

The Woody Point Yacht Club's 2012 Gentleman's Launch and Putt Putt Regatta



Race for The Line: Photograph by Michael Mannington, Pittwater Online News & Volunteer Photography. All Rights Reserved. Below: The Flotilla at Anchorby Michael Mannington and They're off and racing by AJG.

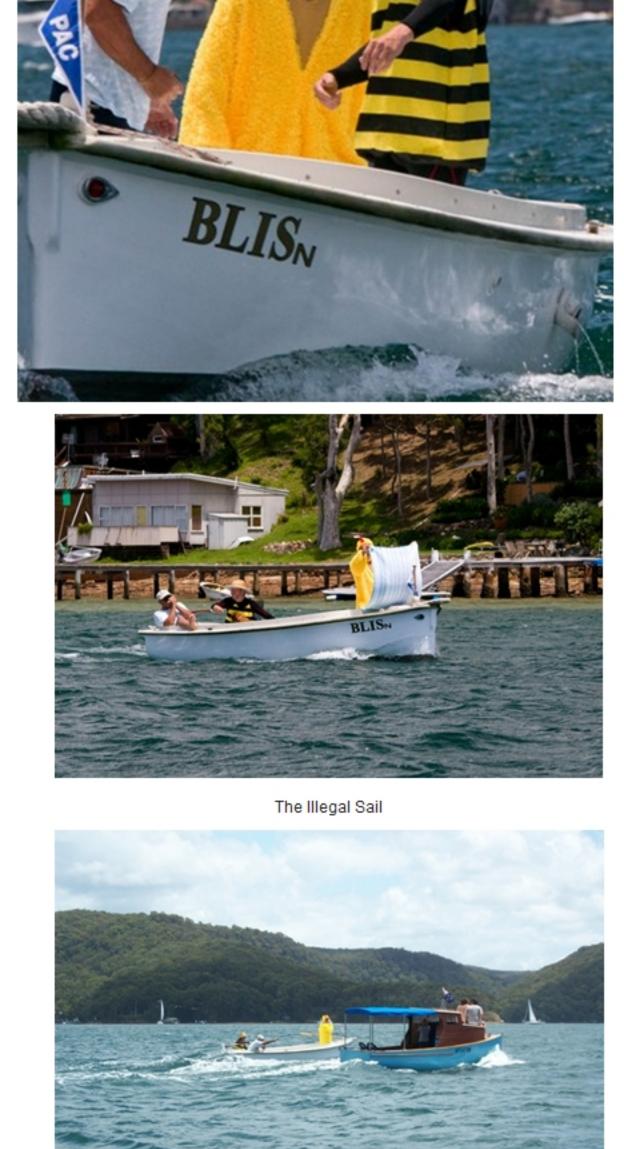








Above: Scott Taylor of WPYC. Below: The Bird, Bee and Songmen.



Being passed by The Reliance

➤ Tweet Lik. 7 +1

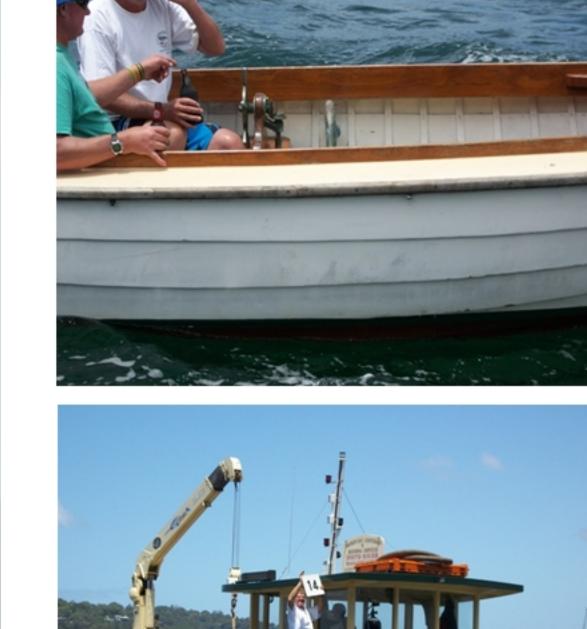
Being passed by the winners

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Past Features

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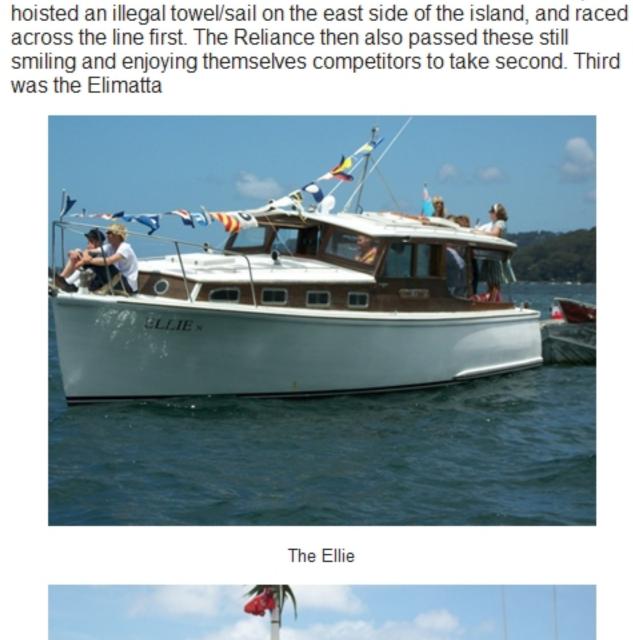


Treharne Cove watching the WPYC annual Putt Putt Regatta. Competitors dressed themselves and their craft in themes that lend themselves to all things watery and ensured all arrived in the best of spirits. The Gone Fishing Gallery crew were on board Paul Burchall's Karoo and had 'The Sand Pit' as their inspiration. Craig

The Love Boat

One of the best days on the water ever was had last Sunday over in

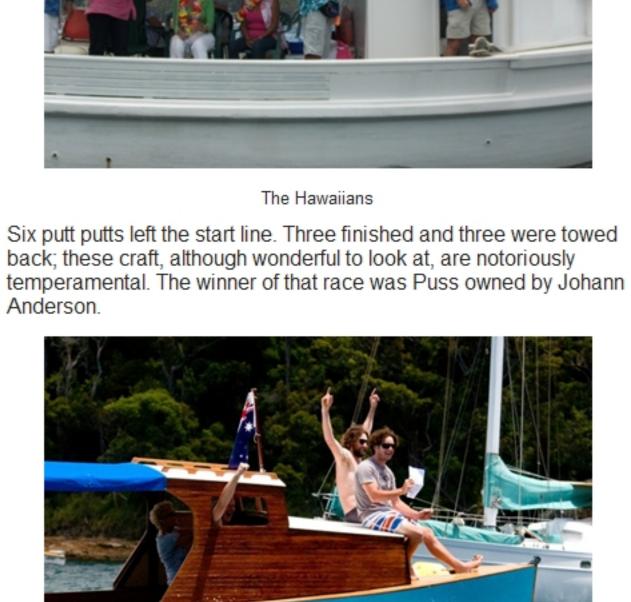




The Sand Pit Begins

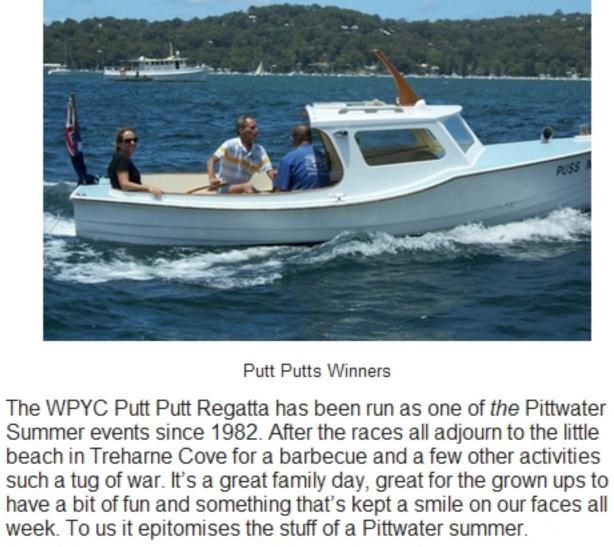
The race, which starts from Treharne Cove, is a sprint around

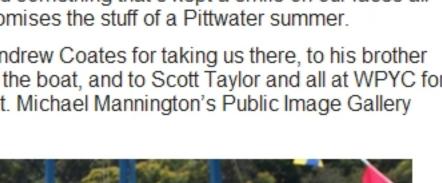
Scotland Island and back again, with the best times earning first, second and third. In the gentleman's launch race the boys on Peter Mulholland's launch overtook the bird-bee-and harmonica men, who



AFS478N

Gent's Launch Winners







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This Weeks Articles

Images from Australia Day Awards and Citizenship Ceremony at Newport, Pittwater, 2012

Woody Point Yacht Club's 2012 Gentleman's Launch and Putt Putt Regatta

A Transplanted Oriental's Musings - My first day of summer by Huang Zhi-Wei (aka Reg Wong)

Going Solar by Stewart Everitt (Great Tips to save Big Time)

Manly to Broken Bay - A Picturesque & Healthy Trip by St Magnus, 1893



Profile: January 2012 is a Pittwater Summer Mix; The Bopulaters; sprung from The Bilgola Bop Band and The Aztecs, close out our January Profiles with a song...

Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club



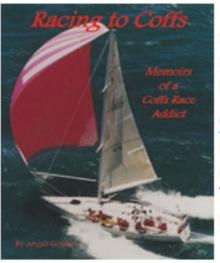
History: January, Summer 2012, Events; Waradiel Season, at the beginning of February. when certain trees flower and a particular wind from the south begins to blow, it signifies the Mullet Season is commencing

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche Il Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn



Park Bench Philosopher: SANDS OF MORNING by Ella McFadyen, published in 1935 and about a Pittwater Welcome



Books: Summer Reading; something old, something new, something borrowed, something about the blues.. sea, sky and music.

Old Books: January LAST WEEK; By River and by Sea: An Australian Story (1888)

The seashore book: Bob and Betty's summer with Captain Hawes (c1912)



Events: Book Fair, Plant Trees, Susan Duncan, Bopulaters, Friends of Narrabeen Lagoon Catchment Activities, Eco Bird Walk & More for Wetland Day, State Library Talks, Canning Track Art, Ocean Swim, History Competition, Council Events and more.



Community News: Council's Australia Day Awards and Wetlands Day Eco Events, Susan Duncan Open House, Gone Fishing Gallery, Drama at the Library, Media Releases from Federal Govt, and more.



Environment; Summer Creature Features (Treed Part II; Cicada), Koala Appeal, Cooee Newsletter for Feb., Seed Bank with full Index of all Australian plants Facts Sheets and more.



Lynda Hill: Update 25.1.12: Jumping To Conclusions And Jumping Ship: January's Aguarius New Moon



Pictures: Australia Day Celebrations at Newport



Youth: Thoughts of summer By Madison Ayton (aged 12), Young Blood Music Competition and Northern Beaches Music Festival, National Year of Reading 2012: For teens; Creative Reading Prize, Links for local websites for, about and by Youth.



Seniors; Aging Brings Freedoms and 100 Years in 10 Minutes with exclusive original footage (both sent in by your peers to share), link to Seniors Online Newspaper and Information regarding local Health and Education Activities.



Community Clubs: Updates on Activities and links to sites.



Artist of the Month: January 2012 LAST WEEK: Annette 'Nettie' Lodge; Artist of brilliant Summer colours



Reflections by George Repin. This week; COCKATOO ISLAND OVER THE YEARS



DIY Hints: Privacy Screens I by Bruce Crutcher



Collector's Corner: One for the fans of BEER: Stubbie Holders



Food: Raj on the Taj: New Indian at Careel Bay Shopping Centre



News From our Inbox: Summertime Exhales LAST WEEK: Rarities, Australiana: There's A Brown Snake In the Toilet, the Bridport Prize; Voiceless \$15,000 Short Story Comp. Weather Photo Comp., Internet Updates.

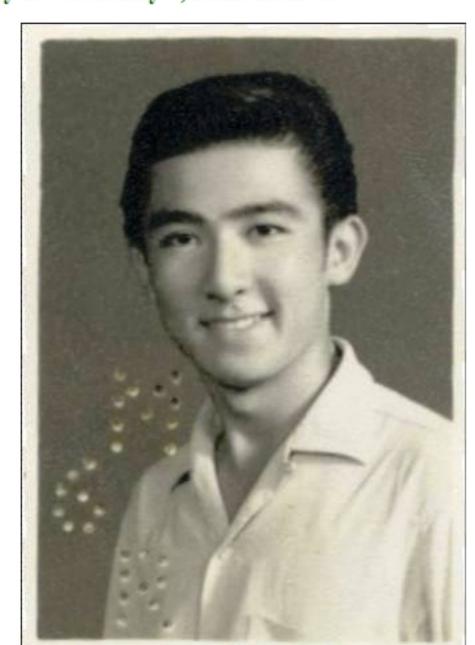






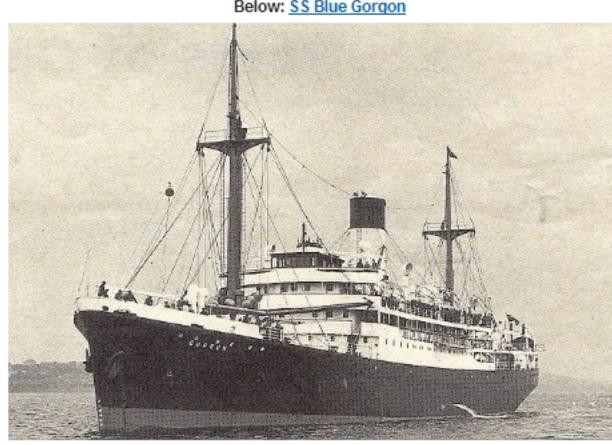
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Above: Reg as A New Arrival, passport photograph

Below: SS Blue Gorgon

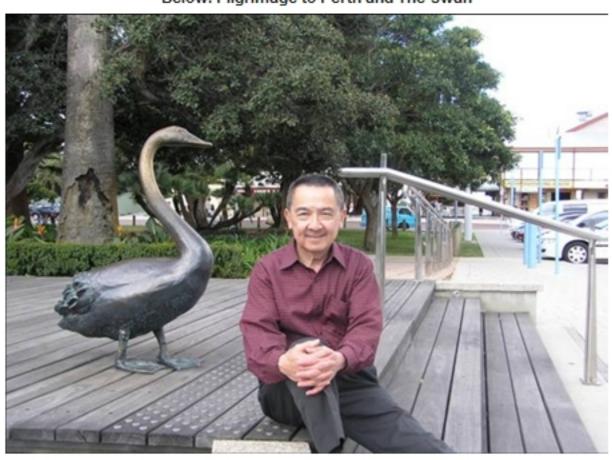




Above: Imperial Hotel, 415 Wellington Street, Perth, circa 1931, Image No.: 014042PD, courtesy State Library of Western Australia



Above: Fremantle Wharf – Where I Landed Below: Pilgrimage to Perth and The Swan



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A Transplanted Oriental's Musings My first day of summer By Huang Zhi-Wei (aka Reg Wong)

Some scenes, scents and sounds are just as effective as a psychiatrist's suggestions in exhuming entombed memories. For me they recall particularly happy moments or poignant events, and they prick my conscience to remember friendships attritioned by time and distance. That's what struck me last Sunday morning as I sat in my colonnade, musing to the buzz of cicadas.

It was a typical high summer's day. The temperature had already climbed to a balmy 28°C by mid-morning. Generous sunshine flooded the entire landscape. The sky was an ocean of blue, interrupted only by a few soft cumulus puffs. Framed by this expansive backdrop was my neighbour's majestic knurled ghost gum, reluctantly conceding little curtsies to the tempering breeze. Needing no further prompts, I suddenly remembered the very scene, replayed for me right now, that greeted my eyes when I first came ashore in Australia on the 16th January more than half a century ago.

It's a journey I'll remember for the rest of my life. All the way from Singapore to Fremantle the Dutch SS Blue Gorgon, a cargo boat carrying timber and cattle, was buffeted by high seas. It was the time of year when the Indian Ocean along Australia's western seaboard was at its most belligerent and, as our school texts document, accounted for the fate of the Batavia in 1629. Thirty foot swells pounded the small boat, tossing it like the ferry that it was. As a first-time traveller, I was sea-sick for the entire voyage. After the first night on board the only food that passed my mouth was the acidic regurgitated variety. I should have remembered I was an unspoilt native, newly emerged from the jungle clearing that was my home, and that even riding a bus made me violently ill. I never imagined that there could be anything as magical and remedial as travel sickness tablets.

After seven days and six nights mostly lying prostrate on a bunker in a tiny cabin adjoining the vessel's kitchen, I could hardly believe I was finally sighting land again. To say it was a good to get off the ship would be to grossly understate my feelings of joy, gratitude and, above all, relief. Indeed, it was an escape from a child's nightmare. I was beyond glad - I was reprieved from a fate akin to an agonising death.

As soon as I regained my land legs, I set about orientating myself to my new-found environment. The first thing that hit me was a brick wall of intense heat. Hailing from one latitude degree above the equator, I thought I was accustomed to searing heat combined with oppressive humidity. Little did I expect they would pale into insignificance against Perth's offerings at the height of that particular summer. On the shared taxi ride from Fremantle to Perth, I heard the radio announcer casually mention the temperature had peaked at 117°F (47.2°C) and the relative humidity was 92%. 'But relief is in on the way,' he jocularly added. 'You can always depend on The Fremantle Doctor!'

In those early "pioneering" days, hotels were not air-conditioned as a matter of course. Perth's Imperial Hotel was no different. After arousing from a fitful sleep - and covered in a lather of sweat - I opened my window to let in what I hoped would be a cooling breeze but I was knocked over by a blast furnace breath that had its origin in the Great and Little Sandy Deserts and, possibly, the Gibson Desert. The locals said that it was likely from all three as everything east of Perth is desert.

After I checked out of the *Imperial Hotel* on that Sunday morning, my ears tuned in to my first strains of true-blue Australian. Out in the street a young fellow, a schoolboy I think, was pushing a wheelbarrow half-filled with newsprint. After every five steps or so, he would let out a full-throttled "Pie...per". Stirred by this announcement, I stretched my neck in an effort to appease my curiosity, hoping to glimpse a Highlander dressed in a tartan kilt and blowing on a bagpipe. But, alas, I was let down. Sheepishly, I soon found out the boy was actually selling the weekend papers. For months after that I practised speaking **Strine** by bellowing "Pie... per", much to the annoyance of my fellow foreign students and the amusement of the forgiving locals. I truly miss this distinct species of newspaper pushers. I think they became extinct in the 1970s.

My new-found friends – Malaysian students at UWA recommended a dip in the ocean as an escape from the stifling heat. As I was not leaving Perth for another eight hours, I happily tagged along for my first exposure to an Australian beach. Typical of Australian coastal cities, Perth has long stretches of pure white sandy beaches. Within easy reach are Cottesloe, Scarborough and Sorrento. We went to Cottesloe. I found it a beach of pure delight twice as wide as, and many times cleaner than, any I'd seen in Port Dickson of my home state. And here I witnessed a curious Australian behaviour that was strange enough to make me gasp. Instead of sitting or lying in the shade of palm trees or beach umbrellas, thousands of people were laid out on towels and willingly letting the fierce sun beat down on their all-but-bare bodies.

On a day as hot as this one – with temperatures already past the old century mark - one's natural instinct was to head into the inviting coolness of the sea. On that day there was another reason - a much stronger incentive. The sands on the beach were scorching and the only way to prevent blistered feet was to dive into the water. That was exactly what I did but how was I to know that the West Australian coast is washed by the Antarctic Circumpolar Current? I was out of the water quicker than it took me to go in. Previously accustomed only to tepid tropical waters of temperatures around 77°F (25°C), my emaciated body reacted involuntarily against the invariant 59°F (15°C) temperature of the Indian Ocean of WA. To me the water was simply freezing. In retrospect, it wasn't so much the low temperature of the water that made me jump out but, rather, the large difference between the ambient temperature and that of the water that shocked me. Neither able to stand the heat of the hot sand nor the cold of the Antarctic Circumpolar Current, I did the only thing that my body allowed me – stand on that narrow strip of the beach that was washed by the waves.

Soon it came for me to have a meal before going to the airport for the overnight TAA flight to Sydney. Once again my knowledgeable friends recommended a small café. 'They serve a meaty dish called goulash on a bed of rice. You'll like it,' they said. The owner, an amply proportioned and personable lady, plied me with one question after another. I guessed it was her way of welcoming a new arrival and I was glad to put into practice the fractured English I had learnt from a variety of missionaries from Ireland, France, Goa and Burma. I remember, with bitter-sweet nostalgia, how startled I was when she asked what I thought sounded like, 'Oh, so you have only just come here to die?' It took me a full minute to recover my composure. 'No,' I replied with a tremor in my voice, 'I've only just come today to attend school.'

But she was nice. She called me "luv", just as the matronly waitress in the dining room at the Imperial Hotel. Even the lady at the corner store which sold ice-creams was equally affectionate towards me. I know - because she called me "darl". All the fellows I met were very friendly. All of them called me "mite" which I instinctively suspected was a term of endearment for a small lovable creature. I hadn't been in the country more than 24 hours and already the natives loved me.

I immediately made plans to stay and reciprocate some of the love. By choice I am now an Australian. I didn't need a lot of convincing to choose to become one. I remain smitten by Fremantle and Perth the prettiest twin cities in the world. That's why I make regular pilgrimages to these two western outposts of civilization ... and can

you really blame me?

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Going Solar By Stewart Everitt

Australia Wide Solar, has been in business since the early days of generating electricity using energy from the sun. It first commenced business in 1992 – they will celebrate 20 years installing solar in 2012. http://www.awsolar.com.au

These days going solar is easy, a great way to save money, and a viable way to reduce carbon emissions. A home solar system is comprised of solar panels, the roof fixing hardware, electrical wiring, breakers and an inverter. Solar panels are mounted on your roof and wired together so you will produce your own FREE electricity.

Top 10 considerations

Consider all aspects of your solar electric installation:

- Does the install company have a proven track record?
- 2. Does the installer custom design a system to specifically suite your power bill, budget and roof?
- 3. How is the system attached to the roof?
- 4. Does the installer use the correct DC cable and hardware to maximize power yield?
- 5. Are warranties of the manufactures supported locally & how are warranty claims handled?
- 6. Does my solar installer take out compulsory 'Home Warranty Insurance' to protect the homeowner?
- 7. Is the REC discount locked in from when I deposit?
- 8. How long to the installation from deposit?
- 9. Will the installer do a site inspection prior to the install day to ensure a smooth installation?
- 10. Will the installer sell the cheapest thing they have in stock OR what is best for your roof and budget?

5 Great Reasons To Go Solar

- Decrease or Eliminate Energy Bills: Going solar allows you to generate free energy, potentially saving you thousands of dollars. Given that electricity costs are rising considerably, these savings will only increase over time.
- Cleaner and greener: Most electricity in Australia is generated by atmosphere polluting coal, which is greatly contributing to our current global crisis. There is an urgent need to reduce
- Pollution in our environment. By using Photovoltaic (PV) Solar Power you can produce 100% clean electricity for a greener environment.
- 4. Reliable: Renewable energy Solar panels are silent and have no moving parts, meaning you can be guaranteed a long lifespan from your system. Most high quality panels come with a 25-year warranty. Investing in a better quality system will increase the power yield and give far more certainty with regards to the long warranties.
- Add Value to your Home: Sustainable housing solutions such as solar power, solar hot water and solar passive designs have become very desirable for homeowners. When you install a solar power
- Generous Government Incentives now available: The Australian Government is now encouraging all homes and businesses to go solar with substantial incentives available.

When you install a solar power system you create Energy Certificates (STC's) which, depending on your zone rating, have a certain value.

Maintenance and Repairs

Dirty solar panels can lose up to 25% efficiency! Solar panel manufacturers agree that cleaning and inspecting solar panels on a regular basis will improve electrical output. Regular cleaning and maintenance will also ensure that you don't void your warranty. Give your system the cleaning it deserves. http://www.solmate.com.au/

Australia Wide Solar often repair others work. Systems that have been defected or not operating to their full potential can easily be quoted and repaired in most cases. So don't go without your system working to its full potential.

The Average System

The average size of a household grid-connected solar PV system is about 3 kilowatts which has a PV panel area of about 20 square meters. A system of this size should produce about \$1,000 in electricity credits to your account. Don't fall into the trap of a discount solution, these systems need to be installed by a well-established professional team who have quality top of mind. Short-cuts can result in unsafe and poor performing installations. To maximize results, quality counts. Australia Wide pride themselves on high quality installations..

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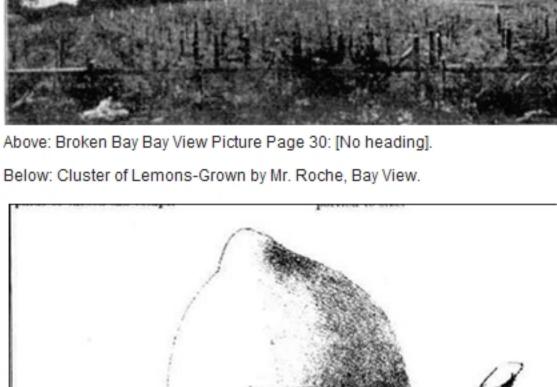
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Manly

Beach.



