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Michael Mannington's Supermoon Picture

Supermoon photograph taken in **Auckland** at 17.24 local time 05 May, by our intrepid photographer, Michael Mannington! Supermoon article in Environment page this week.

Above: Female Koala (*Phascolarctos cinereus*) at Billabong Koala and Aussie Wildlife Park, Port Macquarie, New South Wales, Australia. 25 February 2009 by Quartl

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Koalas to be listed as 'vulnerable' in New South Wales

We've been following this story for a while now and had cause to shed a few tears of joy this week, here's why; (below). Well done all of you who did something to see this tide turn! Let's hope it turns enough for koalas to be returned to, be safe and thriving in Pittwater again by the time our children's children are playing beneath the resident gum trees.

FROM: The Hon Tony Burke MP - Minister for Sustainability, Environment, Water, Population and Communities - Koala protected under national environment law - **Media release 30 April 2012**

Environment Minister, Tony Burke, has today announced Australia's most at-risk koala populations need to be included on the national list of threatened species. Minister Burke has decided to list koala populations in Queensland, New South Wales and the Australian Capital Territory as vulnerable under national environment law.

"*Koalas are an iconic Australian animal and they hold a special place in the community,*" Mr Burke said. *"People have made it very clear to me that they want to make sure the koala is protected for future generations.*

"My decision to list the koala under national environment law follows a rigorous scientific assessment by the Threatened Species Scientific Committee which gathered information from a variety of experts over the past three years.

"Koala populations are under serious threat from habitat loss and urban expansion, as well as vehicle strikes, dog attacks, and disease.

"However, koala numbers vary significantly across the country, so while koala populations are clearly declining in some areas, there are large, stable or even increasing populations in other areas.

"In fact, in some areas in Victoria and South Australia, koalas are eating themselves out of suitable foraging habitat and their numbers need to be managed.

"But the Queensland, New South Wales and Australian Capital Territory koala populations are very clearly in trouble, so we must take action.

"That is why the scientific committee recommended to me to list the Queensland, New South Wales and Australian Capital Territory populations as threatened, rather than to list the koala as nationally threatened across its full range."

Mr Burke said the Gillard Government had committed $300,000 of new funding under the National Environmental Research Program Emerging Priorities to find out more about koala habitat.

"This funding will be used to develop new survey methods that will improve our knowledge of the quality of koala habitat using remote sensing, and help fill important data gaps to enhance our understanding and ability to protect the species," Mr Burke said. *"The new funding is in addition to more than $3 million we have invested since 2007 to ensure the resilience and sustainability of our koala population."*

For more information on the koala listing go to
www.environment.gov.au/biodiversity/threatened/species/koala or
http://www.environment.gov.au/cgi-bin/sprat/public/publicspecies.pl?taxon_id=197.

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This Weeks Articles

Michael Mannington's Supermoon Photograph

Koalas to Be listed as 'vunerable' at last !!!!!

Ladies Luncheon Experience by Robyn McWilliam

Profile: May brings Groups and Organisations: to lead out it's our own Pittwater Council, celebrating 20years

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Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Populaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend

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History: Pittwater Gents with a love of flying: Walter Oswald Watt was the first aviator to gain a licence in Australia and a WWI Ace.

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly

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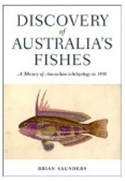
Park Bench Philosopher: ***Murrlrrilee* - and Meanings concurrently Being**



Books:**New works from locals and May Releases from HarperCollins and CSIRO by Australians**

Old Books:**A southern flight (1905)**, Frank Dempster Sherman, 1860-1916; Clinton Scollard, 1860-1932

Ancient Scottish poems (1770)by George Bannatyne, Sir David Dalrymple, William Dunbar, Robert Henryson

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Events: Mothers Day lunches, Guringai Fest. 2012, MWPHS Australiana Talk at MVL, Mumpreneurs May Chai, Bobby Sox Reunite for SurfAid Concert at Avalon RSL, Book Talks, Poetry and Playreading @ MV Library, Chicken Town! Poetry Comp. from PCA, Writers Fest 2012, History Comp., Council Events and more.

News From our Inbox: Shipping the Unshippable, PhotoFun, Videos this week: Universal News: Amelia Earhart 1937, William Wyler: The Fighting Lady 1944...air and water

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Community News: Council's 20th Anniversary Celebrations, Great Film to be shown in Avalon, RPAYC Lion Island Series, Artist Trail this May, Avalon Tattoo 2012, Art on Sale, Badminton, Avalon Craft Cottage, Bush Care Notices for May, Our Council's Notices, Fed. Govt. Media Releases + More.

Environment; **Supermoon Today!!**, EcoExpo 2012, Cooee May Issue, Frogs, New Fish Research mag. from CSIRO, Green Thumbs ticket to the lighthouse, New Birdlife Australia website, local Environment groups and orgs.

Lynda Hill: **Update 2.5.12**: Finding One's Position, Place and Personal Power: May's Scorpio Full Moon

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Pictures: This week's Pictorial is Palm Beach Sailing Club's Annual Fish and Chip run to Patonga, courtesy of Peter Salter: dogs, glassy water and healthy grins !

Youth: **The First Flight was in Australia, not America**, Life onboard RV Southern Surveyor, Learner Driver Workshop, Community sports grants,Volunteering Video Competition for Young People - Call for Entries, Speeding? You're in our sights Campaign, Drama Returns to MVL, **Dorothea Mackellar Poetry Comp.** Links for local websites for, about and by Youth + more.

Seniors; Self Funded Retirees need to Update their details, 97 year old shows how to break into a sweat exercising without leaving your seat!, *I Remember* and other words from and for you, + link to Seniors Online Newspaper, Information and links to local Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: May 2012: N Evers shares some great photographs of Pittwater

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Reflections by George Repin. **This week; PAMBULA AND THE CHARLES DARWIN CONNECTION**

DIY Hints: WD40, some facts and figures and alternate uses, c/- W.A.G.

Collector's Corner: What are **copoclephilists**? Would you pay 20k for a key fob ?

Food: Parsnips are an ancient root vegetable that is harvested in mid-Autumn, some facts, history, nutrition, heath benefits and a Medieval Recipe for pie!

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Above: Kelly Connolly. Below: Karen Baldwin, Kelly and Healthy Harold. Healthy Harold is the mascot for Life Education Australia at: www.healthyharold.org.au/

About LEA
Life Education Australia (LEA) is a registered charity, and not-for-profit organisation. LEA is comprised of 6 Federated States and Territories. Life Education Australia provides positive programs that develop the social skills and knowledge necessary for effective decision-making, communication, negotiation, peer resistance and refusal in drug-related situations.

Life Education encourages respect for the uniqueness of each individual, and teaches the skills to assert confidently that individuality, especially in social settings with friends. Life Education aims, in partnership with schools and the community, to help reduce tobacco use and illegal drug use among young people; encourage them to avoid or delay alcohol use; and reduce the harms associated with any drug use.

Life Education's primary schools programs which commenced in 1979 are delivered by 120 full-time and part-time educators using Life Education's national network of more than 90 mobile and static classrooms, complemented by direct delivery in school classrooms. Over 750,000 students participate in the program each year.

Life Education's programs are based on the latest research, and provide high quality drug education featuring role-play; social skills training; correction of common myths; and varied, fast-moving and interactive activities facilitated by excellent educators assisted by the latest multi-media technology.

Life Education Australia believes prevention is better than cure!
From: http://www.healthyharold.org.au/organisation.aspx

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A Luncheon Experience

by Robyn McWilliam

Glistening wine glasses are raised to lipsticked mouths. Hands gesticulate amidst the cacophony. It is Wednesday 14 March and the function room at Royal Motor Yacht Club is full of women deep in conversation. This is one of the few days of the year for ladies who do lunch.

General Manager, Karen Baldwin, calls for quiet as she launches the third year of Ladies Luncheons. The speakers are the highlight. In the past sex therapist, Bettina Arndt, shared some racy tales and Di Morrissey elaborated on her research for her novel, The Plantation.

Tables at one end display jewellery, candles, diffusers and beauty therapy vouchers. Local business owners support the lunches by donating raffle prizes and offering members and guests discounts on their products. The proceeds of the raffle go to a selected charity. **Over the past two years $11000 has been donated to Breast Cancer Network, which supports breast cancer sufferers.** One lucky person at each table takes home the centrepiece. For one new grandmother this was a delightful set of book ends for a baby's room.

This year Healthy Harold, the giraffe joins Karen on stage. Life Education is announced as the new recipient. When Ted Noffs started this organisation in 1979 he had a revolutionary idea – talk to children about drugs and health in a creative, interesting and entertaining way.

Following our main course we are introduced to this year's first guest, Kelly Connolly, a mum of three, who gives us an insight into her 20 years working in the media. Kelly describes the high pressure environment of working for A Current Affair. She's been in floods, around bushfires, met cross-dressing criminals and been detained by police in Indonesia. Her highlights include dancing with John Travolta on his private jet and meeting Christopher Reeve.

Starting as a cadet at the ABC, Kelly was thrown into politics. A country girl who wore skirts and pearls, she had to find a way of working with older lecherous men.

Fourteen years ago Kelly came to Sydney, the centre of the media universe in Australia. She worked on Money with Paul Clitheroe but her size became an issue. A size 12 bordering on 14, Kelly was seen as too fat for TV. She went to a network stylist who said she had great t*ts and fantastic legs but not for a finance show. Hence the move into current affairs.

The media wants stories. Kelly was told, "We've just got to feed the Beast." Journalists also have to get both sides of the story, be impartial. She travelled the world with A Current Affair. The competition with Today Tonight was fierce. Kelly related a story of a fellow with 300 rabbits in his back yard. It was like Watership Down. She tried telling her boss she was allergic to rabbits. He told her use antihistamines and get out there. Her team beat the other reporters.

Kelly joined the Today Show hosting alongside Karl Stefanovic for six months. Ninety per cent of the people interviewed were fabulous. Her career sky-rocketed after her first baby. Following her second, her age and family/work balance brought issues. Kelly's own priorities changed; she became less ambitious. Part-time work wasn't possible so Kelly did the night shift to be with her kids during the day. She forgot about sleep and neglected her husband until a third child brought the circle of stress to an end.

Kelly's life is now balanced, fun and couldn't be better. For those interested she teaches tricks of the trade: to communicate with the media, how to be on camera, the inside story. Kelly also appears on 2GB's Ben Fordham show to debate the news of the week. What a fascinating journey of a career woman and mother facing the challenge of working in the media.

The next Ladies Luncheon is on Wednesday 23 May will feature Dr Ginni Mansberg speaking on How to Get Your Mojo Back – a Woman's Guide to Health and Happiness. I'm looking forward to it. To book ring RMYC 99975511.

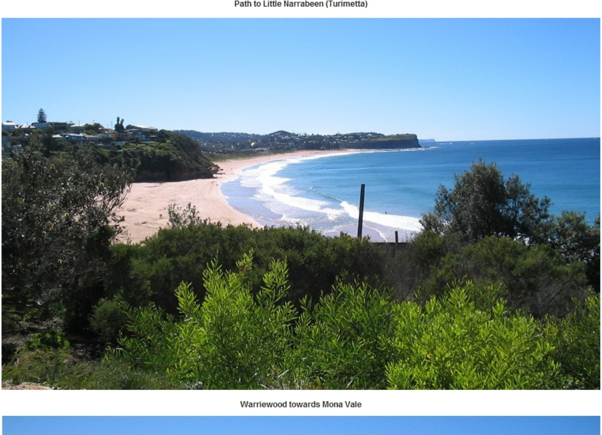
May 2012 - N Evers

Pittwater Council is 20 years young this month. A local photographer shares some great pictures of Pittwater to celebrate Pittwater itself. The area begins on the northern edge of Narrabeen bridge up unto the Barrenjoey Peninsula and to Coal and Candle creek as our western border. The Tasman sea is our eastern border. All wonderful photographs (except Bungan, which would be obvious) by a local gent who just likes sharing !

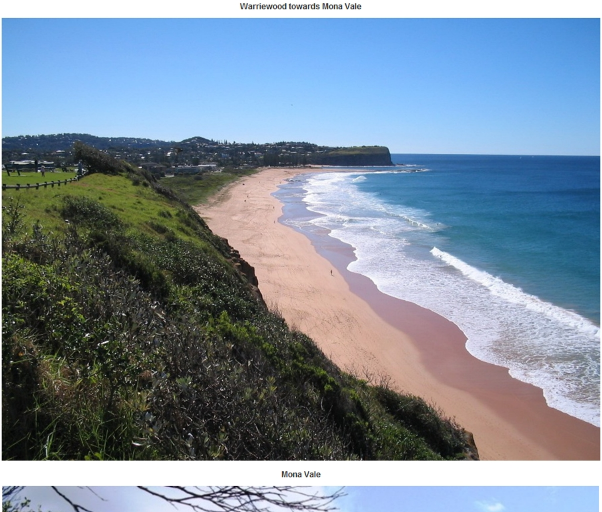
Narrabeen Bridge- opened 1925

North Narrabeen

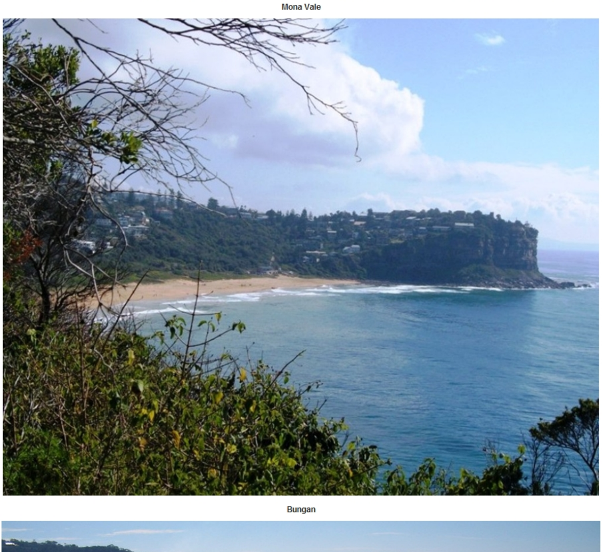
Path to Little Narrabeen (Turimetta)



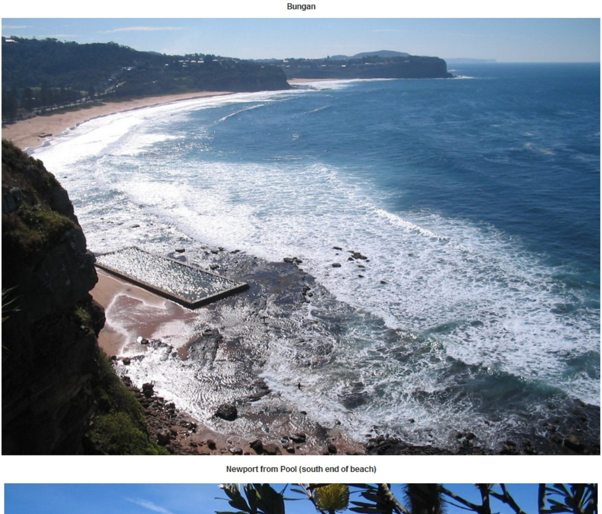
Warriewood towards Mona Vale



Mona Vale

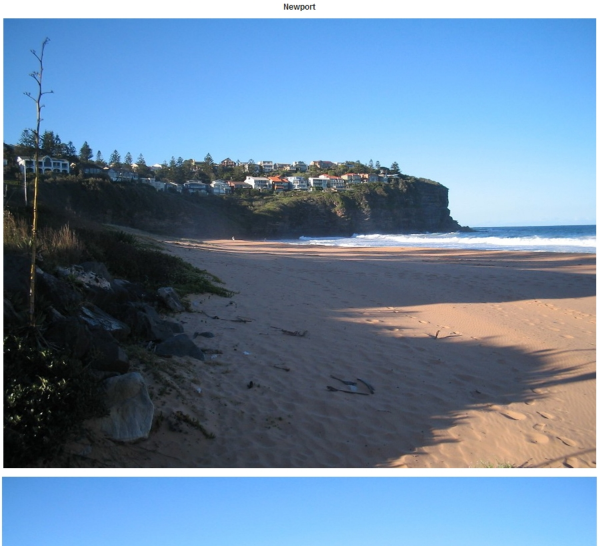


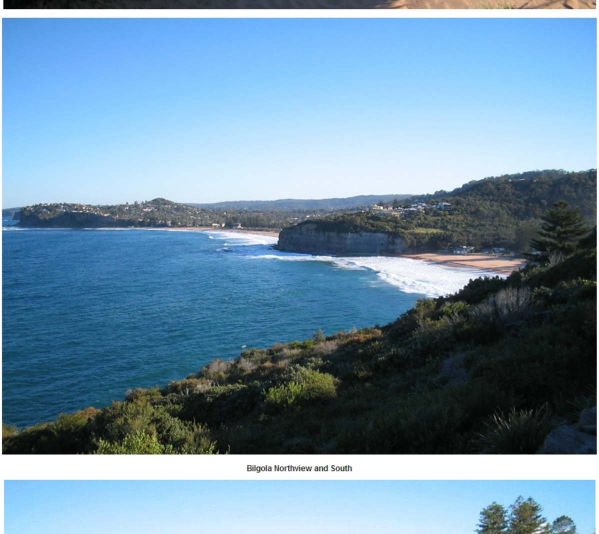
Bungan



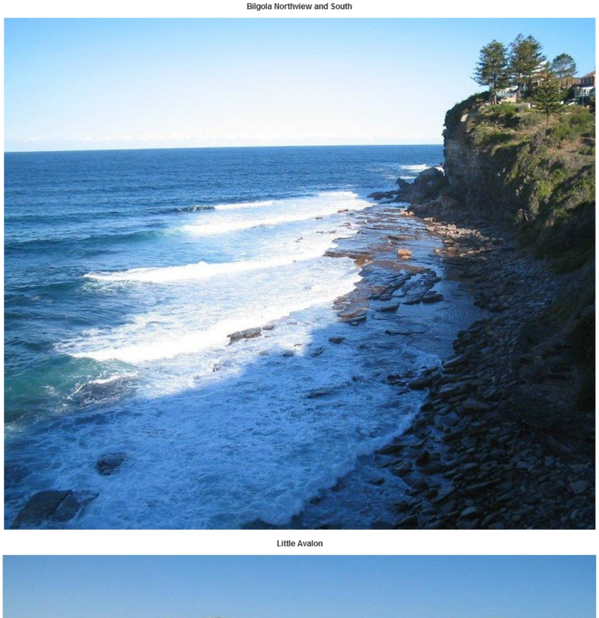
Newport from Pool (south end of beach)

