# Pittwater Online News

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January 8 - 14, 2012: Issue 40



Above: Bev and Midge Farrelly came to watch the fun



Above: Alex Wileman, one of the Marshals





Then followed that beautiful season... Summer.... Filled was the air with a dreamy and magical light; and the

# Lay as if new created in all the freshness of childhood.

Henry Wadsworth Longfellow Past Features

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#### SIR ADRIAN CURLEWIS TWILIGHT MASTERS Friday 6th of January, 2012 The third annual Twilight Masters held at Palm Beach on Friday,

named in honour of Sir Adrian Curlewis, PBSLSC's first Club Captain and President of Surf Life Saving Australia from 1934 – 41 and 1945 - 75., was fun and an amazing testament to how fit Surf Life Saving can keep you from beginning to end. Over 500 participants, their families and representatives from North Bondi, Freshwater, North Steyne, Manly, Dee Why, Queenscliffe, and our own Mona Vale and Avalon SLSC's and the hosts Palm Beach Surf Life Saving Club came to swim, sprint, ski and race each other on boards around a course of sand and sea.



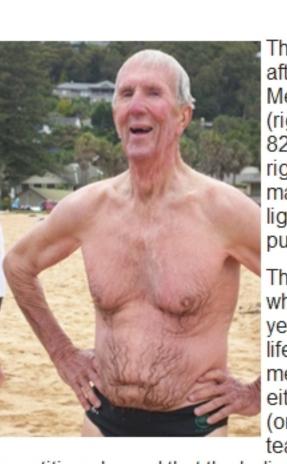
Masters Captain of PB SLSC, Gordon Lang, worked tirelessly in the lead up to ensure all would run smoothly and then entered

several events himself. Peter Middleton(right), race-starter and



on loud-hailer through the two and a half hours it took to run all races, was smiling at the beginning of the afternoon and still smiling when the last sand sprint was run. He was ably assisted by lovely young ladies from PBSLSC throughout, some of whom went into the water to check starts, others who were at each end of the flags to record results. PBSLSC President Ant Yeates(left)

was on hand to ensure all enjoyed themselves and expressed how honoured he was to be the current President. Ant, like a lot of the PBSLSC members, has been a long term volunteer on Palm Beach, more then half his life, and began as a cadet. All of PB SLSC's Life Savers commence their membership this way and meet like minded peers who often become lifelong friends.



afternoon commenced with the Memorial Swim with lan Curlewis (right), Adrian Curlewis's son, a fit 82 years young, being accorded the right and honour to swim first. lan made it back to the beach in lightening time and was barely puffing afterwards. The teams consisted of 4 members, whose members must all be over 30

years of age, must be current surf life savers and proficient, with one member from each team being either female or over 50 years old (or a female over 50). Composite teams are allowed and the competition showed that the ladies weren't afraid to match the gents, especially in the sprints across the finish line.



two and a half hours of swims, boarding and paddling there were still no sign of anyone slowing down and the speed of those running was amazing. Afterwards a BBQ was held at the club with those from other Surf Life Saving Clubs warmly welcomed. The Sir Adrian Curlewis Twilight Masters opens Palm Beach SLSC's 'A Weekend Celebration of Surf Life Saving'. This annual event, in partnership with Pittwater Council, also includes the Palm Beach Open Carnival the following day (Saturday 7th of January) with over 2000 participants. The smiles on all faces and laughter,

level of fitness of competitors and investment in community spirit and service are what PBSLSC and Surf Life Saving are still all about. The two pools were won by Queenscliffe and North Bondi. POCEANBUILT





FORGE FIELD





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#### This Weeks Articles

Adrian Curlewis Twilight Masters at Palm Beach 6.1.2012

Twilight Sailing by Robyn McWilliam

Artzpace 2012 images by Michael Mannington

The Old Road (to Palm Beach) by Amy Eleanor Mack in 1933



Profile: January 2012 is a Pittwater Summer Mix; Phil Colman, Peter Mitchell and their book; 'Exploring tidal waters on Australia's temperate coast'

#### Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Ben Baillie Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory



History: January, Summer 2012, Events; Australian and English Women's Cricket Teams Lunch at Whale Beach, Picnic and Surf at Palm Beach, Summer of 1934

#### Previous History Pages:

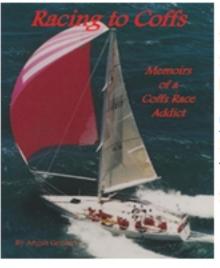
Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche Il Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta



Park Bench Philosopher: Careel Bay Dreamsong calls birds from far away to travel through the Tides of Air and Sea



Food: Summer Fruits: Nectarine, history, nutrition and a summer recipe



Books: Summer Reading; something old, something new, something borrowed, something about the blues.. sea, sky and music.

Old Books: January; By River and by Sea: An Australian Story (1888) The seashore book: Bob and Betty's summer with Captain Hawes (c1912)



Events: Owls at Gone Fishing Gallery, Eco Bird Walk for Wetland Day, Laughter from the Elanora Players, Anti-Bullying Skills for 6-12 year olds, New Beginnings Festival, Talent Workshops. Canning Track Art, Artzpace 2012, Tumbleweed at Mona Vale, Sandcastles at Windsor, Circus Oz, Picasso, Ocean Swims, Summerama, History Competition, Council Events and School Holiday Fun and more

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Community News: Dr Rip, Probus, Avpals, Great Archive footage of Newport-Bilgola from the 1950's, Community Vale, Media Releases from Federal Govt. and more



**Environment**; Summer Creature Features (Earth), Coastal Ambassadors 2013 applications open, WetlandCare Australia Photo and Art Competition, New CSIRO Mags, Cooee Newsletter for Dec., Seed Bank with full Index of all Australian plants Facts Sheets and more.



Lynda Hill: Update 18.12.11: Seeking Embodiment And Goodwill To All People: December's Capricorn New Moon



Pictures: Summer Honey; Bees, Birdland and Flowerings



Youth: Make your own Cartoons, National Year of Reading 2012: For teens; Creative Reading Prize, BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jujutsu Australia, Summer Fun (Cartoons and Movies): Inspiration for your creations, Pittwater Council's School Holiday fun, Links for local websites for, about and by Youth.



Seniors; George shares some of his Jazz in Australia knowledge and a few tunes, link to Seniors Online Newspaper and Information regarding local Health and Education Activities.



Community Clubs: Updates on Activities and links to sites.



Artist of the Month: January 2012: Annette 'Nettie' Lodge; Artist of brilliant Summer colours



Reflections by George Repin. This week; Seafood in Sydney





Collector's Corner: McCormick-Deering Horse Drawn Steel Gear Mower; for use when your lawn is a paddock



News From our Inbox: Summertime Exhales: Music from Jack Teagarden and Hoagy Carmichael, Carole Lombard Week, the Bridport Prize; enter your short story or poem to win, Internet Updates, Be Mindful of the Land Sharks



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# Twilight Sailing by Robyn McWilliam

Pittwater has many faces. During summer on most weekday evenings you will see yachts competing in various Twilight Sailing events.

The Monday Twilight series run by Royal Motor Yacht Club supposedly has the largest fleet of racing yachts in the southern hemisphere. Over a hundred yachts in six divisions, including multihulls, ply the waters rain, hail or shine. Only gale force winds cause a cancellation. Boats don't have brakes so risk of injury and crunching fibreglass is hopefully averted.

RMYC's involvement began in October 1983 by joining Mitchell's Marina twilight race. Racing is the perfect way to develop your sailing skills. The boats entered range from old clunkers to slick racing machines as well as large cruiser/racers. Results are handicapped so everyone has a chance of winning a race. Due to amazing sponsors the prizes are great, varying from cash, accommodation packages to this year's European river cruise.

A post-race presentation takes place in the forecourt where sailors go back for dinner. Time to discuss the moments of glory or glitches in the race. Bottles of wine are prizes in each division and you have to be there to collect it or the next boat on the list gets lucky.

The club does have a crew register for those wishing to try this sport. Sailing has a language if its own and safety in technique is important. Learn the difference between a cunningham and a downhaul, how to pull on a headsail sheet or hoist the main. Sailing schools offer courses for beginners to gain a Competent Crew Certificate. For those with a bit of experience, enthusiasm is essential. It's a good idea for skippers to learn the rules of racing and attend the rules night at the yacht clubs to avoid altercations on the water.

There is a Ladies Twilight Race on alternate Tuesday evenings and this is the only extras race i.e. allowing the use of spinnakers. The woman helming had to be a member of the Royal Prince Alfred Yacht Club and the Yachting Association but this is changing to encourage a larger fleet. At present around thirteen boats race and the camaraderie is great.

If you have a timber boat the race held by Woody Point Yacht Club on Wednesday evenings might be more your style. Sixty to 70 regulars start on a staggered starting system, exemplifying a more laid-back approach.

Thursday evening the <a href="RPAYC">RPAYC</a> runs its twilight series with up to 55 boats entered in four divisions. For this club the theme is having fun with family and friends and is based more on participation than prizes. You might drive an Audi for a week if selected in the lucky draw.

Fridays all year round the RMYC runs the Chicken Race.

Participation secures you a frozen chook. With a fleet of around 25, the presentation is back at the club with prizes of wine and vouchers from sponsors. For retirees and those who can get away from work early enough this is the perfect start to a weekend. Experience all the seasons on the water then back to the club for dinner with friends.



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Nicole Price







Stephen Elton

#### **ARTZPACE**

ARTZPACE is an initiative by Pittwater Council and has been running since 2008. The primary goal of ArtZpace is to encourage artistic expression in the local community by offering emerging artists the chance to display and sell their work in a professional setting. From Friday 6 to Sunday 15 January 2012, the main hall of Avalon Recreation Centre will be filled with the wonderful works of a group of 13 emerging artists who have come together to plan, implement and experience an art exhibition.



Councillor Peter Hock, Rachel Carroll Exhibition Organiser, Jackie Dunn Director Manly Art Gallery

Opened by Jackie Dunn, Director of the Manly Art Gallery, and organised by Rachel Carroll, the current ArtZspace exhibition is well worth a look at when you're in Avalon. All artists have donated an artwork for a Silent Auction to support Bear Cottage. This is a great way to help those who do such great work at this facility and also secure yourself a local artwork.



Bear Cottage donated works

Exhibiting Artists:

Lorraine Beal, Pascale Beard, Leizel Botts, Sarah Cox, Jackson Davies, Stephen Elton, Ashe Eve, Richard Magee, Nicole Price, Gemma Rasdall, Julia Sample, Karen Stuart, Jessica Watts

All Images here are by Michael Mannington, one of the hardest working photographers on the Northern Beaches, and from the gallery of Volunteer Photography.



Richard Magee



**Deizel Botts** 









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# THE OLD ROAD

Narrabeen's Unspoilt Days by AMY ELEANOR MACK





Once, long ago, the drive along this road was a feast of beauty, when one bowled along between sea and bush, with wide-spreading views on either side. We used to leave Circular Quay by the 8 o'clock boat to Manly, where at the wharf was waiting the old coach with its four horses. With luck-one seemed to be always lucky in those far-away days we got box seats and set out on our journey with gay spirits in the morning! sunshine. Down the Corso we rattled, and along the Steyne, with the pine trees making a

delicate screen between us and the blue ocean. Leaving the Steyne, we crossed the bridge over the lagoon, not yet drained and ordered, into a golf course and suburban lots, but stretching lazily over the lowlands, where a vegetable gardener or two grew produce for "The Vil- lage." Then on past swamps, where red callistemon flowered in thousands, on round the foot of the hills, where a million flowers bloomed amongst the grey rocks and birds sang gaily and darted to and fro before us.

Here and there, at long intervals was a dwelling-some hermit in search of solitude, or an intrepid pioneer sensing the future value of the land. But so few they were that they scarcely made an impression on the landscape, and the drive seemed to be all bush. All bush and sea, lor ever and again as the road leaned seawards we had the uninterrupted view of golden sand and blue ocean. Deewhy Lagoon, with its background of sand- hills and bushy cliffs, was a-swarm with black swans. Narrabeen stretched in a long, unbroken vista from Long Reef to the Lakes. What houses there were were mostly on the land side of the road, and a few on the shore were so scattered that they did not interrupt the view. (Our young architect used to plan an ideal Narrabeen, with all the dwellings on the hillside and the whole sea front a reserve.) And so all the way to Church Point. At Rock Lily and Bayview, where painters and professors had holiday homes, the houses were built on the higher side of the road, above the encroachment of the tide and the mosquito-laden swamps, and the view was free for all travelers to enjoy.

# JOLTS AND JERKS.

Perhaps time has shed a glamour on that drive. Certainly the road surface was not what it is to-day, and the old coach rolled and rattled at times, but what are jolts and jerks to sixteen on a fresh spring morning, with sea and sky and bush alive with beauty?

Of the road which branched off to Newport and beyond we knew less, but we used to hear of the many charms along its length from two young men who every winter Sunday morning set out with a packet of sandwiches to walk to Barrenjoey. (They didn't "hike" in those days; they simply walked.) Later we came to know that road well, too. The green slopes and beach of Mona Vale, where a man ahead of his generation had built a mansion, almost at the end of the world it seemed then, the spreading sandhills of Newport, and the little beach beyond, with its rich palm grove-we knew them in their unspoiled days. Leaving the sea, the road climbed across to the inland harbour and ran along the water's edge, with nothing but the tall gumtrees to break our view of the blue bay, past Careel Bay, with its mangrove swamp; past the green flats, with their narrow border of pearly sand, to Palm Beach itself, where the gaunt grotesque tea-trees and banksias grew to the edge of the rosy sands.

charm. Tramlines stretched out mile upon mile; houses sprang up in long rows; the swamps were drained; the wild flowers disappeared. At Deewhy the black swans still floated on the lagoon, but in lessening numbers; Narrabeen Beach-now Collaroy-was hidden by a continuous line of cottages, and the sea was glimpsed only at the end of side streets; our young architect's dream of an ideal Narrabeen was gone for ever. The pleasant green sward which flanked Broken Bay at Palm Beach was covered with dwellings, and the white beach which encircled it "like a lovely woman's arm." as a poet said, was barely visible from the road. On the ocean front most of the tea-trees and banksias had gone to make way for neat lawns stretching to within a few yards of the water. Everywhere beauty had been driven out by profit, and the road which might have been one of the loveliest of seaside drives had been reduced to an almost suburban dullness.

But year by year the road grew, and In Its growing lost much of its

#### THE NEW ROAD THREATENED. With a luck which comes but seldom to those who have wasted their

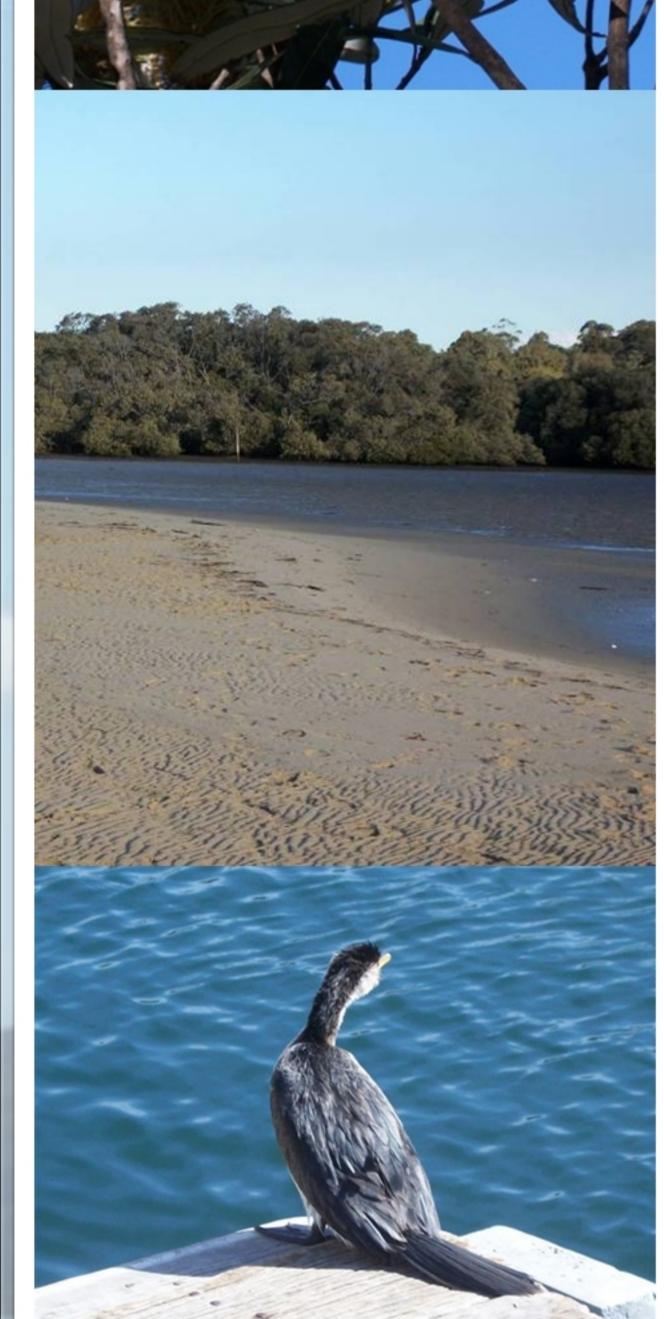
opportunities, this coastal strip has been given another chance. A new road has been built along the top of the cliffs, with wide views over hills and ocean. It is a road along which we always take our visitors, and we are never disappointed at their exclamations of surprise and delight. One world traveler said: "I have never seen a more beautiful seascape. It alone Is worth the long journey to Australia!" But alas! this new road is threatened with the fate of the old one. Already here and there a building stands between the road and the ocean. At present they are too few to spoil the landscape, but unless some action is taken in a few years, the whole of the view will be blocked out by rows of houses, and our last chance of a magnificent scenic drive will be gone.

From; THE OLD ROAD. (1933, May 6). The Sydney Morning Herald (NSW: 1842 - 1954), p. 9. Retrieved September 16, 2011, from http://nla.gov.au/nla.news-article16965117

Above: Photo of Amy Eleanor Mack, by May Moore National Library of Australia, nla.pic-an3084668 Black Swan Illustration: Very early depiction of Cygnus atratus, given the title

"Black Swan", native name "Mulgo". Date [between 1788 and 1792], Source: from the First Fleet Artwork Collection at The Natural History Museum, London. Author: The drawing is unsigned and undated, but was published in London in 1792. Attribution is given the term Port Jackson Painter. Images Copyright Pittwater Online News, 2012. All Rights

Reserved.







**Community News** News From our Inbox Reflections DIY Hints Pictures Books Artist of the Month Collector's Corner

Community Clubs Community Noticeboard Community Forum

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# Adrian Curlewis Twilight Masters at Palm Beach 6.1.2012

Articles This Week:

Twilight Sailing by Robyn McWilliam Artzpace 2012 images by Michael Mannington

The Old Road (to Palm Beach) by Amy Eleanor Mack in 1933

Profile of the Week: Phil Colman, Peter Mitchell and their great book, Exploring tidal waters on Australia's temperate coast History: Summer Pittwater Events: Australian & English Women

Collector's Corner: Time to mow the paddock? You may need a McCormick-Deering Horse Drawn Steel Gear Mower

Cricketers Picnic in Pittwater, Monday, December 17th, 1934

PITTWATER COUNCIL

COUNCIL OBJECTS TO TELECOMMUNICATION **POLES** 

#### Council agreed at its recent meeting to put forward a submission to electricity supplier Ausgrid objecting to two telecommunications poles in Elanora Heights and Mona Vale. Council's submission will be forwarded to the electricity supplier along with objections from

close to 50 residents, including a letter of support from local Pittwater MP Rob Stokes. The Council resolved to make a formal objection as recommended in a report by senior planning staff that the poles were too large. If installed, both poles will be a height of over 25 metres. One pole is proposed for the intersection of Kalang Road and St Andrews Gate

in Elanora Heights. The other is proposed for Mona Vale Road,

Mona Vale.

Ausgrid have stated that the two new poles are to be used as part of their 'smart grid' system, which it says will improve supply reliability, pinpoint faults more accurately and provide real-time data on power use. The Council expressed its concern at the impact of the poles on the streetscape and neighbouring properties. Installation of the poles

may still go ahead under state legislation which allows large-scale telecommunications infrastructure to override local planning controls. Mayor Harvey Rose said "We are hopeful that Ausgrid will be reasonable and listen to our community". LEARN HOW TO STAY SURF-SAFE THIS SUMMER

Want to learn how to stay surf-safe this summer? Join Dr Rob Brander aka 'Dr Rip' with his free fascinating and entertaining talk on

Dr Rip will share his award-winning presentation about how beaches work and behave; from the journey of tiny little sand grains onto your favourite beach, to the massive swell that rolls in during big storms, to how to spot a deadly rip current.