(For letterpress see article "Ma

Morning Bay 1884 A Proclamation by His Excellency the Governor

appeared in a supplement to the Government's Gazette published yesterday, declaring and appointing the **vessel** *Prospector* to be a flouting

Prospector ordnance vessel at Towlers-

by Mr. Roche, Bay View.

magazine for, the storage of explosives. The position of the vessel is thus defined:-"The said vessel shall be moored in the waters of the port of Broken Bay; that is to say, in a bight or bay on the western Shore of Pittwater, known as **Towler or Morning Bay**, in about six fathoms of water, and about 375 yards from land north, south, and west of the said bay; and that the precincts thereof shall be as follows, viz., a distance of 20 yards from any part of the vessel: And I do hereby proclaim that the same shall be, on and after the date hereof, the precincts of the said floating magazine; "Any person entering such precincts without authority, and refusing to withdraw after being directed so to do by the Ordnance Storekeeper or other person under his authority, may be either forcibly removed or taken into custody for the purpose of being brought before the nearest Court of Petty Sessions, and will be liable to a penalty not exceeding £20. NEWS OF THE DAY. (1884, December 16). The Sydney Morning Herald (NSW: 1842 - 1954), p. 9. Retrieved January 18, 2012, from

http://nla.gov.au/nla.news-article28365581







A PICTURESQUE AND HEALTHY TRIP. BY "ST. MAGNUS." eighborhood abound in lovely scenery, a harmonious blending of r, embellished by art, a mingling of many colors and tints that is

Manly to Broken Bay.

ng to the eye and charming to the senses. So numerous indeed are ots of the metropolitan districts, and-so various in their scenic ne is sometimes at a loss from, which to choose as the most spend a holiday. To the lovers of nature, and to those who love to changing scenes, perhaps Manly, and the road along the beach abeen Lakes and on to Newport, Bay View, and Broken Bay eeable and instructive, an. outing as any. At all events the route has comparative newness, because for some unexplained reason it has ecent years that the magnificent harbors of **Pittwater** and Broken lovely scenery and fertile lands have received even passing the great body of tourists; holiday-makers, and settlers, who are tlook for something new. The district may be easily reached by land by water via Broken Bay. From Manly two lines of coaches are in Post Office schedule time. The distance from Manly to Bay View only about II miles, and to Newport Post Office the distance is not The road is a most picturesque one throughout. strations shows a last glimpse of a corner of Manly Beach seen as

, and make several trips per day to suit the running of the Manly ferry t behind on the road to Narrabeen. The road then runs through a bit ish, with its varied colors of Australian evergreens and flowering en past a settler's cottage with it's modest clearing and gay colors of I flower blossoms. Now past the Deewhy Inlet and headland, and

ing out into the ocean, then through the village of Narrabeen, where hotel accommodation, and which has now become a very favorite rt for Sydney people. The drive is now across the substantial bridge extensive Lake Narrabeen, which abounds in fish and wild fowl (see ow), and onward in graceful curves around breezy **Bulgoa Head** irging waters of the vast Pacific Ocean. art of the distance the road follows the beach, and although at present be improved by planting rows of Norfolk Island pines (Araucaria sand-binding grasses as at Manly. Occasionally a lot of green

e of the country is mostly in a state of nature, yet it is easy to see how s passed, and one of the sights of the road is the Salvation Army tands on a bold, rocky hill, commanding a fine view of the cultivation ι wealth of gay colors. At length the Rock Lily Hotel is reached, and ment for man and beast. A few yards beyond here the road to the town of Newport and Barrenjoey Lighthouse, and the other Post Office and Telephone Office and Church Point, At Bay insive waters of Pittwater and Broken Bay in all their glory lie iew. Our illustration gives a very good idea of the scene. In the Bay View House, vine yard, orchard, Post and Telegraph Office, f Mr. J. J. Roche. In the near view is Pittwater, extending its broad is to the right and to the left, and in the distance is Broken Bay, with arring the passage way, so named because of its resemblance to a

Only half the scene described is represented in the picture, but the

ma of headland jutting out beyond headland, with the intervening s as they sweep inward between the wooded head lands, gives a what the other side is like. Broken Bay is, as is well known, one of the ent harbors in Australia, with plenty of deep water and ample scope ships that sail the ocean. Its vicinity to **Port Jackson** has, up to the oyed its chances of becoming a commercial centre, but no one can day will come when it will be the seat of a prosperous population I towns within its borders, and railroads and ships bringing goods to resent it is merely used as a haven of shelter by storm-tossed ships, es, and an occasional excursion steamer from Sydney. At present its nostly composed of private gentlemen, who have residences among ts, the summer residences of business men from the metropolis, a nal fruit-growers, with a scattering of business men and fishermen. w the road, a very good one, winds around the beach, disclosing as point is gained new beauties of land and water. Around here are od orchards, with trees laden with fruit, and the homesteads peeping ses of evergreen foliage, with an extensive vista of land and water. In

dence and orchard. Mr. A. McIntosh's residence is also hard by. s at Church Point, a lovely spot commanding a view of Pittwater notel of Newport at the head of Navigation, Broken Bay, and rectly in front; Scotland Island and Towler's Bay right across the : long and deep arm known as McCarr's Creek on the left. On the side there are several residents who pull across the water to the ch Point and meet the steamer from Sydney or the coach from Manly, lay be. The dynamite powder hulk is moored in Towler's Bay, ces on shore for the officers in charge, Mr. Robert Robinson ince of *Raamah* at the same place. Mr. Robinson informs me that he erfection such tropical fruits as bananas, guavas, ginger, mangoes, razilian cherries, &c. This fact will demonstrate that there can be little his locality. Other residents of this side of the bay are Mr. F. Chave, who has a very nice orchard, mostly summer fruit; Mr. E. C.

vho has a nice residence and orchard; Mr. A. Steffani is another

ident, while the residence of the firm of Flood and Oately occupies a

la in the quiet waters of the bay. Mr. Geo. Brown has a residence

nd Valley (see illustration) is situated to the left of the entrance to

d in the neighborhood, and there is also a small church and

hurch Point.

h of various descriptions.

oot on a sloping hillside, with such a fore ground and a craggy

'rofessor Anderson Stuart has a summer residence and orchard.

dis has a neat residence on a pleasant point. Mr. W. Baker has an

ome magnificent trees, while on a commanding bluff is Mr. John

and is considered one of the most beautiful of the many points of whole water system of Broken Bay. The bay is spacious and deep, which comprises an area of about 1000 acres, is shut in by a bold ountain chain. The valley is the homestead of the late Mr. John nost of the land still belongs to the Collins family. **New Brighton** is a favorite resort for excursionists by steamer from Sydney. Large ers can run right up to the wharf at Newport, and there is ample water r vessels. From the Basin, Broken Bay, the distance to Peat's t four miles, and there are long and deep inlets which penetrate the at distance on either hand. On the right from Broken Bay extends iter up to Gosford. The above is but a glance at some of the more s of this extensive inland water system, with its deep and broad bays nd inlet, lying within the many folds of the bold projecting headlands nills; in fact the whole is a perfect maze of waterways, headlands, nds, which must be seen to be properly appreciated, and the water

here is Mr. J. J. Roche's orchard, composed of very good soil. veral miles the soil is generally good, and at Mr. Austin's Cabbage)rchard the soil is of an excellent quality. wnship is situated about a mile from Bay View, on the road to nting the ocean beach. It cannot boast of many inhabitants as yet, **ublet**, of Sydney, has a promising young orchard in the vicinity. **The** tel is also here, Mr Leon Houreux proprietor, and to which there is at flower garden and orchard. Mr. Henry Ball, Rosebank, and Mr. both fruitgrowers of this neighborhood. At Newport, a township which

I hotel, Post and Telegraph Office, Town Hall, boarding-house, and

airy farming, or fishing has the resources of land and water been as

e residences, there are several small orchards. But neither in

I to their fullest extent; in fact, in these great industries a

een in its bold outlines from a distance gives one an idea of sterile closer approach and investigation it will be found that, while there

very good soil for fruit-growing and even dairying purposes. Most of ght sandy loam, but there are spots of excellent soil. Stretching back

ty ridges and promontories, there are also deep alluvial valleys,

ent is just about being made, which in time will no doubt develop into and extensive industries. In the hands of Mr. Roche and a few others, and poultry farming is a paying industry and will be sure to extend. 1, " A Cluster of Lemons," grown by Mr. Roche, on his Bay View compare favorably with any fruit of the kind grown in this country or ! lemons, which are of the Lisbon variety, and are very juicy, are and grow close to the salt water in the greatest profusion; and h are of the Siletta variety, are among the sweetest and best ever 's property are several small caves, interesting as the unmistakable generations of blackfellows, and the shells and debris collected show ition, and what is now used as manure. e district is varied, as may be supposed from the climate and soil. otted gum, ironbark, blood wood, and turpentines, and others of the

though not so handy as desirable. A dense undergrowth occurs in ions, prominent among which are the numerous palms common to baroneas, flannel flowers, waratahs, fuchsias, &c, all grow in the ing confusion; rock lilies, stag horns, and other epiphytal plants is and trees, while a perfect maze of ferns cover the sward wherever

oot for themselves, from the tender maidenhair to the more lofty fern

elop into lofty trees, which cover the whole face of the country and

er was shipped from the district, and there is still large quantities

ely wooded appearance. In the olden days large quantities of

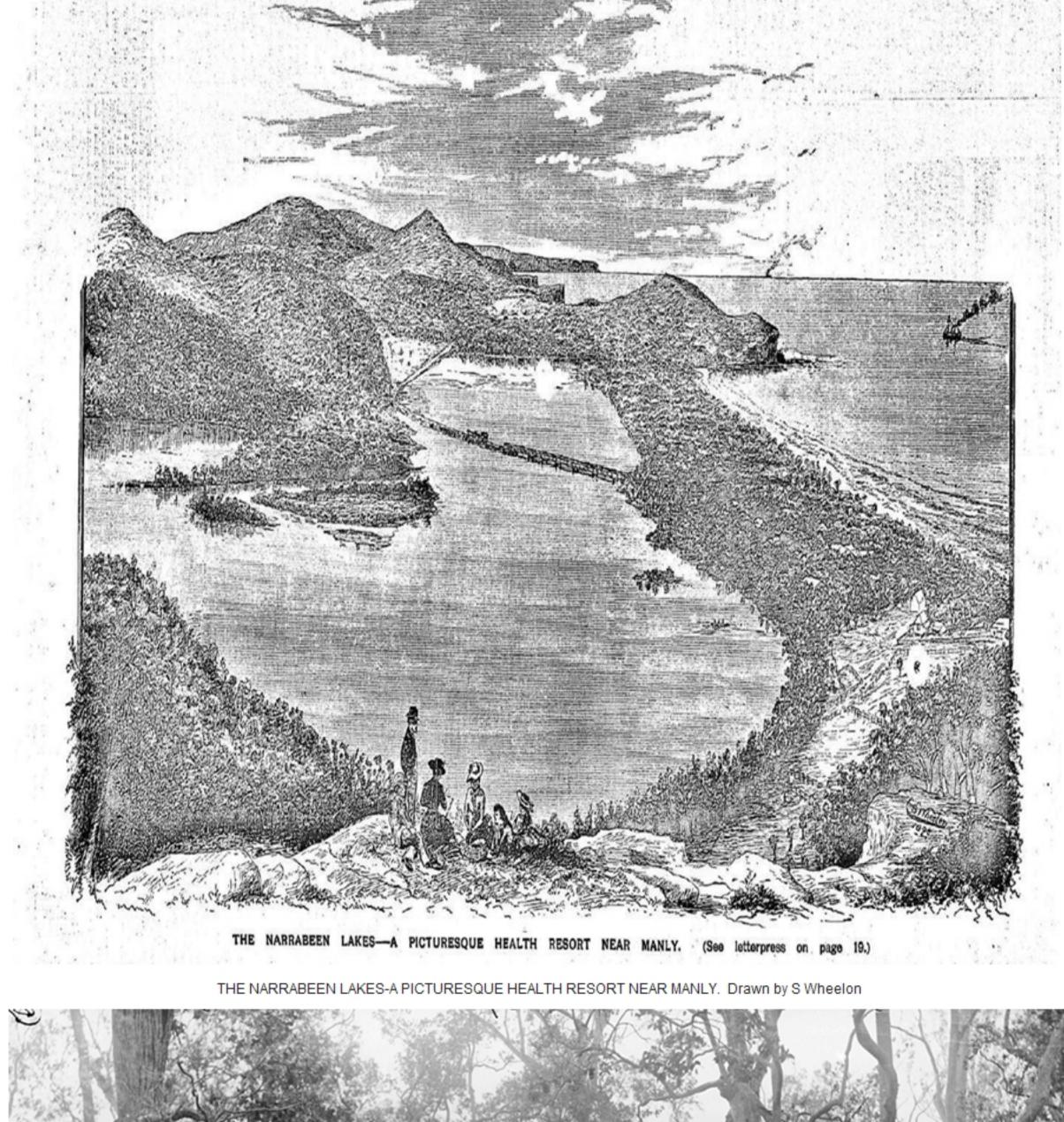
ving streams of water pour down from the mountain sides, in some ning cascades of considerable volume, which still further enhance the scene. vored region has every resource calculated to render it a fit man, a salubrious climate, fertile soil, plenty of wood and water, and stance from market. Its fisheries alone, if energetically prosecuted a revenue sufficient to support a large population, while its close e metropolis and many beauties ought to attract a constant stream of eason the district is so backward in respect of permanent settlement ecause there are so many other localities where the land is more and the soil of a better quality. One drawback has been that much of land has been locked up from settlement by large landholders. summer visitors are now beginning to pour into the district. Many ess men are buying properties and building cottages there on for ences. The district has rapid and efficient and cheap,

in with Manly, by coach, but what is required to bring it within easy

s one can leave Church Point at 6.15 a.m., and reach Circular Quay oat at 9 a.m., but a railway to North Sydney would do the journey and with more comfort. As a place of resort for holiday-makers

netropolis is a tramway or light line of railway. Under existing

Broken Bay has many, attraction and as a place of residence for : marine views it stands unsurpassed. en Bay. (1893, November 11). Australian Town and Country /: 1870 - 1907), p. 19. Retrieved from http://nla.gov.au/nla.news-





Pittwater 120 years on

Community News Pictures News From our Inbox Artist of the Month Books Events Reflections Collector's Corner Community Clubs Community Noticeboard Community Forum

January 29 - February 4, 2012: Issue 43



Photos of Australia Day Fun, Awards and Citizenship Ceremony at

Newport, Pittwater, 2012 Woody Point Yacht Club's 2012 Gentleman's Launch and Putt Putt

Regatta

A Transplanted Oriental's Musings - My first day of summer by Huang Zhi-Wei (aka Reg Wong) Reflections by George Repin: Cockatoo Island Over The Years

Going Solar by Stewart Everitt (Great Tips to save Big Time) Manly to Broken Bay - A Picturesque & Healthy Trip by St Magnus,

1893 Profile of the Week: The Bopulaters, sprung from The Bilgola Bop

Band and The Aztecs, close our January Profiles with a song History: Summer Pittwater Events: February once brought the start of

the ancient Waradiel Season Collector's Corner: Memorabilia II; Australian Beer Stubbies, useful and with Hotel Addresses in case you get lost

PITTWATER COUNCIL

PITTWATER'S AUSTRALIA DAY AWARD WINNERS ANNOUNCED

The winners of the 2012 Pittwater Australia Day Awards were announced at Australia Day celebrations at Bert Payne Reserve, Newport Beach.

There were six award categories under which nominees were selected; the Pittwater Citizen of the Year, Senior Citizen of the Year, Young Citizen of the Year, Sportsperson of the Year, Australia Day Award and Community Event of the Year.

Ambassador, entertainment legend Maria Venuti. Lorrie Morgan from Newport was selected as Citizen of the Year for her tireless work as an advocate for the arts in Pittwater. As President for Pittwater Community Arts, she coordinates numerous events, giving many artists in the area an opportunity to display and

Pittwater Community Arts show and the successful Pittwater Artists

sell their works. Her key achievements include organising the annual

Trail. Her level of commitment and drive is second to none!

The awards were presented by Pittwater's Australia Day

Betty Snelling from Warriewood received the Senior Citizen of the Year Award for her dedicated work at the Jacaranda Day Activity and Respite Centre. This centre provides respite to carers of the frail and elderly in the Pittwater area. Betty's vision and hard work alongside her husband sees the centre assisting over 40 clients during the week, helped by up to 50 volunteers. Her passion to serve has seen a significant number of people benefit both physically and emotionally over many years.

Pittwater's Young Citizen of the Year is Amnon Holland, a Clareville

School and had the idea to encourage the school to purchase and

resident. This young man is a former student of Pittwater High

use solar panels to conserve energy. With support from his father Bill Holland, the school community and corporate sponsors, Pittwater High was the first school in Pittwater to go solar and has the largest school solar installation in Australia. Whale Beach netballer Elly Willan was elected Sportsperson of the Year. Elly demonstrated her skill as an outstanding netballer by cocaptaining her team to three consecutive wins at the State League Waratah Cup. Elly has been an active member of the Manly

highly commended awards were also awarded in this category. The first highly commended event is Pittwater's International Women's Breakfast organised each year by the Zonta Club of the Northern Beaches. Pittwater's International Women's Day Breakfast

The standard of nominations received for Pittwater's Community

Event of the Year was exceptionally high. As a consequence two

Warringah Netball Association throughout her netballing years,

contributing wherever possible at coaching clinics for young players.

is a celebration of economic, social, cultural and political achievements of women. It acknowledges women's contribution to making Australia, and the world, a better place for everyone. The other high commendation for the community event of the year is Life Matters, organised by Kathy Lee. Life Matters has helped transform the conversation around death and dying in Pittwater by engaging GPs, palliative care workers, volunteers and residents in seeing death as a natural part of life. The Life Matters event has

proved to be so valuable that similar events are being held on the

The winner of this year's Community Event of the Year is North Palm

Central Coast, ACT and Victoria.

Beach Surf Life Saving Club, whose members have been conducting a Reconciliation and Cultural Exchange Program known as 'Outback meets the Beach' since 2007. This is a two way initiative where Indigenous youth and accompanying Elders travel to North Palm Beach from Jawoyn Communities in Arnhem Land in the Northern Territory. In exchange surf club members make regular trips to the community. The exchange provides an opportunity for education, mentoring and sharing of different cultures, breaking down intolerance and ignorance and providing an environment where trust, respect are fostered.

The final award is the Australia Day Award, with joint winners in this

category. The first recipient is Emile Jansen (of Jansen Design &

Architecture). Emile has made numerous pro bono contributions to

the Pittwater community by providing his professional services for

free. His architectural services were recently auctioned at the Rotary Northern Beaches Spring Concert with donations providing support for children with severe heart problems at the Westmead Hospital. In addition Emile has offered his services free-of-charge to develop designs and plans for the extension and modernisation of the Palliative Care Centre at Mona Vale hospital. This project would have been delayed if not for Emile's generous support. The other joint winner of the 2012 Australia Day Award is Brian Friend. During Brian's time in the police force he was awarded the Queen's Commendation for Bravery for a sea rescue off the northern beaches and commendations for rescue work during the 1994 bush fires. However it is Brian's outstanding contribution on the sporting field which has won him this award. Brian has been the backbone of

Warringah Touch and the Avalon Bulldogs Rugby League Club. Brian continues to coach and referee young players, including each year's under-6 team at the Avalon Bulldogs. He is also actively involved in fund raising for the charity NSW Police Legacy and cancer research. Mayor Harvey Rose extended his thanks to the individuals involved for their contribution to the Pittwater community. "I'm extremely proud of these great people whose involvement in our community makes a difference to so many," he said. ECO-EVENTS IN FEBRUARY Timed to coincide with World Wetlands Day, the Council's Coastal Environment Centre will host several events in

a number of Pittwater's sporting clubs for several decades, including

First up is a Twilight Discovery Walk on Thursday 2 February between 6-8pm, highlighting the nocturnal animals, plants and insects of the Warriewood Wetlands and learning about their importance in the past, present and future. Council staff and local experts will share their knowledge and history of the wetlands, plant

February to introduce residents of all ages to the wonders of

Pittwater's environment.

and animal biodiversity and the importance of water and catchment management. On Saturday 4 February the Centre is hosting a bird-spotting walk in the Warriewood Wetlands. This early morning walk, between 7.30am and 9.30am, is guided by an ornithologist with

detailed knowledge of the bird life of the wetlands - so binoculars are

a must!

creek's habitat healthy.

www.pittwater.nsw.gov.au/cec

On Sunday 5 February a family fun day aimed at increasing awareness of creeks and catchments will be held at the Winnerremy Bay reserve at Mona Vale between 10am and **12.30pm**. Have fun with the whole family learning about how to keep local waterways clean and healthy. Staff from the Coastal Environment Centre will demonstrate the art of dip-netting, revealing the secret life teeming in the creek's waters. Learn some basic water monitoring skills and help plant native vegetation that will keep the

All events are free of charge and suitable for children and adults, although children must be accompanied by an adult. Bookings are essential for all the eco-events; book online at www.pittwater.nsw.gov.au/cec or by phoning the Coastal Environment Centre at 1300 000 232 (CEC). Full details of each event, plus what to wear and bring with you, are also available at

A CLOSE ENCOUNTER OF THE VENOMOUS KIND!

spiders will be the subject of a free workshop at the Coastal Environment Centre, which will teach residents how to co-exist more peacefully with these venomous animals – but also how to save someone's life if bitten!

held a similar session for its field staff late last year.

themselves and their reactions to disturbance.

and compression bandages available to purchase.

February from 11am to 1pm.

Natural Environment & Education Manager Mark Beharrell said the

Council had decided to offer the free workshop to the public, after it

misunderstood creatures in February. Snakes, lizards, ticks and

Confront your fears and learn about some of Pittwater's more

"Feedback from employees was that they got a lot out of the workshop and came away much more aware about how to prevent bites and what to do if bitten," he said. "We thought residents would also benefit from a similar experience." Mr Beharrell added that landscapers, gardeners or keen bush carers would be ideal participants at the workshop. Participants at the workshop will be shown live snakes, spiders and lizards by an expert handler, who will discuss how they hunt, breed, camouflage

Techniques focussing first aid, what NOT to do when bitten and the

correct way to apply compression will be taught at the workshop. A

free identification reference guide will be given to each participant

The workshop is on Wednesday 29 February between 6.30pm

and 9pm at the Coastal Environment Centre, Lake Park Road North Narrabeen. Entry is free but bookings are essential; call 1300 000 232 (CEC) or book online at www.pittwater.nsw.gov.au/cec/bookings/community_events

Residents are invited to be part of Pittwater's celebration of the

will launch the Year of Reading at Mona Vale Library on 14

entertainment from David Hall. David describes himself as a

National Year of Reading in 2012. Pittwater Mayor Harvey Rose

2012 NATIONAL YEAR OF READING

'fanatical adventurer' who originally trained as an actor. He will share his love of reading on the day. Mayor Rose will also launch two competitions at the event. The first competition - 'Win a good night's sleep' - invites readers to

write a brief review of a book that has kept them up all night. Event

As part of the launch, residents are invited to a morning tea with lively

organiser Heather Thomson said that the winning entrant would receive two free nights accommodation at beautiful Barrenjoey House at Palm Beach. Entries to the competition will close on 4 April, with the winner announced at the library on Thursday 5 April at 10am. The second competition gives every borrower at Mona Vale Library a chance to find a 'golden ticket' concealed within selected books.

"We have modelled the competition along the lines of the golden

ticket featured in the book 'Charlie and the Chocolate Factory', with

instant prize." The National Year of Reading 2012 is a collaborative project joining public libraries, government, community groups, media and commercial partners as well as the public. For more information on the National Year of Reading 2012 visit www.love2read.org.au For more info about the National Year of Reading in Pittwater call 9970 1600 or visit <u>www.pittwater.nsw.gov.au/library</u> Mona Vale

CHILDREN'S THEATRE NO DRAMA AT LIBRARY!

library is located at 1 Park Street, Mona Vale.

library, starting on Wednesday 15 February.

children's confidence in public speaking."

to book phone the library on 9970 1600.

As librarian Sharelle Ravenscroft explains, the reader's theatre gives children the chance to read aloud and perform plays under the direction of an experienced drama teacher. "They'll learn how to project their voice, the importance of using expression to add emotion and tips on speaking clearly and more slowly to get their audience's attention," she said. "Overall the reader's theatre classes are designed improve

Wednesday fortnight between 4pm and 5pm, starting on Wednesday

15 February. Classes are free-of-charge but bookings are essential;

The reader's theatre will be held at Mona Vale Library every

The reader's theatre is just one of several events planned to

teacher Helen Rosenkranz free of charge once a fortnight at the

celebrate 2012 as the National Year of Reading. Other events, including two reading competitions, will be announced at the library by Mayor Harvey Rose on 14 February. Mona Vale Library is located at 1 Park Street Mona Vale. For more information visit www.pittwater.nsw.gov.au/library

Mona Vale library is located at 1 Park Street, Mona Vale.

Seniors Week 2012

Council is seeking senior's groups and organisations to host an event as part of NSW

of the most enduring playthings of childhood from May. Mona Vale

Library is starting up a Lego club on the first Sunday of each month from 2pm to 4pm. Next is February 4th, 2012.

Senior's Week between 18 and 25 of March, 2012. Contact Susan Machar on 9970

1169 or email details of your event to seniors@pittwater.nsw.gov.au

LEGO AT THE LIBRARY Local children will have the chance to join a club specialising in one

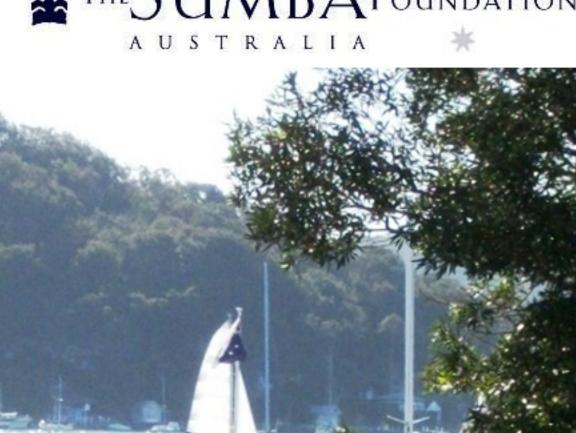
"Many residents have fond memories of playing with Lego when they were creative side with Lego, as well as developing their problem-solving skills," Ms Howie said. "The children can bring their favourite Lego creation to the first

session to inspire others."

