Environment Day was established by the United Nations in 1972 to stimulate worldwide awareness of the environment and encourage political attention and action. This year is the 40th anniversary. The 2012 theme for World Environment Day is *Green Economy: Does it include you?*

Practically speaking, a Green Economy is one whose growth in income and employment is driven by public and private investments that reduce carbon emissions and pollution, enhance energy and resource efficiency, and prevent the loss of biodiversity and ecosystem services. These investments need to be catalyzed and supported by targeted public expenditure, policy reforms and regulation changes.

The UN Environment Programme defines the Green Economy as one that results in improved human well-being and social equity, while significantly reducing environmental risks and ecological scarcities. In its simplest expression, a green economy can be thought of as one which is low carbon, resource efficient and socially inclusive.

WEAR BLUE TUE TWO WORLDOCEANSDAY.ORG

World Oceans Day - 8th of June, 2012

A Celebration of where we all came from. More at : http://worldoceansday.org/

Above: Plastic high tide, South Avalon 24.5.2012. Below: Bicycle thieves depository also at South Avalon, not art either, 24.5.2012.

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World Environment Day and World Oceans Day – 5th and 8th of June, 2012 – Glass or Plastic – A Kiss to the Cheek of Mother Nature

Remember when milk used to come in a bottle, with an inch of cream of top, and you would wash these 600ml, or one pint bottles, and return them so they could be filled with untainted, un-cream-removed milk again. Remember when you received back 2 or 5 cents for your soft drink bottles and the enterprising among us gained large bags of lollies as proof of a little hard work? This was, apart from the purity and higher quality of the product within the glass, environmental friendliness. Unfortunately some 'advances in technology', thought and attitudes have proved themselves to be the opposite. We may have gone backwards in our striving to go forwards, and even though we know how to redress these mistakes, and put back into the earth what shall enrich it, and seek to modify all pollutants and polluters of all air and waterways, one of our biggest stranglers of forward motion in a clean and green way, that will ensure those at knee height also get to gaze upwards at tall tall trees once fully grown, is to restore glass bottles and do away with plastic.

This would seem to fit the 2012 theme for World Environment Day is 'Green Economy: Does it include you?' as not only can we not afford to persist in a head in the sand attitude, or a bit of nose lifting because we're carrying a plastic bottle of water, these pellets of death are so costly to manufacture, so costly to transport, so costly to clean up that if their relative price tag equalled what they really cost we'd all be better off swimming in champagne financially speaking. Whole circle thinking; holistic, holism, call it what you will, is common sense really, and returning to the farm, or returning enough of the farm to urban settings to ensure they too have their kneebone connected to their thighbone, or their worm farm connected to their earth plot.

To lovers of our oceans 'glassy' is a term applied to waves and the ocean when surf is without a ripple and looks like glass. Nowadays, in the estuary's tide marks and along the rock platforms, where the highest tide again meets its perimeter of cliff and sandstone, a residue of plastic bottles and plastic bottle caps accumulates. Some of these are soft drink, most are water bottles or 'spring' water plastic tubes.

Relative of Jacques Cousteau, Céline, is one of the current proponents for a 'Glass is Life' Campaign which seeks to turn back the tide, no pun intended, on this break in real cycles and holistic circles. Glass is made from a mixture of sand and silica (SiO_2), sodium carbonate (Na_2CO_3)

limestone ($CaCO_3$) and magnesium carbonate ($MgCO_3$).

Plastic bottles are made mostly from petroleum and as the world is currently waist deep at least, in producing 110 million tons in 2009, with a conservatively estimated 100 millions tons of plastic debris floating around in our oceans, we are producing our own worst ever oil slick. If you were to fill one quarter of a plastic water bottle with oil, you would be looking at roughly the amount used to produce that bottle.

In 2009 both Pepsi (1st) and Coca-cola, who produce 42% + of Australia's plastic bottled water, developed a product that incorporated some of the surface materials of the planet: Traditional PET bottles are made from petroleum, a non-renewable resource. The new bottle is made from a blend of petroleum-based materials and up to 30 percent plant-based materials. From: HERE

Sounds a bit like a bionic man; "*you can be 30% real if you like!*" or the equivalent of what percentage of our own organic forms is water!

Plastic production is estimated to use 8 percent of yearly global oil production (Columbia University, January, 2012). In 2006, six years ago, The Earth Policy Institute estimated the energy used to pump, process, transport and refrigerate bottled water is over 50 million barrels of oil annually; Earth Policy Institute: Bottled Water: Pouring Resources Down the Drain; Emily Arnold and Janet Larsen; February 2006

Unfortunately, despite the 100% recycling aspect that touts these bottles as 'best', only 15-35% of plastic bottles do make their way into recycling facilities. Plastic bottles take, at least, hundreds of years to decay, although some sources state it may be 1000 years. You could apply this 'recycling' statistic to glass as well since apathy and laziness seems to grip so many humans in their being-ness but glass will not break down in a way that mangles the surface of the earth as it stems from there, not underground as a 'blood' of the earth, to begin with.

The discarded plastic bottles that don't make their way into landfills are being found in the ocean and along its fringes as you can see from the photo taken at Avalon on Thursday (24.5.2012). So much is in the ocean a term for this, *the Great Pacific Garbage Patch* has been coined and Pittwater Council and the Coastal Environment Centre are offering a free screening of the documentary '**Bag It**' on Friday 8th of June which will give you an indepth view of this anti-wonderland. World Oceans Day is celebrated on the 8th of June.

The proliferation of plastics in the world's oceans poses a serious threat to many marine organisms, and some scientists are concerned that, rather than breaking down entirely, plastics actually break down into very small segments which could potentially be consumed by microscopic organisms.

This could have serious environmental repercussions, as such organisms are not equipped to digest plastics. Therefore they could die in mass numbers, or be consumed by animals higher up the food chain. This could potentially cause such predator organisms to accumulate a variety of the hazardous substances used inplastic production, leading to a breakdown in the health of the world's oceans as well as impacting the health of animals (including humans) which use these organisms as a source of food. From; http://www.wisegeek.com/what-is-the-life-cycle-of-a-plastic-bottle.htm

If we want clean waves, if we don't want to be ingesting tiny shards of plastic with our food and look forward to the resulting health dilemmas as a consequence, if you want to take your children for a walk along the shore to look at what's in the rock pools rather then cart back large bags of pollutants, then we must plot away again and restore a real whole cycle and whole circle and purchase glass bottles and a juicer...

Yes, the garbage found at Avalon was collected once again, and for the 32nd year running, placed in plastic bags also found on the rocks, and taken to bins.

Alternative use for all that Plastic:

The Earth Institute, Columbia University (USA): What Happens to All That Plastic? by Renee Cho. January 2012. At:

http://blogs.ei.columbia.edu/2012/01/31/what-happens-to-all-that-plastic/

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Above: How clean is your ocean? 24.5.2012. Below: Rock platforms photograph by Adrian Boddy. All Rights Reserved.

Pittwater Online News

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Aviation This Week:

Bilgola Student and Aviation Icon attend Aboriginal and Torres Strait Islander Aviation Day - Bilgola student Ashleigh Cummings and Aviation Icon Ms Ruth Cooper

Royal Commission Day and World Oceans Day - 5th and 8th of June - Bilgola Student Ashleigh Cummings and Aviation Icon Ms Ruth Cooper

Bilgola Celebration Pictorial with background histories and extra photos - Bilgola student

2 Bar Loop Division Draft Club's Beamer to Coast and Cancle Cup Division of Bilgola Plateau - BYC Club President Ian Cooper

Profiling Ethel Wade, Mon 20th May 2013 Groups and Organisations, The Ku-ring-gai Chorale Club and Pittwater Probus Club, Family, social, health, group exercise on the beautiful ocean, sporting or creed and community

Profiling Ethel Wade, Mon 20th May 2013 Groups and Organisations Michael Cornelius Mayor, Palm Beacher, pioneer flyer and flying boats chosen for Mayoral Flight - Michael Cornelius

Profiling Ethel Wade, Mon 20th May 2013 Groups and Organisations, Ethel Wade, Ethel Wade, pioneer flyer and flying boats chosen for Mayoral Flight - Ethel Wade

Pittwater Probus, Mon 20th May 2013 Groups and Organisations, Probus, Probus, Probus in free and social, State of Origins or Origets, 1970's, a Tasman project, fishing exercise, Early entries Beverage, Fun Day, Mon 20th May 2013 Groups and Organisations, Probus, Probus, Probus

Audacious Cup Regatta - Audacious Cup Regatta - Audacious Cup Regatta - Only actual value and have been collected for centuries

Bilgola Student attends Commemorative Service in Hyde Park

Bilgola Plateau Primary School student Oliver Stuart represented Bilgola Plateau Primary School at the Commemorative Service in Hyde Park and Oliver Stuart believes it was a fantastic day and he spent it with Crown Prince, Land Army girls. 3d other schools attended. Story is on Page 3 of Issue 39

FLIP SCREENING THE MONDAY TIDE' and ELSEWHERE with PYIL SCREENING of the CARTOON – Kate Sadler

Jon Dunbar reviewing the movie 'The Monday Tide' at Avalon International and Avalon Baptist Church screened the film 'The Monday Tide' and Kate Sadler, Director of the film, was there to answer questions and have a great time. Film made entirely by students and showed on Kate Sadler film in Kirribah Ave. already been screened at Avalon Baptist Church and Kate Sadler's film was shot in Avalon and Newport and Kate Sadler's film was shot in Avalon and Newport and Kate Sadler's film was shot in Avalon and Newport

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"IRONING"

The dumbest things ever done were done by smart people.
The best advice comes from people who are less happy than we are.
The instinctual behaviour we don't like in people has mostly been taught.
People who can't love are chicken sh*t.
Universities dwell on the complex and ignore the simple.
Nations are often less civilised then tribes.
We criticise others for faults we have.
IQ is based on having a high number rather then not being dumb.
We emphasise differences and forget similarities.
Evolution has produced average, not high, intelligence.
We put ourselves in danger with the sciences, while the humanities are lacking.
We take bad news collected daily from seven billion people as if it were from our neighbourhood.
Killing by groups is brave, when killing by individuals is murder.
In politics, each side considerers themselves correct, yet they hold little in common.
Our population and civilization forms a blight, but we dwell on patching the environment.
We say other people are out there when were out to get them.
People, who lack adversity in their lives, turn on each other.
We condemn our heroes to failure because we expect them to be Gods.
Women beat their chest because men beat their chest, and men beat their chest because they are women.
We treat children as inferior because we have inferiority complexes from our childhood.
Most of what we call reality is arbitrary.
We have conquered air, earth, fire and water but don't understand ourselves.
We idolize science but can't change what we find.
If the right and the left don't get it right, neither will be left to disagree.
We use ideology to justify bombing people.
Our advertising fuels our wants beyond our needs.
Our institutions are sacred until they change, and then the new ones are sacred.

Do you do your own ironing or send it out?
Asahel Bush

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Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1500.

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Above: The Pittwater Pinks back from practice session. Below: Glenn Smyth.

The Arms
EST.1980
NEWPORT HOTEL

"Newport Arms has been a proud sponsor of the Bei Loon Dragon Boat Club for many years now. We have found the club to be one of the most passionate sporting clubs around and it is full of energetic people that love life! They are also keen racers and have a trophy cabinet full of achievements that any club would be envious of ", Cameron Bayfield, Marketing Manager

Newport Arms Website: www.newportarms.com.au/

Tweet Like +1

Copyright Bei Loon Dragon Boat Club, 2012. All Rights Reserved. All Images by A.J. Guesdon.

Bei Loon Dragon Boat Club

Bei Loon 北龍 Dragon Boat Club

Last Sunday morning the wonderful members of the Bei Loon Dragon Boat Club and the Pittwater Pinks at Bayview treated us to one of their practice sessions. You can see the fun and find out more about some of the history and details of dragon boat racing (what's a Sweep, what are the strokes etc.) in our celebratory Pictorial of these folk. Dragon boat racing is an ancient team sport and its current Pittwater group is not only a great way to get exercise there's also a social and health restoring aspects too. As Jenny, one of the Pittwater Pinks girls told us, Bei Loon and dragon boat exercise as a sport promotes a "***Strong Mind and Strong Body***", the two equal and create each other.

The Bei Loon Dragon Boat Club in Bayview train from Rowland Reserve every Sunday morning at 8am. The Dragon Boat club is sponsored by the Newport Arms Hotel (Also known to the club as the ultimate club house). Bei Loon (Chinese for Northern Dragons) is made up of several teams from Premiers 18+ to Masters 40+, Grandmasters 50+, Great Grandmasters 60+ and a team for Breast Cancer Survivors called Pittwater Pinks. The Pittwater Pinks stem from a now worldwide phenomenon of Pink Lady dragonboat teams that began with Dr. Don MacKenzie, a British Columbia exercise physiologist who found that women facing the challenge of breast cancer benefit from exercise during and after their treatment, particularly upper body exercises.

In the Bei Loon club no experience is necessary for new paddlers as the club trains everyone from scratch, but it is always a bonus if you have a sense of humour. New members are always welcome. The racing season runs from September to April but the club is open all year round. (although training over winter is a little more social than during the summer racing season). The club has held many titles from State to National Champions but still remains one of the friendliest Dragon Boat clubs in Australia.

For more details the club, their website is www.beiloon.com.au or Phone 9982 8000. New members are welcome to just pop down and try the sport out any Sunday at 8am. Just wear shorts and a Tee shirt and bring a water bottle. Training paddle and boats are all supplied.

The club runs two Twilight sprint races each year for local novice corporate and School teams. The races are in December and February. If your company or school is looking for an adrenalin fun team building activity, then log onto their website for more details.

If you like travelling you will love Bei Loon, every year the club travels overseas to locations like NZ and Hawaii. All trips are optional but highly recommended.

How did the Bei Loon Dragon Boat Club begin ?

Bei Loon was started by Wendy and Glenn Smyth (Head Coach) as a small group of family and friends (20 members) back in 2004 but grew to over 200 members 3 years later.

You have teams in ages beginning from 18+, who do they compete against ?

The club enters race days once a month over summer and enters around 15 teams each race day. We race in divisions based on age. Premiers 18-30 years Masters 40+, Grandmasters 50+ and the Pittwater Pinks who are breast cancer survivors. There is a under 23 division but at this stage the club does not have members under 18. We do however encourage complete teams from schools to join us (with teacher or parent supervision).

The Club has held many titles in State and National Championships, could you give us some examples of these ?

The Bei Loon Dragon Boat Club dominates the Masters division in NSW and has won many titles at State and National level mostly in the Masters Mixed, Women's and Men's divisions. The club has competed at National level in Perth 2009, Caloundra QLD 2010, Adelaide 2011, Melbourne 2012 and in 2013 will compete at Penrith in Sydney. The most memorable National event would have to be Caloundra. The club had 125 participants make the trip (100 paddlers and 25 supporters). We packed out an entire camping ground and holiday units in the one street. It was like moving a small army. We came away with Gold and Silver medals every day of the 4 day event.

The Pittwater Pinks is for Breast Cancer Survivors. How do they help/empower or heal those who join them ?