Newport

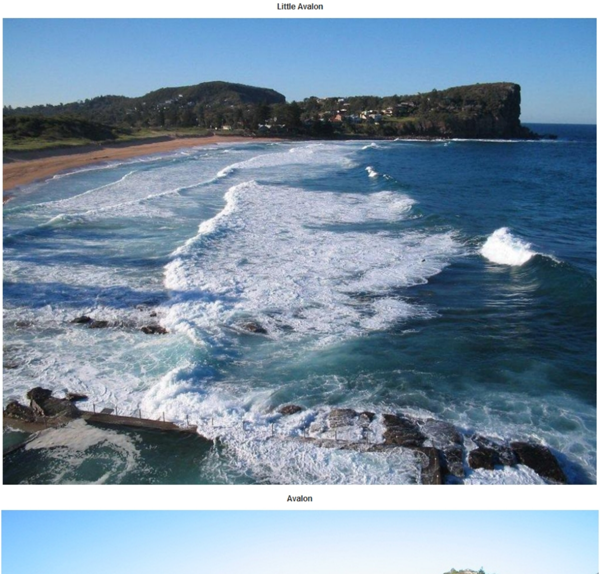




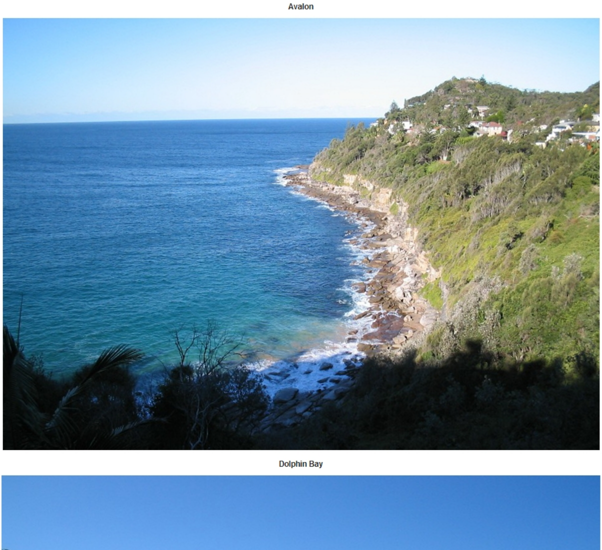
Bilgola Northview and South



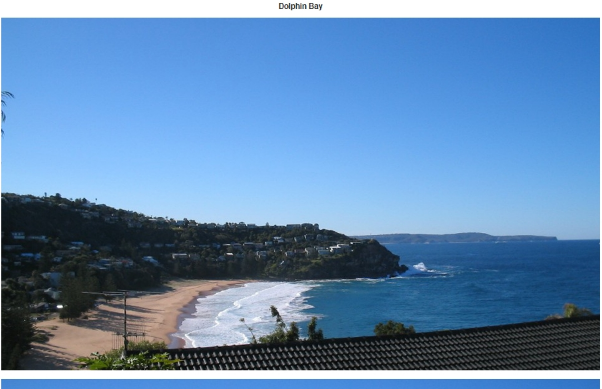
Little Avalon



Avalon



Dolphin Bay



Whale Beach North and South views

Palm Beach

Palm Beach- Pittwater side from Station Beach towards Hawkesbury River mouth

Lion Island

Pittwater - view to western beaches on estuary and National Park

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Articles This Week:

Michael Metaxakis Appointed to the Pittwater Council

Academic Achievement Awards

Reflections by George Ryan: FAMILIA AND THE CHARLES DICKENS CHRISTMAS

Ladies Lunchbox Cooking Class

Profile of Ray Walsh: Mine Dog 2012 Congress and Competition, "Phoebe" Wins Best Overall Exhibit, Best Bitch and Best Bitch in Show

Pittwater Council Seeks Nominations for Its Annual Awards

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MurrIrrilee - Meanings concurrently Being

Semblance of this being the large Murr flow comes in large red tide of fish among red river gum, the murr tree, in long and large rains. It reveals, physically, that MurrIrrilee is a Cup from Cup, MurrIrrilee from MollinUmrill, and a font garden land. *MurrIrrileeMurrMurr* is the soulname, and dreamsong for this Cup made of basins. Both the physical flow of Murr, and the ever seventh garden, the one one, one two, of whole small blue angel are still Met and kismet here. Original lingo in words such as *Muurruun, Murruum, Muurrang and Muurruu,* and their meanings of 'life', 'large', 'mud' and ever 'pathroad' remain. Kangaroo and Wallaby are tolled to have come from the stars that shine above her, from '*Kurr-wil*'. These stars are aligned with the many places four seasons of flow in gum trees songing their seasons' fruits; sweet, juicy and full. This Age has many scoffers though and so these stories from this place are called myths, reckoned untrue.

MuggaMurrMyallMalleeMurrIrrilee songs from the lands closer to bays and sea, this is the breath that issues from all through them. This songing is the tone of the mixing sand, silt, dirt, mangroves and rising mallee spindling, but this is a description of this place for some now, not its name and what it is making. This is how wholesong has been translated, there is no bogan moth from bogan mountains, or hallowed song from sacred grounds. Inland, where open bushland gathers closer to cleave to alpine mountain, the many runs of kangaroo and wallaby risen in gentle slopes of eucalyptus are also now known by other names. Their dual meanings as beings, as whole meaning, have been forfeited as though they were nothing and could not possibly have held any real worth. They are reduced to longitude and latitude, to regional eco-systems, and named after usurpers, not for all they keep, all they divine.

None of this changes the ever soulname of this basin of basins though, or its long rivers' meaning being. Nothing changes the truth that this pristine blue, rendered dark and light green and bending red brown, is the stuff we were born naked for, so we could be cloaked in presence.

The place under hammer is a few bends of the river songnamed '*Muurruun-Muurruu*' and five lakes, of small and large sizes, further upstream. This is *Wiradjuri* and *Watiwati* and *Letyiletyi* country. These are the places of the *Djadjawurrung* of the *Wimmera*. *Wadawurrung's* pad sounds further south. It is habitat for flora and fauna that can't bloom elsewhere. It is a place where it will be found that water and river and dirt and tree and tree air can be finite.

It is dark blue here sometimes, dark blue mountains, dark blue clouds, dark blue air, dark blue-green trees, and part of the Breath making wing. Under the trees, Murr trees, closer to the bending gold and brown-green river, is dappling meeting gleaming.

When Will reached the small town near the proposed damming site he went to the library and local council offices. He made copies of all their old and new maps of the river and its lakes upstream, further upstream, and those downstream. Will began looking at the flow of water, at all the flows of water.

'They could stuff up a quarter of the country's landmass.' he thought a few hours, map and flow observances later.

He began writing down the current names of the lakes and beside these, their original names. He began listing all the animals and flowers and fish peculiar to this area which are endangered, almost extinct. During the mornings Will went to the protest sites, stood quietly among all those others and watched those who looked back at him. During the afternoons he went to the library and museum seeking more information, or borrowed the caretaker's bicycle and went in search of smaller streams and creeks. He met up with farmers and described to them what salination would do to their sacred land.

The lakes closest to this stretch of the river *MuurruunMuurruu* and their environs were once, to the cowled and the naked, the 'place where the great rain fish swim', the '*Murrundi*'. The group of lakes further south are known as *Munntinjara*, the 'place where trees stand in water', and even though this is still what these places are, they are known, in keeping with this ages' character, by other men's names. Between these, where shallow river widens and thickens, is where bulldozer meets protester.

The river chants, "*Om padme Murray Murr Murr*" over and over, varying its rhythm and tempo where its wet currents wend thick beneath red river trees and thinner shining flow through the mallee lands. It chants of its times of fuller rains. It chants of the months of thinner waters. It holds as some fuller breath, close to its invisible core, the vast full note of the large Murr tide that comes in its season to run fish, in streamings, among all the red river trees.

Wordsmithing:

MURRIRRILLEE: 'Garden that is a Cup and Flow from the Ocean'; Soulname from Dreamsong. As Songname is; 'Flow of Murr Trees'. A MeaningBeing (*meaning issuing being;* See WORD). Songname and Soulname for Australia during the Chanting and Coming Home. From *MURR*; regions akin to Myrrh, or Murr (breath of trees/or breath made by trees which is perfumed, or tanged with various regions trees, in this case the MURR TREE, as much as a Murr Delta flow). These two, equally combined make Murr; Myrrh Tree Flow. *MYRRH* 'Gladness' from Old English myrre, via Latin from Greek murrha, ultimately from Akkadian murru, compare Hebrew mor, Arabic murr. African and South Asian bursaraceous trees and shrubs of the genus *Commiphora*, especially *commiphora myrrha*, that exude an aromatic resin. The resin from such a plant used as incense, in medicine and perfumes. See The MYRRH BREATH through all gardens. See MYRTACEOUS.

From *Muurruu* 'path, road' from Wiradjuri. *Murru* 'myrrh' from Akkadian. *Marr* 'sea, lake' from Gaelic, *Muir* 'sea' from Celtic, *Murra* 'branch of a tree' from Wiradjuri, *Murramurra* 'ancest¬ral being' from Diyari, *Mur* 'bright' from Diyari, *Murrnang* 'mud' from Wiradjuri, *Murrumbidgee* 'big water' & 'ever flowing' from Wiradjuri. From IRRILLEE; akin to norths' (Ullumunn and Mollhullin) *ILL + LILL* 'lillied grasslands' the Song (dream) of *liliaceous* grass, thin sheets of water, verdant greens and lily (lotus) ponds. Also from Tribal Name; *Murririllee*, with element of *IRI* 'country' from Murrinh-Patha Language, Western Australia. *MALLEE* 'thicket' from Wemba-Wemba, also a district of NW Vic. and shrubby eucalyptus , esp. E. Dumosa. MURRIRRILLEE contains elements from east to west of island.

Extract from *Will Two: Part Two.* Village Green. 1985-2012.
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Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 1500.

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Walter Oswald Watt

11 February, 1878 – 21 May, 1921

Above: 1914-15, in his French uniform

Captain Walter Oswald Watt, who, according to our cables, has been decorated, was as an aviation officer in the Australian forces, mentioned in the French army orders with the following note: — *'A fine officer. A pilot of great daring and imperturbable coolness. Never hesitates to fly above the enemy's lines at a low altitude whenever circumstances require it. Has made numerous most dangerous reconnaissance, and his machine has frequently been struck by shell-splinters. Although wounded in the head on August 8 he continued his reconnaissance with the greatest coolness.'* PERSONAL. (1915, December 17). *The North Western Advocate and the Emu Bay Times* (**Tas**.: 1899 - 1919), p. 3. Retrieved from http://nla.gov.au/nla.news-article64623760

Walter Oswald Watt was the youngest son of John Brown Watt, a Scot who had migrated to New South Wales in 1842 and Australian-born mother, Mary Jane (nee Holden, daughter of George Kenyon Holden and Eliza Punette Clunes, née Mackenzie). He was one of five sons and five daughters. Watt's mother died when he was one and shortly afterwards the family relocated to Sydney. His father became a successful merchant, shipping company owner and politician, frequently representing his state on overseas missions.

At the age of 11, 'Toby' as he was nicknamed, was sent to be educated in England at Clifton College, Bristol, and Trinity College, Cambridge where he obtained his Bachelor and Master of Arts degrees. He returned to Sydney in 1900 and became Second Lieutenant in the New South Wales Scottish Rifles. 1901 saw him became a landowner, purchasing Howlong station at Carrathool. He also had interests in Llanillo, Goonal and Gunningrah, New South Wales, as well as in Queensland cattle-stations, Strathmore at Bowen and Glen Prairie at Rockhampton. In 1902 he was appointed Aide-de-camp to then Governor of New South Wales Admiral Sir Harry Rawson GCB GCMG RN. On September 27, 1902 he married Muriel Maud Williams, daughter of Toorak (Melbourne) Sir Hartley Williams, a prominent lawyer then judge.

By 1904 he was headed back to England and obtained his Master of Arts degree from Cambridge in 1904. In October the following year he was promoted to captain in the Scottish Rifles. On a subsequent trip to England he took flying lessons at the Bristol aviation school on Salisbury Plain. Watt attained his Royal Aero Club certificate, no. 112, on 1 August 1911, becoming the first Australian citizen so qualified.

AUSTRALIAN PILOT Captain Walter Oswald Watt, of the New South Wales Scottish Rifles, has been awarded a pilot's certificate for proficiency in aviation. AUSTRALIAN PILOT. (1911, August 3). The Argus (Melbourne, Vic. : 1848 - 1956), p. 8. Retrieved from http://nla.gov.au/nla.news-article11604771

Mr Watts continued his passion for planes, setting up as a civilian flyer in Australia on his return in November 1911 and publicly declaring that the time was "*rapidly approaching when an aero corps [would] have to be inaugurated*" as part of the country's "military defence scheme". He also recommended manufacturing foreign-designed aircraft under licence in Australia, which did occur here after the second world war.

Above: Watt's Farman biplane "Advance Australia", c.1915, In Walter Oswald "Toby" Watt photographs, 1914-1915. Coll. No. 2008.045. Repository: McFarlin Library, Department of Special Collections and University Archives, University of Tulsa. 2933 E. 6th St. Tulsa, Oklahoma 74104-3123

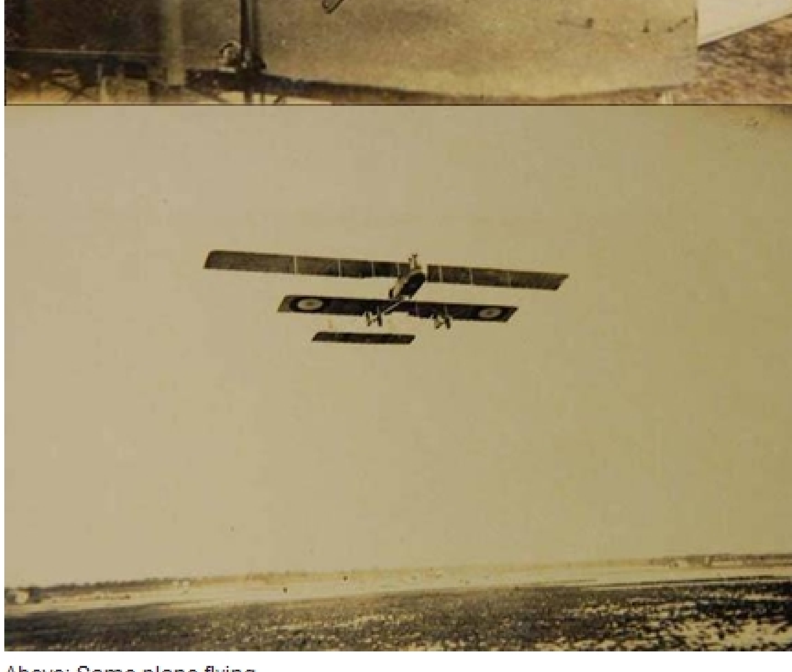
In April 1912 he purchased a property at Bilgola, subsequently named 'Bilgola Cottage' but named then 'Balgowlah' from Henry Leddon Jones. Here he liked living simply, enjoying the beach, fishing, swimming and entertaining guests who remarked on the contrast of the bare essentials kept in this cottage compared to the opulent 'society lifestyle' he lived elsewhere. Walter was clearly a man who worked hard and played hard and liked life in the raw. An alleged affair that began in 1911(December!) with a then 19 year old much admired dancer Ivy Schilling, was continued here and led the end of his marriage.