Ms Howie said that library staff would co-ordinate the two hour session but would welcome parents who would like to be involved in the program. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library, 1 Park Street, Mona Vale. Sumba Foundation Australia Article at: here

The club is open to children aged between seven and twelve years of age, with younger children welcome with parental supervision. Mona Vale Library's Manager Cathy Howie thanked the generosity of Pittwater residents who have donated Lego for the club's use. children. The idea of the club is a place where children can play and explore their

> Website at: THE SUMBA FOUNDATION





Built in 1925 for poet Dorothea Mackellar, author of "My Country," Tarrangaua is an elegant, iconic home on beautiful Lovett Bay.

Tour the house and grounds and meet Susan Duncan. Purchase

Don't miss this rare opportunity to visit a Pittwater treasure. Tickets: Adult: \$25 – Concession \$20 On sale from Monday 6 February

Tickets include admission to Tarrangaua and return ferry. Admission-only tickets (\$10) at Lovett Bay wharf on the day.

Point wharf. Departures at 10.00, 11.00, 12.00, 13.00, 14.00 & 15.00. Last ferry departs Lovett Bay at 17.00. Note: House access is up 90 steps, so some mobility is required.

Presented by The Rotary Club of Pittwater Enquiries: Call Gail on 0417 228 294

Palliative Care Centre at Mona Vale Hospital

its doors An Artist run initiative It is with great sadness that the Gone

Our last newsletter celebrated the Gone Fishing Gallery's one-year

anniversary at Church Point. Sadly after 13 months the Pasadena, our gallery space, has suddenly changed ownership. We have not had the option to stay on. Huge thanks and thoughts go to Mary and Joe who generously provided this space to our community. We have new ideas in the pipeline so please visit our website and

discuss:

Our thanks Finally, we would like to thank our wonderful supporters from the community and beyond for making our ventures a success: fundraisers, book launches, and exhibitions unique to Pittwater.

Now part of our community history, GFG at Pasadena will be long

Email: info@gonefishinggallery.com.au. Paul Ph: 0404 103 601

remembered as a place to meet, enjoy art, and celebrate.

If you know of a space that may be utilised to continue

showing these great works please contact Paul Smith to

OVER 200 COMMUNITY CENTRE ACTIVITIES NOW ON OFFER!

stress release with African drumming? These are just some of more than two hundred activities on offer to the public this year at Pittwater's seven community centres.

Got a secret longing to try salsa dancing? Or how about some

week. "This year our centres are busier than ever, with lots of new activities to try," she said. Some of the new activities on offer include a fitness class called Abs, Butts & Thighs With Healthy Lifestyle and Sporty Little

Munchkins for children. Other popular courses making a return in

A brochure with all the activities and classes on offer will be delivered to Pittwater residents in early February. The brochure is also online at HERE Ms Rudgley said that bookings should be made directly with the

contact the tutors as soon as possible if they're interested in something." Pittwater's community centres are located in Avalon, Newport, Mona Vale, Elanora Heights, North Narrabeen and Warriewood.

Coastal Environment Centre and News Limited to coordinate a new photography competition focussing on Pittwater's natural beauty. The competition will run between 5 February and 19 February and be judged by highly acclaimed nature photographer Chuck Bradley, whose photographs have been turned into

postcards and posters around the world.

turned into a greeting card which will be sold through the newsagency and the Coastal Environment Centre at North Narrabeen. The Council's Natural Environment & Education Manager Mark Beharrell said the competition was inspired by David Attenborough's recent TV series Planet Earth, currently being featured by News Limited. "We see it as a great partnership to get

The winning entry in Pittwater's photography competition will be

was open to all ages. "The winning entry will be judged as the most visually appealing, original and self-explanatory," she said. "Photographs should include a description of the subject, where it is in Pittwater and of course it must be natural!"

For full details of the competition visit www.monavalenews.com.au New appointments to the Energy Security Council - Think Change

SNIPPET: The Government has announced four new appointments to the Energy

Security Council, which was established last year as part of the package. Mr Bunyon

has experience in the electricity sector, including as chairman of Eraring Energy from

Vertigan will chair the Council, which also includes the chairs of the Australian Energy Market Commission, the Australian Energy Regulator and the Australian Australian Winter Youth Olympic team returns with two medals - Wednesday 25

2000 to 2010 and as a director of Pacific Power from 1996 to 2000. Dr Michael

PORTFOLIO: Climate Change and Energy Efficiency

\$2.7 million in annual High Performance funding to the Olympic Winter Institute of Australia, Ski and Snowboard Australia and Ice Racing Australia. Media Release GG 02/12 - Government spending on ICT is \$5 billion PORTFOLIO: Finance and Deregulation SNIPPET: The Australian Government is a major consumer and producer of Information and Communications Technology (ICT), with annual expenditure of \$5 billion, Special Minister of State Gary Gray said today. 'The report gives a very useful

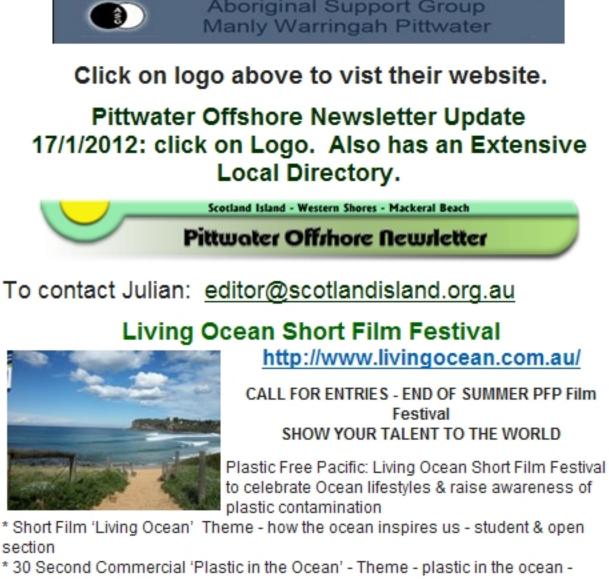
Indigenous community leader from north-east Arnhem Land, Laurie Baymarrwangga, who is this year's Senior Australian of the Year. Minister for Mental

Laurie Baymarrwangga, who is this year's Senior Australian of the Year. 2012 PRIME MINISTER'S PRIZES FOR SCIENCE PORTFOLIO: Innovation, Industry, Science and Research SNIPPET: Nominations open today for the Prime Minister's Prizes for Science -Australia's most prestigious science awards. Past Prime Minister's Prizes for Science recipients Elizabeth Blackburn AC and Brian Schmidt went on to be awarded Nobel Prizes in 2009 and 2011 respectively. The prizes are awarded in five categories:.Past Prime Minister's Prizes for Science recipients Elizabeth Blackburn AC and Brian Schmidt went on to be awarded Nobel Prizes in 2009 and 2011

Health and Ageing and Minister for Social Inclusion Mark Butler tonight congratulated

the nonagenarian Indigenous community leader from north-east Arnhem Land,

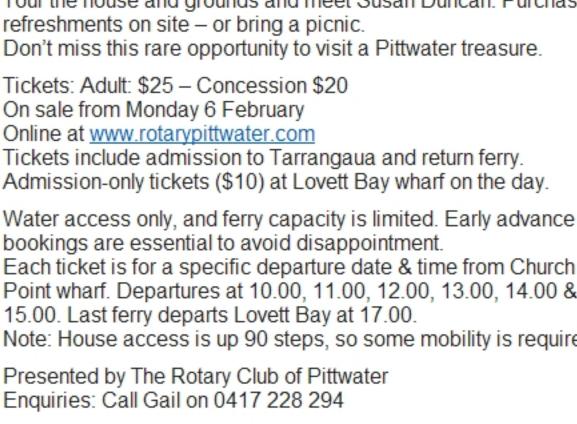
101 Best Hotels in the World for 2012 has been welcomed by Tourism Australia Managing Director Andrew McEvoy as firm evidence of the growing quality of the country's tourism offering. New news on the breadth of quality Australian tourism offerings in the competitive global tourism market place is also vital to ensure our industry keeps on growing. © Tourism Australia 2012.



Contact Phone Number Website or Email Submit Copyright Pittwater Online News 2012. All Rights Reserved.

Name of Event

Date of Event

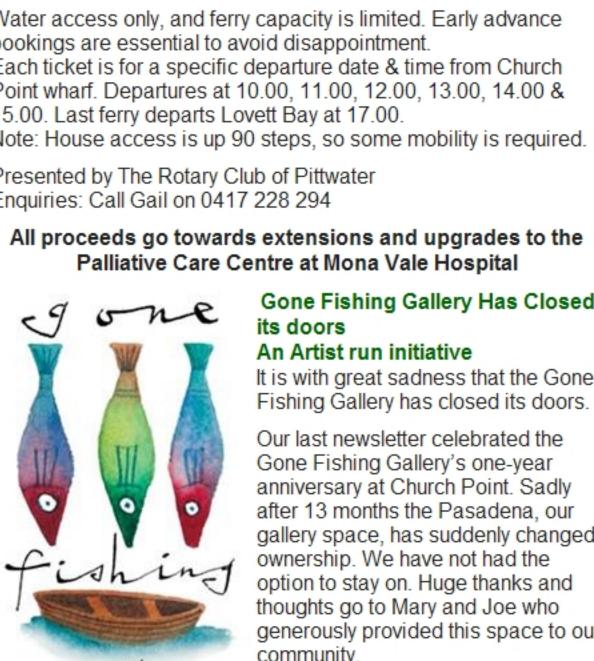




are opening their home to visitors for two days only: Saturday 24 March and Sunday 25 March, 2012

bookings are essential to avoid disappointment. Each ticket is for a specific departure date & time from Church

All proceeds go towards extensions and upgrades to the Gone Fishing Gallery Has Closed



Facebook for further news. GFG art still available If you wish you'd picked up a work of art, don't worry, it's still available for purchase. Studio enquiries and visits are also welcome. Contact us, we'll put you in touch with the artist. Browse our online gallery Our online gallery will continue. Browse through the Gone Fishing Gallery artists and watch out for new works.

PITTWATER COUNCIL

Community centre coordinator Pat Rudgely said the centres were hosting activities from early morning to late at night seven days a

2012 are Italian Language and Cake Decorating.

class and course tutors listed in the brochure. "Some of our more popular activities do book out early so we recommend residents

NATURE PHOTOGRAPHY COMPETITION OPENS Local newsagency Mona Vale News has teamed up with the

people interested in and photographing Pittwater's natural environment," he said. Amanda Liversage from Mona Vale News said the competition

The competition will be launched at Mona Vale News at 6/5 Bungan Street Mona Vale on Sunday 5 February, between 9am and 1pm, with special offers and a free kindifarm. Federal Government Media Releases

Securities and Investments Commission. January 2012 SNIPPET: SENATOR THE HON MARK ARBIB. Minister for Sport Mark Arbib today

congratulated the Australian Winter Youth Olympic team on its great performance, including winning two medals, at the inaugural games in Innsbruck, Austria. The

Australian Government is a strong supporter of Winter Sports, providing more than

insight into the Government ICT market,' Mr Gray said. The objectives of the ICT benchmarking program are to measure progress in improving the efficiency and effectiveness of ICT services in the delivery of Government programs, and inform other whole-of-government ICT policy initiatives. Senior Australian Of The Year 2012 PORTFOLIO: Health and Ageing SNIPPET: THE HON MARK BUTLER MP. Minister for Mental Health and Ageing and Minister for Social Inclusion Mark Butler has congratulated the nonagenarian

respectively. Tourism Australia Australian hotels high on the list for quality PORTFOLIO: Resources, Energy and Tourism SNIPPET: The inclusion of a raft of Australian hotels in Tatler magazine's list of the

The Pittwater Mens Probus meets at the Mona

Vale Golf Club on the second Tuesday of each

month. Visitors are welcome at 10.30am. For

more information call Bill Marshall 9918 0064 or



Address of Event Description of Event Contact Name

golden tickets randomly placed in books at the library." Ms Thomson Michael Mannington 9973 1624 said. "If you find a golden ticket, you can redeem it at the desk for an Aboriginal Support Group Budding dramatists aged between 10 and 12 will soon be able to act up at Mona Vale Library. A 'reader's theatre' will be hosted by drama To contact Julian: editor@scotlandisland.org.au

> Details of location, time and prizes as they come to hand...start creating now. Living Ocean's Aim: To celebrate the ocean lifestyle, raise funds for active groups that help conserve and protect life in our oceans by focusing on the 300 million tons of plastic pollution in the oceans worldwide. Entry Form on website. Submit your Event

refreshments on site - or bring a picnic. Online at www.rotarypittwater.com

Salvation Creek"

Meet Susan Duncan at "The House at

DIY Hints

Pittwater Online News Front Page Park Bench Philosophers Profile of the Week History Youth Seniors Environment Food Lynda Hill Community News DIY Hints News From our Inbox Books Events Artist of the Month Collector's Corner Pictures Reflections

January 29 - February 4, 2012: Issue 43

SANDS OF MORNING. by Ella McFadyen.

Summer breathed over the hills to-day, A waft of the bush and a wind from the bay, And my truant thoughts went straying: Pittwater flickered with nor'east flaws,

The surf ran high 'tween the Lion's paws,
And the spring-fed runnels' were playing.
I saw the hills that drop to the sea,
And a honey-bird's call was a call for me
And the great grey sandstone boulders
Were elephant's browsing, heath to the knees.
And the rosy waxflowers, clotted with bees,
Fondled their lichened shoulders.
To-morrow I'll rise and be ready to roam
In the starlit hour when the cats come home,
Ere ever the birds are waking,

When each needlewood thorn is a dewdrop's place,

And her thread-like blossoms arc fairy lace,

And the whole world's mine for taking! I must seek the lairs where I used to lie,

Curtained by trees and under the sky; I must find and touch and recover The sights and sensations laid away, Where the Lion lies couchant at Broken Bay, To welcome me back like a lover. The strong white feet of the winter rains Have trodden the campfire's cold remains, The lizards my hearth are keeping; I must find the cave where the fairy-mouse And her wee pouched kindred kept their house, And-the nest where her babes are sleeping. Grape-blue the hills in the dawn shall be, And the sun shall rise from a white-gold sea, With light for the day's adorning, Where the rain-washed track is a virgin sheet For the printed tale of a pilgrim's feet; My feet on the sands of morning.

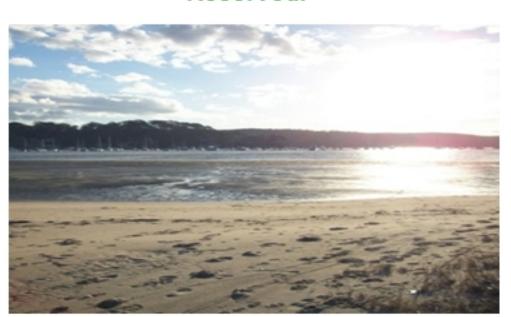
SANDS OF MORNING. (1935, March 14). The Sydney Morning Herald (NSW: 1842 - 1954), p. 2 Supplement: Women's Supplement. Retrieved from http://nla.gov.au/nla.news-article17171195

Ella McFadyen (1887-1976) was a journalist, writer of books for children, poet and amateur photographer. She conducted the Children's Page of the Sydney Mail (as "Cinderella") until 1938 and also wrote for the Sydney Morning Herald Women's Thursday section, Australian Town and Country Journal and many other

Ella McFadyen Catalogue of Poems; http://trove.nla.gov.au/list? id=10506

newspapers and magazines.

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Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1500.



Simpson-Kennedy and Jonty Erwin. Below: Jonty on stage, November 2011.

Above, left to right: (back) Paul Wheeler and Simon Abbott, (front) Ivor



THE BOPULATERS (EX BILGOLA BOP BAND + AZTECS) 2012 Gigs: 29th Jan Avalon Bowlo 26th Feb Avalon Bowlo 18th march Avalon Bowlo

15th April M/V Bowlo 17th June M/V Bowlo

5th August M/V Bowlo 30th Sept M/V Bowlo 4th Nov M/V Bowlo 9th Dec M/V Bowlo So far they are all 3-6 but may change to 2-4 in Winter. Highway one: original soundtrack, featuring the music of Richard Clapton, Dingoes, O1'55, Skyhooks, and Bilgola

Bopulaters Facebook Page: http://www.facebook.com/pages/The-Bopulaters/267362436623611?sk=info

Request LP from onsite storage (D 788 HIG1)

Bop Band. INFINITY. Available State Library of Victoria

Drum Lessons (with Simon) See: http://www.simonabbott.com.au/ Guitar Lessons (with Ivor)

Styles: Rock, Blues, Soul, Funk, Jazz, Latin etc etc. Skill Level: Beginner and Intermediate Suitability: Ages 7 to 100 years

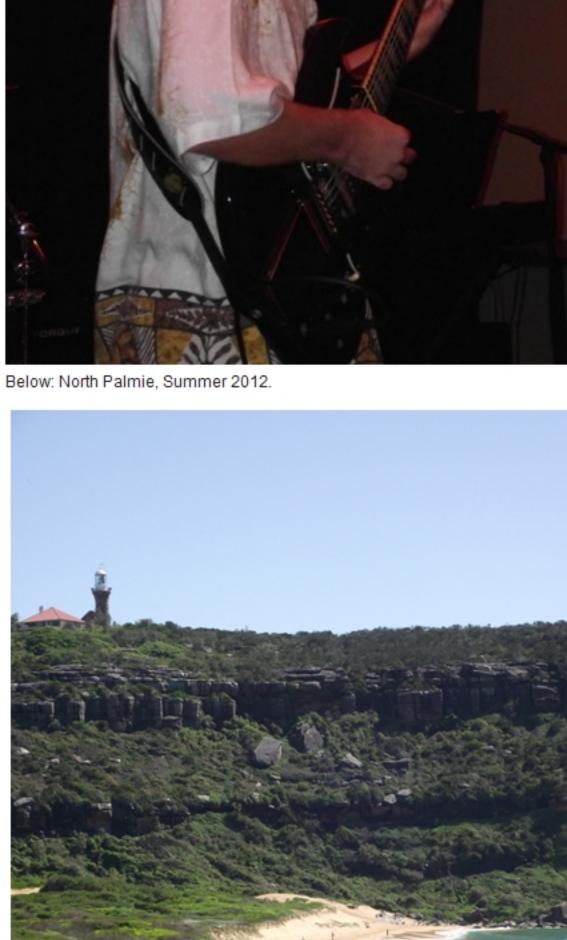
Pricing: \$25 per half hour, \$40 per hour Guitar lessons based on Sydney's Northern Beaches, Avalon. Aimed towards beginner and intermediate students.

Further:

Tel 0439 478 992 or (02) 9918 9482, http://www.myspace.com/ivorskmusic







e local bands whose musicians we have all been hearing in one

The Bopulaters

nother for years is the Bopulaters. This eclectic group of nals and their music epitomises what Summer in Pittwater is all ormed from Jonty Erwin (ex Bilgola Bop Band) Keyboard, a and vocals, Paul Wheeler (ex Billy Thorpe & Aztecs) Bass, bott (Session and various Sydney bands) Drums and Ivor (The Mad Dog Blues Band) Guitar and backing vocals and with an e of 19 to 60 something, the Bopulaters have had us sitting back ing or getting up and dancing for a while now. The lads kindly be our last Profile for the January 2012 Summer Mix and share a 1ts... ary we will be privileged to present a Photo Montage set to a song

aters will be releasing then. We shall bring you details on how to this as soon as it's available. The Bopulaters play Avalon Bowlo ioon 3-6pm. in (Jonty) Erwin

ed in a home with a pianola in the living room and a father old

n Community Hall.

be my grandfather. His taste for hits from the 1920's & 30's eg: (how I love ya etc), Al Jolson, "The Charleston", "Darktown strutters Hogie Carmichael songs eg: "Stardust", are surely etched into my some of these rolls were treasured possessions, which ironically, nost of the wear and tear (literally) especially during enthusiastic gs which happened just about every weekend. The 'Cross hands as my favourite as a child, no singing in that one, all my attention pidity of the rise and fall of the keys. e of 6 or 7 a family of newcomers bought our old house in Avalon after we had moved up the road to our sandstone castle my father family played a variety of instruments from tea chest bass to

nd inspired me to get serious about the ukulele. To begin, my one ther (right arm lost in a car accident) would play chords and sing ummed. He told me I had harmonised whilst attempting to sing 1 him. He was delighted to discover I could do this instinctively. ed to the tenor banjo then to the guitar, dabbling in blues harmonical way. My older surfing mates, Brian Barriskill and Glenn Short ne with what they could do on those tiny instruments. Then I heard I, he became my idol probably for the next several years. I

ed regularly in high school end of year concerts and formed a

iendship with the late Ian (Nai) Stevens, a fellow Pittwater High nd accomplished folk/rock guitarist; he taught me a lot. Many a the would be spent with another school mate Neil Bryant playing ng CSN&Y (Crosby, Stills, Nash and Yoing) trying to emulate their monies. In my late teens I injured a finger of my left hand in a surfing leaving me unable to play chords on the guitar. It was then the came attractive for a while but I returned to the guitar when nt returned. ter this period the formation of the Bilgola Bop Band began. 3 Barrenjoey High School kids, Steve Brien & Mat Wenban and two s, one a local psychologist/surfer Chuck Davis, the other an ed rock bassist Peter Barron from local band Tamam Shud. Many al musicians were drawn together by chance when they played for

/ night community coffee shop organised for young people in the

la Surf Club gigs soon followed fortnightly, sometimes weekly ng on other engagements) these gigs carried on for 2 years a vibrant meeting place for the young locals to let off steam. n was \$1. The bands we idolised we imitated (Doobies, Taj Mahal, We played several originals as well, some mine the others. Il of which we performed as support act for American recording Cale in 1976. BBB continued for a few more years with a few line es, then disbanded May'78 when Steve and Mat discovered Jazz. I th various local muso's during the ensuing years but mainly with Evis and Milton Brown in a band called Lion Idol in a Wednesday

dency at Moby's in early 80's.. Music was never my principle form 3. This is when I bought my first 4 track tape recorder which opened o songwriting. time hobby for about 2 decades creating a stockpile of hundreds of cassettes tapes, some promising, most to be forgotten. As one of azz teachers said "it takes at least 10 years trying before you write ong". advent of the home PC the songwriting process changed forever. with which you can put together a complete song is mind bogling. eliminary ground work on sequences and the old four track had put

od stead for creating music on the computer. I found I could create ts to form complete arrangements for a four piece rock band with

ng? Well the process also teaches you to sing in a way, because me your own biggest critic. Once on a CD or MP3 file you can send lete song to the band members and they learn it, making s a breeze. That's if the band members are willing.... out 15 years ago to about 1 year ago BBB would reunite for gigs the PBGC maybe 2 or 3 times a year. Playing the old 70's covers

: The lyrics being the hard part.

vide a nostalgic night of entertainment where the prospect of the old faces was just as bigger draw card as the thrill of g a Steve Brien guitar solo. But a vehicle for my original songs, 3 was not to be. Disparities in addresses alone, being enough to gular rehearsals. opulaters conception was essential if my songs were ever going to lext step out of the drawer and onto the stage. In the late 90's I

d a bloke at the local dog park who, it was revealed, lived on an

common. Paul Wheeler (ex Billy Thorpe & the Aztecs) was into

nusic but not public performance, not at that stage anyway. Only

greed to be apart of an impromptu one off gig at my place in June

block to mine in Clareville. Interests in music and antique furniture

he succumb to the allure of playing gigs again. ne guitarist was easy. Ivor lives across the road from me and came guitar lessons about 10 years ago. I soon had to pass him onto a anced teacher who he stayed with for several years. He had isbanded from the Mad Dog Blues Band and was keen to come nticed by the funky nature of the original repertoire. of us live within a 100 yards of each other, and the drummer is not

Simon is a professional drummer playing in various Sydney bands und him on the net and has slotted in perfectly, happy to rehearse kly basis, making it easy to hone a tight, funky sound. As we new originals to the repertoire we can run them up the flag pole at club to see how they fly. our favourite song or album?

is - TuTu ical influences? to be specific but probably Taj Mahal, Steely Dan, Stevie Wonder,

m you bought with your own pocket money? youngest of 3 there was no pressing need to buy anything but "I've

rywhere man" was the first single I bought.

our favourite place in Pittwater and why?

m Beach for it's unspoiled beauty and occasional surf. our 'motto for life' or a favourite phrase you try to live by ?

always told me "If you don't expect anything from anybody, won't be disappointed if you don't get it."

neeler reater London in '47. Moved to Royston just outside Cambridge

grated to Australia in '61 and settled at Queenscliff. laying around '63 and eventually got into a band with Jimmy Kelly, on and Gino Cunico about 66.

the watershed band really, we all went on. Jimmy to S.C.R.A. Contemporary Rock Assemble) after The Affair, Tony to country I Greg Quill, Gino to The Executives and eventually song writing in

he John Barry Seven.

Abbott

tracks is Gaucho.

ical influences?

npson-Kennedy

our favourite song or album?

our favourite place in Pittwater and why?