The Pittwater Pinks are a fantastic group of ladies who get out on the water and enjoy life after cancer. They don't dwell on the past but make the most of their new future. A lot of the survivors have never been involved in group sports before let alone ongoing physical activity but it doesn't take them long to catch the dragon boating bug and build up their fitness and friendships. The Pittwater Pinks have many events off the water as well which helps with the camaraderie. They compete as a team on race days and sometimes also join Bei Loon in the mainstream boats.

What is the Club's favourite place/s in Pittwater and why ?

The clubs favourite place in Pittwater has to be the Newport Arms Hotel. Not only are they a great sponsor but they allow us to use their wonderful premises as a club house. On the water, the club paddles to McCarr's Creek, and sometimes around Scotland Island if the weather is good. Some members also do a practice run to and from Lion Island on occasion.

What is the Club's 'motto for life' or a favourite phrase it tries to live by?

The clubs moto is "Do your best for your team mates". P&P - Paddle and party.

Travel

The Club has a RTP - Regular Travel Programme. We love to travel. This year the club are off to Hawaii, but we regualry travel to New Zealand to paddle in the Wellington Dragon Boat Festival www.dragonboat.org.nz which Bei Loon Founder Wendy Smyth runs.

Events run in Pittwater by Bei Loon

In conjunction with the Newport Arms Hotel, Tooheys New and Wild Oats Wine the club runs a Twilight Racing series every year. This is for local northern beaches companies, schools and groups of friends to enter. Teams race in the Bay over a sprint 150 metres. Its a great team building exercise and open to any type of team. Entry forms can be found on www.beiloon.com.au

Corporate Days: The Bei Loon Dragon Boat Club run corporate days and can cater for up to 120 people. Boats, paddles, life vests, Boat steerers, coaches and lunch or dinner are all supplied. Phone 9982 8000 for more details.

We thank Wendy Smyth and Head Coach Glenn Smyth for their assistance in putting this insight together and all the lads and lasses we met for filling in the blanks and for the rush it was to be in one of their boats. Great fun, great people!

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Portrait of Captain George 'Scotty' Allan in Royal Air Force uniform, 1918, nla.pic-vn4925609, Courtesy of the National Library of Australia, 18 years if age!

Below: Ailsa Allan's lithograph 'Pittwater' from 1937, Courtesy State Library of NSW and Below this: George 'Scotty' Allan, in centre, watching Charles Kingsford-Smith, on left, shaking hands with James 'Jimmy' Mollison, ca. 1930, nla.pic-vn4925810

Above: Scotty Allan, Charles Ulm, P.G. Taylor and J.A.W. Edwards in front of **Faith in Australia**, Avro X monoplane VH-UXX at Heston Aerodrome, England, 25 July 1933, nla.pic-vn3930851, Courtesy National Library of Australia.

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George Urquhart (Scotty) Allan

2 February 1900 - 27 January 1974

George Urquhart Allan was born in Bellshill (Forgandenny), Scotland. At 17 years of age, in 1917, he joined the Royal Flying Corps and served on the Western Front. He served in the 71 Sqn RFC and 11, 47, 58 Sqns RAF. Allan continued his service with the RAF after the war and served in the Middle East. In 1929 he was recruited by Charles Ulm as a pilot, emigrated to Australia to take up a position with Charles Kingsford Smith and Ulm's Australian National Airways. In this company he was highly regarded for his skills flying their Avro X aircraft. He flew on the first airmail flights from Sydney to Brisbane with Charles Kingsford-Smith and from Sydney to Melbourne with Pat Hall. Following the collapse of ANA in 1931, Allan acted as co-pilot to both Kingsford Smith and Ulm on various long distance flights. In 1933 he flew with Ulm and P.G. Taylor on the record-breaking flight from England to Australia in *Faith in Australia*. In October 1934 he joined QQANTAS on the DH86 service between Brisbane and Singapore, this time flying DH86 aircraft. During this period he also worked as a flight instructor and trained a keen aviator, Dr Lee Brown, a surgeon in partnership with famous surgeon and urologist Robert Gordon Craig, and daughter of this gent and Dr Lee's wife, Ailsa Craig, also a keen aviator, and artist. Dr Brown died in 1934 when he crashed his self-piloted biplane on a Botany Bay beach. He was 39.

In 1935 Ailsa and George married at COONABARABRAN, living in Brisbane for two years due to his work commitments then moving home to Palm Beach, where the Craigs had a house on 'Pill Hill' as it was then dubbed.

Mrs. G. U. Allan, who is the wife of Captain Allan, the well known aviator on the Singapore route, has since her marriage been residing in Ascot, Brisbane, but has now decided to make her home in Sydney. She intends to refurnish and redecorate the house at Palm Beach, which was the seaside home of her parents, the late Dr. Gordon Craig and Mrs. Craig. A Few Lines to Say. (1937, April 17). The Courier-Mail(Brisbane, Qld. : 1933 - 1954), p. 27. Retrieved from http://nla.gov.au/nla.news-article36887917

In 1938 Captain Allan went to England to study flying-boat techniques and returned to Sydney in the flying boat *Coolangatta*. His home base during these years was Palm Beach:

Mrs J P Chambers, of Melbourne who is spending a holiday at Palm Beach with her sister, Mrs G U Allan, gave a luncheon at Prince's yesterday. Her guests were Captain and Mrs Allan, Mrs James Dickson and Mi John McDonnell of Brisbane Mr McDonnell is also a guest of Mrs Allan at Palm Beach. SOCIAL AND PERSONAL. —. (**1940, January 25**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 20. Retrieved from http://nla.gov.au/nla.news-article17669557

In 1941 Allan was a member of the Qantas crew which brought flying boats from San Diego to Sydney for the RAAF. During 1941 Allan was seconded to the RAAF in the 23 Sqn as Wing-Commander and was C.O. of various stations including Rathmines on Lake Macquarie, where he trained Catalina crews, and No. 1 Flying Boat Repair Depot at Lake Boga.

In 1943 Ailsa died in a traffic accident as she returned home from volunteer coast-watching for Japanese warships at Palm Beach. Some sources state she was struck by a bicycle. She died at Palm Beach and was interred at Manly.

ALLAN.-On February 9, at Palm Beach(as the result of an accident), Ailsa, beloved wife of Wing-Commander G. U. Allan, A.F.C., and sister of Mrs. J. F. Chambers, Toorak. Privately cremated. Family Notices. (**1943, February 12**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article17836678

In 1944, whilst serving in England 'Scotty' met and married Barbara Millbourne;

AIRMAN'S WIFE FROM ENGLAND: Mrs. G. U. Allan, wife of the famous aviator, Captain "Scotty" Allan, arrived yesterday from England by Qantas flying-boat. As the guest of Mrs. Gordon Craig, of Palm Beach, Mrs. Allan expects to stay indefinitely in Australia.

Captain Allan, who is with Qantas in Los Angeles, California, is expected to return to Sydney in two on three months' time. Before their marriage in England last year, Mrs. Allan was Miss Barbara Millbourn, daughter of Mr. and Mrs. Robert Millbourn, of Purley, England. AIRMAN'S WIFE FROM ENGLAND. (**1947, July 1**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 13. Retrieved from http://nla.gov.au/nla.article18032894

After the war Captain Allan rejoined Qantas as London Manager, then as Controller of Technical Developments, where he was chief adviser on aircraft types. In 1957 he was made a Commander of the British Empire for his services to aviation. He retired from Qantas in 1961 as Deputy Chief Executive and Deputy General Manager, but, clearly an active man, he went on after his retirement and held positions on many boards including Fiji Airways, Air Pacific, Polynesian Airlines and Malayan Airways.

He was an Ace, a pioneer in Australia's aviation and huge contributor to the development of our RAAF and domestic air services.

Pittwater Airmen May 2012: Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry

Tweet Like +1

Aerodrome Mascot - A.N.A. hanger completed 1929, Image No. a1269006, Courtesy the State Library of NSW

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Bilgola Student attends Commemorative Service at Hyde Park

Bilgola Plateau Primary School student Oliver Wyatt represented the youth of Pittwater at the Commemoration Service for Aboriginal and Torres Strait Islander Veterans on Friday, 25th of May, laying a wreath with Doreen Cherry, Land Army lady. 30 other schools were represented. Story is our Front Page this week.

Heroes of the air – Interactive Learning and Fun from The National Museum of Australia

Interactive fun to keep a focus on all things aviational in our lead into the great Avalon Tattoo we're going to have this year which also has a focus on Aviation and the Air Force.

Heroes of the Air (3.1mb) (requires Flash)

Feel the need to take flight? Experience the journey of Charles Kingsford Smith and his crew on two historic flights.

For 10-12 year olds.

Overview: Read through the pages of two battered flight logs and learn about two famous flights made by Charles Kingsford Smith and his aircrew. One is the first trans-Pacific flight in 1928, and the second is the failed trans-Tasman flight of 1935. The flight logs include photographs, archival moving images and audio files.

Examining the flight logs will help you understand how isolated Australia was from 'the rest of the world' (Great Britain, Europe and America) at that time.

Distance, both domestically and internationally, made communications, trade and transport difficult. The courage and vision shown by Kingsford Smith and his copilots helped shape Australia by conquering that distance. Their efforts also made them heroes in the eyes of the public and helped to instil great national pride.

You will collect items from the flight logs in order to make your own multimedia newsreel about the achievements of Australia's early aviators. The newsreel script and images can also be printed.

Objects from the Museum's collection used in the interactive include Charles Ulm's paperweight, a propeller fragment from the Southern Cross, a picture of the Southern Cross, an anniversary mailbag from the first trans-Tasman flight and a suitcase used to recover oil in an aborted trans-Tasman flight.

Related links

- Finding Smithy – unit of work
- Charles Kingsford Smith and the first trans-Pacific flight, 1928

Federal Government Media Releases this week concerning YOU:

Cranky Bear for Storytime - PORTFOLIO: Regional Australia, Local Government, Arts and Sport

SNIPPET: Children across the country will come together this morning to celebrate reading as part of the National Simultaneous Storytime initiative. ' The Very Cranky Bear is a story of friendship, sacrifice and discovering that appearances aren't important - it's a timeless tale that represents the excellent talent of Australia's writers and the enjoyment and education that reading brings to people of all ages. Download a copy of The Very Cranky Bear by Nick Bland at.

New chaplains and student welfare workers for Australian schools | PORTFOLIO: Education, Employment and Workplace Relations

SNIPPET: Australian students will soon have more support, with 1000 new chaplains and student welfare workers due to start work in schools. Mr Garrett said as part of the expansion and continuation of the National School Chaplaincy and Student Welfare program, schools with existing chaplains or student welfare workers submitted applications to continue the services in their schools. Today we're also announcing that 2,555 schools with existing chaplains or welfare workers are able to continue accessing the program, thanks to $222 million in funding over the next threeyears, Mr Garrett said.

Address to G20 Labour and Employment Minister's Meeting | Ministers&#039 Media Centre - PORTFOLIO: Education, Employment and Workplace Relations

SNIPPET: Distinguished Ministers, delegates and observers, ladies and gentlemen. Change is an ongoing feature of all our economies.. For all of our countries' young people having a job is about so much more than just a pay packet.

Students awarded for academic excellence- PORTFOLIO: Education, Employment and Workplace Relations

SNIPPET: Hundreds of high-performing secondary school graduates have today been recognised for their achievements, with Minister for School Education Peter Garrett announcing the Australian Student Prize recipients for the 2011 school year. I'm delighted to congratulate the recipients of the Australian Student Prize for their achievements in their secondary school years, and to wish them well for their futures. The 2011 prize was awarded to 11 students from the Australian Capital Territory, 152 from New South Wales, five from the Northern Territory, 111 from Queensland, 36 from South Australia, 14 from Tasmania, 120 from Victoria and 51 from Western Australia.

Support for local libraries and Australian authors - PORTFOLIO: Regional Australia, Local Government, Arts and Sport

SNIPPET: Arts Minister Simon Crean today launched the Public Library Membership Drive as part of the 2012 National Year of Reading. The Australian Government has invested $1.6 million in the Get Reading! program, developed by the Australian Council, to provide valuable support to Australian content creators. Australia Council CEO Kathy Keele said Get Reading! had promoted more than 280 Australian authors and 433 Australian books since its launch in 2000.

Stay Smart Online winners and ABC2 TVs Good Game hosts to promote cybersafety | Senator Stephen Conroy | Minister for Broadband, Communications and the Digital Economy

SNIPPET: Deputy Leader of the Government in the Senate. &raquo Stay Smart Online winners and ABC2 TVs Good Game hosts to promote cybersafety. The Minister for Broadband, Communications and the Digital Economy, Senator Stephen Conroy, today announced the winners of the 2012 National Cyber Security Awareness Week Stay Smart Online agents competition.

ROYAL MOTOR YACHT CLUB BROKEN BAY NSW

RMYC RMYC MARINE ART EXHIBITION & COMPETITION "NAUTICAL NUANCES" - THURSDAY 7th JUNE – SUNDAY 17th JUNE 2012 - PROUDLY SPONSORED BY MERCEDES-BENZ MONA VALE

The Royal Motor Yacht Club Broken Bay at 46 Prince Alfred Parade, Newport are holding the 9th Marine Art Exhibition and Competition and this year's Show is themed "NAUTICAL NUANCES" which leaves plenty of scope for the artists' imagination!

A special student category 10 to 13 years and 14 to 18 years also exists for our budding young marine artists, with the best entry in each divisions receiving $250 with a new "Encouragement Award" donated by Meredith Rasdall Visual Arts – one term or Children's Art Classes.

For further information or for an entry form, contact Sally at the RMYC on 9997 5511 or download from www.royalmotor.com.au

June 8th is World Oceans Day

Our planet's biggest celebration of the ocean, held every June 8th is World Oceans Day. This year the theme is ***Youth: the Next Wave for Change.*** The future of ocean conservation is in their hands! Explore this site for ideas, resources, and information about how you can get involved!

On World Oceans Day people around the planet celebrate and honour the body of water which links us all, for what it provides humans and what it represents. Be a part of this growing global celebration! Young people are the most knowledgeable and motivated segment of the population when it comes to the environment and its protection. Youth generally have the free time, familiarity with current issues, and the motivation to go out of their way to take environmental actions. Furthermore, the research shows that parents are increasingly looking to their tween and teenage (i.e. ages 12-17) children for information and advice on these issues.

For partners of The Ocean Project, we're offering a free Dr. Seuss themed World Oceans Day manual full of fun activities for kids of all ages! Click here to get the activities, logos, fonts, and more

Wear Blue, Tell Two

This WOD, wear blue clothing to raise awareness for ocean conservation. Speak up! Let those around you know why you're wearing blue and share two facts about why it's important to protect our world oceans; or ways they can take personal action and help.

To make the "Tell Two" part a little easier, here are two messages you can share:

Our ocean has a great wealth of diverse kinds of life but it's in trouble. Climate change has already been linked to the killing of coral reefs. Coupled with destructive fishing practices, there is a dramatic decline in many types of fish and sea life we depend on.

There are important, easy actions each of us can take to help. Calculating our carbon footprints and looking for ways to reduce our role in climate change is a great step. Likewise, we can choose seafood that is abundant in supply and fished or farmed without harm to the ocean and coasts.