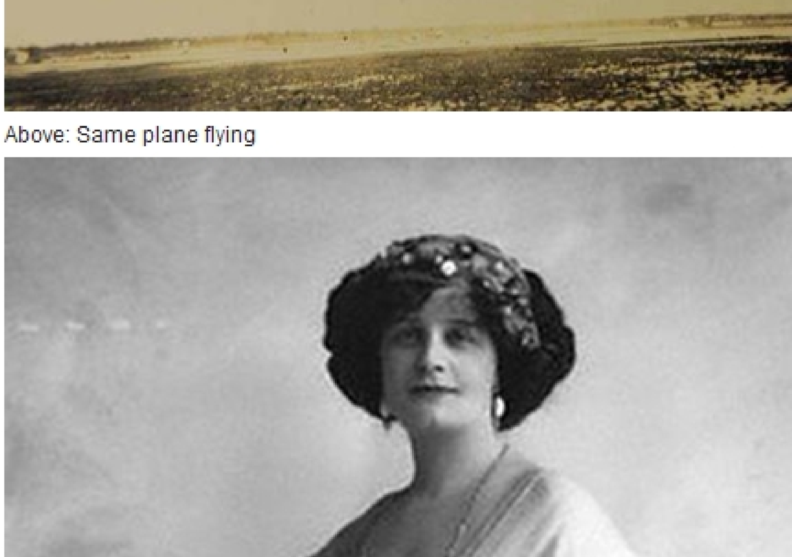
THE WATT DIVORCE CASE. MISS IVY SCHILLING AND THE RESPONDENT. Sydney, June 28. The Watt divorce suit was again before Mr. Justice Gordon to-day. The case was one in which Muriel Maud Watt, formerly Williams, petitioned for the dissolution of her marriage with Walter Oswald Watt on the ground of the misconduct of the respondent. The petition set out that the petitioner was married on September 27, 1902, to Walter Oswald Watt, the respondent, at Toorak, Melbourne, according to the rites of the Church of England; that the petitioner was born at Kenly, Toorak, Victoria; that her husband had been guilty of misconduct with some woman or women unknown to the petitioner at Sydney and Melbourne; and that her husband had been guilty of misconduct with Ivy Schilling at Sydney between December 18, 1911, and July 1, 1912. The petitioner asked for the dissolution of the marriage and the custody of the child, James Oswald, issue of the marriage. When the case was called on Mr. Whitfeld said he proposed to call as a witness Henry Leddon Jones.

His Honor-I suppose the other side is aware that this evidence is being given?

Mr. Whitfeld-Yes, Mr. Milner Stephen was informed yesterday.

Henry Leddon Jones said he lived in Palm Grove, on the Barrenjoey road, near Newport. He met with an accident and could not attend the court. The witness said he formerly owned Balgowlah, and the respondent purchased it from him in April last year. The witness lived there formerly, and used to let portion of the cottage to fishing parties. One Friday night Watt and Miss Schilling arrived after mid-night and roused the witness. They were there one night, and the rest of the party arrived on the Saturday. There were eight rooms and they all had single beds. Next morning be passed Watt's room. The door was open, and he was in bed. The lady occupied the room opposite. He never saw any impropriety. His Honor said be would deliver judgment to-morrow. THE WATT DIVORCE CASE. (1913, June 27). *The Advertiser*(Adelaide, SA : 1889 - 1931), p. 10. Retrieved from http://nla.gov.au/nla.news-article5417553





Above: Same plane flying

Of Ivy: *'her most widely reported exploit outside the theatre occurred in 1911, when she saved a well-known surfer, Tommy Walker, from drowning at Manly Beach..'* (From: http://pandora.nla.gov.au/pan/131760/20120120-0944/www.nla.gov.au/pub/nlanews/2005/feb05/story-3.pdf)

Ivy went to England to pursue her career in 1914, not marrying until 1932 (a Harvey Street surgeon). Toby left Australia too following the divorce, and went to Egypt, spending several months, where he purchased and practised flying a Blériot XI monoplane. While there he met leading French aviators including Louis Blériot and Roland Garros. Thinking that Britain would not be involved in a European war, he offered his services and his plane to the French and became an ordinary soldier in the Aviation Militaire section of the French Foreign Legion. He was awarded the Légion d'honneur and the Croix de Guerre, and given the brevet rank of captain.

Although considered by some sources an avid Francophile Watt always proclaimed his antipodean connection while serving France, painting a kangaroo on the nose of his plane, which he named ***Advance Australia***. Considered a no-nonsense type, he once introduced himself to a British pilot with the words *"I am an Australian and I haven't got any manners"*.

Above: Mrs Muriel Watt

In 1916 he transferred to the newly formed Australian Flying Corps, with the rank of captain and command of B Flight, No.1 Squadron, then stationed in Egypt. In September he was promoted major and took command of No.2 Squadron which was being formed in Egypt. The new squadron was sent to England (Tetbury) for training in early 1917 and arrived on the Western Front in September. He kept three Australian squadrons in France throughout the war to end all wars. **Charles Bean** on visiting No.2 Squadron after the battle of Cambrai, where Watt became famous for leading his squadrons on daring low level strafing attacks, recorded his impressions of its work: *"They are winning themselves a magnificent name, this first Australian fighting squadron … It is Watt who has worked them up to this remarkably high level of conduct and general tone"*.

As the squadron commander Watt worked long hours, rising at 5 a.m. to give moral support to his dawn patrols; according to Bean, the heavy fighting at Cambrai had left Watt *"very wan…he fell asleep after dinner"*. In February 1918 Watt—by then a lieutenant-colonel—was promoted to command the four squadrons (Nos. 5, 6, 7 and 8) of the Australian training wing at Tetbury, Gloucestershire, England. He excelled as a leader who inspired his crews with his ideals of service.

The novelist **W. J. Locke** visited him after the Armistice and noted *"there was not one who … did not confide to me his pride in serving under a leader so distinguished'. A pilot later opined that as well as having "courage, determination, and an immense capacity for work", Watt possessed "the greatest factor in leadership, a genius for endearing himself (without conscious effort) to all who served under him*".

At the end of the war Colonel Watt was presented by those who served under him with a magnificent miniature aeroplane in silver, a trophy of which he was very proud. In January 1919 Mr Watt was appointed O.B.E. He brought his wing back to Australia in the Kaisar-i-Hind ('Empress of India'; a P&O liner requisitioned as a troopship which **Lawrence of Arabia** also sailed home in: http://www.ssmaritime.com/Kaiser-I-Hind.htm). Watt and his fellow airmen arrived home in June, 1919.

On his return he was elected president of the New South Wales section of the Australian Aero Club. After the war he lobbied politicians for improved safety measures in civil aviation and was well known for his generosity to former A.F.C. comrades and his efforts to find them employment. In 1920 he was offered the position of controller of civil aviation, but declined because of business commitments: he was a partner in Gilchrist, Watt & Sanderson Ltd, the family shipping firm, and a director of the Australian Alum Co., the Great Britain Tin Mining Co., the Sogeri Para Rubber Co. and Art in Australia Ltd.

Above: In Winter kit . Below: Album 56: Photographs of the Allen family, **1 December - 30 April 1911** Image No. a3288035h and last is from Album 62: Photographs of the Allen family, **11 May 1913 - 15 October 1913**, Image No. a3291037, all courtesy State Library of NSW

'Toby' Watt drowned at Bilgola Beach, one of his favourite refuges, on 21 May 1921. He was only 42 years old.

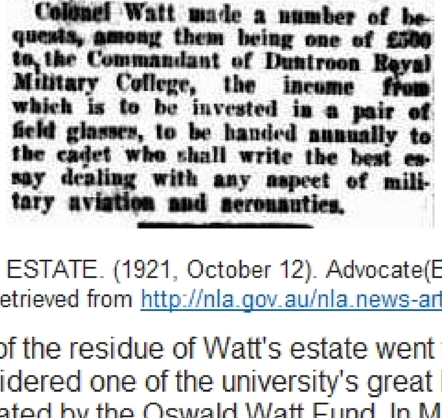
COLONEL WATT. DROWNED NEAR NEWPORT. SPLENDID WAR RECORD. Colonel Walter Oswald Watt, late of the Australian Flying Corps, and a director of the firm of Messrs. Gilchrist, Watt, and Sanderson, Ltd., was found drowned at Bilgola Beach, about a mile north of Newport, on Saturday morning.

Colonel Watt was staying at his week-end residence there, and went down to the beach alone, evidently for the purpose of collecting wood. He had taken off his bath robe, which he was wearing over his bathing costume, and this, together with his towel, was found on the beach. A number of sticks were piled in a heap close by. These were close to a point where a number of slippery rocks run down to the water's edge, and not at the place where Colonel Watt usually entered the water when swimming. When the body was examined on Saturday afternoon a bruise was found at the back of the head and a cut in the middle of the forehead. There were also some scratches on one cheek, and these signs suggested that Colonel Watt slipped on the rocks referred to, and fell, striking his head. It is believed that the fall stunned him, and that he was drowned in comparatively shallow water, into which he rolled after the fall.

Mr. Sydney Jones, a caretaker at Colonel Watt's residence, was the first to notice the body floating in the water. He hurried to Newport to obtain assistance. From there some fishermen proceeded in a boat, and recovered the body. Constable Grant, of Mona Vale, and Mr. Bulfin made strenuous efforts to restore animation, but it was realised from the beginning that there was no hope of success, and after half an hour's work they had to admit failure. Dr. Richards, of Narrabeen, pronounced life extinct. COLONEL WATT. (1921, May 23). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article15950786

Walter Oswald Watt was buried with full military honours. Members of the AFC, Royal Air Force, and Australian Aero Club formed a guard of honour at the service, one of the largest in Randwick's history, which also included representatives of the Royal Australian Navy and Australian Army. Among the tributes was a floral wreath from an anonymous group of French admirers, and another that was dropped by parachute from a low-flying plane. His ashes were interred in the family vault at St Jude's churchyard, Randwick; the epitaph on his gravestone reads; "A great man and a great soldier"

His estate was sworn for probate at £176,846. In his will Mr Watt left two bequests to the Australian Aero Club, one of which was used to establish the Oswald Watt Gold Medal for outstanding achievement in Australian aviation. He also bequeathed a sum to the Royal Military College, Duntroon. The award was founded as the Oswald Watt Prize later in 1921.



N.S.W. GRAZIER'S ESTATE.

GIFT TO DUNTROON.

SYDNEY, Tuesday.—The will of the late Colonel Walter Oswald Watt, of the Howlong estate, Carrathool, grazier, has for probate purposes been sworn at £176,845.

Colonel Watt made a number of bequests, among them being one of £500 to the Commandant of Duntroon Royal Military College, the income from which is to be invested in a pair of field glasses, to be handed annually to the cadet who shall write the best essay dealing with any aspect of military aviation and aeronautics.

N.S.W. GRAZIERS ESTATE. (1921, October 12). Advocate(Burnie, Tas. : 1890 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article69311658

A large amount of the residue of Watt's estate went to the University of Sydney. Considered one of the university's great benefactors, he was commemorated by the Oswald Watt Fund. In May 1923, the Oswald Watt Wing of the Havilah Home for Orphans, Wahroonga, was opened by the Governor-General of Australia.

By December 1921 his cottage at Bilgola had been sold: Colonel Walter Oswald Watt. This property realised £4500 (*The Sydney Morning Herald* (NSW : 1842 - 1954) Saturday 10 December 1921 p 11 Article)

He was survived by his only son, then 15 year old James, who was in England being educated at the time of his death. This gent later married in the same church his parents had.

No title. *The Argus* (Melbourne, Vic. : 1848 - 1956) Wednesday 19 April 1933 p 5 **Article Illustrated** ... ON THEIR WAY TO THE WEDDING BREAKFAST. James Oswald, son of the late Colonel Walter Oswald Watt and of Lady Lawford; and Beverley Rand daughter of the late Mr. G. R. Jackson and of Mrs. Charles Cunningham, Egelabra, Toorak, photographed after their wedding at St. John's Church Toorak ... 71 words

WalterOswaldWatt ResearchFile2012.pdf
Size : 1533.98 Kb
Type : pdf

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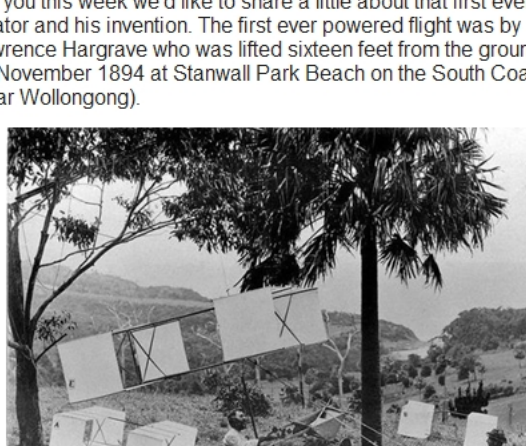
Pittwater Online News

May 6 - 12, 2012: Issue 57

First Ever Flight was in Australia - not America

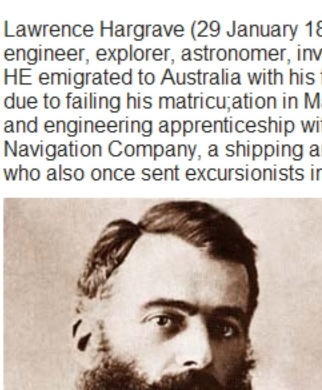
On June 16th this year the Avalon Tattoo will be on again with a focus in 2012 on the Air Force and all things to do with flight ! During May our History pages will feature Pittwater gents who were also aviators, starting this week with one who once had a holiday home at Bilgola (here).

For you this week we'd like to share a little about that first ever aviator and his invention. The first ever powered flight was by Lawrence Hargrave who was lifted sixteen feet from the ground on 12 November 1894 at Stanwall Park Beach on the South Coast (near Wollongong).



Above: Hargrave (seated) and Swain demonstrate the manlift kites (labelled A, B, D, & E), sling seat and spring balance in the parkland behind Stanwell Park beach (Wollongong), November 1894

Lawrence Hargrave (29 January 1850 – 14 July 1915) was an engineer, explorer, astronomer, inventor and aeronautical pioneer. HE emigrated to Australia with his family in November 1865 and, due to failing his matricu;ation in Mathematics, was lucky to gain and engineering apprenticeship with the Australasian Steam Navigation Company, a shipping and steamer company of Sydney who also once sent excursionists into Pittwater on their vessels.



From and early age this man was interested in experiments of all kinds, particularly those that would become, after him, aircraft. By 1885 he devoted himself to his experiments full time and followed his passion, observing birds in flight, waves and the motions of fish and experimenting with these 'motions' in building contraptions that mimiced the flapping of bird's wings at a property he owned at Stanwell Park beach. These were monoplanes run on rubber bands and clockworks. This place is now famous as a hang gliding and para gliding spot due to its excellent wind and 'hang' conditions of landscape funelling air.

From 1893 it was his investigations of and experiments with 'lift' that led to his invention of box kites and four of these, anchored to the ground by piano wires and sandbags, that raised him 16 feet above the ground into a 21km wind.

Today he is revered and remembered by having a library named for him at Monash University, a Professorship at Sydney University and the Lawrence Hargrave Drive and iconic south coast road. Our $20.00 note until 1994 featured an engraving of him and his gliders.

From *Wikipedia*, and by Hargraves himself:

In his career, Hargrave invented many devices(adding machines to calculate star distances, the rotary engines), but never applied for a patent on any of them. He needed the money but he was a passionate believer in scientific communication as a key to furthering progress. As he wrote in 1893:

"*Workers must root out the idea [that] by keeping the results of their labors to themselves[,] a fortune will be assured to them. Patent fees are much wasted money. The flying machine of the future will not be born fully fledged and capable of a flight for 1000 miles or so. Like everything else it must be evolved gradually. The first difficulty is to get a thing that will fly at all. When this is made, a full description should be published as an aid to others. Excellence of design and workmanship will always defy competition.*"

We've put up a video on how to make a box kite for you >>>>

Tagged wins Silver World Medal at the New York Festivals Television and Film Awards-Thursday, April 19, 2012

Tagged is a compelling film that tells the story of how a friendship circle breaks down following the posting of a rumour on a blog. The dramatic storyline encourages young people to reflect on how their online interactions may have real life consequences. The film tackles important issues of cyberbullying, sexting and the importance of digital reputation. **Cybersmart website**

Volunteering Video Competition for Young People - Call for Entries| Office for the Not-for-Profit Sector - PORTFOLIO: Prime Minister and Cabinet

SNIPPET: On 19 April 2012, the Minister for Social Inclusion, the Hon Mark Butler MP, launched a new competition for young Australians. Over 6 million Australians volunteer each year with not-for-profit organisations, contributing more than $14.6 billion in unpaid work. For more information about the International Year of the Volunteer + 10, visit their...

THE BILLABONG XXL GLOBAL BIG WAVE AWARDS - To air Friday May 4th, Grove Theatre, Anaheim, California, Main website at; http://www.billabongxxl.com/

2011/2012 CATEGORY OVERVIEW: Billabong XXL Ride of the Year Award, Billabong XXL Biggest Wave Award, Monster Paddle Award, Monster Tube Award, Surfline Best Overall Performance Award, Billabong Girls Best Overall Performance Award.

The nominees have been announced for the 2012 Billabong XXL Global Big Wave Awards fueled by Monster Energy, and the surfing community is bracing for another epic showdown of the biggest waves and greatest rides witnessed worldwide over the last year.

