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Royal Prince Alfred Yacht Club 2012-13 Sailing Season Opening Day

Left to right: Peter Haig (Cmdr. RMYC), Colin Bansgrove, Richard Hudson (Cmdr. RPAYC 1994-96), John Paul (Past Cmdr. RPAYC), Ian Audsley (Vice Cmdr. RPAYC), John Allanson (Cmdr. RPAYC 1990-92), Volker Aebisher (Cmdr. WPYC), Howard Piggott (Cmdr. CYCA), Fred Bidwell (Director RPAYC), Peter Bennett (Rear Cmdr. Centreboard, RPAYC), Rob Curtis (current Cmdr. RPAYC) Jim Cormack (Rear Cmdr. Cruising, RPAYC), Malcolm Levy (Cmdr. RSYC), Peter McAdie(Rear Cmdr. Membership RPAYC), Ken Hudson (Cmdr. RPAYC 1977-79), Jack Gale (Life Member RPAYC), Ken Mosham (Life Member RPAYC), Simon Grosser (Director RPAYC), Kevin Smith (Cmdr. RPAYC 1981-84), John Berry (Past Cmdr. RPAYC).

Nina Curtis and Hon. Bronwyn Bishop firing the cannon.

Commodore Rob Curtis.

Suzanne Davies (General Manager RPAYC), Nina Curtis, Hon. Bronwyn Bishop, Karen Baldwin (General Manager RMYC) and Hon. Rob Stokes.

Roger, Barbara and Bob ; *Cantina*

Royal Prince Alfred Yacht Club 2012-13 Sailing Season Opening Day - 8th of September, 2012.

Saturday morning on Pittwater was a perfect day; blue sky, fresh clean breezes from the north, sparkling water in the estuary and a sense of peace and quiet… everyone must be elsewhere…voting.

Meanwhile, at the Royal Prince Alfred Yacht Club, an annual tradition which brings smiles to faces and a sense of excitement to many was being fulfilled once again. Since 1867 the Opening of the Sailing Season signals the beginning of social sailing and competitive racing on and around the waterways adjoining the estuary of Pittwater. This prestigious club, well known for 'Excellence in Sailing' and fostering the next generation of Australian elite sailors, is busy outside the season too.

In recent weeks Nina Curtis, daughter of current Commodore of RPAYC, Rob Curtis, won a silver medal in the Women's match racing at the 2012 Olympics. This week RPAYC members Daniel Fitzgibbons and Liesl Tesch won gold at the Paralympics. Josh McKnight's a 21 year old RPAYC centreboard sailor, has been crowned the 2012 Moth World Champion at Lake Garda, Italy. Within Australian waters Ivor Burgess and the RPAYC crew of David Warren, John Harvey, Ian Winter, Ross Raine and Hamilton Farmer, won the Boss Hog Trophy at the Airlie Beach Race Week.

The welcome was hosted by the Commodore Rob Curtis who invited the Hon. Rob Stokes to Raise the Flag this year. Mackellar's Hon. Bronwyn Bishop and Nina Curtis shared the duty of firing the cannon to mark the season open. A Sail Past, with vessels colourfully dressed in signal flags and nautical bunting, all flying the RPAYC burgee while skippers and crew saluted the Commodore and official party with "Three cheers for the Royal Prince Alfred Yacht Club!" began with the larger yachts and closed with those being coached by James Spithill, 2010 America's Cup winning skipper.

James began his sailing at the RPAYC in the club's Youth Development Program. The emphasis on being a family orientated club, which has trained some of the world's finest yachtsmen and women, places this Pittwater Yacht Club among Australia's best and most hospitable. The RPAYC offers year round inshore and offshore racing, cruising, centreboard dinghy racing, sail training and courses. The marina facilities and clubhouse improve every year, often initiating innovations in floating marina berths, or marine services that then become the norm elsewhere.

The Opening Day Yacht Race, 'The Pittwater Dash Spinnaker race' from Scotland Island back to Bayview began the season's unfurling of sails in great style. This is what Pittwater is about, people out on beautiful vessels, exhilarating in sailcloth while reading each shift in wind, immersed in practicing or learning new skills, stretching themselves or simply enjoying the beauty of the season and being on the water.

Three cheers indeed, for the Royal Prince Alfred Yacht Club!

SAILING, the movement by which a vessel is wasted along the surface of the water, by the action of the wind upon her sails. The effect of sailing is produced by a judicious arrangement of the sails to the direction of the wind. Accordingly the various modes of sailing are derived from the different degrees and situations of the wind with regard to the course of the vessel. From William Falconer's *Dictionary of the Marine*;
http://southseas.nla.gov.au/refs/falc/1122.html

Michael Mannington's RPAYC Sailing Season Opening Day Public Gallery.

The Sail Past features in our Pictures Page this week.

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Past Features Archives

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Pittwater Online News

September 9 - 15, 2012: Issue 75

Articles This Week:

Royal Prince Alfred Yacht Club 2012-13 Sailing Season Opening Day

Mona Vale Public School are having their Centenary Celebrations next Saturday, the 15th of September; a prelude of what you will see, apart from all else, in;

Vintage Car Centenary Celebration by Lisa Ratcliff

Reflections By George Repin: THE BALLET RUSSES AND THEIR FRIENDS IN AUSTRALIA

All Previous Articles

Profile: Spring Ladies 2012; women who have an undeniable 'font' within; June Lahm, vibrant Photographic Artist with a love of saltwater and door knockers

Previous Profiles:

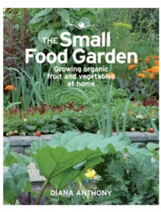
Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Populaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council Zonta Club of Northern Beaches Sydney Northern Beaches Symphonic Wind Ensemble Bei Loon Dragon Boat Club Margaret Molloy OAM Patricia Giles OAM Doreen Cherry Cindy Goode Milman Stephen Marr Bob Hamilton Simon Abbott Peter Rumble Graham Spong Sailability Pittwater Mona Vale Hospital Auxiliary Avalon Active Seniors Group Northern Beaches Orchestra Sonja Elwood

History: The Spring tides of Ocean and Estuary and who has long been in them; Pittwater Sailing clubs and Surf Life Saving Clubs: Mona Vale Surf Life Saving Club - The First 90 Years by Sky Rose of MVSLSC

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry George Scotty Allan McCarrs Creek Narrabeen Creek Careel Creek Currawong Beach Creek Bushrangers at Pittwater Smuggling at Broken Bay An Illicit Still at McCarr's Creek The Murder of David Foley Mona Vale Outrages Avalon Camping Ground Bayview Koala Sanctuary Ingleside Powder Works Palm Beach Golf Course Avalon Sailing Club

Park Bench Philosopher: x 2 Poetics: THE SURFER & THE CRUEL SEA: I AM one with the sparkle and spray— One with the light and the sea



Books: The Small Food Garden - Growing Organic Fruit and Vegetables at Home, Birds of Prey of Australia - A Field Guide, Sustainable Coastal Management and Climate Adaptation, The Cochlear Story - Bright Ideas Series + Two Greedy Italians from Antonio Carluccio and Genarro Contaldo, 9th Edition of Field Guide to Birds of Australia, Kokoda Front Line by Neil McDonald, The story of Damien Parer Australia s greatest war photographer, and Lighthouse Bay.

Old Books: My Garden in Spring (1914) by Edward Augustus Bowles. Publisher: London, T. C. & E. C. Jac = **Gaelic names of beasts (Mammalia), birds, fishes, insects, reptiles, etc. in two parts:** (1905) by Alexander Robert Forbes. + **Shakespeare's greenwood : the customs of the country : the language, the superstitions, the customs, the folklore, the birds & trees, the parson, the poets, the novelist** (1900) by George Morley, of Leamington, Eng. Publisher: London : David Nutt

Events: Lime Cordial All ages gig, Pam Bayfield NEW BOOK Launch, PCA Talk, Try Boating Day 2012, Pittwater to Coffs Regatta OPEN for Entries, Bird Workshop, 132nd Birthday Celebrations at The Arms, Guringgai Aboriginal Tours, SNBSWE Music from the Movies Concert, ASGMWP Info Evening, PCC Events, Native Plant ID, Wildflowers at Elvina, Tanzanian Safari, Sidney Nolan & Patrick White at State Library, Bobbysox at AvRSL, RMYC Ladies Lunch, Council Events and more.

Community News: Pittwater Champions, PB Mermaids, PCA Talk, Force 24 Fleet Racing Results, Author, Author at Maria Regina, AvPals Volunteers needed, DisabiliTea 2012, AFTSF 2013 Grants Open, Nippers 2012, Your Say 2025, Dog Day by The Bay 2012, Artfest 2012, MVPS Centenary, Our Council's Notices, Fed. Govt. Media and more

Environment; Destroyed Coastal Habitats Produce Significant Greenhouse Gas - NEW PAPER, Dugongs under threat, Super Trawler Update, Fishers and scientists examine changing marine environment, Birdwatchers gather to save Asia's coastal wetlands, **September is Save the Koala month**, Australian shipping emissions identified, **Save the Places You Love Campaign**, Attracting Birds to your Yard, Cooee September Issue, local Environment groups and orgs.

Lynda Hill: Update 26.8.12: Getting Your Spurs On And Getting Going: The Pisces Full Moon

Pictures: Royal Prince Alfred Yacht Club's Opening of the Sailing Season Sail Past

Youth: Scientists and schools tackle marine debris, Spring Buzz, Lime Cordial All Ages gig, Powerhouse Museum Online Fun, BackMeUp Winners and Sample, Pittwater Science Club for Juniors, Short Story and Photo Comp., RUOK? Day 2012, Are We There Yet Comp., Library Story-times for Littlies.