I joined Thorpie at the Whiskey Au Go-go and we ended up in e in '68 and I stayed there for about 6 years.

oleon I played with McKenzie Theory, The Phil Manning band, 1 Silver Band and then I came up to Sydney and started playing in a lled United Sound for 3 or 4 years . I hooked up with a couple of se album I'd played on which eventually turned into a duo called

t with Chris Venn . After which I stopped playing for 3 years until '94 came back (from USA) and the whole thing started again. I went ith Billy on and off and played with lan Moss for a year or so. After a aying around with computers and music, started playing with Jonty tually "The Bopulaters" appeared with Simon and Ivor . our favourite song or album? e a favourite album there are just so many great ones; Rubber

bey Road, Talking Book, Aja, The Band, Blond on Blond and a others. ical influences? nces viz. Black bass players m you bought with your own pocket money? buying when you bought singles and the first 2 I bought together

ilman Bring Me No More Blues by Buddy Holly and Baby Elephant

partial to the Avalon pool and there is a great cave just of the end the trails in Kuringai national park.

our 'motto for life' or a favourite phrase you try to live by? ? The only thing you can always do better than everyone else is to **≀SELF.**

ro drummer for the last 13 years or so. Mostly self taught but nusic at The University of Aberdeen in Scotland. Have played in ups both here and overseas including tribute acts such as Virtual e Australian Blues Bros Show and Hotel California. Also played in roductions such as Godspell and We Will Rock You. Played on

ordings from singer songwriters to bands and record labels. working as a freelance drummer and drum tutor here in Avalon. our favourite song or album? 3 depending on my mood but I really like Steely Dan and one of my

mer playing on that track is Jeff Porcaro, he played on many in the 80's and has a style that I love. He would be one of my ifluences. m you bought with your own pocket money? as NOW 2 which is a compilation album with all the latest hits. obably be worth something now.

our favourite place in Pittwater and why?

ite place has to be Avalon Ocean pool, I go down there most days to have a run on the beach and dip in the pool. Also love walking ngophora reserve. our 'motto for life' or a favourite phrase you try to live by?

iple really be nice to each other, share the wealth. Be ate about what you do or don't bother.

ore of 91 in music). A working musician who has been teaching for Creator of Northern Beaches blues trio Mad Dog, now disbanded. a member of Michael Vaiasinni's Mafia, a soul and jazz group. in a funk/r&b band called the Bopulaters containing former of Billy Thorpe and the Aztecs and the Bilgola Bop Band.

favourite album would be murder but I can pick a favourite song. Mexico' by the Coasters, not that well known but a serious bit of

with all things in between like soul, R&B, reggae, rock'n'roll etc etc.

teachers, Jonty Erwin and Peter Hunt and my drum teacher Matt

d blues ical influences? influences are many and varied. I suppose I take most influences k music, from 20's delta blues right through to funk from the 70's

my biggest influences guitar wise were Johnny Winter and Freddie also love Jeff Beck, Peter Green, Santana, the list goes on. I also writers, I take a lot of inspiration from guys like Stevie Wonder, Bill Faj Mahal, again the list goes on, there are just too many people to course your teachers have a huge influence on you as well, so both

have had a big influence as to how I play.

our favourite place in Pittwater and why?

m you bought with your own pocket money? sure the first album I bought with my own money would have been TNT. AC/DC was the the first band that got me to pick up an it so I'll always have a soft spot for them.

our 'motto for life' or a favourite phrase you try to live by ? easy going, so if I had to pick a phrase it would be live and let non Abbott Picture and Band Pic Below Copyright Michael Mannington, 2012.

ite place in Pittwater would have to be Kiddies Corner at Palm

efore I started playing music surfing was my life and that's the spot I





Seniors Environment Front Page Park Bench Philosophers Profile of the Week Youth Food Lynda Hill History News From our Inbox Collector's Corner DIY Hints Community News Pictures Books Artist of the Month Reflections Events

January 29 - February 4, 2012: Issue 43



Above: Natives fishing in a bark canoe. (Titled beneath image). Inscribed lower left 'New South Wales 1819'; by Richard. Browne, 27 Philip Street Sydney. Image No: a 4911001h, courtesy State Library of NSW

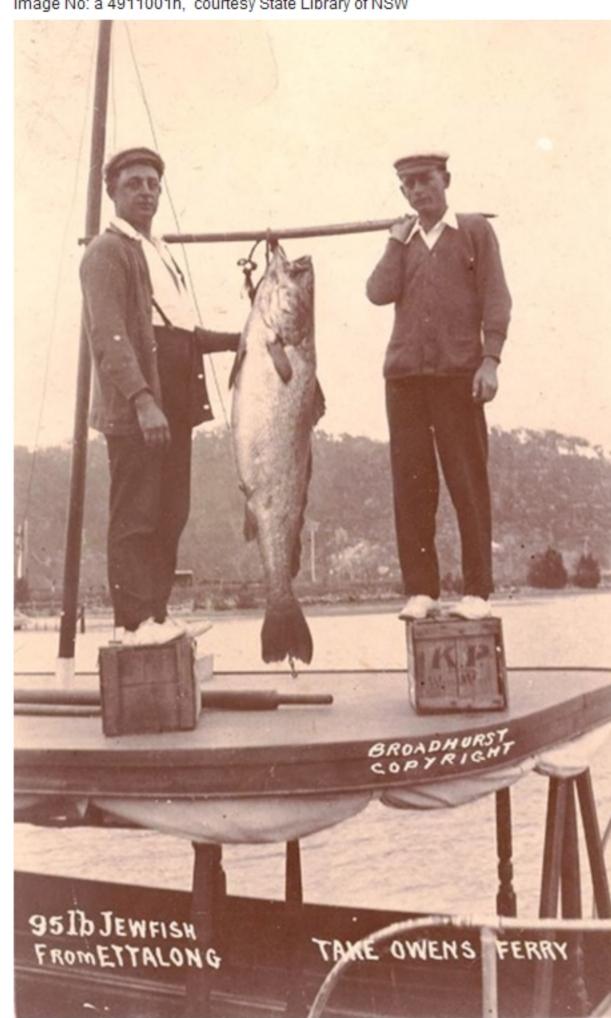


photo reads: [sic] "This is Wal and Les with a load of sea mullet we caught in Boambee Creek. This is only a few of the haul of over 3.5 tons." - Boambee, NSW, At Work and Play - bcp_01670, both Courtesy of State Library of NSW

Above: Broadhurst Image 1052066h, circa 1900. Below: Inscription on back of



Alex Roberts, with input from Kath Schilling. May 2010. Aboriginal Women's Fishing in New South Wales A thematic history. mullet pages 12, 15, 16, 26,

Further and References:

27, 28. Published by: Department of Environment, Climate Change and Water NSW 59-61 Goulburn Street PO Box A290 Sydney South 1232 http://www.environment.nsw.gov.au/resources/cultureheritage/10131abwfish.pdf SOME OBSERVATIONS ON THE MATERIAL CULTURE OF ABORIGINAL FISHING IN THE MORETON BAY AREA: IMPLICATIONS FOR ARCHBIOLOGY.

IA N WALTERS Anthropology & Sociology, University of Queensland At: https://www.library.uq.edu.au/ojs/index.php/qar/article/viewFile/307/349

The following information comes from the booklet, and has been endorsed by

the local Darug communities. The seasonal cycles of plants dictated Darug people's movement around their territories. Their staple diet was the plentiful edible lily tuber that they replanted each season in the rich alluvial river flats around the Hawkesbury-

Nepean (Deerubin) River. Replanting and fire management ensured the seeds and root-stock continued to provide food for the family as they passed through the floodplain and lagoon country when the mullet were running. From; http://www.rbgsyd.nsw.gov.au/plant_info/aboriginal_bush_foods Aboriginal settlement Narrabeen Lagoon

The camp site at Narrabeen Lagoon was the last community Aboriginal town

camp to survive in the northern Sydney suburbs. Probably, before the British invasion, Narrabeen Lagoon was one of the many coastal occupation sites

Aboriginal settlement Narrabeen Lagoon

by Peter Read, 2011

offering seasonal shelter, fish and wetland resources. Until perhaps 1850, the western end of the lake was a community and secular living area standing in relation to the higher country of the Collaroy plateau above. This higher and less accessible country was used for ceremonial and educational purposes by the Gai-mariagal. Dennis Foley, a Gai-mariagal (Camaraigal) descendant, describes the area as 'the heart of our world'. [1] More at: References Interview with Dennis Foley, conducted by Peter Read, June 2009, held in Aboriginal and Torres Strait Islander Data Archive, University of Technology, Sydney Foley, Dennis, Repossession of our Spirit, Aboriginal History, Canberra, 2001

Read, Peter, Belonging, Cambridge University Press, Melbourne, 2000 'National Fitness Council', State Records NSW website, digital gallery, http://www.records.nsw.gov.au/state-archives/digital-gallery/our-sportingheritage/national-fitness-council/images-1/11-

19038.jpg/image_view_fullscreen (NRS 10663) Notes Dennis Foley, Repossession of our Spirit, Aboriginal History, Canberra, 2001, p 47 While researching the commencement of the Waradiel Season

we came across this and had to share it; seems strange that less then a hundred years ago people went Marlin fishing at our own Palm Beach: BLACK MARLIN Caught off Palm Beach. Dr. D. G. Maitland

yesterday afternoon landed a 1601b black marlin off Palm Beach. He was trolling from his cruiser Idler about a mile and a half from the shore and four miles south- east of Palm Beach, when the marlin, one of several he had sighted, first struck.

After playing the fish for 35 minutes, Dr. Maitland succeeded in getting it aboard the Idler. It turned the scale at 1601b. It is the first black marlin that Di. Maitland has caught and one of the few which have been caught .. as far north as Palm Beach so early in the season. "My catch augurs well for the success of the angling

competitions during the 150th Anniversary celebration?." Dr. Maitland said. "It is very encouraging to find black marlin in the Palm Beach waters. Generally at this time of the year they are only to be found around Bermagui." BLACK MARLIN. (1937, December 29). The Sydney Morning Herald (NSW: 1842 - 1954), p. 11. Retrieved from http://nla.gov.au/nla.news-article17442404



Waradiel* Season

Inhabitants using dolphins to herd mullet and tailor for capture and and and its seas also tell of how the Guringai read the seasons ance of plant's flowers, shifts in the winds and even certain clouds lue season. The return of giant schools of sea mullet, as part of ts, was an event for indigenous peoples that also saved the place and became part of their calendar of events once this tood.

bruary and the flowering of the white paperbark tree (some ee or coastal wattle), used to signify, along with cooler winds from n cumulus clouds, the beginning of the mullet runs and fish season oles of Pittwater. "The appearance of the 'golden yellow flowers' of acia binervia), for example, indicated that fish would be running n moonless nights the tidal rivers will echo with the delighted as they catch the delicious prawns which inhabit the shallows'.16 ering of Burringoa (Eucalyptus tereticornis), which signifies the ther, indicates 'that it is a time when the people are not permitted n as prawns, crabs, yabbies, mussels, pipis, lobsters or ids of the waratah and first appearances of flying foxes in the lifting of these restrictions, and 'feasting on the beaches and s'."(Roberts. May2010)

could run until September although some sources state these fish

t-dried by indigenous peoples to last through winter months when ntiful (other sources state winter was also a good fishing season h). The fish runnings were also communal celebrations where gather together to harvest the fish. Part of this event's celebration t the produce of the sea where and when it was caught. the culture of looking after the land and according it the respect

sons for cooking fish where and when it was caught was to return ntry and show respect for Country. (Roberts. May 2010) rrabeen lake; Narrabeen: It abounds with the fish called mullet, and they are caught in great numbers by means of net aturday Magazine, Vol 9, 1836. Narrabeen remained a c our original inhabitants until around the 1950.: (See Peter Int Narrabeen Lagoon', Dictionary of Sydney, 2011)

water's estuary and moved up the Hawkesbury. In March 1788, ilst on his explorations of our area, camped on a beach, then Beach after second in command, which is part of Dangar Island. sle Mullet Island after making a substantial catch offshore and the the river. Prior to Europeans this island was known as a birthing he Hawkesbury's Aboriginal name was and is Deerubbin and is deep water.' Some descendants of these peoples still residing on refer to be called by this name and state it is also the name of their

a saviour for early settlers and some indication of how big these In the early days of the colony, during the years 1789 and 1790, a matter of starvation for the people had not the mullet come to ish are just as plentiful this year as they were 100 years ago. It is y records: - "There were 1030 persons who received, through nough to serve rations for the day." In another instance it is was the quantitiy of fish that 2lb weight was given to nes a week in addition to ordinary rations." And again; - "4000 two hauls, each fish averaging 5lb weight."

SEA MULLET. (1887, May 4). The Sydney Morning Herald I), p. 10. Retrieved from http://nla.gov.au/nla.news-article un in the Ancient Schnapper Grounds (waters): It might be at every variety of fish has its season, but that it is hardly safe to anted; and so wisdom is wooed on this point, and it is made at there is a special season for mullet, and that season having eginning of February, (SIv and Mileswater being the fishermen first glut about that time,) is now, and has for a fortnight been at its eness-the supplies of mullet to the two stations averaging about a daily. But it appears that nil other descriptions of edible fish are out the year, and are only more abundant at one period than at abundant varieties during the current season, are mullet and ook on at 11s, per bushel; supplies increased, and it dropped to

with guard fish, an esteemed sort, maintains its better price

ren out to him as it is received-by the dozen, and not by the

r but mullet at length comes very low, and the retailer can afford a

oot long ,and fit for eating, for 4d. at the present time. When the

yfish) usually come in on the Monday, from Broken Bay, in fifteen dozens. A good lobster (or cray fish) is said to be worth 1s. ders, buying them for 3d. out of Table Bay, but in our amiable it a bargain to get a good one for 4s. 6d. (46 cents) no circumscribed empire, but ranges the coast and penetrates is some uncertainty of finding schnappers, however, and when tly in shoals. A few dozens may occasionally be caught outside nin near the lighthouse, but in cooler weather they are conveyed m Broken Bay. Eighty dozens of schnappers were brought in from

nonths ago, but owing to the want of a means of preserving them s lost to the fishermen, for it was not in the power of the retailers a stock*. The last fort-night has yielded a few good draughts of

Retrieved from http://nla.gov.au/nla.news-article1299419 of the First Fleet, recorded the following method of preparing fish:

PLIES. (1857, April 14). The Sydney Morning Herald (NSW:

 exactly in the state in which it came from the water, on the fire. ne a little warmed they take it off, rub away the scales, and then eth the surface, which they find done, and eat. Now, and not out if the fish be a mullet, or any other which has a fatty the intestines, they carefully guard that part, and esteem it a ing is now completed, by the remaining part being laid on the fire y done' (Tench 1793). ning to spawn; NATURALIST SOCIETY.

rid G Stead) gave a short address in the course of which he said

wn species of Australian fish 60 were found In New South Wales

of a series of lantern slides Mr Stead Illustrated the growth of d in referring to the spawning of sea mullet, mentioned that he mullet which he examined in spawning season contained IETY. (1930, February 5). The Sydney Morning Herald (NSW Retrieved from http://nla.gov.au/nla.news-article16623 ings in our area of fish which indicate the reverence and

s fish tides held for local indigenous peoples. Some of the

er are performed, again in their due season. There is son

ngs that were sung in Pittwater we will never hear.

rate as these ceremonies, and the re-carving of the grooves as

red rituals were in accordance with bringing or 'calling' the fish in.

Naturalist. Society, New South Wales last evening the

VINGS AT PALM BEACH. 'TO THE EDITOR OF THE close a copy of some aboriginal carvings at Palm Beach st to the public The outline drawings represent two kinds of fish a flat rock; on the hill between Sand Point, Pittwater, and t Harbour, Palm Beach, Barranjoey. The fish measures 22ft, the e smaller fish 6ft long. They have exceptionally good outlines. ed than any others yet recovered The Hawkesbury sandstones. omparative softness, offered exceptional facilities to the coastal ines to display their art In pictorial drawings, as there are many in nd Hawkesbury districts It is not known what age these carvings undreds of years must have elapsed since they were made The Just been discovered by Architect H A.Wilshire and th, who were looking for building stone on the company's each The company has decided to preserve the carvings for all

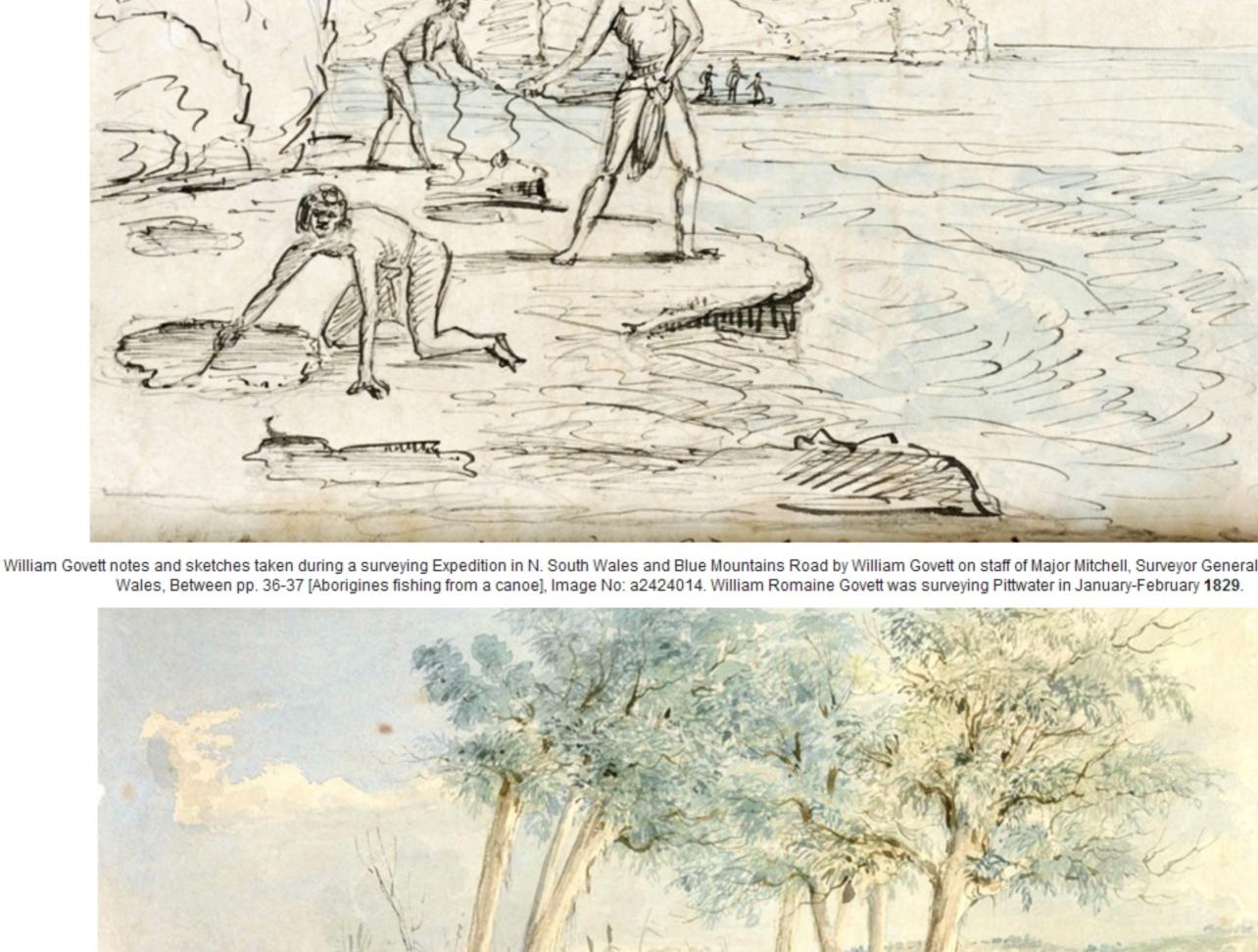
2 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-

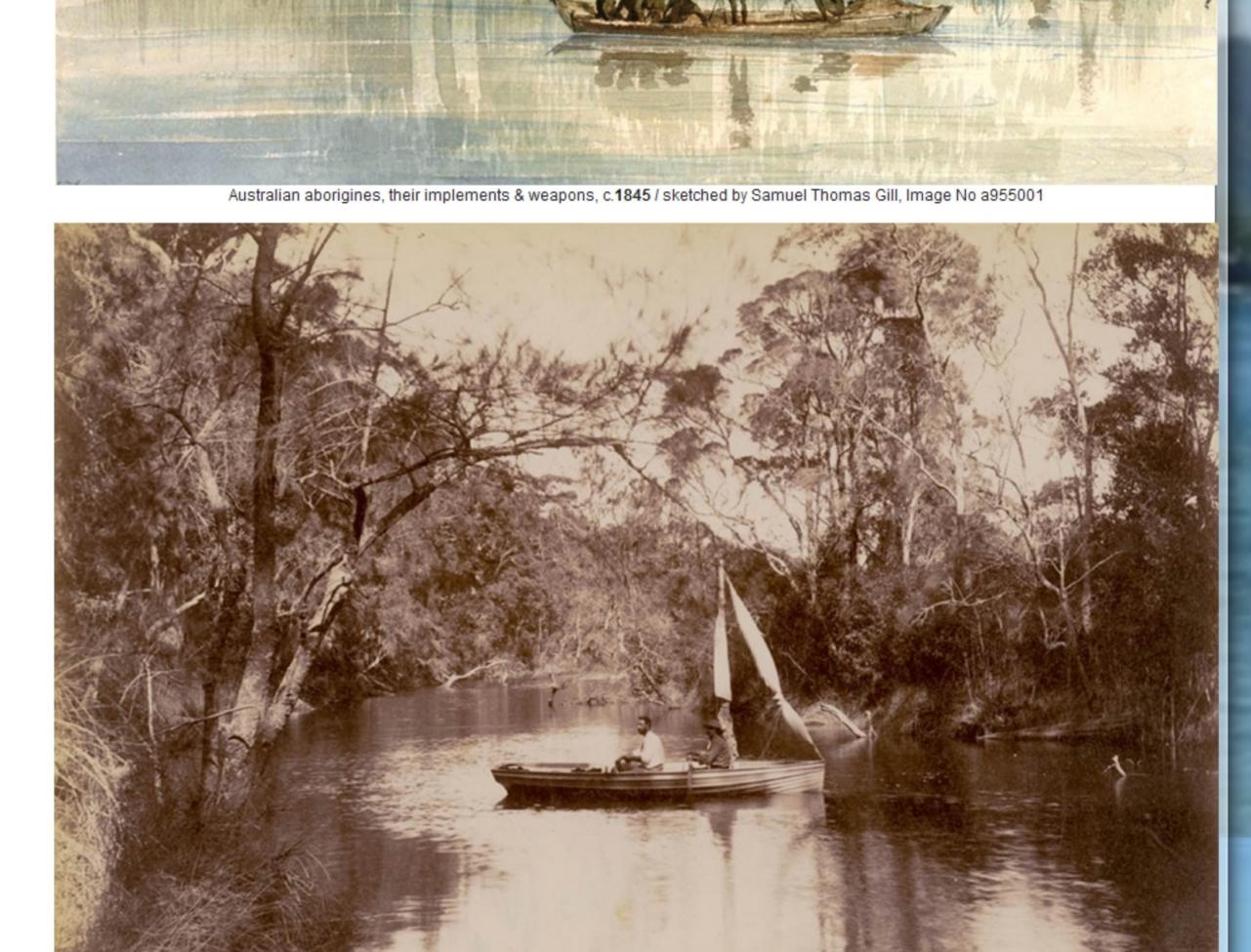
Y, Secretary,

mpany.

illet'is from Cadigal language (Sydney Basin) as we could not ct name given to mullet by the Guringai peoples; apologies for this. cephalus Sea Mullet

VINGS AT PALM BEACH. (1918, January 1). The Sydney Morning





Aboriginal men in boat on Narrabeen lagoon, c 1905, Digital Order No. a116488, all courtesy State Library of NSW

Thoughts of summer

By Madison Ayton

I hear the white, frothy waves crashing on a smooth, sandy shore.

I feel the searing hot sun beating down on my sunburnt neck.

My tongue tingles as an icy drink soothes my throat.

My nose twitches as it smells oily battered fish and salty chips.

I see children laughing and playing until the orange sun sets,

And the cotton candy coloured clouds disperse across the baby

blue sky. As the sun goes down and a perfect summer day comes to an end,

I sit quietly to thank God for the wonderful things I enjoyed today, Then I like to retire to a good long night's sleep,

so that tomorrow I can look forward to another blessed day.



Madison has just turned 12.



National Year of Reading

Discover and rediscover the joy of reading.

National Year of Reading 2012:

For teens, we (Federal Government) will be running the National Year of Reading Creative Reading Prize. It's an expansion of something that

already happens through the Centre for Youth Literature (http://www.insideadog.com.au/blog/inkys-creative-reading-prize-2011).

Young people will be asked to nominate the one book they think their peers must read in 2012 and then to provide a convincing argument in the form of a creative response to the story. This will be a book review, but it could be in the form of words, pictures, film, song, or something even more avant garde. We'll be partnering with insideadog.com.au, spineout.com.au and Madman Entertainment to create a fantastic competition with some really great prizes. More at: http://www.love2read.org.au/

As part of this: Bedtime Stories: Downloadable Tales for Children Available right now AT:

http://www.australianwomenonline.com/bedtime-stories-downloadable-tales-for-



PITTWATER COUNCIL

PCYC CONCEPT PLANS ON PUBLIC EXHIBITION

Pittwater Council has agreed to place on public exhibition concept plans for a proposed Police and Community Youth Club (PCYC) to be located at North Narrabeen. The plans have been developed as part of a submission to the state government and PCYC NSW for funding for the project. Council submitted a comprehensive expression of interest late last month seeking a grant of \$2.5 million towards the establishment of a new club. This follows the NSW Government recently calling for expressions of interest for the establishment of eight new Police and Community Youth Clubs, with funding to be announced in early 2012. The overall funds required to build the new centre are estimated to be \$8.5 million and would come from a variety of sources.

The proposal would see a multi-purpose community centre built at the southern end of Pittwater Rugby Park North Narrabeen, encompassing the current function centre at the ground which would be replaced in the overall development. Management of the centre would be through PCYC NSW, a not-for-profit organisation closely linked to the NSW Police. PCYC NSW currently operates 57 community centres throughout New South Wales and offers a management model whereby a local PCYC is supported by an allocation of two additional police officers.

Community Services Manager Lindsay Godfrey said if Pittwater is successful in gaining funding the centre would have a focus on youth activities, with space for computers, a music rehearsal room and a commercial kitchen capable of hosting hospitality training. "The centre would also have a café, meeting rooms and office space for youth services and be able to host performances and sport-related activities, "said Mr Godfrey.

The design concepts will be on exhibition until Friday 2

March 2012 and can be viewed at www.pittwater.nsw.gov.au/exhibition The documents will also be

available at Council's customer service centres at 1 Park Street, Mona Vale and 59A Old Barrenjoey Road, Avalon.

Australian Stories Online

Project Gutenberg Australia, has a great list of old legends and books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to Lifeline made from anywhere in Australia will be free of charge from 1 July under an agreement made between the three major phone carriers.