Council's event organiser Bianca Springford said that the talk is for

everyone who loves and is interested in the beach. "We suggest you

bring the whole family along to learn how to stay safe in the surf," said Ms Springford. "You will learn how beaches are formed, types of waves including dangerous and freak waves, tides and tsunamis along with how to spot a rip and what to do if you are caught in one." she said. Dr Rob Brander is Australia's best known surf scientist from the University of New South Wales who has been nicknamed 'Dr Rip' for

'Science of the Surf' talks in 2001. His first book 'Dr Rip's Essential Beach Book' published in 2010 'offers everything you want to know about surf, sand and rips' and is now a best-seller in Australia. For more information about Dr Rip and his Science of the Surf presentations visit www.scienceofthesurf.com Bookings are essential by calling the Coastal Environment Centre (CEC) on 1300 000 232 (the CEC opens Monday 9 January) or book online anytime at www.pittwater.nsw.gov.au/cec

information visit www.pittwater.nsw.gov.au/cec/News and Events/summerama

ARE YOU A READING CHAMPION?

Lovers of reading are invited to be part of Pittwater's celebration of

the National Year of Reading in 2012. Mona Vale Library is looking

for residents who are avid readers and willing to coordinate a project

to encourage residents to read more. Library Manager Cathy Howie said that reading champions will be awarded Bronze, Silver, or Gold status depending on their level of involvement.

"A bronze reading champion could get involved in writing book

reviews or making reading recommendations".

"To become a silver reading champion you could organise a themed display in the library, while a gold champion may set up a reading event. A reading event could involve arranging something with a local

commercial partners, as well as the public. For more information on the National Year of Reading 2012 visit <a href="www.love2read.org.au">www.love2read.org.au</a> For more information on becoming a Pittwater Reading Champion call 9970 1600 or to register your interest visit www.pittwater.nsw.gov.au/readingchampions

joining public libraries, government, community groups, media and

Mona Vale library is located at 1 Park Street, Mona Vale. R U OVER IT? Pittwater and Warringah Councils will be joining forces over the Christmas and New Year holiday period with a drink drive campaign

known as R U Over It? The campaign focuses on thinking about the

system for a surprisingly long time, even after sleeping, having breakfast and a shower! "To help promote the R U Over It? message, pubs and clubs and other venues will be issued with free resources such as poster, coasters and brochures, "said Ms Carter. "And to reinforce the drink

drive message, bottle shops will be issued with paper bags with the

random breath test message You Won't Know Where....You Won't

Know When".

Beaches Highway Patrol will also ramp up their presence on local roads with a campaign known as Operation Burgundy. Senior Sergeant Rick Janssen from the Northern Beaches Highway Patrol said they will be targeting drinkers who get behind the wheel

During the lead-up to Christmas and throughout January the Northern

charges," said Sgt Janssen. Warringah Road Safety Officer Peter Wright also wished to remind residents that if they are going out and are drinking alcohol that they

leave your car at home," said Mr Wright. To help you plan your night out, you can pick up a Pittwater and Warringah Late Night Transport Card which provides details of local venues with shuttle services, taxi information and local evening bus

timetables. The transport card is available at Council's customer

service offices or at www.pittwater.nsw.gov.au/localservices or

www.warringah.nsw.gov.au

build their own success.

business growth.

What you will gain

Increased overall business

offer solutions to each other.

plan in advance how they are going to get home. We urge you to

The R U Over It? campaign will begin on 12 December and will run until the end of January. Seniors Week 2012 Council is seeking senior's groups and organisations to host an event as part of NSW Senior's Week between 18 and 25 of March, 2012. Contact Susan Machar on 9970 1169 or email details of your event to seniors@pittwater.nsw.gov.au

NSW Trade & Investment along with Warringah Council and Inspiring Women have brought the Women in Business Mentoring Program back to the northern beaches for 2012 after its success

in 2011.

The Women In Business Mentoring Northern Beaches 2012 program is a great opportunity for up to 20 small businesses to participate in a mentoring network.

Women In Business Mentoring Program:

Commencing 30th January 2012

Women in Business offers long-lasting business skills, online discussion forums and sessions for relevant and real issues coupled with networking opportunities with other like-minded female business owners. Program components Workshops; tailored to respond to the current and real issues that affect you as business owner, focusing on

Topics include: Business Planning; Marketing; Finance and two optional business

topics. Business mentoring; Participants are matched with an experienced business mentor, providing an opportunity to discuss any issues that you may be facing. Benefits of mentoring Growth in confidence and self-esteem Improved knowledge and business skills Increased motivation and enthusiasm Understanding external business environments · Overcoming isolation

 Increased access to business networks Increased turnover Hiring new staff Expanding the business product or service line

With over 15 years of proven success, participants have seen results with:

· Improvements in cash flow Improved business basics knowledge Program criteria Participants must be committed to making a difference in their business and be:

 be prepared to commit in growing the business and achieving commercial success be prepared to work with a mentor. The cost for this Program is \$500 + GST and is subsidised by NSW Trade &

Location: Level 2, Building 8, 49 Frenchs Forest Rd, Frenchs Forest, NSW 2086. For further information or to express your interest in the program, please contact Paul William-Smith on 9942 2233 or Sue Heins on 0423 379 934

Manly Warringah Pittwater Click on logo above to vist their website. LEGO AT THE LIBRARY

from 2pm to 4pm. Next is February 4th, 2012. The club is open to children aged between seven and twelve years of age, with younger children welcome with parental supervision. Mona Vale Library's Manager Cathy Howie thanked the generosity of Pittwater residents who have donated

creative side with Lego, as well as developing their problem-solving skills," Ms

Howie said. "The children can bring their favourite Lego creation to the first

Aboriginal Support Group

Ms Howie said that library staff would co-ordinate the two hour session but would welcome parents who would like to be involved in the program. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library, 1 Park Street, Mona Vale.

Date of Event

Website at: AUSTRALIA



Vale George Bennett 1930 - 2011



member of Pittwater Mens Probus, died on Christmas Day 2011. George was well known among the Pittwater Community as a boat and waterfront contractor. Using his barge Ballina he laid countless moorings for Pittwater yacht owners for many years befoe he sold the business and retired. Many stories about George's adventures have become part of local kolk lore. On one occasion George was towing a 70 foot tug to sea which began sinking. George

George Bennett, a long time

grabbed an axe and cut the tow line just before it sank and pulled the Ballina down with it. The tug is now a dive sight. On another occasion George purchased a container load of chain for moorings. He stored the chain underwater in Pittwater, pulled it up

on demand and cut of the required length with oxy and left the remainder in nature's cheap storage facility. George was born in Sydney. His family lived in Bondi and had a weekender at Lovett Bay. He is survived by his wife Thelma, son Rodney and daughter Jenny Grant and six grand children.

(Written by Brian Kennedy) Below: Uploaded by pittwaterpathways on Dec 6, 2011 2011 reprise of 1956 footage of Newport Beach, Bilgola, Bungan

Vagabond. PAPER RUN REPRISE 720p





for Seniors (AVPALS) has come up with some exciting new concepts

a little smoother. Many of were the lucky recipients during this holiday season of new tools to make our life more interesting. Or should that read confident that we can help senior Northern Beach residents enjoy their new 'toys'. Avpals have been in operation for more than ten years and have many experienced senior trainers who would just

speed with these wonderful new devices. Details on the 24th January!

Following the enormous success of the AVPALS seminar held last year another seminar is to be held on 31st March during Seniors week. More details will be available from Pittwater Online News nearer the day.

Email: info@avpals.com Phone: 02 8064 3574 or 02 9973 4161 (during school term dates) Pittwater Mens Probus Meeting Tuesday 10 January

Guest speaker: Jill Booth

The tradition of having Australia Day as a

national holiday on 26th January is a recent one.

Not until 1935 did all the Australian states and

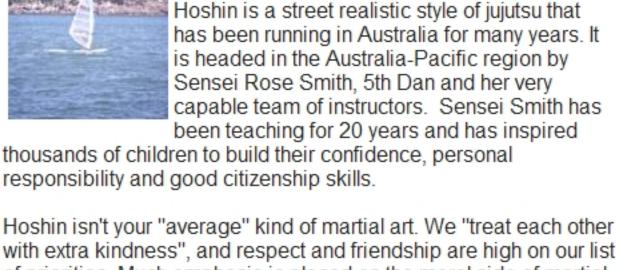
territories use that name to mark that date. Not until 1994 did they begin to celebrate Australia Day consistently as a public holiday on that date.

become a day for all Australians to enjoy?

Michael Mannington 9973 1624

Australian flags (among 44 other books). Jill is an ambassador for the local Australia Day committee and a judge on the panel for the NSW childrens book awards. Jill will speak to us about Australia The Pittwater Mens Probus meets at the Mona Vale Golf Club on

Hoshin in the School Holidays! **BULLYPROOFING #101 - Back to** school skills!



is headed in the Australia-Pacific region by Sensei Rose Smith, 5th Dan and her very capable team of instructors. Sensei Smith has been teaching for 20 years and has inspired

of priorities. Much emphasis is placed on the moral side of martial arts. Without a reason behind what we are studying, martial arts is just mindless violence. We run some of the best children's martial arts programs in the country, with attention to manners, good sportsmanship, responsibility, self esteem and trustworthiness.

Our classes are fun, with a high standard of discipline and respect. We do not gain respect with fear, we laugh, play games and have fun, and learn about the important skills listed above through role playing, telling stories and of course, martial arts skills. All of our adult instructors are police checked and hold senior first

aid certificates. Further, all instructors regardless of rank have undergone over 100 volunteer hours of instruction per year under the direct instruction of Sensei Rose and you can be assured of their excellent teaching and leadership skills. If you would like to know more about what we do, the website is www.hoshin.com.au

Start the school year with self reliance and respect for self and others! We will learn valuable skills through playing games, theatre sports, drama, general discussions, learning about child protective behaviours and more. Learn the most up to date anti bullying techniques and have confidence to deal with all the usual school term and social pressures. Do you and your child know about:

THEY CAN LEARN!! Its free and its fun! Enroll now! BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jutsu Australia Calling

\* cyber bullying

all little warriors!! Learn some great new moves these school holidays. We will play games, learn some basic self defence and learn how to use our words to deal with bullies. Date Saturday 21 January Time 10am - 1pm Age Strictly 6 to 12yrs

Pittwater Offshore Newsletter Update 1/1/2012: click

on Logo. Also has an Extensive Local Directory.

Scotland Island - Western Shores - Mackeral Beach

Pittwater Offshore Newsletter

To contact Julian: editor@scotlandisland.org.au The Warriewood bushcare group managed by Pittwater Council needs more volunteers





on 4th Wednesday

morning of the month -

Can you help? Please

motive was scientific discovery and exploration, with its work eventually leading to the proclamation of the Australian Antarctic Territory comprising 42% of the continent," Dr Fleming said. The time capsule will contain a message from the Prime Minister to be read at the Commonwealth Bay event, winning competition

from just about all areas of performance. In January this year they are offering workshops for talented residents. These workshops are for children and young adults who have a love of singing and performing and have perhaps dreamed of recording in a professional recording studio. The students will work on a song together and record it at the end of the week gaining heaps of professional skills and tips along the way. Other sessions on the workshops will include live performance skills, physical and vocal warm ups, understanding how the voice really works, vocal maintenance and learning about, and mastering, self-esteem and confidence. The workshops invite 9 - 16 year olds in the first week and 13 - 20 year olds in the 2nd week, each workshop lasting 5 days from 9am until 3pm costing \$500 for the week.

Vocal & Performance Coaching! Together Erana & Sam bring years of their professional experience in performing & coaching to you from around the world. It doesn't get any better than this!! They will impart their wisdom & skills to help bring out the very best in you on this journey of discovery! The workshops will cover: vocal & physical warm-ups breathing, pitch, tone, projection, harmony & listening skills vocal maintenance performance skills building self-esteem & confidence! A group song with soloists selected from the workshops will be recorded, produced & mixed for you at the end of the course. LIMITED PLACES AVAILABLE 4 day workshop 2011 9 - 12 & 13 - 16 Cost: \$400 5 day workshop 2012 Ages 9 - 12 & 13 - 16 Cost: \$500

> CALL FOR ENTRIES - END OF SUMMER PFP Film Festival SHOW YOUR TALENT TO THE WORLD Plastic Free Pacific: Living Ocean Short Film Festival to celebrate Ocean lifestyles & raise awareness of

\* 30 Second Commercial 'Plastic in the Ocean' - Theme - plastic in the ocean -

plastic contamination

but places are limited!

love to help you along the technology highway. Costs are minimal



The Avpals motto is 'Computers - Yes you Can' and we are

beach and Mona Vale beach NSW. Vintage car is a Vauxhall

that may make your technology path

This year, for the first time, Avpals is holding an enrolment day on Tuesday January 24th from 9am until noon. On this day you can ask questions, take a look at our facilities and, if a spot is available, make a booking. Because so many seniors now have tablet computers (like the iPad), special classes are going to be held to bring you up to

Contact Details:

Jill Booth is a local ex-teacher librarian and author of a book about Day.

the second Tuesday of each month. Visitors are welcome at

1030am. For more information call Bill Marshall 9918 0064 or

What drew Australians together in this way? Did Australia Day

Hoshin is a street realistic style of jujutsu that has been running in Australia for many years. It

Hoshin runs some of Australia's best programs around the areas of Anti-Bullying and Child Protective Behaviour, and of course Jujutsu. We also run free kids programs twice a year during the spring and summer school holidays

and there is an absolute plethora of information available. BULLYPROOFING #101 - Back to school skills!

\* exclusion & peer pressure \* physical bullying \* teasing & name calling \* social survival skills \* resilience & coping skills

Cost Free tuition (\$20 insurance fee) Bookings 0413376356 or avalon@hoshin.com.au

From Elsewhere: Extra help for families with teenagers who stay in school - The Hon Jenny Macklin PORTFOLIO: Families, Housing, Community Services and Indigenous Affairs SNIPPET: From today, eligible families with teenagers aged 16 to 19 will get a boost to their family payments of to up to \$4,208 per teenager, if their child stays in school or a vocational training equivalent. There are about 630,000 families across

GRDC - Wanted - Regional Cropping Solutions Committee members PORTFOLIO: Agriculture, Fisheries and Forestry SNIPPET: Grains industry personnel are being encouraged to nominate for appointment to the Grains Research and Development Corporation's (GRDC)

entries from five Australian students outlining their vision for Antarctica 100 years from now, and a number of documents pertinent to the current Australian Antarctic Program. School Holidays Vocal and Performance Training Meshach Musik Studio is in Dee Why has been open for nearly 4 years. It is run by Erana Clark (Vocal Director - Australian Idol and X Factor) who is a very well established and well known singer turned Vocal Coach to the stars and promising newcomers. UK born Samantha (Sam) Shaw who has been here in Aus for 3 years now and has had a career spanning nearly 30 years in musical

theatre, recording, film and TV as an actor, singer and dancer, has

recently joined Erana at Meshach Musik as a Vocal Coach. They

come together with a huge wealth of experience between them

Meshach Musik Studio, Dee Why, NSW (Northern Beaches) For more information or to book a place call 0401 343569 www.meshachmusik.com Living Ocean Short Film Festival http://www.livingocean.com.au/

Ages 13 - 16 & 17 - 20 5 day workshop 2012 Cost: \$500 (All food will be provided)

\* Short Film 'Living Ocean' Theme - how the ocean inspires us - student & open student & open section

Australia. recently established Southern Region Cropping Solutions Committees. GRDC Southern Regional Panel chair David Shannon says the committees cover the four principal cropping zones of south eastern Australia - high rainfall, medium rainfall, low rainfall and irrigated. It is expected that each committee will consist of up to 12 members, including two GRDC Southern Regional Panel members and at least eight individuals who are grain growers, advisers, agronomists, consultants and researchers. Australia to mark Mawson's heroic Antarctic expedition :: Australian Antarctic Division PORTFOLIO: Sustainability, Environment, Water, Population and Communities SNIPPET: One hundred years since the first Australian-led Antarctic expedition set foot on the frozen continent, a new group of modern-day expeditioners will honour their momentous achievements. 'The pioneering Australasian Antarctic Expedition's

"We're so excited to be offering this opportunity for the first time, passing on what we have learned as performers. We feel so comfortable working together and have formed a strong bond which comes from a great understanding and respect for each others' work and past experiences in the music and performance industry." For Information or to book a place: 0403 343 569. More at: www.meshachmusic.com

SAM SHAW

Details of location, time and prizes as they come to hand...start creating now.

ERANA CLARK who bring you workshops for differing age groups in

Living Ocean's Aim: To celebrate the ocean lifestyle, raise funds for active groups that help conserve and protect life in our oceans by focusing on the 300 million tons of plastic pollution in the oceans worldwide. Entry Form on website.

the science of the surf at Newport SLSC on Wednesday 18 January at 2pm.

his habit of throwing purple dye into rip currents. Rob has been studying beaches and surf science since 1986 and started giving

The Science of the Surf presentation is just one of many fun Summerama activities to be held this summer. For more

school," added Ms Howie. The National Year of Reading 2012 is a collaborative project

day after a 'big night out' and the possibility that you may still be over the limit. Pittwater Council's Road Safety Officer Michelle Carter said that the community needs to be reminded that alcohol can stay in your

of a car with random breath testing. "What is of particular concern to us is that the northern beaches was ranked number one last year in the Sydney Metro area for drink drive

Women In Business Mentoring Program : Northern Beaches 2012 by ANDREA T

About the Program The Women in Business Mentoring Program brings fundamental knowledge to achieve business success with the aid of co-operative learning and mentor guidance. Its proven methodology offers a combination of five business education workshops over five months, two networking events and 10 hours of mentoring to assist you with your business growth. At the end of the Program, participants will have developed an appropriate business plan, which covers the goals and objectives of the business. For many graduates, their business is the realisation of a life-long dream, the chance to

The networking and peer support that is created during the workshops is one that often

continues after the Program has completed. The Program offers an empowering

environment where women feel comfortable to discuss their business issues and

 Simplified business structures A business plan that is a working document

Local children will have the chance to join a club specialising in one of the most enduring playthings of childhood from May. Mona Vale Library is starting up a Lego club on the first Sunday of each month

Sumba Foundation Australia Article at: here THE SUMBA FOUNDATION



 A marketing plan that brings results a business owner based in NSW own a full time small business for over 12 months able to identify a business goal or hurdle suitable of being addressed through this Investment.

A toolkit of resources for your business

Improved growth strategies for their business

Lego for the club's use. "Many residents have fond memories of playing with Lego when they were children. The idea of the club is a place where children can play and explore their

session to inspire others."

Name of Event

Contact Phone Number

Website or Email

Submit your Event

Address of Event Description of Event Contact Name

Submit ¥ Tweet Lik∠ 1 +1



#### Caareell is in the Coming Home

Ulmna stands in these mud and sea tides, one pad in sea grasses, one pad in land grasses, and hears how this gethering will become 'Kharafa' on the breath and, songverses later, 'Kharif' will become the meaning and the being of a crop harvested at the beginning of the cold verse. Fruits of Kismet.

"Kisses Met." Ulmna whispers to all flowing over his face from high north, from middle forests, from the breath of Ullumunn.

'Mhwenri MurrSudumundra MollinUmrill.' sighs from the ocean. 'OmPadma Kundun Ullumunn Varani Arahmun.' lilts from Nan and Usas. The warm Sumunah rushes all around us, touching our skins with pink and bluegold dusk Sumunah breath. Dew is changing, turning, mixing. Dampness is in the cools buffeted in by

Sumadra. I can taste sweet inspired rain, the wet breath, moving through all Bharat inlands. Sumunah sweeps slowly and full around us once more, as if calling

us into some slow moving dance with this breath, as if cradling us in

warm wind arms, then turns across the Murr and rushes out into the sea. At this break into the watery blue Curlew, brolga and snipph began calling frantic 'Murr' and 'MhwenriMaun' to each other. This song echoes and rings sheer across the varcand plain. They sang up into

the bluing sky and rising white moon, sending lightening bolts of birdcalls through the vastness there. Their cries and calls broke through all the stillness around us. Bird

after bird rose to flight and flew nan across the water and through the sky.

Ulmna watched them. He opened his mouth to taste this change in Sumunah that had stirred them, wakened them to flight. "Let's follow the curlew and snipph across the vast babru varcand

dherna. They must be winging to trees and grass." he sang to my Sutude. Sutude looked into this still blue waters and blue skies place. He

looked at the drifts of gethered cand and the way they reflected the movements of the var. He sniffed at the sky bright with paths of stars like those inside our hearts. He turned to look at me. He could feel the dancing inside me, the yearn to run and run, and

run with Sumunah Varuna, the warm inspiring to song, to forming, breath. We padded out into the stillness and slow rhythm of babru varcand. Sumunah breath sounded 'simsoon', 'sumunahSrama' and 'Khamsin' around us.