To make the "wear blue" part even easier, here are two tools you should feel free to use: "Wear Blue" graphic file (244 KB PDF file)— this design may be something you'd like to use by dropping in your own logo for t-shirts, flyers, etc.

World Oceans Day page:

Add a page to your organization's existing website with a brief write-up about World Oceans Day. You can include the Seven C's Pledge for ocean conservation and point visitors to the Seas the Day! initiative, where they can take ocean conservation personally! Take The Seven Cs Pledge to Protect our Ocean I Promise to: Commit to making a real difference, Conserve in my home, Consume consciously, Communicate my interests and concerns, Challenge myself daily, Connect in my community, Celebrate our Ocean!

All from: http://worldoceansday.org/

Australian Youth Olympics Festival 2013

The Australian Youth Olympic Festival (AYOF) is an initiative of the Australian Olympic Committee (AOC) following the success of the Sydney 2000 Olympic Games. It is the largest Australian multi-sport event for athletes aged 13 to 19 years – the next edition will be held in Sydney from 16 to 20 January 2013. The AYOF is now an established multi-sport event on the youth international sporting calendar. With the IOC's introduction of the first Youth Olympic Games in Singapore in 2010, the AOC has decided to host the AYOF every four years. 24 Nations will participate and the teams will live in a village atmosphere as preparation for becoming future Olympic athletes. People met and friendships formed during such events are usually kept for life. This experience, whether competing as an athlete or joining in as a volunteer, is bound to bring you moments that will continue to make you smile (details on how to apply to be a volunteer below).

Sports

There are 17 sports on the AYOF program for 2013, including for the first time, the 2016 Olympic sports of Rugby 7s and Golf. The full list of sports is: Athletics, Badminton, Basketball 3 on 3, Canoe/Kayak, Cycling, Diving, Golf, Gymnastics, Hockey, Judo, Rowing, Rugby 7s, Shooting, Swimming, Triathlon, Weightlifting, and Wrestling.

Volunteer Opportunities (from AOC website):

Volunteers play a fundamental role in the Australian Olympic Committee's organisation of the Team for the Olympic Games, the Winter Olympic Games and the Australian Youth Olympic Festivals (AYOF). Volunteers come form all walks of life with energy, ideas, skills or just an interest, all of which eminently help us put together the Olympic Team and our Youth Olympic Festival. Volunteering for The Australian Olympic Committee may include your choice of a wide variety of tasks, including:

• administration and general office help • driving vehicles for athlete pickup • measuring for outfitting • spectator services • airport arrivals and transport • opening ceremony

Please email us to enquire about the upcoming events you can become involved in as a volunteer.

The 24 nations participating in the 2013 AYOF: Australia, Argentina, Belgium, Brazil, Canada, China, Fiji, Great Britain, Hungary, India, Indonesia, Italy, Japan, Korea, Malaysia, Netherlands, New Zealand, Combined Oceania, Samoa, Singapore, Chinese Taipei, Tonga, USA, Vanuatu

Volunteering Video Competition for Young People - Call for Entries | Office for the Not-for-Profit Sector - PORTFOLIO: Prime Minister and Cabinet

SNIPPET: On 19 April 2012, the Minister for Social Inclusion, the Hon Mark Butler MP, launched a new competition for young Australians. Over 6 million Australians volunteer each year with not-for-profit organisations, contributing more than $14.6 billion in unpaid work. For more information about the International Year of the Volunteer + 10, visit their...

Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. **Make sure you are heard**. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.

Dorothea Mackellar Poetry Awards Optional Theme for 2012: Wheel and Wings and Marvellous Things

The oldest and largest poetry competition for school aged children in Australia. The Awards optional theme for the 2012 is 'Wheels and Wings and Marvellous Things' - celebrating the vivid images poetry creates as we read and ponder the written verse.

The competition dates for this year are from 1st March to 30th June 2012. More Information and Entry at;

http://www.dorothea.com.au/

Above: Dorothea Mackellar dressed as one of the Graces for Mrs T.H. Kelly's Italian Red Cross Day tableaux at the Palace Theatre, 20 June 1918 / photographer, Glen Broughton. WWI Fundraiser. Courtesy State Library of NSW. Image a928963

Words of the Week

Gratitude: Noun: The quality of being thankful; readiness to show appreciation for and to return kindness.

From Middle English, from Anglo-French or Medieval Latin; Anglo-French, from Medieval Latin *gratitudo*, from Latin *gratus* grateful. First Known Use: 1523

Spellchecker not as good as a Dictionary - Issue 60

We've read reports this week that the upcoming generation (you) are starting to be considered as the "**auto-correct generation**" as a survey's figures (UK) suggest many of you are unable to correctly spell many common words.

Spellchecker is great but even better is going on your own Private Investigations into not only how words are spelt but where they are derived from and how their meanings and definitions have evolved and even changed. Investing in a good dictionary is an investment in yourself. Besides, Spellchecker does not have all words and its 'anticipation' functions can often bring up the wrong word completely.

Also; if you are going to utilise Spellchecker to ensure a large body of text has a minimum of red lines jumping out at you, make sure you've set it to Australian English as, much as we are fond of our American cousins across that rather large pond, we also have our own ways of spelling things and should maintain these small details of our own culture as they echo back, and forward, with the evolving essence of us. Cheers.

Soul Classics II - The Tears of a Clown

"***The Tears of a Clown***" is a song by Smokey Robinson & the Miracles for the Tamla (Motown) label, originally released on the 1967 album Make It Happen. It was re-released in the United Kingdom as a single in September 1970, where it became a #1 hit on the UK singles chart. Subsequently, Motown released "The Tears of a Clown" as a single in the United States as well, where it quickly became a #1 hit on both the Billboard Hot 100 and R&B Singles charts. It is an international multi-million seller and a 2002 Grammy Hall of Fame inductee. Its success caused Miracles lead singer, songwriter, and producer Smokey Robinson, who had announced plans to leave the act, to stay until 1972.

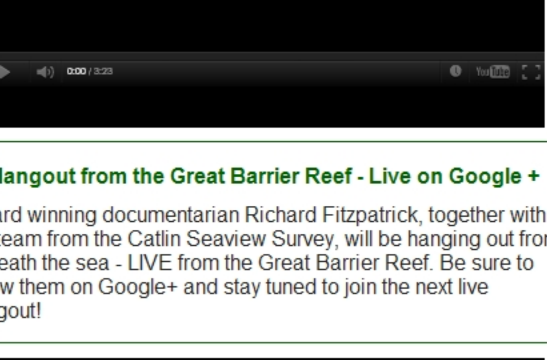
Stevie Wonder (who was discovered by Miracles member Ronnie White), **and his producer Hank Cosby wrote the music for the song**, and Cosby produced the instrumental track recording. Wonder brought the instrumental track to the 1966 Motown Christmas party because he could not come up with a lyric to fit the instrumental. Wonder wanted to see what Robinson could come up with for the track. Robinson, who remarked that the song's distinctive calliope motif "sounded like a circus", provided lyrics that reflected his vision and sang lead vocal. In the song, his character, sad because he does not have a woman who loves him, compares himself to the characters in the **opera Pagliacci,** comedians/clowns who hide their hurt and anger behind empty smiles. He had used this comparison before: the line "just like Pagliacci did/I'll try to keep my sadness hid" appears in the song "My Smile Is Just A Frown (Turned Upside Down)", which he wrote in 1964 for Motown artist Carolyn Crawford.

Yes, Opera ! Beginning to see how all music echoes back to furnish what goes forward with depth, history, technique and skill? **Pagliacci** (Players, or Clowns in Italian), sometimes incorrectly rendered with a definite article as I Pagliacci, is an opera consisting of a prologue and two acts written and composed by Ruggero Leoncavallo. It recounts the tragedy of a jealous husband in a commedia dell'arte troupe. It is the only opera of Leoncavallo's that is still widely staged. Pagliacci premiered at the Teatro Dal Verme in Milan on May 21, **1892**

William "Smokey" Robinson, Jr. (born February 19, 1940) is an American LEGEND; an R&B (rhythm and blues) singer-songwriter, record producer, and former record executive. Robinson is most notable for being the founder and front man of the popular Motown vocal group, The Miracles, for which he also served as the group's chief songwriter and producer. Robinson led the group from its 1955 origins as The Five Chimes until 1972 when he announced a retirement from the stage to focus on his role as Motown's vice president. He did return to the music industry as a solo artist the following year, later having solo hits such as "Baby That's Backatcha", "Quiet Storm", "The Agony and the Ecstasy", "Cruisin'", "Being With You" and "Just to See Her". Following the sale of Motown Records in 1988, Robinson left Motown in 1990. He was inducted into the Rock and Roll Hall of Fame in 1987.

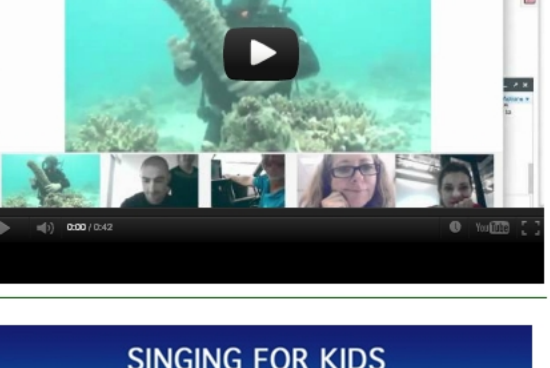
This is very very smooth and below, as per our seeking the best sound quality for you, is what we found for your ears pleasure! If you want to get a copy you could buy the album or The Big Chill soundtrack which has this and others you'd probably like too.

The Tears of a Clown. (2012, May 15). *In Wikipedia, The Free Encyclopedia.* Retrieved from http://en.wikipedia.org/w/index.php?title=The_Tears_of_a_Clown&oldid=492726422



Hangout from the Great Barrier Reef - Live on Google +

Award winning documentarian Richard Fitzpatrick, together with the team from the Catlin Seaview Survey, will be hanging out from beneath the sea - LIVE from the Great Barrier Reef. Be sure to follow them on Google+ and stay tuned to join the next live hangout!



National Year of Reading 2012:

For teens, we (Federal Government) will be running the National Year of Reading Creative Reading Prize. It's an expansion of something that already happens through the Centre for Youth Literature (http://www.insideadog.com.au/blog/inkys-creative-reading-prize-2011).
Young people will be asked to nominate the one book they think their peers must read in 2012 and then to provide a convincing argument in the form of a creative response to the story. This will be a book review, but it could be in the form of words, pictures, film, song, or something even more avant garde. We'll be partnering with insideadog.com.au, spineout.com.au and Madman Entertainment to create a fantastic competition with some really great prizes. More at: http://www.love2read.org.au/

As part of this: **Bedtime Stories: Downloadable Tales for Children** Available right now AT: http://www.australianwomenonline.com/bedtime-stories-downloadable-tales-for-children/

Love Food, Hate Waste Cookbook

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

Bus Pass Replacement

HERE

Australian Stories Online

Project Gutenberg Australia, has a great list of old legends and books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

Tweet | Lik | +1

Send In Your Stuff

Pittwater Online News is not only For and About you, it is also **BY** you. We cannot publish swearing or the maligning of others (this is the opposite of what we stand for). If you have a poem, story or something you want to see addressed, let us know or send to: pittwateronlinenews@live.com.au

All are Welcome, All Belong !

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

RE-RUN OF CHILDREN'S THEATRE - NO DRAMA AT LIBRARY!

A 'reader's theatre' will return to Mona Vale Library next term for budding dramatists aged between 10 and 12. The sessions are hosted by drama teacher Helen Rosenkranz free of charge once a fortnight at the library, **starting next term on Wednesday 2 May 2012.**

As librarian Rebeccah Vick explains, the reader's theatre gives children the chance to read aloud plays and enjoy other dramatic activities under the direction of an experienced drama teacher.

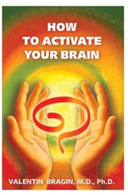
"They'll learn how to project their voice, the importance of using expression to add emotion and tips on speaking clearly and more slowly to get their audience's attention," she said. "Overall the reader's theatre classes are designed to improve children's confidence in public speaking."

"We had a lot if interest in the reader's theatre last term, so are delighted that we can offer the sessions again. They start again on Wednesday 2 May and run every fortnight on a Wednesday between 4pm and 5pm, " said Ms Vick.

Classes are free-of-charge but bookings are essential; to book phone the library on 9970 1600. For more information call Rebeccah on 9970 1622. The reader's theatre is just one of several events planned to celebrate 2012 as the National Year of Reading. Mona Vale Library is located at 1 Park Street Mona Vale. For more information visit www.pittwater.nsw.gov.au/library

Pittwater Online News

May 27 - June 2, 2012: Issue 60



Russian-born author Doctor Valentin Bragin, M.D., Ph. D., is a psychiatrist and Founder and Medical Director of the Stress Relief and Memory Training Center in Brooklyn, New York. He earned his Ph. D. at the Russian Medical Military Academy in Leningrad, and worked in research at the Mt. Sinai School of Medicine in New York. His work with elderly patients has resulted in remarkable improvements in their reaction time, co-ordination, attention, concentration and memory as well as renewed self-confidence and optimism. How to Activate Your Brain offers the results of his research: easy physical exercises, most of which can be done seated, (or even lying down with support), stress-relief techniques, memory-strengthening exercises and information on the effects of food, music and light on brain function. More here: www.howtoactivateyourbrain.com/index.php?page=20

Example of one of his exercises: Tennis Ball Exercise Improves Hand Coordination in Dementia Video 1

Dementia cases set to triple by 2050 but still largely ignored – News release - 11 APRIL 2012 | GENEVA -

Worldwide, nearly 35.6 million people live with dementia. This number is expected to double by 2030 (65.7 million) and more than triple by 2050 (115.4 million). Dementia affects people in all countries, with more than half (58%) living in low- and middle-income countries. By 2050, this is likely to rise to more than 70%.

Treating and caring for people with dementia currently costs the world more than US$ 604 billion per year. This includes the cost of providing health and social care as well the reduction or loss of income of people with dementia and their caregivers.

Only eight countries worldwide currently have national programmes in place to address dementia. A new report ***Dementia: a public health priority***, published by the World Health Organization (WHO) and Alzheimer's Disease International, recommends that programmes focus on improving early diagnosis; raising public awareness about the disease and reducing stigma; and providing better care and more support to caregivers.

Improving early diagnosis

Lack of diagnosis is a major problem. Even in high-income countries, only one fifth to one half of cases of dementia are routinely recognized. When a diagnosis is made, it often comes at a relatively late stage of the disease.

"We need to increase our capacity to detect dementia early and to provide the necessary health and social care. Much can be done to decrease the burden of dementia," says Dr Oleg Chestnov, Assistant Director-General, Noncommunicable Diseases and Mental Health at WHO. "Health-care workers are often not adequately trained to recognize dementia."

Raising public awareness and reducing stigma

The report points to a general lack of information and understanding about dementia. This fuels stigma, which in turn contributes to the social isolation of both the person with dementia and their caregivers, and can lead to delays in seeking diagnosis, health assistance and social support.