Tweet Like



New Website for Northern Beaches Youth

Manly Council has launched a website for young people that is run by young people on the Northern Beaches. Any young people with web design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and MySpace Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below:

www.myspace.com/manlyyouthcentre

www.northernbeachesyouthinfo.net.au

www.facebook.com/manlyyouthcentre



Northern Beaches Music Festival 17th -19th of February 2012 Berry Reserve North Narrabeen

Lots of bands plus a 'Young Bloods' competition in February Featuring The Pigs, Kevin Bennett & The Flood, Sal imber & the Rolling Wheel, Mic Conway & Robbie Long, Fred Smith, Luke Escombe, the Wheeze & Suck Band plus lots more! Also featuring a Young Bloods competition for up and coming bands.

17th of February: 7:00pm-11:00pm 18th: 11:00am-11:00pm

19th: 11:00am-7:00pm

More info and to enter Young Bloods Comp.:

www.northernbeachesmusicfestival.org

Young Bloods Competition From JAN 13 - FEB 10 2012

The Northern Beaches Music Festival is proud to announce the creation of the "Young Bloods" Competition with preliminary heats to be staged at multiple venues across the peninsular between 13 January and 10 February 2012. The finals of the competition will be held at the Northern Beaches Music Festival (17 – 19 February 2012). Our aim is to nurture and support young up and coming musical talent on the Northern Beaches. We wish to acknowledge and thank the great venues who have joined with us in this venture who all have a tradition of supporting young talent on the Peninsular.

Venues

- The venues staging the preliminary heats are:
- Avalon RSL
- Mona Vale Hotel
- Terry Hills Tavern Surgar Lounge (Manly)

The preliminary heats will be run in each venue over a 4-5 week period culminating in three winners from each venue (first, second and most popular) making 12 venue winners to be announced on 10 February. These 12 winners will compete at the Festival on the Free Stage on Saturday and Sunday mornings between 9.00am and 11.00am where our festival judges will select the Ultimate "Young Blood" winner and the Most Popular "Young Blood" winner. Their victory will be announced on Sunday on the Free Stage at 12.00 noon.

Prizes

The festival and sponsors have been able to put together a selection of prizes. These prizes are:

 Both the First and Most Popular "Young Blood" winners will provide a "victory" performance on the main stage in the Marquee at 1.00pm Sunday. Each will be given 15 minutes to showcase their extraordinary talent to our largest audience amongst some of the festival's high profile main acts. 2. Each will receive a multi-camera vision mixed and multi-channel audio DVD recording of their victory performance sponsored by Fwoin Multi Media Productions. 3. Each will receive a recording session sponsored by Billy Hyde Mona Vale at MVM studios. 4. There will also be a prize package of sponsored audio and musical equipment as yet to be determined. We wish to thank the producers of each venue for their cooperation and involvement. All applicants should apply to these producers for spots in the competition. All contestants may compete at all venues until that contestant has won a heat at a particular venue. Once this

has occurred they may not compete at any other venue. Contact details for the venues are as follows:

Avalon RSL - Russell Neal, ph: 0411 827 571, email: nearu01@gmail.com or songsonstage@hotmail.com Terry Hills Tavern - Russell Neal, ph: 0411 827 571, email: nearu01@gmail.com

Mona Vale Hotel - Jaimie Keys, ph: 0421 064 314, email: iaimie.kevs@hotmail.com

Sugar Lounge in Manly - Oscar Letelier, ph: 0428 238 619, email:

oletelier@gmail.com The Northern Beaches Music Festival is looking to acknowledge, support and present the very best of our community's up and coming young musicians and performing artists. We look forward to seeing you there and good luck.

From: http://www.northernbeachesmusicfestival.org/youngbloods/

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. Make sure you are heard. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.



APPRENTICE CLUB

Johnson Bros are extending an invitation to all Building Trade Apprentices to join our exclusive "Apprentice Club". We have teamed up with our loyal suppliers to offer different tools each month at vastly reduced prices to help apprentices build up their tool boxes. File Below for further details and registration form. At: http://hardwoodsaustralia.com/a/117.html



Apprentice club form[1].pdf Size: 494.83 Kb

Teaching Our Children to be Safety Conscious

Being Safety Smart is a free to use online educational game providing safety strategies for children aged from 6 to 8. The program is designed to increase the awareness of children to situations within the community which might impact upon their personal safety and to empower them with the ability to act appropriately and with confidence.

Being Safety Smart is a Queensland Police Service initiative, developed by the University of the Sunshine Coast in partnership with the Queensland Police Service, Education Queensland, and the Crime and Misconduct Commission, and supported by the Daniel Morcombe Foundation. The Website is at: http://www.beingsafetysmart.com.au/BSS/



Aging Brings Freedoms From W.A.G; Seniors Emails Circulating This Week

As I've aged, I've become kinder to myself, and less critical of myself. I've become my own friend.

I have seen too many dear friends leave this world, too soon; before they understood the great freedom that comes with aging.

Whose business is it, if I choose to read, or play, on the computer, until 4 AM, or sleep until noon? I will dance with myself to those wonderful tunes of the 60 &70's, and if I, at the same time, wish to weep over a lost love, I will.

I will walk the beach, in a swim suit that is stretched over a bulging body, and will dive into the waves, with abandon, if I choose to, despite the pitying glances from the jet set.

They, too, will get old.

I know I am sometimes forgetful. But there again, some of life is just as well forgotten. And, I eventually remember the important things.

Sure, over the years, my heart has been broken. How can your heart not break, when you lose a loved one, or when a child suffers, or even when somebody's beloved pet gets hit by a car? But, broken hearts are what give us strength, and understanding, and compassion. A heart never broken, is pristine, and sterile, and will never know the joy of being imperfect.

I am so blessed to have lived long enough to have my hair turning gray, and to have my youthful laughs be forever etched into deep grooves on my face. So many have never laughed, and so many have died before their hair could turn silver.

As you get older, it is easier to be positive. You care less about what other people think. I don't question myself anymore. I've even earned the right to be wrong.

So, to answer your question, I like being old. It has set me free. I like the person I have become. I am not going to live forever, but while I am still here, I will not waste time lamenting what could have been, or worrying about what will be. And I shall eat dessert every single day (if I feel like it).

Independent Website for Elders: http://www.agedcarecrisis.com/about

About us: We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities. We do not receive any funding. We are not affiliated with any government body. We are not affiliated with any religious body. We are completely independent

www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

Contact Community Care Northern Beaches by clicking their logo:







Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au

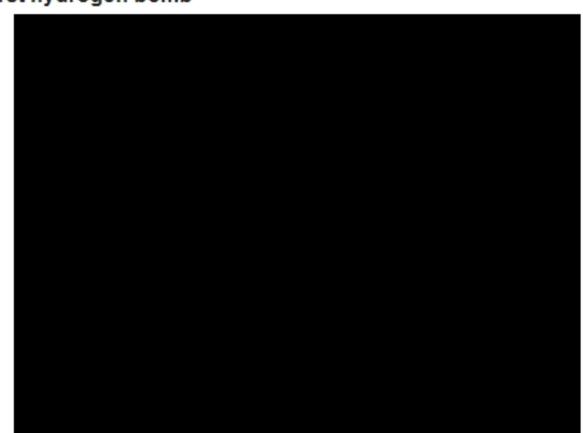


100 Years In 10 Minutes

Views So Far; 2,054,696 Uploaded by derDon1234 on Dec 28, 2011

Compilation of the last 100 years. Some important events are missing (Juri Gagarin, Martin Luther King, and some more...) in a few weeks I will revise this video and add some events. To not blow up the time frame, I had to leave out some more or less important events, I want to show.

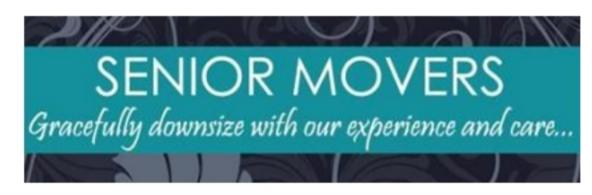
Exclusive original recordings, except for "14.Apr.1912 Sinking of Titanic"(movie) and "31.Oct.1952 Explosion of the first hydrogen bomb



Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

If you are overwhelmed about the thought of a downsize, or worried about trusting anyone in your home and helping you sort your treasured mementoes. Perhaps your family are time poor, not around to help or they and you just need someone on site for you to help coordinate and take the burden? We have a team of specialists working with us ranging from auctioneers, removalists, packers, eBay traders, all different trades and services to give you the whole project solution. We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.



www.seniormovers.com.au

Also see Belinda Grundy's <u>Profile</u> other great Business; www.bgpropertystyling.com.au

The Senior Newspaper Online

Click on logo:



Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

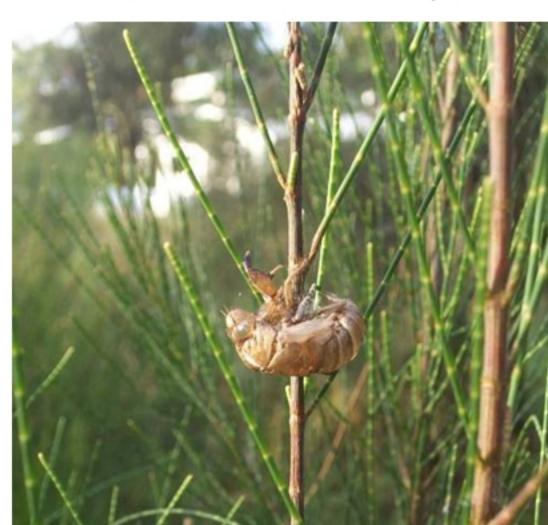
The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or ring the coordinator Jenny McLaughlin on 02 9999 1348

Article on their Seminar

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Summer Creature Features; Cicada



Cicada skin at Careel Bay, last week (Shells of cicadas are employed in the traditional medicines of China.)

A cicada is an insect of the order Hemiptera, suborder Auchenorrhyncha (which was formerly included in the now invalid order Homoptera), in the superfamily Cicadoidea, with large eyes wide apart on the head and usually transparent, well-veined wings. There are about 2,500 species of cicada around the world. Around 220 cicada species have been identified in Australia, many of which go by fanciful common names such as: cherry nose, brown baker, red eye (Psaltoda moerens), green grocer/green Monday, yellow Monday, whisky drinker, double drummer (Thopha saccata), and black prince. The Australian green grocer, Cyclochila australasiae, is among the loudest insects in the world.

Being principally tropical insects, most Australian species are found in the northern states. However, cicadas occur in almost every part of Australia: the hot wet tropical north; Tasmanian snowfields; Victorian beaches and sand dunes such as Torquay and deserts. (Some species such as the Green Grocer are not restricted to coastal or desert zones in Victoria. Each year for a period of a few weeks, an astonishing number of newly mature Green Grocer Cicadas emerge from the ground. Their numbers, combined with the ear shattering noise produced by a single adult male, are sufficient to make their entrance throughout suburbia absolutely unmistakable and 'Cicada Season' as some Victorian residents know this time, is clearly noticeable even in CBD areas of major cities such as Bendigo and Melbourne where this species flourish). According to Max Moulds of the Australian Museum in Sydney: "the 'green grocer' is unusual in its ability to adapt perfectly to the urbanized environment." Cicada sounds are a defining quality of Melbourne, Sydney, and Canberra during late spring and the summer months.



Cyclochila australasiae, Australian Green Grocer cicada, by Trudyro at en.wikipedia

Although only males produce the cicadas' distinctive sound, both sexes have tympana, which are membranous structures used to detect sounds and thus the cicadas' equivalent of ears. Males can disable their own tympana while calling. Some cicadas produce sounds up to 120 dB (SPL) "at close range", among the loudest of all insect-produced sounds. This is especially notable as their song is technically loud enough to cause permanent hearing loss in humans, should the cicada sing just outside the listener's ear (unlikely). Conversely, some small species have songs so high in pitch that the noise is inaudible to humans. Species have different mating songs to ensure they attract the appropriate mate. It can be difficult to determine from which direction(s) cicada song is coming, because the low pitch carries well and because it may, in fact, be coming from many directions at once, as cicadas in various trees all raise one another to make noise in unison. Although relatively loud, cicada song can be comforting and even hypnotic at times, as it is at its loudest during the hottest time of an already hot day.

these she deposits her eggs. She may do so repeatedly, until she has laid several hundred eggs. When the eggs hatch, the newly hatched nymphs drop to the ground, where they burrow. Most cicadas go through a life cycle that lasts from two to five years. Some species have much longer life cycles, such as the North American genus, Magicicada, which has a number of distinct "broods" that go through either a 17-year or, in some parts of the world, a 13-year life cycle. The cicada has represented insouciance since classical antiquity.

After mating, the female cuts slits into the bark of a twig, and into

Jean de La Fontaine began his collection of fables Les fables de La Fontaine with the story La Cigale et la Fourmi (The Cicada and the Ant) based on one of Aesop's fables: in it the cicada spends the summer singing while the ant stores away food, and finds herself without food when the weather turns bitter. In Japan, the cicada is associated with the summer season. The songs of the cicada are often used in Japanese film and television to indicate the scene is taking place in the summer. Cicada. (2012, January 26). In Wikipedia, The Free Encyclopedia. Retrieved from

http://en.wikipedia.org/w/index.php?title=Cicada&oldid=473322813



The Warriewood bushcare group

managed by Pittwater Council needs more volunteers on 4th Wednesday morning of the month - Can you



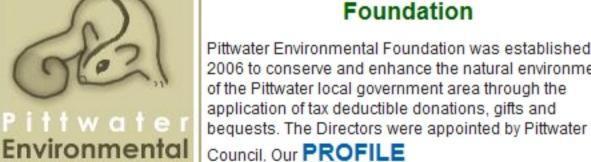


CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/

Pittwater's Environmental

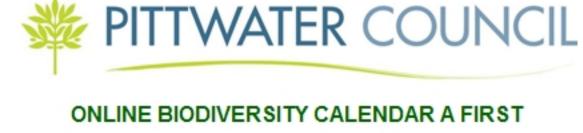
Foundation



Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.



Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge.

The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a \$50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program. Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people

details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species. Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar." "It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he

said.

are also providing input into the calendar. Other information in the calendar includes

To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au Copyright Pittwater Online News, 2012. All Rights Reserved.

The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar





Careel Creek Community Day

When: Sunday 12 February, 8:30am to 12pm Where: Corner of North Avalon, Barrenjoey and Cattalina Roads

As part of a current grant with the Hawkesbury Nepean Catchment Management Authority enhancing and restoring the Careel Creek catchment, Pittwater Natural Heritage Association and Pittwater Council staff would like to invite residents and their families to a fun morning of planting. Morning tea provided along with free native tube stock for local residents



Koala: To Be or Not to Be in February?

"KOALA AN ASSET." Plea for Preservation.

Two of five koalas injured in bush fires at Newport on Saturday have died from exhaustion. The three bears which remain are being treated at Koala Park. The secretary of the Koala Club of Australia. Mr. Frank L. Edwards, said yesterday that, during 1937 and 1938, the club had participated in the rescue of nine maimed bears from the Pittwater district.

"At this rate," he added, "the animals will vanish from that district in three or four years. As there are not 200 of them left in New South Wales, this is a tragedy. Koalas, one of our best animal assets, are allowed to stray to their rapid destruction, as in the Pittwater district while the law requires that other stock be paddocked. "If we lose them." Mr Edwards added, "twould be of little use to talk of stocking up with koalas from elsewhere. The States are already refusing to transfer koalas and, In any case, the Queensland and Victorian native bear's are different types from ours."

"KOALA AN ASSET.". (1939, January 17). The Sydney Morning Herald (NSW: 1842 -1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article27976025 THE OFFICIAL STATUS OF THE KOALA

Koalas are in serious decline suffering from the effects of habitat destruction,

domestic dog attacks, bushfires and road accidents. The Australian Koala Foundation estimates that there are less than 80,000 koalas left in the wild, possibly as few as 43,000. There is arguably no legislation that effectively and/or consistently protects koala

habitat anywhere within Australia, not necessarily because the legislation does not exist, but because there is not always the political will to adequately resource, implement, police and enforce such legislation. There are four states where koalas occur in the wild - Queensland, New South Wales, Victoria and South Australia - and each state has its own legislation (see

The Federal Government passes responsibility for protection of koala habitat to the states. The states often pass principal responsibility to local government. Local government is where most day to day decisions are made about what happens to koala habitat but where there is often the least amount of resources and expertise in wildlife management or habitat assessment. From the Australian Koala Foundation:

What you can do: write a letter or email:

https://www.savethekoala.com/koalasendangered.html

Federal Environment Minister Tony Burke has announced that he has deferred a decision on whether to list the koala as a nationally threatened species until February 2012. Write to: The Hon Tony Burke MP, Minister for Sustainability, Environment, Water, Population and Communities PO Box 6022 Parliament House

Canberra ACT 2600 or email tony.burke.mp@environment.gov.au.

below).

Save the Koala Month (all of September each year) and Day (last Friday of

September): September 28th, 2012 to get involved: https://www.savethekoala.com/fundraiseforkoalas.html



Between pp. 48-49 A monkey or bear of N.S.Wales Image No. No. a2424015 from William Govett notes and sketches taken during a surveying Expedition in N. South Wales and Blue Mountains Road by William Govett on staff of Major Mitchell, Surveyor General of New South Wales, courtesy State Library of NSW. William Romaine Govett was surveying Pittwater in January-February 1829.

Coastal Environment Centre



winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December More at: http://www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact

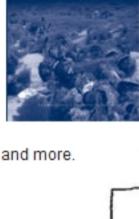
jodi_harvey@pittwater.nsw.gov.au February 2012 Newsletter includes information

- Sugar Glider Article- Events, Planting Activities (volunteers needed) and Workshops; - Environmental projects and

Bushcare Notices. HERE

How Green is a Spotted Gum when Wet?





AGM with Guest Speaker

behavioural responses of grazing mayflies and detritivorous caddisflies to predatory fish, A systematic evaluation of the incremental protection of broad-scale habitats at Ningaloo Reef, Western Australia, Climate variability of the Great Barrier Reef in

relation to the tropical Pacific and El Niño-Southern Oscillation PPPP PITTWATER NATURAL HERITAGE ASSOCIATION INC.

stoichiometry in an Australian Iowland stream, Contrasting

On-ground bush regeneration, eg: Asparagus Fern Out Days Activities: guided walks, bird-watching Quaterly informative newsletter, online or paper Members email group for leaset environmental news and events

What Does PNHA do?

Free advice for members on managing gardens for Native Vegetation and fauna Lobbies Pittwater Council and State Government on inappropriate management practices and development Provides support to Council for PNHA-approved grant applications for environmental projects

Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna \$2.00 Email: pnhainfo@gmail.com Or click on Logo to visit website. PROFILE

Think before you print; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of

carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints

Document





from the Prayer of Saint Patrick





Pittwater Online News Front Page Profile of the Week Park Bench Philosophers History Youth Seniors Environment Food Lynda Hill Community News Pictures News From our Inbox Books Events Artist of the Month Reflections Collector's Corner DIY Hints

January 29 - February 4, 2012: Issue 43

Raj on Taj

A new Indian Restaurant has opened at Careel Bay Shops, North Avalon and for all who love this repast, Taj on Raj prepares and serves traditional dishes which cost the same whether you dine in or take away. Their menu also has GF: Gluten free, DF: Dairy free and NF: Nut Free listed beside each dish so those who have diet restrictions or preferences may select with confidence.

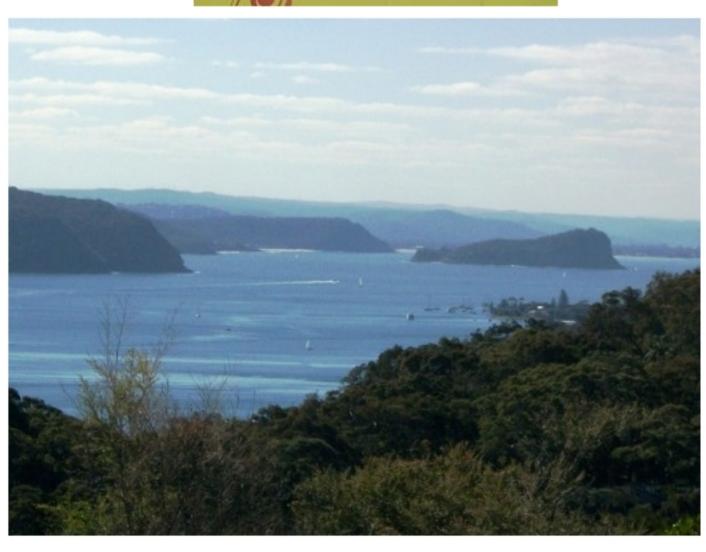
On Friday night we tried as Entrees their Samosa and a Special; a lamb version, *Keema* Samosa, as well as the Barrah Kebab; lamb cutlets marinated in herbs and spices with yoghurt and roasted in the Tandoor oven for entrees. All were lovely, with the lamb chops being especially tender and juicy.



Our mains were Chicken Tikka Masala, tikka fillets that are pan fried, tossed with onions, tomatoes, ginger and capsicum, Lamb Korma, big chunks of lamb in a mild yoghurt, cream and almond sauce, and an old favourite ordered in every Indian Restaurant we try out, Palak Paneer. This spinach and homemade cottage cheese (chunks not the curd we buy in supermarkets) is an old Punjabi (north of India) recipe and this version did not disappoint.

With dishes from most areas of India, including Dhals from both north and south, Taj on the Raj is bound to become a favourite with those whose palates enjoy these westernized Indian dishes. They have a small but good wine menu of Australian vintages. BYO also welcome. Entrees from \$6.50 and mains from \$13.50.







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Pittwater Online News Front Page Contents Park Bench Philosophers Profile of the Week History Youth Seniors Environment Food Lynda Hill

DIY Hints Community News News From our Inbox Artist of the Month Collector's Corner Pictures Books Events Reflections

Jumping To Conclusions And Jumping Ship:

January 29 - February 4, 2012: Issue 43

January's Aquarius New Moon I had examined myself pretty



legs. Ambrose Bierce

thoroughly and discovered that I was unfit for military service. Joseph Heller - Catch 22

A man must consider what rich realm he abdicates when he becomes a conformist. Ralph Waldo Emerson

His secret realization of his physical cowardice led him to underrate his exceptional moral courage. Vera Brittain COWARD, n: one who, in a perilous emergency, thinks with his

I was court-martialed in my absence, and sentenced to death in my absence, so I said they could shoot me in my absence.

Brendan F. Behan There are two freedoms – the false, where a man is free to do what he likes; and the true, where he is free to do what he ought.

Charles Kingsley The brave man inattentive to his duty is worth little more to his

country than the coward who deserts in the hour of danger. Andrew Jackson Many apologies for the lateness of this new Moon newsletter,

I have been away at the FAA conference in Melbourne having a

fabulous time catching up with so many friends, and meeting new

ones; it was a fabulous week. I know that some don't realize that the

effects of the new and full Moons stretch on into the future. sometimes for the coming month and sometimes longer if major events happen during the month in question, so please know that this influence is still very much around. I smiled when I realized the Sabian Symbol for this new Moon speaks of going AWOL. I have not missed doing a newsletter for

such a long time. It's Aquarius 3: A Deserter From The Navy Stands Suddenly Aware Of A Dawning Truth: Freedom Is Never The Result Of Compromise. The following is from my book The Sabian Oracle: 360 Degrees Of Wisdom: 'A Deserter From The Navy Stands Suddenly Aware Of A Dawning Truth: Freedom Is Never The Result Of Compromise' shows someone who's come to the conclusion that staying in a situation

that stretches, tests or 'Compromises' his needs, desires and

values in some way is not worth the energy that has to go into it. Like being in the 'Navy', perhaps he had signed up for something for the long haul. He was expected to fulfill some employment, destiny, mission, or perhaps staying committed to a relationship. Now there's been a realization that the mold cast for him just doesn't work. It doesn't satisfy his inner desires and longings. He may have been able to adjust to the situation for a while, but the time has come when he has to leave, bail out or jump ship. A decision to opt out may be based on moral or ethical grounds, where someone doesn't want to perform some duty or act because it is against their principles, or in order to maintain a sense of free spirit, mobility or independence. You may find that the rigorous restraints and rules are no longer comfortable, bearable or

tolerable. This can be about you, or it can be about someone (or something) else. Being "signed-up" to a commitment can be restricting, limiting and sometimes confronting. There can be a feeling of being taken away from loved ones, home and family for a reason you don't really understand and not wanting to accept the pressures of separation. However, it could be the exact opposite home and family life can be too constricting and there may be a desire to leave to pursue another, more independent life. However, there are always consequences for opting out, running away or not playing the game. Are you prepared for them? Is there a 'Sudden' realization, 'A Dawning Truth' that what you've been doing is not necessarily what you want to be doing? **Keywords:** Rebellion. Leaving, although allegiance had been pledged. Opting out because of pressure, harassment or bullying. Taking risks to get out of a dangerous/ destructive/ alienating situation. Being left behind by someone who's "jumped ship". Going

AWOL. Standing by personal truths. **The Caution:** Not playing by the rules of socially structured games. Self-ruin. Refusal to face social consequences. Not turning up. Withdrawing support in a physical, emotional or spiritual way. Blowing security. Rats deserting the sinking ship.

The recent tragedy of the sinking of the Costa Concordia is a striking example of this degree. After leaving the

ship, the captain was ordered to re board and "perform his duty". It's easy to imagine that he figured that being alive was better than standing by his station in life and he will be judged for it. Still, regardless, job said he must do.

hopes or desires.