Night became inky blue. All is very quiet except for the small salt breeze and small lapping of the shallow var. There is only us, treading between two met skies, one wet and one dry, of expanses sparkling with wolf paths.

Pununnarra walks behind me and Sutude walks at front, Ulmna at his side. Sutude pads steadily. He looks up every now and then, marking the bright sparks in the belly of the deep dark blues. The moon followed us for a little way then flew higher. The cries of snipe and curlew and their flights echo almost motionlessly across this mooned sky. Their silhouettes gather in small huddles on the banks of sand before and beside us.

Sutude wove our path (tread) to one side of the moons' arcing, then, tasting SumunahSramaSimsoon, glancing up to white and gold sparked sky, leaned us to the moons' other side. I knew Sutude was following his hearts' path, the breath inside him that is Sumunah and filled with sparks. Padpad pad pad pad pad pad pad his rhythm runs.

We run easily, in soft trot, forward. 'MundiMollinUll.' we hear over and over in the small lapping. Small drifts of cand run to and against my legs. I feel the cand is moving and has a wave rhythm in its movings. Around us higher firmer banks of cand rise in the forms of riverbanks and valley walls. They flow to elongated points we can run along and make firm flat places between their thin tides. Sea grass beds around us pop over and over in small bubblings up into the dark blue night. This sound tells us this salted herb breathes too. We can smell the rains that gather around trees to one side then another across the meres of sea and cand turnings. The dark blues of small risen islands shine under the moon out among deeper Mollin Umrill. 'MollinUmrill Mulu Mulu SumbaSunda.' their breaths hush in scents of sandlewood across the soft sea. Ulmna pads quietly in the small lapping. His eyes run across the

surfaces and stillness of small ripples. He is sensing their surging. He sees the babru running under the dark blue moonlit surface of the water. This brown is like the brown cowl the ancient songer wears. Its taste and ilk are of his tone. His tread is amongst its rhythms and flow beneath the blue. This colour causes a smile to rise from Ulmna and makes the soft lappings part of his skin. He walks beside Sutude chanting, "Blue, blue blue." back to this 'bru, bru, bru.' then laughs, chants "Bru, bru, bru." back to the blue blue. I can hear these colours are saying 'Love, love, love,' when Ulmna speaks them. Their colours run with each other and meet in mouth as much as they are apart. "Converse." Ulmna sings softly to all brown and blue MollinUmrill.

Ulmna is of brown breath. This blue breath, answering the breath of Sumunah in him, makes a catching in his air. His mouth opens, his throat swallows hard. I see him err in his padding, his feet left blind to find their own way for a moment as his head falls back and his mouth moves against the air, his lips supping for a denser kiss, a deeper breath. He sighed and his head fell forward. He began padding straighter

behind Sutude, his eyes steady, clear and bright. He smells the night breeze, scents flowers, trees and grassed earth coming to us across the var. The mounds of larger land chant 'sakai sakai' across the sandflats. Ulmna blows one of his brown breaths towards them and turns further south with Sutude. "Babru blue BabruBlue." he chants as we pad.

The sky paled while we trod. Mugar and curlew moved in the

seagrass places around us and made the whiteness thickening in the blue seem even quieter by the hush in their own sounds. Munnahull rose thick and yellow this morn'. Her yellow browns, the cand in drifts all around us, and the pale white blue thin sea make all creatures look like the cand we pad along, like cand risen and padding its golden brown way ur and nan. Ulmna has taubmarine eyes. They alone stand out in our moving

with this cand colour all around. He blinks the myriad of colours in us and our tread.

"Mina Dyrrh Mina Murr Udhoorhm Dyyrr Jasurr." he chants into this light. "Mina Dhyrrhhaan." he speaks with his every other tread. Mina-

Dhyrrhhaan; my darling. His hands, twinkling loosely at his sides, flicking some of the gold sparks in him to this places' grounds, rise to cup themselves one in

the other over his belly. His smile shines over his face. He nods to the direction we are taking. He nods to Munnahull. The measures of *MollinUmrill* delta are changing in dreamsong. There is more 'Murr' in their tone here, and an 'Irrillee' which is the

songname of the soulname, the meaning being, of a place that is a well and risen font of MollinUmrill. Sumunah Varuna is rising full around us again, is colouring with breath like that in Sutude and mine hearts, with breath alike Ulmnas' seasong, the long ways before us. Munnahull is higher. The sky has

turned pale blue and Mollin Umrill is blue again too. We pad along firmer banks of cand and around deep pools in the ocean. We walk beside clear bluegreen fast thick channels of water

filled with shoals of char who dream, in highsong, they are 'Wirramoor', 'Magoora' and 'Nenngis Moora'. They are oonarn from Sumunah breath throughout MurrIrrillee. They sing they are risen to flow from Murr through Murr trees to become glows in the bellies of MurrUlmnas. They chant of Tiwi. They chant of Mari, Yuulnga, YaMurrDidgee, Maori, Kooree and Worimi. These fish will flood all the grounds between *Murr* trees. They will flow in waves through the

sea. They will rush up and down rivers.

In larger deeper basins of MollinUmrill giant creatures who song they are *Tinobi* and *Wharlarrn* echo their calls. Tinobi has sharp teeth and must always be moving to be breathing water. Wharlarrn is an ancient and has a rib that is wing shaped and must breathe all that is blue air. MollinUmrill rings with their rebounding song. Theirs is a dream of knowing. All in past and to come waters is known by them. All these wet breath filled amphitheatres are their temples of concord. Further out from wharlarrn, blue and brown arcs of duphinnus leap

out from larger lappings. They have a voice that is sonar in blue wave too. The sea is a sky to them, like their wharlarm brothers. They know all the measures of the sea around MurrIrrillee. Wharlarrn tells other duphinnus song and swim and know in the measures of six other water gardens. Wharlarrn tells duphinnus is in water like

we are in land and bird is in sky. There are seven verses in all these seven seas, and the pulling and pushing of tide is another form of to, and away from... one two, one two, one one, One. There must be seven great measures to all skies too, all sprung from one brightness. Duphinnus came from the same breath that inspired Dolphus. They are kin to Sutude and I. They follow a sumunah fish running through the water measures of MollinUmrill garden and its tides.

"Way finders...way finders." they sing to us. "Way finders in MollinUmrill." Sutude and I sing back in love mixed with truth and joy.

Ulmna does a dance to our joining sounds. He thumps his feet through thin waters, making wet wings around his pads as Pununnarra does, while arching his backbone.

"SuduMundra Wullffaan!!" he sings in amongst our rings of highsong.

Ulmna is awash with dreamsongs of seas. His eyes brim with the sights of sea grasses and the sound of them breathing. The lapping MollinUmrill rhythm, the way all manner of creatures go into and

come out of blue and white green kismet sea is full in him.

Duphinnus, who blink taubmarine eyes back at Ulmna, who sing in waters Sutudes' and mine own song, fill him fuller. Small rain, in tiny drops seeping, begins running down his soft round face. We could see the rainbows he had emerged from, back on the knoll Ulmu, in these streamings. He stood a long while with his eyes wet taubmarine. He is blinking duphinnus eyes in a Brahmun being. His heart rang until a misting dew came out of the wet blue horizon and smoored his skin. This

Ulmna, inside his stillness, and the large soft turnings of seas. Sumunah dived and came up fast off the blue var, turned his head to where thick bandha and grasses rise from MurrIrrillee. Ulmna smiled to this wide warm wind. His feet reached to follow its wake. "SumunahSudumundra." he chanted as we padded. "Sumunah Murr Mollin Umrill." We pad following the arc of Munnahull.

quietened him. I could hear the small lappings of MollinUmrill in

"Murr MurrIrrillee." Sutude hums, leaning us towards the tang of

trees. Cliff faces of pale stone and the dark blue of hills becoming mountains run in the form of waves to the further horizon. 'Murr BunvaBunva Bidwirllii'we hear these mountains dream. 'Coobah Belah Ballarwi'we smell and feel and hear them breathe. The hills and mountains here sing that they are a way of trees. The

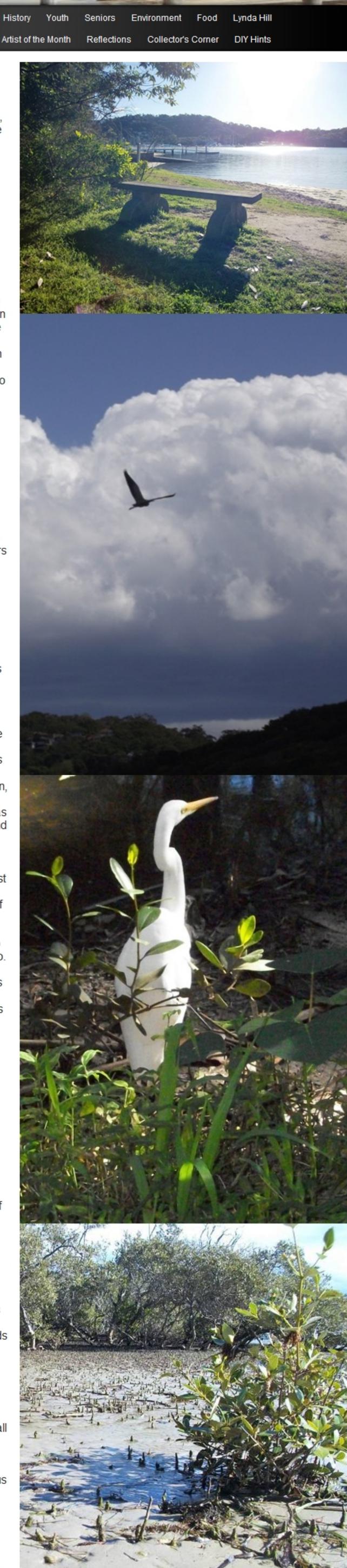
dreams of songnames we hear first are all names of trees. A hill is

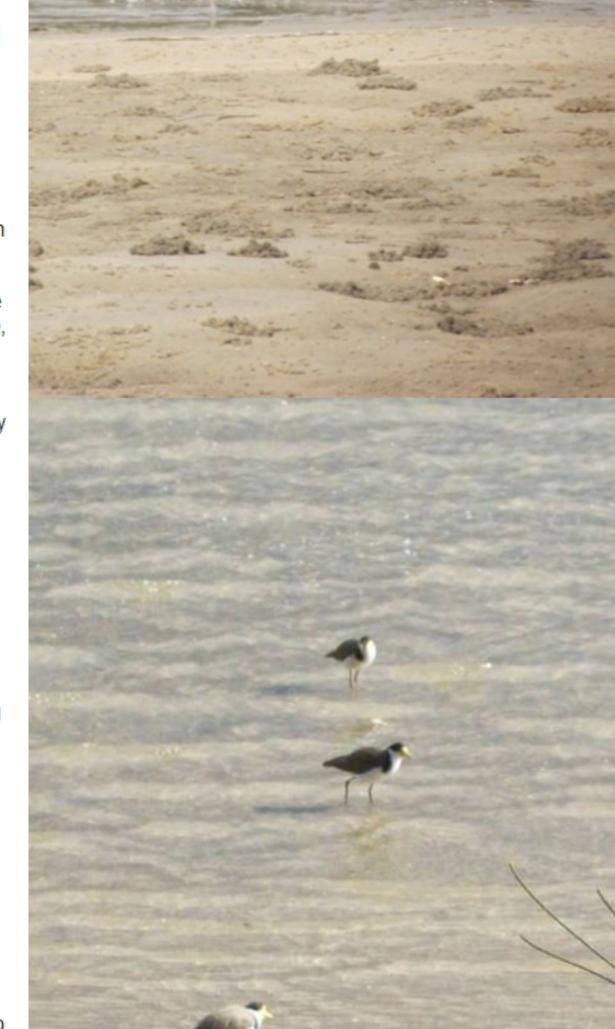
named by what flourishes in it. Each hill, in every grain, is a meaningbeing. BunyaBunya is a mountain of bunya-bunya trees. These mountains forms in flow alike wave rhythms reveal they are a flow of trees. They are places of Bunya, Coobah. What thrives there is what they be. As it is and has always been in the measures of the measures of meanings being. 'BogongBogong.' echoes from further south and we can hear, and

know, these are mountains where Bogong, a kind of moth, issues from. This song is Bogong from Bogong. Being from meaning is pure and brilliance in this place, and all its places. MurrIrrillee is a spirit filled garden, a Sanctum Temple in every measure. We pad alongside a bay that dreams it will become 'Caareell'.

'Murrnong' and 'Belah' dream in the silty edges along the low banks of earth. Small wirv trees with whitegreen clouds of leaf dream 'Yarran MurrMurr' in rising land behind these Murrnong and Belah, 'murrMulga murr Mulga', with roots that grow out of the salty mud dream before them. Brolga, cormorant, heron, pelican and curlew wade and feed in this bays' edges. "This is where the curlew were flying to." Ulmna songs, "Caareell".

Extract from Coming Home, Village Green. Copyright A J Guesdon 1985 -2012





#### form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

Park Bench Philosophers

We welcome contributions from all Pittwater residents in the

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you. Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please

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Artist of the Month

Reflections

January 8 - 14, 2012: Issue 40

Pictures

Community News

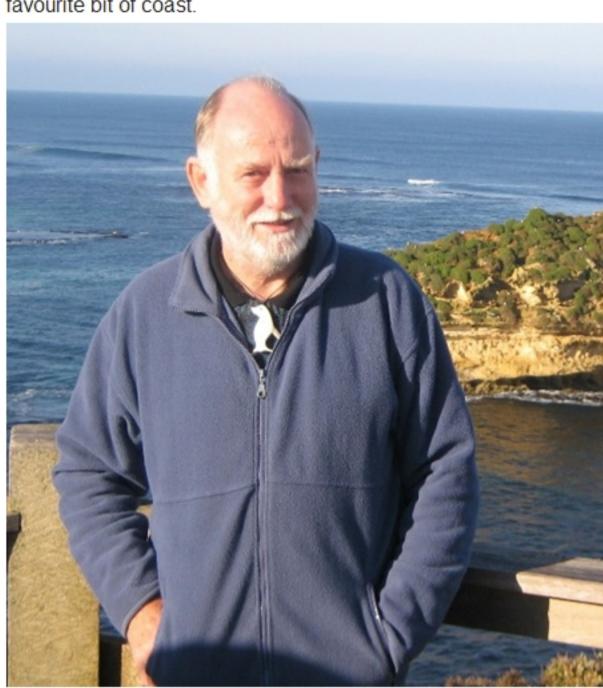


News From our Inbox

Books

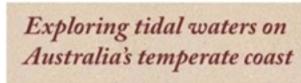
Above: Phil Colman searching for marine treasure in a big kelp stranding on Collaroy Beach.

Below: Peter Mitchell above the cliffs near Port Campbell, his favourite bit of coast.



"Guides have taken groups of people, or school children, or church or sporting groups over places like Long Reef for many years. Why? Television and newspapers and books have opened a door recently to a life - or should we say 'lives' - that have been there forever but which few of us have ever seen. Children, and now adults, have come to visit a shore platform today and gone home to remember that day as something special, something magic right on their doorstep.

We challenge you to visit a shore platform during low tide and discover some of that magic. And take this book as a guide. No! It will get wet. Go home with this book and relive your adventure, again and again."





Phil Colman and Peter Mitchell

The senior author, Phil Colman, has been taking groups of people over the rock platforms of the northern beaches for about 40 years. As a marine biologist, formerly of the Australian Museum, he is well equipped to explain the very rich and biodiverse life of the intertidal zone there.

This book is designed to answer, in simple language, the many questions he has been asked over the years - What is it? He describes the book as

scientifically accurate but not scientifically boring. Co-author Peter Mitchell, a retired professor, added not only substantially to the written word but supplied all the many excellent photos, nearly all of which were taken locally.

The title indicates that the facts in the book apply equally to the whole of the non-tropical coast, so readers in say Tasmania would feel equally at home. Available at Berkelouw Books Mona Vale, or Dee Why; or The

Coastal Environment Centre in Narrabeen, (all \$22), or

groundtruthmitchell@gmail.com (25 incl. postage).



#### Phil Colman, Peter Mitchell and 'Exploring tidal waters on Australia's temperate coast'

Collector's Corner

DIY Hints

Last year Pittwater, the Northern Beaches and Australia itself was enriched by the release of a great book by two local gents, 'Exploring tidal waters on Australia's temperate coast'. As part of our Summer Mix we cajoled the writer and photographer into sharing a little more about themselves and this work. Perfect for Summer explorations of where the earth meets the sea.

#### Phil Colman

Marine life has been on our rocky shores forever. Well almost, geologists tell us there was none when the oceans first formed but in a human context it has always been there but it is forever changing in any time frame you like to observe, between the tides, through the seasons, over decades and over millennia. It is both the diversity of life forms and the dynamics of change that make coastal shore platforms so fascinating. The rocky shore is one place where you can observe a totally different world on any visit and always come away with new knowledge.

I have walked and waded over Long Reef, or Newport headland, or Fairlight; or Flinders Is., or Mornington all my life, and wherever I go

I've asked myself why? Why is that shellfish doing that? Why is that seaweed that shape? Why is that crab avoiding that pool? For 40 years I have been taking groups of all ages over those platforms, and every time many questions have been asked. Finally, calling on my co-author Peter Mitchell, we wrote a book to answer just some of those questions. But before that, I'll chart, briefly, my life so far. Born in Inverell, I came to Narrabeen when I was three, and the northern beaches have been my home ever since. From Narrabeen Primary School, I

graduated to what was then affectionately known as Shacktown, or officially Balgowlah High, but when the newly built Manly Boys High opened, I moved there. That was the end of formal study but degrees and diplomas are superfluous when enrolled in the University of Life. In later years, while I was not fossicking on Long Reef or beach fishing (with, of course, my own caught beach worms) I worked with Dad in a printing/price-listing/advertising business. In 1966 I was enticed away from the coast and worked for the B.P.

Bishop Museum of Honolulu in their Field Station in New Guinea, where for four years I never saw the sea but chased vertebrates and insects mainly in the highlands. Then back in Sydney, I joined the Australian Museum (in the shell department) where I worked until I retired about 30 years later.

The book started out as a small set of notes I drew up to give to people I took out on rock platforms. I know nothing of geology and welcomed Peter who could talk rocks the way I couldn't. What we originally thought would be a small, localized booklet certainly surprised us when a 128 page, 200 colour photos publication eventuated, nearly all photos taken by Peter.

The title Exploring tidal waters on Australia's temperate coast incorporates the word 'temperate', as we both realised that what occurs here on the northern beaches also occurs right round nontropical Australia. In fact, I sent a copy to a colleague in South Africa, who replied that he could take it down to his local rocky shore and feel really at home with it. We could sell this book around the world – if only we had the resources of a major publishing house!

The Coastal Environment Centre at Narrabeen (Pittwater Council) has been running a very successful programme called Coastal Ambassadors "Prepared for the communities of NSW who care about the coast". I have been recently involved, and may play a larger role in coming years. Open to all, most participants so far have been from surf clubs who are keen to know and understand more about their local marine environment. In 2012 the programme has been extended to the State.

My favourite place on the Northern Beaches? Well it would have to

be Long Reef wouldn't it? And a philosophy for life? Well if I have one it is that understanding

#### biological life is a never-ending learning experience. Peter Mitchell

I was born at an early age in Moonee Ponds, two things I share with Dame Edna. The eldest son of a milliner and a baker and I nearly became the third generation baker in the Mitchell family. But after primary and secondary school in Dandenong and Croydon life took a left turn and I landed a job as a lab technician at RMIT where I was able to develop a life-long interest by studying geology.

Some of my earliest fieldwork was along the spectacular cliffs of the Victorian coast from Cape Otway to Port Campbell and around the Mornington Peninsula. I still go back whenever I can and in recent years have taken groups of American undergraduates there (and elsewhere) on conservation projects with International Student Volunteers.

Later employment saw me mapping tunnels in the Snowy Mountains Scheme, searching for gold, copper, bismuth and uranium in the Northern Territory, and building airstrips in Victoria, Tasmania and the central west of NSW.

Chance brought me to Macquarie University shortly after it opened where I spent the next 30 years again as a lab technician and subsequently as an academic with a real PhD teaching physical geography and environmental science. Thousands of students later and with the University restructuring to address financial crises I retired early, then taught for several semesters and summer schools in the University of Canterbury in Christchurch NZ. For the last decade I have been self-employed as a consultant mainly advising archaeologists about the nature of past landscapes on Aboriginal sites in the eastern States. Somewhere in all of that I managed to squeeze in five seasons on a Bronze Age village site in Apulia, and of course we raised a family of three girls.