"Public awareness about dementia, its symptoms, the importance of getting a diagnosis, and the help available for those with the condition is very limited. It is now vital to tackle the poor levels of public awareness and understanding, and to drastically reduce the stigma associated with dementia," says Marc Wortmann, Executive Director, Alzheimer's Disease International.

Providing more support to caregivers

Strengthening care is also key. In every region of the world, most caregiving is provided by informal caregivers - spouses, adult children, other family members and friends. The report notes that people who care for a person with dementia are themselves particularly prone to mental disorders, such as depression and anxiety, and are often in poor physical health themselves. Many caregivers also suffer economically as they may be forced to stop working, cut back on work, or take a less demanding job to care for a family member with dementia.

The report recommends involving existing caregivers in designing programmes to provide better support for people with dementia and those looking after them. Community-based services can provide valuable support to families caring for people with dementia in both high- and low-income countries - delaying the need for people to enter into high-cost residential care. At the same time, health workforce training needs to pay closer attention to dementia, and the skills required to provide both clinical and long-term care.

Dementia is a syndrome, usually of a chronic nature, caused by a variety of brain illnesses that affect memory, thinking, behaviour and ability to perform everyday activities. Alzheimer's disease is the most common cause of dementia and possibly contributes to up to 70% of cases.

About dementia and Alzheimer's disease

Dementia is a syndrome that can be caused by a number of progressive disorders that affect memory, thinking, behaviour and the ability to perform everyday activities. Alzheimer's disease is the most common cause of dementia.

The World Health Organization is the directing and coordinating authority for health within the United Nations system. It is responsible for providing leadership on global health matters, shaping the health research agenda, setting norms and standards, articulating evidence-based policy options, providing technical support to countries and monitoring and assessing health trends.

Alzheimer's Disease International (ADI) is the international federation of 78 Alzheimer associations that support people with dementia and their families in their respective countries. Founded in 1984, ADI serves as a network for Alzheimer associations around the world to share and exchange information, resources and skills. Its vision is a better quality of life for people with dementia and their families. ADI is based in London and is registered as a non-profit organization in the state of Illinois, USA.

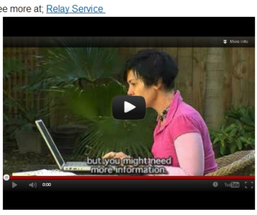
***Dementia: A Public Health Priority* Report by WHO at** ; http://whqlibdoc.who.int/publications/2012/9789241564458_eng.pdf

From; WHO Media Release HERE

Internet Relay Calls

Internet relay calls are ideal if you are deaf, can't hear well or have difficulty using your voice. You just need an internet connection. All standard calls are free within Australia.

See more at; Relay Service.



Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.

www.seniormovers.com.au

Also see Belinda Grundy's Profile other great Business; www.bgpropertystyling.com.au

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Dementia- a new case every four seconds

A recent report from the World Health Organisation states the number of Dementia cases is set to triple over the next 30 years. Marc Wortmann, Executive Director of Alzheimer's Disease International stated a few weeks ago that a new case is diagnosed every four seconds currently, representing 7.7million new sufferers each year. At present there are 35 million reported cases and this will be 115 million by 2050 if projections prove correct. It is the third leading cause of death in Australia.

The onset is often misdiagnosed and the effect on Carers, usually spouses initially, and family members is horrendous as they experience a vitally alive and adored member disappear from the body in front of them. If you recognise your spouse is 'not themselves' then insist your MD take note of your gut sense; an early diagnosis is vital.

Despite a race to find a cure there is none as yet. Prevention and reducing risk is our fallback and most health experts recommend following a regime of ensuring you get 1. regular exercise, which also boosts memory and lifts mood, 2. have a healthy diet (include omega 3 rich foods which boost brain health), 3. enjoy mental stimulation like reading, doing crosswords or doing something familiar in a different way (said to open new brain channels), 4. get a quality sleep every night (sleep deprivation reduces brain function; if you do nap it is, apparently, best to do so early in the afternoon), 5. manage stress levels (learn a meditation or take a nice bath) and 6. have an active social life. An active social life not only provides more mental stimulation the practice of including yourself socially boosts self esteem and a sense of inclusiveness, allowing a sense of balance or endorphins release.

Risky Business: Facing up to dementia will consider the future we are shaping for people with dementia. The International Dementia Partnership of The Dementia Centre, HammondCare and the Dementia Services Development Centre, University of Stirling will host this conference at Darling Harbour, Sydney Australia on 28-29 June 2012.

The conference will address Risk from everyone's point of view; from the risks people with dementia choose to take in their lives, to the challenges of building and delivering services that provide choice and therapeutic benefits, to the legislative and policy context that both seek to protect and deny certain freedoms.

The conference will bring together delegates from across the globe, all with a passion to improve the lives of people with dementia. The conference is for everyone involved in supporting people with dementia and their carers.

More at: HERE

Contact Community Care Northern Beaches by clicking their logo:

CCNB COMMUNITY CARE (NORTHERN BEACHES) LIMITED

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

Article on their Seminar

Warringah Council | PITTWATER COUNCIL

Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets for Seniors Week. The Services, Activities & Housing Directory 2012-2013 is a one-stop-shop for all northern beaches seniors thanks to a successful partnership between Warringah, Pittwater and Manly Councils.

The directories can be found at Council's Customer Service; Libraries, Community Centres or online at the council websites.

If older people with mobility problems have difficulty assessing the directory - contact Aged Services and you will be sent a copy.

Independent Website for Elders:
http://www.agedcarecrisis.com/about
About us: We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities. We do not receive any funding. We are not affiliated with any government body. We are not affiliated with any religious body . We are completely independent
www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

The Senior Newspaper Online
Click on logo:

Australian Senior PUBLICATIONS

HEARTMOVES | Heart Foundation

Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. $8.00 casual Phone Ingrid to secure your spot on 0405 457 063.
www.heartfoundation.org.au

Pittwater Community Hub

Our recently opened office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street. We are open Monday to Friday, 9.00am to 4.00pm. The new Hub is fully 'manned' by our professional staff and local volunteers who can answer enquiries and provide personal assistance to meet the needs of residents of the northern beaches. Pittwater Community Hub Profile

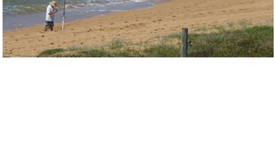
Click on logo to visit their website for more

Northside Community CONNECT

Federal Government Media Release 1/5/2012

Self-funded retirees need to update their details - The Hon Jenny Macklin MP - PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs

SNIPPET: From today Centrelink is posting letters to 9,000 self-funded retirees who need to update their details in order to receive new cash payments to help them make ends meet. However, there are about 9,000 self-funded retirees who have not provided their bank account details to Centrelink. Of course, people can update their details after this date but it will mean they won't receive their advance payment on 25 June.



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World Environment Day and World Oceans Day – 5th and 8th of June, 2012 – Glass or Plastic – *A Kiss to the Cheek of Mother Nature*

The 2012 theme for World Environment Day is *Green Economy: Does it include you?*

The UN Environment Programme defines the Green Economy as one that results in improved human well-being and social equity, while significantly reducing environmental risks and ecological scarcities. In its simplest expression, a green economy can be thought of as one which is low carbon, resource efficient and socially inclusive.

Practically speaking, a Green Economy is one whose growth in income and employment is driven by public and private investments that reduce carbon emissions and pollution, enhance energy and resource efficiency, and **prevent the loss of biodiversity** and ecosystem services. These investments need to be catalyzed and supported by targeted public expenditure, policy reforms and regulation changes.

From; www.unep.org/wed/theme/

Sydney Over the Next 20 Years: A Discussion Paper

Have your say about the type of city you want Sydney to become over the next 20 years. A new metropolitan strategy is being developed for Sydney. This document will provide a framework for Sydney's growth - one that will help us understand how we should plan for housing, employment, transport, infrastructure, the environment and open space.

Throughout the year the Department of Planning and Infrastructure will consult with communities, residents, businesses, workers, government and industry about what people want from Sydney.

A discussion paper, ***Sydney Over the Next 20 Years***, has been released for public comment. A draft strategy will follow in mid-late 2012. A final document will be released following community consultation.

Take a look at the discussion paper and have your say about Sydney's future(Paper is on the Have your Say page; link below).

To quickly and easily tell us what you think, join our online forum (see below). Each forum question is related to a chapter in the discussion paper and designed to start the conversation on a key planning issue for Sydney. You are encouraged to refer to each chapter of the discussion paper for additional ideas to consider and comment on. You do not need to respond to every question.

You will also have an opportunity to talk directly to a NSW Government planner to share your ideas. A schedule of 15 public drop-in sessions are being held in libraries across the city. Date and location details are listed under the 'Key Dates' tab on this page or available to view on this map.

You can also provide your feedback by making a submission on the Have Your Say page. **Submissions close 5pm 29 June 2012**. From: http://haveyoursay.nsw.gov.au/metrostrategy

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

UNEP — WORLD ENVIRONMENT DAY | 05 JUNE — Green Economy: Does it include you?

World Environment Day - 5th of June, 2012

World Environment Day turns 40: Believe it or not, World Environment Day turns 40 in 2012. Since the United Nations Environment Programme (UNEP) was formed in 1972, World Environment Day has been celebrated annually. In 2012, World Environment Day will be looking back at some of the notable previous celebrations and themes.

From: World environment day website: www.unep.org/wed/

World Oceans Day - 8th of June, 2012

A Celebration of where we all came from. More at : http://worldoceansday.org/

Marine and Freshwater Research - Volume 63 Number 5 2012

Includes: Demography, fishery yield and potential management strategies of painted spiny lobster (Panulirus versicolor) at Northwest Island, Great Barrier Reef, Australia, Climate-change induced tropicalisation of marine communities in Western Australia, Statistical phylogeographic tests of competing 'Lake Carpentaria hypotheses' in the mouth-brooding freshwater fish, Glossamia aprion (Apogonidae)

Australian Native Foods website: http://www.anfil.org.au/

Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council. Our **PROFILE**

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document

CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

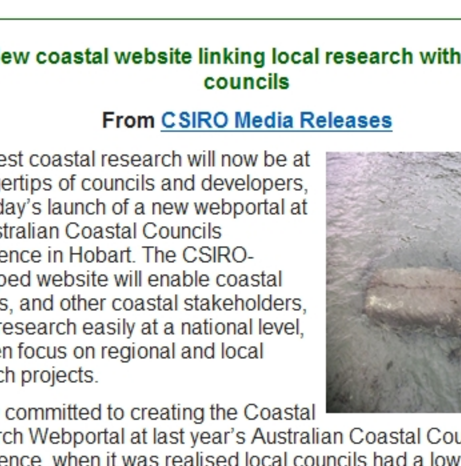
What Does PNHA do?

On-ground bush regeneration. eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quaterly informative newsletter, online or paper
Members email group for leaset environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, $20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna $2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website. **PROFILE**

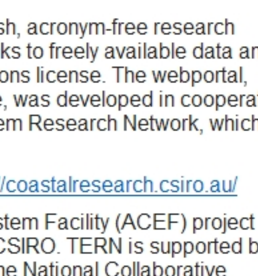
Tweet | Like | +1

How Green is a Spotted Gum when Wet?



New coastal website linking local research with local councils

From CSIRO Media Releases



The latest coastal research will now be at the fingertips of councils and developers, with today's launch of a new webportal at the Australian Coastal Councils Conference in Hobart. The CSIRO-developed website will enable coastal councils, and other coastal stakeholders, to find research easily at a national level, and then focus on regional and local research projects.

CSIRO committed to creating the Coastal Research Webportal at last year's Australian Coastal Councils Conference, when it was realised local councils had a low awareness of the range of coastal research available.

Dr Andy Steven, from CSIRO's Wealth from Oceans Flagship said, "By creating a central webportal to access the latest research data, decision makers will be able to better evaluate proposals for their communities".

The webportal has short, plain English, acronym-free research summaries and it provides further links to freely available data and research, under the Creative Commons license. The webportal, which uses a Google Maps interface, was developed in cooperation with TERN – the Terrestrial Ecosystem Research Network, which will now manage the website.

The webportal can be found at: http://coastalresearch.csiro.au/

This is an Australian Coastal Ecosystem Facility (ACEF) project under TERN, funded by ACEF and CSIRO. TERN is supported by the Australian Government through the National Collaborative Research Infrastructure Strategy and the Super Science Initiative.

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."

from the Prayer of Saint Patrick

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

IS YOUR LIFE TOO PLASTIC?

To celebrate World Oceans Day (8.6.2012), Pittwater Council is hosting a free screening of the movie Bag it at the Coastal Environment Centre on **Friday 8 June at 6pm.** According to Natural Environment & Education Manager Mark Beharrell, 'this is a movie that you simply cannot miss if you're concerned about the effects of plastic on your life and the environment'.

"The documentary traces the huge mass of plastic known as the 'Great Pacific Garbage Patch' which is endlessly circulating the Pacific Ocean," said Mr Beharrell. "It's roughly the size of Texas, containing a staggering 3.5 million tons of debris," he added.

Bag it exposes the dangers plastic poses to the ocean environment, wildlife and to human bodies. The film screening will be followed by a discussion to explore how the community can work together to make our lives less plastic.

This event is supported by the Two Hands Project, Eco Divers and Surfrider foundation and runs between 6pm and 9pm. The film screening is free, however bookings are essential at www.pittwater.nsw.gov.au/cecbookings or call 1300 000 232. The Coastal Environment Centre is located off Lake Road, North Narrabeen. For more information visit www.bagitmovie.com Picture by Michael Mannington, Shot at Manly Ocean Care Day Dec 2011

FREE WALK CELEBRATING THE GURINGAI FESTIVAL

To celebrate this year's indigenous Guringai Festival, Pittwater Council is inviting members of the local community to join a free guided walk on Saturday 9 June. The walk takes place in Ku-ring-gai National Park and will be guided by Sonja Elwood from the Council's Coastal Environment Centre, Damian McClellan of Eco Treasures and 'Uncle Kev' Telford, a member of the Aboriginal Metropolitan Lands Council.

The walk kicks off at 9am from the Basin Track in the national park, taking in look outs, local flora and fauna and indigenous engravings along the way. The walk includes a break for morning tea and concludes at 11.30am.

Natural Environment & Education Manager Mark Beharrell said it was a light walk and suitable for the whole family. "The walk will reveal more about the area's unique environment and indigenous culture," said Mr Beharrell.

Participants should meet at the start of the Basin Track on the West Head Road in Ku-ring-gai National Park at 9am. They should bring water, morning tea, wear suitable shoes, hat, sunscreen and appropriate clothing depending on the weather.

Booking for this walk are essential. To book online visit www.pittwater.nsw.gov.au/cec For more information call Sonja on 9970 1308.

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

Warriewood Wetlands: Breakfast with the Birds.