Healing Power.

he escaped with his life. He may not have - had he done what his In your life, where are you, or others around you, leaving their posts, jumping ship, going AWOL or generally not wanting to go through with something that they have pledged to do, or perhaps it's

Although it can be disorienting for a while after a decision is made, there can be a great sense of relief as something burdensome is lifted off our shoulders. The 'Karmic Condition' of this new Moon is Aquarius 2: An

something that is expected, regardless of one's own personal

your situation or respond quickly to things that are changing in and around you. Of course, you may have to respond to others doing this. Keywords: Sudden visitations of natural wonder. Something that drops on you, seemingly from out of nowhere. Things erupting and happening fast. Storms in a teacup. Shocks and confrontations with raw energy. Thunder, lightning and electricity. The Tower card of the

Unexpected Thunderstorm - things can happen quickly that throw

you off guard or off your center and there could be a need to assess

tarot. Being a lightning rod. Water and rain that quenches and revives. The Caution: Losing control without warning. Emotional instability. A "back draft" of emotions. Bottling up and blowing up. Confused by sudden outbursts. Loud bangs and crashes that shock and stun. The degree following the new Moon brings hope on many

levels. It's Aquarius 4: A Hindu Healer Glows With A Mystic

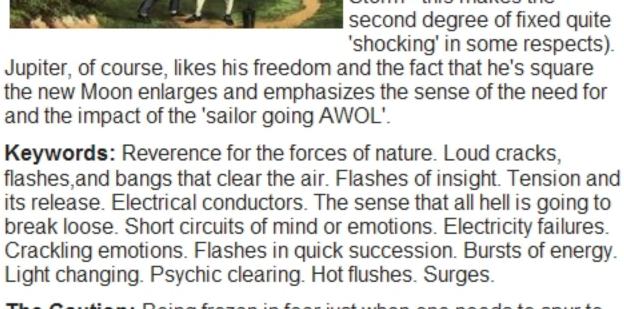
Keywords: Divine healing potency. Natural healing methods. Going on faith. Humility in the face of greatness. Yogis and fakirs. Finding one's center. Healers of all kinds. Glowing health. Radiating love, spirit and calm. Tapping vast reservoirs of healing forces.

Reverence for simple methods. Auras that radiate. Urine therapy. Pranic energy. Yogis. The Caution: False claims of powers. Charlatans. Claims of healing powers that are just manipulation. Snake-oil salesmen. Tricks with smoke and mirrors. What to trust, what to believe?

Orthodox healing methods failing to cure. Feeling invincible. Uranus, the planetary ruler of this new Moon, is in a sextile aspect to the new Moon. It's on Aries 2: A Comedian Entertaining A Group Of Friends, and it seems that employing a light-hearted attitude and a sense of humor is the best way forward. Soon, Uranus will be on Aries 3: A Cameo Shows The Profile Of A Man That Suggests The Outline Of His Country. This will

bring some insights into just where (and what) your sense of self

and your sense of your place in the scheme of things, is. Jupiter is squaring the new Moon from Taurus 2: An Electrical Storm Illuminates The Heavens And The Forests (it's interesting to note that Aquarius 2 is the Unexpected Thunderstorm and Taurus 2 is the Electrical



blackouts.

'shocking' in some respects). **The Caution:** Being frozen in fear just when one needs to spur to action. Losing control. Being distracted by surroundings. Not being

Storm - this makes the

second degree of fixed quite

With all this energy around, this could be an interesting, liberating and trying time. Jupiter, however, soon moves onto some of the most beautiful and rewarding degrees of the zodiac. It will soon move to Taurus 3: Natural Steps Up To A Lawn Blooming With Clover -**Keywords:** Hopefulness. Inspirational possibilities. Gradually

completely aware of all the potential dangers. Worry that overtakes

and engulfs. Chaos in the brain. Nervous reactions. Things

changing quickly. Brilliance that is quickly or easily lost. Power

enlarging one's vision. Harmony. Seasonal changes. Running around on grass. Bare feet. The beauty of greenery and flowers. Stability on the path. Steps that invite one on to bigger and better things. Abundance, nourishment. Making small efforts that

Jupiter then moves onto Taurus 4: The Pot Of Gold At The End Of The Rainbow. **Keywords:** The promise of riches, in whatever forms these may take. Creative imagination. Goals and ambitions. Alchemy. Splashes of color. Rewards contained. The search for the treasure. Seeking communion with nature and life's bounty. Wealth derived from changing perspective. Talent and beauty. **The Caution:** Seeking easy, tempting solutions. Thinking that rewards are always just "over the horizon". Thinking that one is never going to get near "it". Elusive success. Forgetting the more

immediate things in life. Seeking perfection.

can lead to large returns. Places to

Temporary success. Expecting

everything to be laid out before you.

The Caution: Looking for the easy way out. Not making the effort to find what is just a few steps away. Being lazy when one should be going for the objective.

spread out and relax.

take into the future with you. Mars' retrograde motion started on this new Moon and the message is to have a pure and loving mind but not to sink into co dependence. The Sabian Symbol of Mars is Virgo 24: Mary And Her White Lamb. This is a beautiful degree of love, trust and innocence, but in many cases it can also bring co dependence,

dependence on love and for people to be always there for each

Moon on the 'going AWOL' degree, it is not always possible to

maintain if the expectations are not based on everyone acting out of their own free will and desires. And, of course, people can be happy

So, the trick seems to be to take note of where you're

compromising in some way and to move as far as possible away

in their co dependence, but it's difficult if someone withdraws their commitment, time or energy from the relationship. It's curious that the new Moon is about going AWOL and Mercury brings up being rewarded for bravery. The Symbol for Mercury is Capricorn 23: A Soldier Receiving Two Awards For Bravery In Combat. Capricorn is a sign that likes to do 'the right thing' and this degree can speak of the desire to be acknowledged, thanked, respected, recognized, etc, for performing one's duty or for pushing through difficulties and prevailing and coming out with something to show for it. Have you been rewarded

lately for your efforts? Have you thanked someone or patted them on the back recently? As one gives, so does one receive, so it's often through acknowledging others that we find acknowledgment coming back to ourselves. Of course, it's not about giving to receive, it's more about the free flow of energy that goes between people who support each other and recognize the contribution that each makes. Mercury soon moves onto Capricorn 24: A Woman Entering A Convent and this degree often speaks about the need for retreat, to draw back into a quiet moment. Sometimes it's because there's been so much going on and it's time for a contemplative moment. **Keywords:** Spiritual retreat. Sexual retreat. Issues to do with libido. Withdrawing without thought of the future. Vows. Renouncing things.

Going within to find answers. Contact with higher sources. Faith renewed. Giving up things for a greater cause. Losing identity. Taking on new identities. Sacrifice. Opting out. The rejection of marriage. Marriage with God. Longing for love of a higher kind.

Maintaining faith. Intense sexual experiences. The Caution: Self-sacrifice to win sympathy. Neglect of self and hiding away. Nose dives into obscurity. Crisis of faith. Feeling let down by the world. Bad episodes again and again. Feeling devoid of emotion. Escaping war. Losing all and seeking sanctuary. Self denial. Forgetting how to enjoy life. Emphasizing the desire to journey down one's own path is Venus on Pisces

11: Men Traveling A

Illumination.

Narrow Path, Seeking

Keywords: People "on the

Path". Sticking to one mindset, diet, regimen or habit. Having a cause to follow. Not looking sideways. Awakening one's base senses in order to progress. Physical ecstasy. Being in the now. Going towards the light. Staying true to self. The promise of light at the end of the journey. The Caution: Blinded by the light. Not knowing where you're really going. Disillusionment about what's been chosen. Being one-eyed about goals and beliefs. The

denial of physical pleasure. Puritanical behavior. Distractions that stop forward movement. Narrow mindedness. Just moments after the new Moon, Venus moved onto Pisces 12: An Examination Of Initiates In The Sanctuary Of An Occult Brother Hood. This Symbol speaks of feeling judged or examined, and perhaps it's showing the realization that one has entered a new state of being, that you've arrived at the thresh hold of something

Venus' journey through Pisces is a very spiritual one on so many levels and it's by embracing one's path and realizing that there will be tests, trials and sometimes tribulations, but also great rewards and a sense of fulfilling one's destiny when one follows their true path. Many are finding the pace of life picking up enormously with Chiron on Pisces 4: Heavy Car Traffic Linking Two Seaside

Resorts. Have you been rushing around lately? Driving, walking, running, emailing, chatting, finding it hard to stop? What is the story that Chiron is trying to evoke in you? Where do you perhaps waste time or energy in running around when the same thing could be achieved with much less effort? Perhaps you have had to concentrate your energies a lot and have been getting a lot done and it could be very rewarding, but would a time and motion expert pat you on the back for how you've done it? Chiron is very much about the stories we tell ourselves and what comes of them. If, on

the other hand, you've been sitting still for too long it could be time for a holiday or for you to take off yet again. Saturn is stationing at Libra 30: Three Mounds Of Knowledge On A Philosopher's Head. What are you learning? What are your lessons? What do you know or teach? How can you put your

opinion. The head, skull or cranium. Knowledge directed to intellectual or spiritual goals. Predicting the future. An appearance that shows obvious intelligence. Wit. Style. Seeing potential in others. **The Caution:** Analyzing things too much and reliance on intellect.

possible new beginnings. The Deserter From The Navy shows how

receiving of news, often quite shocking, but always liberating in the

many will follow their own path and there will be the giving and

end.

Being a "know-it-all". Having a bossy attitude. Thinking that doesn't

Avalon resident Lynda Hill, FAA Pract. Cert . has been a

marked her 25th lecture tour of the States, in addition to the many lectures she has conducted for astrologers and the public througout Australia, England, Scotland, Wales, Ireland, Russia, South Africa, New Zealand and Canada. Lynda is the astrologer for Take Five Magazine, and writes astrological commentary for publications all over the world. She divides her time

professional astrologer for more than 18 years. 2010

between Sydney's beautiful Northern Beaches and the World Heritage-listed Blue Mountains (when she's not travelling the world delivering lectures). To schedule a psychic astrology reading with Lynda or to give feedback or ask questions, please email her at sabiansymbols@gmail.com

What are the Sabian Symbols?

The ancients divided up the sky, just like any other circle,

into 360 degrees. They assigned each of the 12 constellations (star signs or zodiac signs) 30 degrees each: 12 times 30 =

360. The Sabian Symbols are a set of 360 phrases of words

that correspond with each of the 360 degrees of the wheel of the zodiac, from Aries 1 to Pisces 30. Consisting from as little as 2 words (Virgo 2: 'A Harem') to as many as 21 words (Taurus 5: 'A Youthful Widow, Fresh and Soul-Cleansed From Grief, Kneels at an Open Grave to Receive the Secret of Eternal Life), each one of these Symbols holds both a story and a unique energy field of their own. These images hold meaning for those degrees of the signs. Although the Symbols have their foundations in astrology,

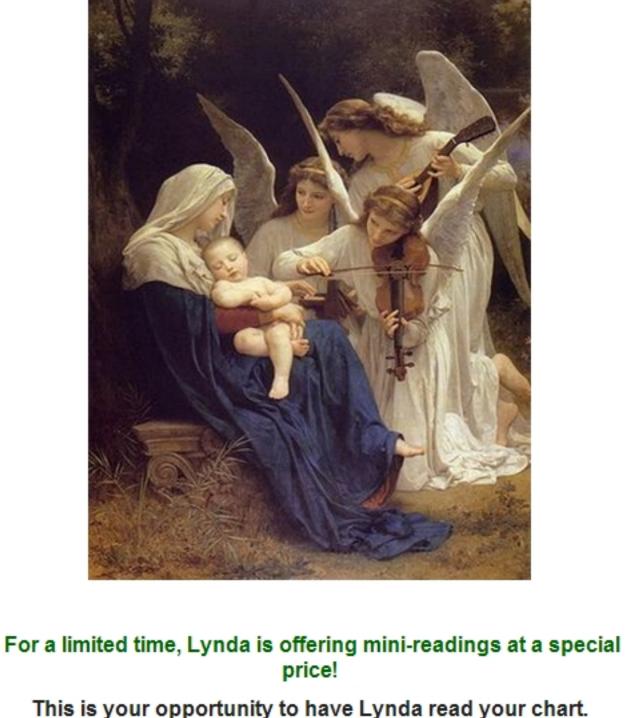
absolutely no knowledge of astrology is needed to use them.

The Sabian Symbols were given birth in San Diego,

California, in 1925 by Marc Edmund Jones, a noted

American astrologer and spiritualist and the gifted clairvoyant Elsie Wheeler. Jones was interested to find a set of word images to go with every degree of the zodiac. Elsie Wheeler was an extraordinary clairvoyant confined to a wheelchair for most of her life. Jones chose Elsie Wheeler as his partner in this 'experiment' (as M.E. Jones called it) as she had a remarkable ability to "see" messages, images and symbols. She used this talent to help her clients, but was rather weary of the standard questions she received, such as

"when will I be rich?" and "when will I meet the love of my life?" She was eager to take part as she believed that this was an opportunity to really contribute something to astrology. For more Information: click here



Times are crazy right now, eh? In fact, it seems to be times are always a bit crazy...do you need some help understanding yourself, your life, what's going on or what's coming up or how to get the most out of your life?

Details below:

For many, there's a sense of a need for direction, also, many

want a deeper look at their lives through the many lenses that the Sabian Symbols provide. With the economy being what it is, I realize a lot of people can't afford to get a full reading or don't have the time or the energy to schedule a phone reading. These mini-readings are so easy. I have recently

offered these readings and have had a huge response and fabulous feedback. A mini-reading works this way: I cast your chart and calculate what transits and progressions you're having. I analyse your chart, taking in what the Sabian Symbols reveal, along with the transits and progressions, and, using the Sabian Symbols, I can see many dimensions of what's going on for you. This reading gives you a far better understanding of your chart and outlines your strengths and the areas you may need to work on,

what's coming up. I then speak for 30 minutes into my voice recorder, recording my observations of your chart. I then upload the recording to the internet in Mp3 format and email you the link to it. You download the recording to your computer (this is very easily done) where you can listen to it easily, and in your own time. Listening to it more than once is recommended. Whether you are generally curious about your chart, looking for greater self-awareness, wondering how long a bad patch will last or seeking clarity on what your future holds, these readings can

empower you on many levels and can mark a major turning point in

The reading explores what's going on in your life, how your life is

your life.

along with what's been happening, what is presently going on and

unfolding, your gifts along with your challenges, why you are going through certain situations or attract particular types of relationships. The Sabian Symbols reveal, brilliantly and amazingly, your spiritual path and where you are headed. My readings are like no other as I use the Symbols in my own unique and in-depth style in order to draw together the pictures that colour your life and your destiny. If you know nothing at all about astrology, you'll see that astrology AND the Sabian Symbols are one of the best tools for self

If you are an astrologer or into astrology, this reading will open up

new doors of perception and understanding about your life, and, will

also show you how to see an astrology chart through the lens of the

awareness, insight and discovery.

Symbols. You can also learn how to use the Symbols in your chart readings. The Symbols provide wonderful and valuable information that a normal astrology reading does not. The Symbols have their own lens into the world of astrology and their stories provide enormous depth. I get a lot of requests for these types of readings, so get in quick! All you need do is: Pay \$125 (please note the Australian dollar is now about 6% more than the US dollar) through the <u>Donate page</u>. Please note that this price will not last long - I will soon be increasing it.

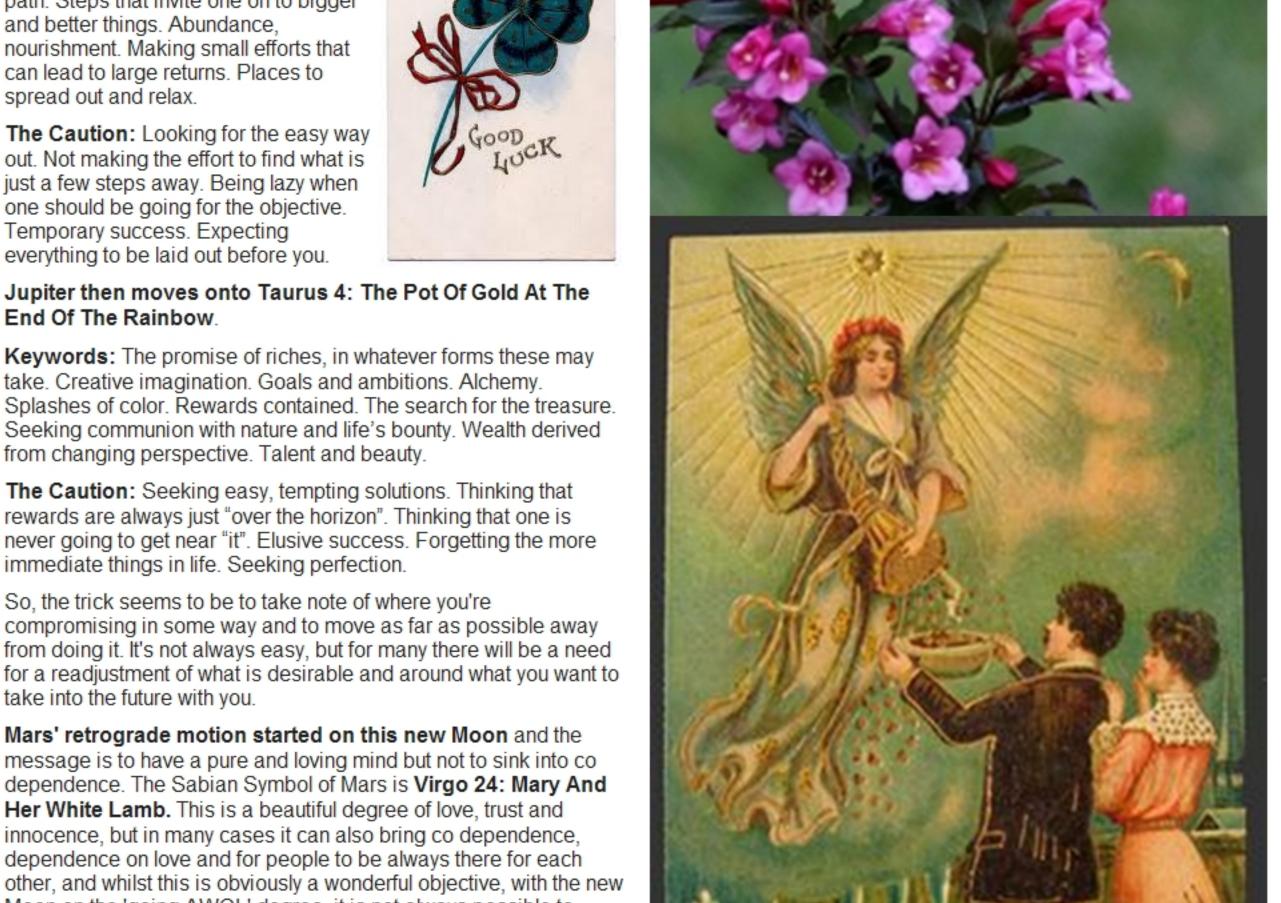
Email me at sabiansymbols@gmail.com your date, time and place

of birth (if you don't know your time of birth, don't be concerned I can

still do a reading), along with an outline of your life and anything you

wish to share with me. Don't be afraid to tell me some of your story;

it helps to have a dialogue. Also, please let me know your level of understanding of astrology as this will help me to frame the reading.



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amazing and yet daunting in that others may judge you or your ability to complete your mission or do anything of true substance.

knowledge to the best use? **Keywords:** Looking to the signs. Wisdom that transcends book knowledge. Philosophy. Having a knowledgeable demeanor. Being an impressive figure. Making wise decisions regardless of hard-line clarify issues but muddies them. Taking things far too seriously.

The new Moon squaring Saturn can show decisions being made, the feeling of the need to cut loose and realizations of endings and

Pittwater Online News Front Page Profile of the Week Environment Park Bench Philosophers History Lynda Hill Youth Seniors Food Community News News From our Inbox Collector's Corner Artist of the Month DIY Hints Pictures Books Events Reflections

January 29 - February 4, 2012: Issue 43 **Award Winners and Australia Day Grinners**

Australia Day Celebrations and Citizenship

Ceremony at Bert Payne Park, Newport, Pittwater, 26th of January, 2012 Pittwater Council Report in our Community News

Michael Mannington's Excellent photos HERE

The Rotary Club of Pittwater cooked and served around one thousand breakfasts, less then previous years due to the weather, but enjoyed by those who ate bacon and egg and sausage and eggs rolls. All funds raised on the day for all activities, food and drinks are divided between volunteer groups Rotary Club of Pittwater, Cottage Point Rural Fire Service, Lions Club of Avalon, Lions Club of Pittwater, SES Warringah/Pittwater and the Zonta Club of Northern Beaches, who were all also on hand on the day. Larraine Hall, who organises Pittwater Rotary's involvement, ensures the left over perishable food which is unable to be returned for refund is collected by Oz Harvest, a charity which collects excess food which would otherwise be discarded. This excess food is distributed to the vulnerable in Sydney. Check out their web site: http://www.ozharvest.org/ Photos by AJG







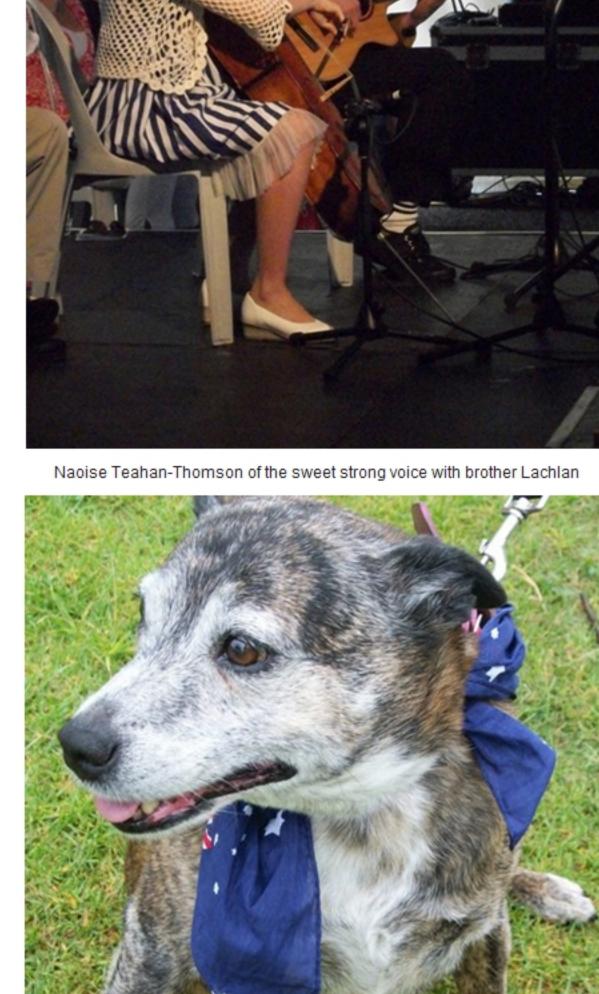


Treasure Hunt

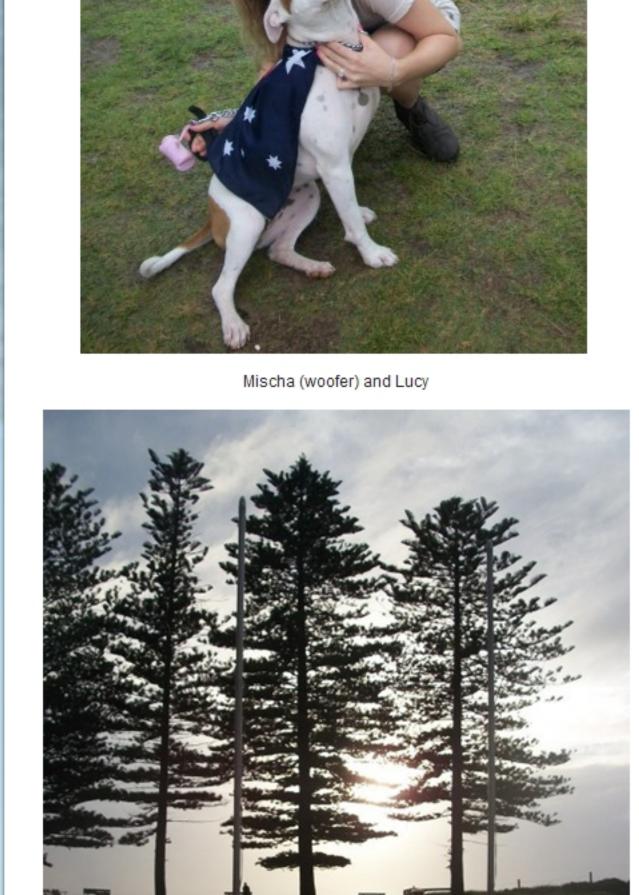




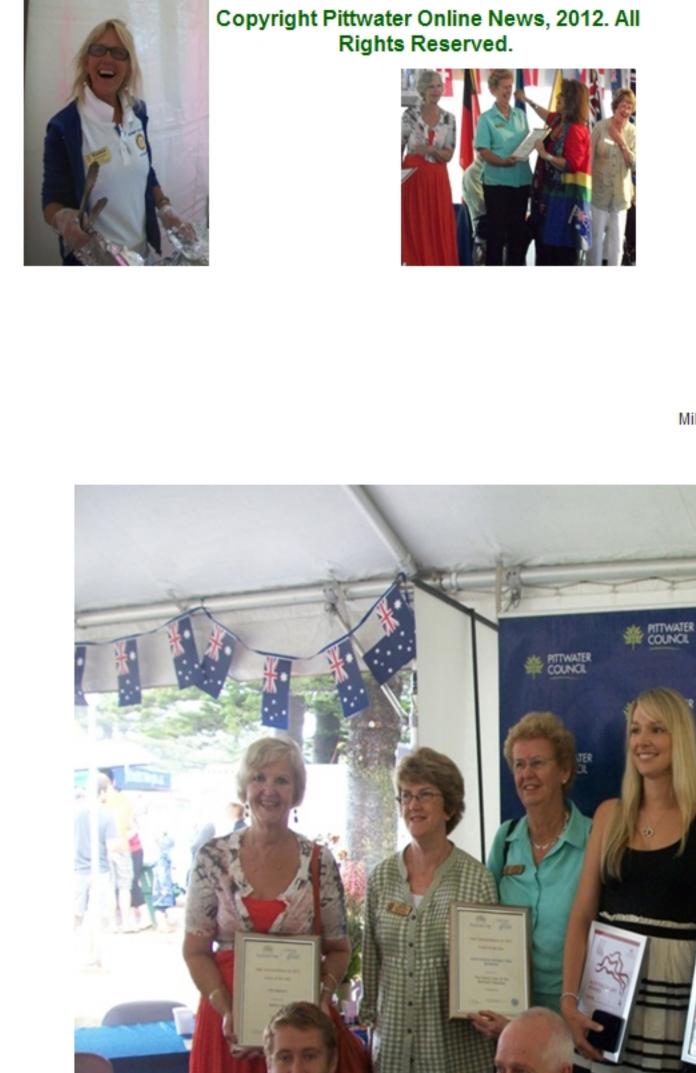
Rosella (Australiana and great) Book at: pjmcmahon007@qmail.com



Shelley



Newport 6.30am, 26.1.2012, set-up time for volunteers













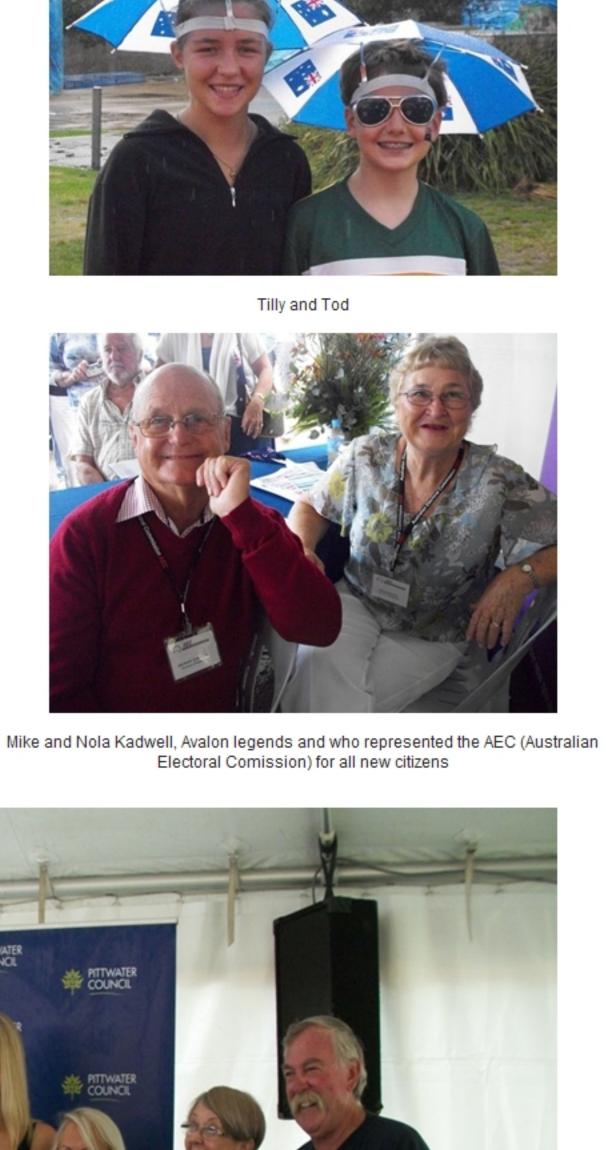




Allan Brett of Cottage Point RFS and Frank Spencer of Avalon Lions Club



Young new citizen with dad



Award and Commendation Winners. Below By Michael Mannington, All Rights Reserved.