I first encountered Phil when we both served on a Scientific Advisory Panel for Manly Council. This ran for more than ten years and often dealt with coastal issues. At some stage Phil gave me copies of his notes and the idea of a joint book was born, I confess it did a have a long gestation but we are very pleased with the end product and are already talking about the next one.

A motto for life?

Walk lightly on the Earth, you only get one turn and be guided by Kipling's 'Six Honest Men'. Keep asking - what, why, when, how, where, and who.



# What on earth are cunjevoi? Is it a plant or an animal?



Well there are actually two different things using this Aboriginal word in Australia. Sea squirts or acsidians found on the east coast temperate shores, and a large lily that grows in subtropical Queensland. We don't know why these organisms have the same name, in fact

we are not even certain from which Aboriginal language the word is derived but surmise it was probably first used by Europeans near Sydney.

The plant Alocasia brisbanensis, resembles an arum lily and is also known as spoon lily. All parts of the plants are extremely toxic but young shoots were eaten by indigenous people after careful pre-treatment and thorough cooking.

On the coastal rock platforms we find dense clusters of marine sea squirts, Pyura stolonifera at and below low tide level. Once a favoured food of Aboriginal people and still collected as bait by rock fishermen, cunjevoi are sessile (attached) organisms that squirt a quantity of water into the air from one of two body siphons on the top of their leathery coat (tunic and hence tunicate) if touched or disturbed when exposed.

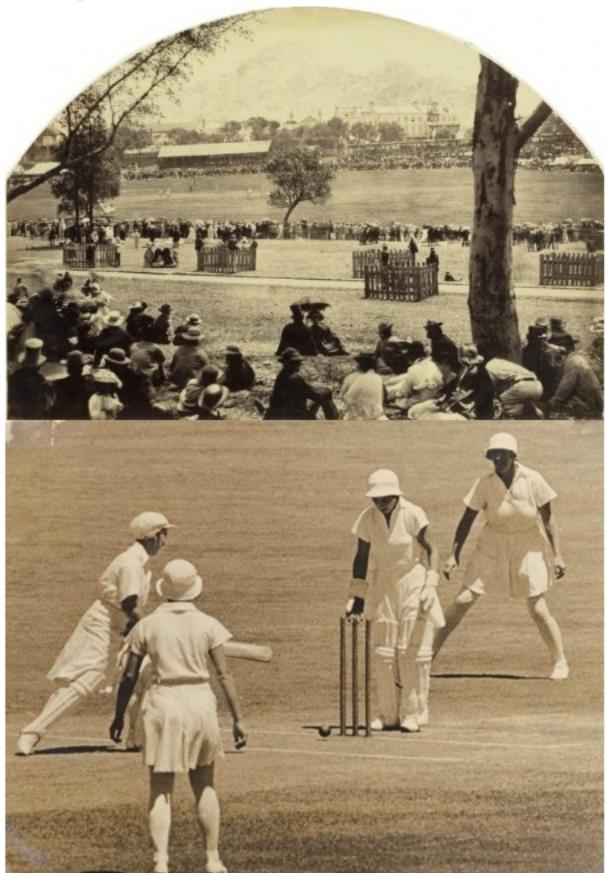
Adult cunjevoi stand about 150 to 200mm high and in rough water conditions can be very crowded on the rocks. They are not very attractive to look at, are often coated in sea weed, and a lot of people imagine them to be plants but in fact they have been placed in the Sub-Phylum Urochordata because their tadpole like free swimming larvae have gill clefts, a tail, a nerve cord, and a notochord which we think is a precursor of a vertebrate spine. Adults however bear no resemblance to vertebrates! The larvae have a fairly short life as free individuals, maybe 24 to 36 hours and apparently detect the presence of adults from some chemical signal in the water and attach themselves head down in an existing colony. There they spend the rest of their days, probably a few years, functioning like a glued down vacuum cleaner pumping seawater through the body to filter feed, to obtain oxygen, and to dispose of wastes.

Only one species of cunjevoi is found around Australia. Pyura stolonifera extends from Shark Bay on the Western Australia coast, around the south coast and Tasmania, and up past Sydney to Noosa. If adult cunjevoi cannot move and the larvae only have such a short period of

On a global scale the same animal is found on the shores of South Africa from Cape Town to Natal, and as a small population spread over 70km of coast in the Bay of Antofagasta in Chile. The first thoughts of biologists looking at this pattern were that cunjevoi evolved when the southern continents were joined as Gondwana. More recently the DNA of the species has been examined and it is clear that the African and Australian populations are rather different and that one of them should be given a new name. The Chilean population however is virtually identical to the animals in Sydney and for that there is a simple explanation. In the early 20th Century Antofagasta was an important port shipping nitrate fertiliser to Australia and cunjevoi undoubtedly crossed the Pacific on the hulls some of those ships. In Chile the cunjevoi invasion has disturbed the inter-tidal zonation by displacing a native mussel upwards. Cunjevoi seem to grow taller in Chile and they certainly grow in denser clumps than we normally see. Exotic species often have a competitive advantage in new

free movement then how does the population maintain a single gene pool across such a great distance and in different water bodies?

That's a question to which we don't have an answer.



Top: Cricket match in the Domain, 1862, between Wed 29 Jan-Sat 1 Feb 1862, "The All-England Eleven at Sydney" Illustrated London News 10 May 1862 p474 [F050/129]. Courtesy State Library of NSW, Pic. No: a128283r

Above: nla.pic-vn3255988 Anne Palmer (NSW) bowled, with Spear, Snowball and Partridge (England), 2nd Women's Test match in Sydney (SCG) 1935. Below: Drinks



Above: Billy tea being served to the English women's cricket team at the surf-bathing picnic, Palm Beach, Sydney, December 1935. Women's Cricket Association tour of Australia, 1934-1935 Courtesy National Library of Australia; nla.pic-vn3257378. Left to right: Richards, unidentified tea-server, Valentine, Hide, Liebert.

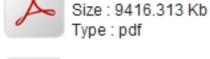
Below: Surf-bathing picnic at Palm Beach, Sydney, English and Australian cricket team, December 1935 Part of Women's Cricket Association tour of Australia, 1934-1935 [picture] Left to right: Mrs Waldron (Australian), Betty Archdale, M. Peden (Australian), Mrs Littlejohn (Australian), Valentine, Lady Walder, Liebert, Hide, Green, Spear. nla.pic-vn3257347



🍑 Tweet



1910 and 1962, Courtesy National Library of Australia. Nomen Cricketers at Palm Beach Research.pdf



WomensFirstTestMatchDecember1934SMH.pdf

Size: 1279.122 Kb

Type:pdf



Type: pdf PalmBeachJanuary4th1934SocietySMH.pdf Size: 1319.523 Kb



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# Australian and English Women's Cricket **Teams Pittwater Picnic**

Monday, December 17th, 1934

The 1934-35 Summer season began as a cool wet one in Sydney with temperatures not rising until mid to late January. This Summer (1934-35) was also the beginning of International Women's cricket for Australian lady players with an English team landing via boat in Sydney. Girls were on the Sydney Cricket Ground, not the flowers ringing its sides.

Jottings on Sport. CRICKET. England Beats N.S.W. AN

**EXCITING FINISH**.; The first international women's cricket match in Sydney was notable. Those who were present on Saturday are not likely to forget the last half-hour of glorious cricket, when the English girls snatched an exciting victory from the New South Wales side. Nor will they forget that the victory was made possible by the sporting gesture of the State's captain, Margaret Peden. New South Wales could have played a draw, but Miss Peden gave the visitors a chance by giving them 30 minutes in which to make 57 runs, and they did it.

The English girls were the first to acknowledge Miss Peden's action. Excited by having achieved their first win In Australia, they said: "What a sporting declaration on the part of New South Wales. It was a wonderful match."

The game was full of incident. Women were showing that they could handle a cricket ball and bat effectively, and the carefree spirit of the match was commented on. The traditions of the great game were honoured in every way, yet some feminine touches were added to it. Nobody had ever seen drinks handed to the umpires when the lemon squash or ginger beer was brought out. The crowd was appreciative of this courtesy, and applauded it. The Sydney Cricket Ground is always picturesque, and it looked its best for the women's match. Even the weather smiled on the players and produced two days of brilliant sunshine after weeks of rain and wind. The girls were trim and neat in their business-like divided skirts, short-sleeved shirt blouses, long white stockings, and canvas shoes. The English team wore small white hats to match their costume, while most of the State players adopted white caps, some favouring a more becoming headgear-white linen hats lined with blue.

Today the English team will be entertained at a picnic at Palm Beach by the United Associations, and to-morrow they will play at Wollongong. The Women's Cricket Association has arranged for them to be taken by car to Wollongong and back, to give them the opportunity of seeing some of the South Coast. They will play against Wollongong and District in the afternoon, and will be entertained at dinner afterwards by the Mayor. They will leave for Sydney as early as possible, as they are to fly to Newcastle on Wednesday morning for a match there before proceeding to Brisbane at night. Jottings on Sport. CRICKET. (1934, December 17). The Sydney Morning Herald (NSW: 1842 - 1954), p. 4. Retrieved from http://nla.gov.au/nla.news-article17114836

"Wherever we have gone we have brought the fine weather," said Miss Betty Green, the player manager of the English team, on Saturday, "but this is the hottest day we have experienced." Her Australian listeners gently reminded her that so far we had had no summer and that the day was really mild. But the prospect of hotter days did not cheer her. As it happened the English girls were in the field nearly all day and they were thoroughly exhausted when the match ended.JOTTINGS ON SPORT. (1934, December 20). The Sydney Morning Herald (NSW: 1842 - 1954), p. 20 Supplement: Women's Supplement. Retrieved from <a href="http://nla.gov.au/nla.news-">http://nla.gov.au/nla.news-</a> article17136868

Australian women have a long history of being players as much as spectators in the noble sport of cricket. Settlers joined willingly in games and many regional areas had their own all-women teams.

The second test match: The sporting year for women of New South Wales opened on January 4 with the second test match between England's and Australia's women's cricket teams at the Sydney Cricket Ground. This match proved one of the most interesting of the tour and aroused great interest not only among women supporters, but also among the male cricketing community, many of whom came along doubtful as to women's ability to play cricket, but remained to applaud. YEAR GOES BY. (1935, December 24). The Sydney Morning Herald (NSW: 1842 - 1954), p. 20 Supplement: Women's Supplement. Retrieved from http://nla.gov.au/nla.news-article17229441

Picnicking in Pittwater, likewise, has a long history of being one of the places to go to do this, so bringing the English team to our lovely beaches, even during a cool start to Summer, would have been a must. Some of our research came across complaints from visitors to Palm Beach about cows wandering over their picnic rugs. There is also every organisation from sporting visitors or local sporting clubs and Red Cross to Car clubs wending their way to Palm Beach for an annual or 'picnic outing'.

The weather was ideal for the picnic on Monday at Palm Beach. Mrs. A. Littlejohn planned a very happy day for the girls. They were driven along the headlands, lunched at Whale Beach, and then went on to Palm Beach for one of best "surfs" of their tour. JOTTINGS ON SPORT. (1934, December 20). The Sydney Morning Herald (NSW: 1842 - 1954), p. 20 Supplement: Women's Supplement. Retrieved from <a href="http://nla.gov.au/nla.news-">http://nla.gov.au/nla.news-</a> article17136868

Mrs A (Albert) Littlejohn was Emma Linda Palmer Littlejohn, a very intelligent lady, writer, journalist, radio broadcaster and advocate of women's rights and autonomy in Australia. The United Associations (of Women or UA), were considered radicals when they formed their association during 1929. Jessie Street, Ruby Rich, Adela Pankhurst Walsh, Linda and others sought to bring political pressure and attention on the rights and needs of women in Australia and were very active during the 1930's and 40's.

Palm Beach in 1934 was considered the epitome of relaxed enjoyment of the Australian outdoors. From a comparison between Florida's PB and our own; Now come down to Palm Beach, Sydney, for a breath of salt sea air and a week-end in the caressing sunshine on a warm, sandy beach, with the song of the Pacific continually lapping the shore, in your ears, and with a vista of bush and beach mostly as Nature made it, with here and there a bungalow jutting out of the hillside, almost apologetically, as if realising that man's hand must do nothing to spoil the entrancing work of Nature.

To be sure, we have our Florida-road at Palm Beach, but no millions of dollars have been spent to put it there. It meanders along the hillside, dodging round corners, and going off its course here and there for the convenience of some bungalow owner who has required an entrance for his garage It is a dirt road-or rather a rocky one, with a little dirt here and there to hold it together, but it serves its purpose picturesquely. But down on the beach society plays in the sand under multi- coloured beach umbrellas, like a crop of mushrooms, and sun and surf provide the only entertainment necessary free, gratis, and for nothing Most of the summer cottages are open for the season now, which will continue until after Easter and, indeed, so warm and mild are the days on beach and golf links that many people go down regularly every week-end almost throughout the year. (1934, January 4). The Sydney Morning Herald (NSW: 1842 - 1954), p. 7 Supplement: Women's Supplement. Retrieved from http://nla.gov.au/nla.news-article17037866 The picnic at Whale and surf at Palm Beach may have been an

opportunity for Linda to engage these women of a new frontier to garner their support for more recognition of women's rights, or it may have been simply a lovely afternoon where all spent time with likeminded ladies dwelling in Pittwater's beauty; a feast for all their other senses. Further:

Research File; open and 'save as' to keep a copy. Emma Linda Palmer Littlejohn: http://adb.anu.edu.au/biography/littlejohn-emma-linda-palmer-7208

Current Online 'Cricket In Australia' exhibition at State Library of NSW:

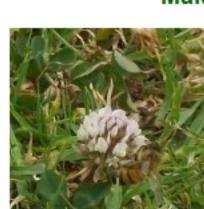
http://www.sl.nsw.gov.au/discover\_collections/society\_art/cricket/index.html Women's Cricket as part of this:

http://www.sl.nsw.gov.au/discover\_collections/society\_art/cricket/women/index.html



Ladies' cricket match - Glen Innes, NSW, c 1900, At Work and Play - Courtesy State Library of NSW pic. No: 02655

#### Making Your Own Cartoons



Bored ? Like drawing and colouring in? Raining outside? How about being a little creative and making your own flipbooks or cartoons ...it's easy, fun and you can make your story about anything you'd like.

You will need to:

 Decide how many pages you want; Some scrap paper all of the same size.

Perhaps do a practice run of something simple to begin with such as a smiling face changing into laughter. Most importantly remember to change the face only slightly with each page so the 'animation' occurs gradually.

- 2. Place a number at the bottom of each page so you don't lose the sequence the 'cartoon' will come together in. 3. Draw or sketch out your central figure, remembering to change
- each drawing only a little. Put in some background; a tree for example that is bending
- slightly, with each new page, in the wind or the ocean being still and then ruffled by breezes.

5. Begin colouring in or painting your drawings; you could make a

- flip-book or cartoon of a sunrise or sunset this way, changing the colours to reflect what is happening and how your 'picture story' is progressing. 6. Clip the pages together with a paper-clip or bulldog clip and do a
- 'test run' to see how it looks, adding or taking out drawings where you want.
- perhaps even with a Title Page or Cover that you create too.

7. If you're happy, ask mum or dad to staple or fasten or glue the pages in their correct sequence (remember you numbered them),

8. Read or look at your creation and share it with others; well done! BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jujutsu

Calling all little warriors!! Learn some great new moves these school holidays. We will play games, learn some basic self defence and learn how to use our words to deal with bullies.

Australia

Time 10am - 1pm Age Strictly 6 to 12yrs Cost: Free tuition (\$20 insurance fee) Bookings 0413 376 356 or avalon@hoshin.com.au

**Date Saturday 21 January** 

Hoshin runs some of Australia's best programs around the areas of Anti-Bullying and Child Protective Behaviour, and of course Jujutsu. We also run free kids programs twice a year during the spring and summer school holidays

Our classes are fun, with a high standard of discipline and respect. We do not gain respect with fear, we laugh, play games and have fun, and learn about the important skills listed above through role playing, telling stories and of course, martial arts skills.

All of our adult instructors are police checked and hold senior first aid certificates. Further, all instructors regardless of rank have undergone over 100 volunteer hours of instruction per year under the direct instruction of Sensei Rose and you can be assured of their excellent teaching and leadership skills. If you would like to know more about what we do, the website is www.hoshin.com.au and there is an absolute plethora of information available.



#### National Year of Reading 2012:

For teens, we (Federal Government) will be running the National Year of Reading Creative Reading Prize. It's an expansion of something that

already happens through the Centre for Youth Literature (http://www.insideadog.com.au/blog/inkys-creative-reading-prize-2011). Young people will be asked to nominate the one book they think

their peers must read in 2012 and then to provide a convincing argument in the form of a creative response to the story. This will be a book review, but it could be in the form of words, pictures, film, song, or something even more avant garde. We'll be partnering with insideadog.com.au, spineout.com.au and Madman Entertainment to create a fantastic competition with some really great prizes. More at: http://www.love2read.org.au/

As part of this: Bedtime Stories: Downloadable Tales for Children Available right now AT: http://www.australianwomenonline.com/bedtime-stories-downloadable-tales-for-

children/

# **Australian Stories Online**

Project Gutenberg Australia, has a great list of old legends and books, filled with stories, that you may not be able to access anymore as some of them are a few hundred years old and either out of print or in museums where it can be even more difficult to read these words. You can access them online though. Project Gutenberg Australia is at: http://gutenberg.net.au/



#### CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY Children from 5 to 12 years of age are invited to free holiday

craft sessions at Mona Vale library this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia Day. Library Manager Cathy Howie said there would be a wide range of

activities to suit both boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added Mrs Howie. To complement the craft sessions the library has a range of craft

the holidays too. A detailed list of the children's craft activities on offer will be available from Mona Vale Library early in January. All craft sessions are free and bookings are not required. For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona Vale.

books available for loan that will keep little hands busy at home over

EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM

#### Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its sensational summer holiday program

for kids, with new extended hours from 9am to 4pm. Kids on the

Coast offers healthy and fun outdoor activities for 5 to 12 year olds from Monday 9 January to Friday 20 January. The Council decided to extend the hours of the program to ensure children with working parents do not miss out. "There are many new highlights including stand-up paddle boarding, a boardwalk birding adventure and how to become an eco-ranger," said the Council's Natural Environment & Education Manager Mark

Beharrell.

For children aged eight years and over there is a chance to grab your camera and join a photographic adventure, plus the everpopular 'Fishing Clinic' run in partnership with the NSW Department of Primary Industries. Mr Beharrell said the program encouraged

children to explore beaches, rock platforms, headlands, bushland, wetlands and the Narrabeen Lagoon foreshore. "Kids on the Coast is the ideal school holiday experience. The program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr Beharrell.

Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per child per session, with full-day sessions available from 10am to 3pm at \$55 per child (for standard

activities), which includes supervision between sessions (BYO lunch). Working parents who require extended care for their children can also take advantage of a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The Fishing Clinic offers giveaways including a rod, reel, tackle box, hat

and bag for the cost of \$40. The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at <u>www.pittwater.nsw.gov.au/ceckids</u> or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on 9970 1313 or email bianca springford@pittwater.nsw.gov.au

**Apprenticeships** 

# There are over 500 industries in Australia in which apprenticeships

and traineeships are available. The Australian Apprenticeship Centre can you help you and a prospective employer determine what qualification you are doing, how long your apprenticeship or traineeship will go for, the industrial instrument or award you're employed under, employment conditions, pay, leave or more about who your registered training organisation (RTO) is. They also have a search facility where you enter your postcode to find those available. Local businesses should also be approached to determine if they have trainee positions available and what would

be required to secure one. There are even some apprenticeships that may be started while you're still at school. You can also search for apprenticeship and traineeship vacancies through Australian Jobsearch –(Job Services Australia vacancy site), Group Training Organisations (only employ apprentices and trainees) and State Government organisations (current vacancies

in the NSW Government).

Apprenticeships NSW Website: https://www.training.nsw.gov.au/

The Australian Apprenticeships Centre (enter postcode to find): http://www.australianapprenticeships.gov.au/search/aacsearch.asp

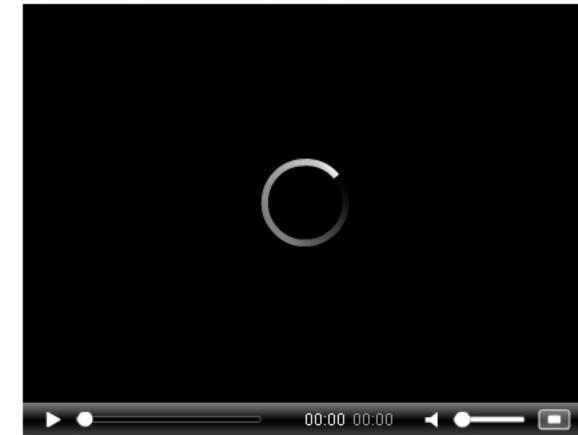


Summer Fun I: Gullivers Travels 1939



Summer Fun II: The Kid Stakes (1927) Directed by Tal Ordell (held over for second week by your mums).