Birdwatching and monitoring winter birds - June 24th, 2012

Swamp Mahoganies will be flowering, attracting a variety of honeyeaters. Bring: binoculars, water, raincoat. Meet: end of Katoa Close (off Garden St) Narrabeen Time: 8.00-10.30am. Cost: $2.00 for Tea/Coffee/Cake. Bookings: P: 9918 3368/0439 409 202. E: pnhainfo@gmail.com

Federal Government Media Release

News display - PORTFOLIO: Agriculture, Fisheries and Forestry

SNIPPET: The traditional concept of the Australian garden could soon change considerably thanks to a Rural Industries R&D Corporation-funded research project that has identified a number of hardy native plants that can readily grow on the walls and roofs of buildings. The research project found that there were social, environmental and economic benefits from growing plants on walls and rooftops. The research project identified six native plant species for green roofs and seven for green walls that displayed traits suited to Australia's harsh sub-tropical environment.

Coastal Environment Centre

The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December

More at: http://www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

May 2012 Newsletter includes information on: BushCare Planting Activities (volunteers needed), Workshops and Events, and more

HERE

PITTWATER COUNCIL — Celebrating 20 Years 1992-2012

FALL IN LOVE WITH A FROG!

Pittwater Council is looking for residents willing to adopt frogs. The Council's native animal expert Sonja Elwood said the reason was that amphibians from other parts of Australia were catching a ride into Pittwater on trucks carrying fresh produce.

"Unfortunately these frogs can't be released into the wild as they are usually from interstate. They can carry the chytrid fungus which is a threat to other native frog species."

Ms Elwood said the only alternative to euthanasia was to adopt out the frogs to caring homes willing to keep them in a secure enclosure such as a rainwater tank. For those interested in adopting frogs the first step is to apply for an Amphibian Keepers

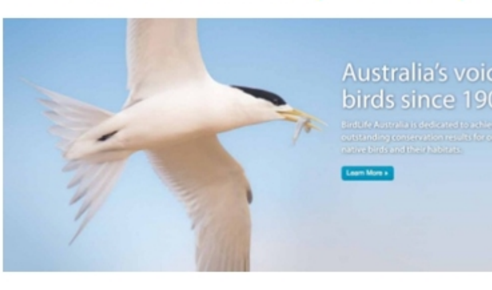
License from the NSW Office of Environment and Heritage. The form can be completed online at www.environment.nsw.gov.au/wildlifelicences and normally takes 3 weeks to process.

Next prospective 'frog parents' must join the Frog & Tadpole Study Group, which is the only recognised organisation in NSW for frog adoptions. The group gives advice to would-be carers on constructing enclosures, feeding and preventing disease. Membership fees for the group are $25 a year and they can be contacted at www.fats.org.au or on Facebook at www.facebook.com/groups/FATSNSW

The group meets every two months at Homebush where frogs are put up for adoption. Frog adoptions through the group cost $50 which goes towards rescue and veterinary costs. Proof of the Amphibian Keepers License must be produced before frogs can be adopted.

For more information about adopting a frog visit www.fats.org.au or contact Sonja Elwood at Pittwater Council on 9970 1308

Birdlife International Updates for April



The new BirdLife Australia website is live!

www.birdlife.org.au is the place to go for everything about Australia's birds and their conservation. Whether you want help to learn more about our native birds, wish to find out about some of the important conservation work we do, or perhaps want to get involved with those who share your passion for birds in your local area – it's all ready and waiting for you.

This is phase 1 of the new website development and phase 2 will come later in the year with even more on offer. The new website brings together the work of Birds Australia and Bird Observation & Conservation Australia (BOCA), the two organisations that merged to create BirdLife Australia (BirdLife Partner).

Thank you for being part of our truly motivated community of bird lovers, and helping us to create a bright future for Australia's birds. Explore, Learn, Discover, Enjoy!

PITTWATER COUNCIL

PITTWATER-WIDE SURVEY OF WATERBIRDS

Pittwater Council has received a $12,000 grant from the NSW Office of Environment & Heritage to conduct the first comprehensive survey of Pittwater's waterbirds. The survey, which will measure bird numbers and their species, is also intended to map the potential effects of climate change on waterbirds' habitat.

The survey will build on data obtained from earlier ones carried out between the late 1990s and 2007 in Pittwater, as well as a waterbird survey recently completed by Hornsby Council within the Hawkesbury catchment.

"However this is the most comprehensive Pittwater-wide survey of waterbirds," said the Council's Natural Environment & Education Manager Mark Beharrell. "We are using boats and land-based observations to track the birds," he said.

Mr Beharrell said the entire Pittwater estuary would be mapped by the survey, from Barrenjoey Head in the north through to McCarrs Creek in the west and Winnererremy Bay in the south. Pittwater's offshore areas will also be surveyed.

A total of ten surveys of waterbirds will be carried out between January and June this year, five by land and five by boat.

Common species such as ducks, cormorants, herons, ibis, pelicans and gulls will be assessed but the survey team are also hoping for sightings of rare species such as the Whistling Kite and the Mangrove Gerygone.

Sightings from the public of rare waterbirds will also be counted as part of the survey, providing photographic evidence can be supplied. To report a sighting of an unusual waterbird or their location, contact Jodi Harvey on 9970 1366.

Above: Mangrove Gerygone (*Gerygone levigaster*). Top: Whistling Kite (*Haliastur sphenurus*)

17th Century Dutch explorers help the Atlas reach a major milestone - 30 million records!

From CSIRO Media Releases

The Atlas of Living Australia added its 30 millionth species occurrence record last week, making it the largest collection of rich information on Australia's plants, animals and fungi. The Atlas, a collaboration between all Australian museums, herbaria and biological collections, CSIRO, Adelaide and Southern Cross Universities and the Commonwealth Government, reached this milestone when over half a million records from Birdlife Australia were incorporated. Some of these records come from the diaries of 17th Century Dutch navigators, such as the record for a Brush Bronzewing dated 1629.

The Atlas provides access to over 350 large and small datasets, from the NSW Government's Atlas of Wildlife to the records of a community group who look after a local creek. One of the applications in the Atlas, 'Explore Your Area', allows you to enter an address or location to find the recorded species nearby. At the click of a button you can create a list and map of species that have been found in your local area and photos of most of them.

PITTWATER COUNCIL

ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a $50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrell said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar."
"It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.
The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar
To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au

florabank

Florabank recognises and shares the best available knowledge from research and practice in native species seed management. More at: http://www.florabank.org.au/default.asp?V_DOC_ID=1 Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.

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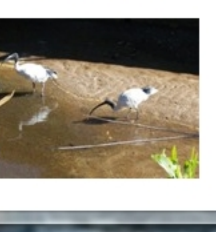

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Beef or Vegetable Stew

With a stew you can use a cheaper cut of meat such as chuck steak or the what is termed lower grade steak meat. If you don't eat meat, substituting legumes such as chick peas or some hard tofu at the end of the cooking process will add nutrition and the protein your body needs to function at peak.

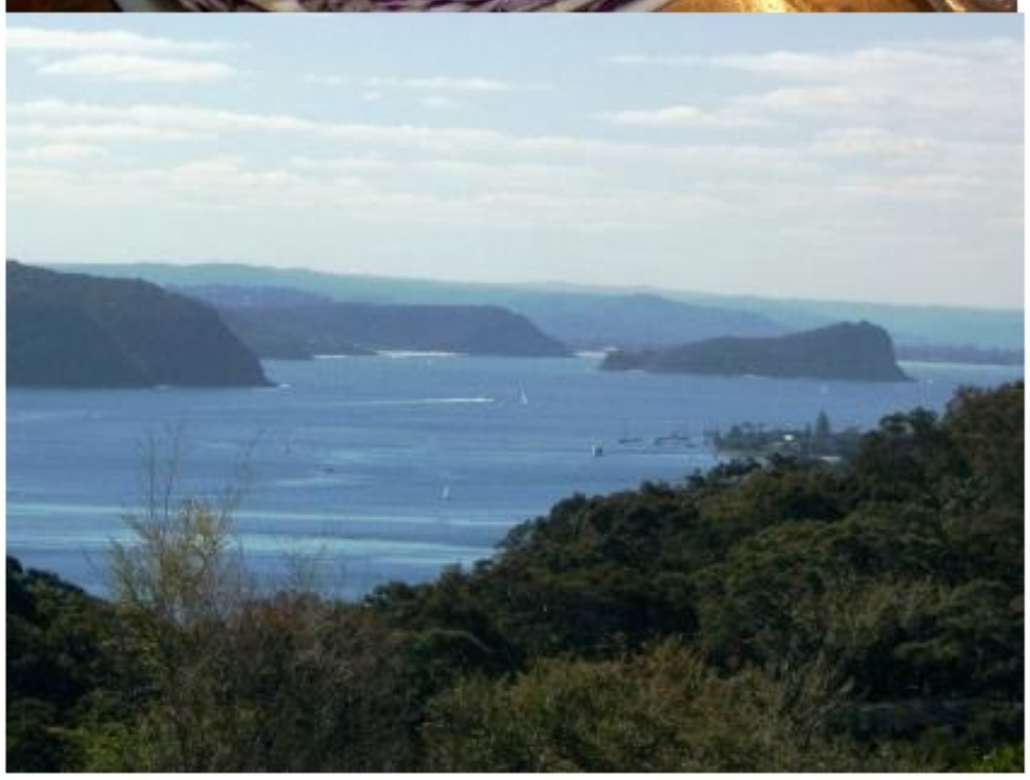
A stew is often a case 'if it's in the fridge then throw it in' but more specific ragouts, stroganoff's and even Irish Stew work better if you stick to the recipe. We have a meat lover and meat abstainer so a few pots usually fill our stove. The ingredients pictured above are what goes into two pots (1/2 each) one with meat, the other without. One version is cooked in a meat based stock, the other in vegetable. Both are thickened with a water-cornflour mix or you can skip that and just add gravy powder according to your liking. Remember the pumpkin and potato you add will dissolve and thicken the stew as well so adjust your other thickening agents accordingly.

All are served with creamy mashed potatoes and fresh baby green peas. If you're camping out why not make a bit of damper too to sop up the juices.

Basic Beef Stew (serves 2)

1 carrot
2 sticks of celery
200grams of pumpkin
2 medium potatoes
2 small onions
1 clove of garlic
1 red capsicum
1 green capsicum
¼ cabbage
¼ of cauliflower
Salt and pepper for seasoning.
2 x small porterhouse steaks or 300 grams of chuck steak
5/6 floury potatoes for mash
Baby peas

Dice all vegetables and cut meat into cubes. Heat oil in a deep saucepan and brown meat, seasoning now. Add vegetables and cover with cold water. Bring to boil then reduce heat to a low simmer for at least one hour. Meanwhile peel your spuds and bring top boil. Thicken stew you're your chosen mix. Cook off peas five minutes before mashing spuds. Dish, serve, eat ! You'll feel warmer and better already.



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Pittwater Online News

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Sunday (20.5.2012)Morning Cloud Beamings

Tweet Lik +1

Early Winter Flora

First buds of new winter wattle growing

Potted colours in succulents and fresias

Tweet Lik +1

Birdland this week:

Rowland Reserve, Bayview 20.5.2012; Cormorant

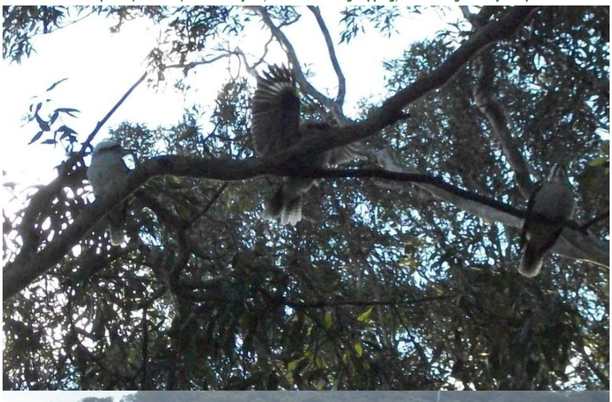
Careel Creek 24.5.2012; White faced Heron

White Ibis having a drink from Careel Creek 24.5.2012

State of Origami, Oregano or Origin @ Avalon RSL 23.5.2012 - best smiles of the week!

For our overseas readers; **The State of Origin** is actually a rugby league competition between NSW (the Blues) and QLD (the Maroons) that has been going on for eons (since 1908), is watched and enjoyed by many at home and in clubs, and has three games each season to decide that year's winners(best of three). QLD won the first game this week and the cheers at commencement of evening turned into subdued murmurings and calls about the Ref being blind. Win or lose each match is a great social occasion, played by the top athletes in this sport, for the State of Origin Shield

The Dusk photo (26.5.2012) in our backyard; kookaburra wing flapping, establishing territory and protection



Above: Bei Loon People, Sunday morning, 20.5.2012, Scotland Island in background, foiled in their attempt to overtake the Pittwater Pinks by sweep!, and laughing about it.

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May 27 - June 2, 2012: Issue 60

Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

Australian Aviators

Les Holden Australian Aviator

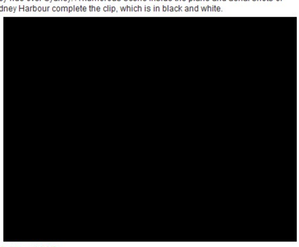
Video from a mineral prospecting trip in 1931 about a year before Les died. We think it covers Sydney, Cootamundra and South Australia

Splendid Fellows (1934) - from National Film and Sound Archives

Mr McBride (Frank Bradley) takes Monty (Frank Leighton) to Mascot to meet the 'flying parson' (Eric Colman). Sir Charles Kingsford Smith, playing himself, offers to take them for a joyride over Sydney.

Curator's notes: Unusual aerial footage of Sydney, and a brief sighting of renowned aviator Kingsford Smith, about a year before he and his plane disappeared over the Bay of Bengal.

This clip shows Mr and Mrs McBride (Frank Bradley and Peggy Ross) and their daughter Eileen (Isabelle Mahon), English aristocrat Lord Hubert Montmorency Ralston (Frank Leighton) and Ralston's manservant Thompson (Les Franklyn) at Sydney's Mascot Airport where they have arrived to meet the 'flying parson' (Eric Colman). They gather on the tarmac behind a biplane and when its propeller speed is increased their hats are blown off, making introductions difficult. The biplane eventually takes off and another plane, the Southern Cross, taxis across the landing field. The pilot is the aviator Sir Charles Kingsford Smith, who invites the group to take a joy-ride over Sydney. A humorous scene inside the plane and aerial shots of Sydney Harbour complete the clip, which is in black and white.



Gliding 1930

CAASTRO is the Centre of Excellence for All-sky Astrophysics, funded through the Australian Research Council (2011-2018). The CAASTRO research team is pursuing three interlinked scientific programs:

The Evolving Universe (led by Prof Stuart Wyithe, University of Melbourne)

The Dynamic Universe (led by Prof Matthew Bailes, Swinburne University)

The Dark Universe (led by Prof Brian Schmidt, ANU)

These programs use ASKAP, or the Australian Square Kilometre Array Pathfinder, for their surveys.

Computer Upgrades Jocularity

C/- W.A.G.

"Okay your father
managed to get a mouse.
Now how do we use it?"

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Angel 109

C/- Irene and John Anderson

A drunk man in an Oldsmobile
They said had run the light
That caused the six-car pileup
On 109 that night.

When broken bodies lay about
And blood was everywhere,
The sirens screamed out eulogies,
For death was in the air.