The 12 months leading up to the end of the annual XXL cycle at the end of the Northern Hemisphere spring on March 19 have been widely regarded as the most spectacular ever seen in the sport of big wave riding. "Biggest-ever" swells were conquered at surf breaks in locations ranging from Tahiti to Ireland and from Tasmania to Portugal along with "just plain huge" days in Mexico, Fiji, California and Hawaii. When whittled down to the top five nominees in each of the XXL's seven divisions, every category is filled with breathtaking moments, all worthy of being named an XXL champion and each with a shot at a share of the $120,000 in prize money at stake.

RE-RUN OF CHILDREN'S THEATRE - NO DRAMA AT LIBRARY!

A 'reader's theatre' will return to Mona Vale Library next term for budding dramatists aged between 10 and 12. The sessions are hosted by drama teacher Helen Rosenkranz free of charge once a fortnight at the library, **starting next term on Wednesday 2 May 2012.**

As librarian Rebeccah Vick explains, the reader's theatre gives children the chance to read aloud plays and enjoy other dramatic activities under the direction of an experienced drama teacher.

"They'll learn how to project their voice, the importance of using expression to add emotion and tips on speaking clearly and more slowly to get their audience's attention," she said. "Overall the reader's theatre classes are designed to improve children's confidence in public speaking."

"We had a lot if interest in the reader's theatre last term, so are delighted that we can offer the sessions again. They start again on Wednesday 2 May and run every fortnight on a Wednesday between 4pm and 5pm, " said Ms Vick.

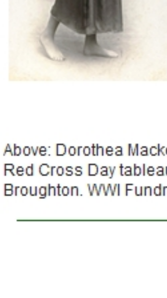
Classes are free-of-charge but bookings are essential; to book phone the library on 9970 1600. For more information call Rebeccah on 9970 1622. The reader's theatre is just one of several events planned to celebrate 2012 as the National Year of Reading. Mona Vale Library is located at 1 Park Street Mona Vale. For more information visit www.pittwater.nsw.gov.au/library

Love Food, Hate Waste Cookbook

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

Dorothea Mackellar Poetry Awards Optional Theme for 2012: Wheel and Wings and Marvellous Things



The oldest and largest poetry competition for school aged children in Australia. The Awards optional theme for the 2012 is 'Wheels and Wings and Marvellous Things' - celebrating the vivid images poetry creates as we read and ponder the written verse.

The competition dates for this year are from 1st March to 30th June 2012. More Information and Entry at;

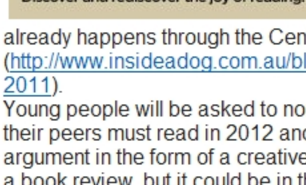
http://www.dorothea.com.au/

Above: Dorothea Mackellar dressed as one of the Graces for Mrs T.H. Kelly's Italian Red Cross Day tableaux at the Palace Theatre, 20 June 1918 / photographer, Glen Broughton. WWI Fundraiser. Courtesy State Library of NSW. Image a928963

Bus Pass Replacement

HERE

National Year of Reading 2012:



For teens, we (Federal Government) will be running the National Year of Reading Creative Reading Prize. It's an expansion of something that already happens through the Centre for Youth Literature (http://www.insideadog.com.au/blog/inkys-creative-reading-prize-2011).
Young people will be asked to nominate the one book they think their peers must read in 2012 and then to provide a convincing argument in the form of a creative response to the story. This will be a book review, but it could be in the form of words, pictures, film, song, or something even more avant garde. We'll be partnering with insideadog.com.au, spineout.com.au and Madman Entertainment to create a fantastic competition with some really great prizes. More at: http://www.love2read.org.au/

As part of this: **Bedtime Stories: Downloadable Tales for Children** Available right now AT: http://www.australianwomenonline.com/bedtime-stories-downloadable-tales-for-children/

Australian Stories Online

Project Gutenberg Australia, has a great list of old legends and books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

Send In Your Stuff

Pittwater Online News is not only For and About you, it is also **BY** you. We cannot publish swearing or the maligning of others (this is the opposite of what we stand for). If you have a poem, story or something you want to see addressed, let us know or send to: pittwateronlinenews@live.com.au

All are Welcome, All Belong !

Word of the Week

Compassion: com·pas·sion (noun). Deep awareness of the suffering of another coupled with the wish to relieve it. Ranked a great virtue in numerous philosophies, compassion is considered in almost all the major religious traditions as among the greatest of virtues. It is the inherent quality that leads to altruism.

From: Middle English *compassioun*, from Late Latin *compassi, compassin-, from compassus*, past participle of compat, to sympathize : Latin com-, com- + Latin pat, to suffer; see p(i)- in Indo-European roots, from Old French, from Late Latin compassiō fellow feeling, from *compatī* to suffer with, from Latin *com-* with + *patī* to bear, suffer

Grant to help diverse youth participate in community sport :
News Centre : Australian Sports Commission -PORTFOLIO: Regional Australia, Local Government, Arts and Sport

SNIPPET: The Minister for Sport and Multicultural Affairs, Senator Kate Lundy, today announced increased funding to help young people from culturally diverse backgrounds participate in sport. Grants will be awarded to sporting organisations or community groups that can demonstrate a capacity to create sustainable opportunities for youth from culturally and linguistically diverse backgrounds to participate in sport within local communities. All Australians should have equal access to sporting opportunities and this grant program helps to ensure more young Australians from diverse backgrounds can participate in sport at a local community level.

Walk Safely to School Day - Friday 18th May

Walk Safely to School Day is an annual, national event when all Primary School children are encouraged to walk and commute safely to school. The event encourages parents, carers and their children to build regular walking to and from school into their daily routine. It also encourages parents to drive less and walk more, aiming to decrease vehicle congestion around schools and reduce carbon emissions from idling cars. For more information please visit www.walk.com.au

HELPING LEARNER DRIVERS BECOME SAFER DRIVERS

A free workshop for parents and supervisors of learner drivers will be held by the Roads and Maritime Services with Pittwater Council **at Mona Vale Library on Wednesday 16 May from 6.30pm**. The course, 'Helping Learner Drivers Become Safer Drivers', will offer parents and supervisors hands-on advice on how to provide the most effective driving practice for learner drivers.

The Council's Road Safety Officer Michelle Carter said licence conditions for learner drivers meant there was a minimum of one year on 'L' plates and 120 hours of supervised driving, including a mandatory 20 hours of night-time driving. "A more rigorous driving test has also been introduced, focusing on hazard perception and driver reactions," Ms Carter said. "Parents and supervisors of novice drivers have a crucial role to play in making our roads safer, and that is why the RMS has developed a course to better support them."

The free course will cover topics such as:

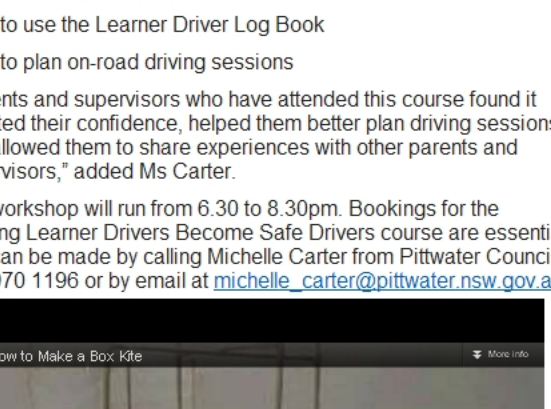
•laws for learner and P-plate drivers

•how to use the Learner Driver Log Book

•how to plan on-road driving sessions

"Parents and supervisors who have attended this course found it boosted their confidence, helped them better plan driving sessions and allowed them to share experiences with other parents and supervisors," added Ms Carter.

The workshop will run from 6.30 to 8.30pm. Bookings for the Helping Learner Drivers Become Safe Drivers course are essential and can be made by calling Michelle Carter from Pittwater Council on 9970 1196 or by email at michelle_carter@pittwater.nsw.gov.au



Life onboard RV Southern Surveyor with oceanographer Dr Bronte Tilbrook

So you're wondering if you could ever go to sea for a week, a month or even a year? If you're ever going to be a marine scientist, it would be good to know this before you head out to sea! Get a taste for life on board Australia's Marine National Facility ship, RV Southern Surveyor, with CSIRO oceanographer Dr Bronte Tilbrook.

CSIRO is Australia's national science agency and one of the largest and most diverse research agencies in the world. Australia's Marine National Facility (MNF) is a blue-water research capability, funded by the Australian Government and operated by CSIRO. The current MNF vessel is RV Southern Surveyor.

SPEEDING? YOU'RE IN OUR SIGHTS!

Pittwater, Warringah and Manly Councils and the Roads and Maritime Services have joined forces to reduce speed on northern beaches' roads through the Local Government Road Safety Program. The campaign - called *Speeding? You're In Our Sights* - will target drivers on the beaches using flashing VMS signs urging drivers to slow down, free 'slow down in my street' bin stickers and additional police enforcement. **The campaign starts on Monday 30 April and will run for three weeks until 20 May**. Drivers will be warned in advance about the campaign, with banners in key locations across the peninsula as well as bus shelter and press advertising.

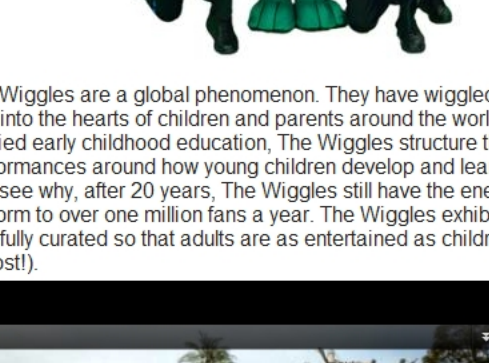
Senior Sergeant Rick Janssen from the Northern Beaches Highway Patrol said the key message of the campaign was that police are out to stop drivers not sticking to the speed limit. "If you're caught you'll face a heavy fine and could even lose your licence," he said.

Sgt Janssen said that young drivers are of particular concern. "Data across the Pittwater, Warringah and Manly local government areas shows that speed-related-crashes are significant among drivers 25 years and under."

Of the speed-related-crashes across the Peninsula, 42% of these are among the under 25 year olds. "These statistics are extremely worrying and show that speed plays a major part in injuries and loss of life on our roads, particularly among our young people, " added Sgt Janssen. Residents can also remind drivers to slow down by obtaining Slow Down in my Street stickers available from Pittwater, Warringah and Manly customer service centres.

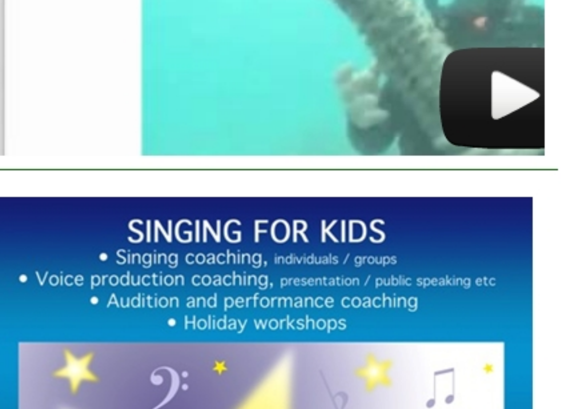
Get ready to wiggle! @ The Powerhouse Museum

The Wiggles are a global phenomenon. They have wiggled their way into the hearts of children and parents around the world. Having studied early childhood education, The Wiggles structure their performances around how young children develop and learn. Come and see why, after 20 years, The Wiggles still have the energy to perform to over one million fans a year. The Wiggles exhibition is carefully curated so that adults are as entertained as children (well, almost!).



Hangout from the Great Barrier Reef - Live on Google +

Award winning documentarian Richard Fitzpatrick, together with the team from the Catlin Seaview Survey, will be hanging out from beneath the sea - LIVE from the Great Barrier Reef. Be sure to follow them on Google+ and stay tuned to join the next live hangout!



Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. **Make sure you are heard**. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to **Lifeline** made from anywhere in Australia will be free of charge from **1 July** under an agreement made between the three major phone carriers.

Tweet | Like | +1

Pittwater Online News

May 6 - 12, 2012: Issue 57

Federal Government Media Release 1/5/2012

Self-funded retirees need to update their details - The Hon Jenny Macklin MP - PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs

SNIPPET: From today Centrelink is posting letters to 9,000 self-funded retirees who need to update their details in order to receive new cash payments to help them make ends meet. However, there are about 9,000 self-funded retirees who have not provided their bank account details to Centrelink. Of course, people can update their details after this date but it will mean they won't receive their advance payment on 25 June.

I REMEMBER
C/- Larraine Hall

I remember the cheese of my childhood,
And the bread that we cut with a knife,
When the children helped with the housework,
And the men went to work not the wife.

The cheese never needed a fridge,
And the bread was so crusty and hot,
The children were seldom unhappy
And the wife was content with her lot.

I remember the milk from the Billy,
With the yummy cream on the top,
Our dinner came hot from the oven,
And not from the fridge, in the shop.

The kids were a lot more contented,
They didn't need money for kicks,
Just a game with our mates in the paddock,
And sometimes the Saturday flicks.

I remember the shop on the corner,
Where a pen'orth of lollies was sold
Do you think I'm a bit too nostalgic?
Or is it...I'm just getting old?

I remember when the 'loo' was the 'dunny',
And the pan man came in the night,
It wasn't the least bit funny
Going out the back with no light.

The interesting items we perused,
From the newspapers cut into squares,
And hung on a peg in the outhouse,
It took little to keep us amused.

The clothes were boiled in the copper,
With plenty of rich foamy suds
But the ironing seemed never ending
As Mum pressed everyone's 'duds'.

I remember the slap on my backside,
And the taste of soap if I swore
Anorexia and diets weren't heard of
And we hadn't much choice what we wore.

Do you think that bruised our ego?
Or our initiative was destroyed
We ate what was put on the table
And I think our life was better enjoyed.

Do not know who wrote this, is credited to 'Anon', but it is so very true of my younger days. L.H.

How to Protect Your Privacy Online: two basics

Delete browsing history: Click on Tools> Delete Browsing History. As you might imagine, your History file leaves a very clear set of footprints indicating where you've been on the Web. To delete the contents of the History menu, choose History→Clear History (at the very bottom of the History menu).

Avoid pop-up ads: To block most of those pop-up windows with advertisements for everything from low-rate mortgages to "sure-thing" Internet casinos, **click the Tools menu and then click on Pop up Blocker and ensure this is On**

Cyber Safety

With thousands of mature Australians taking to the Internet as a means of communication, knowledge sharing, keeping themselves updated, having fun, all without having to leave the comfort of their favourite chair, we'd like to bring you some great news about an Australian Government initiative and website called Stay Smart Online. This week one of ACAMA's Cybersmart videos called Tagged won an ward in New York. The Cybersmart website at http://www.cybersmart.gov.au/ has some great information for your grandchildren. For yourselves there's Stay Smart Online which is regularly updated with tips and alerts about scammers and viruses. You can even sign up to receive these in your email Inbox.

Their Top Tips

1. Install and renew your security software and set it to scan regularly.
2. Turn on automatic updates on all your software, including your operating system and other applications.
3. Think carefully before you click on links or attachments, particularly in emails and on social networking sites.
4. Regularly adjust your privacy settings on social networking sites.
5. Report or talk to someone about anything online that makes you feel uncomfortable or threatened - download the government's Cybersafety Help Button.
6. Stop and think before you post any photos or financial or personal information about yourself, your friends or family.
7. Use strong passwords and change them at least twice a year.
8. Talk within your family about good online safety.

The Australian Governments Stay Smart Online (Includes an Alert Service you may sign up to): www.staysmartonline.gov.au/

From There: DNSChanger is malware that may have been installed on your computer without your knowledge. Approximately 10 000 Australian internet users are infected with this malware. If you don't remove it by 9 July 2012, you won't be able to connect to the internet. If you are infected, dns-ok.gov.au provides links to tools and details that may help you remove the infection. See the full alert: http://dns-ok.gov.au/

How to find out what your DNS is:
http://www.cybercili.biz/faq/how-to-find-out-what-my-dns-servers-address-is/

Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.

SENIOR MOVERS
Gracefully downsize with our experience and care...

www.seniormovers.com.au

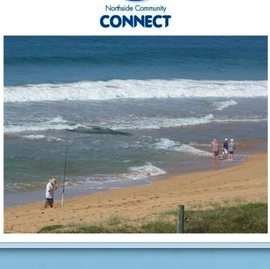
Also see Belinda Grundy's Profile other great Business; www.bgpropertystyling.com.au

Pittwater Community Hub

Our recently opened office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street. We are open Monday to Friday, 9.00am to 4.00pm. The new Hub is fully 'manned' by our professional staff and local volunteers who can answer enquiries and provide personal assistance to meet the needs of residents of the northern beaches.

Click on logo to visit their website for more

Northside Community CONNECT



Exercising

Many of us would have heard of the term '*use or lose it*' and this would apply to keeping limbs and mind in the best possible order as much as a threat issued by a sibling when eight or nine about our bright blue, and as it turns out, coveted scooter. Some things work best if worked regularly. Getting our blood moving or even participating in some breathing exercises to ensure that oil for the body, our blood, stretches itself on occasion will bring a glow to your skin and keep some fluidity in all joints.