Seniors; Dementia Awareness Week 2012, Even the Frail can Benefit from Exercise - New Paper, The Wooden Bowl, 2013 Seniors Week Achievement Awards now open, Grants for Seniors Week too, New AvPals Courses, U3A Lectures, Lumosity, local Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: September 2012: Eric Martel has a passion for yachts, Sydney Harbour and streetscapes

Reflections by George Repin. **This week; THE BALLET RUSSES AND THEIR FRIENDS IN AUSTRALIA**

DIY Hints: Long Hot Summer coming; Spring garden prep.

Collector's Corner: Reel Mowers - great for a backyard cricket pitch, good exercise and petrol-free

Food: Creamy Summer Pudding; a new version of an old favourite tested out.

News From our Inbox Manly 1950 Surf Patrols, Scotland Island 2012, And in our Skies..., ON Earth: Skywalk in China, **Paper Run - Pittwater in 1956.**

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Vintage Car Centenary Celebration

By Lisa Ratcliff

Car hobbyist Jeff Shields has more than one important connection to Mona Vale Public School (MVPS). He attended as a student from 1948 – 1950 and he is the proud owner of a 1912 Cadillac, built the same year classes began at the school's Waratah Street site.

Seventy-four year-old Shields and his beloved black and maroon Cadillac will feature as part of the school's centenary highlight, Festival Day on September 15, and Vintage Motor Show organised by the Pittwater Motor Enthusiasts Association (PMEA).

Due to the connection to the founding year at Waratah St., Shields' American Cadillac and a 1912 Triumph motorcycle will be displayed on the main oval. The remaining vehicles, representing various makes and models from 1909 to the 1970s, will be on show in the staff car park during Festival hours, from 10am to 3pm.

Shields began his schooling in Oberon and transferred to MVPS in 1948 at the start of grade four. The family moved to Gordon Road, now Mona Vale Road, near the Samuel Street intersection, an easy walk over the hill to MVPS.

Moving to Mona Vale was the Shields family's second time on the Peninsula. His mum and older twin brother and sister lived at Narrabeen at the time the last of the trams ran from Manly to Narrabeen and while his father served in World War ll.

Of getting to school and home each day Jeff Shields remembers, 'there were no school buses. Most of the kids walked to school, there was only a handful driven by their parents'.

Students in the late 1940s didn't wear a school uniform, boys were dressed in a shirt and shorts while sports day consisted of walking to Mona Vale sea pool to learn how to swim.

Another marked difference between school policy then and now is that in Shields' day pupils were caned for misbehavior. Shields refers to the cane as 'a lump of timber' and remembers 'some kids were given it every morning as a warning'. Shields made sure he didn't fall into this category, finishing school with only one strike against his name.

Music is a huge part of MVPS's extracurricular activities in this centenary year, whereas recorder playing was the extent of the music program during Shields' school days. He does have a vivid memory of 'a boy the same size as his bugle' playing The Last Post for the school's 75th anniversary celebration.

Shields was actively involved in the 1987 75th anniversary, responding to a call from historian and long-time teacher, Beverley Lewis, for help gathering the names of those from the Northern Beaches who had died serving their country to be added to the school's honour roll.

Jeff Shields remained in the family home for 23 years and has never left the northern beaches. He was a market gardener in Warriewood Valley for 35 years and a nurseryman for 20 years. His current house has six garages for his three cars including his Cadillac, a Land Cruiser for day-to-day driving and an A Model Ford, built in 1928.

Given the Cadillac's age, parts are hard to come by, which is where Shields' two engineer friends come in handy. 'Mostly we make the parts, which is easier when you have two mates who are engineers,' he laughs.

These days Shields rarely takes the Cadillac out, and when he does he needs a driver. Polio epidemics in Australia in the 1930s-1950s affected thousands and the year after leaving primary school Shields contracted the disease, which has affected the strength in his arms.

Shields has kept in touch with a handful of his former schoolmates and says he's revving them up about attending Festival Day. His older brother is travelling from the Gold Coast to be part of the school's birthday celebrations as are many former students, some making the effort to travel from overseas.

Other PMEA members who are former students will be exhibiting their prized cars on Festival Day, just one of the many activities planned for September 15. The PMEA donates at least 25% of membership fees to local community and charity groups. For more information on PMEA go to http://www.pittwatermotorclub.org.au/

MVPS centenary website www.mvps100.org

Pittwater Online News

Pittwater Online Newsletter

Wednesday, September 11, 2013 - 10:00am

Signature 7 - 13, 2013, Score: 70

Achieve This Week

Beach Fitness Bootcamp Mona Vale Beach Basin Outdoor Exercise Classes

Mona Vale Pirates, Forest and Reef Netball Association Competitions each Saturday. We offer all grades from U/6 to Adult. Contact Association for more information.

Whitsunday Sailing Club Whitsunday Sailing Club Whitsunday Sailing Club

Pittwater Cycling Classic Pittwater Cycling Classic Pittwater Cycling Classic

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THE SURFER

I AM one with the sparkle and spray—
One with the light and the sea
Now I break out of a wave,
Now the wave breaks over me!

Up to the combers and in
Breath-taking moment! — and then
The roller lies spent on the sands-
But I go back again!

Oho, white horses and I
Rushing along together
Swift, untamed, and free
Free in the perfect weather

Again and again the green
Arc of the wave over me
I am prostrate here on the sands.
And my gods are the Sun and the Sea!
Boonah.

E. M. ENGLAND,
THE SURFER. (**1935, December 28**). *The Courier-Mail*(Brisbane, Qld. : 1933 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article35919250

THE CRUEL SEA.

FROM "BOELAND HALL" A POEM,

Singing to you
And moaning to me
Nothing is true
In the false cruel sea
Where its lip kisses
The sands, they are bare
Where its foam hisses,
Nothing lives there
When it is smiling
Hushed as in sleep,
It is beguiling,
Some one to weep

They were seafaring
With light hearts and free,
And full of the daring,
That's bred of the sea,
It crept up the inlet,
And bore them away
Where it laughed in the sunlight,
And dimpled the bay.
Singing to them,
But moaning to me,
Tripping it came,
The cold, cruel sea

I heard the oars dipping,
I heard her bows part,
The waves with a rippling
That went through my heart.
And I saw women weeping
And wringing their hands
For the dead that were sleeping
That night on the sands
For nothing is true
In the false cruel sea
Which is singing to you,
And moaning to me.
POETRY. (**1874, August 22**). *The Maitland Mercury & Hunter River General Advertiser* (NSW : 1843 - 1893), p. 5. Retrieved from http://nla.gov.au/nla.news-article18787101

Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 2000.

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JUNE LAHM

June Lahm studied design at East Sydney Technical College (now the National Art School) leading to a career in Gallery Management in London and Sydney. During her childhood she spent many hours "messing about on boats" with her family, both on Pittwater and the Whitsunday Islands and enjoying all the pleasures of a seaside lifestyle. She has lived on Scotland Island since 1976 and followed many creative paths.

June's abiding interest in photography led to her resuming studies to learn the new technology of the digital age, which she describes as '***painting with pixels***'.

Living near the sea is an essential element of her life. She loves colour and is fascinated by texture and nature's patterns, so the sea and surrounding bushland provide constant inspiration for her colourful and varied works. June is also documenting the many activities and personalities of her lively local community and this is a work in progress. http://picasaweb.google.com/offshoregallery

Travels to distant shores, especially Italy, are another source of her images, particularly where life on or near the water is an integral part of and defines the community and are a feature of the varied images in her portfolio. It could be Isola di Procida in the Bay of Naples where the fishermen and their colourful nets on the quayside of Corricella are almost an art installation in themselves; the reflections of architectural elements in the canals of Venice; the detritus on sea washed shorelines in Calabria or Sicily.

June's images are in limited editions and printed with pigment inks on specialist fine art archival papers. June also produces a unique range of greeting cards inspired by her travels and the local area of Pittwater under the banner Purple Basil Editions.

June is an inaugural member of the Pittwater Offshore Artist's Community and has been an organiser and participant in its many successful shows, including the "OFFSHORE" Exhibition at Manly Art Gallery and Museum in September 2011.

Her work has been published in Craft Arts International No 26 (April 1992) "Chair Up" Exhibition, "Water Access Only" (2006) and "A Pittwater Life" by Susan Duncan (Nov 2009).

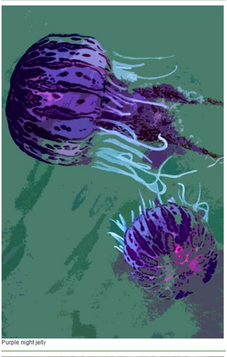
June is a member of the Gone Fishing Gallery, founded by a group of offshore Artists from Scotland Island & the Western foreshores of Pittwater. Since the closure of their exhibition space in the old Pasadena building at Church Point due to the sale of the building, the varied and exciting work of this group of artists can be viewed at **www.gonefishinggallery.com.au**

What is your favourite boat? And on water adventure?