A mother, trapped inside her car,
Was heard above the noise;
Her plaintive plea near split the air:
Oh, God, please spare my boys!

She fought to loosen her pinned hands;
She struggled to get free,
But mangled metal held her fast
In grim captivity.

Her frightened eyes then focused
On where the back seat once had been,
But all she saw was broken glass and
Two children's seats crushed in.
Her twins were nowhere to be seen;

She did not hear them cry,
And then she prayed they'd been thrown free,
Oh, God, don't let them die!

Then firemen came and cut her loose,
But when they searched the back,
They found therein no little boys,
But the seat belts were intact.

They thought the woman had gone mad
And was traveling alone,
But when they turned to question her,
They discovered she was gone.

Policemen saw her running wild
And screaming above the noise
In beseeching supplication,
Please help me find my boys!

They're four years old and wear blue shirts;
Their jeans are blue to match.
One cop spoke up, They're in my car,
And they don't have a scratch.

They said their daddy put them there
And gave them each a cone,
Then told them both to wait for Mom
To come and take them home.

I've searched the area high and low,
But I can't find their dad.
He must have fled the scene,
I guess, and that is very bad.

The mother hugged the twins and said,
While wiping at a tear,
He could not flee the scene, you see,
For he's been dead a year.

The cop just looked confused and asked,
Now, how can that be true?
The boys said, Mommy, Daddy came
And left a kiss for you.

He told us not to worry
And that you would be all right,
And then he put us in this car with
The pretty, flashing light.

We wanted him to stay with us,
Because we miss him so,
But Mommy, he just hugged us tight
And said he had to go.

He said someday we'd understand
And told us not to fuss,
And he said to tell you, Mommy,
He's watching over us.

The mother knew without a doubt
That what they spoke was true,
For she recalled their dad's last words,
I will watch over you.

The firemen's notes could not explain
The twisted, mangled car,
And how the three of them escaped
Without a single scar.

But on the cop's report was scribed,
In print so very fine,
An angel walked the beat tonight on Highway 109.

Dual SKA site welcomed by CSIRO – CSIRO Media Release 25th of May, 2012

The $2.5 billion Square Kilometre Array radio telescope will be deployed in Australia-New Zealand, as well as South Africa, the international SKA Organisation in Manchester, UK, announced yesterday. The organisation noted that a dual-site implementation model for the SKA had been agreed by the majority of its members.

A €1.5 billion project, the SKA will consist of thousands of radio-wave antennas all linked together by high bandwidth optical fibre. The antennas will work together, acting as a single large instrument with a collecting area approximating one square kilometre. The telescope aims to address fundamental questions about the evolution of the Universe including the formation of black holes, the origins of the first stars and the generation of magnetic fields in space.

"This is a fantastic outcome for Australia, and for international science," said Dr Megan Clark, Chief Executive of CSIRO. CSIRO has played an influential role in both the international SKA project and the Australia–New Zealand bid to host the telescope. "CSIRO has been involved in the SKA project since the very beginning, with the organisation submitting a proposal to host the SKA in Australia in December 2005."

"We have since worked closely with the Commonwealth, Western Australian and New Zealand Governments, providing scientific and technical advice to support SKA bid processes and activities. CSIRO is well qualified with more than 60 years' experience in radio astronomy. We currently operate a number of world-class radio telescopes including the iconic 'Parkes Dish' radio telescope and the Australia Telescope Compact Array," Dr Clark said.

The area that will be used for the core of Australian SKA activity is the CSIRO operated Murchison Radio-astronomy Observatory (MRO). The site is located 350kms north-east of Geraldton in WA and is a world-class environment for radio astronomy, protected by a regulated radio quiet zone. The site already hosts CSIRO's Australian SKA Pathfinder (ASKAP) radio telescope as well as other experiments such as the Murchison Widefield Array.

The Australia–New Zealand SKA Project Director, Dr Brian Boyle, who is also from CSIRO said, "I'm delighted that years of hard work, by so many people in so many organisations, has paid off. A dual SKA site will ensure that the expertise brought to the international project is truly capitalised on. Concentrating radio-wave antennas at the superbly radio quiet MRO will maximise our scientific return. We look forward to further details as they evolve."

Chief of CSIRO Astronomy and Space Science, Dr Philip Diamond who is also a member of the Australia–New Zealand SKA Coordination Committee noted that "ASKAP is a precursor SKA instrument for which construction is almost completed. It will be a world-leading telescope in its own right and will utilise new technologies that can also be used for the SKA including a CSIRO-developed phased-array feed or "radio camera". This exciting new technology allows telescopes to scan the sky far more quickly than with traditional methods and is truly innovative. Our successful work with ASKAP stands us in good stead for the SKA."

Construction of the SKA Phase 1 is expected to start in 2016 with sets of antennas with complementary frequencies to be placed on each continent and then networked together. In Phase 1, Australia will build 60 mid frequency SKA dishes equipped with phased array feeds as well as an array of low frequency antennas. Preliminary science operations are to take place by 2020.

Images and additional information related to Australia–New Zealand SKA activity can be found here: www.ska.gov.au

Tweet Like +1

Pittwater Online News

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Community News | Pictures | News From our Inbox | Books | Events | Artist of the Month | Reflections | Collector's Corner | DIY Hints

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The Pittwater Mens Probus meets at the Mona Vale Golf Club on the second Tuesday of each month. Visitors are welcome at 10.30am. Please visit the link below to view the digital magazine of Active Retirees: http://probus.realviewdigital.com/

ROYAL MOTOR YACHT CLUB BROKEN BAY NSW

PITTWATER COUNCIL

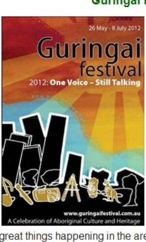
POETRY & PLAYREADINGS AT MONA VALE

Mona Vale Library is seeking residents interested in poetry and plays to join a fortnightly session at the library. The free sessions are hosted by retired teacher Valda Jeffcoat and will run once a fortnight on **Wednesday mornings.** Next is **on 6th of June**.

As librarian Rebeccah Vick explains, the sessions offer people the chance to read plays and poems aloud under the direction of an experienced teacher. "The program is suitable for men and women of all ages; the only criteria is to have an interest in poetry and plays and be willing to read aloud," she said. "Participants will also have the opportunity to discuss afterwards the merit or otherwise of the pieces they are reading," Ms Vick added.

The classes run fortnightly from 11am to 12pm and are free-of-charge but bookings are essential; to book phone the library on 9970 1600. For more information call Rebeccah on 9970 1622. Mona Vale Library is located at 1 Park Street Mona Vale. For more information visit www.pittwater.nsw.gov.au/library

Guringai Festival 2012



The Guringai Festival is an annual celebration of Aboriginal culture and heritage usually held from National Sorry Day on 26 May to end of NAIDOC Week (second week in July).
Founded in 2001, the festival aims to raise awareness of Aboriginal and Torres Strait Islander people living in the Northern Sydney region. The Aboriginal people who reside there come from many different Aboriginal nations or countries throughout Australia and call this area - Guringai Country - home. The Booklet of Events is available here for you; just click on file below and 'save as'. There are great things happening in the areas adjoining Pittwater too, listed in this booklet.

Pittwater Events

Sorry Day 2012
Sunday 27 May, 3pm – 6pm
Scout Hall, Bilarong Reserve, Wakehurst Parkway, North Narrabeen
Free event
Meet members of Aboriginal Support Group - Manly Warringah Pittwater at 3pm, Berry Park (near the Tramshed),Narrabeen, for Welcome to Country then Remembrance Walk to Bilarong Scout Hall. The day will be commemorated with dancers and didgeridoo playing,storytelling, craft making and free BBQ.
Enquiries: Neil Evers 9999 3045 www.asgmwp.net

Aboriginal Heritage of the Narrabeen Area
Monday 28 May, 7pm – 9.30pm
Narrabeen Tramshed, 1395A Pittwater Road, Narrabeen
Free event
Speakers: Julie Janson, Clair Jackson, Lois Birk and Dennis Foley. In association with: Friends of Narrabeen Lagoon Catchment. Supper provided.
Bookings essential, enquiries: Judith Bennett 9905 2135 or sydney.educ@npansw.org.au
www.narrabeenlagoon.org.au

Native Grass Weaving
Sunday 3 June, 2pm – 4pm
Newport Community Centre, The Boulevarde, Newport Beach (off Barrenjoey Road)
Admission: $15 per person. Cheques payable to Pittwater Community Arts
Karleen Green will be teaching basic skills in grass weaving. Learn how native grasses have been made into beautiful and useful objects. Light afternoon tea will be served.
www.pittwaterarts.com.au
Bookings essential/enquiries: 9979 3181 (maximum 25 people)

Discovery Walk in Guringai Country
Saturday 23 June, 9am – 1pm
Kuringai Chase National Park
Free event
A guided tour of Aboriginal rock carvings. The walks are friendly and easy, led by Les McLeod, a Discovery Ranger and Laurie Bimson, a Guringai descendant. Followed by Aboriginal games and barbecue with marinated kangaroo, emu sausages and Johnny cakes. Bring suitable walking shoes, hat and water. Bookings essential, numbers are limited. RSVP by 15 June. Enquiries/bookings: Laurie Bimson 0438 877 509
www.asgmwp.net

Constitutional Recognition of Indigenous Australians - Will We Get it Right?
Monday 9 July, 7.15pm for 7.30pm
Mona Vale Memorial Hall, 1606 Pittwater Road, Mona Vale (next to Mona Vale Library)
Free event. A panel discussion. Enquiries: Lizzie Landers 9918 2594
www.asgmwp.net

Film: The Tall Man
Wednesday 20 June, 10am – 12noon
Collaroy Cinema, 1097 Pittwater Road, Collaroy
Admission: Gold coin donation
The Tall Man is the story of Palm Island, the tropical paradise where one morning Cameron Doomadgee allegedly swore at a policeman and forty minutes later lay dead in a watch-house cell.
Enquiries: Lizzie Landers 9918-2594
www.asgmwp.net

GuringaiBooklet2012.pdf
Size : 1465.677 Kb
Type : pdf

PITTWATER COUNCIL

Storytime for preschoolers

Held every Wednesday morning at Avalon Library 10:30am - 11am

Avalon Library Storytime is held every Wednesday morning from 10.30am at the Library. Hear stories, listen to music and enjoy craft activities. Sessions run for between 30 and 40 minutes. Suitable for preschoolers, 3 to 5 years of age.
Venue: 59A Old Barrenjoey Road, Avalon (above the Recreation Centre).
Cost: Free however bookings are essential.
Bookings: Phone: 9918 3013 or email avalonlibrary@ozemail.com.au
There will be a special Easter session on Wednesday, 4 April, 2012 (book now!)

Pittwater, Now & Then: Celebrating the first 20 years of Pittwater Council

Commencing 14th Apr 2012, 10am - 6pm

This photo exhibition charts the changing face of Pittwater between 1992 and 2012 and also celebrates the first 20 years of Pittwater Council, which became a reality in 1992. Pittwater is the only uniquely formed council in New South Wales in the last 100 years. The display will be in the Pelican room at the Library. There is no charge and the display will run for a month. Venue: Mona Vale Library Contact: Sharelle Ravenscroft 9970 1609 Website: www.pittwater.nsw.gov.au/library

Palm Beach Market

27th May 2012, 9am - 3pm
Governor Phillip Park

Come and browse the numerous stalls at the Palm Beach markets. You will find fashion, jewellery, shoes, food, furniture, hats and lots more. Open from 9am to 3pm on the 4th Sundays of Feb, March, April, May, September, October and the 2nd Sunday of December. Website:
www.pittwater.nsw.gov.au/recreation/markets_in_the_local_area

Mayoral Walk - Experts by the Bay

Sunday 17 June, 10:30am - 12:30pm

Join Pittwater Mayor Harvey Rose for an enjoyable walk around Pittwater's Estuarine Wetlands at Careel Bay. Marvel at the changes through time including on-going restoration work. We'll guide you through the saltmarsh, mangroves, seagrass and sand-flats. Share local experts passion for the incredible plant and animal biodiversity including their expertise in water and catchment management.

Meet at the Tennis Courts near Hitchcock Park, Avalon, Cost: Free! Bookings Essential! Online - www.pittwater.nsw.gov.au/cecbookings In person: Coastal Environment Centre, Lake Park Road, North Narrabeen, Phone: 1300 000 232 (Reception - Option 1)

IS YOUR LIFE TOO PLASTIC?

To celebrate World Oceans Day (8.6.2012), Pittwater Council is hosting a free screening of the movie Bag it at the Coastal Environment Centre on **Friday 8 June at 6pm.** According to Natural Environment & Education Manager Mark Beharrell, 'this is a movie that you simply cannot miss if you're concerned about the effects of plastic on your life and the environment'.

"The documentary traces the huge mass of plastic known as the 'Great Pacific Garbage Patch' which is endlessly circulating the Pacific Ocean," said Mr Beharrell. "It's roughly the size of Texas, containing a staggering 3.5 million tons of debris," he added.

Bag it exposes the dangers plastic poses to the ocean environment, wildlife and to human bodies. The film screening will be followed by a discussion to explore how the community can work together to make our lives less plastic.

This event is supported by the Two Hands Project, Eco Divers and Surfrider foundation and runs between 6pm and 9pm. The film screening is free, however bookings are essential at www.pittwater.nsw.gov.au/cecbookings or call 1300 000 232. The Coastal Environment Centre is located off Lake Road, North Narrabeen. For more information visit www.bagitmovie.com Picture by Michael Mannington, Shot at Manly Ocean Care Day Dec 2011

CELEBRATE CHARLES DICKENS' 200TH BIRTHDAY

To celebrate Charles Dickens' 200th birthday, Mona Vale Library and Pittwater Village will present Playing Miss Havisham on **16 June at 2.30pm. Held at Pittwater Village Mona Vale**, this solo play starring actor Helen Moulder has been described as 'an intimate comedy with music, song and an array of endearing characters'.

When an eccentric Irish film-maker arrives to make a film of Charles Dickens's Great Expectations, Claudia is keen to audition for the role of Miss Haversham – seeing it as an escape from her humdrum existence. As she prepares for the role, Claudia finds her own life takes on the twists and turns of a Dickens novel. Playing Miss Havisham unfolds with mystery, music and surprise complete with wedding dress and cobwebs! The play is directed by Sue Rider with piano music recorded by Richard Mapp.

In terms of the character Miss Havisham, there is some speculation that Dickens based her character on a Sydney socialite Eliza Donnithorne (1826-1886) who was similarly jilted at the altar and lived a very reclusive life thereafter. She is buried in the Camperdown Cemetery at St Stephens Church, Newtown.

Helen Moulder is an award winning actor who has been working in theatre, television and film for over 35 years in the UK, New Zealand and Australia. Ms Moulder's recent roles have included playing Virginia Woolf in Vita and Virginia, Vivian Bearing in Wit, Miss Shepherd in Lady in the Van, Madame Giry in Ken Hill's Phantom of the Opera (Tour of Japan), Sister Aloysius in Doubt and Lady Churchill in Meet the Churchills.

Tickets for the play are $6, with bookings essential by calling Mona Vale Library on 9970 1600. Pittwater Village is located at 16-32 Mona Vale Road, Mona Vale.