Always remember you should consult your GP about what exercises are relative and suitable for you and then follow through, do them. The lady in the videos here for you this week is a mere 97 years young and seems a great example of how keeping the body fit also helps to keep the mind fit. Her name is Liesel Weiser and all her exercises are fairly low impact; just ensure you have some swinging arm room around you and your chair.

Senior Fitness - 97 year old keep fit teacher -.

Syntactic Ambiguity's

"Time flies like an arrow
Fruit flies like a banana"
(Attributed to Groucho Marx)

You're dammed if you bolt your food
But if you want to unbolt your nuts!
(**Asahel Bush**)

How to Not Spell - C/ - Irene Anderson

Contact Community Care Northern Beaches by clicking their logo:

CCNB COMMUNITY CARE (NORTHERN BEACHES) LIMITED

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

Article on their Seminar

The Senior Newspaper Online
Click on logo:

Australian Senior PUBLICATIONS

Warringah Council | PITTWATER COUNCIL

Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets for Seniors Week. The Services, Activities & Housing Directory 2012-2013 is a one-stop-shop for all northern beaches seniors thanks to a successful partnership between Warringah, Pittwater and Manly Councils.

"We have a vast array of services available for seniors on the northern beaches and now, for the first time, they're all in one, easy to read publication," said Warringah Mayor, Michael Regan.

Mayor Harvey Rose said the directory contained everything from information on retirement planning to fun ways to keep fit. "It's a handbook on healthy ageing," he said.

"It's a collaboration between the three councils on the Northern Beaches, so wherever you reside from Manly to Palm Beach, there are contacts in the guide for your social and everyday needs" said Manly Mayor Jean Hay.

The directories can be found at Council's Customer Service; Libraries, Community Centres or online at the council websites.

If older people with mobility problems have difficulty assessing the directory - contact Aged Services and you will be sent a copy.

HEARTMOVES | Heart Foundation

Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. $8.00 casual. Phone Ingrid to secure your spot on 0405 457 063.
www.heartfoundation.org.au

Independent Website for Elders:
http://www.agedcarecrisis.com/about

About us: We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities. We do not receive any funding. We are not affiliated with any government body. We are not affiliated with any religious body . We are completely independent
www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia

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May 6 - 12, 2012: Issue 57

'Supermoon' Alert: Biggest Full Moon of 2012 Occurs Today

Image Credit: ESA/NASA; Astronaut Paolo Nespoli took this image of the moon aboard the International Space Station on March 20, 2011, and wrote, "Supermoon was spectacular from here!"

Lynda Hill, our resident astrologer, points out in her column this week that we have this years largest full moon occurring this weekend and what is called a 'supermoon'. Supermoons occur when a full moon (or a new moon) coincides with the closest approach the Moon makes to the Earth on its elliptical orbit, or perigee, leading to the technical name for a supermoon of the perigee-syzygy of the Earth-Moon-Sun system.

The moon will officially become full this Sunday (May 6th; today!) at 1.30pm. ET in Australia. Because this month's full moon coincides with the moon's perigee — its closest approach to Earth — it will also be the year's biggest. The moon will swing in 221,802 miles (356,955 kilometers) from our planet, offering skywatchers a spectacular view of an extra-big, extra-bright moon, nicknamed a supermoon. This month's full moon is due to be about 16 percent brighter than average. In contrast, later this year on Nov. 28, the full moon will coincide with apogee, the moon's farthest approach, offering a particularly small and dim full moon.

Urban myths state such moons cause earthquakes or extreme tidal effects. Normal tides around the world will be particularly high and low but not 'extremely' so. At perigee, the moon will exert about 42 percent more tidal force than it will during its next apogee two weeks later. The last supermoon occurred in March 2011.

To view this weekend's supermoon to best effect, look for it just after it rises or before it sets, when it is closest to the horizon. There, you can catch a view of the moon behind buildings or trees, an effect which produces an optical illusion, making the moon seem even larger than it really is.

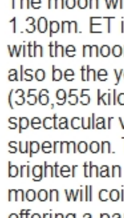
PITTWATER COUNCIL

World Migratory Bird Day – 12 and 13 May

A global awareness-raising campaign begun in 2006 to highlight the need for the protection of migratory birds and their habitats. Pittwater provides a summer home to a few special migratory birds, one of them being the Eastern Curlew. Head down to Careel Bay to see if you can spot one and let us know if you do!

International Day for Biological Diversity – 22 May

Its aim is to increase understanding and awareness of biodiversity issues and was started by the United Nations in 1993. The theme for this year is Marine Biodiversity. For more information visit www.cbd.int/ idb/2012



Marine and Freshwater Research - Volume 63 Number 5 2012

Includes: Demography, fishery yield and potential management strategies of painted spiny lobster (Panulirus versicolor) at Northwest Island, Great Barrier Reef, Australia, Climate-change induced tropicalisation of marine communities in Western Australia, Statistical phylogeographic tests of competing 'Lake Carpentaria hypotheses' in the mouth-brooding freshwater fish, Glossamia aprion (Apogonidae)

Ecoexpo 2012 - 12-13 MAY 2012

EcoXpo is THE all-inclusive forum of sustainable companies and their customers interested in eco living. EcoXpo creates success and flourishing for our eco friendly companies and customers living green. EcoXpo is a gathering of hearts, minds and soul, embodied by a group of like-minded companies who display and sell their sustainable wares to discerning eco-conscious consumers.

Buy your online discounted ticket now for $8 (free entry for kids): not only do you save $2 per ticket but we'll plant a tree for every pre-purchased online ticket.... sounds good? But wait... there's more:

• Shop 1000's of EcoXpo approved products, • Discover the latest hybrid vehicles from Toyota, • Visit our Green Beauty exhibitors for mini makeovers, • Get green home renovation and building ideas, • Shop the fashion runway for the latest in eco-style, • Meditation workshops and eco-living classes, • See the latest green innovations and inventions, • Discover fun educational activities for your kids (free entry for kids under 14), • Baby animal farmyard. Warning: petting baby animals can be addictive!, • Taste delicious local food and wine, and more!

Ecoliving Workshops

EcoXpo 2012 is proud to announce a series of exciting eco-living seminars on stage led by handpicked experts who are simply the best in their field. These free seminars will add tremendous value to your visit. Fully supported by our sponsors, these conferences are something you would not want to miss out on. These eco-living seminars focus on the environment and sustainable living for all. Their website at: www.ecoxpo.com.au/ also invites you to buy tickets at a discount and Join up NOW to Eco Echo and receive your FREE Eco eBook

Australian Native Foods website: http://www.anfil.org.au/

Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council. Our **PROFILE**

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To visit their site please click on logo above.

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document

CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/

florabank

Florabank recognises and shares the best available knowledge from research and practice in native species seed management. More at: http://www.florabank.org.au/default.asp?V_DOC_ID=1 Click on logo above for Index to the most extensive list of fact sheets on every Australian plant.

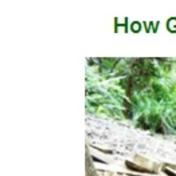
PITTWATER NATURAL HERITAGE ASSOCIATION INC.

What Does PNHA do?

On-ground bush regeneration. eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quaterly informative newsletter, online or paper
Members email group for leaset environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, $20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna $2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website. **PROFILE**

Tweet | Like | +1



"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks."

from the Prayer of Saint Patrick

How Green is a Spotted Gum when Wet?

New coastal website linking local research with local councils

From CSIRO Media Releases

The latest coastal research will now be at the fingertips of councils and developers, with today's launch of a new webportal at the Australian Coastal Councils Conference in Hobart. The CSIRO-developed website will enable coastal councils, and other coastal stakeholders, to find research easily at a national level, and then focus on regional and local research projects.

CSIRO committed to creating the Coastal Research Webportal at last year's Australian Coastal Councils Conference, when it was realised local councils had a low awareness of the range of coastal research available.

Dr Andy Steven, from CSIRO's Wealth from Oceans Flagship said, "By creating a central webportal to access the latest research data, decision makers will be able to better evaluate proposals for their communities".

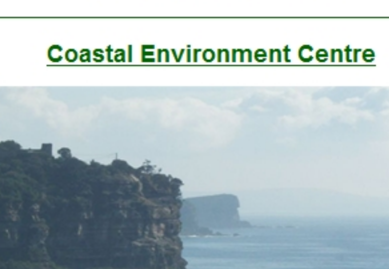
The webportal has short, plain English, acronym-free research summaries and it provides further links to freely available data and research, under the Creative Commons license. The webportal, which uses a Google Maps interface, was developed in cooperation with TERN – the Terrestrial Ecosystem Research Network, which will now manage the website.

The webportal can be found at: http://coastalresearch.csiro.au/

This is an Australian Coastal Ecosystem Facility (ACEF) project under TERN, funded by ACEF and CSIRO. TERN is supported by the Australian Government through the National Collaborative Research Infrastructure Strategy and the Super Science Initiative.

Front Page this week; Koalas to be listed as vulnerable in NSW

Coastal Environment Centre



The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December

More at: http://www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

May 2012 Newsletter includes information on: BushCare Planting Activities (volunteers needed), Workshops and Events, and more

HERE

PITTWATER COUNCIL

FREE LIGHTHOUSE TOUR FOR BUSHCARERS

Pittwater Council, National Parks and Wildlife Service and Pittwater Natural Heritage Association (PNHA) are inviting members of the local community to help remove Pittwater's worst weed, the noxious Asparagus Fern, **at Barrenjoey Headland on Saturday 12 May**. In return, they will receive a voucher entitling them to a free tour of the historic Barrenjoey Lighthouse with National Parks and Wildlife Discovery Rangers to enjoy at a later date.

Natural Environment & Education Manager Mark Beharrell said the day would give the community an opportunity to help protect their local environment. "We are hoping the community will band together to help eradicate Asparagus Fern from the NPWS land near the headland which will assist in the regeneration of native plants and restore important wildlife habitat in this iconic location," said Mr Beharrell.

The campaign against Asparagus Fern is also being supported by DATS Environmental Services and the Hawkesbury Nepean Catchment Management Authority.

Volunteers should meet at 8.30am at the north end of Governor Phillip car park and wear gloves, long trousers, sleeves and covered footwear and a hat. All tools will be provided.

A **free morning tea and a gourmet lunch** are also included on the day. The event concludes with lunch served at 1pm. **Bookings are required for this event by phoning 9970 1308.**

FALL IN LOVE WITH A FROG!

Pittwater Council is looking for residents willing to adopt frogs. The Council's native animal expert Sonja Elwood said the reason was that amphibians from other parts of Australia were catching a ride into Pittwater on trucks carrying fresh produce.

"Unfortunately these frogs can't be released into the wild as they are usually from interstate. They can carry the chytrid fungus which is a threat to other native frog species."

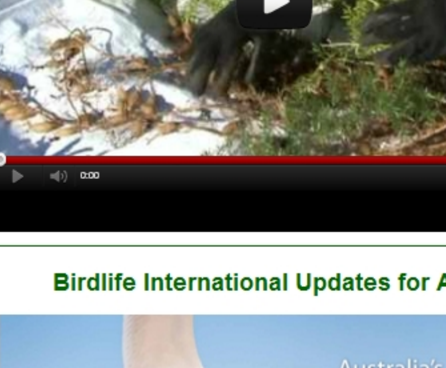
Ms Elwood said the only alternative to euthanasia was to adopt out the frogs to caring homes willing to keep them in a secure enclosure such as a rainwater tank. For those interested in adopting frogs the first step is to apply for an Amphibian Keepers

License from the NSW Office of Environment and Heritage. The form can be completed online at www.environment.nsw.gov.au/wildlifelicences and normally takes 3 weeks to process.

Next prospective 'frog parents' must join the Frog & Tadpole Study Group, which is the only recognised organisation in NSW for frog adoptions. The group gives advice to would-be carers on constructing enclosures, feeding and preventing disease. Membership fees for the group are $25 a year and they can be contacted at www.fats.org.au or on Facebook at www.facebook.com/groups/FATSNSW

The group meets every two months at Homebush where frogs are put up for adoption. Frog adoptions through the group cost $50 which goes towards rescue and veterinary costs. Proof of the Amphibian Keepers License must be produced before frogs can be adopted.

For more information about adopting a frog visit www.fats.org.au or contact Sonja Elwood at Pittwater Council on 9970 1308



Birdlife International Updates for April

The new BirdLife Australia website is live!

www.birdlife.org.au is the place to go for everything about Australia's birds and their conservation. Whether you want help to learn more about our native birds, wish to find out about some of the important conservation work we do, or perhaps want to get involved with those who share your passion for birds in your local area – it's all ready and waiting for you.

This is phase 1 of the new website development and phase 2 will come later in the year with even more on offer. The new website brings together the work of Birds Australia and Bird Observation & Conservation Australia (BOCA), the two organisations that merged to create BirdLife Australia (BirdLife Partner).

Thank you for being part of our truly motivated community of bird lovers, and helping us to create a bright future for Australia's birds. Explore, Learn, Discover, Enjoy!

PITTWATER COUNCIL

PITTWATER-WIDE SURVEY OF WATERBIRDS

Pittwater Council has received a $12,000 grant from the NSW Office of Environment & Heritage to conduct the first comprehensive survey of Pittwater's waterbirds. The survey, which will measure bird numbers and their species, is also intended to map the potential effects of climate change on waterbirds' habitat.

The survey will build on data obtained from earlier ones carried out between the late 1990s and 2007 in Pittwater, as well as a waterbird survey recently completed by Hornsby Council within the Hawkesbury catchment.

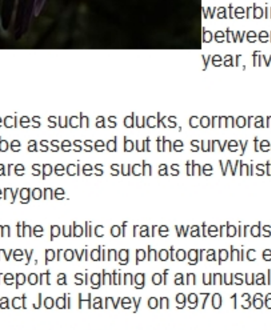
"However this is the most comprehensive Pittwater-wide survey of waterbirds," said the Council's Natural Environment & Education Manager Mark Beharrell. "We are using boats and land-based observations to track the birds," he said.

Mr Beharrell said the entire Pittwater estuary would be mapped by the survey, from Barrenjoey Head in the north through to McCarrs Creek in the west and Winnereremy Bay in the south. Pittwater's offshore areas will also be surveyed.

A total of ten surveys of waterbirds will be carried out between January and June this year, five by land and five by boat.

Common species such as ducks, cormorants, herons, ibis, pelicans and gulls will be assessed but the survey team are also hoping for sightings of rare species such as the Whistling Kite and the Mangrove Gerygone.

Sightings from the public of rare waterbirds will also be counted as part of the survey, providing photographic evidence can be supplied. To report a sighting of an unusual waterbird or their location, contact Jodi Harvey on 9970 1366.



Above: Mangrove Gerygone (*Gerygone levigaster*). Top: Whistling Kite (*Haliastur sphenurus*)

17th Century Dutch explorers help the Atlas reach a major milestone - 30 million records!

From CSIRO Media Releases

The **Atlas of Living Australia** added its 30 millionth species occurrence record last week, making it the largest collection of rich information on Australia's plants, animals and fungi. The Atlas, a collaboration between all Australian museums, herbaria and biological collections, CSIRO, Adelaide and Southern Cross Universities and the Commonwealth Government, reached this milestone when over half a million records from Birdlife Australia were incorporated. Some of these records come from the diaries of 17th Century Dutch navigators, such as the record for a Brush Bronzewing dated 1629.

The Atlas provides access to over 350 large and small datasets, from the NSW Government's Atlas of Wildlife to the records of a community group who look after a local creek. One of the applications in the Atlas, 'Explore Your Area', allows you to enter an address or location to find the recorded species nearby. At the click of a button you can create a list and map of species that have been found in your local area and photos of most of them.

PITTWATER COUNCIL

ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a $50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program.

Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species.

Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope that the public will contribute images and other information to the calendar."
"It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he said.
The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar
To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au

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May 6 - 12, 2012: Issue 57

Parsnips

A favourite root vegetable here is the parsnip, a yellow tasty carrot cousin that is wonderful roasted, in a soup or mashed. We have tossed them in a mix of breadcrumbs, seasoning and parmesan then baked them on a dry baking sheet. These taste great hot or cold.

Parnsips are an ancient vegetable, mentioned in our first century, which you can still eat fresh from the earth this year. Always buy the smaller ones as the larger will be woody and tough. The crop comes in from mid-autumn until the end of winter do they're well priced and in prime quality now. We share a Medieval recipe from France this week for a dish that would be great to include in your picnic baskets. NB: salt cured lemons are called 'preserved lemons' nowadays, an ancient fruit currently in season too. You can make your own quite easily or purchase them from delicatessens and specialty food shops.

Parsnip Pie

8 - 10 parsnips
1 medium onion
5 Tbsp. butter
1/2 salt cured lemon
1/4 tsp. nutmeg
1/8 tsp. pepper
1/4 cup sweet wine (Marsala)

Peel parsnips, cut into large pieces, and remove any woody core. Put into a large pot of boiling water and cook until tender. Drain and set aside.
Cut onion into quarters and slice thinly. Fry in 2 tablespoons of butter until soft.
Rinse salt-preserved lemon discarding any pulp, and cut into thin slices.
Place parsnips in bottom pie crust. Cover evenly with onions and lemon.
Sprinkle with nutmeg and pepper, and dot with remaining butter. Cover with top crust, cutting a small (about an inch) hole in the center. Bake for 20 minutes at 180°C, pour wine into hole, and then bake for 20 more minutes.