I have happy memories of the first boat my family owned, "*Gipsy*" a small half cabin timber boat with a Simplex motor with the big flywheel start. We kept it on a mooring at Goddard's Wharf at Palm Beach. Many weekend family outings and holidays were spent on Pittwater, fishing and swimming, with pods of dolphins often accompanying us as we motored towards Lion Island, Mackerel Beach and Coasters were our favourite swimming spots, especially the Basin before it was netted off and we could take the boat in through the narrow channel on a good tide. In later years it was bigger boats and adventures round the Whitsunday Islands.

What was it like working in London ?

Working in London in the 70's was fun and my first gallery job there was with the Craftsman Potters Society of Great Britain. The gallery was just behind Carnaby Street in Soho, so one was really close to the action. I had tried my hand at ceramics at Art School with Peter Rushforth so being surrounded by the wonderful work of potters was a pleasure and weekends were often spent visiting their studios and exploring the countryside in our gorgeous blue Fiat Cinquecento.



Purple night jelly

After a three-month break travelling and camping across Europe I returned to London and worked in the British Crafts Centre in Covent Garden. The British craft movement was at its peak during the 1970s and there were many beautiful and creative objects to display and sell. I really enjoyed meeting all the artists and visitors to the gallery and being able to work in such a wonderfully creative environment.

You are also a record keeper, documenting offshore histories and events. Could you share with us two of those that stand out or the one you recorded first ?

I have usually had a camera in hand at most community events but I think the ones I have most enjoyed capturing have been The Island Players Theatre productions and in recent years the fabulous music spectaculars and concerts. The Rocky Horror Show was a stand-out with fabulous costumes and local residents showing undiscovered acting and singing talents.

I've also documented other musical events. The Flaming Doghouse Band has regularly presented cover shows such as Blues Brothers and Pink Floyd and the most recent one The Beatles was just fabulous for old and new fans alike. It was particularly poignant, as it was the bass player Gordon Floyd's last gig before his recent passing from cancer.

Travel is a great source of inspiration for you. Please tell us about your best experience so far...

Italy is my favourite destination in Europe and if there have been any bad experiences they are far outweighed by the good ones. It is hard to pin down the best but I really love the southern regions – Puglia, Basilicata, Calabria, Campania. The Island of Procida off the coast of Naples is a favourite, but recent visits to Matera in Basilicata and the high plains of Abruzzo were wonderful too. The world is a wonderful place and I hope to be able to keep travelling, as there are still lots of places on my wish list.

Your plans for the future; creations - travel ?

I am off to Sicily in October firstly travelling with some friends from London and then joining Art Incontro Sicilia run by Lucia Parella for an 18 day programme of creative workshops and excursions exploring eastern Sicily (based In Syracusa) and Palermo through its written and visual culture.

Tallinn Transience

I have for over many years been fascinated by the hundreds of different doorknockers that adorn the doors of the countries I have visited in Europe and I have been documenting these photographically and researching their history. One day I will publish my collection of images in a book.

During the course of following my passionate interest in this remarkable object I have had some wonderful experiences, meeting historians and curators in museums in New York, London, Prague, Berlin, Paris, Rouen and Venice where there are collections of these very creative sculptural objects. Over the years I have noticed that they are fast disappearing from their original doors, as they are either stolen or removed for sale to collectors and replaced by modern doorbells.

The many shapes and designs of doors and the decorative details of key-holes, locks and hinges, are also in my extensive collection of images.

Where did your creative life begin; what was the spark?

As a child I was always making things, and had fun making puppets and putting on shows for family. I still have a love of puppets and especially enjoy the traditional Sicilian puppet theatre, which I discovered on my travels. I always wanted to go to art school when I finished high school and this I was able to do for three years, following the design syllabus. Photography was not on offer so I have come back to that later. I always remember Hal Missingham telling me he took to the camera to create images because he was surrounded by other artists who were so much better than him with paint. I guess I follow that idea too.

Key to my heart

My maternal grandfather was a photographer in the early 1900's in Germany and had a successful photographic studio there until WWII when it was destroyed during the bombing of Koblenz. One of my Uncles continued to practise after the war in Kassel when he was released from a Russian prisoner-of-war camp and sold his smuggled images of the camp to Stern magazine to re-establish his photographic business.

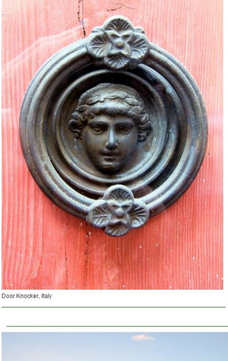
My mother had left Germany in 1939 to marry a Scottish plantation manager in Malaya (he was killed in the fall of Singapore). She met my father here in Sydney and made Australia her home until her death in 2002. So perhaps photography is in my blood.

What is your favourite place in Pittwater and why ?

An early morning kayak up Salvation creek when the tide is high and the only sounds are the calls of the hidden whip birds, the encore of the cicadas songs, then the splash of the paddle as it cuts through the green, crystal-clear water where rays and fish play. It's another world.

What is your motto for life?

It is hard to live life by any one motto but, just now, as I get older and friends pass away far too early, I would say '***don't postpone anything – follow your dreams and treasure your good friends***'



Door Knocker, Italy

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View from my jetty by June Lahm

Salvation Creek by June Lahm

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Above: 1933.

Above: 1966 Touring Team.

MONA VALE SLSC Trove Results.pdf
Size : 93.196 Kb
Type : pdf

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Mona Vale SLSC - The first 90 Years…

By Skye Rose, MVSLSC

The first attempt to form a Surf Club at Mona Vale was in the 1913-14 season, but due to the intervention of World War I, with some attempts afterwards, the Club was not formed until the 1922-23 season, under the name "Mona Vale Surf Bathers' Life Saving Club". The "Bathers" was later dropped from the name.

When the Club was formed in September, 1922, Mona Vale was a smallish outpost of Sydney, with the hills mostly covered with farms and the occasional holiday house. The members in the earliest years were mostly locals, and the first Club president was Australia's first Olympic Gold Medalist in the pool, Freddie Lane. The first Club house was built next to Darley Street, a wooden structure consisting of a large room and two smaller rooms. Unfortunately our ownership of the land was lost through being resumed by the State Government.

During 1930-31 the Club was virtually restarted from scratch by old G.P.S private school boys and thus the Club's name was changed to "The Mona Vale Alumni Surf Life Saving Club", with most of the Club members residing on the lower North Shore, commuting each weekend for patrols and social functions.

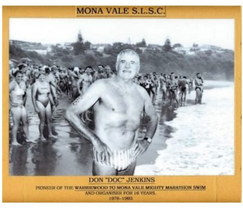
The second Club House was constructed by Warringah Shire Council in 1934 and was a two story brick structure located about 70m southeast of the present building, with a number of subsequent renovations over the years, but was well and truly past its prime when it was replaced by our current building which opened in 1969.

During World War II, the Club was carried on by members until Australia was under threat and barbed wire entanglements were placed on the beach by Defence Authorities with many members recruited for armed service. In 1942, the armed forces took command of our Club House and remained there for the duration of the war.

Our first Life Members were endorsed in 1945-46 – R.A. Dickson and G.R. Wray. The Alumni was dropped from the Club name prior to 1949-50.

The 1970s patrols consisted of mandatory surf reel, line and belt - the normal rescue equipment, and a three sided patrol area. A lot more rescues were carried out for a number of reasons, including poor education and the absence of leg ropes. In 1973-74, the Club received its first IRB courtesy of the Lion's Club, but it was nothing in comparison to the ones of today. The Club celebrated significant success in IRB competition in the 1990s, becoming Branch, State and National Champions.

In 1977-78, our first Marathon Ocean Swim from Warriewood was held with 20 swimmers and years later it continues as one of our biggest fund raisers, named after founder and life member Don "Doc" Jenkin. It was one of the first swims held in Australia, and has been replicated by many other clubs to assist with their own fund raising events. MVSLSC is also now holding the "Cold Water Classic" winter solstice swim as a popular additional fund raiser.



In 1979-80, women were admitted into the Club (which was a hotly debated topic!), and like other Clubs, MVSLSC initially struggled to adopt the cultural change, but soon learned of the benefit of greater patrol strengths and family direction.

Another important milestone was the establishing of the 'Nippers' section, first formed in 1965 to 1972. It was re-established 1977-78 with the Nipper's Clubroom completed 1982.

In 2011/12, MVSLSC celebrated 90 years of protecting and educating our community.

MVSLSC Today…

One of the busier beaches in the Pittwater Council area, MVSLSC also has one of the most challenging beach environments to patrol. How things have changed for the better- in 1981, there were only 30 patrol members. Now, there are over 1,000 members, including 150 active patrolling lifesavers and 400 Nippers. Over a dozen members patrolled for over 50 hours in the 2011-12 season, with two lifesavers who achieved 100+ hours. 65 advanced life saving awards were gained.

Since our beginnings, we– as has the movement in general – have become a much greater professional operation. This is only possible with the significant support of our key sponsors – with Greater Building Society investing in over $75,000 towards lifesaving in recent years as our major sponsor.

We offer quality training to assist new members to become lifesavers, and also to attain further qualifications. Nothing prides us more than to see someone become a fully accredited lifesaver when they initially didn't think they could do it. But Mona Vale Surf Life Saving Club has something for everyone regardless of their age, gender or swimming strength. There is a role for everyone –all sorts of skills are needed to run a Surf Life Saving Club, not just lifesavers!