FREE WALK CELEBRATING THE GURINGAI FESTIVAL

To celebrate this year's indigenous Guringai Festival, Pittwater Council is inviting members of the local community to join a free guided walk on Saturday 9 June. The walk takes place in Ku-ring-gai National Park and will be guided by Sonja Elwood from the Council's Coastal Environment Centre, Damian McClellan of Eco Treasures and 'Uncle Kev' Telford, a member of the Aboriginal Metropolitan Lands Council.

The walk kicks off at 9am from the Basin Track in the national park, taking in look outs, local flora and fauna and indigenous engravings along the way. The walk includes a break for morning tea and concludes at 11.30am.

Natural Environment & Education Manager Mark Beharrell said it was a light walk and suitable for the whole family. "The walk will reveal more about the area's unique environment and indigenous culture," said Mr Beharrell.

Participants should meet at the start of the Basin Track on the West Head Road in Ku-ring-gai National Park at 9am. They should bring water, morning tea, wear suitable shoes, hat, sunscreen and appropriate clothing depending on the weather.

Booking for this walk are essential. To book online visit www.pittwater.nsw.gov.au/cec For more information call Sonja on 9970 1308.

2012-2013 Brochure in File Below: (click on, 'save as')

PittwaterArtistsTrail2012-13.pdf
Size : 742.893 Kb
Type : pdf

Peninsula Historian
Newsletter of the Manly, Warringah & Pittwater Historical Society Inc.

Compiled by Tony Dawson, Editor.

Manly, Warringah and PittwaterHistorical Society Inc.
Established 1924

Patron: The Honourable Dr James Macken LLD

President : Jim Boyce
0402 096 080
jimboyce37@gmail.com

Secretary (Membership): Tony Dawson
9953 8374
dragdawson@hotmail.com

2012

17th June M/V Bowlo
5th August M/V Bowlo
30th Sept M/V Bowlo
4th Nov M/V Bowlo
9th Dec M/V Bowlo

Friends of Narrabeen Lagoon Catchment

Narrabeen Lagoon free activities – bushwalks, kayak trips & tours

Friends of Narrabeen Lagoon Catchment has organised a series of spectacular events to celebrate the wonders of this beautiful part of Sydney. **You must register in advance.**

Narrabeen Lagoon Catchment traverse – Sun Jun 10

Councillor Conny Harris will lead this 4-hour bushwalk, starting at 10am from outside 27 Morgan Rd, Belrose and proceeding into Garigal National Park. It will conclude at Oxford Falls. You'll explore some of the area's best bush tracks, visit the Deep Creek waterfall and identify flora and fauna. Grade Medium with some inclines. Carpool back. Repeated Sun Sept 9.

Oxford Falls Triangle Bushwalk – Saturday July 7

On this family walk led by Conny Harris, you'll see Sydney sandstone and impressive hanging swamps. The Oxford Falls area has benefitted from lots of rain over summer. Everything is very green and lush. 3 hours, Grade Medium. Start on Morgan Rd next to No 27.

Cromer to Oxford Falls Bushwalk – Sunday August 5

On this 4-hour walk, Councillor Conny Harris will take you to the most endangered vegetation community in Warringah. Focus will be on Rutaceae. See heart leaved stringybark and other flowers. Meet at Cromer Rd, where the track starts. Meet at 10am. One way so carpool will be organised. Grade Medium, with some ups and downs.

Bookings essential. Phone 0432 643 295 or 9451 3231 or email Conny.Harris@warringah.nsw.gov.au

Avalon Craft Cottage 2012

The Avalon Craft Cottage members are delighted to be able to announce the dates of their five major venues for 2012.

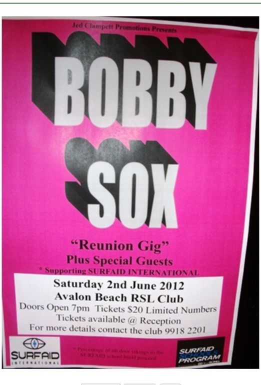
Monday 28th May to Sunday 3rd June: St Ives Shopping Village
Thursday July 12th to Saturday July 14th: Back to Avalon .... at the Avalon Community Centre
Monday 1st October to Sunday 7th October: Centro Warriewood
Monday 12th Nov to Sunday 18th November: St Ives Shopping Village

After a lovely relaxing break from the shopping centres, the Craft Cottage members are all fired up and busy crafting, ahead of what will be another very busy year. The Warriewood venue is only a matter of weeks away now.... being so close to Mothers' Day obviously this stall will have a focus on Mum, but with all the other wonderful hand crafts featuring as well. Watch this space for news of all the beautiful new items in store for you.

To be kept really up to date, contact the Publicity Officer, Maureen Darcy-Smith on 9999 3703 and have your name added to the Avalon Craft Cottage email list.......and don't forget you can now 'follow us on Facebook'.

Tweet | Like | +1

Talks After Noon
talks after noon at the Powerhouse Museum Wednesdays & Sundays
A series of lectures from Museum curators, experts and special guests. Free with Museum entry. Click on logo for more details.



Tweet | Like | +1

Tim Bailey is the 'face' of Your Northern Beaches ExpoFree entry and 5 expos in one at the new look eventNorthern Beaches Indoor Sports Centre, Jacksons Road, Warriewood - May 26 and 27, 20129am – 5pm, Saturday and 9am – 4pm, Sunday

Your expo www.YourExpo.com.au

The popular Northern Beaches Expo has a new look and a new name for 2012. This year, the rebranded Your Northern Beaches Expo will be held on the weekend of May 26 and 27. Popular multi-media presenter, Tim Bailey, will be the public face for the expo. Check out what he has to say on the new website, www.yourexpo.com.au.

Your Northern Beaches Expo will be held at the Northern Beaches Indoor Sports Centre, Jacksons Road, Warriewood, NSW. The event comprises five expos in one – all located in the same area – offering entertainment and there are more than 200 exhibits expected, each designed to appeal to every member of the family. It's a great day out and entry and parking are free.

Visitors can choose from the Home Show, All Woman Expo, Retired Life Expo, Camping & Outdoors Expo and Pets Expo and check out the hundreds of displays and shopping bargains on offer.
The Home Show is the largest of the three expos with both indoor and outdoor exhibits of home-related products. There's also a main entertainment stage with grandstand and showcase kitchen for cooking demonstrations.

The All Woman Expo has exhibits offering everything from fashion, makeup and massage to beauty, wellness and family health services.

The Retired Life Expo will provide an insight into the opportunities, products and services that are available to enhance the lives of the vibrant baby boomer generation.

The Camping and Outdoors Expo has its own entertainment stage, a demonstration area and exhibits showcasing everything from snowboards to boats, tents and holiday packages. The Pets Expo, sponsored by Boutique Pet Retreat, will feature everything you need to keep your best friend happy, healthy and cosy. The RSPCA and other industry experts will appear on stage to tell you about responsible pet ownership and care and demonstrate new products. There will be non-stop live entertainment on each of the three stages located throughout the expo featuring fashion parades, bands, dance performances and more. The kids will be kept busy with lots of activities including a FREE jumping castle.

The food court will have two shaded seating areas and offer a wide variety of refreshments from Australia and around the world including salads and Turkish gozleme.

Don't miss your chance to visit the entertaining and inspirational Your Northern Beaches Expo.Entry is Free. Parking Available in three locations (check the expo website) Information Visit www.yourexpo.com.au or call 02 9975 7600

Manly Art Gallery & Museum

On the Beach: Gems from the Manly Art Gallery & Museum swimwear collection
Exhibition dates: 2 September 2011 - 14 August 2012

An exhibition exploring Manly Art Gallery's unique collection of swimwear and beach paraphernalia. From the woollen 'neck to knee's' swimwear of Victorian and Edwardian era, to the skimpy 'itsy-bitsy' bikinis of the 60s. Manly's collection documents the evolving fashions and styles of swimwear and our changing relationship with the beach. Curated by Sarah Johnson.

ROYAL MOTOR YACHT CLUB BROKEN BAY NSW

RMYC RMYC MARINE ART EXHIBITION & COMPETITION "NAUTICAL NUANCES" - THURSDAY 7th JUNE – SUNDAY 17th JUNE 2012 - PROUDLY SPONSORED BY MERCEDES-BENZ MONA VALE

The Royal Motor Yacht Club Broken Bay at 46 Prince Alfred Parade, Newport are holding the 9th Marine Art Exhibition and Competition and this year's Show is themed "*NAUTICAL NUANCES*" which leaves plenty of scope for the artists' imagination!

The Marine Art Exhibition will be held between Thursday 7th and Sunday 17th June and open to visitors between 10.00am and 5.00pm and last year had over 300 paintings on display. The RMYC is the ideal setting for a Marine Art Show with the top floor function room's fabulous backdrop of yachts and power boats.

Total prize pool this year of $4,725. This exhibition is held in conjunction with the Australian Society of Marine Artists

A special student category 10 to 13 years and 14 to 18 years also exists for our budding young marine artists, with the best entry in each divisions receiving $250 with a new "Encouragement Award" donated by Meredith Rasdall Visual Arts – one term or Children's Art Classes.

If you are an avid art lover - make a day of it down by the water at the Royal Motor Yacht Club Newport between 7th and 17th June 2012 - you may just pick up the painting you are looking for.

On Sunday 17th June 2012 come along to the RMYC for a day of Wine Tasting and Marine Art at the RMYC Wine Fair in the Garden Forecourt. Wine Tasting is from 11am – 3pm, with over 10 Exhibitors on show.

For further information or for an entry form, contact Sally at the RMYC on 9997 5511 or download from www.royalmotor.com.au

UNIQUE VEHICLE SHOW

The Royal Motor Yacht Club Broken Bay (at Newport) will be holding its 5th Annual "UNIQUE VEHICLE SHOW" on **Sunday 24th June 2012.**

An "unusual" event for a Yacht Club you might think, but "boaties" do have many other interests, and an enthusiasm for all things mechanical is certainly one of them! We are very excited with the amount of interest we have received from people keen to display their vehicles, and particularly from members of the Pittwater Motor Enthusiasts who help with the day's planning.

There will be over 60 vehicles on display including everything from beautifully restored Vintage cars, Classics & Sports Cars, Hot Rods and a range of old motorcycles including a 100 yr old Triumph! Most rarely seen at car shows!

The displays will be located in the lower waterfront car park at the Royal Motor Yacht Club, 46 Prince Alfred Parade, Newport - starting at 10am and finishing at 3pm. Entry is free - members of the Public are welcome but will need to sign the appropriate temporary visitor form if they wish to use the Club Brasserie or other facilities. A Jazz Band will be providing great entertainment as well.

A great day out for the whole family, and this year the historic ***MV Reliance ferry*** will be operating from Rowland Reserve Boat Ramp and Newport Public Wharf providing a great way of getting to and from the Yacht Club and enjoying a boat trip at the same time – Cost $5.00 per person each way!

For more information in regard to this event and the ferry service operating on the day, please contact the RMYC office during business hours – 9997 5511.

COMPUTERS? ...... *yes you can!* **At:** Newport Community Centre, 11-13 The Boulevard, Newport Beach

COMPUTER PALS FOR SENIORS AVALON

COURSE 1: How to program and use your iPod - Portable music 2 hour class - **Tuesday 29 May**, 1:30 - 3:30 pm FEES: $10

COURSE 2 Introduction to Apple Mac - 2 x 2 hour classes on consecutive Tuesdays. **Tuesday 5 June & 12 June**, 1:30 - 3:30 pm FEES: $20 **or I x 2 hour class on either Tuesday**,1 :30 - 3:30 pm FEES: $10

COURSE 3 How to find your ancestors - 1 hour class - **Tuesday 19 June**, 1:30 - 3:30 pm FEES: $8

COURSE 4 iPad Refresher - 2 hour class - **Tuesday 26 June**, 1:30-3:30 pm FEES: $10

Booking is essential. Please leave a message on 02 8064 3574. Bring your laptop or iPad if you have one. No eftpos for any of the courses. All courses are for the over 55's only. AvPals

Humph Hall

85 Allambie Road
Allambie Heights
http://humphhall.org

LOOSELY WOVEN CONCERT FOR THE HEART/LUNG TRANSPLANTS ASSOCIATION - 2pm, Sunday 3rd June 2012
Loosely Woven is the community-based group of musicians that I coordinate. We put together three or four shows each year and perform them all over the place - just for fun, never for money! The main reason for Gial and I buying the Allambie Heights Uniting Church in the first place was for it to be used as a place for Loosely Woven to rehearse and perform.

The program for the concert on Sunday 3rd June for the Heart/Lung Transplants Association will be based on the program we took on tour earlier this year (see attached photos). So, if you missed seeing it then or would like to see it again, this is your chance! There will be 24 performers with an instrumental line-up that includes: harp, flute, clarinets, saxophones, violins, viola, cello, guitars, mandolin, piano, concertina, accordion, keyboard and percussion.
The program will open with Kev Carmody's thrilling song 'Freedom' (which will knock your socks off, by the way, so don't be late!) and will include a couple of original songs as well as the usual eclectic Loosely Woven mix ranging from Ted Egan's powerful 'A Bunch of Damned Whores' to 'Summertime' to 'Big Spender' to the rock 'n roll classic hit 'At the Hop', the moving gospel song 'Jacob's Ladder' and many more!
As usual, Loosely Woven will be performing acoustically - no PA system.The colour scheme is reds and blacks. So feel free to search through your wardrobe and dress accordingly!
PLEASE NOTE: The conditions that Humph Hall is currently operating under mean that sadly, we have to limit the audience to 50 so book early if you wish to attend.

PAT DRUMMOND & KAREN LYNNE
7pm, Saturday 9th June 2012

MARTIN PEARSON'S BOLKEIN SHOW
7pm, Friday 22nd June 2012

Brad Howarth outlines the future of broadband for PBL - What it means for small business, society and you

PITTWATER BUSINESS LIMITED

You can all plead guilty! According to Brad Howarth, guest speaker at the **June 27 Pittwater Business Limited (PBL) breakfast seminar:** "When you took that first digital photo you were hammering a digital nail into the coffin of film processing and printing organisations.

"Four technological developments - cheap digital cameras, broadband, printers and digital photo frames - combined to lead to the demise of branded businesses such as Rabbit Photo."

Brad Howarth has been reporting on new technologies and their effect on the business community for almost two decades. He has held the positions of information technology editor and marketing editor for BRW magazine and is the author of Innovation and Emerging Markets, a study of the path to commercialisation for Australian technology start-ups. He is also co-author, with Janelle Ledwidge, of a new book entitled A Faster Future, a guide to the future of broadband applications and services.

How will broadband affect your small business? Brad Howarth will provide a glimpse into the future of broadband applications and services, along with a discussion of practical steps that business is taking today to capitalise on the many opportunities that arise when a society is wired for broadband.

A new report from the Australian Industry Group and Deloitte has highlighted the gap that exists between many Australian businesses' awareness of the benefits of broadband and their readiness to take advantage of new broadband networks and technologies.