WARRINGAH (S

Citizenship Ceremony Participants and Audience

Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

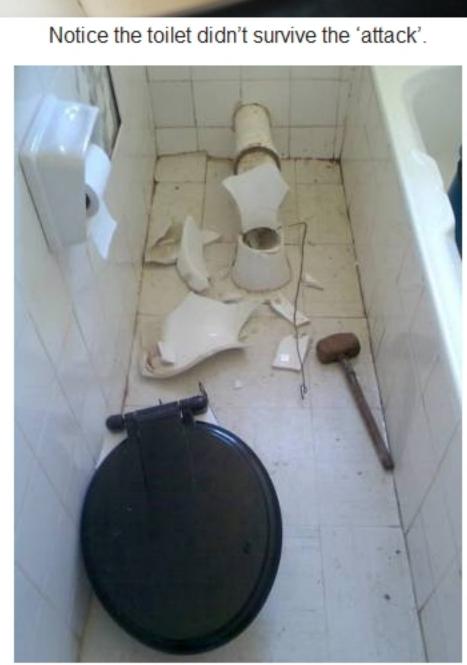
> **Australiana This Week** From/Fwd. by I&J Anderson

Look before sitting!!



Rather lends meaning to the term 'bite you in the bum' - you wouldn't want to be bitten by this creature.





From the North West of Western Australia. All we used to worry about were Red Back Spiders! Looks like a King Brown; deadly as Betty Boop: Minnie the Moocher 1932

Max Fleischer Creative Commons license: Public Domain



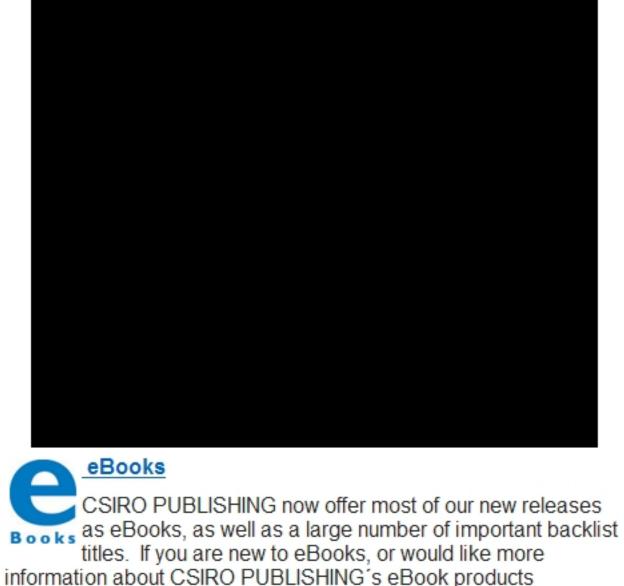
Directed by Michael Curtiz The year is 1854. Robert E. Lee is Superintendent of West Point, where J.E.B. Stuart

pamphlets of abolitionist John Brown. At graduation, the address is given by Secretary of War Jefferson Davis. J.E.B. Stuart and Custer are assigned to the 2nd Cavalry in the Kansas territory, where they have to deal with John Brown.

(Errol Flynn) and George A. Custer (Ronald Reagan) are classmates. In the

dormitory, one of the cadets (Van Heflin) reads aloud the secession-promoting

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requirement.

Photo competition The photographic competition for the 2013 Australian Weather Calendar began on 1 July 2011 and will close on 31 March 2012. Please visit the contest page before entering. The Bureau of Meteorology and the Australian Meteorological and Oceanographic

March 2012. Entries must be of a meteorological theme, such as clouds, lightning, rainbows, thunderstorms or tornadoes. If the picture is from a digital camera, it must be a

Society invites entries for the Australian Weather Calendar photographic competition.

The contest for the 2013 calendar opened on 1 July 2011 and will close on 31

Entries must then be: provided as photographic prints (minimum size 15 x 10 centimetres). accompanied by a completed entry form, including details of all digital alterations, accompanied by no more than 10 other entries per person, and

minimum size of 1700 x 1150 pixels. A 2-megapixel camera is the minimum

posted to the Bureau of Meteorology at the address below. If a picture is shortlisted, the entrant must provide the image in its original format, whether that be negative, (35mm) transparency, or digital. Negatives and

is offered. All rights associated with the images are retained by the photographer. Contact: Mia Schoen, National Meteorological Library (Fridays only) tel: (03) 9669 4668, e-mail: librarypic@bom.gov.au

Winning photographers are awarded three complimentary calendars. No prizemoney

from; http://www.bom.gov.au/calendar/contest/index.shtml the Bridport Prize poems-short stories-flash fiction

NEW CLOSING DATE: 31st May 2012 The Bridport Prize 2012 website is now open for entries

transparencies will be returned by registered post.

The Bridport Prize is the richest open writing competition in the English language with £5000 first prize for a short story (of up to 5000 words); and £5000 first prize for a poem (of up to 42 lines). The category of Flash Fiction attracts £1,000 to be won for the best short, short story of under 250 words.

the careers of writers such as: Kate Atkinson, Tobias Hill, Carol Ann Duffy and Helen Dunmore.

Or send an SAE for an entry form to be posted to you

Anyone can enter - so long as the work is previously unpublished. It costs £8 per story, £7 per poem or £6 per flash fiction and the NEW closing date is 31st May 2012 Each year the prize is judged by well known writers - this year we are delighted to

The Bridport is also known as a tremendous literary stepping-stone - the first step in

announce that Gwyneth Lewis will be judging the poetry, and Patrick Gale, the short stories and flash fiction The 2011 anthology of winning entries is available for just £12 or £15 overseas

(including postage and packing). The 2010 and 2009 anthologies are available in limited numbers for £7 and £5 (£10 and £8 overseas)

Enter online at: www.bridportprize.org.uk Or download an entry form: www.bridportprize.org.uk/entryform.pdf Or email for a pdf entry form: frances@bridportprize.org.uk

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The Bridport Prize PO Box 6910 Dorset DT6 9BQ UK



Tweet Like

Summertime... exhales. Live, Life, Love, AST WEEK: Rarities

Captain Calamity 1936 Directed by John Reinhardt

Captain Bill Jones (George Houston) gets a Spanish doubloon from a passenger he was ferrying. Flat broke, he uses the doubloon to trick the greedy storekeeper Joblin (Harold Howard) into giving him a drink (or two) for free. Soon, the whole island is aflame with rumors of the treasure. After Joblin tries to put one over on Bill and fails, he allows Bill to get whatever he wants from his store in exchange for not getting sent to prison. After setting sail with Marge (Marion Nixon) for his lover's schooner Wildfire, he has to fight his way past Joblin. Production Company: Grand National Pictures Inc. Creative Commons license: Public



Beat the Devil 1953 Directed by John Huston

Beat the Devil: This movie has not become a cult classic for nothing. Among its other merits, it is one of the few films where a film noir is mixed with a comedy. It's a whose who of actors of it's vintage and is directed by John Huston. It stars Humphrey Bogart, Jennifer Jones, Gina Lollobrigida, Robert Morley and Peter Lorre. This is a DVD image. Creative Commons license: Public Domain



Internet Updates from Linked IN

Online Ad Spending to Surpass Print for First Time in 2012

mashable.com - For the first time in U.S. history, marketers are projected to spend more on online advertising than on advertising in print magazines and newspapers. According to a study released Thursday by eMarketer, online advertising is...

businessinsider.com - A twitter campaign by McDonald's backfired when people started sharing the wrong kind of #McDStories (via @bored2tears). The burger company

McDonald's Twitter Campaign Goes Horribly Wrong

kicked things off last week by using the hashtag #MeetTheFarmers. But then it sent Pages With Too Many Ads "Above The Fold" Now Penalized By

Google's "Page Layout" Algorithm searchengineland.com - Do you shove lots of ads at the top of your web pages? Think again. Tired of doing a Google search and landing on these types of pages?

Rejoice. Google has announced that it will penalize pages that are top-heavy with ads. The ... If You're An Average Worker, You're Going Straight To The

businessinsider.com - The way we do business is changing fast and in order to keep up, your entire mentality about work has to change just as quickly. Unfortunately,

most people aren't adapting fast enough to this change in the workplace, says...

C, D, E, F, G, H, I, J, K." She asks ... "What does that mean?"

Jocularity

He said, "Adorable, Beautiful, Cute, Delightful, Elegant, Foxy, Gorgeous, Hot.

After being married for thirty years, a wife asked her husband to

describe her. He looked at her for a while ... Then said, "You're A, B,

She smiled happily and said ... "Oh, that's so lovely ... What about I, J, K?"

He said, "I'm Just Kidding!" The swelling in his eye is going down and the doctor is fairly

optimistic about saving his testicles!



The Judging Panel is chaired by Nobel Laureate J. M. Coetzee, and includes Voiceless co-founder and managing director Ondine Sherman, Literary Editor of The Sydney Morning Herald Susan Wyndham, and Dr Wendy Were, former director of the Sydney Writers Festival.

The best pieces will be released as a collection by Publishing Partner Allen & Unwin, and The Sydney Morning Herald is supporting the Prize as Media Partner. There is over \$20,000 in prizes to be won, including \$15,000 for the winner chosen by the Judging Panel (sponsored by Australian Ethical Investment), \$5,000 for the People's Choice winner sponsored by Deborah and Peter Debnam and \$500 for each

writer chosen for publication. Hurry, entries close 16 March! For further details visit Voiceless and to enter visit Allen & Unwin. LAWYER'S ADVICE (NSW) - Protect Yourself from Fraud

A corporate LAWYER sent the following out to the employees in his company: Next time you order cheques, have only your initials (instead of your first name) and surname put on them. If someone takes your cheque book, they will not know if you

how you sign your cheques. Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED". When you are writing cheques to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers.

sign your cheques with just your initials or your first name, but your bank will know

The credit card company knows the rest of the number, and anyone who might be handling your cheque as it passes through all the cheque processing channels won't have access to it. Place your work phone number on your cheques instead of your home phone. If you have a PO Box, use that instead of your home address. If you do not have a PO Box, use your work address. Never have your Centrelink Number printed on your cheques.

You can add it if it is necessary, but if you have it printed, anyone can get it. Run the contents of your wallet through a photocopy machine. Do both sides of each licence, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place (not your wallet). I also carry a photocopy of my passport when travelling either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards. Critical information to limit the damage in case this happens to you or someone you

Keep those where you can find them. 2. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is one).

We have been told we should cancel our credit cards immediately, but the key is

having the toll free numbers and your card numbers handy so you know whom to call.

Call the three national credit reporting organizations immediately to place a fraud alert on your Tax File Number your passport number and drivers licence number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that

checks your credit knows your information was stolen, and they have to contact you by

But here's what is perhaps most important of all: (I never even thought to do this.)

phone to authorise new credit. Now, here are some numbers which you might need to contact if your wallet etc has been stolen: Visa Card Australia - 1800 621 199 Visa Card International - 1800 450 346 Lost Travellers' Cheques - 1800 127 477 MasterCard Australia - (02) 9466 3700 MasterCard International - 1800 120 113 Bankcard Australia - (02) 9281 6633 Medicare - 132 011

Seniors Card - 1300 364 758 10. Passport - 131 232 11. ANZ FREECALL - 1800 033 844

Centrelink Fraud - 137 230

15. Commonwealth - 132 221

know:

- 12. Bank West 131 718 13. Citibank - 132 484 14. Tamworth Coles/Myer Source -2340 1300 306 397
- CUSCAL- MyCard 1300 135 538 GE Capital - 1300 369 904 18. Members Equity - 1300 654 998 19. National - 132 265
- 20. St George 1800 028 208 21. SydneyVirgin - 2000 1800 080 000 22. Westpac - 1800 230 144 23. Woolworths Ezy Banking - 137 288

http://cloudappreciationsociety.org/ Contact: Gavin Pretor-Pinney, e-mail gavin@cloudappreciationsociety.org

Links for cloud enthusiasts

Cloud Appreciation Society:





Northern Beaches Book Fair for 2012 will take place on the weekend of 24-26 February at Ted Blackwood Hall, Cnr.

The first Lifeline

Jacksons and Boondah Roads, Warriewood.

Sun 26 Feb 9am -- 2pm Credit Card and EFTPOS accepted. Entry by gold coin donation very

much appreciated Browse and buy from over 18,000 quality books sorted into over 50

fiction and non-fiction categories and all at at bargain prices.











knowledge of the history of these valuable wetlands, passion for the incredible plant and animal biodiversity, and expertise in areas of water and catchment management. Cost: Free Bookings are essential (as numbers will be limited), Online: www.pittwater.nsw.gov.au/cec/bookings/community_events

In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen, By Phone: 1300 000 CEC (232) - Reception (option 1) Enquiries: Bianca Springford: (02) 9970 1313 What to bring: Suitable footwear (no thongs or crocs), Water bottle, Appropriate clothing (for weather conditions), Camera (optional), Binoculars (optional), Bird Identification

Book (optional), Insect repellent Please extend this invitation to all your family and friends to join us on this wonderful guided walk along our local coastline. Children to be supervised by a parent or accompanying adult. We look forward to seeing you there!

Eco Bird Walk An early morning walk to view our beautiful Pittwater birdlife for World Wetlands Day. 4th Feb 2012, 7:30am - 9:30am

entirely of endangered ecological communities.

Bookings are essential! (numbers will be strictly limited)

accompanying adult. We look forward to seeing you there!

www.pittwater.nsw.gov.au/cec/bookings/community_events

waterways and catchments healthy and alive.

Cost: Free, Bookings Online:

ticket in them and win book vouchers.

By phone: 1300 000 CEC (232) - Reception

Enquiries: Sonja Elwood (02) 9970 1308

Celebrate World Wetlands Day by joining us on a guided walk through Warriewood Wetlands, the largest remaining sand plain wetland in northern Sydney made up almost

Warriewood wetland is of regional conservation significance and is highly valued by the local community. It also provides very important habitat for a number of threatened species and migratory birds. Join our expert Eco Guide and Local Bird Expert & Enthusiast on a guided nature walk through this amazing natural environment, discovering and identifying the native bird species and local flora and fauna of the Warriewood wetland.

Online: www.pittwater.nsw.gov.au/cec/bookings/community_events In person: Coastal Environment Centre, Lake Park Road, North Narrabeen By phone: 1300 000 CEC (232), For more information please call Bianca on 9970 1313 What to bring:

Suitable footwear (no thongs or crocs), water bottle, hat, appropriate clothing (for weather conditions) camera (optional), sunscreen, sunglasses (optional), binoculars (optional), bird identification book (optional) Please extend this invitation to all your family and friends to join us on this wonderful guided walk along our local coastline. Children to be supervised by a parent or

Part of Creek to Coast - Catchment and Stormwater Education and Awareness 5th Feb 2012, 10am - 12:30pm Winnererremy Bay, Mona Vale Looking for something fun and outdoors for the whole family to be part of? Join us on our first family catchment awareness day, and learn all about what helps keep our local

Try your hand at bush regeneration and planting with our specialised bush care team,

investigate the health of this waterway as you learn basic water monitoring skills with our

Streamwatch expert and enjoy getting up close and personal with some critters that are

Family Fun Day

Phone: 1300 000 CEC (232) - Reception (Option 1) More Information: Bianca Springford (02) 9970 1313 What to bring: Suitable footwear (no thongs or crocs), Water bottle, Appropriate clothing (for weather conditions), Camera (optional), Binoculars (optional), Bird Identification

In person: Coastal Environment Centre, Lake Park Road, North Narrabeen

part of our local biodiversity, provided by Sydney Metropolitan Wildlife Services.

Book (optional), Insect repellent, Hat, Sunscreen Please extend this invitation to all your family and friends to join us. Children to be supervised by a parent or accompanying adult. We look forward to seeing you there! Mona Vale Twilight Fair 10th Feb 2012, 5pm - 9pm

Village Park, Mona Vale Twilight Fair at Mona Vale with food stalls, some general stalls, music by 2 Shots Classic Rock Band, jumping castle free for the children and a bungee jump. Bring your drinks, blanket/chairs and enjoy the ambience of the night at Village Park. Contact: Nikki Griffith - 9970 1355

Launch of the National Year of Reading plus two great competitions to celebrate! Celebrate 2012 as the National Year of Reading with two great competitions launched on 14 February. Win two free nights accommodation at Barrenjoey House Palm Beach by telling us all about abook that kept you up all night. Or borrow books from the library, find a golden

At the launch author and adventurer David Hall will describe some of his hair-raising

More information: www.pittwater.nsw.gov.au/recreation/markets in the local area

National Year of Reading Launch

14th Feb 2012, 11am - 1pm Mona Vale Library 1 Park Street Mona Vale

travel adventures. Join us for morning tea and hear David between 11am and 1pm. Cost: Admission free, morning tea provided Please read the competition terms and conditions before entering (available at the launch). Wetland Nightlife

17th Feb 2012, 7:30pm - 9:30pm

Warriewood Wetlands

Fauna specialist, Sonja Elwood, will present an informal chat about local native fauna

interesting facts about habitat, vegetation, and threatened species such as microbats,

In person: Coastal Environment Centre, Pelican Path, Lake Park Road, North Narrabeen

discovery of the beautiful Warriewood Wetlands. Children to be supervised by a parent or

Understanding your Eco Footprint

fruit bats, and frogs along with simple things we can do to help minimise impact on our precious fauna and their habitat. Most importantly you will discover how to enjoy this amazing natural wonderland whilst being a responsible visitor. Bookings Essential!(numbers will be strictly limited)

What to bring: closed toe shoes, water bottle, appropriate clothing (for weather

Please extend an invitation to all your family and friends to join us in this wonderful

conditions), torch (optional), camera (optional), insect repellent (optional),

accompanying adult. We look forward to seeing you there!

By phone: 1300 000 CEC (232) - Reception (option 1)

Enquiries: Joanne Tulau 9970 1339

Contact: Nikki Griffith - 9970 1355

Bilgola Creek Catchment.

When: Saturday 17 March, 8am to 12pm

In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen

Website: www.pittwater.nsw.gov.au/recreation/markets in the local area

and take you on a light guided walk through the wetlands. This chat will involve

This workshop covers the basic principles of sustainability, including discussion of key concepts such as ecologically sustainable development, greenhouse gases, the cost of climate change, peak resources and the Earth's bio-capacity. When: Saturday 25 February, 2pm-4.30pm Where: Coastal Environment Centre, Lake Park Road, North Narrabeen Cost: Free Bookings essential! (as numbers will be limited) Online: www.pittwater.nsw.gov.au/cec/bookings/community_events

Governor Phillip Park Come and browse the numerous stalls at the Palm Beach markets. You will find fashion, jewellery, shoes, food, furniture, hats and lots more. Open from 9am to 3pm on the 4th Sundays of Feb, March, April, May, September, October and the 2nd Sunday of December. Venue: Governor Phillip Park, Palm Beach

Clean up Australia Day 2012

Volunteer to clean up Pittwater locations on Clean up Australia Day Sunday 4th

March; 8am - 6pm

Get involved in Clean Up Australia Day on Sunday 4th March 2012 and head to your local

Palm Beach Market 26th Feb 2012, 9am - 3pm

park, beach bushland or streets and help make a difference to your local environment. Volunteer now to help Clean Up Pittwater! To ensure your Clean up Australia Day kit arrives in time register before Friday 17 February. To register a site to clean up visit www.cleanup.org.au or contact Pittwater Council

Education team on 02 9970 1226 and they can help you with some recommended clean up sites in our area. Bilgola Creek Community Planting Day Come and join Council staff in a fun morning planting local native plants into rehabilitated areas of South Bilgola Headland and helping clean up rubbish and debris

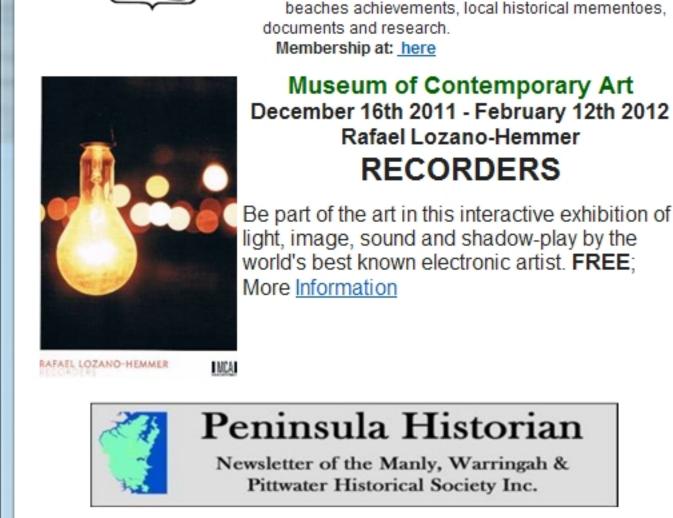
from the headland. These works are being undertaken as part of a grant with the

Hawkesbury Nepean Catchment Management Authority enhancing and restoring the

Where: South Bilgola Headland Walking track (near Surf Club and public amenities)

Morning tea provided along with free native tube stock for local residents

Open Studio Saltwater Studio



Compiled by Tony Dawson, Editor.

encourage historical research at the community level and, in particular, to seek out

Second Prize \$1,500 and Encouragement Prizes of \$1,500. The judges may recognise

non-professional history enthusiasts who have a story to tell. First Prize is \$3,000,

an outstanding entry by combining the First and Second Prizes to give a total first

The emphasis of entries is expected to be on the history of North Sydney or the

Cove, Willoughby, Northbridge and Mosman), although expansion of these

Lower North Shore (including the areas bounded by Hunters Hill, Gladesville, Lane

geographical areas is not precluded if there exist strong historical connections with

The NSHS History Prize is a biennial competition estab-lished by the Society to

THE NORTH SHORE HISTORICAL SOCIETY 2013 HISTORY PRIZE

prize of \$4,500.

2059.

the specified northern areas. Entries, which may be up to 50,000 words long and contain photographs, etc, may cover subjects such as people, communities, events, organisations or build-ings. Entries that combine text document and multi-media are permitted, such as MS Word combined with MS PowerPoint. Entrants are required to submit in advance a written précis of their subject matter, the deadline for which is 31 May 2012. The full entry sub-mission date is 31 May 2013. To obtain details of the requirements of the Competition, as well as the NSHS Précis and Entry forms, please contact the NSHS Secretary at: northshorehis-

toricalsociety@yahoo.com.au or NSHS History Prize, PO Box 399, North Sydney, NSW

Manly, Warringah and PittwaterHistorical Society Inc. Established 1924

Patron: The Honourable Dr James Macken LLD

President: Jim Boyce

0402 096 080

jimboyce37@gmail.com

Secretary (Membership): Tony Dawson 9953 8374

dragdawson@hotmail.com

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100kms | 36hrs Team Challenge 100km teams of 4+ 50km teams of 3+ 50km relay teams of 6+ Come on an awesome adventure through the spectacular World Heritage sites of the Blue Mountains. Walk the Jamison Valley, the Three Sisters, Mt Solitary... Your Team... wildendurance.org.au

You can do it! You'll love it and you'll never forget it!