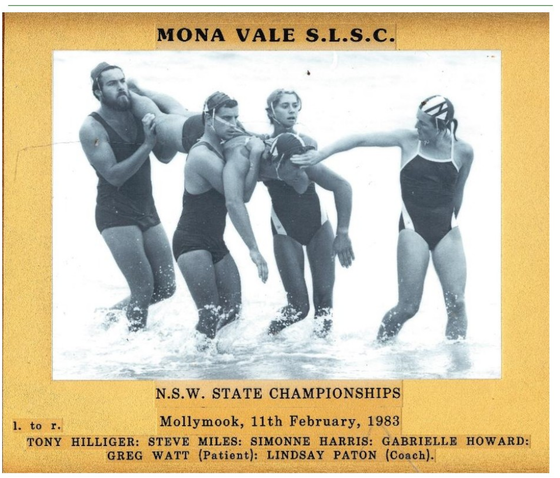
Our Nippers program is credited with being fun and educational and teaches our Under 6's to Under 14 year olds confidence on the beach and in the surf environs. Many of the Nippers often go on to become fully qualified Life Savers.

Whilst often being recognized as a family Club, MVSLSC is also very competitive at Surf Life Saving Carnivals including being the current two time winners of the Australian Surf Life Saving Championships Open Men's Boat Race. Significant training programs under the guidance of qualified and experienced coaches are available to members who are interested, and enable our competitors to achieve their personal goals across a range of disciplines on the beach and in the water, from Nippers to Masters.

We also have great casual training, recreational and social activities and events – we invite you to get involved – please see www.monavalesls c.org.au for more information.

Tweet Like +1

Members with boat, 1933.



Pittwater Online News

September 9 - 15, 2012: Issue 70

Scientists and schools tackle marine debris

Teachers and school students are working with scientists to help monitor marine debris in the Pittwater and Warringah areas. The scientific scientists from CSIRO's Wealth from Oceans Flagship are visiting schools at Broome and Darwin, and teachers are joining a workshop at Narrabeen Sports High School on Monday 10 Sept. The project marine debris survey is around Australia's Marine National Facility research vessel Southern Surveyor, which is owned and operated by CSIRO, and involves 40 scientists and students.

The activities are part of Teachwild, a national three-year research project that is investigating the impact of marine debris in its first partnership with CSIRO and Curtin University's Sustainable Policy Institute. Teachwild is investigating the impact of marine debris and its impacts on Australian wildlife.

Teachwild enables school groups from years 5–10 to join scientists and Earthwatch educators on field trips to local beaches or waterways, and teachers on the ship, to collect marine debris samples. The students and teachers can enter data on a national marine debris database and compare their findings with those of other groups around Australia, from Broome to Hervey Bay to Adelaide. The project complements surveys by CSIRO scientists around Australia's coastline, and will help to build a picture of the impact of marine debris from north of Cairns and around Australia's Marine National Facility research vessel Southern Surveyor, which is owned and operated by CSIRO, and involves 40 scientists and students.

Marine debris is a major threat to biodiversity worldwide and its impacts are rapidly intensifying due to the exponential growth in the volume it released to the oceans. More than six million tons of plastic waste enters the sea each year. Plastic debris is the most visible and large component of the marine debris problem, and has a direct impact on invertebrates, fish, amphibians, birds, reptiles, and mammals, including threatened and endangered species and species.

More than 270 of the world's marine animal species are affected by marine debris, but the full extent of its impact is unknown. A research team led by Dr Britta Denise Hardesty of the CSIRO Wealth from Oceans Flagship is developing models to predict where marine debris to Australian wildlife and ecosystems. They include

- sources, distribution, and abundance of marine debris, exposure of marine wildlife to debris, factors affecting ingestion and entanglement rates, and the fate and impact of entanglement and ingestion.

Data collected during the study will contribute to:

- national marine debris baseline data collection and monitoring
- formulation of waste management policies and practices intended to protect marine ecosystems
- coarse distribution maps for marine debris, and exposure and vulnerability maps for wildlife, to be produced and populated text, for national marine wildlife vulnerability.

Become a Scientist for a Day

Teachwild aims to inspire students to explore their world through science, and to encourage them to become the scientists who will make research innovation in coastal management. Teachwild is based on CSIRO are surveying beaches and birdlife around Australia to investigate the impact of marine debris on wildlife and ecosystems. The threat it poses to the health of our oceans.

Our scientists will inspire students from Year 6-10 with engaging Teachwild activities, including a data collection and monitoring methods. They will conduct a one day field based excursion with classes and deliver classroom sessions to share their research. Each beach surveys to look for marine debris and marine wildlife affected by it. Students will then enter their data into a national database for interactive learning experiences and analysis.

The Teachwild Education Kit is also being developed, email teachwild@earthwatch.org.au or call Earthwatch on 03 9662 6025. Teachwild website: http://teachwild.org.au/

PITTWATER COUNCIL
20 YEARS

SCIENCE CLUB FOR JUNIOR RESIDENTS

Mona Vale Library is offering a special school vacation club for Pittwater pre-schoolers in October. Known as the 'Little Bang Theory Science Club', it will run from **Monday 1 October to Friday 5 October**. The course has been designed by the Children's Discovery Museum and is suitable for children aged 3 to 5 years and their accompanying parent or caregiver.

Library Manager Cathy Rowen said the course would encourage children and adults to explore science through hands-on activities interested in the scientific principles of exploration and discovery, and to develop a love of science, technology, environmental studies, including at home.

The intention is for children to experience each concept, rather than simply talk about it, she said.

The course will run each **Tuesday from 9 October to 30 October from 1.30pm to 2.30pm**, with a maximum of 20 children. A graduation at the last session when each child will receive a certificate. Cost is $10 per child. Bookings are now open at the library, which is stamped after each session.

The four sessions include:

Collecting and classifying – discover how to match objects from around the home including those from a loaned 'discovery box'.

Measuring and recording – learn all about weighing and measuring, one of the most important skills for early discoverers

Experimenting –design your own experiments in the answers

Science fair and graduation – explores the exciting table-top science fairs and participants and a graduation ceremony.

The cost of the four week course is $20. Bookings are essential on 9970 1500, with payment required at the time of booking. For more information call Rebecca on 9970 1522. Mona Vale Library is open from 9.30am to 5.30pm daily.

HSC LOCK-IN AND FREE PIZZA DOOR RETURNS!

Mona Vale Library is once again offering its 'lock-in' HSC students to spend all night studying in the library. The popular event is being held on the HSC exams from the previous year, and is free to students to make use of the quiet environment for studying. "We hope the offer of free pizza on Tuesday evening will help attract HSC students to the library for them," she said. The only requirement for students to take part in the lock-in is that they are in Year 12 this year. The lock-in is on the Tuesday evening of the exams, or for 9 Tuesday the week's morning sessions."

Mona Vale Library is located at 1 Park Street, Mona Vale.

Lime Cordiale and The Grenadiers are launching an EP together in a show aimed at those that don't go to bed early. The split launch party will be at Manly Pavilion on Friday 14 September. The split launch party will be at Manly Pavilion on Friday 14 September. The split launch party will be at Manly Pavilion on Friday 14 September

Pittwater Online News

Front Page | Contents | Park Bench Philosophers | Profile of the Week | History | Youth | Seniors | Environment | Food | Lynda Hill | Fixtures | Community News | News From our Inbox | Books | Events | Artist of the Month | Reflections | Collector's Corner | DIY Hints | Past Features

September 9 - 15, 2012: Issue 75

DEMENTIA AWARENESS WEEK 2012

This year Dementia Awareness Week will run from **September 21 to 28** and will feature Dr Serge Gauthier giving a series of public lectures in major capital cities across Australia. Local activities and events will also be announced around the country for the year, for more information on how you can get involved contact your local Alzheimer's Australia Office. Alzheimer's Australia NSW is the peak body for people with dementia and their families and carers. It provides advocacy, support services, education and information. **National Dementia Helpline 1800 100 500**

Theme: Brain Health – Making the Connections

Activities: World Alzheimer's Day on 21 September. International speaker tour with Dr Serge Gauthier. AA state & territory organisations hold a series of national and local activities. For more information on how you can get involved contact your local AA Office.

Dr Gauthier will do a national tour to discuss:

The possible causes of dementia and the prospects of new treatments. The links between dementia and other chronic diseases, and their management. The potential to include dementia in existing health prevention programs. The evidence base for reducing the risk of dementia. Slowing the progression of the disease and reducing prevalence of dementia.

Tour dates: **17th September (Monday) Sydney**

Event type Seminar

Suitable for All Alz employees, Care Workers, Family and Carers, General Public, Health Professionals, People with dementia. **Members FREE Non-Members FREE** Register for this event. www.fightdementia.org.au/whats-on/dementia-awareness-week-2012.aspx

Dr Serge Gauthier MD FRCPC will be speaking on possible causes of dementia and prospects of new treatment at a public seminar at **NSW Parliament House in Sydney on Monday 17 September as part of a national seminar series for Alzheimer's Australia.**

Professor Serge Gauthier is the Director of the Alzheimer's Disease Research Unit completed Medical training at the University de Montréal and specialty training in Neurology at McGill University, followed by a Medical Research Council of Canada Fellowship in Neurochemistry at Professor Ted Sourkes' laboratory. He is a Professor, Departments of Neurology & Neurosurgery, Psychiatry, Medicine, Associate Professor, School of Physical & Occupational Therapy, Department of Pharmacology & Therapeutics, McGill University

For more information or to register, contact Alzheimer's Australia NSW on 02 9805 0100 or email

DEMENTIA AWARENESS WEEK (DAW) IS THE NATIONAL CENTREPIECE FOR ALZHEIMER'S AUSTRALIA (AA) COMMUNITY AWARENESS ACTIVITIES EACH YEAR.