Australian Silent film based on the Fatty Finn comic strips. This was the last silent film made in Australia. It was shot in the Sydney streets in 1927. The suburb where it is set is Wooloomoloo, which is an inner city suburb between the CBD and Potts Point. At the time this was film was made, it was a poor area. It is now an expensive, trendy suburb. The billy goat race had to be filmed in Queensland as the New South Wales government had banned such races a year before this film was made. The projection speed has been corrected so the film runs a little longer than other versions. The soundtrack included here is a collection of popular style recordings from the time approximating the original musical accompaniment. This film has been in the Australian public domain since 1978.



Summer Fun III: A Song Of The Birds (1935)

Fleischer Studios

From The Public Domain Movie Database:

A young boy is learning to shoot a gun at the same time that a robin is trying to teach her babies to fly. Being a typical boy, he proceeds to shoot one of the baby birds. The robins hold a funeral which saddens the boy enough to make him break his gun. Rain starts to fall and wakens the baby bird who is not dead after all.



#### MANLY WARRINGAH BASKETBALL CAMP

Mon 23rd, Tues 24th & Wed 25th January 2012 Session One 5-11 years 10.30am to 12.30pm Session Two 12-18 years 1:00pm to 3:00pm Venue: NBISC, Jackson Rd Warriewood

Special Guest Coaches, Professional coaching, Competitions with great prizes

This is a 3 day camp ONLY. Payments must be made prior to camp starting date: Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW 2101. Fax: 99133644

Email: mwba@manlybasketball.com.au. Enquiries-99133622 ◆REFRESH YOUR SKILLS ◆IMPROVE YOUR GAME◆HAVE SOME FUN◆

Holiday Camp 2012.pdf Size: 108.122 Kb Type: pdf

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

# **Bullying; NO WAY !!!**

This website has many different items and guidelines on how to deal with bullving. If you can't find it there, ask someone in school or talk to mum and dad. Make sure you are heard. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.



Johnson Bros are extending an invitation to all Building Trade Apprentices to join our exclusive "Apprentice Club". We have teamed up with our loyal suppliers to offer different tools each month at vastly reduced prices to help apprentices build up their tool boxes. File Below for further details and registration form. At: http://hardwoodsaustralia.com/a/117.html



Type: pdf

Apprentice club form[1].pdf

Size: 494.83 Kb

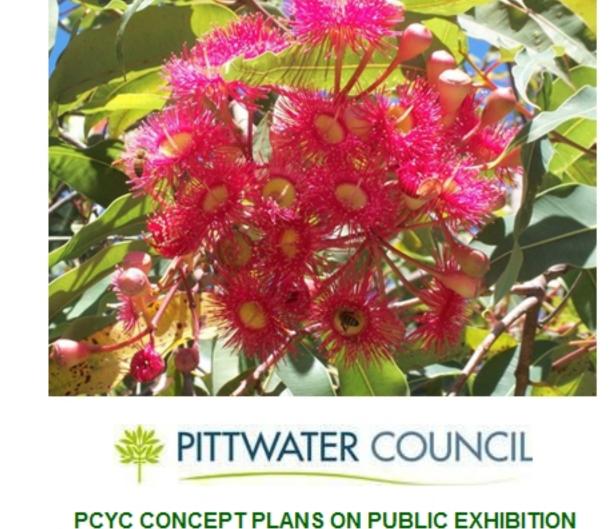
# Teaching Our Children to be Safety Conscious

Being Safety Smart is a free to use online educational game providing safety strategies for children aged from 6 to 8. The program is designed to increase the awareness of children to situations within the community which might impact upon their personal safety and to empower them with the ability to act appropriately and with confidence.

Being Safety Smart is a Queensland Police Service initiative, developed by the

by the Daniel Morcombe Foundation. The Website is at: http://www.beingsafetysmart.com.au/BSS/

University of the Sunshine Coast in partnership with the Queensland Police Service, Education Queensland, and the Crime and Misconduct Commission, and supported



#### Pittwater Council has agreed to place on public exhibition concept plans for a proposed Police and Community Youth Club (PCYC) to be located at North Narrabeen. The plans have been developed as part of a submission to the state

comprehensive expression of interest late last month seeking a grant of \$2.5 million

government and PCYC NSW for funding for the project. Council submitted a

towards the establishment of a new club. This follows the NSW Government recently calling for expressions of interest for the establishment of eight new Police and Community Youth Clubs, with funding to be announced in early 2012. The overall funds required to build the new centre are estimated to be \$8.5 million and would come from a variety of sources. The proposal would see a multi-purpose community centre built at the southern end of Pittwater Rugby Park North Narrabeen, encompassing the current function centre at the ground which would be replaced in the overall development. Management of the NSW Police. PCYC NSW currently operates 57 community centres throughout

the centre would be through PCYC NSW, a not-for-profit organisation closely linked to New South Wales and offers a management model whereby a local PCYC is supported by an allocation of two additional police officers. Community Services Manager Lindsay Godfrey said if Pittwater is successful in gaining funding the centre would have a focus on youth activities, with space for computers, a music rehearsal room and a commercial kitchen capable of hosting hospitality training. "The centre would also have a café, meeting rooms and office

space for youth services and be able to host performances and sport-related activities, " said Mr Godfrey. The design concepts will be on exhibition until Friday 2 March 2012 and can be viewed at www.pittwater.nsw.gov.au/exhibition The documents will also be available at Council's customer service centres at 1 Park Street, Mona Vale and 59A Old Barrenjoey Road, Avalon.

No charge for mobile phone calls to Lifeline from anywhere in Australia; Mobile phone calls to Lifeline made from anywhere in Australia will be free of charge from 1 July under an agreement made between the three major phone carriers.

New Website for Northern Beaches Youth

#### Manly Council has launched a website for young people that is run by young people on the Northern Beaches. Any young people with web

design skills who want to get involved in the project are very welcome. Manly Council also posts activities and events on their Facebook and MySpace Youth sites. If you Friend them you'll get the most up to date info. Links for all are posted below: www.northernbeachesyouthinfo.net.au

www.facebook.com/manlyyouthcentre

www.myspace.com/manlyyouthcentre

#### Pittwater Online News Front Page Profile of the Week Lynda Hill Park Bench Philosophers History Youth Seniors Environment Food Pictures Collector's Corner Community News News From our Inbox Books Artist of the Month Reflections DIY Hints Events

January 8 - 14, 2012: Issue 40



Above: From the 50's - the great sound of Australia's grandfather of Jazz -- this also features "Lazy" Ade Monsborough and other Aussie jazz greats.



Above: Fred Astaire and Ginger Rogers in the 1935 film Top Hat.

#### Independent Website for Elders:

http://www.agedcarecrisis.com/about

About us: We are an independent group of Australian citizens, who are deeply concerned at the provision of aged care in Australia, specifically the delivery of quality care for our elderly and frail citizens, including those who are residents of aged care facilities. We do not receive any funding. We are not affiliated with any government body. We are not affiliated with any religious body . We are completely independent

www.agedcarecrisis.com provides a voice for elderly and frail citizens in Australia



#### Enable Me

#### Be PART OF AN EXCITING NEW GOVERNMENT INITIATIVE FOR PEOPLE OVER 65

- Is remaining independent important to you?
- Are you finding it difficult to do the things you would like to do? e.g. shopping, catching the bus, leisure activities or just getting around.



Community Care (Northern Beaches) is seeking participants for a short term program, which aims to assist you to be able to do things that are important to

- The program may include advice and support with:-An appropriate exercise or strengthening program
- Nutrition
- Home modifications Assistive technology
- Social and leisure activities

For more information or to register please phone.

Call Kerrie on 9979 7677



Contact Community Care Northern Beaches by clicking their logo:



**HEARTMO**VES



Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility · Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. \$8.00 casual Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au

#### Jazz in Australia and Graeme Bell by George Philip Smythe

Clearly Mildred and I have a love of the jazz, swing, ballads and soulful musics. To try and encompass what has been a long history of jazz music making in Australia would take several volumes. I can, however, tell you a little of my own experiences in appreciating this fine genre of the melody life is set to and perhaps you may gain a few insights, if younger then I, into the dens and dives we used to frequent and who filled them with the stuff our dreams, and our lounge rooms, are still filled with.

Australia's first acknowledge jazz player, who formed a group, was Billy Romaine. My experience dates from the 1940's though. listening to what my parents listened to and going to clubs in the later 1950's when I had almost 'come of age'. Australian youngsters weren't deemed to have come of age until 21 then, and I had already been working for a few years by this tender age, and had shillings (10cents to you) with which to spend on my passion. This was also an era when 'rock and roll' was being listened to by my peers but my earlier experience could not displace what I still consider to be a more musical music and one that has withstood the tests of time and still merits adding a few tunes to your own collection for when you don't feel like 'banging your head'.

When I was almost legally allowed to get into clubs, the Mocambo in King Street, Newtown and the El Rocco jazz cellar in Kings Cross, so named because it had been dug out of rock, were the places to go in the for the best music. Visitors such as Sarah Vaughan and Frank Sinatra graced El Rocco's stage but it was regulars such as Don Burrows, George Golla, John Sangster, John Pochée, and Alan Turnbull, who all are now Australian jazz legends, who we were fortunate enough to hear when they were first starting out.

Graeme Emerson Bell remains my favourite all time Australian jazz musician though. Born in Richmond, Victoria in 1914, this gentleman created an Australian edge to his jazz. He was narrator of that rock opera Tommy in 1973 and has recorded over 1500 tunes and done thousands of 'gigs' or concerts as Mildred and I know them and was still a band leader at the tender age of 90. His repertoire includes blues numbers, for those slower dusks. I encourage you to listen to some of his tunes, educate yourselves on what recordings are available and add a few to your collection. My favourite will only be here for a week. The other is for my darling Mildred, still my dancing partner, even if we've slowed the pace a little nowadays.

Jazz and El Rocco 2012; Apparently a new version of this famous has reopened in Kings Cross and is now offering great jazz once more. The Basement also has regular great musicians in the jazz style. If you can't make it there, you'll have to wait for the annual Manly Jazz Festival to soak it all up in October this year.

#### Further:

Bell, Graeme; discography by Jack Mitchell (1988). Graeme Bell, Australian jazzman: his autobiography. Frenchs Forest, NSW: Child & Associates, ISBN 0867771712.

Graeme Bell Interview on the ABC's Talking Heads: http://www.abc.net.au/talkingheads/txt/s1716975.htm

A history of Jazz in Australia:

http://www.jazzinaustralia.org.au/history.html

Australian Jazz; http://en.wikipedia.org/wiki/Australian\_jazz

## Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

If you are overwhelmed about the thought of a downsize, or worried about trusting anyone in your home and helping you sort your treasured mementoes. Perhaps your family are time poor, not around to help or they and you just need someone on site for you to help coordinate and take the burden? We have a team of specialists working with us ranging from auctioneers, removalists, packers, eBay traders, all different trades and services to give you the whole project solution. We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.



www.seniormovers.com.au

Also see Belinda Grundy's <a href="Profile">Profile</a> other great Business; www.bgpropertystyling.com.au

The Senior Newspaper Online

Click on logo:



# **Avalon Computer Pals for Seniors**

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about \$30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site <u>www.avpals.com</u> or ring the coordinator Jenny McLaughlin on 02 9999 1348

# Article on their Seminar

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Artist of the Month

January 8 - 14, 2012: Issue 40

Pictures

Community News

#### **Summer Creature Features** Birds that feed on the Forest floor; Earth

News From our Inbox

Books

Events

Kookaburras, Willy Wagtails, Currawongs and Sulphur-crested Cockatoos will all eat insects in the case of the first three, or roots and bush fruits found on the bush ground if a Cockatoo. Some of you may have experienced an extra 'gardener' when digging in the form of a kookaburra waiting on a tree branch above you to swoop down and quickly snatch up any 'wrigglies' brought to light by your spade. The antics of these separate birds remind us that all creatures not only have habits and characteristics peculiar to their species, they also have what we term 'personality', or in this case 'birdality'. We may see them everyday as inhabitants of our gum treed yards, and become aware of their individual nuances. A few facts to go with this...

Separately:

#### Willy Wagtail

bird native to Australia. It is unrelated to the true wagtails of the genus Motacilla; it is a member of the fantail genus Rhipidura and is a part of a 'core corvine' group that includes true crows and ravens, drongos and birds of paradise. Within this group, fantails are placed in the family Dicruridae, although some authorities consider them distinct enough to warrant their own small family, Rhipiduridae. The Willie Wagtail is insectivorous and spends much time chasing

prey in open habitat. Its common name is derived from its habit of

The Willie (or Willy) Wagtail (*Rhipidura leucophrys*) is a passerine

wagging its tail horizontally when foraging on the ground. Aggressive and territorial, the Willie Wagtail will often harass much larger birds such as the Laughing Kookaburra and Wedge-tailed Eagle. It has responded well to human alteration of the landscape and is a common sight in urban lawns, parks, and gardens. It was widely featured inaboriginal folklore around the country as either a bringer of bad news or a stealer of secrets.

The Willie Wagtail was first described by ornithologist John Latham in 1801 as Turdus leucophrys. Its specific epithet is derived from the Ancient Greek wordsleukos "white" and ophrys "eyebrow". Other

early scientific names include Muscicapa tricolor by Vieillot, and Rhipidura motacilloides by naturalists Nicholas Aylward Vigors and Thomas Horsfield in 1827, who erected the genus Rhipidura. The generic term is derived from the Ancient Greek rhipis "fan" andoura "tail". John Gould and other early writers referred to the species as the Black-and-white Fantail, although did note the current name. However, Willie Wagtailrapidly became widely accepted sometime

after 1916. The Willie Wagtail perches on low branches, fences, posts, and the like, watching for insects and other small invertebrates in the air or on the ground. It usually hunts by hawking flying insects such as

gnats, flies, and small moths, but will occasionally glean from the ground. It will often hop along the ground and flit behind people and animals, such as cattle, sheep or horses, as they walk over grassed areas, to catch any creatures disturbed by their passing. It wags its tail in a horizontal fashion while foraging in this manner; the exact purpose of this behaviour is unknown but is thought to help flush out insects hidden in vegetation and hence make them easier to catch. Willie Wagtail. (2011, December 7). In Wikipedia, The Free Encyclopedia. Retrieved from <a href="http://en.wikipedia.org/w/index.php?">http://en.wikipedia.org/w/index.php?</a> title=Willie Wagtail&oldid=464526525

Sulphur-crested Cockatoo The Sulphur-crested Cockatoo, (Cacatua galerita), is a relatively

# large white cockatoofound in wooded habitats in Australia and New

Guinea. The word cockatoo dates from the 17th century, and is a derivation from the Malay name for these birds, "Kakatuwah" (meaning "vice" or "grip", from its strong beak, or from the call of the white cockatoo itself), via the Dutch kaketoe; the word cock possibly influencing. These birds are naturally curious, as well

as very intelligent. They have been known to engage ingeophagy, the process of eating clay to detoxify their food. Species that feed on the ground are very vulnerable to predator attack. The Cockatoo has evolved a behavioural adaptation to protect against this: whenever there is a flock on the ground, there is at least one high up in a tree (usually a dead tree), keeping guard.

Sulphur-crested Cockatoo. (2011, December 13). In Wikipedia, The

http://en.wikipedia.org/w/index.php?title=Sulphurcrested Cockatoo&oldid=465588521

The Laughing Kookaburra, (Dacelo novaeguineae), is a

Free Encyclopedia. Retrieved from

snakes much longer than their bodies.

#### Kookaburra

eastern Australia. The name is a loanword from Wiradjuri guuguubarra, and is onomatopoeic of its call. Scientific name: The Laughing Kookaburra was first described in western knowledge systems by French naturalist Johann Hermann in 1783, its specific epithet novaeguineae refers to New Guinea. For many years it was known asDacelo gigas. Kookaburras occupy woodland territories (including forests) in loose family groups, and their laughter serves the same purpose as a great many other bird calls—to demarcate territorial borders.

carnivorous bird in the kingfisher family Halcyonidae, and native to

Most species of Kookaburra tend to live in family units, with offspring helping the parents hunt and care for the next generation of offspring. Kookaburras hunt much as other kingfishers (or indeed Australasian robins) do: by perching on a convenient branch or wire and waiting patiently for prey to pass by. Common prey include mice and similar-sized small mammals, large insects, lizards, small birds and

nestlings, and most famously, snakes. Small prey are preferred, but kookaburras sometimes take large creatures, includingvenomous

Kookaburra. (2012, January 4). In Wikipedia, The Free Encyclopedia. Retrieved from <a href="http://en.wikipedia.org/w/index.php?">http://en.wikipedia.org/w/index.php?</a> title=Kookaburra&oldid=469519483 Currawong

#### Currawongs are three species of medium-sized passerine birds belonging to the genusStrepera in the family Artamidae native to

Pied Currawong (S. graculina), and Black Currawong (S. fuliginosa). The common name comes from the call of the familiar Pied Currawong of eastern Australia and isonomatopoeic. The family Artamidae has its greatest diversity in Australia, which suggests the radiation of its insectivorous and scavenger members to occupy various niches took place here. The butcherbirds became predators of small animals much like the northern hemisphere

Australasia. These are the Grey Currawong(Strepera versicolor),

shrikes, while the Australian Magpie became a predominantly ground-hunting omnivore, and the currawongs hunt in living and fallen trees on the main, scavenging and hunting insects and small vertebratesand occupying the niche of many Eurasian corvids in Australia. hey are protected in Australia under the National Parks and Wildlife Act 1974. The one here is a Pied Currawong(Strepera graculina). The Pied Currawong was first described by English ornithologist Robert Shaw in 1790 as Coracias strepera, although Strepera was adopted as a generic name. Its binomial names were derived from

aJackdaw, the term "pied" refers to two or more colors in blotches. On the ground, a Pied Currawong hops or struts. Currawongs will hunt in trees, snatching birds and eggs from nests, as well as insects and berries from trees. They also hunt in the air and on the ground. Insects predominate in the diet during summer months, and fruit during the winter. They are also known to prey upon the juvenile birds and eggs of other avians.

the Latin strepera, meaning "noisy", and graculina for resembling

title=Pied Currawong&oldid=468950354 WetlandCare Australia National Art and Photography Competition

categories specifically for Indigenous artists.