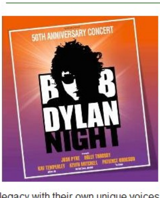
The report also found that "only 30 percent report having a high or medium degree of information about the practical impacts of faster broadband speeds, and just over 50 percent reported they were adequately prepared to take advantage of the opportunities that may arise".

What happened to VHS recorders and analog TV? You saw how MTV changed the way music was promoted and stars were made by using theatrical and sometimes surreal video clips instead of relying on airplay by disc jockeys. Don't miss your chance to learn how to watch for changes affecting your business systems and be prepared to take advantage of the opportunities and technologies that will emerge.

Book now: **The breakfast, sponsored by Pittwater Council, will be held on Wednesday, June 27 from 7.00am at Bayview Golf Club, 1825 Pittwater Road, Mona Vale. The cost for members of Pittwater Business Limited is $35 per person; it is $60 for non-members. Early bird prices apply up until Wednesday, June 13.**

To book, donate raffle prizes or for further information, please contact Kim Jones, Operations Manager, PBL at 1300 786 126, email admin@pittwaterbusiness.com.au or visit www.pittwaterbusiness.com.au.

Australian Musicians unite to celebrate Bob Dylan's Legacy – 8th of July, 2012

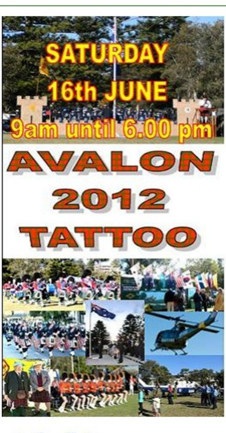


Over 50 years, 47 albums and more than 500 songs ago Bob Dylan released his debut album. Since then endless artists, writers and musicians have been inspired by this musical legend. Now, to celebrate his 50th anniversary, five of Australia's distinctive 21st Century performers will join forces to honour this remarkable legacy with their own unique voices: multi-platinum troubadour Josh Pyke, Eskimo Joe front man Kav Temperley, Jebediah pop veteran Kevin Mitchell, singer-songwriter Holly Throsby and The Grates' powerhouse vocalist Patience Hodgson. Concert in Sydney will by at the Opera House on 8th of July. More here; http://www.bobdylannight.com/

To The Arctic 3D

Starts May 31

An extraordinary journey to the top of the world as few people have ever seen it, To The Arctic tells a compelling tale of survival, with global implications. Through the power of IMAX®, audiences will be transported to one of the most remote and spectacularly beautiful places in the world and experience an emotional story of love, family and hope. More at: http://www.imax.com.au/home/



Schedule of Events

0830 - Huey Helo "Eagle One" ANL arrives
0845 - Huey Helo "RAN Heritage" arrives
0900-1330 - Displays open-Navy Diving Tank & Mine warfare, Defence displays, RSL Recruiting, Friends of Timor Leste, NSW Fire & Rescue, Ambulance, Police, RFS, SES, Marine Rescue, Pittwater Motor Enthusiasts, Vietnam Bus, Vietnam Veterans Motorcycle Club, "Skippy" (QANTAS) Squadron, St. John's Ambulance, Glider, Pilot Simulator, RAAF Fire Truck and Puppies from their Dog Squad, Warringah Scottish Society, Clan Gregor Society, David's Larder, White Heather, Scottish Banner, Cadets & Sea Scouts.
0900-1230 - School Bands: (Barrenjoey, Mater Maria and Pittwater) perform
1200 - Street Parade from the Avalon School to the RSL car park.
1230-1620 - Pipe & Concert Bands: Australian Federal Police, Rural Fire Service, Clan MacLeod, National Servicemen's Association, Burwood RSL Sub-Branch, The NSW Fire & Rescue Band and Precision Marching Team; Concert Bands NSW Ambulance, 23 Field Regiment, Air League "Hornets" Drum Corps, Australian Navy Cadets (ANC) Drill Display
1330-1415 - Aviation/Aerobatic Displays: including an RAAF Roulette performance, Helicopters depart
1620 - VIPs and Governor of NSW arrive
1630 - Freedom of Entry Ceremony by 305 SQN AAFC
1630-1640 - March Past – Salute taken by the Governor & MajGen P. Brereton AM RFD
1655 - French Commemoration – General de Gaulle's 18 June Appeal (Call for WWII Resistance against the enemy)
1710 - Massed Pipes and Drums
1720 - ANC Drill Display
1730 - Ceremonial Sunset Ceremony with 23rd Field Regt Band
1750-1800 - Lone Piper "David Bowers", Massed Pipes and Drums & Fireworks Finale.

MNBN May 2012 Event

Mum Entrepreneurs Pty Ltd

Upcoming evening event is on **June the 5th** with our Social Media Queen and Cyber Safely Lady, Leonie Smith, talking about "*Being Professional Online when it comes to Social Media*" so make sure you have your questions ready! To buy your ticket go to
http://mnbn5jun12event.eventbrite.com.au/

New exhibition at the Justice & Police Museum Cnr Albert and Phillip Streets, Circular Quay, Sydney, NSW 2000 . Contact: 9252 1144

Discover the stories behind Australia's oldest police force through a rich collection of photographs, objects and film. See how policing has developed from phrenology to forensic services.

Justice & Police Museum | **Opens Saturday 12 May** | Daily 9.30am-5pm | General $10 Conc/Member $5 Family $20

Pittwater Camera Club

More at: Profile and http://pittwatercameraclub.org/

All Meetings are 7.45 for 8pm - 10pm - BYRA Hall, 1842 Pittwater Road, Bayview

Monday June 4

Tonight the winner of the **Shirley Fealy Trophy for Creative Photography** will be determined. Our judge will be the ever popular Alison Lyons. This is a highpoint night for the members of Pittwater Camera Club, so please come along and see our members best creative work. Free for visitors to the club.

Monday June 18

Our in house workshop topic is **'Camera Fundamentals & Beyond'** – Yes, you are asked to bring your camera along to enable you to fully take part. Our aim is to help the inexperienced discover just what all the knobs and dials on their cameras mean and also to help the more experienced develop new camera craft techniques.

Prior to the presentation we will be holding another of our popular tutorials, this time on the subject of **'What Makes a Great Photo'. Bob Hunting** will be our tutor and will talk to you about composition and all the other aspects of taking a great photo. The tutorial will commence at 7.00pm. So come along and have some fun - Free for visitors to the club.

Monday July 2

The Human Form and Portraiture is the subject of our competition for this month. We will also reveal the winner of the **'Pittwater Challenge'**. Visitors are made welcome.

Monday July 16

Tonight we are conducting another of our popular 'Hands On' workshops. Bring your camera equipment and explore with us **'Low Light Photography'**. Our very special presenter and tutor for the evening is Brent Pearson. This is a not to be missed night. This workshop is Free for visitors to the club.

Contact: secpcc@bigpond.com

SYDNEY NORTHERN BEACHES SYMPHONIC WIND ENSEMBLE

SNBSWE is a symphonic wind ensemble that rehearses every Thursday evening during school terms. The band consists of adult amateur and professional musicians who play a wide repertoire of music. If you play an instrument and are looking for a great musical experience with good company, come and see if you like what we do. The Ensemble serves the local Northern Beaches community through regular concerts. It provides opportunities for experienced brass, percussion and woodwind musicians to play high grade symphonic repertoire. The Ensemble allows people to continue playing their instruments after leaving school, therefore giving the experience of music for life. Contact: Denise Morgan 9999 0655,

More at: http://www.snbswe.org.au/

New exhibition at the Museum of Sydney

Saturday 31 March - Sunday 9 September 2012

Free with museum entry - Corner Phillip and Bridge Streets, Sydney, NSW 2000- Admission: Adult $10 I Child/Concession $5 | Family $20 | Members free | - Hours: Open daily 9.30am — 5pm | Closed Good Friday and Christmas Day

World War II changed Sydney and its people forever. For most Sydneysiders life during the war was a strange combination of fear, excitement, opportunity, love and grief.

Home front explores the experiences of Sydneysiders living on the home front. Follow the wartime events that shaped, challenged and changed the lives of generations of Australians.

Convict Sydney - discover convict history at this World Heritage listed site- Hyde Park Barracks Museum | daily 9.30am-5pm |

Chicken Town!

'For too long, the Northern side of the Harbour Bridge has been out of the live music game. Sure, if you're a rowdy youth with some cash to splash, North Sydney has for some time boasted some pretty pumping watering holes, but none of these has invited the raw, human touch to grace their bars, instead opting to chuck on a couple of DJs and letting nature take its course.

Does this mean that all the North has to offer is DJs? Does this mean that, while you can get your kicks, you can't be a part of something new and visceral? Does this mean that original, awesome artists have to escape their roots and flee to trendy, inner city hangouts, grow ironic moustaches and speak in faux-English accents about how the North Sydney scene is "soooo high school" with a cigarette hanging limply from the corner their mouths? In short, does this mean there is no room for some kick*ss live music on our side of the bridge?

Luckily, one group of young, frustrated music lovers have decided enough is enough and are dragging live music, kicking and screaming, back home.

Chicken Town band nights are here. Bringing together the very best that the Northern Beaches and North Shore have to offer, Chicken Town is our turn to show Sydney that live music is not extinct in North Sydney... It was just hibernating. Every second Saturday at Alberts, come and check out 3 of our 6 resident bands, who will be bringing you something a little bit new, a little bit different, and ENORMOUSLY fun. '

The bands so far are: Lange Theory, Jimmy L'estrange and the Moonlight Cowboys, Lovers Jump Creek, Bin Juice

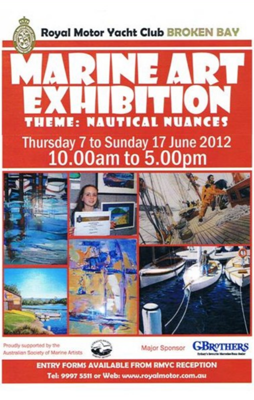
And more will be added as the gigs go by.

Chicken Town: $5: NEXT June 2nd
Alberts Hotel:
100 Mount St (Cnr Walker St),
North Sydney, NSW.
Phone: 02 9955 9097

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924

Newsletter edited by Tony Dawson

One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research. **Membership:** here



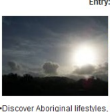
Royal Motor Yacht Club 2012 9th Marine Art Entry Form and Information: HERE

Avalon Craft Cottage at St Ives Shopping Village from Monday 28th May to Sunday 3rd June

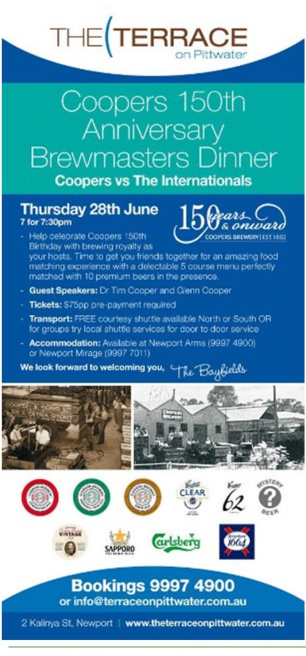
As always, the Craft Cottage stall will be upstairs, under the big glass dome, and we will be open during all normal business hours including Thursday night and Sunday until 4pm. So, if you missed us at Centro Warriewood a couple of weeks ago, or have suddenly decided that there was something else that you wanted to buy, please come along and see us. Facebook Page.

AUSTRALIAN MUSEUM EVENT: Aboriginal Performance Experience

Opens: 11 January 2012 - 27 June 2012 in Level G, Atrium
Entry: Free after general admission



With two shows every Wednesday, this is a must-see Aboriginal experience.
Come on a journey with the Australian Museum's Indigenous performers to experience Aboriginal spirituality and culture.
•Experience didgeridoo, song and dance which combine to reveal the rich cultural knowledge handed down through countless generations of Indigenous Australians.
•Discover Aboriginal lifestyles, beliefs and connections to Country in this series of dynamic solo and group performances.
•Interact with the performers, ask questions and take photographs.
Times: 11am & 1pm (duration 1hr)
Days: Wednesdays
6 College Street Sydney, NSW 2010 Australia
Phone: (612) 9320 6000



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Porcelain Slippers

Floral Porcelain Slipper: Beautiful, hand-painted, pale pink blooms adorn this lovely porcelain slipper, as well as, 24k gold and opal luster. The top of this slipper is accented with crystals. Length: 6 1/2 inches Height: 3 1/2 inches ($55)

Vintage Porcelain Shoe Ladies' Ashtray Royal Stafford: If you were a lady smoker, you might have used an ashtray like this - a delicate little slipper with floral transfer decoration and gilding. Very feminine! Made by Royal Stafford. Measures just over 3.5 inches heel to toe.

Villeroy & Boch Naif Christmas Clog Shoe Slipper Centerpiece in Fine Porcelain. Villeroy and Boch porcelain it is of the highest quality with excellent attention to detail and a finely glazed finish. The Naif pattern was Created by the artist Laplau in 1979 and has been hugely popular ever since, this particular piece is from the Christmas Variation. 8 3/4" long x 3 1/4" wide ($20.)

One for the girls this week. Cinderalla slippers, ballet slippers and those adorned with flowers to denote messages, such as Forget-me Nots, have been collected by girls since porcelain, and all its uses, came into being. In Victorian times these items were called "whimsies" because they served no useful purpose other then to display preferences of owners for colour and type or the quality and skill of the artists who created them. Later versions were used as bud vases, ring stoerers or even ashtrays when smoking was considered sophisticated and elegant and needed apparatus to match. Although not particularly useful they are made to be a delight to the eye, can decorate Christmas trees and as collectors items, can begin at a few dollars and range up to a few hundred dollars. Rarer and unmarked or unchipped pieces will bring higher prices.

The porcelain identification markings help collectors differentiate original lines of collectible porcelain from imitations and mass-produced wares using similar techniques. These marks also denote the age of a particular piece of porcelain as well as the country and even city of its original manufacture.

One example is Meissen porcelain, which was the rage in Europe between 1710 and 1756. The company used a number of different porcelain identification markings until 1731, and collectors keep a close eye out for those rarer pre-1731 pieces. An example of a Meissen porcelain slipper is this white and blue here which is only fetching around $25.00 at present due to one being chipped.

Markings also differentiate the manufacturer of a particular piece of porcelain and the company or artist who decorated it. Manufacturers usually placed their mark underneath the glaze to ensure that it would be clearly visible in the finished product. Decorating artists, by necessity, placed theirs on top of the glaze to credit their work. One such example is Haviland china, which carries a "Haviland France" notation underneath the glaze to indicate that its location of origin are the porcelain works in that part of France. When a "Limoges" notation is added to the top of the glaze, it denotes the identity of the decorator. The Antique China Porcelain Collectibles site features a large number of porcelain identification markings that introduce the hobbyist to the fine points of the individual signs and symbols. Experts in this field make a career out of identifying the genuine or faked pieces.

The examples shown here are from a range of seller sites such as antiques auctions and Etsy should you or your little girl decide this is a hobby that appeals. Buying porcelain slippers online, if you are seeking older antique versions for investment as much as fun, should only be pursued with accredited dealers.

Further; Antique China and Porcelain marks: http://antique-china-porcelain-collectibles.com/porcelain_mark.htm

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