ABOUT DEMENTIA

The information in this section defines dementia, describes the symptoms and causes of dementia and explains the difference between normal memory problems and dementia.

The Wooden Bowl - C/-Irene Anderson

A frail old man went to live with his son, daughter-in-law, and four-year-old grandson. The old man's hands trembled, his eyesight was blurred, and his step faltered. The family ate together at the table. But the elderly grandfather's shaky hands and failing sight made eating difficult . Peas rolled off his spoon onto the floor. When he grasped the glass, milk spilled on the tablecloth.

The son and daughter-in-law became irritated with the mess.

"We must do something about father,' said the son. 'I've had enough of his spilled milk, noisy eating, and food on the floor.'

So the husband and wife set a small table in the corner. There, Grandfather ate alone while the rest of the family enjoyed dinner. Since Grandfather had broken a dish or two, his food was served in a wooden bowl. When the family glanced in Grandfather's direction, sometimes he had a tear in his eye as he sat alone.

Still, the only words the couple had for him were sharp admonitions when he dropped a fork or spilled food.

The four-year-old watched it all in silence.

One evening before supper, the father noticed his son playing with wood scraps on the floor. He asked the child sweetly, 'What are you making?' Just as sweetly, the boy responded,

"Oh, I am making a little bowl for you and Mama to eat your food in when I grow up.' The four-year-old smiled and went back to work.

The words so struck the parents that they were speechless. Then tears started to stream down their cheeks. Though no word was spoken, both knew what must be done . That evening the husband took Grandfather's hand and gently led him back to the family table.

For the remainder of his days he ate every meal with the family. And for some reason, neither husband nor wife seemed to care any longer when a fork was dropped, milk spilled, or the tablecloth soiled.

On a positive note, I've learned that, no matter what happens, how bad it seems today, life can always get worse, and will be better tomorrow. I've learned that you can tell a lot about a person by the way he/she handles four things:

A rainy day, the elderly, lost luggage, and tangled Christmas tree lights.

I've learned that making a 'living' is not the same thing as making a life." I've learned that life sometimes gives you a second chance. I've learned that you shouldn't go through life with a catcher's mitt on both hands You need to be able to throw something back sometimes. I've learned that if you pursue happiness, it will elude you. But, if you focus on your family, your friends, the needs of others, your work and giving the very best you can, happiness will find you. I've learned that whenever I decide something with an open heart, I usually make the right decision. I've learned that even when I have pains, I don't have to be one.

I've learned that every day, you should reach out and touch someone.

People love that human touch -- holding hands, a warm hug, or just a friendly pat on the back.

I've learned that I still have a lot to learn.

Even the Very Elderly and Frail Can Benefit from Exercise

A study carried out by Dr. Louis Bherer, PhD (Psychology), Laboratory Director and Researcher at the Institut universitaire de gériatrie de Montréal (IUGM), an institution affiliated with Université de Montréal, has shown that all seniors, even those considered frail, can enjoy the benefits of exercise in terms of their physical and cognitive faculties and quality of life and that these benefits appear after only three months.

This discovery is excellent news, as increased life expectancy has also increased the number of frail seniors in our societies. In geriatrics, frailness is characterized by decreased functional reserves in an individual, which increases vulnerability to stressors and the risk of adverse health effects. Frailty is associated with a higher risk of falls, hospitalizations, cognitive decline and psychological distress. Currently, 7% of seniors aged 65 to 74, 18% of those aged 75 to 84, and 37% of seniors over the age of 85 are considered frail.

"For the first time, frail senior citizens have participated in a study on exercise thanks to the collaboration of medical doctors at IUGM who provided close medical supervision. My team was able to demonstrate that sedentary and frail senior citizens can benefit from major improvements not only in terms of physical function but also brain function, such as memory, and quality of life," stated Dr. Bherer.

"We hope to adapt the exercise program used in the study and make it available to the public through the seniors' health promotion centre that the IUGM is developing. We believe that by transferring our research findings to the public, we will help both healthy and frail senior citizens stay at home longer," concluded the researcher.

Research summary

In this study, 43 of the 63 participants between the ages of 61 and 89 years, some of whom were considered frail, took part in group exercises (3 times a week for 12 weeks), while the control group of 40 participants did not follow the exercise program. All participants were evaluated one week before the start of the program and at the end of the program in terms of their capacity, quality of life and cognitive health. Compared to the control group, trained participants showed larger improvement in physical capacity (functional capacities and physical endurance), cognitive performance (executive functions, processing speed and working memory) and quality of life (overall quality of life, recreational activities, social and family relationships and physical health). Most importantly, benefits were equivalent among frail and non-frail participants suggesting that they will never too late to engage in exercise intervention programs . These findings were published online on the Web site of the Journals of Gerontology. This research received financial support from the IUGM's Comité aviseur de la recherche clinique (CAREC) along with the Canadian Institutes of Health Research (CIHR).

Francis Langlois, Thien Tuong Minh Vu, Kathleen Chassé, Gilles Dupuis, Marie-Jeanne Kergoat, and Louis Bherer. *Benefits of Physical Exercise Training on Cognition and Quality of Life in Frail Older Adults*. J Gerontol B Psychol Sci Soc Sci first published online **August 28**, 2012doi:10.1093/geronb/gbs069

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on computers / networks / computing. From the smallest problem

(how to hold the mouse!) to much more serious matters, there is a trainer who can help.

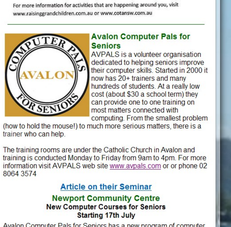
The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

Article on their Seminar

Newport Community Centre
New Computer Classes for Seniors
Starting 17th July

Avalon Computer Pals for Seniors has a new program of computer courses for seniors over 55 to be held at the Newport Community Centre. There are courses for a range of subjects to assist beginners or those who need to keep up with the new technologies. These include the popular topics such as:

Beginners introduction to computers, Skype, iPads, Social media - Facebook and Twitter, Apple MAC, Digital Photography (extended 6 week course), Android Tablets, Smart phones, Genealogy, Scanning and printing



iPads and tablets are today's big sellers and there are courses for beginners and also a two part course which will extend the users knowledge and working with these exciting devices. Apple MACs are becoming popular due to their ease of use and brilliant displays. If you are a PC user and are tempted by MAC then there is a course just for you. Beginners have a choice of courses with a two part course on computers for beginners and if you have a new iPad there is a beginner's course for you.

Photographers will enjoy the extensive five part Picassa Digital Photography course conducted by our resident expert Brian Hindes. Along with photography, one of the popular uses of a computer is tracing your ancestors . Computers are good at genealogy and tracing your family tree can be exciting.

Scanning new technologies in a small local group is productive and fun.

AVALON COMPUTER PALS NEWPORT SHORT COURSES
TERM 3 2012 - Newport Community Centre: 11-13 The Boulevarde, Newport. Bookings essential Phone 8064 3574 (for over 55's)

TUESDAY 11TH SEPTEMBER
Room 1: BEGINNERS INTRODUCTION TO COMPUTERS (cost $10) -hardware and attachments, -software and uses, -introduction to emailing and Goggling
Room 2: iPad –part 2 –understanding your iPad, -downloading apps and their useage, syncing with PC's and Apple Macs

TUESDAY 18TH SEPTEMBER
Room 1: SMART PHONES AND CHEAP PHONE CALLS (cost$10)
Room 2: iPads and iPods(music) – part 3
-integrating your computer phone iPad and iPod
-photos on iPads

Media Releases concerning Seniors this week from National Seniors Australia :

With around a quarter of a million members, National Seniors is Australia's largest consumer organisation for the over 50s and fourth largest group of its kind in the world.

Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a senior's apartment

We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.

www.seniormovers.com.au

Also see Belinda Grundy's Profile and other great Business; www.bgpropertystyling.com.au

The Senior Newspaper Online
Click on logo:

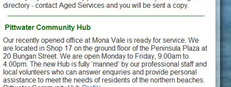
Australian Senior PUBLICATIONS

Keep your Wits About You

A regular contributor suggests we all look at Lumosity to see if will suit keeping active mentally. Their website states: "Improve Brain Health and performance. Designed by neuroscientists, Lumosity exercises

improve core cognitive functions. Researchers have measured significant improvements in working memory and attention after Lumosity training. Dozens of research collaborators help improve the Lumosity training program and its effectiveness." You can visit their website to decide for yourself

at www.lumosity.com/app/v4/personalization

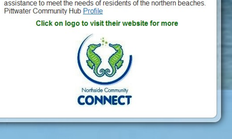


Contact Community Care Northern Beaches by clicking their logo:

CCNB COMMUNITY CARE NORTHERN BEACHES LIMITED

Internet Relay Calls

Internet relay calls are ideal if you are deaf, can't hear well or have difficulty using your voice. You just need an internet connection. All standard calls are free within Australia. See more at: Relay Service and in video below



Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week, $8.00 casual Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au

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Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets for Seniors Week. The Services, Activities & Housing Directory 2012-2013 is a one-stop-shop for all northern beaches seniors thanks to a successful partnership between Warringah, Pittwater and Manly Councils.

The directories can be found at Council's Customer Service; Libraries, Community Centres or online at the council websites.

If older people with mobility problems have difficulty assessing the directory - contact Aged Services and you will be sent a copy.