Source [*Ouverture de Cuisine, Daniel Myers* (trans.)]: To make a pie of fresh Parsnips. Take the parsnips well washed, & put them to boil until they are cooked, then take two or three chopped onions & fry in butter, a salted lemon in pieces, nutmeg, & pepper, a little chopped mint, & put all together in the pie, & butter enough. Note it is necessary to cut the parsnips into pieces, when the pie is half cooked put therein a little Spanish wine.

The parsnip (***Pastinaca sativa***) is a root vegetable related to the carrot. Parsnips resemble carrots, but are paler in colour than most carrots, and have a sweeter taste, especially when cooked. The buttery, slightly spicy, sweet flavor of cooked mature parsnips (often picked after the first frost) is reminiscent of butterscotch, honey, and subtle cardamom. Like carrots, parsnips are native to Eurasia and have been eaten there since ancient times. Zohary and Hopf note that the archeological evidence for the cultivation of the parsnip is "still rather limited", and that Greek and Roman literary sources are a major source about its early use, but warn "there are some difficulties in distinguishing between parsnip and carrot (which, in Roman times, were white or purple) in classical writings since both vegetables seem to have been sometimes called pastinaca yet each vegetable appears to be well under cultivation in Roman times." As pastinache comuni, the "common" pastinaca figures in the long list of comestibles enjoyed by the Milanese given by Bonvesin de la Riva in his "Marvels of Milan" (1288). The parsnip originated in the Mediterranean region and originally was the size of a baby carrot when fully grown. When the Roman Empire expanded north through Europe, the Romans brought the parsnip with them. They found that parsnips grew bigger the farther north they went. In Roman times, parsnips were believed to be an aphrodisiac.
Etymology: While folk etymology sometimes assumes the name is a portmanteau of parsley and turnip, it actually comes from Middle English pasnepe, alteration (influenced by nep, turnip) of Old French pasnaie (now panais) from Latin pastinum, a kind of fork, whose ending was changed to -nip by analogy with turnip because it was assumed to be a kind of turnip. It is among the closest relatives of parsley, which can be bred to develop a very parsnip-like root.
Cultivation: Parsnips are considered winter vegetables, since low soil temperatures are necessary to develop their flavor. They are a favorite with gardeners in areas with short growing seasons. Sandy, loamy soil is preferred; silty, clayey, and rocky soils are unsuitable, as they produce short, forked roots.
Seeds can be planted in early spring, as soon as the ground can be worked. Harvesting can begin in late fall after the first frost, and continue through winter until the ground freezes over. More than almost any other vegetable seed, parsnip seed significantly deteriorates in viability if stored for long, so it is advisable to use fresh seed each year.
Nutritional properties: The parsnip is richer in antioxidants, vitamins and minerals than its close relative, the carrot. It is particularly rich in potassium with 600 mg per 100 g. Epidemiological studies and studies in animals subject to hypertension indicate that diets high in potassium can reduce the risk of hypertension and possibly stroke (by a mechanism independent of blood pressure), and a potassium deficiency combined with an inadequate thiamine intake has produced heart disease in rats. The parsnip is also a good source of dietary fiber.
Medicinal: Ethnomedically, the roots are used to treat digestive problems, intestinal parasites, and tonsillitis or constipation.
Ethnomedicine is a sub-field of ethnobotany or medical anthropology that deals with the study of traditional medicines: not only those that have relevant written sources (e.g. Traditional Chinese Medicine, Siddha, Ayurveda), but especially those, whose knowledge and practices have been orally transmitted over the centuries
Parsnip. (2012, May 4). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Parsnip&oldid=490674604

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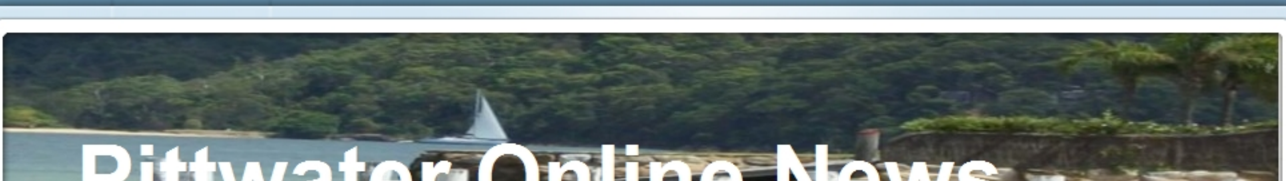

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Finding One's Position, Place and Personal Power: May's Scorpio Full Moon

I don't need anyone to rectify my existence. The most profound relationship we will ever have is the one with ourselves. Shirley MacLaine

The consuming desire of most human beings is deliberately to plant their whole life in the hands of some other person. I would describe this method of searching for happiness as immature. Development of character consists solely in moving toward self-sufficiency. Quentin Crisp

At work, you think of the children you have left at home. At home, you think of the work you've left unfinished. Such a struggle is unleashed within yourself. Your heart is rent. Golda Meir

One of the most obvious facts about grownups to a child is that they have forgotten what it is like to be a child. Randall Jarrell

It is easier for a father to have children than for children to have a real father. Pope John XXIII

If one is not going to take the necessary precautions to avoid having parents one must undertake to bring them up. Quentin Crisp

May's Scorpio full Moon occurs on May 6 in Australia and May 5 in the United States and it is the biggest full Moon of 2012. The energy promises to be very strong - it is a Supermoon. The Sabian Symbol is **Scorpio 17: A Woman, Filled With Her Own Spirit, Is The Father Of Her Own Child.** From my book The Sabian Oracle: 360 Degrees Of Wisdom:

This situation may reveal the sense or the reality that you need to be totally self-sufficient at the moment, regardless of those around you and their input into your life. Alternatively, there can be the feeling of having been "left with the baby". It can indicate loneliness, single parenthood or looking after those who can't look after themselves without outside help. This Symbol can indicate the loss of the males in one's life, such as the husband or father. However, it can also indicate the feeling that one's life is full enough as it is and the path ahead doesn't seem to include the desire or the need to have children (or a relationship perhaps). Be wary of isolationist and prohibitive emotions, though. Is there a situation here where others are not being invited to share or be included in your life? How are you coping with the more complicated tasks and chores that you have to get on with in life? Try to include others respectfully, however. Although we are all blessed with our own unique and individual qualities, it is often the combination of ourselves with others that helps to create greater balance and depth in life. Confidence in the future and 'Filling' yourself up 'With Your Own Spirit' can lead to wonderful possibilities. Creative projects can be birthed more fully when one has an infinite and total connection with what one wants to produce.

Keywords: Single parenthood. Being proud of one's individuality. Feeling capable of anything. Spiritual experiences that fill one with one's own spirit. Self-reliance. The lack of a father figure. In vitro fertilization. The complications of adoption. Self sufficiency. Facing the world feeling whole. Having the right to determine one's future. The story of the conception of Jesus.

The Caution: Uncompromising feminism or chauvinism. Feeling like one has to be responsible for everything. Unrealistic independence. Being left alone and abandoned. Having no one to turn to for support. Being an adult before one's time. Loss of the mother.

In other words, this is a time of reaching inward for the resources to bring forth what is dwelling inside of yourself. Often with this degree, we have to cope with the idea of being sole parents, or, there's not much support from family or friends or from those you may ordinarily expect support from. The flip side can manifest as feelings of not wanting others to help, no matter what they offer. One can be too self sufficient and do everything themselves. A fine balance needs to be created as some reactions can come from childhood experiences where one's needs were not met or acknowledged.

The Symbol of the Sun shows a struggle of some kind could be going on, and this can be on a physical, emotional or spiritual level. Finding equilibrium could be key to finding peace.The Sun is on **Taurus 17: A Symbolical Battle Between Swords, The Disciples of Might, And Torches, The Disciples Of Enlightenment.** This degree can speak of a battle that goes on inside ourselves, with others, or, it can be the battle of good over evil and light over might. It will be interesting to watch how current scandals, particularly involving Rupert and James Murdoch and News International, pan out. It could be a time of the proverbial stuff hitting the fan and "everyone for themselves".

Keywords: The battle of "might versus light". The Spear of Destiny. Spiritual differences. Arguments. The story of Hitler. The Inquisition. The Crusades. Bringing love and light to war zones. The pen being mightier than the sword. Peace marches, candles, torches. Weapons.

The Caution: Controlling those around with rational or brute force rather than with inner enlightenment or knowledge. People arguing over ideals. Forcing opinions on each other. Religious conflicts. War rallies. Propaganda.

Pluto, the ruler of this full Moon, is on Capricorn 10: An Albatross Feeding From The Hand Of A Sailor. This is quite a karmic placement, or, at least it can feel very much that way. Simplistically put; it's about feeling the fear and doing it anyway. It can also be about letting God and letting go.

Keywords: Feeding one's higher nature with good nourishment. Banishing worries, so that one can fly ever higher. Overcoming superstitions or beliefs. Travelers who put themselves at risk in foreign lands or cultures. Talking to anybody anywhere. Sharing one's bounty. Sailors, boats. Birds. Empathy and sympathy for others. Restoring trust and hope.

The Caution: Manipulating events or people with false nourishment. Having alternative motives for wanting to draw others close. Being extremely afraid of strangers or strange situations. The loss of independence.

Mars is on Virgo 7: A Harem. This adds to the relationship issues that this full Moon is likely to bring up. Perhaps you rely more on having women around you, or, hanging with men. It can be that there's a need for more comrades, or, that you're just one of many that don't stand out from the crowd. There could be a feeling of being invisible, not standing out, not 'special'.

Keywords: Rising above jealousy, arrogance and passion. Waiting to be bestowed with the gift of being "chosen". Women's circles, sometimes closed. Women's groups. Working together. Sharing feminine rituals and stories. Egyptian tales. One person calling the shots. Beauty salons. Seduction of the senses. Having one's needs serviced. Women pampering each other. People who serve.

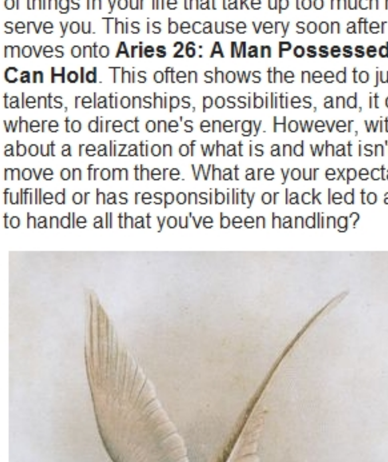
The Caution: Being just one of "the mob". Assuming the right to dominate others or those in less powerful social circumstances. Not having a sense of personal importance. Mistrust of other women. Seeing others as competition. The spread of socially unacceptable diseases. Locked doors. Chauvinism.

Venus is slowing down before going retrograde in mid May. The Symbol is **Gemini 23:Three Fledglings In A Nest High Up In A Tree**. There is a theme developing here with all of these Symbols. Who do you live with? Who do you share your space with? Do you, or others, have to do everything while others just play or goof off and avoid their responsibilities?

Keywords: Discovering a whole new sense of being. Teaching. Safety. Living in small spaces. Wanting room to move. Privacy. Staying in the 'Nest' versus leaving it. Resisting change. Providing room and board for others. Sharing flats and houses. The battle for survival. Being different, therefore breaking the mold. Brothers and sisters. Expecting to be looked after and fed. Growing spirituality.

The Caution: Wanting to leave home before one's ready. Wondering if one's needs will be met. Arguments about the pecking order. Psychological immaturity. Feeling dependent on external influences for survival. Feeling trapped by circumstances. Insecurity. Feeling exposed to danger. Co dependence. Not knowing or realizing one's place. Falling out. Bickering over space.

Mercury is on Aries 25: A Double Promise Reveals It's Inner And Outer Meanings. This is an interesting degree for Mercury to be on on this full Moon. Any 'promises' -things said or expected - could hold more to them than first appears. Particularly as this is Mercury, there could be some 'inner and outer' perspectives that one has to take in what is unfolding. There may be a need to let go of things in your life that take up too much room perhaps, or don't serve you. This is because very soon after the full Moon, Mercury moves onto **Aries 26: A Man Possessed Of More Gifts Than He Can Hold**. This often shows the need to juggle with possessions, talents, relationships, possibilities, and, it can show not knowing just where to direct one's energy. However, with focus, this can bring about a realization of what is and what isn't possible and one can move on from there. What are your expectations? Are they being fulfilled or has responsibility or lack led to a feeling of not being able to handle all that you've been handling?



Jupiter, the planet of abundance and all kinds of good things (including overdoing things in a big way if one is not careful) is on a lovely degree of hope and redemption. The Symbol is **Taurus 22: A White Dove Flying Straight And Fearlessly Over Troubled Waters.**

Keywords: Transcending worries through spiritual awareness. Prophetic missions. Peace. Healing messages brought from the"other side". Overcoming phobias. Fearlessness. Feelings of immortality. Going straight for the objective. Calming troubled minds.

The Caution: Being too caught up in worries. Not being able to accept that things are getting better or to accept any form of reassurance from others. Not being cautious of risks. Being daunted by an ominous task.

Saturn's message seems to be to take notice of little details or the signs that are around that others may not see. Saturn is on **Libra 25: The Sight Of An Autumn Leaf Brings To A Pilgrim The Meaning Of Life And Death.** Some people will not even notice the leaf, but the 'Pilgrim' will see any number of messages in the simple thing that draws their attention. Issues of life and what it all means may be on your mind, along with the temporary nature of some things that enter your life or field of vision.

Keywords: Seasonal adjustments. Fleeting inspiration. Seeing things in their own time. Spiritual revelations. Conversations with God. Feeling blessed. The beauty and timelessness of nature. Contacts with nature spirits. Angelic visions. Photography and having a photographic mind. Being here now. Pilgrims and their journeys. The Hadj pilgrimage. Solving problems. Quick and deep minds. Snapshots in time.

The Caution: Focusing on things that have no lasting value or are no longer relevant. Looking for answers in everything, therefore missing out on the big picture that's right in front of you. Making a big deal out of insignificant or everyday occurrences.

Uranus is on Aries 7: A Persons Successfully Expressing Himself In Two Realms At Once. With Uranus here, one could feel the need to be flexible, versatile or able to move between worlds.

Keywords: Integrating the spiritual with the material. Balancing things. Doing juggling acts. Moving through people's lives and social stratas. Translations of words and thoughts from one area of life to another. Having separate family situations. Living a dual life. Being adaptable. Moonlighting. Alternate realities. Shifting one's focus when necessary.

The Caution: Fooling yourself that you can be all things to different people, but eventually failing in one or both. Exhaustion through trying to achieve too much. Deception, if allegiances are not clear. Infidelity and fickleness. Scattering of interests with little being achieved. Bigamy. Two-faced. Lies and masquerades.

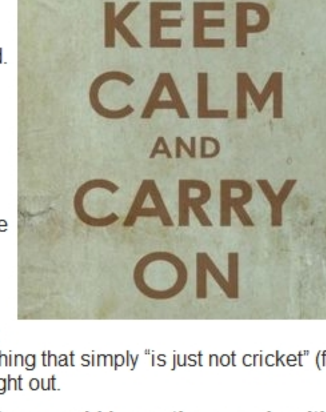
Neptune's message seems to be one of keeping records and it represents the evidence of things from the past The Symbol is **Pisces 3: A Petrified Forest, An Eternal Record Of A Life Lived Long Ago**. Although there are many memories of the past that should be stored, deemed precious or kept for posterity, some need to be thrown out, forgotten and let go of in order to allow space for bigger and better things.

Keywords: Remnants from the past. Stillness. Agelessness. Plastic surgery. Being able to withstand life's storms. Resilience. Crystals, diamonds, gemstones. Beauty that remains ageless. Wood and lacquered wood. Coal, oil and petrochemicals. Diets. Dependability. Family histories. Keeping records. Amber. Fossils. Geology. Archeology. Ancient remnants. Mental and emotional filing cabinets. Lingering evidence. Petrified wood. Photographs and photography. Stones. Stone monuments.

The Caution: Rigidity, immobility, inflexibility. Being frozen. Not letting go of difficulties. Hanging on for grim death. Feeling stuck or frozen. Destroying things that are old. Severing links to the past. Keeping tabs. Memories that destroy the present.

Playing by the rules of the game is indicated in the Moon's north node on Sagittarius 6: A Game Of Cricket.

Keywords: Stiff upper lip responses. Seeing through the illusions of what constitutes "polite society". Having a role to play in the game of life. Sportsmanship. Being the "batsman" or the "bowler". Running and playing. Fair play. Impeccable behavior. Moving at will around the field. Scoring runs. Batsmen and bowlers. People in the outfield. Holding the bat. Winning the toss. Opposing teams. Games that go on for day after day. Patience. Summer games. Going by the umpire's decision.

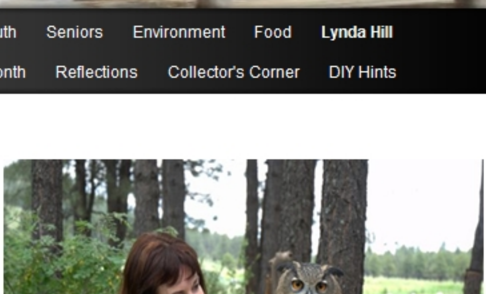


The Caution: Difficulty in showing one's true feelings and emotions. Going against the rules of the game. Something that simply "is just not cricket" (fair play). Curve balls. Being caught out.