Encyclopedia. Retrieved from <a href="http://en.wikipedia.org/w/index.php?">http://en.wikipedia.org/w/index.php?</a>

Pied Currawong. (2012, January 1). In Wikipedia, The Free



WetlandCare Australia Awards

#### The categories in the competition have been designed to give as many people as possible the opportunity to submit entries. The categories are:

To celebrate World Wetlands Day 2012 on February 2,

and photography competition. There are categories for young

 NSW Catchment Management Authorities Open Art 1st Prize: \$1500 Open to all Australian residents Central West Catchment Management Authority Youth Art 1st Prize: \$1200 Open to all •WetlandCare Australia Children's Art 1st Prize: \$1000 Open to all Australian residents aged 4-11 •Murray-Darling Basin Authority Indigenous Art Youth 1st Prize: \$1200 + Art supply kit

kit Open to all Aboriginal and Torres Strait Islander artists •NSW Office of Environment and Heritage Open Photography 1st Prize: \$1200 Open to all Australian residents Golden Chain Youth Photography 1st Prize \$1000 Open to all Australian residents aged 17 years and under

•Queensland Wetlands Program Indigenous Art Open 1st Prize: \$1200 + Art supply

Open to Aboriginal and Torres Strait Islander artists aged 17 years and under

organisations objectives for the next 12 months. These works will be awarded a WetlandCare Australia Award, and will be used in promotional materials and events. See the Rules of the Competition for full details. Entry Forms Here

WetlandCare Australia Senior Management will select 3 of the winning works selected by the judges in Art, Indigenous Art or Photography that best promote the



For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/

CLIMATE ACTION PITTWATER



remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects. Within Pittwater 38 species of plants or animals are listed as endangered or

Council. Our PROFILE

threatened under the Threatened Species Act. There are two endangered populations

(Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

Pittwater's Environmental

Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment

of the Pittwater local government area through the

bequests. The Directors were appointed by Pittwater

About 33% (about 1600 ha excluding National Parks) of

application of tax deductible donations, gifts and

the original pre-European bushland in Pittwater

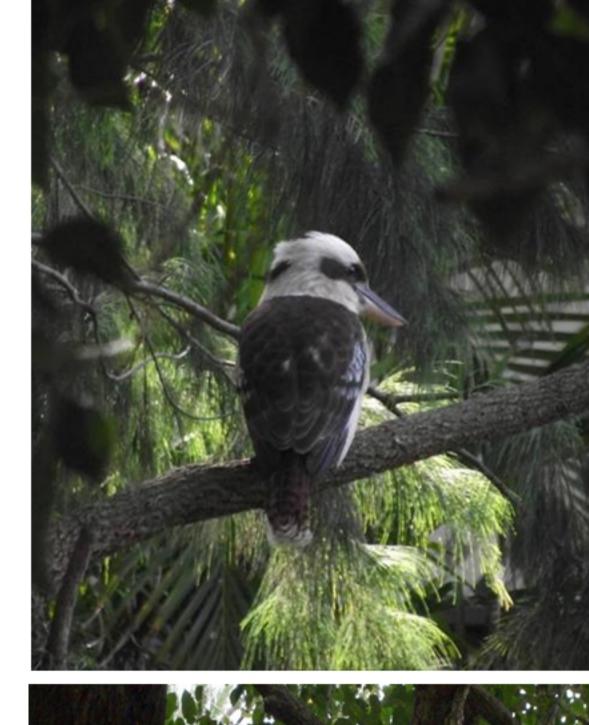


Birdland On the Bush Earth and Lawn

Collector's Corner

DIY Hints

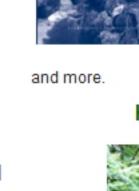
Reflections











fauna \$2.00

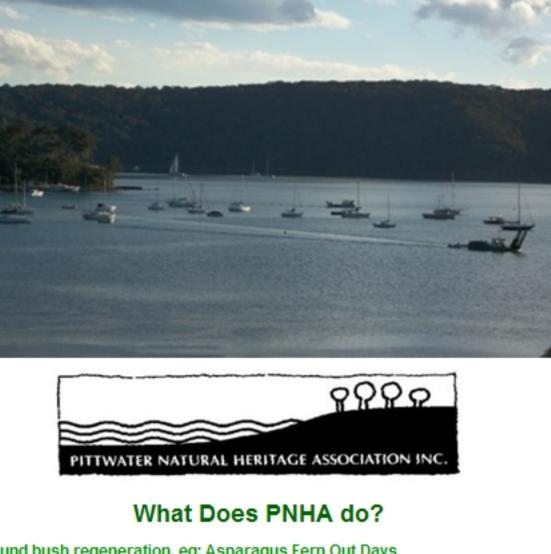
incremental protection of broad-scale habitats at Ningaloo Reef, Western Australia, Climate variability of the Great Barrier Reef in relation to the tropical Pacific and El Niño-Southern Oscillation

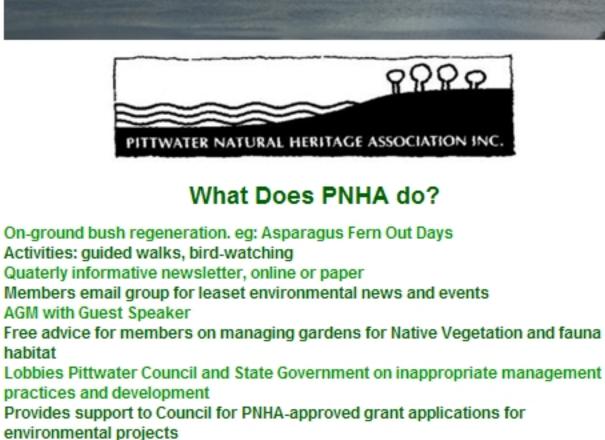
How Green is a Spotted Gum when Wet?

stoichiometry in an Australian Iowland stream, Contrasting

caddisflies to predatory fish, A systematic evaluation of the

behavioural responses of grazing mayflies and detritivorous



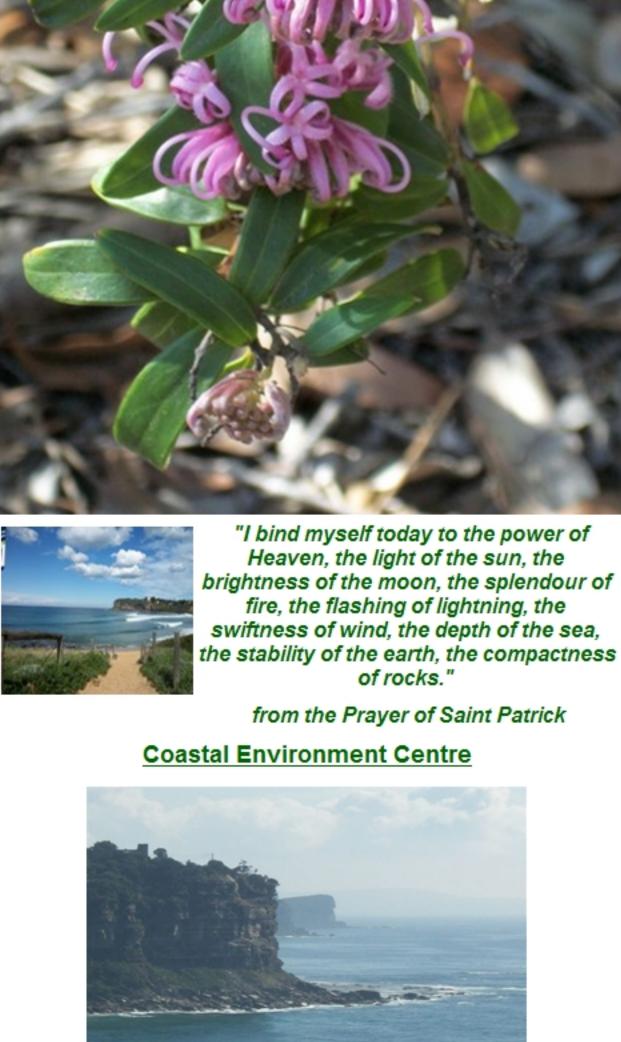


Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, \$20.00rrp, attractive cards with photos of Pittwater scenes, flora and

Think before you print; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Email: pnhainfo@gmail.com Or click on Logo to visit website. PROFILE

Sydney Harbour Foreshore Authority Carbon Footprints Document





ONLINE BIODIVERSITY CALENDAR A FIRST Pittwater Council has launched a unique online calendar designed to educate the

community about the coastal environment, based on traditional Aboriginal

PITTWATER COUNCIL

HERE

#### knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen. The calendar has been coordinated by Pittwater Council on behalf of the Pittwater,

Hornsby and Gosford communities and was funded by a \$50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program. Representatives of the D'harawal people have provided their knowledge for

descriptions of some of the images and the Guringai, Darkinyung and Darug people

that the public will contribute images and other information to the calendar."

are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species. Pittwater Council's Natural Environment and Education Manager Mark Beharrel said the calendar was a work in progress and was designed to be interactive. "We hope

"It's a living atlas that will help us measure changes to the coastal environment and increase awareness of native birds, animals and plants throughout the seasons," he The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au



#### Pittwater Online News Environment Front Page Contents Park Bench Philosophers Profile of the Week History Youth Seniors Food Lynda Hill Collector's Corner Community News Pictures News From our Inbox Books Artist of the Month Reflections DIY Hints Events

January 8 - 14, 2012: Issue 40

#### Nectarine

#### **Mid-Summer Fruits**

Numerous cottages were surrounded by vines, and by orchards of apple, nectarine, and peach-trees -- their boughs breaking with the weight of the beautiful ripe fruit.

The Voyage of the Beagle by Charles Darwin

There's nothing quite like biting into a sweet tangy nectarine in Summer, juice running your chin, crimson and gold flesh lighting up your eyes with the colours that are in that morning's sunrise. Each season has its feast of foods and sometimes a glut of these. Nectarines are quite reasonably priced this week so storing some away for months when they're not in season, can be a good idea. Once stewed they freeze well and can be used in pies and flans when you're craving that Summery taste when it's no longer Summer. A Frangipani mix compliments them well. If it's too darn hot outside these ancient drupes (fruit with a stone) can made into a gelato or ice cream to make your cup runneth over with seasonal delight.

#### **Nectarine Gelato**

Ingredients:

5 medium-sized nectarines

5 egg volks

2 cups whole milk (or use cream if you want an ice-cream mix)

1 cup sugar

1 tablespoon lemon juice

1 teaspoon vanilla paste (or extract)

1/4 teaspoon ground nutmeg

Makes around 600ml of ice cream; double for a bucket full!

Place halved and nectarines in heavy saucepan with the lemon juice and ½ cup of sugar and simmer on low heat until fruit is soft. Blend or mash until smooth. Allow to cool.

Meanwhile: warm milk, vanilla, nutmeg and other ½ cup of sugar until the sugar has dissolved. In a mixing bowl whisk the egg yolks and add around half the milk mixture then add whole back into your saucepan and stir until this mix thickens enough to coat the back of your spoon. Add this to your nectarine mix and allow to cool completely. Chill in your freezer for at least 30 minutes. Beat the mix with an electric mixer until smooth remembering to scrape down sides. Replace in freezer for 40 minutes and then re-beat. Do this at least 3 times if you want a smoother mix or just once if you like a more rustic ice cream. If you have an ice cream maker then the process will be around 15 minutes in this machine before freezing. Total time for freezing should be between 3-5hours. Pure Yum!



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nectarine a variety of peach tree, Prunus persica nectarina. the fruit of this tree, which has a smooth skin From obsolete nectarine, 'sweet as nectar', from NECTAR.

A mid- summer fruit, the nectarine, (*Prunus persica* variety *nectarina*), is a smooth-skinned peach of the family Rosaceae, known for more than 2,000 years and grown throughout the warmer temperate regions of both the Northern and Southern hemispheres. It belongs to the stone fruit (drupe) family with clingstone (flesh not easily removed from ridged stone) and freestone (smooth stone from which flesh is easily removed) varieties. In tree shape and leaf characteristics the peach and nectarine are indistinguishable, but nectarine fruits look more like plums than peaches because of the smooth skin. The stones and kernels of the two fruits are alike in appearance. Nectarines have red, yellow, or white flesh and are a source of vitamins A and C.

#### History

Although its botanical name Prunus persica suggests the peach is native to Persia after the Persians introduced the fruit into the Western world, peaches actually originated in China, where they have been cultivated since the early days of Chinese culture. Peaches were mentioned in Chinese writings as far back as the 10th century BC and were a favoured fruit of kings and emperors. As of late, the history of cultivation of peaches in China has been extensively reviewed citing numerous original manuscripts dating back to 1100 BC. Its English name derives originally from the Latin malum persicum, "Persian apple", which became the French pêche, then peach in Middle English. The peach was brought to India and Western Asia in ancient times. Alexander the Great introduced the fruit into Europe after he conquered the Persians.

Nectarine Cultivation in Australia: <a href="http://www.rirdc.gov.au/programs/established-rural-industries/pollination/peaches-and-nectarines.cfm">http://www.rirdc.gov.au/programs/established-rural-industries/pollination/peaches-and-nectarines.cfm</a>

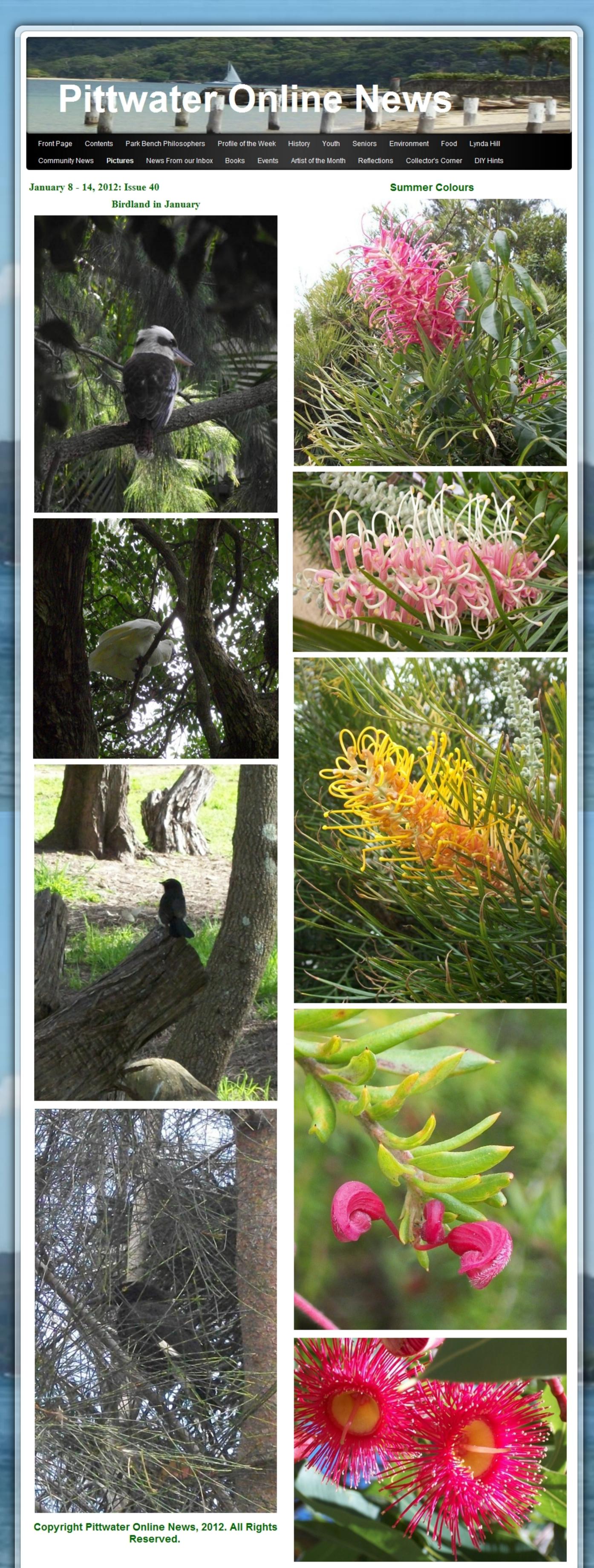
#### Cultural significance

Peaches are known in China, Japan, Korea, Laos, and Vietnam, not only as a popular fruit, but also for the many cultural traditions, such as the Peaches of Immortality, and folk tales associated with it.

Peach blossoms are highly prized in Chinese culture, and because they appear before leaves sprout. The ancient Chinese believed the peach to possess more vitality than any other tree. When early rulers of China visited their territories, they were preceded by sorcerers armed with peach rods to protect them from spectral evils. On New Year's Eve, local magistrates would cut peach wood branches and place them over their doors to protect against evil influences. Peach kernels (táo rén) are a common ingredient used in traditional Chinese medicine to dispel blood stasis, counter inflammation and reduce allergies. From Wikipedia.



Illustration: Pigeon on a peach branch, by Emperor Huizong of Song, Northern Song Dynasty, ACE 1108 or 1109, mounted on hanging scroll, color on silk.



Summer Honey









Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:



For those of you travelling this January, remember there are Land Sharks too: Caravan Repairer in Geraldton, WA. From: http://www.travel-australia-online.com/funny-photos.html



Above: JAZZ; Jack Teagarden Orchestra from 1939 featuring Hoagy Carmichael singing his works, Lazybones and Old Rocking Chair

#### the Bridport Prize poems|shortstories|flash fiction

NEW CLOSING DATE: 31st May 2012

The Bridport Prize 2012 website is now open for entries The Bridport Prize is the richest open writing competition in the English language with £5000 first prize for a short story (of up to 5000 words); and £5000 first prize for a poem (of up to 42 lines). The category of Flash Fiction attracts £1,000 to be won for the best short, short story of under 250 words.

The Bridport is also known as a tremendous literary stepping-stone - the first step in the careers of writers such as: Kate Atkinson, Tobias Hill, Carol Ann Duffy and Helen Dunmore.

Anyone can enter - so long as the work is previously unpublished. It costs £8 per story, £7 per poem or £6 per flash fiction and the NEW closing date is 31st May 2012 Each year the prize is judged by well known writers - this year we are delighted to announce that Gwyneth Lewis will be judging the poetry, and Patrick Gale, the short stories and flash fiction

The 2011 anthology of winning entries is available for just £12 or £15 overseas (including postage and packing). The 2010 and 2009 anthologies are available in limited numbers for £7 and £5 (£10 and £8 overseas)

Enter online at: www.bridportprize.org.uk

Or download an entry form: www.bridportprize.org.uk/entryform.pdf Or email for a pdf entry form: frances@bridportprize.org.uk

Or send an SAE for an entry form to be posted to you

The Bridport Prize PO Box 6910 Dorset DT6 9BQ UK

# Internet Updates from Linked In

# 30 Social Media Predictions for 2012 From the Pros

socialmediaexaminer.com - How will social media impact businesses in 2012? We sought expert opinions from a wide range of pros you're likely familiar with.

# 5 Best Practices for Digital Marketers in 2012

mashable.com - In 2012, the expanding digital industry is destined to affect marketing.

# Try our five resolutions for marketing success.

How YouTube's New Features Can Help Your Business socialmediaexaminer.com - Are you thinking about doing more with YouTube? In December of 2011, YouTube unveiled their latest design and navigational changes

# Google's Jaw-Dropping Sponsored Post Campaign For Chrome

searchengineland.com - Google, the company that has been fighting against paid links and "thin" content, seems to be behind a campaign that's generating both on behalf of its Chrome browser. File this under "what were they thinking." Aaron Wall wrote...

# Links for cloud enthusiasts

Cloud Appreciation Society: http://cloudappreciationsociety.org/ Contact: Gavin Pretor-Pinney, e-mail gavin@cloudappreciationsociety.org



eBooks CSIRO PUBLISHING now offer most of our new releases Books as eBooks, as well as a large number of important backlist titles. If you are new to eBooks, or would like more information about CSIRO PUBLISHING's eBook products

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f Like< : +1 Summertime... exhales.

Live. Life. Love.

Carole Lombard (Jane Alice Peters) Week:



Above: My Man Godfrey (1936) Directed by Gregory La Cava

William Powell and Carole Lombard: In the depths of the Depression, a party game brings dizzy socialite Irene Bullock to the city dump where she meets Godfrey, a derelict, and ends by hiring him as family butler. He finds the Bullocks to be the epitome of idle rich, and nutty as the proverbial fruitcake. Soon, the dramatizing Irene is in love with her 'protege'...who feels strongly that a romance between servant and employer is out of place, regardless of that servant's mysterious past. Absolutely delightful and great insight into the Depression attitudes.

#### Below: Big News (1929) Directed by Gregory La Cava

An early talkie from Pathé, this crime drama starred relative newcomers Robert Armstrong and a very young Carole Lombard, the title credits still spelling her first name Carol. They play husband and wife, she threatening divorce unless he devotes more of his time to their marriage. In reality, Armstrong is an undercover detective busy investigating a dope ring lead by Reno (Sam Hardy), a crook with friends in high places. When Armstrong gets too close to the truth, Reno has him framed in the murder of corrupt newspaper publisher Addison (Charles Sellon). Watch for a quick appearance by George "Gabby" Hayes at 4:20 into the movie, and again near the end in the background.



#### Photo competition

The photographic competition for the 2013 Australian Weather Calendar began on 1 July 2011 and will close on 31 March 2012. Please visit the contest page before entering.

The Bureau of Meteorology and the Australian Meteorological and Oceanographic Society invites entries for the Australian Weather Calendar photographic competition. The contest for the 2013 calendar opened on 1 July 2011 and will close on 31 March 2012.

Entries must be of a meteorological theme, such as clouds, lightning, rainbows, thunderstorms or tornadoes. If the picture is from a digital camera, it must be a minimum size of 1700 x 1150 pixels. A 2-megapixel camera is the minimum requirement.

Entries must then be:

provided as photographic prints (minimum size 15 x 10 centimetres), accompanied by a completed entry form, including details of all digital alterations, accompanied by no more than 10 other entries per person, and posted to the Bureau of Meteorology at the address below. If a picture is shortlisted, the entrant must provide the image in its original format,

whether that be negative, (35mm) transparency, or digital. Negatives and transparencies will be returned by registered post.

Winning photographers are awarded three complimentary calendars. No prizemoney is offered. All rights associated with the images are retained by the photographer.

Contact:

Mia Schoen, National Meteorological Library (Fridays only) tel: (03) 9669 4668, e-mail: librarypic@bom.gov.au from; http://www.bom.gov.au/calendar/contest/index.shtml

# LAWYER'S ADVICE (NSW) - Protect Yourself from Fraud

A corporate LAWYER sent the following out to the employees in his company: 1. Next time you order cheques, have only your initials (instead of your first name) and surname put on them. If someone takes your cheque book, they will not know if you sign your cheques with just your initials or your first name, but your bank will know how you sign your cheques.

2. Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED". 3. When you are writing cheques to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your cheque as it passes through all the cheque processing channels won't have access to it.

4. Place your work phone number on your cheques instead of your home phone. If you have a PO Box, use that instead of your home address. If you do not have a PO Box, use your work address. Never have your Centrelink Number printed on your cheques. You can add it if it is necessary, but if you have it printed, anyone can get it. 5. Run the contents of your wallet through a photocopy machine. Do both sides of each licence, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place (not your wallet). I also carry a photocopy of my passport when travelling either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards.

Critical information to limit the damage in case this happens to you or someone you know:

1. We have been told we should cancel our credit cards immediately, but the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them.

2. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is one).

3. But here's what is perhaps most important of all: (I never even thought to do this.) Call the three national credit reporting organizations immediately to place a fraud alert on your Tax File Number your passport number and drivers licence number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorise new credit. Now, here are some numbers which you might need to contact if your wallet etc has been stolen:

- Visa Card Australia 1800 621 199
- Visa Card International 1800 450 346
- Lost Travellers' Cheques 1800 127 477 MasterCard Australia - (02) 9466 3700
- MasterCard International 1800 120 113
- Bankcard Australia (02) 9281 6633 Medicare - 132 011
- Centrelink Fraud 137 230 Seniors Card - 1300 364 758
- 10. Passport 131 232 11. ANZ FREECALL - 1800 033 844
- 12. Bank West 131 718
- 13. Citibank 132 484
- 14. Tamworth Coles/Myer Source -2340 1300 306 397 15. Commonwealth - 132 221
- 16. CUSCAL- MyCard 1300 135 538
- 17. GE Capital 1300 369 904 18. Members Equity - 1300 654 998
- 19. National 132 265 20. St George - 1800 028 208 21. SydneyVirgin - 2000 1800 080 000
- 22. Westpac 1800 230 144 23. Woolworths Ezy Banking - 137 288

Book arts workshop:

Where: Bowral

An Artist run initiative We are a group of off-shore Pittwater artists running our own gallery in the old Pasadena restaurant thanks to Mary and Joe Romeo 1858 Pittwater Rd., Church Point January 2012

Feature Artist: Jan Melville Printmaker and book artist In September 2011, Jan Melville was artist-in-

residence with The Sidney Nolan Trust in

Herefordshire U.K. Her featured wall at the Gone

Fishing Gallery, is "the owls" from the Manly Gallery Exhibition, and the owl "tylluan," printed at The Trust on Arthur Boyd's lithography press. Jan will also exhibit a sculptural book installation "EPHEMERA." If you have ever wondered how book artists alter and fold books, here is the chance to see a work in progress for yourself. Jan will hold a 1-day book arts workshop in Bowral this month.

Date: Tuesday, 24th January 10am - 4pm Cost: \$85 For bookings email: annieday@optusnet.com.au Guest Artist

photos capture the essence of offshore life in Pittwater, our surroundings and community. Small Gallery Items Check out the smaller items still available at the gallery. There are books, including

Curlew and Water Access Only. We also have a range of cards produced by GFG artists. Pittwater Mens Probus Meeting Tuesday 10 January

Stop by in January to see works of our guest artist, photographer Jon Duhig. Jon's

Guest speaker Jill Booth The tradition of having Australia Day as a national holiday on 26th January is a recent one. Not until 1935 did all the Australian states and territories use that name to mark that date. Not until 1994 did

What drew Australians together in this way? Did Australia Day become a day for all Australians to enjoy? Jill Booth is a local ex-teacher librarian and author of a book about Australian flags (among 44 other books). Jill is an ambassador for the local Australia Day committee and a judge on the panel for the NSW childrens book awards. Jill will speak to us about

they begin to celebrate Australia Day consistently as a public holiday on that date.

Australia Day.

The Pittwater Mens Probus meets at the Mona Vale Golf Club on the second Tuesday of each month. Visitors are welcome at 10.30am. For more information call Bill Marshall 9918 0064 or Michael Mannington 9973 1624 Hoshin in the School Holidays! BULLYPROOFING #101 - Back to school skills!

Hoshin is a street realistic style of jujutsu that has been running in Australia for many years. It is headed in the Australia-Pacific region by Sensei Rose Smith, 5th Dan and her very capable team.

of instructors. Sensei Smith has been teaching for 20 years and

personal responsibility and good citizenship skills. Hoshin isn't

your "average" kind of martial art. We "treat each other with extra

priorities. Much emphasis is placed on the moral side of martial arts. Without a reason behind what we are studying, martial arts

has inspired thousands of children to build their confidence,

kindness", and respect and friendship are high on our list of

is just mindless violence. We run some of the best children's martial arts programs in the country, with attention to manners, good sportsmanship, responsibility, self esteem and trustworthiness. Hoshin runs some of Australia's best programs around the areas of Anti-Bullying and Child Protective Behaviour, and of course Jujutsu. We also run free kids programs twice a year during the spring and summer school holidays. Our classes are fun, with a high standard of discipline and respect. We do not gain respect with fear, we laugh, play games and have fun, and learn about the important skills listed above through role playing, telling stories and of course, martial arts skills. All of our adult instructors are police checked and hold senior first aid certificates. Further, all instructors regardless of rank have undergone over 100 volunteer hours of

instruction per year under the direct instruction of Sensei Rose and you can be assured

of their excellent teaching and leadership skills. If you would like to know more about what we do, the website is www.hoshin.com.au and there is an absolute plethora of

BULLYPROOFING #101 - Back to school skills! Start the school year with self reliance and respect for self and others! We will learn valuable skills through playing games, theatre sports, drama, general discussions, learning about child protective behaviours and more. Learn the most up to date anti bullying techniques and have confidence to deal with all the usual school term and

social pressures. Do you and your child know about: \* cyber bullying \* exclusion & peer pressure \* physical bullying \* teasing & name calling \* social survival skills

THEY CAN LEARN!! Its free and its fun! Enroll now! BACK TO SCHOOL AND BULLYPROOF! with Hoshin Jutsu Australia Calling all little warriors!! Learn some great new moves these school holidays. We will play games, learn some basic self defence

information available.

\* resilience & coping skills

and learn how to use our words to deal with bullies. Date Saturday 21 January Time 10am - 1pm Age Strictly 6 to 12yrs Cost Free tuition (\$20 insurance fee) Bookings 0413376356 or avalon@hoshin.com.au

BIG APACHEE SOUTHERN CROSS TEN & REVERB MAGAZINE PRESENT:



PITTWATER COUNCIL CRAFTY HOLIDAY FUN AT MONA VALE LIBRARY Children from 5 to 12 years of age are invited to free holiday craft sessions at Mona Vale

View artists online at: www.artwhatson.com.au/artzpace2012

Exhibition: 10.00am - 5.00pm, Saturday 7th - Sunday 15th January 2012 Meet the artists: 11.00am - 1.00pm, Saturday 14th January 2012

Special guest Jackie Dunn, Director of Manly Art Gallery, to open

Opening night: 6.00pm - 9.00pm, Friday 6th January 2012

59 Old Barrenjoey Rd, Avalon

PITTWATER

Day.

Mrs Howie.

and www.facebook.com/artzpace2012

January. All craft sessions are free and bookings are not required. For more information call 9970 1600. Mona Vale library is located at 1 Park Street, Mona EXTENDED HOURS FOR KIDS HOLIDAY PROGRAM

library this January. The free drop-in craft sessions will run from 11am until 1pm on weekdays from Tuesday 3 January to Friday 27 January, with the exception of Australia

Library Manager Cathy Howie said there would be a wide range of activities to suit both boys and girls between the ages of 5 and 12. "Kids will have the opportunity to make paper aeroplanes, a chance to create their very own jewellery or treasure box, along with bracelet beading and paper doll craft. Making a tote bag, creating something unique with

paddle pop sticks and using stenciling techniques are also on offer. Each day there'll be a different craft activity so your child will find something creative and interesting," added

To complement the craft sessions the library has a range of craft books available for loan

that will keep little hands busy at home over the holidays too. A detailed list of the

children's craft activities on offer will be available from Mona Vale Library early in

In person: Coastal Environment Centre, Lake Park Road, North Narrabeen By phone: 1300 000 CEC (232), For more information please call Bianca on 9970 1313 What to bring: Suitable footwear (no thongs or crocs), water bottle, hat, appropriate clothing (for weather conditions) camera (optional), sunscreen, sunglasses (optional), binoculars (optional), bird identification book (optional)

Please extend this invitation to all your family and friends to join us on this wonderful

guided walk along our local coastline. Children to be supervised by a parent or

accompanying adult. We look forward to seeing you there!

The Royal Botanic

Garden, Sydney

6 - 28 January 2012

A Glenn Elston Production

PACK A PICNIC, PACK THE KIDS

AND ENJOY A BEAUTIFUL DAY OUT IN THE ROYAL BOTANIC

GARDEN, SYDNEY!

www.shakespeareaustralia.com.au

local community. It also provides very important habitat for a number of threatened

species and migratory birds.

The performance is pure ch<mark>arm</mark> for "You'll love this production no matter what age you are!" adults and children alike"THE AGE THE HERALD

**Tumbleweed** 

Directed by Marian Bragge

where: The Royal Botanic Garden, Sydney Enter through any gate and make your way to the Harbour side of the Main Pond

6 - 28 January 2012 Tuesday - Saturday, 11am & 6pm No shows on 26 January

bookings:

1300 122 344 or online at ww.shakespeareaustralia.com.au

Ticketek 1300 795 012 online www.ticketek.com.au

Cash only sales at the on-site box office

from one hour before each performance

SINGLE TICKETS \$25

FAMILY OF FOUR \$90

Handling fee may apply

SATURDAY AFTERNOON

Session Two 12-18 years 1:00pm to 3:00pm Venue: NBISC, Jackson Rd Warriewood Special Guest Coaches, Professional coaching, Competitions with great prizes Cost: \$60 This is a 3 day camp ONLY. Payments must be made prior to camp starting date: Please complete details (form below) and forward to: Post: Po Box 396, Narrabeen NSW 2101. Fax: 99133644 Email: <a href="mailto:mwba@manlybasketball.com.au">mwba@manlybasketball.com.au</a>. Enquiries-99133622 ◆REFRESH YOUR SKILLS ◆IMPROVE YOUR GAME◆HAVE SOME FUN◆ Holiday Camp 2012.pdf Size: 108.091 Kb

documents and research. Membership at: here

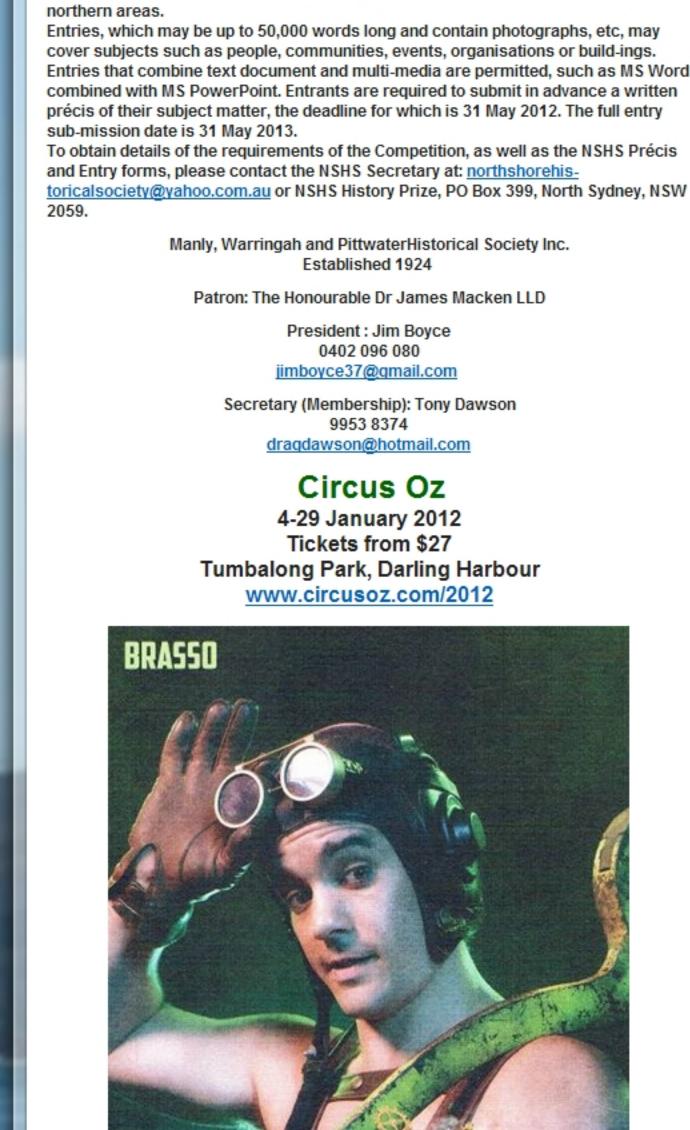
MANLY WARRINGAH BASKETBALL CAMP Mon 23rd, Tues 24th & Wed 25th January 2012 Session One 5-11 years 10.30am to 12.30pm

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924

One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes,

Newsletter of the Manly, Warringah & Pittwater Historical Society Inc. Compiled by Tony Dawson, Editor. THE NORTH SHORE HISTORICAL SOCIETY 2013 HISTORY PRIZE The NSHS History Prize is a biennial competition estab-lished by the Society to encourage historical research at the community level and, in particular, to seek out non-professional history enthusiasts who have a story to tell. First Prize is \$3,000, Second Prize \$1,500 and Encouragement Prizes of \$1,500. The judges may recognise an outstanding entry by combining the First and Second Prizes to give a total first prize of \$4,500.

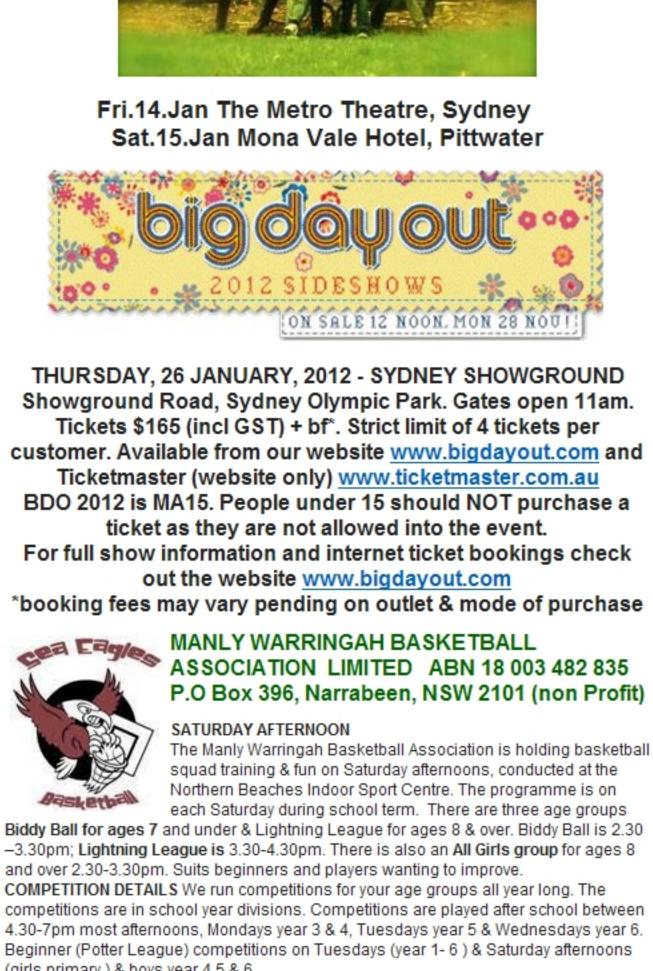
➤ Tweet Like : +1

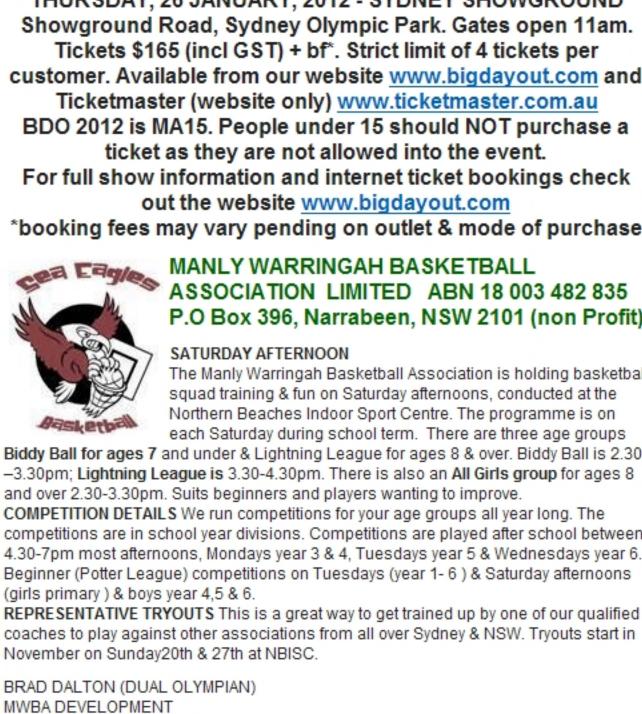


Pittwater Council's Coastal Environment Centre (CEC) has announced the release of its sensational summer holiday program for kids, with new extended hours from 9am to 4pm. Kids on the Coast offers healthy and fun outdoor activities for 5 to 12 year olds from Monday 9 January to Friday 20 January. The Council decided to extend the hours of the program to ensure children with working parents do not miss out. "There are many new highlights including stand-up paddle boarding, a boardwalk birding adventure and how to become an eco-ranger," said the Council's Natural Environment & Education Manager Mark Beharrell. For children aged eight years and over there is a chance to grab your camera and join a photographic adventure, plus the ever-popular 'Fishing Clinic' run in partnership with the NSW Department of Primary Industries. Mr Beharrell said the program encouraged children to explore beaches, rock platforms, headlands, bushland, wetlands and the Narrabeen Lagoon foreshore. "Kids on the Coast is the ideal school holiday experience. The program gives children the chance to learn about our natural environment in a fun and interactive way," said Mr Beharrell. Two hour sessions are held from 10am to 12pm and 1pm to 3pm. The cost is \$22 per child per session, with full-day sessions available from 10am to 3pm at \$55 per child (for standard activities), which includes supervision between sessions (BYO lunch). Working parents who require extended care for their children can also take advantage of a 9am to 10am session and/or a 3pm to 4pm session. These sessions are an additional \$10 each. The Fishing Clinic offers giveaways including a rod, reel, tackle box, hat and bag for the cost of \$40. The CEC is located at Pelican Path, Lake Park Road, North Narrabeen, only 300m from the North Narrabeen beach entrance. Book online at www.pittwater.nsw.gov.au/ceckids or call 1300 000 CEC (232). For further inquiries please call Bianca Springford on 9970 1313 or email bianca springford@pittwater.nsw.gov.au Eco Bird Walk An early morning walk to view our beautiful Pittwater birdlife for World Wetlands Day. 4th Feb 2012, 7:30am - 9:30am Celebrate World Wetlands Day by joining us on a guided walk through Warriewood Wetlands, the largest remaining sand plain wetland in northern Sydney made up almost entirely of endangered ecological communities. Warriewood wetland is of regional conservation significance and is highly valued by the

Join our expert Eco Guide and Local Bird Expert & Enthusiast on a guided nature walk through this amazing natural environment, discovering and identifying the native bird species and local flora and fauna of the Warriewood wetland. Bookings are essential! (numbers will be strictly limited) Online: www.pittwater.nsw.gov.au/cec/bookings/community\_events

Glenn Elston presents Kenneth Grahame's





Application Form Below:

RAFAEL LOZANO-HEMMER

MCA

Saturday term 4.pdf

Type: pdf Museum of Contemporary Art December 16th 2011 - February 12th 2012 Rafael Lozano-Hemmer RECORDERS Be part of the art in this interactive exhibition of light, image, sound and shadow-play by the world's best known electronic artist. **FREE**; More Information

Peninsula Historian Time: 4 - 5.30pm Location: North Narrabeen Aquatic Reserve, meet at the carpark. What to bring: Hat Sunscreen Sunglasses (optional) Enclosed shoes that you don't mind getting wet! Camera (optional) The emphasis of entries is expected to be on the history of North Sydney or the Lower North Shore (including the areas bounded by Hunters Hill, Gladesville, Lane Cove, Willoughby, Northbridge and Mosman), although expansion of these geographical areas is not precluded if there exist strong historical connections with the specified

STEAMPONERED Talks After Noon A series of lectures from Museum curators, experts and special guests. Free with Museum entry. Click on logo for more details.