MUSEUM OF SYDNEY

WildEndurance

shelves merit more praise then we could ascribe.

until 18 March, 2012 Corner Phillip and Bridge Streets, Sydney The <u>Surf City</u> exhibition returns us to the beaches of the 1950s, 60s and 70s and shows how a scruffy bunch of kids on surfboards, hungry for social change, left an indelible mark on Sydney. Boardriders, shapers, writers, cultural stirrers and everyday waxheads with attitude and sun-tanned bodies shook up the conservative city and created a new culture of freedom and hedonism. Surfboards evolved from toothpicks to malibus and,

eventually, to the revolutionary shortboards. Along the way, surfing

Adult \$10 | Child/Concession \$5 | Family \$20 | Members free Open

It would be no surprise to regular readers that we are

huge fans of our own Mitchell Library, also called the State Library of NSW. Their online resources, huge

referred to and highlight small details of some of our

recourses to finding information their staff and

history pages. As one of all NSW peoples resources or

wealth of literary works and catalogue of photographs are

daily 9.30am — 5pm | Closed Good Friday and Christmas Day

merged seamlessly into mainstream Australian life.

State Library of NSW

Blue Mountains 5-6 May 2012

Professor Robert Clancy on the historical Antarctic maps. It's certainly worth considering as part of your next trip into the big smoke. A full listing of all events is available at: http://www.sl.nsw.gov.au/events/all_events.html HAWKESBURY INTERNATIONAL SAND SCULPTING CHAMPIONSHIPS Wednesday 11 January to Sunday 29 January 2012

The Mitchell Library is also a place that seeks to engage and include the public in

regular storytelling as well as activities for children such as a Photography

activities and events and learning how to use their resources. During January they have

Workshop and Talks and Films for adults that range from celebrating Henry Lawson's

who are respected local and overseas aficionados for decades on their subject matter.

works, some unseen (or 'from the vault') and insights into Cricket, Dickens by people

Upcoming speakers include Sue Pieters Hawke, who will speak on her new book

'Hazel: My Mother's Story', Miriam Margoyles: 'Playing with Dickens', and Emeritus

Nestled on the banks of the magnificent Hawkesbury River and at the foot of the Blue Mountains, the historic town of Windsor is home to the Hawkesbury International Sand Sculpting Championships. For four days in January 2012, a dozen sand sculptors from Australia and around the world will compete to be crowned champion in the inaugural event to be held on the

on January 11th and the exhibition will continue through January 29, 2012.

Ticket Prices:

and free program)

free program, additional child \$4.40 inc gst)

program)

banks of the Hawkesbury River at Windsor's Howe Park. The winner will be announced

Adult A\$11.00 (Single adult attendee: \$11 inc GST, bus travel for 1 person and free

Family A\$15.40 (Single adult with 1 child: \$15.40 inc GST, bus travel for 2 persons and

Family A\$19.80 (Single adult with 2 children: \$19.80 inc GST, bus travel for 3 persons

Family A\$22.00 (Family pass (2 adults, 2 children): \$22 inc GST, bus travel around the

Child A\$4.40 (Children without corresponding adult (15 years and under): \$4.40 inc GST

Art Gallery of New South Wales November 12th 2011 - March 25th 2012 Book at: ticketek.com.au/picasso

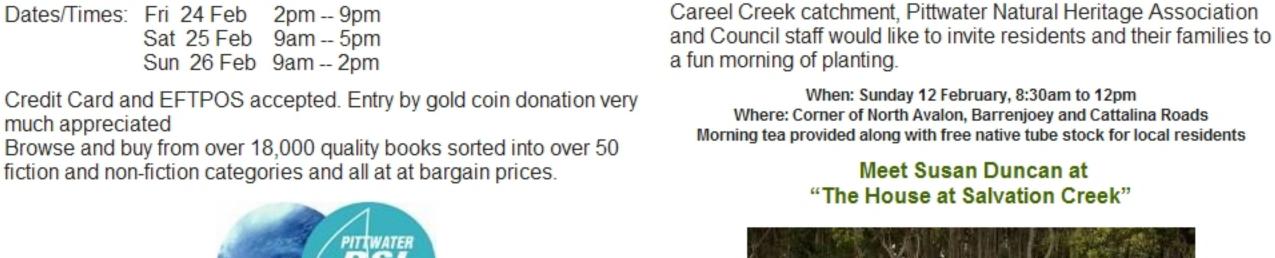
and bus travel for 1 child, no program) For further information, contact us on admin@sandstormevents.com.au **PICASSO**

site for 4 persons and free program, additional child \$4.40 inc gst.)



changing relationship with the beach. Curated by Sarah Johnson.

Talks After Noon



Meet Susan Duncan at "The House at Salvation Creek"

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

Careel Creek Community Day

Catchment Management Authority enhancing and restoring the

PPPP

When: Sunday 12 February, 8:30am to 12pm Where: Corner of North Avalon, Barrenjoey and Cattalina Roads Morning tea provided along with free native tube stock for local residents

As part of a current grant with the Hawkesbury Nepean

Award-winning author Susan Duncan and her husband Bob Story are opening their home to visitors for two days only: Saturday 24 March and Sunday 25 March

Don't miss this rare opportunity to visit a Pittwater treasure. Tickets: Adult: \$25 – Concession \$20 On sale from Monday 6 February

Admission-only tickets (\$10) at Lovett Bay wharf on the day. Water access only, and ferry capacity is limited. Early advance bookings are essential to avoid disappointment. Each ticket is for a specific departure date & time from Church Point wharf. Departures at 10.00, 11.00, 12.00, 13.00, 14.00 &

15.00. Last ferry departs Lovett Bay at 17.00. Note: House access is up 90 steps, so some mobility is required. Presented by The Rotary Club of Pittwater Enquiries: Call Gail on 0417 228 294

All proceeds go towards extensions and upgrades to the

Palliative Care Centre at Mona Vale Hospital

BOPULATERS

2012 29th January Avalon Bowlo 3- 6pm

18th March Avalon Bowlo 3-6pm

AUSTRALIAN MUSEUM EVENT:

Aboriginal Performance Experience

Opens: 11 January 2012 - 27 June 2012 in Level G, Atrium Entry: Free after general admission With two shows every Wednesday, this is a mustsee Aboriginal experience. Come on a journey with the Australian Museum's Indigenous performers to experience Aboriginal spirituality and culture.



Business Website Marketing Specialists. Many small business owners argue that they are so busy they don't have time for social media. Lee, in 'no geek' speak will deliver her knowledge and give you tips about how to set up and manage your own business profiles on social media with a minimum of fuss. She will educate you about the core things you should think

about including the importance of using your domain name on your social media

Her presentation entitled, Social Media

Benefits to Small Business, reveals the

social media strategies small businesses

page.

including:

customers knowing all your personal business; and · using your offline networking to your online advantage. You will also discover how to add social media to your current marketing strategies without costing more in time and expenses. You'll learn about methods to increase customers and sales and to improve the traffic to your website/store.

be available for sale at the event. "It's a real expedition that is an inspiration to all who dream to one day embark on their own voyage of discovery," he says. Book now The breakfast will be held on Wednesday, February 29, 2012 from 7.00am at The Terrace on Pittwater Restaurant, upper level, Newport Arms Hotel, Kalinya Street, Newport. The cost for members of Pittwater Business Limited is \$35 per person; it is \$60 for non-members. Early bird prices apply up until Friday, February 17, 2012.

PBL, tel: 02 9999 3115 or visit www.pittwaterbusiness.com.au

Friends of

Cindy Goode Milman

Ist Sunday of the month

21 Delecta Ave, Glareville

www.cindygoodemilman.com

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924

One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical

Society has kept the only continuous record of northern

cindy a mmilman.com.au

Phone 0404 868 251

To book, donate raffle prizes or for further information please contact Keith Ralfs at

Narrabeen Lagoon

free activities -

more information about Lee Ussher and her business, visit

bushwalks, kayak Narrabeen Lagoon trips & tours Catchment Friends of Narrabeen Lagoon Catchment has organised a series of spectacular events to celebrate the wonders of this beautiful part of Sydney. These activities are FREE but you must register in advance. Combined Bushwalk & Paddle – Sun Jan 29

A bushwalk in the morning led by Warringah Councillor Conny Harris, over the best tracks with views that will amaze and delight you, identifying flora and fauna along the way. Then BYO picnic lunch at Bilarong Reserve followed by a relaxed paddle around the lagoon in the afternoon led by Friends president Tony Carr. You'll visit

Deep Creek (over one third of Sydney's bird species make their home here). Jamieson Park and a lovely island in the lagoon. Kayak hire \$55 per person. Grade Medium. No previous kayaking experience required. Email tonycarr@ozemail.com.au or phone 0417 502 056. Cromer to Oxford Falls Bushwalk – Sun Feb 26 On this 4-hour walk, Councillor Conny Harris will take you to the most endangered vegetation community in Warringah. See heart leaved stringybark and other flowers. Starts 8.30am. One way so carpool will be organised. Grade Medium, with some ups and downs. Phone 0432 643 295. Email conny.harris@warringah.nsw.gov.au

What's in the water of Narrabeen Lagoon? How does it get there and what impact What creatures live in the water? Is the Lagoon being overfished? How important are the seagrass beds? What are the problems and how can they be managed? These questions and more will be raised at this forum—come with your questions as well. Tag-along Tour – Sat Mar 5 Here's a great way to see the catchment if you are less mobile. You can drive or be driven around the catchment to see all the significant areas and learn about the

issues, the threatened species and the campaign for Narrabeen State Park from Friends committee member Jacqui Marlow. Meet 8.45am at the Tramshed carpark.

Finishes at noon. Coffee afterwards. Phone 9913 8031. Email

Jacqui.marlow@gmail.com

and identify flora and fauna. Grade Medium with some inclines. Carpool back. Phone 0432 243 295. Email conny.harris@warringah.nsw.gov.au Cromer Circle Bushwalk – Sun Apr 29 Councillor Conny Harris will take the group across Warringah's most special vegetation community. Share Conny's enthusiasm, enjoy great views and practice plant identification as you go. 4-hours, grade Medium. Meet 10am at Cromer Rd. Phone 0432 643 295. Email conny.harris@warringah.nsw.gov.au

Narrabeen Lagoon Catchment traverse – Sat Mar 24

Councillor Conny Harris will lead this 4-hour bushwalk, starting at 10am from

LIMITED. Kayaks provided by an organisation independent of Friends Volunteer Literacy Tutor Training Train as a volunteer tutor with the Literacy Network. 30th Jan 2012, 10am - 12:30pm Train as a volunteer tutor with the Literacy Network, a community-based, not-for-profit organisation providing tutors for adult students on a one-to-one

You'll participate in a vocal production lesson, learn some harmony and sing it with the Chorus at the Open Night, followed by some friendly social discussion with Chorus members. If you like what you see, we can talk with you about membership. Book your place now to join in on the night. Contact: Sandra Steele 0412282402 or email nbchorus@gmail.com Website: www.northernbeacheschorus.com.au Pittwater Model Yacht Club

Info session on the 2012 Certificate III in IT Support at TAFE Northern Beaches Gawura Centre, Northern Beaches College of 154 Old Pittwater Road, Brookvale 2nd Feb 2012, 10am - 11am An info session on the 2012 course for women at TAFE Northern Beaches leading to a Certificate III in IT Support. This course run for two semesters and costs \$352. It will qualify you to work on an IT help desk, as a website coordinator, an IT project coordinator or in other IT support roles. Classes starts on 13 February three times a week during school terms.

Free entry to the info session. Enquiries: Peter Bush 9941 5387 or email

Registration Day

3rd Feb 2012, 3:30pm - 5:30pm

Kitchener Park, Mona Vale

Registration Day

Recreation Centre.)

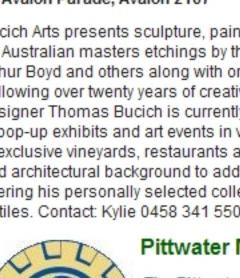
All new NetSetGo and Juniors players are required to present a copy oftheir birth

Pittwater Peninsula Netball Club

NetSetGoFUnNet turning 7 years in 2012.

(also SATURDAY 4th February, 9am-12pm, Avalon

course



Computers? Yes You Can!

NorthernBeaches.IT@tafensw.edu.au

NetSetGo Netta turning 8/9 years.

Juniors 10yr-15yrs U/17s Seniors.

Contact: Aileen Brodigan 9918-3314

textiles. Contact: Kylie 0458 341 550 Website: www.bucicharts.com Pittwater Mens Probus The Pittwater Mens Probus meets at the Mona Vale Golf Club on the second Tuesday of each month. Visitors are welcome at 10.30am. For more information call Bill Marshall 9918 0064 or Michael Mannington 9973 1624 Tweet Like 3

price for older residents

computer training courses.

way around the internet.

Church)

Register for computer training at a bargain

Friday March 23rd 2012, 9am - 12pm Central Road Avalon (under the Catholic

Avalon Computer Pals hold an information

If you're an older resident, learn how to use Skype, Facebook, Twitter and navigate your

and registration day for their popular

Training also in standard software such as Word and Excel. The joining fee is only \$25 plus \$30 per term. Bring your own laptop or use our computers. Palm Beach to Whale Beach BIG SWIM



Kayili Artists

Mangkaja Arts

 Warlayirti Artists Yulparija Artists Ngurra Artists

cardholders - \$1

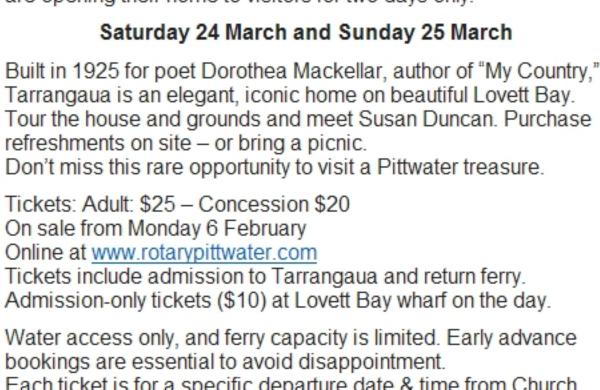
Free –under 5 years

More at; http://australianmuseum.net.au/

Papunya Tula Artists

One of the many highlights of this exhibition is a large multimedia touch table that allows visitors to explore the connections between works of art, the people and the country. It is the first of its kind on this scale, with over 40 people able to access it

Western Australia and intersects the Countries of many Aboriginal language groups. The construction and use of this route transformed the lives of the Aboriginal people in the region. This exhibition reveals the untold stories of the Aboriginal people living near the Canning Stock Route. This groundbreaking exhibition is suitable for all ages and is an event not to be missed! Hurry, in Sydney for a limited time only.



(EX BILGOLA BOP BAND + AZTECS) 26th February Avalon Bowlo 3-6pm

Times: 11am & 1pm (duration 1hr)

6 College Street Sydney, NSW 2010 Australia

Days: Wednesdays

Phone: (612) 9320 6000

 Experience didgeridoo, song and dance which combine to reveal the rich cultural knowledge handed down through countless generations of Indigenous Australians. Discover Aboriginal lifestyles, beliefs and connections to Country in this series of dynamic solo and group performances. Interact with the performers, ask questions and take photographs.



can use that large companies can't, keeping content personal without Lee provides online marketing resources and service support to Australian and other marketing agencies in the United States, India and the United Kingdom. For

www.socialmediababe.com. Bonus guest speaker In May, 2010, Pittwater local, Stephen Bock, became the 61st Australian to stand on the summit of Mt Everest in The Himalayas. At the February breakfast, the mountaineer, realtor, aerobatics pilot and adventure racer will share his experiences and show some rare footage taken on the mountain including some confronting video diaries. His DVD, 'No 61 - A journey to the top of the planet' will

Next Forum: What's In The Water? Narrabeen Tramshed Pittwater Road, Narrabeen 7pm 27th February, 2012

Deep Creek, proceeding into Garigal National Park and concluding at Oxford Falls. You'll explore some of the area's best bush tracks, visit the Deep Creek waterfall REGISTER TO ATTEND - DON'T JUST TURN UP ON THE DAY, NUMBERS ARE

AT: Literacy Network, Frenchs Forest Public School, Ann Street, Frenchs Forest, NSW, 2086 Contact us on 9452 5840 or 0401 821 047. Northern Beaches Chorus Open House Night The award-winning women's choir Northern Beaches Chorus is holding a free Open House Night on Monday

January 30, 7pm -10pm at Belrose Public School Hall

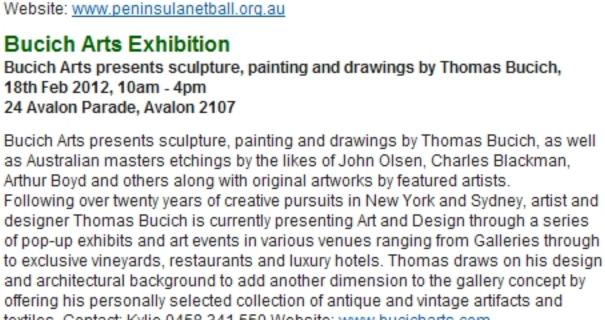
Come and experience the education, fun and friendship

school, you can relive the experience regardless of what

offered by singing in a Sweet Adeline's Chorus. If you

loved singing in the school musical or choir at high

Rowland Reserve, Bayview 31st Jan 2012, 6pm - 8pm Pittwater Model Yacht Club sails radio control 1 metre yachts at Rowland Reserve, Bayview on Pittwater. All ages, sexes and wheelchair sailors welcome and compete on equal terms. At 6pm on Tuesday evenings during daylight saving time (starting back on 31 Jan 2012) Contact: Colin Thorne - Secretary via email cp.thorne@biqpond.com Info session for women's computer



Certificate. Juniors-U/17-Senior player require a passport size photo.

Sunday January 29th, 2012 2.5 km 10 am at Palm Beach. 2012 will be the 38th year since the first group of intrepid swimmers took

Australian Musueum

Lose yourself in a sea of colourful,

brings together works of senior and

emerging artists, stories and new media to understand the Aboriginal perspective of the

surprising and contemporary Aboriginal paintings. Discover a dynamic 'hands-on' multi-media table, films, objects, photos plus much more! Yiwarrra Kuju (one road)

Location: Level G, Special Exhibition Space

6 College Street Sydney

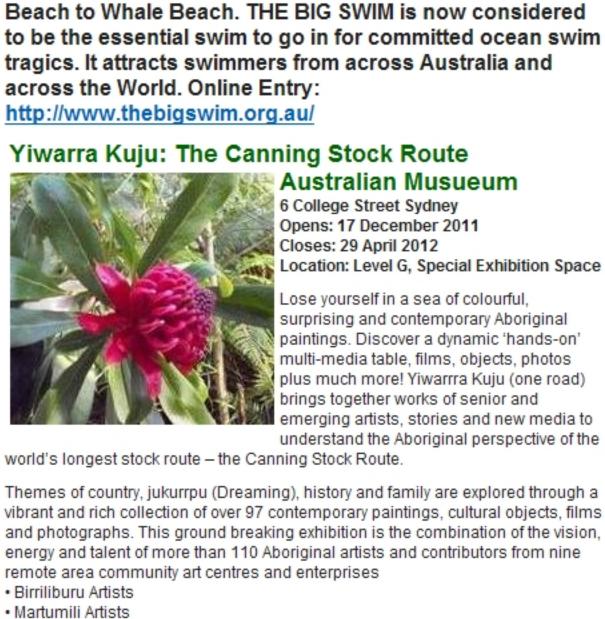
Closes: 29 April 2012

Opens: 17 December 2011

on the challenge of an open ocean, journey swim for Palm

Paruku Indigenous Protected Area

Australian Gov DVA Gold Cardholders and Blue Pensioner Concession



simultaneously. What is the stock route road? The stock route first surveyed by Alfred Canning as a means to drive cattle from the station of the Kimberley to the markets in the south, runs nearly half the length of

Go on an interactive tour with an Aboriginal guide. Admission prices (includes general admission) Adult \$15 Concession \$10 Child (5 to 15 yrs) \$7 Family (2a +2 c) \$37 Family (1 a + 2 c) \$22 Extra child \$4

A series of lectures from Museum curators, experts and special guests. Free with Museum entry. Click on logo for more details. Copyright Pittwater Online News, 2012.

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Profile of the Week

History Youth Seniors

Lynda Hill

Community News

Pictures

News From our Inbox

Books Events Artist of the Month

Reflections

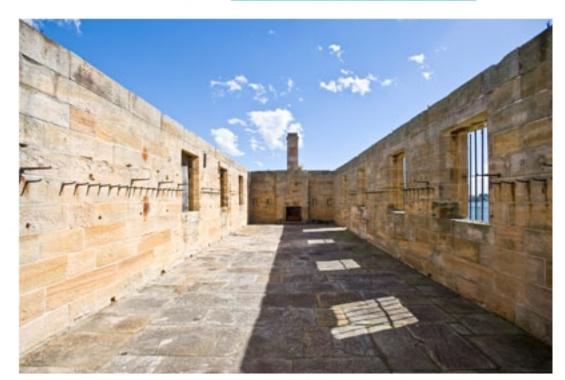
Collector's Corner

DIY Hints

January 29 - February 4, 2012: Issue 43



Above: Cockatoo Island by Spud Murphy, 2008. Below: The Goal at the Island and The Camping Grounds at Cockatoo Island More Information: http://www.cockatooisland.gov.au/











COCKATOO ISLAND OVER THE YEARS By George Repin

At the time of first settlement Cockatoo Island, the largest island in Sydney Harbour, was heavily timbered with red gums and was frequented by the sulphur-crested cockatoos which gave it its name. It has seen many changes over the years. In 1839 it became a secure prison for convicts brought to Sydney from Norfolk Island and put to work cutting silos in the rock for storing the colony's grain supplies. These silos can still be seen. Convicts were held in appalling conditions. At one time 500 were crammed into dark cells in the barracks. Prison guards fed sharks in the waters around the island as a deterrent to any prisoner who might be tempted to swim to shore. The prisoners were moved to Darlinghurst Gaol in 1870 but the island again accommodated prisoners between 1888 and 1908. Cockatoo Island prison buildings were added to UNESCO's World Heritage List in July, 2010.

Only two men are said to have succeeded in escaping from Cockatoo Island and some records suggest that only one, Frederick Ward, survived. As "Captain Thunderbolt", Ward became a bushranger in the Uralla district of New South Wales. Ward's wife, (the daughter of a white shepherd and an aboriginal woman) swam to the island the previous night with tools which Ward and Fred Britten used to release themselves from shackles, before striking out for the shore, where she had horses waiting. She and Ward got away. There are differing stories about the other man, Fred Britten. Some say he was never heard of again. According to others Mary hid the two men in Balmain and later they were involved in bushranging together for a short time. There are also questions about Ward's ultimate fate. There are reasons to believe that the man shot by Constable Walker in May 1870 was his uncle William (known as "Harry"), not Fred Ward. The body was identified as Fred Ward because of an old knee wound, but Harry had also suffered a wound to the knee.

Between 1850 and 1870 the prisoners built the Fitzroy Dock, Australia's first dry dock, and a workshop to service Royal Navy and other ships. The larger Sutherland Dock was built in the 1880's.

The island housed an Industrial School for Girls between 1870 and 1880.

From 1880 shipbuilding and repairs progressively increased and in 1913 the island became the Commonwealth Naval Dockyard. Significant vessels built during the life of the dock included, in 1938 Vigilant, the first aluminium ship built in Australia, several Bathurst class corvettes during World War II, and the Battle class destroyer HMAS Tobruk. HMAS Success was the last ship launched from the island - in 1984

Now under the control of the Sydney Harbour Federation Trust, the island is a public recreation area with camping and other facilities. The camping ground, opened in 2008, attracts 20,000 campers each year.

In 2008 the 16th Biennale of Sydney, Australia's Festival of Contemporary Art, was held on the island attracting more than 80,000 visitors over 10 weeks. The 17th Biennale in 2010 enjoyed 156,000 visitors.. Early in 2009 the former Turbine Hall housed a major installation by the artist Ken Unsworth, who returned with another show in 2011. Part of the movie Wolverine was shot on the island in 2008. A painted false wall, indistinguishable from an original brick wall opposite it, was left behind. Cockatoo Island continues as a site for cultural activities

The island is easily accessible by ferry from Circular Quay.

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Pittwater Online News Front Page Park Bench Philosophers Contents Profile of the Week History Youth Seniors Environment Food Lynda Hill Community News Pictures News From our Inbox Artist of the Month Collector's Corner DIY Hints Books Events Reflections

January 29 - February 4, 2012: Issue 43





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Stubbie Holders

Something that seems truly Australian is the Stubby Holder, invented to keep beers cold in the hot Australian sun. Collectors now proudly display these in Men's Shed's and 'Pool Rooms' throughout Australia and to some they hold the intrinsic bonus value of being equal to ladies collecting teaspoons with a picture or address of where they come from.



There seems to be a bit of a word skirmish going on as to who invented this useful apparatus. Some state the original Australian Stubby holder was invented by a Mr. Shane Walsh who incorporated several design modifications that suited the Australian climate. Others state that contrary to myths that these were invented in Queensland, it appears that a Mr John Lamers of Melbourne (who also was associated with the Footscray Football Club) invented the cool-aid. Another source claims the originator is Bob Howe. Apparently Mr Howe was a bookie and saw a fellow at the races at Tenant Creek with his stubble pushed into broken bits of a foam esky. He went

to Melbourne had many made, filled a bus and travelled around selling them. He now lives at Maroochydore.



Originally made from the polystyrene foam and called beer stubbies or stubby, a word used to describe a 375ml bottle of beer koozies (US), this vital summer equipment has evolved in both material and style from its early 1980's start. The foam evolved to neoprene and a foam variant of neoprene that replaces it with a cheaper and

If it's

not at

our loc.

sell you

house

lighter weight closed cell foam. Some companies create these coolers for wine bottles. All are designed to insulate the

warmth of the holding hand from the cool of the beverage.



They are also used to promote companies and products with the market

expanding to incorporate 'Groom's Nights' stubby holders or just about any other event. Larger versions are for larger bottles and picnics outside. The samples from the collection photographed here are part of a growing hobby. Their owner states he prefers those from hotels or those that are about football teams and organisations to those that are all about products, unless it's a rare or very good beer. Other websites cite the

1982-83 Cricket Test match versions, some of the first, as those who still prove most popular with memorabilia buffs.