Pittwater Community Hub

Our recently opened office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street. We are open Monday to Friday, 9.00am to 4.00pm. The new Hub is fully manned by our professional staff and local volunteers who can answer enquiries and provide personal assistance to meet the needs of residents of the northern beaches. Pittwater Community Hub Profile

Click on logo to visit their website for more

Northside Community CONNECT

Pittwater Online News

Pittwater Council's Community Newsletter

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Community News | News from our natural | Books! | Events | and of the Month

September 7 - 15, 2013: Issue 79

The Superb Tantawangalo

The controversial Mangrove super trawler, currently docked at Port Kembla, has been fishing in Australian waters for the past 12 months. Last warrior, the trawler has been harvesting Australian fish stocks under federal regulators approved its offloading. After consulting Victorian and Tasmanian fishing industry representatives, Australian fisheries authorities. The company has submitted its application to catch 5,000 tonnes of Jack Mackerel and 1,000 tonnes of Blue Mackerel each year. Tuna Boats Association chairman Jeremy Hansen told ABC Radio that the Australian Fishing Industry Association (AFIA) and the Small Pelagic Fishery Statutory Management Plan. They will need to apply for a permit to operate in Australian waters. The permit will be subject to the Small Australian fishing quota and may be up to 30 days. Federal regulators approved its offloading. After consulting Victorian and Tasmanian fishing industry representatives, Australian fisheries authorities. The company has submitted its application to catch 5,000 tonnes of Jack Mackerel and 1,000 tonnes of Blue Mackerel each year. Minister, Tom Hal, ordering Australian fishing industry representatives and the Small Pelagic Fishery Statutory Management Plan. They will need to apply for a permit to operate in Australian waters. The permit will be subject to the Small Australian fishing quota and may be up to 30 days.

The Mangrove, based in Tasmania, is one of 34 Tasmanian fishing boats that have been granted Small Pelagic Permits by the Federal Government to assist them with export costs. A spokesperson for the Australian Fishing Industry Association (AFIA) said that Australian Fisheries, or the Japanese vessel Yuan Yuan Hao.

Where are the proposed fish caught going?

In the region managed or to other fishers in the region. Is there an Active ebook link," said Deputy Tasmania director Gerry Geen (28 August '13 a petition signed by 50,000 was delivered to Senator Ludwig. Fisheries Minister. Another is current online, and anger at the Australian Fishing Industry.

Labor senator Lisa Singh, Labor senator Lisa Singh, Australian fisheries and sea creatures.

Tough new environmental conditions imposed on super trawler - Media release - 4 September 2013 - The Hon Tony Burke MP, Minister for Sustainability, Environment, Water, Population and Communities

The Super Seafarer will need to adhere to stringent new conditions under approval granted today by the Australian Government. Minister for Sustainability, Environment, Water, Population and Communities, Tony Burke, has imposed new conditions on the management regime for the small pelagic fishery that will require the Super Seafarer to carry 100 per cent observer coverage, to operate within 20 nautical miles of the coast for species, cetaceans and listed marine species are not killed or injured as a result of fishing operations.

"My role as environment minister is to ensure that fisheries are managed sustainably and that the impact on the marine environment is minimised," Mr Burke said. "I am satisfied that this is the case. This is the first time a trawler with a storage capacity of 2000 tonne or more is being allowed to operate in Australian waters. I have therefore decided to take a precautionary approach to the management of this new and massive potential risks to wildlife. I want to ensure that the environmental impacts of this vessel are fully understood before it is fully operational.

"I am using my powers to amend a declaration of the fishery in a way that will require the Super Seafarer to carry 100 per cent observer. It will be liable to prosecution if it does not. Observers on board will have developed will require the super trawler to adopt world-best practice in relation to the discharge of fish waste and the management of risks to seabirds and other protected species," Mr Burke said.

Fishers and scientists 'very impressed' by action taken over historic whale entanglement – CSIRO September 3rd, 2013

Spearfisher Adrian Jenkins with a Pelorus Mussel Farm anchored in the background. Photo: Supplied

Fishers and scientists will be better informed about the impacts of a changing marine environment – CSIRO research to help the partnership. Competitive executive officer Craig Foster said the past 50 years will be used by CSIRO scientists in a new project investigating the impacts of climate change on the fishing and aquaculture industries in Australia's south-east marine region.

CSIRO Wildthings project spokesperson Craig Foster said the project will help fishers and scientists understand how these changes will affect the industry.

"Recreational users of coastal waters are often in the best position to see changes in the marine environment," said Dr Gabby Ahmer, Australian Government Department of Sustainability, Environment, Water, Population and Communities. "Results of the project are expected to be available in May 2014."

Coastal waters off the east coast of Tasmania are warming at 3–4 times the global average, largely resulting from the intensification of the East Australian Current (EAC). Ocean warming is also affecting the distribution of species, with some species moving south to escape the impacts, for example, on endangered giant kelp forests and commercially important rock lobster.

Warming waters are also causing changes to aquaculture, as warm-loving species such as Pacific oysters and Yellowtail kingfish move further south.

Scientists will review historic records from New South Wales, Victoria and Tasmania to identify changes in the past 50 to 70 years.

"Long-term, statistically robust datasets of marine species are extremely rare," said Dr Ahmer. "Historic fishers' logbooks and museum surveys are among the few records that go back to the 1940s and earlier. Spearfishing competition data sheets are a historical resource that can provide information on changes in the abundance of species."

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'Lady of the Sea' under threat - First published 4 September 2012

No dugong calves were seen during the Ocean Watch survey. Reed in a survey last year, and Dr Helene Marsh, James Cook University, said the dramatic decline in the population in the region. The results show a reduction in dugong numbers of 52 per cent between 2011 and 2012, which exacerbated a decline in their seagrass feeding habitat after Cyclone Yasi.

James Cook University professor and Professor Helene Marsh recently conducted a project to examine the concern. Marine wildlife experts from the Australian Marine Mammal Centre.

The latest survey of dugongs in Moreton Bay and Hervey Bay, conducted in the summer of 2010/11 had affected the Great Barrier Reef Marine Park Authority (GBRMPA).

"There was a significant decline in dugong numbers after the 2011 dugong die-off, but we were hopeful that the population would recover," Professor Marsh said. "Unfortunately, they have not."

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Destroyed Coastal Habitats Produce Significant Greenhouse Gas

(Aug. 6, 2012) – Destruction of coastal habitats may release as much as 1.02 billion tons of carbon dioxide annually, which is more than twice the amount previously reported, according to a new Duke-led study.

"On the high end of our estimates, emissions are almost as much as those from deforestation," said Duke University's Joseph Yvon-Durocher, who led the study. Yvon-Durocher is a postdoctoral fellow at Duke's Nicholas Institute for Environmental Policy Solutions. "That's a significant source of carbon that's not part of greenhouse gas inventories and is not being considered in efforts to developed nations."

The study looked through biological processes and stored in coastal habitats, such as mangrove forests and salt marshes, are often called "blue carbon." Three-fifths these wetlands are drained and converted to other uses, such as agriculture and urban land, which can be a major source of carbon dioxide and methane. Overall, it releases carbon dioxide over days or years.

The 1% CO2 ONE study looked at the amount of carbon might be released from coastal habitats destroyed in 2030. Co-author Craig Stallen, a State University's Daniel Donato, co-lead author of the paper. "With the exception of tropical forests, coastal habitats on which they destroying rapidly is startling."

The countries in the Fenwa also support more than one-third of the world's mangrove forests, which are among the most carbon-rich and productive ecosystems. Mangroves are also increasingly known for the conversion of coastal wetlands for urbanization, and industrial, agricultural and aquaculture purposes. The study found that losses of up to 50% of mangrove forests (including mangroves have occurred in China over the past 50 years, which is more than twice the rate of loss of tropical forests. "Mangroves are found in the near future, as many more coastal development projects are planned for these areas," said Yvon-Durocher. "There is an unsustainable fishing and exploitation of the coastal zone."

Scribd Government is working to protect and restore the forests of Eastern Australia.

Scribd Government is working to protect and restore the forests of Eastern Australia.

Wills Vagabat, Carved Playing Public, September 2013

Birdwatchers gather to save Kate's coastal wetlands

Imagine a bird that went over the 11,700 km from the high arctic to Australia in non-stop flight. Now imagine a tiny wintering grounds in New Zealand in Australia's Kakadu National Park. Now imagine it's chicks have to fly 10,300 kms long, then after refueling for a few days, have to fly another 1,400 kms to Kakadu. Now imagine that it's not just one bird but 400,000 of them. That's the incredible migration of the Great Knot.

Great Knot in Australia's Kakadu National Park. Photo: Supplied

The world's largest wetland reserve, Kakadu National Park is in serious trouble. Invasive weeds, fed by nutrients from fertilizers and feral animals, are destroying the habitat of the Great Knot and many other species. **Now it's your turn to join over 1,000 birdwatchers from around the world to help save Kakadu. Come on any day that suits you.** Bring the family and make a picnic of it.

Contact Marita on 0429 459 202 or marita.macrae@gmail.com for more information. Or visit www.birdlife.org.au/kakadu for more information.

Birdlife Australia - New Website and Quarterly Magazine

Birdlife Australia has begun a quarterly magazine, Australian Birdlife. Visit www.birdlife.org.au/australian-birdlife

This organization, which has been going for a long time, has been a leading authority and advocate for the protection of Australia's birds, achieved by combining scientific research with community action. Its new website and magazine are designed to help more people get involved in the study and protection of species of birds in Australia and its external territories. Membership is $60 per year and includes the magazine. Check out see if you could help them out as a volunteer.