Getting to the depths of things could be on the agenda with the Moon's south node on Gemini 6: Workmen Drilling For Oil. Plumbing the depths brings things to the surface and the search for riches can be rewarding, but there's that need to go deeply, even if it means going into unfamiliar territory without much of a guide.

Keywords: Pursuit of material or spiritual wealth. Ambition. Trying to get to the bottom of things. Opportunistic attitudes. Making a fortune through other's resources. Psychoanalysis and psychotherapy. Dream analysis. Explorations, past life or present. Dependence on wealth. Research. Exploring answers. Oil and oil wells. Drills and equipment.

The Caution: Putting a great deal of effort into risky activities for uncertain returns. Unceasing work. Hoping to 'strike it rich'. Neglecting friends and loved ones. Focusing too deeply on a goal. Being opportunistic and looking for the "lucky strike". Relying on others to come up with the goods. Gold diggers and opportunists.



Avalon resident Lynda Hill, FAA Pract. Cert . has been a professional astrologer for more than 18 years. 2010 marked her 25th lecture tour of the States, in addition to the many lectures she has conducted for astrologers and the public througout Australia, England, Scotland, Wales, Ireland, Russia, South Africa, New Zealand and Canada. Lynda is the astrologer for Take Five Magazine, and writes astrological commentary for publications all over the world. She divides her time between Sydney's beautiful Northern Beaches and the World Heritage-listed Blue Mountains (when she's not travelling the world delivering lectures).

To schedule a psychic astrology reading with Lynda or to give feedback or ask questions, please email her at sabiansymbols@gmail.com

What are the Sabian Symbols?

The ancients divided up the sky, just like any other circle, into 360 degrees. They assigned each of the 12 constellations (star signs or zodiac signs) 30 degrees each: 12 times 30 = 360. The Sabian Symbols are a set of 360 phrases of words that correspond with each of the 360 degrees of the wheel of the zodiac, from Aries 1 to Pisces 30. Consisting from as little as 2 words (Virgo 2: 'A Harem') to as many as 21 words (Taurus 5: 'A Youthful Widow, Fresh and Soul-Cleansed From Grief, Kneels at an Open Grave to Receive the Secret of Eternal Life), each one of these Symbols holds both a story and a unique energy field of their own. These images hold meaning for those degrees of the signs. Although the Symbols have their foundations in astrology, absolutely no knowledge of astrology is needed to use them.

The Sabian Symbols were given birth in San Diego, California, in 1925 by Marc Edmund Jones, a noted American astrologer and spiritualist and the gifted clairvoyant Elsie Wheeler. Jones was interested to find a set of word images to go with every degree of the zodiac. Elsie Wheeler was an extraordinary clairvoyant confined to a wheelchair for most of her life. Jones chose Elsie Wheeler as his partner in this 'experiment' (as M.E. Jones called it) as she had a remarkable ability to "see" messages, images and symbols. She used this talent to help her clients, but was rather weary of the standard questions she received, such as "when will I be rich?" and "when will I meet the love of my life?" She was eager to take part as she believed that this was an opportunity to really contribute something to astrology.

For more Information: click here

For a limited time, Lynda is offering mini-readings at a special price!

This is your opportunity to have Lynda read your chart. Details below:
Times are crazy right now, eh? In fact, it seems to be times are always a bit crazy...do you need some help understanding yourself, your life, what's going on or what's coming up or how to get the most out of your life?

For many, there's a sense of a need for direction, also, many want a deeper look at their lives through the many lenses that the Sabian Symbols provide. With the economy being what it is, I realize a lot of people can't afford to get a full reading or don't have the time or the energy to schedule a phone reading. These mini-readings are so easy. I have recently offered these readings and have had a huge response and fabulous feedback.
A mini-reading works this way:

I cast your chart and calculate what transits and progressions you're having. I analyse your chart, taking in what the Sabian Symbols reveal, along with the transits and progressions, and, using the Sabian Symbols, I can see many dimensions of what's going on for you. This reading gives you a far better understanding of your chart and outlines your strengths and the areas you may need to work on, along with what's been happening, what is presently going on and what's coming up.
I then speak for 30 minutes into my voice recorder, recording my observations of your chart. I then upload the recording to the internet in Mp3 format and email you the link to it.
You download the recording to your computer (this is very easily done) where you can listen to it easily, and in your own time. Listening to it more than once is recommended.
Whether you are generally curious about your chart, looking for greater self-awareness, wondering how long a bad patch will last or seeking clarity on what your future holds, these readings can empower you on many levels and can mark a major turning point in your life.
The reading explores what's going on in your life, how your life is unfolding, your gifts along with your challenges, why you are going through certain situations or attract particular types of relationships. The Sabian Symbols reveal, brilliantly and amazingly, your spiritual path and where you are headed. My readings are like no other as I use the Symbols in my own unique and in-depth style in order to draw together the pictures that colour your life and your destiny.
If you know nothing at all about astrology, you'll see that astrology AND the Sabian Symbols are one of the best tools for self awareness, insight and discovery.
If you are an astrologer or into astrology, this reading will open up new doors of perception and understanding about your life, and, will also show you how to see an astrology chart through the lens of the Symbols. You can also learn how to use the Symbols in your chart readings. The Symbols provide wonderful and valuable information that a normal astrology reading does not. The Symbols have their own lens into the world of astrology and their stories provide enormous depth.
I get a lot of requests for these types of readings, so get in quick! All you need do is:

Pay $125 (please note the Australian dollar is now about 6% more than the US dollar) through the Donate page. Please note that this price will not last long - I will soon be increasing it.
Email me at sabiansymbols@gmail.com your date, time and place of birth (if you don't know your time of birth, don't be concerned I can still do a reading), along with an outline of your life and anything you wish to share with me. Don't be afraid to tell me some of your story; it helps to have a dialogue. Also, please let me know your level of understanding of astrology as this will help me to frame the reading.

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Palm Beach Sailing Club End of Season Fish and Chip Run to Patonga - Sunday 29th of April 2012 @ www.pbsc.org.au/

The Palm Beach Sailing Club, who we were privileged to Profile as part of our January Summer Mix and attend their 50th Celebrations, are a great local family-orientated group of people with a number of champions amongst their members. Fun for the young, mature and Masters who are still fit and feisty is always on offer and visitors are welcomed. Every year they have an end of season fish and chip run to Patonga, where we will shortly venture ourselves in our endless tasting/testing of all the fish and chips available within Pittwater and nearby locales. Peter Salter, of this vibrant club, was kind enough to share a few snaps on last Sunday's run.

Peter Salter: Well despite Mother Nature making her best efforts to stop us again from getting to Patonga - we managed to make it despite no wind! Taunted by seabreeze forecasts and a light Northerly at the start, the wind dropped to nothing and left the fleet scattered. Some chose to return to Sand Point, others pushed on with some assistance from the safety boat (thanks to Trevor and Michelle) with only one boat making it all the way un-assisted (Sam and Michael Herman). Despite the lack of wind, all made the most of the last day of the season and had a good time - dogs included. Big thanks to all who showed up and gave it a go. Surely it can't happen 4 years in a row so 2013 must be going to be a blast!

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Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

How to Ship the Unshippable

Graffiti Wordsmithing...

For lovers of beer...

GPS and Mobile Phones Warnings

C/- Irene Anderson

This gives us something to think about with all our new electronic technology.
GPS: A couple of weeks ago some people had their car broken into while they were at a football game. Their car was parked on the green which was adjacent to the football stadium and specially allotted to football fans. Things stolen from the car included a garage door remote control, some money and a GPS which had been prominently mounted on the dashboard.

When the victims got home, they found that their house had been ransacked and just about everything worth anything had been stolen. The thieves had used the GPS to guide them to the house. They then used the garage remote control to open the garage door and gain entry to the house. The thieves knew the owners were at the football game, they knew what time the game was scheduled to finish and so they knew how much time they had to clean out the house. It would appear that they had brought a truck to empty the house of its contents.

Something to consider if you have a GPS - don't put your home address in it.. Put a nearby address (like a store or gas station) so you can still find your way home if you need to, but no one else would know where you live if your GPS were stolen.

MOBILE PHONES: I never thought of this..... This lady has now changed her habit of how she lists her names on her mobile phone after her handbag was stolen. Her handbag, which contained her cell phone, credit card, wallet... Etc...was stolen.

20 minutes later when she called her hubby, from a pay phone telling him what had happened, hubby says 'I received your text asking about our Pin number and I've replied a little while ago.' When they rushed down to the bank, the bank staff told them all the money was already withdrawn. The thief had actually used the stolen cell phone to text 'hubby' in the contact list and got hold of the pin number. Within 20 minutes he had withdrawn all the money from their bank account.

Moral of the lesson: Do not disclose the relationship between you and the people in your contact list. Avoid using names like Home, Honey, Hubby, Sweetheart, Dad, Mom, etc.... And very importantly, when sensitive info is being asked through texts, CONFIRM by calling back.

Also, when you're being texted by friends or family to meet them somewhere, be sure to call back to confirm that the message came from them. If you don't reach them, be very careful about going places to meet 'family and friends' who text you..

Universal News: Amelia Earhart (1897-1937) 1937

These are the last pictures taken of the female flyer Amelia Earhart. In June 1937 she began a flight around the world, flying eastward from Miami, Florida, accompanied by Frederick J. Noonan, a navigator. Their plane disappeared on July 2, while en route from Lae, New Guinea, to Howland Island. An extensive search by planes and ships of the United States Navy failed to discover any trace of the lost flyers, and their fate remains a mystery.

William Wyler: The Fighting Lady 1944

"The Fighting Lady," directed by William Wyler, provides a portrait of life on a World War II aircraft carrier, a vessel that is "enormous, wonderful, and strange to us." After profiling the various activities of the soldiers' day and following the ship's voyage through the Panama Canal, the film takes the audience through a litany of actual combat engagements. The Fighting Lady participates in a strike on the Marcus Islands, then defends itself against a surprise nighttime raid by Japanese fighters. **Some of the photography comes from cameras set up in the cockpits of American planes, showing first hand what it's like to be diving through enemy anti-aircraft fire.** The film culminates in a major confrontation with the Imperial Japanese Battle Fleet. In this massive operation, later dubbed the "Marianas Turkey Shoot," American pilots downed almost four hundred Japanese Zeros, while incurring only twenty-two losses themselves.

HOME

Pittwater Council's CEC are offering a Free showing of the Documentary/movie HOME to celebrate Earth Day on Sunday **22nd of April**. For those of you whom cannot make it this exceptional film is available to watch in full online at HERE.

From this Page:

We are living in exceptional times. Scientists tell us that we have 10 years to change the way we live, avert the depletion of natural resources and the catastrophic evolution of the Earth's climate. The stakes are high for us and our children. Everyone should take part in the effort, and HOME has been conceived to take a message of mobilization out to every human being. For this purpose, HOME needs to be free. A patron, the PPR Group, made this possible. EuropaCorp, the distributor, also pledged not to make any profit because Home is a non-profit film. HOME has been made for you : share it! And act for the planet.

Yann Arthus-Bertrand:

HOME official website: http://www.home-2009.com

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May 6 - 12, 2012: Issue 57

Old Books: May 2012

A southern flight (1905) by

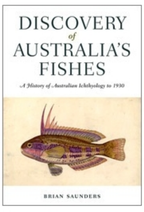
Frank Dempster Sherman, 1860-1916; Clinton Scollard, 1860-1932 Publisher: [Clinton, N.Y.] G. W. Browning

"This edition of *A southern flight* printed by George William Browning at Clinton, New York during the summer of 1905 consists of two hundred & fifty copies with twelve additional copies on Japanese hand-made paper." This copy being no. 60

Ancient Scottish poems (1770), George Bannatyne, 1545-1608?; Sir David Dalrymple, 1726-1792; William Dunbar, 1460?-1520?; Robert Henryson, 1430?-1506?

Subject: Scottish poetry -- To 1700; English language -- Dialects Scotland Publisher: Edinburgh : Printed by A. Murray and J. Cochran, for John Balfour

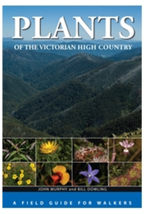
New Books from CSIRO - May 2012



Discovery of Australia's Fishes - A History of Australian Ichthyology to 1930 - Brian Saunders - Illustrations, Colour plates - 520 pages, CSIRO PUBLISHING $99.95

This book traces the discovery of Australia's fishes from the earliest days of taxonomy to the first part of the 20th century. It provides a unique insight into the diverse pathways by which Australia's fish were discovered and outlines the history of early maritime explorations in Australia that collected natural history specimens. The book covers the life and work of each of the most important discoverers, and assesses their accomplishments and the limitations of their work.

Discovery of Australia's Fishes is distinctive in that a biographic approach is integrated with chronological descriptions of the discovery of the Australian fish fauna. Many of northern Australia's fishes are found in parts of the Indian and western Pacific oceans. The book covers the work of collectors who travelled outside Australia, together with that of the British and European zoologists who received and described their collections. The account ceases at 1930, the year the first modern checklist of Australian fishes was published.

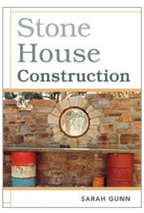


Plants of the Victorian High Country - A Field Guide for Walkers -John Murphy, Bill Dowling - Colour photographs, Line Art - 152 pages, CSIRO PUBLISHING $29.95

This book will allow anyone with little botanical knowledge to identify plants that they are most likely to encounter while walking in Victoria's High Country. The guide is written in plain English and includes a glossary of botanical terms.

Plants of the Victorian High Country contains species descriptions and photographs of plants to be found along popular walking tracks, such as Harrietville to Mt Feathertop and Mt Hotham. Plants of the montane, sub-alpine and alpine zones are included, sorted into five easily distinguished groups: herbs, daisy herbs, low woody shrubs, tall shrubs and trees, and eucalypts. The guide features straightforward identification keys and clear photos of the leaves, flowers and stems of the plant.

If you are a nature lover, planning to walk in the Victorian High Country, this book is an essential addition to your backpack.



Stone House Construction -Sarah Gunn, 232 pages, CSIRO PUBLISHING $69.95

Stone House Construction is a comprehensive study of Australian stone building techniques in a residential context, for people with an interest in building or renovating, including property owners, architects and builders. It has a strong theme of historic stone buildings, as traditional forms of building respond to the need for structural integrity and stability over time against weathering.

The book covers aspects of building in locally sourced stone, from quarrying on-site to building arches over openings for upper storey walls, and is a source book of examples and methods to help the reader to carry on a tradition of building in local stone.

Stone buildings inspire people because they transfer a natural beauty to a human achievement. The book shows many examples of Australian stonework that have not been given exposure in previous architectural references. It promotes Ecologically Sustainable Development (ESD) through the continuation of a stonework tradition in Australia.

New Australian Books from HarperCollins - May 2012

Living with Max by Chloe Maxwell

'It feels terrible for your son to want to hurt you so bad that you bleed, and to look into his beautiful eyes and see nothing but hatred. What mother could deal with that? Not me, that's for sure. I loved my son, but I was no longer sure whether I was the right mother for this job.'

Chloe Maxwell seemed to be living the dream: discovered at sixteen as a model, she went on to become a household name as a TV personality. Then she met rugby star Mat Rogers and a great romance was born.

Inside, though, Chloe was fighting her own demons: her parents' separation in her teens had led to a deep sense of insecurity. Then Mat's father, football legend Steve Rogers, died after taking prescription drugs and alcohol.

Chloe treated her wounds with an 'alcohol Band-aid' until the birth of Mat and Chloe's son, Max, heralded a new beginning. But it soon became clear that Max was not like other boys: the few words he learned faded away, his rages transcended any regular toddler tantrums, and he seemed to exist in a bubble, cut off from everyone.

Heartbreakingly honest and moving, LIVING WITH MAX is the story of how Chloe and her family learned to face the challenges of autism and release the little boy locked within.

Avalon Library Hours
Monday to Friday 10am to 5pm
Saturday 10am to 1pm
Sunday 2pm to 5pm
59a Old Barrenjoey Road
Phone: 9918 3013 Fax: 9918 7046
Email avalonlibrary@ozemail.com.au
Web Address www.avalonlibrary.org.au

Pittwater Online News does not charge to list New Works by residents. You will need to send your material ready to publish. To Contact us regarding your forthcoming Book or Literary Event click: here

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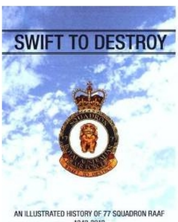
New Books from Locals:



No. 77 (Fighter Interceptor) Squadron was formed at Pearce, Western Australia on 16 March 1942 and equipped with Curtis P-40E Kittyhawks. The Squadron moved to Darwin in July 1942 and engaged the Japanese over northern Australia. November saw the Squadron move to Milne Bay and it remained in the islands until August 1945 before moving to Japan as part of the British Commonwealth Occupation Force, equipped with F-51D Mustangs. 77 Squadron remained in Japan for four years. When North Korean forces invaded South Korea the Squadron moved to Korea. During that time they were re-equipped with Meteor aircraft.