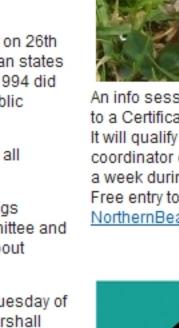
100kms | 36hrs Team Challenge

wildendurance.org.au

talks

100km teams of 4+

WildEndurance



15th Jan Four local artists - Liz Perfect, Caroline Munro, Kathryn Lynch and Cindy Goode Milman are Centre. The exhibition will be open 10am-5pm each day until Jan 15 2012. Admission is free.

exhibiting their latest work at the Avalon Recreation

Local authors will also be talking about their latest books -

**Avalon Recreation Centre** Jan Roberts (local historian)- Jan 8 at 2pm; Remembering Avalon John Ogden (photographer)- Jan 12 at 6pm; Saltwater Peoples of The Broken Bays.

Pittwater Model Yacht Club Rowland Reserve, Bayview 31st Jan 2012, 6pm - 8pm Pittwater Model Yacht Club sails radio control 1 metre yachts at Rowland Reserve, Bayview on

Star Power? Elanora Players presents Curtain Up! a hilarious play by Peter Quilter, directed by

to be replaced by one of the group. Will they be able to pull it off and save the theatre or will the audience lynch them instead? The wonderful cast features Wendy Starkie as the bitter Pam, the first wife who would rather walk away from it all and Wendy Knight the second wife who wants to hold on to the theatre. Audrey Harpur brings humour and fun to the role of the deceased's mother and Maureen Carr plays the sex mad punk Sharon. Sandra Muscat rounds out the cast as Theresa who despite tensions with her mother is the driving force behind the plan to save the theatre. Dates: 13, 14, 19, 20, 21 January at 8pm and 14, 15, 21 January at 3pm

called the State Library of NSW. Their online resources, huge wealth of literary works and catalogue of photographs are referred to and highlight small details of some of our history pages. As one of all NSW peoples resources or recourses to finding information their staff and shelves merit more praise then we could ascribe.

who bring you workshops for differing age groups in Vocal & Performance Coaching! Together Erana & Sam bring years of their professional experience in performing & coaching to you from around the world. It doesn't get any better than this!! They will impart their wisdom & skills to help bring out the very best in you on this journey of discovery! The workshops will cover: vocal & physical warm-ups breathing, pitch, tone, projection, harmony & listening skills

 vocal maintenance performance skills building self-esteem & confidence! produced & mixed for you at the end of the course. LIMITED PLACES AVAILABLE Ages 9-12 & 13-16 4 day workshop 2011 9 - 12 & 13 - 16 5 day workshop 2012 Ages 13 - 16 & 17 - 20 5 day workshop 2012 (All food will be provided) Meshach Musik Studio, Dee Why, NSW (Northern Beaches) www.meshachmusik.com

Enter online or on the beach on race day, but race day entries will attract a \$10 premium. Online entries will open later in 2011. Entry - \$30 online, \$40 on race day.

Warriewood-Mona Vale Ocean Swim, 1.6km (10am)

www.avalonbeachslsc.com.au

Don Jenkin Memorial Swim

Mona Vale

Jan 22 2012

January 6th to 12th, 2012

11am - 6pm Opening night - Friday January 6th 5pm - 8pm

Avalon Recreation Centre

PULSE

now considered to be the essential swim to go in for

across Australia and across the World. Online Entry:

http://www.thebigswim.org.au/

Pulse - 101x70cm mixed media on canvar

simultaneously.

cardholders - \$1

Free –under 5 years

More at: http://australianmuseum.net.au/

What is the stock route road?

committed ocean swim tragics. It attracts swimmers from



 Birriliburu Artists Martumili Artists Kayili Artists Papunya Tula Artists Mangkaja Arts Paruku Indigenous Protected Area Warlayirti Artists Yulparija Artists Ngurra Artists

One of the many highlights of this exhibition is a large multimedia touch table that

allows visitors to explore the connections between works of art, the people and the

The stock route first surveyed by Alfred Canning as a means to drive cattle from the

station of the Kimberley to the markets in the south, runs nearly half the length of

country. It is the first of its kind on this scale, with over 40 people able to access it

Go on an interactive tour with an Aboriginal guide. Admission prices (includes general admission) Adult \$15 Concession \$10 Child (5 to 15 yrs) \$7 Family (2a +2 c) \$37 Family (1 a + 2 c) \$22 Extra child \$4

Australian Gov DVA Gold Cardholders and Blue Pensioner Concession

artcentre



and free program, additional child \$4.40 inc gst) Family A\$19.80 (Single adult with 2 children: \$19.80 inc GST, bus travel for 3 persons and free program) Family A\$22.00 (Family pass (2 adults, 2 children): \$22 inc GST, bus travel around the site for 4 persons and free program, additional child \$4.40 inc gst.) Child A\$4.40 (Children without corresponding adult (15 years and under): \$4.40 inc GST and bus travel for 1 child, no program)For further information, contact us **PICASSO** Art Gallery of New South Wales November 12th 2011 - March 25th 2012 Book at: ticketek.com.au/picasso

Nestled on the banks of the magnificent Hawkesbury River and at the foot of the

For four days in January 2012, a dozen sand sculptors from Australia and around the world will compete to be crowned champion in the inaugural event to be held

on the banks of the Hawkesbury River at Windsor's Howe Park. The winner will be

Adult A\$11.00 (Single adult attendee: \$11 inc GST, bus travel for 1 person and free

Family A\$15.40 (Single adult with 1 child: \$15.40 inc GST, bus travel for 2 persons

announced on January 11th and the exhibition will continue through January 29,

Blue Mountains, the historic town of Windsor is home to the Hawkesbury

International Sand Sculpting Championships.

2012.

Ticket Prices:

program)



Summerama

Masterpieces from the Musée National Picasso, Paris

Get amongst it on Sydney's coastline this

PICASSO

Church) Avalon Computer Pals hold an information and registration day for their popular computer training courses.

If you're an older resident, learn how to use Skype, Facebook, Twitter and navigate your way around the internet.

artistsTrailBrochure.pdf Size: 2198.373 Kb Type: pdf

Training also in standard software such as Copyright Pittwater Online News, 2012. All Rights Reserved.

Manly Art Gallery & Museum On the Beach: Gems from the Manly Art Gallery & Museum swimwear collection Exhibition dates: 2 September 2011 -14 August 2012

Bookings Essential! Online Booking 5pm, Monday to Friday) By Phone: 1300 000 CEC (232) - Reception (option 1) Dr Rob Branders' Science of the Surf of throwing purple dye into rip currents. When: Wednesday 18 January 2012 Time: 2 - 3pm Location: Newport Surf Life Saving Club Bookings Essential! Online Booking 5pm, Monday to Friday) By Phone: 1300 000 CEC (232) - Reception (option 1) native animal tracks and the local wildlife on the bushwalk. When: Sunday 22 January 2012 Time: 9 -11am at the start of the track (West Head Rd). What to bring: Hat Sunscreen Sunglasses (optional) Walking shoes Camera (optional) Enthusiasm! accompanied by an adult. Bookings Essential!

Pittwater. All ages, sexes and wheelchair sailors welcome and compete on equal terms. At 6pm on Tuesday evenings during daylight saving time (starting back on 31 Jan 2012) Contact: Colin Thorne - Secretary via email cp.thorne@bigpond.com Info session for women's computer course Info session on the 2012 Certificate III in IT Support at TAFE Northern Beaches Gawura Centre, Northern Beaches College of 154 Old Pittwater Road, Brookvale 2nd Feb 2012, 10am - 11am An info session on the 2012 course for women at TAFE Northern Beaches leading to a Certificate III in IT Support. This course run for two semesters and costs \$352. It will qualify you to work on an IT help desk, as a website coordinator, an IT project

coordinator or in other IT support roles. Classes starts on 13 February three times a week during school terms. Free entry to the info session. Enquiries: Peter Bush 9941 5387 or email NorthernBeaches.IT@tafensw.edu.au

Kerrie King.

Curtain Up is the very funny story of a man who posthumously leaves his dilapidated theatre to the five women in his life. Despite the tensions between the women they hatch a plan to bring it back to life. They try various fund-raising schemes but their most ambitious is to hold a concert featuring a world-famous star. Their plans go awry when the 'star' pulls out and has

It would be no surprise to regular readers that we are huge fans of our own Mitchell Library, also

Venue: Elanora Community Centre, 49A Kalang Road, Elanora Heights

State Library of NSW

Tickets: \$22, \$20 concession, \$17 groups (10+)

www.elanoraplayers.com

Bookings: 9982 7364, elanora.bookings@bigpond.com or

The Mitchell Library is also a place that seeks to engage and include the public in activities and events and learning how to use their resources. During January they have regular storytelling as well as activities for children such as a Photography Workshop and Talks and Films for adults that range from celebrating Henry Lawson's works, some unseen (or 'from the vault') and insights into Cricket, Dickens by people who are respected local and overseas aficionados for decades on their subject matter. Upcoming speakers include Sue Pieters Hawke, who will speak on her new book 'Hazel: My Mother's Story', Miriam Margoyles: 'Playing with Dickens', and Emeritus Professor Robert Clancy on the historical Antarctic maps. It's certainly worth considering as part of your next trip

into the big smoke. A full listing of all events is available at: http://www.sl.nsw.gov.au/events/all\_events.html

ERANA CLARI A group song with soloists selected from the workshops will be recorded,

Cost: \$400 Cost: \$500 Cost: \$500 For more information or to book a place call 0401 343569 Avalon Beach Big Swim 1.5km swim around from the north to the south of Avalon Beach 📆 15th Jan 2012, 10:30am - 12pm Cost: Entry costs \$35 and starts

from North Avalon Beach at

10.30am.For more details: visit

Registration at Warriewood Beach (8.30am-9.45am) NB: For online entries, we accept Mastercard and Visa. Attempts to enter using any other card will not succeed. Online entries close at 2pm, Saturday, January 21, 2012. http://www.oceanswims.com/images/downloads/monavaleef11.pdf Palm Beach to Whale Beach BIG SWIM Sunday January 29th, 2012 2.5 km 10 am at Palm Beach. 2012 will be the 38th year since the first group of intrepid swimmers took on the challenge of an open ocean, journey swim for Palm Beach to Whale Beach. THE BIG SWIM is

Australian Musueum Location: Level G, Special Exhibition Space Lose yourself in a sea of colourful, surprising and contemporary Aboriginal paintings. Discover a dynamic 'hands-on' multi-media table, films, objects, photos plus much more! Yiwarrra Kuju (one road) brings together works of senior and emerging artists, stories and new media to understand the Aboriginal perspective of the Themes of country, jukurrpu (Dreaming), history and family are explored through a vibrant and rich collection of over 97 contemporary paintings, cultural objects, films and photographs. This ground breaking exhibition is the combination of the vision, energy and talent of more than 110 Aboriginal artists and contributors from nine remote area community art centres and enterprises

Western Australia and intersects the Countries of many Aboriginal language groups. The construction and use of this route transformed the lives of the Aboriginal people in the region. This exhibition reveals the untold stories of the Aboriginal people living near the Canning Stock Route. This groundbreaking exhibition is suitable for all ages and is an event not to be missed! Hurry, in Sydney for a limited time only.

**Semester 1, 2012** 

30 January - 31 March

**KU-RING-GAI ART CENTRE** 

23 April - 23 June

**Bancroft Park** 

TERM 1

TERM 2

on admin@sandstormevents.com.au

Enthusiasm!! Who: Suitable for children and adults. Children under the age of 16 must be accompanied by an adult. In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen (9am to The Science of the Surf is a fascinating, entertaining and multiple award winning visual multi-media presentation about how our beaches work and behave; from the journey of tiny little sand grains onto your favourite beach, to the massive swell that rolls in during big storms, to how to spot a deadly rip current - this talk is for everyone who loves and is interested in the beach. The visually powerful presentation is given by Dr Rob Brander, Australia's best known surf scientist from the University of New South Wales who has been nicknamed 'Dr Rip' for his habit Bring the family along to learn how to stay surf-safe this Summer! In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen (9am to Enquires: Bianca Springford (Senior Community Educator) 02 9970 1313 Indigenous Walk in Ku-ring-gai Chase National Park Join us on a guided bushwalk to discover cultural sites including rock art and engravings in Ku-ring-gai Chase National Park with your expert cultural guide. Learn about traditional native bush medicines and bush tucker, as you search for

> price for older residents 24th Jan 2012, 9am - 12pm Central Road Avalon (under the Catholic

Location: Basin Track, West Head Road, Ku-ring-gai Chase National Park - meet Who: Suitable for children and adults. Children under the age of 16 must be Online Booking In person: Coastal Environment Centre, Lake Park Rd, North Narrabeen (9am to 5pm, Monday to Friday) By Phone: 1300 000 CEC (232) -Reception (option 1) Enquires: Bianca Springford (Senior Community Educator) 02 9970 1313 lizotte's 4/5 Pittwater Road, Dee Why www.lizottes.com.au Ph: 9984 9933 28th: Brian Cadd & Russell Morris 20th & 21st: Ian Moss, 27th: Barry Leef MUSEUM OF SYDNEY until 18 March, 2012 Australian life.

Corner Phillip and Bridge Streets, Sydney on surfboards, hungry for social change, left an indelible mark on Sydney. Boardriders, shapers, writers, cultural stirrers and everyday waxheads with attitude and sun-tanned bodies Christmas Day

December: 10th: Mental As Anything, 14th: Sons Of Summer, 16th: The Beatnix, 17th: Bondi Cigars, 23rd; The Black Sorrows, January: 5th; Mark Seymour, 8th: Glenn Shorrock, 13th: 1927, The Surf City exhibition returns us to the beaches of the 1950s, 60s and 70s and shows how a scruffy bunch of kids

An exhibition exploring Manly Art Gallery's unique collection of swimwear and

relationship with the beach. Curated by Sarah Johnson.

shook up the conservative city and created a new culture of freedom and hedonism. Surfboards evolved from toothpicks to malibus and, eventually, to the revolutionary shortboards. Along the way, surfing merged seamlessly into mainstream Adult \$10 | Child/Concession \$5 | Family \$20 | Members free Open daily 9.30am — 5pm | Closed Good Friday and

You can do it! You'll love it and you'll never forget it!

IT'S FUN, IT'S WILD, IT'S UNFORGETTABLE! 50km teams of 3+ 50km relay teams of 6+ Come on an awesome adventure through the spectacular World Heritage sites of the Blue Mountains. Walk the Jamison Valley, the Three Sisters, Mt Solitary... Your Team...

beach paraphemalia. From the woollen 'neck to knee's' swimwear of Victorian and Edwardian era, to the skimpy 'itsy-bitsy' bikinis of the 60s. Manly's collection documents the evolving fashions and styles of swimwear and our changing Blue Mountains 5-6 May 2012 Saltwater Freshwater Computers? Yes You Can! Register for computer training at a bargain Saltwater Freshwater - Call for Stall Holders It's not often you get a chance to combine a powerful discussion about skills, training and careers for Indigenous Australians with music, art and culture - and all on Australia Day in Taree! Why not host a stall? The organisers are calling on all crafters, foodies Word and Excel. and anyone who has ever wanted to run a stall to take advantage of The joining fee is only \$25 plus \$30 per term. Bring your own laptop or use our the 5.000+ expected visitors who will flock to Queens Park on January 26. For more info call Jane Donovan on 02 6658 5995 or email stallholders@saltwaterfreshwater.com.au.

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January 8 - 14, 2012: Issue 40

# The New McDRMICK-DEERING STEEL-DEAR MOWER





Push or Reel Mower Illustration: A reel lawn mower, adapted from an illustration used in an advertisement in a 1888 issue of Garden and Forest. The ad was placed by Chadborn & Coldwell Manufacturing in Newburgh, New York

#### McCormick-Deering Horse Drawn Steel Gear Mower

Summer is when your lawn grows, literally, overnight. If you had a few paddocks to keep shorter, and a horse or two lingering, this is what you would have used in the last century or the one before.

Horse-drawn Mowers as useful tools were first developed in the 1850's. Prior to that scythes were used for harvesting or to keep the lawn at bay. The first blades were 4 to 5 feet wide and by the 1920's versions up to 8 feet wide had been built. During the 1930's petrol powered motors became more common.

The one pictured here, from <u>Trevor's Museum</u>, is a McCormick-Deering Horse Drawn Steel Gear Mower, is one of the earliest 4 feet versions and has been restored to working order.

How doe sit work? From: http://www.leonisadobemuseum.org/fe/mccormic.asp

The mover converts the curvilinear motion of the ground wheels into the rectilinear motion of the knife. Transmission by gears alone is the most common method. The large gear is keyed to the main axle, and meshes with the small spur gear on the secondary shaft. The large bevelled gear on this shaft in turn meshes with the bevelled pinion on the counter shaft. The left wheel drives a gear box which powers the cutting. The left back pedal engages the drive shaft. The power is transmitted down the shaft to a flywheel. A piece of wood, which is no longer there, connected the flywheel to the mower blade. The right handle swings the mower vertical to allow for going to and from the field. The right back handle controls the angle of the mower to the ground. The hitch pole is setup for 2 horses that would be walking to the left of the rows now to be mowed.

Cyrus Hall McCormick (1809-1884), inventor of this 'mechanical reaper' first demonstrated his mower at Steele's Tavern, Virginia in 1831. Although is credited with being the inventor, members of his family and others contributed to the design and mechanics.

Sales of these began in 1842. In 1902 the merger of McCormick, Deering (tractor makers) and others created International Harvester which is still in business today.

Domestic 'push or reel mowers' for suburban lawns were invented by Edwin Budding in 1827 in Thrupp, just outside Stroud, in Gloucestershire. Budding's mower was designed primarily to cut the lawn on sports grounds and extensive gardens, as a superior alternative to the scythe, and was granted a British patent on August 31, 1830. It took ten more years and further innovations to create a machine that could be worked by animals, and sixty years before a steam-powered lawn mower was built. The first machine produced was 19in in width with a frame made of wrought iron. The mower was pushed from behind with the motive power coming from the rear land roller which drove gears to transfer the drive to the knives on the cutting cylinder; the ratio was 16:1. There was another roller placed in between the cutting cylinder and the land roller which was adjustable to alter the height of cut. On cutting, the grass clippings were hurled forward into a tray like box. It was soon realized, however, that an extra handle was needed in front of the machine which could be used to help pull it along. Two of the earliest Budding machines sold went to Regent's Park Zoological Gardens in London and the Oxford Colleges.] In an agreement between John Ferrabee and Edwin Budding dated May 18, 1830, Ferrabee paid the costs of development, obtained letters of patent and acquired rights to manufacture, sell and license other manufacturers in the production of lawn mowers.

These early machines were all made of cast iron and featured a large rear roller with a cutting cylinder (a "reel") in the front. Cast iron gear wheels transmitted power from the rear roller to the cutting cylinder. Overall, these machines were remarkably similar to modern mowers (From Wikipedia, *Lawn Mowers*, Jan. 4th Edit, 2012)

#### Further:

Lawn mower. (2012, January 4). In Wikipedia, The Free Encyclopedia. Retrieved from <a href="http://en.wikipedia.org/w/index.php?title=Lawn\_mower&oldid=469591669">http://en.wikipedia.org/w/index.php?title=Lawn\_mower&oldid=469591669</a>

Cyrus McCormick; http://en.wikipedia.org/wiki/Cyrus McCormick

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**DIY Hints** 

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January 2012 Specials in File



JBHandMitre10January2012Specials.pdf

Size: 841.461 Kb

Type: pdf

#### **DIY Oasis**

Johnson Brothers Hardware and Mitre 10 have some great January specials that may inspire you to create a miniature Oasis in your own yard. Summertime is when our children love to 'camp out' and if they're within range of mum and dad the mischief may be kept to a minimum.

For a picnic on the lawn there is a great Blue and Orange Sunshelter which can also then be used for when you visit the beach. At dusk citronella candles may be lit in a perimeter around the oasis area to keep mozzies and other bugs at bay. If you're having an older peoples BBQ Bamboo Torches will light the way and give an authentic oasis feel to your garden surrounds.

There is a ceramic Pizza stone set for food everyone loves, Willow Eskys to keep cordial cold and a Blowmould table to serve it on. There are even children's plastic mould chairs for those who won't sit on a picnic rug.

The garden is the perfect recourse for end of summer days and Johnson Brothers Hardware and Mitre 10 at Avalon and Mona Vale stock a wide range of garden essentials to ensure your green area is welcoming and at its best. The Neta soaker hose and reel currently on sale will ensure no plant has to wilt.

Once you have everyone out of the house you may want to think about remodelling or updating the Kitchen. JBH and Mitre 10 have a great showroom at 7/51 Basset Street, Mona Vale store and expert staff to advise you on the best storage solutions for the kitchen. Their Straightline kitchens start from \$999.00.

Click on logo to visit their website