Places You Love Campaign – from Birdlife Australia

This Tweed Valley Koala Centre site suggests how to build suitable boxes: HERE

Koala populations in areas with bushcare bees has not been easy to find, but Birdlife Australia has a list of areas that they are working on. **Get it here you to join one (or more) of Southern Cross Uni's Koala Clubs. Or start one in your area. Come on any day that suits.** Bring the family and make a picnic of it.

Contact Marita on 0429 459 202 or marita.macrae@gmail.com for more information. Or visit www.birdlife.org.au/kakadu for more information.

Birdlife has destructible donations for environmental projects in the Northern Rivers. Contact Birdlife Australia at www.pittwaterbirdlifeaustralian.org.au

Birdlife our Golden Bird!

Australian Native Pools website: http://www.anfh.org.au/

About 70% about 1000 be reclaiming National Parks of the original one European bustard in Pittwater remains in a reasonably natural state. Australia's environment is under threat from a number of key issues. All remaining biological diversity in Pittwater's region, including encroachment, illegal clearing, weed invasion, feral animals, altered fire regimes, habitat fragmentation and degradation, and other global impacts.

Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act 1995. There are two endangered populations (Koala and Squirrel Glider) and 26 endangered ecological communities listed under the Act. Pittwater is not free from pressures that affect

Australian Native Foods website: http://www.anfh.org.au/

Think before you print. A tide of recycled paper creates around 13 kilograms of carbon emissions, without taking into account the energy and resources used to make the paper. So, before you print a document ask yourself, do you how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Federation Authority Carbon Footprints Document

17th Century Dutch explorers help the Atlas reach a major milestone: 30 million records!
From CSIRO Media Releases

The Atlas of Living Australia, a collaboration between all Australian museums, herbaria and universities, CSIRO, Adelaide and Southern Cross Universities and the Commonwealth Environment Research Facilities, has reached a major milestone of which uses a Google Maps interface to display data, and its record for a Brush-Bronzewing dated 1922.

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of earth, the compactness of rock."

from the Prayer of Saint Patrick

New coastal website linking local research with local councils
From CSIRO Media Releases

The latest coastal website will be for all councils in the Kingdom of councils and developers, launched at the Australian Coastal Councils Conference in Hobart. The CSIRO-developed website will provide coastal councils with online access to tools and data, and links to find research needs at a national level. It will also provide regional and local research projects.

CSIRO committed to creating the Coastal Collaboration Hub in response to Australian Coastal Councils Conference, which was initiated to raise awareness of the range of coastal research available.

The website has short, plain-English, at-a-glance research summaries and provides further links to freely available data and publications. It will also host a discussion forum for coastal managers to share their experiences.

The Hub is part of the Australian Coastal Ecosystem Facility (ACEF) project funded by the Australian Research Council Linkage Program and the Australian Government Department of Sustainability, Environment, Water, Population and the Super Science Initiative.

Fishers and scientists examine the past to understand a changing marine environment – CSIRO September 3rd, 2013

Spearfisher Adrian Jenkins with a Pelorus mussel farm anchored in the background. Photo: Supplied

Fishers and scientists will be better informed about the impacts of a changing marine environment – CSIRO research to help the partnership. Competitive executive officer Craig Foster said the past 50 years will be used by CSIRO scientists in a new project investigating the impacts of climate change on the fishing and aquaculture industries in Australia's south-east marine region.

CSIRO Wildthings project spokesperson Craig Foster said the project will help fishers and scientists understand how these changes will affect the industry.

"Recreational users of coastal waters are often in the best position to see changes in the marine environment," said Dr Gabby Ahmer, Australian Government Department of Sustainability, Environment, Water, Population and Communities. "Results of the project are expected to be available in May 2014."

Coastal waters off the east coast of Tasmania are warming at 3–4 times the global average, largely resulting from the intensification of the East Australian Current (EAC). Ocean warming is also affecting the distribution of species, with some species moving south to escape the impacts, for example, on endangered giant kelp forests and commercially important rock lobster.

Warming waters are also causing changes to aquaculture, as warm-loving species such as Pacific oysters and Yellowtail kingfish move further south.

Scientists will review historic records from New South Wales, Victoria and Tasmania to identify changes in the past 50 to 70 years.

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Community Gardens bring Bilgola Plateau Public School a new accessible food garden

Community Gardens bring Bilgola Plateau Public School a new accessible food garden to the Bilgola Plateau area. Our aim is to grow food organically and sustainably. Not only will you benefit, but it's not just about great food. The gardens will also provide creative ideas for community groups and schools.

Open to all ages and skills, our first garden is on the grounds of Bilgola Plateau Public School. Please contact us if you would like to be involved in the exciting initiative to change the world to locals.

Email: contact@bpcg.org.au or bpcg.org.au

Visit us at facebook.com/bpcg.org

Pittwater Natural Heritage Association Inc.

What Does PNHA Do?

On-ground bush regeneration: eg. Kanangra Fern Oval Days Activities (guided walks, bush tucker)
Quarterly informative newsletter; online or paper
Monthly meetings with guest speakers/general news and events
AGM with Guest Speaker
Liaise with Pittwater Council on managing garbage for Native Vegetation and Asset Native Vegetation
Lobbies Pittwater Council and State Government on environmental issues affecting Pittwater's natural environment
Submissions supported by Council for PNHA approved grant applications for environmental projects
Photographic Competition: Flora, Fauna, Birds or Waterways in Pittwater: Showcasing Pittwater's beautiful and attractive cards with photos of Pittwater scenes, flora and fauna $12.50

Email: pnhainfo@gmail.com or **click on Logo to visit website.**
PROFILE

ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to raise awareness about the unique natural environment and our traditional Aboriginal knowledge. The calendar, which features a different species each month, includes the Latin, Aboriginal, Dharug and Kuringai names, as well as the images and stories of residents and cultural to staff from the Council's Coastal Environment and Natural Resources team.

Pittwater Council's Coastal Environment and Natural Resources staff at the Pittwater, Hornsby and Goldcoast Councils'

September 9 - 15, 2012: Issue 75

Creamy Summer Pudding

Last Sunday we enjoyed this beautiful berry-rich pudding prepared by a lady who knows what dad likes, mum. Originally known as 'hydropathic pudding' this 19th century dessert is said to have been served at health spas and resorts. The luscious berries are loaded with pectin, a type of fibre that can help lower cholesterol and also contain cancer-fighting ellagic acid and carotenoids. In this version, from Essentials magazine, a few more berries and a little less cream was added in the mix so it could be whipped and piled on top. Pretty sure an extra pour of Amaretto was involved too. Pure yum! Well done mum.

Creamy Summer Pudding
Ingredients
250g fresh summer fruits (mixed raspberries, strawberries, blueberries and redcurrants)
50g caster sugar
5tbsp Amaretto
150g (approx 20) sponge fingers
For the filling
250g mascarpone
25g icing sugar
200ml whipping cream
2tsp vanilla bean paste or extract

Method
Put half the fruit into a pan with the sugar, Amaretto and 2tbsp water, stir to combine, then heat gently for 2-3 mins until the sugar dissolves and the fruit starts to release its juices.
Strain through a sieve into a bowl and set aside. Line an 850ml pudding basin with clingfilm (see our tip). Dip the sponge fingers one by one into the fruit juice, arrange about 16 around the edge of the basin so there are no gaps, and squash 2 or 3 into the base (again no gaps). Chill any spare juice in the fridge for serving.
Beat the mascarpone with the icing sugar. Beat the whipping cream until thick, then combine with the mascarpone and vanilla. Fold in the cooked fruit and spoon the mixture into the basin. Cover with clingfilm and chill until ready to serve.
To serve, turn the pudding out onto a plate, garnish the top with the fresh fruit and pour over the reserved juice.

Tweet Like +1

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Sail Past Salute – Royal Prince Alfred 2012-13 Sailing Season Opening Day, Saturday, 8th of September

SALUTE, (*salut*, Fr. from *saluto*, Lat.) a testimony of deference or homage rendered by the ships of one nation to another; or by ships of the same nation to a superior or equal.

This ceremony is variously performed, according to the circumstances, rank, or situation of the parties. It consists in firing a certain number of cannon, or vollies of small arms; in striking the colours or top-sails; or in one or more general shouts of the whole ship's crew, mounted on the masts or rigging for that purpose.

Derived from Thomas Cadell's new corrected edition, London, 1780, page 255, 2004 at: http://nla.gov.au/nla.cs-ss-refs-falc-1131 and originally from William Falconer's Dictionary of the Marine; http://southseas.nla.gov.au/refs/falc/1122.html

Images by Michael Mannington and A J Guesdon, 2012.

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Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

Surf patrol – 1950

Surf Patrol shows the work of the volunteer life-savers who patrol Australia's dangerous surf beaches, saving hundreds of lives each year. Australia's beaches, ringed as they are by dangerous surf, call for vigilance by even the best swimmers. The film stresses that these men and women, who devote their energies to this, give up much of their leisure to equip themselves for the task. As well as being expert swimmers and qualifying for swimming awards, they spend as many as two or three evenings a week studying life-saving methods and human physiology. How they man life-boats which fight huge seas, how with belt and line they brave heavy seas to rescue the unfortunate and unwary, and how they apply the most efficient methods of resuscitation to the apparently drowned, makes a highly exciting and interesting film. 1950. Directed by Jack S. Allan. Produced by National Film Board. Locations: **Manly Beach and Surf Club**

Glass Skywalk in the Tianmen Mountain -from Irene and John Anderson

China's newest tourist attraction ... a glass-bottomed walkway around a cliff face. Brave tourists looking to test their nerves have flocked to China to walk across this dazzling glass bridge suspended from a cliff face.