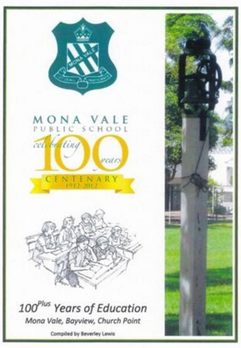
In 1956 the Squadron returned to Australia to be based at Williamtown and new aircraft the Avon Sabres. The end of 1958 saw the Squadron move to Butterworth, Malaya where it once again served with distinction during the Malayan Emergency and Indonesian Confrontation. 1969 the Squadron return once more to Australia and was equiped with Mirage IIIO aircraft and in July 1987 the Hornet FA/18.

The Squadron continues its role of service having in recent years deployed to Iraq and Diego Garcia. *Swift to Destroy, An Illustrated History* - Third Edition continues the story of 77 Squadron RAAF to the present day and the 70th Anniversary of continuous service to the nation.

This wonderful new publication is produced by 77 Squadron Association, is soft cover, 21cm X 29.5cm and the 120 pages are full of memories and photographs. Swift to Destroy is costed at $25. For further enquiries please contact the Secretary, Lesley Gent, at kresilas@bigpond.net.au or by phoning 02 49556360.

Books will also be available at the 77 Association lunches in Newcastle and Sydney, Fighter World at Williamtown and Temora Aviation Museum. The book will also be available in Sydney by contacting John Seaton – 02 9918 0424 or Ray Seaver 02 9498 3839.

Postage within NSW and the ACT for one copy is $10.45, multiple copies $11.20. Postage outside NSW is $11.20 for single or multiple copies.



Packed with great tales, beautifully illustrated with images by Noela Cunningham, a local artist and illustrator of books and many wonderful photos from the decades, this is a must have for your library. This book will make a great keepsake for all students and teachers, past and present.

Inside the covers, pages are full of colour illustrations, class photographs, tables and lists as well as the school's history as published originally by Mr Thomas Le Sueur and carefully reproduced here.

Make sure you secure your copy of the History of Mona Vale Public School by downloading an order form today, or contact the author, Bev Lewis bevlewis2069@gmail.com

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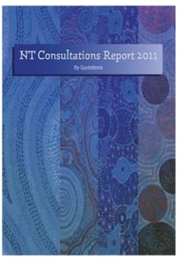


Review of the book *NT Consultations Report 2011: By Quotations* By Hans-Josef Mauve and Sabine Kacha

72 pages, Published by 'concerned Australians', Price: $15 at www.concernedaustralians.com.au

Between June and August 2011 the Australian Government conducted Stronger Futures Consultations in Northern Territory communities with the stated purpose of finding out what worked and what didn't work under the Northern Territory Emergency Response (NTER) - commonly called the Intervention - which started in 2007. This book contains highlights of quotations taken from ten consultations which were independently recorded.

All we talkin' about is our survival. How do we survive on living out there now when a lot of our services have been cut and even our resource centres when we had CDEP workers out there? So we don't have the service. So we have to rely to come into town into Alice.

… And most of us are really sick and tired now, we are really sick and tired of this nonsense going on. The government are trying to talk to the community this and this and this, and you have to do this and this, you know? We are made by God, we got eyes, brain, ears! We hear. We can do it ourselves.

Mainstream media has given much commentary to the controversial laws under which Aboriginal Peoples in the Northern Territory now live. In this book we hear the true voices of Aboriginal people calling out to be heard. Each page speaks volumes about their frustration and despair.

"Are we going to be heard? …. [referring to the previous round of consultations] It just went in here [pointing to right ear] here [pointing to left ear] and blew it out, the wind blew it out."

What you've done is take away empowerment … Give us the right to run our own communities, give us the money, don't go to the second party up here in the (NT). You've taken everything else, the tribe that take take. We've got hardly anything to give anymore.

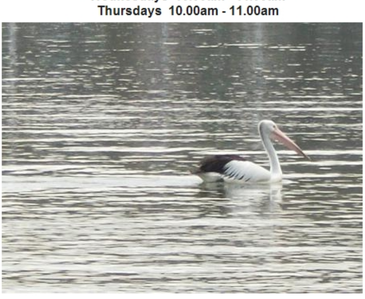
Every quotation contains a clear expression of the participants' thoughtful responses to the issues faced by their communities. What makes this book so unique is that it is based on the only recordings of the 2011 consultations. These voices deserve to be heard and respected.

Full transcripts of the quotations can be found on the 'concerned Australians' website: www.concernedaustralians.com.au.

Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am
Wednesdays 10.00am - 11.00am
Thursdays 10.00am - 11.00am



Pittwater Online News

May 4 - 11, 2013 Issue 17

CELEBRATE PITTWATER'S 20th BIRTHDAY!

Pittwater's community events which held during May to celebrate Pittwater's 20th birthday are: Pittwater Online Community Forum, Pittwater Online Jazz Festival, Pittwater Online Photo Competition, Pittwater Online Cyclathon (a bicycle ride from Ingleside to Palm Beach), Pittwater Online Community Fun Run, Pittwater Online Community Dinner Dance, Pittwater Online Community Cup Day Sweepstakes, Pittwater Online Community Cup Day Dinner Dance, Pittwater Online Community Cup Day Fun Run, Pittwater Online Community Cup Day Cyclathon.

The biggest Community event is the Pittwater Forum and Silver Ball on Saturday, May 11 at Mona Vale Beach Hotel.

The overall aim is to celebrate our local, beautiful and vibrant community, to bring together our community, to "Celebrate our region, and Mission Rose".

Pittwater Online News is a local online newspaper in the grounds of Mona Vale Public School. It is a "Not for Profit" organisation run by local parents and students, as a "Mission Rose" project.

Pittwater Online News is a "Mission Rose" project which participates in the grounds of Mona Vale Public School. Mission Rose is a "Not for Profit" organisation, with a "Virtue Harvest" ethos, which "Celebrates our region, and Mission Rose".

Pittwater Online News is a local online newspaper in the grounds of Mona Vale Public School. It is a "Not for Profit" organisation run by local parents and students, as a "Mission Rose" project.

Pittwater Online News

May 6 - 12, 2012: Issue 57

Covington House, Pambula, NSW

Covington Thai Restaurant sign

Example of stained glass in the house

The Pambula River

Plaque on the verandah of the house

PAMBULA AND THE CHARLES DARWIN CONNECTION

By George Repin

Charles Darwin was 22 years of age when, in December 1831, he sailed on HMS Beagle as naturalist and companion to the ship's captain. During the epic five year voyage he recorded his observations meticulously in his diary and field notebooks. Those observations provided the basis for the development of his theory of evolution published in 1859 in his book *On the Origin of Species by Means of Natural Selection, or the Preservation of Favoured Races in the Struggle for Life*. The title of the book subsequently was shortened to *The Origin of Species*.

Syms Covington, at the age of 15, sailed on the *Beagle* as cabin boy. However, Darwin soon came to rely on him to collect specimens, excavate fossils and in other ways to assist him. When the *Beagle* sailed into Port Jackson on 12 January, 1836, more than four years after leaving England Darwin, now 27, as revealed by his diary was tired of travel, homesick and prone to complain. Covington, on the other hand, was impressed by the opportunities which he thought the colony presented. After a period of employment with Darwin in England he returned to Sydney in 1840.

In Sydney he became a wealthy man and married. By 1854 he had moved to Pambula on the south coast of New South Wales where he became Postmaster.

His entrepreneurial activities included buying large stretches of land around the Pambula River and the little township of Pambula. On a large block of land in the main street, he built a house of solid sandstone bricks, without a cavity wall, and with cedar woodwork throughout. Covington continued a warm correspondence with Darwin and at his request collected specimens, including barnacles from Twofold Bay, which he sent to England. Covington died in 1861.

The house he built is still standing, is on the National Trust Register and is very well preserved. The fireplaces and leadlight glass panels are quite beautiful although these probably were added later and were not in the original building. After a variety of uses it became the residence of the local doctor, certainly before World War I, and subsequently, over many years, was occupied by a succession of general medical practitioners. Several of these, after moving to Sydney, became significant figures in the medical profession.

In 2009 the house was a Thai Restaurant, *Covington's Thai* – popular in the district.

In 2009 the world celebrated the 200th birthday of Darwin who is recognised as one of the most influential scientific figures of the past 200 years. The year 2009 also was the 150th anniversary of the publication of his landmark work.

The National Museum of Australia marked the celebratory year by hosting a major exhibition on *Danwin* developed by the American Museum of Natural History and by its own accompanying exhibition, *Darwin and Australia*.

The National Museum published a book, *Charles Darwin: An Australian Selection* in conjunction with its exhibition, which includes a painting by an unknown artist of Syms Covington, reproduced by courtesy of the Merimbula-Imlay Historical Society and the Sirl family.

The Historical Society has available a little booklet compiled by B.J.Ferguson entitled *Syms Covington of Pambula*, while a fictionalised account of Covington's life is in a novel, *Mr Darwin's Shooter* by Roger McDonald.

Darwin left Australia "without sorrow or regret" and in his writings at the time appears to have been quite hostile towards the colony - but over time this hostility moderated.

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Keyrings and Key Fobs

Key rings were invented in 1920 by a man called Herluf G Johnson, the actual ring part was invented by a juggler from Russia in the 1830's. Johnson's version was granted a US patent in 1922. To these have been added a variety of what is called 'key fobs', which have been around as long as keys have (reputely since 6th Century BC in Egypt).

Key fobs can be useful items such a small torches or bottle openers or for decorative purposes. As a collector's item they are categorised according to the whims of the collector; car hood ornaments, places, events, shows attended, landmarks, animals, and crystals are just a few of the wide range of key fobs for key-rings people collect. A woman arrested in Glebe was charged in February this year with having a miniature double barrel shotgun on her keyring, complete with .32 calibre bullet! HERE. Alike novelty teaspoons the focus is on one or many areas. Australian koalas seem to sell well, as do kangaroos and other local fauna.

The word 'fob' may be linked to the low German dialect for the word Fuppe, meaning "pocket", however, the real origin of the word is uncertain. Fob pockets (meaning 'sneak proof' from the German word Foppen) were pockets meant to deter thieves and a chain was used (called a Fob Chain) to attach to items, like a pocket watch, that you would place in them.

Some sources state you can make your own out of anything as long as it's small enough to be a key fob, spoons, usb cartridges, membership cards. According to the Guinness Book of Records the person who has collected the most keyfobs and chains, and is current record holder with a small 41,418 non-duplicated ones, is Brent Dixon of Georgia in the United States. These are key fobs he has collected, not made.

Ranging in price from just a few dollars up to jewel encrusted gold versions for cars can be, according to Born Rich website's, $8000. This is nothing compared to Mercedes Benz's key ring, costing more then a car at $20 000 US (October 2011). This one, the .950 Platinum Luxury key chain, is even more expensive then their 18k gold one which is priced at $7469 or their silver version at $469.99. You wouldn't want to misplace it! Keyrings and fobs specifically for cars date from the 1920's when manufacturers began issuing a logo style fob with their vehicles.

Only 20k..going..going.....

Finally, Collectors of keyrings have a special name ! They are **copoclephilists** ! From: copoclephile, copoclephilist 1. A collector of publicity keyrings (key-rings). Etymology: Greek *kope*, 'handle' + *kleis*, 'key' + *-phile*, 'fondness for'.

Keychain Collectors International (We are copoclephilists).: http://www.keychaincollector.com/

Title: Key ring. United States Patent 1402072. Inventors Johnson, Herluf G, Publication Date 01/03/1922

May 6 - 12, 2012: Issue 57

WD-40

C- W.A.G.

WD-40's formula is a trade secret. The product is not patented, to avoid completely disclosing its ingredients. WD-40's main ingredients, according to U.S. Material Safety Data Sheet information, are:
51% Stoddard solvent (i.e., mineral spirits: primarily hexane, somewhat similar to kerosene)
25% Liquefied petroleum gas (presumably as a propellant; carbon dioxide is now used instead to reduce WD-40's considerable flammability)
15+% Mineral oil (light lubricating oil)
10-% Inert ingredients
The German version of the mandatory EU safety sheet lists the following safety-relevant ingredients:
60–80% Heavy Naphtha (petroleum product), hydrogen treated
1–5% Carbon dioxide
It further lists flammability and effects to the human skin when repeatedly exposed to WD-40 as risks when using WD-40. Nitrile rubber gloves and safety glasses should be used. Water is unsuitable for extinguishing burning WD-40.
There is a popular urban legend that the key ingredient in WD-40 is fish oil. However, the WD-40 web site states that it is a petroleum based product.

Rocket Chemical Company was founded in 1953. In 1969, John S. Barry, on becoming President and CEO, changed the name to WD-40 Company after what was then its only product. John Barry, who died July 3, 2009, reportedly made the name change on the basis that the Rocket Chemical Company did not make rockets. The company went public in 1973. Its NASDAQ stock symbol is (NASDAQ: WDFC). In recent years the WD-40 company has acquired several household-products companies, adding such brand names as 3-In-One Oil, Lava, Spot Shot, X-14, Carpet Fresh, and 2000 Flushes to its roster. The company still has its corporate offices in San Diego, California. It now markets its products in more than 160 countries around the world.

WD-40. (2012, March 1). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=WD-40&oldid=479571319

Click on logo to visit their website

JOHNSON BROS
MITRE 10
ABN: 12 000 868 966

Before you read to the end, does anybody know what the main ingredient of WD-40 is?

I had a neighbour who had bought a new pickup. I got up very early one Sunday morning and saw that someone had spray painted red all around the sides of this beige truck (for some unknown reason). I went over, woke him up, and told him the bad news. He was very upset and was trying to figure out what to do. Probably nothing until Monday morning, since nothing was open.

Another neighbour came out and told him to get his WD-40 and clean it off. It removed the unwanted paint beautifully and did not harm the paint job on the truck. I'm impressed! WD-40 who knew? 'Water Displacement #40' The product began from a search for a rust preventative solvent and degreaser to protect missile parts. WD-40 was created in 1953 by three technicians at the San Diego Rocket Chemical Company. Its name comes from the project that was to find a 'water displacement' compound. They were successful with the fortieth formulation, thus WD-40. The Convair Company bought it in bulk to protect their atlas missile parts.

Ken East (one of the original founders) says there is nothing in WD-40 that would hurt you. When you read the 'shower door' part, try it. It's the first thing that has ever cleaned that spotty shower door. If yours is plastic, it works just as well as glass. It's a miracle! Then try it on your stove top ... Voila! It's now shinier than it's ever been. You'll be amazed.

Here are some other uses:

1. Protects silver from tarnishing.
2. Removes road tar and grime from cars.
3. Cleans and lubricates guitar strings.
4. Gives floors that 'just-waxed' sheen without making them slippery.
5. Keeps flies off cows.
6. Restores and cleans chalkboards.
7. Removes lipstick stains.
8. Loosens stubborn zippers.
9. Untangles jewellery chains.
10. Removes stains from stainless steel sinks.
11. Removes dirt and grime from the barbecue grill.
12. Keeps ceramic/terra cotta garden pots from oxidizing.
13. Removes tomato stains from clothing.
14. Keeps glass shower doors free of water spots.
15. Camouflages scratches in ceramic and marble floors.
16. Keeps scissors working smoothly.
17. Lubricates noisy door hinges on vehicles and doors in homes.
18. It removes black scuff marks from the kitchen floor! Use WD-40 for those nasty tar and scuff marks on flooring. It doesn't seem to harm the finish and you won't have to scrub nearly as hard to get them off. Just remember to open some windows if you have a lot of marks.
19. Bug guts will eat away the finish on your car if not removed quickly! Use WD-40!
20. Gives a children's playground gym slide a shine for a super fast slide.
21. Lubricates gear shift and mower deck lever for ease of handling on riding mowers.
22. Rids rocking chairs and swings of squeaky noises.
23. Lubricates tracks in sticking home windows and makes them easier to open.
24. Spraying an umbrella stem makes it easier to open and close.
25. Restores and cleans padded leather dashboards in vehicles, as well as vinyl bumpers.
26. Restores and cleans roof racks on vehicles.
27. Lubricates and stops squeaks in electric fans.
28. Lubricates wheel sprocket s on tricycles, wagons, and bicycles for easy handling.
29. Lubricates fan belts on washers and dryers and keeps them running smoothly.
30. Keeps rust from forming on saws and saw blades, and other tools.
31. Removes splattered grease on stove.
32. Keeps bathroom mirror from fogging.
33. Lubricates prosthetic limbs.
34. Keeps pigeons off the balcony (they hate the smell).
35. Removes all traces of duct tape.
36. Folks even spray it on their arms, hands, and knees to relieve arthritis pain.
37. Another favourite use is: 'cleans and removes love bugs from grills and bumpers.
38. Use it for ant bites. It takes the sting away immediately and stops the itch.
39. WD-40 is great for removing crayon from walls. Spray on the mark and wipe with a clean rag.
40. Also, if you've discovered that your teenage daughter has washed and dried a tube of lipstick with a load of laundry, saturate the lipstick spots with WD-40 and rewash. Presto! The lipstick is gone!
41. If you sprayed WD-40 on the distributor cap, it would displace the moisture and allow the car to start.

P.S. WD-40 is primarily composed of various hydrocarbons.