The oriental Sky Walk is situated 4,700ft above sea level on the side of the Tianmen Mountain in Zhangjiajie, China. In order to keep the glass path clean, tourists are asked to put on shoe covers before walking.

The 200ft long bridge joins the west cliff at the Yunmeng Fairy Summit, the summit of Tianmen Mountain and Zhangjiajie. The pathway, built earlier in the summer echoes the glass-bottomed walkway at the Grand Canyon in the U.S. The 70ft bridge is 4,000ft above the natural wonder and allows tourists to look through 2.5in of crystal-clear glass to the Canyon floor below.

The Tianmen mountain, literally translated as ***Heavenly Gate Mountain*** is so called because of a huge natural cave that occurs halfway up to the summit.

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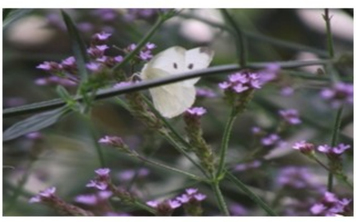

And in our Skies...

Earth's polar magnetic field remains stormy and unsettled after the CME (coronal mass ejection on the sun) impact of Sept. 3rd. Today (6.9.2012) began with a moderately strong (Kp=6) geomagnetic storm, which sparked bright auroras around the Arctic Circle. Jónína Óskarsdóttir sends this picture of the display from Faskrudsfjordur, Iceland. Courtesy of: spaceweather.com

Scotland Island. Pittwater (and Lovett's Bay, Elvina). Published on Mar 29, 2012 by nodrogyendor

Every hour a small commuter ferry leaves Church Point on a route around Scotland Island. It is the most beautiful secret of Sydney waterways. For a few dollars you have the opportunity to enjoy the beauty of Pittwater. It is Sydney at its best.

Paper Run - Pittwater in 1956

Uploaded by FILMAUSTRALIA: Made by The Commonwealth Film Unit 1956. Directed by Malcolm Otton. A panorama of scenic beauty unfolds as the newspaper delivery man works his run along **Sydney's northern beaches of Newport and the Palm Beach area**. Commonwealth Film Unit 1956.

Sydney Opera House Big Moments

The Sydney Opera House turns 40 next year. A short History of this building is here. A Competition launched at the end of June calls for all to share their 'Big Moment' at this Sydney landmark; this can be a concert on the forecourt or simpler moments. You will win a dinner for you and your friends on the Concert Hall Stage if your entry is successful. **Competition closes December 14th, 2012**. Full details HERE

Tomorrow's P - 10, 2021, Does It?

Lucinda and The Wonderful Wishing Well
Lucinda and The Wonderful Wishing Well is a delightful story about a little girl who finds a wishing well in the garden of her new home. Lucinda's wishes are all about helping others and making the world a better place. Lucinda and The Wonderful Wishing Well is available from Amazon in paperback and Kindle versions.

Whale Museum Fund Drive

Australian Whale Museum Fund Drive is a fundraising campaign to build a museum to house the skeleton of a humpback whale that washed up on Whale Beach in 2020. The museum will be a place where people can learn about whales and their importance to the ecosystem.

The Wildlings
The Wildlings is a children's book series by author and illustrator, Sarah Jane. The series follows the adventures of a group of animals who live in the forest. The books are available in paperback and Kindle versions.

Sydney Opens
Sydney Opens is an annual event that allows people to explore some of the city's most interesting buildings. The event is usually held in October and includes tours, talks, and other activities.

Pittwater Online News
Pittwater Online News is a local news website that covers the Pittwater area in Sydney, Australia. The website includes news, events, and community information

Pittwater Online News

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Members of the Company arriving at the Repin home: Roman Jasinsky, Anatole Oboukoff [i.e. Obukhoff], Sono Osato, Serge Lifar and Yura Lazovsky, Bellevue Hill, New South Wales, 1940 nla.pic-vn4468783. Photo by Ivan Repin.

Members of the Company arriving at the Repin home: Vera Nemtchinova [i.e.Nemchinova], V. Grigorieff, Lubov Tchernicheva, Serge Grigorieff and Michel Panaieff, Bellevue Hill, New South Wales, 1940 nla.pic-vn4468783. Photo by Ivan Repin.

Sono Osato ballerina, negative is dated August 1940, photograph by Ivan Repin at his home at Bellevue Hill, N.S.W.

Dimitri Rostoff male dancer, negative is dated August 1940. Rostoff danced the title role in the ballet 'Paganini' (the choreography for which is believed to be lost). Photograph by Ivan Repin at his home at Bellevue Hill, N.S.W

THE BALLET RUSSES AND THEIR FRIENDS IN AUSTRALIA

By George Repin

The impact of the Ballet Russes on our cultural life endures and the love of ballet has been nurtured by the Australian Ballet and its predecessors decades after the ballet companies' three Australian tours, the last in 1940.

To commemorate the centenary of the debut in Paris in 1909 of the original Ballet Russe, established by Sergei Diaghilev, and the 70th anniversary of performances in Australia of Colonel de Basil's company in 1939 an exciting four year research project was started in 2006 bringing together the expertise of the Australian Ballet, the National Library of Australia and the University of Adelaide. The project culminated in two outstanding exhibitions in Canberra.

Capturing the Ballet Russes at the National Library of Australia drew on the Library's collections, revealing the artists who created the Ballet Russes and their experimental productions, the dancers who captivated Australian audiences and the Australian artists whom they inspired.

The Ballet Russes 1909-1939 at the National Gallery of Australia traced the Ballet Russes story through the company's designers, displaying the costumes and some original designs for major productions. Evoking the exoticism and drama of the Ballet Russes performances the exhibition showed aspects of their influence on early 20th Century design.

As part of the commemoration the Australian Ballet in its 2009 season performed three of the ballets which had been seen during the first years of the Diaghilev Ballet 1909 season– *Firebird, Les Sylphides* and *Petrouchka* - and many other activities included talks by experts, films and displays of ballet memorabilia.

Dr Michelle Potter, former Curator of Dance of the National Library, who over the years has written and spoken extensively about Dance, spoke about the outstanding way Australians took the members of the ballet companies to their heart – as Max Dupain said they were *taken into the bosom of Sydney and feted and entertained.* The substance of Dr Potter's talk is available online as *Michelle Potter....on dancing>* *Sydney friends of the Ballets Russes: the repin family.*

The following are extracts from her article:

"*Each city the companies visited had its complement of Australians who made it their business to find a way to entertain the dancers at weekends."*

"In Sydney there was dermatologist Dr Ewan Murray Will, for example, who entertained many of the dancers at his beach house at ***Bungan Beach*** *just north of the city, and who recorded some remarkable footage of dancers performing on the beach."*

"There was also the Repin family .....whose friendship with a group of dancers and others from the Original Ballet Russe tour of 1940 has not been so well documented."

Repin's "*.....employed many Russian speakers, including Estonians and Ukrainians.....". "The Russian speaking dancers enjoyed coming to the Repin's coffee shops not just to drink coffee but to speak Russian….whenever the opportunity arose."*

"Ivan Repin and his wife also enjoyed socialising with members of the company and entertained them at their home in Bellevue Hill in the eastern suburbs of Sydney, occasionally inviting other members of Sydney's professional Russian community to share the occasion. What now remains of those occasions is a small collection of photographic portraits taken by Ivan Repin and some casual shots of dancers arriving at the Repin home. Those portraits of which Ivan Repin was especially proud he printed in Sepia tones and framed: Sono Osato, Serge Grigorieff and Dimitri Rostoff. They are serious studies in contrast to the casual arrival scenes. But they all add to our understanding of the out-of-hours moments enjoyed by the Ballet Russes dancers."

Serge Grigorieff Administrator, Photograph by Ivan Repin at his home at Bellevue Hill, N.S.W.

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Garden Bed Preparations – Spring 2012

Long range weather forecasters tell us we're in for a long hot summer. Now is a great time to attend to the garden and readying it so all you plant now will be protected in the months to come. Shoring up garden beds is easy with these sleepers currently on sale from your own local Timber and Hardware specialists, JBH Mitre 10. To protect what you plant in them will require earth preparation and a good mulch.

Mulching promotes water conservation and stops your soil from drying out, keeps watered soil damp and can even reduce the amount of watering you need to do by around 50 percent. Mulch will also prevent weeds and their seeds from germinating and using up any nutrients the plants you want to flourish may need. If you use an organic mulch then you're also adding to the soil; bonus!

The bark based mulch currently on sale until the end of September at JBH will make an excellent choice. It will take longer to break down then finer mulches so you won't have to apply it as often. Professional gardeners recommend you use medium to coarse grade bark mulches as they don't absorb any moisture and allow rainfall, or irrigation water, to penetrate the soil where it's needed. The depth of mulch depends on the type of mulch used. For coarse mulches a layer of between 2 and 6 centimetres is ideal.

For further advice on all your Spring garden needs pop into the Avalon or Mona Vale branches of Johnson Brothers Hardware and ask their trained staff. Happy gardening !

Click on logo to visit their website

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